

# THE ITHACAN

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## MOVING TOWARD DIVERSITY



## Introducing the series

**BY MEGAN DEVLIN**  
EDITOR IN CHIEF

*With Ithaca College strengthening its efforts to achieve the goals laid out in IC 20/20, the college's 10-year strategic plan, diversity has increasingly been in the spotlight.*

*Beginning this week, The Ithacan is launching a three-part series to break down the college's ALANA numbers, the ALANA community and IC 20/20's diversity goals.*

## Part One: Data reflects increased diversity

**BY ELMA GONZALEZ**  
SPECIAL PROJECTS MANAGER

This year, there is a record-breaking 21.7 percent African, Latino, Asian and Native American representation among Ithaca College's first-year students — up from 19.4 percent last year — according to the finalized enrollment data from the Office of Admission. This growth brings the college a step

closer to achieving the diversity goals of IC 20/20 strategic plan. Eric Maguire, vice president of enrollment and communication, said the college wants to exceed 20 percent total representation of ALANA students.

Last year, the college had a 16.1 percent representation, and this year, ALANA students embody 17.7 percent of the 6,723 students currently enrolled.

Retention rates of ALANA students are not available to the public, according to the Office of Institutional Research.

Maguire said the college does not use an affirmative-action policy in the student application review process to increase diversity. The process is race-neutral, and all selected

See **ALANA**, page 4

## Residential Life liberalizes policy for support animals

**BY JAMES WHITLOW**  
CONTRIBUTING WRITER

Junior Meredith Knowles sits on her bed in her Garden apartment, nestled against a heap of blankets and a sleeping cat. Books and clothes lay strewn across the room, mingling happily with cat toys and treats.

Knowles, who has been diagnosed with anxiety, has a 1½-year-old black-and-white cat named Arya. The cat was adopted from the Society for the Prevention of Cruelty to Animals in Tompkins County for therapeutic purposes.

After notes from three separate doctors and many emails, Knowles received approval from the Ithaca College Office of Residential Life for a therapy animal.

According to Harvard Health Publications of the Harvard Medical School, anxiety causes the heart and breathing rates to increase. Muscles tense up, and blood flow is diverted from the abdominal organs to the brain, triggering symptoms of fatigue and nausea.

Knowles said she experienced stomach problems before she adopted Arya last month. She said her cat helped her manage the pain and anxiety brought on by college stresses such as homework



Junior Meredith Knowles plays with her cat, Arya. Residential Life allows Knowles to keep Arya in her room to help relieve her anxiety. **SABRINA KNIGHT/THE ITHACAN**

and pressure from her parents.

"Animals can pick up on your feelings," she said. "They can sense your emotions. It's having a physical being there that cares about you."

Jean Astorina, disability specialist at the college's Office of

Student Disability Services, said special allowances for disabilities require thorough documentation from the student.

SDS uses the definition of "disabled" from the American Disabilities Act, which stipulates that the term "disability" means,

with respect to an individual, a physical or mental impairment that substantially limits one or more major life activities of such an individual.

According to Residential Life guidelines, no animals except for Guiding Eye puppies and tropical fish are permitted in residence halls. Linda Koenig, assistant director for housing services and communications at Residential Life, said support-animal cases are dealt with on a case-by-case basis and are not governed by any set of rules or guidelines.

She said the final decision to grant a student a support animal is made by a committee comprising representatives of the Hammond Health Center, SDS, the Center for Counseling and Psychological Services, Residential Life and Judicial Affairs and Ithaca Dining Services.

After being approved to have a support animal, Knowles received a set of guidelines, which include having vaccinations, using a leash when the animal is outside the living space and ensuring no other residents are inconvenienced.

The U.S. Department of Housing and Urban Development enforces citizen's rights to have

See **CAT**, page 4

## Mayor releases 2014 city budget

**BY JACK CURRAN**  
ONLINE EDITOR

Ithaca Mayor Svante Myrick presented his proposed 2014 budget to the city's Common Council on Oct. 1. During the presentation, the mayor also called for Cornell University to increase its contributions to the city, sparking personal tension with the university.

The 2014 deficit is down from \$3 million in 2013. The proposed budget includes \$64 million in spending, an increase of \$1.5 million from 2013. It also calls for a property tax increase of 2.08 percent, which meets the state mandated property tax cap of 2.12 percent. This is lower than last year's rate of 2.14 percent, the lowest in Ithaca since 2000.

Myrick said the 2014 budget accounts for a deficit of \$1.9 million, the amount it would cost the city to maintain the same level of services as in 2013.

"The City of Ithaca has, for the last six years, been running a deficit," Myrick said. "If we kept everything the same, the level of taxation, the level of spending and the number of employees, we would be \$1.9 million short."

Joseph Murtagh, common council member for the second ward, said even though the proposed budget involves

See **BUDGET**, page 4



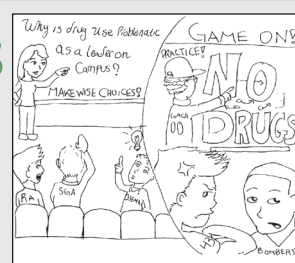
### LET'S 'DO IT'

Handwerker Gallery instates campus-wide exhibit, page 13



### COMEBACK KIDS

Varsity athletes use different methods to come back from injury, page 23



### KNOW DRUGS

If IC creates its own drug policy, it shouldn't be limited to athletes, page 10



Nation&World

US holds Libyan al-Qaida leader

Libyan government officials said Saturday that relations between Libya and the U.S. remain unhurt after U.S. special forces seized a suspected al-Qaida leader named Nazih Abdul-Hamed al-Ruqai, known by his alias Anas al-Libi, from Tripoli, Libya.

Libyan Prime Minister Ali Zeidan said al-Libi should be tried as a Libyan citizen in a civilian court in Libya, not as an enemy combatant by the U.S. The U.S. is currently holding al-Libi in military custody aboard the USS San Antonio in international waters within the Mediterranean Sea. The U.S. has not yet announced if al-Libi will be tried in a military or civilian court.

Al-Libi is accused of orchestrating the 1998 bombing of the U.S. embassy in Nairobi, Kenya, which killed at least 224 people and injured more than 4,000.

The comment reflected the predicament Libya's weak central government is in. The U.S. has been a close ally since NATO forces assisted Libyan rebels in the overthrow of former leader Moammar Gadhafi in 2011. However, Islamic groups who hold sway in areas where the central government has less power criticize Tripoli for allegedly colluding with the U.S. to abduct the Libyan citizen.

Rio police increase slum patrols

Homicides in Rio de Janeiro, Brazil, are down, but an Associated Press analysis of official police statistics shows that since 2007, a year before the security push into the city's slums, the number of missing-person cases in the city and its impoverished outskirts shot up 33 percent to a total of 4,090 reports last year.

The goal of Brazil's ambitious security program is to pacify and permanently occupy slums in Rio de Janeiro before the beginning of the 2016 Olympics.

It's not clear who's behind the increase of abductions, but heavy-handed police tactics raise suspicions among those living in slums that authorities are involved.

Independent watchdog groups said it's possible that police themselves are disappearing people as they struggle to tame slums, given the long track record of officers carrying out extrajudicial killings.

Security experts, however, blame drug gangs for hiding the bodies of rival traffickers they've killed and making it seem like a kidnapping to avoid drawing police attention.

**Doctors recalled to stop disease**

The government shutdown has hindered federal efforts to protect Americans' health and safety, particularly an outbreak of salmonella in chicken that has infected more than 270 people in 18 states since Sept. 30.

There have been more than 30 other outbreaks of salmonella since the federal government shutdown.

The federal Centers for Disease Control and Prevention said Tuesday that it was recalling some of its furloughed staff to deal with the outbreak. Before then, the CDC had only a handful of scientists working on outbreak detection, severely hampering its ability to track potentially deadly illnesses.

With federal workers on leave, states have had to pick up much of the slack. In the case of food safety, state labs are investigating food-borne illnesses and communicating with one another without federal management to figure out the scope of the outbreaks.

China forces Tibetans to fly flag

Free Tibet, a London-based Tibetan human rights-advocacy group, announced Tuesday that about 60 people were injured when Chinese security forces shot tear gas into a crowd of Tibetan residents on Sept. 29 who were demanding the release of Dorje Draktsel, a fellow villager detained for protesting orders to display the national flag.

China sent work teams to Biru, known as Driru in Tibetan, before the national holiday to compel local Tibetan residents to fly the flag as part of an intensified effort to enforce loyalty to the Chinese Communist Party.

Other Tibetan human rights-advocacy groups reported dozens of people injured in the protests. Independent sources have not yet confirmed the crackdowns or the numbers of people arrested, but the Chinese government has not formally addressed the issue.

Many Tibetans said Beijing's economic policies in the Himalayan region have mainly benefited Chinese migrants and resent the



**Filipinos protest US bases in Asia**  
Protesters in the Philippines, a U.S. territory, gather Wednesday outside the U.S. embassy to protest the buildup of U.S. military bases in Asia. The protesters said they do not want to be dragged into the political tension that underpins the upcoming Asian economic summit.

BULLIT MARQUEZ/ASSOCIATED PRESS

government's strict limits on Buddhism and Tibetan culture. China said it has made vast investments to boost the region's economy and improve the quality of life for Tibetans.

**Migrants' bodies found in ship**

On Tuesday, Italian divers recovered more bodies of migrants from the wreck of a smugglers' ship that sank on Oct. 3 off the island of Lampedusa, increasing the death toll to 275, the highest recorded death toll for a migrant ship disaster.

Prosecutors in Agrigento, Sicily, said they had detained a 35-year-old Tunisian man who is believed to have been the captain of the ship.

The suspect faces charges of aiding illegal immigration and multiple counts of homicide.

Just 155 migrants, most if not all from Eritrea, survived the shipwreck. Survivors said there were some 500 would-be asylum seekers aboard when the ship capsized and sank in sight of land.

**Factory fire kills Bangladeshis**

A fire killed 10 workers in the Aswad garment factory on Oct. 2 in Rana Plaza located outside Dhaka, the capital city of Bangladesh. Firefighters rescued 170 workers and doused the fire in 10 hours.

Like the factory collapse that killed 1,100 people about six months ago, the fire exposed the harsh and often deadly conditions in the world's third-largest manufacturing sector.

Authorities and multinational clothing companies have pledged to improve safety standards in Bangladesh's garment industry.

The Bangladesh government is investigating the cause of the fire. An engineering survey reported the factory's foundation was incapable of supporting the newly built floors.

Bangladesh earns \$20 billion a year from garment exports, mainly to the U.S. and Europe. The sector employs about four million workers, mostly women.

SOURCE: Associated Press

MULTIMEDIA

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VISIT THEITHACAN.ORG/MULTIMEDIA.

CORRECTIONS

It is *The Ithacan's* policy to correct all errors of fact. Please contact the News Editor at 274-3207.

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**Video**  
See the story behind junior Meredith Knowles, who has been officially approved to have a cat in her on-campus apartment.



**Video**  
Apple Fest did not disappoint despite construction on The Commons. Check out this video montage.



**Video**  
As midterm season sneaks up on Ithaca College, student caffeine intake increases.



**Video**  
Students and locals participated in the first glow-in-the-dark 3K and 5K runs Oct. 5 at Stewart Park.

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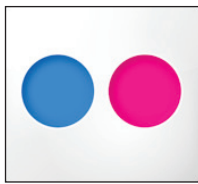
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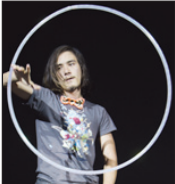
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**News**  
See Gerard Cox explain his philosophy behind the ethics of hunting.



**Accent**  
Witness seniors compete for the crown of Mr. and Ms. Ithaca as a part of Spirit Week.



**Sports**  
Watch the Bombers club hockey team take on Washington and Jefferson College.

Contact the News Editor at  
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or 274-3207.



# In the same boat

## Students spent a semester sailing to 12 countries around the world

**BY SABRINA KNIGHT**  
NEWS EDITOR

On an early January morning last year in San Diego, roommates Drew Kellogg and Jordan Mancuso, who were juniors at the time, woke up to prepare for a day they both will never forget — the day they boarded the MV Explorer for 106-day trip to 16 cities in 12 countries, sailing around the world.

Semester at Sea is a global comparative study-abroad program in which about 500 to 700 students travel to more than 10 countries aboard a cruise ship each semester. The ship stops for four to six days at each port, where students are given the opportunity to explore the area, take sponsored trips or attend a field lab for one of their classes. Students can take nine to 12 credits worth of classes.

Karla Correll, assistant director of admissions at Semester at Sea, said the objective of the study-abroad program is to teach students to take chances, be independent in foreign countries and experience new cultures from around the world. “They want to learn more, they want to find out about themselves,” Correll said.

Correll will visit the college from 12:10–1 p.m. on Oct. 24 in the Park Auditorium to speak about the Semester at Sea programs and recruit students who are interested in taking a Semester at Sea trip.

At the event, Tom Nicholson, associate professor of media arts, sciences and studies, will present a documentary that he produced in spring of 2012 as videographer for the ship. He said the documentary was intended to publicize life on a

floating university and explore some lessons students learn in the few months onboard the MV Explorer.

“I wanted to see if I could capture that when it was actually happening, or right after it happened, to catch some of the students who have had life-changing experiences,” Nicholson said.

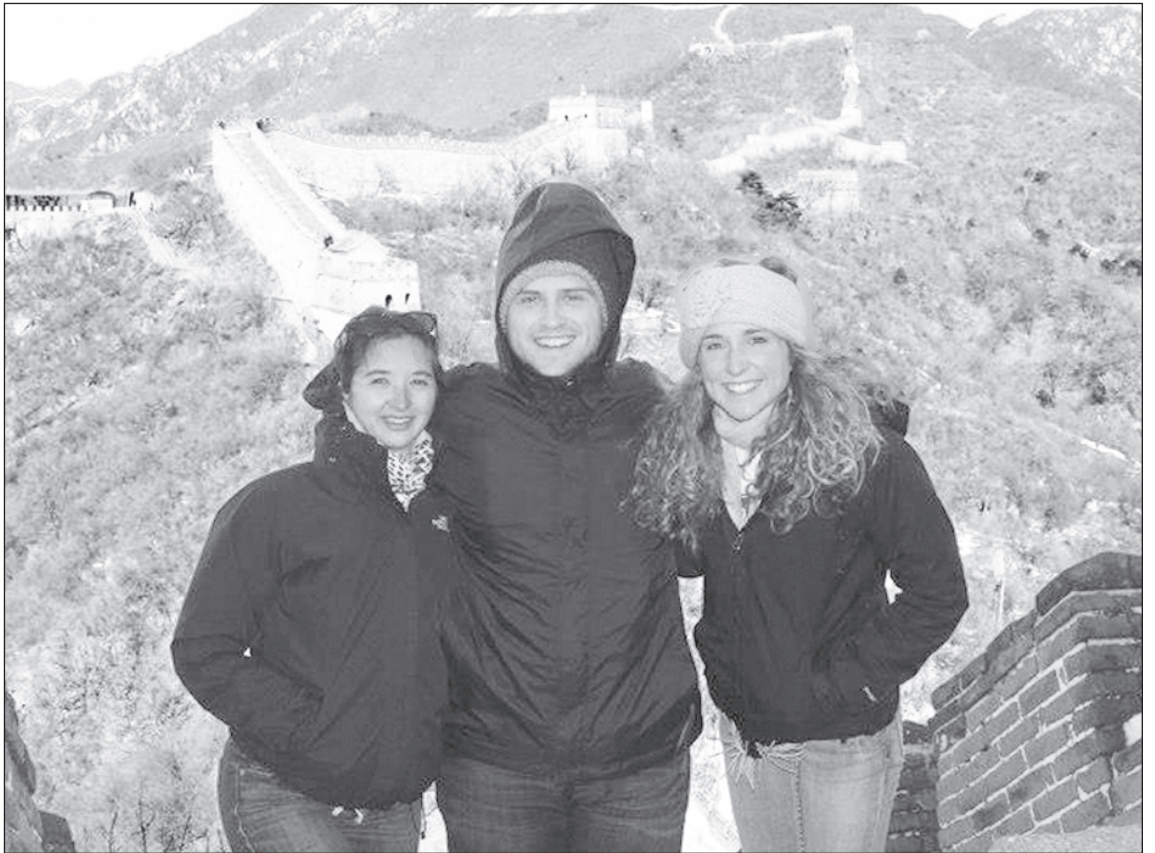
At the beginning of the trip, Kellogg said he was encouraged to meet new people and have conversations with everyone on board because there were no electronic distractions like cellphones and laptops.

“Within the first two weeks, before we even got to Hawaii, which was our first destination, I had become better friends with the people on the ship than I had with people I had known for three years at IC,” Kellogg said.

From the moment Mancuso stepped on the ship, he jumped right into his new role as assistant videographer for the trip and met new people along the way. He said he spent time every day on the ship editing video and even taking charge of interviews and planning a few videos himself.

After about one month at sea, Kellogg said, the ship arrived at a port in Japan. He said everyone was eager to get their feet wet because they had grown tired of being stuck on the boat.

While at sea, students attended class and completed coursework, and some students had work-study programs, like staffing the computer labs and working as office assistants. Correll said the ship's atmosphere was similar to a college campus on land. Students only took classes when they were at sea to optimize



From left, senior Kelly Parker poses with senior Bryn Pilney of Oregon State University and junior Hayley Wilkins of Western Kentucky University on the Great Wall of China during a port stop during their Semester at Sea. COURTESY OF KELLY PARKER

the time they could spend exploring a country while at port, Correll said.

Going into Burma, Kellogg said he was unsure why the ship was stopping in the country, which has a poor human rights reputation. He said, at first, he did not want to stay there.

Kellogg said he and a few friends took an eight-hour taxi drive to a small town where they stayed for six days. One year ago, the country was opened up to visitors for the first time in 70 years. Kellogg said the locals were all very welcoming and willing to communicate with people from different countries even though they didn't speak the same language.

After returning to the ship from his stay in Burma, Kellogg said he regretted making quick assumptions.

“Those are the kinds of things

you don't think about as being beautiful, but they really are the things that make places unique, it's the people and not necessarily the views or what there is to do or what there is to eat, those all add up to it,” he said. “It's the people that inhabit it that really make it different.”

Senior Kelly Parker also took the Semester at Sea trip during the Spring 2013 semester with Kellogg and Mancuso. Parker said she made a last-minute decision to attend the program. Whenever the ship arrived in port, she immersed herself in the country without any plans beforehand. She said she learned how to be a smart traveler and deal with the adversity of each country.

Parker said one of the worst things about meeting locals from other countries was telling them that she is from the U.S. Often,

Parker and her friends told the locals they were from Canada or Australia to avoid unwanted conversations about U.S. culture.

“The second you tell people you're from America, they think you're rich, they think you're stuck-up and they think you have opinions about the entire world,” Parker said.

Upon their return to the college, Kellogg, Mancuso and Parker all said they found it difficult to readjust to their relatively stationary lives. Parker said being able to leave the U.S. and see other cultures firsthand gave her a new perspective on her place in the world.

“I think perceptions of the countries you're going to put a negative spin on things,” Parker said. “But if you're smart about it, you're going to find the positive in everything.”

# Community remembers math professor who supported music school

**BY NOREYANA FERNANDO**  
**AND NOAH ORENT**  
NEWS EDITOR AND STAFF WRITER

The Ithaca College community is saddened by the loss of Shirley Hockett, retired professor emerita of mathematics and computer science and one of the college's most well-known supporters. She passed away at the age of 93 on Sept. 29 at Bridges Cornell Heights, a senior assisted-living facility, where she had resided since 2008.

Hockett joined the college's mathematics department in 1966. She was named a full professor in 1973 and retired in 1991. She was honored by the Board of Trustees with the title of professor emerita soon after.

Hockett was born Sept. 5, 1920, in Bronx, N.Y. She attended Hunter High School and Hunter College in New York City, where she earned her bachelor's degree in mathematics in 1941. She was awarded a master's degree in applied mathematics from the University of Michigan in Ann Arbor, Mich., in 1942.

Stephen Hilbert, a professor of mathematics who worked with Hockett, said Hockett always kept in mind the students' point of view when teaching.

“She looked for different ways to teach,” Hilbert said.

Hilbert said Hockett gave tests that focused on specific topics that students had to master instead of including many different topics from throughout the year.

Hadley Smith, an assistant professor of writing at the college, was one of Hockett's students from 1966 to 1968 when she taught at Ithaca High School. He said Hockett was a lively teacher.



Shirley Hockett, professor emerita at Ithaca College, passed away Sept. 29. She is shown here teaching calculus at Ithaca High School circa 1966. She also taught at the college at the time. COURTESY OF RACHEL HOCKETT

“She would do a lot of things to keep us engaged,” Smith said. “She was a very animated, really good teacher in a tough area to keep 16- or 17-year-olds engaged.”

Hockett was a supporter in the campaign to build the James J. Whalen Center for Music. The Hockett Family Recital Hall in the music school was named after Hockett and her husband Chas, who passed away in 2000.

She then established the Charles F. Hockett Music Scholarship in memory of her husband.

Hockett was also a textbook author and a mother of five children. Rachel, one of Hockett's daughters, said music played an important part in her mother's life.

“There was a lot of music in our house,” Rachel said. “My dad was a very avid musician and composer. He always composed songs

and chamber music. But my mother was not raised with music in her household.”

Rachel said her mother took up playing the clarinet at the age of 57 and continued playing for about 30 years. She said Hockett's contributions to the music school stemmed from passions for students and music.

“The fact that my parents were so generous to the music school was their way of saying thank you for acknowledging how important music has become in my mother's life as she got older,” she said.

Rachel said she remembered her mother as a warm and witty person.

“You couldn't meet her without loving her,” Rachel said. “The cards and notes we are getting since she died are just unbelievable. She was so beloved, and she loved people.”

Marty Sternstein, a professor in the mathematics department who coauthored two books with Hockett, said she was an insightful author and a welcoming person. Sternstein said Hockett helped his wife Faith, who he met in Liberia, integrate into American society.

“I got married in 1980, and when we came back to Ithaca, Shirley really took my wife Faith under her wing,” he said.

After her retirement, Hockett also donated to the college and would regularly attend events and concerts. Shelley Semmler, retired vice president of institutional advancement, said Hockett's interest in the college remained strong even after retirement.

“But the intensity of her relationship with IC actually grew stronger and stronger over the years,” Semmler said.

A celebration of Hockett's life will be held on April 12 in the Hockett Family Recital Hall.



# Service cat helps lower stress level

**CAT**  
FROM PAGE 1

service animals. If a service animal enables “equal opportunity to use and enjoy a dwelling,” then individuals are allowed by law to have service animals in any housing accommodation. Residential Life operates on these principles, and if a student has a verifiable medical condition, they are obliged to allow them a service animal, Koenig said.

Knowles said she is happy to see the college considering alternative forms of therapy for students with conditions like her own. She said proving her anxiety was a disability to the college was challenging.

“Some people with disabilities ... everybody looks at them, and their disability is so visible,” she said. “But if your disability isn’t visible, you have to prove it to them.”

Senior Jaymi Feeney is another student approved to have a cat for therapeutic reasons.

Feeney’s request for a service animal was in accordance with Student Disability Services’ policy that a student must provide documentation giving a specific medical diagnosis.

Feeney has epilepsy, a serious condition characterized by seizures affecting mental and physical functions, which she said is more easily managed with a support animal. She said her cat, Batman, has been very helpful with her condition.

In her three years with Batman, Feeney had no difficulty getting approval to keep him on campus. She said Batman is able to alert her 30–60 minutes before a seizure occurs.

It is not yet proven how cats and dogs can predict seizures, but cats have been known to foretell epileptic fits by pacing up and down or meowing loudly.

Feeney said the college granted her approval to have a cat in her room after receiving a letter from her neurologist.

“With epilepsy, that is a clear cut, ‘I have seizures’ that can be documented,” Feeney said. “But with anxiety and other types of things like depression, that’s a little less concrete.”

Feeney said she acknowledges the benefits of therapy animals, but said there are drawbacks to having therapy cats on campus. She said students may pretend to have a condition to be approved to have an animal. She also said students have asked her how to get a cat, citing their own issues with depression and anxiety.

Koenig said she is not too concerned about students feigning illnesses just to have pets in their room because each student’s situation is reviewed on an individual basis.

Knowles said her persistence and the college’s open attitude toward alternative therapies will help make her time as a college student easier.

“It’s definitely something I believe very strongly in — recognizing how tough of a time college is for people, and some people get through it easier than others,” she said.

# College says admission is race-neutral

**ALANA**  
FROM PAGE 1

students are equally qualified, he said. However, the college is aware of each student’s gender, ethnicity and racial information during the review process, Maguire said.

According to law, affirmative-action policies require active measures be taken to ensure that historically underrepresented groups are given the same job and education opportunities.

The college has had an Equal Opportunity and Affirmative Action policy statement since 1984, but it only applies to employees. David Maley, associate director of media relations, said the college’s recruiting is not affirmative action.

Laura Stoker, professor of political science at the University of California, Berkeley, said affirmative action often occurs prior to any college’s selection stage, including recruitment.

Recruitment efforts targeted at certain underrepresented groups of students are also affirmative-action policies, she said.

“All of those kinds of programs have been considered by the government to be affirmative-action programs,” she said. “But the bottom line is ... [if ordinary people] use the phrase, they are thinking someone is sitting in a college admissions committee saying, ‘This person is a black person, let’s let them in because we haven’t met our quota.’”

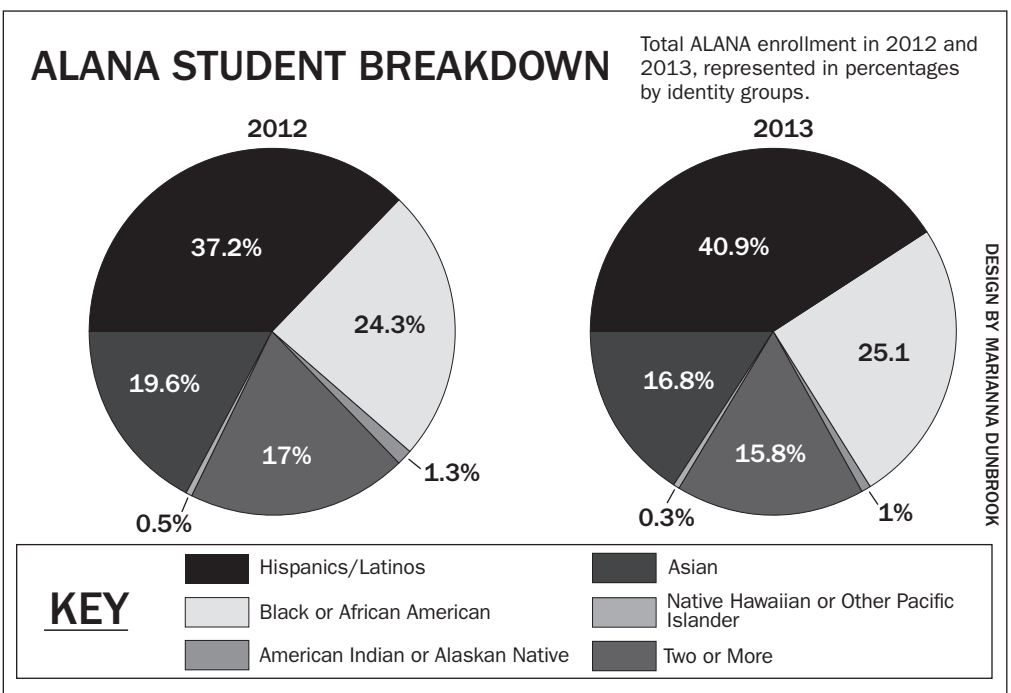
According to the 1978 Regents of the University of California v. Bakke court decision, a quota system is illegal, yet some still believe that is how affirmative action operates. Now, several colleges award extra points to students of underrepresented groups during the application review process, which is legal.

The 2.3 percentage jump in ALANA representation could be the result of policies and efforts the college implemented this year, Maguire said. One such policy is the standardized test–optional policy, which no longer requires students to submit SAT or ACT test scores with their application. Maguire said research has shown requiring test scores limits the applicant pool.

“There are correlations with socioeconomic status and standardized test scores, and there’s also correlations with socioeconomic status and ALANA population,” he said. “So if we are saying that there are these biases that are in the standardized testing that [are] impacting families from low socioeconomic backgrounds and from ALANA students, then we are, by default, by requiring those test scores, limiting that population from our campus, and we wanted to remove that kind of barrier and open up greater access.”

Though the college claims to be race-neutral in its admissions process, it does consider race in some recruitment efforts.

Gerard Turbide, director of admission, said the college does not have specific fall recruitment pro-



grams for ALANA students. However, the college works with community-based organizations that provide admissions support and resources to historically underrepresented students. These organizations, which Turbide declined to identify, expose the college to prospective students. College representatives also travel through the U.S. to find potential applicants.

“We make decisions about where we travel, for example, based on a variety of things: diversity, strength of schools, past applicant history from different schools,” he said.

To help reach institutional diversity goals, Maguire said, the college offers a \$2,500 merit scholarship for self-identified ALANA students.

One possible concern is how the college quantifies diversity and identifies ALANA students. Data is taken from students’ applications, where students check a box with the race and ethnicity they identify with most, but this information cannot be verified by the college, Maguire said.

Malinda Smith, director of multicultural affairs at the Office of Student Engagement and Multicultural Affairs, said some students self-identify only as ALANA in their college application because they have the misperception of affirmative action policies, thinking colleges will award extra points for being a certain race.

“They’ll check the box thinking that either money or admissions will increase in their favor,” she said. “They’ll get here, and then have nothing to do with that community ... There is a game that is played, and it is unfortunate. But there is no litmus test, we can’t say ‘Well, you put this down, prove it.’”

Furthermore, she said the Martin Luther King, Jr. Scholar Program was created in 2002 to recruit

high-performing ALANA students from various backgrounds and majors who are concerned with social justice. Each year, about 60 MLK scholars can receive up to full tuition in aid, with a minimum merit-based scholarship of \$25,000.

Though the college offers financial incentives for ALANA students, the institutional definition of diversity is not limited to race; it also considers factors like religion, sexual orientation and age. But ALANA representation plays a larger role in the college’s diversity goals, Maguire said.

He also said there are some flaws that come with using the term ALANA as a partial measurement of diversity. The term conveniently clumps four groups into one category, which results in misconceptions about growth in diversity.

“If we had a very high ALANA population, but that ALANA population was largely driven by one particular racial or ethnic category, would we be a diverse campus?” he said. “I could make the argument that we weren’t.”

Outside of the admissions office, the term ALANA provides a sense of community for students in the college. Senior Cedrick-Michael Simmons, president of the Student Government Association, said the ALANA community is not necessarily a group but an avenue through which the college can inform ALANA students of resources available to them.

He said this avenue makes sure students know they are not alone on campus.

“The reality at this institution is that students of color have unique experiences, [and] because we are at a predominantly white institution, different initiatives and outreach efforts are used to reach out to those self-identified students of color,” Simmons said.

# Reduced deficit allows for lower property tax

**BUDGET**  
FROM PAGE 1

cuts to several departments, including the Departments of Planning and Development and of Information Technology, and increased property taxes, it is an improvement from the 2013 budget.

“It’s still a tough budget, but it’s easier than the budget we had last year,” Murtagh said.

Myrick proposed a merger between two offices with overlapping responsibilities, Information Technology and the City Clerk’s Office. Myrick said the merger would involve one layoff, but would save the city more than \$100,000.

“Increasingly, public information and technology are becoming indistinguishable from each other,” Myrick said. “Having them broken down into separate silos, separate levels and separate lines of authority creates confusion in the staff and has hindered a lot of our projects.”

Despite this merger, Murtagh



Ithaca Mayor Svante Myrick speaks to the media Oct. 1 at Ithaca City Hall. Myrick introduced the proposed city budget for the 2014 fiscal year.

HALEIGH LAMONTAGNE/ICTV

said the budget is simpler than last year’s, as it mostly involves small changes to spending and revenue.

“Last year’s budget seemed much more transformational, in the sense that there were several pretty complicated budget mergers,” he said. “This budget is a little more routine.”

Though it was not included in the budget, Myrick said at a media

briefing Oct. 1 that Cornell raises enough funds but does not pay enough to the city. Cornell is exempt from property taxes because it is a New York State University.

“It’s shameful how little Cornell University contributes to the municipalities that play host to it,” Myrick said.

Myrick said if Cornell paid its

property taxes, it would owe about \$30 million, but the city has little leverage over Cornell.

While Ithaca College is not part of the city of Ithaca, it does make payments to the town, county and city school district. Dave Maley, associate director of media relations at the college, said while exempt from property taxes, the college pays the equivalent of property taxes on the Circle Apartments land.

John Carberry, director of press relations at Cornell, said in an email, that Cornell would like to negotiate directly with the city government.

“At this point, we’re eager to move on from a media conversation about this to more direct conversations with local government leaders about how we can all do what’s best for our community,” Carberry said in the email.

Before the budget can be finalized, the Common Council must approve a budget. The council will meet again to discuss the budget at its meeting on Oct. 15.



# Park School celebrates 40th anniversary

**BY MEAGAN MCGINNES**  
STAFF WRITER

It all began in the basement of the Dillingham Center. In a space with no windows, 10 faculty members and about 450 students made up Ithaca College's original communications department, which had just a single major — television-radio. It was not until the 1973–74 academic year that the Communications School officially became its own entity, separate from the School of Humanities and Sciences.

Forty years later, the now Roy H. Park School of Communications houses more than 1,500 students, both undergraduate and graduate, with 51 full-time faculty members, as well as eight undergraduate programs and two graduate programs.

To celebrate this growth, the School of Communications will commemorate its 40th anniversary on Alumni Weekend, Oct. 11–13, with faculty, students and visiting alumni. April Johans, coordinator of student and external relations for communications, said the main event on Friday will be screenings for the Golden Doorknob Award in the Park Auditorium. The Golden Doorknob is a short-film competition where students find the most creative way to portray how to kill a person with a doorknob.

Junior Clinton Butler is working on pre-show details for the event and said he has watched some of the old doorknobs in order to decide which ones will make it into the screening.

"Because it's from so long ago, the footage isn't so great, but that's part of the charm of it," he said.

An open house of the Transmedia studio, a cocurricular organization housed on The Commons that gives students the opportunity to produce projects across multiple media platforms, will take place Saturday. The open house also will include coffee with Dean Diane Gayeski. Later that afternoon, alumni and current students will have roundtable discussions on topics including fantasy-sports production, leadership, social media and journalism reinvented.

Andy Orgel '74, CEO of 1Degree Media and Entertainment Company and cofounder of the A&E and MTV networks, said intermingling between current students and alumni is an integral part of the Park School's identity, and events like the anniversary celebration are perfect venues for it to happen.

"We try to bring alumni, whether they are recent graduates or graduates from a long time



**Top: David Stewart '67 hosts a WICB-TV show in 1965. At the time, WICB-TV aired on television and radio. Bottom: Sophomore Max Deger hosts a radio show in the WICB studio on Oct. 9 in the Park School.**  
TOP: COURTESY OF DAVID STEWART, BOTTOM: TUCKER MITCHELL/THE ITHACAN

ago, together in a lot of different work situations to help to mentor, to help with potential career opportunities," Orgel said.

Sunday will feature an open house in the Park School with different themed decade rooms and a champagne toast to the anniversary.

For alumni, Gayeski said, new student faces are not the only change they will notice.

"I am sure there will be much surprise [from alumni] at not only the physical plant, because there have been a lot of renovations and certainly a lot of additions of equipment every year, but also the changes that they'll see in the faculty and the curriculum," Gayeski said.

Gayeski said the Park School was able to grow while maintaining its supportive atmosphere throughout the 40 years partly because of bold leadership, as well as a little good fortune. According to Gayeski, the first dean of the Park School, John Keshishoglou, had a daring vision with little resources.

"This is a time to go back to our roots and

[discuss] why we started and what propelled us through all the years, and to honor all the people who came before us to make what we have now possible," Gayeski said.

Thomas Bohn was dean of the School of Communications from 1980 to 2003, a time that is commonly known as a "Golden Age" for the communications school. Bohn said part of this change was because of a telephone call he received in 1994 about James Pendleton, who left money to the School of Communications.

"It turned out to be \$14 million," Bohn said. "At that point in time, it was the single largest gift in Ithaca College history ... It helped to transform the school and sustain the school and make it even better and bigger."

Gayeski agreed that in the next 40 years, she hopes the Park School will still be supporting creative minds and continuing to adapt to an ever-changing industry.

"There is an energy here and a willingness to experiment with new ideas," she said.

## Ithaca resident to publish book on ethics of hunting

**BY KAYLA DWYER**  
STAFF WRITER

At an elevation of 8,000 feet near Laramie, Wyo., Ithaca local Gerard H. Cox stood over his fresh antelope kill. It was a hot day in September of 2000, and the meat threatened to spoil if he didn't quickly remove the animal's innards.

Cox glanced at his wristwatch, but found that he was unable to read the time, as the watch was covered in blood.

"And out of my mouth, aloud, came the words, 'I have blood on my hands,'" Cox said. "Now why did I say that? I have no idea."

The experience led Cox to delve into research on blood — how other people and cultures think about blood and how people see animals. Though Cox didn't know it at the time, this research marked the inspiration for his book, "Blood on My Hands: An Ecology of Hunting."

After about 10 years of research and writing, Cox's book will be released this fall through Dog Ear Publishing, an Indiana-based, self-publishing company.

Cox said the book addresses an ethical defense of hunting, not only as an important role in the cycle of life and death, but also as a way for

people to attain and enlarge an "ecological consciousness" of nature.

Cox said his experience with the antelope helped him realize that because he hunts to provide food for his family, their ability to live is due in part to that antelope's death.

He said he felt compelled then to thank and honor the animal when preparing it for friends and family to eat.

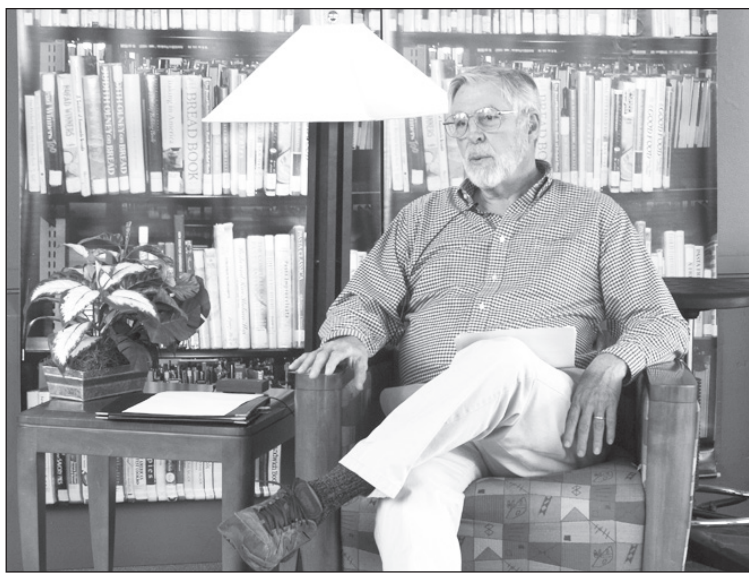
"I treat hunting not as an end, but as a means to gain a larger consciousness of who you are and where you fit in with all the other forms of life on Earth, and that's why it's an ecology," he said.

Cox said humans and animals share DNA, making us all inherently related.

"That should make a difference on how we treat these other animals, I argue," he said. "That's where the ecology comes in — we're all in this together."

The Rev. Dr. Douglass Green, fishing partner and Ithaca local, said Cox's work is spiritual and fascinating for both hunters and non-hunters.

Cox comes from a long family history of hunting, with his parents having been bird hunters. His first experience with bird shooting



**Gerard Cox, Ithaca local and former instructor at the college, reads from his book at the Tompkins County Public Library Readathon on Sept. 28.**  
TUCKER MITCHELL/THE ITHACAN

occurred before he was old enough to carry a gun, he said.

He came to Ithaca in 1982 to take up the position as assistant dean in the College of Arts and Sciences at Cornell University. Cox was also a part-time instructor in Ithaca College's writing program during the 1983–84 academic year. His wife Caroline Cox worked in the college's development office as the director of major gifts. She retired in 2006 after 22 years at the college.

It was at Cornell that Cox met James Caldwell, a then-graduate student pursuing a computer science degree at Cornell. Cox first tried deer hunting with Caldwell,

and they both had experience with backpacking and rock climbing. But there is a significant difference in how these activities relate to nature versus how hunting relates to nature, Caldwell said.

"When you're a hunter, your relationship changes with nature," he said. "You become part of it in a different way. When you become the predator, you become part of the whole system in a way that's very difficult to describe."

Cox also writes "Hits and Misses," a blog on hunting, fishing, cooking and other aspects of life. Check it out at [gerardcox.blogspot.com](http://gerardcox.blogspot.com).



**ELMA GONZALEZ**  
SPECIAL PROJECTS MANAGER

## Debunking the 4.0 myth

*Editor's note: This column is a new weekly feature investigating some unanswered questions on campus.*

It's known to some as the "legend of the 4.0," the "automatic 4.0" and sometimes even as the "suicide 4.0." It's the nationally acknowledged rumor that morbidly declares the death of a roommate as a 4.0 GPA-haven. In other words, if your roommate were to pass away, it would bump your GPA up to a perfect 4.0 that semester. But is this actually true, or is it simply an urban legend?

To dispel the rumor, I went to the big man on campus, the guy who holds the key to your academic transcripts and your future: Brian Scholten, the registrar.

"Ithaca College does not have such policy," he said.

In fact, there are few to no colleges that have a policy like that. None that my research was able to uncover. Yet, let's face it, what college would ever want to admit it slips students a four-course meal of As to take away the emotional strain of a lost friend?

"It would hurt a college or university to put something like that out there that would otherwise tell folks that we consider other things than academics in grading students," Scholten said.

No one knows where this myth came from, but Hollywood certainly has not helped debunk it. In 1998, two movies, "Dead Man on Campus" and "Dead Man's Curve" were released with a plot reflecting this myth.

Bonnie Prunty, director of residential life and judicial affairs, said professors are usually understanding and work with the student whose roommate has passed to figure out what kind of support they need.

Students can request to move to a different room to having a pet, which would require documentation from a therapist, Prunty said. Let's face it, what could be more helpful in the grieving process than the comfort of a pet?

Academically, it's up to the professor to give students some time to recuperate, Prunty said.

Interesting fact though, in 2011, the college approved a policy concerning granting posthumous degrees, which are diplomas for students who have passed away before completing their degree, to those who meet certain criteria.

So rest assured, even if you pass away, and your roommate doesn't get a 4.0 upon your death, you could still get your diploma. Now you know!

*If you are seeking help, the college's Center for Counseling and Psychological Services offers group meetings for students to drop in for one hour at 4 p.m. on Oct. 10 and Oct. 24 in the Phillips Room in Muller Chapel.*



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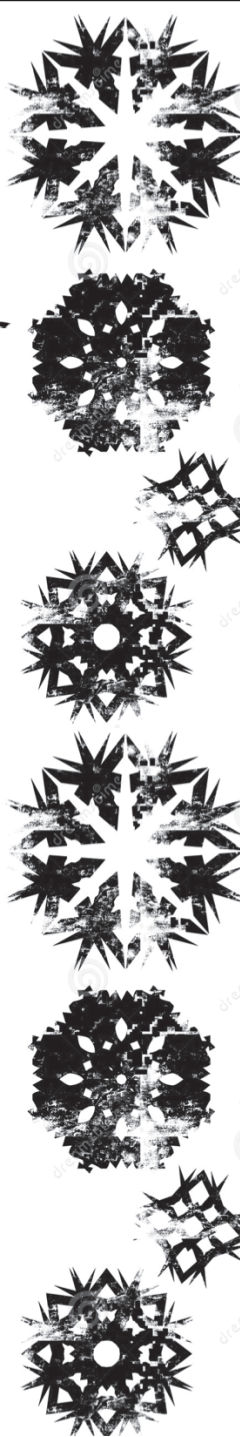
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# Travels inspired 'Brooklyn' author

Colm Toibin, author of "Brooklyn," which Ithaca College used for the 2013-14 First-Year Reading Initiative, visited the college Monday for a Q-and-A discussion with students in the college's Honors program. Toibin, an Irish novelist, journalist and critic, also hosted a reading and book signing for the entire student body.



Contributing writer Faith Meckley sat down with Toibin to discuss "Brooklyn," the challenges of immigration and finding acceptance in a new place.

**Faith Meckley:** What was your reaction when the college informed you that it was using "Brooklyn" for the FYRI?

**Colm Toibin:** I was writing what I thought was a very smart Irish story, but of course it has bigger implications. I didn't think this would happen, so I was really delighted.

**FM:** What were you hoping college students would take away from this?

**CT:** Everyone here, other than people who are of Native American origin, ... came to America alone and came frightened and came uncertain. So the image of the lone figure with the suitcase belongs to [all of us]. I certainly have the memory of going to Dublin University from my small town, Enniscorthy, and those first weeks wondering what hit me. I was never going to be able to live at home again or go to high school — that was all finished — and that I would only be a visitor in my own house in the future. It took me a while to deal with. And then I did deal with it, and the strange thing is how you then get over it. Time passes, and you get used to it.

**FM:** What advice do you have for students who are struggling to make that transition into college?

**CT:** What's important to remember is that if you feel the transition is difficult, it passes. The strange thing we have is we, as humans, we get used to things. If you have moments, you'll have fewer moments next week, and fewer moments the week after. You get used to it.

**FM:** You have said previously that your 'writing comes out of silence.' What do you mean by that?

**CT:** I mean that at home when I was growing up, there often was something important, and often would find that no one would talk about it, and as a child you'd learn that something was going on. People wouldn't discuss openly their feelings or their fears or even an event which mattered to them. I learned to read that.

**FM:** Do you fill in the gaps of this broken dialogue with writing?

**CT:** Yes ... There's this lovely sense that in the most ordinary things being said, underneath them there's often something else being felt.

**FM:** How is "Brooklyn" representative of your own life?

**CT:** I could not have written it had I not spent the 14 weeks before I had the idea for it in Austin, Texas, on my own. I was teaching, and there was no downside to it, except that I had never been so far away from home before, so far from the sea before. There was nothing wrong with Austin, except that I just wanted to go home. When I went home, one of the first things that happened was I got this, and I couldn't have gotten it otherwise.



## Mixing up the competition

Freshman Joel Almand, aka DJ Almond, performed at the Battle of the DJs at 7 p.m. Oct. 8 in Emerson Suites. Almand and four other DJs competed for judges' approval and the crowd's affection at the event, which was part of IC Spirit Week, by playing 15-minute mixes. DURST BRENEISER/THE ITHACAN

## Academic Enrichment Services Peer Learning undergraduate Group Times

### ACCT 225 (Financial Accounting)

Professor Libby's sections

Wednesdays, 7:00-8:00 PM, in Business 103

### BIOL 119 (Fundamentals of Biology)

Sundays, 3:00-4:00 PM, in CNS 1A

Thursdays, 6:00 PM, in CNS 1B

### BIOL 121 (Principles of Biology)

Sundays, 4:00-5:00pm, in CNS 1C

Thursdays, 7:00-8:00 PM, in CNS 163

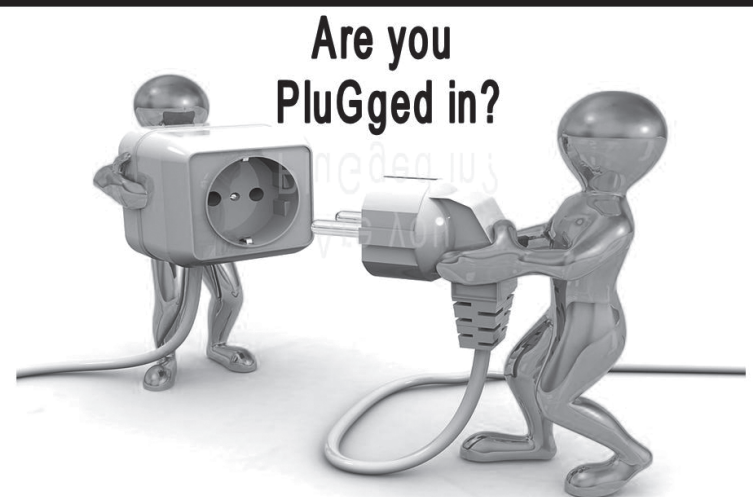
### MATH 111 (Calculus I)

Sundays, 5:45-6:45PM—Go to the AES website at [www.ithaca.edu/aes/PLuGs](http://www.ithaca.edu/aes/PLuGs) for location information (Begins 10/13).

### PHYS 101 (Introduction to Physics)

Sundays, 2:00-4:00 PM, in CNS 206/208

Tuesdays, 6:00-8:00 PM, in CNS 206/208



## Additional PLuGs Forthcoming!

Watch the **Ithacan**, **Intercom**, and the **AES website** at [www.ithaca.edu/aes/plugs](http://www.ithaca.edu/aes/plugs) for regular updates on **PLuGs** and other academic support on campus.

Be sure to use other academic support services on campus including the **Writing Center** ([www.ithaca.edu/hs/depts/writing/writingcenter](http://www.ithaca.edu/hs/depts/writing/writingcenter)); **Math Department Tutoring** ([www.ithaca.edu/hs/depts/math/studentinfo/tutoring/](http://www.ithaca.edu/hs/depts/math/studentinfo/tutoring/)); **Beta Alpha Psi Honor Society** support in the School of Business; and other departmental **TA Help sessions**.

...and don't forget **PROFESSORS' OFFICE HOURS!**



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Tropical ecosystems, Mayan civilization, and human impacts on biodiversity.

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to the development and operation of an ecotourism business through group projects and to the village where we will stay through community service.

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ENVS 204 Prerequisite will be waived

See Susan Allen-Gil for more information,  
or email her at [sallen@ithaca.edu](mailto:sallen@ithaca.edu)

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Debate creates opportunities for graduate school and for jobs

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### Lincoln Douglas

One person vs one person. The topic stays same the full year. This year's is educational reform.

### Worlds Style

Two person teams. Topics announced 15 minutes before the start of each debate. International travel anticipated. Ithaca is bidding to host the U.S. University Championships in 2015.

### The Global Public Policy

Preliminary round asks for submission of a memo that recommends a policy. The finals are in Budapest-50 qualifiers get an all expense paid trip. Finalists win scholarships to graduate school.

### The Lafayette Debates

Online first round, topic deals with the value of cultural goods. The tournament is partially sponsored by the French Embassy and winners get to go to France.

## Meetings are Wednesday nights in CHS 201 at 8pm

Anyone can join - no experience needed!

For more information contact Scott Thomson,  
Director of Forensics at [pthomson@ithaca.edu](mailto:pthomson@ithaca.edu)

*In Commemoration of National Coming Out Day 2013:*



## A conversation with Marc Wigler '87

LGBT Advocate, Supporter, Educator and Comedian

**Thursday, October 10  
7 pm Klingenstein Lounge  
Campus Center**

Marc Wigler graduated from Ithaca College with a degree in Communications Management and Education and achieved his Master of Arts in Education and his Administrative Certification from DePaul University. His diverse career has included working in the New York television and radio market, travel education, teaching kindergarten in the Chicago Public Schools, serving as a national trainer, and working for the Chicago Teachers Union. He is an adjunct faculty member in the School of Education of DePaul University teaching graduate students about early childhood education and labor-management collaboration. He also hosted an educational television talk show in Chicago for ten years for PFLAG (Parents, Families and Friends of Lesbians and Gays) where his work was recognized for support, education and advocacy.

A reception for members of the campus community and for LGBT and allied alumni visiting campus for Alumni Weekend will follow.

Delicious fall-themed refreshments will be served!

Individuals with disabilities requiring accommodations should contact Luca Maurer at [lmaurer@ithaca.edu](mailto:lmaurer@ithaca.edu) or 607-274-7394. We ask that requests for accommodations be made as soon as possible.



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EDITORIALS

DRUG EDUCATION BEATS TESTING

Ithaca College should invest more resources in drug education programs for athletes and expand them to students in campus leadership roles

Like 79 percent of Division III schools, Ithaca College does not have a college-specific drug-testing policy for its student-athletes.

Under NCAA policy for Division I and Division II schools, students are required to be tested for drugs year-round. Student-athletes in Division III schools are only tested at championship events. At the college, the only drug education student-athletes receive is a meeting with Mike Lindberg, associate athletic director, who informs them of the repercussions if their tests come back positive for any substances.

If the college were to institutionalize drug testing for its athletes, it would spend thousands of dollars on testing in addition to what the NCAA requires.

When people think of drug tests, they often picture performance-enhancing drugs. But the tests also check for marijuana and chemicals found in dietary supplements — drugs used by more than athletes.

The performance of athletes is as important as that of art, science or business students who represent the institution. The Division III mission statement even says student-athletes “are integrated on campus and treated like all other members of the general student body.” If the college were to adopt a more rigorous drug-testing policy, perhaps students in prominent roles such as Resident Assistants and members of the Student Government Association should be tested as well.

While adopting an individualized policy for student-athletes could dissuade drug usage, a more cost-effective and inclusive alternative would be developing an education program. This program should not just be a meeting with the athletic director, it should be an educational experience about the harmful effects of drugs for those performing and occupying leadership roles on campus.

THE GREATEST WALL

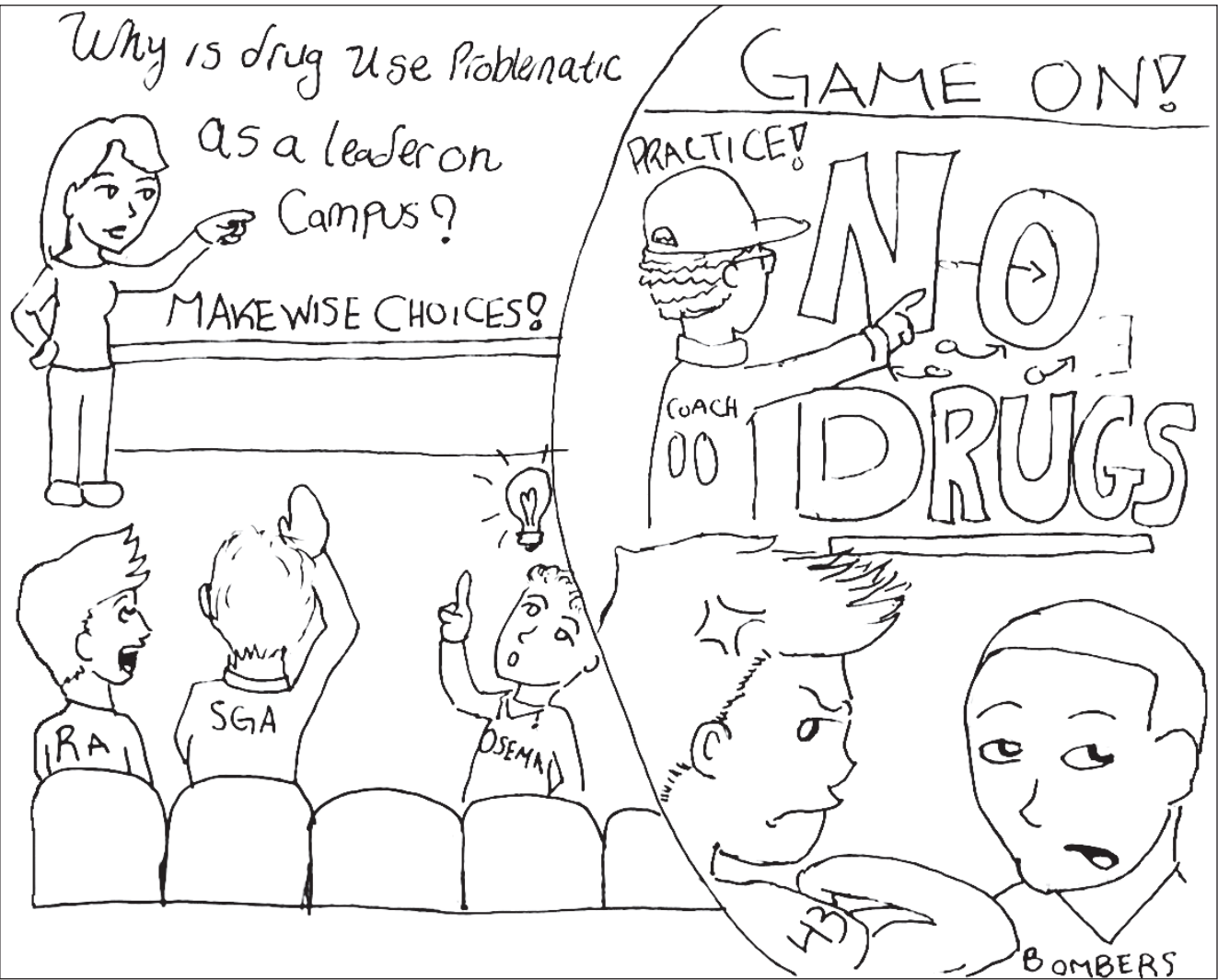
Though the college is making a smart move by discussing a potential center in Shanghai, it must overcome limited course offerings related to China

Ithaca College President Tom Rochon confirmed a commitment to discuss the proposed China center at Shanghai Normal University.

This will be the first center, besides the London Center, that the college will establish in another country. Students are drawn to the London Center because it's directly associated with the college, allowing them to forego the stress of petitioning for credits to transfer back to the college or taking a leave of absence to study abroad.

Though students will take classes alongside Shanghai Normal students, the college needs to ensure that it offers class options in Ithaca that prepare them for a semester in China. As of now, five Mandarin Chinese courses are offered, yet there are no options for learning Shanghainese, the local Shanghai language. Students are also limited by the number of historical and cultural courses they can take at the college, as the college is only offering three non-language courses related in China.

In order for students to have the most immersive experience with Shanghai center, the college must provide adequate options for students to broaden their knowledge of Chinese culture before they travel.



YOUR LETTERS

Misconceptions of IC Honors

As the director of the Honors Program, I am always disappointed to hear that our outstanding program did not meet a particular student's expectations. Unfortunately, Frances Johnson's opinion piece in the Oct. 3 issue of *The Ithacan* contained numerous misconceptions about Ithaca College's Honors Program.

Our program was compared to the "Track 2" option at Colorado State University where honors is offered in departments. Interestingly, one will find that its "Track 1" option is similar to our program. More to the point, honors

programs are as varied as the institutions in which they are found.

The article stated students in our program are prevented from pursuing departmental minors with a specialized focus, yet many students in the program complete multiple minors and even double majors. Further, many departments on campus have options for departmental honors, IC's "Track 2" option.

The article said the program consists of "a collection of random seminars." True, our seminars do not constitute a specialized, discipline-specific body of knowledge as a departmental major or

minor would. Our seminars commit to intellectual challenge, open inquiry and critical thinking.

Our Honors Program has undergone some changes, mainly to assure access to students in all programs, but the general spirit of intellectual curiosity remains. Accurate descriptions of our program can be found on our website.

THOMAS PFAFF IS THE DIRECTOR OF THE ITHACA COLLEGE HONOR'S PROGRAM

SPEAK YOUR MIND

Send an email to [ithacan@ithaca.edu](mailto:ithacan@ithaca.edu) to write a letter to the editor.

SNAP JUDGMENT

Is Affirmative Action necessary? Why or why not?



"STUDENTS WHO ARE APPLYING SHOULD ALL BE JUDGED BASED ON THEIR GRADE LEVELS SOLELY, AND NOT BY RACE."  
SARA ELWELL  
COMMUNICATION MANAGEMENT AND DESIGN '17



"IT'S NECESSARY TO HELP ALLEVIATE SOME OF THE DISADVANTAGES PEOPLE OF COLOR FACE."  
HELENA MURPHY  
INTEGRATED MARKETING COMMUNICATIONS '15



"THE WAY THAT IT'S WORKING CURRENTLY, I FEEL AS IF THE SYSTEM CAN BE FIXED AND MADE BETTER."  
COLTON BREADY  
WRITING '14



"BASED ON THE COLOR OF YOUR SKIN, IF YOU'RE IN AMERICA YOU'RE NOT BORN WITH EQUAL OPPORTUNITY, AND WE NEED PROGRAMS LIKE AFFIRMATIVE ACTION."  
JOHN BRUNETT  
JOURNALISM '15



"IT'S NECESSARY BECAUSE OF COMMUNITIES OF PEOPLE THAT HAVE BEEN HISTORICALLY DISCRIMINATED AND OUTRIGHT EXCLUDED FROM HIGHER EDUCATION."  
MARC GONZALEZ  
SOCIOLOGY '15

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## GUEST COMMENTARY

# Argentinian play sparks introspective question

**¿Vos sabés quién sos?**  
Do you know who you are?  
The question rang throughout a Cornell University lecture hall on Sept. 27, as my Spanish theater classmates and I performed “A propósito de la duda.” This Argentinian play brings attention to human rights violations during the military dictatorship in Argentina from 1976 to 1983.

When Annette Levine, associate professor of modern languages and literature, told our group of mainly non-actors and non-native Spanish speakers that we would be performing in front of two hugely important human rights activists and Nobel Peace Prize nominees from Argentina, my initial thought was, “Who are we to perform this?” It seemed as Americans and 20-somethings, we were too far removed from the context of Argentina’s military dictatorship to truly understand our characters.

On March 24, 1976, a military junta overthrew the government in Argentina beginning seven years of state terrorism. An estimated 30,000 alleged political subversives “disappeared” to detention centers. Pregnant women gave birth in captivity before being killed. Their babies were appropriated by military families and raised without knowing their true identities.

Las Abuelas de la Plaza de Mayo have fought for more 30 years to uncover the fate of these “desaparecidos.” They have identified 109 of an estimated 500 “nietos,” or grandchildren, those born in captivity and raised by the military. Our Spanish class performed for two members of Las Abuelas, Estela de Carlotto, president of Las Abuelas, and her colleague Buscarita Roa. They were the honored guests at the Democracy and Dictatorship Conference sponsored by the Ithaca College and Cornell Latin American Studies Programs. Carlotto began to fight state violence



**KRISTIN LEFFLER**



Students perform “A propósito de la duda” at the Democracy and Dictatorship Conference at Cornell, an Argentinian play based on real testimonies from the Argentinian dictatorship of 1976 to 1983.

COURTESY OF KRISTIN LEFFLER

when her 23-year-old pregnant daughter, Laura, was killed in 1978 after giving birth in captivity. Carlotto continues to search for her grandchild.

Roa’s son and pregnant daughter-in-law also are among the “disappeared.” Roa found her granddaughter 13 years ago.

“The best thing that could have happened was that she learned who she really was,” she said. “She has said to me, ‘Thank you, grandmother, for finding me.’”

The Abuelas’ fight has grown into an iconic movement for human rights, justice and truth. Their struggle has raised questions that go beyond the dictatorship and Argentina: What is identity? What does it mean to know who you are? Is it better to live in a comfortable lie or face a difficult truth? How is truth empowering?

We could all benefit from asking these

questions. Though what we recited may have seemed far removed from U.S. history, the U.S. and Latin America were and are still intertwined. From torture and economic policies to support of the generals’ efforts, the U.S. government was involved in supporting Argentina’s dictatorship.

As Carlotto and Roa watched our performance, I realized the script’s message resonated on a global stage. We shouldn’t wait for the fight to become personal to make it personal. We must stop denying aspects of our identity solely because they’re difficult to face. We cannot begin to know the rest of the world until we ask the question Las Abuelas have asked: ¿Vos sabés quién sos? Do you know who you are?

**KRISTIN LEFFLER** is a senior journalism major. Email her at [kleffle1@ithaca.edu](mailto:kleffle1@ithaca.edu).



LADY’S  
LIBERTY

**RAMYA VIJAYAGOPAL**

## Cyrus’s twerking vulgarizes dance

Though she has gained recent attention in mainstream media for her twerking and revealing costumes, what people have to be conscious about is Miley Cyrus’s racial power play.

Cyrus’s scanty clothing certainly grabs attention, but the slut-shaming reaction to her wardrobe that consumed the Internet distracts from the less-discussed issue. Cyrus has been accused of many instances of cultural appropriation and stereotyping within the past few months, including being quoted about wanting her new album to have a “black sound.” She has used black women as props in her Video Music Awards performance and “We Can’t Stop” music video, smacking them and grabbing them at will.

As an upper-class white woman, Cyrus has the privilege of dressing and dancing the way she does without suffering the criticisms that a black woman would. People have defended her, saying that Cyrus is just going through a phase of acting out, trying to be seen as an adult and breaking away from her innocent “Hannah Montana” persona. But that doesn’t excuse this racism.

Cyrus has been quoted as saying she feels unfairly typecasted as a “white Nicki Minaj,” after claiming to love “hood music” and wanting to be more “urban.” Cyrus also said she was likely Lil’ Kim in another lifetime. To the people who accuse Cyrus of being racist, her controversial response came in the form of a tweet: “i know what color my skin is. you can stop with the friendly reminders b---h.” Her response was received with mixed reviews — people either supported her statement or accused her of trying to be black.

One of the most obvious examples of Cyrus’s cultural insensitivity is twerking. Though twerking is believed to have originated in West Africa, it has been part of U.S. culture since 1993 by way of the New Orleans bounce music scene. It did not become mainstream until recently. This example is often overlooked because people are distracted by its controversial qualities — most of the attention given to twerking is critical of its sexual nature and vulgarity.

The majority of us haven’t stopped to consider the bigger picture, because most attention is focused on her “sluttiness.” There needs to be an awareness of this racism that is occurring when people use these terms or participate in these trends. No one can keep you from dancing the way you want to. However, twerking as it appears in modern pop culture is racist, and there’s no doubt about it. We have to keep the larger context of the situation in mind.

**RAMYA VIJAYAGOPAL** is a freshman journalism major. Email her at [rvijaya1@ithaca.edu](mailto:rvijaya1@ithaca.edu)

## GUEST COMMENTARY

# Red Cross broadens students’ international perspectives

When we think of the Red Cross, often the first thoughts that come to mind are disaster relief and blood donations. Part of its mission is to prevent and alleviate human suffering in the face of emergencies. But few people know that the Red Cross also upholds and educates the public on international humanitarian law, or IHL.



**JONATHON CUMMINGS**

I had always heard the IHL thrown around, but until I began interning with the American Red Cross in August as an International Humanitarian Law chapter liaison, I never understood what it meant. I learned that the IHL places limits on how war can be waged by protecting civilians in the event of an armed conflict. This internship ties in with an initiative that began last year to educate youth about IHL.

Through this initiative, students in either high school or college lead action campaigns through theater performances, surveys, large scale interactive games, flash mobs or scavenger hunts. Action campaigns are performed by teams with eight to 15 members led by two team leaders. The team leaders work



International Humanitarian Law chapter liaisons pose for a photo during their three-day training period in Washington, D.C., with Red Cross officials.

COURTESY OF JONATHON CUMMINGS

with the team members to develop a campaign intended to reach an audience of 200 or more. This is the second year of the program, and our goal is to expand the reach of this initiative to high-school students, and hopefully college students, all over the United States.

As a chapter liaison, I supervise team leaders and action campaigns. Last weekend, I went to Washington, D.C., to attend a three-day

training session with Red Cross officials and other interns.

Through discussions with my peers and in classes at the college, I learned to be critical of international issues, including topics of international criminal courts, child soldiers and others discussed at the training. Yet when I had to reenact scenarios surrounding these issues for my Red Cross training, I struggled between whether to follow

IHL or make moral decisions. As I learned about the application of the law and the Red Cross’s neutral role in protecting human life, I was frustrated by how easily countries break international policies.

The central New York region of the Red Cross is sponsoring the first annual Collegiate Leadership Institute Oct. 18–20 in Ithaca at the Clarion Hotel and Conference Center to train new team leaders. The training will be facilitated by Red Cross officials as well as myself and three other chapter liaisons. With a training taking place so close to Ithaca College, students would benefit from an experience to broaden their perspectives on international issues outside the classroom as well as develop their leadership skills.

Programs such as these are important because our generation needs to be aware of the impacts of IHL. Learning how laws influence global politics and international relations are important because as global citizens we are all affected by what happens in other nations. Through the Red Cross’s education initiative, students can gain a global consciousness that will allow them to become agents of awareness within their communities.

**JONATHON CUMMINGS** is a junior culture and communication major. Email him at [jcummin1@ithaca.edu](mailto:jcummin1@ithaca.edu).



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# Just ‘do it’

Collaborative art-making exhibit brings campus together

BY STEVEN PIRANI  
STAFF WRITER

Many types of art have passed through the doors of the Handwerker Gallery, including sculptures, paintings and photographs. Now, things have changed, and until Nov. 8, gallery viewers can take control of the creative reins.

This is “do it,” the newest exhibit to visit Ithaca College. It not only occupies the Handwerker, but also outdoor locations across campus. Curated by distinguished art critic and historian Hans Ulrich Obrist, “do it” is a collaborative effort among renowned artists from all over the world, with the goal of delivering an interactive art-viewing experience.

Obrist first devised the concept of “do it” in 1993 while experimenting with ideas for how exhibits could become more open-ended and flexible. He contacted 12 artists to contribute “instructions” for different pieces of art. What came of this was the exhibit’s concept of allowing patrons to develop pieces according to instructions provided by the artists.

The prototypical version of “do it” featured instructions from 12 artists, which were circulated in nine languages. Twenty years have passed, and now the exhibit’s repertoire boasts more than 90 names, including David Lynch and Yoko Ono, though the Handwerker has only selected roughly 40 to “do.” These artists have provided “instructions” for their respective pieces, all of which are compiled into the grand collection, “do it: The Compendium.”

Following these instructions is where the true venture begins. “Do it” is less of a title and more of a command, the first step of the exhibit being the construction of the works. In what is dubbed the “laboratory phase,” visitors will be given creative license to execute the directions the featured artists left for them. Both students and community members can interact with any of the pieces and contribute to them. Their finished products are then displayed for all to see.

Senior Adrian Anderson, who interns at the Handwerker and helped prepare for the exhibit, said “do it” is not only an enriching, creative experience, but also a socially stimulating one. She said the joint effort among visitors to create art may nurture an atmosphere different from most galleries and museums.

“It’s definitely more social than a typical gallery or a typical museum experience, where people think they’re expected to have a certain behavior, which here would not be applicable, because it is a social, communal, community-type experience,” she said.

One notable piece is “Sculpture for

Strolling” by Michelangelo Pistoletto, which asks volunteers to soak newspapers and mold them all together to form a meter-wide sphere that will be rolled — or “strolled” — around once finished.

Alternately, patrons can take a marker and follow Sol LeWitt’s instructions for drawing “A black not straight line...” where visitors will trace in bright colors the contour of a black snaking line that meanders about one of the Handwerker’s walls, eventually producing a cascading rainbow effect.

Senior Abigail Fink, an intern and gallery monitor, showed similar enthusiasm for the production’s social nature, especially in regard to how each individual’s contribution interacted with the others’.

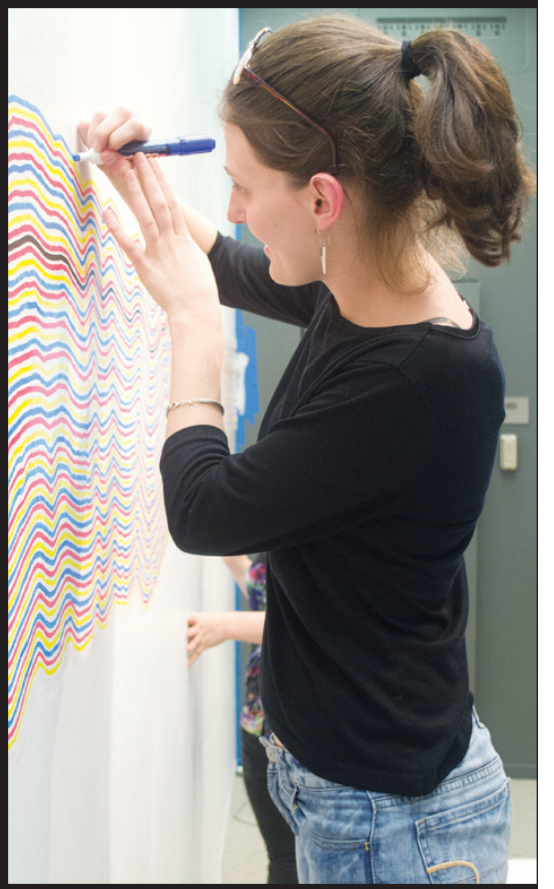
“Maybe you come in, contribute a little bit, come in a few days later and see how it evolved,” she said. “It’s just really amazing, seeing how everyone’s contribution connected to other people.”

The college’s educators are taking advantage of this opportunity, with numerous Ithaca Seminars for first-year students and art-centric classes embracing “do it” into their curricula. Paul Wilson, assistant professor of art history, is one faculty member participating in “do it.” Wilson’s “Art Since 1960” classes will be contributing to “do it,” taking on at least two pieces. One of these is Robert Morris’s “Piece 68,” which will feature the collection and subsequent setting fire to combustible items of their choice, such as a withered rose or a sprig of holly whose berries are still attached. Wilson said getting the students out of the class and into an interactive environment made the exhibit an attractive academic occasion.

“It’s one thing to sort of study slides in class and read about artists and art history, but with this exhibit it actually gives students the chance to sort of learn about that art by doing it,” he said. “That was really the appeal.”

With pieces set to appear and evolve not only within the gallery, but also around campus, “do it” has the potential to reach the entire student body. Mara Baldwin, director of the Handwerker, said she wanted to bring “do it” to campus because of its interactivity. She hopes the pieces that venture out of the display space will tempt people to visit the gallery for the full show.

“It will be nice to see pieces sprouting up around campus, not inside of the gallery itself,” Baldwin said. “We’re hoping that sort of



Top: From left, Samuel Smith, Michael Smith and Isaiah Smith work on “Sculpture for Strolling” at the gallery. Bottom: Sophomore Megan Wirth draws in Sol LeWitt’s “A black not straight line...” at the Handwerker Gallery. JENNIFER WILLIAMS/THE ITHACAN



Senior Michael Samson ties a wish to “Wish Tree,” one of the exhibits of “do it.” JENNIFER WILLIAMS/THE ITHACAN



A student writes out text from “The Catcher in the Rye” in the Handwerker Gallery. TUCKER MITCHELL/THE ITHACAN

seduces people into the space.”

So far, the pieces — notably the ones scattered about campus — have drawn considerable attention. Yoko Ono’s “Wish Tree,” where visitors tie their wishes onto a living tree, sits on the Academic Quad across from the Handwerker’s entrance. Countless wishes are tied to the branches, with one written in bouncy cursive saying, “I wish to have a bigger voice.”

Senior Carlene Doyle, who latched a wish onto one of the many branches, said exhibits of this nature grab people’s attention and succeed in luring contributors.

“The fact that it’s in the middle of campus — I feel like just looking at this just draws people over here,” she said.

Regardless of who finds their way into the Handwerker, the takeaway message from the exhibit is a particular sentiment that Baldwin said has survived through this exhibit since its conception.

“Art isn’t something that happens in life,” she said. “Life can be art, and life can be thought about artfully. I think that’s what Obrist and his contemporaries were thinking about when they started the show, and it’s definitely still something that’s relevant today.”

“do it” will have a reception 5–7 p.m. on Oct. 24 in the Handwerker Gallery. The exhibit will run until Nov. 8.





## There’s always a bigger fish

From left, Norbert Leo Butz, Zachary Unger and Sarrah Strimel perform in Act I of “Big Fish,” a fantasy musical, which opened on Oct. 5 at the Neil Simon Theatre in New York City. Music and lyrics for the musical were written by Andrew Lippa.

PAUL KOLNIK/ASSOCIATED PRESS

## artist of the week

Hailing from Elmhurst, Ill., recent high-school-graduates-turned-punk-rockers, The Orwells, pack a surprising punch for musicians their age. The five-person group, which sounds like a modern, less-strung-out rebirth of the Ramones, gained popularity this summer after playing at Lollapalooza, a three-day music festival in Chicago. Their first record, “Remember When,” was released in 2012. The title track of their most recent EP, “Who Needs You,” features intense, ’80s-style punk moving bass, lead guitar line and pounding, military-style drums. The Orwells are currently on tour.

— EVIN BILLINGTON



## now streaming

Assistant Accent Editor Evin Billington browses Netflix Instant Streaming for hidden gems.

“What’s Eating Gilbert Grape,” released in 1993, was one of the first major film roles for both Johnny Depp and Leonardo DiCaprio. In it, Depp plays title character Gilbert Grape, a 20-something loner who spends most of his time caring for his semi-dysfunctional family — his mentally-challenged younger brother Arnie (DiCaprio), his morbidly-obese mother Bonnie (Darlene Cates), and his sisters Amy (Laura Harrington) and Ellen (Mary Kate Schellhardt). The film unflinchingly shows small-town America, following Gilbert as he works in a grocery store, cooks and cleans for his family and has an affair with a married woman. While it may sound mundane, the film is crackling with real-life drama and dark humor. Depp gives a standout



performance, and 19-year-old DiCaprio does such a convincing job as Arnie that many thought the actor was actually mentally challenged.

— EVIN BILLINGTON

## TV time

CHARACTER TWITTERS  
KEEP FANS UP TO DATE

Early 2000’s political drama “The West Wing,” written and produced by Aaron Sorkin, was a critic and fan favorite while it was running. The show followed fictional President of the United States, Jed Bartlet (Martin Sheen), and his staff. The series had a hardcore fan following that is, apparently, enduring to this day. Some dedicated “Wingers” have created fake Twitter accounts for the characters.



The most popular of these accounts is Josh Lyman’s (Bradley Whitford), who was deputy chief of staff for most of the series. “Lyman’s” tweets update his followers on his current goings-on and are often about his wife, Donna Moss (Janel Moloney). “Lyman” has nearly 30,000 followers.

— EVIN BILLINGTON

## art smarts

VAN GOGH’S PERFECTIONISM  
EXPLORED IN NEW EXHIBIT

Few people know that some of painter Vincent van Gogh’s work, like his “Portrait of the Postman Joseph Roulin,” were copies the artist made in order to perfect the piece. On Oct. 5, the Phillips Collection in Washington, D.C., opened a new exhibition, “Van Gogh Repetitions,” which explores van Gogh’s obsessive habit by displaying 13 instances where he painted more than one version of a work. The exhibition gives a deeper look into the process of the former painter and enforces the notion that practice makes perfect.



— EVIN BILLINGTON

## celebrity scoops!

Stevie Nicks geeks out

Singer Stevie Nicks doesn’t just love the popular HBO television show “Game of Thrones.” For her, it is also therapeutic. Recently, the Fleetwood Mac songstress has admitted her admiration for author George R.R. Martin’s original book series, “A Song of Ice and Fire,” as well as the television adaptation, claiming that the series helped her cope in the period following her mother’s death in December 2012.

When approached about recording new Fleetwood Mac material, Nicks said, “I didn’t leave the house for almost five months ... with my pneumonia and my mother’s death I watched the entire first season of ‘Game Of Thrones’ — so that was great! That certainly took my mind off everything.”

— BENJII MAUST



## tweetuntweet

Qatar was accused of paying slave wages to build stadiums for the 2022 World Cup. That’s horrible. We’ll still be playing soccer in 2022?!

— Stephen Colbert makes light of recent news that accuses Qatar of labor abuse in the building projects for the 2022 World Cup. Officials from Qatar denied these accusations.







# JITTERBUG

Students' caffeine use increases during midterm period

BY EVIN BILLINGTON  
ASSISTANT ACCENT EDITOR

It's 9 a.m. and the line for La Vincita, one of the few places on the Ithaca College campus that sells a bevy of caffeinated products, is almost out the door. While some students may be buying breakfast food, the crowd around the beverage counter suggests that many are getting their caffeine fix.

As midterms approach, students are loading up on a combination of caffeine products to keep going all day and into the night. In a survey conducted by *The Ithacan*, 74 percent of student respondents said they have between one and three cups of a caffeinated beverage a day, and 65 percent of respondents said coffee was their preferred caffeinated drink, while only 16 percent said they regularly drink energy drinks.

A recent study at Newcastle University, which researched the effects of caffeine in honeybees, suggests that caffeine may actually improve memory. This bodes well for students who load up on caffeine during midterms and finals, but increased use of caffeine also poses some serious side effects for consumers.

Freshman Gabriela Parada began drinking coffee when she came to college in order to remain alert during her classes. She drinks one or two cups a day, but she said she is already hooked and is experiencing some unsavory side effects.

"I hate it because now I'm addicted to it, and I get really tense or nervous when I don't drink it," Parada said. "I can't write, and it makes me really jittery. It helps me stay awake, but as far as being able to write anything down or concentrate on one thing, it's nearly impossible."

Parada said her go-to drink is Starbucks' Blonde Roast coffee, which, according to the Center for Science in the Public Interest, has 330 milligrams of caffeine in a 16-ounce, or medium-sized, cup. The Mayo Clinic projects that, for most healthy adults, 200–300 milligrams, which equates to about two to four cups of brewed coffee, isn't harmful. But more than 500 milligrams of caffeine a day can have negative health effects, such as insomnia and nervousness. Parada's double dose of coffee gives her more than 600 milligrams of caffeine a day.

Nancy Reynolds, the college's health promotion center program director, said many students may not realize exactly how much caffeine they are ingesting throughout the day.

"If you drink a large coffee in the morning, if you're drinking an energy drink or caffeinated soda later in the afternoon and you're taking a cold or headache medication that contains caffeine ... it can really add up," Reynolds said. "It's important to be mindful about having a plan for how you're getting your caffeine and what dose is going to be optimal for you."

For sophomore Elise Edmonds, her one to two

cups of coffee a day is simply a part of her routine, which she said has few negative effects.

"If I go without caffeine for a day or two, then I'll get a headache, but it normally doesn't bother me that much," she said. "I take it in the morning to wake up, and it's also kind of therapeutic in the morning."

Edible caffeine, like the AWAKE chocolate bars sold in coffee shops around campus, have also gained popularity at the college. AWAKE has about 101 milligrams of caffeine per serving, which is about the same as a cup of brewed coffee. Edmonds said she has tried the chocolate but is not convinced it is much better than a cup of coffee.

"When I first tried the chocolate, I was like, 'I don't feel like having coffee, but the chocolate sounds good, so let's just see,' but it didn't really get me far," Edmonds said.

There are also organic methods for getting a dose of caffeine. One is Guayaki's Yerba Mate drinks, which are available locally at GreenStar Cooperative Market. Yerba Mate is a plant that has about the same amount of caffeine as coffee. Mateo Sluder, Northern California cebador, a traditional server of mate who ensures the quality of the beverage and shares it in social circles, is the area sales manager for Guayaki. He said mate

"Once I start losing sleep, intake goes through the roof."

—RYAN MCSHERRY

tastes a bit like grass, but most of Guayaki's drinks are fruit-flavored. Guayaki makes various energy drinks with Yerba Mate, including energy shots, which contain about 140 milligrams of caffeine, and canned sparkling mate, which has about 70 milligrams per serving.

Though not on the college's campus, Guayaki's Yerba Mate is available in the dining halls and campus food stores of about 50 other universities across the country, catering to who Sluder said is the brand's top customers — college students.

"It very often becomes 1/3 of the caffeinated liquid coming out of a dining establishment, because students really quickly figure out, 'Oh, this gives me all the stimulation and focus that I want, I don't shoot to the moon and crash and burn,'" Sluder said.

Sluder attributes this less-jittery feel to the biochemical theobromine that is found in Yerba Mate. He said theobromine is also in chocolate and acts as a euphoriant.

"With mate ... it kind of lifts your spirits and also relaxes many parts of your body," he said. "Theobromine seems to best explain why people

have the experience of being uplifted, not having the jitters, not having the crash and having their spirits lifted."

According to Reynolds, other ways to stay energized and focused do not have to involve caffeine at all, like taking a brisk walk for a study break.

"Some studies have shown that eating a piece of fruit like an apple can improve concentration even better than caffeine without the negative side effects," she said.

Cathy Saloff-Coste, the college's dietician and nutrition consultant, said the most natural way to get energy is by staying healthy. Keeping basic good nutrition and sleeping for at least seven hours a night can help maintain healthy energy through midterms and stressful periods.

"If you're eating well and exercising and doing your best to get at least seven hours of sleep, that will really help to keep your energy as strong as possible," Saloff-Coste said.

Sophomore Ryan McSherry usually drinks about four cups of coffee a day, especially during midterms and finals when he must stay up late into the night to complete projects.

"When you're up until 2 [a.m.] for a week straight ... you've got to have at least one [cup]," he said. "Once I start losing sleep, intake goes through the roof."

McSherry said he does not think his caffeine intake impacts his class performance much, but his cycle of drinking coffee to stay up later and sleeping less may be extremely harmful. Reynolds said getting a full night's sleep is extremely important, especially when studying.

"New memories get consolidated during sleep cycle," Reynolds said. "So if you're doing a lot of studying, and you're up late into the night and you're consuming caffeine, research has shown that you're not going to be able to retain all those memories, so that's counteracting all the studying that you're able to do."

Despite these risks, Reynolds said the effects of caffeine can be different for everyone. During stressful times, such as midterms, she recommends that students stick to the energizing methods they are already used to.

"Take some time to think about what your experiences have been and what has worked for you in the past, and don't step outside of that during times of extra stress," she said. "Creating that balance for yourself, I think, is probably the healthiest way to go."

PHOTO ILLUSTRATION BY  
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# Crowning the winners

## Seniors John Horan and Meredith Jones claim Mr. and Ms. Ithaca titles for 2014 class

**BY KAMARA WILLIAMS**  
CONTRIBUTING WRITER

Senior John Horan sports only nude underwear, while senior Meredith Jones wears a blue basketball T-shirt and matching rhinestone-studded pumps on the stage in Emerson Suites. The winners of the Mr. and Ms. Ithaca pageant never fail to don their finest evening wear when accepting their crowns and flashing huge smiles.

The annual Mr. and Ms. Ithaca contest, held Oct. 8, not only captivated the excitement of the students, but the judges as well. The judges comprised Lelia James '13, last year's Ms. Ithaca; Brian Falvey, the owner of the Moonshadow Tavern; and Samantha Stafford, leadership programs coordinator of the Office of Student Engagement and Multicultural Affairs. All 14 contestants, seniors Jones and Horan, Liana Casciani, Courtney Brown, Meg Ciminera, Nelissa Taveras, Maris Jones, Amanda Frey, Jon Schuta, Taylor Palmer, Kanoa Ishihara, James Walsh, Dylan Van Arsdale and Tom Scanlon, made the night entertaining through the competition's three main events.

As the show began at 8 p.m., the chatter in the three rows of seats quelled. The emcees, seniors Nick Rojas and Francesca Toscano, announced the order of the events for the night. First was spirit wear, a portion where contestants modeled the college's colors. Casciani batted baseballs that exploded with confetti upon hitting them, while Brown used an IC Spirit Week banner as a cape. Second was the formal wear section, where the contestants wore gowns and tuxedos and answered questions, such as "What do you want to do before graduation?" to which Schuta answered, "I'd like to get an A in a class."

Another question was, "What would you tell your freshman self?" to which Frey answered, "I would tell myself to shut up because I talk too much."

One change to this year's competition was the absence of the swimwear portion, and all contestants performed their talents. James said she liked that everyone was able to do something they were good at instead of having to model a swimsuit, unlike last year.

The talent section had attendees and judges in stitches from laughing. Short skits, poetry, dances, jalapeño pepper eating, hula-hooping and comedy acts were seen throughout the night. However, Horan and Jones stood out during their performances. Horan danced to a mash-up of Miley Cyrus hits, portraying her evolution from "Hannah Montana" to her wildness today. His performance began with songs like "Best Of Both Worlds" and "Party in the U.S.A." As he stripped off his costume, revealing more and more skin, Horan then twerked and lip-synced to "We Can't Stop" and "Wrecking Ball."

During the Ms. Ithaca contestants' talent portion, Jones performed the traditional "Evolution of Dance" sequence of YouTube fame. She also put a spin on Mike Jones' song, "Mr. Jones," as she had the entire crowd yelling, "Who? Mer Jones!" in place of the lyrics "Mike Jones" at the end of her dance ensemble.

But there could only be two winners. For the first time, the champions were not solely decided on by the judges. Voting was conducted via text messages as the audience members were given numbers they could text to vote for their favorite contestant.

In addition to the crowns and titles of Mr. and Ms. Ithaca, Horan and Jones also won free



Senior Meredith Jones performs the popular "Evolution of Dance" during the Mr. and Ms. Ithaca pageant Oct. 8 in Emerson Suites. The set included Mike Jones' "Mr. Jones." DURST BRENEISER/THE ITHACAN

passes to Senior Week, which takes place between the end of finals and graduation.

Jones said she's happy to have won the title of Ms. Ithaca and that she hopes to meet new people and make more friends because of it.

"I'm really excited, and I hope that I'm a good representation of the senior class," Jones said. "I hope I don't let anyone down."

Horan, still clad in his nude, spandex underwear, said he is honored and grateful that everyone thought of him to win — even though he was not sure he would win, himself.

"I'm so stoked," Horan said. "I was nervous that I wasn't going to pull it off, but just feeding off the energy of the crowd made it work so well. I had so much fun with it."

# Former music student to perform at local Collegetown bar

In the past six years, Adam Day '07 has released an EP titled "I Stayed Up Late to Make This EP," almost failed out of college and arranged his own city-to-city tour venture to promote the songs on the EP. The tour, which kicked off Oct. 2, will take Day from Brooklyn, N.Y., to Chicago, including a stop in Ithaca on Oct. 16 at The Nines on College Avenue.

Staff Writer Marissa Framarini spoke to Day about his passion for making music, sleeping on strangers' couches and the next stage in his career.

**Marissa Framarini:** How did you get involved with music?

**Adam Day:** Back in high school, I really wanted to be a doctor, but at the same time I was applying to schools. I was starting to write my own songs and play them out live. I realized that maybe music is more of a passion for me than medicine, and at any rate, I thought I could try it out and do music now and go back to trying to be a doctor in my 30s. So, I started to look for music recording programs, and Ithaca really stuck out to me. I crammed and took a bunch of lessons and went to Ithaca College to audition on classical guitar, which is something I never played before. I happened to get accepted to the program and came to Ithaca College as a music-school student. I became so involved in playing music, though, that I almost failed out of school. I wouldn't condone this behavior,

but I just cared way more about promoting for my next show, or writing my next song or even recording a record than I did about going to class.

**MF:** Why have songs like "I Will Follow You Into The Dark," by Death Cab for Cutie inspired you to create cover versions for your YouTube channel?

**AD:** [Death Cab] had this record on iTunes called "Studio X Sessions" with this really gorgeous rendition of this track "Blacking Out The Friction." I loved the sound of that recording, and I also really loved "I Will Follow You Into The Dark," and I wanted to see what I could do with it to make it a multi-instrument recording as well, because the original only features acoustic guitar. It was a really fun thing to do — sort of a rush project. We got a studio for four hours, and it felt like a marathon trying to cram it all in.

**MF:** If you could have any band cover your songs, who would it be?

**AD:** I have two answers. The first is the last band that really stunned me — Fleet Foxes. I think their "Helplessness Blues" album is one of my favorite albums of all time. I have a lot of respect for their craft and the way they arrange songs, so I would love to hear what they would do with my song. I also have a dear friend here in New York City named Amy Vachal who has a gorgeous voice.



Adam Day '07 will perform Oct. 16 at The Nines, located at 311 College Ave. During his time at Ithaca College, Day was a music student who almost failed out of school. He will tour the East Coast and Midwest until Nov. 14. COURTESY OF JOSHUA SHIRLEN

**MF:** Do you have a favorite memory from being on the road?

**AD:** There was one tour circuit where I decided I did not want to stay in a hotel the entire trip. My goal at every show was to meet someone in the audience who would let me sleep on their floor. I met

several people in Cleveland and Cincinnati, Ohio, as well as Lexington, Ky. I slept on their couches and had breakfast with them, and a couple of them ended up being [my] friends for life.

**MF:** What is next for you? Are you going to make any more music?

**AD:** The last record I made was in Ithaca, and I haven't really released anything since. I have a large body of work I'm gearing up with some producers and composers to put together and really just want to get them out there. I want to do four to five releases that have three to six songs on them.



# Controversial play fires up Main Stage

BY AAMA HARWOOD  
STAFF WRITER

Staged in an intimate theater-in-the-round, warm, orange lighting illuminates the cement floor. Only a few grungy city accessories dot the stage, including a trash can, a wooden police barrier, a graffitied mailbox, some plastic crates and a memorial under a lamp post. This is the set for Ithaca College's Main Stage Theater's production of "Fires in the Mirror," written by Anna Deavere Smith.

"Fires in the Mirror," directed by Cynthia Henderson, is set in Crown Heights, Brooklyn, N.Y., in 1991 during the heartbreaking riots and racial disputes between the Orthodox Jews and the Afro-Caribbean community members. The play is composed entirely of monologues, told by Jewish and African-American members of the community: a rabbi, wife, husband and brother. They discuss topics and opinions around racial genocide, suffering and community hardships. It's not entirely clear until the end that each scene and character are talking about a car accident where a 7-year-old African-American boy was killed by a drunk Jewish driver, which later led to the assault and death of another young Jewish man.

What's interesting about "Fires in the Mirror" is its absence of using the fourth wall. The small space makes for a very personalized setting where the actors walk near, sit next to or, in the case of sophomore Jelani Pitcher's portrayal of Rev. Al Sharpton, shake hands with people in the audience. The absence of this commonly administered barrier between the actors and audience allows for a deeper degree of empathy to emerge. In addition, the lack of the fourth wall complements the running theme of the play of breaking down the barriers.

In the midst of these devastating social quarrels, the actors do the characters justice. Each holds his or her own and are able to convey an immense passion, persuading the audience to listen to each side of every story told throughout the play. While listening, the audience realizes the racial disputes result from cultural

## THEATER REVIEW "Fires in the Mirror"

Ithaca College Main Stage Theater  
Our rating: ★★★



From left, seniors Jordan Schultz, Kathryn Allison, sophomore Jelani Pitcher and junior Olivia Donalson play prominent roles in the Main Stage Theater's production of the play, "Fires in the Mirror." COURTESY OF MAIN STAGE THEATER

differences between the black and Jewish communities and a lack of communication around the racially charged deaths of the two boys.

Senior Xavier Reyes, who plays Henry Rice, stands out among the generally strong cast, especially in a scene staged in a diner. There, he discusses some of the less commonly communicated graphic horrors of slavery as he stews over his steaming cup of coffee.

"Fires in the Mirror" has a favorable and appropriate soundtrack that accommodates not only the characters, but the emotions of each scene craftily. Most of the music is hip-hop played in between the end of one monologue and beginning of another. Sound designer, senior Alexander Dietz-Kest, took great care to ensure each sound byte fit the character who walked on stage or that the lyrics complimented the previous scene. The most predominate case is

when "I Got You (I Feel Good)" by James Brown comes on to introduce the exuberant Sharpton, while more traditional '90s rap played during a scene talking about street rap. This adds a riveting and aural action, which only makes the scene more compelling.

"Fires in the Mirror" successfully engages the audience and makes it look at the effects of racism and the struggles of miscommunication from a variety of backgrounds. This production encourages the audience to look at the world through different perspectives, with each subsequent monologue providing an authentic take and revealing that even if a situation appears to be one way, it often has many sides to the story.

*"Fires in the Mirror" was directed by Cynthia Henderson and will run until Oct. 12 in Clark Theatre.*

## hot dates thursday

**Ithaca College Chamber Orchestra**, a string ensemble conducted by graduate conductor Tiffany Lu, will perform pieces by composers Felix Mendelssohn and Aaron Copland at 8:15 p.m. in Ford Hall. Admission is free.

## friday

**Haunted Ithaca Tour**, a history tour that uncovers Ithaca's spooky and sordid past, will be at 8 p.m. at Dewitt Park. Tickets cost \$14.

**Home Movie Night** will publicly play donated home videos at 7:30 p.m. at Willard Straight Theatre at Cornell University. Admission is \$5.

## saturday

**Friends of the Library Fall Book Sale** will have more than 250,000 marked-down books, records, CDs and DVDs on sale. The sale begins at 8 a.m. at 509 Esty St.

**New York Voices**, a singing group composed of alumni and founded at the college, will perform at 8:30 p.m. in Ford Hall. Tickets cost \$10.

## sunday

**Aimee Mann**, singer and guitarist, will perform with Ted Leo, punk-rock songwriter and multi-instrumentalist, at 8 p.m. at the State Theatre. Tickets cost \$35.

# Sequel album fails to improve Timberlake's dance-pop vision

BY FAITH MACIOLEK  
CONTRIBUTING WRITER

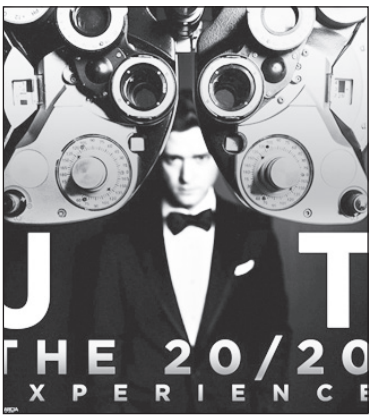
The second installment of Justin Timberlake's "The 20/20 Experience" is full of sexy, club-ready tunes. "The 20/20 Experience – 2 of 2" has a completely different sound than its jazzy predecessor, with more synthesizers and explicit tracks, but it falls short of topping the first album.

Timberlake pays homage to Michael Jackson's "Thriller" and the HBO vampire series "True Blood" in his track "True Blood," a nearly 10-minute song about vampire sex that would be an enjoyable dance

track if it were not five minutes too long. While Timberlake manages to hold attention with sounds of wolf howls and the iconic "Thriller" laugh, the repetition becomes boring.

The standout song, "Drink You Away," is a new sound for Timberlake, featuring a country twang. The guitar strums of this song are a welcome change as they stand out in a sea of synthesizers and sexual overtones. His voice ranges from deep rasps to falsettos, which make the song. The change in instruments and tone present Timberlake as a multifaceted performer.

The gem of the album is hidden at the 5:30 mark of the final song, "Not A Bad Thing." The interlude, called "Pair of Wings," gives a sweet, romantic sound and finally showcases



COURTESY OF RCA RECORDS

Timberlake's voice rather than his ability to mix beats together. He is joined only by an acoustic guitar as he croons, "If I had a pair of wings/ I'd pick you up and fly you far away from here."

With such high expectations stemming from his platinum selling part one, Timberlake has produced a part-two album fans can be proud of, but proves the sequel is rarely better than the original.

## ALBUM REVIEW

**Justin Timberlake**  
"The 20/20 Experience – 2 of 2"  
RCA Records  
Our rating: ★★★

# Band says au revoir to old sound

BY TYLOR COLBY  
CONTRIBUTING WRITER

"Move In Spectrums" is the fourth studio album by the indie-pop band Au Revoir Simone. After taking a four-year break, the all-girl trio returned to create an album that marks a dramatic shift in sound from quiet pop melodies to heavier dance music.

The album opens with the track "More Than," which relies on synth sounds and drum beats more than anything on its past records. The lyrical content doesn't change much, sticking to the band's usual topics of heartbreak and the ecstasy of romance. This hybridity of synth

pop and emotionally charged lyrics works well. Lyrics work with the poppier drum and bass elements of the album only help to serve the sappier subject matter, making it more edgy.

Au Revoir Simone has come a long way from its roots of keyboards and light percussion, but as the band changes in genre, its songs become more like anthems — albeit in a polite fashion.

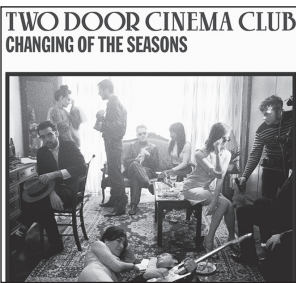
## ALBUM REVIEW

**Au Revoir Simone**  
"Move In Spectrums"  
Instant Records, Inc.  
Our rating: ★★★



COURTESY OF INSTANT RECORDS, INC.

## quickies



COURTESY OF GLASSNOTE ENTERTAINMENT GROUP

### "CHANGING OF THE SEASONS"

**Two Door Cinema Club**  
Glassnote Entertainment Group

Two Door Cinema Club is back with a four-track EP. Singer Alex Trimble's voice floats over the heavy synthesizer and pounding drums, particularly in "Crystal."



COURTESY OF HAIM PRODUCTIONS, INC.

### "DAYS ARE GONE"

**HAIM**  
Haim Productions, Inc.

The dreamy, all-girl indie group Haim has returned with "Days are Gone." The entire record features mellow songs with quiet instrumentals, like bass and drums, and vocals, especially on "Falling." Fans of indie-pop will love this album.

Check out **theithacan.org/spotify** to listen to the songs featured in this week's reviews!





# Thriller blasts off with outstanding cast

## Cinematography and storyline create Oscar buzz in ‘Gravity’

**BY ETHAN WENNBORG**  
CONTRIBUTING WRITER

Outer space’s vast blackness has been explored in countless movies previously. But in Alfonso Cuarón’s “Gravity,” space has never felt so down-to-earth.

“Gravity” is Cuarón’s triumphant return to the director’s chair for the first time in seven years since his last science-fiction outing, “Children of Men.” “Gravity” ventures into the vast emptiness of space, thrusting its characters — and audience — into a spinning whirlwind of thrills and terror. The opening shot alone establishes a world just outside Earth, exuding both elegance and thrills within a single 13-minute take.

Told in a crisp 90 minutes, the film follows Sandra Bullock as Dr. Ryan Stone, a biomedical engineer on her first-ever outing to space. She is paired with George Clooney, who plays charismatic veteran astronaut Matt Kowalski, as they fight for their lives to survive after a debris field causes catastrophic damage to their shuttle.

The film relies on Bullock’s fierce performance as Dr. Stone. Bullock is a shoo-in for an Oscar nod, carrying the film in a manner that propels it into instant classic status. Clooney brings a surprisingly effective sense of humor, complimenting Bullock’s no-nonsense mentality for the mission. While the script succeeds in delivering quippy and clever dialogue, Bullock and Clooney provide depth to their

**FILM REVIEW**  
“Gravity”  
Warner Bros.  
Our rating:  
★★★★



Sandra Bullock stars as Dr. Ryan Stone in “Gravity,” directed by Alfonso Cuarón. After debris damage their space shuttle, Dr. Stone and her partner, Matt Kowalski (George Clooney), must fight for their lives in order to return to Earth. COURTESY OF WARNER BROS.

characters with unparalleled and deep performances.

Capturing the spinning sense of weightlessness found in zero gravity is a well choreographed ballet of aesthetics in this production. While many films are criticized for their inaccuracies, “Gravity” is attracting attention for its fairly accurate scientific representation of outer space. With this in mind, “Gravity” is a film that should be experienced in theaters for its perfecting immersion in a dizzying array of images, which convincingly transports the audience into space.

Such immersion is achieved through its amazing visuals, shot

by Emmanuel Lubezki, who, with Cuarón, creates an aesthetic dominated by long takes with no cuts. The camera movements translate zero gravity to the film’s visual elements, twisting and moving in a manner that mimics space walking.

One challenge is committing to a realistic portrayal of no sound existing in space. The sea of stars amid the void is accented by a hollow and muffled sound design. What makes the explosions and collisions frighteningly realistic is how the only sounds audible are the faint screams and heavy breathing from inside Dr. Stone’s helmet, which is

accompanied by radio chatter and the muted thuds as she collides with other objects, struggling to grab a hold of anything.

Ironically, space feels claustrophobic by comparison, as Bullock struggles to conquer her state of mind before she can find the strength to survive.

Epic in its physicality and immersion yet intimate in its story and character, the true achievement of “Gravity” is keeping its celestial setting down to earth.

“Gravity” was directed by Alfonso Cuarón and written by Alfonso Cuarón and Jonás Cuarón .

# Delicious visuals shine in picture

**BY NINA VARILLA**  
STAFF WRITER

One part dramatic biopic, one part foodie film with a dash of light-hearted comedy, “Haute Cuisine” serves up a pleasant but unremarkable narrative based on the true story of Daniele Mazet-Delpeuch’s short term as French President Francois Mitterrand’s private chef.

In writer and director Christian Vincent’s rendition of this political affair, Catherine Frot plays Hortense Laborie, a passionate cook who arrives at the Elysee Palace with reluctance.

Once there, she aims to produce only the finest meals, advocating strongly for the use of ingredients from farms across France. Initially happy, despite regular feuds with Pascal Lepiq (Brice Fournier), Main Kitchen’s snarly head chef, Laborie’s enthusiasm fades when her delectably rich and costly farm-to-table cuisine comes under the scrutiny of palace authorities, who pressure Laborie into “trimming the fat.”

Viewers will find themselves clutching rumbling stomachs after ogling the enticing plates Laborie dishes up. Her debut meal is “Choux farci au Saumon de Tasmanie,” a salmon-stuffed cabbage presented with deceiving simplicity, but executed with uncompromising precision. Laurent Dailland’s flattering cinematography makes the food even more mouth-watering. This film is a triumph of culinary authenticity, capturing the essence of, as Mitterrand requires, “the best of France” on a platter.

Frot has true talent, embodying Laborie’s character with both the grace and perseverance necessitated of a woman in the male-dominated

**FILM REVIEW**  
“Haute Cuisine”  
The Weinstein Company  
Our rating:  
★★★



Catherine Frot plays Hortense Laborie, personal chef for French President Francois Mitterrand. COURTESY OF THE WEINSTEIN COMPANY

environment of politics and cuisine. She is fiery, perfectionistic and decisive, a persuasive combination that demands the respect of both the actress and her role.

But while Vincent’s food-loving feature excels in its visual presentation and distinctly French personality, it is missing the tension and resolve of a real film drama. Though present in mere glimpses, Frot’s Laborie lacks the vulnerability and depth needed to effectively create a sympathetic connection with her audience.

“Haute Cuisine” will satisfy any food lover simply with its decadent displays of elegant French cuisine. However, Vincent’s unambitious directing and decaying narrative will leave die-hard filmgoers craving a heartier installment.

“Haute Cuisine” was directed by Christian Vincent and written by Etienne Comar, Christian Vincent and Daniele Mazet-Delpeuch.

# Director’s history drives deep movie

**BY AUSTIN GOLD**  
CONTRIBUTING WRITER

Drawing from his own experiences working in the foster care system, Destin Cretton has expertly written and directed a film with heart and emotional intensity that will resonate with all audiences.

In “Short Term 12,” Grace (Brie Larson) is in charge of Short Term 12, a group home for at-risk teens. She works alongside her boyfriend Mason (John Gallagher Jr.), Nate (Rami Malek) and Jessica (Stephanie Beatriz). As Grace explains to Nate on his first day, “You are not their parent, you are not their therapist, you are here to create a safe environment, and that’s it.” But Grace and her coworkers attempt all three.

Cretton uses his past experiences to create a humane film without heavy-handed dialogue or melodrama. He presents Grace as a hero not often shown on the big screen — one of everyday life. Grace helps everyone as much as she can while trying to deal with her own inner demons.

At 96 minutes, the film feels too short. While 10 kids live at Short Term 12, the audience only gets to know two of them well. Most of the other children are merely placeholders. Because the audience only focuses in depthly on a few characters, it seems like Grace and her coworkers do too, which makes the film lose some of its credibility.

However, Cretton and his remarkable cast present a film that can make an audience laugh and cry throughout.

“Short Term 12” was directed and written by Destin Daniel Cretton.

**FILM REVIEW**  
“Short Term 12”  
Cinedigm  
Our rating:  
★★★★

## [TICKET STUB]

VALID FRIDAY THROUGH THURSDAY

### CINEMAPOLIS

The Commons 277-6115

#### BLUE JASMINE

4:20 p.m., 7:15 p.m., 9:15 p.m., and weekends 2:15 p.m., except Thursday at 4:20 p.m. and 7:15 p.m.

#### CONCUSSION

9:15 p.m.

#### ENOUGH SAID

5 p.m., 7 p.m., 9 p.m., and weekends 2 p.m.

#### IN A WORLD... ★★★

4:30 p.m., 7:10 p.m., 9:20 p.m., and weekends 2:20 p.m.

#### INEQUALITY FOR ALL

4:50 p.m., 7:20 p.m., and weekends 2:25 p.m.

#### SHORT TERM 12 ★★★★★

5:10 p.m., 7:05 p.m., 9:10 p.m., and weekends 2:15 p.m.

### REGAL STADIUM 14

Pyramid Mall 266-7960

#### CAPTAIN PHILLIPS

11:30 a.m., 12:30 p.m., 2:50 p.m., 3:40 p.m., 6:10 p.m., 6:50 p.m., 9:20 p.m. and 10 p.m.

#### DON JON ★★★

11:45 a.m., 2 p.m., 5:20 p.m., 7:40 p.m. and 10:05 p.m.

#### ELYSIUM ★★

9:10 p.m.

#### GRAVITY ★★★★★

12:20 p.m., 2:40 p.m. and 7:50 p.m.

#### GRAVITY 3D ★★★★★

11:50 a.m., 12:50 p.m., 1:30 p.m., 2:10 p.m., 3:10 p.m., 4 p.m., 4:40 p.m., 5:40 p.m., 6:30 p.m., 7:10 p.m., 8:20 p.m., 9:50 p.m. and 10:40 p.m.

#### INSIDIOUS: CHAPTER 2

11:55 a.m., 2:30 p.m., 5:30 p.m., 8 p.m. and 10:35 p.m.

#### LEE DANIELS’ THE BUTLER ★★★★★

12:10 p.m., 3:20 p.m., 6:40 p.m. and 9:35 p.m.

#### MACHETE KILLS

1:20 p.m., 4:20 p.m., 7:30 p.m. and 10:20 p.m.

#### PRISONERS ★★★★★

11:40 a.m., 3 p.m., 6:20 p.m. and 9:40 p.m.

#### RUNNER RUNNER

1:10 p.m., 3:30 p.m., 5:50 p.m., 8:10 p.m. and 10:30 p.m.

#### RUSH

1 p.m., 3:50 p.m., 7 p.m. and 10:10 p.m.

#### WE’RE THE MILLERS

5:10 p.m. and 10:15 p.m.

### OUR RATINGS

Excellent ★★★★★

Good ★★★

Fair ★★

Poor ★



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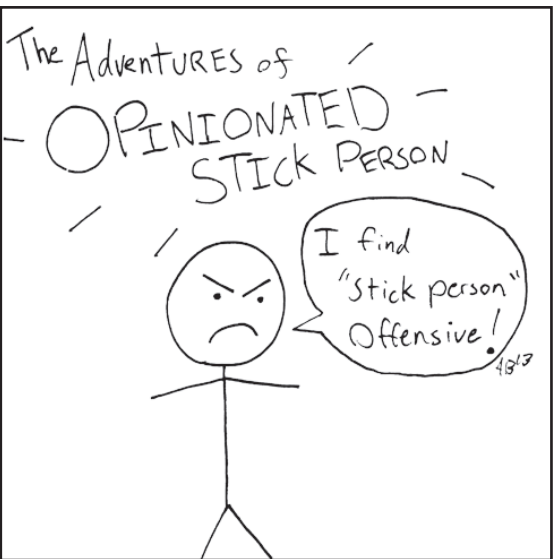
an apple a day

By Joshua Dufour '17



alphabet stew

By Alice Blehart '16



sudoku

easy

	2	6						3
				4			1	7
9				3	6			4
		3		5				1
	6	2						
				6	1			
				1	5			
		5			4	1	3	
	4	1	6	8	9	7		

dormin' norman

By Jonathan Schuta '14

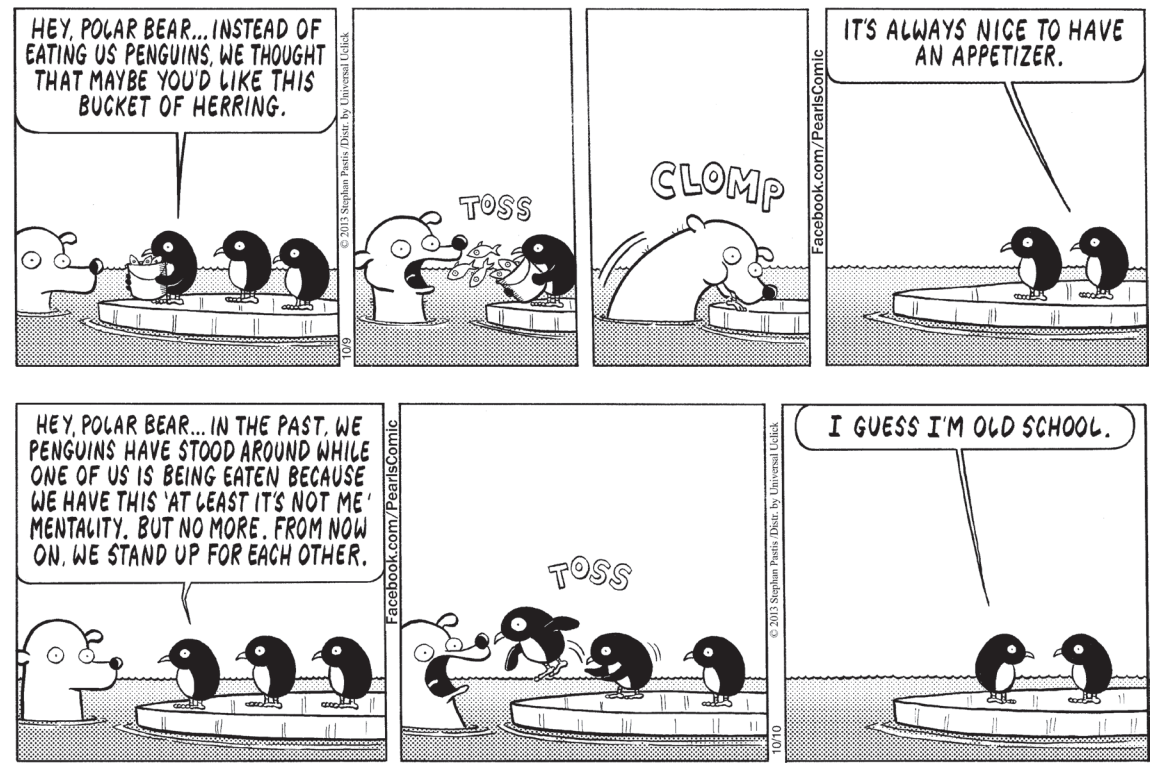


medium

9	3			6		2	7	
	1	2				5	6	3
		6	3				8	
3			4		6			8
				8	1		3	
5			7					2
		3			5	8		7
	2			7		1		
						3		6

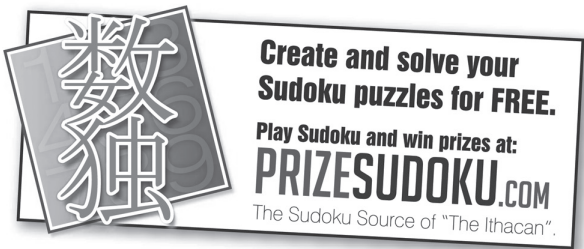
Pearls Before Swine®

By Stephan Pastis



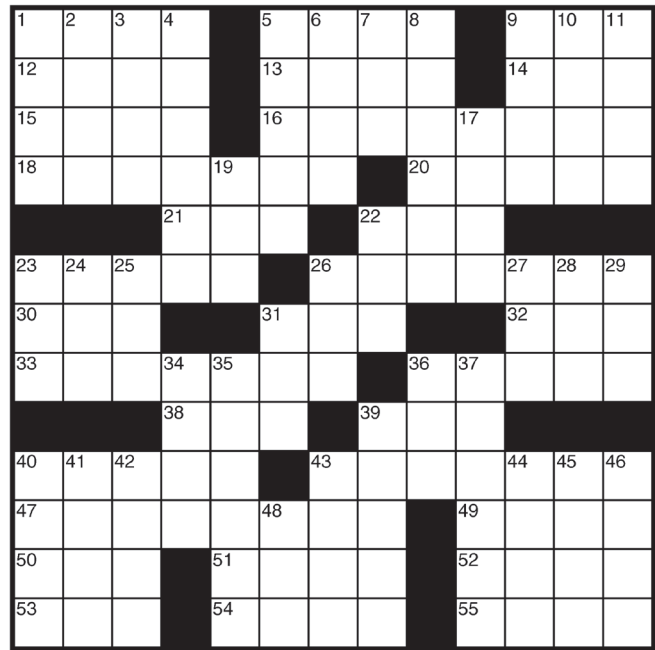
answers to last week's sudoku

Medium	Very Hard
7 8 5 6 1 2 3 4 9 4 2 6 3 9 5 8 1 7 3 1 9 7 4 8 5 2 6 5 7 1 4 6 3 9 8 2 2 4 3 8 7 9 1 6 5 6 9 8 5 2 1 4 7 3 1 3 4 2 5 6 7 9 8 8 6 7 9 3 4 2 5 1 9 5 2 1 8 7 6 3 4	7 2 5 4 1 3 6 8 9 6 3 8 9 7 5 2 1 4 1 4 9 2 6 8 3 7 5 4 8 7 3 2 6 9 5 1 3 6 1 5 9 4 8 2 7 9 5 2 7 8 1 4 3 6 5 7 6 8 4 2 1 9 3 8 9 4 1 3 7 5 6 2 2 1 3 6 5 9 7 4 8



crossword

By United Media



ACROSS

- 1 Muses' father
- 5 Cellar, briefly
- 9 Mortar trough
- 12 Friendly nation
- 13 Sufficient, in verse
- 14 Gladiator's hello
- 15 Jewelry items
- 16 Appetizer tray items
- 18 Usher's job
- 20 Be gracious
- 21 Morn's counter-part
- 22 Hagen of "The Other"
- 23 Fertile
- 26 Exorbitant, as prices (hyph.)
- 30 Total
- 31 Pub order
- 32 Egg - yung
- 33 Gas or water
- 36 Tomato product
- 38 Pkg. slip
- 39 Rain gear

- 40 Halley's discovery
- 43 Aquarium purifiers
- 47 Harmful precip (2 wds.)
- 49 Europe-Asia range
- 50 British Inc.
- 51 Sandwich cookie
- 52 Ottoman title
- 53 Me, in Marseilles
- 54 Use a screen
- 55 Bewildered

DOWN

- 1 Channel-surfs
- 2 Newsman - Abel
- 3 Wrist bone
- 4 Gambler's quest
- 5 Swiss capital
- 6 Catch on
- 7 Trendy
- 8 Conway of country music
- 9 Tee-hee cousin (hyph.)
- 10 Kitchen appliance
- 11 Cubicle filler

- 17 Persian monarch
- 19 Wall climber
- 22 Luau strummer
- 23 Baton Rouge campus
- 24 Big-league event
- 25 Fifi's date
- 26 Willy
- 27 Contingencies
- 28 Obtained
- 29 Clod buster
- 31 Dune buggy kin
- 34 Fibbed
- 35 Lead-ins
- 36 Soul mate
- 37 Real
- 39 North Dakota city
- 40 Quiet
- 41 Eight, in combos
- 42 Popular hemline
- 43 Vassal's land
- 44 Proof word
- 45 Bleacher shouts
- 46 Narrow board
- 48 Onassis nickname

last week's crossword answers

F	L	A	K		D	E	B		B	A	G
E	A	R	N	S		E	P	A		I	L
M	O	R	E	S		F	I	N	A	G	L
	O	A	T	E	R		D	I	S		
B	O	Y	D		L	A	P		L	U	C
W	O	O	E		Y	U	L		R	I	M
A	Z		R	I	B		B	O	A		G
N	E	B		A	M	P		B	R	I	A
A	D	A	M		W	A	Y		S	O	R
		A	G	E		D	O	L	E		
S	T	I	R	R	E	D		A	N	I	M
P	A	N		S	I	L		D	A	D	O
A	N	G		T	S	E			L	E	A



# THE ROAD TO RECOVERY

Every injury requires a set of recovery steps in order to reach the maximum level of competition. For Division III athletes at Ithaca College, Todd Lazenby, assistant athletic trainer, said the severity and the stage of the injury determine the treatment. “The recovery process all depends on what stage the athlete comes to us,” Lazenby said. “That plays a role in how we take them through the steps of the strengthening aspect, but it is also important to see the way the athlete feels and the confidence they have in doing what they need to do.”

**BY HALEY COSTELLO**  
STAFF WRITER

## CONCUSSION

Last season, senior soccer defender Alexandra Liese slipped into a deep haze after a head-to-head collision with a player from St. John Fisher College. “I went up for a header with another girl on a 50/50 ball, and I hit some part of my head on her head,” Liese said. “I went down and took

some time to make sure everything was fine, and I felt OK, so I played the rest of the game.”

That night, Liese went home with a large welt on the front of her head. But soon after bending down, she felt a sharp pain shoot from the bump throughout her head. Alarmed by the pain and clouded by the foggiest of her thoughts, Liese decided to see a trainer the next day.

Liese underwent an ImPACT

test to measure her memory ability, reaction time and attention span. Athletes take this exam when they enter the athletic program freshman year to give trainers a comparison for head injuries.

After pacing through the exams, Liese was stunned as she learned she could not practice or play games for a week and a half.

With a few days of rest, Liese returned to practice

and observed from the sideline, trying to focus on the plays and what the coaches yelled out during scrimmages. Liese shouted to the defenders to give advice from her perspective, but she frequently took breaks from the tiring strain of the concussion. Though she tried to rest, Liese itched to return to the field, focusing more on this desire rather than supporting

her team from the sideline.

Once she passed the ImPACT exam, trainers allowed Liese to return to full competition. But about a month later, Liese collided with an opponent during another game, re-aggravating her injury.

This season, Liese hopes to lower that risk by heading less at practice and wearing headgear to distribute the effect of head-to-head contact throughout her head rather than in a single concentrated area.

“It makes everyone, including myself, feel better when I wear it,” she said. “I now know how to deal with an injury of that caliber.”

## HAND

Shuffling her feet across the floor, women’s basketball junior guard Samantha Klie’s peripheral vision caught sight of the ball. She reached in for a steal, jamming her left hand against another competitor’s chest.

With the pain in her hand increasing through each play, Klie decided to stop by the trainers after practice.

“I thought I just jammed it,” she said. “They used the tuning fork to tell if a bone [was] broken, but it did not hurt me like it should for a broken bone, so they thought it was just a sprain.”

Klie continued to play for two weeks before noticing her fingers were rotating abnormally. The trainers sent Klie to get X-rays, which confirmed her worst fear — her hand was broken.

The South Hill squad’s starting point guard was shocked and distraught with the idea of missing four to six weeks, including postseason participation.

To speed up recovery, Klie worked her right hand, even though she wanted to heal her left. During practice, Klie said she used a mound of putty to perform flexing and rolling motions to strengthen her broken hand.

“I was a wreck because I was going to miss the rest of the season, so I was willing to do anything,” she said. “I tried to strengthen my other hand while in the cast to help send the message over to my broken hand in order to increase its strengthening and healing as well.”

After more than a week in the cast, Klie returned home to New Jersey to get a second opinion from a hand specialist. The specialist took off Klie’s cast and concluded that she no longer needed to wear it.

With approval to play, Klie was overwhelmed with emotion as she walked onto the court just a week before the Empire 8 tournament began. Her off-court experience gave her time to reflect and be a supportive teammate.

“We had to bring two girls up from junior varsity,” she said. “A big part of my role was to give them advice because it was their first time on the varsity level. I focused all of my energy into supporting everyone and helping with strategy we were going to use.”

PHOTO ILLUSTRATION  
BY DURST BRENEISER  
AND EMILY FULLER

## ANKLES

For sophomore outside hitter Rylie Bean, one sprained ankle limits court movement during a volleyball match, but two sprained ankles result in taping and braces.

Bean competed in the Desales Invitational on Aug. 31 when she rolled her left ankle in the first match. With the pain only lasting for a split second, the Blue and Gold’s outside hitter continued her participation throughout the day.

After completing the tournament, Bean felt the pain radiating throughout her entire ankle. She limped off the court, but the pain increased.

Bean returned to practice, but after looking at her ankle, the coaches gave her the day off to see the trainers. She began her “Game Ready” therapy, a new technology that imitates a muscle contraction on the injured area. It cools the tissue to create a faster and more in-depth recovery process.

Bean placed her ankle into an iced compression system for 20 minutes every day to alleviate the swelling. Once she began to walk comfortably, Bean pushed through ankle rolls and balancing exercises

with the trainers to strengthen it and avoid a relapse.

With her ankle improving, Bean was allowed to practice and compete in tournament play, but just a few weeks later, she injured her other ankle. In order to strengthen both sprained ankles for competition, Bean said she continued rehab and invested in braces for practice and matches.

“My left ankle is still painful after I play, so as much as I would have hated sitting on the bench, I probably should have because my ankles would have healed a lot better,” she said. “I have never had this problem before, so I really want to prevent it.”

Along with her own precautions, Bean said the entire Bomber squad is now taking steps to help prevent future injuries for the athletes and keep the South Hill squad healthy.

“When I first hurt my ankles, I was doing things I should not have done,” she said. “I have learned from it and the team has too, so now we work on our spacing in practice a lot so that it does not happen again.”

## SHOULDER

During his sophomore year, senior wrestler Cristopher Ramirez had an MRI of his shoulder after abusing it for two consecutive seasons. He had a torn labrum and 14 different bone fractures. Ten days later, he was in the hospital getting what he called his “new shoulder.”

Ramirez was in a sling for eight weeks before beginning six months of grueling rehab. During this time, he began to grapple with his inability to return to top-performance level and the mental struggle paired with an injury.

With the constant pain from being sedentary, he grew fearful that he would never surpass it.

“I felt like I was in more pain than I was in before,” he said. “I knew it would help me in the long run, but I was too preoccupied with the fear of what was to come and if the pain would get better.”

Ramirez attended physical therapy two days per week, for one- to two-hour sessions. He worked through a series of strengthening exercises, including shoulder extensions and rotations. He said the hardest part of this process was resisting his desire to skip his rehab.

“It was really hard to be patient because I kept thinking about how this surgery would affect my following year of wrestling,” Ramirez said. “I knew I was never going to be the same again.”

When away from a trainer, Ramirez wore a brace for extra support and exercised at home to push ahead in his recovery. Finally, following six months of rehab, Ramirez was cleared by doctors to wrestle again.

Ramirez said it was a turning point for his mental strain because he had reached his goal and was free to return to wrestling.

“I was cleared 3 1/2 weeks before I was supposed to be cleared because I really pushed myself in rehab, so I was ahead of schedule the whole time,” he said. “I was excited to hear him say I could wrestle. I said, ‘All right, let’s see what I can do.’”

## KNEE

Recovery is never an easy process for a postoperative patient, but when you put an athlete who chooses to not have surgery into rehab, it is a whole different feat.

Will Carter, graduate student line-backer of the football team, knew from the moment he was chopped blocked below the knees by a Utica College offensive lineman that something was wrong.

After getting his X-rays and MRI scans back, Carter discovered the injury was worse than he could have imagined — a hyperextended knee, partially torn ligaments and bone fractures.

After multiple exams and three consultations, including a visit to the Hospital for Special Surgery, Carter decided to opt out of surgery and work on his knee with rehab alone.

Carter spent more than eight months training about four hours a day to gain back basic abilities that many athletes don’t think about. Without a cast, Carter worked through the pain of the bone fractures, and once they healed, he was then able to focus on more difficult tasks, like jogging.

“Being able to flex my quad, being able to flex my calf and eventually being able to bend my knee may sound simple,” Carter said. “But when you have a severe injury like that, every inch counts.”

Even with the dramatic turnaround, Carter’s recovery was not definite, making his return to football up in the air. At some points, Carter said he doubted his return. But when he thought about how much football meant to him, Carter could not give up just yet.

“My prime motivation was that I have been playing this game since I was eight years old,” he said. “My main goal [was] to be able to finish the season and know that I did everything that I could do for my team, and it wouldn’t have been like that if I went out after my injury.”

With a successful recovery and a handful of doctor’s notes, Carter received his eligibility for a fifth year with the team. After a successful season of spring football and more development throughout the summer, Carter now leads the Bombers as a captain for the 2013 season.





THE  
'STACHE  
LINE

MATT KELLY

## Fantasizing the real game

People keep asking me the dreadful question of how my two fantasy-football teams are doing this year, so I want to clear the speculation once and for all in this public space.

I have no idea.

I don't know the players on my fantasy team because I wasn't there to draft them. I don't know which teams I've played against. I don't know what the scores were for my matchups or what my record is this season. But I'm much happier for it.

Technically speaking, I'm a member of two fantasy-football leagues. I'm a former champion in the league I share with my high-school friends, and I joined another league with my sister and her friends this fall just so they could have enough teams. If I was still an active player, these engagements would require me to spend at least two to three hours a week checking the waiver wires and tinkering with my lineup.

The easy explanation for my dwindling interest in fantasy football would be to say I don't have the time for it. That would be true, but I think there are more reasons below the surface.

I find fantasy-football stories, for instance, to be one of the more interminable conversation topics out there. Try to keep a friend who doesn't play fantasy football interested past the words, "So I was playing so-and-so in fantasy this week and ..." Chances are, I'm already thinking about my next meal at that point.

Most of all, I just missed the basic emotional connections I had with watching football. It sounds self-destructive, but I missed the carnage that comes with only watching my beloved Buffalo Bills raise my hopes and then set fire to them in new, increasingly pathetic ways. It's not fun trying to navigate the emotional ambiguity when the starting running back on my fantasy team scores a bunch of points by gashing the Bills apart for three rushing touchdowns.

Now that I've become a fantasy-football hermit, it almost feels as if I've rediscovered the childlike wonder with my Sunday-football afternoons. I'm whole-heartedly devoted to my Bills once again, and I can actually be surprised now when I hear an impressive statistic about a player. My brain is no longer a living spreadsheet.

And as it turns out, my new strategy, or lack thereof, is more successful than I imagined. I beat my sister's team a couple of weeks ago without setting my lineup. She was starting Aaron Rodgers and —

Just kidding. I'll spare you the rest of the story.

MATT KELLY is a senior sports media major. Contact him at mkelly10@ithaca.edu.

# THE BOMBER ROUNDUP

The Ithacan's sports beat writers provide a weekly update on the fall squads.

## FOOTBALL BY CHRISTIAN ARAOS

The football team lost to Hartwick College on Oct. 5 in Oneonta, N.Y., for the first time since 2007, 21–9. The Bombers (3–1, 1–1) committed five turnovers on offense and lost senior quarterback Phil Neumann to an elbow injury.

Neumann was sacked twice including a strip sack on the Blue and Gold's first play of the second half. Hartwick junior defensive tackle Jason Brown recovered the fumble and returned it 16 yards to make it 21–0 Hawks. Hartwick made it 14–0 on the previous play when sophomore quarterback John Garcia found junior wide receiver John Horner for a five-yard touchdown pass.

Junior Tom Dempsey replaced Neumann in the fourth quarter and threw an 18-yard touchdown to junior wide receiver Joel Lynch but also threw two interceptions. Neumann threw an interception in the red zone in the third quarter. He was pulled two plays later.

The Bombers will host Alfred University 1 p.m. Saturday at Butterfield Stadium.

## CROSS-COUNTRY BY JONATHAN BECK

The 21st nationally ranked women's cross-country team finished in seventh place at the 33rd annual Geneseo Invitational on Oct. 5 at Letchworth State Park.

Junior Alexa Rick had a season-best time of 22:45:70, good for 17th place out of 268 runners and leading the Bombers overall. Graduate student Jenn Randall followed in at second, clocking in at 23:25.20 for 41st place.

Following three top-five finishes as a team to start the season, the men's cross-country team placed ninth at the 33rd annual Geneseo Invitational on Saturday at Letchworth State Park.

Freshman Sean Phillips led the Bombers in the 8K race, placing 22nd out of a total of 255 runners, with a personal best time of 26:12:40. Placing second and third were junior Dennis Ryan and sophomore Stephen Gomez, who came in 39th and 43rd, respectively, with times of 26:34:00 and 26:36:80.

Both the women's and men's teams will race next at noon on Saturday at the Hamilton Invitational in Clinton, N.Y.

## GOLF BY KARLY REDPATH

The golf team secured a third place finish with a two-day total of 643 on Oct. 5–6 at the Williams Fall Classic in Williamstown, Mass.

Junior Sharon Li led the Bombers shooting an 80 and 76 for a total of 156. She finished sixth overall in the individual standings. Freshman Kimberley Wong tied for 10th as an individual and finished with a two-day total of 158 tying her personal best. Senior Amanda Failla finished with a 163 (82–81), her best at Williams by four strokes.

Junior Kelsey Baker posted a 169 (84–85) and recorded a personal best score at the invitational by just one stroke. Freshman Lisa Calcasola traveled as an individual to the invitational and finished with a 170 (81–89).

The Bombers finished behind Williams College and Middlebury College. Head coach Dan Wood said the difference was that the team had "too many double and triple bogeys."

The Bombers will wrap up their fall 2013 season when they travel to Springfield, Ohio, this weekend for the Wittenberg Invitational. The South Hill squad will play nationally ranked teams including No. 4 DePauw University and No. 15 Wittenberg University.

## SCULLING BY KARLY REDPATH

The sculling team sent five boats to Rochester, N.Y., on Oct. 5 to compete in the Head of the Genesee regata, marking the team's second event of the fall season.

All five boats were doubles and competed in the women's doubles open event. The Bombers'



Junior Alyssa Steinweis hits the ball during the Blue and Gold's Empire 8 contest against Hartwick College on Oct. 8 on the Wheeler Tennis Courts. The South Hill squad defeated the Hawks 9–0.  
DURST BRENEISER/THE ITHACAN

first boat of seniors Dominique Lessard and Julie Schaeffer took fourth place, completing the race in a net time of 20:55:99 and a total time of 40:11.14. Behind them were the other three pairs that raced this weekend, which included the senior boats of Stephanie Zang and Stevie Theoharidis and Maureen Guildea and Anna Schenk. Senior Caroline Dykstra and sophomore Sarah Muroski were also in the pack.

The Bombers will race on Sunday at the Seven Sisters Sculling Regatta in Amherst, Mass. They will take on Division I teams such as the University of Massachusetts Amherst and Division III teams like Tufts University.

## VOLLEYBALL BY MATTHEW SHEAR

The volleyball team had a tough weekend, losing all three of its matches. In the opening game of the Nazareth Purple and Gold Invitational, the Bombers were shut out by the tournament host Nazareth College. Freshman middle Shaelynn Schmidt led the team with eight kills.

On day two of the tournament, the squad dropped a pair of matches, as they were shut out again by Buffalo State University and SUNY-Plattsburgh. Freshman setter Molly Brown recorded 12 assists to lead the team in the first match, while freshmen Grace Chang and Schmidt led the Bombers offensively with seven kills each in the final match of the weekend.

The Bombers will take on Utica College, Medaille College, Wells College and Messiah College in their next four matches when they host the Ithaca Tournament this weekend.

## WOMEN'S TENNIS BY GILBERT GUO

The women's tennis team built on its perfect 6–0 record after defeating previously undefeated Stevens Institute of Technology 5–1 on Oct. 6. Inclement weather shortened the match, causing play to stop once a winner was determined. The Bombers took care of doubles play with two of three victories and swept the Ducks for three wins on the singles side. Juniors Alyssa Steinweis and Allison Vizgaitis started the Bombers off with an 8–1 victory. Sophomore Marni Blumenthal and freshman Haley Kusak followed them up with a 8–4 victory. Bluementhal, Steinweis and junior Carly Siegel earned the singles victories for the Bombers.

On Oct. 8, the Bombers defeated Empire 8 Conference competitor Hartwick College by a score of 9–0. This win improved the team's

record to 8–0.

The Blue and Gold will compete next in the New York State Championships from Friday through Sunday on the Wheeler Tennis Courts.

## FIELD HOCKEY BY HALEY COSTELLO

The Bombers field hockey team finished with a 1–2 record this week, with two games against Empire 8 competitors. On Oct. 2, the Utica College Pioneers blanked the South Hill squad, 4–0. In the first half, freshman goalkeeper Katie Lass gave up a single goal off of a penalty corner, but allowed three in the Bombers second-half struggle.

The Bombers travelled to Nazareth College on Oct. 5, where junior forward Danielle Coiro and senior Katie Kennedy netted two goals, giving them a 2–0 advantage. The Golden Flyers cut the Bombers' lead late in the second half, but held on to give the Bombers a 2–1 win.

Finally, the Bombers hosted No. 16 University of Rochester on Oct. 8 at Higgins Stadium, and the Yellowjackets outlasted the Bombers 4–1. Coiro was the only player to score, as the South Hill squad was outshot 14–5.

The Blue and Gold will travel to Houghton College on Saturday where they will take on the Highlanders and then will host the William Smith College Herons on Oct. 15.

## MEN'S SOCCER BY MATT CONSTAS

The men's soccer team was scheduled to play its second Empire 8 conference game of the season Oct. 5 at Alfred University, but the game was postponed because of bad weather. The game was rescheduled for Oct. 22.

The Bombers hosted Hamilton College on Oct. 8. In the 22nd minute of the game, the Continentals committed a foul in their box, resulting in a penalty shot for the Bombers. The original shot was saved, but junior midfielder Brandon Glass got the rebound off his shot and put it in the back of the net, marking his first goal of the year and giving the Bombers an early 1–0 lead.

It was a defensive battle the rest of the way, but the Blue and Gold found the back of the net in the last minute of the game. Freshman forward Alex Leone scored his first career goal on a pass from freshman striker Sean Forward. The 2–0 win gives the Bombers their second win of the season, improving to 2–7.

The South Hill squad will take on Elmira College at 1 p.m. Saturday on Carp Wood Field.



# Ex-Bomber forward seeks German career

**BY CHRISTIAN ARAOS**  
STAFF WRITER

Former men's basketball forward Travis Warech '13 has secured German citizenship and is actively pursuing a professional basketball career there. Warech and his agent have entered contract talks with teams in the top two German professional basketball divisions.

According to German law, Warech was eligible for citizenship through his grandmother, who was German-born but forced to leave the country during the Holocaust. He saw this as the best opportunity to play professional basketball, so Warech signed with German-based agency Scorers 1st Sportmanagement to help with the citizenship process and negotiate a professional team contract.

With his citizenship approved on Sept. 27, Warech will not count as an imported player. This status will make it feasible for every professional team in Germany to sign him, as he is not subject to the international player rules, which limit the number of imported players a team can have on its roster.

Warech's agent, Gerritt Kersten-Thiele, is the CEO of Scorers 1st Sportmanagement. He said he has talked with teams in the top two tiers of the German basketball pyramid.

"We are now in talks with BBL and Pro A teams in Germany, and we look forward to making a decision soon on where Travis will be playing to start his pro career," he

said in an email.

If no position offers are made, Warech hopes to try out with potentially interested clubs, even though the German basketball season has already begun. Warech said he has been looking for a team since he began the citizenship process last July.

"I have heard a couple of instances where Gerritt told me about teams choosing between me and another guy, and they chose the other guy," Warech said.

Warech said he is not worried about the current situation, as he is letting his agent handle the negotiations. He said he signed with Scorers 1st Sportmanagement with the expectation that Kersten-Thiele would get him a deal.

Bombers coach Jim Mullins said Warech has superb athleticism and noted his exceptional play in the team's historic run to its first-ever Sweet 16 last season. He averaged 19 points and 10 rebounds, shooting 34 percent from 3-point range and playing about 34 minutes per game in the team's five postseason games. After transferring to the college for his senior year, Warech's one season with the Bombers produced a body of work that Mullen said was solid enough to stand with the program's all-time greatest.

"Travis did things that have never been done at Ithaca College," he said. "If you look at the last 10 or 12 games that he played here, including the NCAAAs, you probably saw as good a player as any at Ithaca College."



Forward Travis Warech '13 drives the ball past Utica College current-senior forward Chris Jeffers during a game on Feb. 15 in Ben Light Gymnasium. Warech is pursuing a professional basketball career in Germany.

FILE PHOTO/THE ITHACAN

The international roster rules limited Warech's options and dragged out the search process as teams lacked the roster spot for non-European Union players. Now that Warech has an EU passport, there are no rules preventing teams from trying to sign him.

Warech would not be the first of Mullins' former players to play professionally overseas. Sean Burton '09 was the most recent example, playing with Snaefell in Iceland from 2009-11 before returning to the U.S. to take an assistant coaching job at

Utica College. Mullins said the playing level in Europe is among the best in the world.

"A lot of the players overseas are either dead from behind the arc or are very quick," Mullins said. "It isn't for everybody. A lot of the leagues over there are really just a cut below the NBA. A lot of guys will go over and play with hopes of getting looked at by the NBA, and if it doesn't work out for them, well some of them make a pretty darn good living out of it."

The average rookie in the BBL

makes about \$60,000 a year. That figure drops to \$36,000 in the Pro-A, a paltry sum compared to the minimum salary for a rookie in the NBA, which is just above \$490,000. Warech said he intends to fly to Germany and work out for clubs that may be interested in signing him, if a deal cannot be arranged beforehand.

"I know with European basketball, getting there is the hard part," Warech said. "Once you get your foot in the door and have a decent first season, then teams can take a chance on you for the second year."

## Bombers avenge tournament elimination with win over Cougars

**BY KRISTEN GOWDY**  
STAFF WRITER

When the women's soccer team took the field against No. 9 Misericordia University on Oct. 2, more than a non-conference win was on the line.

Last season, the Cougars ended the Bombers' NCAA playoff run by upsetting the Blue and Gold in penalty kicks in the Sweet Sixteen round. After knocking the Bombers out of the tournament at Carp Wood Field, Misericordia advanced to the Final Four in San Antonio, Texas, the same place where the Bombers' season ended in 2011.

Senior back Meredith Jones said last year's loss fueled the Bombers' competitiveness going into the match.

"We were devastated, disappointed and let down," she said. "This game had been on my schedule from the minute that last game ended. For us, there was a lot of emotional baggage leading up to this game."

Despite the feelings before the match, the team did nothing different to prepare during practice, Jones said.

"We always just worry about ourselves and how we can improve in order to play our best, not necessarily to match the other team," Jones said. "We can't be worried about what they're doing."

Even though the team did not organize anything in particular to ready themselves for the game, sophomore back Kristina Buhagiar said the importance of the game was in the back of the players' minds in the days leading up to it.

"I wouldn't really call it revenge, but we knew we were going to leave it all on the field, maybe even more than usual," she said.

Unlike the game last year, which ended in a 0-0 tie after 90 minutes of play, senior forward Ellyn Grant-Keane gave the Bombers an early lead with a goal in the 10th minute. From there, it was all about holding the lead,



Senior forward Ellyn Grant-Keane dribbles by Misericordia University senior defender Nicolette Ruffler during the South Hill squad's non-conference contest Oct. 2 on Carp Wood Field.

AMANDA DEN HARTOG/THE ITHACAN

Jones said of this last week's game.

The Cougars tightened up their defense after Grant-Keane's goal and allowed just four more shots on goal, whereas the Bombers have averaged nine shots on goal per game in their first nine games of the season.

Misericordia senior back Nicolette Ruffler said the Cougars' slow start was detrimental

to her team's chances of winning.

"We struggled starting the match with the intensity we strove to find," she said. "We weren't the team we are capable of being until around the 15th minute. And if you don't start well against good teams, they tend to put you in a hole. After the 15th minute or so, we found a good rhythm of possession and

created some quality chances but didn't finish them. We need to play a full 90 [minutes] instead of starting slow and putting ourselves in an early hole."

The Bomber defense, on the other hand, was solid for all 90 minutes, as it recorded its seventh shutout in 10 games. According to Jones, the defense was key in stopping Misericordia's junior forward Megan Mahoney, who transferred from Division I Canisius College this year.

Mahoney is tied for seventh nationally in assists per game. She has been a force for Misericordia with seven goals and 10 assists through 12 games this season.

"We knew she was going to be a problem, but I thought we did a really good job shutting her down and keeping her out of the game," Jones said.

Though Misericordia graduated five seniors from last season, including two who converted penalty kicks in last year's game, most key players returned, including sophomore goalie Maureen Ciccossanti, who ranks eighth in the country in save percentage. Ciccossanti stopped two of the Bombers' penalty kicks last year to advance the Cougars to the Elite Eight round.

This season's win against Misericordia also gave the Bombers their second victory against a top-10 team, the Blue and Gold beat Emory University on Sept. 7. Both of these wins will boost their ranking for the postseason. However, both Jones and Buhagiar said the game was bigger than rankings or statistics.

For Jones, the win gave the team closure from last year's loss.

"It was frustrating for us towards the end of the game last year where we were playing this team that kept matching us," she said. "We felt like we were better, but, for some reason, we got matched really well, and we just got frustrated. Now, we knew we were the better team, and we handled it well."



# New division means new competition for hockey

**BY KARLY REDPATH**  
STAFF WRITER

Last year, nine seniors — just under half of the 2012–13 men’s club ice hockey team — hung up their skates for good as they graduated from Ithaca College. Aside from a roster full of first-year players, this year’s returners to the club face a new challenge in their regular season and division play.

At the end of last season, the American Collegiate Hockey Association announced a split of its Northeast Collegiate Hockey League Division I club hockey program. Now there are two divisions to create a more competitive and physical program for the top five teams.

This means the Bombers, who placed in the top five last year, will remain in the first division as opposed to being demoted to the second division. By remaining a Division I club program, the team will face a more challenging road to travel in order to make the playoffs.

Last year, the team played 10 different teams. This year, only the scores against the four teams in the top half of the division — Niagara University, University of Buffalo, Syracuse University and SUNY-Oswego — will count toward the Bombers’ playoff seeding. They will play the six other teams in the second half of the division, but only once or twice, because the outcomes of these games won’t count toward playoff seeding.

The Bombers won their home opener on Sept. 21 with a 6–3 victory against the University of Scranton. The following weekend, they beat Washington and Jefferson College 7–4 on Sept. 28 and 6–3 on Sept. 29.

This past weekend, the team traveled to Scranton and lost 3–2 in the final four minutes. On Oct. 6, the Bombers played Cornell University and lost 3–2 when the Big Red scored with only a minute left.

The team will face its biggest challenge when it plays Syracuse University at The Rink in Ithaca on Friday. Last year, Syracuse (12–11) and Ithaca’s (13–12) season records were



Freshman forward Matt Ambrose takes control of the puck behind the net during the men’s club ice hockey team’s 6–3 win against Washington & Jefferson College on Sept. 29.

MICHAEL TAMBURI/THE ITHACAN

similar, and each team won and lost a game played against the other.

Senior assistant captain Adam King is looking forward to the Bombers’ first opportunity to take on a team in the new division despite having a rough weekend last week.

King said to win, he and his teammates need to work hard in practice and play good hockey on game day.

“We’ve had a couple of non-league games to get some of the cobwebs off and start gaining some chemistry with each other,” King

said. “Syracuse has always been a very good team, and we will without a doubt be in for a battle. As long as we go out and play our game, we’re in a very good position to take home a win this Friday night.”

With the challenges the club hockey team will face throughout the rest of the season in this new division, the players hold themselves to varsity-team standards. Senior Captain Rory Foster said with the club team’s new roster, the team can make it back to the playoffs.

“Everyone seems to be settling in nicely, and everyone is contributing so that we can roll all four of our lines, and all of us can get pretty equal playing time,” Foster said. “Everyone who’s on the team is really filling the role we want them to fill right now.”

Sophomore Brennen Smith said the change will benefit his teammates’ attitudes going into games, making them take playing in a competitive atmosphere more seriously.

“It’s a really good move for hockey at the school,” Smith said. “The new division will really test our skills and physical ability. The fact that the league wanted to include us in this highly competitive division says a lot about us.”

Though the team has already been successful this season, it still has to establish chemistry on the ice, which will take time. However, the team hopes to plan non-hockey-related activities in order to expedite the bonding process.

“The captains are hoping to get us to play some football and handball together — you know, things that don’t really pertain to hockey,” Smith said. “This will allow us to get away from focusing on what we do on the ice 100 percent but will still allow us to work on something that promotes teamwork.”

Foster has an optimistic outlook for the rest of his senior season, especially since the team is ranked in the top 5.

“It is just going to give us the opportunity to take down better teams in our division who are bigger schools and have more players,” he said.

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# Top Tweets

The best sports commentary via Twitter from this past week.



**Sports Pickle**  
**@sportspickle**

Hopefully Maryland printed out a copy of this week's Top 25 so they can put it in their memory chest.



**Korked Bats**  
**@korkedbats**

If you're wondering about all of the beards, the Red Sox have a pretty deep Amish farm system.



**CaptainTouchback**  
**@CaptTouchback**

If the #Titans are going to try out JeMarcus Russell, then they just need to sign Vince Young and be done with it.



**Eric Stangel**  
**@EricStangel**

If you're thinking about a holiday gift for Pete Carroll, you can't go wrong with gum...  
#NFL #Seahawks



## Taking the high road

Senior Bill Collins attempts to jump over a Buffalo State defender during a men's club rugby match Oct. 5 on Lower Allen Field. The Bengals easily defeated the Bombers, winning the match by a final score of 12-3.  
JENNIFER WILLIAMS/THE ITHACAN

## the foul line

Weird news from the wide world of sports

It's not fair to kick a team when it's down, but this example shows how far the Jacksonville Jaguars have sunk. In a Jacksonville-area Target store, shoppers found a black beanie with the insignia of the Jacksonville Jaguars printed across the front, costing a whopping \$0.00. A picture must be worth 1,000 words because it represents the value fans are getting from watching the team this year. It is still a bargain given how expensive NFL-licensed equipment usually is.



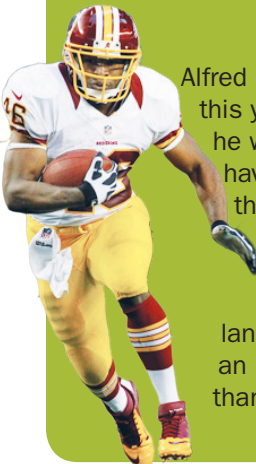
—Steve Derderian

# off the field

Assistant Sports Editor Steve Derderian asks Bomber athletes their personal preferences.

## MILES SURREY'S FANTASY CORNER

Despite a slow start for their respective teams, you should still keep these guys on your roster.

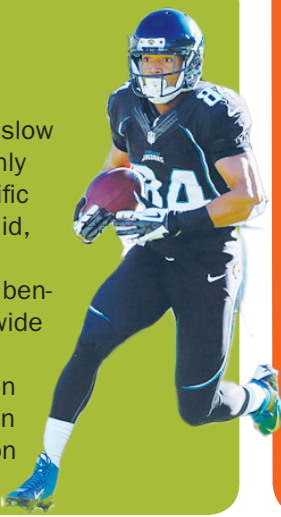








**ALFRED MORRIS**  
Washington Redskins

Alfred Morris' numbers haven't been bad this year, but he certainly doesn't look like he was worth an early pick. The Redskins have been playing from behind in most of these games, leaving fewer carries for Morris. Since only getting 12 carries in the season opener, Morris' total has increased, and he had 16 against Oakland before leaving in the third quarter with an injury. He would have easily had more than 20 carries if he stayed in the game.

**CECIL SHORTS**  
Jacksonville Jaguars

Cecil Shorts has been off to a slow start this year, and he is the only downfield threat in for the horrific Jaguars offense. That being said, Shorts is top 10 in the league with receiving targets. He also benefits from the return of fellow wide receiver Justin Blackmon from suspension, who had more than 800 yards receiving last season and will demand some attention from opposing defenses.



Athlete	 <b>Ellyn Grant-Keane</b> Women's Soccer	 <b>Sam Carney</b> Football	 <b>Stephen Gomez</b> Men's Cross-Country
Question			
The sports team you hate the most	Louisville Cardinals	Louisville Cardinals	Boston Red Sox 
Next movie to see	The Hunger Games: Catching Fire 	Runner, Runner	Anchorman 2
Favorite superhero	Batman 	Cleft, the Boy Chin Wonder	Batman

## by the numbers

29 7

Number of tackles by linebacker Will Carter this season. Read more about Carter's return, page 23.

The number of goals scored by women's soccer forward Kelsey King in 10 games this season.





From left, contestants applaud as seniors John Horan and Meredith Jones are crowned Mr. and Ms. Ithaca. Audience votes and scores from the judges determined the winners.

## The royal BLUE AND GOLD

The Mr. and Ms. Ithaca pageant kicked off IC Spirit Week on Oct. 7. Seniors competed in three rounds, showing off spirit wear, formal wear and a talent. They also had to answer a question from the judges.

PHOTOS BY DURST BRENEISER  
PHOTO EDITOR



From left, Samantha Stafford, leadership programs coordinator of OSEMA; Brian Falvey, owner of Moonshadow Tavern; and Leila James '13, former Ms. Ithaca, react to the talent portion.



Senior Liana Casciani makes her entrance to the pageant by hitting glitter-filled baseballs with a bat. Later, she performed a saxophone solo.



From left, senior Sarah Glancey is presented with a mix CD by senior Jon Schuta as part of his stand-up talent. During the skit, Schuta asked Glancey on a date and then to marry him.