THE ITHACAN

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Where are they now? Ithaca attracts, but doesn't retain, foreign graduates



Student political parties resurge on campus

BY EVAN POPP CONTRIBUTING WRITER

After being inactive last year, IC Democrats is rejoining the campus' other two political-party organizations, IC Conservatives and IC Greens, on the active political front.

All three groups have big plans, including supporting the candidate whom they think should represent New York's 23rd district in the U.S. House of Representatives. In addition, Joshua Kelly, chairperson of IC Greens, said the three organizations will be holding a political discussion at 6 p.m. Sept. 25 in Textor 101 to discuss the differences among their ideologies.

Kelly, a sophomore politics major who founded IC Greens last year, said the event will give each group the opportunity to speak about its specific beliefs and answer questions during a Q&A session. After the event, there will be forms for people to fill out to register to vote, he said.

Meanwhile, IC Conservatives



The Ithaca College Democrats, led by senior Jonathon Cummings, reassembles Sept. 11 in the Taughannock Falls room. JENNIFER WILLIAMS/THE ITHACAN

and IC Democrats have set their sights and campaigns on the U.S. Congressional elections for New York's 23rd district.

The contest pits incumbent

Republican Congressman Tom Reed against Democratic challenger Martha Robertson. Senior Jonathon Cummings, president of IC Democrats, is interning for the

Robertson campaign, a position he said pertains to political outreach and public relations.

Cummings re-formed IC Democrats this year after a one-year hiatus. He said the organization was active two years ago but fell apart after the previous president, Rob Flaherty '13, graduated and no one stepped forward to lead the group.

IC Conservatives have also taken an interest in the NY-23 congressional election. Senior Joshua Couce, a member of the group, said IC Conservatives sup port Reed, citing the incumbent's record on issues involving veterans and helping people of different socioeconomic statuses.

Couce also said the race is going to be close. He said he feels Robertson is too liberal on many issues, such as fracking.

The IC Conservatives are phone-banking in support of the Reed campaign, Couce said, as well as trying to collaborate with

See **POLITICS**, page 4

College to offer housing options during breaks

BY JOE BYEON CONTRIBUTING WRITER

With the increase in student requests for housing accommodation during breaks in the past several years, the Office of Residential Life has announced it will allow students to remain in any of the residential halls and residential apartments during Thanksgiving and spring breaks.

In the years prior to this change, only Terrace 3, Boothroyd Hall and the Garden and Circle apartments remained open for breaks. Students who lived in Terrace 3 and Boothroyd Hall who wished to stay on campus had to submit a break occupancy form to Residential Life, according to the Residential Life website. The students who didn't live in those buildings had to find a Terrace 3 or Boothroyd Hall resident and receive permission to temporarily reside in his or her room.

This option for students and resident assistants to stay in their dorm rooms during breaks is entirely up to the students. Bonnie Prunty, director of Residential Life, said in an email announcement to the RA staff that they will not be required to stay during breaks this year.

"Participation in break housing coverage will be voluntary and compensated," Prunty said.

While the majority of students leave campus during Thanksgiving and spring breaks, there are students who remain each year for many reasons, such as research, internships, jobs or sports. There are also students who wish to stay on campus because they don't want to make long and costly trips back home for a handful of days.

Sophomore Yaw Aidoo, an international student from Saltpond, Ghana, said he is glad he no longer has to worry about where to stay during breaks. He said the trip back to Ghana is costly, which combined with travel time that sometimes reaches up to 17 hours makes it difficult to go home during breaks.

"You cannot spend \$1,200 just to go [home] for a week," Aidoo said.

As a part of the program, Housing Offering a Multicultural Experience, last year in Terrace 3, Aidoo said he was able to remain in his room during the breaks. However, since he changed his residence to Clarke Hall this year, he said he was clueless as to where he could go. With the changes, he said the worry is gone.

Senior Steven Lartey, also from Ghana, said he supports the college's changes to better the housing experience. Since Lartey is involved in the HOME program and leads the college's African Students Association, he said

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MEALS ON WHEELS

Food trucks face difficult zoning legislation, page 13.



CHARITY RIDE

Women's crew team alumnae bike for charity, page 23.



DRONE RULES

College needs policy for drones, page 10.

THURSDAY BRIEFING

WHAT'S HAPPENING AROUND THE WORLD AND RIGHT OUTSIDE YOUR DOOR

Nation&World



Tomato tossing in response to Russian boycott

Participants hurl tomatoes in Amsterdam's central Dam Square on Sept. 14. Entrepreneurs have responded to Russia's boycott of European produce by setting up a tomato fight. The idea is lifted from Spain's famed annual "La Tomatina" festival. The Dutch event is being marketed as a protest. Participants are advised to wear goggles.

LUIS HIDALGO/ASSOCIATED PRESS

131 saved from fallen building

Rescue workers Sept. 16 dug a woman out of the rubble of a building in Lagos, Nigeria, that collapsed four days prior, and she walked away with only a slight injury, Ibrahim Farinloye of the Nigerian

Emergency Management Agency said.

"We rescued a woman, alive, around 2 a.m.," Farinloye told The Associated Press. "We found her under the rubble. She walked away with only a little dislocation on her hand. She is very, very lucky."

Workers have rescued 131 people, he said. More than 1,000 rescuers from several agencies were at the scene, he said of the pancaked building that was destroyed in clouds of dust and debris on Sept. 12.

The death toll rose to 60 by the afternoon from the fallen multistory building at the campus of televangelist T.B. Joshua's Synagogue, Church of All Nations, on the outskirts of Lagos.

Gunman sought by police

Pennsylvania State Police have identified a suspect in the killing of a trooper and the critical wounding of another outside a rural barracks, a law enforcement official said Sept. 16.

law enforcement official said Sept. 16.
An arrest warrant will be issued, the official said.

An assailant killed Corporal Bryon Dickson, 38, and critically wounded another trooper outside the Blooming Grove barracks in northeastern Pennsylvania late Sept. 12, then slipped away.

The assailant opened fire using a .308-caliber rifle during a shift change. The motive is unknown.

Suicide bomber kills three

A Taliban attacker detonated a car bomb next to an international military convoy on Sept. 16, killing three members of the NATO-led force and wounding nearly 20 troops and civilians, officials said.

Security forces in full battle gear administered CPR to wounded comrades shortly after the early morning blast. The attack

happened only a couple hundred yards from the U.S. Embassy on a main Kabul road that leads to the airport.

The Taliban claimed responsibility for the attack, which happened next to an ISAF base that houses many Americans.

The deaths brought the total number of international troops killed in Afghanistan this year to 59, at least 42 of whom were American.

Afghan Interior Minister Omar Dawoodzai said on Sept. 16 that more than 1,500 Afghan police have been killed in violence in the past six months. Nearly 1,000 Afghan civilians have also been killed, he said.

South Africa deports suspect

Human rights lawyers on Sept. 16 pressed South Africa to explain why a murder suspect from Botswana was illegally deported to his country, where he could be executed if convicted.

South Africa's Department of Home Affairs has acknowledged that the man, Edwin Samotse, was handed to officials in neighboring Botswana in violation of South African rules that bar the deportation of people whose countries have the death penalty.

South Africa abolished the death penalty in 1995 after the end of white minority rule.

Lawyers for Human Rights, a South African group, has sought a court order requiring the government to ask Botswana not to impose the death penalty if Samotse

is convicted.

The next court hearing is Sept. 18.

SOURCE: Associated Press

College

Civic Ensemble theater to perform safety play

Civic Ensemble, Ithaca's civic-minded theater company, will be presenting "Safety: A new play about community-police relations" at 7:30 p.m. Sept. 26 in Textor 101.

The play is directed by Sarah K. Chalmers, an Ithaca College alumna and the cast, design team and crew feature students from the college.

Entry for students will be free, and ticket reservations can be made in advance. For non-students, a free ticket reservation can be made in advance or any amount can be paid at the door. No person will be turned away due to the inability to pay and the person pay whatever he or she can afford. Cash, check and charge will be accepted.

IC Natural Lands seeks new volunteer stewards

The Ithaca College Natural Lands is looking for more members for the Volunteer Steward Program for the 365 acres of natural lands that it manages.

The volunteer steward would adopt an area, usually a long part of a trail, and would have to hike it at least three times a month. If anything needs to be reported, like fallen trees, fires or any signs of hunting, then it is the steward's job to report it to the ICNL staff as soon as possible.

Several orientations will be held and hiking doesn't have to be done alone if unfamiliar with the area. Stewards receive a free T-shirt or cap, and they are the first to be contacted about any upcoming group hikes or other outdoor workshops.

To sign up, students should contact ICNL@ithaca.edu.

Graduate school forum available to all students

The Office of Career Services will be hosting a workshop to help students who are debating going to graduate school at 4 p.m. Sept. 23 in Muller 101.

Topics such as the benefits of graduate school, how to find the right program, the application process and entrance exams will be covered within the workshop.

Students who want to attend will need to sign up on eRecruiting in order to save a seat. Additionally, Senior Year Student Leadership Institutes credit can be acquired through this workshop, but students must registered by 4 p.m. Sept. 21. If students have any questions, they should contact careers@ithaca.edu.

IC ranked ninth among best colleges for 2015

The U.S. News & World Report released its list of "Best Colleges" for 2015, and Ithaca College has been ranked number nine among the top colleges and universities in the Northern region of the country.

In another list, categorized as "great schools, great prices," Ithaca was ranked No. 13 for its education quality and cost.

This is the 20th year Ithaca College has placed in the top 15 of the U.S. News & World Report's annual "Best Colleges" issue. To be ranked, the magazine considers the quality of an institution through peer assessment, faculty resources, student selectivity, graduation and retention rates, financial resources and graduation- rate performance.

The college is listed in the regional universities category along with 620 other institutions. These institutions provide a full range of undergraduate majors and master's degree programs but few doctoral programs.

Faculty Council to host next Town Hall meeting

Faculty Council will hold its next Town Hall meeting at 12:05 p.m. Sept. 18 in Textor 102, which is open to faculty.

All topics of interest or of concern may be raised by faculty.

There will not be any media present and administrative faculty and staff are requested to refrain from attending.

Cornell settles lawsuit over student's suicide

The father of Cornell University freshman Bradley M. Ginsberg has settled a lawsuit with the university and the City of Ithaca over his son's suicide.

Ginsberg jumped off a bridge near the campus in 2010. The

following year, his father sued the university and city for not adding some sort of prevention around the bridge to avoid suicide attempts. A question that was raised within the lawsuit was the nature of the colleges' responsibility to protect students.

The university agreed to pay \$1.6 to \$1.8 million to establish a scholarship in honor of Ginsberg. The city will pay Ginsberg's father, Howard Ginsberg, \$100,000, but did not admit fault.



Searching for new opportunities

From left: A Peace Corps representative talks to two Ithaca College students sophomore Vanora Chapman and junior Alix Gershun at the Job and Internship Fair 5–7:30 p.m. on Sept. 15 in Emerson Suites.

ERICA DISCHINO/THE ITHACAN

CORRECTIONS =

It is *The Ithacan*'s policy to correct all errors of fact. Please contact the Editor at 274–3207.

Got a news tip?

Contact the News Editor at ithacannews@gmail.com or 274-3207.

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Students to travel to Israel despite violence

BY MICHAEL TKACZEVSKI

Jewish students at Ithaca College will be able to participate in the Birthright study abroad program to Israel despite the recent conflict between Israel and the Gaza Strip.

Taglit-Birthright Israel is an international non-profit organization funded by Israel's Ministries of Education and Tourism and more than 14,000 Israeli philanthropists. The organization has provided 10-day heritage trips with all expenses paid for Jewish students from around the world every winter and summer since 1999.

Junior Sara Schwalberg said she and her parents were nervous about the recent conflict, but now that a cease-fire has been reached, she wants to take advantage of the opportunity to visit Israel for free

"The conflict is a lot better than it was, at least in the middle of summer," she said. "If the conflict was still that strong, I might not have gone."

The war between Israel and Hamas-led militants stemmed from the abduction and killing of three Israeli teens in the West Bank in June, according to the Associated Press. Israel blamed the attack on Hamas and carried out a wave of arrests, which was followed by an increase in rocket fire from Gaza that prompted Israeli airstrikes and then a ground invasion. The fighting ended with an Egyptian-brokered cease-fire on Aug. 26.

Kayla Reisman, Hillel's senior engagement associate, said registration began Sept. 9, and there were about 20 slots open out of 40 as of Sept. 12. Hillel executive director Igor Khokhlov said the college's chapter of Hillel is a separate entity from Taglit-Birthright Israel, but it encourages Jewish students to go on Birthright and sends names of interested students to Taglit-Birthright Israel.

A student's eligibility is determined through interviews with Taglit-Birthright Israel, which determines if the student is of Jewish heritage.

Effective this summer, Taglit-Birthright Israel changed its eligibility policy to allow Jewish students who had previously attended high school trips to Israel to still be eligible for Birthright, Schwalberg said. This allowed Schwalberg and sophomore Brandon Schneider to apply for the upcoming winter Birthright trip. Schneider said



Junior Yejiel Szeinuk, left, and Kayla Reisman, Hillel's senior engagement associate, speak with sophomore Brandon Schneider about Hillel's Birthright trip to Israel in the Campus Center.

CAROLYN FASONE/THE ITHACAN

he visited Israel when he was 15 years old as part of the B'nai B'rith summer camp he had attended since he was about 7 years old.

The Birthright itinerary includes visiting the Jewish Quarter of Jerusalem, swimming in the Dead Sea, hiking Masada, riding a camel in the Negev Desert and sharing dinner with Bedouins in their tents, Khokhlov said.

Khokhlov said the students travel from site to site on a dedicated bus with an armed security guard and avoid East Jerusalem, the Gaza Strip and the West Bank, which constitute Palestine.

Last July, junior Hannah Goodman attended "Continuity Canvas – Amazing Israel," an alternative Birthright trip for students interested in art. Goodman said her group was supposed to visit Tel Aviv, but took a detour after Hamas, the Palestinian terrorist group, launched missiles at the city.

Instead, Goodman's group went to Jerusalem and Katzrin, a settlement in the Golan Heights.

d Katzrin, a settlement in the Golan Heights.
Students on all Birthright trips also travel with

a group of Israeli Defense Force soldiers for a few days, Khokhlov said.

Goodman said she also visited the IDF's defenses along the Israel-Lebanon and Israel-Syria borders. At the Israel-Syria border, she could see and hear bombs going off in Syria.

"We were there 15 minutes, and we probably heard 15 bombs go off," Goodman said.

She said seeing the bombs changed how she understood the violence in the region.

"Coming from the United States, where we're pretty darn safe, it's really upsetting," Goodman said. "But at the same time I was glad I was able to see it, although I wasn't glad it was happening."

Senior Marisa Rosenberg said Birthright made her feel proud of being Jewish, but also excited to see so many different people and cultures in Israel

"It made the place feel real, and it also made me feel like this place is not scary," Rosenberg said. "There are normal people with normal lives who do normal things there."

Alumna documentary kicks off Latino/a Heritage Month

BY TAYLOR ZAMBRANO ASSISTANT NEWS EDITOR

In honor of National Latino/a Heritage Month, which runs from Sept. 15 to Oct. 15, Ithaca College premiered an alumna-produced documentary titled "Fighting for Truth, Justice and Reparations" Sept. 15 at the First Unitarian Society of Ithaca's Annex.

The film, which was produced by Caroline Podraza '14, is about the Movimiento Campesino de Cajibio, a group of small farmers who are interested in sustainable living and growing crops for themselves and for their communities, instead of feeding into the larger corporations.

Patricia Rodriguez, associate professor in the Department of Politics, said she traveled to Cajibio, Colombia, July 1–9 with Podraza, retired Associate Professor Beth Harris and 10 community members from the Ithaca, Cortland, and Syracuse, New York, areas.

Podraza said the farmers in Cajibio have undergone oppression, hardships and violence while trying to protect their own land.

"Understanding the struggles they've gone through in trying to maintain this Campesino identity and also trying to push the government for protections and regulations, we felt the need to bring it to an international level and make it aware to all people around us," Podraza said.

Rodriguez said their group was formed through Witness for



The Ithaca community celebrated Latino/a Heritage Month with a kickoff party at 6 p.m. on Sept. 15 at Lot 10 Bar and Lounge on The Commons.

COREY HESS/THE ITHACAN

Peace. This organization sends delegations of U.S. citizens to Colombia to uncover human rights violations and exploitation of economic resources.

Podraza said the people involved in the Movimiento Campesino de Cajibio have had their freedom of speech rights severely challenged on numerous occasions, but they still continue to fight back. She said they reach out across the nation to places like Ithaca through Witness for Peace, because movements in Ithaca regarding agricultural rights and other freedoms parallel the same rights Cajibio is fighting for.

"When people think of the Americas, they only think of North America as America," Podraza said.
"[The trip] gave me a more global concept of the Americas and also how we need to show solidarity across these two [continents]."

Rodriguez said a Witness for Peace delegation helped build a "sister relationship" between the U.S. and the Movimiento Campesino de Cajibio, which has helped to form an international solidarity.

Rodriguez said her activist group interviewed active community members from the Syracuse, Ithaca and Cortland areas before the trip about what tactics they use to fight for their own rights. She said her group brought this information over to the Campesino in Cajibio,

Colombia for their use.

"It's not just about bringing awareness about Colombia, but it's about creating and strengthening these ties between communities," Rodriguez said. "We're all in this world undergoing similar processes of war displacement and exploitation ... if we're not talking to each other, we're missing something."

Rodriguez said she believes Latino/a Heritage Month raises awareness about people of the Latino descent and recognize their shared values in their communities, whether in Colombia or in the U.S.

Cultura Ithaca is one of the groups that hosted the kickoff event for Latino/a Heritage Month on Sept. 15 in downtown Ithaca. The host of the event, Carolina Osorio Gil, said she was aiming to create an atmosphere that would make most Latinos feel at home.

Osorio Gil said her organization aims to put on free and low-cost Latino and Latin American cultural arts and education events all year and tries to focus mainly on live performances by Latino talent.

"I was born in Colombia and moved to the U.S. when I was 4 1/2," Osorio Gil said. "I yearned [for] that old music playing and the food that kind of makes you feel right at home."

In addition to this kickoff, Cultura Ithaca will be hosting a film festival throughout the month in downtown Ithaca. It is free and open to all members of the community.

FOIA director discusses rights and freedoms

BY EVAN POPP CONTRIBUTING WRITER

Robert J. Freeman says the federal government abuses its allowance to withhold certain documents requested via the Freedom of Information Act.

Freeman, the executive director of The New York State Committee on Open Government, spoke at Ithaca College on Sept. 16 to discuss FOIA, and the New York State equivalent to FOIA — the Freedom of Information Law. There were around 20 people, who were primarily student journalists and journalism professors, at the event. The event featured a discussion with Freeman about the nuances of the FOIA and how to obtain governmental documents.

Under the FOIA, citizens are afforded the right to access information from the government within a reasonable amount of time. However, the government maintains nine exemptions in which it does not have to provide the information requested, according to the FOIA website. The exemptions include information pertaining to national security as well as information that would invade someone's personal privacy, according to the FOIA website.

Freeman said the U.S. government has abused its privilege to withhold certain documents, especially when claiming it is because of national security.

Freeman said The Committee on Open Government in New York aids journalists and other citizens in navigating the FOIA, particularly when requests are delayed or denied by the government. He said his job involves him making someone angry.

"We upset somebody in government every day of our lives," he said. "I have suggested that if I don't piss off somebody in government, it's because I didn't go to work. That is the nature of the beast."

However, Freeman said the New York version of the law, FOIL, is slightly different — and in his opinion more open — than the federal law.

"Our courts [in New York] have been much more serious about the government's responsibility to meet the burden of defending secrecy," he said.

Freeman said advances in technology have afforded journalists more tools in accessing sensitive information, but he also said it is more difficult than it was 30–40 years ago to call a government agency and speak to someone other than a public relations employee.

James Rada, an associate professor in the Department of Journalism and organizer of Freeman's visit, said he wants to make Freeman's visit a regular event because of the wealth of knowledge Freeman provides.

Junior Erica Moriarty said she came to the event to get a better understanding of FOIL.

"I was interested in hearing more about the Freedom of Information Law because I really didn't know too much about it and what information is available to us, and then also the best ways to get that information," she said.

Party politics re-emerge on campus

POLITICS

EDOM DAGE

other conservative organizations in the Ithaca area. He said the group is also trying to get Reed to come to the college to speak.

IC Greens also weighed in on the congressional race. Kelly said the organization tends not to support democratic candidates because the group believes they often cater to moderate voters instead of holding true progressive values. He said this is why IC Greens are not supporting Robertson.

"While she does hold many progressive values, we only truly endorse candidates that accept no money from businesses, corporations, PACS or other large money-generating organizations," he said. "And she does collect money from them."

Cummings said he will be using the IC Democrats organization as a branch of Robertson's campaign. This will involve the group organizing door-to-door canvassing opportunities and disseminating information around campus, he said.

As the elections approach, all three groups said they are interested in setting up a joint voter registration drive to encourage students to vote. Cummings said voters don't have to be New York residents to register to vote in state elections. Students can change their registration because they are enrolled college students. Voters need to change their registration 30 days prior to the election, according to the New York Board of Elections.

In addition to the election, each group said it has other plans for the year.

IC Greens brought Howie Hawkins, Green Party candidate for governor of New York, to campus Sept. 12, and Kelly said the group will also be putting on a production of Rent on Dec. 11–13.

Couce said IC Conservatives are working to bring a big-name conservative speaker to the college, such as U.S. Rebublican Rep. Paul Ryan from Wisconsin; U.S. Sen. Marco Rubio from Florida; or former senator Rick Santorum, who was a candidate for the 2012 Republican Party presidential nomination.

Couce said he also wants to focus on presenting the group as an outlet for people who may otherwise be afraid to express their political opinions at the college, which he said is undeniably liberal.

After the election, Cummings said, IC Democrats wants to bring speakers to campus, although he didn't reveal who those speakers may be. In addition, Cummings said the organization will be focused on increasing student engagement in politics in the Ithaca area as well as the rest of New York and nationwide.

"Our main objectives are to raise political awareness to the community in Ithaca," he said. "Ithaca College is a very left-leaning university, but I feel like there are not a lot of opportunities for students to be politically active."

Ithaca has highest foreign intensity

STUDENTS

FROM PAGE

average, according to the study.

Julia Mattick, executive director of the Tompkins County Workforce Investment Board, said the low post-graduation retention rate is partly explained by the perceived lack of depth in Ithaca's labor market compared to big metro areas like New York City. However, this problem is applicable to young students in general, she said.

Junior Brando Benetton, from Italy, said he does not plan to stay in Ithaca since he doesn't foresee many opportunities in the film industries here, which is his area of study.

"For me, it would be New York or Los Angeles," he said.

The path to citizenship for foreign-born students is what creates the extra hindrance preventing them from staying in the area.

International students must obtain a student visa, called an F-1 visa, to study in the United States until their degree is complete. Following their college graduation, foreign students may choose to enroll in the Optional Practical Training program, through which they are permitted by the United States Citizenship and Immigration Services to work on a student visa and receive practical training in their field. The program allows science, technology, engineering and mathematics students to stay on for 29 months and non-STEM students to stay on for 12 months.

Tanya Saunders, assistant provost of international studies and special projects, said this is a common course for students to stay in the country.

Diana Dimitrova, director of international student services, said of

OUT OF 118 METROPOLITAN AREAS, ITHACA RANKS...

1 IN FOREIGN STUDENT CONCENTRATION



FOREIGN STUDENTS PER 1,000 STUDENTS

108 IN FOREIGN STUDENT RETENTION



OF FOREIGN GRADUATES
STAY IN ITHACA

TUITION AND LIVING

EXPENSES

IN HIGHEST AVERAGE TOTAL COST

SOURCE: THE BROOKINGS INSTITUTION

the 173 students currently on F-1 visas at the college, 39 are enrolled in the OPT program.

A majority of the 7,361 Ithaca international students included in the study are from Cornell University, where 19.4 percent of all students are international students. Brendan O'Brien, director of the International Students and Scholars Office at Cornell, said of the 3,973 students at Cornell on F-1 visas last year, 1,197 enrolled in the OPT program.

Senior Tariq Widarso, from Indonesia, said he plans to apply for graduate school in 2015, through which he would acquire another student visa. He said the job prospects in his field of anthropology are better in this country, but whether he stays in Ithaca is dependent on where he is accepted for graduate school.

"I like Ithaca, and I wouldn't mind staying here, but it really depends on my higher education after this," he said.

The extra hurdle specific to international students who are trying

to find local employment, Mattick said, is obtaining H-1B status: a visa for which companies petition to hire foreign-born workers after going through the OPT program.

"We regularly hear from companies that it's difficult to get H-1B visas, which are allowable if they can prove that there is no one in the labor market that has the skills that you need, that they are justified in hiring someone," she said.

One of the leading law firms in the country that helps individuals and companies with this process, Miller Mayer, LLP, is based in Ithaca, Mattrick said.

Hilary Fraser, a partner with Miller Mayer, said the H-1B quota is restrictive: 78,000 private company H-1B visas are available nationwide each year, and the odds of being granted an H-1B is about one in three for students with bachelor's degrees. Moreover, these vacancies disappear often within a day of when the time period opens for companies to petition, which is April 1

Fraser said the most common route to citizenship is by working under the OPT for as long as possible, the H-1B, then the green card.

"If we're talking about employment-based immigration, there are very few options for foreign students," she said.

Junior Dhruv Kumar said he plans to go to another country where he has never been, considering the cumbersome visa process in the U.S., but he has not solidified his plans yet.

"It's more difficult to get a work visa in the U.S., especially because there are a bunch of fees that you have to pay and the company has to be willing to be your sponsor," he said.

O'Brien said Cornell's International Students and Scholars Office works closely with its students to be sure that they understand the OPT and H-1B processes.

John Bradac, director of Career Services at Ithaca College, said it is up to individual companies to decide whether or not a student is qualified to participate in OPT.

"We help any student find opportunities that might be right for them," he said. "Our goal is to create contacts for every student. Do those contacts turn into full-time professional positions? The answer is yes. We have a number of students who reached that opportunity. I've seen that locally, regionally and nationally."

Widarso said though the process for staying in the U.S. is difficult, he believes it would be worthwhile.

"To go home is always the last resort just because it will always be an option, while it might be more fruitful to pursue the harder options first," Widarso said.

Residence halls to remain open during breaks

BREAK

FROM PA

much of his life has been and still is revolving around a core group of international students.

"For the international students, and dare I say for the whole school, it's a positive decision," he said. "I think this will prove beneficial to this campus, and I think it makes perfect sense why it'll be open during Thanksgiving and spring break."

These sentiments toward the decision extend beyond the student body. Diana Dimitrova, director of international student services in the Office of International Programs, said she, too, was a foreigner to the U.S. when she was in college. She said she is pleased that the students she oversees are receiving greater attention, even though they constitute under 3 percent of the school's population.

The international student population of the freshman class at the college is currently 2.1 percent, according to estimates provided by Eric Maguire, vice president of enrollment and communication.

"It's so comforting to know that your home away from home, your residence hall, is there and is ready for you," Dimitrova said. "I think it'll be a very helpful thing for people to know that they have that place."

Dimitrova said a concern among students is the issue of whether the dining services hours would be extended to accommodate the students who decide to stay on campus.

Aidoo said dining halls should be open because it is difficult to prepare food and eat properly in halls that do not have an adequate kitchen system.

"Trying to cook is a problem because that one week you're caught in that tight position where you need to find food for yourself," Aidoo said.



Bonnie Prunty, director of the Office of Residential Life, said the dining halls will remain closed while all residential buildings will be open to students during the Thanksgiving and spring breaks.

FILE PHOTO/THE ITHACAN

"So then you just resort to ordering food and feeding on snacks. You don't really eat healthy."

In response, Prunty said the three dining halls will continue to remain closed during breaks when classes are not in session, but IC Square will be open during lunch hours on weekdays. She said the reason for this is the limited number of staff the college can employ during the break periods.

"What students will need to understand is that break housing has a reduced set of services attached to it," Prunty said. "We are primarily doing this to accommodate students who need to be here ... but it is not the same as when school is in session."

The hours of operation for dining areas during breaks will be posted on the college's dining services website a few weeks before each break begins.

The proposal to open residential halls during winter break is currently being reviewed by President Tom Rochon and his cabinet. Prunty said that decision is expected to be made later this work.

IC students volunteer for child hunger and AIDS causes

BY AISLING BRENNAN CONTRIBUTING WRITER

Volunteers from around Ithaca gathered to bring awareness to social issues like AIDS, hunger and malnutrition in an effort to give back to their communities.

Service Saturdays kicked off on Sept. 13 with 100 students registered for the annual volunteer program organized by the Office of Student Engagement and Multicultural Affairs.

The volunteer-based event facilitates the coordination of students donating their time to local charities and organizations once a month in the Ithaca community.

Don Austin, OSEMA assistant director of community service and leadership development, said 100 students registered for the event on Sept. 13 and that he hopes the enthusiasm continues for the rest of the year.

"There's a lot of energy still going around. A lot of people want to get out and know the area and get involved." Austin said.

Austin said the Service Saturdays program gives students the opportunity to participate in volunteer work and become more involved in the Ithaca community.

"We truly try to make service an opportunity for students to get to learn the community, get to figure out how they might like to volunteer even more deeply as Ithaca College students," Austin said. "It's for them to see that service is a very social thing."

Through this month's Service Saturdays, students were given the opportunity to volunteer at a choice of three events throughout Ithaca: the annual AIDS Ride for Life at Cass Park, Feed My Starving Children Mobile Pack event at the Church of Jesus Christ of Latter-day Saints on Burleigh Drive and the Salvation Army on Albany Street.

Cora Yao, Tompkins' Area Congregations Together chairperson, said students volunteering at the Feed My Starving Children Mobile Pack event helped to pack food parcels for malnourished children in nearly 70 developing countries.

"We pack boxes of a special formula of soy, rice, dried vegetables and vitamins, and that means one meal a day gives them all the nutrients they need," Yao said.

Up to 120 volunteers, from both the college and from the community, worked at the eight packing stations during each of the 15 sessions with the goal of getting as much packing done as possible. Yao said participants showed excitement while they worked in teams to pack the food parcels.

"They very enthusiastically poured the ingredients into the container bag, and they sang cheers when they finished a box that can feed 216 children," Yao said.

Some students volunteered their time at the Salvation Army Soup Kitchen, sharing the hot lunch they helped prepare for the local community.

After serving the meals, the volunteers were able to eat and speak with those who arrived at the Salvation Army for their dinner before helping the facilitator clean.

Senior Matt Deveau has been participating in Service Saturdays since his freshman year and said he takes great satisfaction from giving back to the community.

"I heard about Service Saturdays when I did the Jumpstart program as a freshman, and I've been doing them ever since because I just love doing service work," Deveau said.

Deveau had previously volunteered at the Salvation Army through Service Saturday but said he wanted to work there again.

"I haven't been here in a while, and I liked it the previous two times



From left: Sophomores Michelle Lee and Jamie Shum pour pre-measured portions of vitamins and vegetables at the Feed My Starving Children Mobile Pack event at the Church of Jesus Christ of Latter-day Saints on Sept. 13. SABRINA KNIGHT/THE ITHACAN

I had worked here, so I thought it was a great idea to come back," Deveau said.

Austin said 15–20 percent of the average 400 students who volunteer throughout the year return to continue with their service.

"We have sometimes as many 50 to 60 students come back and volunteer repeatedly in the program," Austin said.

It's not just the students who benefit from Service Saturdays. Austin said the community really appreciates the hard work the students do throughout the events.

"They're just very pleased with how hardworking and engaged Ithaca College students are," Austin said.

Yao said having students volunteer at the Feed My Starving Children mobile drive has created a greater sense of community for everyone.

"We're just really thankful that the Ithaca College students have come because it breaks that divide between the town and the college, and it's something that I think is a feel-good activity for both youth and adults," Yao said.

Austin said the positive response about Service Saturdays from participating charities and organizations in the town of Ithaca comes as no surprise.

"To me, it's no mystery why our partners enjoy working with the program, because the program is meant to help an organization complete or realize their mission and to help give them extra support for their events," Austin said.

The next Service Saturday event will be held on Oct. 4. For more details, visit the OSEMA Web page at www.ithaca.edu/sacl/osema/.

Food addiction support group helps students and locals in Ithaca

BY MAURA ALEARDI CONTRIBUTING WRITER

While more than one-third of American adults are considered obese according to the Centers for Disease Control and Prevention, obesity is just one possible symptom of the more complex issue of food addiction.

Food addiction can show itself through symptoms ranging from tolerance and withdrawal, to allowing the substance use to affect other activities and neglecting the consequences, according to "Symposium Overview-Food Addiction: Fact or Fiction?" from The Journal of Nutrition.

While food addiction and drug addiction have different aspects, the authors Rebecca L. Corwin and Patricia S. Grigson state that brain activity in food addiction is similar to that in drug addiction, in which a particular substance triggers the addiction.

Food Addicts in Recovery Anonymous is a free, international, recovery-based program that models itself after the Twelve Steps and Twelve Traditions of Alcoholics Anonymous, including encouraging members to join with the support of sponsors, according to the FARA website.

Three members of the Ithaca community Audrey*, Ria*, Ithaca College employees, and Joy*, a senior at the college — each shared details of their stories and how the program has been helpful for them.

Meetings are available in most cities, and attendees are encouraged to find a sponsor if they decide to officially join, according to the website. While there are not meetings held within the college, there are meetings held

throughout the week in Ithaca for any interested students and community members.

Audrey recalled her struggles from as far back as when she was 3 years old when she was sneaking food and didn't realize it was wrong, she said. She said she would always go to friends' houses where food was available, which became a large part of her life.

"Food would somehow be the center of any activity," she said. "It would be forefront at the college by speaking to a counselor at the Center for Counseling and Psychological Services, who helped her learn about her behaviors and identify the problem. Through CAPS, Joy said she learned about FARA. After six months, she finally attended her first meeting in search of someone she could relate to, she said.

Julia Lapp, associate professor in the Department of Health Promotion and Physical some more. I did that interspersed with a lot of dieting and a lot of attempts to control." Joy said since joining FARA, she has be-

come an all-around better person.

"I would have never thought that recovery from food addiction could make me a better student and a better employee and a better friend and daughter, but it really has affected every area of my life more positively than I could have ever imagined possible," Joy said.

Audrey said many people are unaware of the severity of a food addiction and don't re alize that it's a real disease.

"I think that people who don't understand food addictions don't believe that it's a real thing," she said. "I've had people joke with me about 'Oh, come on, you can have a cookie.' But I can't. I can't eat one cookie. I won't stop."

Joy said members of FARA are trying to get the word out about the program. They plan to reach out to the college's health department professors and local doctors' offices to help teach young people about the program.

Audrey said her journey was so successful it was as if she could see clearly after years of being blinded.

"I felt like a fog lifted that was over my head all of my life," she said. "I never remembered not having the fog, and all of a sudden it lifted and it was clear. I just felt lighter, like I had a bounce in my step and a smile on my face, and people noticed."

*Some names in this article have been changed to protect anonymity.



Recovery from food addiction ... really has affected every area of my life more positively than I could have ever imagined possible.

— Joy

in my mind. For so many years of my life food was a major focus, and when I became a teenager I started putting on weight."

Audrey said she has now lost 50 pounds since joining FARA.

Joy's struggles also began when she was young. She said her obsession with being thin began in middle school, when she began to realize how much more she was eating than other girls her age.

"My food addiction led me to doing things that I really never imagined myself doing that was harmful to my body and mental health,"

Joy said she started her journey to relief

Education, said food addictions are more widespread in women than men and can lead to other potential disorders.

"The big problem is overconsumption of calories and, of course, if the addiction lapses into an eating disorder — bulimia or anorex-

Ria said she has been struggling with food addiction since the age of about 10 or 11. Now 60 years old, she said she decided to join FARA 16 years ago when there was nothing else she could do about her addiction.

"I was at the end of my rope with trying every conceivable way to stop binging," she said. "I would eat till it hurt and then eat 6 THE ITHACAN THURSDAY, SEPTEMBER 18, 2014



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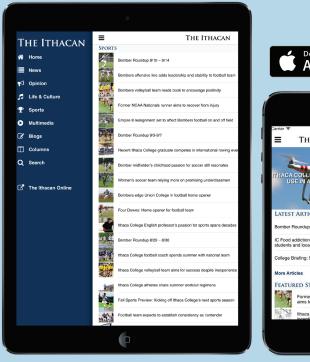
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AT YOUR FINGERTIPS







Professor to go to Germany

Rebecca Lesses, Jewish studies professor at Ithaca College, will be going to Ruhr-University Bochum in Germany this

coming year to continue her research on Jewish magic through a fellowship she received from the Ministry of Education and Research of the Federal Republic of Germany.

Lesses centers much of her research on women's roles in mysticism

and sorcery in the context of Jewish studies. Her research project, and name of her next book, is called "Angels' Tongues and Witches' Curses: Jewish Women and Ritual Power in Late Antiquity."

LESSES

Contributing Writer Madison Bess sat down with Lesses to discuss the fellowship award, her research and her plans for studying in Germany.

Madison Bess: Describe your research.

Rebecca Lesses: I study early Jewish magic. What I mean by early is about first century to sixth and seventh century C.E. in our era. A lot of my previous research has been in this area, but now I am really concentrating on what was the role of women. Can we know anything about what women were doing or participating in at that time period? Were there women mystics? Were women involved in magical activities in a variety of ways? So I'm interested in the image of women as witches because we already know from our time that, you know, if you want to, one way to insult a woman is to call her a witch. This sort of negative association between women and magic has ancient roots. It's not just a feature of modern American society. It's going back to the Salem Witch Trials.

MB: How did you get into researching Jewish religious traditions?

RL: When I was an undergraduate, I was a religion major. And I, myself, am Jewish, so that's probably one of the main reasons I wanted to study Judaism rather than other religions ... And then I just got fascinated by what mysticism was. And what are mystical experiences? And I got interested in magic because it's something that is so concrete. ... It has to do with ordinary interactions between people.

MB: How does this research project relate to your book, "Ritual Practices to Gain Power: Angels, Incantations, and Revelation in Early Jewish Mysticism?"

RL: That was my doctoral dissertation. And when I was writing it, I planned to write a chapter on women in early Jewish mysticism, but I really wanted to finish my dissertation, so I left that chapter out. So this is a longtime interest. It is connected to my earlier research.

MB: Do you plan on writing another book based on this research project?

RL: Absolutely. I am actually in the middle of writing one on this research project. And I have written about two-thirds of it.

MB: What new opportunities will you find at Ruhr-University Bochum in Germany?

RL: I won't be doing any teaching when I am there, so I'll really be able to concentrate on my research. Another thing is that I am part of a fellowship program. So there are people and many others who are researching a lot of things in the study of religion. So I am hoping to have that cross-fertilization of interests and ... people with different expertise.



Back to our roots

Senior Sam Shuhan performs on the double bass at the Founders' Day Concert in the Park Sept. 14 in DeWitt Park, the site of the original Ithaca College campus quad. The event, featuring the Ithaca College Wind Ensemble, celebrates the college's founding in 1892.

Students and faculty raise funds for Ithaca Walk to End Alzheimer's

BY ASHLEY WOLF

Alzheimer's, a disease that, according to the Alzheimer's Association, affects more than 5 million people in the United States, has inspired Ithaca College students and faculty to take part in a city-wide fundraising event.

Registration for the 2014 Walk to End Alzheimer's, Ithaca's fourth annual fundraising event, will begin at noon Sept. 28 at Ithaca's Cass Park, followed by a ceremony at 12:45 p.m. and the 3-mile walk at 1 p.m.

Alzheimer's is a progressive disease that diminishes memory and other mental functions. It is the most common form of dementia, a collection of brain disorders that can interfere with someone's intellectual and social skills, along with daily activities.

The event will begin with a ceremony to celebrate the fundraising efforts and participants. If a team member has raised \$100 or more, he or she will be rewarded with a free walk T-shirt.

Sophomore Ashley Watson said she decided to participate in the walk because her grandfather died last year from Alzheimer's after being diagnosed with the disease eight years prior. She got some of her friends together and started the team Grandpa's Memory, united by the common interest in knowing somebody who has had the disease.

"I wanted to find people from IC [to do the walk] because so many people have a relative or know somebody, whether it's in their church or whatever, they know someone who's had Alzheimer's,"



From left: Sophomore Mikayla Lydon, freshman Michael Stern, freshman Jamie Powell, sophomore Ashley Watson and sophomore Caitlyn Patullo will attend the Walk to End Alzeimer's as one team, Grandpa's Memory.

AMANDA DEN HARTOG/THE ITHACAN

she said. "It's hard to see someone deteriorating before your eyes. It's not something you ever want to see anyone go through."

She also opened a Facebook page for the walk that has had more than 70 students at the college join to learn more about the event.

Junior Marni Blumenthal has volunteered at a senior housing complex, Clare Bridge of Ithaca, for the past two years. She said she decided to join in the walk because some residents at Clare Bridge struggle with dementia and Alzheimer's.

"I have grown to love and

cherish my relationships with the residents," Blumenthal said. "They have truly become family to me and have helped me grow as a person. I feel very connected to them and to the facility, and I wanted to help the cause in any way I could."

Blumenthal is part of the team consisting of the Ithaca College Aging & Gerontologic Education Society and the Gerontology Institute team. A.G.E.S. is the college's gerontology club and serves senior citizens.

Kat Burton, administrative assistant for the Department of Gerontology at the college, has

also joined the team with the A.G.E.S. and the Gerontology Institute because she said she can see the struggle her friends are going through while watching their parents show signs of dementia and Alzheimer's.

"I think there's a lot of hope that the Alzheimer's Association has funds for research," Burton said. "I think Alzheimer's is something that people are afraid to think about, and when they have to think about it, it's too late. We should think about it now while we can and do what we can now to help find a cure."

So far, Grandpa's Memory has

raised \$380 and A.G.E.S. and the Gerontology Institute team has raised more than \$3,000.

Burton said Blumenthal has helped the team raise money for the Alzheimer's Association by selling bracelets, working with Burton and other faculty members to post articles on Intercom and talking to local businesses, families and friends to spread the word about the event and ask for money.

Even the smallest donations can add up to make a difference when donated to Alzheimer's research, Watson said.

"If everybody I come in contact with in the next three weeks were to give me a quarter, I would have like \$50," Watson said. "If everybody that wants to do the walk were to do that, that's a lot."

So far, \$14,929 has been raised for the event, which is 39 percent of the financial goal, according to the 2014 Walk to End Alzheimer's website. The money will help educate the public about the disease and advance research methods for treatment. In addition to raising awareness and knowledge about prevention, the Alzheimer's Association will also help by providing more funding through public policy initiatives.

Blumenthal said she is glad there is an increase in attention to Alzheimer's through efforts like the walk.

"I think that raising the awareness for it is extremely important," Blumenthal said. "I am very excited to see the bonds that are created between the walkers and see everyone come together on this cause."

8 THE ITHACAN THURSDAY, SEPTEMBER 18, 2014

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See how Ithaca College students volunteer and serve the Ithaca community and Tompkins County area through Service Saturdays.



Experience Porchfest, a celebration of music in the Ithaca area, and listen along as local musicians perform on their front porches.



Video

Video

Watch Sawyer Hitchcock return to the men's cross-country team after an ankle injury last season.

SOCIAL MEDIA

Hear from visiting professor Lynn Morrison as she heats up her cup of tea in this week's segment of Instant facul-Tea.

FLICKR



News

See the Ithaca Has Latin Roots Latin@ Heritage Month Kickoff Party.



Life & Culture

Check out pictures of the delicious food from the Good Truck.



Sports

Take a look at photographs from the AIDS Ride for Life bicycle ride on Sept. 13.

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Public Safety Incident Log SELECTED ENTRIES FROM SEPT. 3 TO SEPT. 7

SEPTEMBER 3

POSSESSION OF MARIJUANA

Location: Academic Quad SUMMARY: Caller reported unknown person left bag of marijuana. Investigation pending. Patrol Officer Jon Shingledecker.

FIRE ALARM

Location: Circle Apartments SUMMARY: Simplex reported fire alarm. Activation caused by burnt food. System was reset. Patrol Officer Jon Shingledecker.

LARCENY

Location: Whalen Center for Music SUMMARY: Caller reported unknown person stole musical instrument. Investigation pending. Master Patrol Officer Brad Bates.

V&T VIOLATION

Location: S-Lot

SUMMARY: Caller reported vehicle possibly damaged a parked vehicle. Investigation pending. Patrol Officer Waylon DeGraw.

OFF CAMPUS INCIDENT

Location: All Other

SUMMARY: Ithaca City police reported three people were arrested for various violations on Aug. 30. Master Security Officer Wendy Lewis.

MEDICAL ASSIST

Location: Fitness Center SUMMARY: Caller reported person injured fingers when bench press bar pinned fingers. Person declined medical assistance. Patrol Officer Waylon DeGraw.

POSSESSION OF MARIJUANA

Location: Recreation Trails SUMMARY: Officers reported finding suspicious people. Seven people judicially referred for unlawful possession of marijuana. Patrol Officer Steve Rounds.

SEPTEMBER 4

CASE STATUS CHANGE

Location: Emerson Hall SUMMARY: Officer reported marijuana investigation completed in reference to incident originally reported on May 13. Two people judicially referred for unlawful possession of marijuana. Patrol Officer John Elmore.

POSSESSION OF MARIJUANA

Location: J-Lot

SUMMARY: Officers reported odor of marijuana. Two people judicially referred for unlawful possession of marijuana. Sergeant Terry O'Pray.

MEDICAL ASSIST

Location: Butterfield Stadium SUMMARY: Caller reported person having difficulty breathing after running on track. Person declined medical assistance from ambulance staff. Master Patrol Officer Donald Lyke.

FOUND PROPERTY

Location: Whalen Center for Music SUMMARY: Caller reported water bottle and set of keys were found and turned over to public safety. Unknown owner.

LIQUOR LAW VIOLATION

Location: L-Lot

SUMMARY: During traffic stop, officer issued driver appearance ticket for Ithaca Town Court for underage possession of alcohol with intent to consume, campus summons for failure to use turn signal, driving wrong way on one-way and judicially referred for use of a fictitious license and underage possession of alcohol. Two other people judicially referred for underage possession of alcohol. Patrol Officer Steve Rounds.

SEPTEMBER 5

MEDICAL ASSIST

Location: Garden Apartments

SUMMARY: Caller reported person might have taken pills with intent to self-harm. Person was taken into custody under mental hygiene law and transported to the hospital. Officer also restricted the person from the campus. Master Patrol Officer Danny Austic.

LARCENY

Location: Friends Hall

SUMMARY: Caller reported unknown person stole cellphone. Phone had been left unattended and was turned in as found property. Larceny unfounded. Sergeant Ronald Hart.

FIRE ALARM

Location: Circle Apartments SUMMARY: Simplex reported fire alarm. Activation caused by burnt food. System was reset. Fire and Building Safety Coordinator Charlie Sherman.

POSSESSION OF MARIJUANA

Location: Substation Road

SUMMARY: Officer reported odor of marijuana. Two people judicially referred for unlawful possession of marijuana. Patrol Officer Steve Rounds.

CRIMINAL TRESPASS

Location: Holmes Hall

SUMMARY: Caller reported intoxicated person entered room without permission. Person taken into custody under mental hygiene law and judicially referred for irresponsible use of alcohol and criminal trespass. Master Patrol Officer Donald Lyke.

SEPTEMBER 6

CRIMINAL MISCHIEF

Location: Landon Hall

SUMMARY: Caller reported unknown person damaged door. Officer determined damage was caused by mechanical problem, not criminal mischief. Criminal mischief unfounded. Master Patrol Officer Danny Austic.

CRIMINAL TAMPERING

Location: Circle Lot

SUMMARY: Officer reported unknown person threw eggs onto vehicle. Investigation pending. Patrol Officer John Elmore.

BURGLARY

Location: Eastman Hall

SUMMARY: Caller reported an unknown person entered a residence hall and stole a person's medication. Investigation pending. Patrol Officer Jon Shingledecker.

CASE STATUS CHANGE

Location: Office of Public Safety SUMMARY: Caller reported musical instrument originally reported as stolen from the Whalen Center for Music on July 18, was found and not stolen. Burglary unfounded. Patrol Officer Jon Shingledecker.

SEPTEMBER 7

IRRESPONSIBLE USE OF ALCOHOL

Location: Tallcott Hall

SUMMARY: Caller reported intoxicated person. Person declined medical assistance and was judicially referred for irresponsible use of alcohol. Patrol Officer Jon Shingledecker.

ACTS OF DISHONESTY

Location: College Circle Drive SUMMARY: During traffic stop, officer issued driver a campus summons for failing to stop and the person was judicially referred for possession of fraudulent license. Patrol Officer Jon Shingledecker.

LARCENY

Location: Gannett Center

SUMMARY: While claiming found property, complainant reported an unknown person stole cash and medication from inside purse. The purse had been last seen at the Gannett Center on Aug. 19, and then later found. Investigation pending. Sergeant Ronald Hart.

FOR THE COMPLETE SAFETY LOG,

For the complete safety log, go to www.theithacan.org/news.

KEY

CMC - Cayuga Medical Center

V&T - Vehicle and Transportation

IFD - Ithaca Fire Department

MVA - Motor Vehicle Accident IPD - Ithaca Police Department

TCSO - Tompkins County Sheriff's Office

OPINION

EDITORIALS

GROUND RULES FOR DRONE USE

The use of drones for educational purposes is increasing in popularity, but the college has yet to create a policy regarding their usage on campus

Unmanned aerial vehicles, better known as drones, are being used as educational tools after years of military use. Although the Federal Aviation Administration does not regulate drones under 55 pounds that are not used for commercial purposes, Ithaca College does not have its own drone policy.

Ari Kissiloff, assistant professor in the strategic communication department, said talks of a drone regulation policy began in July 2014. Terri Stewart, director of the Office of Public Safety and Emergency Management, is "cautious due to the recent banning of drones in select areas" but supports drone use for educational purposes. The issue of privacy is also of concern, as expressed by Kristine Slaght, the college's risk manager.

With proper training, students can benefit from using drones in an educational setting. They would be able to use them for filming purposes and even archaeology classes, which the University of Massachusetts had to downsize because professors and students were not allowed to test or use the flight equipment.

The college should implement a drone policy that allows students to use drones for educational purposes and for student media to capture photos or videos. Students should go through proper drone training, including piloting lessons, knowing safety precautions and respecting privacy. The Ithacan has a training program in place that includes reading instruction manuals, watching training videos and learning how to fly and control the drone. As drones gain popularity in academic settings, a policy must be set for safe, responsible and effective use.

MAINTAINING PRIDE

Ithaca College is on Campus Pride's list of Top 50 LGBT-Friendly Colleges and Universities once again

or the third consecutive year, Ithaca College has been ranked on Campus Pride's list of Top 50 LGBT-Friendly Universities and Colleges. Luca Maurer, director of the Center for LGBT Education, Outreach and Services, said the college's greater accomplishment is maintaining the ranking while more institutions are becoming more lesbian, gay, bisexual and transgender friendly, making Campus Pride's list more competitive.

The Center for LGBT Education, Outreach and Services was founded in 2001. According to its mission statement, the center strives to "create a campus that is the best learning, working, and living environment for LGBT people."

There is clear evidence of LGBT friendliness and advancement on campus. The college recently added a course in queer studies in the women's and gender studies department, making progress to create an LGBTQ Studies minor.

Much of the campus' advancement in LGBT awareness is due to Maurer's dedication and leadership in the subject. He has been the center's director since its opening in 2001. With the help of the center and various LGBT-awareness clubs and organizations on campus, the college can eventually establish the LGBTQ Studies minor and stay on Campus Pride's ranking.



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SNAP JUDGMENT

What is your Integrative Core Curriculum theme and why did you choose it?

ONLINE

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IDENTITIES: "I CHOSE IT BE-CAUSE I JUST LOVE LEARNING ABOUT OTHER PEOPLE AND MYSELF."

ALEXANDRA SKOLNICK EXPLORATORY '17



MIND, BODY, SPIRIT: "I CHOSE IT BECAUSE I'M INTERESTED IN HEALTH." **GABRIELLE**

BRIDGER

PSYCHOLOGY '18



WORLD OF SYSTEMS: "I FELT LIKE IT WAS INTERESTING, AND IT WOULD HELP ME ONE DAY CON-NECT MY MAJOR WITH THE WORLD." **ERIC DELMORE**

TELEVISION-RADIO'18



QUEST FOR A SUSTAIN-ABLE FUTURE: "IN HIGH SCHOOL LAI WAYS KIND OF LIKED THE **ENVIRONMENT** AND FIGURED I WOULD GET MORE INVOLVED IN

COLLEGE! **KENNETH** NEWBERG **ACCOUNTING'18**



AND INNOVATION: "I LOOKED AT THE **CLASSES UNDER**

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JUSTIN MILLER CLINICAL HEALTH STUDIES'18

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GUEST COMMENTARY

NFL purposely ignored domestic violence case

uch attention has been given to the National Football League over the last two weeks. Sunday, Sept. 7, saw the opening Sunday for games. Fantasy owners were ecstatic as they watched their teams play and players score points. The NFL itself was no doubt giddy over the anticipation of another

season with which to gain more revenue. But all that glitters is not gold, and the NFL did not start the season anywhere close to a gold standard.

Back in March, TMZ released a video of Ray Rice dragging his then-fiancee out of an elevator. Just last week, TMZ released another video

that apparently shows Rice hitting his then-fiancee in that elevator. The Baltimore Ravens terminated the contract of their pro-bowl running back after this video surfaced. Roger Goodell, the NFL commissioner, had originally given Rice a mere two-game suspension in July after viewing the first video. Two games. Denver Broncos wide receiver Wes Welker got a four-game suspension for using Adderall at the Kentucky Derby. After the outcry that followed the two-game suspension, Goodell then admitted he had made a mistake, and the suspension was increased to "indefinitely."

IVES

There is an issue here. The original punishment for Rice was less severe than Welker's punishment for using Adderall. Adderall is banned under the NFL's drug policy, but Welker's indiscretion was not harming another or enhancing his athletic performance, but was enabling him to party harder at the Kentucky Derby.

The issue is not that Welker was suspended for this — he should have been. He violated the policy under which he plays. The issue is that a man who hit his fiancee — now wife — hard enough to knock her out was given half the punishment of a man who took Adderall. Goodell



Former Baltimore Ravens running back Ray Rice holds hands with his wife, Janay Palmer. Rice was suspended indefinitely after a video surfaced of him hitting Palmer in an elevator in March 2014.

MEL EVANS/ASSOCIATED PRESS

suspended Rice originally for two games. The Ravens increased the severity, and then, after claiming to have seen the video for the first time, Goodell suspended Rice indefinitely. But this only brings up another question: If TMZ managed to get their hands on the video, how the hell did the NFL not manage to get it earlier? In fact, it was TMZ who first published the video showing Rice dragging his wife out of an elevator. The NFL had seen that video, but did nothing. To make matters worse, a recent article by CBS Sports stated that on April 9, Goodell was in Augusta, Georgia, for the beginning of the Masters Tournament. This was also the date that the Associated Press confirmed the NFL had copies of the Ray Rice videos.

The NFL is interested in making money, as is every business. But making money should not

come at the price of ignorance. Goodell represents the NFL, and his decisions reflect the entirety of the organization. With that comes the representation of the teams that play in his National Football League. I'm sure if you asked Goodell if he condones domestic violence, he would say absolutely not. I'm sure he means that. But when he initially decides a mere two-game suspension is enough for a player who beat his wife, it becomes cloudy on what is more important to Goodell: making money or setting a good example to the teams, players and fans. Right now, it looks like money is more important, and that is abhorrent. The NFL needs a leadership change, and it needs to happen quickly.

WHITMAN IVES is a junior journalism major. Email him at wives1@ithaca.edu.

GUEST COMMENTARY

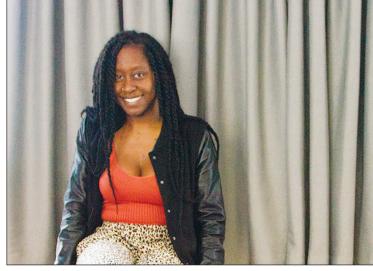
Urban gentrification destroys cultures and communities

It isn't fun when you have to leave home because you cannot afford it anymore. The moment you stop recognizing the people around you always makes the place you call "home" feel unfamiliar.

Things started to take a turn. I became aware of an "invasion" after watching a video in junior high of a white woman who disguised her voice, but video recorded my neighborhood asking other white people to take advantage of the "stupid" residents and the cheap rent. Not too long after, I noticed the houses that looked run down for years, but still had faithful inhabitants, began to go under repair. My friends moved away one by one. Condominiums were quickly built. We became neighbors with coffee shops and art galleries. More murals went up.

My home didn't have the right image. So Ligaya Mishan, a writer for The New York Times, called home "Quooklyn" because Bushwick is right on the borderline of Brooklyn and Queens, and now all the natives of the area are uncomfortable with an outsider's attempt to redefine, relabel and "sell" our neighborhood. The Avenue of Puerto Rico has been a topic of debate since there are people who feel that it doesn't make a good enough appeal to those who can't identify.

"It's becoming a very hot area, and the people from Williamsburg



Malika Giddens, a native of Bushwick, Brooklyn, feels like a stranger in the neighborhood she grew up in after seeing years of gentrification.

TUCKER MITCHELL/THE ITHACAN

are moving further out, and they don't want it to be known as a Puerto Rican or Spanish area anymore," according to Michael Schlegel, a Brooklyn-based developer. "I think it would help the image of the area."

People from Williamsburg, an area of Brooklyn that's becoming increasingly gentrified, suddenly don't want to be associated with another culture while ironically attempting to "diversify" their inner-city urban experience. White gentrifiers want "Sex and the City." Participating in a Puerto Rican community and learning the

history behind the people that have always lived in the area is such a difficult task that it has to change for those who can't understand it. Gentrifiers want the authenticity of "exoticness" when it comes in a sushi roll or street cart empanada. Things will only get better as it continues to make its upward aspiration of becoming the East Williamsburg or Mini-Manhattan no one native in Bushwick ever really asked for.

Spike Lee said it best: "I mean, they just move in the neighborhood. You just can't come in the neighborhood. I'm for democracy

and letting everybody live, but you gotta have some respect. You can't just come in when people have a culture that's been laid down for generations and you come in and now s--- gotta change because you're here?"

Suddenly there's a need to change because the investment in whiteness assumes the quality of living must reach a higher standard. When my mother was a child, this was not something anyone cared about in Bushwick. My family and the people of Bushwick were stuck there. In an anecdote my mother shared with me, she told me about how the white kids in a nearby neighborhood would chase non-whites out and get violent if they dared to enter their area. This isn't possible for us.

Gentrification is not wanting to visit the place you grew up in because there's nothing you can relate to any more.

Gentrification is seeing store owners lose their businesses.

Gentrification is seeing efforts being made to satisfy the comforts of new neighbors and not the people who've been there for years.

Gentrification is not knowing whether to call someplace home because you'll never know when someone else will try to claim it.

MALIKA GIDDENS is a senior English major. Email her at mgidde1@ithaca.edu.

blog online preview

www.theithacan.org/blogs

On the Air

We all know about the crazy success Superhero movies have had over the better part of this decade, but the box office isn't the only option to get your superhero fix this fall. CableTelevision has decided to give three new superhero based shows their spot on primetime.

— KENNY CHAPMAN



Lights will quite literally shine upon endangered animals at United Nation Headquarters this weekend.

On the eve of the People's Climate March in New York City, the Oceanic Preservation Society is planning to project larger-than-life sized images of endangered species to raise social awareness. The project, titled "illUmiNations," will be difficult to miss as colorful images of animals will light up walls and buildings at 8 pm on Saturday.

— KARLY PLACEK

ONE STEP AT ATIME

A response to the Climate March I hear a lot is, "Isn't it hypocritical to say you're walking to fight climate change while you're using all of those gasguzzling vehicles?"

Yes, you caught us. The Climate March is not fossil-fuel free. We have a gear truck, a kitchen truck, a truck to haul our Eco-Commodes and several personal vehicles. We rely heavily on these vehicles to make it through our days, and attempts to reduce our number of vehicles are often stymied due to the wide variety of needs from our diverse community.

- FAITH MECKLEY

Clarification, Sept. 11, 2014:

In my column, "Mind Matters," I said, "saying 'that is so gay' or 'you are retarded' is just as bad as saying 'I am so OCD' or 'the weather is bipolar." The wording of the sentence could have been misconstrued as categorizing being gay as a mental illness. This was not my intention. Rather, I wished to convey that the impact of using personal characteristics as an insult is equally negative in both situations. Statements such as "that is so gay" and "you are retarded" attack specific groups of people in a similar fashion that statements like "I am so OCD" do. The statements are comparable, though, only in their offensive effects.

- AMELIA ERIKSON

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PARK CENTER FOR INDEPENDENT MEDIA PRESENTS

BEFORE EDWARD SNOWDEN:

JOURNALIST **BETTY MEDSGER** ON THE CITIZEN
BURGLARS WHO EXPOSED FBI POLITICAL SPYING — IN 1971

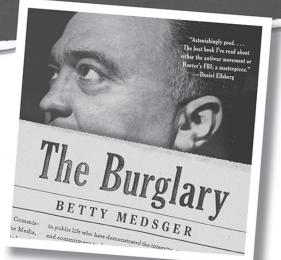
TUESDAY, SEPTEMBER 30, 2014 AT 7:00 P.M. IN WILLIAMS 225

Former Washington Post reporter
Betty Medsger shares the story she
investigated for years, of peaceful
citizens who broke into a Pennsylvania
FBI office, exposing the bureau's
political spying. The documents
"liberated" by the activists (who
remained unnamed until her 2014
book, The Burglary) ultimately led to
an FBI overhaul. In today's climate of
government surveillance, the story is
as relevant as ever.

A Q&A and book signing will follow the talk.

Event is free and open at all.

Individuals with disabilities requiring accommodation should contact Brandy Hawley, bhawley@ithaca.edu, 607-274-3590, as much in advance as possible.



ALSO JOIN US ON

Tuesday, September 23 at 7:00 p.m. in Textor 103, where we'll screen 1971, the documentary based on this incredible story.









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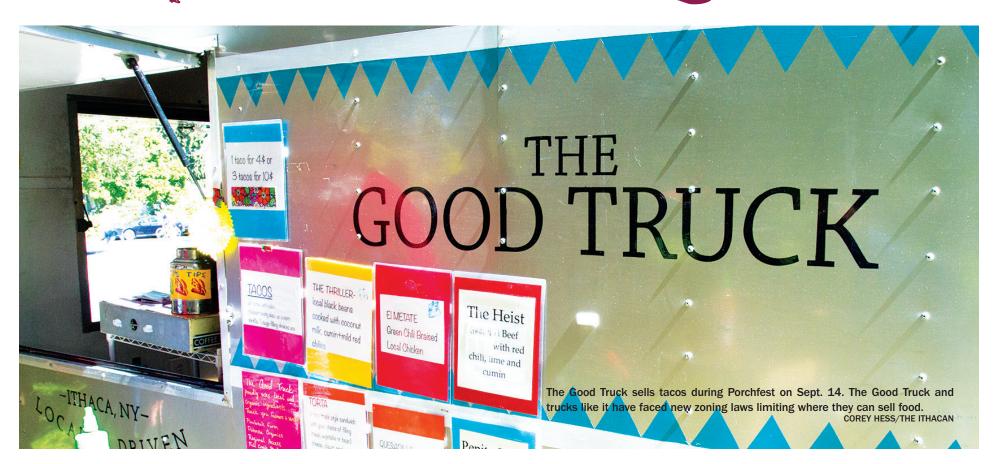
The Lipper Awards are based on a review of 36 companies' 2012 and 48 companies' 2013 risk-adjusted performance.

¹Restrictions apply. Must be enrolled in a TIAA-CREF retirement plan to be eligible. ²The Lipper Award is given to the group with the lowest average decile ranking of three years' Consistent Return for eligible funds over the three-year period ended 11/30/12 and 11/30/13, respectively. TIAA-CREF was ranked against 36 fund companies in 2012 and 48 fund companies in 2013 with at least five equity, five bond, or three mixed-asset portfolios. Past performance does not guarantee future results. For current performance and rankings, visit the Research and Performance section on tiaa-cref.org. TIAA-CREF Individual & Institutional Services, LLC, and Teachers Personal Investors Services Inc. C18453A ©2014 Teachers Insurance and Annuity Association of America - College Retirement Equities Fund (TIAA-CREF), 730 Third Avenue, New York, NY, 10017.

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LIFE & CULTURE

Keep on Trucking Ithaca legislation limits food trucks



BY MARY FORD

A makeshift sign stands on the corner of Meadow and Seneca Street. A message, spraypainted black on a gray background, reads, "Circus Truck has moved to 720 W. Green." It's

almost impossible to read in the headlights of passing cars. Though it seems to suggest the normal movements of a traveling big top, what the sign truly indicates is a policy change that has caused a stir among mobile entertainers of

a different kind: food trucks.

Food trucks have been vending in Ithaca for the past several decades, and their numbers have been on the rise in the past few years. However, until Jan. 27, no street vending policy existed in Ithaca; consequently, food trucks were not technically allowed to park on any city property, including the street itself. Many of them conducted business by parking on private property, in public parks or only at special events or food truck roundups.

Now, the City of Ithaca's official street vendor policy has been in place for almost a year, giving vendors the opportunity to apply for a license and a rented parking spot. Prices for designated parking spaces all over Ithaca range

from about \$150 to almost \$500 per quarter, depending on the location and the time of day, on top of a \$100 annual licensing fee. In order to fairly determine which vendor parks in which spot, a lottery is held for each quarter. Kathy Gehring, executive assistant to the superintendent at the Board of Public Works, said the process of creating the policy began long before the regulations were put in place.

We had many, many inquiries from existing and potential mobile food vendors over the past five to seven years," Gehring said. "By early May 2013, the Board of Public Works decided to create a policy to allow street vendors to start selling on city streets."

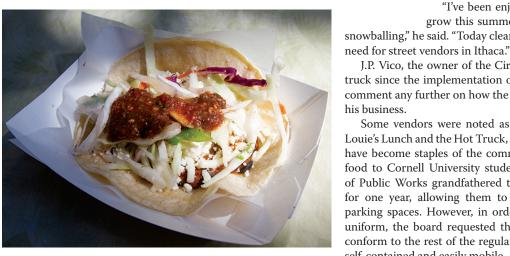
The board created a subcommittee to research the subject and start drafting proposals for a policy. In early December, it released its final draft to the public via social media outlets and on the township website. At that point in the process, the policy stipulated that food trucks would need to be parked 100 feet away from brick-and-mortar restaurants and have selfcontained electrical systems.

The town invited citizens to discuss the draft of the policy at two public meetings in late December 2013 and early January. At these meetings, a new issue arose: Restaurant owners were concerned that street vendors would offer more competition to their businesses once the policy was in place. The Ithaca Times reported that some of the restaurateurs thought a 100-foot minimum parking distance from restaurants was too short. Citing these concerns, the policy was changed to a 200-foot minimum by the end of the second public meeting, and now the updated restriction is part of the official policy.

Though the policy is about to enter its third quarter, vendors have so far chosen not to participate. At the first two licensing lotteries this year, not a single street vendor applied for a license or attended the lottery proceedings.



Top: From left, Lauren Valchuis, Mandy Beem-Miller and Lily Aceto work in The Good Truck. Bottom: A taco from The Good Truck, called "The Thriller," which includes local black beans.



"We built it, and they didn't come," Gehring said of the policy. "I wouldn't call that outright opposition, though."

Food trucks continue to operate off the streets, giving priority to their existing business over the new policy.

Mandy Beem-Miller is the owner of The Good Truck, a taco truck selling locally grown food since 2010. She operates her truck out of the parking lot of the Argos Inn on East State Street and the parking lot of her sister's cafe, The Shop, in addition to attending food truck roundups and special events like the Ithaca Festival and Porchfest. She would rather stick to her existing business plan than juggle both the new policy and the everyday operation of her business.

"We are on private property right now because it simplifies the process," Beem-Miller said. "It's just too much of a can of worms to go through the city right now."

Vendors are able to legally continue their businesses outside of city property by purchasing and parking on private land or making arrangements with private landowners. They can also apply for a temporary vending license that is used for vending at festivals and special events. However, if vendors choose to sell on city property without a license, they will be immediately asked to relocate and could be subject to fines. Now that there is a policy in place, however, it is possible for vendors to avoid these complications if they are willing to work with the system.

Paulie's Global Kitchen is a new vending and catering business founded this past summer by owner and chef Paul Grunkorn. At Porchfest this year, he was careful to adhere to the regulations of the street vending policy.

"This is actually my first gig on the actual street, so I'm still learning," Grunkorn said. "I'm fully licensed and everything, but if I was touching the sidewalk there could be problems."

Grunkorn started his business in hopes of adding to Ithaca's mobile vending community but said he was disappointed by the lack of street-vending turnout at Porchfest — Paulie's Global Kitchen and The Good Truck were the only vendors in attendance.

"I've been enjoying watching my business grow this summer, how everything has been snowballing," he said. "Today clearly shows that there is a great

J.P. Vico, the owner of the Circus Truck, has relocated his truck since the implementation of the policy and declined to comment any further on how the policy changes have affected

Some vendors were noted as special cases in the policy: Louie's Lunch and the Hot Truck, both located in Collegetown have become staples of the community by serving late-night food to Cornell University students for decades. The Board of Public Works grandfathered these trucks into the system for one year, allowing them to remain in their traditional parking spaces. However, in order to make the policy more uniform, the board requested that the grandfathered trucks conform to the rest of the regulations by making their trucks self-contained and easily mobile.

So far, neither truck has participated in a licensing lottery, though their parking spaces are owned by the city and are designated as options for licensed vendors on the policy's map. Because no other vendors have claimed the spaces, however, both food trucks continue with their business as usual.

This year's third licensing lottery was held on Sept. 10 and was the first to have any vendor participation, Gehring said. Collegetown Crepes was the first and only food truck to apply for a license under the new system and will have its grand opening on the corner of Dryden and Eddy Streets starting Oct. 1.

Gehring said she expects the process of adapting the policy to the community's needs will continue for some time yet.

"We decided to have a year-long trial period, but that might stretch to two," Gehring said. "There could be some changes to the policy during this time. It is not legislation. It is not in the city code or charter. It's a policy, and we're working on making it better for the community."

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Campus coasting

Cornell student Magnus Giaever takes part in the Fall Opening Group Ride, hosted by Cornell University's Big Red Bikes. The event, which was open to Cornell and Ithaca College students alike, took riders through Collegetown and downtown Ithaca.

Musician of the week

For those who adore electronic music but have grown tired of the monotonous dance tracks that fill the airwaves, prepare for a treat. It's time to turn up those speakers and throw on some tunes from the splendid electronic duo, ODEZSA, Hitting a high note Summer 2013 with their EP. "My Friends Never Die," Harrison Mills and Clayton Knight have carved out a niche for themselves in the realm of electronic music. With a penchant for dreamy sound, the two break away from the genre's typically bass-driven aesthetic, and its a welcome change. The pair recently released their album, "In Return," which hit shelves Sept. 8.



STEVEN PIRANI

GADGETRY

Assistant Life & Culture Editor Steven Pirani reports the biggest news in the technology world.

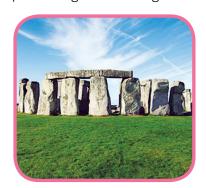
Tech junkies have been buzzing for the last few weeks, anticipating the announcement of Apple's newest iteration of its iPhone line. Apple did just this Sept. 9, revealing the sleeker, thinner and more powerful iPhone 6. The device will debut in two models: 4.7-inch iPhone 6, and a hulking 5.5-inch iPhone 6 Plus. Both boast a sleek new design, featuring seamless, rounded edges that depart from the iPhone 5's more angular form. The iPhone 6 and iPhone 6 Plus will release Sept. 19.

Along with these new devices, Apple also revealed the Apple Watch. It's a wearable, stylish bit of Apple design that boasts tons features and multiple styles. No release date for the Apple Watch has been announced yet, but Apple assures it can be expected in stores early 2015.



MYSTERIOUS MONUMENT GETS EVEN STRANGER

Stonehenge has, for many centuries, baffled scientists: These stones are perhaps the most cryptic structures on Earth's surface. However, what's buried around them is even more interesting. With the aid of groundpenetrating radar and high-resolution magnetometers, scientists were

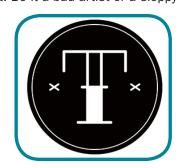


able to make a digital map of the ground around the famed monument, mapping to a depth of ten feet. These results of these tests, announced Sept. 10, detailed a massive collection of almost 60 undiscovered stone pillars and a small stone house that predates Stonehenge by almost 3000 years. These finds challenge the notion that Stonehenge was a lone structure, and adds to the site's mysterious reputation.

- STEVEN PIRANI

website turns ideas into tattoo reality

Getting a tattoo can go very wrong, very fast. Be it a bad artist or a sloppy design, there are countless ways for fresh ink to turn into a permanent, embarrassing nightmare. Tattoodo.com hopes to change that. For a fee of \$99, the website asks users to describe their desired tattoo. From there, tattoo artists sketch their hearts out, competing to be the design that meets the needs of the client. Eventually, users choose the design they prefer most and are free to take it to any tattoo parlor they choose, letting them think before they ink.



— STEVEN PIRANI

quoteunquote

I was like, 'Hey, let me tell you some stuff about her. She is not potty-trained, she's allergic to nuts, and she bites. So, I gotta go!'

— Actress and "30 Rock" star Tina Fey jokes about her experience leaving her 3-year-old daughter, Penelope Athena Richmond, at pre-school for the first time.



celebrity SCOOPS

Kate expecting again

The British royal family is about to grow a bit larger! The media-beloved monarchy announced via press release Sept. 8 that Catherine Middleton, Duchess of Cambridge, is once again with child. This comes after the birth of her first child, Prince George, in July 2013.

However, this good news does come with a bit of bad news as well: In the same press release that announced the pregnancy, the royal family

mentioned that Kate has been suffering from hyperemesis gravidarum, a severe form of morning sickness. As a result, Kate is being treated by doctors in her home at Kensington



- STEVEN PIRANI



The seventh annual Porchfest was held Saturday, Sept. 14. Over a hundred musicians came out and performed music from classical to punk rock on the porches of the Fall Creek and Northside neighborhoods in Ithaca.

PHOTOS BY COREY HESS/THE ITHACAN



The Cayuga Chimes, an intergenerational women's a cappella chorus directed by G. Eric Bean, far left, celebrate their 37th year singing barbershop-style songs like "Mr. Sandman" at 712 N Cayuga St.



From left: Alejandro Cortese, Joe Sliker and Charles Cleaver perform jazzy music rooted in the tones of indie folk and Americana as Commons Crossing.

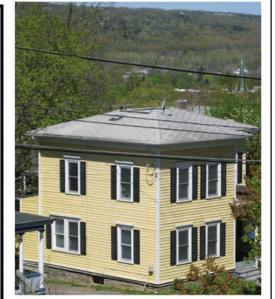


Banjo player Richie Stearns and friends perform rocking old-time fiddle tunes and songs on Kurt's Porch in Thompson Park while a large crowd of Ithaca residents gather to watch.

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Faculty opt for local business over college store

BY CHARLOTTE ROBERTSON

CONTRIBUTING WRITER

Tucked away in DeWitt Mall lies Buffalo Street Books. The bookstore has created a series of innovative programs, including hosting a literary arts festival and teaching writing workshops. But the program most used by Ithaca College students is First Class, a service that allows students to order books online before the beginning of school and have them delivered to the classroom on the first day.

Teachers from both the college and Cornell University have begun to make a transition away from their campus' bookstores, suggesting their students preorder from Buffalo Street Books over the summer.

Asha Sanaker is the general manager of Buffalo Street Books and has been in charge of the First Class program for two years. Sanaker said, altogether, about 45 professors from both colleges are using the First Class program this semester.

Chris Holmes, assistant professor of English, uses the First Class program. Holmes said he likes the program because he prefers to support independent bookstores over the school store.

"Everyone who benefits from this bookstore has ties to this community, and a vastly larger percentage of every dollar you spend in a locally owned business stays in the local community," Holmes said.

The Ithaca College Bookstore is owned and run by the college. All money goes back into the collegeoperating budget.

Buffalo Street Books is a co-op



Freshman Bradford Allen browses the stacks at Buffalo Street Books. Buffalo Street Books is a local co-op that offers a program called "First Class," where students can order their books for classes instead of using the college's store.

NATALIE SHANKLIN/THE ITHACAN

bookstore. A co-op, or cooperative, is a business owned by people from the local community who use its services in order to reap mutual economic and social benefits. Seven hundred members of Ithaca's community have partial ownership of the store.

"The co-op system allows owners to focus on community goals in addition to being financially profitable ... It also is a new way for students to interact with The Commons," Sanaker said. "It's a real way for students to make connections with local businesses."

By using the First Class program, Holmes said, he hopes to help students engage with the Ithaca community.

"The more points of connection

we can have with the town of Ithaca and the college, the better," Holmes said. "It becomes that much more organic the more we have those kinds of relationships."

Sanaker said buying at Buffalo Street Books also means supporting alternative business models, offering communities a new way to hold their economy to a higher level of transparency and accountability.

"If you are a person who is actually concerned about questions of local economy, who is concerned about corporations in our local economy, supporting a local bookstore gives you options of what you can read and what you can buy," Sanaker said.

However, there are certain limitations to buying at Buffalo Street Books. For example, certain student financial aid does not apply outside of the college's Bookstore.

Rod Beers, the college's campus store manager, said the Bookstore works hard to provide students with numerous options that best suit their specific needs.

"The campus Bookstore offers more formats of a text," Beers said. "For example, there was a student who needed a Braille copy of a textbook. Buffalo Street doesn't have those kinds of options available."

The college Bookstore also has a program similar to First Class, allowing students to buy books online on their website before school begins.

"The on-campus Bookstore also has a large selection of used copies of books, helping students lower their expensive book budgets, as well as rental services, where students can return textbooks that are still in good shape," Beers said.

Despite these benefits, Holmes said he still prefers to use Buffalo Street Books.

"Supporting independent bookstores is of the utmost importance for the way we read books," Holmes said.

Students create magazine based on outdoor activities

BY CLARA O'CONNOR

It is Sunday afternoon. While most students are rushing to finish their homework, seven new members and three officers of Explore Magazine lounge at the top of the waterfall on Six Mile Creek.

Explore Magazine is a new publication on campus this fall. Junior Caitlin McCaul, founder of Explore Magazine, said she wants it to be an outlet that Ithaca College students reach for to find out about all things outdoors, including teaching readers how to set up a tent and educating them on where to find trails near campus.

"I want it to be a major resource for people on campus, so they know where things are going on or how to do things or where to rent equipment," McCaul said.

McCaul started Explore Magazine with the help of four friends, junior Trevor LaRose, senior Anna Foltzer and sophomores Sam Rubin and Tatiana Malkin, all of whom serve as officers for the organization. McCaul wants to write adventure journalism after graduation.

She said Explore will be published using WordPress, although a web address has yet to be claimed by the magazine. She said the magazine will ideally be published once a month, with their first issue going online in early October with a goal of 10 stories.

However, LaRose said Explore will be more than just a publication.

"It's called Explore, and that's really what it's all about: just exploring Ithaca and everything it has to offer," LaRose said. "So a big part of it is going on group trips."

Rubin said the officers hoped the hike on Sunday would be a fun way for members and officers to not only get to know each other, but also get a feel for what the magazine is all about. "By getting our club together and exposing them to things here, it'll give them the opportunity to get hands-on and get started," McCaul said.

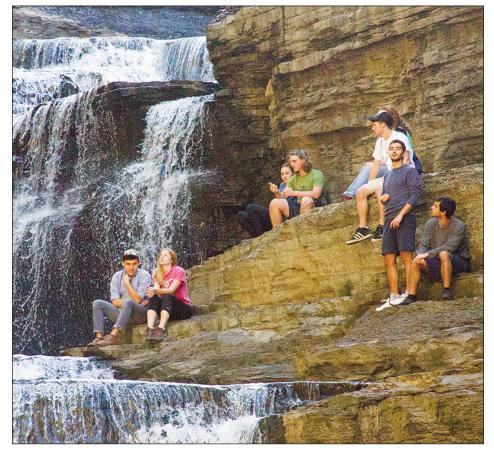
Rubin said the hike on Sunday was designed to be more of a bonding exercise, as opposed to the camping trips and other outdoor adventures he expects members to do on their own. He anticipates visceral writing will come from these excursions.

"I want the writing to be very experiencebased," Rubin said. "Kind of like National Geographic, where they have the writer and photographer go out and have this incredible, nature-based experience."

And it doesn't have to stop at secondhand accounts and photographs. The magazine officers were unaware of a funding process through the college until it was too late, and therefore Explore has no funding at the current time. This means the first several issues will be published solely online. Rubin said the benefit of online publishing is that they'll be able to include video and audio with articles.

"If something happens to you in your tent at 2 a.m., instead of just writing about it — if there's an animal or something — it's a lot cooler if you can take a video of it," Rubin said. "I think online can be a little bit restrictive in that you don't have an actual copy, but it's also freeing."

One problem the officers of Explore foresee is becoming a well-known publication on campus without having hard copies available in the Campus Center or other frequented areas, where students can easily grab the most recent issue on their way to class. McCaul said she is currently trying to get the magazine on the Student Organizations tab on Intercom. In the meantime, she said she plans on advertising the first issue of Explore by posting flyers around campus.



Members of Explore Magazine gather at Six Mile Creek on Sept. 14. Explore Magazine is a new publication on campus which aims to publish articles about outdoor activities in Ithaca.

CLARA O'CONNOR/THE ITHACAN

The officers are hoping to get a couple of issues under their belt and then will try to get more funding.

"I think our focus right now, for the first month, is let's get 10 stories, let's get solid content to put on the website to show people that we're serious, that we want to have this outlet on campus," Rubin said.

Over 100 people signed up at the organization fair on Sept. 3, and roughly half of those who signed up came to the interest meeting on Sept. 8.

"It's kind of a testament to the interests of the people who go to this college," Rubin said. At the first meeting, McCaul established that Explore should never come from just one person's vision. McCaul said she wants to make sure Explore is a collaboration that brings together the interests of students across campus. Rubin said the officers are comfortable with the magazine developing organically and changing with the members' changing interests.

The officers agree that aside from deadlines, Explore Magazine won't have any restrictions on content, so long as it is outdoor-related.

"This is going to be whatever we make it," McCaul said. "I'm not here to dictate how [the magazine] is going to be."

Alter egos crash getaway in surreal romance

BY SHARI BISCHOPING CONTRIBUTING WRITER

"The One I Love" opens with an unhappy married couple attempting to rekindle their love after years of fading feelings. The answer, says

FILM

REVIEW

RADIUS-TWC

Our rating:

their therapist (Ted Danson), is to go on a getaway to "reset the reset button." The couple is skeptical, but agrees to the trip. Thus begins "The One I Love," a romantic comedy that focuses more on the reality of relationships than on romance.

On the first night of their cottage retreat, the couple enjoys a nice evening together in the guesthouse. Cue huge plot twist, however, when husband Ethan (Mark Duplass) has no recollection of the romantic night. Wife Sophie (Elisabeth Moss) is at first angered, but soon she, too, cannot remember an experience that Ethan claims to have shared with her. The couple then realizes that the guesthouse at the resort seems to contain a sort of magic, in which an alternate version of each spouse appears when the other enters the guesthouse alone. The mystery of the story lies within the reason these alternate characters exist, and what their roles are in the pair's relationship.

Moss' acting is both comical and dark, though her comedy seems forced, and her chemistry with Duplass, awkward. For instance, after her first romantic evening, her supposed excitement and passion falls flat. Duplass, on the other hand, succeeds in playing the overbearing husband who is failing at trying to

win back a wife emotionally lost to him. His best quality, however, is his differentiated acting between Ethan and the alter ego, also named Ethan. It is impressive to see the same actor portray both characters, each

role vastly different from the other.

Despite some genu-"The One I Love" ine moments between the leads, Moss and Duplass' compatibility is a bit unbelievable. Even when Sophie

is supposed to be falling in love with alternate Ethan, Moss and Duplass may be unable to convince the audience that these characters are in the early stages of the relationship.

Ultimately, individual performances prove better than the pair together. For example, Duplass plays an alternate Ethan who is commanding over Sophie's emotions, and Moss excels at portraying a conflicted wife with a strange attachment to alternate Ethan. Both characters are unlikable, mostly because of their lack of understanding toward each other, but may also be relatable for audiences for that same reason: Everyone has experienced a crossroads in life, and Sophie and Ethan provide an example of the pain the crossroads can provoke.

In terms of the story, the plot moves quickly - arguably too quickly at points. It often leaves the audience confused but ultimately wanting to find out more. Audiences may be troubled by the questions of who these alternate characters are and if they are even real. Despite all of the mystery and unanswered questions, this movie



From left, Elisabeth Moss and Mark Duplass star as Sophie and Ethan, respectively, in "The One I Love," The couple, in an attempt to rekindle their marriage, embark on a weekend getaway that quickly turns strange.

ultimately forces contemplation on the nature of relationships and falling out of love in an offbeat but beautiful way. While Ethan struggles to accept the strangeness of the guesthouse and of alternate Sophie, Sophie quickly falls for alternate Ethan. "We're a mess, and I love that about us," Ethan says to Sophie. The true question of the film is if Sophie desires the same. She must decide if flawed love is worth the hurt that comes with it, or if starting anew is the better option — an emotionally appealing conundrum.

"The One I Love" keeps audiences on the edge of their seats while teaching them that life and love are not always perfect. It is no love story in the realm of fairy tales, but rather one for the audience who craves harsher truths, making the entire movie feel like a mix between a dream and a nightmare. Nothing seems real in this crazy weekend getaway, yet this alternate reality world forces the audience to examine both the truth of the past and their desires for the future.

One I Love" written by Justin Lader and directed by Charlie McDowell.

Release from stoner rapper burned out by shallow lyrics

BY TYLOR COLBY

Wiz Khalifa has made a name for himself in the pop-rap community with his stoner persona and a limited

ALBUM

REVIEW

Wiz Khalifa

Hollywood"

Rostrum

Records

Our rating:

"Blacc

but catchy lexicon that produced hit singles like "Black and Yellow" and "No Sleep." With his new record, Hollywood," however, the routine is beginning to sound

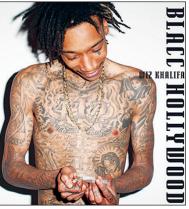
dated. Other than having a polished production, auto-tuned vocals and a fair list of featured artists, Khalifa is the exact same boastful, blunt-rolling slacker, and the rap world seems to be moving on without him.

If Wiz's 2012 album "O.N.I.F.C." was considered a redundant misstep by websites like Pitchfork, then

"Blacc Hollywood" is its halfhearted copycat attempt, with uninspired lyrics about being a rich stoner and not much else. In "So High," for instance, he raps, "Heard you got a cheaper price for that reefer huh/ What you need, never find a seed uh huh."

The lyrics never get much deeper throughout the album, and even the emotional end of things remains shallow in songs like "No Gain," which is about balancing his weed habit with spending time with his wife and kids. However, when placed alongside his boastful tunes like "We Dem Boyz," it may be hard for listeners to believe the rapper is struggling with any major life issues, making his more introspective songs not so hard-hitting.

The album's production may be its only saving grace, with samples and beats finally big enough to fit Wiz's ego. Orchestral swells and analog synths play far better in "Blacc



COURTESY OF ROSTRUM RECORDS

Hollywood" than some of the rapper's previous works, but they're unfortunately joined in most songs by an obnoxiously old-school beat, making it feel as if he is making a cheap and rushed seventh-grade mixtape.

Despite a solid production and a few well-directed music videos, Khalifa's overall lack of creative ambition will leave "Blacc Hollywood" as nothing more than a collection of party anthems. Ultimately, these tracks may be put aside once party season is over, forgotten by music listeners craving an album with depth.

Rock veterans excel once again

BY ASHLEY WOLF

Pop-rock band Maroon 5's frontman Adam Levine may be a jokester on "The Voice," but when it comes to music, he and his band don't fool around. Their fifth and most recent album, "V,"

ALBUM

REVIEW

Maroon 5

Interscope

Our rating:

Records

 $\star\star\star$

is the perfect combination heartfelt ballads and energized dance tracks. Classic instrumentals, talented vocal versatility and

captivating lyrics embody the album's tracks.

Although each song on the album has the catchiness and enthusiasm to potentially move to the top of the charts, some of the tracks seem forced into the pop-song formula. The drumdriven techno piece "It Was Always You" is a strong example of this problem. The track's

synth-driven sound seems influenced by the popularity of electronic music, and although the message of falling in love with a best friend seems accessible to a large audience, the instrumentals and vocals lack the vulnerability reflected in the lyrics.

Maroon 5 shines in this latest album, showing that even after 20 years, it can still take the pop world by storm. "V" has a great balance of impassioned party tracks, and those that may inspire deeper thought.



COURTESY OF INTERSCOPE RECORDS

QUICKIES





COURTESY OF REACH RECORDS

"ANOMALY" Lecrae Reach Records

With his aggressive lyrical delivery and pointed lyrics, Christian rapper Lecrae succeeds in producing a rap album that articulates his own religious beliefs without seeming preachy. The opener, "Outsiders," is one of the album's highlights.



COURTESY OF SUB POP RECORDS

"AT BEST CUCKOLD" Sub Pop Records

Light and nostalgic, indie group Avi Buffalo excels with its newest release. Acoustic guitars and a jubilant piano deliver a sincere sound to each of the album's tracks, notably "Overwhelmed with Pride" and "She Is Seventeen."

COMPILED BY STEVEN PIRANI

Exotic locales fuel emotional journey

BY BYRON BIXLER CONTRIBUTING WRITER

Steve Coogan and Rob Brydon return for a second round of food, laughs and gentle melancholy in Michael Winterbottom's "The Trip to Italy." Wasting no time, the film immediately places the pair in the

stunning Italian countryside, where they exchange humorous celebrity impressions, sporadically quote the works of Lord Byron, riff on an Alanis Morissette CD and converse over high cuisine. A quick couple of lines

FILM **REVIEW** "The Trip to Italy" IFC Films Our rating:

toward the beginning acknowledges the dubiousness of a sequel, and with that self-aware wink, the table is set $\bar{\text{for}}$ a hysterical travelogue that gradually becomes something more.

It has been three years since the duo toured the north of England in "The Trip," but nothing has been lost in the sharpness of the pair's banter. If anything, the two are better than ever, which is quite an achievement, especially considering the film hinges on their comedic chemistry. "The Trip to Italy" is structurally similar to its predecessor, centering on a series of conversations taking place in high-end restaurants as well as a variety of picturesque outdoor locations. It doesn't concern itself with plot points or colorful set pieces, and because of this, it relies on its lead performers to both entertain and convince the audience of the characters' rapport.

Coogan and Brydon play lightly fictionalized versions of themselves, and their scenes together are casual — never judgmental or urgent in nature. Whether it's over delectable Italian dishes or during a car ride along a winding seaside road, the actors' dialogues are a joy to experience. Being a couple of highly successful comedians, they playfully degrade each other's celebrity, take part in frequent one-upmanship and joke about the realities of their lives. Much of it is improvised and, aided by the duo's impeccable timing, the chats progress naturally. However, underneath the good-natured ribbing is a slight sense of sadness and insecurity that is skillfully weaved into the film through reflective solo scenes with each actor.

Aside from a handful of poignant observations made in their scenes together, it is these sequences, when they are alone, that the characters' hang-ups concerning relevancy, aging and legacy come to the forefront. Winterbottom treads lightly in these areas, as well he should: The comedy is the meat of the film, but also the mask of greater drama that is best



From left, Rob Brydon and Steve Coogan sit down for one of their many meals featured in Michael Winterbottom's "The Trip to Italy," which follows the pair as they trek across the Italian countryside.

left a supportive element. Any more emphasis on the comedy would overwhelm the humor, clashing tones and likely undoing the subtle effect the film's drama possesses.

Standing almost level with the comedic interplay in prominence are the food and breathtaking locations. Although not as intensely scrutinized as the cuisine in the first film, the dishes prove to have a certain star power in the picture. There are infrequent cutaways to the preparation of dishes, and when the food is finally served, the camera lingers on it, momentarily drawing attention away from the actors to focus on the mouthwatering creations. The film becomes less about the food as it goes on, but its aesthetic impact is undeniable.

Similarly, the multi-layered landscapes and gorgeous Italian vistas impose themselves on the story, heightening the film's observant, touristy sensibility. The key difference between the fine dining and the scenery is that while the feasting gradually recedes, the land develops into a more important, thematically symbiotic element. Occasionally blended with operatic music, the sea, the hills, the beaches, the cemeteries and the cobblestone roads of the old world work as more than just backdrops. They are visual signifiers of our main characters' troubles and philosophical talking points.

'The Trip to Italy" is a film of simple pleasures. It only suffers from an overlong runtime that slows down the proceedings toward the middle, but this is a small hindrance to an otherwise solid entertainment. Far from revelatory, but packing enough dramatic heft to be taken seriously, Winterbottom's film improves upon "The Trip" and even works as a standalone delight.

"The Trip to Italy" was written and directed by Michael Winterbottom.

dates thursday

Brandon Ballengée, an artist and biologist, will present a lecture about his work with insects at 5:15 p.m. at the Herbert F. Johnson Museum of Art. The event is free and open to the public.

friday

Back to the Garden, a musical tribute to folk-rock icons such as Carole King, Joni Mitchell and Laura Nyro, will take place at 8 p.m. at the Hangar Theatre. Tickets cost \$25. Refreshments will be served during the event.

saturday

The Eight Square Schoolhouse will hold an open house at noon explaining the history of the 200-year-old schoolhouse. Refreshments will be served during the event.

The Ithaca Jazz Ensemble Children's Concert will take place at 10 a.m. in Ford Hall. The event is free and open to

sunday

The Found Flea, an antique and vintage flea market held by Found in Ithaca, will take place at 9 a.m. at 277 Cherry St. The event is free and open to the public.

OUR RATINGS

Excellent ★★★★

Good ★★★

Fair ★★

Poor *

Nonsensical crime thriller hampered by entirely dubious narrative

BY DANIEL WISNIEWSKI

It is a dark and stormy night. A woman, Terri (Taraji P. Henson), is preparing dinner for her younger daughter when she hears the doorbell ring. She opens the door to find a

man named Colin (Idris Elba) standing outside in the rain. He is injured and tells her that his car broke down. He says he'd like to borrow a phone to call for a tow truck, and that he'll gladly wait outside to

Deed Screen Gems Our rating:

make the call, and she can lock her door. He eventually finishes up and starts to walk back to his vehicle when she invites him inside to get out of the rain. Little does she know that the man she has invited in has a dark past just waiting to emerge.

Unfortunately, this is only the beginning of this hodge-podge of cliches known as "No Good Deed," a crime thriller about a woman and her two children terrorized by a mysterious stranger. The film offers almost nothing original to the genre and relies on the same tired plot lines and ideas that audiences have seen time and time again, and ultimately, the film has too much going against it to even attempt to engage its audience with any sort of thrills or chills.

The biggest problem of this movie is that it wastes the talents of its two main co-stars. Elba and Henson are both competent performers who have done a lot of excellent work



Idris Elba stars as the psychopathic Colin Evans in the crime thriller "No Good Deed." Audiences witness Evans' rampage as he pursues Terri Granger, played by Taraji P. Henson. **COURTESY OF SCREEN GEMS**

in past roles, but even they can't shine through the nonsensical dialogue and lackluster narrative, such as when she lets him into her home without asking any questions and not even confirming that his alibi is legitimate. However, they both have their moments, with Elba delivering some wonderfully menacing subtlety as the narcissistic and sadistic Colin, while Henson does a solid job at translating the horror of the situation to the audience, but there are too many negatives drowning out the positives. The most common issue with both of them is that both of their characters are so crudely written that many of their later interactions come off as ridiculous, with a prime example being every time they try to fight each other. These scenes of conflict come across as cartoonish, emphasizing the unimpressive aspects of both the direction and narrative, ultimately leaving the audience wondering whether the characters will resort to more comic means of assault, such as dropping pianos on each other.

In addition to the disappointing performances and shoddy writing and directing, practically all of the technical aspects behind the scenes are poorly done as well. The editing is very choppy, including some baffling moments where the film slows down in an attempt to be artistic, but ends up just looking unfinished. The audio of the film fades in and out when Elba's character goes into his subconscious, which is mostly unnecessary and doesn't add much to the plot. The only aspect that is somewhat interesting is the cinematography, as the film is sometimes well-framed and absorbing — but even that goes from competent to complacent more often than not and is never fully consistent.

There are a few redeeming moments within the film that save it from being a complete waste of time. Once in a while there are some excellent moments of discomfort, especially during the first few moments of Elba's character reveal and Henson's reaction to this news, that create a palpable tension shared among the entire audience. There is also a clever twist toward the end that manages to invoke an extended sense of suspense, but this, too, is ruined by the comical climax of the film.

Overall, "No Good Deed" is a bland and forgetful jumble of cliches and uninteresting characters that gives the audience nothing in return for its investment. It creates comedy where there should be drama and only offers brief glimpses of the involving and psychological thriller that it so desperately attempts

"No Good Deed" was written by Aimee Lagos and directed by Sam Miller.

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MORNING SERVICE:10:00AM-1:00PM, KIDDUSH TO FOLLOW

TASHLICH CEREMONY, 1:45PM, MULLER CHAPEL LAKE

FRIDAY, SEPTEMBER 26

MORNING SERVICE: 10:00AM-1:00PM, KIDDUSH TO FOLLOW

YOM KIPPUR

FRIDAY, OCTOBER 3

EVENING SERVICE/KOL NIDREI: 7:00PM

SATURDAY, OCTOBER 4

MORNING SERVICE: 10:00AM-1:00PM

CONTEMPLATIVE WALK: 1:15-2:15PM; JONAH STUDY: 4-5:30PM

AFTERNOON SERVICE: 5:30PM, HAVDALLAH AND BREAK-FAST TO FOLLOW

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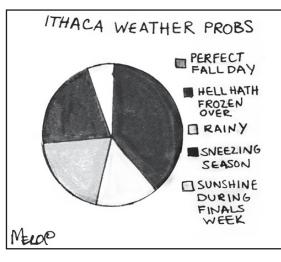


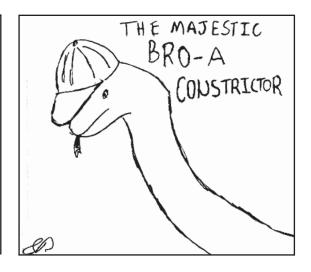
DIVERSIONS

Weather Probs By Melani Lopez '17

Your Dad's Dad

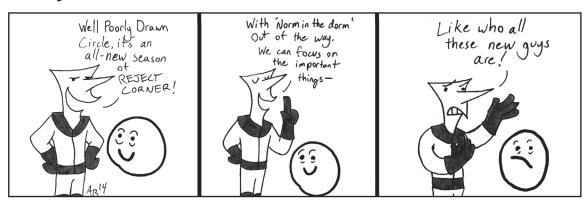
By Steven Pirani '16



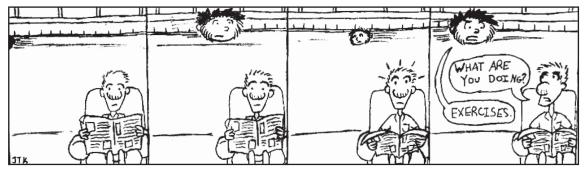


Reject Corner

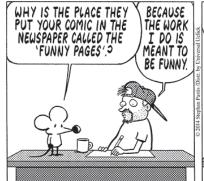
By Alice Blehart '16



Skin & Burns By Jared Kelly '16

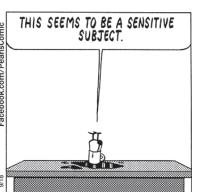


Pearls Before Swine® By Stephan Pastis





By United Media



crossword

33

ACROSS

11

- 1 TV setting 4 Route follower Isinglass
- Corduroy rib 12 I. to Claudius
- It may be split Blew up in the darkroom
- Pound sound Rudely sarcastic 17
- 18 Mist
- kwon do
- 21 Make changes to Sigh of content 23
- Mighty -- oak
- 27 Noted lava spewer
- Ship or plane part 28
- 31 Flair 33
- 34 Advanced deg.
- 36 38
- Like prime steak Garr of "Tootsie"
 - Teenage Limo passenger WWII movie

staple (hyph.)

- 43 Hazard a guess
- Kitchen spice 47 Dryer sheet, e.g.
- 49 Sneaking
- suspicion
- 50 Temper 51 Light brown
- 52 In case 53 NNW opposite
- 54 Household

DOWN

- Pat's hostess 1
- 2 Dragon puppet
- Heavy metal 4 Quagmire
- Bumpy
- Four-door model 7 Famous clinic
- 8 Repeat
- Klink's rank (abbr.)
- Rock-band need 10 11 Frontier, once
- Ms. Witherspoon 19 Cop show HQ

sudoku

8							4	3
5			3	9		8	1	7
			7	1				
	2					5	9	
1	8	6					7	2
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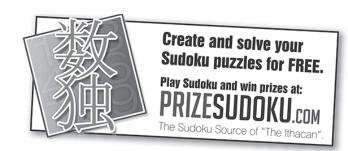
hard

				1		4	9	2
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	2	3						
1	5				7		2	
					6 5	8	3	
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			4	6			8	7

answers to last week's sudoku

Easy	,							
9	8	4	2	7	5	6	1	3
2	5	3	8	1	6	4	7	9
1	6	7	3	9	4	8	5	2
3	2	5	1	8	9	7	6	4
8	9	6	4	2	7	1	3	5
4	7	1	6	5	3	9	2	8
5	3	8	9	6	1	2	4	7
6	4	2	7	3	8	5	9	1
7	1	9	5	4	2	3	8	6

Medium									
7	3	4	9	2	1	6	5	8	
5	6	8	3	4	7	2	9	1	
2	9	1	6	8	5	7	3	4	
6	8	5	4	1	2	3	7	9	
9	1	7	8	6	3	4	2	5	
4	2	3	5	7	9	1	8	6	
3	4	2	1	9	8	5	6	7	
1	7	9	2	5	6	8	4	3	
8	5	6	7	3	4	9	1	2	



22 Taint

- Beattie or Blyth
- 25 Checkroom item
- 26 Recipe word
- Auto pioneer
- Ransom Olds 28 Knock
- 29 Cry of distaste
- 30 Concludes 31 Perfect score
- 32 Lingo
- 34 Mentors
- Attention-getter 36
- Camel stop
- Lombardi or
- 38 **Edwards**
- 39 Torpid
- 40 Amazon source
- 42 Trounce
- Steal a glance 45 Thousand G's
- 46 Lemon cooler
- Service charge

last week's crossword answers





Ride of a lifetime



BY KRISTEN GOWDY STAFF WRITER

At 6:30 a.m. on Sept. 13, seven former members of the women's crew team gathered on familiar ground. With Cayuga Lake, their rowing home during their collegiate athletic careers, providing a recognizable backdrop, the former Bombers met at Stewart Park, the starting line for the 16th annual AIDS Ride for Life.

The morning was chilly, in stark contrast to the early September heat that was present in the area during the weeks leading up to the ride. A cold drizzle fell, creating unfavorable

riding conditions. But not even the weather hindered the spirits of the seven riders, who had prepared all summer for this day.

It all began with an idea sparked by an experience with crew. Each year, the team served dinner and helped with cleanup at the



Participants in the AIDS Ride for Life wait for the race to begin on Sept. 13 at Stewart Park. The start time was 7 a.m.

COREY HESS/THE ITHACAN

ride's finish line. The volunteer work inspired one of the members, Dominique Lessard '14, to think about forming a team.

"Getting to talk to riders about their experience and how positive and happy they are after biking 100 miles was something I had always been curious about," she said. "That endurance aspect really drew me to it."

The AIDS Ride for Life is a bicycle race to raise money and awareness for AIDS and AIDS research. It features three different rides of varying lengths, capped at the 100-mile ride. As the team began to take shape over the summer, graduate student Caroline Dykstra said, the 100-mile ride was the most appealing option because of the challenge it presented.

"Our attitude towards the ride when we were looking at the distances was that if we were going to do it, we were going to do it all the way," she said. "So we said, 'Let's go for the 100-mile race ... let's make that our goal to work towards for the summer."

After deciding to sign up for the race in June, Lessard and Dykstra began to recruit other former crew teammates to join their team. By the end of the summer, five other former rowers had agreed to join: graduate student Lindsay Beatty, Regina Wuest '13, Rebecca Lee '13, Tessa VanDerVeeken '12 and assistant women's crew coach Beth Greene '00.

Together, they came up with the team name #TaperLife. Beatty said the name represents the idea that the members are not tapering off athletically, even though their rowing careers are over.

"When you graduate crew, you think that you're not going to be working as hard as when you were on the team," Beatty said. "But doing 100 miles is harder than anything we did on crew, in a sense."

The team was among the last to start the race, and a heavier rain began to fall as they crossed the starting line. The first 20 miles of the ride was the steepest portion, featuring the two biggest climbs as the riders headed up the east side of the lake.

The rolling turbulence of the hills contrasted with the smooth mechanics of rowing a boat that the team members experienced during their careers at Ithaca College. Though each member was on her own bike, they still functioned as a team, just as they did in their boats.

"It says a lot about the crew team that even after we are done rowing, we are still trying to find ways to be active together and still are doing things that most people would shy away from," Dykstra said.

Heavy rain continued to pour as the minutes turned into hours. The team gradually separated into two groups as they approached the 60-mile mark, where they would be served lunch.

After lunch, the team resumed the ride. The rain had finally faltered, and the sun was poking through the clouds. Deviating from its earlier groupings, the team instead separated into three groups for the final 40 miles.

Lessard found herself in the middle group with Lee. It was a suitable pairing, for the two had done much of their training together and are also co-workers at the Finger Lakes Running & Triathlon Company. In addition to completing a weekly 50–80 mile ride, Lessard and Lee have also cross-trained by running.

As Lessard rides, she thinks about the training that had led up to the race and how far she had come since she registered for the race in June.

"I was a very incompetent biker when I signed up," she said. "I was nervous to take my hand off the handlebars to signal, or even to put my feet in the pedal cages."

However, her motivation to find a new athletic outlet to replace rowing overpowered any inexperience she had with competitive biking. The passion she found for biking also correlated with her love of endurance sports.

A biology major while at the college, Lessard also said she felt close to the cause for which she was riding.

"While I was at IC, I worked in an infectious disease lab, so I have more of a curiosity tie-in [to AIDS]," she said.

Lessard and Lee were riding approximately 40 minutes ahead of the third group, which contained Dykstra, Wuest and Beatty. For Dykstra, the ride was a family matter, both from a biking and an AIDS standpoint.

Dykstra's mother is a pediatrician in a local community health center in her hometown of Andover, Massachusetts, and works closely with children and their mothers who are HIV positive. Because of this, Dykstra feels more of a connection with the disease.

"It's definitely a cause close to my family's heart," she said.

VanDerVeeken and Greene were the first members of the team arrive at Cass Park, crossing the finish line after approximately 7 hours and 45 minutes of riding.

Lessard and Lee finished about 20 minutes after the first group, and Beatty, Dykstra and Wuest came in at around 8 hours and 45 minutes. After completing 100 miles and overcoming adverse weather, Beatty said the group was overwhelmingly happy.

"At one point, we were riding and it was just pouring rain, and there was nothing you could do but laugh about it," she said. "It was just so crazy that we were out there and there were other people who were crazy enough to do it with me."

For the team members, the AIDS Ride provided a way to not only stay in shape, but also to solidify the strong friendships that were forged through their experiences on the crew team.

"They're not just my teammates, they're some of my closest friends," Dykstra said. "That's a bond that I think we are going to carry with us for the rest of our lives."



THE BOMBER ROUNDUP

The Ithacan's sports staff provides updates on the fall squads.

MEN'S SOCCER BY MAX LEY

The men's soccer team earned its first point of the season on Sept. 13, tying SUNY Geneseo 1–1 after a scoreless overtime at Carp Wood Field.

The Knights struck first with a goal in the 20th minute after junior back Chris Kanaval headed in a cross from senior midfielder Patrick Gunty. However, the Blue and Gold finally broke through in the 48th minute after junior forward Jordan Filipowich found senior forward Casey Williamson, who hammered a shot from the top of the box home for his first goal of the season.

Junior defender Cody Kiss said he was

t point of pleased with the team's result.

"I thought it was a good performance," Kiss said. "We finally gave it a physical battle, which was something I thought we'd been lacking in."

On Sept. 14, the Blue and Gold fell 2–0 against SUNY Cortland in Cortland, New York. The Red Dragons scored on a header off of a throw in in the opening minute and added another goal on a penalty kick in the 38th minute.

The Bombers are now 0-3-1 on the year and will play their next game on Sept. 20 against Alfred University at Carp Wood Field.

Bomber Box Score: 9/14 Cortland, New York SUNY Cortland (4–2–0) 2–0 Ithaca College (0–3–1)

WOMEN'S SOCCER BY ALEX WONG

The women's soccer team split a pair of games in the Upstate Collegiate Cup Sept. 13–14, bringing the squad's overall record to 4–1. The Sept. 13 match saw the Bombers concede their first loss of the season, 2–0, to the University of Rochester. The Yellowjackets scored goals in both halves to secure the victory. The loss pushed the Bombers into the tournament's consolation game against SUNY Cortland, which had fallen to William Smith College 3–1.

The Sept. 14 game between the Bombers and Red Dragons was hard fought and scoreless through the first half of play. The South Hill squad managed five shots in the first half, forcing Cortland sophomore goalkeeper Tyler Julian to make three saves, while the Red Dragons managed three shots.

With less than 10 minutes left in regulation, sophomore forward Jess Demczar tallied the game's lone goal on a free-kick, leading the Bombers to a 1–0 victory over Cortland. The team recorded its fourth clean sheet in five games. Junior goalkeeper Beth Coppolecchia said the Bombers' mindset heading into the tournament was to continue to prove their worth against opponents.

"Everyone was just ready to get back out on the field and show everyone Bomber soccer is here to win," Coppolecchia said. "We had good chances to finish yesterday, and we wanted to focus on that and bring those to the game against Cortland today."

The South Hill squad plays its next game against Alfred University on Sept. 20 at Carp Wood Field.

Bomber Box Score: 9/14 Cortland, New York

Ithaca College (4–1)

1–0

SUNY Cortland (1–4)

VOLLEYBALL BY MATT ROTTLER

The volleyball team kept rolling this weekend, as it won two out of three games at the Ramapo Roadrunner Invitational from Sept. 12–13 in Mahwah, New Jersey. The Bombers have improved their record to 7–3.

The Blue and Gold's impressive weekend began on Sept. 12 when the Bombers took on the College of Mount Saint Vincent, defeating the Dolphins in straight sets 26–24, 25–9 and 25–15. Freshman Joelle Goldstein had a strong performance, racking up 13 kills and scoring 13.5 points. Junior captain Dylan Gawinski Stern had nine kills, while scoring 10 points.

On Sept. 13, the Bombers lost to the host and hometown favorite Ramapo College in four sets, but bounced back a few hours later by beating Saint Joseph's College in straight sets to finish the tournament. Goldstein said the team did not have its best weekend, but had great teamwork in its wins.

"Every single person contributed," she said. "Even though we weren't playing like us, we proved how tenacious we are and that we never gave up."

On Sept. 16, the Bombers opened up Empire 8 conference play with a 3–2 win over Elmira College. They exchanged sets before defeating the Soaring Eagles 16–14 in the decisive set.

The young Bombers will look to continue their success on Sept. 20 when they take on conference opponents Hartwick College and St. John Fisher College in Oneonta, New York.

Bomber Box Score: 9/16 Ben Light Gymnasium Ithaca College (6–1)

3–2 Elmira College (5–2)

CROSS-COUNTRY BY LAUREN MURRAY

The men's and women's cross-country teams had their second race of the season Sept. 13 at the Saratoga Invitational in Saratoga Springs, New York.

In the men's event, Williams College senior Colin Cotton finished first with a time of 18:46 in the 6k event. Junior Sawyer Hitchcock led the Bombers, placing 11th overall in 19:07 out of 221 total runners.

Freshman Tim Chappell ran his first race this weekend, finishing 38th overall, and said he anticipates a great season ahead for the Bombers.

"I'm really proud of the performance I put

in and the performance everyone on the team put it," he said. "I think we're going to have a great team this year."

For the women's event, Stevens Institute of Technology junior Amy Regan ran for 17:07 to finish first overall in the 5k race. Junior Hannah Wright ranked 25th overall, giving the Bombers their best score with a time of 18:30.

The men's team as a whole finished fourth of 14 and the women's finished fifth of 14.

The Bombers will be on the road again Sept. 20 in Rochester, New York, to compete in the Rochester Yellowjacket Invitational.



Senior midfielder Brandon Glass kicks the ball during the men's soccer team's 1–1 draw over SUNY Geneseo on Sept. 13 at Carp Wood Field. The Bombers are 0–3–1 to begin the season.

YANA MAZURKEVICH/THE ITHACAN

FIELD HOCKEY BY JENNA HARNER

In its only game of the week, the field hockey team fell short against rival SUNY Cortland 3–1 on Sept. 10 in Cortland, New York. Junior back Caitlin O'Brien was the only Bomber to find the back of the net on the day, scoring in the opening five minutes of the game off a deflection. The goal was O'Brien's first since the Blue and Gold's home opener last year against Wells College.

Cortland dominated in shots, outshooting the Bombers 16–5, with two of the Red Dragon's three goals coming off penalty corners. The South Hill squad will look to improve on its 1-3 record by tying in new defensive formations with ones previously learned. Senior captain and back Sarah Pfeifle said adding upon a defensive core from last year is the key to winning important games.

"We are working out details in the new defensive formations that we have integrated this year into our former strategies," she said. "We will capitalize using all of these elements in future games to bring home significant victories."

Looking to secure their second win of the season, the Bombers will face St. John Fisher College on Sept. 20 in Rochester, New York.

Bomber Box Score: 9/10 Cortland, New York SUNY Cortland

3–1 Ithaca College

GOLF BY JAKE SIEGE

In its second contest of the season, the golf team captured its fifth straight Empire 8 Championship Sept. 13–14 after posting a team score of 640. At the end of the first round, the Bombers shot 323, which allowed them to enter day two of the championships with a significant lead ahead of the competition.

Senior Sharon Li recorded a three-peat after she had won the tournament on an individual basis the last two years. Li shot an impressive 76 in the first round and a 75 in the second round, allowing her to finishing the championships with a total score of 151,

earning first-place honors.

Senior Kelsey Baker said the entire team produced a strong result, which led to another E8 title.

"I am very happy with how the team played today," Baker said. "[Shooting] 320 is one of our goals for the year, and we had shot a 317 today with solid scores from everyone."

The South Hill squad will leave New York state for the first time this season from Sept. 20–21 when it tees off in the Mount Holyoke Invitational at The Orchards Golf Club in South Hadley, Massachusetts.

Bomber Box Score: 9/13–9/14 Empire 8 Championship 1st place Elmira, New York Team score: 640

WOMEN'S TENNIS BY MATT HORNICK

The women's tennis team continued its undefeated season with two road wins, defeating Elmira College 7–2 on Sept. 10 and Nazareth College 8–1 on Sept. 13.

Against Elmira, the Bombers won five of six singles matches, all in straight sets. In doubles play, the Blue and Gold won two of three games. Sophomore Haley Kusak led the strong performance by defeating Elmira freshman Kimberly Salkin 6–3, 6–3 in the No. 1 singles match.

Playing against Nazareth, the Blue and Gold showed few signs of weakness, as they won all six singles matches and two of their three doubles matches. Kusak and senior Allison Vizgaitis won their singles matches without dropping a game, 6–0, 6–0.

In their next matchup, the Bombers face the Houghton College Highlanders on Sept. 20 at the Wheeler Tennis Courts.

Bomber Box Score: 9/13 Rochester, New York

Ithaca College (4–0) 8–1 Nazareth College

Former Nationals runner recovers from injury

BY DAVID STERN

CONTRIBUTING WRITER

As a freshman in 2012, junior Sawyer Hitchcock produced a strong season for the men's crosscountry team that saw him earn Empire 8 Rookie of the Year honors. Even more impressively, he became the one of two Bombers to qualify for the NCAA Division III Men's Cross Country Championships.

Two years later, the Bombers have high expectations for the season as they look to continue a streak of four straight Empire 8 titles and improve upon a ninth-place finish at the NCAA Atlantic Region Championships last year.

Hitchcock is not only an integral member of an experienced group of returning runners, but is also bouncing back from an ankle injury he suffered midway through last season. Due to a bad step on a trail during a practice run, Hitchcock was forced to miss three weeks of the season while rehabilitating his sprained ankle. Senior captain Dennis Ryan said he believes Hitchcock's injury can't be attributed to any mistake the runner made.

"The injury he suffered last year was a freak accident, and there was nothing he could have done to prevent it," Ryan said.

The injury came at a pivotal point in the season when tournaments, such as the New York State Collegiate Track Conference Cross Country Championships, are held. These tournaments involve teams from across the region and are key to determining the runners that will make it to Nationals. Still

recovering from his ankle injury, Hitchcock was unable to compete in these tournaments last fall.

"It was definitely difficult mentally and physically to come back from the injury, especially since it was basically right into championship season," Hitchcock said.

Whether the injury could have been avoided or not, Hitchcock quickly began working with the team's trainers so he could get back to running. The athletic trainers immediately got Hitchcock on a rehab plan that focused on strengthening his ankle while relieving stress on his muscles. To do this, Hitchcock began a regimen of low-weight exercises that targeted his ankle, as well as training in the pool in order to take pressure off of his injured muscles. These exercises ranged from spelling out the alphabet with his foot to running through water.

Despite being forced to the sidelines, Hitchcock remained determined to get back to competing. Head coach Jim Nichols said he was impressed with Hitchcock's ability to stay focused and recover from his injury.

"Losing three weeks in the middle of the season would be hard on anyone, but Sawyer did a good job of staying focused on what he needed to do to get and remain healthy," Nichols said. "Many athletes with Sawyer's injury would have been out for the season. Because of his strength training, he lost only three weeks. But it did affect how his season would finish."

This summer, Hitchcock worked hard to prepare for his third season



Junior runner Sawyer Hitchcock trains during the men's cross-country team's practice at the Ithaca College cross-country course on Sept. 10.

JILLIAN FLINT / THE ITHACAN

as a Bomber. By keeping up with his ankle exercises and pushing himself to go on long runs and improve his times over the offseason, Hitchcock said he has made sure that his ankle is back to the shape he wants it to be in

"I had a great few months of training this past summer, and I definitely look forward to putting it to use this season with my teammates," he said.

Hitchcock is also determined to avoid repeating the mistake that

caused the injury.

"I still do ankle exercises from time to time just to keep it strong, and I'm sort of hyperaware of where my feet are on trail runs these days," he said.

Ryan said he believes Hitch-cock has put in the necessary work to have a healthy and productive season.

"He's always trained smart to avoid injury, and he's managed to get himself into incredible shape for this season," he said.

THE HOT STOVE

STEVE DERDERIAN

Empire 8 lacking proper opponents

If you reached into my T-shirt drawer and pulled one out randomly, you would have a 50/50 chance of pulling out an Empire 8 Championship shirt.

I've been on the winning Empire 8 Championship team nine times as a three-year member of the men's cross-country, and indoor and outdoor track and field teams. But I'm not here to brag about winning shirt after shirt. I think it represents a problem in the conference.

It is becoming more obvious that most Ithaca College teams have become too dominant and perhaps overwhelming as opponents in the conference. During the 2013–14 year, Bomber teams won 15 conference championships, which is roughly 60 percent of total championships contested each year.

Just look at the demographics of the Bombers' conference competition. Last year, the college's enrollment was 6,234 undergraduates, while the next-highest number in the E8 conference was St. John Fisher College with 2,959 undergraduates. To say there's a mismatch is an understatement.

I'm not discrediting the hard work of fellow Bombers, but there's clearly an advantage when the college's seven conference opponents have less than half the enrollment to draw from. I also realize that the conference is very competitive in some sports like softball, basketball and lacrosse, but ask almost any team during its preseason, and I'm sure it'll say winning the conference is a goal, if not an expectation. If it becomes an expectation for some teams, then winning the conference so easily can be a disadvantage come postseason time, given the lack of competitive games.

So why does the college stick around in the E8? One of the biggest reasons is football.

According to D3football.com, as of October 2013, the Empire 8 is ranked No. 5 out of 28 for best football conference in Division III. The E8 now has nine football teams, but Buffalo State College, SUNY Brockport, Salisbury University and Frostburg State University are all affiliates members just for football. Better yet, SUNY Cortland and Morrisville State University will become the next affiliates in the conference, meaning that less than half of the Empire 8 conference in football will have full-time conference members. Even if the college eventually decided to switch or realign conferences, the football program could stay in the E8, since the majority of its conference members are affiliates now, anyway.

This transition would likely create more intense conference postseason competition — though it's always nice to have some extra championship shirts to wear at night.

STEVE DERDERIAN is a senior journalism major. Follow him on Twitter @SteveDer26.

O-line provides leadership and stability on offensive side

BY KJ HAMMOND CONTRIBUTING WRITER

You won't typically find their names in the newspaper or their numbers in a highlight reel. They don't shine in the limelight or draw the attention of many cameras and fans. They're the guys up front where everything begins. They've been playing together for years, and now it's their turn to lead, by creating space for the running backs and protecting the quarterback.

The offensive line's starting unit comprises a strong group of experienced players in junior Scott Anderson and seniors Bobby Garone, Dylan Rampa, Zak Mysza and Andrew Benvenuto.

Right guard Benvenuto said the depth and veteran experience among the offensive line has benefited the team greatly.

"For Bobby, Dylan and I, we essentially started the last four years, and now we have another great opportunity ahead of us in which we are the leaders," he said. "We've gotten a great response from the team, and we had a great week one."

The Bombers faced off against Union College on Sept. 6 at Butterfield Stadium, a matchup that the Blue and Gold have won every year since 2009.

Also returning to the offensive side of the ball this year is Ryan Heasley, offensive coordinator and offensive line coach. Heasley is in his third year at Ithaca College.

Heasley said the offensive line is filled with players who have stepped into leadership roles and are willing to put in the work each day.

"To be any good at offense in football, you first need to have a good offensive line," Heasley said. "Having guys here who have so much experience is invaluable, and it's going to benefit us each week."

The Bombers defeated the Dutchmen



From left, senior outside guard Phil Meranda and senior outside tackle Dylan Rampa face off during practice on Sept. 11. The team will be taking on Hartwick College on Sept. 20 at Butterfield Stadium.

Jennifer Williams/

21–16, thanks to freshman running back Tristan Brown's 74 yards on 12 carries. Brown showed off his speed getting to the outside but gave praise to the offensive line ahead of him for creating running lanes for him.

"I give everything to the offensive line. I love them," Brown said. "The offensive line doesn't get as much credit, but if it wasn't for them, I wouldn't be able to run for any yards."

Benvenuto said the Bombers faced some tough teams down the stretch of the 2013 season, but the experience of the offensive line this year will push the team further.

"The extra nine months together with the same guys make the biggest difference," Benvenuto said. "Now we can run different concepts, run different plays and handle everything more fluidly."

Benvenuto said Heasley expects more than enough from the team and is its toughest critic.

"He makes sure we are never satisfied, which is huge because in college football, you only play so many games, and it's easy to get satisfied with a few wins," he said. "But he keeps us honest and makes sure we are always trying to get better every day, and that's why I love him the most."

Heasley's first year as offensive coordinator was the first time the Bombers made it past the first round in playoffs since 2004. This year, he plans to take the Blue and Gold further but is most concerned with what's happening in the present.

"I want to win the national championship, but first we have to win today," Heasley said.

Volleyball team reads book to encourage positivity

BY JONATHAN BECK

It's Wednesday afternoon, and the volleyball team strolls out of the Hill Center locker room and heads upstairs to Ben Light Gymnasium. As a swarm of gold shirts and blue shorts walk onto the court, some players feel the stress of schoolwork and grades. Others are concerned about the approaching cold weather. Forced to forget their problems, the team must find a way to stay positive and keep focused.

Over the course of the offseason, head coach Janet Donovan decided to proceed with a different approach to motivating her team than in previous years. She requested her players read international bestseller, "The Energy Bus" by Jon Gordon. The book details how to approach life with positive energy and thinking, which will eventually pass on to other people. Purely fictional, the main character George takes a ride on a bus and meets compelling individuals who share 10 rules on how to change his life and fix the problems he encounters.

"Do you have your ticket?" Donovan asks. The players proudly raise their arms with grins on their faces. The ticket, included as a part of the book, allows each player to create her own positive energy.

They each grab a volleyball and get into pairs, tossing around the ball as a warm-up. Soon enough, Donovan huddles up her players and tells them to practice hard and have fun by using their positive energy to motivate teammates.

Donovan said she got the idea of making the team read the book from a colleague after determining how to make the team more successful.

"[Softball head coach] Deb Pallozzi gave me the book and said, 'We did this back in 2002 when we won the national champion-



Members of the volleyball team high five during the Bombers' practice on Aug. 20 in Ben Light Gymnasium. The Blue and Gold are 7–3 to begin the season and 2–2 in home games.

ship," Donovan said. "The Atlanta Falcons had done it along with a lot of other college and pro teams, so we incorporated their principles and added our things, too."

Sophomore middle Siobhan Sorensen said she took a lot from the book, including how to eliminate the negative thoughts and focus on the positive.

"There is a list of 10 things to throw out of your mind, like negativity and bad attitudes, and to get rid of the bad habits and just let the positivity become you," Sorensen said.

The Bombers have shown a vast improvement as they stand at 8–3 on the season, their

best beginning to a season through the first 11 matches since 2007, when they began 9–2.

Donovan said the book has already impacted the players in the way they handle in-game situations.

"I've seen it in how the kids perform on the floor, how they come off the bench, how I can make a substitution and bring a kid off," she said.

Freshman outside hitter Joelle Goldstein said if the players applied what they've learned from the book out on the court, it would make the team stronger and work together better.

"The point behind it really applied to life itself and volleyball," Goldstein said. "It's easy to get down in volleyball, especially if a team gets on a run, but if we keep in mind the perseverance and focus that the character in the book had, it will keep us going and [become] more [successful] in the future."

The rookie has already made a lasting impact on the squad, leading the team with 92 kills and a .231 attack percentage.

Goldstein said volleyball is a mental sport and she has benefitted greatly from reading "The Energy Bus."

"I can see how it has helped me improve my confidence and improve my mental toughness," Goldstein said. "If you're going for a serve and you say, 'I don't know if I'm going to make this,' you're nine times out of 10 not going to make it."

Graduate assistant strength coach Skylar Rubalacaba said even though the book was not written directly for athletes, it could still be applied to an athletic setting.

"I think the book is a good motivational tool for the athletes," Rubalacaba said. "It teaches an athlete that they're in control of their situation, and if they have a positive attitude about things, they will have good, positive results."

Rubalacaba said each player could use the book to help the team stay encouraged and win.

"In terms of this team, it gives each of them an active role," Rubalacaba said. "Even if they are not playing all the time, they can still motivate their teammates."

At the beginning of the season, Donovan said she made it a goal of hers to construct a winning atmosphere based off the theories the players learned in the book. With the team's record so far, it seems to have paid off.

"I said to them, 'I'm out to create a positive, winning, unstoppable climate," Donovan said. "'Are you with me?' They said yes."



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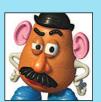
Top Tweets

The best sports commentary via Twitter from this past week



The Fake ESPN **@TheFakeESPN**

After new drug policy introduced, Josh Gordon's pot suspension expected to be reduced to only 4x the punishment for domestic violence.



Gourmet Spud @gourmetspud

"Have Adrian Peterson killed." "But Mr. Goodell, AP stands for..."

"DO AS I SAY!"



Chipper Jones @RealCJ10

Threw my phone away with my breakfast, in a trash bin, at the airport! Yep! Big, dumb redneck sifting thru garbage in middle of airport. Yay



SportsPickle @sportspickle

.@nflcommish Does this Twitter handle transfer over to the new guy or is this a personal account?



Kicking off the season

Extramural undergraduate Taylor Joyce looks to her teammates on the intramural outdoor soccer team, Balls Deep. Balls Deep faced off against With Ourselves on Sept. 14 at Yavits Field. The teams finished the game in a 2-2 tie.

UPSET of the week

The East Carolina University Pirates defeated the No. 17 Hokies of Virginia Tech 28-21 on Sept. 13 in Blacksburg, Virginia. On Sept. 6, Virginia Tech surprised the world as it upset the No. 8 Ohio State Buckeyes 35-21 in Columbus, Ohio. The Pirates had not beaten a ranked team on the road since 1996.



Weird news from the world of sports Former Indiana University basketball coach Bobby Knight was notoriously known for going overboard during basketball games, either by being loud on the court or physically abusing his players.

Knight totaled his car last month when he was driving home from a fishing trip on a highway in Wyoming by accidentally hitting a cow. Knight was uninjured in the accident, but gives a new meaning to the phrase "having a cow."

— Meghan Graham





"No, the fan took it out of his pocket. I know how sweaty my pockets are right now. I wasn't going in there."

During the second round of the 2014 Tour Championship on Sept. 12, the recent BMW Championship winner and professional golfer Rory McIlroy had an interesting fan encounter. While playing the 14th hole, McIlroy's tee shot went wide right, hit a tree and then proceeded to fall directly into a spectator's pocket. Officials approached the fan to inform him that he could not move, as McIlroy had to finish the hole at the direct place that the spectator was standing.

— Meghan Graham





Important moments in professional and Bombers sports history

on this DAY IN

PRO SPORTS HISTORY 1966

Mickey Mantle and the New York Yankees were facing off against the visiting Minnesota Twins in a tight game. The teams played until the 10th inning and eventually led to a Yankees loss, 5–3. Though the outfielder had been long gone from the game due to a jammed finger, Mantle made history during this game, recording his 1,500th strikeout — the most of any ballplayer in MLB history. He would finish his baseball career with 1,710 strikeouts.

BOMBERS SPORTS HISTORY 2006

The women's tennis team remained unbeaten with a 7-2 win against Empire 8 opponent Alfred University. The Blue and Gold recorded their 11th straight conference win, increasing their record to 3–0. Senior Melissa Walsh, junior Rachel Gunderson and sophomore Natalie Jenereski were the three double winners for the day. Walsh's win kept her undefeated and put her on the college rankings at 10th on the women's tennis career wins list. The Bombers finished their season 11–7.

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PHOTOFINISH CAPTURING THE BOMBERS AT THEIR BEST THURSDAY, SEPTEMBER 18, 2014

