

THE ITHACAN

THURSDAY, SEPTEMBER 26, 2013 • VOLUME 81, ISSUE 5

SWITCHING GEARS

Ithaca is making policy changes to make the roads safer for bikes



BY NATE KING
STAFF WRITER

With helmets strapped on and bikes in gear, several hundred residents and more than 80 volunteers came together at Streets Alive! Ithaca on Sept. 22 to support efforts to make the city's streets more bike friendly.

The City of Ithaca wants to make its streets safer and easier for bikers to travel on. This vision is reflected in the proposed Bicycle Boulevard Plan, which aims to establish a network of bike boulevards throughout the city.

Bike-accident lawyer James Reed said New York state law affords

cyclists the same protection rights as motorists.

"Because a bicycle is considered a 'vehicle' under N.Y. law, bikes are governed by the same laws as motor vehicles," he said in an email. "Although contrary to most motorists' beliefs, this means that a cyclist has the right to use the full road when necessary to ride safely."

Adopted by the City of Ithaca Board of Public Works in September of 2012, the bicycle boulevard is set to begin construction during the summer of 2015. It will be a safe route for riders to get from one end

See **BIKES**, page 4

Brendan Davis leads a pack of members of the Bomber Bikes down the campus walking trail to Coddington Road.
DURST BRENEISER/THE ITHACAN

Ithaca job growth tops NY rankings

NICOLE MANCE
CONTRIBUTING WRITER

The City of Ithaca had the highest job-growth rate in New York between 2002 and 2012, according to a recent report released by the New York state comptroller. Ithaca outperformed New York City, the most populated area in the state, by 4.17 percent.

The "Employment Trends in New York State" report states that total employment in Ithaca rose 12.14 percent. Private employment grew by 11.96 percent, and government employment grew by 15.12 percent during the study's 10-year span.

New York's total increase in jobs during the decade was 3.99 percent, and its government employment declined by 2.12 percent, according to the trends report. In Syracuse, the total employment rate declined by 1.44 percent. In the capital district, including Albany, the total employment rate rose by 1.21 percent.

Ithaca Mayor Svante Myrick said he was pleased with the report, but there is more to achieve.

"I'm proud that we are the leading area for job growth in NYS, but I'm not yet satisfied that we've created as many jobs as we need to for people who live here," Myrick said.

Tomas Harrington, general manager of Viva Taqueria & Cantina, just off The Commons on North Aurora Street, said the mayor has been making productive strides to improve the city.

"The mayor has been doing a great job as far as getting some projects moving forward, he has really gotten things in motion," Harrington said.

One such initiative spearheaded by Myrick is the ongoing construction across the City of Ithaca. Myrick said these projects have contributed significantly to the job growth in the area.

"But we can't rely on construction forever," he said. "There is a limit to our physical growth."

Myrick said the presence of Ithaca College and Cornell University has played the most significant role in this job growth.

"The primary sector of job growth is education," Myrick said. "We think the future will likely be a continued reliance on the education industry to push our economy and an expansion of service related jobs, an expansion in innovation related jobs."



MYRICK said he is proud of the job-growth report but not satisfied.

Ruptured pipe breaks cooling system in academic buildings

BY LISA FAMULARO
STAFF WRITER

On a mid-September day, senior Anna Isachenko sat in her Leadership, Power and Politics class in room 206 of the Park Center for Business and Sustainable Enterprise. Gazing around the room, she noticed everyone was more sluggish than usual, because the School of Business was significantly hotter than it should be this time of year.

"I know a lot of people complained about it," Isachenko said. "It wasn't too terrible, but people definitely felt it."

Zach Newswanger, director of facilities maintenance, said the chiller, a cooling machine located in Job Hall, had to be shut down because of ruptures in one of the four-year-old water pipes that runs underground and connects to the cooling tower on the roof of Dillingham Center.



Zach Newswanger, director of facilities maintenance, said the biggest obstacle of the repair is that the ruptured pipes are underground.
TUCKER MITCHELL/THE ITHACAN

Newswanger said he does not know what caused the ruptures. This chiller is responsible for lowering the temperature of the Hill Center, Dillingham, the School

of Business, Job, Friends Hall and Muller Faculty Center. However, it is currently out of commission because of the puncture.

In mid-August, just before

students returned to campus, the Office of Facilities first noticed the ruptures that caused the system to leak water, Newswanger said. Because of the lack of water flow, the system was not able to cool the connected buildings and had to be shut down. Facilities connected another chiller located in the James J. Whalen Center for Music, usually only responsible for cooling Whalen and Gannett Center, to the Job system. This connection is temporarily providing at least some cooling.

"When you're asking a system that usually only takes care of cooling for a certain part of campus to do it for a larger part, you can only cool to a certain extent," Newswanger said. "But when we get to the really, really, really warm days like we did last week, and the few days in the week before that

See **CHILLER**, page 4

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FARM FRESH

Ithaca Farmer's Market now offers food in three locations, page 13



TRAINING DAYS

Varsity teams may not be competing, but the workouts have begun, page 23



LIGHT IT UP

Creation of policies toward e-cigarette users should curb addiction, page 10

Nation&World

U.S. and Iran call for diplomacy

Hopeful yet unyielding, President Barack Obama and newly elected Iranian President Hasan Rouhani both called for improving relations and resuming stalled nuclear talks when they delivered speeches Tuesday at the U.N. They did not change positions that have scuttled previous diplomacy attempts. Officials from both countries had quietly negotiated the possibility of a brief meeting between Obama and Rouhani. U.S. officials said Iranian officials claimed a meeting would still be “too complicated” given uncertainty in Iran over negotiations. The U.S. and its allies have long suspected that Iran is trying to produce a nuclear weapon, and have demanded Iran curb its uranium enrichment program and close the underground Fordo nuclear facility. Iran insists its nuclear activities are only for producing energy and for medical research. Even without a meeting between Obama and Rouhani, it was clear that the U.S. and Iran were edging close to direct talks. Obama said Secretary of State John Kerry will pursue the prospect of a nuclear agreement with Iran. Kerry and representatives from five other world powers are expected to meet Thursday with Iran’s new foreign minister, Mohammad Javad Zarif.

Border Patrol to release records

The U.S. Border Patrol will share records of the traffic stops it makes in Washington’s Olympic Peninsula with immigrant advocacy groups every six months for the next 18 months. This deal is the settlement to a lawsuit that said agents were racially profiling people they pulled over. The agreement settles a lawsuit filed last year by the American Civil Liberties Union and the Northwest Immigrant Rights Project against the Border Patrol that said people were stopped and questioned based on their appearance and without reasonable suspicion. As part of the settlement reached Tuesday, the agency also agreed to educate its agents stationed on the Olympic Peninsula about the Fourth Amendment, which prohibits unreasonable searches and requires warrants. The agency will also write a letter reaffirming

agents must adhere to the protections provided by the amendment when they are on patrol. The Border Patrol claimed in the settlement its agents were not guilty of wrongdoing.

Skirmish in Nairobi mall ended

Kenya began recovering dozens more victims than initially anticipated after Kenyan President Uhuru Kenyatta declared Tuesday that the four-day siege of a mall in Nairobi by members of al-Shabab, a militant Islamic terrorist group, had ended. Kenyatta said 11 suspects had been arrested. At least 61 civilians were killed, along with six security forces, which comprised both Nairobi police and soldiers, and five al-Shabab militants. At least 175 people were injured, including 62 who remain hospitalized. Seventy-one people have been missing since the battle began. Several bodies remain trapped in the rubble, including those of the terrorists. Troops remain deployed at the vast complex because militants with weapons or booby traps may still be inside, security forces told the Associated Press. Previous plans to remove bodies were aborted because security forces had not yet secured the mall.

Earthquake hits Pakistani cities

Thousands of Pakistanis ran into the streets praying for their lives Tuesday as a powerful earthquake rocked a remote area in the southwest, killing at least 39 people and possibly creating a small island off the coast. Pakistan’s chief meteorologist and the U.S. Geological Survey reported it was a 7.7-magnitude earthquake. Pakistani officials were investigating how the earthquake could have been powerful enough to create a new landmass. The Pakistani military said it was rushing troops and helicopters to Baluchistan province’s Awaran district, where the quake was centered, and the nearby area of Khuzdar. As strong aftershocks continue to shake the region, local officials said they are sending doctors, food and 1,000 tents to people who had lost their homes. Baluchistan is Pakistan’s largest province, but also the least populated and most



Astronauts head for space station

From left, Michael Hopkins, a U.S. astronaut, and two Russian cosmonauts, Oleg Kotov and Sergey Ryazanskiy, wave to the press and relatives before launching aboard a Russian rocket in Kazakhstan on Wednesday. They will reach the International Space Station on Thursday. DMITRY LOVETSKY/ASSOCIATED PRESS

impoverished. Most of the victims were killed when their houses collapsed, according to the chief spokesman for the country’s National Disaster Management Authority, Mirza Kamran Zia, who reported the death toll.

Chinese buy U.S. pork producer

Shareholders of Smithfield Foods Inc., the world’s largest pork producer and processor, approved a plan Tuesday to sell the company to a Chinese corporation. The Smithfield, Va.-based company said more than 96 percent of the votes cast during a special meeting in Richmond were in favor of Shuanghui International Holdings Ltd.’s offer of \$34 per share, or \$4.72 billion in cash. The \$7.1 billion deal is expected to close Thursday. It will be the largest takeover of a U.S. firm by a Chinese company. The sale comes at a time of serious food safety problems in China, some that have involved Shuanghui, which owns food and logistics enterprises in the country.

Police arrested for kidnapping

Four Mexican police officers were arrested for their involvement in what has become known as the Heaven case, named for the after-hours bar in an upscale part of the city where 12 young people were kidnapped in broad daylight on May 26. Eighteen other people are already in custody. Investigators found the victims’ bodies three months later in a mass grave on a ranch in a rural area of the country. The case has unsettled Mexico City and tarnished the image that officials have tried to cultivate of the capital being a safe haven from the violence and police corruption that plagues other parts of Mexico. The kidnaps and killings shook the city’s image as one of the safer areas of Mexico, being relatively free of brutal, drug-related crime that has been common in border cities and other areas where cartels fight over territory.

SOURCE: Associated Press

MULTIMEDIA

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CORRECTIONS

It is *The Ithacan’s* policy to correct all errors of fact. Please contact the News Editor at 274-3207.

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Got a news tip?

Contact the News Editor at ithacannews@ithaca.edu or 274-3207.



Video Watch the Ithaca community come together for the highly anticipated, 7th annual Walk for Plumpy’nut on Sept. 22.



Video Juniors Derek Deboer and Alex Stein show potential as a DJ-rapper duo. Check them out in this week’s Hidden Talents.



Video Students showcased their passion and literary talent for poetry on Sept. 19 at IC Square the poetry slam sponsored by ALS.

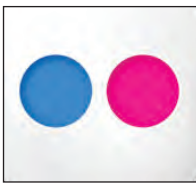


Video Get an inside look at Felicia’s Atomic Lounge, a popular and hip restaurant and bar located on Ithaca’s West Side.

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News Watch as Zillah Eisenstein explains how women’s health affects democracy in the U.S.



Accent Witness Ithaca residents rallying to support food justice in the community.



Sports See the Bombers volleyball team train for a stronger second half of its season.

Student seeks members for adoptee club

BY SARA KIM
CONTRIBUTING WRITER

At just three months old, sophomore Emily Quinn was adopted from China. As she grew up with family in the United States, she learned about her ethnicity and Chinese culture alongside American customs.

Last semester, Quinn founded the Adoption Support and Awareness Alliance club at Ithaca College to share her adoption story with the college community. She said many of the adoptees she has met on campus did not have the same cultural upbringing as her.

"I was so fortunate to have this upbringing with learning about my culture and adoption my entire life," Quinn said. "I knew I had ... enough skills to start a club where I could help other people with adoption issues that come up."

Quinn said she attended camps for adopted children, hosted by Heritage Camps for Adoptive Families, for 14 years. Each of the organization's 11 camps is three-to-four days long, and children adopted internationally or domestically learn about different heritages from their counselors. At these heritage camps, Quinn said, she learned about her heritage and adopted life.

Quinn said many students who are adoptees do not have a safe place on campus to express themselves and learn from one another. The Center for Counseling and Psychological Services at the college does not currently provide specific support for adoptees.

Quinn said learning about her adoption inspired her to become an advocate, which was an important factor in the creation of the ASAA.

Ari Kissiloff, assistant professor of Strategic Communications and adviser to the ASAA, said he hopes the club will raise funds to help finance families of adopted children in the Ithaca community. Kissiloff, an adoptee born in New York City, is married to an adoptee from Korea.

"I like to have things going on that reflect my commitment to Ithaca College as a community," Kissiloff said. "I just like being involved in that level, but in this case it was also because of the adoption club, I figured that it was the need in their getting together and them trying to build a community. And, you know, I figured faculty should be a part of that, too."

Vivian Lin, an ASAA member and president of the Asian American Alliance, said she hopes



Sophomore Emily Quinn, president and founder of the Adoption Support and Awareness Alliance, was adopted from China at three months old and is now using the club to create a community for adoptees. SABRINA KNIGHT/THE ITHACAN

her club will work with the ASAA to create a safe environment in which everyone can open up and learn from one another.

"It's important to really form that united community, especially with adoptees, [because] it's hard to find a place to fit in sometimes," Lin said.

Lin said through the combined efforts of the AAA and the ASAA, both clubs will promote each other, garnering more attention and developing a core group of attendees each meeting.

Quinn said her goals for the club include celebrating National Adoption Month in November. During the month-long celebration, she said, she wants to hold campus-wide events like inviting a guest speaker. The purpose will be to bring more awareness about adoption and the issues surrounding the process, she said.

"It's really important to know [that] there are certain issues that can come up with adoption," Quinn said. "So, if there are people who you know are adopted, don't push them on these issues, especially if you don't know what you're talking about, and don't make quick assumptions or judgments on anyone who's adopted."

Meanwhile, adoptees across the country are using a new genetic DNA testing concept to learn

about their heritage. The genetic test, titled "23andme," allows people to discover ancestral origins and trace lineage with a personalized analysis of DNA. The process consists of using a cotton swab to collect DNA and sending it to a testing facility to determine a person's genetic, birth and medical histories.

Together, Kissiloff and his wife have two biological children. Kissiloff said he decided with his wife to take the 23andme genetic test. Kissiloff said he wanted to confirm that his medical history was healthy so he would not pass on any unknown diseases to his children.

Quinn said she has not and does not plan on taking this test.

"I just think it definitely depends on the adoptee, because every story is different," she said.

Discussing her long-term plans for the club, Quinn said she hopes that the ASAA will help adoptees on campus appreciate their experiences.

"Family can't be defined just by genetics," Quinn said. "Adoption is a result of love, and there's no other way to define it, except for it gives potential for a family to form with unconditional love, and adoptive families are still real families."

Food activist discusses corporate clutch on farms

BY KELLY CUCOLO
STAFF WRITER

Wenonah Hauter, executive director of Food and Water Watch, visited Ithaca on Tuesday to discuss her new book, "Foodopoly: The Battle Over the Future of Food and Farming in America." The book explores how farmers and consumers are impacted by the control and consolidation of corporations involved in the food industry.

The Bioscience Resource Project, a public interest science nonprofit that aims to create ecologically sound food systems, hosted the event at the First Baptist Church in Ithaca to educate the public about the importance of fighting for safe and healthy food.

Jonathan Latham, editor of Independent Science News, said he organized the presentation to both share and learn more about the work that Food and Water Watch, which monitors the quality, sustainability and accessibility of the food and water across the world, is doing for the food system.

"They are supporting sustainable agriculture," Latham said. "They're fighting fracking and other unsustainable efforts to change the food system."

Hauter said events throughout history have resulted in a dysfunctional food system that is making consumers sick and putting farmers out of work. There is a complete restructuring of the raw foods system that is heading in the wrong direction, Hauter said. A few companies control the majority of the meat industry, which typically produces cheap meat and uses cheap feed, Hauter said. In 2004, 80 percent of hogs were raised on factory farms. This value increased to 95 percent in 2007, the year of the most recent release of the agricultural census.

Hauter said 20 food companies currently own 60 percent of the brands in the grocery store today. The top food companies include PepsiCo Inc., Nestle and Tyson. She said many food companies have turned to food scientists to help make their food more appealing by altering the effects of fat, sugar and salt in food products. Food companies have also mastered marketing strategies by targeting children.

"The average child sees just under 5,000 junk food ads every year on television," Hauter said.

Hauter said the food processing companies are not the most pow-



Wenonah Hauter, executive director of Food and Water Watch, spoke to Ithaca locals about how food corporations threaten consumers and farmers. HELEN MURPHY/THE ITHACAN

erful segment of the food industry. The grocery industry is on the top of the food chain and has negatively changed over the last 15 years since Walmart got into the business, she said. The contracts Walmart makes with companies are non-negotiable. Hauter said the market share of food processing companies is greatly impacted by the food Walmart buys.

Hauter said she wrote "Foodopoly" to encourage them to take part in fixing the world's food system.

However, she said taking part in the local issue is not enough.

"There is no shortcut to fixing our democracy," Hauter said. "We have to do organizing, which starts community by community. We can

make a difference when people get involved."

Lauren Flesher, a sophomore who studies sustainable agriculture at Cornell University, said she got a new perspective on the topic based on Hauter's presentation. She said Hauter's expertise helped her feel more confident.

"Hearing from a voice of authority puts more faith behind the opinions I hold," she said.

Ithaca resident Phebe Gustafson said Hauter gave her insight on how to get involved.

"There are a lot of ways that any individual can make a difference without feeling like they have to fix everything," Gustafson said.

Grant helps local airport renovation

BY KRISTEN MANSFIELD
STAFF WRITER

The Ithaca Tompkins Regional Airport will soon have a new fence around its 531-acre facility as a result of being awarded three grants, totalling more than \$1.2 million. The grants, which are part of the federal entitlement funds that airports across New York receive annually, are intended to improve safety and security on the property.

The amount allocated to the grants is based on the number of passengers who use the airport each year.

According to Tony Rudy, assistant airport manager of Ithaca Tompkins, there were approximately 238,000 total passengers traveling inbound and outbound in 2012. This figure has seen a decrease this year.

On Aug. 28, New York senators Kirsten Gillibrand and Charles E. Schumer announced that \$949,215 of the \$1.2 million in federal funding will be used to build the fence. The remainder of the grants will be used to purchase equipment for snow removal and general safety installations.

According to a press release on Senator Gillibrand's website, the funding comes from the Department of Transportation Federal Aviation Administration's Airport Improvement Program in an effort to keep Ithaca Tompkins in line with the mandated safety standards.

Rudy said the FAA's funding will also allow the airport to address concerns of wildlife surrounding its current fencing.

In the past, animals have dug through the fence. Rudy said the airport will use part of the grant to address this issue.

"We had a wildlife study done recently that identified some problem areas we have and some improvements we could make overall to the fence to help those issues out," he said.

By replacing the damaged and worn areas of the fence with a steel chain-link, as well as burying lower sections and adding stone around the fences, the area will be secured from wildlife, Rudy said.

Albert Capogrossi, development assistant of Ithaca College Annual Fund, said the new security measures will add to the airport's safety appeal while still allowing it to be easy to travel through.

"I like that it has large airport security without sacrificing the small-airport convenience," he said.

Junior Alyn O'Brien typically travels through the airport twice a semester. While she doesn't always feel comfortable in small-airport settings, O'Brien said the new safety measures being taken by Ithaca Tompkins make a 50-minute flight rather than a five-hour drive to northern Pennsylvania worth it.

"The improvements make me feel a lot better about deciding to fly instead of driving all the way back to school," O'Brien said. "Anything that makes an airport safer is fine by me."

Facilities investigates chiller flaw

CHILLER
FROM PAGE 1

and such, you can feel it more.”
Newswanger said the cost of the repair is estimated to fall between \$100,000 and \$200,000. He is currently looking for the most cost-effective and long-term repair.

“Not that any amount of money is a small amount, because at the end of the day, it’s all college money that’s driven by tuition,” he said. “I try to make sure we use the college’s money as wisely and fiscally sound as possible. That’s why I’m looking at this going, ‘I don’t want to go spend a lot of money now and be faced with the same problem within a year because it only provided a temporary fix.’ I’m trying to assess the entire situation and put into place what will be a long-term repair, a permanent repair.”

Newswanger said the biggest obstacle is accessing the ruptured pipe, which is buried about 10 to 12 feet underground in a flowerbed located between the Dillingham fountains and Job. The flowerbed is only 100 feet long by four feet wide and is therefore inaccessible by large excavating equipment.

Once construction workers are able to reach the pipe, another decision must be made about how to fix it. George Shank, supervisor of mechanics for plumbing, heating, ventilation and air conditioning, said Facilities is considering replacing the pipe, fixing the existing pipe with newer technology or moving the cooling tower on the roof of Dillingham closer to the chiller in Job.

On days when it was uncomfortably hot, Shank said the cooling system in Whalen was set to run 24 hours to increase the speed of cooling the building.

“[Chillers in the] academic buildings are usually shut down at night to conserve on energy,” Shank said. “Different buildings have different schedules, but we were trying to leave those on, especially the buildings that would be affected.”

Newswanger sent an email on Aug. 21 to some faculty and staff members who work in the buildings that were affected by the pipe rupture, shortly after the issue was discovered. He explained the situation and notified them that the system would not be running at full capacity. He said once a construction plan is put into place, the campus community can expect to receive an Intercom announcement explaining what happened and how the issue is going to be resolved.

Shank said the issues with the chiller will have no effect on the heating systems, which are already on in most of the buildings. The chillers will remain running until the temperature drops to below freezing overnight so that they are available if needed.

“We’re really trying to figure out the best and most cost-effective way to address this issue,” Newswanger said. “It is a top priority, and I would like to get it fixed as quickly as possible.”

Ithaca to make city safer for cyclists

BIKES
FROM PAGE 1

of the city to another. According to the plan, the city will install traffic-calming devices like speed bumps, reduce speed limits to 25 mph and paint road markings that clearly label the street a bike boulevard.

The City of Ithaca, in conjunction with the Ithaca City School District, applied for and received about \$300,000 in grants through the federally funded Safe Routes to School Project, \$184,000 of which will be used in construction of the Bike Boulevard Plan. Project Manager Kent Johnson said this is enough money to complete approximately 80 percent of the plan.

Streets Alive! Ithaca is a biannual outdoor festival coordinated by the Human Services Coalition of Tompkins County. This year, event organizers closed one mile of roadway along Plain Street and Clinton Streets on the south side of Ithaca. Automobile traffic was stopped for three hours, allowing residents to walk and ride in the streets without having to worry about motor vehicles, which is a key component to the city’s new bicycle safety plans.

Bicycle-related objectives are in the works at Ithaca College, too. Senior Moriah Petty, president of Bomber Bikes, said the student club plans to pilot a bike-share program on campus next semester. The program will work like checking out a library book. Students will use their IDs to sign out a bike and be responsible for returning it on time and in good condition. Petty said the logistics still need to be finalized, but she is confident the program will come to fruition.

“The Student Government Association said we have a good chance of getting funding from them,” she said. “We have to write a proposal and get Risk Management on our side, but the administration has actually been really great working with us.”

Petty said Bomber Bikes also plans on seeking funding for the construction of another bike shelter on campus, in addition to the shelter that was erected outside Williams Hall last May. The second shelter will be located either outside the library or by the Circle Apartments, Petty said.

Down the hill, Andrejs Ozolins, a member of the Finger Lakes Cycling Club for more than 20 years, said while there has not been as much bicycle advocacy as he would expect in a college town, there has been consistent advocacy since the inception of the Bicycle Advisory Council in 1990. He said it is difficult to get city officials to listen and follow through with the needs of bicycle advocates in Ithaca because of the demands of a policymaker’s job.

“Their job is to explain to us why they can’t afford to do what we want,” he said.

Johnson said it is easier for city officials to



From left, Madison Jordan, Gary Weiss and Erica Weiss, registered professional nurse at the Hammond Health Center, ride their bikes through an obstacle course at Streets Alive! Ithaca on Sunday. DURST BRENEISER/THE ITHACAN

enact changes when a large number of people ask for those changes.

“If not many people are clamoring for improvement, then you tend to focus on other things,” he said. “There’s always a push and pull for the very limited resources and attention span the city has.”

Vikki Armstrong, codirector of Streets Alive! Ithaca, said it is up to the residents of Ithaca to let their elected officials know what bicycle improvements they want.

“The City of Ithaca has staff and politicians who are very much in favor of making biking and walking more a part of the transportation mix,” she said. “They want to do it, but citizens need to come together and have a voice saying this is important to us.”

Initiatives such as Get Your GreenBack Tompkins, which encourages community members to save energy and money in the areas of food, waste, building energy and transportation, are looking to get the city’s attention. For GreenBack coordinator Karim Beers, the city is not doing enough right now.

“The city is doing so many good things, and they’re really taking steps in terms of supporting active transportation, but we really have such a long way to go,” he said. “In Ithaca, we pride ourselves in being very environmentally conscientious about these things, but if you compare us to other cities, we’re lagging behind.”

According to a 2010 study conducted by

the American Community Survey, 2 percent of Ithaca residents ride their bikes to work. Beers compared that data with Portland, Ore., in which 6.1 percent of residents use their bikes to get to work, according to the 2012 American Community Survey. The League of American Bicyclists recognizes communities for being bike-friendly, and Portland is one of only four communities to be given platinum status, which is the highest award. With a population of 533,492, it is also the biggest city to receive this honor, making Portland the quintessential biking city in the United States.

Beers said he believes Ithaca does not have the proper infrastructure to make bikers feel safe. However, Petty said she doesn’t worry about cars when she rides her bike downtown.

Ozolins said he agrees that Ithaca is a great place to ride a bicycle, but not necessarily as a result of city-implemented programs. Rather, the low traffic and quiet roads in good condition lend themselves to enjoyable bike riding. Ozolins said while he loves Ithaca, there is untapped potential for the city to become more bike-friendly.

Armstrong said the assumption that roads are made solely for motor vehicles needs to be challenged to show that cars and bicycles can coexist.

“There’s a quote by Enrique Peñalosa, the former mayor of Bogotá,” she said. “He says a great city isn’t one with great roads, but it’s a city where a child can get around safely by bicycle. And that’s what we want in Ithaca.”

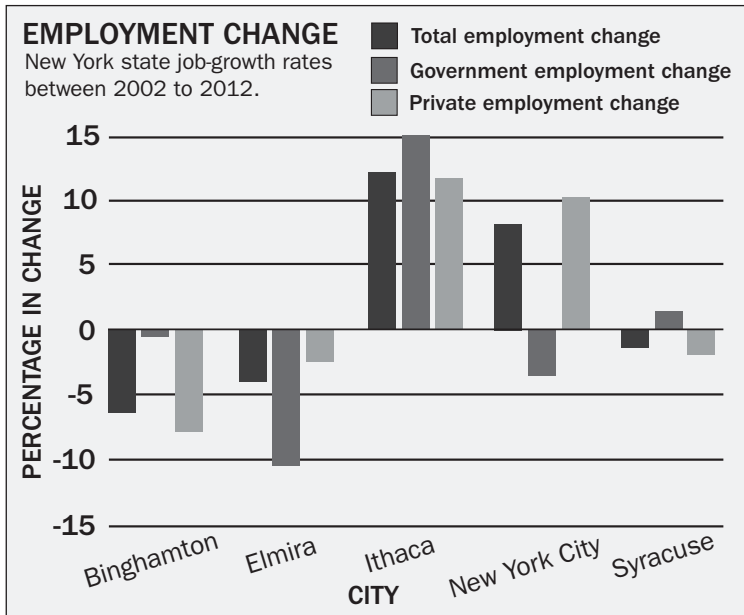
Education drives job growth in City of Ithaca

JOB
FROM PAGE 1

Elia Kacapyr, professor of economics at the college, said he has noticed this trend. Kacapyr said he is confident in his prediction that there will be 400 jobs created in the upcoming year. He said this growth would be attributed largely to the city’s educational institutions.

Sixty percent of current jobs in Ithaca can be attributed to health and educational services, Kacapyr said. The City of Ithaca is home to more than 28,000 undergraduate and graduate students attending Cornell University and Ithaca College. Myrick said the appeal of the educational institutes in the region help boost the city’s economy.

“Every year, Cornell University, Ithaca College and TC3 attract some of the best and the brightest minds in the country to Ithaca, and taking advantage of them while they’re here is going to help our economy,”



he said. “But, we want to convince them to stay and start a business while they’re still here instead of taking their degree, graduating and leaving here.”

Kacapyr also said the collective intelligence among people in the City of Ithaca has contributed to the rising and stable economy by creating jobs in higher education.

However, Myrick said while jobs are increasing in the City of Ithaca, underemployment is still a concern. He said the problem is that there may not be enough jobs available for the number of people who qualify.

“The issue with underemployment is that we do have well-educated people who want to live here,” Myrick said.

Brad Treat, a temporary contest administrator in the School of Business at the college and the Founder and CEO of the technologically based company Mezmeriz Incorporated, said people are drawn to the City of Ithaca. He said this draw to the city will, in time, bring about more business and therefore produce more jobs and boost the economy even further.

Treat also said many people see the success of people already present in the city and are inspired to come to Ithaca to create their own.

“There is a real magnifying effect,” Treat said.

IC's first female patrol officer retires after 36 years

BY SAGE DAUGHERTY
ONLINE NEWS EDITOR

Early in her career, Laura Durling, assistant director for administrative services for the Office of Public Safety and Emergency Management, faced obstacles working in law enforcement because she was a female. Durling is retiring on Oct. 2 after 36 years of service.

Durling began working for Public Safety in 1977 as Ithaca College's first female patrol officer. In the 3 1/2 decades she has been at the college, Durling said, there have been numerous changes, including renaming Safety and Security to what is now Public Safety and an increase in officers to keep up with the growth of enrollment and the campus population.

Durling also said very few women were involved in law enforcement during the '70s. Durling said it was a different experience for her as well as for her male colleagues, who initially didn't know what to make of her. When Durling went to the New York state basic municipal training school, she and another female officer, employed at Cornell, were the only two women in a class of 14.

Crystal Young, coordinator for administrative and operational support services at Public Safety and Durling's close colleague for the past 25 years, said Durling had to combat gender discrimination at a time when women were a minority in the male-dominated field.

"She had her struggles and had to overcome the stigmatism of being in a [primarily] male profession in the '70s," Young said. "The college has meant a lot to Laura. She wouldn't have been here all these years had

she not just absolutely loved Ithaca."

Durling rose through the ranks as a patrol sergeant in 1983 and was promoted to investigator in 1988 and later senior investigator. She began leading and supervising major investigations as assistant director in 2004. By 2009, Durling was promoted to her current position of assistant director of administrative services.

When she was 15 years old, Durling took a high-school class on juvenile delinquency and knew thereafter she wanted to go into law enforcement. Durling went to community college and received a two-year criminal justice degree. After college, she worked in the New York State Division of Juvenile Justice and Opportunities for Youth. She said that experience pushed her toward the police science and investigative work rather than corrections work in a state prison.

"I really enjoyed that, and that's why I decided to look more toward the law enforcement part and not corrections," Durling said.

She said she was hired to conduct sexual assault investigations and prevention programming.

"It seemed reasonable to put me in a position where I would be doing rape prevention and things that may involve female victims," Durling said. "The mentality 30 years ago was that female victims should only talk to a female officer. There was kind of a trend back then to assign [female officers] to sex crimes or crimes dealing with children because of the ability to maybe relate to a female or a female to relate to a child."

She said the mentality in the '70s was that public safety officials



From left, David Muir '95 and Laura Durling, assistant director for administrative services in the Office of Public Safety and Emergency Management, pose for a photo after Muir spoke at Commencement in 2011.

COURTESY OF CRYSTAL YOUNG

believed Durling could communicate more effectively with sexual assault survivors.

"Even though I was the first female, and all the responsibilities were the same as everyone else's, there was a focus on using me for the ability to do some of these new programs on rape prevention and crime prevention," she said.

Durling said she does not agree with that mentality anymore because all police officers go through intensive training, and she said it is important for people to trust any police officer, regardless of gender.

After her experience early in her career working with youth at a corrections facility, she said, she was

drawn to investigations because she didn't just want to file a report and be done with the case, she wanted to find out everything about it.

"It just goes into digging for information and trying to conclude something," she said. "It's all a part of accountability, and I think it would be interesting to have it come full circle."

Tom Dunn, public safety investigator and one of Durling's colleagues, said her 36 years of investigative experience have been invaluable to the department.

"This historical, institutional knowledge ... is how Ithaca College has addressed this problem in the past, and [she is] irreplaceable,"

Dunn said. "She's more experienced than I am, so you could always ask her, 'Have you ever dealt with this before, and how did you resolve it?'"

Durling said she wants to decrease the number of hours she works. However, Durling is not yet ready for full retirement, as she accepted another job as a one-on-one aide at a local middle school. She said the new job will allow her to spend more time with family and volunteer with her church.

"I've been here for 36 years, and I've been given so many opportunities for personal and professional development," Durling said. "I still have a deep compassion just to help people and be with people."

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Albany Law School	Elon University School of Law	Philadelphia College of Osteopathic Medicine	University at Buffalo Office of Admissions
Alfred University	Emerson College	Quinnipiac University School of Law	University of Baltimore School of Law
American University of Antigua, College of Medicine	Fordham University Graduate School of Social Service	Rensselaer Polytechnic Institute	University of Bridgeport
American University School of International Service	George Mason University	Roberts Wesleyan College	University of Illinois College of Law
Bankstreet Graduate School of Education	Hofstra University	Rochester Institute of Technology	University of Maryland Carey School of Law
Bard College Levy Economics Institute	Indiana University Maurer School of Law	Rutgers University Bloustein School of Planning and Public Policy	University of Medicine and Health Sciences, St. Kitts
Bard College Master of Arts in Teaching Program	Iona College	Sacred Heart University	University of Miami School of Law
Bard Graduate Programs in Sustainability	Ithaca College Graduate and Professional Studies	San Francisco State University	University of Minnesota Law School
Baruch College Zicklin School of Business	Keck Graduate Institute	Seton Hall University School of Law	University of New England College of Health Professions
Bastyr University	LIU (Long Island University)	Simmons College	University of New Hampshire School of Law
Binghamton University Graduate School	Manhattanville College School of Education	Southwest College of Naturopathic Medicine	University of New Haven
Binghamton University Department of Social Work	Marist College	St. John's University	University of North Carolina Chapel Hill Master of Accounting Program
Boston College Graduate School of Arts & Sciences	Marymount University	Stony Brook Southampton MFA in Creative Writing and Literature	University of Pennsylvania Graduate School of Education
Boston College Lynch School of Education	Marywood University	Suffolk University	University of Pennsylvania School of Social Policy & Practice
Boston University School of Law	Medaille College	Suffolk University Law School	University of Richmond School of Law
Boston University Mental Health Counseling & Behavioral Mod. Program	Mercer Law School	SUNY Cortland	University of Rochester, Warner Graduate School of Education
Brandeis University Heller School for Social Policy and Management	Mercy College	SUNY New Paltz Graduate School	University of Rochester School of Arts, Sciences, and Engineering
Buffalo State College (SUNY), The Graduate School	Michigan Technological University	SUNY Oneonta	University of Rochester, Simon School of Business
Canisius College	Midwestern University	SUNY Potsdam	University of Southern California Gould School of Law
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City University of New York (CUNY) School of Law	Nazareth College	Syracuse University School of Education	Villanova University School of Law
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College of Saint Rose, The	New York Institute of Technology College of Osteopathic Medicine	Temple University Fox School of Business	Washington University in St. Louis, Brown School of Social Work
Columbia University School of Social Work	New York Law School	Temple University School of Podiatric Medicine	Western New England University School of Law
Columbia University Teachers College	New York University Silver School of Social Work	The American University of Paris	Widener University School of Law
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Cornell University Biological & Biomedical Sciences Graduate Program	Niagara University	The University of Scranton	Yeshiva University, Wurtzweiler School of Social Work
Cornell School of Industrial and Labor Relations	Northeastern University, Bouve Graduate School of Health Sciences	Thomas Jefferson University	
CUNY Graduate School of Journalism	Ohio Northern University Claude Pettit College of Law	Touro College Jacob D. Fuchsberg Law Center	
CUNY John Jay College of Criminal Justice	Ohio State University Moritz College of Law	Tulane University Law School	
	Pace University	Union Graduate College	
	Pace University School of Law	Universidad Autonoma de Guadalajara School of Medicine	

Film critiques Latino depictions

Eduardo Lopez, co-director of the documentary adaptation of the book "Harvest of Empire," by Juan Gonzalez, screened the documentary at Ithaca College on Sept. 18.

Lopez, now a U.S. citizen, was born in El Salvador and came to the U.S. in 1967, before the Salvadoran Civil War.

Contributing writer Emily Ramos spoke with Lopez about his involvement with the adaptation.

Emily Ramos: Why were you interested in adapting "Harvest of Empire" into a film?

Eduardo Lopez: I was always a huge fan of the book, and I thought it was an incredibly important part of the story of the migration of Latinos to the United States that nobody was talking about.

But, what is being talked about is the [conservative media's] view of Latino immigrants as undesirables, as invaders, as people who have recently come to the United States [but] don't contribute to our country, when in fact all of that is a complete lie.

Latino immigrants have always been a part of the United States, have always contributed tremendously to the United States.

ER: How long did production take?

EL: More than seven years. ... The greatest challenge that we faced [was] telling very difficult truths about our country in a way that could not be perceived as anti-U.S. It's very important to have these facts before you in order to have greater understanding between all of us, and to create greater tolerance and a greater possibility for the humane treatment of immigrants as we



LOPEZ said U.S. news does not reflect the true Latino experience.

consider immigration reform in the next year or so.

ER: What is the purpose of ethnic studies?

EL: Ethnic studies is incredibly important, not just to the students who take those classes, but for the nation itself. It's incredibly important for youth to have a greater understanding of who they are, who their parents are, or maybe grandparents, and to understand their place in the United States.

The kids are growing up with a very skewed sense of identity that has tremendous repercussions on the careers they seek and don't seek, whether they finish their high school education and their relationships with their parents, which are often strained.

ER: Why are ethnic studies important?

EL: As I grew up, the two most important words for me in the English dictionary were "question authority." Telling the truth is the most American of American ideals, so when I hear about Arizona outlawing ethnic studies, to me that's the most un-American action you can think of.

Conservative forces are very much afraid of ... the truth history tells us. When people try to deny history or try to keep history from young people, it gives them the license to repeat history over and over again to their benefit, but not to ours.

ER: Do you think the film has been successful thus far?

EL: The film has been very successful in creating dialogue and opening the eyes and hearts of our audience.

But we have faced a number of obstacles, mostly the lack of interest from the national media in covering the topic, the subjects, the questions raised by the film.



Green light for food justice

Josh Dolan, a community food-gardens educator for Gardens 4 Humanity, speaks at the annual Food Justice Summit on Sept. 21 on Plain Street. The summit, hosted by GreenStar Community Projects, focused on providing better access to healthy food for everyone.

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- Public Health
- Radiologic Sciences

College & City

World music band to play blend of genres in Ithaca

Stephane Wrembel and His Band with Kamlo, guitarists who combine folk genres from around the world, will visit Ithaca as a part of their national tour. The band will play at 8 p.m. Thursday at the Carriage House Cafe, located on 305 Stewart Ave. Tickets cost \$20.



WREMBEL

Wrembel recently returned from Nigeria, where he was one of the musicians who participated in the U.S. State Department’s “International Language of Jazz for Peace” program.

Wrembel is a French-born guitarist who is influenced by Django Reinhardt, who created a style based on mixing jazz with Eastern European gypsy music and other folk genres. Wrembel draws inspiration from jazz, country, blues, Indian raga, West African and Middle Eastern styles of music.

He is touring with Kamlo, a fellow guitarist known for blending Mediterranean musical styles. Wrembel and Kamlo have been friends for 15 years.

Info session to explain Hawaii winter field class

The Department of Anthropology will hold an informational session at 7 p.m. Thursday in Gannett 110 to provide interested students with more details about a three-credit field class in which

students will travel to Hawaii from Jan. 2–13 to learn about Native Hawaiian culture.

Students will travel to Oahu, Hawaii, to live with local citizens and explore how Native Hawaiian history and culture influence their modern life. Topics will include Hawaiian cultural practices, history and religion. Students will also see how traditional Hawaiian culture survives in the modern world through environmental conservation, Hawaiian migration and the impact of tourism.

The program is part of the Native American Studies minor, which is offered through the Center for the Study of Culture, Race and Ethnicity in the Department of Anthropology. The field class has no prerequisites. Students who want more information can contact Jack Rossen, professor in the Department of Anthropology, or Brooke Hansen, associate professor and chair of the Department of Anthropology, who both advise the Native American Studies minor.

Alumni will offer advice on life after graduation

Ithaca College alumni who have freelance jobs in the industries they studied about will host a panel open to the public from 2–4 p.m. Saturday in the Park Auditorium to discuss what students should expect after graduation. An hour-long reception will follow the panel, during which attendees will be able to speak directly with panelists.

Panelists will speak about their personal experiences after college,

such as living in New York City, paying taxes, dealing with health insurance and working as freelancers.

Students can also attend two workshops from 10 a.m. to 1 p.m. Sunday in which the alumni will give more specific advice about their industry. One workshop will offer techniques on post-production workflow, and the other will demonstrate how to develop better camera skills. The locations for both workshops are to be determined.

Students must contact Professor Marlena Grzaslewicz to register for the post-production workshop or Professor Changhee Chun to register for the camera workshop.

IC alumnae will perform sketch comedy in town

Two Ithaca College alumnae, Jennifer Herzog, lecturer in the Department of Theatre Arts; and Erica Steinhagen, a voice performance teacher, will perform a sketch comedy directed by Norman Johnson, associate professor in the Department of Theatre Arts, at 7 p.m. Friday at the Kitchen Theatre Company. Tickets cost \$40. Students can show their IDs at the door to receive a \$15 discount.

Americana Vineyards will provide wine and Crystal Lake Cafe will provide food and snacks to accompany the live entertainment.

Herzog and Steinhagen took inspiration from “The Kathy and Mo Show,” the HBO comedy series by Kathy Najimy and Mo Gaffney, when writing the comedy material.

Civic Ensemble, a professional theater company founded last year

in Ithaca, organized the performance to raise funds to benefit the organization’s work with female artists in Ithaca.

Opera trainer to conduct improvised performance

Ann Baltz, the founder and artistic director of OperaWorks, will be coming to Ithaca College to host three workshops about improvisation at 7 p.m. Thursday, Friday and Saturday in the Hockett Family Recital Hall. The workshops are open to any students interested in honing opera performance skills.

During the workshop on Thursday, Baltz will discuss general tips for opera and improvisation techniques. Friday, Baltz will lead a recital for an improvised opera with students. Saturday, she and students will perform the improvised opera, which will be open to the public.

OperaWorks, which Baltz founded in 1987, is a nonprofit organization that provides opera performance and career training programs to help opera singers improve their personal skills and succeed professionally.

Tompkins library seeks sponsors for Readathon

The Tompkins County Public Library Foundation is holding its first Readathon, in which readers read to generate donations for the library,

from 6 a.m. to midnight Saturday in front of the library, located on 101 East Green St.

Attendees can listen to readers read books of all genres, styles and age levels, excluding inappropriate adult subject matter. The library encourages attendees to support readers by paying \$1 per minute they read. Each reader can read for a maximum of 30 minutes.

Among the 36 readers who will come are Ithaca College President Tom Rochon, author Alexi Zentner, syndicated columnist Amy Dickinson and Tish Pearlman, Tompkins County poet laureate.

Cancer Crushers to raise donations for Walkathon

The Cayuga Medical Center Cancer Crushers are hosting an event to raise funds for the upcoming 19th annual Walkathon and 5K. Local food, wine, beer and live music by local band Lucey’s Hooch will be provided from 6:30 to 9 p.m. at the Buttonwood Grove Winery, at 5986 Route 89, Romulus, N.Y.

There will be a silent auction, a raffle for a homemade quilt and 50/50 raffles, in which half of the funds collected go to the winner and the other half goes to the Cancer Crushers organization.

Participants in the Walkathon and 5K are encouraged to raise \$350 by donating \$20 themselves and asking family, friends and local community members to sponsor them to raise the remainder.

All donations from the Cancer Crusher’s event and the Walkathon and 5K support cancer research.

Public Safety Incident Log

SELECTED ENTRIES FROM
SEPTEMBER 5 TO SEPTEMBER 9.

SEPTEMBER 5

ACCIDENTAL FIRE ALARM

LOCATION: Circle Apartments
SUMMARY: Simplex reported a fire alarm was activated by burnt food. System was reset by officer who responded. Master Security Officer George Whitmore.

SEPTEMBER 6

MEDICAL ASSIST/ILLNESS RELATED

LOCATION: The Campus Center
SUMMARY: Caller reported a person having a seizure. Person was transported to CMC by ambulance. Fire and Building Safety Coordinator Ronald Clark.

MENACING

LOCATION: Circle Lots
SUMMARY: A caller reported that three people were using slingshots to shoot eggs, rotten apples and water balloons at pedestrians and vehicles. Three people were judicially referred for menacing. Patrol Officer Shane Graham.

MAKING GRAFFITI

LOCATION: Eastman Hall
SUMMARY: Officer reported an unknown person wrote explicit graffiti on an exit sign. Investigation pending. Patrol Officer Robert Jones.

SEPTEMBER 7

IRRESPONSIBLE USE OF ALCOHOL

LOCATION: F-Lot
SUMMARY: Officer reported an intoxicated person vomiting. Person declined medical assistance and was judicially referred for irresponsible use of alcohol. Master Security Officer George Whitmore.

LARCENY

LOCATION: Flora Brown Drive
SUMMARY: Officer reported two people with stolen property. Property confirmed to have been unlawfully acquired. Two people judicially referred for larceny. Master Patrol Officer Brad Bates.

IRRESPONSIBLE USE OF ALCOHOL

LOCATION: Hilliard Hall
SUMMARY: A caller reported two intoxicated persons in residence hall. Two people were transported to CMC by ambulance and both were later judicially referred for irresponsible use of alcohol. Master Patrol Officer Brad Bates.

HARASSMENT

LOCATION: S-Lot
SUMMARY: Caller reported loud verbal argument between two people. Investigation pending. Patrol Officer Robert Jones.

FIRE ALARM SMOLDERING

LOCATION: F-Lot
SUMMARY: Caller reported an unknown person dumped hot coals into trash can, causing contents to smolder. Caller extinguished trash can and surrounding area with water. Officer removed coals and confirmed area extinguished. Master Patrol Officer Jeremiah McMurray.

SEPTEMBER 8

UNDERAGE POSSESSION OF ALCOHOL

LOCATION: Circle Apartments
SUMMARY: Officer reported he heard a loud gathering and investigated to see if conduct was unlawful. Five persons in apartment room judicially referred for underage possession of alcohol. Master Patrol Officer Jeremiah McMurray.

ACCIDENTAL FIRE ALARM

LOCATION: Circle Apartments
SUMMARY: Simplex reported a fire alarm was activated by burnt food. System reset. Master Patrol Officer Jeremiah McMurray.

CRIMINAL TAMPERING

LOCATION: Terraces
SUMMARY: Caller reported an unknown person removed name tags from doors of residence hall. Investigation pending. Patrol Officer Robert Jones.

IRRESPONSIBLE USE OF ALCOHOL

LOCATION: West Tower
SUMMARY: Caller reported an intoxicated person. Person declined medical assistance or transportation to CMC by ambulance, and was later judicially referred for irresponsible use of alcohol. Master Patrol Officer Jeremiah McMurray.

CRIMINAL MISCHIEF

LOCATION: Emerson Hall
SUMMARY: Caller reported an unknown person damaged and stole panels from an exit sign. Investigation pending. Sergeant Ron Hart.

MEDICAL ASSIST/INJURY RELATED

LOCATION: Higgins Stadium
SUMMARY: Caller reported two people collided during a soccer game. One person suffered a head injury and the other person suffered a knee injury. Both were transported to CMC by ambulance. Patrol Officer Robert Jones.

FIRE ALARM

LOCATION: Garden Apartments
SUMMARY: Caller reported fire started inside of microwave. Fire was extinguished and Facilities had turned off power to the

microwave by the time officers arrived at the apartment. Investigation pending. Sergeant Terry O’Pray.

BURGLARY

LOCATION: Holmes Hall
SUMMARY: Caller reported an unknown person entered caller’s room and stole cash. Person was not seen. Unknown if other valuables were taken. Investigation pending. Patrol Officer Robert Jones.

MEDICAL ASSIST/PSYCHOLOGICAL

LOCATION: Holmes Hall
SUMMARY: Caller reported person expressed having suicidal thoughts. Person taken into custody under mental hygiene law and transported to CMC. Sergeant Terry O’Pray.

SEPTEMBER 9

UNLAWFUL POSS. OF MARIJUANA

LOCATION: Eastman Hall
SUMMARY: Caller reported smelling the odor of marijuana from a neighboring room. Two people were judicially referred for unlawful possession of marijuana. Sergeant Terry O’Pray.

ACCIDENTAL FIRE ALARM

LOCATION: Hill Center
SUMMARY: Simplex reported a fire alarm was activated by contractors working in the area. System reset. Fire and Building Safety Coordinator Ronald Clark.

SAFETY/ENVIRONMENTAL HAZARD

LOCATION: Park Center for Business
SUMMARY: Caller reported glycolol was spilled, causing risk of poisoning to people in the building. Environmental Hazard and Safety officers responded to call.

Officers arrived on scene and cleaned the area. Fire and Building Safety Coordinator Ronald Clark.

CRIMINAL MISCHIEF

LOCATION: S-Lot
SUMMARY: Caller reported an unknown person damaged the hood of a vehicle. Investigation pending. Patrol Officer Jonathan Elmore.

CRIMINAL CONDUCT

LOCATION: Office of Public Safety
SUMMARY: Officer reported a backpack turned in as found property contained a fake driver’s license. Person who turned in backpack was judicially referred for possession of fraudulent identification. Patrol Officer Jonathan Elmore.

MEDICAL ASSIST/ILLNESS RELATED

LOCATION: Ceracche Athletic Center
SUMMARY: Caller reported a person was feeling faint and light-headed. One person transported to CMC by ambulance. Patrol Officer Jonathan Elmore.

FOR THE COMPLETE SAFETY LOG,

For the complete safety log, go to www.theithacan.org/news.

KEY

CMC - Cayuga Medical Center
MVA - Motor Vehicle Accident
V&T - Vehicle and Transportation
IPD - Ithaca Police Department
TCSO - Tompkins County Sheriff’s Office
IFD - Ithaca Fire Department
SASP - Student Auxiliary Safety Patrol

EDITORIALS

E-CIGS LIGHT UP POLICY POTENTIAL

Ithaca College and the City of Ithaca should create groundbreaking policies to help electronic-cigarette smokers curb their addiction

Electronic cigarettes, or “e-cigs,” are a trending alternative to tobacco cigarettes. They are cheaper, more accessible and are perceived as healthier than traditional cigarettes because they do not produce secondhand smoke. Though Ithaca College has policies that ban people from smoking tobacco products indoors and designate specific areas for outdoor smoking, there is still no policy for e-cigarettes.

Currently, non-smokers benefit more than smokers from smoking-ban policies that intend to protect people from secondhand smoke. Though these policies help non-smokers by not forcing them to endure secondhand smoke, it punishes smokers by forcing them to change their habits without any helpful alternatives or support. The City of Ithaca mirrors punitive trends that restrict smoking to designated outdoor areas by banning smoking on public spaces such as The Commons.

The rise of e-cigs may allow for a loophole in existing smoking policies. Without specific legislation, those choosing to smoke e-cigs may be able to light up whenever and wherever they want without having to step outside. The accessibility, coupled with the highly addictive chemical nicotine, a substance also found in insecticides, enables smoking addictions.

The college and the city have a chance to make a groundbreaking policy that, for once, benefits smokers. By implementing rules that only ban electronic cigarettes indoors, e-cig users would have the freedom to smoke in currently banned public spaces, such as The Commons. Yet at the same time, their addiction could potentially be curbed by being forced to smoke outside. With policies that work to benefit the smoker, the electronic cigarette has the potential to be an effective cessation device.

WORK FOR A LIVING

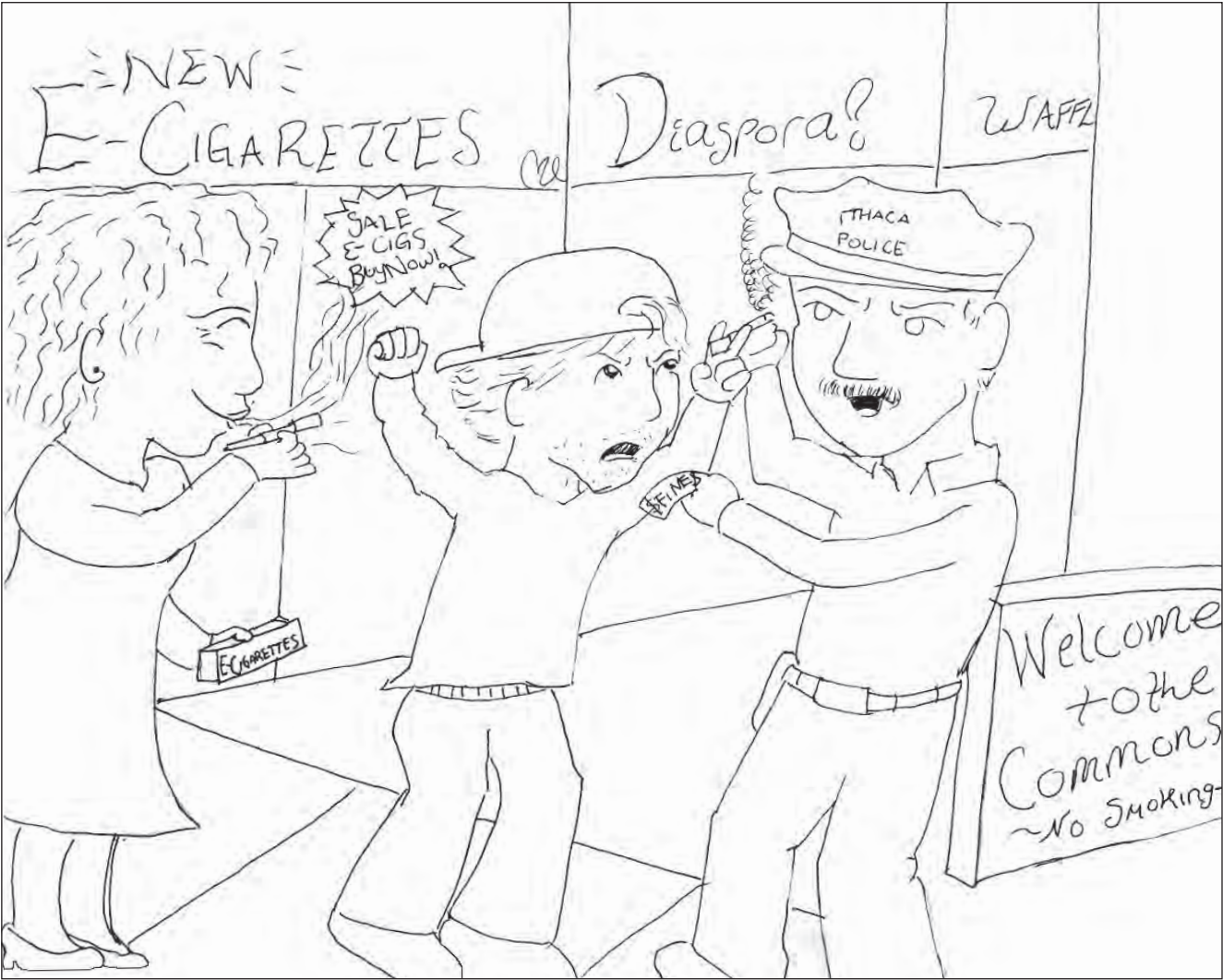
As the City of Ithaca becomes a living-wage employer, it cannot make the same mistakes as Tompkins County and Ithaca College with subcontracting

In 2006, Tompkins County became a certified living-wage employer, meaning it pays the minimum salary necessary for employees to meet their basic needs. The City of Ithaca will follow this model and become a living-wage employer by Oct. 1.

While the county has given its employees a living wage, its subcontracted employees are not guaranteed the same hourly rate of \$12.62. In response, community members have been rallying for the assurance that workers will receive a living wage, whether or not they are subcontracted.

Unlike the county, Ithaca College agreed to a campus-wide living wage in 2011 after students demanded these wages for contracted Sodexo employees. However, a living wage does not solve all employee problems. The college cannot control other aspects of Sodexo’s employee policy, such as whether employees work full-time, earn fair over-time pay and receive full benefits.

If the city plans to be a living-wage employer, legislation needs to avoid the subcontracting issues faced by Tompkins County and the college. The city needs to create a policy to ensure that subcontractors and city employees are fairly compensated, or eliminate the use of subcontractors entirely.



SNAP JUDGMENT

Do dining halls on campus fulfill the needs of students?



“NO, BECAUSE ON THE WEEKENDS THEY DON’T OPEN UNTIL NOON, AND SOMETIMES I HAVE TO BE UP EARLIER.”
RACHEL BENJAMIN
SPANISH EDUCATION ‘17



“ALL THE NEEDS ARE MET, BUT I FEEL LIKE IT’S BASELINE, AND WE COULD BE DOING MORE.”
VINCENT DODERO
INTEGRATED MARKETING COMMUNICATIONS ‘16



“THEY GIVE A LOT OF OPTIONS FOR EVERYBODY IF YOU’RE VEGETARIAN OR VEGAN OR KOSHER.”
ALLISON ROBINSON
EXPLORATORY ‘16



“I WOULD SAY THAT THE DINING HALLS DO A PRETTY GOOD JOB. THEY ALWAYS DO THE BASELINE NEEDS OF EVERYBODY.”
CLEMENT TOWNER
PSYCHOLOGY ‘15



“NO, I DON’T THINK THEY’RE MEETING THE NEEDS, BECAUSE THERE’S NOT MANY HEALTHY OPTIONS.”
ADRIANA FERNANDEZ
OCCUPATIONAL THERAPY ‘17

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THE ITHACAN

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GUEST COMMENTARY

Remote location hides artists from campus

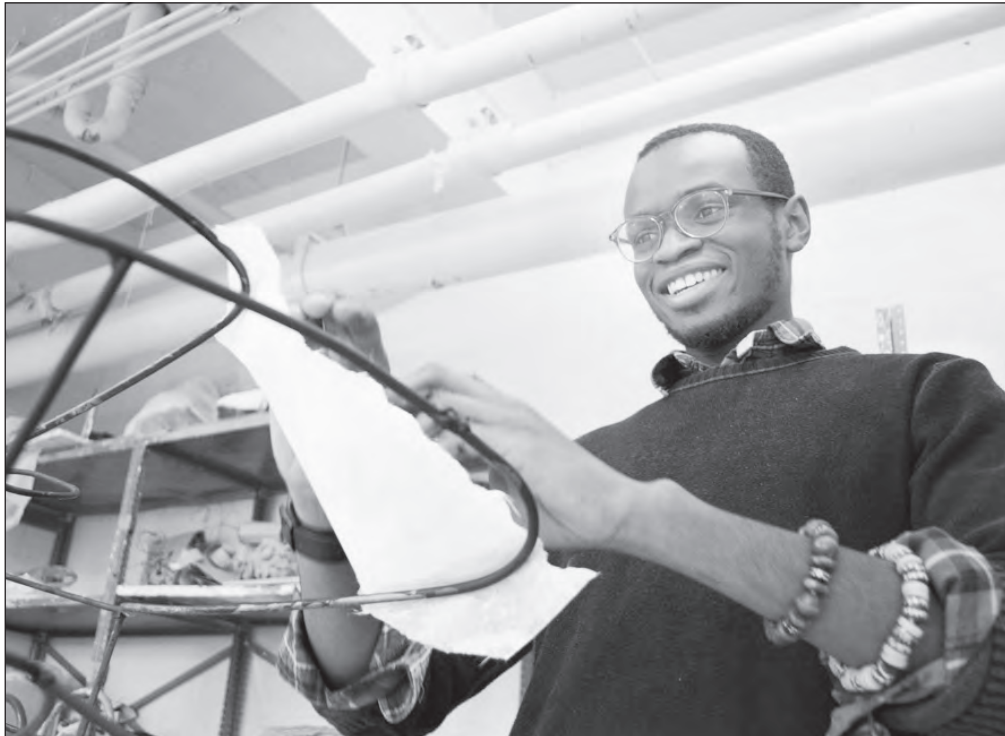
I'm always struck by the walk to the Ceracche Center. No matter my origin, it feels as if the art department at Ithaca College is miles away. In comparison to the other academic buildings, the Ceracche Center is the farthest from the center of campus, sandwiched between Butterfield Stadium and Freeman Baseball Field. The journey feels especially long when I walk from my Garden Apartment.

That distance may seem like a trivial matter, but it affects the academic practice of the students within the building. This physical divide is symbolic of a very real separation between the art students and the rest of campus life and activities. It hinders the formation of connections to other students outside Ceracche.

The department, which is housed in the bottom floor of the Ceracche building, is not one many students wander by without reason. For the most part, only the students taking classes in Ceracche and the athletes whose gyms are located there ever step inside. This physical separation leads to a complete lack of visibility for the art department at a college that claims to extol interdisciplinary connections.

Though the artwork in Ceracche is not often seen, there is an amazing spectrum of work ranging from sculptures to paintings to digital media. This reflects integration of art on campus, which is typically reserved to respective schools, such as concerts in the James J. Whalen Center for Music and shows in the Dillingham Center.

But visibility is only one inadequacy of Ceracche. Small classroom sizes limit non-art students' ability to enroll in specific courses. It's common to hear stories of people trying to get into an introductory course for two to three years. Once in a class, there may not be enough physical space for a comfortable working environment. Finished projects are often held in faculty offices because of a lack of storage space, and it can be difficult trying to maneuver around other students while working on your own project. This translates into spending much of



Andreas Jonathan, a senior architectural studies major minoring in art, spends the evening in Ceracche Center designing a sculpture made out of wire and old maps. Once completed, the figure will light up. ALEX MASON/THE ITHACAN

the class time waiting in line to use materials and machinery instead of working.

On top of this, dropped dumbbells from the athletic training rooms above, wind passing through the aging structure and sporadic leaks in the ceiling hinder an inspiring ambiance.

Yet Ceracche is a second home to me. Even as an art minor, I've become close with the amazing art professors. There is nothing like being in the building, working alongside your classmates, looking over each other's work, giving ideas and being inspired; it's a den of creativity. Our building is small, our spaces ramshackle, but it's very much ours. I constantly encourage friends and non-art classmates to visit. Not many are willing

to make the journey, but those who do are always surprised to find the artistry within and leave asking why more people don't know about what we create.

It's a love-hate relationship to study art in Ceracche. Despite this, the art department is a true diamond in the rough. My greatest wish is that, one day, the college will provide us with the facilities and resources necessary to foster an environment of creativity and success. Then, the campus will be able to truly see, and respect, the art department for the treasure it is.

ANDREAS JONATHAN is a senior architectural studies major. Email him at ajonath1@ithaca.edu.



LADY'S
LIBERTY

RAMYA VIJAYAGOPAL

New Miss America represents us all

Last Monday, when I read about the racist and hateful reactions of a small, yet vocal, part of the population to the newest Miss America, Nina Davuluri, I cried.

As I read these comments, each one stung as if directed at me personally. And you know what? In a sense, they were. Nina Davuluri, the first Indian-American to win the Miss America pageant, was born in Syracuse, N.Y., and grew up in the U.S. I was born in India, but English is my first language, and I am a naturalized citizen of the U.S. If Miss America is a U.S.-born citizen, yet isn't considered American in the eyes of some, then the implication is, as someone who was born abroad and has lived here for 16 out of my 17 years, neither am I. These hateful comments, though not directed at me, still suggest that people wouldn't consider me American because of the color of my skin.

The amount of hate that flooded the screen as I scrolled through Twitter was overwhelming. Davuluri was misidentified in several of the tweets and comments as an Arab and an Egyptian. "So miss america is a terrorist," one tweet said. Another called her Miss Al-Qaeda. Others said that it was disrespectful of ABC, the network on which the pageant airs, to "let her win" because the anniversary of 9/11 had just passed five days earlier. Even if any of these descriptions did apply to her, it doesn't matter. It is pathetically ill-informed to assume that all brown-skinned people are Arab, and all Muslims are associated with Al-Qaeda.

Commenters also said Miss Kansas should have won because she represents "the real" America. One of the most heavily shared pictures through social media on the night of Davuluri's crowning was a four-panel image of Miss Kansas saying: "Loves her country, loves hunting, loves tattoos, Real Miss America." This narrow idea of what people believe America to be is exclusive of many cultures within this country — including those of white people.

I am proud to see myself as an American, but I am horrified at the levels of intolerance that still exist — and could potentially steal that U.S. identity from me. Factors such as the color of your skin do not define your nationality. One of the greatest qualities of this country is the variety and abundance of cultures and ethnicities that represent nearly every corner of the world. If we want to fully appreciate this diversity, we need to work toward making sure everyone feels included and represented. The new Miss America is as American as you or I.

RAMYA VIJAYAGOPAL is a freshman journalism major. Email her at rvijaya1@ithaca.edu

GUEST COMMENTARY

Feminists United strives to become an inclusive group

When I first attended an IC Feminists meeting at Ithaca College, I was looking for a safe space to share the frustrations I felt as a woman within a patriarchal society. I found that safe space as we explored beauty standards, slut-shaming and other surface level-oppressive norms that used to define feminism for me. I felt comfortable and included at those meetings.

When I joined the executive board last year, I was determined to open the space to anyone else who sought a safe, feminist community. Until then, I had never taken a step back to examine my privilege as a white, middle class, heterosexual, cissexual woman. As an e-board, we had also never collectively entered this process of self-reflection. Resultantly, we faced critiques of exclusivity and were identified as members of privileged groups that lacked diversity in opinions, ignorant to crucial and intersectional points of view. The e-board sought to understand and react constructively to these critiques.

With the help of others, along with acts of individual and collective contemplation, we attempted to move away from this negative but understandable public perception, toward one of inclusivity and trust. Feminists United, a new Ithaca College club that combines



As co-president of Feminists United, Rebecca Billings hopes to create a safe and accepting environment for students to explore identity issues. COURTESY OF REBECCA BILLINGS

IC Feminists and Students Active for Ending Rape, formed this fall to attract new members, while also bringing deeper, more complex intersections of identity to light.

A debate within feminist theory is whether it's worthwhile to remain connected to the movement's oppressive past. Historically, the voices of women and men of color, those with othered sexual identities and folks belonging to varying

socioeconomic classes have been left out of crucial feminist conversations. Some argue that a new social-justice movement would be more powerful than a continuity of the same elitist "feminism," while others argue an oppressive history is no reason to discount the fundamental values of equity and solidarity, which are at the heart of feminist thought.

The e-board of IC Feminists

had to make a similar decision last spring as we sought to mend our negative perception. Should we seek to reclaim our group as inclusive? Or should we start over, making sure to recognize and incorporate the complexities that we had overlooked?

I have gone through an excessive cycle of emotions over the past year, some more useless than others, ranging from guilt and embarrassment to sadness and anger. My involvement in the feminist community of the college has thankfully helped me understand the structural, cultural and historical reasons behind my own individualized emotions.

Feminists United is neither a perpetuation of the past nor an entirely new beginning. It is a chance for all like-minded folks — not limited by one's sex, gender, sexual orientation, race, ethnicity, class, ability, size or any other individuating factor — to come together in solidarity. As we build a community against sexism, rape culture, racism, exclusion and devaluation, we seek also to build a community for solidarity, advocacy, empowerment, self-worth and open dialogue.

REBECCA BILLINGS is a senior politics major. Email her at rbillin1@ithaca.edu.



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Producing new plots



From left, a patron walks by Courtney Sullivan's farm booth Sunday at the Ithaca Farmer's Market at Steamboat Landing. TUCKER MITCHELL/THE ITHACAN

Ithaca Farmer's Market expands to multiple locations

BY KELLI KYLE
CONTRIBUTING WRITER

It's 8:45 on a crisp, cool Tuesday morning. Local farmers gather at Dewitt Park, one of the new locations for the Ithaca Farmer's Market. There, they pitch tents and arrange pumpkins to catch the eyes of passersby. The midweek market will not open for another hour, but the vendors are hard at work, organizing displays for their products.

From April to December, students and families can join community members at three different locations in Ithaca for fresh, locally grown harvest. The Farmer's Market's primary location at Steamboat Landing attracts the largest crowds on Saturdays and Sundays. To meet the community's growing interest in buying healthy and sustainable foods, the market has expanded to two additional midweek locations in Dewitt Park and East Hill Plaza. Additionally, the Farmer's Market will be set up in the wintertime from January to March at the Space at Greenstar, 700 W. Buffalo St.

Junior Vanessa Dunn said visiting the Farmer's Market on the weekends is one of her favorite activities.

"It's a really great way for artists and farmers to get together and share what they make with the people of Ithaca," Dunn said. "You'll see so many different kinds of people there, like families, children and people that look like they stepped straight off the farm."

Dennis Hartley, co-owner of Littletree Orchards, rests on a crate after setting up his display. He has been in the apple-growing business for 40 years and continues to rise with the sun at 6 a.m., preparing for a day of selling his home-grown produce at the Farmer's Market.

However, Hartley is not alone. Many other vendors are up bright and early to harvest their produce and bring it to the Farmer's Market. Booths feature different

kinds of food, including apples, squash, pumpkins, corn and other fresh, fall harvests. On the weekends, shoppers can get a taste of international dishes at stations featuring Japanese, Thai and other Asian cuisines, in addition to produce from Ithaca's farms.

Established in 1973, the Farmer's Market has never failed to provide local vendors with dependable consumers searching for delicious, seasonal products. Originally located on South Fulton Street, the market had five different homes before permanently settling at the Steamboat Landing in 1990. Though it has changed locations, the Farmer's Market's mission remains the same: to allow Ithaca's residents to maintain healthy lifestyles while supporting local farms.

The farms represented at the market are family owned and operated, so vendors often take more pride in their products, Hartley said. The vendors are all within a 30-mile radius of Ithaca, ensuring the produce remains local. All their food is grown in sustainable, low-spray environments.

Aaron Munzer '08, assistant market manager of the Farmer's Market, said he loves seeing the students come out to the markets because the food can benefit them. The Farmer's Market allows these students to take a break from dining hall food, fast food and processed food, and incorporate freshly grown fruits and vegetables into their diets, he said. It provides these same benefits to everyone who chooses the locally grown produce the market offers, he said.

"It's the kind of place where you leave with food, and you really feel good about it," Munzer said. "This food is coming to you from five to 20 miles away, as opposed to thousands of miles away."

In addition to managing the Farmer's Market, Munzer owns Plowbreak Farm, which is one of 51 farms that participate in the

Community Supported Agriculture program, an initiative that also connects students and Ithaca residents with locally grown produce. CSA is a model in which farms offer fresh, local produce to community members at an affordable price. Consumers pay up front and receive a weekly supply of locally grown fruits and vegetables in return.

Dunn is an active participant in Early Morning Farm's CSA. Each Thursday, she and her housemates head over to the Ithaca Coffee Company to pick up their bushel of local fruits and veggies. CSA members choose which local farm they want to support.

"They really care about making sure that the participants in the CSA know what they're getting and know what to do with the vegetables," she said.

Littletree Orchards, which also adopted the CSA model, was established in 1973 and began vending with the Farmer's Market two years later. Hartley said the best part about representing Littletree at the Farmer's Market is interacting with the people over great food.

In the past 40 years, Hartley has seen the Farmer's Market cultivate as a single seed and blossom into three larger crops.

As the Farmer's Market expands, it continues to provide patrons with opportunities to develop relationships with their neighborhood farmers, which produce the local harvest they love so much — and possibly even inspire them to become farmers themselves.

"You can farm a five-gallon bucket with one tomato plant," he said. "That's farming. It's on a very small scale and a very personal scale."

The next Farmer's Market will be open 4-7 p.m. Thursday at Dewitt Park. For more information on the Farmer's Market, visit www.ithacamarket.com.



Don Dunham cooks hush puppies Sunday at the Ithaca Farmer's Market. Dunham's booth is new to the market this year. TUCKER MITCHELL/THE ITHACAN



Sunny seaberries, ground cherries and a mix of cherries sit in a farmer's booth. The Farmer's Market has opened at two new locations. MEGAN DEVLIN/THE ITHACAN



Ride 'em cowboy

Students dance during the IC After Dark event, Urban Cowboy, on Friday at Emerson Suites. The event was open to all students and featured a mechanical bull, music, food, limbo and raffles. IC After Dark provides students with free, late-night entertainment.

AMANDA DEN HARTOG/THE ITHACAN

snack attack

Apples are a fall staple. Their crisp tanginess and abundance make them an ideal healthy snack. While apples are great raw, sometimes they are even better when baked. One way to jazz up this quintessential fruit is the recipe for baked apple chips on whatmegansmaking.com.

The only ingredients needed are apples and some cinnamon sugar. Preheat the oven to 225 degrees, core the apples and slice them thinly with a knife or mandolin. Lay the slices on a large baking sheet lined with parchment paper and sprinkle the slices with cinnamon sugar. Bake for two hours, turning the slices over after one hour. Let them cool and enjoy as a fall snack or festive appetizer.

— Evin Billington



trend watch

Contributing Writer Kamara Williams scouts the Fashion Week runways for upcoming spring trends.

The much buzzed-about Mercedes-Benz Fashion Week took place on Sept. 5–12 at Lincoln Center in New York City. Top designers, such as Ralph Lauren, Marc Jacobs and Jeremy Scott, brought artistic collections for Spring 2014 that incorporated unconventional materials, such as leather and lace, and unusual colors such as neon.

Trends for every woman to follow were represented on the runways. For the preppy woman, Lauren created sleek black and white dresses and suits. Neon skirts, trench coats and electric-blue gowns for more daring women were also in Lauren's collection. Jacobs took a more grungy approach, presenting military-style jackets and jeweled-toned gowns covered in lace for an edgy look. Scott designed for the younger woman, sending neon-pink leather bustiers and printed dresses with intricate cutouts down the runway.

This year's Fashion Week may leave every fashionista wishing it was spring already.



omg!

BREAKING BAD AUCTION BREAKS UP SERIES' SET

Critically-acclaimed AMC series "Breaking Bad," which illustrates a high-school-chemistry-teacher-turned-meth-cooker's spiral into darkness, will surely end with a bang on Sunday's much-anticipated series finale. The show's producers are making some wealthy fans' memories of the series last a lifetime by auctioning off set pieces on screenbid.net. Fans can bid on hundreds of items, including characters' cars, chemistry equipment and Walter White's underwear. Starting bids for most items are \$100, but others are well over \$1,000, like the cars and the infamous pink bear. Unfortunately, because of these steep prices, most fans will have to settle for a boxed set of the series to remember it by.

— Evin Billington



wtf!

"WRECKING BALL" PRANK STOPS CAMPUS PENDULUM

Students at Grand Valley State University in Allendale, Mich., have been protesting the removal of a major campus landmark: a swinging pendulum. University officials removed the silver ball after many male students — evidently noticing the pendulum's resemblance to the wrecking ball Miley Cyrus swings on in her latest music video, "Wrecking Ball" — posted Vine videos of themselves swinging naked on the giant ball. In addition to protests, a Twitter campaign launched with the hashtag #ReinstallTheBall. Students have even been trying to get Cyrus involved in the movement.

— Evin Billington



tweetuntweet

The new Grand Theft Auto has already made 800 million dollars? Starting tomorrow, I start murdering my guests.

— Conan O'Brien jokes about the success of the violent video game "Grand Theft Auto V," which was released Sept. 17. Since its release, the game has made more than \$1 billion.



celebrity scoops!

Cyrus can't stop her tears

Miley Cyrus hit the iHeart-Radio stage in Las Vegas on Sept. 21 to promote her upcoming studio album, "Bangerz," marking her first performance since her breakup with fiancé Liam Hemsworth.

Her rendition of the power ballad "Wrecking Ball" captured the attention of the audience. This was not because of Cyrus' dance moves, but rather her emotional performance. Cyrus was crying through the song, with her lyrics broken up by sobs. Some speculated that this was because of the breakup, while others said it was part of her act.

At the end of the number, Cyrus thanked the crowd for coming to the show and ended on a playful note by tossing a bra that a fan threw on stage back into the excited crowd.

— Benjii Maust



Seniors create website for college composers

BY STEVEN PIRANI
STAFF WRITER

For the amateur musician, the Internet is the premier venue to distribute tracks, make connections and gain publicity. Websites, such as SoundCloud and Bandcamp, have proven effective in bringing a budding artist's music to the surface and cultivating a creative community between thousands of musicians.

Seniors Ben Van De Water and Josh Condon want to tap into the minds of a particular group of songmakers — classically trained student composers.

The pair has created Composer HQ, a national network limited to amateur composers at colleges and universities, with the hope of creating a community of collegiate songsmiths. The site, which will be exclusively available to college students when it launches, will allow members to upload their compositions to the website. Unlike sites such as SoundCloud, the users will upload actual scores rather than audio files. Then, through forums and commenting on the website, members will be able to critique and discuss submitted works with other talents all over the globe.

Condon said the project was a product of the duo's desire as composers themselves.

"We're in the dining hall one day in our freshman year, and we're just like, 'Gee, you know, if there was only a website out there that gave college composers such as ourselves a place where we could go,'" he said.

Since then, Van De Water and Condon have been active in turning

their idea into a reality, nurturing the venture with a series of monetary awards. Their project placed fourth for its category in the Ithaca College Business Idea Competition in 2012, where it won \$400. Subsequently, Van De Water and Condon were awarded an additional \$5,000 after winning the Creative Core Business Competition in March of 2012 in Syracuse, N.Y. Van De Water said the competition was pivotal in bringing the project into reality.

"Having somewhere to really flesh out the ideas and work on them in an environment where we have people who are able to advise us and guide our decision-making process [solidified it]," he said. "For me, that was where it started to become real."

Now, as the Web designers continue building the website, the pair is contagiously enthusiastic. Van De Water and Condon, who recruited graphic designers at Scope Design in Corning, N.Y., for the tech side of their project, are making sure every dimension of the site is handled with an awareness to the audience.

Tom Schryver, one of four advisers to Composer HQ and temporary contest administrator in the School of Business, said the pair's passion toward the project has set it apart from other startups.

"They were very systematic and rhythmic, and just really diligent about continuing to move the idea forward," Schryver said.

Ultimately, the pair doesn't see its final product being a social network. Condon said, while the website may be dubbed as one, he hopes it will be seen as a professional



From left, seniors Josh Condon and Ben Van De Water practice in Nabenhauer Recital Room in the James J. Whalen Center for Music on Tuesday. Condon and Van De Water created Composer HQ, a network for college composers. JENNIFER WILLIAMS/THE ITHACAN

networking tool above all else.

"We want it to be a place where people go to promote themselves and network with other people," he said.

As of now, Composer HQ is not accessible to the public. A search online will bring users to a welcome

page. Though this is temporary, Condon and Van De Water said they plan to begin beta testing in the near future and hope to launch in full before their graduation in May. While the pair continues working on the project, Schryver said he is excited about the launch.

"This is an underserved market, and they may find after they launch that there are other opportunities to serve this market that they haven't thought about yet — that nobody has thought about yet," Schryver said. "I'm really excited to see what that is."

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'Breathing In' honors

Media studies professor garners recognition for animated film at international festivals

Jason Harrington, assistant professor in the Department of Media Arts, Sciences and Studies, was honored in two film festivals last weekend. His animated short film, "Breathing In," was included in the "Best of International Films" screenings at the Canberra Short Film Festival in Canberra, Australia and at the Cinéfest Sudbury International Film Festival in Greater Sudbury, Canada.

"Breathing In" takes a spin on ancient mythology as an unnamed girl moves through the microcosms of the universe. Harrington's film has been shown in festivals across the globe, including Cinanima in Espinho, Portugal; Big Muddy in Carbondale, Ill.; Starz Film Festival in Denver, Colo.; and the Finger Lakes Environmental Film Festival in Ithaca.

Contributing Writer Ashley Wolf sat down with Harrington to discuss his film background, the process of making "Breathing In" and his love of animation.

Ashley Wolf: Can you tell me a little bit about your background?

Jason Harrington: As an undergrad, I was looking at marine biology and biology, but my family was into the arts, so in undergrad I was taking a lot of art classes. I took a couple of film classes and an animation class. At that time, it was getting late to concentrate in that area. When I got out of undergrad, I realized I really wanted to do that.

AW: What was the process of making your animated film, "Breathing In?"

JH: My process is very organic. I write and draw a lot. I'm always writing concepts and ideas down, then sketching them and

coming up with visual ideas. At a certain point, the film starts to come together, and the idea starts to come together, then I start to storyboard it, come up with it frame-by-frame, and then the work begins. In "Breathing In," I wanted an oil-painted look. It's digital, but I really wanted texture and brushes and paint. I like layers. There's a lot in the imagery that's there and a lot that's hidden, and there's words that are embedded into the piece.

AW: Do you draw everything out, or do you use a program where you can have the animation move?

JH: I am working digitally, there are some things the program can do. It's really easy for me to pan on a background, like to make a background and just move gently across. I have to redraw the characters moving on that background. I draw the movement frame-by-frame.

AW: What is your connection to the storyline of "Breathing In?"

JH: [I'm] really interested in mythology, really interested in symbolism. I read a lot of creation myths. All different cultures have different creation myths, and what's interesting about a lot of them is how similar they are. This film is a little bit my own creation myth. I like this idea that if you move in on a single point it would be round.

AW: Who are your influences in the film industry? Who do you look up to?

JH: I love Ruth Lingford's films. There are a few grey animators out there who are working very



Jason Harrington, assistant professor in the Department of Media Arts, Sciences and Studies, teaches an animation class on Wednesday in the Roy H. Park School of Communications. JACKIE EISENBERG/THE ITHACAN

visually and who are making paintings move. I think of William Kentridge, Ruth Lingford, Yuri Norshteyn and Georges Schwizgebel.

AW: What is the process of getting your films into the festivals? What do you have to do to get recognized?

JH: You send them out and hope that they like your films. They look at tons of work, and it's competitive. You get rejected a lot, but "Breathing In" has done well. My main thing is that people see it. I want people to watch it and enjoy it. So, it's really exciting. I'm all over the place.

Park Center for Independent Media presents



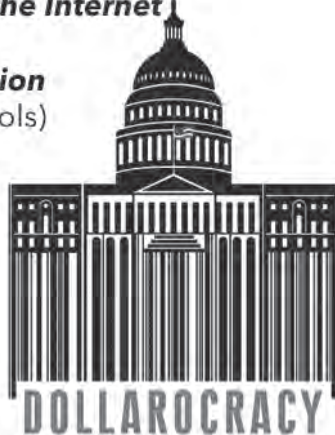
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on
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Park Center for Independent Media

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has issues ...

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new one
every week.

THE ITHACAN
Every Thursday.

Carter brings his party to The Haunt

BY FAITH MACIOLEK
CONTRIBUTING WRITER

It was his party indeed as pop singer Aaron Carter took the stage Sept. 21 at The Haunt in Ithaca. Following the chants of “We want Aaron,” Carter began his show around 10 p.m., and his energetic stage presence had the sold-out crowd dancing along to every lyric. After an eight-year break from touring, Carter showed his fans he’s still got it.

Carter opened his first set with “I Want Candy,” bouncing around the small stage and smiling non-stop. Joined by his four band members on bass, guitar, keyboard and drums, the triple-platinum artist performed with enough energy to fill an arena. Though this venue was much smaller, Carter utilized every inch of it. Lit by about a dozen stage lights and surrounded by his band, Carter was overpowered by the size of the instruments, but seemed unfazed. The simple setup ensured he was the center of attention.

The last song of his first half-hour set was “Let Go.” Singing “I used to love a girl/ Sometimes I think I still do,” Carter performed one of his slowest songs. His voice was deep throughout the track except in the chorus, where he hit high notes on the most emotional lines, such as “From my mind/ My body/ My soul/ I gotta let go.”

Carter ran back on stage for his second set, dressed in a white blazer and blue fedora. His band began to play the familiar beat of Robin Thicke’s smash hit, “Blurred Lines,” where he showed his growth from teen heartthrob to modern pop star. Carter sang in falsetto to rival Thicke’s and showcased his dance moves, never missing a beat. He did some break dancing, showing off his Michael Jackson–like footwork, and even a backflip.

“Blurred Lines” morphed seamlessly into Bruno Mars’ “Treasure,” a song where Carter really shined. Mars’ song allowed Carter to show a more bluesy side to his voice and prove to the audience he could sing more than cookie-cutter pop songs.

After singing Daft Punk’s hit “Get Lucky,”

CONCERT REVIEW

Aaron Carter
The Haunt
Our rating:
★★★



Aaron Carter performed a sold-out concert on Sept. 21 at The Haunt. In addition to new songs, Carter sang old hits like “I Want Candy.” This tour marks Carter’s comeback after an eight-year break.

EMILY FEDOR/THE ITHACAN

Carter returned to his own songs.

Carter slipped on a Shaquille O’Neal Lakers jersey to raucous applause, an indication he was about to sing his platinum-selling single, “That’s How I Beat Shaq.” With lyrics like “It’s like boom/ I put it in the hoop like slam,” this quirky up-tempo song about a teenage Carter beating NBA star O’Neal was the climax of the show. While the song did not do much to display his vocal range, it was evident that he enjoyed performing it.

Carter ended his second set with a bang. The mass of people jumped and chanted as he belted his arguably most popular song “Aaron’s Party,” a jam about a house party gone awry with verses full of catchy “na na na’s.” Everyone let loose and sang louder than they had all night. After 13 years of waiting, Carter’s party finally arrived.

Carter dubbed Ithaca the “best crowd on tour.” He came out for an encore with his new

single, “Where Do We Begin,” which showcased a more mature sound. Unlike older hits, which overused sound effects and background vocals, this new song focused more on Carter’s soft, simple chords on a background guitar. The head-bobbing tune offers sweet lyrics describing a new relationship, “It starts with a hug/ It starts with a friend/ It starts with someone you can call,” showing a maturation not only in Carter’s voice but also his lyrics. He is no longer singing about wanting a girl named “Candy” who is “tough but sweet.” With its catchy beat and simple lyrics about love, “Where Do We Begin” has the stylistic makings of a summer anthem.

From Carter’s backflips to falsetto riffs, his return seems long overdue. As fantastic a time as the crowd might have had, it seemed like no one had more fun than Carter. It’s safe to say this could be the beginning of Carter’s comeback.

Group revisits ’80s influence in infectious premiere album

BY MARISSA FRAMARINI
STAFF WRITER

On its self-titled debut album, The 1975 gives a nod to one of its greatest influences: the ’80s. Just like a John Hughes film, the sound of the album transports listeners back to a time of synthesizers, infectious beats and Morrissey-coiffed hair styles.

Drawing inspiration from Talking Heads and Peter Dinklage, the quartet has put together a 16-song album reminiscent of the white-punk noise that dominated the time period. Unlike the line of traditional one-hit wonders from the era, such as Devo,

The 1975 puts up a daring opposition to the play-once-and-move-on mentality of the time period.

The album is packed with riff-heavy hooks and sing-along choruses, especially in the catchy fan-favorite and fourth track on the album, “Chocolate,” which debuted as a single in January. The track has gained notoriety for its blocky rhythm and futuristic beats.

Following up that number is “Sex,” in which lead singer and guitarist Matthew Healy croons about the angst-ridden life of falling in love with a girl who’s got a boyfriend anyway — a lyrical gem played down by overlapping guitar licks and a series of clashing drum beats. “Sex” sets a new, raw tone for the band, both musically and lyrically.



COURTESY OF DIRTY HIT RECORDS

The record finishes out to the tinkling of a piano and the whimpering cries of Healy on “Is There Somebody Who Can Watch You,” leaving the album in silence and letting the lyrics speak for themselves: “I know it’s me that’s supposed to love you/ And when I’m home you know I got you.”

The 1975’s blend of rhythm and blues, soul and alternative rock results in a bold sound, making this album worthy of being put on replay.

ALBUM REVIEW

The 1975
“The 1975”
Dirty Hit Records
Our rating:
★★★★

Monkeys swing with new styles

BY AAMA HARWOOD
CONTRIBUTING WRITER

In sync with their other albums “Whatever People Say I Am, That’s What I’m Not” and “Suck It and See,” the Arctic Monkeys’ latest album, “AM,” keeps up with their established indie-rock style, but introduces an upbeat and ambient rhythm.

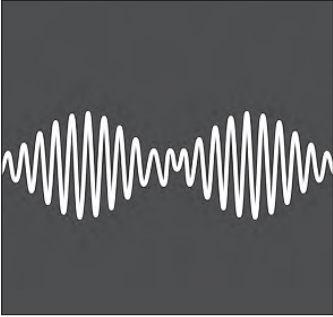
Tracks like “Arabella” and “R U Mine?” are favorites on the album. Each song’s ambient rhythm, grungy guitar and edgy riffs captivate the listener. The Arctic Monkeys fill this album with complex beats and erratic tempo changes, so much so the listener never knows what is coming up next.

ALBUM REVIEW

Arctic Monkeys
“AM”
Domino Records
Our rating:
★★★★

But as “AM” progresses, the Arctic Monkeys lose their initial appeal and begin to fade into the background. Individually, the songs are great, but the Arctic Monkeys’ distinct style eventually grows tiresome.

This album is true to the Arctic Monkeys established style, but enticing because it is explorative and does not duplicate their previous work.



COURTESY OF DOMINO RECORDS

Check out **theithacan.org/spotify** to listen to the songs featured in this week’s reviews!



quickies



COURTESY OF YG ENTERTAINMENT

“COUP D’ETAT PT. 1” G-Dragon YG Entertainment

K-pop heartthrob G-Dragon is back with a heavily electronic EP. G-Dragon’s languorous raps nicely complement the intensely synthesized background. Fans of dance music and hip-hop will love this CD.



COURTESY OF ROADRUNNER RECORDS

“DREAM THEATER” Dream Theater Roadrunner Records

Progressive metal band Dream Theater returns with its 12th studio album. As always, the band combines shredding guitar riffs and fast pounding drums for a melodic sound, especially in the track “The Enemy Inside.”

Suspenseful drama arrests audiences

Gyllenhaal and Jackman give gripping performances in thriller

BY BYRON BIXLER
CONTRIBUTING WRITER

An “Our Father” prayer is recited while a deer is stalked and killed in a forest. “Always be ready,” says the hunter to his teenage son. This man has spent his entire life praying for the best and preparing for the worst. In Denis Villeneuve’s brilliant crime thriller, “Prisoners,” the worst has finally arrived.

FILM REVIEW
“Prisoners”
Warner Bros.
Our rating:
★★★★



Detective Loki (Jake Gyllenhaal) and Keller Dover (Hugh Jackman) argue in “Prisoners,” directed by Denis Villeneuve. After Dover’s two daughters are kidnapped, he and Loki take drastic measures to find the missing children. COURTESY OF WARNER BROS.

Keller Dover (Hugh Jackman) is religious, married and the father of two children, whose life changes dramatically one day when his daughters go out to play and disappear. As Dover falls apart in the wake of the kidnapping, a local detective named Loki (Jake Gyllenhaal) takes the case. The young detective goes on a frustrating journey, making a series of increasingly disturbing discoveries about the kidnapped children and the larger plot at work. Meanwhile, Dover resorts to torture, capturing and severely beating the suspect to find his missing daughters.

Villeneuve’s approach is slow and unobtrusive. Creeping zooms and languorous pans are favored, and the music never calls attention to itself, subtly indicating the emotional undercurrents of each scene and keeping tensions high. Detective Loki repeatedly finds himself in mysterious locations throughout the film, and each individual investigation is nothing short of mesmerizing as a result of Villeneuve’s direction. Embracing a more naturalistic aesthetic, the

director drops the viewer into the detective’s space and allows for each scene to play out in real time. Villeneuve avoids making superficially pleasing edits to quicken the movie’s plot, allowing the scenes to unravel at a speed that gels with the gradual escalation of events.

The actors fascinatingly display the family members’ methods of coping, some withdrawing into days of secluded heartbreak, while Dover actively seeks the kidnapper with violent repercussions in mind. Lending a seriousness to their performances that cements the realism of their characters’ situations, Jackman and Gyllenhaal play troubled

men with several doubts and apprehensions. Jackman plays the grieving Dover with gruffness and urgency that is richly felt in each of his confrontations with Gyllenhaal as a twitchy yet composed detective. Both actors give standout performances, delivering some of the best work of their careers.

The film is emotionally draining. Aaron Guzikowski’s screenplay skillfully weaves themes of faith, guilt and retribution into a story of considerable intensity and tangible dread. Labyrinth-like in structure, the plot incorporates a number of red herrings that exasperate the viewer as much as Detective Loki

and the equally determined Keller, who is driven to the brink of his faith and sanity.

“Prisoners” combines all the right talent to produce a film of emotional sophistication and suspenseful thrills. The mystery is as absorbing as the film’s cautionary message of brash, grief-fuelled actions that can lead to great personal ruin, and the expert direction and acting holds it all together, earning the film a spot as one of the best of the year.

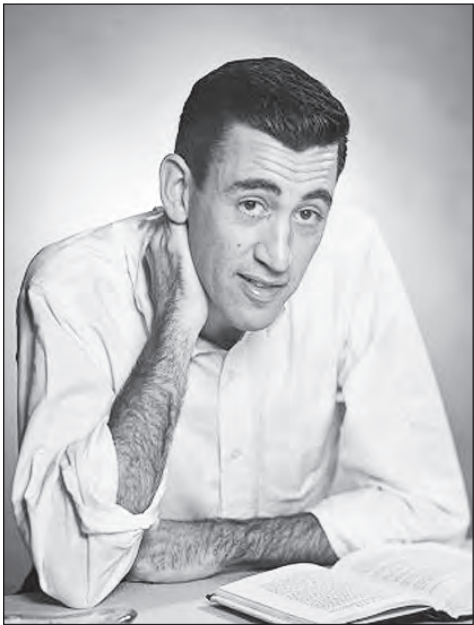
“Prisoners” was directed by Denis Villeneuve and written by Aaron Guzikowski.

Biopic reveals reclusive subject

BY JOSH GREENFIELD
STAFF WRITER

“The Catcher in the Rye” is a literary work that, after being assigned to possibly every student in a high-school English class, has become completely ingrained in American society. “Salinger,” a documentary by Shane Salerno, illustrates how the story of author J.D. Salinger is just as powerful as the novels he penned.

FILM REVIEW
“Salinger”
The Weinstein Company
Our rating:
★★★



Author J.D. Salinger’s life and works are explored in Shane Salerno’s documentary, “Salinger.” COURTESY OF THE WEINSTEIN COMPANY

This documentary begins with the earliest points in Salinger’s career. It focuses on his introduction to the professional world as a short-story writer with aspirations to be published in the prestigious New Yorker magazine, which he eventually achieved. The film quickly shifts into what became an influential experience in Salinger’s life, his service in World War II. A military psychologist interviewed in the film said after 200 days in battle, any soldier would go mad, and Salinger was on the battlefield for nearly 300 days. This implied that Salinger’s reclusive nature stemmed from his military service.

The film alternates between chronicling the author’s history and the search for him during his reclusive final years. This method of illustrating two different narratives keeps the audience engaged by not lingering too long on one story.

This film excels with its talking-head interviews of well-known actors and sources who were close to Salinger. Celebrities, such as Edward Norton and Martin Sheen, shared their opinions on Salinger’s instrumental role in articulating the inner thoughts and struggles of adolescent readers. While their input might have felt unnecessary at times, the interviewees

provided a less academic but interesting glance at the impact of Salinger’s novels and stories.

The testimonies from the author’s friends and, in some cases, lovers helped the film shine. Famed writer Joyce Maynard’s interview was especially eye-opening as she discussed her secret and scandalous relationship with Salinger, which began when she was 18 years old and he was 53. By the end of this taboo tale, Salinger’s true nature as a man tempted by innocence is revealed.

Though any audience member is certainly subject to his or her own take away from the film, it is almost impossible to not have the yearning to learn more about this troubled author. This ending also instills a desire within its viewers to read the works of Salinger again in order to make more informed interpretations about the author.

“Salinger” was directed and written by Shane Salerno.

Austen romance struggles in movie

BY CAROLYN HARTLEY
CONTRIBUTING WRITER

Falling in love and riding on horseback into the sunset with a dreamy guy is often the focus of popular romantic comedies. But what if this dreamy guy was fictional? “Austenland,” a new film by director Jerusha Hess, puts a modern spin on the whimsical world of romance that author Jane Austen created in her classic novels.

Jane Hayes (Keri Russell) is the Austen-obsessed, modern-day heroine of this tale. Driven by her desire to find her dream guy, Jane takes a vacation to Austenland, a romance novel-inspired world, where she strives to find reality while living with actors playing Austen characters.

FILM REVIEW
“Austenland”
Sony Pictures Classics
Our rating:
★★

Russell’s portrayal of Jane lacks the fiery spark that most Austen women possess, and for most of the film the character lacks intention. Instead of creating a personality to spice up the character, Russell acts without emotion or commitment. In addition to this, the cheesy script thrusts the audience into the story with sparse explanation for Jane’s motivations.

Though overall ludicrous, the film enjoyably presents Jane’s struggle to separate reality from fantasy with its twists. It’s riddled with heart-pounding, Austen-like romance and hilarious situations.

“Austenland” is a silly rom-com that’s good for a few laughs and eye candy, but the poor acting and plot make this film unremarkable.

“Austenland” was directed by Jerusha Hess and written by Jerusha Hess and Shannon Hale.

[TICKET STUB]

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AUSTENLAND ★★

5 p.m., 7 p.m., 9 p.m., and weekends 2:30 p.m.

BLUE JASMINE

4:20 p.m., 7:15 p.m., 9:15 p.m., and weekends 2:15 p.m.

CUTIE & THE BOXER

5:10 p.m., 7:05 p.m., 9:10 p.m., and weekends 2:15 p.m.

IN A WORLD... ★★★

4:30 p.m., 7:10 p.m., 9:20 p.m., and weekends 2:20 p.m.

SALINGER ★★★

6:35 p.m., and weekends 2 p.m.

THE SPECTACULAR NOW ★★★

4:45 p.m. and 9:05 p.m.

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BAGGAGE CLAIM

12:30 p.m., 2:50 p.m., 5:30 p.m., 8:10 p.m. and 10:30 p.m.

BATTLE OF THE YEAR 3D

2:20 p.m., 5 p.m., 7:50 p.m. and 10:35 p.m.

CLOUDY WITH A CHANCE OF MEATBALLS 2

11:50 p.m., 2:10 p.m., 4:40 p.m., 5:10 p.m., 7:10 p.m., 7:40 p.m. and 10:10 p.m.

DON JON

1 p.m., 3:20 p.m., 5:40 p.m., 8 p.m. and 10:40 p.m.

ELYSIUM ★★

1:10 p.m., 3:40 p.m., 6 p.m. and 9 p.m.

THE FAMILY

12:40 p.m., 3:30 p.m., 6:30 p.m. and 9:20 p.m.

INSIDIOUS: CHAPTER 2

1:30 p.m., 4:20 p.m., 7 p.m. and 9:45 p.m.

LEE DANIELS’ THE BUTLER ★★★★★

Noon, 3 p.m., 6:10 p.m. and 9:10 p.m.

PRISONERS ★★★★★

12:50 p.m., 4:10 p.m., 6:20 p.m. and 9:50 p.m.

RIDDICK ★★

1:20 p.m., 4 p.m., 6:50 p.m. and 9:30 p.m.

RUSH

12:20 p.m., 3:10 p.m., 6:40 p.m., 7:20 p.m., 9:40 p.m. and 10:20 p.m.

WE’RE THE MILLERS

1:15 p.m., 3:50 p.m., 7:30 p.m. and 10 p.m.

THE WORLD’S END ★★★

9:35 p.m.

OUR RATINGS

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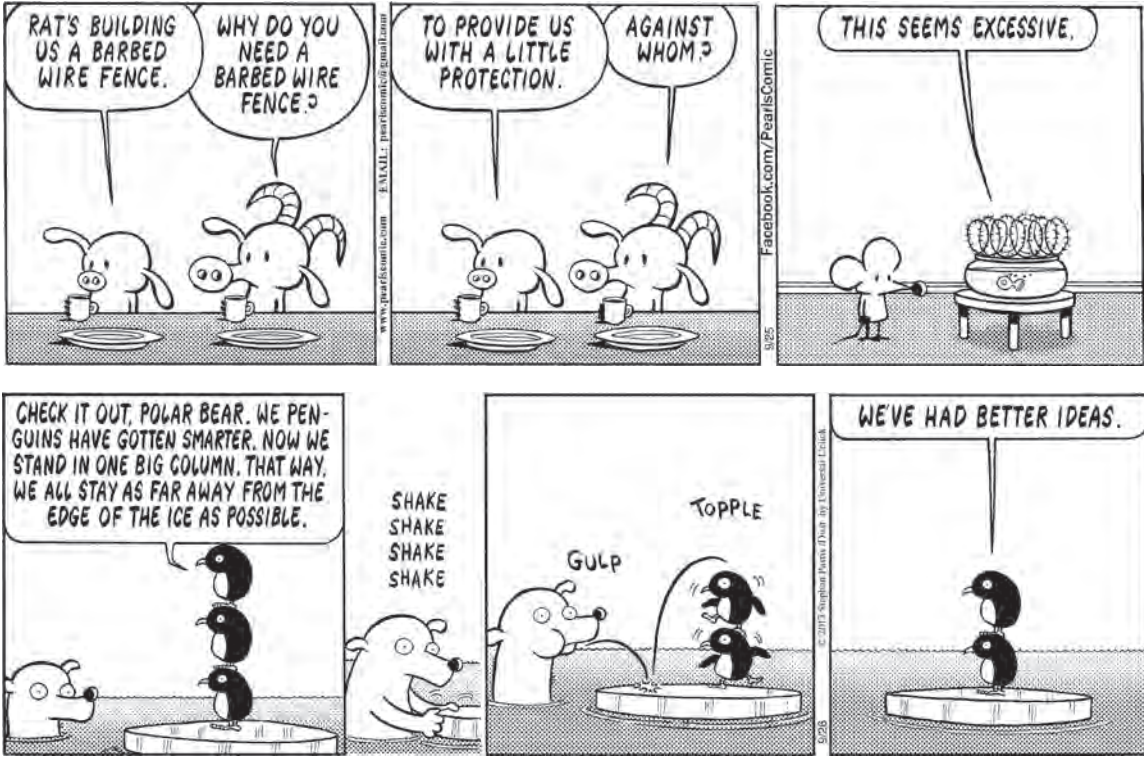
alphabet stew By Alice Blehart '16



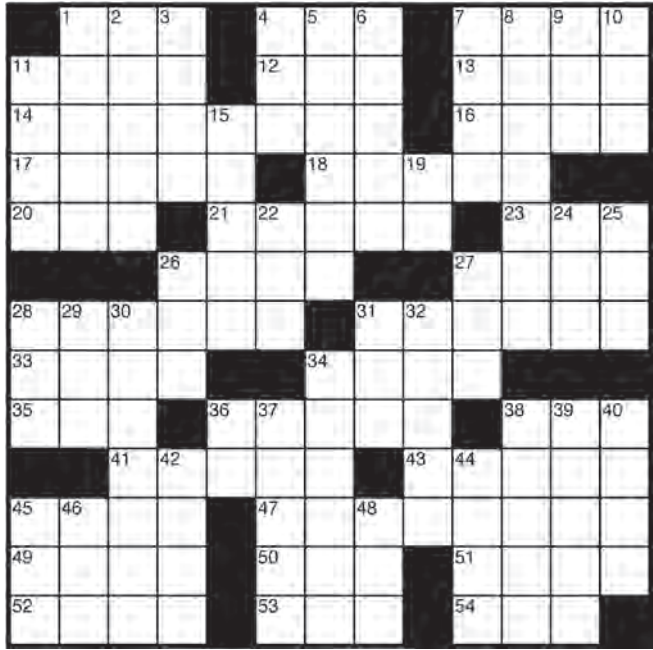
dormin' norman By Jonathan Schuta '14



Pearls Before Swine® By Stephan Pastis



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ACROSS

- 1 Current rage
- 4 Add sound effects
- 7 Spout, as a whale
- 11 Kelly's possum
- 12 Greek vowel
- 13 Gael republic
- 14 Plat maker
- 16 Hoop's place
- 17 Winter forecast
- 18 Pie nut
- 20 Half a dangerous fly
- 21 Shaggy
- 23 - de-sac
- 26 Joke response (hyph.)
- 27 Mountain lion
- 28 Unhappy looks
- 31 They have pseu-dopods
- 33 Breezy
- 34 Proclaim
- 35 "Norma -"
- 36 More genuine
- 38 Gleeful cry
- 41 More sporting

- 43 Farmer, in spring
- 45 Eggy dessert
- 47 Solitude enjoyer (2 wds.)
- 49 By - of hard work
- 50 Onassis nick-name
- 51 Is very thrifty
- 52 - vera
- 53 Jabber
- 54 Wildlife refuge

DOWN

- 1 Cager's blunders
- 2 See eye-to-eye
- 3 Went in headfirst
- 4 Susan of "L.A. Law"
- 5 Perfect place
- 6 More desolate
- 7 Lugosi of horror flicks
- 8 Zoo arrival (2 wds.)
- 9 Moon or eye
- 10 Itty-bitty
- 11 Furtive whisper

- 15 Frome or Hawke
- 19 Pitcher - Young
- 22 Happy sighs
- 24 "Pulp Fiction" name
- 25 Refrain syllables
- 26 Major rte.
- 27 Seat on the aisle
- 28 Like the horizon
- 29 Estuary
- 30 Spaghetti sauce herb
- 31 Broad st.
- 32 Code inventor
- 34 Arctic sight
- 36 New Age prac.
- 37 Kind of race
- 38 Came around
- 39 Hayes or Reddy
- 40 Yips
- 42 Feed the kitty
- 44 Had a mortgage
- 45 Rx monitor
- 46 "Diamond -"
- 48 Pinch off

sudoku medium

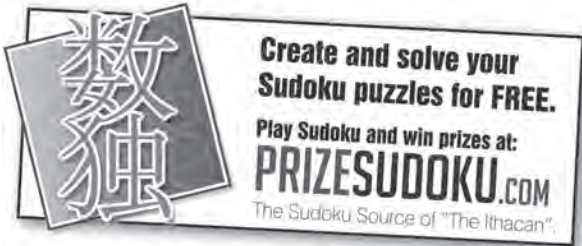
1	5							4
2			1					5
				5	9			3
6	8							7
5	7		2		9	1		
			7		8	3		
3	6		9					
	9	1						
7					1	4	6	

hard

5			6		7		8	9
8			3	4				
								6
7						5		
2		4						
		3	5					
							4	8
	7		8			2	5	
			6	1	3			

answers to last week's sudoku

Easy	8	7	5	2	1	4	9	3	6
	4	3	1	9	6	7	2	5	8
	9	6	2	8	5	3	1	4	7
	7	5	9	3	4	8	6	2	1
	6	4	3	1	7	2	5	8	9
	2	1	8	6	9	5	3	7	4
	3	2	6	7	8	9	4	1	5
	1	8	4	5	2	6	7	9	3
	5	9	7	4	3	1	8	6	2
Hard	5	2	4	1	6	8	7	3	9
	8	7	1	9	4	3	6	5	2
	9	6	3	7	2	5	8	4	1
	4	1	8	6	9	7	5	2	3
	6	9	2	3	5	1	4	8	7
	3	5	7	2	8	4	9	1	6
	1	4	9	8	3	6	2	7	5
	2	3	5	4	7	9	1	6	8
	7	8	6	5	1	2	3	9	4



last week's crossword answers

KITE	CIAO	JAW
FRAY	PAIN	ALI
CAVEMAN	TRYST	
	LIS	BATH
SAHIB	ARREARS	
CLAD	KWAI	WHO
ATV	NEATO	KID
MAE	EEKS	LENA
PRALINE	ZEROS	
	BEGS	CAT
LEASH	POPS	OUT
URL	EIRE	GETA
GEL	DION	OREO



From left, junior catcher Cooper Belyea squats behind junior infielder Jared Amory during a scrimmage.
JENNIFER WILLIAMS/THE ITHACAN

THE BUILD UP

The teams of South Hill condition for success through offseason training

BY KRISTEN GOWDY
STAFF WRITER

SCRIMMAGE

On Sundays at noon, while the rest of the campus is still sleeping off its Saturday night festivities, 40 baseball players donning dark blue T-shirts and gray pants step onto the field.

This particular Sunday is cold, so most of the players are in long sleeves. The leaves on the trees behind Freeman Field are just beginning to turn shades of red and gold. A chilly wind whips the grass on the field, and a light rain begins to fall. It feels like late October instead of mid-September.

After warmups, the large team forms into two smaller ones, and the players begin a game under the watchful eye of head coach George Valesente and his staff.

The players make the intrasquad scrimmage as close to a real game as possible. After all, Sundays are the day they look forward to most. Three other practices plus two weightlifting sessions per week all lead up to the end-of-the-week competition. Besides these scrimmages, the team won't have an opportunity to play a real game for another seven months.

"The offseason is tough, because we are working so hard for games that we aren't going to play until the spring," junior catcher Cooper Belyea said. "We do a pretty good job with our intrasquad scrimmages though. We get pretty competitive with each other."

Complete with two umpires and the center-field scoreboard that is operated from the small press box above the home dugout, the game gets into full swing with strong defensive showings from both teams. By the third inning, the score is still tied at zero.

The players banter with one another and the umpires, occasionally arguing or letting out a collective groan when a close strike is called. For a team that was so close to a national

championship last year, competitiveness is in its nature.

Last year, the Bombers were only one win away from the Division III national championship game for the first time since winning it in 1988. As they scrimmage, the loss to the University of Southern Maine is still fresh in their minds.

"We went so far last year and came so close to the big game, so it seems like there's a little bit more on the line this year, because we are expected to do well," Belyea said.

With a runner on first in the top of the fourth inning, a batter lines a pitch off of sophomore Andrew Sanders up the middle. Belyea, who had been awaiting the pitch from behind the plate, pops out of his catcher's squat to instruct his teammates.

"Cover third, cover third!" he yells to the third baseman, who has strayed from the bag. The baseman quickly recovers, and the runners are held at first and second.

Belyea returns to his stance behind the plate. But he isn't there for long, as another single is ripped into right field just two pitches later to score the runner from second. Two more runners from the opposing team would cross the plate before the inning ended.

The game continues in this fashion. Substitutions are frequent, and all 40 players get a chance to play. Pitchers are rotated every inning or two.

Valesente watches the game unfold from his spot in the dugout. He moves around, occasionally joining the other coaches in the adjoining equipment shed, otherwise leaning against the fence closer to home plate. For him, the game is an evaluation, a preview of what next spring will look like.

After nine innings, the team huddles around Valesente, who debriefs the players before they disperse. The scrimmage has been just what Belyea said it would be — competitive, and a chance for the players to prove their worth.

"The scrimmages give us the sense of competition and give us a reason to work hard," he said. "They give coach an idea of who he wants to see in the spring and how they react to game-like situations."

TEAM-BONDING

Every weekday at 4 p.m., upbeat music blasts behind the wall that separates the gymnastics room from the rest of Ben Light Gymnasium.

For two and a half hours, the 21 members of the gymnastics team work on their respective events. For sophomore Abrianna D'Onofrio, this involves practicing her floor routine, flipping and cartwheeling across the blue padded floor until 6:30 p.m., when the team convenes and conditions for half an hour.

At 7 p.m., the gymnasts finish their workout routine and pull T-shirts and spandex over their leotards.

By 7:15 p.m., an influx of 18 sweaty gymnasts fresh from their offseason training make the uphill trek to Terrace Dining Hall. Members of the team who have meal plans eat together after every practice. At the beginning of the offseason, the upperclassmen had to encourage the freshmen to come with them to dinner, but after a month of team workouts, it is now part of their routine.

The team squeezes three tables together in a cramped corner of the dining hall. After they get their food, the gymnasts sit together and talk. Their conversation varies, initially talking about practice, but straying to updates on their social lives.

A month ago, these conversations were often punctuated with silence when the teammates were unfamiliar with one another. But bonding over dinner during the offseason has helped them grow more comfortable.

For D'Onofrio and the rest of the upper-

See **OFFSEASON**, page 26



Junior Riley Marion lifts in the A&E Center weightroom on Monday night.
DURST BRENEISER/THE ITHACAN



Members of the gymnastics team share a meal together in Terrace Dining Hall on Tuesday evening.
JENNIFER WILLIAMS/THE ITHACAN

THE
'STACHE
LINE

MATT KELLY

ESPN abuses
use of “elite”

The fine folks at ESPN have developed a bad habit of using the word “elite,” a term commonly used to describe a group of people who are the very best in a particular category of society.

The term “elite” has completely saturated the rhetoric of ESPN broadcasters. No one remembers its proper use anymore.

If I had it my way, the show producers at ESPN would prohibit analysts from using the word “elite.” If that happened, I imagine the analysts becoming desperate to label even the most common aspects of sports as elite while they still can.

Below is a hypothetical “SportsCenter” segment featuring Host Sage Steele and ex-NFL personalities Merrill Hoge and Ron “Jaws” Jaworski, who illustrate the anxiety of the hours before wiping “elite” from the ESPN vernacular.

Sage Steele: Welcome back to SportsCenter. Let’s talk about the Cleveland Browns’ new quarterback, Brian Hoyer. Hoyer threw for 321 yards with three touchdowns and three interceptions in the Browns’ comeback victory against the Minnesota Vikings last weekend. But guys, is Brian Hoyer elite?

Merril Hoge: Not yet, Sage. He showed some potential in the fourth quarter, but I don’t like his last name. “Hoyer” doesn’t remind me of elite names like “Manning,” “Brady” or “Brees.” Right now, Hoyer is not elite.

Ron Jaworski: Merrill, you’re looking past the basic numbers. Brian Hoyer has never lost a game as a starter for the Cleveland Browns. What’s more elite than that?

MH: But Jaws, Peyton Manning has won 157 games in his career, while Hoyer has one win. How are Peyton and Brian Hoyer on the same level?

RJ: I love Peyton as much as anyone, but he’s a spokesperson for Papa John’s. How can Peyton be an elite quarterback while he’s promoting an inferior pizza?

MH: Brian Hoyer doesn’t have any endorsements!

RJ: Sure, but check out Hoyer’s stubble. It’s always neat and trim. He and Tom Brady have elite stubble, and I bet they both use Gillette.

SS: OK settle down, Jaws. Let’s get back on track.

MH: Now hold on a second, Sage. Jaws, are you trying to tell me that Gillette is an elite razor?

RJ: Absolutely. Gillette’s ability to read hair follicles makes it the best razor in the industry.

MH: You’re nuts! Jaws, look at these baby-face cheeks of mine.

SS: Unfortunately, we are out of time! But later, Stephen A. Smith and Skip Bayless will debate whether Colgate is the most elite toothpaste on ESPN2.

MATT KELLY is a senior sports media major. Contact him at mkelly10@ithaca.edu.

Freshmen fill spots of injured starters

BY MARK WARREN
STAFF WRITER

Shaelynn Schmidt and Siobhan Sorensen stepped onto the court, side by side, for the their first Empire 8 competition on Sept. 20 at Hartwick College. The two wide-eyed freshmen joined their teammates on the floor. As they crossed the white lines, they honed their focus on the only match that matters: the one ahead.

In the wake of several injuries to key players, the freshmen are stepping up.

Schmidt, a 5-foot-9 outside hitter from Piney Point, Md., has been a focal point of the Bombers’ attack game. She currently leads all players with 126 kills and has added 53 digs for the Blue and Gold squad.

After her performance in the SUNY-New Paltz Invitational, she was selected for the all-tournament team. Schmidt tallied 31 kills, 11 digs and four blocks during that four-game stretch.

Head coach Janet Donovan applauded Schmidt’s play against a tough opponent.

“New Paltz is probably one of the best SUNY teams this year, and I was very pleased that she put up a .425 hitting percentage,” Donovan said. “[Schmidt] had 19 kills and only two errors, which for any hitter, no matter what year, is a great match. I’m very pleased for her, and that performance should give her some added confidence.”

In the last two tournaments, Schmidt averaged a full set more played per match than she had during the first three tournaments of the season, which contributed to a spike in her total points scored. Schmidt said she sets goals for herself every single week to chart her improvement over time.

“Last weekend, my goal was to get my hitting percentage up, and I doubled what is expected for an outside hitter to hit,” she said. “So I just try to make a different goal for wherever I play. My next goal may be to work on my defense.”

In recent weeks, several starting players were hit with injuries, which caused them to miss substantial playing time. Maggie Mutschler, a freshman defensive specialist, has a fractured left pinky finger, which is sidelining her indefinitely, according to Donovan. Rylie Bean, a junior outside hitter and middle, has braces on both of her sprained ankles, and Grace Chang, a freshman outside hitter and middle, has fully recovered from a sprained ankle after missing the first eight matches in the South Hill squad’s schedule.

Schmidt said both her mindset and role



Freshman middle and right side Siobhan Sorensen attempts to spike over two Baptist Bible College blockers in her team’s third match of the Bomber Invitational on Sept. 7 in Ben Light Gymnasium.
OLIVIA CROSS/THE ITHACAN

changed once her teammates were hurt.

“Coming in, I felt like, ‘I’m a freshman, I should just sit back a little and watch,’ but once injuries happen you can’t do that anymore,” she said. “We really stress the idea of a no-class structure on the volleyball court, so [Donovan] really expects everyone to step up.”

Schmidt is positioned across from Sorensen on the court. A 6-foot-1 right-side hitter from Castleton, N.Y., Sorensen has established herself as a defensive presence during her first year, leading the team with 27 blocks. Sorensen said she’s looking to improve her vision on the floor so she can read plays and react faster.

“This is only my third year playing, so there are many aspects I need to improve,” Schmidt said. “Not only physical skills, but also just seeing the court and understanding the players on my side of the net and knowing what I can do with my skill set to help my team the most.”

Donovan said the more playing time Sorensen gets on the court, the more opportunities she has to improve.

“She started to get more confident at the net,” she said. “She was blocking some pretty good hitters — some juniors and some seniors — out there. She’s just learning that position, and every day she gets better, and she learns a little bit more.”

Early season schedule challenges soccer squad

BY MATT CONSTAS
STAFF WRITER

Losing the first four games wasn’t the start the men’s soccer team was looking for. Despite a tough start, the players have gained experience and learned about themselves.

This year, the Bombers’ first four opponents all have better records this season, and each has provided some tough competition. Junior midfielder A.J. Wolfanger said the Bombers’ schedule matches them against tough teams early in the season to prepare themselves for the long haul.

“We’ve learned a lot about our team ... and we know what we have to work on to be well-prepared for conference play,” Wolfanger said. “You really don’t find out much about your team when you play a cupcake non-conference—schedule.”

In their first game, the Bombers played SUNY-Oneonta, which was ranked 24th in the preseason coaches poll, and forced the Red Dragons into overtime, eventually losing 1–0. Even without the desired outcome, sophomore goalie Kenny Chapman thinks they can learn a great deal from an overtime game against a tough team.

“This game prepared us for the grueling energy college soccer takes



From left, St. John Fisher College senior defender Jared Welsh dribbles as junior forward Max Bjork defends during the Empire 8 contest Sept. 21.
COREY HESS/THE ITHACAN

out of you,” he said. “It showed us that we will be able to compete with some of the best teams.”

In the four losses, the team is more confident in its offensive ability than it was in preseason. The scoring opportunities have been there, but sophomore back Joey

Dobbins said the Bombers need to find the back of the net more often.

“We’re much stronger offensively as far as creating opportunities,” he said. “We just need to be better at finishing our chances.”

The offense picked up in last Saturday’s 4–0 win against St. John

Fisher College. The Bombers scored four goals, more than the total they had in their previous three games combined. This, Chapman said, has come from playing sharper soccer and moving without the ball.

“Playing smarter balls forward will help us get more scoring opportunities,” he said.

With only one win this season, the Bombers are looking to improve on defense. This year, the Bombers have allowed eight goals, almost half of the 17 they allowed all last season. Wolfanger has noticed the defensive struggle, especially when the ball is crossed into the box. If the Blue and Gold wants to improve their defense, they will have to start by defending the box, he said.

“The last seven goals we’ve conceded have come from crosses into the box,” he said. “We need to get better at clearing these crosses, seeing the ball and man when the ball comes into the box.”

Chapman said he is impartial about having a tough schedule early, but he notices how the Bombers have grown from their play so far.

“It’s nice to get confidence up with wins, but it is also very important to play teams that show you what you need to work on to make us a better team,” he said.

Strong recruitment builds ranked team

BY NICK MARCATELLI
CONTRIBUTING WRITER

A critical first step in forming any championship team is the recruitment process, a fact well known by Mindy Quigg, head coach of the Ithaca College women's soccer team. The Bombers are currently ranked eighth in the nation due in part to Quigg's ability to foresee and harness this talent.

The recruitment process works in two ways. First, high school students or clubs invite the college to see them in action. When the players contact the college, Quigg or her assistants attend the game then call the players to give feedback.

"This is usually the best-case scenario, because they are already familiar with the cost of the college, which is the biggest deterrent for people to come here, because we don't offer [athletic] scholarships," she said. "We have to look for people in a geographic area that financially can afford a private college."

The college plays in Division III, so it is not allowed to give out athletic scholarships like Division I and II schools do.

The second part of the recruitment process requires Quigg and her assistant coaches, Jeff Long and Carrie Bonus, to travel.

During the spring and summer, Quigg spends her days watching games and taking notes about the players who have expressed interest in the Blue and Gold's program.

Meanwhile, one of her assistant

coaches travels to another location to do the same. Their goal is to watch and collect information on as many players as possible.

"I pay attention to different factors, such as technical ability on the ball and size," Quigg said.

Quigg has been involved in the recruitment process since she began coaching in 1994. Quigg said she travels outside the East Coast once every three or four years because of the college's limited budget. Quigg usually attends six tournaments on the East Coast, which she considers a strong recruiting area.

Senior back Alex Liese, from Massapequa, N.Y., was contacted by the soccer program during her junior year of high school. She said Quigg's recruiting style helped her decide to attend the college.

"The big thing about this school is that I knew they were interested in me, but they did not push me," she said.

Sometimes competition with other schools that offer scholarships is a challenge for Quigg. To overcome competitors, she adopts her own strategy.

"I just try to really sell them Ithaca College academically, because it is a good place to study and also to live," she said. "However, there are several players on our team that were offered Division I scholarships, but they chose to play here because of our education and our program."

Freshman forward Holly Niemec said the academic aspect of the col-



Mindy Quigg, women's soccer head coach, speaks with sophomore forward Libby McNamara on the sidelines of Wednesday afternoon's home Empire 8 Conference contest against Utica College on Carp Wood Field.

TUCKER MITCHELL/THE ITHACAN

lege was critical in her decision.

"I wanted to make sure that I wanted to go to school, not just to play," Niemec said. "Coach Quigg wanted to get to know me through the process, which really helped because we had that connection with each other."

Niemec is from Wilmington, Mass. She hadn't heard about the college before Kelly Gannon, a former assistant coach, unexpectedly

emailed her the day after a tournament Niemec played as a junior on Long Island, N.Y.

After receiving the email, Niemec became more interested in the women's soccer program and Quigg. She also began looking into the college's academics rather than just the team itself.

"I looked at the Park School and found I was interested in the [integrated marketing communications]

program," she said. "So I contacted Coach Quigg again, and I came to visit. She was very helpful and let me meet the team, see them play and stay overnight with some players."

What the players seem to recall most is Quigg's approach during the recruiting process.

"She was very honest," Liese said. "Quigg wanted for me to choose the school that was best for me, whether it was Ithaca College or not."

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Offseason no vacation for Bombers

OFFSEASON

FROM PAGE 23

classmen on the team, integrating the younger gymnasts is the most important part of team bonding. As the gymnasts eat, they make sure to include the freshmen in the conversation.

"We try to make the new players feel comfortable and they can be friends with us," D'Onofrio said. "The shy ones have really started opening up to us."

WEIGHTLIFTING

While the gymnasts are eating dinner, the women's lacrosse team finishes a two-hour practice on the turf field behind the Athletics and Events Center. It's 8 p.m., and the sun has been down for an hour, allowing the frigid Monday night air to roll in. Because the players are only allowed to hit the turf three times a week, all of their offseason practices are challenging. The team has been completely focused on lacrosse for two hours, but the workout is not yet finished. As they head into the warmth of the center's weight room, the players are already tired but willing to put their bodies through one last test.

It's almost 9 p.m., and the team is finishing its final set of lifts. As senior goalkeeper Brittany Romano struggles to lift a bar loaded with weighted plates above her head, she hears a teammate call out from across the room.

"This is the last five minutes of the game! What are you going to give for your team?"

Romano sees herself in the final minutes of a big game, exhausted from playing the entire match. The bar she holds represents the final push of the game, and her ability to fully extend it is indicative of winning. She pushes up with all of her strength, and the bar shoots over her head.

Fatigued, but finally finished, Romano racks the bar and begins encouraging her other teammates who haven't finished the set.

She attempts to put them in the same state of mind that helped complete her own lift. She knows that, come regular season, the last few minutes of the game will be critical.

"Our lifts simulate games," she said. "It's very representative of our team and what we are trying to accomplish."

On the next rack over, junior midfielder Molly Fischer has one set left. Though she is already tired from all of the practice and conditioning, Fischer adds more weight to her bar for the final set. Her motivation stems from being a part of an underrated team, which graduated seven seniors from last year's Empire 8 runner-up squad.

"A lot of people think that this is a building year for us," she said. "But we are really going to surprise people."

Leading the lift is graduate student Kelly LaLonde, whose goal is to help the team shock the conference. As she puts the players through their lifts, LaLonde focuses on making the workouts as valuable as possible for the team.

"There shouldn't be an offseason — there is no offseason in real life," she said. "If I make training enjoyable and highly beneficial, there will be no offseason in their mind."

The final few players finish their lift, and as the clock hand hits 9 p.m., LaLonde leads the team through cool-down stretches. Exhausted from more than three hours of work, the squad will be back in the weight room on Thursday and Saturday, and will practice again on Wednesday and Saturday. But come spring, the workouts will pay off as the team looks to win its first Empire 8 championship since 2008.

"During the offseason, we want to improve our drive," Fischer said. "We all have the motivation and competitiveness to succeed, but this year for us is about going beyond our limits and our confidence level."

SPORTS PSYCHOLOGY

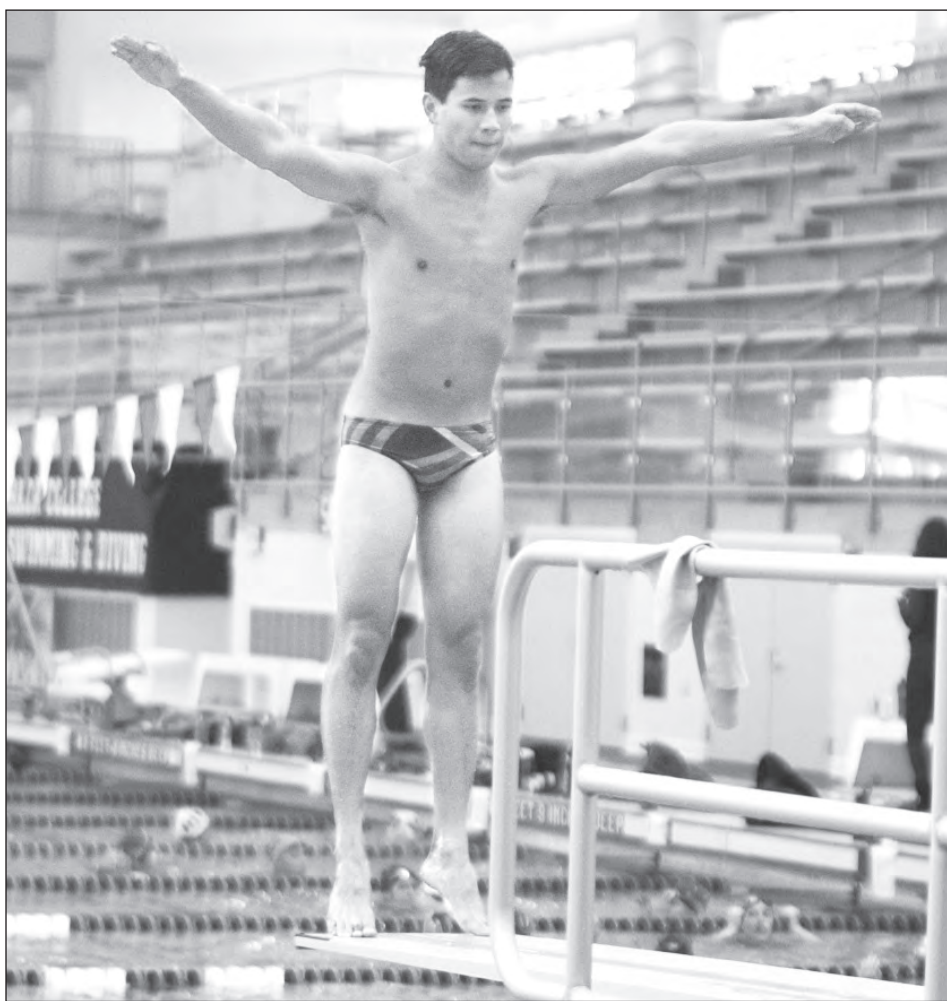
It's 4 p.m. on the dot. The diving team plunges into the pool. One hour and 45 minutes of flipping, spinning, jumping and throwing themselves off the platforms each Tuesday physically exhausts their bodies, pushing them to the max. Finally they climb out of the water, dripping and chlorinated.

Towels are picked up from the benches lining the exterior of the pool, ran over arms, legs, backs and through wet hair. The six members of the diving team haul their sore legs into the locker room for a quick 10-minute shower.

This is the norm for the divers. They are used to all of the physical training. And they should be, as they do it almost every day, no matter what the time of year.

Clean, but still looking drained, the divers make their way to the parking lot outside the Athletics and Events Center. Backpacks are thrown in the trunk along with towels and wet swimsuits, while all six athletes pile inside junior Matt Morrison's beige 2009 Toyota Rav-4. The athletes head over to the Center for Health Sciences.

It's now 5:58 p.m., and the divers file into room 315 to begin the second half of their workout regime, which begins promptly at 6 p.m. Awaiting the team is their next coach, who isn't there to guide them on their diving technique or give the team advice on their landings. No, Justine Vosloo, assistant professor of exercise and sport sciences, will work out the one part of the divers' bodies that has not already been pummeled from practice: their minds.



Junior Matt Morrison prepares to dive during practice Wednesday in the Athletics and Events Center pool. Morrison and the team participate in visualization exercises on Tuesdays.

JENNIFER WILLIAMS/THE ITHACAN

Some members of the team lie flat on the floor, eyes closed. Others sit around the U-shaped conference table in the room, faces buried in arms or sleeves of sweatshirts.

Vosloo begins reading from a script that simulates a diving meet. She takes the team step-by-step through its competition-day routines, all the while telling the divers to envision themselves in the situation she is vividly describing to them.

"She has us visualize everything," Morrison said. "Not just our dives, but also standing, waiting, even if we are just eating Goldfish by the pool."

Vosloo has told the divers over and over again that visualization is "your ability to see all five senses with your mind." She focuses on every detail, making sure each of the divers visualizes the scene exactly as it would be in real life.

She guides the team through an imaginary six-dive meet. The divers perform flawless dives, experience the free-falling sensation off the platform, and feel the exhilaration of the perfect landing, all with their eyes closed. The entire process takes about 45 minutes. By 7 p.m., their workout is finally complete.

This is harder than it seems. Morrison sometimes finds himself slipping into a mental state where everything he sees is in black

and white. As soon as he refocuses on colors, his scene begins to speed up like a movie in fast-forward.

The divers embrace the mental aspect of their sport because they have all experienced mental blocks that prevented them from performing at full potential. But the meetings with Vosloo help them overcome any hesitation they may experience.

"Once you can do it with your mind, it makes you more confident to do it with your body," Morrison explains.

COOL DOWN

As the baseball team gathers for its final huddle and the gymnasts deposit their trays onto the dish return, the lacrosse players rack their weights and the divers awaken from their mental trances. It's just another day in the life of a Bomber athlete.

"When we have people come to our team, we tell them it's a full year commitment," Romano said. "We are expected to work just as hard in the fall, because it's really just an extension of our season."

The work on the field, the time spent together, the sweat in the gym and the mental focus are all part of an athlete's routine on South Hill.

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Top Tweets

The best sports commentary via Twitter from this past week.



Play 60 Kid @NatePlay60

Browns trade Trent Richardson to the Colts in exchange for Andrew Luck showing them how to properly install iOS 7.



Not Bill Walton @NotBillWalton

USC looked terrible in their win over Utah State. This means they probably won't receive bonus checks for the week.



SportsPickle @sportspickle

The saddest part of Arian Foster's story is that he got free tacos in 2009, meaning they weren't even Doritos Locos Tacos.



Faux John Madden @FauxJohnMadden

Justin Houston has hit Mike Vick more times than the Houston Astros can hit a baseball.



Scanning the field

Junior Brandon Bozek, of the team Ferocious Formations, drops back to pass while senior Sal Sulla, of D Providers, tries to cover junior Alex Wilks during an intramural flag football game Sunday night at Higgins Stadium.

TUCKER MITCHELL/THE ITHACAN

UPSET of the week

Assistant Sports Editor Steve Derderian selects the best upset in sports from last week's games.

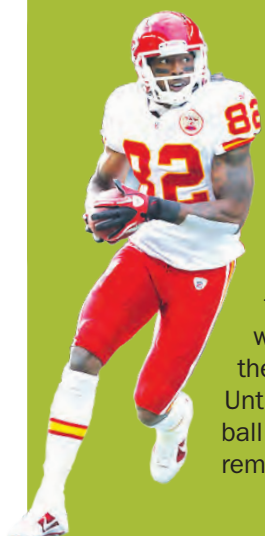
The French national basketball team defeated the Spanish national team in the European Basketball semifinals on Friday. Spain is the two-time defending European champion and three-time Olympic silver medalists. NBA guard Tony Parker, of the San Antonio Spurs, made sure Spain would not win the championship three times in a row. Parker scored 32 points to lead France in a 75-72 overtime victory.

the foul line

Weird news from the wide world of sports

MILES SURREY'S FANTASY CORNER

Here are two players you should consider trading or keeping on the bench this week.



DWAYNE BOWE KANSAS CITY CHIEFS

Bowe has just 90 yards and one touchdown in three games. Part of this has to do with the Chiefs' very conservative quarterback, Alex Smith, who is usually hesitant to throw the ball farther than 15 yards. Until Smith begins to throw the ball more downfield, Bowe should remain on your bench.

MAURICE JONES-DREW JACKSONVILLE JAGUARS

Sadly, it looks like MJD is on his last leg(s). He is averaging 38 rushing yards in three games this season and ankle problems that have limited him. As a result, the Jaguars have scored 28 total offensive points this season. MJD is now a shell of his former self and should be benched for the foreseeable future.



There's a scene in the movie "Major League II" where the character Pedro Cerrano hits a bird with a line drive and is tagged out to end the game



when he runs to rescue the bird. Iranian soccer player Andranik Teymourian stopped playing in the middle of a game on Friday to rescue a butterfly on the field and escort the insect off the field. Contrary to Cerrano, Teymourian's rescue effort didn't cost him the game. Instead, Teymourian scored the winning goal for his team Esteghlal F.C. in Tehran.

— Steve Derderian

they said it

"Sometimes you are unlucky. Sometimes you get what you deserve. And sometimes you just get a kick in the nuts."



Christian Day, Northampton Saints rugby player, reflects on his team's loss Saturday.

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