

THE ITHACAN

THURSDAY, APRIL 28, 2016 • VOLUME 83, ISSUE 27



HOMETOWN GLORY

Former Ithaca locals formed alt-rock band X Ambassadors and will return to Ithaca on May 14. **Page 17**



MOVING FORWARD

Senior sprinter Eliza Dewart battles an injury but continues to excel in her last season. **Page 23**

MISSING THE MARK

The only SGA ticket's first go at its platform does not directly address issues of diversity and inclusion. **Page 9**

BY GRACE ELLETSON
STAFF WRITER

During the Fall 2015 semester, colleges and universities across the country were rocked by student protests addressing racial tensions on campuses. Ithaca College was also affected by these issues, and it is among many other institutions that are now trying to heal their communities while also facing losses in enrollment and retention.

Last fall, students at approximately 79 institutions issued demands for change to their institution's administration, according to TheDemands.org. Many of these institutions turned to heightening their initiatives to diversify students and faculty as well as to promote inclusion on campus. At least 10 colleges have also hired chief diversity officers, one of the fastest-growing positions in higher education, to help carry out these diversity commands.

Protests erupted at the college after a series of events, including tension between resident assistants and Public Safety officers, racially offensive comments made during the Blue Sky Reimagining Kick-Off event and a racially insensitive "preps and crooks" party planned by the unaffiliated fraternity Alpha Epsilon Pi.

The campuswide walkout and sit-in protests were organized by a group called POC at IC, which called for the resignation of President Tom Rochon. Rochon announced that he would retire July 1, 2017.

Ithaca College After the Protests

Since last fall, the college has implemented a number of initiatives to increase diversity and inclusion on campus by creating a chief diversity officer position, diversity workshops for staff, a Sakai site

See **PROTESTS**, Page 14

AFTER THE STORM

Colleges and universities have varying success addressing racial issues



Junior Tate Johnson addresses the crowd at an anti-racism rally held Dec. 11, 2015, at Free Speech Rock at Ithaca College. Students and attendees voiced their criticisms of President Tom Rochon for his inaction following several racially charged events that led to a campus climate that people of color said felt unsafe. Rochon was called to speak at the event.

SAM FULLER/THE ITHACAN

Contingent faculty unions follow nationwide trend

BY EVAN POPP
STAFF WRITER

The number of tenured and tenure-track faculty has fallen, as nearly three-quarters of faculty members in the U.S. are contingent — non-tenure-track faculty members — according to a 2015 *Forbes* article. Concerns about working conditions for these faculty members have led to an increase in unionization recently, with part- and full-time contingent faculty sometimes joining together in bargaining units.

The trend of contingent faculty unionization is part of a shift in higher education toward the increased use of non-tenure-track faculty. In 1969, 78.3 percent of faculty positions were tenure-track, and 21.7 percent were non-tenure-track, according to a 2013 report by the Association of Governing Boards of Universities and Colleges. By 2009, tenure-track positions made up 33.5 percent of faculty positions, while 66.5 percent of faculty members were non-tenure-track.

At Ithaca College, Rachel Gunderson, an instructor in the Department of Health Promotion and Physical Education, said together, part-time and full-time contingent faculty make up 40 percent of the faculty population. However, a request by the college's full-time

contingent faculty to join the existing part-time faculty union was rejected by the administration. In an email to *The Ithacan*, David Maley, senior associate director of media relations at the college, stated direct communication is "the best way to work together to find solutions." The college's full-time contingent faculty has since filed with the National Labor Relations Board to form its own union.

Mike Mauer, senior labor adviser for the American Association of University Professors, said it is relatively common for full-time contingent and part-time faculty to unionize together.

"It's not at all unusual," he said. "But there's a big asterisk here, which is depending on what law applies to the organizing, it's sometimes not a possibility."

For example, he said, in Ohio, there is collective bargaining — negotiations between employees, who are commonly represented by a union, and employers — regarding working conditions for full-time faculty, but part-time faculty members are not covered by the law.

At private universities and colleges such as Ithaca College, there are different laws, Mauer said. He said the 1980 Supreme Court decision *NLRB v. Yeshiva University* ruled that for the



Ithaca College full-time contingent faculty members and supporters pose in front of the Peggy Ryan Williams Center April 7 following a meeting with college administrators.

TOMMY BATTISTELLI/THE ITHACAN

most part, tenure-track faculty members aren't covered by the National Labor Relations Act, which gives employees in the private sector the right to unionize.

John Delaney, professor of business administration, organizations and entrepreneurship in the University of Pittsburgh's Joseph M. Katz Graduate School of Business, said this is because of the court's definition of the job of tenured and tenure-track faculty.

"Effectively, it said that faculty are, in a way, managers and supervisors, and therefore, they're not eligible for coverage under the National Labor Relations Act," Delaney said. "This would be the full-time, tenure-stream or tenured faculty."

Mauer said this impacts who unionizes at a private college or university, as usually only

See **UNION**, Page 15

NATION & WORLD

Egyptian deal with Saudi Arabia causes protests and 250 arrests

An Egyptian coalition of rights groups said April 26 that police arrested nearly 250 people during the previous day's protests in Cairo against the government's decision to hand over two Red Sea islands to Saudi Arabia.

Amnesty International condemned the arrests, the latest criticism of Egypt's human rights record under President Abdel Fattah el-Sissi by a leading international advocacy group.

All those detained were in custody by midnight April 25 when the front made its last tally. Many of the detainees are held inside security forces' bases.

The number of those still held could be lower since police have been intermittently releasing the detainees. It's unclear if anyone has been referred to prosecutors or formally charged with a crime.

On April 26, some two dozen people gathered outside the Press Syndicate in downtown Cairo to protest against the detention of journalists the previous day — 11 were arrested and later released — and what they called the police siege of the syndicate.

April 25's arrests, mostly in Cairo, followed the detention of nearly 100 people in pre-dawn house raids and roundups at cafes in downtown Cairo, a popular hangout for young, pro-democracy activists.

Michigan senators again reach deal on water crisis aid in Flint

For the second time in two months, the Senate has reached a bipartisan deal to address a water crisis in Flint, Michigan, caused by lead-contaminated pipes.

Democratic Sens. Debbie Stabenow and Gary Peters of Michigan said an agreement reached April 26 with Republican Sen. James Inhofe of Oklahoma would authorize \$100 million in grants and loans to replace lead-contaminated pipes in Flint and other cities with lead emergencies, as well as \$70 million in credit subsidies for loans to improve water infrastructure across the country. It also authorizes \$50 million nationwide to bolster lead-prevention programs and children's health.

The agreement is virtually identical to a deal reached in late February. That measure was attached to a broader energy bill, then derailed after Republican Sen. Mike Lee of Utah objected.

New York to triple intensive-care mental health units at Rikers

Mayor Bill de Blasio says New York City will triple the number of intensive-care mental health units at its Rikers Island jail complex.

The move, announced April 26, is part of the city's overhaul of mental health care for inmates.

Correction Commissioner Joseph Ponte says the specialized units can improve safety by reducing jail violence.

First lady Chirlane McCray says properly caring for inmates can help them become productive members of society.

LGBT protests lead to arrests in North Carolina's Statehouse

A day of protests and arrests around North Carolina's Statehouse marked what is likely to be weeks of impassioned debate over a law limiting protections for Lesbian, Gay, Bisexual and Transgender people.

Police arrested 54 protesters who came to voice opposition to the law late April 25 as



Armenians remember victims of massacre

About 15,000 people began a torchlight march April 23 to the hilltop memorial complex in the center of Yerevan, Armenia, dedicated to the 1.5 million Armenians massacred over a century ago by Ottoman Turks. Turkey, the successor to the Ottoman Empire, vehemently rejects that the deaths constitute genocide.

TIGRAN MEHRABYAN/ASSOCIATED PRESS

legislators returned to start their session. The arrests capped a day of dueling demonstrations that also included thousands of people who gathered to praise the law.

The state's top elected Republican leaders said they don't plan to repeal it, a stance likely to stoke further protests.

Dozens intent on disrupting lawmakers created a raucous atmosphere at the state legislative building following an afternoon rally.

Ken Jones of Swannanoa was among three dozen demonstrators who stayed to make noise long after the chambers gavelled out. He said he was encouraged by the fact that dozens were willing to risk arrest.

Chinese company to build mill for \$1 billion in South Arkansas

The Chinese company Shandong Sun Paper Industry Joint Stack Co., Ltd. announced plans April 26 for a \$1–1.3 billion bio-products mill in southern Arkansas.

Sun Paper officials were joined by Arkansas Gov. Asa Hutchinson to announce the project. Hutchinson said the project will create 250 jobs and is one of the largest private investments in Arkansas' history.

Sun Paper is one of China's largest privately owned paper-making enterprises, according to the company's website.

SOURCE: ASSOCIATED PRESS

MULTIMEDIA

THERE'S EVEN MORE MULTIMEDIA ONLINE.
VISIT THEITHACAN.ORG/MULTIMEDIA.



Lights, Camera, Money — PPECS Feature
Employees of Park Portable Equipment Center and Services talk about their job and the cost of the equipment that students use.

1-on-1 — Eli Gobrecht
Senior Eli Gobrecht, a men's lacrosse player, talks about his lacrosse career and his last season with the team.

FOLLOW US ON

- facebook.com/ithacanonline
- @ithacanonline
- @ithacanonline
- youtube.com/ithacanonline
- flickr.com/ithacanonline

THE ITHACAN

220 ROY H. PARK HALL, ITHACA COLLEGE
ITHACA, N.Y. 14850-7258
(607) 274-3208 | FAX (607) 274-1376

ITHACAN@ITHACA.EDU
WWW.THEITHACAN.ORG

EDITOR-IN-CHIEF
MANAGING EDITOR
OPINION EDITOR
NEWS EDITOR
NEWS EDITOR
ASSISTANT NEWS EDITOR
ASSISTANT NEWS EDITOR
ASSISTANT NEWS EDITOR
LIFE & CULTURE EDITOR
ASSISTANT LIFE & CULTURE EDITOR
SPORTS EDITOR
ASSISTANT SPORTS EDITOR
PHOTO EDITOR

KIRA MADDOX
EVAN SOBKOWICZ
KAYLA DWYER
FAITH MECKLEY
AIDAN QUIGLEY
KYLE ARNOLD
SOPHIA TULP
RAMYA VIJAYAGOPAL
CELISA CALACAL
ANGELA WELDON
DANIELLE ALLENTUCK
LAUREN MURRAY
TOMMY BATTISTELLI

ASSISTANT PHOTO EDITOR
ASSISTANT PHOTO EDITOR
MULTIMEDIA EDITOR
ASSISTANT MULTIMEDIA EDITOR
ASSISTANT MULTIMEDIA EDITOR
PROOFREADER
CHIEF COPY EDITOR
DESIGN EDITOR
ASSISTANT DESIGN EDITOR
SOCIAL MEDIA MANAGER
SALES MANAGER
CLASSIFIEDS MANAGER
ITHACAN ADVISER

SAM FULLER
YANA MAZURKEVICH
ROB HENRY
DAVID DORSEY
LUKE HARBUR
BEN GAYNOR
KRIS DINARDI
ALISON TEADORE
HAYLEY TARLETON
SARA KIM
LAWRENCE HAMACHER
MAX GILLILAN
MICHAEL SERINO

COPY EDITORS
Norah AlJunaidi, Annie Batterman, Brenna Brandes, Amanda den Hartog, Addison Dlott, Erin Dubots, Miranda Ella, Annie Estes, Sophia Hebert, Annika Kushner, Meghan Maier, Rose McDermott-Pinch, Tyler Obropta, Shakirah Ray, Robin Reiterman Curtis, Alexa Salvato, Katherine Segovia and Devon Tyler.

GOT A NEWS TIP?
Contact the News Editor at
ithacannews@gmail.com
or 274-3207.

VP candidates give presentations

BY MEREDITH HUSAR
STAFF WRITER

Four candidates visited the Ithaca College campus over the past two weeks to give presentations to the campus community for the open position of vice president for enrollment management. The current interim position is held by Gerard Turbide, who also applied for the position. The other three candidates are Dennis Craig, Sandra Starke and Kevin Williams.

Dennis Craig spoke about leadership methods, strategizing admissions and increasing retention rates during his visit April 18.

Craig has been the vice president for enrollment management and integrated marketing at SUNY Purchase since 2006.

Craig said one of his main objectives if chosen for the position would be to help the college achieve its goal of building its international student population through market research.

Regarding opportunities for diverse recruitment, he said the college needs to not only reach out to students but also establish strong relationships with the schools they are coming from.

Sandra Starke discussed increasing retention rates, diversity and overall student success during her visit to campus April 22.

Starke is the current vice provost for enrollment management at Binghamton University.

Starke said competition, affordability and demographic changes are some of the enrollment challenges she would try to create solutions for.

Starke said to increase diversity on campus, she would look at community-based organizations in larger cities to create pipelines for



Clockwise from top left: Kevin Williams, Dennis Craig, Gerard Turbide and Sandra Starke gave presentations for the open position of vice president for enrollment management at Ithaca College.

PHOTO STAFF/THE ITHACAN

students to come to the college. She also said she would use data to determine where minority students are located so recruiters could concentrate their efforts and build connections in those areas.

Kevin Williams presented on his experiences working in higher education and the visions he has for enrollment management at the college during an open forum held April 25.

Williams has been the vice president for enrollment management and retention at Talladega College in Alabama since August 2014.

Williams said it is important to deal with issues of diversity and inclusion directly and approach them as a learning experience for the campus community.

Williams said his mission for enrollment management at the college

is to develop an organization that recruits, admits and supports an optimal number of students, which ensures both the financial viability and academic goals of the institution. Williams also focused on retention, citing it as a significant part of overall student success and an important part of his approach to enrollment management.

Gerard Turbide spoke at an open forum held April 26 about his connection to Ithaca College and how he has helped to lead the institution through difficult times.

Turbide has served as the interim vice president for enrollment management since June 2015. Turbide said what is needed in the next vice president for enrollment management is someone who can engage the campus community directly in conversations about enrollment

decisions at the college to help lead to better campuswide understanding of the connection between enrollment challenges and the institution's financial challenges.

Turbide said the college needs to move its framework for enrollment management from a "pipeline" model, where students are funneled into the institution, to a continuous "stream," where students enter the institution at their own pace and remain connected to the college after graduation. Rather than dealing with enrollment as a numbers game, the "stream" approach focuses on the needs of students and maintaining relationships with alumni to increase overall enrollment and retention.

CONNECT WITH MEREDITH HUSAR
MHUSAR@ITHACA.EDU | @MERMAIDMERCY

Presidential search sees low turnout

BY ANA BORRUTO
STAFF WRITER

Spencer Stuart, the executive search firm tasked with finding applicants for the ninth president of Ithaca College, met with members of the campus community April 19. Consultants invited members of the community to participate in informational and feedback sessions; however, some of the open sessions had a low student turnout.

Ainsley Milner and Mary Gorman, two consultants from Spencer Stuart, held 16 sessions from 7:30 a.m. until 6 p.m. that consisted of both open and closed meetings with students, faculty, staff and campus and local community leaders, including the Student Government Association, the Faculty Council, the Council on Diversity and Inclusion, and the administration.

"It's a full day, and this is very much within what we do for this type of search," Milner said. "We're talking to all different kinds of constituencies on campus to sort of really get our arms around the climate, the sentiments and deeply understand the culture and community."

Only one student attended the open session from 1:10–2 p.m. in the Taughannock Falls Meeting Room. Another open session, held from 3:20–4 p.m. in Clark Lounge, had no attendees. Milner said this was expected with the student groups.

One session, held at 4 p.m. in Clark Lounge, was open to all three groups — faculty, staff and students — but only one faculty member attended the session.

In response to one student's attending any of the open sessions, SGA President Dominick Recckio said that after the events leading up to President Tom Rochon's resignation, many students have lost faith in the administration.

He also said students said they were unwilling to go because they were busy.

"I would love to see someone break down what it is students are doing that makes them so busy," Recckio said. "That needs to be explored because I think it's hurting this college so much, and no one's willing to tackle it."

Recckio said he begged senators to attend the open sessions at the April 18 SGA meeting, saying it is their obligation as representatives of the student body to stay involved in the presidential search process. He said the absence of senators at the open sessions is due to a lack of consistent expectations of the Senate, most of whose members were only inducted at the start of the semester.

"We lose senators, and we gain senators all the time," he said.

Milner said the feedback shared within these sessions was confidential, but the outcome was positive.

"We're certainly very engaged with all the groups we've met with," Milner said.

Meeting with different campus community members is the first step in the presidential search process. Milner said there is no set timeline yet, which is to be determined by the search committee. According to the presidential search website, there is no timeline for after April.

"We're still very much in the infancy of this search," Milner said.

Gorman said the consultants were going to report on "themes" garnered at the meetings.

"We want to report on what's going on in people's minds and what people's ambitions are," Gorman said.

Milner said the topic of diversity and inclusion was brought up in the session conversations. She said she is unsure how the protests from the Fall 2015 semester will affect the presidential search.

The consultants declined to any further comment about specific details of the search process.

Staff Writer Justin Henry contributed reporting to this article.

CONNECT WITH ANA BORRUTO
ABORRUTO@ITHACA.EDU | @ANABORRUTO

Rochon meets with Burch to discuss IC

BY SOPHIA TULP
ASSISTANT NEWS EDITOR

President Tom Rochon visited J. Christopher Burch '76, CEO of Burch Creative Capital and co-founder of the Tory Burch women's fashion label, at his resort in Sumba, Indonesia, in March to discuss how Burch's relationship with the college would continue.

Rochon said in a statement that he and Burch discussed the events from last fall. Burch came under fire after he made racially charged remarks at the Blue Sky Reimagining Kick-Off event Oct. 8, 2015.

"I was invited by alumnus Chris Burch to be a guest in March at his resort in Sumba, Indonesia," Rochon said in the statement. "During my visit, Chris and I were able to reflect on the events from last fall and discuss his longstanding relationship with Ithaca College. While our conversations were private, they were productive and helpful."

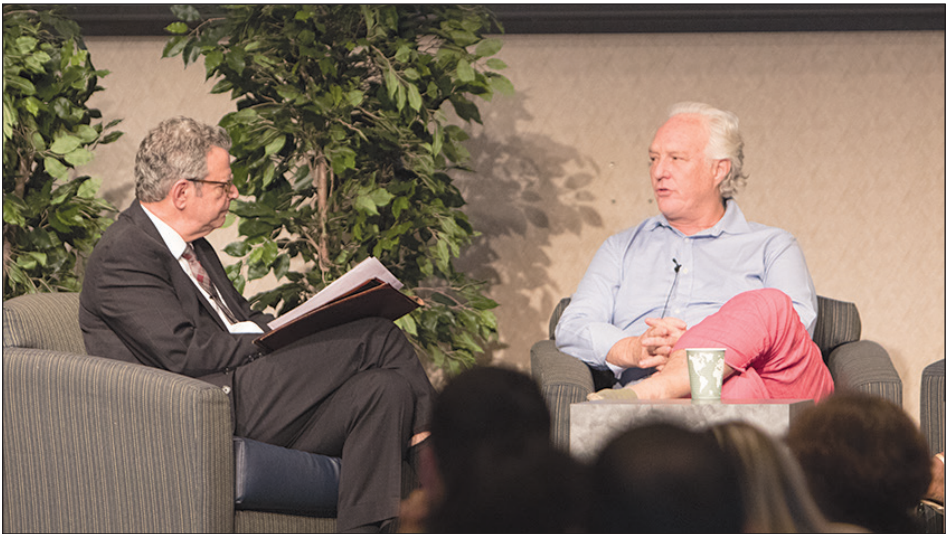
The college could not respond for further comment on the duration or nature of the visit, or how the college will move forward with its relationship with Burch. David Maley, senior associate director of media relations, said the college "does not disclose that kind of information about any employee's travel."

Burch's office at Burch Creative Capital could not be reached for comment after multiple attempts.

Warren Schlesinger, associate professor of accounting in the School of Business, said he was in attendance at the Blue Skies event in October and spoke to Sy afterward. Schlesinger said given Burch's apology following the event, it should be accepted by the community.

"I think all of us are entitled to make mistakes — the question is whether we learn and acknowledge our mistakes," Schlesinger said. "The college maintains a relationship with our alumni that should continue to be a learning relationship."

He also said he believes the campus community should move past the events last fall



From left, Bob Kur '70 and J. Christopher Burch '76, CEO of Burch Creative Capital, speak at the Blue Sky Reimagining Kick-Off event Oct. 8, 2015, where Burch made racial remarks.

JILLIAN FLINT/THE ITHACAN

since Burch gave an apology.

"Burch acknowledged that he created damage by his remarks — acknowledged it was not intentional on his part," Schlesinger said.

Asma Barlas, professor in the Department of Politics, said she thinks Rochon should announce what he and Burch discussed.

"I am kind of a bit horrified that the president would be going off on a junket to Indonesia in the middle of all else that's going on on our campus right now," Barlas said. "Until he is willing to share what he and Chris Burch talked about ... it just seems so extremely questionable and in very bad taste."

Barlas also said she wants to know why the college is continuing to pursue a relationship with Burch.

"It's not for me to say who should and shouldn't be donating to Ithaca College, but ... I would obviously want some kind of an explanation for what's going on and why the college is so invested in pursuing this particular alumni," Barlas said.

At the college, Burch funds an endowed scholarship — the J. Christopher Burch '76 Endowed Scholarship for Entrepreneurship and Innovation — which was awarded for the first time in 2015–16 and will be presented every four years, said Chris Biehn, vice president for institutional advancement and communication.

In addition, Burch funds both the School of Business' annual Business Idea and Business Plan Competitions. The prizes for first, second and third place are \$20,000, \$10,000 and \$5,000, respectively.

Representatives of the first-place winner of this year's competition, Malaika Apparel, spoke out against Burch's comments during protests in the fall. Malaika Apparel declined to comment due to its continued involvement in the New York Business Plan Competition, taking place April 29.

CONNECT WITH SOPHIA TULP
STULP@ITHACA.EDU | @SOPHIE_TULP



April 28, 2016

To All Ithaca College Students:

We would like to invite you to our traditional celebration for the last Friday of classes – IC Kicks Back. As always, this will be a fun and relaxing experience where you and your friends can create great memories. Besides the free food and a concert presented by the Bureau of Concerts, you can expect a variety of entertaining activities courtesy of several IC student organizations. IC Kicks Back will be held on **Friday, May 6th from 2:00 p.m. to 6:00 p.m. in the Campus Center Quad. There will also be an IC Community Brunch on Saturday, May 7th from 10:00 a.m. to 1:00 p.m. in the Terrace Dining Hall.** Look for advertisements about these events. Don't miss out on these fabulous traditions!

We also wanted to remind all Ithaca College students to act responsibly and be safe during these last days of classes. In particular, for those students who live off-campus in the Ithaca community or attend gatherings off-campus, we ask for your cooperation in insuring that a respectful and civil atmosphere is maintained and that the rights of our neighbors are not violated. In addition, please be aware that the New York State Medical Amnesty Law protects people (those who witness an overdose, those who suffer one, and those who call 911 related to the overdose) from being charged or prosecuted. This law was designed to encourage individuals to call 911 for help in an alcohol or drug related emergency, and we sincerely hope that you will not hesitate to do so.

As in years past, the Ithaca Police Department and the Sheriff's Office will have a "zero tolerance" policy in effect and will be arresting those who violate the law. In order to avoid legal problems and fines for yourself or student residents of the South Hill neighborhood, we urge you not to participate in non-sanctioned events. Local law enforcement agencies plan to vigorously enforce all local laws, particularly all alcohol laws including those related to underage drinking and open containers on and around the last day of classes and finals week.

Representatives from the South Hill neighborhood, Ithaca College faculty and administration, and the Student Government Association, encourage you to be safe and make good decisions.

Best wishes for a safe and productive end of the semester.

Sincerely,

Rory Rothman, Associate Provost-Student Life, Educational Affairs

Dominick Recckio, President, Student Government Association

Individuals with disabilities requiring accommodations should contact the Office of Educational Affairs at (607) 274-3113. We ask that requests for accommodations be made as soon as possible.

Senior wins business competition



Senior Rita Bunatal, fourth from left, accepts the \$20,000 first-place prize in the Business Plan Competition on April 17 on behalf of her company, Malaika Apparel, which is dedicated to empowering people of color. Malaika also won the Audience Choice award.

ANNIE ESTES/THE ITHACAN

BY ANNIE ESTES
STAFF WRITER

Malaika Apparel Co., a business created by Ithaca College senior Rita Bunatal, won the grand prize of \$20,000 and the Audience Choice award of \$500 at the third annual Business Plan Competition.

Malaika Apparel is a brand that is self-described as being dedicated to the empowerment of people of color through apparel. The second-place winner, which took home a prize of \$10,000, was FilmUp, a networking platform for institutions, students and professional filmmakers. Taking third place with a prize of \$5,000 was Sunshine Technology, an electrical audio signal modulating device for guitarists.

The Business Plan Competition took place April 19 in Emerson Suites, attracting approximately 50 attendees. The competition began as the Business Idea Competition in 2011 and has since encouraged students to expand upon their ideas and pursue the ideas on a more substantial level. The competition is funded by J. Christopher Burch '76, CEO of Burch Creative Capital. Burch came under fire after referring to Tatiana Sy '09 as "the savage" at the Blue Sky Reimagining Kick-Off event in October 2015.

Bunatal, who began the project of Malaika Apparel Co. about a year ago, said the brand's success can be attributed to the strong sense of community by which it is surrounded.

"This time, we were a lot more confident, and we were able to see our community, the Malaika Apparel community, come out and support," she said. "We are a big family. It was an amazing experience for us to be here and taking it in all together."

FilmUp CEO Aryeh Hoppenstein, a senior, said the Business Plan Competition was a one-of-a-kind experience and that he is looking forward to furthering his project with his winnings.

"The ultimate reward is being able to continue to work on this project, not to put money in our own pockets," Hoppenstein said.

Third-place winner senior Brandon Esteves, CEO of Sunshine Technology, said the winnings will be saved so he can eventually work on manufacturing and marketing the product.

Jerry Dietz, owner of C.S.P. Management, was one of the judges of the event. Dietz said judging for the Business Plan Competition focused more on the stability of the future plan of the business than the idea itself.

"For me, it was simply a matter of, we are giving somebody up to \$20,000, so I had to know

how that money would be spent," he said.

Dietz also said he hopes students gained valuable skills from the competition, regardless of placement.

The winnings of the competition will allow Malaika Apparel to make several expansions to the company, such as the addition of a children's line of clothing. However, Bunatal said she is most excited to use the money to be able to work more closely with members of the community who are separated by distance.

"I do live in Ghana, and to go back and ... have more of a stronger and sustainable partnership, I think is one of the most important things to me," she said.

Sophomore Ava Bryan, creative director for Malaika Apparel Co., said although the competition helped to be a financially driving force to reach the company's goals, Malaika Apparel was an established brand before the competition came along.

"Even if we walked out of the competition with only \$500, we would have been satisfied because we knew Malaika already won," Bryan said.

CONNECT WITH ANNIE ESTES
AESTES@ITHACA.EDU | @ANNIEESTES19

IC seeks new ways to bring in more funds

BY MEREDITH HUSAR
STAFF WRITER

Ithaca College is seeking new ways to generate alternative sources of revenue to keep tuition from rising. One of the ideas being developed is expanding the use of the campus by outside organizations and visitors in the summer.

The college already regularly hosts a number of conferences, camps and sporting events throughout the summer months, but this summer will be busier than usual to test the feasibility of this initiative.

Margie Malepe, director of Campus Center and Event Services, said in addition to the approximately 40 returning events, there are six new organizations scheduled to come to the campus this summer, including music groups and athletic events ranging from 30 to 600 participants. For some of the groups, the college is providing meals and housing in the residence halls.

Gerald Hector, vice president for finance and administration, said this summer will be a "stress-test" on the facilities and staff to find out

“Our net tuition isn’t growing, and our expenses are growing.”
— Gerald Hector

if increasing summer usage will be feasible, and if so, profitable.

"Our net tuition isn't growing, and our expenses are growing," Hector said. "In order for us to allow for our students to afford to come here, we have to continually be giving out more aid. So we have to find ways to get other sources of revenue into the institution. One of the things we have not been doing is utilizing our facilities in ways that can generate a revenue source."

Hector said the college is looking to work more closely with the Ithaca Convention and Visitors Bureau to bring in more guests, as the hotel space in the city is limited. He said the idea is that the bureau will alert the college when big groups or events are coming to Ithaca so it can reach out and see if people would consider staying on campus.

"Somewhere, somehow, we're going to have to figure out how to get our name out there," Hector said.

Malepe said another goal the college has is to increase usage of the Athletics and Events Center. It is working with organizations in surrounding communities, like Cortland, to make this happen.

Machell Phelps, executive director of the Cortland Regional Sports Council, said she has been working in partnership with the college for several years to attract opportunities to the region.

"Not all of them work for the Cortland area," Phelps said. "But rather than lose them to Buffalo or Long Island for instance, I would rather work with Ithaca College to see if we could bring the event to central New York."

There are a few obstacles to housing visitors; the residence halls are not air-conditioned. Another challenge is accommodating guests while simultaneously working on necessary maintenance and renovations to the buildings.

"We really juggle and work with facilities very closely to figure out how we can make them both happen," Malepe said.

Hector said this summer will be the pilot for future developments to this plan. He said it is a great idea but that there are still feasibility studies that need to be conducted to determine the limits of the campus facilities and staff, and exactly how much revenue can be produced through this initiative, before it can take root.

"I would say it's really going to be a two- to three-year process," Hector said. "It's going to have to mature on our campus. But you don't know if you don't try, so that's what we're doing."

CONNECT WITH MEREDITH HUSAR
MHUSAR@ITHACA.EDU | @MERMAIDMERCY

Sole SGA executive ticket presents platform

BY JUSTIN HENRY
STAFF WRITER

IC Office announced its platform for the 2016–17 Student Government Association Executive Board at the April 21 SGA platform speech night. Its platform focuses on a re-evaluation of the SGA, including efforts to improve transparency, accessibility, horizontal leadership and shared governance.

IC Office's candidacy marks the first time in three years a ticket has run uncontested. The ticket consists of sophomore Marieme Foote for student body president, freshman Ezeka Allen for vice president of business and finance, sophomore Michele Hau for vice president of academic affairs, sophomore Luis Torres for vice president of campus affairs and sophomore Dani Weinstein for vice president of communications.

Voting will commence via email and OrgSync on April 28 and 29.

In an effort to increase transparency, Allen said, the executive board plans to publish videos to inform the student body of opportunities the SGA offers, such as financial allocations to student organizations and the ability to propose a bill.

"I don't think everyone knows that anybody could write a bill," Allen said. "You don't have to necessarily be a senator."

For accessibility, Weinstein said she would publish a video series to update the campus community on weekly SGA progress.

In contrast with the present system of "vertical leadership," demonstrated by student leaders' having to approach the SGA for their resources, Foote said, they would create a culture of "horizontal leadership," where the executive board would reach out to student leaders. Allen said they would work to create a culture of interdependence among student leaders by including them in networking events.






"We're thinking about the SGA ball," Allen said. "We're thinking about changing that so it's not just about SGA — it's about the students doing different things on campus, so it's more inclusive that way."

Foote said it is important to them that student voices be taken seriously by staff, faculty and administration through a system of shared governance.

"We need to make it so that there is a culture on campus of having students really taken seriously and a part of those meetings where events get created," she said.

Foote said despite the ticket's uncontested candidacy, it would run a full campaign.

CONNECT WITH JUSTIN HENRY
JHENRY@ITHACA.EDU | @JSTNHENRY87

	MARIEME FOOTE Foote served as Senate chair in the 2015–16 school year as liaison on behalf of the Senate to the executive board. Her SGA career began when she was inducted her freshman year as Class of 2018 senator.	STUDENT BODY PRESIDENT POLITICS, ENVIRONMENTAL STUDIES SOPHOMORE
	EZEKA ALLEN Allen has served as senator-at-large since Fall 2015. Allen previously worked as a president's host and a dean's host. She said she takes inspiration from Evan Layne, current vice president of business and finance, to keep the SGA from going over budget.	VICE PRESIDENT OF BUSINESS AND FINANCE BUSINESS & ADMINISTRATION FRESHMAN
	MICHELE HAU Currently serving on the search committee for the college's next president, Hau previously served on the search committee for the dean of the School of Humanities and Sciences. She is also an Upfront editor for Buzzsaw Magazine. Hau has no prior experience in the SGA.	VICE PRESIDENT OF ACADEMIC AFFAIRS CULTURE & COMMUNICATION SOPHOMORE
	LUIS TORRES Torres was voted in as vice president of campus affairs at the Feb. 29 SGA meeting. Torres has been involved with the Latino student organization PODER and the mental health advocacy group Active Minds.	VICE PRESIDENT OF CAMPUS AFFAIRS DOCUMENTARY STUDIES & PRODUCTION, SOCIOLOGY SOPHOMORE
	DANI WEINSTEIN Having previously interned at BBC, Weinstein said her education in video production has equipped her to maintain SGA transparency to the student body. Weinstein has no prior experience in the SGA.	VICE PRESIDENT OF COMMUNICATIONS DOCUMENTARY STUDIES & PRODUCTION SOPHOMORE

IC senior to enter fashion industry to make changes

BY MAURA ALEARDI
STAFF WRITER

Ithaca College senior Gabriella Jorio is using her passions for art history and fashion to revolutionize the fashion industry and society's definition of beauty.

As a journalism and art history double major, Jorio's GPA qualified her to be a member of the Lambda Pi Eta National Communications Honor Society. She said her professor elected her to be the vice president and asked her to speak at the honors ceremony in Spring 2015. She no longer serves on the executive board, as the position is renewed each year, she said.

One of Jorio's professors, Matt Mokegwu, associate professor and chair of the journalism department, said she is a conscientious student who offers "invaluable contributions" during class. While he does not choose the members of the National Communications Honor Society, he said he can understand why she was chosen.

"One thing that makes her stand out is her willingness to learn," Mokegwu said. "I recognize her as a student who is not ashamed to accept that she doesn't know because she wants to know."

She also spoke at the 2015 Art History Senior Symposium as part of her exhibition seminar with Jennifer Jolly, associate professor and chair of the art history department. The class curated a show in the Handwerker Gallery called "As They Saw It: The Easby's Collection of Pre-Columbian Art," featuring objects

collected by art scholars Dudley and Elizabeth Easby in the mid-20th century. In preparation for the curation, Jolly said, she invited artist J. Morgan Pewitt to host a workshop to help the students plan the show. Pewitt encouraged the class to come up with games that would prompt ideas and inspiration, Jolly said.

Jorio said she set up a game that required the students to use the objects in the collection as place settings on an imaginary kitchen table. This carried over into the final exhibit, which portrayed the objects as a representation of the Easby's home. Jolly said this project showed Jorio's creative talents.

"She was absolutely game to throw herself into another totally different school of thought and a totally different way of approaching objects, and that was really exciting," Jolly said.

After graduation, Jorio will intern at the Andrew Kreps Gallery in New York City. She said she plans to attend graduate school in Paris to study fashion and eventually become a style editor at a magazine. Fashion has always been a big part of her life, she said.

Despite developing an eating disorder from the pressures of the fashion industry, Jorio still plans to enter the industry as a style editor, hoping to combat negative stereotypes about women.

Jorio said she developed anorexia nervosa at age 18 after a few meetings with a modeling agency, during which she was told to lose weight. The agency scouted her at age 15, then asked her to



Senior Gabriella Jorio first entered the fashion industry at age 15, and after developing an eating disorder from the pressure and regaining health, she says she wants to go back and change society's idea of beauty. CONNOR LANGE/THE ITHACAN

come back at age 16 so she could travel overseas. When she hadn't returned by age 17, she grew guilty of her decision and started dieting. When she was 18, she began therapy to combat the disorder, but after little success with the therapist, decided to try getting better on her own, she said. She turned to yoga, which focuses on respecting the body, stopped weighing herself and has been healthy ever since, she said.

"It definitely made me really strong," she said. "The thing about eating disorders is it's a mental disorder, and they don't really go away. It's just something that's always going to be in you. I have to be really careful about

dieting and weighing myself. I never weigh myself because I don't want to get back into the habit."

At first, Jorio said, she debated ditching her fashion career because of the negative experience she had with modeling, but she said she realized she can make more of a difference as part of the industry while still pursuing her passion.

"I want to be a spokesperson for women who don't have the ideal body," she said. "I think that there needs to be a lot more people like that because I don't think people have the confidence or the courage to speak up against the fashion industry. It's easy to write about

it on blogs and stuff like that, but it's one thing to be in the industry and talk about it."

Kyla Ohayon, Jorio's hometown best friend since age 3, said Jorio has grown from her struggle with anorexia and that it has made her into a driven, persistent person.

"She's been able to do a lot internally and with herself, which shows her strength in being able to overcome these hard things that she's had and without even reaching out to other people," she said.

CONNECT WITH MAURA ALEARDI
MALEARDI@ITHACA.EDU | @MAURABUGARA

Hours for student workers may decrease as wages rise

BY DANIEL HART
STAFF WRITER

The New York state minimum wage increase at the beginning of this year boosted pay from \$8.75 to \$9, and Gov. Andrew Cuomo has plans to increase the statewide minimum wage to \$15 by 2021. For many student employees, that could mean a higher hourly rate but a decrease in hours.

When the first minimum wage increase from \$7.25 to \$8 at the start of 2014 was announced, Gerald Hector, vice president for finance and administration, said it would significantly help student employees with expenses while not affecting the college's finances. Since then, the statewide minimum wage has increased steadily and is now at \$9.

Hector said the college does not yet have a comprehensive plan for how the future minimum wage will be factored into the budget.

"Every time the minimum wage moves, the budget has to be adjusted," he said. "So the question then becomes, 'Can we continue to just keep growing that number?' ... 'Do we need all these jobs?' That's a discussion we're going to have to have."

Some colleges and universities, including the University of Washington, Columbia University and New York University, have implemented plans to gradually increase the minimum wage to \$15 over several years in response to demands made by students.

At NYU, student organization New York University's Student Labor Action Movement spent the past year protesting for the university to raise its minimum wage to \$15 and providing ideas on how the college could afford to do so. On March 24, university President Andrew Hamilton announced a plan to increase the university's minimum wage to \$12 next school year, then to \$13.50 the following year and finally to \$15 in the 2018-19 school year.

Hector said schools like NYU and Columbia University, with endowments in the billions, compared to the college's endowment of \$289

million, can more easily set aside money for accelerated plans to increase student wages.

"We don't have that luxury here, so we're going to have to be dealing with this as the laws are passed," he said.

Senior Drew Erskine, who works at the Athletics and Events Center, said he does not feel his current wages are enough to significantly help him pay for college. He said his pay has gone from \$9.25 to \$9.75, well above the minimum wage, but not what Erskine feels is enough to make a dent in his tuition.

"I feel like it's not really noticeable," he said. "If I were getting \$15 an hour for this ... I'd be saving a lot more than I would normally be saving."

As the minimum wage continues to increase, many students may see a decrease in hours, said Beth Blinn, student employment manager.

"As far as the departments deciding what they do, they have a lump sum of money in their budget," she said. "What they do with that and how they allocate that out, there may be offices that they have to increase their student wages, so they have to limit the amount of hours a student can work."

Ben Hogben, manager of access services in the library, said he has reduced the number of students working at the circulation desk during the quietest hours of the day from two students to one to accommodate for the minimum wage increases.

Senior Eddie Dowd, who works at the tech help desk in the library, said he received fewer hours this semester, but the pay increase helped soften the blow. He said he is a proponent of the increase.

"It's a very modest increase. It's nothing huge, but we're happy that we get it," he said. "It definitely does make a difference, and I got less hours this semester, but because of the increase, my paycheck didn't get hurt too much."

Peter Schlough, manager of mail services at the college, said the department employs



Freshman Samuel Quinones works at the Cafe @ the Park School, located in the lobby of Roy H. Park Hall. Student employees may see a cut in hours with a higher wage. ALEXIS LIBERATORE/THE ITHACAN

about 35 students and has little financial room to cut back on hours under the current system for handling mail, which requires many employees to sort and transport mail to all seven mailrooms across campus, including the Phillips Hall Post Office and the Mail Center.

Schlough said he would like to see a central station for all mail on campus, increasing efficiency and decreasing the need for so many employees.

Christy Agnese, school operations and external relations officer for the School of Music, said there will not be cuts to student jobs within the school. Diane Gayeski, dean of the Roy H. Park School of Communications, said she did not anticipate any cutback of student employee hours due to minimum wage increases.

Jeff Scott, general manager for Sodexo at the college, declined to comment on how cuts

to student employment hours might affect the dining halls and retail locations.

Freshman Timothy Kaiser, who works at the multimedia desk in the library, said he likes Cuomo's plan to increase the minimum wage, particularly because he believes it will give student employees pay that is more competitive.

Erskine expressed concern that the proposed increases will be too gradual to compete with inflation. He said he has already seen his rent increase from last year, more or less evening out his increase in pay.

Dowd said he is curious to see how the future changes will affect the state and hopes to see real results.

"I want to see if it costs jobs. I want to see how it affects the economy," he said.

CONNECT WITH DANIEL HART
DHART1@ITHACA.EDU | @DANIEL_L_HART

COLLEGE

Students awarded scholarships and will attend NYC ceremony

Students at Ithaca College were awarded six of 22 scholarships by the New York Women in Communications Foundation. These recipients are freshman Anna Gardner; sophomores Laura Amato, Katie Baldwin and Alison Hartley; and juniors Allison Latini and Gabrielle Reese. They will be recognized April 25 at the annual Matrix Awards at the Waldorf-Astoria in New York City. More than 1,000 people from the communications industry are expected to attend.

The event will feature Matrix Awards winners and presenters, including Katie Couric, Nancy Dubuc, Lena Dunham, Bonnie Hammer, Liz Kaplan and Gloria Steinem, among many others.

The New York Women in Communications Foundation is the largest foundation for communications scholarship for women in the United States.

IC School of Business receives national ranking from Bloomberg

The Ithaca College School of Business has been recognized for the first time as one of the top 100 undergraduate business schools in the nation by Bloomberg Businessweek. It was revealed April 19 that the school ranked 87th nationally and sixth in New York state.

Bloomberg surveyed nearly 30,000 students and recruiters at almost 600 companies to compile its ranking, which is intended to help guide prospective college students and their families in choosing the right business program.

College to host film screening depicting life of Holocaust survivor

“The Lady in Number 6: Music Saved My Life” will be screened 7–8:30 p.m. April 28 in Textor 102. This event is presented by the Ithaca College Gerontology Institute in partnership with Hillel at Ithaca College and the Department of Jewish Studies.

“The Lady in Number 6: Music Saved My Life” is about 109-year-old Alice Herz Sommer, the

world’s oldest pianist and holocaust survivor. In the film, Herz Sommer shares her views on how to live a long, happy life and discusses laughter, music and how to remain optimistic. The film features photographs and rare footage. Those interested can view the official trailer at <http://bit.ly/1VKpS1Y>.

This event is free and open to the public.

Health Center to give massages to help with stress from finals

The Center for Health Promotion is teaming up with A Massage Station of Ithaca to provide chair massages to Ithaca College students. There will be a massage day from noon to 5 p.m. May 10. These chair massages are intended to help students manage stress during finals week. They cost \$1 per minute, and sign-ups are available. The maximum time for a massage is 30 minutes. Students can prepay using PayPal or credit card. This event will take place in the Center for Health Promotion on the lower level of the Hammond Health Center.

Ithaca College Staff Council seeks nominations for trustee

The Ithaca College Staff Council is seeking nominations for staff members interested in serving a three-year term as the staff trustee on Ithaca College’s Board of Trustees. The staff trustee is a fully participating and voting member of the board of trustees.

Nominations should be directed to staffcouncil@ithaca.edu by 5 p.m. May 11, with a formal statement of interest.

The staff trustee position begins on June 1. The trustee is expected to share the staff perspective with the board. There are three scheduled trustee meetings each year in February, May and October.

There may be additional meetings called as necessary, including those for individual committees. The trustee may be asked to attend other meetings and events on campus when appropriate.

Trustees also march in Commencement and Convocation each year.

The staff trustee is expected to participate in full board meetings as well as sit on two additional committees. The trustee may submit preferences for committees, but placement is not guaranteed. Committee membership is re-assigned each year.

The current committees are Audit; Buildings and Grounds; Compensation and Assessment; Educational Affairs; Enrollment and Communications; Institutional Advancement and Campaign; Finance; Investment; and Governance.

Cornell arboretum to host event

There will be free tours of the F.R. Newman Arboretum at Cornell University to celebrate Arbor Day from noon to 1:30 p.m. April 29. The F.R. Newman Arboretum covers 100 acres, has two large ponds and has a number of footpaths and scenic views. A tour guide arborist will show visitors examples of native trees and other species from similar climate zones around the world.

The Arboretum is located at 1 Plantations Road. This event will continue regardless of the weather.



West Tower hosts event to help stress relief

Freshman health science major Nicolas Cecchini pets a dog on the floor of a West Tower lounge as part of a stress-relief event April 24 called West Tower De-Stress Fest. Students were encouraged to attend to gain engagement points, and the event featured free massages, Purity ice cream and yoga in addition to dogs for petting.

SAM FULLER/THE ITHACAN

Public Safety Incident Log

SELECTED ENTRIES FROM APRIL 4 TO APRIL 9

APRIL 4

OFF-CAMPUS INCIDENT

LOCATION: All Other
SUMMARY: Caller reported person made threatening phone calls. Officer advised person to report incident to law enforcement agency of jurisdiction. Master Patrol Officer Chris Teribury.

MOTOR VEHICLE ACCIDENT

LOCATION: F-Lot
SUMMARY: Caller reported two-car property damage motor vehicle accident. A report was taken. Master Patrol Officer Chris Teribury.

V&T LEAVING SCENE

LOCATION: Textor Circle
SUMMARY: Caller reported an unknown vehicle damaged vehicle and left the scene. Investigation pending. Sergeant Tom Dunn.

CRIMINAL MISCHIEF

LOCATION: Whalen Center
SUMMARY: Caller reported unknown person damaged sign on bulletin board. Investigation pending. Sergeant Tom Dunn.

ASSIST COUNTY SHERIFF

LOCATION: Danby Road
SUMMARY: Multiple callers reported two-car motor vehicle accident with unknown injuries. Officer reported one vehicle has person entrapped. Ithaca Fire Department freed person

from vehicle and person declined medical assistance from ambulance staff. Officers assisted with traffic, and Tompkins County Sheriff Deputy investigated accident. Sergeant Tom Dunn.

APRIL 5

SCC DRUG VIOLATIONS

LOCATION: Terrace 2
SUMMARY: Caller reported odor of marijuana. Officer judicially referred one person for drug violations. Patrol Officer John Tagliavento.

MOTOR VEHICLE ACCIDENT

LOCATION: Lyceum Drive
SUMMARY: Caller reported one-car property damage motor vehicle accident occurred April 4. A report was taken. Master Patrol Officer Bruce Holmstock.

MEDICAL ASSIST

LOCATION: Rothschild Place
SUMMARY: Complainant reported falling on ice at bottom of stairs and injured back and leg. Person declined medical assistance. A report was taken. Master Patrol Officer Dan Austic.

CRIMINAL MISCHIEF

LOCATION: Grant Egbert Blvd.
SUMMARY: Officer reported unknown person damaged blue-light phone. Investigation pending. Patrol Officer John Tagliavento.

APRIL 6

OFF-CAMPUS INCIDENT

LOCATION: All Other
SUMMARY: Caller reported person feeling depressed and having suicidal thoughts. Officer contacted Ithaca Police Department. A report was taken. Master Patrol Officer Don Lyke.

MEDICAL ASSIST

LOCATION: Park Hall
SUMMARY: 911 Center reported person having a seizure. Person was transported to the hospital by ambulance. Fire Protection Specialist Enoch Perkins.

APRIL 7

UNLAWFUL POSSESSION

LOCATION: Grant Egbert Blvd.
SUMMARY: Officer reported vehicle stopped for inadequate headlamps, and officer found marijuana. Officer judicially referred one person for unlawful possession of marijuana and issued a warning for inadequate head lamps. Patrol Officer John Tagliavento.

PETIT LARCENY

LOCATION: Williams Hall
SUMMARY: Caller reported an unknown person stole their headphones April 4. Investigation pending. Patrol Officer Lance Clark.

V&T LEAVING SCENE

LOCATION: O-Lot
SUMMARY: Complainant reported unknown vehicle damaged parked vehicle and left the scene. Investigation pending. Patrol Officer Waylon DeGraw.

APRIL 8

UNLAWFUL POSSESSION

LOCATION: Circle Apartments
SUMMARY: Caller reported person having allergic reaction after smoking marijuana. Person transported to hospital by ambulance and judicially referred for unlawful possession of marijuana. Patrol Officer Lance Clark.

PETIT LARCENY

LOCATION: K-Lot
SUMMARY: Complainant reported unknown person stole parking permit and jacket from vehicle. Investigation pending. Master Patrol Officer Don Lyke.

FIRE ALARM

LOCATION: Circle Apartments
SUMMARY: Simplex reported fire alarm. Activation caused by cooking. System reset. Fire and Building Safety Coordinator Charlie Sherman.

FIRE

LOCATION: Emerson Hall
SUMMARY: Caller reported control knob fell inside heater, causing fire.

Fire extinguished itself. A report was taken. Fire Protection Specialist Max Noble.

APRIL 9

SUSPICIOUS CIRCUMSTANCE

LOCATION: East Tower
SUMMARY: Caller reported unknown person left aerosol cartridges. Investigation pending. Patrol Officer Mayra Colon.

SCC OPEN ALCOHOL

LOCATION: Emerson Hall
SUMMARY: Officer reported person with open container of alcohol and person slightly intoxicated. Officer judicially referred one person for open container. Patrol Officer John Tagliavento.



CRIMINAL MISCHIEF

LOCATION: Clarke Hall
SUMMARY: Caller reported an unknown person damaged glass in door. Investigation pending. Patrol Officer John Tagliavento.

For the complete safety log,
go to www.theithacan.org/news.

KEY

SCC – Student conduct code
V&T – Vehicle and Transportation
AD – Assistant Director
IFD – Ithaca Fire Department



— LIMITED TIME ONLY —

Amazing Sizzling Steaks.




We have fired up the grill and it's prime time to experience the sizzle of your favorite steak. We have all the classic cuts including:
6oz Filet, 12oz New York Strip and 12oz Rib Eye steaks grilled to perfection with scrumptious sides.

GET YOUR GRILL ON!


Campus Center Dining Hall

Swipe + \$8

If you are not on a Meal Plan,
it's the cost of dinner
+ \$8.00



Cash, Bonus Bucks, ID Express accepted!



It's basically all of us...

Mental health disorders are common.


An estimated 26% of adults have one each year, so that's:

One of every four adults

- (e.g., Major Depressive Disorder, not "feeling depressed")
- One of every two adults will have one at some point

At Ithaca College:

- 9 in 10 students felt so overwhelmed it was hard to function
- 4 of 5 students say they would seek mental health care
- One out of six students comes to IC Counseling & Psychological Services at least once each school year
- One out of four comes at least once before graduation



ITHACA COLLEGE
Center for Counseling and Psychological Services

ALL STUDENTS WHO PLAN TO STUDY ABROAD THIS SUMMER or FALL...

IMPORTANT!



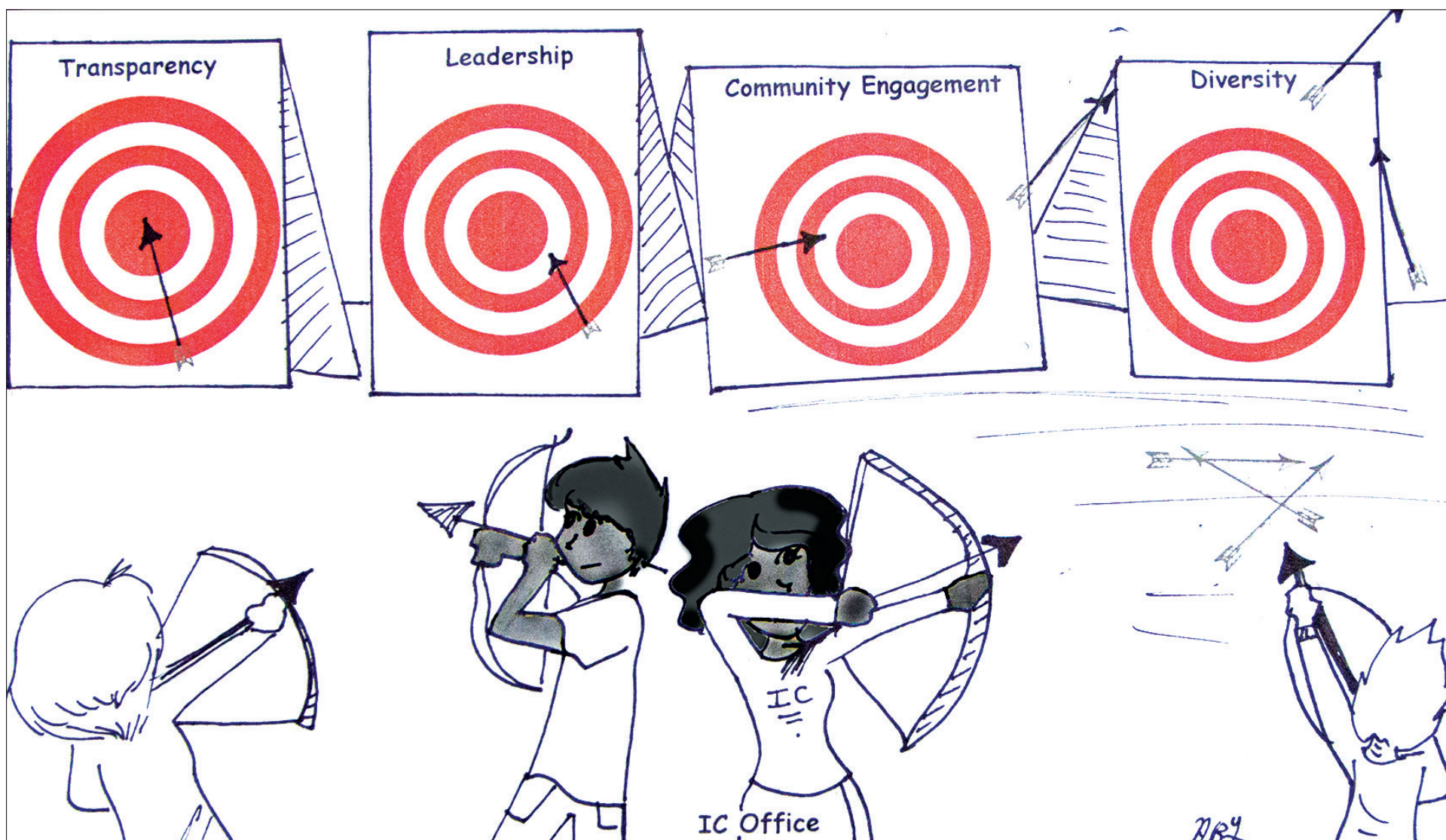
IF YOU HAVE NOT YET SPOKEN WITH SOMEONE IN INTERNATIONAL PROGRAMS ABOUT YOUR SUMMER/FALL STUDY ABROAD PLANS, PLEASE CONTACT US IMMEDIATELY TO SET UP AN APPOINTMENT!

Any student* who will be studying abroad on an **affiliated** or **non-affiliated** program for the SUMMER or FALL 2016 must complete and submit IC study abroad paperwork. This paperwork is required in order to receive credit or financial aid for your study abroad program.

If you will be studying abroad but have not yet been in touch with the Office of International Programs, contact us at 274-3306 or studyabroad@ithaca.edu right away!

*This deadline pertains only to students studying on an exchange, affiliated or non-affiliated program, not to those studying at the Ithaca College London Center or on IC summer programs.

For more information, contact Int'l. Programs ~ Job Hall, 2nd floor ~ 274-3306



ALLISON LATINI/THE ITHACAN

EDITORIALS

Uncontested SGA ticket fails to address diversity

The sole Student Government Association Executive Board ticket in this year's election hits on some key weaknesses of the SGA regarding community engagement, but it initially misses a key point that this community cares about: its stance on diversity and inclusion initiatives.

The overall theme of IC Office's platform — the re-evaluation of the SGA — is a justifiable focus considering the productivity and attendance issues that the SGA has had this year. It is abundantly clear that the SGA needs to figure out its role on campus and its relationship with the student body.

IC Office's plans to connect to students through informative videos would be a good step toward better engagement, but simply putting videos out there is not guaranteed to have the desired effect of having students learn more about the SGA proceedings. A good community engagement strategy should involve a plan for how the videos will attract students and provide platforms for feedback.

The group also proposes a horizontal leadership style whereby the SGA leaders would reach out to student organizations, rather than student organizations' reaching out to the SGA,

for funding. This better fulfills the SGA's goal of initiating contact more with the student body, for whom setting up funding meetings is often cumbersome and time consuming.

It is prudent of IC Office to recognize that votes of no confidence are possible, which has been proved by many groups on campus. By running a full campaign regardless of the lack of competition, the ticket is acknowledging that it cannot take leadership for granted.

It is paradoxical, though, that with this recognition of the power of a no confidence vote comes no mention of issues of diversity and inclusion upon initial drafting, which fueled these votes.

This ticket should make clear what it will do to address these issues, celebrate diversity and incorporate a more influential student voice into the decision-making process on campus.

The uncontested ticket — indicative of the lack of interest in the SGA this year — has an opportunity to build upon the momentum garnered over the past two semesters with regard to racial issues on campus. It is past time to make sure these issues are grabbed hold of and to develop specific strategies to present to the body the SGA represents.

Title IX funding will allow proactive role on campus

Ithaca College has taken a step forward by deciding to set a concrete budget for the Title IX office, which has, in the past, been an office mostly unknown to the student body until times of crisis.

The Title IX office, which handles complaints of sexual harassment, sexual assault and discrimination, should occupy a greater role than as an adjudicator when issues arise. It should also be a leader in educational programs on sexual assault and discrimination issues. This is a step in that direction.

Allocating money to this office on an as-needed basis is likely to limit the office's capabilities to just handling problems and assault cases. With an actual budget, the office can be accountable for allocating funds to educational programming, faculty and staff training sessions, and awareness campaigns. Plans to expand into these areas more are already in the works: Title IX Coordinator Tiffani Ziemann said the office will work with the Student Government Association in the fall to create a Title IX committee, and the One Love Foundation from the University of Virginia will partner with the Office of Intercollegiate Athletics to foster awareness programs and campaigns.

Currently, the Title IX office does not play a very proactive role on campus. On March 4, Ziemann sent an email to the campus community with an update on the Sexual Harassment and Assault Response & Education initiative. The email listed procedures for confidential reporting and information about campus resources and students' rights. The crux of the email, however, was informing students about the legislation Gov. Andrew Cuomo signed in July 2015 requiring all colleges in New York state to adopt comprehensive affirmative consent policies and procedures.

But the delay — more than a semester and a half later — caused a stir among some students who expressed frustration at the timing and the medium of the message. This information would have been better and more effectively dispensed in the form of in-person sessions.

Now, the college has afforded the Title IX office the flexibility to create more of these programs, collaborations and resources that will position the office in a more proactive role. It is essential that the campus community always be on the same page regarding these intimate issues, and the Title IX office can be at the forefront of this initiative.

Letter to the Editor

Be heard in print or on the Web.



Send a letter to the editor to
ithacan@ithaca.edu.

Letters must be 250 words or fewer, emailed or dropped off by 5 p.m. Monday in Park 220.

Guest Commentary

Individuals or groups interested in submitting a guest commentary can send their writings to **ithacan@ithaca.edu** or to the Opinion Editor at **kdwyer1@ithaca.edu**. All commentaries must:

1. Convey a clear and concise message.
2. Be written by an individual or group who has an educated opinion or is an authority on a specific subject.
3. Be between 500-650 words. Whether more or less space is allotted is at the discretion of the editor.

Comment on any story at **theithacan.org**.



INTO
IDENTITY

NURIA HUNTER

Hi, I'm a black nonathlete

At 8 years old, I towered at 5 feet and 5 inches. I was the clumsiest girl you've ever met, but I had brown skin and long legs. Thus, the stereotypes began rolling in immediately. In middle school, I was scouted for the basketball team before I could quietly explain that I didn't have time for sports because I was too busy with band practice.

The coincidences were lost on me until I got to high school, the first time that I finally had the vocabulary to associate what I was feeling with how I was being treated. Freshman year, I was stopped and asked by the basketball coach, track coach and softball coach if I was interested in playing for a team. So persuasive were the arguments that I played a season of softball, and it was the worst time of my life — I was absolutely horrid at every aspect of softball. One day, one of my white teammates stated frustratingly, "It doesn't make sense. You should be better at this." This stopped me in my tracks. No doubt due to the combination of my long legs and black skin, I should've been the team's MVP.

It is almost comical the way that microaggressions can be so ingrained in our culture that we don't understand why they are insulting. The assumption that I'm a powerful athlete seems like a compliment until we take a step back to analyze the relationship that America has with abusing and exploiting bodies of color.

This black athlete stereotype haunts me continuously to this day. In a country in which black people have reclaimed dignity through their rise in sports and athleticism, what so often is a source of pride for African-Americans became a hot-button topic for me. I wanted nothing more than to be removed from sports altogether. The imbalanced ratios of African-Americans' being a majority on the court or in the arena while being a minority population in the country had a direct influence on how I was going to be treated growing up in north-central Pennsylvania. How would I have reacted to all of these advances and assumptions had I been a natural-born athlete? Would they have rolled off my back or even been appreciated? I'll never know. All I can do is continuously struggle with battling the athletic stereotypes presented to me while retaining the pride that I have of the strides that black athletes have made.

INTO IDENTITY is a column about identity issues written by Frances Johnson and Nuria Hunter. **HUNTER** is a senior communication management and design major. Connect with her at nhunter2@ithaca.edu and @NuriaSerene.

GUEST COMMENTARY

High stress college model is unsustainable

BY FAITH MECKLEY

I drove myself to freshman orientation on a sunny summer day in 2013. As Route 96 turned downward and I descended into the valley, the view of the city and Cayuga Lake opening up in front of me, my iPod decided it was an appropriate moment to play "Paradise" by Coldplay on shuffle. In that moment, I felt like I had found paradise.

As a junior experiencing depression, that day feels far away. I am in a constant state of stress and at alarming levels of sleep deprivation, as is everyone else around me. Instead of prioritizing our personal health, we feel the pressure to make the grades on top of all our other commitments. We are expected to concentrate so much effort into so little time, and the pressure is fraying our nerve endings.

"How are you?" people ask as I go about my day. Even if I feel like I'm drowning, I say, "Good." It's what we're supposed to do.

I have decided that I need to take a year's leave of absence. I need to heal. I had to fight myself for a long time to get to a point where I was ready to make the decision to leave. Although I knew the stress of college was fueling my depression, I felt the pressure to suck it up and stick it out. After all, what use to society am I without a degree?

My perspective on college began to change after I took a semester off to walk across the country in 2014 with a group of climate activists. With my time away from school, I hope to re-immense myself in the activist community and invest my energy in measureable, positive change.

While I have enjoyed the many engaging discussions I have participated in within my classes for the Integrative Core Curriculum theme Quest for a Sustainable Future, those discussions aren't solving climate change.

In these classes, we explore concepts like environmental racism — the problem of minorities' being disproportionately affected by climate change. However, seeing the research on a screen in front of a row of desks is not the same as seeing it with your own eyes.

On Sept. 8, 2014, my fellow Climate Marchers and I walked through a low-income, Hispanic community 14 miles outside of Chicago proper. Here, we helped the residents protest outside of the waste storage facility afflicting their town with



Junior Faith Meckley pulls a Conestoga-style wagon near Branchport, Iowa, in August 2014 as part of the cross-country Great March for Climate Action, for which she took a semester off college.

COURTESY OF FAITH MECKLEY

poor air quality. We marched to the gates and saw the towering piles of black soot — pet coke, the by-product of oil refining — in the open air, with no cover. Whenever the wind picks up, the black powder blows into their community and their children's lungs. Their local official ignores their cries for help.

Moments like this one on the Climate March taught me more than anything I have ever learned between four brick walls staring at a whiteboard. When I returned to campus after that experience, a professor asked me to come into one of his classes and speak. When he introduced me, he said I "took a semester off to get an education." Those words still resonate with me.

Only four months in, 2016 is on track to be the hottest year on record, after 2015 broke the record, and 2014 before that. The oceans are dying. Extreme weather is becoming more terrifying. We are in the sixth mass extinction, losing species every day — and it's our fault. I'm finding it harder to focus in my classes. What will my degree mean to our society when New York City is underwater, I wonder?

A college degree has been marketed to us as something we need to be successful in life, but as I learned during my semester off, there are plenty of incredible things I can do without a degree. If I have the will to make something happen, I can, and I need no one's permission but my own.

I can finish my degree whenever I want. But I cannot put my mental and emotional health off any longer. I cannot ignore the fact that trying to be a part of solving our planet's greatest problem is far more pressing than the latest busywork I have been assigned that's keeping me up into the wee hours of the night.

Colleges and universities have become businesses — don't let them make you into a product. If you are unhappy, don't be afraid to make the changes in your life that you need to be happy, even if it means doing the exact opposite of what our society expects of you.

FAITH MECKLEY is a junior journalism major and co-news editor of *The Ithacan*. Email her at fmeckle1@ithaca.edu.

OPEN LETTER

Students protest elimination of Sport Studies major



Stephen Mosher, then-coordinator of the Sport Studies major and minor, teaches his Social Aspects of Sport class April 27, 2015, in Hill 75.

FILE PHOTO/THE ITHACAN

Dear Ithaca College Community,

On April 22, 2014, Ithaca College's former Interim Provost and Vice President of Educational Affairs and current Dean of the School of Health Sciences and Human Performance, Linda Petrosino, announced the discontinuation of the Sport Studies (Bachelor of Arts) major to be completely terminated by Spring Semester 2018. The decision to eliminate the program has left many, including myself, perplexed over the elimination, the deficiency, and

the ill-informed decision-making skills the Dean and other administrators involved with this decision have displayed over the past two years. I want to share with you the hypocrisies, inconsistencies, and lack of judgment the administration has displayed in eliminating Sport Studies.

In the Spring semester of 2013, the Sport Management and Media department submitted its program review document to the Academic Policies Committee for review. Part of the review said, "An outside evaluation was conducted by Dr. Laurence

Chalip of the University of Illinois. Dr. Chalip is widely considered to be a leader in the field, with expansive knowledge of both the genesis of departments, as well as future trends in the industry." In Dr. Chalip's overall evaluation of the department, he made a clear recommendation that the department retain the Sport Studies program. This recommendation clearly was ignored. Further, in no section of the program review document did the department itself suggest that the program be eliminated. Thus, the recommendation to eliminate the program came explicitly from Dean Petrosino.

In the Spring 2014 semester, former Student Government Association Vice President of Academic Affairs, Isuru Perera-Somasinghe, met with former Provost and Vice President for Educational Affairs, Marisa Kelly, to discuss the termination of the major and came away with the following: "The recommendation to cut the program was an interdepartmental understanding that was posited via Program review that I believe every program undergoes." When Isuru cited the potential cost issues surrounding increased enrollment, the response he received was that it was more about a strategic vision than it was about cost and enrollment. If the program was being

eliminated for strategic vision, eliminating Sport Studies clearly goes against the recently concluded feasibility study, which included interviews with members of the Board of Trustees and other close alumni, parents, and friends. Early solicitation discussions with campaign committee members have reaffirmed the resolution and recommendations. One of those priorities in the campaign included, "Programs that encourage students to grow intellectually and socially, both on and off campus, and connect them with the global marketplace no matter where they are." Sport Studies does just that as the program has inspired at least eight to nine students to pursue and achieve PhDs in the field. Why eliminate a program that meets the priority? Eliminating the program completely goes against the values of the Integrative Core Curriculum as it provides any student the academic freedom to pursue a quality education. The major was carefully constructed to allow students 30 credits of free electives and, with careful planning, they could graduate with four minors or a second major. ...

Senior Elijah Breton and more than 280 other students signed this open letter, which can be found in full online.

NEWSMAKERS

IC Color founder discusses group’s future

The idea for last week’s IC Color week grew out of conversations following the events and protests of the fall semester, and now, IC Color will continue as a student organization.

Founded by senior Namarah McCall, IC Color will seek to unite different pockets of campus around common issues and respond to them in artistic ways, as was the theme of last week’s series of events highlighting specific marginalized communities. Opinion Editor Kayla Dwyer spoke with McCall about her inspiration for this alternative response, what it adds to the community and how IC Color will move forward in this vision.

Kayla Dwyer: How did the original idea for an IC Color event come up?

Namarah McCall: There were a group of students that were meeting at the School of Music — it was the POC at IC at the School of Music group that Laura Douthit organized with Dean Paulnack — and there were a few sessions where people were talking about a few things and asking if there was some type of alternative response in regards to everything that was happening during the fall semester. I raised my hand and was like, “Hey, I love that we’re talking about these things, but why isn’t it that we just do something.” ... I kind of took the lead.

KD: You mentioned this arose out of a desire for an “alternative response.” Based on those conversations, what do you think might have been missing from responses to what was happening?

NM: I don’t think anything, in particular, was missing. If anything, it’s just that certain tools are able to connect with people in different ways, so you have to find multiple ways to pump out the same information in order to impact as many people as possible. It’s great that there are protests, it’s great that there are talking sessions, but some people don’t like to be talked at, some people don’t like to go out and be a part of the protests. Some people like to just go and experience art,



Senior Namarah McCall, founder of IC Color, waits to be recognized for receiving the Senior ALANA Chaves/Lorde Social Justice Award at the OSEMA Recognition Ceremony on April 25.

KAYLA DWYER/THE ITHACAN

reflect on their own situations and have their own private conversations.

KD: I read that another purpose for this week has been to “celebrate the progress.” What kind of progress has there been since last semester that you see?

NM: For students to convince an administrator to do anything is a big deal, regardless of him not resigning immediately. ... This is not about Tom Rochon, but this is just one aspect of how much the student body, the faculty and the staff have so much of an influence on this campus that they don’t really realize until they actually get into these action-oriented events. ... To see so many people put their own personal experiences and personal issues aside and come together for this issue that they all deeply believe in — I thought that was incredibly powerful and incredibly

beautiful. I wanted to have an artistic kind of response to that, to put that on display, to see how beautiful it is to bring so many people from different aspects of the Ithaca College community together and do something so great like that. One of the secondary objective goals of IC Color is to inspire an atmosphere like that ... to have IC Color be that bridge for these other student organizations, for them to be able to collaborate.

KD: Do you have plans in place for ensuring the continuity of IC Color?

NM: We actually are in the works of establishing it as a student organization. We already have someone who has agreed to be our adviser, and we had a few people sign up throughout the week. ... If anyone is interested to be a part of IC Color, they’re more than welcome to send their information to the Facebook group or email me.

ELEPHANT
IN THE
ROOM



KYLE STEWART

What happened to compromise?

Donald Trump and Bernie Sanders have changed the landscape of this election. Extremism has replaced moderatism. Candidates who even hint that they may agree with the other side are shunned. Policy debates have turned into personal attacks. This isn’t politics as usual.

I believe in limited government and an originalist interpretation of the Constitution. I believe in the power of the free market and recognize that while capitalism may not be perfect, it is better than any other economic system. With all of these strong beliefs and convictions, however, I also have the ability to compromise. And this is what is missing with both parties. We used to work together to find common ground. Now, we label those who disagree with us as bad people. We used to give people hope. Now, we scare them.

It is time for a reassessment of our values. As the two major political parties drift further away, we need to change the way we interact with each other. Political partisanship will not change overnight, but we can all do our part.

It is not enough to tolerate each other. We should want to surround ourselves with people who have opinions different from our own. Listening to other views helps us become better people. So talk with your friends whom you disagree with, and instead of ending the conversation in name calling, try to identify one point you can agree on. We have more in common than we realize. Your own views and the opposing views of your acquaintances can both be based in love.

For example, a liberal friend may think raising the minimum wage is the right thing to do. I disagree because I believe this will cause more unemployment. My liberal friend and I may disagree on policy, but we both form our decisions on concern for others.

No political ideology is correct about every policy. There is not always a right or a wrong answer. We need to listen to and understand why others possess differing views. We need to work in unison with those we disagree with. I believe that together, we can live in a society where policy disagreements are not name-calling contests. I believe that together, we can build a better America through thoughtful discussions. I believe that together, we can make compromise cool again.

ELEPHANT IN THE ROOM is a conservative political column written by Kyle Stewart. **STEWART** is a sophomore journalism major. Connect with him at kstewart1@ithaca.edu and @KyleStew107.

YOUR LETTERS

Columnist wrong to support Kasich

Kyle Stewart published “The case for Kasich,” in which he explored the concept of Ohio Republican John Kasich representing the party for the nomination, writing “[he’s a]... no-nonsense conservative who brings an optimistic vision to the Republican Party...” adding he’s the only qualified candidate. I’m no Republican, but I did pass the fifth grade, so I know what

“optimism” and “qualified” mean. I hate to burst your bubble, but John Kasich is anything but qualified.

In response to anti-LGBTQ+ bathroom legislation, Kasich said, “If you feel as though somebody is doing something wrong against you, can you just, for a second, get over it...?” It’s now legal to discriminate against the LGBTQ+ community, so I’ll “get over it” when there’s equality for all LGBTQ+

people, and these discrimination laws are repealed. These laws are dangerous: it sets a precedent that protecting yourself from fear is more important than the safety of LGBTQ+ people.

Kasich restricted basic female reproductive rights across the board in Ohio — even in instances of rape. He said women shouldn’t go to parties “...where there’s a lot of alcohol...” as if it’s her fault she’s sexually

assaulted. It doesn’t matter what they’re wearing or if they’ve had alcohol: it’s never the victim’s fault.

Both *The Ithacan* and Kyle Stewart propagated homophobia, transphobia, and misogyny by running this editorial. Once again, it seems as though the patriarchy has another mouthpiece, twisting the words of a victim-shaming, anti-LGBTQ+ candidate into a compassionate optimist. The Republican primary is like

picking what STD you’d rather be strapped with the rest of your life: They’re terrible and disproportionately target marginalized people. Unfortunately (well, maybe for Mr. Stewart, not for me), by writing this article, you’ve shed light on how absolutely out of touch the Republican Party actually is.

CHRISTOPHER KELLEY
Senior Cinema and Photography major

SNAP JUDGMENT

Why do you think the IC Crushes Twitter account was suspended?



“Probably because it was kind of creepy, like just random people on Twitter being like ‘Hey, that girl wearing green spandex in the gym ...’”

GLENNI RODRIGUEZ
COMMUNICATION MANAGEMENT AND DESIGN ‘19



“It could be because it offends some people and it gets inappropriate, and the school doesn’t really want that on their radar.”

RALEIGH SILVIA
OCCUPATIONAL THERAPY ‘17



“It could be the illuminati, the illuminati do a lot of strange things. Just kidding. ... It was probably blackmail or some kind of drama.”

STEPHEN CARLETON
TELEVISION-RADIO ‘19



“I can see how it could have been abused, but I still don’t think it should have been suspended.”

SAM HAYDEN
CINEMA AND PHOTOGRAPHY ‘19



“Maybe because they didn’t like some of the things people were saying ... but people need to have a right to say what they want.”

JERRY HART
BIOLOGY ‘19

ONLINE

➔ To see the Snap J video, go online to theithacan.org/multimedia

showing

APR 29

The Big Lebowski:
Party & Screening!

Wear your bathrobe! Pizza & munchies! White Russian mocktails \$8 / CornellCinemaTickets.com

Fri Apr 29 • Straight Memorial Rm

TCAT
(11) → (30)
(one bus!)
to return
(30) → (11)
TCATBUS.COM

cornellcinema
cinema.cornell.edu
in the historic Willard Straight Theatre

T-SHIRT EXPRESS
★ T-SHIRT EXPRESS
★ Est. 1975

sweatshirts.

t-shirts.

custom gear.


607.273.6667

bulk orders.

t-shirtexpressions.com
210 East State Street
The Commons

Open 7 days a week.
Official Licensee of Ithaca College






SUMMER
SESSIONS 2016


ORIGINAL CLASSES SPARK

original
THINKING

Summer sessions at IC give students the opportunity to discover even more uncommon and inventive course offerings than ever.

Explore all of the summer course offerings, and register online on HomerConnect.

 ithaca.edu/summer

 **ITHACA COLLEGE**
Office of Extended Studies



Call us 24-7

- Serving Ithaca College for over 16 years!
- Ithaca's largest taxi fleet!
- Ask about our easy to use pre-paid taxi ride card called **CabCash!**
- Cayuga Taxi, University Taxi, Yellow Cab

www.ithacataxi.biz
277-7777 272-3333

TRIPP LAKE
CAMP

Teach an activity!

- Canoe
- Gymnastics
- English Riding
- Softball
- Basketball
- Hockey
- Lacrosse
- Art
- Theatre
- Dance
- Pottery


Call us today!
1-800-997-4347

Come teach your passion this summer.


Looking for males and females to join our staff at Tripp Lake camp for Girls in Poland, Maine. Positions run June to August. Apply online at www.triplakecamp.com




CHECK OUR STATUS



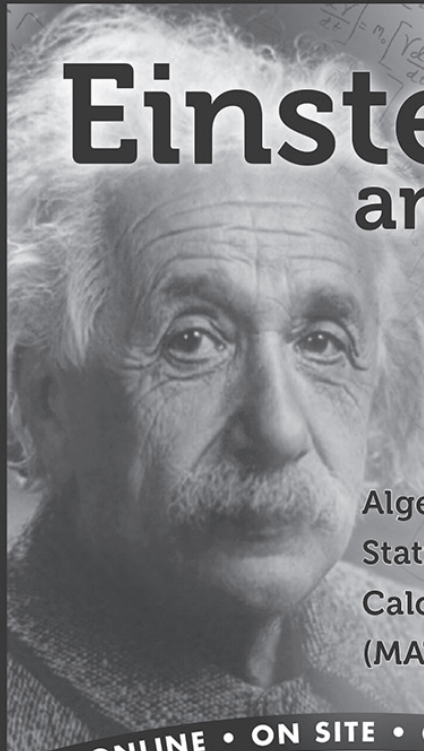
ONLINE
www.theithacan.org



PRINT
Issues every Thursday



MOBILE
Download iOS and Android app



Einstein
anytime

Algebra 2 (MAT 102)
Statistics (MAT 129)
Calculus for Business (MAT 137)

ONLINE • ON SITE • ON YOUR WAY

Convenience without compromise


✓ Graduate on time!
✓ Transferable SUNY credits
✓ Affordable tuition
✓ GCC offers 150 summer courses
• more than 50 online!

SUNY
GCC

Genesee Community College

ONLINE & AT 7 CAMPUS LOCATIONS | WWW.GENESSEE.EDU | 866-CALL-GCC

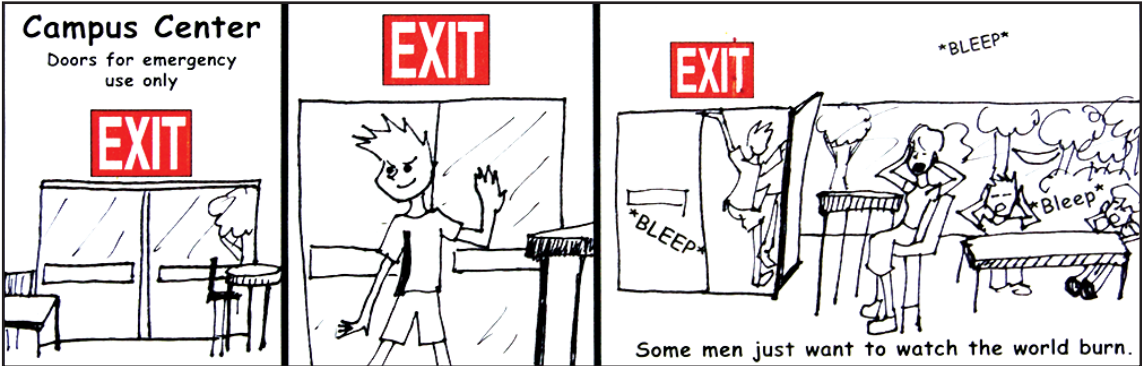
HIT THE GROUND RUNNING WITH ALL YOUR BOMBER SPORTS COVERAGE



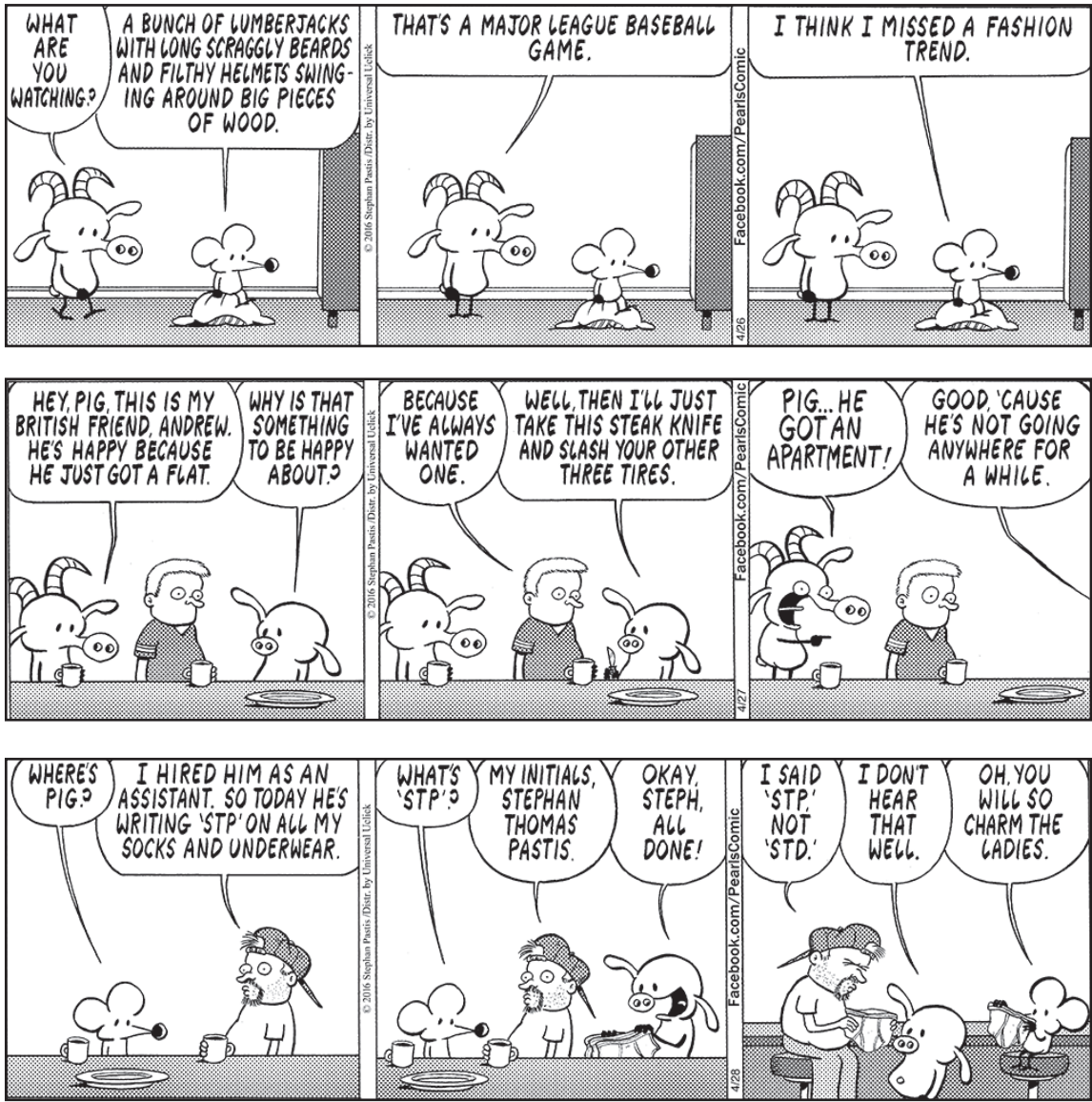
FOLLOW US ON TWITTER @ITHACANSPORTS

SEAN DULLEA / THE ITHACAN

Moonshoes By Allison Latini '17



Pearls Before Swine® By Stephan Pastis



sudoku

medium

6	5	2			3			
7								8
			6	5	7			
9				7	5			
8						2		5
	2		9					
	9	6		3	1		8	
5	7	1		8				
	3		7	9	6			4

hard

	4		8	9				7
7		8		4			2	5
6		9			7	8	3	
3			7				6	
	9	5	2					
					9			
							5	
						1		2
5					4	3	9	8

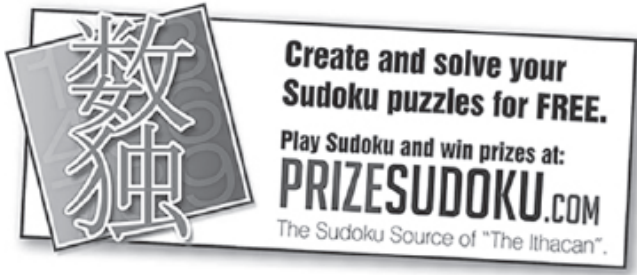
answers to last week's sudoku

easy

8	6	2	4	9	3	5	7	1
7	4	3	5	8	1	9	6	2
9	1	5	2	6	7	3	8	4
2	7	6	9	4	8	1	5	3
1	9	8	3	7	5	4	2	6
3	5	4	6	1	2	7	9	8
4	2	1	8	5	9	6	3	7
6	8	9	7	3	4	2	1	5
5	3	7	1	2	6	8	4	9

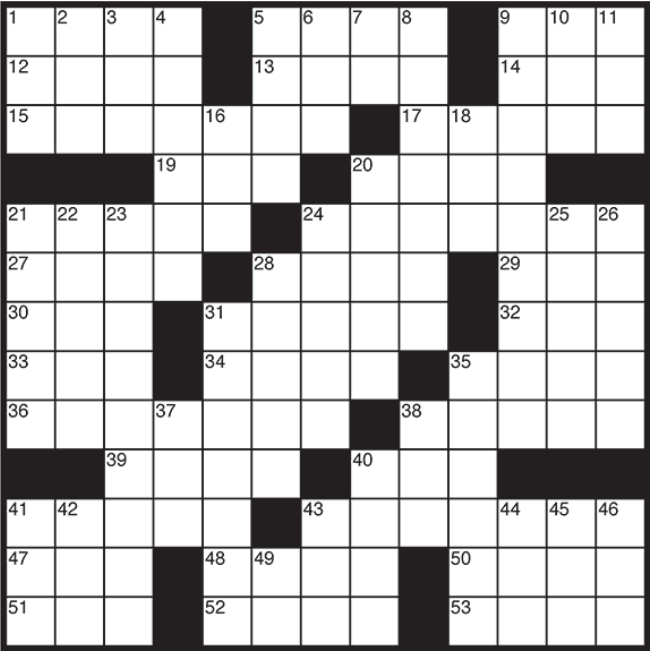
medium

2	6	7	8	4	1	3	5	9
5	1	4	9	2	3	7	8	6
8	3	9	6	5	7	2	1	4
3	5	2	1	6	8	9	4	7
4	7	1	5	9	2	8	6	3
9	8	6	7	3	4	1	2	5
6	2	3	4	8	9	5	7	1
1	9	5	2	7	6	4	3	8
7	4	8	3	1	5	6	9	2



crossword

By United Media



ACROSS

- 1 Kismet
- 5 Pedestal
- 9 Hypo units
- 12 Not mention
- 13 "Waterloo" pop group
- 14 Tabloid topic
- 15 Writers on glass
- 17 Lipstick users
- 19 Yes vote
- 20 Calf's meat
- 21 Kevin of "Dave"
- 24 "- Has Broken" (Cat Stevens tune)
- 27 Old Norse character
- 28 Choose carefully
- 29 Rank above maj.
- 30 Drama section
- 31 Mews in London
- 32 SLC cager
- 33 Not near
- 34 Back muscles
- 35 City near Zurich
- 36 Seaquake aftermath
- 38 Fails to place
- 39 Copies a cassette
- 40 No.
- 41 Watchdog breed
- 43 Not silent
- 47 Wernher - Braun
- 48 Powers of Hollywood
- 50 Diamonds, maybe
- 51 Rock band booking
- 52 Copied
- 53 Jekyll's other half

DOWN

- 1 Gauls, to the Romans
- 2 Lb. or tsp.
- 3 Muscle spasm
- 4 Flammable gas
- 5 In the raw
- 6 Washboard -
- 7 Antimony, in formulas
- 8 With bated breath
- 9 Pen flourishes
- 10 Grey Cup org.
- 11 Brillo rival
- 16 Peacock spot

- 18 Auric's creator
- 20 Meadow rodents
- 21 Wrapping paper
- 22 "Star Wars" director
- 23 Barging in
- 24 Vitamin lead-in
- 25 Our, to Pierre
- 26 Hidden valleys
- 28 Some people dig 'em
- 31 Mobile home?
- 35 Kind of grin
- 37 Protein source
- 38 British inc.
- 40 View from the dorm
- 41 Dow Jones fig.
- 42 Garden-pond fish
- 43 Stein filler
- 44 Pay for
- 45 Kitchen topper
- 46 Bastille Day season
- 49 News agcy.

last week's crossword answers

OLE	UFOS	YAWN
HER	NINA	OBIE
MIRTHFUL	OLLA	
	HIES	SHEEP
GETUPS	ORO	
ORBS	PUTOFFS	
VIA	DELTA	LAG
TERSELY	FELT	
	QUI	CREAKS
BOGUS	RUES	
ARIA	FIRETRAP	
RAGS	ITLL	IRA
BLAH	BASS	GMC

Claremont McKenna College students protest at the Black Out Student March Nov. 11, 2015. Students protested racism in universities. COURTESY OF CLAREMONT MCKENNA



Students at the University of Missouri march during an anti-racism protest Sept. 25, 2015. The University of Missouri had received national attention in the fall after student protests and activism led to the resignation of the president, Tim Wolfe. COURTESY OF THE MANEATER



Students at Ithaca College participate in a protest Nov. 11, 2015, criticizing President Tom Rochon. Rochon announced his resignation following demonstrations and votes of no confidence by faculty, students and staff. Rochon will retire in 2017. AMANDA DEN HARTOG/THE ITHACAN

PROTESTS, from Page 1

dedicated to informing the campus community about diversity and inclusion issues, and diversity requirements for the faculty hiring process.

However, the college's retention rate has taken a hit, specifically within the freshman class, said Gerard Turbide, interim vice president for enrollment management. He did not speculate as to whether the protests had to do with the loss of students, but other experts and faculty see this as a trend.

Turbide said that between the fall and spring semester, the college retained 96.2 percent of students, compared to 96.9 percent in 2014–15 and 2013–14. Altogether, roughly 257 students decided to leave out of the 6,769 who enrolled in the fall.

The freshman class saw the largest drop in retained students from 96 percent in 2013–14 and 96.9 percent in 2014–15, to 94.9 percent in 2015–16. Because the freshman class began with 1,808 students in the fall, that means roughly 92 freshmen left the college.

Thomas Swenson, professor and chair of the Department of Exercise and Sport Sciences and a member of the Institutional Effectiveness and Budget Committee, said these students represent a large monetary loss.

Swenson said the average financial aid rate that is given to students is around 47 percent, which brings down expenses to about \$33,000 per student. Multiply \$33,000 by the 257 students who left the school, the college could face an estimated loss of \$8.4 million.

Doreen Hettich-Atkins, senior assistant to the senior associate vice president for student affairs and campus life, conducts the exit interviews for students deciding to leave the college. She said the majority of students whom she interviewed brought up the same reasons she usually hears: students' transferring somewhere else, the college's being either too close or too far from home and for financial reasons. She said fewer than a dozen students said the protests or racial climate affected their decision to leave the college. The Office of Institutional Research would not publicly release the racial identities of the students who left the college.

Because of this retention drop, Turbide said, the

Student Success Committee was created April 8 to research and address matters related to student retention.

Elizabeth Bleicher, who serves on the committee and is an associate professor in the Department of English, said the loss of retention could be attributed to the trend of students' generally transferring at an increased rate and also because of the campus climate last fall.

"We imagine that there may be some students who felt like the climate in the fall made them not want to stick it out for a full year," Bleicher said. "The good news is that ... we think that those were the students who were going to transfer anyway."

Roger Richardson, associate provost for diversity, inclusion and engagement and interim chief diversity officer, said he does not think the decrease in retention had to do with the protests. He said the issues of discrimination students faced last semester are issues that are present everywhere in society.

Richardson said he remains hopeful that the initiatives that have been put in place to promote diversity and inclusion on campus are working and that the college is making progress. However, many of the deadlines for these diversity initiatives have been missed.

"Are we at the transformative stage? No. Are we at the emerging and developing stage? I would say yes," Richardson said. "We're not there yet."

Higher Education After Protests

Where diversity initiatives are receiving positive feedback in higher education, there is a common theme: close communication and working relationships between students of color and administrators.

Cornell University also faced unrest last semester when the Black Students United group gave the administration a list of demands in the fall asking for them to rename the Cornell Plantations, develop diversity coursework and hire more people of color in the health center for counseling.

Senior Carlton Burrell, co-president of the group, said the administration is being very cooperative in responding to the demands.

"We have held meetings addressing all the concerns and began strategizing on how best to implement these

changes," Burrell said.

Emory University also faced protests last fall in response to racial tensions on campus. The Chronicle of Higher Education reported students created a list of demands that are now being addressed by using working groups. Ajay Nair, the senior vice president and dean of campus life, has been praised by students for working so closely with them.

These working groups are going through each demand the students created and deciding the best way to address problems on campus. So far, the students have secured the return of a mentorship program to assist first-year science students and established a student-led hate speech rapid-response team. Students are also working on increasing job security for faculty of color and increasing the number of faculty of color.

Other institutions have responded less effectively.

Claremont McKenna College is following the trend of hiring a chief diversity officer and is currently interviewing candidates for the position. Eastern Michigan University, University of Missouri and Northern Illinois University, among others, are all schools that have hired chief diversity officers in the past year in response to racial issues. However, adding this position alone may not fully address the issues.

Aaron McKinney, a student of color at Claremont McKenna, was a participant in protests last fall. There had been ongoing tensions between students of color and the college's administration since last year, after students expressed their desire to create a resource center, a safe space for students of color to come together.

McKinney said he appreciates the initiatives Claremont McKenna has established, like diversity workshops, but he said he thinks the workshops will not reach the people who need to be educated about diversity because they aren't mandatory.

"The majority of people who are going to go to those types of events are people who already have a decent understanding of the issues," McKinney said.

McKinney said he thought the root cause of the issues that arose at Claremont McKenna had to do with the administration's not prioritizing issues of diversity. This lack of diversity framework that causes unrest is something that Kevin McDonald, currently the vice

president and provost for diversity and inclusion at the Rochester Institute of Technology, recognizes as he plans to begin his position as chief diversity officer at the University of Missouri on June 1.

He said it is important for colleges to have a diversity brand that they can present to the students. He said he wants to do this by increasing the diversity of students and faculty and by also incorporating diversity and inclusion into the general education requirements.

The University of Missouri, which also saw protests that forced President Tim Wolfe to resign Nov. 9, 2015, has seen a 23 percent drop in its prospective student enrollment deposits and a projected 1,500 student enrollment drop. The university has also seen decreases in its retention, according to a statement from Interim Chancellor Hank Foley to the university community.

University officials attribute the loss of retention and enrollment to increasing competition among other colleges, a decrease in high school graduates from the Missouri area and the protests.

McDonald said there are trust issues because of what happened last fall between students of color and administrators, which he hopes to mend. Senior Syed Ejaz, who was involved in the protests at Missouri, agreed.

Ejaz said he thinks the administration is making gains in the diversity initiatives it created but still thinks it is not being proactive enough.

"Even with the new leadership ... there's still been a failure to recognize that you can't really sweep racial issues under the rug," Ejaz said.

On March 7, the Concerned Student 1950 group protested in reaction to the working groups the administration established to discuss racial issues for not being action-oriented toward meeting students' demands.

Unlike Missouri, both Yale University's and Claremont McKenna's application rates have increased. Ithaca College's projected enrollment rates are not available due to the final application deadline's being May 1, according to an admissions representative.

The college is also struggling to gain support for the implemented diversity initiatives given criticism that there is not enough student and administrative collaboration to make the campus more inclusive.

Response

People of Color at Ithaca College has not made any announcements since Rochon declared his early retirement. Representatives of POC at IC did not respond to attempts to reach for comment.

Senior Elijah Breton, who was involved earlier on with POC at IC but is no longer affiliated, said just because protests are not happening, it does not mean change toward a more diverse and inclusive campus is being stalled. He said he feels there is certainly a different environment on campus since the protests.

He said despite this momentum, he thinks there still could be improvements in administrators' getting more involved on campus to build student relationships.

Patricia Rodriguez, associate professor in the Department of Politics, said the initiatives that have been put in place seem like a "checkbox approach" and are "devoid of content." She said although many diversity initiatives have been established, she does not see any change.

Asma Barlas, a professor in the Department of Politics, said for real change to happen, the top-down structure that the college is operating in needs to change. She said she wants to see the college looking to faculty and students for advice and guidance about how to implement effective initiatives. To address this problem, the Shared Governance Task Force is looking into ways to increase input from different representative groups on campus during decision-making processes.

However, Barlas said she does see change in the way that students are learning to speak up to the administration by using citizen protest.

Sophomore Candice Tan, co-president of the Asian American Alliance, said she has friends who left the college because they too felt uncomfortable and because of the lack of diversity at the college.

Tan said she has spoken with prospective students who were turned off by the lack of diversity on campus. "This is not a post-racial society, so in no way is it going to be perfect, or better," Tan said. "But awareness is somewhere to start."

CONNECT WITH GRACE ELLESTON
GELLESTON@ITHACA.EDU | @GRACEELLESTON

UNION, from Page 1

contingent part- or full-time faculty end up unionizing.

One institution where full- and part-time contingent faculty members are in the same union is Saint Mary's College of California. Rali Christo, a lecturer in the Department of Classical Languages who is on the bargaining committee of the union, said negotiations between the administration and the union are about to wrap up. Christo said the deal won't be perfect but that contingent faculty expects to receive better job stability, pay and access to benefits. The union and the administration are still negotiating over compensation and benefits, Christo said.

Christo said there was never any doubt that all the contingent faculty members would unionize together.

"The people who are full-time contingent faculty — they still have insecurity," she said. "They can be told at any time, as I was told, that they will be reduced to part-timers. So it is in our best interest to be together."

There was no pushback from the administration on part- and full-time contingent faculty's unionization together, Christo said.

Multiple requests for comment from the college administration were not returned.

Another institution where full-time contingent and part-time faculty members have unionized together is the University of Chicago. Jason Grunebaum, a senior lecturer of Hindi at the university, said the contingent faculty members at the university voted to be part of a union and that they and the administration are currently in the early stages of bargaining.

Grunebaum said it made sense for all the contingent faculty, whether part- or full-time, to unionize together.

"As far as we're concerned, if there are any differences, they're far outweighed by the things that we have in common," he said. "We all want to see greater job security for everybody — the part-timers and the full-timers — and we all want to see greater pathways of promotion."

He said the university's administration fought to exclude as many members of the faculty community as possible from the election to unionize.

Jeremy Manier, executive director of News and Public Affairs at the university, did not respond to requests for comment.

In contrast, a university fighting against the partnership of part- and full-time contingent faculty is Loyola University Chicago. Alyson Paige Warren, an adjunct instructor in the Department of English, said the contingent faculty has formed a union in the IUC College of Arts and Sciences. However,

Warren said Loyola University Chicago, a Jesuit university, appealed the formation of the union, citing a religious exemption. Warren said the university lost its appeal in Chicago but has appealed it to a higher court in Washington, D.C.

Multiple requests for comment from the university administration were not returned.

Patricia Markunas, a tenured professor in the Department of Psychology at Salem State University in Massachusetts, has studied labor issues in higher education and is the former president of the labor union for the Massachusetts State College Association. She said one reason administrations generally don't like unions is they challenge the administration's authority and make contingent faculty more equal. Additionally, she said unions are often formed by faculty who want better financial security, which costs colleges and universities money.

"When people bargain collectively, they tend to improve salaries and teaching stipends and tend to include benefits that might not have been paid before ... so it would have a financial cost," she said.

Warren said the advantage of contingent faculty members' collaborating is it brings more people together.

"Anytime you can have more people with more perspectives coming to the table and adding their talents and their voice, it benefits everybody," she said.

Mauer agreed that having contingent faculty unionize together is a good idea. However, he said there is controversy within the field of higher education about the benefit of this because some believe part- and full-time contingent faculty are better off operating independently.

Delaney said it may not make sense for part- and full-time contingent faculty members to unionize together because they might not necessarily share a common interest.

"The full-time contingent faculty probably have more of a community of interest with the full-time tenured and tenure-stream faculty, mainly because they have full-time jobs. They are probably engaged much more regularly on a day-to-day basis in the lives of students and in the activities of the university," he said.

Ultimately, Christo said she believes higher education can be made better by promoting the welfare of everybody. Unionizing is a step toward forcing colleges and administrations to do that, she said.

"It's a good fight, and ultimately, I do believe ... higher education in America will become much more effective if they adhere to the principles of social justice," Christo said.

CONNECT WITH EVAN POPP
EPOPP@ITHACA.EDU | @EVANPOPP22

Ithaca College students show support for faculty unionization



Junior Taylor Ford presents Nancy Pringle, senior vice president, with a petition from the campus community supporting faculty unionization. SOPHIA TULP/THE ITHACAN

BY SOPHIA TULP
ASSISTANT NEWS EDITOR

Six Ithaca College students delivered a petition with 468 signatures from the campus community, showing their support for part and full-time contingent faculty unionization, to Nancy Pringle, senior vice president and general counsel for the Division of Human and Legal Resources, on April 27.

Students intended to deliver the petition during a meeting between the existing part-time faculty union and Pringle during ongoing negotiations at noon. However, due to a time miscommunication, the meeting was

scheduled for later, and the students continued upstairs to the third floor of the Peggy Ryan Williams Center, where Pringle and other members of the administration were meeting in a conference room.

Pringle exited the meeting as the students waited outside the conference room. Junior Taylor Ford handed her the petition, which voiced the students' collective support for contingent faculty unionization and their hope that the administration would "do the right thing."

"I can assure you we are conducting ourselves as we are required to under the law right now," Pringle said to the students.

This comes three weeks after the administration denied a request by full-time contingent faculty to join the existing part-time faculty union as a collective bargaining unit April 7.

The six students said they chose to deliver the petition at this time to bring awareness to the efforts of the full-time contingent faculty.

"We want to demonstrate to the administration that students care about their faculty and that we are paying attention to this process and watching its outcome," Ford said. "We care deeply about these people, so we want to do everything we can to support them."

Since full-time contingent faculty members were denied unionization, they have held a teach-in and two informational meetings to organize student involvement. Ford said about a dozen students have attended the two meetings.

Junior Peter Zibinski said the goal was to reach 500 student signers on the petition by educating the student body about the issues of contingent faculty on campus. Students shared facts on social media, asking for signatures.

"I believe that our teachers' working conditions are our learning conditions," Zibinski said. "I've had a lot of meaningful relationships with part-time faculty. ... I've had too many professors who it's like their first and last time teaching at Ithaca College. ... It affects my education, and it affects their life."

CONNECT WITH SOPHIA TULP
STULP@ITHACA.EDU | @SOPHIE_TULP

FOR RENT

Ithaca Solar Townhouses,
4 or 8 bedroom, furnished, 2/4 baths, fireplace,
paved off-street parking, walk to campus.
For showing call 607-273-9300 or 607-351-8346
IthacaEstatesRealty.com

IthacaEstatesRealty.com
(1,2,3,4,5 & 6 Bedroom Units)
Now Preleasing for 2016-2017

Cozy 5 Person
2 unit five bedroom total building, two full baths,
New furniture, washer dryer in unit,
private and secluded, fireplace, off street parking,
walk to campus, for showing call
607-273-9300 or 607-351-8346
IthacaEstatesRealty.com

Not Too Late! Great 3 BR Townhouse minutes
from IC. No car needed! New carpet, paint.
AC, laundry. 1.5 baths. Your own driveway +
views of Ithaca hills. Only \$1500. Call
607-227-8360. Open July, W discount for first
Month

2016 2017 modern 3 & 4 bdrm townhouses with
balconies one & one half baths furnished
dishwater non coin washer & dryer free water
free parking call 607 273 8576

Two 3 bedroom Apts Furnished washer & dryer
Available 8/6/16 \$625 per person
607-272-3389 Cbeach24@aol.com

Brand new 4 bdrm 2 bath and 2 bdrm 2 bath close
to IC located on 131 Birdseye view (off of Danby
Rd across from college circle) furnished avail-
able 2016-2017 \$750 per room + utilities
call 607-351-8285 or email
lthacaconcrete@outlook.com

2 - beautiful 2 bedroom 2 bathroom apartments for
2016-2017 located at 175 Kendall Ave close to
IC furnished \$750 per room + utilities
please call 607-351-8285 or email
lthacaconcrete@outlook.com

Brand new beautiful remodded 3 bedroom 2 bath
on S Aurora St close to IC furnished with
laundry and parking available **August 5th 2016**
Available 2 units for 2 persons each.
Please call 607-272-5210

Furnished Ithaca College Student houses.
Close to campus, located on Kendall Ave
Available for the 2016-2017 school year.
Please call 607-273-9221 for more information.

Furnished Ithaca College Student houses.
Five and six bedrooms located on Kendall Ave.
Available August 2016. Parking and laundry.
Please call 607-273-9221 for more information.

918 Danby Rd. 4 bedroom 2 1/2 baths, furnished
fireplace, off-street parking, walk to campus.
For showing call 607-273-9300 or 607-351-8346
IthacaEstatesRealty.com

FOR SALE

Canon T3i DSLR camera for sale W accesories &
Canon T3i for Dummies book. Great Condition.
The strap is from a 70D model + so brand new
that it's still wrapped up. Nfsayward@gmail.com

PLACE YOUR AD IN
THE ITHACAN

Classifieds must be submitted
by 5 p.m. the Monday preceding
publication. Classifieds can be paid
for with check or credit card.

Bring payment to *The Ithacan* office
located inside Roy H. Park Hall in
Room 220.

PICK UP YOUR
FREE COPY OF
THE ITHACAN
AT THESE LOCATIONS:

*Issues every
Thursday

On Campus:

- Park Hall: Lobby, Ithacan office, Outside the Dean's office
- Textor Hall
- Muller Center
- Mac's
- Business School: 1st Floor Lounge, Near 2nd Floor, Snack cart
- Chapel
- Snack Bar
- Campus Center Dining Hall
- Campus Center Lobby
- Williams Hall
- Center for Natural Sciences
- Hammond Health Center
- Alumni Hall
- Ceracche Center
- Towers Dining Hall
- Terrace Dining Hall

Off Campus:

- Library
- Music School
- Hill Center
- Center for Health Sciences
- Smiddy Hall
- Dillingham Center
- Peggy R. Williams Center: Lobby, 3rd Floor
- A&E Center
- Public Safety
- Physical Plant
- Rogan's Corner
- Dewitt Mall
- Center Ithaca



IT'S A GREAT TIME TO BE OUTDOORS!
Hillendale's Men & Women's Leagues start soon.
The Course is in Great Shape so come and Enjoy!

\$100
Student Membership
for the Academic Year

50% off
Your greens fee when
you bring a friend.

YOU WANT IT, WE'VE GOT IT

NEWS

LIFE & CULTURE

SPORTS

OPINION

PHOTO

DESIGN

Be a part of
Ithaca's newest
SINGLES MINGLES

Rogan's Corner
now has 50 new
craft beers for
you to mix and
mingle with.

You never have to
leave Rogan's
single again.

607.277.7191 • www.ROGANS CORNER.com

THURSDAY, APRIL 28, 2016

COURTESY OF X AMBASSADORS

X AMBASSADORS:
FORMER ITHACA LOCALS
RETURN TO THEIR ROOTS
DURING WORLD TOUR

BY ANGELA WELDON

ASSISTANT LIFE & CULTURE EDITOR

The City of Ithaca is known for many things — its natural gorges, signature food and local music, to name a few. Joining that list is the rock and hip-hop group X Ambassadors, which originated in Ithaca and is now touring worldwide.

The four-man band fuses bold vocals, alternative rock sounds and pop influences. X Ambassadors' soulful lyrics stand out on their tracks, instantly drawing listeners to their music. Best known for their hit pop song "Renegades," among others tracks, the band is currently performing on its VHS 2.0 Tour, which will come to the State Theatre in Ithaca on May 14. Three of the band's four members grew up in Ithaca, and the city is still home to their families.

Just as the classic story of small-town kids who made it big in the city suggests, X Ambassadors formed in the seventh grade at Boynton Middle School and started playing local gigs throughout their middle and high school years. Growing up near Danby Road, Sam Harris, the lead singer and guitarist of X Ambassadors, and his brother Casey Harris, the band's keyboardist, were self-proclaimed townies. Guitarist Noah Feldshuh, who also grew up in Ithaca and was friends with the Harris family, became the third member of the band.

Sam Harris said the middle-school, three-man band gained traction, playing local venues, including The Haunt and what is now Lot 10 on The Commons, throughout their high school careers.

The members moved to New York, and Harris and Feldshuh attended The New School. There, the group collected its fourth member, drummer Adam Levin. In 2009, after college graduation, the four recorded their first EP.

Harris said the band was first discovered by the group Imagine Dragons, which heard some of X Ambassadors' music and helped the band find musical representation and become more legitimized as musicians in 2012. Just three years after that first release, the group signed with Interscope Records and began producing professional music. With the help of Imagine Dragons, the former Ithacans took their middle school act to center stage.

"It's been crazy," Harris said. "Coming from the Boynton Middle School talent show in seventh grade to where we are now, I'm pretty proud of

how far we've come."

X Ambassadors began their VHS 2.0 Tour last year, and Harris said they have plans to continue throughout the summer. At the beginning of 2016, the band commenced its second leg of the tour, hitting Europe for about a month and coming back stateside. Harris said the band's upcoming performance in Ithaca marks the beginning of the third leg of the tour, which includes performances in Washington, D.C.; Boston; and New York. Harris said the band has been enjoying the tour.

"It's been going good," he said. "Touring is very exhausting. We work very hard and take our work very seriously, so there's a lot of preparation that goes into a show. It's exhausting, but it's very rewarding."

Harris said he is excited to come back home for the State Theatre show, which brings with it a wealth of emotion.

"Home is a complicated thing," Harris said. "You always have complex feelings towards home. Right now, I'm in a spot where I really, really love going back, and I haven't felt like that in a while, and I'm very excited to come back and play."

Harris said he misses all of the staples of Ithaca, including the Ithaca Farmers Market, Wegmans and The Commons. While X Ambassadors are here, Harris said, he's looking forward to getting Gimme! Coffee and hiking around Buttermilk and Taughanock Falls. The Harris' and Feldshuh's families and several friends live in Ithaca, and Harris said he looks forward to reconnecting. Reflecting on his upbringing, Harris said he is excited for his homecoming.

"I just miss the whole town and all of its nuance," Harris said. "I grew up really wanting to get out as quickly as possible. I felt very different from a lot of my peers in high school and middle school and wanted to leave. Now, as I become an adult, I cherish that isolation and that desperate desire to see the world and experience things outside my small town because that's what's driven me here."

Before completing the band's debut album, "VHS," which was released June 30, 2015, Harris said he visited his home again to reconnect with his past and origins. The album's name was inspired by VHS tapes he found at his house, some of which he included in X Ambassadors' tracks.

"I did some soul-searching back there," Harris said. "I went back home, and I got all of this home

video

footage that

you hear throughout

the record, old audio clips

from old VHS tapes. We pulled the old

audio clips from us as kids and teenagers just to

tell our stories, to tell the story of the band and our

friendship that's lasted for so long."

Now, at age 27, Harris said the group has played together for almost 15 years. Harris said "VHS" is a compilation of the members' collective experiences.

"We're really proud of the work we've put into the album," Harris said. "It's eclectic, just like our musical taste and musical influences. We embraced the fact that our music has always kind of been all over the place. That's who we are. The album itself is our story of growing up and what we experienced together, and we've been lucky to experience together a lot of moments in our lives."

Dan Smalls is the owner of concert production company Dan Smalls Presents, responsible for booking and producing X Ambassadors' upcoming show at the State Theatre. Smalls said the band's homecoming show is especially important to Ithaca and the State Theatre.

"We have supported the band at DSP since they started and were called simply Ambassadors before they changed their name and exploded," Smalls said. "What it means to the State Theatre is a band with local roots is giving back to the place where they started and built their base and experienced the things that lead to them recording the songs that are now making them famous worldwide."

Freshman Hanna Fuchs said she enjoys the X Ambassadors' music and performances.

"I am a fan of them, and I've liked everything I have heard by them," Fuchs said. "I really want to go to their concert."

Harris said he can't wait to play at his old stomping grounds again. Harris said X Ambassadors have a few surprises for the Ithaca audience during the sold-out show.

"This is really a dream come true for us," he said. "The State Theatre was always a staple performance space of our youth. This is our big homecoming show, and we're really stoked about it."

CONNECT WITH ANGELA WELDON

AWELDON1@ITHACA.EDU | @ANGELAWELDON18

ACCENTUATE

“Hamilton” Cast Honors Prince

Prince tribute pays respect to music icon

The world lost the pop music legend Prince on April 21, and the cast of the Broadway spectacular “Hamilton” celebrated his life on the night of his death by performing his hit song, “Let’s Go Crazy.” The “Hamilton” cast formed a kickline and danced along to Prince’s tune. The surprise encore performance occurred after the show. Audience members were active on their feet as they remained standing for the musical’s encore. Broadway saw a variety of other Prince tributes that evening, including “The Color Purple” cast’s doing a rendition of Prince’s “Purple Rain.”



CELEB SCOOPS

Pippa Middleton

Duchess of Cambridge Kate Middleton’s notoriously feisty sibling Pippa began a 33-km hiking course in the Swiss Alps called the Patrouille des Glaciers on April 19. By undertaking this hiking challenge, Middleton said, she aimed to raise awareness for the United Kingdom’s National Skiers and Boarders Charity Disability Snowsport. Disability Snowsport is a charity that helps people with any kind of disability learn to ski and snowboard. Middleton said she has supported this cause for a while. The 32-year-old royal relative said she was overjoyed to be helping the cause as she climbed through the course alongside thousands of other racers in freezing temperatures. Pippa completed the course in 14 hours, 53 minutes and 59 seconds.

Tweet Tweet



“Today, the US joined some 170 nations to sign the Paris Agreement — an historic step this Earth Day to protect the one planet we’ve got.”

— President Obama @POTUS

VIRAL VIDEO

A man finds a mysterious creature while doing yard work



After chopping down a tree in his backyard, a man named Ryan Saunders finds what appears to be a snake in the center of the tree. The creature slowly reveals itself from the pith of the tree, spilling its black body onto the ground in front of him. The video, uploaded by Sean Naber, reached nearly 4 million views on YouTube in fewer than 48 hours. The slithering creature perplexes both Saunders and viewers, but it’s difficult to look away from the mysterious animal. Is it a snake, a worm or something else? The audience and the man featured in the video may never know.

The first commercial CD ever released was Billy Joel’s “52nd Street,” released Oct. 1, 1982.

National Star Wars Day



Many know the famous quote “May the Force be with you” from Obi-Wan Kenobi and Han Solo in the “Star Wars” movies. On May 4 each year, “Star Wars” fans replace the phrase with the pun, “May the fourth be with you,” marking the date as National Star Wars Day. According to Starwars.com, the unofficial holiday probably began as early as 1979 when author Alan Arnold first used it in reference to the “Star Wars” movie “The Empire Strikes Back.” Since then, popular culture exploded with references to May the fourth. The day then evolved into what is now considered National Star Wars Day. “Star Wars” fans celebrate the day by watching “Star Wars” movies, using the hashtag #StarWarsDay on social media and saying “May the fourth be with you” to fellow fans. The month of May also marks the release of the six “Star Wars” live-action movies as well as “Star Wars” creator George Lucas’ birthday, May 14.



Seniors to display creative art at Handwerker Gallery

BY KATHERINE SEGOVIA
STAFF WRITER

Molded ears dangling from the ceiling, latex hearts on a black sheet and bronze leaves hanging on a branch are just a few examples of what to expect at “Tell Us Where: 2016 Senior Show.” While some pieces may share similar concepts and ideas, each piece is distinct in the way the artists chose to portray their message.

To commemorate their four years at Ithaca College, 24 seniors from the art and cinema, photography, and media arts departments will celebrate and showcase their creativity and dedication to art in “Tell Us Where.” The show will have its opening reception from 5 to 7 p.m. April 28 at the Handwerker Gallery.

Senior Gabriella Jorio, a co-curator of the show, said the event’s title symbolizes how most seniors feel after graduation.

“We decided to go with ‘Tell Us Where’ because we thought it captured the wandering that most college students face after graduation,” Jorio said. “It’s a scary feeling to most, but ‘Tell Us Where’ embraces that wandering and also points to the courageousness of the creative mind to be able to feel a little lost sometimes but to find beauty in that experience.”

Dara Engler, assistant professor in the Department of Art, was involved in choosing pieces for the show. Engler said the faculty members look for high-quality work from students who show promise in entering the professional art world.

The show will include sculptures, photographs, paintings and films. Jorio said the variety of the pieces will add to the diverse atmosphere of the gallery.

Senior Isaac VanCuren will be showcasing a sculpture that began as a project for his Introduction to Sculpture class, which he took this semester. The sculpture is a 6-foot by 4-foot black sheet, bordered by red and black yarn that serves as a fringe. There are seven hearts made out of latex that are connected by the red yarn, which is meant to represent veins. VanCuren said the piece represents human relationships and self-reflection.

“In my piece, you can see the varied amount of yarn that connects the hearts,” VanCuren said. “In some places, there’s a few — there’s like one string or four or three — and it’s really symbolizing the various relationships and bonds that we make with one another.”

Senior Samantha Guter’s two sculptures, titled “Interrupted” and “Are You Listening?” will be included in the exhibition. “Interrupted” took Guter approximately two months to complete, while “Are You Listening?” was a semesterlong project. Both sculptures share the similar theme of repetition.

“Interrupted” is a collection of bronze leaves hanging from a branch, and “Are You Listening?” is an array of approximately 100 molded ears hanging from the ceiling of the Handwerker Gallery. For this piece, Guter cast people’s ears using Derma Gel and then waxed them using materials like beeswax

and plaster. In addition to the hanging ears, Guter’s sculpture will also feature a sound element, which includes a recording of people telling their secrets.

Guter said she chose to use ears for her sculpture because they are interesting, undervalued and complex. In addition, she said, hanging the ears on the ceiling highlights their distinct qualities, such as their shapes and sizes.

“Listening is something that is really important for a lot of people, and it’s really undervalued in a lot of our interactions since some people really like to focus on themselves,” Guter said. “I like taking a private moment ... and featuring it with these ears. It’s like, ‘Who’s listening?’ because they’re disconnected and they’re not quite attached to anything or anyone, but they’re kind of sending that energy into the universe.”

Engler said the art show will benefit the seniors in their future endeavors, especially if they plan on pursuing art as a career.

“It’s part of their step into the professional world,” Engler said. “It’s part of the experience of being an exhibiting, practicing artist. Especially for the BEA students — they’re installing their own work, and they’re working really closely with the gallery to do that — it’s part of their professional experience, and it’s a nice culmination of all the work they’ve put in.”

CONNECT WITH
KATHERINE SEGOVIA
KSEGOVIA@ITHACA.EDU

YouTube singer talks about music career and Asian-American roots

In 2006, J.R. Aquino posted his first video to YouTube of him singing a cover of “Whisper” by Ernie Halter. After garnering positive feedback, he continued posting videos of covers and original songs on YouTube. Ten years later, he has become one of the most successful YouTubers, amassing over 500,000 subscribers and millions of views on his channel. His original song “By Chance (You & I)” currently has over 7 million views alone.

Aquino performed April 21 at Ithaca College as part of the Asian American Alliance’s Focus Asia Month, treating the audience to acoustic covers of songs like “Pillowtalk,” “Thinkin Bout You” and his original, “By Chance.”

Before the performance began, Aquino spoke to Life & Culture Editor Celisa Calacal about his roots, his experiences as a singer-songwriter and his advice for young musicians.

Celisa Calacal: Can you tell us what it was like growing up in Alaska?

J.R. Aquino: I grew up pretty normal. There’s a pretty big Asian community out there, pretty big Filipino community out there. But yeah, I grew up pretty normal as far as, like, I was surrounded by music all the time. I was always with my family on the weekends. There’s really not much to do.

It’s always bowling and movies and walking around the one mall that we had. But other than that, yeah, pretty normal life.

CC: What made you want to start posting videos on YouTube?

JRA: So, I started YouTube back in 2006. ... It was just on a whim. It was nothing like, “Oh I’m going to do this, and I’m going to be so famous. It’s going to be crazy.” No, it was nothing like

that. I was in my first semester of college, and I was bored and then just going through the interwebs. So I came across

this one YouTuber named David Choi. I saw a video of his, and I was like, “Oh man, this is tight.” So I feel like I could do something like this just for fun, like, hey, just put a video, why not? So I did a little video. The song was called “Whisper” by Ernie Halter, and it’s a great song ... and I posted the video, and the audio and the video were super off, like not in sync. And so I posted the video, didn’t even think about it. I came back like three, four days later, and I got a couple hundred views and 10 comments, and people were just feeling it. They liked it, and I was like, “Oh s---, this is tight.” So I just kept on doing videos from then. It’s all for the love of it, honestly.

CC: Now that your career has kind of taken off, how do you stay grounded?

JRA: How do I stay grounded? Man, I don’t even think I left — I’m still on the ground. ... I mean, I don’t treat anything differently than I have. I keep good company around me, so I’m never acting outside of myself. I think the only thing different that I do from other people is that I possibly get to sing and travel and get paid for it, you know what I mean. But other than that, there’s no reason for me to act any other way. There is really no reason.

CC: Have you ever felt like being Filipino or being Asian was ever a barrier to you?

JRA: I feel like being Asian-American is already a barrier, but even being an Asian-American male is also another barrier because, obviously, we live in America — the industry, the entertainment industry, kind of thrives off sex. ... So as an Asian male, you don’t see a lot of Asian males depicted as sex symbols, right? So, me especially, I’m trying to do R&B music. I try to do R&B, and it was all about that sex appeal, so, you know, so it’s crazy. I was just trying to stay behind curtains, and you hear this chocolaty voice ... and then you see the face behind it, and sometimes you get that surprised look, and they’re like, “Oh s---, you’re not black.” There is that barrier because it’s not as marketable as anyone else could be, but



Singer-songwriter and YouTuber J.R. Aquino performs April 21 at Ithaca College. Aquino was a contestant on season three of “The Voice” in 2012. JADE CARDICHON/THE ITHACAN

I’m just happy that I’m here and able to do what I love here and share this music with people.

CC: So what advice do you have for any up-and-coming musicians?

JRA: It’s tough. I mean, it’s not easy by no means, but if you love what you do, then do it. Let’s say you can’t make it a job — I mean, you should always do music even if you have that regular nine-to-five just to keep your sanity. For me, if I have to keep a

nine-to-five, I would still be making music, ‘cause it’s something that I love doing. It’s a passion that I have just creating something beautiful. And beyond that, the result of people hearing your music and the way it makes people feel and the way it connects to people is worth more than anything, as cheesy as that sounds. Like, for real, it’s the craziest thing.

CONNECT WITH CELISA CALACAL
CCALACAL@ITHACA.EDU | @CELISA_MIA

CLIMATE WARRIORS



The Climate Solutions Fair on April 23 explored ways to combat climate change

From left, Casper Fox and Josue San Emeterio experiment with fire during the Climate Solutions Fair: We Can Fix This & It Will Be Fun event April 23 in Press Bay Alley. The experiment was part of The Ithaca Physics Bus, a mobile exhibition and grassroots organization that seeks to boost interest in the field for all ages by conducting engaging physics experiments. FERNANDO FERRAZ/THE ITHACAN



David Hopkins, a beekeeper educator, sold honey at the Climate Solutions Fair from Sky Barn Apiaries in Willseyville, New York. As a beekeeper at Sky Barn, Hopkins mentors new beekeepers with equipment, facilities and bee knowledge. FERNANDO FERRAZ/THE ITHACAN



PJ Arroyo, a community member at Ithaca's Circus Culture, rides a unicycle during the event. FERNANDO FERRAZ/THE ITHACAN



Chris Trudeau, right, is a car-free advocate and a founding member of Ebike Ithaca who also works for Boxy Bikes, a local bike shop that has electric bikes for sale and for rent. FERNANDO FERRAZ/THE ITHACAN



Two young girls who attended the Climate Solutions Fair dressed up and posed together in front of a makeshift photo booth located at the Press Bay Alley event April 23. FERNANDO FERRAZ/THE ITHACAN

Exhibit connects artists to landscapes



The pieces in the exhibit include photos, paintings, drawings and collages.
SAVANNAH HUGHES/THE ITHACAN



“Extrapolate” was curated by senior Christina Davis and junior June Ota.
SAVANNAH HUGHES/THE ITHACAN

BY TYLA PINK
STAFF WRITER

Ask a group of artists to produce work based on their personal connections with their surroundings and you get “Extrapolate,” the latest exhibit at the Creative Space Gallery on The Commons.

Each piece of work in the show is related to the artists’ personalities, how they interact with their environment and what places they find important. “Extrapolate” is an interpretation of landscape and environment from the perspective of 12 students.

Senior art student Christina Davis and junior art student June Ota were this semester’s gallery interns and were responsible for curating and designing the show.

“It was nice to see how fellow artists took the theme and provided work they thought would relate,” Ota said. “Everyone has a different perspective on how they should visualize and execute concepts, so in that, I found it really fascinating. We also had a collaborative element in the exhibition where anyone could participate in this sculptural interpretation of defining scapes.”

Students expressed themselves through drawing, painting, printmaking, photography and collages that related to how they interact with their environments.

Seniors Deidre Mollura and Elizabeth Hallwood are two artists featured in the show. Mollura’s project, “Travelers,” is a series of photographs taken in France, the United Kingdom and Italy. Hallwood’s pieces, “One Point Six” and “Killarney Cave,” are abstract landscape paintings.

“‘One Point Six’ is in Stewart Park, which is 1.6 miles away from where I live,” Hallwood said. “It’s a plein air painting, which means it was made on location, and it was

really cool because the sun was setting, and I had to work really quickly to capture it, that’s why it looks so rushed and drippy.”

Hallwood’s “Killarney Cave” was made during her advanced painting class but is based on a landscape in Ireland. She studied abroad during Summer 2014 at the Dingle, Ireland Summer Art Program, where she learned landscape photography and printmaking. Both paintings portray her perspective and abstractions on nature while communicating mood and movement.

Mollura’s “Travelers” is a photo series shot completely on an iPhone that stemmed from her frustrations with traveling and travel photography after studying abroad in Europe.

On her trip, she said, she often felt obligated to take photos of monuments or art even if they didn’t seem interesting to her.

“There were travelers taking pictures of everything, and it felt very zombie-esque,” she said. “My project had a lot to do with figuring out what to do in that situation and how to enjoy my experience and be a part of it without becoming another zombie traveler.”

Drawing inspiration from photography theorist Susan Sontag, Mollura said she believes travelers take many pictures because they’re afraid their moment is slipping away and that it’s used as a way to comfort them.

“A lot of this project had to do with being in the moment in my environment, trying to realize what I was feeling and communicating that feeling into a piece of art,” Mollura said. “A lot of it was keeping in mind those feelings and opening myself up to the world.”

CONNECT WITH TYLA PINK
TPINK@ITHACA.EDU

Master class explores South Asian melodies



Ethnomusicologist Stefan Fiol plays the sitar during a Master Class on Sitar. He taught students about Raga music and played scales from melodic piece “Raga Bhairav.”
LUKE HARBUR/THE ITHACAN

BY JUSTIN HENRY
STAFF WRITER

Sitting cross-legged on circular pillows, 19 Ithaca College music and anthropology students joined with ethnomusicologist Stefan Fiol to sing scales from “Raga Bhairav,” a series of melodic scales that traditionally implore the supreme Hindu god Krishna to wake up after the sun has risen. All of his people, children, kings and cowherds wait to catch a glimpse of his fearful yet meditative countenance.

For the third installment of the college’s Raga workshop series, A Master Class on Sitar, anthropology associate professor Denise Nuttall said she submitted a proposal from the college to host Fiol, professor of musicology at the University of Cincinnati, to conduct a master class in traditional Hindustani, or North Indian, music and Raga theory. The workshop took place at 7 p.m. April 26 in room 2330 of the James J. Whalen Center for Music. The first two master classes occurred during the fall semester, both of which, Nuttall said, garnered a full house.

A “Raga” is a melodic framework rooted in South Asian musical genres that employs nine cycling music notes. Whereas western music emphasizes a set composition, Raga allows for more freedom for the artist to improvise.

“You start with one rhythmic cycle, and you stay in that until the end,” Fiol said. “But in that, you’re generating interest from limited materials. It’s very freeing.”

Fiol said the scales are either sung or played on the sitar, a plucked string instrument with roots in classical Indian music. Fiol said the modern sitar, with an elongated neck and sympathetic strings that vibrate in response to being plucked, is constructed to replicate the rich vocal qualities of Indian music.

Fiol performed seven different melodic scales of Raga Bhairav on the sitar in a repeating cycle with drumming in the background.

Every so often, Fiol would vary the melody based on his intuition with the music. Fiol said rather than a linear melodic composition like in Western traditional music, Raga Bhairav has a very small portion of its melody that is composed and relies on variations of its standard melodic scales.

Fiol taught the students the different scales of Raga Bhairav, switching out the words for melodic syllables that make up an octave in classical Indian music known as the “sargam.”

Fiol said the music is either sung to lyrics, Hindustani syllables or simply “ah.”

Fiol said students taught in the European tradition of music are challenged by the Raga’s nuanced and improvisational approach to melodies. He said this challenge offers students a chance to use their creativity and imagination.

“It’s kinds of themes and variations that are composed on the spot,” Fiol said. “You’re having to generate new material through your own imagination using a very limited set of materials.”

Nuttall said that in addition to offering students cultural and musical insight, students take the raga workshop because it offers meditative insights into themselves.

“It’s a way to discipline the mind and the body and to engage with the spirit,” she said. “They may never play after the lab, but it doesn’t matter. What they’ve learned — it’s embodied in the mind and the heart.”

Christian Chesaneck, first-year music performance graduate student, said as someone who seeks to dedicate his life to playing the sitar, it was eye-opening to see a performer internalize the instrument before him.

“I think a lot of us are really into planning and not necessarily living for the day, and this really required you to live in the present moment,” he said.

CONNECT WITH JUSTIN HENRY
JHENRY@ITHACA.EDU | @JSTNHENRY87

DAN
SMALLS
PRESENTS

DAN SMALLS
PRESENTS
.com

4/30

5/12

5/14

6/19

10/8

TIG NOTARO

GEORGE THOROGOOD
& THE DESTROYERS

X AMBASSADORS

MELISSA ETHERIDGE

DAVID SEDARIS

HAUNT

4/27 TRIBAL SEEDS

4/29 MISTER F

WITH BROCCOLI SAMURAI

5/3 ELEANOR FRIEDBERGER

5/6 THE GUNPOETS
& SOPHISTAFUNK

5/14 MEGHANN WRIGHT
& THE SURE THING

6/7 HOUNDMOUTH

DOCK

4/28 RHETT MILLER

5/14 LARRY CAMPBELL
& TERESA WILLIAMS

5/15 KIEFER SUTHERLAND

6/2 VALERIE JUNE

6/3 GRACE STUMBERG

6/4 LOUDON WAINWRIGHT

6/10 JOAN OSBORNE

STATE THEATRE OF ITHACA • TICKETS: 607.277.8283 • STATEOFITHACA.COM

THERE'S MORE
ONLINE

READ ON

Read on about the 2016
Rainbow Reception from
Staff Writer Justin
Henry online.

THEITHACAN.ORG/
life-culture

TUCKER MITCHELL/THE ITHACAN

Dramatic plot leads to successful series

BY JACQUELINE BORWICK
STAFF WRITER

In an eerie opening scene, viewers see the smoldering ruins of Grand Central Terminal immediately following a terrorist attack on New York City. Among the destruction lies Alex Parrish (Priyanka Chopra), a young FBI recruit who has no recollection of how she got there. At a makeshift FBI headquarters nearby, she is questioned, fraught and confused about what exactly occurred. She is then asked to look at photos of her recently graduated class from Quantico, the FBI's training center for new agents. The lead agent on duty suggests to her that one of the recently inducted agents may have been involved in the planning of the attack. In a flashback, audience members are introduced to the new agents in training — NATS — and get a peek into their lives before they entered Quantico to begin their training. Each character has a mysterious past, which lends itself to the suspense and the drama that ultimately transpires throughout the first season of the TV show “Quantico,” which premiered Sept. 27, 2015, and will end May 1.

To piece together events leading up to the attack, the show employs a technique of moving between the FBI recruits' training at Quantico and the present, where Alex, who is a prime suspect believed to be behind the terrorist attack, is working with some of her fellow graduates from the program who believe her to be innocent. It's a race to find the real culprit before Alex is arrested for a crime she didn't commit or to find out if she really did.

The most exhilarating part of the

show is trying to figure out who is good and who may not have true intentions. Along the way, viewers learn about the characters' distinct backgrounds. Among them is Shelby Wyatt (Johanna Braddy), a rich Southern belle; Ryan Booth (Jake McLaughlin), an undercover FBI agent; Simon Asher (Tate Ellington), an ex-Israeli soldier; Nimah and Raina Amin (Yasmine Al Massri), twins who were secretly brought on board to train as one person but now train alongside each other; Caleb Haas (Graham Rogers), a bad boy who has a sensitive side; and Alex, who came to Quantico to get to the bottom of her father's past. In fact, viewers discover that all of these recruits have some interesting motive for coming to Quantico. It's made clear early on that it is not going to be easy for the recruits. Only the most capable men and women can make it through, but the NATS are members of a bright class of young, able-bodied and impressionable individuals.

The show is full of suspense, drama and mystery, and each episode reveals new information that will ultimately lead to the finale episode, where the terrorist is exposed. With a consistent pace and captivating writing, the show engages viewers and allows them to act as amateur detectives, piecing together certain bits of information along the way.

“Quantico” boasts a diverse cast, which creates an international flavor. Each cast member brings something different to the table, together acting as a cohesive group, responding to each other naturally on screen.

With an ensemble cast of characters who each have their own complex



In the opening scene of the television series “Quantico,” FBI recruit Alex Parrish (Priyanka Chopra) wakes up on a New York street and has lost her memory. “Quantico” tells Alex's story with a plot full of drama and suspense. COURTESY OF ABC STUDIOS

agenda, the show has a thousand different ways it might have evolved, and the writers have not shied away from picking extremes. Nothing is off limits in this show, such as one scene in the pilot episode where a classroom exercise in extreme interrogation goes horribly wrong without warning.

The show follows a familiar theme — the FBI fighting domestic terrorists — but

the show takes a fresh angle by introducing the NATS and giving the audience insight into the training. “Quantico” also presents as a kind of whodunit with plenty of clues to allow the viewer to play detective alongside the FBI. In fact, the viewer soon realizes that every scene or nugget of information is presented for a reason, playing its part in leading up to the season finale. And this attention

to detail is complemented by a similar focus on the many layers of complexity uncovered in the development of the characters, adding to the overall theme of suspense that exists within the show. “Quantico” was created and written by Joshua Safran.

CONNECT WITH JACQUELINE BORWICK
JBORWICK@ITHACA.EDU | @JACKIE3902

Tracks suffer from dull and inconsistent style

BY MATTHEW RADULSKI
STAFF WRITER

We Are Scientists is an independent rock band from California whose latest release, “Helter Seltzer,” struggles with genre. It lacks any real hard or challenging tracks, making the entire album bleed together. Lacking standouts, “Helter Seltzer” is, unfortunately, a forgettable album.

ALBUM REVIEW
We Are Scientists
“Helter Seltzer”
100% Records
Our rating:
★★★★☆

This isn't to say that the music is problematic, however. The music is technically smooth. The beats and guitars are consistent, and the backing vocals help to bring out the best in every chorus. Quirky noises from an electric keyboard or string section pop in and out on the tracks to add a bit of flare. All the sounds blend into a sweet mix. Nothing sticks out for the wrong reasons, but then again, nothing sticks out at all.

“Helter Seltzer,” at its worst, feels like it could be by any band because

there are simply no distinguishing features. At its best, it feels like one long, sophisticated pop song, but nothing feels quite like the rock label that the band puts on itself. The band's work on “Helter Seltzer” seems to have confused We Are Scientists, genrewise, which trickles down to the listeners.

Every song has the same structure. There is a brief instrumental intro, which dissolves into the proper ambience of the song. Vocals then kick in. On “Want for Nothing,” it's an acoustic guitar that leads in, followed by vocals pining for love. A subtle string section comes in just before the chorus, and then drums enter, followed by the second verse and a delicate chorus. It's a pleasant song, with understated strings and piano at various points. However, it follows the same blueprint as every other song on the album, which makes it get lost in the crowd. The songs are crisp but similar, and nothing comes close to being great.

“Classic Love” shows how the band



COURTESY OF 100% RECORDS

is torn between a rock sound and a pop sound. The chorus is like any other chorus on the album. “Classic love isn't good enough anymore” is stated with smooth backing vocals. What does pop is a sharp guitar riff that comes and goes. The riff feels bold, but the chorus is anything but.

“Helter Seltzer” can be skipped without fear. It's pleasant, and as a pop record, it's fine. The band plays it safe but begins to get life when it gets closer to the edge. If it didn't feel so smooth, it might be worth going out of the way for a listen.

CONNECT WITH MATTHEW RADULSKI
MRADULSKI@ITHACA.EDU | @MATTHEWRADULSKI

Ferg's album 'prosper's'

BY CECILIA MORALES
STAFF WRITER

Since his 2013 debut with the critically acclaimed album “Trap Lord,” Harlem rapper A\$AP Ferg has created an identifiable persona within the trap subgenre. With the release of his sophomore attempt, “Always Strive and Prosper,” the self-proclaimed lord of trap music shows off a lighthearted and honest side, featuring unexpected guests to create an album that narrates his journey to becoming a successful artist.

Right away, Ferg highlights his musical metamorphosis during the album's opening track, “Rebirth.” The lyrical content of the album retains a similar, comical tone to “Trap Lord,” but there is a hint of seriousness introduced that showcases Ferg's ability to talk about meaningful content.

The album incorporates elements of electronic dance music,

deep house and funk-based songs, which is a surprising yet intriguing change of pace for Ferg.

The most impressive feature of the album, however, is how it is set up. Ferg weaves a series of spoken word skits and recorded voicemails, which are meant to fill the gaps of the album. If listened to in order, the skits flow right into the tracks, creating a narrative that includes both fun and genuine themes. The album is, overall, a story that takes the audience through the highs and lows of the rapper, ultimately introducing listeners to a more approachable side of Ferg.

CONNECT WITH CECILIA MORALES
CMORAL1@ITHACA.EDU | @CECILIAMO95



COURTESY OF POLO GROUNDS MUSIC

QUICKIES



COURTESY OF GLASSNOTE ENTERTAINMENT

“THERE WILL BE TIME”
Mumford & Sons
Glassnote Entertainment
Mumford & Sons' light, peaceful tune “There Will Be Time” was released April 22. The track is slow-tempoed with sweet lyrics. The band collaborates with popular Senegal singer Baaba Maal.



COURTESY OF SONY MUSIC ENTERTAINMENT

“DUELE EL CORAZON”
Enrique Iglesias
Sony Music Entertainment
“Duele el Corazón” is a catchy pop hit released April 19 by Enrique Iglesias. The Spanish hit would be nothing without Iglesias' signature sultry lyrics as he sings of romantic struggles.



COURTESY OF SIX SHOOTER RECORDS

“HOPE”
The Strumbellas
Six Shooter Records
The Strumbellas released their latest album, “Hope,” on April 22. The feel-good album features indie sounds mixed with a fresh country twang. The 11-song album is a classic summer album, good for easy listening.

BY DANIELLE ALLENTUCK
SPORTS EDITOR

With the sun setting on South Hill one sunny afternoon in late April, sprinter Eliza Dewart, an accelerated fifth-year physical therapy student, is at track and field practice, just like she has been for the past three and a half years. As she completes practice, with her white spikes with a gold Nike check glistening in the sunlight, she's working as hard as she can to make the most of her last month in a Bomber uniform.

Four years ago, her older sister, Emma Dewart '12, was in the same spot, in the very same shoes.

Emma joined the Ithaca College track and field team in 2008, where she went on to become the most decorated runner in the program's history, picking up 11 All-American honors and a national title in the indoor pentathlon at the 2011 National Championships.

"Everyone always told me I have such big shoes to fill, but we wear the same shoe size, so there weren't any shoes to fill," Eliza Dewart said.

Dewart grew up in an athletic family, and she participated in basketball, field hockey and track and field. In the fourth grade, her parents signed her up for the same track and field program as Emma. In the seventh grade, she moved up to varsity track, where she ran for a year alongside her sister.

Dewart said having an older sister on the track and field team inspired her to push herself to her limits and become the best athlete she could be.

"We've always been best friends," Dewart said. "It's kind of just always been our thing we do together. She's an incredible athlete, and she really inspires me and motivates me."

Emma Dewart said having the support of her family, especially her sister, made a big difference in her performance during her time on the team here.

"It was just passed down from our parents that we had to work hard and train hard, and then good things will happen," Emma Dewart said. "Eliza came to every one of my college meets that she could, and she traveled out to nationals to watch me, so that was pretty awesome."

Dewart said she decided to follow her sister to the college and began her freshman year in 2012 as a member of the field hockey team in the fall and the track and field teams in the winter and spring. However, after her freshman year, she said, she decided to focus solely on track and field.

"It became a little bit too much to be playing a sport in the fall, winter and spring," Dewart said. "I had a couple knee injuries, and my doctor kind of swayed me away from playing a contact sport, so track was the next best option."

Head coach Jennifer Potter said she has enjoyed working with both sisters.

"They're very different personalities and types of people, but the work ethic that comes with the last name is pretty similar," Potter said. "They work through issues and are very tough."

In her freshman season, Dewart went on to become the Empire 8 Indoor Conference champion in the 400-meter. Over the past three seasons, she has accumulated countless other honors, including being named Athlete of the Meet at the 2016 Empire 8 Indoor Championships after winning the 200- and 400-meter events.

Coming into college, Dewart said, people had high expectations for her because of the things her sister accomplished during her time on the team.

"She's incredibly blessed as an athlete, and I didn't expect to do as well as her because we are in completely different events," Dewart said.

With only a month left of her last season, Dewart is working

toward making Nationals for the first time in her career. However, she is currently recovering from what doctors believe is a torn labrum in her hip, something that has drastically altered her training routine. She suffered the injury at the end of March while practicing hurdles.

"I was told by a couple of people that I was done, but I refused to believe that," Dewart said. "I've never had an injury that I haven't been able to work through, but this one is definitely tripping me up a lot."

The tear occurs when there is damage to cartilage and tissue in the hip socket. The labrum prevents bones from rubbing against each other and keeps the leg bone in place while also adding stability. When the labrum tears, the cushion that separates the bones is no longer there, and the bones will rub directly against each other.

Since the injury, she has been able to return to practice but said she can only run for as long as she can tolerate the pain. Dewart said the pain is different each day, and she has to evaluate on a day-to-day basis what she can do at practice.

"I'm the kind of athlete that is always trying to do extra because I know that will make me the best possible athlete," Dewart said. "I'm always doing extra sprinting and cutting my rest in half, and I'm not able to do that. It's just kind of I hope I make it through the workout today without pain."

Potter said they have taken an individualized approach to Dewart's training this season.

"Her volume has been decreased, and we're doing things based on how she feels versus following the set plan," Potter said. "With her, it's day-by-day, how are you feeling, what did you do at work today. If she feels a little better, we can do something a little more aggressive."

Since Dewart is currently completing her physical therapy clinical, she said she has to be careful not to push too far.

"My career is the first time I've ever had to put anything ahead of track, which is pretty scary to do," Dewart said. "It's definitely realistic. I need my hip for the rest of my life, but I just refuse to believe I'm done."

Dewart returned to competition April 16 at the Greyhound Invitational for the first time since the injury. One week later, she was back in top form at the Empire 8 Championships on April 23, where she won the 400-meter and set a personal record in the process.

The injury, which she said will most likely require surgery at the end of the season, has not held her back from making her ultimate goal of qualifying for nationals.

"I just tell myself to tolerate as much as I can until it gets to the point where I run until my legs wear out and they cannot move anymore, and then I know I'm done," Dewart said. "Nationals is still my goal to get there no matter what it takes."

CONNECT WITH
DANIELLE ALLENTUCK
DALLENTUCK@ITHACA.EDU
@D_ALLENTUCK

STAYING ON TRACK

Senior Eliza Dewart continues the family legacy and overcomes injuries during her senior season



Emma Dewart, Eliza's sister, competes at the NCAA Championships in 2012. She is the most decorated runner in program history.
COURTESY OF ELIZA DEWART



COURTESY OF ELIZA DEWART

THE BOMBER ROUNDUP

The Ithacan's sports staff provides statistical updates on all of the varsity Bomber squads during the spring season



Freshman defenseman Reid Simoncini plays in the women's lacrosse team's game April 24 in Higgins Stadium. The Bombers went on to win 18-2 to pick up their 11th win.
SEAN DULLEA/THE ITHACAN

Women's Crew

RESULTS		
Event	Time	Place
Varsity 4	8:48.94	1st
Varsity 8	7:31.0	1st
Novice 8	8:03.6	1st

Next regatta: 8 a.m. April 30 at the New York State Championships in Saratoga Springs, New York

Men's Crew

RESULTS		
Event	Time	Place
Varsity 4	8:28.8	3rd
Varsity 8	6:40.5	1st
Varsity 8	6:32.3	1st

Next regatta: 8 a.m. April 30 at the New York State Championships in Saratoga Springs, New York





Softball

RESULTS		
 11-10 	April 23	
Ithaca		Stevens
 8-0 	April 23	
Ithaca		Stevens
 1-0 	April 24	
St. John Fisher		Ithaca
 7-0 	April 24	
Ithaca		St. John Fisher

STANDINGS		
	Conference	Overall
Ithaca	13-1	27-7
St. John Fisher	10-2	30-6
Utica	9-3	21-13
Alfred	7-5	22-10
Stevens	7-7	21-17
Elmira	3-11	10-14
Nazareth	1-9	17-19
Houghton	0-12	7-27

Next game: 3:30 p.m. April 27 against Union College on Kostrinsky Field

Women's Lacrosse

RESULTS		
 23-1 	April 23	
Ithaca		Alfred
 18-2 	April 24	
Ithaca		Utica

STANDINGS		
	Conference	Overall
Ithaca	7-0	11-4
St. John Fisher	6-1	14-2
Stevens	5-2	9-6
Nazareth	4-2	9-5
Utica	4-3	9-6
Elmira	2-5	5-8
Hartwick	2-5	5-9
Houghton	1-5	4-10
Alfred	0-8	4-13

Next game: 1 p.m. April 30 against St. John Fisher in Higgins Stadium

Men's Lacrosse

RESULTS		
 22-11 	April 23	
Ithaca		Alfred

Next game: 4 p.m. April 27 against Elmira College in Elmira, New York.

STANDINGS		
	Conference	Overall
Ithaca	6-0	14-1
Nazareth	6-1	11-5
Stevens	6-1	13-3
St. John Fisher	4-3	7-8
Alfred	3-3	9-4
Hartwick	2-4	4-8
Elmira	1-5	4-7
Utica	1-5	2-11
Houghton	0-7	3-11

Track and Field

Empire 8 Championships – Women		
School	Score	Place
Ithaca	282.5	1st
Utica	78.5	2nd
Stevens	66	3rd
St. John Fisher	63	4th
Nazareth	49	5th
Houghton	32	6th
Alfred	11	7th

Empire 8 Championships – Men		
School	Score	Place
Utica	165	1st
Ithaca	114	2nd
Stevens	105	3rd
St. John Fisher	93	4th
Nazareth	70	5th
Alfred	27	6th
Houghton	15	7th

Ithaca Quad – Women			
Event	Name	Place	Results
100-meter	Elizabeth Dowling	1st	13.5
100-meter Hurdles	Allie Nugent	1st	16.82
200-meter	Eliza Dewart	1st	26.93
1,500-meter	Emily Krakowski	1st	5:18.02
Discus	Charis Lu	1st	37.74m
Hammer Throw	Yvonne Palacios	1st	46.32m
High Jump	Natalie Meyer	1st	1.57m
Long Jump	Emily Williams	1st	4.64m
Shot Put	Charis Lu	1st	11.79m

Next invite: 9 a.m. April 28 at Penn Relays in Philadelphia

Ithaca Quad – Men			
Event	Name	Place	Results
100-meter	Jake Dombek	1st	11.91
110-meter Hurdles	Andrew Ward	1st	16.85
1,500-meter	Connor Cleveland	1st	4:30.91
Discus	Sam Cherney	2nd	44.7m
Hammer Throw	Larry Cass III	2nd	50.92m
Pole Vault	David Dorsey	2nd	4.4m
Long Jump	Kyle Davis	2nd	5.92m

Next invite: 9 a.m. April 28 at Penn Relays in Philadelphia

Baseball

RESULTS		
 12-6 	April 20	
Ithaca		Elmira
 5-1 	April 23	
Ithaca		Houghton
 8-7 	April 23	
Ithaca		Houghton
 9-2 	April 24	
Ithaca		Houghton

STANDINGS		
	Conference	Overall
St. John Fisher	11-1	23-8
Stevens	11-4	21-13
Ithaca	10-3	19-12
Utica	6-9	8-18
Canton	4-11	9-21
Houghton	3-10	13-20
Elmira	2-9	9-19

Next game: Noon April 30 against St. John Fisher in Rochester, New York





Golf

Ithaca College Invitational – Team		
Team	Score	Place
Cortland	685	1
Ithaca	691	2
Le Moyne	723	3
St. John Fisher	804	4
Elmira	841	5
Nazareth	1043	6

Next match: May 10 at the NCAA Championship in Houston

Ithaca College Invitational – Individual		
Name	Score	Place
Indiana Jones	160	1st
Kyra Denish	170	3rd
Kimberley Wong	181	11th
Mary Rooker	184	12th
Colleen Vaughn	232	30th

Men's Tennis

RESULTS		
 7-2 	April 23	
Ithaca		Hamilton
 8-1 	April 24	
Ithaca		Utica

Next game: Noon April 30 against Elmira on the Ben Wheeler Tennis Courts

Women's Tennis

RESULTS		
 7-2 	April 23	
Hamilton		Ithaca

Next game: 10 a.m. April 23 against Hamilton College in Clinton, New York

Left-handers and right-handers go head to head



Senior left-handed pitcher Benji Parkes has four wins and three losses so far this season. Parkes has accumulated 44 strikeouts, 17 walks and 30 earned runs in 61 innings pitched.

CAITIE IHRIG/THE ITHACAN



Freshman Sam Little bats left-handed and throws right-handed. Little has hit five home runs and 35 RBIs with a .306 batting average in 108 at bats so far this season.

CAITIE IHRIG/THE ITHACAN

**BY DANIELLE ALLENTUCK
AND LUKE HARBUR**
SPORTS EDITOR AND ASSISTANT
MULTIMEDIA EDITOR

In the baseball world, there are many differences between being left-handed and right-handed. Although the majority are right-handed, left-handers have multiple advantages. Baseball head coach George Valesente said if it comes down between a left-hander and a right-hander, the left-hander is more likely to be chosen not because of skill but because of simply being left-handed.

The Ithaca College baseball team consists of 29 players. Six of its players are left-handed batters, and two players are left-handed pitchers, which is 20 percent and 6 percent of the team, respectively.

Valesente said that throughout his playing and coaching career, he's seen more right-handed pitchers than left-handed pitchers.

"If you're playing five games, four times you will face a right-hander,

and one time you face a left-hander," Valesente said. "Hitters have more experience against right-handers because they face many more right-handers than they do left-handers."

Sophomore catcher Jonathan Ripic is a left-handed batter on the team. He said he can remember when he began hitting as a leftie during his childhood.

"I started in Little League and messing around in the backyard," Ripic said. "One day, I was batting left-handed and hit the ball harder than I did right-handed. That was probably in the fourth or fifth grade."

Valesente said left-handed batters like to hit against right-handed pitchers. Since the team only has two left-handed pitchers, the coaches switch off between throwing left-handed and right-handed during practice to give them experience.

"I'll throw batting practice for them often," Valesente said. "We have a left-handed throwing coach and a right-handed throwing

coach, so we like to alternate back and forth so a hitter has a chance to see both."

Ripic also said being a left-handed batter comes to an advantage when playing on certain baseball fields.

"Lefties are going to hit towards right field than left, most of the time," Ripic said. "Our team was playing in a ballpark that had a short distance to the right field. It made it nice because I hit the ball farther over the fence."

Sophomore pitcher Chad Bartlett is one of the two left-handed pitchers on the team. He said being left-handed in college baseball brought him college recruitment benefits.

"In baseball, it's a known advantage to be a left-handed pitcher," Bartlett said. "As a righty, you have to throw low 90s, high 80s. As a leftie, if you're throwing in the mid-80s, schools will look at you."

Valesente said left-handed pitchers typically throw differently from

right-handed pitchers since the ball will typically curve out instead of following a straight path.

"Left-handers traditionally have trouble throwing the ball straight," Valesente said. "Basically, what it would do is it would tail away from the right-handed batter. Right-handers don't have that natural tail in their fastball."

However, there are also many downsides to being left-handed. Valesente said left-handers can only play four of the eight field positions: first base, left field, right field or center field.

Meanwhile, right-handers can play all eight. He said this has to do with the way the players turn their bodies when they go to throw, catch and field the ball at these positions.

Especially when playing first base, Valesente said, a left-hander has a defensive advantage over a right-hander. For example, left-handers have a better reach off the bag for balls hit in play when playing first base

than right-handers since they do not have to stretch over their bodies as right-handers would have to.

"They can look like they're going to home, and then they can throw to first," Valesente said. "Righties are more tied to turning quick and throwing to first or throwing to home, so the lefties have an advantage when it comes to that aspect of that. That's a huge advantage because if a lefty has a good pick-off move, it's hard to steal — it hampers your running game."

Bartlett said despite the fact that he is outnumbered in the baseball world, he doesn't take being left-handed as a bad thing.

"There are certain aspects of baseball where, as a leftie, I don't even have to do the drills," Bartlett said. "It is all the same when it comes down to it."

CONNECT WITH DANIELLE ALLENTUCK
DALLENTUCK@ITHACA.EDU | @D_ALLENTUCK
CONNECT WITH LUKE HARBUR
LHARBUR@ITHACA.EDU | @LHARBUR



Senior pitcher Laura Quicker gave up two hits during the team's 8-0 win over Houghton College on April 15.

CAITIE IHRIG/THE ITHACAN

Softball senior pitcher perfects game

BY ADAM BROBST
STAFF WRITER

The Ithaca College softball team is currently 27-7 this season and 13-1 in conference play, and one of the players who has had a huge role in its success is senior pitcher Laura Quicker.

As of April 26, Quicker has a personal record of 12-3 with four shutouts this season. She is fourth in the Empire 8 in earned run average with 2.23 and third in strikeouts with 75. She is second in the Empire 8 with 29 strikeouts that caught the batter looking.

Quicker's record amounts to 32 wins and 20 losses over her four years as a Bomber and has amassed 219 strikeouts.

Quicker said her love of pitching began much like that of many players: in the backyard playing with her family.

"I had done a little pitching when I was younger, but I started taking pitching lessons when I was in ninth grade. Until then, I was an infielder," she said. "My brother and dad would always pitch outside and practice, and it was something that I always wanted to be included in. ... My dad and my brother are largely responsible for my development as well as my love for pitching."

Though the pitcher is the only player recognized for earning shutout games, Quicker said she cannot take credit for them herself. Her last shutout occurred April 20 against SUNY Cortland.

"All of the shutouts have been total-team efforts, and I wouldn't be able to do it without the hard work of the eight other players on the field," Quicker said. "Those are the games when we are all together and playing our best. We like to call it winning every part of the game."

Head coach Deb Pallozzi agreed that the credit for the shutout goes to the team, but she said Quicker's precise pitching is very helpful.

"She has a great defense behind her, and she realizes that," Pallozzi said. "So on the days when it's really good to pitch, she understands that and has put balls in great spots where she's getting the easy ground out or getting the lazy fly ball out."

Pallozzi also said she has been impressed with the way Quicker has pitched in several of the games with below-freezing temperatures.

"I mean, the real feels have been in the 20s, and we shouldn't even be playing in those types of games," Pallozzi said. "So for a pitcher

to be able to grind out the wins like she has for us in those games and have people come in and help out — that, to me, is staggering."

Quicker said she gives most of the credit to her teammates rather than herself solely.

"As a team, we wanted to improve on our hitting so that our solid defense had support," she said. "As a whole, I think that there is a more positive, confident feel. The coaching staff has really instilled in us that there is no one on our schedule that can beat us, and that is the mentality that we are going into each game with."

One of the teammates who has played with Quicker all four years is senior Casey Gavin. Gavin said she sees Quicker as one of her best friends and that being able to play with Quicker has been nothing but a great experience.

"I have so much confidence in her while she's on the mound, and that makes playing defense behind her so much easier," Gavin said. "Laura is my best friend, so having the ability to play the game we both love alongside her is really something that has made my four years here that much more special."

Pallozzi said one big thing Quicker has done for

the team is help develop the younger talent.

"She is a great leader in the bullpen, and over the offseason, she helped Payton [Cutting] a lot, our younger pitchers, and really took them under her wing because we can't be with them, so she helped them develop," Pallozzi said.

Pallozzi said Quicker has also developed her own skills and has consistently improved throughout her time on the team.

"She's worked a lot with her mound presence," Pallozzi said. "At leadoff, her first two starts were tough, and then mentally, she stayed real, real strong, and then her next start was dynamite."

Quicker said for her personal goals, she is just sticking with the team goal for her final year as a Bomber.

"Our team goal for the season is to go undefeated in conference play and to be able to host the conference tournament, then continue to excel from there," Quicker said.

Pallozzi said she has been very lucky to coach Quicker for the past four years.

"I'm fortunate I have great kids, and Laura happens to be one of them," Pallozzi said.

CONNECT WITH ADAM BROBST
ABROBST@ITHACA.EDU
@BROBSTA56



BEND IT
LIKE BECK

JONATHAN BECK

Softball looks toward playoffs

Over the past 15 years, the phrases Ithaca College softball and Empire 8 champions have frequently become synonymous. Year in and year out, the Bombers consistently dominated the conference.

In 2002, they won their first national championship in the college's history, going 37-13 and defeating Lake Forest College in the title game 1-0.

Since then, the team has been crowned Empire 8 champions eight times in 12 years, and only twice — in 2013 and in 2015 — did it not finish in first place during the regular season.

But this time around, the South Hill squad entered the 2016 season not defending its Empire 8 title for the second time in three years, the first time it hasn't won a title a year after it lost since it began Empire 8 play in 2001.

As of April 25, the Bombers currently hold a 27-7 record, their best start to a regular season since 2006 when they went 40-7 and lost in the College World Series.

The 23rd-ranked Blue and Gold clinched first place after defeating St. John Fisher College on April 26 to earn home-field advantage throughout the Empire 8 playoffs, which start May 6.

They are currently first in the Northeast region, topping strong teams such as SUNY Cortland and Rensselaer Polytechnic Institute.

However, their biggest challenge is overcoming St. John Fisher College.

The Cardinals rank first in almost every category in the conference, leading in average, hits, earned run average, shutouts, strikeouts and innings pitched.

In their most recent series against the Cardinals, they split a doubleheader. The Bombers lost the first game 1-0 but rallied in the second game to pick up a 7-0 victory.

The Bombers are led by senior first baseman Casey Gavin, who is putting together a career-best season, hitting .407 with 27 runs scored, knocking in 20 runs batted in and a .523 on-base percentage.

Senior pitcher Allison Macari leads with a 10-3 with a 1.75 ERA, tying classmate and senior pitcher Laura Quicker for the team lead with 10 complete games.

For now, the Bombers have plenty of momentum, winning 14 of their last 16 games, heading into the home stretch with games against Union College and Buffalo State College.

The Empire 8 Championships will begin May 6.

BEND IT LIKE BECK is a column about sports issues written by Jonathan Beck. **BECK** is a junior sport media major. Connect with him at jbeck3@ithaca.edu or @jonbeck365.

IC members participate in CrossFit

BY SARAH RESMAN
STAFF WRITER

Ithaca College students and professors come together outside of the classroom at CrossFit Pallas. Located on the outskirts of Ithaca on Cherry Street, the CrossFit Pallas gym has created a community of its own.

CrossFit is a strength and conditioning program that involves performing functional movements that are constantly varied at high intensity. Classes at CrossFit Pallas are an hour long and focus on different muscle groups.

The exercises are based on movements found in gymnastics, weightlifting, running and rowing, among many other exercises.

Sophomore Kathryn Montgomery, who came across the gym after being referred to it by a teammate on the dance team, said there are two main things that they combine into one class.

The first involves doing as many repetitions of an exercise in a given amount of time. The second is all about strength and taking the time to make clean lifts.

"With CrossFit, the coach prescribes a workout for you, and there is some science behind it," Montgomery said. "They tell you exactly what to do, and there's a reasoning behind it. I don't know that reasoning, but it works, and it only takes an hour."

The first CrossFit gym was created in 2000, and the brand has since expanded to over 11,000 gyms nationwide.

Montgomery said the variety of exercises has helped her get stronger.

"It's hard to say what a typical CrossFit workout is because they are so different," Montgomery said. "Because you don't do the same movements every day, you will come back to a movement that you haven't done for weeks or even months, and

you test that, and you are just amazed because you are doing things you couldn't do months or weeks ago."

The program focuses on data, and individuals follow their progress. CrossFit Pallas holds an open, where members of the gym compete against each other and themselves to see where they are in their training.

Senior Jacqueline Unger found out about CrossFit Pallas from Jim Garofalo '15, who was her lab partner in anatomy and physiology and is now a coach at CrossFit Pallas.

Brian Dozoretz, manager of recording services in the college's School of Music, said he got into CrossFit after hearing about it from his wife.

"My wife loved it right off the bat, and she said that I would actually love it," Dozoretz said. "And I was like, 'No way.' Being up here, I get so many benefits through the fitness center and wellness clinic, so I was like, 'I don't need to pay to go off campus.'"

After hearing more about CrossFit Pallas, Dozoretz said, he eventually decided to give it a try.

"I heard more and more about it, and they were opening their new space," Dozoretz said. "So I thought that was fairly interesting that they were expanding so much, and I had seen how great it had been for my wife."

CrossFit Pallas is currently the longest-standing CrossFit affiliate in Ithaca and is owned by Tim Paulson '12 and Eamon Coyne '12.

The co-owners and training partners met on the college's club ice hockey team.

Paulson said he enjoys getting to work with the community.

"Getting up every day and making people more awesome physically and mentally is a pretty awesome job to have, so I would definitely consider myself lucky," Paulson said.

The athletes at CrossFit Pallas said they enjoy the community sense they



Sophomore Kathryn Montgomery works out at the CrossFit Pallas on April 25. She began CrossFit last year after watching her brother.

SAM FULLER/THE ITHACAN

get when they walk in the door. Unger said it is easier to train when they have a support system cheering for them and supporting them both in and out of the gym.

"We have such an awesome community," Unger said. "We all come together in this one place, and we care about each other. We go out to eat together, and we just check up on each other. Waking up knowing I'll see my friends there really helps."

Paulson said he works a little to promote the community sense in their gym but that the athletes really take it on themselves.

"When people come to classes,

they usually show up 10-15 minutes early and leave 15 minutes late just because they're socializing and they're hanging out," Paulson said. "It doesn't matter where you go to school. It doesn't matter what you do for a living because everyone is there for the same reason."

Unger said she is in the best shape she has ever been in. She feels healthier in every aspect of her life.

"I wake up happy every day. It's had a very positive impact on me," Unger said.

CONNECT WITH SARAH RESMAN
SRESMAN@ITHACA.EDU | @SARAHRESMAN

Men's rugby Sevens team qualifies for Nationals

BY CASEY KOENIG
STAFF WRITER

The Ithaca College men's club rugby Sevens team showed off its talent when it qualified for the Sevens Nationals in Philadelphia for the first time by winning the National Small College Rugby Organization National Qualifier on April 16.

The men beat several teams in the NSCRO National Qualifier in Pittsburgh on April 16 in order to qualify, including Frostburg State University 21-17, Robert Morris University 21-10, Allegheny College 20-17, Fairmont State University 29-5 and SUNY Plattsburgh 36-29, which they beat in the final.

The team began to prepare for the qualifier in January. Head coach Annemarie Farrell said the team came back to Ithaca a week early after winter break and did double sessions to prepare.

"They are working with Volt Athletics on a rugby-designed strength and conditioning program," Farrell said. "Bombers Sevens will be practicing weekly through graduation before some players have to leave for internships and work."

At the college, there is both a Sevens and a 15s team. When seven people play, the game flows more like a game of pickup basketball, while when 15s people play, the game is more like football.

Farrell said practices are built on gameplay rather than drills.

"I feel that having a focus on fun and match transferability are key to providing a great sport experience," Farrell said.

The team began its season in Las Vegas for the Las Vegas Invitational on March 3.

Sevens senior captain Jonathan Tanguay said the tournament was challenging but helpful. The Bombers finished the tournament in second place.

"You learn more from losing than you do from winning," he said. "There's more to gain from a loss than necessarily a win because you're not really



Members of the Ithaca College men's club rugby team celebrate after winning the National Small College Rugby Organization National Qualifier on April 16 in Pittsburgh for the first time.

COURTESY OF ANNEMARIE FARRELL

looking for what you did wrong when you win."

The team swept its home tournament March 19, playing teams that Tanguay said were similar in skill level to that of the Bombers.

"That was more of a confidence boost because we realized that this was what the competition was going to be closer to than what it was in Vegas," Tanguay said.

The team also played against Syracuse University, a Division I team, in the Carrier Dome in Syracuse, New York, in a couple of scrimmages March 24 after the Vegas Tournament to prepare for the National Qualifier.

Although the team suffered tough losses at the tournament, Tanguay said it was able to use it to base its progress on.

"It was interesting to see how much we'd improved since Vegas," Tanguay said. "We lost both the scrimmages, but they were a lot closer than the

ones in Vegas."

Many of the members of the team did not begin playing rugby until they got to college. Tanguay said half of the starters on the team just began playing in the fall. Senior Trevor Maycumber was named MVP of the NSCRO qualifier, and this was his first season.

"Each of us played like MVPs. Each of us have different roles on the team," said Maycumber, who played football for the college for a year.

Farrell said the team is now working hard to do well at Nationals and compete against the six other qualifying teams.

"We are focused on winning a national championship," Farrell said. "This is what we have been working so hard for, so we are happy to get there. But we still have some work to do."

CONNECT WITH CASEY KOENIG
CKOENIG@ITHACA.EDU | @CASEYKOENIG19

the Buzzer

Playoffs UPDATE

NHL



In the first round of playoffs in the NHL, six out of 16 teams have advanced to the second round so far. In the Eastern Conference, wild card team the New York Islanders beat the No. 1 Florida Panthers 4–2. The Islanders will be facing off against the No. 2 Tampa Bay Lightning in the second round. Tampa Bay advanced after winning 4–1 against the Detroit Red Wings. The No. 1 Washington Capitals have also advanced to the second round after defeating the second wild card team the Philadelphia Flyers 4–2. The No. 2 Pittsburgh Penguins played the No. 3 New York Rangers in the first round and won 4–1. The Penguins and Capitals will face off in the next round. In the Western Conference, the No. 1 Dallas Stars won 4–2, defeating the second wild card team, the Minnesota Wild. The Stars will be playing the winner of the series between the No. 2 St. Louis Blues and the No. 3 Chicago Blackhawks. The Blues lead the Blackhawks 3–2. The No. 1 Anaheim Ducks are currently leading wild card team Nashville Predators 3–2. The winner of that series will go on to play the No. 3 San Jose Sharks, which defeated the No. 2 Los Angeles Kings in the first round 4–1.

Updated as of April 24

NBA



Two out of 16 playoff teams have advanced to the second round of playoffs so far. In the Eastern Conference, No. 1 Cleveland Cavaliers swept the Detroit Pistons 4–0. Cleveland will be playing either the No. 4 Atlanta Hawks or the No. 5 Boston Celtics. The Hawks and Celtics are currently tied at two games a piece. The No. 3 Miami Heat is up 2–1 against the No. 6 Charlotte Hornets. The winner of that series will play either the No. 2 Toronto Raptors or the No. 7 Indiana Pacers. The Pacers and Raptors are currently tied 2–2 in the first round. In the Western Conference, the No. 1 Golden State Warriors are up 3–1 against No. 8 Houston Rockets. The No. 4 Los Angeles Clippers are beating the No. 5 Portland Trail Blazers 2–1. The winners of these matchups will face off in the second round. The No. 3 Oklahoma City Thunder is 3–1 against the No. 6 Dallas Mavericks. The winner of this series will play the No. 2 San Antonio Spurs in the second round. The Spurs swept the No. 7 Memphis Grizzlies 4–0 in the first round.

Updated as of April 24

PLAYER OF THE WEEK



Giving the Ithaca College softball team its 24th win of the season, senior catcher Kelly Robichaud hit a walk-off home run in game two of a doubleheader against SUNY Cortland on April 20. The Bombers and Red Dragons remained scoreless heading into the bottom of the seventh. Robichaud was first to bat in the final attempt for the Bombers before extra innings and knocked a solo home run to deep center field to give the Bombers a 1–0 win in style. This win was the Bombers’ eighth in a row at the time. The walk-off was her fifth home run of the season, and Robichaud left the game with a .313 batting average on the season. Since her walk-off, Robichaud is 7–13 with nine RBIs and two home runs in four games.



Top Tweets

The best sports commentary via Twitter from this past week



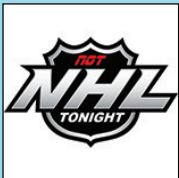
The Fake ESPN
@TheFakeESPN

Conor McGregor’s retirement is the worst thing to hit Ireland since the potato famine.



Fake SportsCenter
@FakeSportsCentr

If Arrieta throws a no-hitter & the Reds lose by 10 runs Pete Rose will cover his parlay.



NOT NHL Tonight
@NOTNHLTonight

Andrew Shaw suspended 1 game, fined \$5,000. Blackhawks fans no longer care, as they’ve become Blues fans after last night’s game.



NOT Baseball Tonight
@NOTMLBTonight

Friendly reminder that the Cubs got Jake Arrieta from the Orioles for Scott Feldman and Steve Clevenger.

Pick up a copy of
The Ithacan's Year in Review,
on stands May 2.



LOOK BACK ON THE YEAR WHEN STUDENTS FOUGHT AGAINST SYSTEMIC RACISM, TOM ROCHON ANNOUNCED HIS EARLY RETIREMENT AND THE BOMBERS LOST YET ANOTHER CORTACA GAME.