

# THE ITHACAN

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SENIOR SPOTLIGHT

## OUTSPOKEN

Senior Dubian Ade finds his voice with spoken word

BY ELMA GONZALEZ  
SPECIAL PROJECTS MANAGER

Ithaca College senior Dubian Ade doesn't simply sit down and write a poem.

He may trip over one on his way to work, take it home and muse on it for one or two hours in a composition notebook. He may suddenly hear one in class during a discussion, scribble words down and ruminate on them for days. He may detect the scent of a poem from miles away and then follow it thinking, "There is a poem in there." He'll excavate until he uncovers roots and discovers ideas. He'll chew it over, digest the poem and then spit it to whoever will listen.

If you close your eyes, Ade's spoken word can transport you to Africa, to a prison or to your kitchen. His unfaltering Bronx accent can invoke ancestors, stress urgency and conjure up courage to reflect on issues like racism and social movements.

When he's performing, he'll introduce himself, pause for a few seconds and look past the audience. As he begins to recite his poem, he'll observe someone way in the back — invisible to everyone but him — beginning to mouth the poem back to him. His voice grows with his presence, and Ade's 5-foot-5-inch slender

figure will suddenly look 7 feet tall.

With a beanie, square glasses, black pants and tucked-in sweater, Ade comes across as a scholar. He stands stiffly, but gestures with his hands and extends his arms to the audience as if handing them a gift.

"When I go up on stage, my voice changes because what's about to be said is absolutely necessary," he explained. "What's about to be said must be heard."

Ade double majors in philosophy-religion and writing at the college. He discovered his love for spoken word poetry freshman year after attending a performance by Spit That, a student organization that promotes and performs spoken word. He said he recalls

watching the performers and thinking he would never have the guts to go on stage.

"Lo and behold, the first time I really performed was spring semester freshman year," he said. "I was shaking. Sometimes I still get nervous when I'm performing, and my right leg will start tapping."

That year, with encouragement from friends, he joined the organization and became part of the executive board. He performed at the college, in events at Cornell University and in the Ithaca community. Ade held a position on the Spit That executive board for three years until he stepped down this year.

See **ADE**, page 5

ONLINE

For multimedia and more on Dubian Ade visit [theithaca.org/dubian-ade](http://theithaca.org/dubian-ade)

## Advocacy group petitions Cornell for killing deer

BY STEPHEN ADAMS  
ASSISTANT MULTIMEDIA EDITOR

More than 7,000 people have signed an online petition that went live March 23 as Cayuga Deer, a local advocacy group, urges Cornell University to stop trapping and killing deer on university property.

Cornell has used clover traps, collapsible netted cages held together by steel pipes, to capture deer since 1997. Cornell began using hunting and surgical sterilization techniques in 2007 to further regulate what it calls a "chronic deer overpopulation on its lands." Those lands include agricultural research areas, on-campus nature trails and the surrounding woodlands, which are owned by Cornell.

For two years, the New York State Department of Environmental Conservation has granted Cornell nuisance deer-control permits, which allowed it to euthanize 40 deer captured in clover traps in the month of March and also use licensed archers to shoot deer. According to Cornell, by shrinking deer populations it can better protect its staff and students who are conducting field research, as well as members of the community, from tick-borne illnesses and deer strike-vehicle accidents.

The most recent DEC permit expired March 31, and Cornell said it would reevaluate the effectiveness of the management program before deciding to apply for another permit and move forward with additional deer population control efforts.

James LaVeck, a documentary filmmaker and co-founder of Cayuga Deer, launched the petition and said Cornell's conclusion of this round of killings does not make him feel any better.

"What they're doing is establishing a culture," LaVeck said. "They're creating a way of relating to the indigenous wildlife that will bring systematic mass killing of wildlife into our community as an annual event."

LaVeck said Cornell is using a controversial method that involves killing the deer by using a bolt gun to shoot a metal bolt through their heads after being captured in the clover traps.

"This is a practice that many humane societies and experts around the country consider to be a grotesque, inhumane practice that should never be carried out," LaVeck said.

In a statement, Cornell acknowledged the use of an instantaneous euthanasia method but didn't confirm

ONLINE

For multimedia and more on cayuga deer, visit [theithaca.org/cornell-deer](http://theithaca.org/cornell-deer)

## Senior class reaches goal of 2,014 volunteer hours

BY LAINEY COHEN  
CONTRIBUTING WRITER

What began as a goal for the end of the academic year turned into a reality March 24, when senior Jenny Barish discovered that the Class of 2014 had surpassed its goal of logging more than 2,014 volunteer hours.

Barish, director of finance for the Senior Class Executive Board, serves as one of the leaders of the Give Back Committee, a governing body of elected seniors within the Senior Class Cabinet that works with service groups and non-profit organizations to give back to the Ithaca community. Barish proposed the idea of promoting volunteering at the beginning of the academic year. When the initiative began near the end of November of last year, Barish said the committee had no idea that it would reach its target.

Barish said the Senior Class



From left, junior Kylie Bangs, freshman Miranda Wingfield and freshman Courtney Christ volunteer to raise money at Relay for Life March 29.

JILLIAN FLINT/THE ITHACAN

Cabinet was designed to ensure every graduating class has a memorable last year.

Though some were skeptical of the goal, Barish said the Give Back Committee was confident in

the Class of 2014, as many seniors were already actively involved in the community. She said the many contributions are proof that students are giving back to the Ithaca and campus community.

"I had no idea how many people were already committed to service, and it was so amazing to see all the hours come in," she said.

Don Austin, an assistant director of community service and leadership development in the Office of Student Engagement and Multicultural Affairs, said this project shows that Ithaca College students want to give their time, energy and skills to the community.

Students began submitting hours as soon as the project was announced. By the end of the fall semester, seniors were already halfway to the goal. For some seniors, logging the hours was just a formality for tracking the service they already do in the community, Barish said.

For example, senior Ashley McGinnes has been volunteering with

See **SENIORS**, page 4



### SCALING DOWN

Students explain how they got in shape during college, page 19.



### LEAVING A MARK

Women's lacrosse team writes inspiring messages each game, page 27.



### BOOKING IT

Student group offers low-cost prison education initiative, page 12.



Nation&World

8.2 quake hits coast of Chile

A powerful magnitude-8.2 earthquake struck Chile's northern coast the evening of April 1. Authorities ordered an evacuation of coastal areas in case of a tsunami. There were no immediate reports of injuries or damage.

The U.S. Geological Survey said the quake struck 61 miles northwest of the city of Iquique at 8:46 p.m., shaking a region that has been rocked by numerous quakes over the past two weeks. Scientists said there was no way to tell if the string of tremors was a harbinger of an impending disaster.

The latest tremor also shook buildings in parts of the nearby nations of Bolivia and Peru. Waves measuring almost 6 1/2 feet were striking cities on the northern coast.

The Pacific Tsunami Warning Center issued an alert for all of Latin America's Pacific coast.

Iraq launches campaign season

Campaigning officially kicked off April 1 for Iraq's first parliamentary elections since the withdrawal of U.S. forces from the country more than two years ago, with Prime Minister Nouri al-Maliki seeking a new term at a time of escalating sectarian violence.

The United Nations appealed for national unity to help reduce sectarian violence ahead of the April 30 elections. Shiite, Sunni and Kurdish candidates are all vying for 328 assembly seats in the deeply divided country, plagued by violence and corruption.

The past year has seen violence swell, with the Sunni Muslim minority embittered over what it sees as marginalization by al-Maliki's Shiite-led government. The violence threatens to disrupt voting in parts of mainly Sunni Anbar province, possibly furthering the community's disenfranchisement.

When Sunni protests were broken up last year, it prompted a spiral of attacks by Sunni militants on the military and police. Earlier this year, al-Qaida-inspired militants overran Fallujah, one of the country's biggest Sunni cities, and parts of Ramadi, the capital of Anbar province. Security forces are still battling to wrest them back.

In 2013, more than 8,800 people were killed in violence, the highest toll since the

worst of Iraq's sectarian bloodshed began to subside in 2007. The trend has continued this year.

**Al-Qaida supporter assassinated**

Unknown gunmen assassinated a radical Islamic leader in Kenya who had been sanctioned by the United States and the United Nations for supporting an al-Qaida-linked Somali militant group, his lawyer and officials said.

The killing April 1 came as the Kenyan government announced it had begun an operation to stop a wave of attacks in the country as authorities arrested more than 650 people in Nairobi following a bomb attack March 31.

Attorney Mbugua Mureithi said Abubakar Shariff Ahmed was shot dead along with another unidentified man near the Shimo la Tewa prison in the coastal town of Mombasa. The killings threaten to spark retaliatory violence.

Ahmed's death is the latest to hit the Masjid Shuhadaa Mosque, which officials call an incubator of terrorism. Sheik Aboud Rogo Mohammed, a friend of Ahmed's, was assassinated in August 2012. A year later another mosque leader was killed. There have been no arrests related to either case.

New York delays Common Core

As New York students began taking English language arts assessments April 1, Gov. Andrew Cuomo said parents and students should be relieved knowing that the second round of Common Core-aligned test scores will not be included on students' permanent transcripts under the new budget deal.

Students began the three-day testing April 1 and continue through April 3.

Under the budget passed March 31, scores on Common Core-aligned tests for students from third to eighth grade would remain off their transcripts through 2018, and school districts would be prevented from using the scores as the sole way for determining student placement.

The new standards in English and math designed to improve college and career readiness have been criticized by some parents, who say that the roll-out was done too fast



Boy Scouts ban gay troop leader

Geoff McGrath points out an "inclusive scouting" badge, which he wore on his Boy Scout scoutmaster uniform for the Seattle troop he led, April 1 in Bellevue, Wash. The Boy Scouts of America has removed McGrath, an openly gay troop leader and Eagle Scout, after saying in a letter sent to him March 31 that he made an issue out of his sexual orientation to the media.

AP PHOTO/ELAINE THOMPSON

and educators claiming that they weren't given sufficient material or guidance to teach the new standards.

The budget bill also places limits on sharing student data from the tests. Assembly Speaker Sheldon Silver said he was pleased that the agreement "protects student privacy."

The state received nearly \$700 million in federal Race to the Top grants for implementing the curriculum rollout in 2010. In all, 45 states and the District of Columbia have adopted the Common Core. Late last month, Indiana became the first state to withdraw from the program.

**Venezuela issues new ID system**

Battling food shortages, the Venezuelan government is rolling out a new ID system that is either a grocery loyalty card with extra muscle or the most dramatic step yet toward rationing, depending on who is describing it.

President Nicolas Maduro's administration said the cards to track families' purchases will foil people who stock up on groceries at subsidized prices and then illegally resell them for several times the amount. Critics said it's another sign the oil-rich Venezuelan economy is headed toward a struggling economy resembling that of Cuba.

Registration began April 1 at more than 100 government-run supermarkets across the country. Working-class shoppers who sometimes endure hours-long lines at government-run stores are welcoming the plan.

Patrons will register with their fingerprints, and the new ID card will be linked to a computer system that monitors purchases. Food Minister Felix Osorio said the system will sound an alarm when it detects suspicious purchasing patterns, barring people from buying the same goods every day. But he also said the cards will be voluntary, with incentives like discounts and entry into raffles for homes and cars.

SOURCE: Associated Press

MULTIMEDIA

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CORRECTIONS

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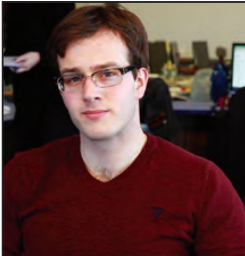
**Video**  
Senior Dubian Ade performs an original spoken word piece, titled "My Name."



**Video**  
Watch an all-new Instant facul-Tea with Donathan Brown, assistant professor in the Department of Communication Studies.



**Video**  
Check out a recap of this week's highlights in the media featuring major events, national and local news.



**Video**  
If you can't wait for the next issue of *The Ithacan*, visit our website every Monday for a preview from the editors in "Eds Up."

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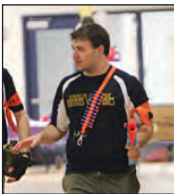
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News

See students participate in Relay for Life on March 22 to raise money for cancer research.



Accent

Watch students take part in the "Jukebox Jive" event, hosted by IC After Dark.



Sports

Follow the men's track and field team as it trains for the upcoming spring season.





# Students celebrate Asian American identity

**BY RAMYA VIJAYAGOPAL**  
CONTRIBUTING WRITER

Ithaca College's Asian American Alliance is planning to give students new perspectives to "focus on" in April.

Under this theme, the AAA is celebrating this year's Focus Asia Month with six events between April 1 and April 26 that explore Asian and Asian American identities and experiences.

The series kicked off 7 p.m. April 1 in Klingenstein Lounge in the Campus Center with "Focus on Identity," a student-led discussion panel exploring what it means to be Asian in America.

The next event, "Focus on Filipino Diaspora," will take place 7–9 p.m. April 8 in Clark Lounge in the Campus Center. Lorial Crowder, co-president of Metro New York chapter of the Filipino American National Historical Society, will be discussing Filipino immigration history and the relief efforts associated with Typhoon Haiyan, which struck the Philippines in November 2013.

The series will continue in collaboration with Created Equal, a student organization whose projects that address issues and provide solutions to problems facing the LGBT community and marginalized ethnic and gender identities. The two clubs will moderate a workshop about how race and sexuality intersect and influence an individual's experience within society in an event called "Focus on Intersectionality," which will take place at 7 p.m. April 16 in Klingenstein Lounge.

Candace Burton, co-president of Created Equal, said the two organizations have been collaborating for three years, and through this event they seek to create a dialogue about how LGBT issues stem across any race or gender.

"Not only is [the AAA] a great organization, but being gay and Asian is something that is not talked about in either community," she said. "An LGBT person does not look a certain way and can be from any race, class, gender or ethnicity."

Historically the largest event of the series is Asia Night, to be held at 7 p.m. April 19 in Emerson Suites, which AAA President junior Vivian Lin said draws a crowd of both students and community members with its food, performances and activity booths.

"We have a bunch of discussions and serious



The Ithaca College Asian American Alliance will hold Asia Night at 7 p.m. April 19 in Emerson Suites. Last year, the evening featured discussions and displays of Asian culture, music, fashion and dance.

FILE PHOTO/THE ITHACAN

events, but it's nice to kind of relax and break free from that, especially so close to finals," Lin said.

Breaking into new ground, the AAA will celebrate the integration of cultures seen in breakdance by serving as one of Ground Up Crew's sponsors in the breakdancing group's annual battle, Break IC, April 26 in the Hill Center to wrap up Focus Asia Month.

Kody Crawford, co-president of Ground Up Crew, a breakdancing and hip-hop culture club, said this is the first year the AAA is sponsoring the event. He said he was inspired to contact the group because his travels abroad helped him discover how hip-hop is a cross-cultural experience, which resonates with the theme of celebrating multiple cultures.

"Hip-hop can be used as a tool to bring

different cultures together," Crawford said.

In the "Focus on Identity" event April 1, six students who identify as Asian or Asian American sat on the panel and discussed questions of race relations and their experiences growing up as members of a minority group in America.

Freshman Taehoon Kim, a member of the panel, said he struggles with racist overtones in his interactions with professors.

"There's going to be another Asian kid in that class maybe two years later and he's going to feel the same way," he said. "We have to look out for the future generations and speak up."

Lin said the African, Latino, Asian and Native American community is an important part of campus life because it provides safe spaces for people to come together, learn and meet others.

## CNBC anchor to visit college as distinguished lecturer

**BY SARA KIM**  
STAFF WRITER

Students will have something to tweet about when Carl Quintanilla, CNBC news correspondent and anchor who narrated the documentary "#TwitterRevolution," pays a visit to campus April 10.

The Emmy Award-winning reporter will visit Ithaca College for the 22nd annual Jessica Savitch Distinguished Journalism Lecture Series, sponsored by the Roy H. Park School of Communications. Quintanilla will give a presentation about his career path as a broadcast reporter at 8 p.m. in Emerson Suites, followed by a Q&A session.

Quintanilla, co-anchor on CNBC's "Squawk on the Street," had previously reported for the Wall Street Journal and now broadcasts live from the New York Stock Exchange.

Melissa Gattine, marketing communications manager in the Park School, said Quintanilla will discuss with the audience how technology has transformed the way journalists have covered the Stock Exchange over time.

Quintanilla's presentation will run in conjunction with the Park School mini-course called Media for Social Responsibility: The Financial Market to the Twitter Revolution, held from 8–10:30 p.m. April 10, 4–6:30 p.m. April 11 and 9

a.m. to 4:30 p.m. April 13. With 35 seats left, the course is open to up to 75 students from all majors.

Since its creation in 2010, Gattine said, the topic of the Media for Social Responsibility mini-course has rotated, and the Park School chose this year's topic, the Twitter revolution and the financial market, based on Quintanilla's area of expertise.

She said while the Park School has linked the course content to that of the Savitch lecture for the past few years, the speaker series has been in existence since long before then.

Since 1992, the Park School has invited broadcast journalists to participate in the Jessica Savitch Distinguished Journalism Lecture Series, which honors the late college alumna and reporter Jessica Savitch '68 who died in a car accident in 1983. Savitch was an Emmy Award-winning news anchor and correspondent for NBC. Her family established the series with an endowment in her memory, which has also allowed the Park School to offer scholarships.

Gattine said she met with the Savitch family and Roberta Spring, Savitch's close friend and NBC colleague, over the summer to plan this year's event. Through a discussion about current issues in the news, Gattine said, Spring recommended



Carl Quintanilla, a CNBC news correspondent, is visiting Ithaca College on April 10 as this year's Jessica Savitch Distinguished Journalism Lecturer.

COURTESY OF CNBC

Quintanilla to be this year's distinguished lecturer because he is a reputable broadcast journalist with expertise in the Stock Exchange, an issue they were discussing while they met.

Steph Khoury, junior documentary studies and production major, said she is excited to attend the lecture because she often watches CNBC documentaries.

"I'm really excited to be able to hear his story off the screen," she said.

Peter Johanns, associate professor and director of the television-radio program, said any student is welcome to attend the Jessica Savitch Distinguished Journalism Lecture Series.

"What is always talked about

within these various lecture series is really applicable to all students throughout Ithaca College," he said.

Jessica's sister, Stephanie Savitch, owner of Stephanie Savitch Counseling, a private grief support business in West Virginia, comes to the lecture series each year to honor her sister. She said the Park School was important to Jessica, as it taught her the skills and gave her the ability to pursue a career in broadcast journalism.

"It was at Ithaca that Jessica learned the skills and gained the confidence she needed to launch her broadcast journalism career," she said. "Jessica needed to break through many barriers to become one of the first female broadcast journalists on a national level."

## Faculty Council addresses final grade deadline

**BY SABRINA KNIGHT**  
NEWS EDITOR

Online course override forms and grade submission dates were two topics discussed at the Ithaca College Faculty Council's meeting April 1. This month, the council received an update on the Academic Workflow Implementation Group project and discussed moving the date for submitting final grades.

Bryan Roberts, associate dean in the Roy H. Park School of Communications, attended the Faculty Council meeting to give a presentation about recent updates and progress with the Homer Workflow, an online platform for submitting college-wide documents. Currently, only the form for course overrides has been used with the system, Roberts said, and the Academic Workflow Implementation Group will roll out the change-of-major and -school forms to the campus community after course registration for Fall 2014. The next priority will be change-of-grade, incomplete grade submission and Student Disability Services testing accommodations forms, he said.

To emphasize the success of the online course override forms, Roberts said 3,961 students submitted 11,609 forms online in Fall 2013 for Spring 2014 registration. Roberts said in the 2012–13 academic year, the Office of the Registrar reported about 6,000 paper forms were used.

"The form was a success last semester because everyone got involved," Roberts said. "Every school used it, everyone asked questions, made things better."

Cyndy Scheibe, professor of psychology, also spoke at the meeting about her research on changing the final grade submission date. The discussion about when the new submission date should be, she said, was focused on the deadline for the fall semester because there are more non-academic events, such as concerts and plays, that occur at the end of the semester. This, she said, conflicts with the ability of professors to accurately and thoroughly grade all their students' papers without making personal sacrifices.

John Rosenthal, professor of mathematics, said he thinks the three days between the last final exam and when grades are due is problematic, but the solution should apply to both semesters. The idea was suggested that seniors' grades have priority over other students' because the Registrar must determine specific information in the spring regarding which students can graduate. Regardless of the due date, submitting grades should be done for all students at the same time, Marisa Kelly, provost and vice president for educational affairs, said.

"The implications for non-seniors in terms of summer clinical placements, for example, are huge things that are increasing what we have to pay attention to," Kelly said. "What that would mean is that pulling seniors out really is a disservice for other students at other levels."



# Senior volunteers join forces

## SENIORS

FROM PAGE 1

the One-to-One Big Brothers Big Sisters program through the Ithaca Youth Bureau since her sophomore year. Since then, she has dedicated much of her time to the program, putting in eight hours a month. McGinnes said she thinks it is important to spend her free time giving back to the community that has given so much to her.

"I don't think of it as community service anymore," McGinnes said. "It's just hanging out with my little sister."

The Give Back Committee began the project by reaching out to organizations that would be willing to partner with the Class of 2014, including OSE-MA's Service Saturdays, Habitat for Humanity and the Tompkins County Public Library. It then sent a survey to all the seniors asking them to provide their availability and declare which partner each student would be interested in working with. Barish said 97 seniors filled out the optional, initial survey, and 172 students have logged hours so far, with the contributions growing daily. The survey was created to help connect students to organizations. Some students were already committed and didn't fill out the survey, but they still submitted hours.

Austin said seniors see this project as their last chance to do something meaningful for the Ithaca community.

Barish said she hopes to see this project have an impact on not only future senior classes, but also the underclassmen. By having the underclassmen involved and by making this an institutionalized project, Barish said students can unify and find motivation to do service.

"My vision is really to have this become a part of the college culture," Barish said.

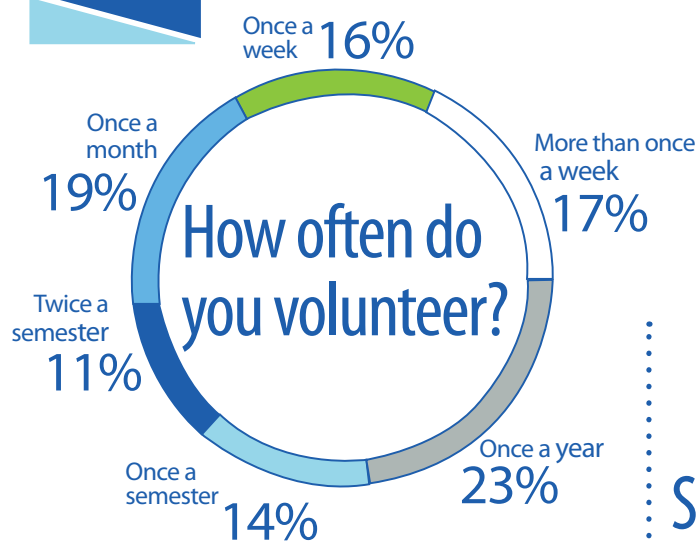
As of this year, there are both junior and sophomore class councils that serve the same purpose as the Senior Class. Though Barish said she hasn't been working directly with the councils, the Senior Class's transition materials will suggest more collaboration in the years to come. Barish said she would like to see each future class strive for a higher number of community service hours and ultimately try to exceed the number of hours performed the previous year.

Austin said measuring the hours and accomplishing its goal is a battle cry for the Class of 2014. He said it shows the college and the community that students are actively doing service and that the records are "nothing short of spectacular."

McGinnes said she sees the senior class's accomplishment as an important statement about the caliber of students.

"I think that number of 2,014 means we're grateful and we're well-rounded individuals who understand the importance of community and giving back to a community that has given us so much already," McGinnes said.

## WHO'S VOLUNTEERING?



The Ithacan conducted a survey of Ithaca College students asking about their participation in volunteer work, and 227 students responded with these results.

## what is your year?

FRESHMAN 33%  
SOPHOMORE 19%



JUNIOR 17%  
SENIOR 30%

## ARE YOU PART OF A SERVICE-ORIENTED STUDENT ORGANIZATION?

**43% YES**

## WHERE DO YOU VOLUNTEER?

ON CAMPUS 36%  
OFF CAMPUS 42%  
NOT AT ALL 22%

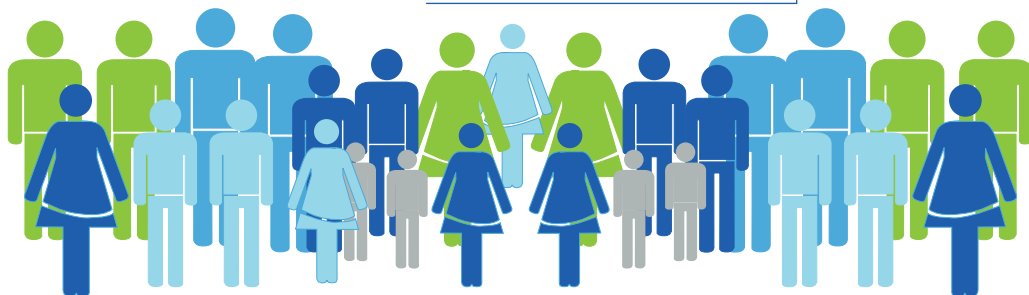
**57% NO**

## ARE YOU PART OF A SCHOLARSHIP PROGRAM WITH A SERVICE REQUIREMENT?

**YES 27%**  
**NO 73%**

## WHAT IS YOUR GENDER?

Women **68%**  
Men **30%**  
Other **3%**



DESIGN BY MARIANNA DUNBROOK

# Community opposes deer trapping and killing

## DEER

FROM PAGE 1

whether or not it was the bolt method LaVeck mentioned. Regardless, Cornell said the unspecified killing method it does use was approved by the Food and Drug Administration and the American Veterinary Medical Association.

The deer management program is intended to protect agricultural research and the health of local ecosystems, which Cornell said are threatened by deer overpopulation.

"All deer management activities on Cornell property are tightly controlled to assure safety," Cornell said in its statement. "The deer management program was carefully built over the past six years, and it has maintained a spotless safety record."

In deciding whether or not to grant permits for deer management efforts across the state, the DEC said on its website it considers human health and livelihood, the welfare of plant and animal species and the health of the deer herds themselves. Courtney LaMere, a wildlife biologist with the regional DEC office representing Tompkins County, said the agency granted the permits in response to calls for help from Cornell and the Cayuga Heights community.

"They have made the decision



Cayuga Deer, a local advocacy group, is petitioning Cornell University to end its practice of trapping and killing deer on the university's property.

SABRINA KNIGHT/THE ITHACAN

using whatever metrics they find important as a community — one thing would be vehicle collisions and another would be property damage," LaMere said. "If they find it's important enough to them as a community, and it's based in science, then we would issue them the permit to go ahead and manage deer."

According to statistics from the Tompkins County Highway Department, 155 dead deer, struck by

vehicles, were removed from county roads in 2012. In contrast, LaVeck cites data from the Cayuga Heights Police Department on his website to show there were fewer than a dozen deer strikes per year in Cayuga Heights, where Cornell's deer management efforts were focused between 2004 and 2008. LaVeck said police data showed none of the deer strikes by drivers in recent years resulted in serious human injury.

"What I'm waiting to see is a

scientifically credible argument that in our area there is some type of a problem caused by deer that justifies a mass killing program," LaVeck said. "I have not yet seen that."

Cornell maintains the reduction of tick-borne illnesses, like Lyme disease, is one of the key motives behind the deer management program. But a June 2012 study by the University of California Santa Cruz found no direct correlation between deer populations and an increase in Lyme disease. Ticks don't contract Lyme disease from deer, but rather from infected mice, according to the Harvard School of Public Health. Research from the Michigan Department of Natural Resources found infected ticks that latched on to deer and subsequently detached from the host were of little risk to humans because the ticks were nearing the end of their life cycles and would not feed again.

The Cayuga Deer organization suggests instead of killing deer, the community should consider hiring a deer ranger who would assist residents on a case-by-case basis. LaVeck said on the Cayuga Deer website such a ranger could help protect gardens by teaching property owners nonlethal techniques, like using deer repellents or building fences to keep deer away.



# Senior spits his feelings

**ADE**

FROM PAGE 1

"In the end, Spit That didn't need me anymore," he said.

Other members of the organization look up to Ade for advice and mentorship. At a banquet hosted by Brothers 4 Brothers, a club that supports male students at the college, earlier this year, no fewer than 30 people went up to greet him.

Ade's ever-present ear-to-ear smile is like a "Welcome" sign on his face. He greets with a hug and "How's it going?" Never just "Hello."

As he searched for a place to sit, he stopped at every other table in the banquet. He maneuvered his plate with one hand and used the other for handshakes and fist-bumps.

"Dubian! You chillin'?"

"Always," he said.

Junior Taj Harvey approached Ade during the banquet with one of his poems to ask for advice. He was worried about how people would react to the topic and language.

"I gotta get my boy Dubian to check it out," Harvey said.

Ade swallowed the food in his mouth, sipped some water and simply said, "Reaction is not important, what's important is that you know it is something that has to be said."

Harvey nodded approvingly.

"Ten years from now when I see him on TIME Magazine, I'm gonna say, 'I know him,'" Harvey said, turning to the student sitting next to Ade.

Two years ago, at the Ithaca Festival of Black Gospel, Ade recited a controversial poetic critique of Christianity and how it envelops many aspects of the black community. The poem pushed the audience members to reflect on why they were Christian. It reminded them that the slaveowners of black forefathers were also Christian. Those who whipped their backs and raped their women, he said, were Christian. African ancestors who were abducted from their land were not.

"Is it OK to ask why my savior doesn't look like me?" his poem asked.

"We did not come here Christians ... How can we overcome if we believe what they believed?" he said, concluding the poem.

This final verse was not followed by applause or the accustomed finger snaps, just silence, he said.

Ade's strong performances and bold language won him an invitation to Antiracism, Inc., a national project at the University of California in Santa Barbara designed to help recognize new forms of colorblind racism and develop vocabulary and critical resources to counter them. Ade was one of a selected group of poets invited to perform and participate in the program last summer.

Paula Ioanide, professor in the Center for the Study of Culture, Race and Ethnicity at Ithaca College, said she was involved in the inception of the Antiracism project, and she recruited Ade for it after watching him deliver a poem on stage.

"I was so impressed that I went up to him right after he performed, and I almost hugged him," she said. "I have rarely heard somebody that young be able to have that level of sophistication in poetry and in the

spoken form of it, [because] even there, there is a certain type of artistry involved."

In Santa Barbara, he performed and conducted a poetry workshop alongside several well-known spoken word poets. Meeting these poets, Ade said, was like a dream.

"Psssh," he sighed. "Just from the plane over, just the way everything fell into place, there was something very organic about it, very real about it, but at the same time it was this fantasy."

In the workshop, Ade was the first to lead a writing exercise and then perform. Holding a drum between his knees, he began banging to construct a beat. He cued the person next to him to add words to the drum's song by sharing a verse. Then, the next person recited a verse and then the next until everyone had contributed to the collective rap.

"We get into the room, there's a bunch of people that we don't know, [we] get in there, and it's like psssh wow," he said. "We facilitated this need for people to share their voices; that's more than we could ever ask for."

At the event, called "Poetic Interventions," he performed in front of an audience of students, scholars and community members. His poem was so powerful, Felice Blake, assistant professor of English at UCSB and program director, nearly fell over listening to it. She left her seat and walked out of the room to collect herself, she said.

"It was like he came to a realm in which words and pictures really melted into each other, so it became an experience of the poem as opposed to hearing it," she said. "I've never experienced anything like it in my life."

Antiracism Works, the second part of the program, culminates in May with a conference that will bring together the scholars, activists and poets who have participated in the program in the last two years and to which Ade will return.

To his mother, Leann Campbell, Ade's talent comes as no surprise. In fact, it runs in his blood. Campbell also wrote poetry when she was younger, and Ade's father, she said, is a playwright. The first time she saw her son perform, he dedicated a poem

to her, "Mother."

"He blew them away, he blew me away," she said. "I actually got up and did a piece of my own, and I felt really nervous following him because he is so good."

Ade attributes his knack for telling stories to his mother, who would give Ade daily reports of the most interesting incidents at her job. Many of Ade's poems provide a clear beginning and end.

Growing up in the Bronx and attending inner-city schools throughout his life meant Ade would, statistically speaking, end up in community college studying something practical, he said. When applying to colleges, he opted for biology because it was a career guaranteeing security and a future. A four-year education in philosophy or writing was inconceivable.

Sophomore year, he received a sign from the universe embodied in



Dubian Ade reads a poem from his notebook during a protest of the Tompkins County jail expansion Feb. 18.

AMANDA DEN HARTOG/THE ITHACAN

a frog during a lab lesson in his Animal Physiology class. The lesson was on muscle contractions, and the instructor had brought a tray of frogs to dissect and run electric current through for a demonstration. She carried the frogs to the back, cut the brain stem and then passed them out to the students.

Ade swears as he placed the charged prongs on the freshly dissected leg, the frog was suddenly resurrected. It looked down to its leg and flinched.

"I was like, 'Yo, this frog is not dead.'"

The professor, he said, explained the creepy phenomenon as a common occurrence.

"As if she was the frog and knew exactly what the frog was going through," he said. "I had to walk out."

After three semesters studying biology, he changed majors. But the frog incident was only the last straw. For a year and a half, Ade had struggled to find interest in the career path he had chosen. He said he found it difficult to relate his life experience to science. For many students from his high school, he said, the same probably applied.

"The subjects that we were being taught had nothing to do with our day-to-day experience. So when black males are walking in the classrooms wondering why their family member got gunned down the other day ... or 'Why does he live in the place where he's at,' or 'Where are the white people at?'" he said. "Those questions were not being answered in class ... [for] people who don't make it into college, those questions will never be answered."

Though he has traveled across the country to convey messages of social change, Ade is also involved in the Ithaca community. Ioanide has summoned Ade for performances at demonstrations with local activist groups such as the Shawn Greenwood Working Group, an organization formed after Shawn Greenwood, an African-American Ithaca resident, was killed in 2010 by Ithaca Police Officer Brian Bangs. Earlier this year, Ade recited a poem at the Shawn Greenwood Memorial.

"It's not just that he is a poet, it's that he understands social conditions and how these systemic oppressions play out in people's lives," Ioanide said.

Most of his work sheds light on issues of identity, racism, injustice and how people are interconnected. Last summer, he performed at a vigil for Trayvon Martin in Ithaca.

Ade said he recalls following coverage of the Trayvon Martin case last summer, when a newfound interest in his heritage drove him to



Dubian Ade recites one of his poems to the crowd at the fourth annual memorial for Shawn Greenwood on Feb. 23 at the AME Zion Church.

TUCKER MITCHELL/THE ITHACAN

read "The Autobiography of Malcolm X" and examine the lives and works of other black revolutionaries in the 1960s. Watching George Zimmerman leave the courtroom a free man in July sparked a visceral frustration and spurred in him a need to take action.

In response, he marched to Ithaca City Hall in a vigil organized by members of the Greenwood group. When the group reached the building, Ade walked to the front steps and spat rhymes alongside a fellow spoken word poet.

When community activist groups united to petition the Tompkins County Legislature to stop the county jail expansion last month, Ade shared the microphone with five other Ithaca College community members to appeal to the legislators' hearts and insisted, "We are all affected, we are all connected."

While still in college, Ade said he is considering graduate school, but nothing can be set in stone.

Sometimes he sits in class and a social issue such as education reform smacks him in the face. He freaks out and contemplates dropping out of college to ignite an education movement based on alternative learning concepts such as Brazilian educator Paulo Freire's theory of dialectical learning.

"As much as I'll get up on stage, and I'll spit something and I'll get the finger snaps and hms and the applause, I know better than to think that that's where it ends," Ade said.

Ade is currently working on two new poems to perform in Santa Barbara. He paces up and down his room, which sets the mood for many of his pieces. Walls are covered with tapestries and ancestral paintings, and an African hair pick hangs next to the door. It is the first African artifact he bought, and he not only displays it, but hairs stuck to its spine show he also uses it to style his afro. He plays jazz on a vinyl record player while he writes and rewrites poems 10 times, 20 times, to edit them and commit them to memory. He wants to be certain they are ready for the conference, he said.

Ade said he knows no one person can create change or burden himself with that dream. The most he can hope is that through his words he can be a catalyst that positively contributes to a collective movement.

"I know I'm supposed to use this voice in whatever capacity," he said. "I know I'm supposed to not remain silent. As far as poetry, I can't not write. There is really no going back for me in terms of writing. Writing is kind of my crutch, so I'll always be doing poetry no matter what."




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# Meal plan struggles

Students debate whether Dining Services caters to special dietary restrictions

**BY ARHAM MUNEEER**  
CONTRIBUTING WRITER

As Sodexo prepares to present the first part of an Eating on Campus Tour series, which will explore the options provided by Ithaca College Dining Services, students debate whether dining options effectively cater to the needs of students on diet restrictions such as veganism and gluten-free.

Eating on Campus Tour One will take place from 11:30 a.m. to 12:30 p.m. April 4 in the Terrace Dining Hall and will feature Simple Servings and the Food Lab, two specialty food stations created last spring. Simple Servings was established in January 2013 to provide allergen- and gluten-free food and eliminate the use of peanuts, tree nuts, shellfish, wheat, soy, milk products, eggs and gluten.

However, several students feel they are struggling to maintain their dietary restrictions while at college. Freshman Emily Horowitz, a vegan, said it has not been an easy task maintaining her diet with the limited number of options available for the high cost of a meal plan.

“It’s unfair that I am paying the same amount of money for just a salad and a piece of fruit as a student munching on five hamburgers at every meal,” she said.

While Horowitz said she commended the effort of Dining Services to try to meet her needs and those of others, she also said some changes could allow students

to opt for less costly or more diet restriction—suited meal plan options. Sophomore Adam Ball, who became a vegetarian a year ago, said he ends up eating the same food most of the time in the dining halls. Ball said it is challenging to be on a meal plan with so few options, and it seems the college does not trust students enough to cook their own food and opt out of meal plans.

Junior Blaize Hall, a pescatarian, said the college should not require meal plans.

“Honestly, just let students choose if they want to be on a meal plan or not,” she said.

Hall also said the few pescatarian options the dining halls do have, namely fish, are not appealing. Another pescatarian, freshman Melani Lopez, said she is used to the repetitive food choices but would like to see more varied options.

Campus Executive Chef J. J. Molina said the Dining Services uses student surveys, feedback comments, sale records and general observations, among other methods, to get a better understanding of students’ likes and dislikes.

Molina said feedback is used to make subtle changes in the menus, but for the most part the main menus remain the same.

In order to cater to special diets, all varieties of food are served together, Molina said. For example, one food line will contain both meat and vegetarian options prepared separately.



Ithaca College Dining Services is attempting to provide more options, like this glazed ham with roasted potatoes from Simple Servings in the Terrace Dining Hall, for students with special dietary restrictions, like gluten-free. ORLANDO LEON/THE ITHACAN

Junior Kira Hovancik said she became a vegetarian after moving off campus and now prepares her own food. She said if she were a vegetarian while she had a meal plan, it would not be easy, but she appreciates the effort of the dining halls to lessen the use of meat in the menus by providing options, particularly meatless Mondays at the Food Lab in Terrace Dining Hall.

Jeff Scott, area general manager of Ithaca College Dining Services, said the vegan station in the Campus Center Dining Hall was set up 14 years ago and has since aimed to serve the needs of students with dietary restrictions.

He said Ithaca College Dining

Services has always strived to provide the best food for students with all kinds dietary restrictions by making sure their needs are met as best as possible.

Scott said vegetarianism, veganism and gluten-free diets have been on the rise, with millennials leading the charge, as influenced by increased nutrition education.

According to a 2011 study from the Social Science and Medicine journal, the millennial generation has grown up with publicized messages relating to nutrition and social activism, which has led to a wide variety of diets such as vegetarian and vegan.

“Students now come in with all

types of new dietary restrictions and food intolerances that encourage my staff and I at Ithaca College Dining Services to continuously expand and improve our services,” Scott said.

Freshman Mackenzie Gannon, who has fatal allergies to dairy products and eggs, said she is thankful that when she applied to the college, Dining Services took steps to ensure that she would have access to safe food, unlike other schools.

“I am very happy that Ithaca College is one of the very few colleges that is ready to take care of my special dietary needs, something that allows my parents to sleep peacefully at night,” she said.

## College to hold accepted student events

Ithaca Today and An Inside Look, two annual admission events, will be held April 12–13. In addition, this year’s events will be accompanied by a comedy show featuring Seth Meyers at 8 p.m. April 12 in the Athletics and Events Center. Eric Maguire, vice president of enrollment and communication, has been working with Gerard Turbide, director of admission, as well as several other departments across campus to organize the admission weekend.

Maguire said the purpose of Ithaca Today is to provide an opportunity for accepted students to visit the college and learn about the academics, student life and everything the college has to offer. An Inside Look is a program held the same weekend for African, Latino, Asian and Native American students to learn more about the resources available to them on campus. The events are meant to help accepted students make decisions about submitting their deposits as the May 1 deadline approaches.

News Editor Sabrina Knight conducted an email interview with Maguire about what current students should expect to see around campus and how they can get involved during Ithaca Today.

**Sabrina Knight:** What sorts of events will be held during Ithaca Today?

**Eric Maguire:** Participants in the Ithaca Today program can choose from a range of activities that include campus and residential tours, an academic fair, Q&A with current students or a panel of senior administrators, a student activities fair, financial aid information sessions and specific programming in each of our schools.

**SK:** How can current students participate?

**EM:** A number of current students serve in paid or volunteer roles to make sure the Ithaca Today

program is a success. Each year, parents compliment me on our students for their warmth, insight and engagement. Our current students really make this a special event.

**SK:** How is the college utilizing resources to make the event happen the way it does?

**EM:** The greatest resource that we contribute to this program is our human resource, and I am tremendously proud of the turnout, dedication and commitment to a quality experience that the campus community contributes. There are countless folks across campus who lend their time and expertise to this event.

**SK:** An Inside Look will follow Saturday’s Ithaca Today event. What will that program entail for prospective students?

**EM:** An Inside Look includes a dinner and keynote address by Dr. Sean Eversley Bradwell [assistant professor in the Center for the Study of Culture, Race and Ethnicity], time for prospective students to informally connect with current students and entertainment in the form of our Seth Meyers event.

**SK:** What’s the difference between Ithaca Today and An Inside Look?

**EM:** Ithaca Today provides participants with an understanding of the college and helps answer any outstanding questions they may have. An Inside Look builds on that program to explore the college experience from the perspective of an underrepresented ALANA student.

**SK:** Seeing as someone with such a high profile as Seth Meyers will be on campus April 12, will security throughout campus be different?

**EM:** We expect an event that will be both safe and well organized, and hope that it will be a highlight of the semester for our students.



MAGUIRE

.....

THE ITHACAN

THE DEADLINE FOR APPLICATIONS FOR PAID POSITIONS ON THE ITHACAN’S EDITORIAL BOARD FOR 2014-15 HAS BEEN EXTENDED.

Positions still available include:

CHIEF COPY EDITOR

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OPINION EDITOR

ASSISTANT DESIGN EDITOR

ASSISTANT MULTIMEDIA EDITOR

YEAR IN REVIEW EDITORS

.....

Applications are available at the reception desk in the Roy H. Park School of Communication’s dean’s office. Completed forms, accompanied by a resume, should be returned to the dean’s office by **5 p.m. on Monday, April 7**, for all positions. Students from all majors are welcome and encouraged to apply. Please address any questions to Jack Curran, incoming editor-in-chief, at [jcurran1@ithaca.edu](mailto:jcurran1@ithaca.edu).



# UPSTATE NEW YORK TECH CAREER CONNECTION

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ITHACA COLLEGE

Office of Career Services

# Studying abroad?



## **STUDENTS PLANNING TO STUDY ABROAD IN SUMMER/FALL 2014:**

Study Abroad Orientations are mandatory for all students going on an IC short term, exchange, affiliated or non-affiliated program in the Summer or Fall of 2014.

Choose the sessions that work best with your schedule, and be sure to sign in when you arrive.

### **Traveling Abroad**

Tuesday, April 8

12:10-1:00

Textor 101

Thursday, April 24

12:10-1:00

Textor 101

Monday, April 28

6:00-7:00

Textor 101

### **IC Details**

Thursday, April 10

12:10-1:00

Textor 101

Monday, April 28

7:00-8:00

Textor 101

Thursday, May 1

12:10-1:00

Textor 101

### **International Health Insurance**

(required if going on an IC, exchange or an affiliated program other than IES)

Tuesday, April 22, 12:10-12:45, Textor 101

Monday, April 28, 5:30-6:00, Textor 101

For more information, contact the Office of International Programs  
214-2 Center for Health Sciences ~ 274-3306

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# College & City

## Junior Jack Curran named The Ithacan editor-in-chief

The Ithaca College Board of Publications has named junior Jack Curran the editor-in-chief of *The Ithacan* for the 2014–15 academic year. The Board made its decision at the conclusion of its March 25 meeting in Newsroom 220, where Curran was interviewed as the only candidate for the position.



CURRAN

Curran will begin his duties as editor-in-chief at the end of the semester.

## Nine colleges to take part in business competition

The Upstate Venture Capital Association of New York is coming to Ithaca College April 8 to host a competition among nine colleges in the Central New York region. The entrepreneurship event, held in Emerson Suites, is called “Tomorrow’s Leaders: Student eShip in CNY” and will feature keynote speaker Hamdi Ulukaya, founder and CEO of Chobani.

Student startup teams from Ithaca College, Binghamton University, Clarkson University, Colgate University, Cornell University, SUNY Cortland, LeMoyne College, Syracuse University and Tompkins Cortland Community College will pitch their ventures to a panel of eShip alumni. Confirmed so far as judges are Patrick

Ambron, Syracuse alumnus and CEO of Brand-Yourself; MacLaren Cummings, CEO and co-founder of Terakeet; and Tim O’Neill, managing partner of Golden Seeds.

A networking event for students, faculty and staff to learn more about the event sponsors will begin at 4 p.m.

Event sponsors include Ithaca College, Envisage Information Systems, The Business Council of New York State, Miller Mayer Attorneys at Law, The Central New York Business Journal, Colgate University, Cayuga Nature Fund, Cornell University and Tompkins County Area Development.

## Students to run dodgeball to benefit Ithaca charity

Registration for a student-run dodgeball tournament to benefit the Family Reading Partnership of Ithaca is open until April 20. The tournament will be held from 1–4 p.m. April 27 at the Lehman Alternative Community School on Chestnut Street in Ithaca.

Sophomores Ryan Zaploski, Casey Gavin, Bryan Baiman, Brian Belvin and Brian Borders and senior Brandon Cheeseman are organizing the event as a project for a class, Sport Event and Faculty Management. The tournament is structured as a double elimination bracket with teams of six, and winning teams will receive prizes.

Players must pay an entry fee of \$10, but all participants who pre-register will receive a free T-shirt at the event. Participants should give their registration information and

payment to Mary Bennet in Hill Center G56 or Nikki Bonanni in Hill Center G43.

## Committee begins search for next Cornell president

The search process for Cornell University’s 13th president began with the March 28 Board of Trustees meeting, when chairman Robert Harrison shared the names of the members of the new Presidential Search Committee.

The search committee, led by Jan Rock Zubrow, will find a replacement for current president David Skorton, who announced his resignation effective July 2015 to become secretary of the Smithsonian Institution.

A subcommittee of the Presidential Search Committee interviewed search firms and selected Spencer Stuart to assist Cornell.

## Visiting scholar to read from social justice works

In a presentation called “A Voice for Freedom,” human rights activist Sonali Samarasinghe will give a reading at 5:30 p.m. April 9 in the Handwerker Gallery, where she will read from her new poetry chapbook and upcoming non-fiction work on issues surrounding Sri Lankan media and politics.

Samarasinghe serves as the Ithaca College Honors Program’s



SAMARASINGHE

International Visiting Scholar in Residence, as well as the Ithaca City of Asylum’s writer in residence. Her first book published in the U.S., “The Land My Father Gave Me,” from the Ithaca press Vista Periodista, contains an introduction written by Katharyn Machan, professor of writing at the college.

Also an award-winning lawyer and journalist, Samarasinghe worked in these fields in Sri Lanka for 20 years focusing on human rights and women’s issues. After her husband, a high-profile attorney and activist for freedom of the press, was assassinated, she fled the country in 2009. In the U.S., she created a website called Lanka Standard, which is dedicated to open coverage of Sri Lankan events.

The Honors Program works with the Ithaca City of Asylum to bring an International Visiting Scholar to the School of Humanities and Sciences. The event featuring Samarasinghe is free and will include a reception.

## Red Cross drive to accept blood donations April 11

The American Red Cross will host a blood drive from 10 a.m. to 5 p.m. April 11 in the Fitness Center. Anyone who wishes to donate may call 1–800–REDCROSS or email redcross@ithaca.edu to set up an appointment prior to the blood drive. Donors can also visit the Red Cross table from 9 a.m. to 3 p.m. April 3–9 in the Campus Center.

Someone in the United States needs blood every two seconds. Eligible donors make up only 38

percent of the population, and 8 percent of the entire population gives blood, according to statistics from the Red Cross.

Individuals with disabilities requiring accommodations should contact Cynthia Smith at csmith@ithaca.edu or 607–227–3713 as soon as possible.

## Thieves hold gun to victim in robbery on State Street

The Ithaca Police Department is still investigating an armed robbery that occurred March 28 in the 200 block of West State Street in the City of Ithaca.

Tompkins County Sheriffs Department deputies responded at about 1:52 a.m. to South Applegate Road to a victim who reported being held at gunpoint while two offenders stole his vehicle, a blue 2005 Volvo V70 SUV.

IPD officers then interviewed the victim, who said he was sitting in his vehicle in a parking lot on West State Street when a female appeared at the driver-side window with a handgun pointed at him. She ordered the victim to sit in the passenger seat while a male entered and sat in the seat behind the victim, pressing another gun to the back of his head. The female then drove the three of them toward Elmira, stopping in the middle of the road in the 300 block of South Applegate Road to drop off the victim and continue driving.

Anyone with information that would aid this investigation should contact the Ithaca Police Department at 607–272–3245.

# Public Safety Incident Log

SELECTED ENTRIES FROM  
MARCH 8 TO MARCH 17

### MARCH 8

#### MEDICAL ASSIST/ILLNESS RELATED

LOCATION: Terrace 9  
SUMMARY: 911 center reported person with severe abdominal pains and light-headedness. Person was transported to CMC by ambulance. Patrol Officer Jonathan Elmore.

#### LARCENY

LOCATION: East Tower  
SUMMARY: Caller reported unknown person stole fire extinguisher. Investigation pending. Patrol Officer Jonathan Elmore.

#### CRIMINAL MISCHIEF

LOCATION: Substation Road  
SUMMARY: Caller reported unknown person damaged light pole. Investigation pending. Master Patrol Officer Chris Teribury.

#### UNLAWFUL POSSESSION MARIJUANA

LOCATION: Clarke Hall  
SUMMARY: During health and safety inspection, caller reported finding marijuana. One person judicially referred for unlawful possession of marijuana. Master Patrol Officer Chris Teribury.

#### UNLAWFUL DEALING FIREWORKS

LOCATION: Emerson Hall  
SUMMARY: During health and safety inspection, caller reported finding fireworks. Two people judicially referred for possession of fireworks. Patrol Officer Catherine Cardinal.

#### LARCENY

LOCATION: Friends Hall  
SUMMARY: Caller reported unknown

person stole the caller’s wallet. Investigation pending. Patrol Officer Jonathan Elmore.

#### UNLAWFUL POSSESSION MARIJUANA

LOCATION: Clarke Hall  
SUMMARY: During health and safety inspection, caller found marijuana paraphernalia. One person judicially referred for unlawful possession of marijuana. Sergeant Ron Hart.

### MARCH 9

#### OFF-CAMPUS INCIDENT

LOCATION: All Other  
SUMMARY: A caller reported a two-car property damage MVA happened March 7. Report was taken. Master Patrol Officer Brad Bates.

### MARCH 11

#### ARSON

LOCATION: Garden Apartments  
SUMMARY: Officer reported unknown person burned some cloth material off a bulletin board between Feb. 21 and March 11. Investigation pending. Master Patrol Officer Chris Teribury.

#### OFF-CAMPUS INCIDENT

LOCATION: All Other  
SUMMARY: Officer reported two-car property damage MVA occurred March 7. Report taken. Master Patrol Officer Bruce Holmstock.

#### V&T VIOLATION

LOCATION: Grant Egbert Blvd  
SUMMARY: Caller reported two-car personal injury MVA. Officer issued one driver uniform traffic ticket for Ithaca

Town Court for following too closely. Medical assistance was declined. Master Patrol Officer Don Lyke.

### MARCH 12

#### FIRE ALARM ACCIDENTAL

LOCATION: Campus Center  
SUMMARY: Simplex reported fire alarm. Activation was caused by burnt food. System reset. Security Officer Chris Lemore.

### MARCH 13

#### DRUG VIOLATIONS

LOCATION: Circle Apartments  
SUMMARY: Caller reported odor of marijuana. One person judicially referred for violating drug policy. Patrol Officer John Elmore.

#### RECLASSIFICATION OF CRIME

LOCATION: Terraces  
SUMMARY: An officer reported that the incident originally reported March 7 as a case of “larceny” was reclassified to a case of “burglary.” Patrol Officer John Elmore.

### MARCH 14

#### FOUND PROPERTY

LOCATION: Athletic and Events Center  
SUMMARY: Officer found ring and turned over to the Office of Public Safety. Unknown owner.

### MARCH 16

#### FIRE ALARM-FIRE/FLAME/IGNITION

LOCATION: Circle Apartments  
SUMMARY: During a fire alarm

investigation at 1:10 p.m., an officer reported a fire did occur in a second apartment. The cause was a lit match that scorched the carpet. IFD was notified and system was reset. Sergeant Ron Hart.

#### MEDICAL ASSIST/INJURY RELATED

LOCATION: R-Lot  
SUMMARY: Caller reported falling on ice and injuring ankle. Medical attention declined. Patrol Officer John Elmore.

#### MEDICAL ASSIST/INJURY RELATED

LOCATION: R-Lot  
SUMMARY: Caller reported falling on the ice and injuring elbow and face. Medical attention declined. Patrol Officer John Elmore.

#### FIRE ALARM-FIRE/FLAME/IGNITION

LOCATION: Circle Apartments  
SUMMARY: Simplex reported fire alarm. Activation caused by a tea kettle that melted on the stove, fell to floor causing damage to linoleum. System reset. Patrol Officer John Elmore.

#### FIRE SAFETY-RELATED OFFENSES

LOCATION: Circle Apartments  
SUMMARY: Caller reported a person burning a candle. One person judicially referred for creating hazardous condition. Sergeant Ron Hart.

### MARCH 17

#### CRIMINAL DRUG POSSESSION

LOCATION: Circle Apartments  
SUMMARY: During fire alarm activation, officer reported smoke detector had been tampered with and the odor

of marijuana. One person arrested for criminal possession of a controlled substance, criminal possession of marijuana and unlawful possession of weapon on school grounds. Person was immediately arraigned in the Ithaca Town Court and released on their own recognizance. This person was also judicially referred. Patrol Officer Eric Willman.

#### MEDICAL ASSIST/ILLNESS RELATED

LOCATION: Landon Hall  
SUMMARY: Caller reported an infection from cut received. One person transported to CMC by ambulance. Patrol Officer Eric Willman.

#### DRUG VIOLATIONS

LOCATION: East Tower  
SUMMARY: Caller reported person feeling ill. One person transported to CMC by ambulance and judicially referred for drug violation. Master Patrol Officer Don Lyke.

#### FOR THE COMPLETE SAFETY LOG,


For the complete safety log, go to [www.theithacan.org/news](http://www.theithacan.org/news).

### KEY

CMC - Cayuga Medical Center  
MVA - Motor Vehicle Accident  
V&T - Vehicle and Transportation  
IPD - Ithaca Police Department  
TCSO - Tompkins County Sheriff’s Office  
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Guest Speaker Loral Crowder, M.S.W.  
Presented by the Asian American Alliance  
7:00PM Clark Lounge


APRIL 16

"Focus on Intersectionality"  
A Collaboration with Created Equal  
Presented by the Asian American Alliance & Created Equal  
7:00PM Klingenstein Lounge


APRIL 19

"Focus on Celebration: ASIA NIGHT"  
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7:00PM Emerson Suites

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EDITORIALS

BOOKS TURN PAGE FOR PRISONERS

Campaigns to educate prisoners by organizations like IC Save the Books present a method of reducing prison populations with little cost to taxpayers

A group of Ithaca College students formed a new organization, IC Save the Books, in January with the purpose of improving education among inmates in New York by donating books to prisoners.

IC Save the Books is following in the footsteps of the former Ithaca-based activist group Books Thru Bars, which dissolved in December because of a lack of volunteers. Despite what may seem like community disinterest, the efforts of IC Save the Books to educate inmates could contribute greatly to prison reform efforts in Tompkins County.

According to the National Assessment of Adult Literacy, more than 60 percent of prison inmates cannot read beyond a basic level. An August 2013 Rand Corporation study also showed that prisoners who participate in educational programs while incarcerated are 43 percent less likely to become repeat offenders. Creating educational initiatives in prisons may slow growth of the U.S. prison population, which more than quadrupled between 1980 and 2000, according to the Justice Policy Institute.

Some people who stand against prison reform argue that prisoners don't deserve a subsidized education when college students in the general population are swimming in debt.

Regardless, organizations like IC Save the Books provide education to prisoners, and thereby potentially help reduce the prison population, without funneling money into prisons. Book donations can help improve literacy with no cost to taxpayers.

Greater participation in organizations, like IC Save the Books, that attempt to remedy prisoner education, could contribute one of many initiatives needed to solve America's prison problems.

BETTER OFF TEDx

Ithaca College's TEDx event and license opens the college up to local and international academic collaboration

Ithaca College held its first TEDx event, an independently organized version of the global Technology, Entertainment and Design Talks conferences, March 22. This event increases the international visibility of the college community and connects the college to the Ithaca community by inviting local residents to participate as speakers.

Locally, this TEDx event gave Ithaca residents a chance to present at the college. By bringing college students and local residents into a collaborative and creative environment, the TEDx license presents another opportunity to connect with the City of Ithaca and Cornell University.

The online TEDx community presents an international network for academics to share ideas. The 16 TEDx Ithaca College speakers will become part of this community alongside other online TEDx lecturers, allowing Ithaca and the college a chance to enter this global network.

The college should use its TEDx license to hold as many future events as possible. It should also use the March 22 event as impetus to bring more local thinkers to campus, who can promote stronger ties between college and community by knowledge sharing and working with students and faculty.



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Letters must be 250 words or less, emailed or dropped off by 5 p.m. Monday in Park 220.



SNAP JUDGMENT

What resources should the college give to support same-sex married employees, besides tax returns?



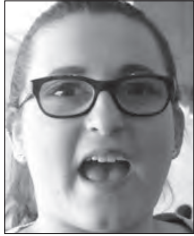
"SAME-SEX MARRIED FACULTY MEMBERS SHOULD NOT BE TREATED DIFFERENTLY THAN ANY OTHER FACULTY MEMBER."  
**ALISA POPPLE**  
INTEGRATED MARKETING COMMUNICATIONS '16



"RESOURCES SHOULD BE THE SAME FOR EVERY PERSON, NO MATTER WHAT THEIR SEXUAL ORIENTATION."  
**OLIVIA BLEES**  
TELEVISION AND RADIO '17



"WHATEVER IS SUPPLIED TO ANYONE SHOULD BE AVAILABLE TO ANYONE."  
**BEN VAN DE WATER**  
MUSIC COMPOSITION '14



"THERE SHOULDN'T BE SPECIFIC BENEFITS GIVEN TO SAME-SEX COUPLES OR OPPOSITE-SEX COUPLES. EVERYONE SHOULD RECEIVE THE SAME BENEFITS."  
**SARI STIFELMAN**  
THEATER STUDIES '15



"I BELIEVE THE SAME SAFETY AND BENEFITS SHOULD BE GIVEN TO ALL COUPLES, NOT DEPENDENT ON THEIR SEX, GENDER OR CREED."  
**TODD PISKIN**  
THEATER ARTS MANAGEMENT '14

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GUEST COMMENTARY

# Cuba myths keep Americans trapped in past

The noise of an engine of a vintage Chevy sounds like popcorn popping uncontrollably in a kettle. Marc Anthony’s “Vivir Mi Vida” blasts from scratchy speakers inside many homes. Vivacious boys sword-fight with sticks, wearing nothing but their Spider-Man underwear. Walking down the streets of Havana, Cuba, these signs of life can be seen and heard.



CANDACE KING

Sometimes, I wonder if I am in the same place some Americans told me about when I first said I was studying abroad in Cuba. It seemed like everyone had a remark to make about Cuba. “Poor,” “isolated” and “dangerous” were among the many words used to describe this island. The assumptive tales they told of Cubans were equally disturbing: “Some Cubans won’t like you because you are American,” “Cubans are very aggressive” or my favorite, “Don’t talk about politics, or you’ll get thrown into a Cuban jail.” These comments were astounding. How is it that Americans still have so much to say about an island they know so little about?

Cuba is not a closed-off, crumbling island. In my time here, I have had an opportunity to witness each of these misconceptions lose merit.

Currently, I live in an apartment with a Cuban family, which has given me an opportunity to intimately engage with their culture.

In nights out with my Cuban friends, it’s not unusual for politics to become a part of bar conversation. Many Cubans are not afraid to voice their opinions. Cubans are not hostile toward those who may share a different opinion.

Another common belief is that life in Cuba is like a blast from the past. This might be true of the vintage cars and architecture, but certainly not of the people and the way of life. Cubans are in fact contemporary, from news to music to fashion.

Some Americans also think Cuba is very



Visitors tour the Plaza Vieja in Havana, Cuba. Junior Candace King believes American misconceptions of Cuba prevent the two countries from progressing beyond their negative political pasts.  
COURTESY OF CANDACE KING

underdeveloped. There are some places in Cuba that exist with little resources. But in Cuba, I have encountered restaurants equipped with modern fixtures and servings that include the most cosmopolitan delicacies. There are malls with imported luxuries like perfumes and brand-name clothes.

Yet most people think Cuba is isolated technologically. Accessing the Internet in Cuba can be expensive and inconvenient. Thirty-minute Internet cards cost 2.50 CUC, which is equivalent to about \$2.50. On average, Cubans make only 20 CUC a month. But many, especially young people, manage to get their fix.

Indeed, Cuba is no paradise. I would argue that no country really is. But going to Cuba is not defection from the U.S. government.

As products of a capitalist or, as some Cubans often remark, imperialist society, Americans find

it difficult to puncture the myths that twist the cultural and political realities of Cuba. The narrative that “Cuba is the enemy” is maintained by the U.S. government so that its economic sanctions against the island can be justified.

Living in these misconceptions leaves Americans stuck in a Cold War time trap, which keeps us from moving forward and building relationships as global citizens. While it’s impossible to undo the political strife between the U.S. and Cuba overnight, one way to begin is by having an open mind to think outside of modern misconceptions. When we are ready to experience a life outside of our own comfort, we can begin to rebuild bridges of reconciliation and understanding.

**CANDACE KING** is a junior journalism major. Email her at cking2@ithaca.edu.



FRANCES JOHNSON

## Essay industry cheats students

Essay writing comes easier to some than others. For those struggling with writing lengthy papers, there are now online services that should have professors on the lookout for suspicious essays.

Colleges and universities have legal obligations to detail the consequences of cheating and plagiarism. But some students are straying from producing their own work by paying professionals to write their papers for them.

The University of North Carolina at Chapel Hill came under fire March 27 when a former tutor revealed a 146-word final essay written by a football player was directly copied from a children’s book about Rosa Parks. ESPN reported that UNC has allowed student athletes to cheat their way through college in order to remain eligible for varsity athletics since the 1990s. The news should have focused on professors who are directly assisting students, even non-athletes, in cheating and anonymously helping behind a screen.

A web search for “write my essay” yields hundreds of results that will offer the services of anonymous professionals to write original research papers. Procrastinating students outline the requirements for a paper in a forum and pay writers either with a bid or a set price. In general, these websites boast papers written by professionals holding Master’s degrees or above.

The ultimate question is whether or not these services are actually considered cheating or plagiarism. According to a 2012 article in *The Atlantic*, teachers and professors expect original work but never specify whose original work it has to be. These essay writing websites provide original papers for students who are paying for them. But because it is not a student’s original work, it is still considered cheating if discovered. Under Ithaca College’s academic code of conduct, handing in someone else’s work is academic dishonesty.

Above all, this practice is unethical. Some students are willing to pay hundreds of dollars each semester to cheat their way to school on top of thousands of dollars for college tuition. When a student uses an essay writing website, it wastes the time for professors grading unoriginal papers. It is also a waste of money for students and possibly their parents if students are caught.

Essays can be difficult to write. But if a student is in college, he or she should be capable of writing them without assistance. By avoiding essay writing, students lose a skill that is a part of everyday life, and they will only see their bank accounts depleting.

**FRANCES JOHNSON** is a sophomore journalism and politics major. Email her at fjohns1@ithaca.edu.

GUEST COMMENTARY

# Environmental reform must follow United Nations report

The Intergovernmental Panel on Climate Change, overseen by the United Nations, released a truly horrific report this week on humanity’s future in relation to global climate change. The report states that human interference with the climate system is occurring and that climate change poses a risk for humanity and the world’s natural systems.

While the U.N. is consistently advocating for worldwide government policy changes, such as limiting greenhouse gas emissions, countries around the world, especially the United States, are slow to react and to make the changes necessary for human survival.

The U.S. government has still failed to sign onto the 1997 or the 2012 Kyoto Protocol, an international agreement that requires signatories to reduce their carbon emissions, because of lobbying from American corporations benefiting from climate change. But such failures are leading to the major climate issues described by the U.N. in its report. These major climate issues have ramifications on all aspects of our world.

The U.N. predicts a large percentage of species faces an increased risk of extinction under projected climate change in the future, especially when climate change meets other environmental stressors like habitat modification,



Freshman Joshua Kelly believes the United Nations’ report on climate change effects should push the United States to develop environmental policies.  
COREY HESS/THE ITHACAN

over-exploitation of resources, pollution and invasive species.

Ecosystems and the organisms living within them, however, are already being affected by the horrors of climate change. According to the World Wildlife Fund, between 10,000 and 100,000 species go extinct on Earth per year, which is 1,000–10,000 times higher than the natural extinction rate. Most of these extinctions are caused by deforestation, the death of coral reefs worldwide and extreme land erosion and degradation.

Instead of producing policies that will protect these ecosystems and organisms, however, the U.S. has discussed a bill that would halt the creation of new national parks and monuments, which

protect American wilderness and its ecosystems. Many right-leaning representatives in Congress have attempted to halt this process because they believe the formation of national parks is occurring too frequently, despite the fact that Congress has not protected a single acre of public lands since 2009.

The U.N. report states that with increased warming, some physical systems may be at risk of sudden and irreversible changes. Ecosystems, private property and general infrastructure could be demolished by severe weather patterns or rising seas, which are, without doubt, occurring because of man-made climate change. Weather patterns and rising seas may displace millions of individuals who live on

the coastline or below sea level. The U.S. has spent an exorbitant amount of money over the past decade on infrastructure repairs after storms but has not drafted policy to prevent the climate change that causes this damage.

The 68 many authors of this publication are in agreement: Unless we do something to halt climate change now, it will be too late if we wait any longer. With this report, the U.N. calls for all governments to accept climate change as fact and work to lessen their impact and their corporations’ impact on the environment. If industrialized countries like the U.S. do not begin prioritizing the environment and human lives above profit and growth, humanity may be irrevocably doomed to extinction.

This issue does not, however, merely stem from government. Each individual must make sustainable choices in their homes, when shopping and in their everyday lives, and Ithaca College must continue to find and embrace new ways to become more sustainable and eco-friendly. All members of society must now realize that we all must work to reverse climate change, so that life and human civilization shall not perish from the earth.

**JOSHUA KELLY** is a freshman politics major. Email him at jkelly6@ithaca.edu.



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# Gaypril 2014



Center for Lesbian, Gay,  
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It's so big it can't be contained in just one month. Note that several events are taking place in the local Ithaca area community as well, please contact the sponsors of those events directly for additional info or to request accommodations. Many groups, offices, and individuals contribute to LGBT Awareness Month. The current list of offerings is below, with more details coming soon. Please contact the sponsoring group directly for more information. The most up to date list can always be found at [www.ithaca.edu/sacl/lgbt/events/lgbtaware/](http://www.ithaca.edu/sacl/lgbt/events/lgbtaware/)

**Tuesday March 4 , Klingenstein Lounge, 7:30 p.m.**  
Lev Raphael speaks on "The Burden of Inherited History" of the Holocaust for future generations. Lev Raphael writes extensively about gay Jewish identity.

**March 17- April 11**  
Strange Bedfellows art exhibition in the Handwerker Gallery on campus, featuring visits by several queer and trans artists throughout this time. The exhibition can be enjoyed any time the Gallery is open.

**March 18, Handwerker Gallery, 6 p.m.**  
Strange Bedfellows Curatorial talk by Amy Cancelmo

**Cornell University Speaking of Sex**  
Human Sexuality Archives Exhibition and Events:  
February 14 through October 11, 2014  
Hirshland Exhibition Gallery, level 2B

**March 20, Handwerker Gallery, 4:30-6:30 p.m.**  
Strange Bedfellows Opening Reception

**March 22, Emerson Suites, 7 p.m.**  
Prism's Drag Show

**March 25**  
Downtown Ithaca at the Tompkins County Public Library,  
101 E. Green St., Ithaca, 6- 8 p.m.  
Legal rights of LGBT Families: A Look at the impact  
of United States v. Windsor on the LGBT community

**March 26, Textor 103, 7 p.m.**  
Screening of Overruled! The Case That Brought  
Down Sodomy Laws

**March 27, Handwerker Gallery, 6 p.m.**  
Artist talk with Amos Mac, Founder of Original Plumbing  
and Translady Fanzine

**April 1, Handwerker Gallery, 6:30 p.m.**  
Artist talk with Chris Vargas and Greg Youmans of Falling in  
Love with Chris and Greg

**April 1, Clark Lounge, 7 p.m.**  
Created Equal Vigil

**April 2, Handwerker Gallery, 6 p.m.**  
Artist talk with Sean Fader

**April 5, Cinemapolis, downtown, 4:20 p.m.**  
FLEFF Event: Okruzenie: Pussy Riot, Sochi Olympics, and  
Anti-Gay Politics in Putin's Russia.

**April 6, Cinemapolis, downtown, 7:20 p.m.**  
FLEFF Event: Fire in the Blood: An intricate tale of  
'medicine, monopoly and malice'

**April 7, Handwerker Gallery, 7 p.m.**  
As a part of the LGBT Center's Out of the Closet  
and Onto the Screen film series  
Filmmaker Eliza Greenwood and her colleague Connor  
Gillis, who will screen the film "Austin Unbound" and  
provide a Q&A about the making of the film, and about  
the lives of deaf transgender people.

**April 10, Handwerker Gallery 6 p.m.**  
Artist talk with Tara Mateik

**April 11, Center for Health Promotion near the LGBT  
Resource Room:** Anonymous HIV Testing Day for students.  
You can make an appointment for the morning, or just  
walk-in during the afternoon.

**April 25, Clark and Klingenstein Lounges, Campus Center, 7 p.m.**  
The Rainbow Reception: The event where we honor  
graduating LGBT and allied seniors and grad students.  
All are invited, especially students who are not yet  
graduating! RSVP REQUIRED IN ADVANCE sign up at:  
[alumni.ithaca.edu/rainbow\\_reception\\_2014](http://alumni.ithaca.edu/rainbow_reception_2014)

**April 26, Clark Lounge, Campus Center, 7 p.m.**  
LGBTQ Pride Prom  
It's never too early to begin planning your prom outfit!  
And, make your music needs known - list them on the  
sheet on the Resource Room door that the DJ has posted.

**April 24th-27th**  
IC Greens, staging The Laramie Project

**April 28th**  
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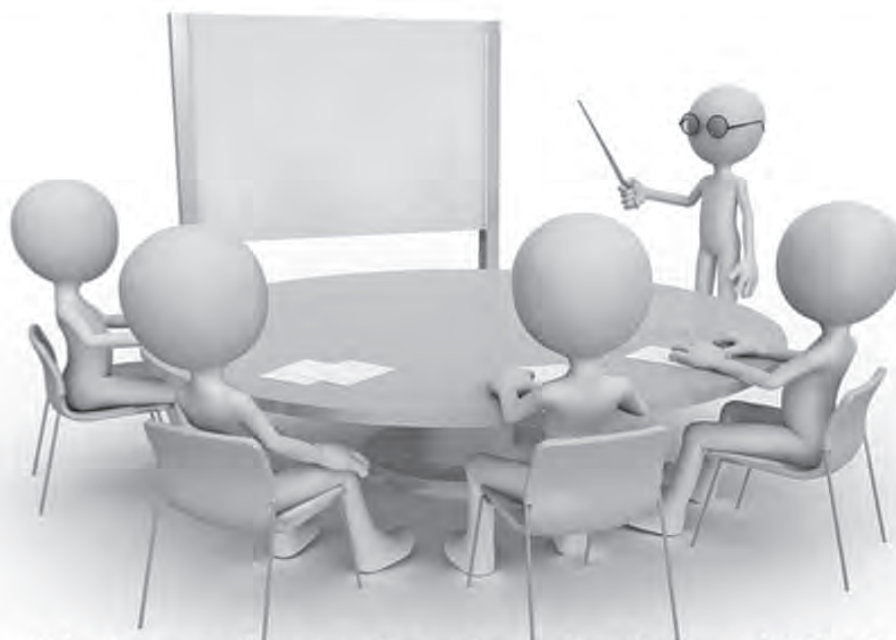






PHOTO ILLUSTRATION BY MARIANNA DUNBROOK AND TUCKER MITCHELL

# SHAPE UP

## Students share their weight-loss journeys

BY FAITH MACIOLEK  
STAFF WRITER

Senior Alyssa Frey used to look in the mirror and not like what she saw. She hated going into stores and looking at herself in clothes that didn't fit or feeling like she couldn't contribute to her cheerleading team because of her size.

Frey had been overweight since sixth grade and tried everything from eating only 1,200 calories a day to cutting out cheese from her diet. After coming to Ithaca College, she soon had a boyfriend and friends who loved her and a cheerleading team that supported her. Even though she was unhappy with her appearance, she didn't feel like she needed to change for anyone but herself.

Frey had heard about the "freshman 15," of course. A combination of dining hall food and the constant temptation to order cookies at midnight proved to her the rumor was true. But the "freshman 15" soon became 25, 30 and, before she knew it, more than 40 pounds, which Frey had gained in her first year at the college.

She was, in her own words, "complacent." She blamed the washers in Talcott Hall for shrinking her jeans. But when she went home for summer break between freshman and sophomore year, her doctor told her, at 5-feet 2-inches tall, she weighed 211 pounds.

"I sat there and I was like, 'Oh my god,'" Frey said. "I think I went to school at 165 [pounds]."

Cathy Saloff-Coste, Ithaca College's dietician and nutrition consultant, said there is a range of healthy weights for people of different heights in reference to their body mass index.

"If they're overweight relative to their own growth charts really, from childhood, the best thing that they can do is establish as quickly as possible a healthy eating pattern and exercise," she said.

As a cheerleader at the college who "lifts weights and people," Frey has lost 65 pounds since she began getting serious about her fitness in the middle of her junior year. Succeeding in school, work and sports, Frey felt that her health was the only part of her life in which she wasn't excelling. What made Frey's weight loss stick was simple: She was doing it for herself.

"It's always been about me, and it's always going to be about me because it's my body and nobody else's," Frey said. "It's not hard for me to stay motivated ... because I've always been the one to set the goals."

Like Frey, senior Katie Levittan gained 30 pounds her freshman year because of dining hall food and ordering unhealthy meals every week online. By the end of her freshman year, she weighed more than 220 pounds at 5-feet 5-inches tall. She hated her chubby face and stomach, and while she noticed her clothes began getting tighter, it was a health scare during her sophomore year that made Levittan get serious about fitness.

Levittan discovered a lump on her right breast right before her midterms, which prompted her to undergo a mammogram and biopsy. While the tumor was benign, it scared her enough to make a change because obesity can lead to a higher risk of cancers, according to the National Cancer Institute.

She began running on the treadmill and doing ab workouts while cutting out foods that are high in carbohydrates such as cheese, pasta and bread. Both her desire to be healthy and her fear keep her motivated, Levittan said.

"I'm terrified of gaining the weight back that I lost," she said.

Upon hitting her goal weight of 140 pounds in February, Levittan has now lost more than 80 pounds after two years of improving her lifestyle.

One thing the two women agree on is that their journeys were not diets; they were lifestyle changes. Frey said she had an obsession with numbers and calories, reading the nutrition labels on everything she ate for five months, but then realized that counting calories was not helping her.

"I started by counting the numbers and being obsessed with the numbers, and then learning that it wasn't about the numbers," Frey said.

Levittan agreed that having a restrictive calorie count

eating, then you probably shouldn't be putting it in your body," Frey said. "If I want to make cupcakes, I have to make them from scratch because I know if I make a box mix it's going to have all these weird preservatives."

Levittan no longer cuts any food out of her diet, believes in cheat days and never denies herself something she wants in moderation. She eats at least two eggs a day and has sauteed vegetables with almost every meal. Levittan is a fan of cardio and said it is now a stress reliever for her. She works out three times a week, varying between workouts like Jillian Michaels DVDs, which involve a mix of cardio and weight training, and Zumba. Having been in this healthy lifestyle for two years, Levittan said she no longer even craves sweets and junk food, preferring healthier alternatives instead.

Frey said it is not about depriving herself of the food she wants to eat, but eating everything in moderation. It's not realistic as a college student to say she will not eat pizza or a brownie, she said.

"You shouldn't have to give up things that you like to achieve the goals that you want, because that doesn't make sense," Frey said. "I hate eating salad because it's boring ... But I eat it because I know that it's good for me, and that when I eat salad I can also eat cupcakes."

Saloff-Coste said making smart decisions in the dining hall can be difficult because of all the choices, but knowing what a person should have on his or her plate can help manage weight.

"You're looking for a protein source and complex carbohydrates with some fruits and veggies, possibly with some low-fat milk for calcium," she said.

Saloff-Coste also suggests eating slowly to give the body the 20 minutes it needs to determine if it's still hungry.

When Frey's friends ask her how she lost all the weight and beg her to reveal her "secret," she tells them the truth: there is no secret. She believes in the "You get back what you put in" mantra and that people need to eat food that's real, get off their butts and go to the gym. Setting small goals is the key to staying on track for the long run.

Levittan said when she was at her heaviest her freshman year, the idea of losing 80 pounds was terrifying. But less than two years later, she had done it.

"At first it was like, 'I want to hit this goal weight,' but at this point, I don't even care about it anymore," Levittan said.

She said the number on the scale doesn't matter anymore; what truly matters is that she is finally comfortable in her body.

Levittan and Frey both said other than feeling healthier and more self confident, one of the biggest rewards of the weight loss has been seeing people they haven't seen in years and the reactions they receive.

"On like the shallowest level it's very nice to be able to see someone who I haven't seen in a year and have them [say] ... 'Are you even the same person?'" Levittan said. "It's really nice to not be 'the fat girl' anymore."



Left: Senior Alyssa Frey (left) poses with Christina Neist '13 in 2010 before Frey improved her diet.



Right: Frey, posing with freshman Alex Sprague, has lost more than 40 pounds in two years.

COURTESY OF ALYSSA FREY

doesn't work in the long run, because no person wants to do that for the rest of his or her life.

"Strict calorie counting is just mentally exhausting," Levittan said. "It becomes an obsession that truly is just not healthy."

Both Frey and Levittan said the most important aspect of their fitness was making sure they were feeding their bodies right. Without the proper fats and proteins in their diets, they would not have been able to work out enough to actually lose the weight. Both women cited moving off campus as a major step forward in their lifestyle change. They were able to make healthier choices and cut preservatives and chemicals out of their diets by cooking their own food.

"If you can't pronounce the words of the things that you're





How low can you go?

Junior Natalie Lazo leans back during a game of limbo March 28 during “Jukebox Jive: Shake, Rattle and Roll!,” a night of retro fun hosted by IC After Dark in IC Square. Visitors were treated to 1950s-era activities, including themed giveaways.

JIMMY WANG/THE ITHACAN

Artist of the week

Ron Mueck’s sculpture will demand a double-take, then a triple-take, followed by a lengthy moment of amazement. Mueck, an Australian sculptor, specializes in hyperrealism — sculpture so detailed that viewers may struggle to distinguish the pieces from reality. Mueck is particularly apt at crafting human figures, evident in his massive sleeping self-portrait, “Mask II,” currently on display in The British Museum in London. In addition to his art, Mueck is involved in the production of realistic robots and models, utilizing his uncanny eye for detail to his advantage.



— STEVEN PIRANI

Bandcamping

Assistant Accent Editor Steven Pirani hunts down Bandcamp’s best talent

Bandcamp.com is a big place, boasting thousands of creative minds, all offering their musical visions to anyone willing to listen. There are budding artists for every genre, from rock ‘n’ roll to experimental. However, users will be hard pressed to find another artist on Bandcamp that sounds like the electronic producer Eaves.

Located at his artist page [www.eavesmusic.bandcamp.com](http://www.eavesmusic.bandcamp.com), the nameless producer delivers a brand of sound stuck somewhere between eerie ambience and experimental dance music. A maestro with sampling, Eaves’ albums, “Hiking Trails,” “You” and “GRL,” feature complex and hypnotic soundscapes that evoke a gamut of emotions, ranging from romantic to sinister.

Eaves’ music is available streaming, and can be purchased on a “name your own price” basis, so listeners can pay as much, or as little, as they want.



WTF

BRAIN-FILLED BEER CELEBRATES ZOMBIES

AMC’s “The Walking Dead” has certainly spurred a love for zombies in the hearts of millions, so much so that some fans are ready to add brains to their brew. Dock Street Brewing Company, based out of Philadelphia, has taken it upon themselves to create a tribute beer that only a zombie could love — one made with real brains. “Walker,” as the beer is called, is a blood-red stout packed with tangy cranberries and roasted goat brains. The company claims that the added gray matter delivers a smoky flavor rarely found in other beers. The cranberries give the drink a sanguine color, only adding to the shock-factor. “Walker” boasts a hearty 7.2 percent alcohol content, so drinkers beware: a few too many “Walkers” may just zombify the reckless bargoer.



— STEVEN PIRANI

OMG!

RAREST RAP ALBUM PREPARES FOR TOUR

Rap group Wu-Tang Clan has taken an unorthodox route for the release of its newest album, “The Wu – Once Upon a Time in Shaolin.” The artists have made only one edition of their newest release, which they plan to take on an expansive tour of museums and galleries where listening sessions will be held. The album, which is housed in its own custom-crafted case, will be sold to one buyer once the tour ends. Wu-Tang describes the album as a piece of contemporary art, but if it will bring listeners to museums is yet to be known.



— STEVEN PIRANI

celebrity scoops!

Mama Mia, Mama Mila!

Since the announcement this February that actress Mila Kunis and actor Ashton Kutcher are engaged, gossip blogs and the paparazzi have been swamped in rumors that the “That 70’s Show” stars were expecting a baby. These rumors only intensified once Kunis was spotted leaving prenatal yoga classes in Hollywood. It’s time to put the rumors to rest: Mila Kunis is officially pregnant.

The media’s suspicions were confirmed March 27 after Kunis’ red carpet appearance for the premier of “Jupiter Ascending,” in which she stars as lead protagonist Jupiter. Despite wearing a looser-fitting dress for the event, she couldn’t keep her growing baby bump out of the all-seeing eyes of the paparazzi. Kunis’ due date is yet to be confirmed, but fans can look forward to seeing “Mama Mila” in the near future.

— STEVEN PIRANI



quoteunquote

“My girlfriend and I decided to get matching vagina rings. Mine is killing me, but I spoke to Bruce Jenner and hers is fine.”

— Television personality and comedian Joan Rivers was lewd, as always, as she joined Jimmy Fallon on “The Tonight Show” on March 27, after a 26-year ban from the program.



# Coed a cappella group performs at semifinals

BY KELLI KYLE  
STAFF WRITER

The members of IC Voicestream huddled together, taking deep breaths as a unit and humming an opening note. Heads bowed, feet planted on the stage, it was the group's moment to shine in the semifinal round of the International Championship of Collegiate A Cappella.

IC Voicestream brought its talents to Rutgers University in New Brunswick, N.J., where it competed for the semifinal of the ICCA on March 29. Earlier that month, Voicestream placed second out of 10 regional a cappella groups at the ICCA quarterfinal competition in Syracuse, N.Y., which put the group through to the semifinals last weekend. After performing three songs in front of a panel of judges consisting of music educators, performers and experienced a cappella performers, the group did not qualify for the final competition in New York City.

Despite not advancing to finals, Voicestream had two members place in the quarterfinals. The group's president, senior Drew Kellogg, received the award for Best Solo Overall for "Iscairiot" by Walk the Moon, while senior Drew Zieff received Best Percussion for the set.

John Vogan, a four-year Voicestream member, said it was rewarding to have the group's work recognized.

"That was just really special to have so many other people see what we've done," Vogan said. "For our first time, to advance as far as we did was incredible."

This was Voicestream's first time performing in the ICCA since



IC Voicestream, a coed a cappella group, performs during the semifinal round of the International Championship of Collegiate A Cappella on March 29 at Rutgers University. The group did not qualify for the final rounds in New York City. COURTESY OF IC VOICESTREAM

its founding in 2002. Prior to this competition, Voicestream primarily displayed its work at regional music conferences. Then, last semester, former music director Matt Bailey-Adams '13 decided the group was ready to compete. The first time the group competed was last semester at the A Cappella Showdown at Turning Stone Resort and Casino in Verona, N.Y. The group used this experience as a practice for the spring ICCA competition.

Kellogg said he was hesitant about the idea of competing at first but soon changed his mind after hearing the vocal variety of the new year's roster and subsequently realizing the group's potential.

"It felt like the natural progression was to go compete, and not to compete so that we could win, or to say that we won," Kellogg said. "It was so that we could go and put our music somewhere [so] that people who love a cappella could see it."

With Bailey-Adams' blessing, Voicestream took to its rehearsal room in the James J. Whalen Center for Music and recorded its set list. After, when the group sent in its audition video, it did not know what to expect, Vogan said.

"We were just going into it with a completely open mind ... we were giving it a shot and seeing what came out of it," Vogan said.

In both competitions, Voicestream had 12 minutes to show its

talent. When competing, many groups will usually string together three of their strongest pieces. After viewing some of the previous champions, Voicestream decided the way to create a standout set list was to focus on the meaning behind the music.

"We had to find three songs that we thought described our group well, but that could also tell a story," Kellogg said.

After much consideration, the group decided to perform "Iscairiot," "Home" and "You and I" by Lady Gaga. The first song, "Iscairiot," was a piece that focused on betrayal and sadness while "Home" centered on having a good time and letting the past go. Ending the set was "You and I," a reconciliatory piece that symbolized moving on. These themes were meant to reflect the experiences of Voicestream and its members, which showed in the performance.

Along with its success at competitions, Voicestream also has a CD coming out by the end of this year, covering music from Grace Potter and the Nocturnals, the Goo Goo Dolls and more. With a month left in the semester, the group is now planning to attend more conferences and workshops, including occasional competition in future semesters.

Looking back on the ICCA experience, Vogan said he was happy to end his four years of Voicestream on a high note.

"It's not really about the competition," he said. "I think it was a new outlet for us. But I definitely hope that ... I'll see us continue to grow and maybe compete again."

# Refurbished concert venue replaces Castaways bar

BY JAMES O'HAGAN  
CONTRIBUTING WRITER

Tucked away on the southern tip of Cayuga Lake is Ithaca's latest addition to its popular bar and music scene, The Dock. Formerly a lounge called Castaways, The Dock is a rock 'n' roll bar with a modern feel featuring lustrous, black interior and large, glass doors to illuminate the space. A large stage faces a sizeable space for audiences and a wall-to-wall bar stocked to serve its thirsty guests.

Jason Sokoloff, the owner of the tavern and an Ithaca local, talked about opening a new venue for years with Eric Lee, the bar manager. Lee said The Dock looks to preserve the same upbeat atmosphere that was found at Castaways, including regular concerts for local and signed artists, but in a refurbished space.

Castaways was known for its fun, informal atmosphere, but it lacked the interior maintenance — with a leaky roof, rotting pipes — to stay open, as it closed in late April 2012.

The Dock went through six months of renovations before opening its doors Feb. 24. These renovations included an entirely new PA system, a new plumbing network, complete with new granite countertops in the bathrooms, glass doors to let more natural light into the building, a new ceiling and a window that opens from the bar to a deck overlooking the lake.

Lee said he is no stranger to working in the high-paced environment of a bar. After 25 years of service industry employment in Ithaca, he said he is very excited for

the future of the bar he helped establish, stressing the team's desire to live up to the location's longtime recognition as a venue and bar, and to become even more successful than previous establishments that have occupied the space.

"This building has an incredible history of being a live-music venue, and we want to continue that tradition and maybe take it to the next level," Lee said. "Our goal is to make this spot the premier music venue in Ithaca."

The bar opened its doors with local rock act M-Eleven on Feb. 24 and shortly after had its first gig featuring popular rock band Jefferson Starship on March 20. The Dock has the help of Dan Smalls, a talent buyer in Ithaca, to help create an environment larger than Lot 10 and smaller than The Haunt, both local bars and music venues.

"We're working with Dan Smalls and The Haunt," Lee said. "It's a cool new scene that's starting just now to develop. Ithaca has always had a cool music scene, it has been dormant for a little while now, but we'd like to bring that back. For a small place, there are a lot of talented musicians that come through here."

Castaways was a popular student hangout, and some students have been flocking to The Dock in similar fashion. Senior Leo Oliva used to hang out at Castaways before it closed and said he was thrilled that the spot he had come to love was reopening under a new name.

"The new owners have clearly gone out of their way to improve all the facilities and infrastructure in



The Dock, a music venue and bar, opened Feb. 24 on the southern tip of Cayuga Lake. It aims to provide an upbeat atmosphere to customers and host concerts for local and signed artists. The first band that performed was M-Eleven. ORLANDO LEON/THE ITHACAN

the space, and the vibe is definitely cleaner," Oliva said. "For anyone like myself who had some of their best memories at Castaways, it is impossible to shake the same dive-bar feeling, but the overall atmosphere is, by far, more respectable and clean-cut."

Oliva said his favorite part about the new space is the retreat-like location and warm atmosphere, which was also found at Castaways, but is now nicely designed and more customer friendly.

"The dance floor and stage are

very intimate, making any live music experience special," Oliva said. "The massive back porch always has an awesome scene of people, and the bartenders and staff are super friendly."

Junior Danny Minogue is a hostess at The Dock and has enjoyed hearing the customers' reaction to the new bar so far.

"It just seems like everybody is excited to have this building back," Minogue said. "[Customers] go right out to the dock and talk about how many times they've sat

out on that dock under how many different names."

Minogue said the staff is equally excited to be a part of the new establishment, and they are all working to make it a fun music bar and to bring back the nostalgia of its former years.

"The crowd here has been all about the music," Minogue said. "The sound system is great. You can hear it from all the way in the back just like you're right up front. All the bands have talked about how great it is too. We're all really excited."



# Missing narrative hinders skilled cast

BY EMILY FEDOR  
STAFF WRITER

People misplace things all the time. Sometimes they find the item shortly after noticing their disappearance, but some objects just vanish into thin air, missing, never to be seen again.

“Gone Missing,” the Ithaca College Main Stage Theater’s current production directed by Wendy Dann, assistant professor in the theater arts department, is a quirky, documentary-style musical composed of man-on-the-street interviews with average New Yorkers, all of whom have experienced some sort of loss in their lives. Written by Steven Cosson, with the help of The Civilians, the New York City-based investigative theater company that conducted the play’s interviews, the show demands versatility from the cast members, who each deliver their multiple roles well. But with no concrete storyline to follow, this mosaic of interviews falls a bit flat.

Eight Ithaca College students portray an array of civilians, each with different accents and backgrounds, emphasizing the assorted range of people found in the Big Apple. In this production, the accents are, for the most part, depicted well enough for an audience member to tell where each character is from. With a thick Brooklyn accent, senior Stephen Humes hits the role of a New York City Police Department officer out of the park, providing the play with refreshing bits of comic relief.

Additionally, freshman Lily Waldron and junior Nathaniel Fishburn portray the roles of Teri, a radio talk show host, and Dr. Palinurus, a supposed expert on loss, respectively. Waldron has a sultry voice that demands attention, making it ideal for radio, while Fishburn comes off as a dorky professor trying to be hip. The duo work well together and slide in a few jokes that make audience members chuckle, despite the fact that they are discussing the serious impact that loss can have on an individual. These segments tie the array of stories together while providing an interlude for the show’s musical numbers.

The diverse chorus of voices and the dance

## THEATER REVIEW

“Gone Missing”  
Ithaca College  
Main Stage  
Theater  
Our rating:  
★★★



Radio host Teri (freshman Lily Waldron) speaks with Dr. Palinurus (junior Nathaniel Fishburn) in Ithaca College Main Stage Theater’s production, “Gone Missing,” running until April 5. COURTESY OF SHERYL SINKOW

sequences are by far the highlights of this production. From the beginning of the show, the band, conducted by musical director Joel Gelpe, and the company come in strong with the opening number, “Gone Missing.” Senior Kathryn Allison brings the perfect amount of sass in addition to her powerhouse vocals in the solo number “The Only Thing Missing,” during which she sings to her lost love. Another crowd favorite is “La Bodega,” a Spanish number sung by sophomore Josh Rivera and the rest of the company. A few other musical numbers have their high points, but as the play progresses, its overall quality is weighed down by the play’s nontraditional structure.

This past fall, the Ithaca College Main Stage Theater produced Anna Deavere Smith’s “Fires in the Mirror,” a straight play composed of a multitude of monologues. In a sense, “Gone Missing” and “Fires in the Mirror” are similar because both

are mosaics of the tales of New York City citizens to articulate a common experience among them. However, all of the narratives in Smith’s show connect to create a cohesive plot, whereas “Gone Missing” doesn’t come full circle. The show’s theme of loss is clear. However, it would seem Cosson and The Civilians didn’t devote the same degree of care toward crafting a cohesive tale.

“Gone Missing” is a musical with a structure unlike that of the average theatrical production. It’s filled with talented actors who portray their roles well, attracting audiences with their enthusiastic performances during the show’s musical numbers. However, because of the production’s lack of a central storyline, it tends to drag, ultimately causing it to take a downward spiral.

“Gone Missing” will run until April 5. Ticket prices range from \$5.50–11.

## hot dates

### thursday

**Explorer Louise Adie** will present her collection of photographs documenting her years of Arctic eco-tourism at 7 p.m. in the Ulysses Philomathic Library. The event is free and open to the public.

### friday

**The Rochester Philharmonic Orchestra** will perform at 7:30 p.m. in Ford Hall. The event is free and open to the public.

**The Backtalk Band** will perform rock and Motown music at 9 p.m. at Oasis. Refreshments will be served during the performance. Admission costs \$5.

### saturday

**The 9th Annual Ithaca College High School Gospel Music Festival** will be held at 8:15 p.m. in Ford Hall. Admission is free. The event is open to the public.

**Become a Citizen Scientist**, a workshop held by The Community Collaborative Rain, Hail and Snow Network, will be held from 1–2 p.m. in the Cayuga Nature Center. Admission is free.

### sunday

**The 2014 Pulse Hip Hop Showcase** will be held at 7 p.m. in Emerson Suites. Admission is free.

# New release from disco queen entertains despite staleness

BY BENJII MAUST  
STAFF WRITER

Since the beginning of her career, Kylie Minogue has often been compared to Madonna. While their music and public personas are very different, the real debate has always been why Minogue has never been able to truly dominate the U.S. market like Madonna has. Her new album, “Kiss Me Once,” shows that even when she is playing it safe, Minogue can still provide an adequate musical experience, even if it has its hitches.

“Kiss Me Once,” which comes as a surprise given Minogue’s past

## ALBUM REVIEW

Kylie Minogue  
“Kiss Me Once”  
Warner Bros. Records  
Our rating:  
★★

history as a musical trailblazer, is incredibly predictable. Lead single “Into the Blue” includes a kick drum and prominent string section that sound like warmed-up leftovers from Minogue’s last album, “Aphrodite.” Meanwhile, “I Was Gonna Cancel” describes having a bad day in the studio over a soulful funk guitar and a chorus of echoing bells, though the backtrack sounds slightly outdated. In a sense, all of these throwbacks make for a passably enjoyable listen, but they don’t captivate or excite.

In the tradition of disco, there are some meaningful messages spread throughout the lyrics on “Kiss Me Once,” however, they are often buried by the production values. “Beautiful,” for instance, is a duet with Enrique Iglesias that masks both singers’



COURTESY OF WARNER BROS. RECORDS

voices in an Cher-like auto tune that is not fitting for a ballad.

Ultimately, Minogue and her producers have filled the gap for modern disco, making it easy for this album to please Minogue’s fans. However, using the same blueprint may not net a significant American viewership, and it may seem that Minogue’s music has been neutered in exchange for what she does best: bringing disco back to life over and over again.

# Duo artfully crafts pop record

BY STEVEN PIRANI  
ASSISTANT ACCENT EDITOR

With the title “Not Art,” it would seem that Australian duo Big Scary doesn’t have high hopes for its newest release. Thankfully, the album defies its less-than-endearing name, offering up a range of engaging and stimulating pop music.

Consisting of Joanna Syme and Tom Iansek, Big Scary has the benefit of having both a gifted male and female vocalist at its disposal. Syme’s elegant soprano contrasts well with Iansek’s deeper vocalizations, providing listeners with two quality voices to appreciate.

Tracks such as “Twin Rivers” exhibit the pair’s vocal dynamic,

having Iansek sing the verses while Syme takes on the chorus, ensuring that listeners will never hear too much of either voice and keeping the album fresh.

It seems “Not Art” has been misnamed. Big Scary has rejected its release’s title, producing an album that exhibits the strength of their collaboration, merging his and her strengths into a force of musical artistry.

## ALBUM REVIEW

Big Scary  
“Not Art”  
Barsuk Records  
Our rating:  
★★★★



COURTESY OF BARSUK RECORDS

## quickies



COURTESY OF 4AD

### “SINGLES” Future Islands 4AD

Electro-pop group Future Islands pleases on its newest release “Singles,” with tracks “Spirit” and “Sun in the Morning” delivering an energizing combination of orchestral brass and electronic instrumentation.



COURTESY OF ESL MUSIC

### “SAUDADE” Thievery Corporation ESL Music

Crafting a psychedelic, ethic brand of dance music, electronic duo Thievery Corporation has produced an album of body-moving songs in its newest release, “Saudade.” Opener “Decollage” is a notably hypnotic musical venture.

Check out **theithacan.org/spotify** to listen to the songs featured in this week’s reviews!





# Action thrives in surreal dark comedy

## Latest from famed director offers more action than past films

**BY TYLOR COLBY**  
STAFF WRITER

Through the doors of the ornate hotel, the bustling denizens trade pleasantries, laughing and gesturing in its colorful foyer. They are unaware that in the hotel's back room, a priceless work of art is hidden away, one that will spur a cast of zany characters into action in search of the prized painting.

In keeping with the whimsical charm of his movies, Wes Anderson again creates a surreal world all its own in his new film, "The Grand Budapest Hotel." Yet gunshots and espionage, uncommon for Anderson's productions, permeate the storyline, delivering a moviegoing experience that will bring viewers to the edge of their seats, even if the film is delivered in ironic jest.

**FILM REVIEW**  
"The Grand Budapest Hotel"  
Fox Searchlight Pictures  
Our rating: ★★★★★



Ralph Fiennes and Tony Revolori star in "The Grand Budapest Hotel," directed by Wes Anderson. Fiennes portrays the eccentric Monsieur Gustave, who takes a young Zero Moustafa under his wing as a lobby boy in the hotel. COURTESY OF FOX SEARCHLIGHT PICTURES

secret hobby is seducing the hotel's older, female patrons. After one of his lovers is found dead, however, Gustave, Moustafa and a gaggle of odd concierges are thrown into a web of deceit surrounding the ownership of a priceless Renaissance painting, "Boy With Apple."

As is typical in Anderson's movies, the non-related plot features, such as the characters' side-stories, make the viewer grow attached to the personae. However, in this film, the audience is exposed to a new intensity of action. Rather than use the gunfights and chase scenes that are rampant throughout the movie to provide characterization and

theme, these moments are instead just silly diversions that add to the overall zany feel of the movie. In one scene, a character gets killed by a hired mercenary, ultimately having his fingers chopped off in a door. Though ghastly, this scene is easily one of the most memorable moments of the movie, undermining the potential seriousness of the moment by adding a degree of absurd, violent campiness.

The use of characters is one of the most interesting aspects of "The Grand Budapest Hotel," as no individual stands out above the others. If there had to be any lead roles, however, it would be between

Fiennes and Revolori, whose "Abbot & Costello" dynamic stands out as the best in the movie. Fiennes' arrogant flamboyance, always excitable, balances well with Revolori's deadpan performance, providing an entertaining setup for the story.

"The Grand Budapest Hotel" is filled with more action, suspense and bullets than any Anderson film to date. But underneath the thrilling moments lies a quaint charm that makes the film a delight to watch from start to finish.

*"The Grand Budapest Hotel" was written and directed by Wes Anderson.*

# Biblical drama is sinfully good

**BY ALYSSA GILLIAM**  
CONTRIBUTING WRITER

Vibrant images of a snake, an apple being picked from a tree and a man killing another with a rock flash quickly across the screen, intercepted by Bible verses written in flowing script. These pictures depict the failure of men in the eyes of their Creator, who looked down on the earth and decided humans were no longer worthy of inhabiting it. No one is safe from the flood God has sent to cleanse the planet in this darkly innovative version of an ancient apocalyptic tale.

In his newest blockbuster, "Noah," director Darren Aronofsky puts a darker yet more realistic spin on the biblical classic "Noah's Ark." In this interpretation, Noah (Russell Crowe) is portrayed as a man dedicated to his Creator but conflicted with having to heed God's call and leave people behind to die in the flood. As the movie progresses, Noah slowly goes crazy in the face of the decisions he must make and the people he must sacrifice for God's mission.

"Noah" possesses a spectacular cast, including Crowe, Jennifer Connelly, Emma Watson, Logan Lerman and Anthony Hopkins, all of whom excel in their roles. Notable is Watson, who portrays Ila, a girl who has to come to terms with being infertile on a ship sheltering the creatures meant to repopulate the world after the flood. She delivers a heart-wrenching performance, and exudes her role's pained emotions with impressive believability.

The film also proves to be a powerful sensory venture, as its visual effects propel the

**FILM REVIEW**  
"Noah"  
Paramount Pictures  
Our rating: ★★★★★



Russell Crowe and Jennifer Connelly star in the biblical epic "Noah," directed by Darren Aronofsky. COURTESY OF PARAMOUNT PICTURES

story forward. The animated animals in the ark, along with the Watchers — stone-like creatures Noah encounters while traveling to find his grandfather — are incredibly detailed. The audience is able to see every crack and indent in the Watchers' rocklike skin and the individual scales on the snakes as they slither past to board the ark, heightening the tale's realism.

With a stellar cast, exciting plot and phenomenal special effects, "Noah" is a different take on a time-honored tale that exceeds all expectations. Aronofsky is smart to not just tell the story of Noah but to also use the film to help audiences consider the implications of being the last people on Earth during a global cleanse of humanity.

*"Noah" was directed by Darren Aronofsky and written by Darren Aronofsky and Ari Handel.*

# Gamers' struggles fuel documentary

**BY WILL UHL**  
STAFF WRITER

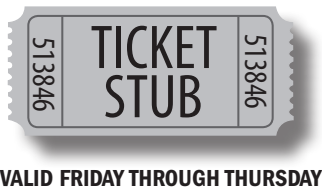
"Free to Play," a documentary by game developer Valve Corporation, examines three e-sports athletes — Danil "Dendi" Ishutin, Benedict "Hyhy" Lim and Clinton "Fear" Loomis — as they prepare for and compete with their teams in The International, which in 2011 was the largest gaming tournament in the world. The players are competing against others in the online battle game "Dota 2," with \$1 million awaiting the lucky team to reach the top.

The film traces back to each player's roots, delving into their motivations and challenges in pursuing professional gaming, which are especially evident when Dendi's mother recounts the challenges of raising a large family in Lviv, Ukraine. In addition to this commentary, numerous members of the community surrounding "Dota 2" make appearances, either discussing the players, the tournament or the game, adding insight and depth of personality to further the audience's immersion.

The irony to the movie's title becomes apparent as the film progresses. Just as much as the film focuses on the players, it also examines the physical and psychological toll of their shot at glory. This struggle for success is the meat of the film and what gives the tournament its sense of suspense. The film's message reaches beyond competitive games as a whole to the eternal desire to be the best.

*"Free to Play" can be viewed for free on YouTube or through the Steam Marketplace.*

**FILM REVIEW**  
"Free to Play"  
Valve Corporation  
Our rating: ★★★★★



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**GOD'S NOT DEAD**  
2 p.m., 4:45 p.m., 7:30 p.m. and 10:10 p.m.

**BAD WORDS**  
12:10 p.m., 3:40 p.m., 5:45 p.m., 8:20 p.m. and 10:20 p.m.

**NOAH** ★★★★★  
11:50 a.m., 12:40 p.m., 1:45 p.m., 3:50 p.m., 6:10 p.m., 7:10 p.m., 9:20 p.m. and 10:15 p.m.

**SABOTAGE**  
2:20 p.m., 5:15 p.m., 7:50 p.m. and 10:25 p.m.

**DIVERGENT** ★★★★★  
Noon, 3:20 p.m., 6:40 p.m. and 10 p.m.

**MUPPETS MOST WANTED**  
1:30 p.m., 4:10 p.m., 6:50 p.m. and 9:40 p.m.

**NEED FOR SPEED** ★★  
5 p.m. and 10:40 p.m.

**MR. PEABODY & SHERMAN**  
12:30 p.m., 3 p.m., 5:30 p.m., 8 p.m. and 11:15 p.m.

**THE LEGO MOVIE** ★★★★★  
1 p.m. and 3:30 p.m.

**THE MONUMENTS MEN** ★★★★★  
4:20 p.m. and 10:05 p.m.

OUR RATINGS

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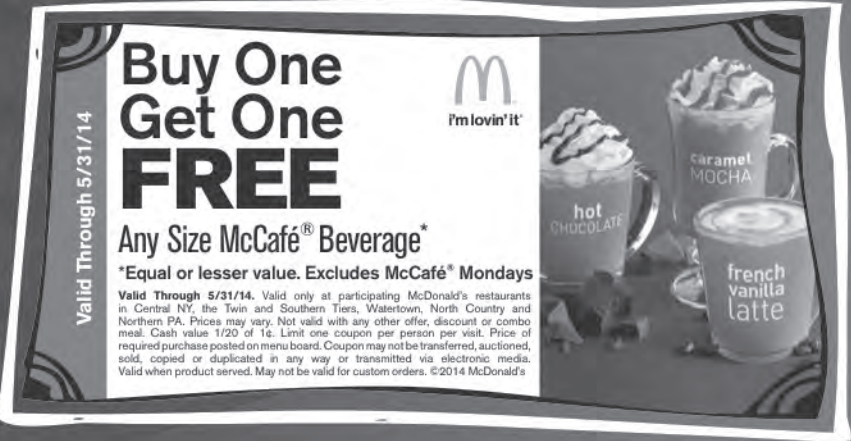
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**By Jonathan Schuta '14**

## By Stephan Pastis


**By United Media**

1	Blanc or Torme
4	Chatter
7	Chaucer offering
11	Not all
12	Geol. formation
13	Outback mineral
14	Drive away
16	Crop units
17	To the point
18	Low voices
20	Ar follower
21	Bumps on a frog
23	Big bang ltrs.
26	Ocean dwellers
27	"Fish Magic" arti
28	Mounds
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35	Turkish title
36	R2-D2 or C-3PO
38	Depot (abbr.)
41	Tortilla snack
43	"Rocket Man"

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2 Qatar rulers  
3 Sediments  
4 Vocalist – Sumac  
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6 Lowered oneself  
7 Pamplona runner  
8 Last Supper guest  
9 Regulation  
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11 Cloy  
15 Banister post  
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22 Gore and Capone  
24 Pince – spectacles

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KRISTY'S  
CORNER

ANDREW KRISTY

## Labor unions reshape NCAA

The structure of college athletics is changing — and the NCAA is losing its power.

The National Labor Relations Board gave approval for the Northwestern University football team to unionize March 26, and the NCAA's total reign over the college sports landscape is beginning to shift as a result.

But this transition of power from the NCAA isn't happening overnight. The ruling will bring appeals, multiple courts' involvements — maybe even the Supreme Court — and years of litigation not worth explaining.

However, the ruling bears the question: Will unions become a common practice for college teams across the nation? Personally, I don't think that's a feasible solution because creating unions is a change within the current NCAA system, rather than a revolution of all college sport. It's an intriguing beginning to structural change, but not enough.

Despite change, this ruling will probably not affect Division III institutions, like Ithaca College. Division III sports are certainly not a profitable revenue stream, and Division III athletes aren't offered athletic scholarship money. As a current student-athlete, I wouldn't ever consider unionizing or deeming myself an employee of the college, seeing as I consider myself lucky to play varsity lacrosse at the newly built \$65 million Athletics and Events Center.

As I wrote earlier this semester, Division III athletes mostly play just for the love of the game. However, this is not always the case for Division I athletes. Not to delegitimize Division I athletes' passion for their sport, but these athletes participate in this commercialized age of college sport.

If college athletes really are "amateurs," why did the Ohio State University athletic director receive an \$18,000 bonus March 25 because a wrestler won the national championship? It makes sense that athletes playing the profitable sports at these universities — who, according to Northwestern University quarterback Kain Colter's testimony, devote 40–60 hours per week to their sport and have coaches encouraging them to study different majors — would want a cut.

If Division I athletics are going to be synonymous with big business, then so be it. Accept it, pay the football and basketball players and treat Division I like a farm system for professional leagues. Because greed outweighs typical athletic purity in college sports.

After spending two weeks enjoying March Madness, a tournament that brings in \$10 billion for the NCAA annually, it's time to protect the players instead of the suits overseeing the events.

**ANDREW KRISTY** is a senior journalism major. Follow him on Twitter @andrewkristy.

# THE BOMBER ROUNDUP

*The Ithacan's sports staff provides updates on the winter squads*

## WOMEN'S LACROSSE BY KJ HAMMOND

The women's lacrosse team edged out Union College in a 12–11 contest April 1 in Schenectady, N.Y., to reach the .500 mark for the first time this season.

It was a back and forth affair between the South Hill squad and the Dutchwomen, as the teams traded the lead three times during the game.

Junior midfielder Niki Standera and sophomore attack Ally Runyon each recorded a hat trick in the game. While Standera scored on every shot she took, Runyon netted the go-ahead goal with 4:31 left to play. Senior attack Becky Guzzo tallied two points and two assists. Freshman goalkeeper Emily Ross started in net and collected the win, accumulating eight saves in the effort.

The Blue and Gold return to action at noon April 5 at Higgins Stadium to take on the Houghton College Highlanders.

## BASEBALL BY GIL GUO

The baseball team improved its record to 9–4 with a four-game sweep of the Houghton College Highlanders. The Bombers and Highlanders played doubleheaders against each other March 27 and 29.

The Bombers won the first contest 7–1 and won the remaining three games 5–2. In doing so, the South Hill squad extended its winning streak to five games.

The Bombers' bats were hot in game one, propelling them to an early 3–0 lead in the first inning. They added four runs in the fourth inning to secure the victory. Junior pitcher John Prendergast struck out seven batters, allowing one hit and no runs in five innings pitched.

In game two, the Bombers again jumped out to a 2–0 lead and never looked back. First baseman Colby Gee went 3–4 at the plate for the Blue and Gold. Sophomore pitcher Benji Parkes collected his first win of the season, allowing one run and no walks.

Sophomore pitcher Brandon Diorio captured his first win of the season in game three, allowing just three hits, an unearned run and a walk in 4.1 innings pitched. The Bombers scored three runs in the fifth inning to secure the victory.

Junior pitcher Andrew Sanders completed the four-game sweep of the Highlanders by picking up the win, giving up two runs in seven innings. Junior closing pitcher Jimmy Wagner collected his second save of the year with two scoreless innings.

Sophomore outfielder John Stanley hit two triples, knocking in two runs and scoring once. The Bombers scored one run in the first, fourth and sixth innings, along with two insurance runs in the seventh inning.

The Blue and Gold return to the diamond with a four-game set against Stevens Institute of Technology from April 5–6 in Hoboken, N.J.

## MEN'S TENNIS BY DAVID STERN

The men's tennis team lost an 8–1 contest to the No. 12-ranked Stevens Institute of Technology on March 29 at Cornell University's Reis Tennis Center.

The Bombers lost all three doubles matches, as junior Justin Levine and sophomore Zach Passman were defeated by a score of 8–3. Senior David Andersen and freshman Wes Davis lost 8–2, and sophomore Chris Hayes and senior Griffin Reid were defeated 8–1.



Senior David Andersen charges toward the ball March 29 in Cornell University's Reis Tennis Center. DURST BRENEISER/THE ITHACAN



Sophomore Zach Passman launches a serve toward his opponent, sophomore Ben Foran from Stevens Institute of Technology, on March 29 in Cornell University's Reis Tennis Center. Passman was defeated in straight sets 6–2, 6–2. DURST BRENEISER/THE ITHACAN

Davis had the Bombers' only win of the day, sweeping his singles match by a score of 6–0, 6–2. Andersen lost his first set 6–4 but rallied to win the second set. Anderson could not complete the comeback, however, losing the third set.

Levine also lost his first set and forced a tiebreaking set in his singles match. But he also lost his match in the extra set with a score of 7–1. Reid and Hayes were both shutout in their respective matches, and Passman also lost his match, dropping each set 6–2.

The Blue and Gold are set to face Hartwick College at noon April 5 at the Wheeler Tennis Courts.

## MEN'S LACROSSE BY MEGHAN GRAHAM

The No. 10-ranked men's lacrosse team defeated St. John Fisher College by a score of 11–9 on March 26 in Rochester, N.Y. The squad improved to 7–1, which is its best beginning to a season since 2009.

The Blue and Gold took an early lead but allowed five consecutive goals, giving the Cardinals a 6–3 lead at the end of the first half. However, the Bombers rallied with eight second-half goals, including three scores by senior midfielder Jake Long.

Senior midfielder Andrew Kristy scooped up a career-best eight ground balls, and fellow senior midfielders Brandon Henne and Casey Schattner added four each. Henne took every faceoff attempt and won 12–23 draws.

The Blue and Gold faced the No. 3-ranked Cabrini College on March 29, but lost a 20–11 contest to the Cavaliers.

Despite trailing 4–2 at the end of the first quarter, Cabrini's offense had two seven-goal quarters, coming back from a deficit in the second half to lead 9–5. The Bombers' offense couldn't answer the goals and only scored four times in the fourth quarter.

Freshman attack John Januszkiewicz netted four goals and picked up an assist. Senior attack Pat Slawta and senior midfielder Ryan Burns also found the back of the net twice each. Sophomore midfielder Michael Walker both had two goals and an assist, and junior attack James Manilla had two assists. In goal, sophomore Scott Sidnam recorded seven saves and two ground balls.

The Blue and Gold will face the Houghton College Highlanders at 3 p.m. April 5 at Higgins Stadium in the second of four straight games at home.

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# Leading senior sprinter clears injury hurdles

**BY HALEY COSTELLO**  
STAFF WRITER

Senior sprinter Brennan Edmonds had victory in sight as he scampered down the final straightaway in the 400-meter dash at the Empire 8 Indoor Championship on Feb. 1. As he made the final push for the finish, exhaustion took over, causing Edmonds to fall forward, landing on his right hand.

After conceding first and earning a second-place finish, Edmonds was diagnosed with a sprain and a broken bone in his wrist. Edmonds, who is entering his eighth week with a cast, faces a plethora of struggles with the weight added to his arm, which has not made for an easy adjustment.

“It’s definitely a hindrance [because] it’s heavier, and it may not look like it when you run, but you’re supposed to be really loose,” Edmonds said. “It forces your arm to be really stiff while running.”

As one of the top sprinters on the team, Edmonds has continued to compete with the injury. However, it doesn’t allow him to carry a baton in his right hand during relays and he cannot put as much weight on his hands in the starting blocks, slowing him down from the beginning of the race. In addition, as a long jumper and triple jumper, he must cover each open end of his cast with tape to avoid getting sand inside, resulting in more discomfort.

The first step to coping with the pain is ibuprofen, which Edmonds said he takes before each meet. Now

that his sprain is healed, he said it has become more comfortable but still not a complete recovery.

Edmonds has had to rework his running style seven years into his career, forcing him to run with more force and discipline.

“I have to run a little more aggressively because when you start, you know how fast you should go, but with this it slows me down, so I need to be more aggressive,” he said. “I [also] need to make sure I don’t fall on it again, so I cannot run as out of control as I used to.”

Senior co-captain Brendan Wilkins said Edmonds has faced many limitations training while in the cast, but it has not stopped the senior captain from pushing himself.

“There are some limitations, like in the weight room,” Wilkins said. “He can’t do some of the exercises because he can’t grab onto the bar.”

After four weeks in a cast, Edmonds escaped the cast for the final meet of the winter season, the Eastern Collegiate Athletic Conference Indoor Championship on March 7, which allowed him to run in the 4x200-meter relay. But after another visit to the doctor four weeks ago, Edmonds was put back in a cast.

“That was probably worse than getting the cast on originally,” Edmonds said. “I would have preferred to keep it on the whole time because it didn’t hurt when it was off and it felt fine, but then to have someone tell you that it’s still not healed, and it may be another eight weeks in the



Senior hurdler Brennan Edmonds extends over a hurdle during the men’s track and field team’s practice April 1 at Butterfield Stadium. Edmonds has competed while wearing a cast on his right wrist for eight weeks.  
MATT COLGAN/THE ITHACAN

cast, was really depressing.”

It took Edmonds about a week to readjust to the replacement cast, but he said he has learned to use his left hand more often and setting his mind on a successful finish to his college track and field career.

“I’m not the type of person to stress over too many things, and this is one of those things that’s been very stressful on me,” he said. “It’s my senior year, and it’s really my last chance to run competitively, [so] I

try not to think about it the best I can and focus on running and school-work and let it take care of itself.”

Senior co-captain Jake Willis said while Edmonds struggled with the difficulties of the injury, he never shows it.

“He’s never used his injury as an excuse to not work as hard, and I think that can really resonate with the younger guys who experience an injury for the first time,” Willis said.

In the spring season, the

400-meter hurdles will be a challenge for Edmonds, because “the bend and fold” of his arms are crucial to this event. But Edmonds said he believes his mental strength will provide him with the edge, especially when he gets the cast off.

“It gives you a mental edge knowing that you ran all season with this cast on,” he said. “Getting it off will be a bonus, and I think it will make me more confident in my running,” Edmonds said.

# Trio of high school teammates expands Blue and Gold tradition

**BY KRISTEN GOWDY**  
STAFF WRITER

Freshman catcher Ryan Henchey stepped into the batter’s box for his first collegiate at-bat March 9 in the baseball team’s third game of the season. Pinch-hitting for junior catcher Cooper Belyea, Henchey drew a walk to load the bases.

Next to the plate, junior right fielder Christian Brown crushed a bases-clearing double, scoring Henchey, as well as senior Luke Stark and sophomore Cameron Oathout. Brown’s double allowed Henchey to cross the plate for the first time in a Bomber uniform. However, it was not the first time Brown had knocked in Henchey — the duo played many games together before coming to South Hill.

Brown and Henchey were teammates at Columbia High School in East Greenbush, N.Y., and played there with another Bomber, sophomore left fielder John Stanley. The trio played together at Columbia under head coach and former pitcher Christopher Dedrick ’95 when Henchey was a sophomore in high school.

Dedrick, who has been a part of the baseball program at Columbia for 10 years, has since helped eight of his former players attend Ithaca College. The three Columbia players on the 2014 baseball roster are the most of any high school, and Columbia has been the best represented high school on the Bombers’ baseball rosters for the last decade. Since 2004, the squad players from Columbia have outnumbered the players from nearby Lansing High School and Ithaca High School combined.

Dedrick, who helped the Bombers to three NCAA Division III College World Series appearances, said he encourages his players to attend the college if he feels it’s the right fit.

“If the kids have the grades, I really point them towards [the college], especially if they’re serious about baseball,” he said. “For me, [college] was more than just a baseball experience, it was a life experience.”



Sophomore outfielder Christian Brown sets to throw during a game against SUNY Oswego on March 29, 2013, on Freeman Field. Brown is one of three Bombers from Columbia High School.  
FILE PHOTO/THE ITHACAN

Dedrick said he uses many of the same drills Bomber head coach George Valesente uses, though he has modified and changed them over time. He said many of his team’s defensive drills, pitching routines and preseason lifting workouts mirror those of Valesente’s.

“I owe everything I have to Coach Val,” he said. “I really learned the game [from him].”

For Valesente, the connection with Dedrick

has helped benefit his program in the form of new players. Valesente said Dedrick helps him to recruit players not only from Columbia but also from the rest of the Albany, N.Y., area.

“Chris has been very positive,” Valesente said. “He’s able to get the information to each of the youngsters about the style of our program and how it would be beneficial for them in more ways than one.”

When Brown tried out for the team as a freshman, he said his high school experience gave him a leg up because he knew what to expect from Valesente and the program.

“All of our practices in high school were run the same way [as Valesente’s],” he said. “I definitely had an advantage over some of the other players coming in because I already knew what was going on.”

Brown has been starting in right field for the Bombers since last year, and Stanley replaced Andrew Turner ’13 in left field this year after playing just eight games as a freshman. When Henchey is catching, one-third of the Bomber lineup is made up of Columbia players.

Stanley said having Brown in the outfield helps him play better because they know each other’s strengths and weaknesses.

“It definitely helps the chemistry in the outfield,” he said. “Communication is huge, especially in the outfield, and we’re comfortable playing with each other.”

When Stanley was looking at colleges, he said he used Brown as a resource. He stayed with Brown on his recruiting visit and said Brown helped him decide to attend the college.

According to Dedrick, his former players who now play for the Bombers have formed a family. He said he stays in contact with many them, even playing a round of golf with them when possible, and they all help recruits from Columbia make their decisions.

“It’s not just myself; it’s all of the former players and all of the current players that are there that are really sharing their experiences with recruits,” he said.

Both Brown and Stanley said Dedrick convinced them to continue the Columbia High School tradition of playing on South Hill.

“To a point, I felt like he pushed it so much that it kind of veered me away from looking at other places,” Brown said. “Now that I look back on it though, it’s not a bad thing because I love it here.”



# Cheer and dance squads to take national stage for first time

BY VINICA WEISS  
STAFF WRITER

Typically, it's the job of cheerleaders and dancers to promote spirit and raise the energy of the crowd. Now, as the Ithaca College Dance Team and the Ithaca College Cheerleading Team head to the National Cheerleaders Association and National Dance Alliance Collegiate Cheer & Dance Championships from April 9–13 in Daytona, Fla., the crowd will cheer them on when they take the stage.

To qualify for the competitions, both teams had to submit a video of a game-day performance. IC Cheerleading submitted its performance from the last men's home basketball game before winter break against Skidmore College on Dec. 11, while the ICDT submitted its performance from the Cortaca Jug halftime show. Both groups chose performances they thought would best highlight their skills.

Both teams have competed in other smaller competitions including Reach the Beach Nationals in Ocean City, Md., and the Universal Dance Association College Nationals in Orlando, Fla. But this will be the first time both teams will participate in this competition.

Junior Jasmine Spearman, treasurer of IC Cheerleading, said she believes her team is ready for the competition because its skill level is superior in comparison to past years.

"In previous years, the technique was there, but the advanced stunts and skills we have now as a team have definitely progressed over the years," Spearman said. "We decided to go to [Nationals] because we have a chance."

Senior Sarah Hassett, co-captain of the ICDT, said the team has decided to compete because of the progress it has made during the last few years and the abilities of the individual dancers are the best since joining the squad.

"The role of the captains has become more of a team effort, so the dynamic is awesome," Hassett said. "When I got here freshman year, dance team was nothing special, so [senior Jess Caracciolo] and I made it our goal to have



Members of the Ithaca College dance team perform a halftime routine at the Cortaca Jug game Nov. 16 at Butterfield Stadium. The squad used this performance to apply for Nationals.  
AMANDA DEN HARTOG/THE ITHACAN

dance team be known on campus."

Unlike many other club sports, these two teams are student-run, so self-motivation is important for training. Additionally, it is the first season IC Cheerleading has been without coach Dennis Friends, who moved to Albany, N.Y., to be closer to his family. The ICDT is also captain-run. Hassett said the team had a choreographer come in for two practices to teach the team members the contemporary jazz dance they will be performing at Nationals.

"It's hard to come up with a routine that really suits everyone," Hassett said. "This one

really brings us out of our comfort zone, but it looks good as a cohesive group."

Hassett said the two days learning the choreography at the beginning of the year were especially tiring and overwhelming because of how fast the team had to learn the choreography. She said the first day the choreographer came in, the team had to learn half the routine in less than seven minutes — which was difficult given how technical the dance is.

The routine consists of fast movements and advanced tricks that many of the members have not done before. The dancers must keep

up with difficult turns and pirouettes, or else the routine will be out of sync.

This season, junior Rachel Kern, co-captain of the ICDT, has enforced a team rule requiring dancers to go to the gym for one hour, three days a week because of they need to build endurance to perform the dance. The dancers must sign in and out of the gym and check off that they did cardio, weights and stretching.

"You need the stamina to dance, and we needed muscle building for our legs because we had a lot of turning and leaps," Kern said.

In a typical practice, the ICDT does stretching, strength exercises and works on technical abilities. When football or basketball are in season, the squad also has to work on its halftime routines, which required extra practices this year in order to perfect its techniques.

IC Cheerleading has been working on its tumbling skills as well. Particularly, the pyramids are much more challenging. The team is one of the few in Division III to have two 2–1–1 pyramids in its routine. As a result, the team has dealt with injuries this season including five concussions, five rolled ankles and a torn ACL and meniscus.

In addition to perfecting their skills, the teams have also focused heavily on fundraising. It will cost IC Cheerleading around \$25,000 and the ICDT about \$12,000 to go to nationals. IC Cheerleading has raised money through chocolate sales and restaurant nights at Moe's Southwest Grill and Firehouse Subs, which donated a portion of proceeds to the teams. Families alone have contributed \$10,000 toward IC Cheerleading.

Both teams agree that practicing and fundraising has been well worth the time and energy because Nationals is their biggest competition, and they only have one shot at a title.

"The journey has been awesome, and I can't wait for everyone to be confident and perform," Kern said. "I want everyone on the team to appreciate all the hard work we have done and to have a great time."



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# ALL-ITHACAN TEAM

With the winter season complete, *The Ithacan's* sports staff picks the season's best Bombers.

## wrestling



Junior Alex Gomez proved to be the top leader on and off the mats for the wrestling team during the 2013–14 season. Gomez was the runner-up in the 133-pound NCAA National Championship match, losing to Wartburg College senior Ken Anderson. Gomez ended the season with a 27–3 record, and he held the No. 1 ranking at 133 pounds by the National Collegiate Wrestling Association for multiple weeks of the season. One of his most successful sets of matches took place at the Empire Collegiate Wrestling Championships on Jan. 18 in Williamsburg, Pa. Gomez won all three of his bouts and was voted Most Outstanding Wrestler for the meet.

– Meghan Graham

## gymnastics

Senior Shilanna Gallo was a standout athlete for the gymnastics team during the 2014 season. After undergoing surgery for compartment syndrome and spraining her ankle in the beginning of the season, Gallo returned to the team. She led the team on the uneven bars for most of the meets this season. The most memorable meet was the senior meet against SUNY Cortland on March 1, where the squad finally reached its goal and had a team-high score of 182.050. At the meet, Gallo won the uneven bars event with a score of 9.650 for her routine. Gallo also earned Eastern Collegiate Athletic Conference Division III gymnastics specialist honors for her bars performance Jan. 19 against Ursinus College.

– Alexis Forde



## men's basketball

Though the men's basketball squad had a below-.500 record and missed the playoffs, one player continued to shine throughout the season. Senior forward Frank Mitchell led the Bombers with an average of 16.8 points per game along with eight rebounds per game. Mitchell became the 24th 1,000-point scorer in the college's history Dec. 13, 2013. He has been a standout player since joining the Bombers at the beginning of the 2011 season after transferring from Rutgers University. Mitchell ended his career with eight double-double performances and 10 games with 20 or more points.

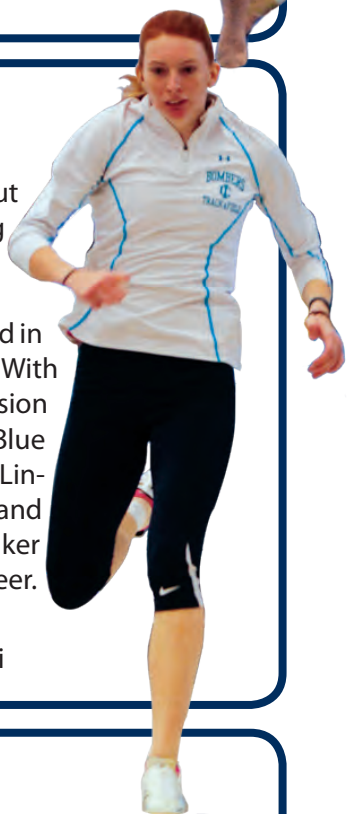
– Jake Siegel



## women's track & field

Junior triple jumper Emilia Scheemaker stood out among the women's track and field athletes during the indoor season. She performed well individually, helping her team in the jumping and even some sprinting events. She broke the indoor college record in the triple jump Jan. 25 with a mark of 12.25 meters. With this mark, she held first place in the country in Division III National Rankings. Scheemaker represented the Blue and Gold at the NCAA Championship on March 15 in Lincoln, Neb., where she placed fifth in the triple jump and earned All-America accolades. As a result, Scheemaker continues to leave her mark during her college career.

– Nick Marcatelli



## men's diving

Junior diver Matt Morrison had another record-setting season, as he participated in his second-straight trip to the NCAA Championships from March 19–22 in Indianapolis. He earned his second All-America selection of the 2014 NCAA Championships, taking fourth overall in the 1-meter dive. At the Upper New York State Collegiate Swimming Association and Empire 8 Championships that took place from Feb. 19–22, Morrison swept both men's diving events, earning the top spot in the 1-meter and 3-meter dive. Morrison was named the men's Diver of the Meet at the UN-YSCSA/Empire 8 Championships for his performance. It was the second-straight year he earned the award.

– Jonathan Beck



## women's basketball

Senior guard Mary Kate Tierney was a key contributor to the women's basketball team this season. Tierney led the Blue and Gold in scoring and was one of the top scorers in every game this season. During the course of the season, Tierney scored 12 double-doubles and even a triple-double during the NCAA Championship tournament. The senior guard also scored 61 points combined during the Bombers' four playoff games. Tierney was named to the Women's Basketball Coaches Association All-America team and to the D3Hoops.com All-East Region Second Team. Tierney, who graduates in May, transferred to the South Hill squad after attending and playing at Division I Bryant University.

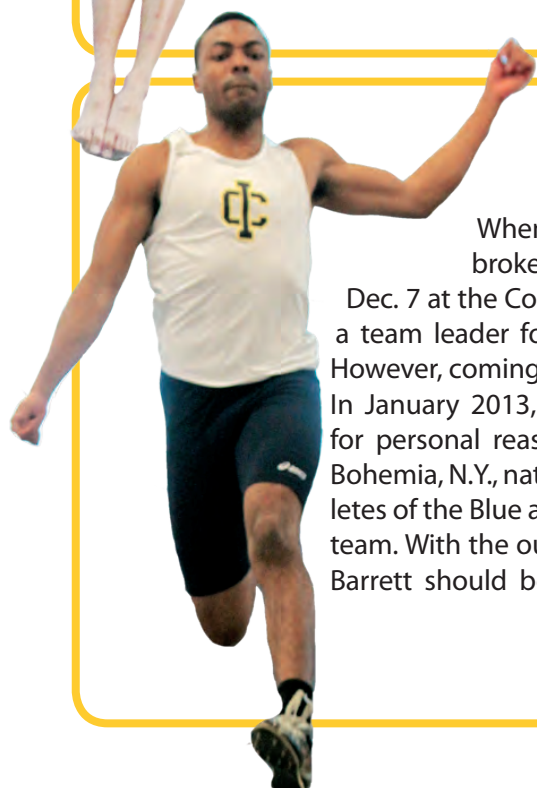
– Kerline Batista



## men's track & field

When junior sprinter Rashaad Barrett broke a college record in the 60-meter dash Dec. 7 at the Cornell Relays, he established himself as a team leader for the indoor track and field season. However, coming to this point was not easy for Barrett. In January 2013, he stopped running for two weeks for personal reasons. Fifteen months later, Barrett, a Bohemia, N.Y., native, is among the most important athletes of the Blue and Gold and one of the leaders of the team. With the outdoor season and senior year ahead, Barrett should be a valuable asset for the Bombers.

– Nick Marcatelli



## women's swimming

Freshman swimmer Grace Ayer made her first appearance at the NCAA Championships from March 19–22 in Indianapolis. She competed in the 100-yard backstroke, the 200-yard backstroke and the 200-yard individual medley. Ayer earned her first career All-America honor in the 200-yard individual medley, taking 13th overall. She helped the Bombers to a 30th place finish at Nationals. After a strong rookie season with the Bombers, expect even greater results in the upcoming seasons for Ayer.

– Jonathan Beck







Freshman Oghenero Gbaje performs a trick on his stakeboard on the roof of Textor Hall on April 4. Students are spending more time outside as the weather gets warmer.  
JENNIFER WILLIAMS/THE ITHACAN



Taking advantage of the pleasant weather, a class is held outside on the roof of Textor Hall.  
BRIAN PULLING/THE ITHACAN

# Here comes the sun



Freshman Tristan Hickey enjoys the sun and the warm weather outside on the roof of Textor Hall.  
ANTHONY MEKOS/THE ITHACAN



Senior Penelope Myles-Voss and sophomore Taylor Chadwick sing a duet.  
ANTHONY MEKOS/THE ITHACAN