

# THE ITHACAN

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## STANDING UP

IC students join national rally for racial justice

Sophomore Luna Olavarria Gallegos speaks at the "Hands Up Walk Out" rally on Dec. 1 at Free Speech Rock. TOMMY BATTISTELLI/THE ITHACAN

BY AIDAN QUIGLEY  
STAFF WRITER

This week, over 200 Ithaca College students withstood cold temperatures and rallied with students and others across the country and around the world, sharing their reflections and personal stories about how police brutality and violence affect them.

A grand jury's decision not to press charges against Officer Darren Wilson in the Aug. 9 shooting death of unarmed black teen Michael Brown has led to rallies and protests across the country. In solidarity with other walk-outs around the nation on Dec. 1, students organized a "Hands Up Walk Out" rally at the Free Speech Rock outside of the

Campus Center.

Events were held in over 30 cities worldwide and at many colleges throughout the country. Rochester University, Binghamton University, Yale University, Stanford University and Boston College were some of the many colleges in the nation that hosted similar events, in addition to rallies in British

Columbia and Tokyo.

After the grand jury decided not to indict Wilson on Nov. 24, protests erupted in Ferguson, Missouri, and cities all around the country. In Ithaca, protesters stopped traffic at the intersection of North Tioga Street and

See **RALLY**, page 4

## Office of Counseling and Wellness seeks additional help

BY RAMYA VIJAYAGOPAL  
ASSISTANT NEWS EDITOR

Deborah Harper, director of the Office of Counseling and Wellness, attended the Dec. 2 Faculty Council meeting to ask for support in trying to secure additional resources for the office, which she said has been facing unprecedented numbers of students seeking services.

"Students are just not able to get what they need here," Harper told *The Ithacan*. "The need is greater than we have the resources for. It's the volume and the lack of off-campus resources as well. If we were urban, we would really be in a different situation. But the fact is that demand is high and we are competing with limited resources downtown."

In her presentation at the meeting, Harper said the demand the center was facing was overwhelming, citing a 74-percent increase in the demand for services in the past 10 years.

"I am really concerned about our ability to serve students," she said. "This is an institutional problem."

Harper said there were multiple reasons for this increase in demand, and national demand rates have also been rising, though Ithaca College's rates do outpace the national rates.

"Years ago we used to have a fairly low use rate," she said. "We're part of a national trend."

Harper said 17 percent of the campus population utilizes the services of the Office of Counseling and Wellness, while the national trend ranges from 4 to 10 percent of students who utilize their campus counseling services.

"When you have a residential population, they will use services at a higher rate compared to students at commuter schools," she said. "We want to be seen as a resource for students who are in crisis or who want to excel. We

also want to be a resource for the community if they want."

Harper said she first brought her proposal to the administration last fall by reaching out to her supervisor Rory Rothman, senior vice president of student affairs and campus life, and

"Students are just not able to get what they need here. The need is greater than we have the resources for."

—Deborah Harper



Deborah Harper, director of the Office of Counseling and Wellness, met with the Faculty Council to discuss overwhelming student need.

TOMMY BATTISTELLI/THE ITHACAN

Marissa Kelly, former provost and vice president for educational affairs. When interim provost Linda Petrosino assumed her post in June, Harper began her appeal process with Petrosino, she said.

Harper said she provided Petrosino with a written proposal

and information, which Petrosino then shared with President Tom Rochon and the President's Council at a meeting earlier this year. She said although she was unsure exactly how the Faculty Council could help, she felt she

See **COUNSELING**, page 4

## Campus mourns 2014 graduate

BY KAYLA DWYER  
NEWS EDITOR

Max Addy '14 has been described by his friends as a go-getter, hard worker and a best friend to many of his peers.

On Nov. 28, the 22-year-old died unexpectedly in his home in Newfield, New York.

Addy graduated from Ithaca College in May with a bachelor of science degree in business administration and a concentration in management.

A year earlier, he reached first base after his first hit at the Division III College Baseball World Series in Appleton, Wisconsin.

Senior Cooper Belyea was there to witness Addy's moment on the field, and with the recent news on his mind, Belyea looked down at his hands to search for the words to describe it.

"Seeing him smile on first base ... it was a lot for me, looking up and seeing his parents who I've known my whole life, standing next to my parents and knowing that we had stayed together this whole time," Belyea said.

Addy played for the college's baseball team through his junior year, which finished third in the country at the 2013



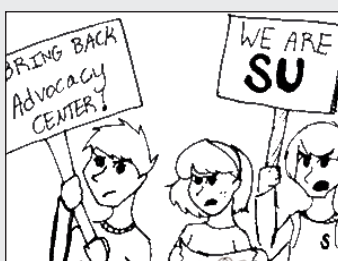
ADDY

See **ADDY**, page 4



### RELATIONSHIP GOALS

Two Bomber athletic programs find ways to merge men's and women's squads, page 23.



### ALWAYS SPEAK UP

Students must keep addressing problems as they arise to avoid tension, page 10.



### SADDLE UP

Adult fans of "My Little Pony" face stigmas around the fandom, page 13.



# THURSDAY BRIEFING

WHAT'S HAPPENING AROUND THE WORLD  
AND RIGHT OUTSIDE YOUR DOOR

## Nation&World



### Students protest Ferguson ruling

From Left, Old Dominion University seniors Kara Halsey and Angel Roane take part in the Day of Action Demonstration at ODU, Dec. 2 in Norfolk, Virginia. The demonstration was an effort to stand in solidarity with the demonstrators in Ferguson, Missouri.

RICH-JOSEPH FACUN/ASSOCIATED PRESS

### Garner death to see investigation

In the wake of demonstrations following the clearing of a white police officer in the death of an unarmed black man, a Justice Department official in Washington said federal authorities would conduct

their own investigation into the July 17 death of Eric Garner at the hands of Officer Daniel Pantaleo.

A grand jury cleared Pantaleo Dec. 3. Garner had been stopped for selling loose, untaxed cigarettes, triggering protests by

hundreds of New Yorkers who likened the case to the deadly police shooting in Ferguson, Missouri.

A video shot by an onlooker showed the 43-year-old Garner telling a group of police officers to leave him alone as they tried to arrest him.

Pantaleo responded by wrapping his arm around Garner's neck in an apparent chokehold, which is banned under NYPD policy. The heavyset Garner, who had asthma, was heard repeatedly gasping, "I can't breathe!" A second video surfaced that showed police and paramedics appearing to make no effort to revive Garner while he lay on the ground.

Police union officials and Pantaleo's lawyer have argued that the officer used a takedown move taught by the police department because Garner was resisting arrest and that his poor health was the main reason he died.

### Greek anarchists riot

Anarchists have burnt a public transport bus and several cars in central Athens during clashes with police.

The violence followed a large demonstration Dec. 2 in support of a jailed anarchist who is on hunger strike seeking prison leave to attend university.

Between 8,000 and 10,000 people earlier marched through central Athens in solidarity with Nikos Romanos, a young anarchist convicted of involvement in a bank robbery.

### Mubarak ruling may be appealed

Egypt's top prosecutor said on Dec. 2 a court ruling dismissing a murder case against ousted leader Hosni Mubarak over the killing of protesters in 2011's uprising is "legally flawed" and that he intends to appeal it.

Saturday's verdict said the case against Mubarak was "inadmissible" on a technicality. But it also described the uprising as part of a joint, region-wide "American-Hebrew" plot to undermine Arab countries for Israel's benefit.

The verdicts have sparked a wave of protests in Cairo and across much of Egypt over the past two days. Two protesters died in Cairo and about 10 were injured in clashes with police in Cairo just hours after the verdicts were announced.

### Ukraine approves government

Ukraine's parliament approved the formation of a new government on Dec. 2, bringing an end to weeks of behind-the-scenes political wrangling following an October election that ushered in a group of pro-Western parties.

The new Cabinet has come together as government troops and Russian-backed separatist forces agreed on a tentative cease-fire in one war-stricken region along the Russian border. That may provide much-needed breathing space to a national leadership that will have to work fast to keep the anemic economy from collapse.

The incoming government has vowed to root out corruption and re-orient Ukraine toward Europe.

SOURCE: Associated Press

## College

### Meetings for campus master plan to be held

Update meetings for the campus master plan will take place from 12:10–1:10 p.m. and from 2:35–3:35 p.m. Dec. 4 in Emerson Suites. All students, faculty and staff are invited to attend.

Members of the master planning team from the Perkins Eastman architecture firm will present recommendations to further develop a framework for campus improvements over the next decade and beyond.

The meetings will extend upon the results of the red dot/green dot exercise and the master plan town hall meetings held in October. The suggestions offered in these earlier events helped direct the master planning team's efforts to set priorities and contribute concepts for the master plan.

### Risk initiative finalists to give presentations

The finalists for the position of case manager, which will be working to enhance Ithaca College's Assisting Students At Risk Initiative, will participate in open interviews and presentation sessions for all members of the campus community from 10 to 11 a.m. Dec. 9 in the Ithaca Falls Room and from 10 to 11 a.m.

Dec. 11 in the Taughannock Falls Room.

The initiative was created to identify, track and intervene with students who are experiencing distress related to health, academic and other similar concerns. It hopes to provide a central location for faculty, staff and students to express concerns about the well-being of a student or campus community and to provide information about risk issues and available resources.

The initiative does not have goals focused on retention or treatment, though that may be an outcome. The goals of the ASR focus on timely identification and intervention for students.

### College to hold service in memory of alumnus

A memorial service for the late Harold R. "Bud" Garrity '68 will be held at 11 a.m. Dec. 6 in the Whalen Center's Hockett Family Recital Hall, followed by a reception in McHenry Lounge. All members of the campus and local communities are invited to attend.

Garrity died Oct. 25 in Charleston, South Carolina, due to illness.

He graduated from Ithaca College in 1968 with a bachelor's degree in communications and

later worked at several local radio stations before returning to the college to serve as its first full-time director of annual giving from 1975–78. He then established his own Ithaca-based advertising firm called Garrity Communications to serve clients from all across the Northeast region.

Garrity served on the Alumni Association Board of Directors and the Board of Trustees, and chaired a special alumni board committee to plan the celebration of the college's centennial in 1992.

### Meetings with provost finalist open to college

Dr. Benjamin "Ben" Rifkin, the second of the finalists for the Ithaca College provost position, will visit the college Dec. 4 and Dec. 5.

Individualized open sessions are being held with Rifkin for faculty from 4:15 to 5:30 p.m. Dec. 4 in the Peggy Ryan Williams Haine's Forum, followed by a session for students from 5:30 to 6:15 p.m. at the same location.

An open meeting for the candidate with students, faculty and staff is also scheduled from 12:10 to 1:00 p.m. Dec. 4 in Textor 102.

The first provost candidate, Beth Rushing, visited campus Dec. 2 and 3.

Two more provost candidates will visit the campus to hold meet-

ings with faculty and students on Dec. 9–10 and 11–12 for the third and fourth candidates.

### Mara Alper to present at World Water Forum

Mara Alper, an associate professor in the television-radio program, was selected to present at the 7th World Water Forum in Korea, the world's largest water-related event, in April 2015.

Her presentation will include her speech "Re-Imagining

Water," which will incorporate content from some of her Ithaca College courses. She will emphasize water awareness to motivate behavioral changes, as well as engage international educators and non-governmental organizations in the topic of effective water education approaches.

Held every three years in a different host country, the World Water Forum features panels, discussions and a Water Expo that presents solutions to water issues.



### Alumni madness

Alumnus Joe Rockhill '04, vice president of Civic Entertainment Group, speaks at the Roy H. Park School of Communications' IC Mad Men Day meet and greet held on Dec. 1 in Park 223.

JILLIAN FLINT/THE ITHACAN

## CORRECTIONS

It is *The Ithacan's* policy to correct all errors of fact. Please contact the Editor at 274-3207.

The charticle "What the students want," originally published Nov. 20, incorrectly referred to the Office of Student Accessibility Services as the Office of Student Disability Services.

## Got a news tip?

Contact the News Editor at  
ithacannews@gmail.com or 274-3207.

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# SGA passes bills for increased gender inclusivity

**BY NATALIE SHANKLIN**  
STAFF WRITER

The Student Government Association unanimously passed two gender-inclusive policy bills at its Dec. 1 meeting: one to design an LGBTQ Studies minor and another to implement a gender-neutral housing option for as many residence halls as possible.

Ithaca College was ranked among the Top 50 LGBT-friendly campuses in the U.S. by Campus Pride this year, but Kyle James, SGA vice president of communications and sponsor of the LGBTQ Studies minor bill, said the college would still benefit from establishing the minor program.

“If we’re going to be a leader in LGBTQ topics, that needs to happen now,” James said. “Other colleges have majors, minors, grad programs in LGBTQ studies. IC doesn’t even have a minor. It makes no sense.”

The LGBTQ Studies minor would be in the women’s and gender studies program, but separate from the women’s and gender studies minor, James said.

James said the minor would require an intro course, capstone course and four or five other courses that pertain to the minor. So far, James has compiled a list of 40 to 50 courses that involve LGBT topics, many of which would fulfill the ICC diversity credit, he said.

Bruce Henderson, professor in the Department of Communications Studies, said he offered to make Queer Studies, WGST 22000,



Senior Aaron Lipford, co-sponsor of the gender-neutral housing bill, speaks at the Student Government Association meeting on Dec. 1.  
YANA MAZURKEVICH/THE ITHACAN

the intro course for the minor.

“Having a minor in queer studies is a way for the college ... to teach that the lives and experiences of queer people matter,” Henderson said. “Having a minor allows students to have an extended, continuous exploration of the subject matter and it gives it a shape.”

Last semester, the Queer Studies course originally had 15 slots, which filled within 48 hours, Henderson said. After he decided to increase the seat capacity to 25, the course filled up again within another 48 hours with six additional students overriding into the course,

Henderson said. He said the large class size required him to request a new room from the Office of the Registrar to not break fire code.

Another gender-inclusive action was the passing of the gender-neutral housing bill. The bill says students of opposite genders should be permitted to live together by ticking a checkbox in their online housing profile, Aaron Lipford, SGA vice president of campus affairs and co-sponsor of the bill, said.

Burns first introduced the bill to the Residence Hall Association, and then Lipford co-sponsored the bill when they proposed it to the SGA.

Currently, floors in the Terraces are coed and alternate gender by room. Upon implementing the bill through the Office of Residential Life, students of any gender could live together in one room even if the surrounding rooms are not gender-neutral.

The intention is for students to be able to have this option anywhere on campus, but the Quads and Towers may not be compatible because the male and female bathrooms are on opposite sides of each Quad residential hall, or different floors in the Towers, Burns said.

Terraces already has gender-neutral bathrooms, Connor McNeish, Lipford’s assistant, said.

In 2008, students proposed a gender-neutral residence floor to Residential Life, but Lipford said it was not implemented. He said having only one gender-neutral floor would have isolated those students instead of being inclusive throughout campus residence halls.

As previously reported by *The Ithacan* on Sept. 12, 2013, Bonnie Prunty, director of residential life, said each year the program didn’t garner enough students willing to live on the specific floor.

One senator asked what might happen if a student did not feel comfortable living next to a gender-neutral room, to which SGA President Crystal Kayiza said inclusivity should be a priority.

“The point of ResLife is to have people of multiple identities living together in one hall,” Kayiza said.

## Cornell senior found dead; charges filed

**BY KAYLA DWYER**  
NEWS EDITOR

The evening of Thanksgiving took a tragic turn for Shannon Jones, a senior at Cornell University, who was killed in a Cayuga Heights apartment.

Benjamin Cayea, 32, was arrested on Nov. 28 and charged with second-degree murder for the death of Jones on Nov. 27 in his apartment on Triphammer Road, according to a press release from the Tompkins County Sheriff’s Office. He was remanded to the Tompkins County Jail without bail and appeared in the Village of Cayuga Heights court on Dec. 2.

At his court appearance, Cayea waived his right to the initial hearing and was sent back to jail without bail. He will reappear in front of a grand jury on Dec. 18 at the Tompkins County Court.

After strangling her to death, he drove Jones’ car to the apartment of childhood friend Jacob Ives on Elmira Road, according to Ives’ statement to Tompkins County Investigator John Federation. When Cayea arrived at the apartment, he confessed to Ives that he had killed Jones, who he had been dating on and off for the past two years, Ives said.

“He told me that he had lost control,” he said in his statement.

In his statement, Ives said he had never known Cayea to be violent.

“Because of his religion, I thought him incapable of violence,” he said. “He is a Buddhist.”

Jones, at 23 years old, was a senior independent major in engineering at Cornell whose primary studies were in space controls engineering in the field of aerospace, Lance Collins, dean of the college of engineering, said.

Dawn McWilliams, director of communications in engineering, said most students and faculty are still in shock over the news. He said the community support meeting held Dec. 1 in the Upson Hall lounge was busy with members of the campus community.

Her interests in aerospace studies led her to participate in the Violet student satellite project team under Mason Peck, associate professor of mechanical and aerospace engineering.

Peck said Jones joined the team a few years ago while Peck was on leave from NASA, and when he returned to Cornell as a full-time associate professor, he discussed the project with her in detail and how her contributions furthered the project. For example, she recently helped test the satellite’s star tracker, which uses images of stars to determine the spacecraft’s orientation in space.

“She helped figure out how to make Violet’s star tracker work, and when Violet launches next year and takes its first images of the stars, we’ll have Shannon to thank for it,” he said.

Peck said her creative thinking helped the team in its goal to cross new frontiers in aerospace engineering.

“Her enthusiasm for space also would have helped her become successful as a NASA engineer someday,” he said.

## Early graduates prepare to face life after college

**BY TINAMARIE CRAVEN**  
STAFF WRITER

As students ready themselves for their December graduation, reports indicate that employers will be hiring 16 percent more recent graduates this year.

According to a College Employment Research Institute press release issued Oct. 7, American companies are expected to hire 16 percent more bachelor-holding applicants in May 2015.

An estimated 261 students are expected to graduate from Ithaca College in December, Registrar Brian Scholten said. Of those 261 students, 225 are undergraduate students, and the remaining 36 are graduate students, Scholten said.

John Fracchia, associate director of the Office of Career Services, said students graduating in December should be hopeful about their post-graduate employment opportunities.

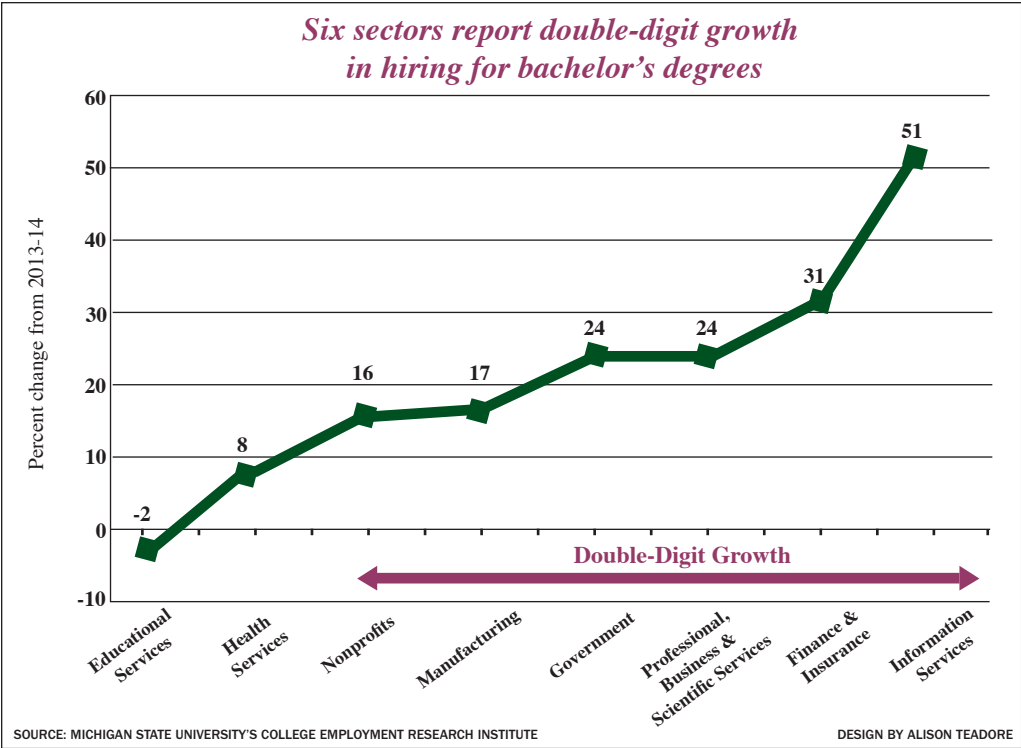
“What I’m seeing is that there are an awful lot of entry-level opportunities available for students across the different disciplines,” he said.

Fracchia said he has seen an increase in the number of companies that recruit students both physically and through online posts for employment opportunities over the last four years. In the 2009–10 academic year, Career Services had 2,481 job postings, which jumped to 4,448 postings in the 2013–14 academic year, he said.

December graduates could find themselves in a frustrating position because some companies use a hiring cycle that’s focused on students who graduate in May, Fracchia said. While students graduating in December may get hired, they might have to wait until the summer to begin working, he said.

According to the National Association of Colleges and Employers Job Outlook 2015 report, employers will be hiring 8.3 percent more graduates for the whole year of 2015.

The report found that employers are



primarily looking to hire applicants holding a bachelor’s degree in engineering, business and computer and information sciences. It also found that applicants with strong financial and computer science backgrounds are the most desirable to employers.

Senior Rachael Cohen, an integrated marketing communications major who will be graduating in December, said she’s ready to work. After graduation, she will be working at Butler/Till, a media and communications agency in Rochester, New York.

“For me, it makes the most sense for me to graduate in December,” Cohen said. “I feel like I’ve gained a lot of knowledge, and I’m ready to start in the workplace.”

Fracchia said the most popular programs that recruiters look at are accounting and computer science as well as allied health professions including physical therapy; occupational therapy; and speech, language and pathology. Fracchia said liberal arts students should not be discouraged because their studies can be applied to more than one field.

“So many things that get posted put a high

value on critical thinking skills that are developed during liberal arts programs,” Fracchia said.

Fracchia said students should network to negate the potential job-hunting frustration.

“Make sure that people in your lives and other professionals that you’ve built relationships with know that you’re graduating in December and that you’re ready to work,” he said.

Senior Amanda Nauseef, a music performance education and bassoon major, said she is feeling nostalgic and nervous about her impending graduation date.

“I don’t really know what the next thing is,” Nauseef said, “Part of me is really excited to see what the next step is, and part of me is nervous.”

While she doesn’t have a concrete idea of what she will be doing after graduation, Nauseef is looking for teaching positions within Central New York and living at home until she finds a position worth the relocation, she said.

“[You have to] stay optimistic when it comes to that next step after Ithaca College,” Nauseef said. “We’re set up for great success so we just have to keep our heads up and be outgoing.”



# Counseling center enlists faculty help for student needs

**COUNSELING**  
FROM PAGE 1

needed more support to give the proposal more traction.

“This is not an end-run around the administration,” she said. “They have heard this before.”

Rothman said his request for additional resources was met in the short term, the office having been provided with another therapist through the end of the spring semester.

“We are continuing to monitor the situation and to look at different models and approaches to address the need beyond this academic year,” he said.

Harper said the office has struggled to keep up with student demand.

“We started a waitlist in the beginning of October,” she said. “We had more than 100 students waiting for services. Counselors are booked two weeks out in advance.”

Though the office has the ability to refer students to off-campus resources, Harper said this was not a viable option for students due to their busy schedules. She said because students were having difficulty getting appointments, more and more were coming in during the same-day crisis hours. Harper said the space allotted for this was usually a 2-hour block with one counselor, and the increased numbers led to the staff feeling overworked.

Harper said retention was an important issue for the college to consider.

“We have lost quite a few students this semester,” Harper said. “Fifty students went on medical leave this semester as of Thanksgiving break. Some could be retained through our services if we had time to see them or catch it in time.”

Cynthia Henderson, associate professor of theater arts and Faculty Council member, said she felt this issue was one that needed to be addressed promptly.

“We should at least start discussion,” she said. “We have students in crisis.”

During the years 2008–13, the college saw 245 medical leaves, and the majority of these were psychological, Harper said. One hundred fifty-three did not come back. Of the 84 that did return, she said, 15 left again.

“This is the hidden cost of a lack of adequate services,” Harper said, estimating that the college could potentially save up to \$2 million in tuition funds by retaining the students at risk of leaving due to psychological strain, citing research done by Daniel Eisenberg about the value of a campus counseling center.

Though the college is feeling the strain of not being able to meet the needs of students seeking counseling services, Harper said the college is not alone, as many campuses are grossly understaffed. She said the office meets the minimum counselor-to-student ratio required, but this is nowhere near the amount required to meet student need.

“Ideally we’d want a ratio of one to 500,” she said. “We are at one to 950 or 1,000.”

This requirement is overseen by the International Association of Counseling Services, Inc., which says that counselors should not spend over 65 percent of their time on face-to-face service. However, Harper said the office has been exceeding this for several years.

“When our usage is as high as it is, we meet the minimum, but it’s not enough to provide services,” she said.

The council passed a motion to promote an increase in resources for Counseling and Wellness and determined that the executive committee would formulate a plan of action.

# IC baseball alum dies unexpectedly

**ADDY**  
FROM PAGE 1

College World Series.

Belyea, a friend of Addy’s, said they played hockey on the same team as kids and summer baseball together into high school. He said Addy was recruited to both the college and University of Mary Washington for baseball, which is where he went before transferring to Ithaca College after his freshman year.

Addy graduated from Newfield High School in 2010, where he was an athlete and captain of the baseball and basketball teams.

Graduate student Corey Caswell, now an assistant coach on the college’s baseball team, said Addy often played outfield positions at the college and was a designated hitter. On the field, Addy had a hard-working mentality which he spread to his teammates, Caswell said.

“As a player, he was always the one pushing everyone the hardest that they could go,” he said.

He said Addy batted sixth in the lineup, right behind Caswell — they called themselves the “bash brothers,” a reference to “Mighty Ducks,” for the way they played off each other at bat.

“That was always a good thing to have him behind me because that always told me that he had my back no matter what,” Caswell said.

Junior Cameron Oathout said he and Addy always stood together in the dugout, and he remembers being the first one to hug Addy as he ran in from the outfield when they won the World Series game.

“It was a moment of love and passion for the game and for each other as teammates,” he said.

Belyea said Addy wanted to become a third-generation line mechanic in electrical power lines after his father, uncle and grandfather.

“He was very close with his whole family,” he said. “[His brother] looked up to him a lot, and Max loved being a big role model for Cal.”

After graduating from the college, Addy began attending the Southeast Lineman



Max Addy '14 makes a hit during his junior year season with the Ithaca College men's baseball team. Addy, who was an outfielder and designated hitter, died unexpectedly Nov. 28.  
JENNIFER WILLIAMS/THE ITHACAN

Training Center in Trenton, Georgia, where he was recognized for his performance with a Wood Walker award. Wood walker is the term the program uses for lineman apprentices.

Among Addy’s other passions was making others smile, Belyea said. One of the many ways he said Addy would do so was with his loud voice, recalling their time together in Terrace 13.

“We would get complaints all the time,” he said. “Those walls were way too thin for Max.”

Addy will be buried following a Mass of Christian Burial at 10 a.m. on Dec. 4 at the Immaculate Conception Church, located in downtown Ithaca. In addition, Caswell said Addy’s jersey was hung during the calling hours at the church the night of Dec. 3.

“The biggest thing we try to remember is

obviously the positive memories with Max, but also what Max’s mentality would have been in this type of situation,” he said. “If he were here to tell us today, he would tell us ... never forget it happened, but just remember the positives and go back out there and get it.”

In memory of Addy, and in exchange of flowers, donations to the Newfield Booster Club will be collected, according to Addy’s obituary in the Ithaca Journal. Bangs Funeral Home is in charge of arrangements.

Belyea said Addy was a people person who loved to brighten up the days of people around him.

“I think if he saw how much of an impact he made on people, he would be very proud of himself, just for how many people he touched and inspired,” he said.

# Students respond to Michael Brown shooting

**RALLY**  
FROM PAGE 1

Court Street. Protests and rallies have continued despite Wilson’s resignation from the Ferguson police department on Nov. 29.

Around 225 students and faculty attended the rally, in which student speakers shared their stories and feelings about police brutality, structural violence and racism. The rally was based on the ruling in the Ferguson incident as well as the 43 missing student activists from Iguala, Mexico, who were arrested by local police on Sept. 26 and then handed over to a major drug cartel.

Students at the college walked out of their classes at 1:01 p.m., in accordance with 12:01 p.m. Central Standard Time, when Brown was shot, to rally for two hours despite the cold temperature.

In between personal speeches by students, the crowd chanted “Hands Up, Don’t Shoot”; “No Justice, No Peace”; and a South African protest chant which translates to “Not One More.” Signs at the rally included some that referenced Shawn Greenwood, a black Ithaca man who was killed by police on Feb. 23, 2010, and “Stop the New Jim Crow” signs. After a few planned speeches by organizers, the event was opened up for members of the crowd to speak. Students lined up to address the crowd through a megaphone.

Kayla Young, a senior and another organizer of the event, said



Students hold up signs at the “Hands Up Walk Out” rally, which students organized on Dec. 2 outside the Campus Center at Free Speech Rock.  
TOMMY BATTISTELLI/THE ITHACAN

the rally outside the Campus Center provided students a chance to communicate their feelings about issues of race, police brutality and the events in Ferguson.

“Those are students who have held that in all semester long, looking for a place to grieve,” she said. “It was really powerful to hear from a lot of those students who were just honest.”

The event began with a moment of silence for victims of police brutality and structural violence and included chants,

poetry and sharing from both organizers and attendees.

To continue the conversation, the organizers of the rally scheduled a meeting Dec. 3 to discuss student activism at Ithaca College. Organized by JUICE, a student group opposed to police militarization, the purpose was to allow students to engage in dialogue about their experiences with race and forms of resistance, according to the Facebook event.

Rita Bunatal, a junior who attended the rally, said she was

happy to see so many people share their stories. However, she said although social media activism is helpful, she wished more students who participate in such activism attended the rally.

“I would like to see more Ithaca students come out to these events,” she said.

Organizer Luna Gallegos, a sophomore, spoke about the passion of the missing Mexican student activists. She said students here should be inspired by those missing students to make change here. She asked the crowd what they have to lose by speaking out.

Steven Kobby Lartey, a senior and another organizer, responded to this question.

“We have nothing to lose but the chains of oppression and injustice,” he said.

International students spoke about the military presence in their countries, while many other students shared personal encounters with discrimination and their own fears about how police brutality could affect them. Other speakers spoke against the sense of complacency they feel is prevalent on this campus in regard to racial issues and said they wished more students had joined the rally.

Young said the issues discussed relate to all students on campus.

“This is about making the campus better for all of us, it’s not about only a certain group,” she said. “It’s about wanting to have a holistic, real experience.”



## IC OVERSEAS

# IC faculty and staff offer short-term abroad programs

BY TAYLOR ZAMBRANO  
ASSISTANT NEWS EDITOR

While Ithaca College offers study-abroad programs for full semesters, faculty and staff members have taken it upon themselves to create short-term programs for students who want a similar experience.

Mary Taylor, a registered professional nurse who works in the Hammond Health Center at the college, is one of the few faculty and staff members who has started her own short-term study-abroad trip. Each summer, Taylor brings about seven interested students who have taken the prerequisite course to Malawi, which is in Africa. However, if not enough students who have taken the course sign up, then the trip opens up to all students.

Taylor said on this trip, which will take place June 1–15 this year, students feed babies from nearby orphanages and work in mobile medical clinics, which are offered through an organization called the Ministry of Hope.

“We bring extra pairs of hands, funding to buy medicines, and it’s just mutually beneficial for the Malawians and us,” she said.

Taylor said while she was a student at Ithaca College, she wrote a proposal to the School of Health Sciences and Human Performance to intern in Malawi. Once she was there, she fell in love with the people and the country. She said



Students from Ithaca College hold babies from the Ministry of Hope crisis care nursery in Lilongwe, Malawi. The nursery provides care and nutrition for the children until they’re old enough to return to their families.

COURTESY OF MARY TAYLOR

after she graduated, the dean of HSHP asked if she would go back and take students with her. This will be their fifth trip.

The application deadline for Malawi is Feb. 20, 2015.

Similarly, Susan Allen-Gil, professor of environmental studies and science, said she finds that

students who partake in her short-term study-abroad trips find it to be a transformative learning experience.

She offers a two-week trip to the Central American country of Belize, where students take trips to landmarks, meet with people from different cultures in the country and

work with a traditional healer.

Allen-Gil said students must first complete the course Rainforests, Reefs, and Ruins: Belize Case Study, a course offered in the fall before traveling to Belize, which occurs annually in January.

However, Allen-Gil said reading a book about a traditional healer,

which is part of the class, doesn’t compare to physically going out with one and collecting the plants to make treatments for something like a bug bite.

“[The trip] really reinforces all the information that’s taught on campus in ways that I find it’s difficult to do on campus,” she said.

The Belize program is not currently accepting applications.

Hormoz Movassaghi, professor of finance and international business, partners with HSHP to go to China with students, where they visit hospitals, take classes that focus on health care and go on cultural excursions together. However, they focus more on the business, sports industry and health care industry aspect.

Movassaghi said the students spend one week in Beijing and one week in Shanghai, and during this time they visit companies that are entirely owned by China, such as steel factories and joint ventures like General Motors and Motorola.

“For me, it has always been about the students in terms of maximizing the educational value, or providing opportunity for the students to grow,” Movassaghi said.

The application deadline for the program in China is Dec. 25.

All applications and information about the short-term study-abroad programs can be found online on the Office of International Programs’ website at [ithaca.edu/oip/](http://ithaca.edu/oip/).

## Students studying in Australia share their experiences abroad

BY KATE NALEPINSKI  
CONTRIBUTING WRITER

Watching as the sun sets on a warm Australia day, junior Jon Yoskin surfs atop a blue and orange wave, skidding over the ocean water in New South Wales.

Yoskin attends the University of New South Wales, a short distance away from the beach. He said the closeness and the freedom he experiences in Australia are just two of the factors that allow him to truly enjoy his time abroad.

“I can surf whenever I want to,” Yoskin said. “Just being that close to the water and having it at my disposal has probably been the best experience I’ve had here.”

Yoskin, along with junior Ashley Chanatry and senior John Storer, is part of Ithaca College’s study-abroad program, living and studying in Australia since July.

Though they said they’ve enjoyed their time in Australia, the students expressed their distress with daily culture shocks, including distance from family, lack of cellphones, social friendliness and unusual academic grading. Chanatry said the grading system is numeric, though a failing grade is 40 percent or below.

“I have found that classes in Australia are very different than classes in the states,” Chanatry said about her Aboriginal Sydney course, where students study the lives of Sydney inhabitants by exploring the community.

“I’ve noticed that professors are much more critical when grading assignments than they are at home,” Chanatry said. “The grading system is completely different.”

Yoskin said he dealt with the culture shock of the Australian academic system. Before attending the Philip Baxter College within the University of New South Wales, he said, he was unfamiliar with the grading system.

Yoskin also said one drastic difference from the United States is how the university is organized in Australia. Most Australian

students attend a university for three years, and each university is divided into colleges based on area of study and preference for a specific residence hall. Each college can have a varying number of students, ranging from 200 to 10,000.

Additionally, Ithaca College students who commuted to a university in Australia had a completely different experience from those who lived in a residential college.

Shortly after arriving in the country, the students busied themselves with Australian activities such as snorkeling in the Great Barrier Reef in Queensland, camping out and surfing on the beaches, and eating local food. The students ate foods like vegemite, a dark paste eaten with crackers; pavlova, a fruity dessert; and meat pies.

Chanatry said how incredible her experience snorkeling in the Great Barrier Reef was, while Storer compared it to his own version of “Finding Nemo.”

Some students also visited other tourist attractions over their spring vacation as part of their study-abroad program, including a two-day trip Storer took on the coast of Cairns, a small township in Queensland. In addition to this, he and other students also took a 2-hour drive into the Daintree Rainforest, where they later camped out on the beach.

“I can’t describe to you how liberating it was,” Storer said. “I just slept on the beach and waited for the sun to rise. I felt alone but at the same time, not alone.”

In terms of social differences, Yoskin compared Australia to one giant California and said how easygoing and relaxed the residents are. Storer said he thinks strangers are kind and approachable in Australia.

“I had to adjust,” he said. “I think it made me a more outgoing person because I became more sociable.”

Though the college’s students all have countless reasons for studying abroad, the



From right, junior Ashley Chanatry stands with her friend, Elisabeth Marchbanks, in front of the Sydney Opera House during her study-abroad semester in Sydney, Australia.

COURTESY OF ASHLEY CHANATRY

experience has connected them together in a variety of ways. Storer said traveling unites people together, which allowed him to make new friends. Through this, he has unintentionally gained a love for traveling after studying abroad, he said.

“I think being with people from all over the world and traveling with people who were also traveling gave me a chance to be with many people who were also trying to make friends,” Storer said.

Chanatry, originally from New Hartford,

New York, expressed her interest in exploring new places in the future. She said after taking a semester abroad, she won’t feel satisfied with staying in one place for too long.

“I’ve always dreamt of going to Australia, and seeing pictures and hearing stories from peers who have gone abroad definitely sold me,” Chanatry said. “Hearing about the Great Barrier Reef, the beaches and the wonderful city of Sydney was enough to convince me to study abroad, and I don’t regret that decision at all.”



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# Project Looksharp director publishes in social magazine

Chris Sperry '79, director of curriculum and staff development in Project Looksharp, has studied education and media literacy since he was a student at Ithaca College. With his knowledge of the topic, he has developed his own method of teaching critical thinking and has worked with Project Look Sharp, the college's media literacy initiative, to work with educators throughout the world.

Most recently, Sperry published a piece in *Social Education* magazine titled "WWI Through Constructivist Media Decoding." The article focuses on ways to teach students about World War I through media such as propaganda posters. Additionally, Sperry incorporates these teaching methods into his classroom at the Lehman Alternative Community School in Ithaca.

Staff Writer Maura Aleardi spoke with Sperry about the article, modern education and his work with Project Look Sharp.

**Maura Aleardi:** How did you make the connection between teaching students and decoding WWI propaganda posters?

**Chris Sperry:** As a teacher of social studies, and ultimately humanities as well as media production [at the Lehman Alternative Community School] that had kids whose parents taught philosophy at Cornell and Ithaca College together with students who had failed out of elementary school in the same classroom — both populations with their own brilliance but very different relationships to academic scholarship and certainly to the printed word — I turned to my media literacy background to use pictures, photographs, video paintings, popular culture media to teach about all different subjects in history and sociology through what we have come to call constructivist media and decoding, which is asking students questions in relationship to their analysis of media images that ask them to apply content knowledge as well as critical thinking skills to



Chris Sperry, director of curriculum and staff development, teaches a class at the Lehman Alternative Community School in Ithaca on Nov. 26 about decoding media messages.

MAX GILLILAN/THE ITHACAN

their analysis of media documents.

**MA:** What was most difficult about researching and developing this teaching method?

**CS:** The thing that was most challenging and useful was being in a school that valued the voice and perspective of young people who have pushed me to listen well and to adapt

and mold my teaching to what worked — what resonated with young people.

**MA:** What do you hope to accomplish through Project Look Sharp?

**CS:** We are collaborating with the National Association for Media Literacy Education, which is the leading media literacy organization in the United States, to propose what we call the Media Lit ExChange, which will be an online platform, like a wiki, where educators and others will submit media documents and questions for classroom analysis tagged to particular subject areas, particular content and particular grade levels and common core and other learning standards.

**MA:** Where does your passion for teaching come from?

**CS:** I think, as with all student teachers, there is an excitement and a tremendous reward that comes when the factors are working ... most of those factors being with the students, but when the classroom, the teacher, the students and the individual students and the collective organism in that classroom are working well together, it is a tremendous thrill. It is where I derive my passion.

**MA:** Do you expect that this method will need to be altered in the next 10–15 years?

**CS:** We as a very big collective unit need to make education and teaching more relevant to lives of our students because there is so much information so easily accessible to students, not only in the United States, but around the world. Twenty-first century teachers in technology and communication and media require that we emphasize the development of students' judgement ... their ability to evaluate and, ultimately, make informed and wise decisions about the information.

## Students win top prizes in business competition

**BY YANE AHN**  
CONTRIBUTING WRITER

Student entrepreneurs had the opportunity to pitch their business ideas to a panel of professionals and executives Nov. 20. The 12 groups, chosen from an original group of 27, competed for three possible first-place awards of \$1,000 each.

The inspiration for the competition came from discussions in 2011 between Mary Ellen Zuckerman, former dean of the School of Business, and Christopher Burch '76, who got his own start in business selling sweaters on campus while still a student.

Brad Treat, instructor of management, coached and supported the groups that presented at the competition. Many of the competing groups came from his class, Entrepreneurial Innovation. Treat said the students now tend to look off campus and identify problems that businesses could solve globally, and the business ideas continue to get stronger each year.

"I think, historically, students look at students' problems, but now they're saying, 'Let's think bigger,'" Treat said. "I think the big thing is that all this is possible because of an Ithaca College alumni who's been so generous in his giveback."

The 12 groups were competing along three tracks: innovation, service and health. Four groups competed within each of these themes as it related to their business ideas. The judge panel consisted of Michael Axelrod '91, co-founder of

QuickMeds and partner of Liquid-Hub; John Alexander, founder of CBORD; Heather Lane '10, owner of Purity Ice Cream; and Stephen Cohn '89, co-founder and president of Sage Financial Group.

Axelrod said the judges try to look for ideas that are viable products that could generate revenue and income.

"There were a lot of ideas today that could do that, so it was really difficult looking through the categories to see which was the most viable," he said. "I think people had a better vision of where they're going to take their ideas this year than they have had in the past."

The winners of the innovation track were seniors Andrew Sowers and Stephen Briggs, who created UV Clipboard, an application that uses cloud storage to copy and paste across devices. The app works as a synchronized clipboard, allowing users to record, save or utilize information more easily among devices.

"This idea was forged several weeks ago out of a need personally when I was working on a project in a group of people," Sowers said. "I saw a need in everyday life. Why not take my skills I learned here at Ithaca College and apply them to fit that need?"

Briggs said he plans to update the look, design and feel of the user interface of the app, which is currently in beta testing. He also hopes to update branding and reach out to tech blogs to promote UV



From left, seniors Andrew Sowers and Stephen Briggs won the innovation track at the Business Idea Competition on Nov. 20 with UV Clipboard, an application that uses cloud storage to copy and paste across devices.

CAROLYN FASONE/THE ITHACAN

Clipboard. The team plans to work with the money from the competition to get the app running before the spring semester.

The winners of the health track, senior Katie Deitz and junior Cody Stahl, aim to develop their program, Gym View, which allows users to check the status of gym equipment that is registered with the website.

"We want to take it forward next semester and hopefully enter the Business Plan Competition in the spring and kind of see where we go from there," Deitz said.

The two expressed concerns over costs, as the domain name of GymView.com is around \$1,795. However, Deitz said they want to make their idea into a reality as it received a great amount of support on campus.

Junior Daniella Raposo, senior Eliza Diamant and sophomore Kat Fischer won the service track for their app concept, On Set, which allows people to use sound recognition software to identify movie trailers that are shown in the theater. The app will then provide users

with information and updates related to that movie trailer after they leave the theater.

"I was sitting in a movie theater one day, and by the time I walked out of the theater I realized I could not remember any of the trailers I had watched," Fischer said. "I wanted to create something that would help [people] remember movies."

Diamant said they hope to make it a viable product in the marketplace, especially after receiving positive feedback from fellow students and the judges.







# MULTIMEDIA

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## VIDEO



**Video**  
Members from the ICircus Club practice their talents on the Wood Floor Gym in the Fitness Center and explain what the club is all about.

## FLICKR



**Life & Culture**  
Check out behind the scene photographs from "For the Love of Ponies."



**Sports**  
See pictures from the men's basketball game against Trinity College on Nov. 21.



**News**  
View pictures of the Ithaca College community as it participates in Hands Up Walk Out in solidarity with Ferguson, Missouri on Dec. 1.

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# Public Safety Incident Log

SELECTED ENTRIES FROM  
NOV. 4 TO NOV. 13

### NOVEMBER 4

#### MEDICAL ASSIST

LOCATION: Fitness Center  
SUMMARY: Caller reported person having a seizure. Upon officer's arrival found person was not having a seizure. Person had passed out and hit their head. Person transported to CMC by ambulance. Patrol Officer Jon Shingledecker.

#### CONDUCT CODE VIOLATION

LOCATION: East Tower  
SUMMARY: Caller reported person having difficulty breathing after smoking marijuana. Person declined medical assistance from ambulance staff and referred judicially for violation of drug policy. Patrol Officer Steven Rounds.

### NOVEMBER 5

#### FOUND PROPERTY

LOCATION: Athletics and Events Center  
SUMMARY: Caller found a set of keys and it was turned over to public safety. Unknown owner.

#### MOTOR VEHICLE ACCIDENT

LOCATION: J-Lot  
SUMMARY: Caller reported two-car property damage. Investigation pending. Master Patrol Officer Brad Bates.

### NOVEMBER 6

#### FIRE

LOCATION: Garden Apartments  
SUMMARY: Caller reported a cardboard box that was too close to stove caught on fire. Caller also reported fire was out. Report taken. Master Patrol Officer Bruce Holmstock.

#### LARCENY

LOCATION: Whalen Center for Music  
SUMMARY: Caller reported unknown person stole iPad. Investigation pending. Patrol Officer Jon Shingledecker.

### NOVEMBER 7

#### V&T VIOLATION

LOCATION: Farm Pond Road  
SUMMARY: During vehicle stop, officer issued the driver uniform traffic ticket for Ithaca Town Court for aggravated unlicensed operation and campus summons for avoiding a traffic control device. Master Patrol Officer Brad Bates.

#### POSSESSION OF MARIJUANA

LOCATION: J-Lot  
SUMMARY: Officer reported person smoking marijuana. One person judicially referred for unlawful possession of marijuana. Patrol Officer Steven Rounds.

### NOVEMBER 8

#### MEDICAL ASSIST

LOCATION: Terraces  
SUMMARY: Caller reported person tripped on stairs and injured their head. Person declined medical assistance. Patrol Officer Waylon DeGraw.

#### MAKING GRAFFITI

LOCATION: Emerson Hall  
SUMMARY: Caller reported person wrote graffiti. Investigation pending. Master Patrol Officer Don Lyke.

#### POSSESSION OF MARIJUANA

LOCATION: Bogart Hall  
SUMMARY: Caller reported odor of

marijuana. Seven people judicially referred for unlawful possession of marijuana. Patrol Officer Robert Jones.

#### V&T VIOLATION

LOCATION: All other  
SUMMARY: Officer reported finding wallet and it contained a fictitious license. Investigation pending. Patrol Officer Robert Jones.

### NOVEMBER 9

#### HARASSMENT

LOCATION: Upper Quad  
SUMMARY: Caller reported people fighting. Officer restricted one person from the campus. Second person was issued an appearance ticket for Ithaca Town Court for obstruction governmental administration and resisting arrest. Patrol Officer Eric Willman.

#### CASE STATUS CHANGE

LOCATION: Office of Public Safety  
SUMMARY: Officer reported person responsible for possession of fraudulent ID originally reported on Nov. 8 was judicially referred. Patrol Officer Robert Jones.

### NOVEMBER 10

#### CRIMINAL MISCHIEF

LOCATION: Bogart Hall  
SUMMARY: Caller reported unknown person damaged window. Investigation pending. Patrol Officer John Elmore.

#### ROBBERY

LOCATION: Flora Brown Drive  
SUMMARY: 911 center reported two unknown males assaulted victim and stole money from the person.

Investigation pending. Patrol Officer Eric Willman.

### NOVEMBER 11

#### MISSING PERSON

LOCATION: Terraces  
SUMMARY: Caller reported person has not been seen in several days. Officer reported that the subject not located at residence. Investigation pending. Patrol Officer Steve Rounds.

#### BURGLARY

LOCATION: Tallcott Hall  
SUMMARY: Caller reported unknown person entered and stole laptop computer. Investigation pending. Patrol Officer Steve Rounds.

#### CONDUCT CODE VIOLATION

LOCATION: Circle Apartments  
SUMMARY: Caller reported large gathering. Two persons judicially referred for noise violation. Master Patrol Officer Brad Bates.

### NOVEMBER 12

#### CRIMINAL MISCHIEF

LOCATION: Butterfield Stadium  
SUMMARY: Caller reported unknown person damaged chain that locked gate. Investigation pending. Master Patrol Officer Don Lyke.

#### CASE STATUS CHANGE

LOCATION: Office of Public Safety  
SUMMARY: Person responsible for criminal mischief to gate of Butterfield Stadium reported Nov. 12 was judicially referred. Master Patrol Officer Don Lyke.

#### POSSESSION OF MARIJUANA

LOCATION: Emerson Hall  
SUMMARY: Caller reported an odor of marijuana. Two people judicially referred for unlawful possession of marijuana. Patrol Officer Robert Jones.

### NOVEMBER 13

#### FIRE ALARM

LOCATION: Circle Apartments  
SUMMARY: Simplex reported fire alarm. Officer reported alarm accidental due to burnt food. System was reset. Patrol Officer Jon Shingledecker.

#### CONDUCT CODE VIOLATION

LOCATION: Garden Apartments  
SUMMARY: During inspection, caller reported person covered smoke detector. Four people judicially referred for tampering with fire equipment. Patrol Officer John Elmore.

#### POSSESSION OF MARIJUANA

LOCATION: Circle Apartments  
SUMMARY: Caller reported odor of marijuana. One person judicially referred for unlawful possession of marijuana. Patrol Officer Mayra Colon.

**FOR THE COMPLETE SAFETY LOG,**  
go to [www.theithacan.org/news](http://www.theithacan.org/news).

### KEY

CMC - Cayuga Medical Center  
V&T - Vehicle and Transportation  
AD - Assistant Director  
SASP - Student Auxillary Safety Patrol  
IPD - Ithaca Police Department  
TCSO - Tompkins County Sheriff's Office



EDITORIALS

ADDRESS THE ISSUES

Students at Ithaca College must continue to address problems promptly to prevent a buildup of problems that lead to a full scale sit-in, like at Syracuse University

Student protesters — known as THE General Body — at Syracuse University ended their 18-day-long sit-in in an administration building Nov. 20. Although the results are not immediate, the University Senate said it will listen to students’ demands, proving that their efforts and voices will not go unnoticed or unheard.

According to a meeting agenda on its website, the Syracuse University Senate — the university’s academic governing board consisting of elected faculty, staff, students and administration members — will consider two different resolutions regarding THE General Body’s demands Dec. 3.

In a recent news article in *The Ithacan* comparing Ithaca College and Syracuse University, it is evident that services and conditions at the college are not as dire as they are at Syracuse University. Students at Syracuse University have protested the closing of their Advocacy Center, a lack of mental health services and the defunding of the minority scholarship program, POSSE.

Ithaca College students are fortunate to have services and programs such as SHARE for sexual harassment and assault victims, the Center for Counseling and Psychological Services, the Martin Luther King Scholar Program and the African, Latino, Asian and Native American community for minority students.

At Syracuse University, the buildup of various program and service cuts boiled over and led to THE General Body’s sit-in. To avoid a similar situation, students at Ithaca College should continue to address problems when they arise to provide enough time to converse and negotiate with administrators.

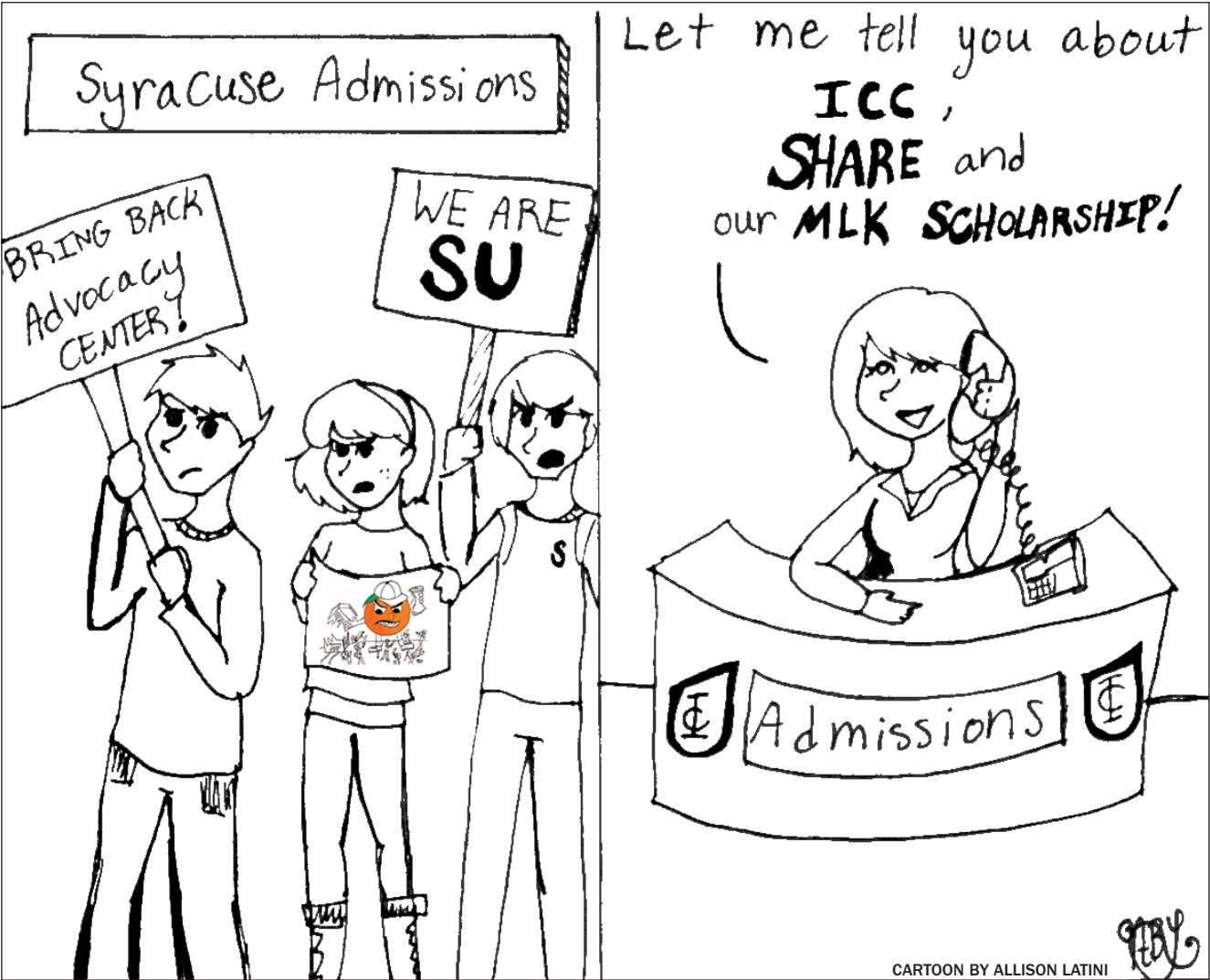
WHICH DEFINITION

The definition of micro-aggressions often differs, which is problematic for trying to address and eliminate them

“Micro-aggressions” are often subtle, derogatory remarks — both intentional and unintentional — that target under-represented groups. Because many people may not know they are possibly offending others, it is important that there is a collaborative effort to hinder the use and display of micro-aggressions.

The Student Government Association has made efforts to raise awareness of micro-aggressions, such as creating a task force and making inclusion a priority. There is now an effort to reach out to faculty regarding micro-aggressions. Belisa Gonzalez, associate professor of sociology, will facilitate a micro-aggressions workshop Dec. 4. She said the focus will be on the history of micro-aggressions, definitions and their impact in the classroom.

Although the workshop will be beneficial for attendees, organizers should be clear about which definition of micro-aggression they plan to use. The workshop should focus on micro-aggressions directed toward marginalized groups instead of more broadly on any statements that make students feel uncomfortable, which some people may consider to be micro-aggressions. By addressing micro-aggressions with too wide of a definition, organizers risk weakening the severity of the issue.



CARTOON BY ALLISON LATINI

YOUR LETTERS

Privileged individuals should be more involved in Ferguson issue

What role does an affluent teenager — thousands of miles away from Ferguson, Missouri — play in the wake of the decision against the indictment of Darren Wilson?

How can we understand people destroying the town they’re trying to defend — some threatening the officers who are supposed to protect them — when we live in towns whose streets remain empty in the face of injustice? When our nation stands up, faced with

crisis, suburbia sits down on the couch and flips to Fox 5 News at 10.

We’ll never understand systematic oppression. We’ve been taught that the law is just. It’s confusing to us when people act out against a judge’s decision, upheld by the law that has always protected us. Often, the worst an officer has done in our towns is bust a house party or slap us with parking tickets.

But unfortunately, we are lucky. However, our privilege does not excuse us from conversation. We may have distance from Ferguson, but we are

closest to the solution.

I’m not writing this to discount the protest, riots and rallies being led by minority groups in Ferguson or anywhere in our nation. I’m writing this because those who have the privilege of affluence and of education need to care about what’s happening in Ferguson. My hope is that all of you will be the answer.

REBECCA PLOTKIN

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SNAP JUDGMENT

What is the craziest thing you’ve ever done?



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INTEGRATED MARKETING COMMUNICATIONS ‘17



“WHEN I WAS A BABY, I USED TO EAT ICE CREAM WITH BROCCOLI.”  
**AMY STIEFEL**  
TELEVISION-RADIO ‘16



“THE CRAZIEST THING I’VE EVER DONE WAS GO TWO DAYS WITHOUT EATING.”  
**DEVAN SHAMBO**  
CLINICAL HEALTH STUDIES ‘17



“RIDING DOWN ONE OF THE BIGGER HILLS IN ITHACA WITH A LONGBOARD.”  
**LIAM MERCER**  
OUTDOOR ADVENTURE LEADERSHIP ‘18



“I CLIFF DOVE IN CANCUN, MEXICO.”  
**CAROLINE EHMAN**  
EXPLORATORY ‘18

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## GUEST COMMENTARY

# Sport studies major should not be eliminated

As an alumnus and friend to Ithaca College, and someone who has reaped the intellectual benefits of the sport studies program as both an undergraduate and professional, I question the potential economic and political motives to discontinue the sport studies major. Juxtaposing this perceived cost-cutting measure with the news of key administrators receiving compensation increases only heightens suspicion.

From an academic standpoint, the decision doesn't seem to be in the best academic interests of students. In truth, it runs counter to President Tom Rochon's IC 20/20 initiative, where cross-functional learning and a mixture of liberal arts and applied courses are encouraged.

Why sport studies? Sport studies provides the theoretical foundation for understanding the games themselves, why they exist, the micro and macro socioeconomic issues affecting leagues, teams, athletes and sport's place in culture.

The sport studies curriculum provides a basis for critical thinking. The elective courses in English, history, philosophy, writing and social sciences form that basis. Perhaps if those at the forefront of the sport media landscape understood events like the hazing scandal in Sayreville, New Jersey, the domestic violence and sexual assault incidents involving NFL and college football players, Title IX or FIFA's allowance of Russia and Qatar to host the next two World Cups in a sport studies context, the reporting and commentary would be more critical.

One of the greatest advantages to the bachelor of arts in sport studies is that it presents infinite job options: graduate school, law school, training, teaching, coaching and numerous counseling pursuits. Sport studies graduates are C-level executives — CEOs, company presidents, etc. — entrepreneurs, writers, broadcasters, teachers, coaches, trainers, public relations and marketing representatives.

My own sphere of sport studies alumni — a combination of majors and minors — includes



Will Weiss, right, participated in a panel discussion for Sport Media Day on April 13, 2012. Weiss wants Ithaca College to reconsider the elimination of the sport studies major, which was finalized April 22. COURTESY OF ITHACA COLLEGE

multiple Emmy Awards and Super Bowl rings, an ESPN TV personality, two espn.com writers, two lawyers — including a U.S. Attorney — four company founders and CEOs, several college professors, a PhD candidate and, cumulatively, thousands of hours and dollars given back to Ithaca College. They also demonstrate the impact that a background in the liberal arts can have on our professional and day-to-day lives.

The bachelor of arts degree is the competitive differentiator of sport studies at Ithaca College. Not once in my years as an undergrad or alumnus have I seen that fact promoted. Does the administration want to risk prospective students who may be interested in sport studies go to a different university that has a similar, but not necessarily better, program?

College, at its core, is a place of higher learning. It is, ideally, a bastion of thought and critical thinking above profit. Elimination of the sport studies major is tantamount to the removal of specialized fields of study rooted in the humanities such as sociology, anthropology, political science or the source of my degree, journalism.

Instead of cutting the sport studies program, I offer this solution: Alumni, students and appropriate parties within the faculty and administration should collaborate on a workable alternative that benefits the college's community both economically and academically.

**WILL WEISS '00** is a project manager at Ooyala Inc., an online video technology company. Email him at willweiss22@gmail.com.

## FACULTY RESEARCH

## Pressure to win discourages participation in youth sports

Between 2000 and 2005, 54 to 59 percent of American youth, aged 6–17, participated in sports. This number, however, is on the decline with over 70 percent of participants dropping out of youth sports programs before high school. One suggested explanation for this high rate of attrition is that the pressure on youth athletes is high: Many zealous coaches and parents create an environment where sport is no longer fun. This overemphasis on winning results in an increased pressure to win, and behaviors that are frequently part of a “win at all costs” mentality increase stress and reduce enjoyment.

While research commonly looks at coach behavior as the reason for dropout, parents play an integral role as well. Parents influence emotional responses such as anxiety through the expectations they hold for their young athletes. Yet, to date, no research has looked at the influence of parents' sport expectations on young athletes' anxiety.

In a recent study I conducted with Amy Frith, associate professor in the Department of Health Promotion and Physical Education, and Justine Vosloo, assistant professor in the Department of Exercise and Sport Sciences, we examined motivational contributors of anxiety in young athletes based on their parents' achievement goals



Miranda Kaye, along with professors Amy Frith and Justine Vosloo, found that coaches and parents can create a hostile environment in youth sports. COURTESY OF MIRANDA KAYE

— to outperform others, to do one's best, not to lose to others, not to do worse than one's best. Participants were competitive, young athletes between 6 and 18 years old participating in a swim team, gymnastics team or a high school varsity sport and one of their parents. A total of 73 pairs of parents and athletes completed a survey assessing achievement goals and anxiety, including worry, somatic anxiety and concentration disruption, prior to a competition.

In general, athletes in the sample had similar achievement

goals to similar groups of athletes reported in the research literature, but higher levels of anxiety. Results indicated that parents' goals predicted youths' anxiety. Specifically, parents who wanted their children to outperform others or to avoid losing to others had children with increased levels of worry. Athletes' concentration disruption, on the other hand, was somewhat minimized when their parents wanted them to avoid performing less than their best. These results suggest that parents' focus on their youth athletes not doing worse

than they have in the past may be less pressure-filled, and in turn less disruptive, than a parent focused on beating, or not losing, to other athletes. This research shows a direct link between the goals parents formulate for their children and the emotional responses of the children, which suggests that the goals parents hold for their children are being transmitted to their children and that these goals seem to relate to the actual responses of the children.

This first study of emotional transmission in parent-athlete groupings has practical implications for those concerned with dyadic interactions in youth sport, such as coaches, consultants and parents. As parents' goals influence the levels of anxiety and concentration disruption the athlete may experience, perhaps targeting the goals held by parents could reduce young athletes' levels of anxiety. It could also impact the athletes' enjoyment and motivation to continue participation. While reducing anxiety for young athletes is an important goal, this could ultimately support psychological health and development and may also ultimately improve athletic performance.

**MIRANDA KAYE** is an assistant professor of exercise and sport sciences. Email her at mkaye@ithaca.edu.



MIND MATTERS

AMELIA ERIKSON

## Personality test is only a novelty

Today I am an INTJ — Introverted Intuitive Thinking Judging. However, if you asked me a month ago, I was an INFJ — Introverted Intuitive Feeling Judging. One letter does not seem like a huge difference, but when it comes to psychometrics, or psychological testing, reliability is everything.

For those of you who may be confused, I am talking about the Myers-Briggs Type Indicator. This widely used personality inventory was created by a mother-daughter team, comprising mother Katharine Briggs and daughter Isabel Briggs Myers, inspired by psychologist Carl Jung's principles of cognitive functioning. They proposed 16 different personality types based on introversion and extroversion, sensing and intuition, thinking and feeling, and judgment and perception. It has gained popularity as a tool for job placement and counseling.

Contrary to its increased use and admiration, the MBTI produces questionable results. First, it is self-reported. It is easy for someone to fake results he or she wants or results he or she thinks are socially desirable. You want to be an extrovert? It is simple to find questions related to extroversion and answer accordingly. Other personality tests have validity measures to prevent this type of biased response. Myers-Briggs does not.

Second, it is unreliable. The test does not produce the same results over time. A study at Marshall University reported that retesting after a five-week period yielded different results 50 percent of the time. Personality is supposed to be constant, but this reflects a more flexible characteristic like mood or circumstance.

If nothing else, the main problem appears to be that the test proposes that personalities are dichotomous. You are introverted or you are extroverted. You are feeling or you are thinking. In reality, though, people lie on a spectrum. They do not fit neatly into categories and cannot be shoved into four letters.

Despite proof of its unreliability and thus invalidity, the MBTI is still widely used and trusted. CPP, the company that publishes the inventory, grosses close to \$20 million annually on the test from over 10,000 companies, 2,500 colleges and 200 government agencies. Thousands of people are using it to choose careers, create teams or enhance their resume.

I am not proposing a complete ban on the Myers-Briggs. I am advising against its use for decision making. The Myers-Briggs is the horoscope of personality tests. It is fun and can reflect how you see yourself, but it should not be used to make life choices.

**AMELIA ERIKSON** is a junior applied psychology major. Email her at aerikso1@ithaca.edu.





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PHOTO ILLUSTRATION BY AMANDA DEN HARTOG

## ‘My Little Pony’ finds passionate fan base in older viewers



# For the love of ponies

BY ANTHONY TOTO  
CONTRIBUTING WRITER

In the mystical land of Equestria, ponies, pegasi and unicorns study and learn the magic of friendship. Though this vision of pony-paradise is not something of myth: This is the premise of “My Little Pony,” a children’s series initially aimed at young girls that has gained a passionate fan base of college-aged males, comprising the budding “brony” subculture. However, these pony-loving fans have encountered a hearty dose of criticism, which has sparked conversations over social and gender issues.

The term “brony” is used to describe a male who enjoys the cultural fan base of the television series “My Little Pony.” The term got its start through the Internet, on sites such as Reddit and 4chan, and is a mashup between “bro” and “pony.”

Launched in 2010, the latest installment of the popular franchise is “My Little Pony: Friendship is Magic,” a television show produced by Hasbro Studios that has gained an increasing amount of notoriety in Internet culture and has brought new attention to the series. Its popularity is evident on the Web, with the Bronies Facebook page boasting over 70,000 likes. The cultural phenomenon and lasting effect of “My Little Pony” has exploded into more than just a television show for young children, but rather into one appreciated by a far-greater range of age groups.

Junior Sam Kamenetz identifies as a brony and said his brony persona goes beyond simply watching the series on television: Kamenetz embraces every aspect of the brony fandom, including writing fan fiction based on the series.

“I kind of have my own definition of brony that I feel like you won’t see online,” he said. “I’m just basically someone that’s kind of — obviously — an older fan that is into the fan culture as well as the show: the fan fiction, the fan art, the fan music. All the trimmings of the fandom.”

The main characters in the television show, “My Little Pony: Friendship is Magic” include Twilight Sparkle, Pinkie Pie, Fluttershy, Rainbow Dash, Applejack, Rarity and Spike. Viewers follow this band of ponies as they embark on many exploits and adventures throughout Equestria. Their personalities vary, from the brave and loyal Applejack to the brash and competitive Rainbow Dash. Kamenetz said these characters prove to be well developed and possesses his or her own unique personality, singling out Pinkie Pie, who is the more goofy and energetic of the characters, as a particularly dynamic example.

“Pinkie is the contrast between the shallow surface character and this weird insecure hidden depths to her,” Kamenetz said. “You see this with all the ponies. It’s nice to see them grow as characters. You feel like you’ve known them.”

The fandom of “My Little Pony” has established a strong community, both on and off the Internet, as there are conventions and meetups for the brony culture. Among these are BronyCon, a yearly, East Coast event where thousands of bronies from across the country come and talk about the show, share creative work based on the franchise and purchase merchandise. Last year’s BronyCon, held in Baltimore, reported over 9,600 attendees.

Though not all fans of “My Little Pony” consider themselves part of this army of enthusiasts. Sophomore Jordan Kolb,

despite being a fan of the show, does not consider himself a brony. He said the quality of the program itself draws him in, but it has not driven him to embrace the rest of the fandom.

“I just call myself a fan of the show,” Kolb said. “I’m not really part of the fandom as a whole. I think it’s really well made and people who work on the show put a lot of effort into it, but I don’t think I’m so into it that I would call myself a brony.”

Though Kolb does not see himself as a brony, he would still argue that the show is a good example of quality cartoons and has the potential to bridge across generations.

“The best kind of cartoons are the ones that a kid and an adult could both watch at the same time and equally enjoy,” Kolb said. “And when you’ve created something to bridge the gap between child and adult, you’ve created a good television show.”

The franchise’s origins trace back to the 1980s, when the company Hasbro established two franchises with separate

**“There is this whole stigma that you’re sexually attracted to ponies. There’s stigma around an older man watching a show targeted at little girls. I kind of understand, but it’s a show.”**

— Sam Kamenetz



audiences in mind: “Transformers” and the first generation of “My Little Pony.” Boys were expected to play with and watch “Transformers,” while girls would play with “My Little Pony.” However, in today’s market, demographics have changed, notably with older male audiences — bronies — becoming fans and creating communities around the series.

Despite its many fans, the brony culture has received much criticism for engaging with a product originally intended for young girls. Jaime Warburton, assistant professor of writing and the instructor for the seminar Fantasy, Fandom, and Fans: Exceeding Our Own Lives, said the stigma people have for certain fandoms comes down to issues dealing with gender.

“I think it’s all about gender policing,” Warburton said. “These issues are not because someone thinks this show is stupid, but rather because they think this show is stupid because it’s for little girls. Therefore, if you’re not a little girl, and you like this thing, they would think something is wrong with you.”

Sophomore Rachel Silverstein, also a fan, does not identify as a “pegasister” — the moniker given to female fans of “My Little Pony” — but rather as a brony. She said in a fandom of gender acceptance, having two separate terms to describe a fan is unnecessary.

“I identify as a brony,” Silverstein said. “I recognize the title of pegasister, but I think that it is kind of silly to have a fandom that stands for gender acceptance and have gender-specific titles for members of the same fandom.”

Kamenetz said “My Little Pony: Friendship is Magic” offers up themes of feminism and gender equality.

“I’ve heard people say that it’s actually a feminist show because ... it kind of shows that each of the main characters show a completely different way that you can act, saying there’s no ‘this is how you be a girl,’” Kamenetz said.

Although Hasbro Studios markets the show for girls ages 4–7, Silverstein disagrees with this contrived, age-specific demographic and said she sees “My Little Pony: Friendship is Magic” as a family television show meant to be watched and understood by the entire family rather than specifically by young girls within the families.

She said the consumer culture in general has greatly separated the genders, creating a gap between male-specific and female-specific items.

“It would be better if there were more options for both genders,” Silverstein said. “[The consumer markets] are beginning to get into it with the girls and the strong female characters, but they are not quite doing the same for boys in letting them have more things that are considered feminine, like having boy-baby dolls for them to practice being adults, like kitchen toys to play with.”

Aside from gender-specific criticism, another accusation that bronies face is in regard to material on the Internet that exploits the ponies in a sexual way, with some fans creating pornographic images of the series’ leading characters. Senior Jamie Swinnerton, who considers herself to be a fan of the show, said the bronies who depict the characters in this way make her uncomfortable.

“I find it disturbing when I see that bronies produce stuff about sexualizing ponies,” Swinnerton said. “It’s definitely something I don’t agree with. I don’t understand. It was built for little girls and taken over by male fans. So if an adult male fan wants to enjoy ‘My Little Pony’ without sexualizing them, go for it.”

Kamenetz said people have struggled to understand his point of view on the series, and often opt to focus on the sexualization in the brony fandom.

“I’ve definitely gotten negative reactions from people,” Kamenetz said. “There is this whole stigma that you’re sexually attracted to ponies. There’s stigma around an older man watching a show targeted at little girls. I kind of understand, but it’s a show.”

Despite criticism he has received, Kamenetz said the breakthrough of the brony culture may pave the way for people to explore and discover new cultures and fan bases that they might not have experienced otherwise. Ultimately, he said skeptics should have an open mind and simply take the time to try “My Little Pony” out before passing judgment.

“I feel like the writing of the show, especially the first two seasons, speaks for itself,” Kamenetz said. “And if you come to it with even a little bit of an open mind, I think you’ll be surprised and see why it has attracted such a following.”





Small store, big business

Store founder Olivia Royale rings up Ithaca resident Carson Jordan at The Art and Found on Nov. 29, during Downtown Ithaca's Small Business Saturday. Stores throughout Ithaca took part for the day, offering visitors gift certificates, sales and more.

ANTHONY MEKOS/THE ITHACAN

Game of the week

Getting lost in a freezing forest is not so pleasant — be it the wolves or the wind, the wilderness is a rough place to be. Thankfully, the minds at game studio Hinterland are bringing this wild experience to computers everywhere with the new survival game, “The Long Dark.” The game, which takes place after a global, geomagnetic disaster, puts players in a sprawling, forested world as they struggle to avoid death. Despite the world’s dismal state, it’s lovely to look at: “The Long Dark” is steeped in artistry, with a visual style best compared to painting in motion. “The Long Dark” is available on the Steam Marketplace.



TAKE MY MONEY

The Ithacan hunts down the most expensive gadgets shoppers can get their hands on.

Televisions are growing up. It seems only a few years ago, technology manufacturers were boasting their 1080p resolutions, and now 4k, or “ultra HD,” is hitting the mainstream market. But tech-giant Samsung isn’t content with making big-screened 4k televisions: They’re making the biggest one, and stocking it with every feature available.

Enter the Samsung UN105S9, a beastly, 105-inch, curved 4k LED display that boasts full 3-D capability and an appropriately monstrous price tag: \$120,000. The display, which weighs a hefty 407 pounds, is also a “smart” television, which allows it to function as a computer and media center.

Perhaps even more horrific than the television’s price tag is its availability: It’s sold out. However, those who truly need the top-tier in TV technology can pick one up used for a cool \$18,000.



WHEN PIGS FLY COMPANION SWINE KICKED OFF PLANE

A woman and her pet pig were asked to leave a United Airlines flight Nov. 29 departing from Bradley International Airport when the animal began to make a disturbance in the cabin. At first, the other passengers thought the woman was carrying a brown duffel bag, but when they smelled and heard the animal they realized it was a pig. They then complained to the flight crew as the swine ran around, squealed and defecated. The pig was originally allowed on the plane as an “emotional support animal,” but following its wild behavior, the hog and its owner were asked to leave before takeoff. Though the woman and her pet left without complaint, the other passengers were shaken by the incident.



SWEET SURPRISE FRENCHMAN CREATES CHOCOLATE FART PILL

Coming just in time for the holiday season is the flatulence solution everyone has been waiting for: a pill that passes chocolate-scented gas. The “chocolate aroma fart pills,” invented by 65-year-old Christian Poincheval, are the newest in a line of odor-modifying products designed for farting discreetly. Poincheval was inspired by a meal when he and his friends “caused a gas attack” in the restaurant. “Our farts were so smelly we nearly suffocated,” he said. “Something had to be done.” The pills are also made to reduce bloating and gas.



celebrity scoops!

Morgan doubts LaBeouf

Journalist Piers Morgan criticized Shia LaBeouf’s recent rape accusations, claiming that they are “demeaning” to “real” victims of sexual assault. In a string of disparaging tweets Nov. 29, Morgan denounced not only the actor but also his fans, saying, “Shia LaBeouf should apologize for his outrageous ‘rape’ claim & those who defend him should be ashamed of themselves.”

LaBeouf revealed in an interview Nov. 27 with “Dazed and Confused” magazine that he had been raped during his art show “#IAMSORRY” in February. Morgan decried the controversial actor’s claims.

“A Hollywood actor sitting with a paper bag over his head who did nothing as he claims a woman ‘raped’ him has not been raped,” Morgan said.



COMPILED BY STEVEN PIRANI AND MARY FORD

tweetuntweet



“Washington Post must be having a slow day. Aren’t there more important things to write about?”

— “House of Cards” actor Kevin Spacey criticized the Washington Post Nov. 24 for an article that claimed his wardrobe was too similar to his character Frank Underwood.



PHOTO ILLUSTRATION BY COREY HESS



BY MEGHAN MAIER  
CONTRIBUTING WRITER

# PREMIERES ARE NEAR

ICTV student productions gear up  
for their upcoming premieres  
this spring semesters

## DROPOUTS

When two friends decide to suddenly drop out of college, they must navigate their new lives, independent of school. One of ICTV's comedies, "Dropouts," follows four friends after two of them decide to drop out of college and how they handle the results of their choice.

The concept came to the producers, seniors Marissa Villegas and Kristin Hoerup, while they were studying in Los Angeles last semester. As the brainstorming process continued, the pair began to see their characters as more than just academic deserters, Hoerup said.

"I think it became less about them characterized

as dropouts," Hoerup said. "It's just something that they did, and then we focused on them more as people instead."

The people watching the show may not be dropouts, but the producers said the themes are still relevant to the college experience because the show explores what happens after college. However, they said they both wanted the show to be fun to watch for everyone.

"It's a silly sitcom about how you would deal with that and ... trying to figure out life as a dropout," Villegas said. "We want it to be off the wall but sweet."



From left, senior Jake Sperling, juniors Catherine Proulx and junior Andrea Santiago-Boyd, and sophomore John Earl star in the ICTV series "Dropouts." COURTESY OF "DROPOUTS"



The staff of "Cliched" films a scene Nov. 2. The production follows Guy, who tries to woo the woman of his dreams through a variety of romantic cliches. COURTESY OF "CLICHED"

## CLICHED

Cliches seem impossible to avoid today, so sophomores Brennah Chirumbole, Nash Collings-Miller and Jahan Lam decided they would use them all in ICTV's new romantic comedy, "Cliched." The show is centered around Guy, a college student who made it his goal to get the girl of his dreams by using only movie cliches.

The group of friends decided to write an ICTV show together but wanted to do something that was different. Lam, the director of photography, said they attempt to do this by taking a different approach to cinema cliches.

"We decided that we should do a romantic comedy, and then someone said we should do something to avoid the cliches, and then someone was like, 'Instead of

avoiding them, why don't we use all the cliches?'" Lam said.

The show was written by Chirumbole, who also acts as producer, and sophomore Brenna Brandes over the summer, but the team came up with the idea in January 2014, Chirumbole said.

"I like watching everything come to life," Chirumbole said. "I basically spent my whole summer developing this and writing this, and actually seeing this become a thing is really cool."

The main goal of the team was to make the show fun for everyone involved, producer Collings-Miller said.

"I think we tried to be looser with it," Collings-Miller said. "We allowed things to change ... so we could make it a good experience for everyone."

## PREREQUISITES

Freshman year has many things to be scared about, like the first roommate and the horrors of finals week. ICTV's Web series "Prerequisites" takes those experiences and accentuates the comedy of them all. The original idea for the show was a sketch-comedy program by juniors Will Tarshis and Sam Collieran. It later morphed into a narrative piece following three freshmen starting out at the fictional Athaci University.

"It was going to be a sketch comedy, just random comedy sketches, but we realized we needed more of an overall story to kind of carry it," Tarshis said. "And so we kept some of our random ideas but put them into more of a narrative format."

Each episode will highlight the three main characters' experiences. The producers said they designed the show this way to get as much content as they could into one episode. In addition to multiple storylines, Collieran said the show features different formats of filming, ranging from mockumentaries to music videos.

Tarshis said the staff sharing a similar sense of humor helped in the production process.

"We're very comfortable saying something that would come to our mind even if it was so dumb," Tarshis said. "There was no judgment. Either one of us was like, 'That's too dumb,' and we would just move on, or we would be like, 'That's awesome.'"



The "Prerequisites" crew gets close to film a scene Sept. 23. The series offers up multiple storylines and filming styles, including music videos and more. COURTESY OF "PREREQUISITES"



From left, freshman Robert Pease and senior Julia Castle star in "Writers' Block." The series follows four film students struggling to brainstorm a project. COURTESY OF "WRITERS' BLOCK"

## WRITERS' BLOCK

When sophomores Casey Creveling, Mitchell Straub, Christian Cassidy-Amstutz and Dan Leap decided to make an ICTV show together, they began to brainstorm ideas, but nothing came up.

"We were like, 'Let's think of an idea,' and eventually we got stuck for an idea, and then [Creveling] said, 'Let's make a show about making a show,'" Straub, producer and director of photography for the show, said.

"Writers' Block" follows four film students after they find out they need to come up with an entire pitch for

their final film project in a weekend. The four need to agree on one idea for their project.

"Each person pitches a different idea," Creveling, producer and director on the show, said. "As they pitch it, they show the pitch, and each pitch is a different genre."

Each of the three episodes will feature one of their characters' pitches, which each bring with them a different mood and aesthetic. These variations include a film noir, a romantic comedy and a horror film.



# Studying abroad?



## STUDENTS PLANNING TO STUDY ABROAD IN WINTER/SPRING 2015:

Study Abroad Orientations are mandatory for ALL students going on an IC winter session, exchange, affiliated or non-affiliated program in the Winter or Spring of 2015.

Spring 2015 study abroad students need to come to one of each of the below sessions. Winter 2015 students need to attend only the “Traveling Abroad” orientation.

*NOTE: Spring 2015 London Center students do NOT need to attend either of these orientations.*

**Traveling Abroad**

**Tuesday, Nov. 11**  
12:10-1:00 p.m.  
*Textor 101*

**Thursday, Dec. 4**  
12:10-1:00 p.m.  
*Textor 101*

**Monday, Dec. 8**  
6:00-7:00 p.m.  
*Textor 101*

**IC Details**

**Thursday, Nov. 13**  
12:10-1:00  
*Textor 101*

**Monday, Dec. 8**  
7:00-8:00  
*Textor 101*

**Tuesday, Dec. 9**  
12:10-1:00  
*Textor 101*

For more information, contact the Office of International Programs  
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- Italy:**
  - › Photographic Projects in Rome
- Malawi:**
  - › Healthcare & Culture: An International Field Experience
- Singapore**
  - › Nanyang Technological University, multiple program options
- United Kingdom:**
  - › **England:** London Center summer courses & internships
  - › **Scotland:** Edinburgh International and Fringe Festivals
- Other locations:**
  - › Countless other options are available worldwide through affiliated and non-affiliated study abroad organizations & universities. Come to the Office of International Programs on the 2<sup>nd</sup> floor of Job Hall for help with finding the right summer program for you!

**Application deadlines vary; check the OIP website for specific details for each program.**  
Office of International Programs ~ [studyabroad@ithaca.edu](mailto:studyabroad@ithaca.edu) ~ 274-3306

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COREY HESS/THE ITHACAN



# Student media summit to welcome field experts

**BY STEVEN PIRANI**  
ASSISTANT LIFE & CULTURE EDITOR

Within the Ithaca College campus, there is a bustling population of aspiring journalists, anchors, producers, cinematographers and media-makers, with many of them hoping to snag their next internship or start their next production. However, the end of this wait may not be too far off: On Dec. 6, the New York Film Student Alliance will hold its first media summit in Park Hall Auditorium, allowing students a day to learn from, listen to and ultimately network with professionals in many media-based fields.

The summit is the product of a lengthy stretch of preparation that began with Chrissy Guest, assistant professor of media arts, sciences and studies. Guest, with the aid of the Governor Andrew Cuomo's office, has played a large part in nurturing NYFSA from its infancy, including hosting its preliminary soft launch last April at Tompkins Cortland Community College. It was there, where she previously worked, that she began to investigate if students would be interested in the NYFSA's mission — to provide educational and collaborative experiences students can't find in the classroom. When attendees responded well, Guest said it confirmed student interest.

"The soft launch gave us an idea that students were interested in this type of an organization," Guest said. "So I was made chairperson of the starting committee."

Now, almost eight months later, Guest has accrued a team of students who have worked closely with her to craft the upcoming summit, which will offer attendees several workshops, presentations and a collection of producer panel discussions, which are led by industry professionals. In addition, the NYFSA has worked alongside Brooklyn-based Kingsborough Community College, which will be holding its own summit concurrently with the colleges and will broadcast out presentations for both campuses to

witness. Guest said this communication between campuses is part of the group's efforts to form a cooperative network in an academic context.

"It's a collaboration between filmmakers and producers at an educational level," she said.

Sophomore Matthew Lynch became interested in the NYFSA after hearing about it during its soft launch and said it's the potential interaction with professionals that makes the summit exciting for him.

"There's so many possible connectors to be made, all the producers will be hanging out after ... really, it's all about networking," Lynch said. "To have this opportunity at such an early stage in my career and to meet all these industry professionals is just an amazing opportunity."

As a current member of the organization, Lynch has worked to acquire camera company Canon as one of the summit's workshop hosts, with the photography giant signed on to present a DSLR seminar for students and faculty alike. The group's students' tenacity to nab industry figures is something that Guest said has been a constant source of surprise for her.

"I was blown away with how easy it was to find students who were interested in doing this," Guest said. "And then that they followed through with everything they said they were going to do."

Alyssa Zahler '09, a digital producer at Bloomberg LP, is one of six producers who will present during the producer panel and will speak on her time in business and Web production. She said a major reason she agreed to be part of the summit was because of her experiences learning from panel discussions at the college.

"One of the best aspects of Ithaca ... was all the amazing panels," Zahler said. "I just always thought it really enriched my time at Ithaca, and I learned so much from everyone who came in, and if there is any way I can give back by speaking to other students, I'm beyond honored to do."

As a New York-specific organization, local



Chrissy Guest, assistant professor of media arts, sciences and studies, speaks to members of NYFSA during a meeting Dec. 2. The group will be hosting a student media summit Dec. 6.

KAITLYN KELLY/THE ITHACAN

talents like Zahler were something valued when planning the NYFSA Summit, evident in the event's agenda. The summit goes out of its way to present local success stories in its "The Winners Circle" seminar, which will feature a panel of local, award-winning film students. Guest said a goal of hers is to show the resources in New York that may aid productions in the future, and said these local voices may do just that.

"I think [local voices] really show that these are all people that have done things locally, that have gone on," Guest said. "I think it's really going to showcase the different areas that people aren't

taking advantage of locally."

Ultimately, Guest said she hopes attendees, who can RSVP for the event through the college's website, leave the summit with an appreciation for both the resources present in New York state, and for collaboration and cooperation between creative minds, be it in filmmaking, or elsewhere.

"What I'm hoping is that [the summit] will foster cooperation, that students will be sitting together in a room saying, 'We don't just have to shoot just on Ithaca campus,'" Guest said. "Students are going to find all these other resources in their backyard."

# Campus organization brings cabaret to campus with LGBT twist

**BY LUKE HARBUR**  
CONTRIBUTING WRITER

For many, a stage serves as a realm of expression. Actors and the audience alike may gain new insights or inspirations, and by a show's end, they may see their world through a whole new perspective. The LGBT community has used the stage for shows like "The Laramie Project" to show homophobic hate crimes. Meanwhile, drag performances involve both men and women and have served as a venue for showcasing queer and transgender culture.

Now, Prism, one of the college's lesbian, gay, bisexual and transgender-awareness groups, is taking a new route in its support of the LGBT community by bringing the voices of LGBT individuals to the stage with its first "Queer Cabaret," happening Dec. 6. When the stage lights up at 7 p.m. in Hill Center 104, audiences will be greeted by social justice-related dance, monologues, poetry, spoken word, singing and drag performances.

Prism has been involved with an array of events including Drag Bingo, an LGBT In the Workplace panel, the college's Campus Pride Parade and, most recently, Sex Fest 2014. Senior Natalya Cowilich, president of Spectrum, a group at the college that represents pansexual and sexually fluid individuals, and a performer in "Queer Cabaret," said this particular show is offering immense intimacy for audiences to experience firsthand.

"I think that people will experience some almost concessionary kind of art, because people will be on stage and they will be showing a side of

themselves that they frequently have to hide," Cowilich said.

Cowilich said she plans on reciting a poem she wrote sophomore year about pansexuality — the attraction to any sex or identity. She said her piece seeks to clarify the identity of pansexual people.

"I wrote [the poem] my sophomore year," Cowilich said. "It's about what does a pansexual look like. Because we have these stereotypical images of lesbians and stereotypical images of homosexual men, but what a pansexual person looks like or a bisexual person looks like is what straddles the line between the queer and the heterosexual community."

According to Junior Daniel Fogarty, president of Prism, "Queer Cabaret" will serve as a fundraising production for Prism's annual drag show. This past spring, its second annual drag show, "Lipsyncing For Life Drag Show Goes To The Movies," took place in Emerson Suites, and Fogarty said it had more than 200 people in attendance. In collaboration with the college's VIC Radio and dance crew Pulse, according to the Facebook page, last year's show raised nearly \$300 in donations for the Trevor Project, which provides crisis intervention and suicide prevention services for LGBT youth ages 13–24.

Fogarty has been affiliated with Prism since his freshman year and has previously held the positions of events coordinator and vice president. He said his backstory resonates deeply with LGBT expression.

"I identify as gay or queer, and



Members of the Queer Cabaret crew pose together Dec. 3 in Friends 301. The show, which will premiere Dec. 6 in Hill Center 104, intends to bring LGBT-themed poetry, dance, monologues and more to the Ithaca College campus.

TOMMY BATTISTELLI/THE ITHACAN

I grew up in a really rural area that wasn't too LGBT friendly," Fogarty said. "So I was looking for a school that had an LGBT community. When I came to Ithaca, I decided to get really involved, and that is something I couldn't do at my old school that I was really passionate about."

At the beginning of his first semester, Fogarty met with Prism's executive board to discuss its fall event. A concept for a "Queer Cabaret" popped up, and the executive board supported the idea. When they spoke

with Luca Maurer, Prism's faculty adviser and LGBT Education, Outreach and Services Program Director, about the budget, getting the word out and planning the event, Maurer gave full support. Maurer said "Queer Cabaret" will have an amusing atmosphere bound to hook its audience.

"It showcases a wide range of incredible talents our students have," Maurer said.

With at least 10 confirmed performers joining the stage, "Queer Cabaret" is expected to last around

1 1/2–2 hours with intermission. Admission is free, however Prism recommends a \$3 donation.

Cowilich said she sees America's growing acceptance of marriage equality and said producing a show like "Queer Cabaret" will be that next step into viewing and understanding the LGBT community as a whole.

"Marriage equality is a really big issue in the United States," Cowilich said. "But I think there's so much more to that like building community and bringing people together."



# Remastered game improves on ‘GTA’ universe

**BY KENNY CHAPMAN**  
STAFF WRITER

“Grand Theft Auto V” is by far the most detailed and visually stunning game Rockstar North, the company in charge of the “Grand Theft Auto” series, has ever created. Even before the game was remastered for the most recent generation of consoles, the graphics were a large improvement from “Grand Theft Auto IV.” The story also takes a slightly different approach by adding multiple intersecting storylines. The game allows the user to switch between characters for the benefit of combat, flawlessly using every partner in crime to a strategic advantage.

In the opening scene of “Grand Theft Auto V,” the main character has just robbed a bank and begins his getaway. With no other options, the game prompts the players to switch who they are controlling in order to finish off the police officers and get to the getaway car. This feature makes the combat part of the games much more three-dimensional and really gives a fresh feel to something that hasn’t changed much throughout the series.

“Grand Theft Auto” games usually take place in an urban environment, with little to no wildlife or land to work with. “Grand Theft Auto V,” taking place in a much less dense city, made Rockstar focus more on the environment than ever before. The game consists of highly populated beaches, lively boardwalks and just an overall different aesthetic feel than its usual gloomy New York City type structure. The game’s open world and outstanding attention to detail are what separates “Grand Theft Auto V” from competitors like “Saints Row 3” and “Dead Rising 3.”

**VIDEO  
GAME  
REVIEW**  
“Grand Theft  
Auto V”  
Rockstar North  
Our rating:  
★★★★

“Grand Theft Auto V” has recently been remastered for the next generation consoles, PlayStation 4 and Xbox One. While the story is exactly the same, the game does come with some additional perks and tweaks. The first and most talked about change is the ability to shift between first person and third person. The “Grand Theft Auto” series has always been known for being a strictly third-person game, but Rockstar decided to spice things up for the remastering and give the player the choice. Many games have created this first to third person interface before, but with “Grand Theft Auto,” the entire combat dynamic is changed.

In the classic third-person mode, the character is able to easily lock on to targets around him and shift between them seamlessly. In first-person mode, the character has much more freedom aiming weapons, which can be fun, but also creates a large learning curve. For someone who has grown up playing the “Grand Theft Auto” games, it can be very jarring and difficult to complete the missions with this entirely new aiming system.

While the visuals prove stunning, the new perspective does require even more practice when it comes to driving. The first-person driving angle takes some serious adjustment as it realistically cuts off the user’s peripherals. Much like the shooting mechanics, this change may take some getting used to, but the added realism may be appreciated by gamers.

Another large difference is the details to the textures and definition of the “Grand Theft Auto V” world. The game has bumped its output resolution from 720p to 1080p for the new consoles. The remastered version has the benefits of a new console generation’s power, which allows for more characters on screen as well as a higher volume of vehicles, weapons and outfits. While these details aren’t crucial to the game, it does help increase the incentive to buy this game on



Trevor, one of three protagonists of “Grand Theft Auto V,” flees from the police during one of the many chases that players will experience in the game, which was recently remastered. COURTESY OF ROCKSTAR NORTH

the next-generation consoles.

Something that will be drastically different in the remastered version is the multiplayer interface. “Grand Theft Auto V” allows for 32-player online matches, an increase from the original titles’ limit of 16 players. In addition, the remastered version has revamped the online lobby completely, allowing people to customize their character with more ease and configure match settings with more precision, including the choice between first- and third-person mode while online.

“Grand Theft Auto V” is one of the best, if

not the best, in the Rockstar series, and most definitely worth spending the \$60 price tag on a newer copy. The game has very few flaws making the jump between consoles despite adding more detail and increased servers for multiplayer mode. Becoming immersed into the vast and beautiful “Grand Theft Auto” world and experiencing the crazy plot in first person is a must for any video game fan.

*“Grand Theft Auto V” was developed by Rockstar North Games for Xbox One, PlayStation 4 and PC.*

## Boy band brings more mature melody to new album release

**BY SERENA WEISS**  
STAFF WRITER

Full of heartwarming harmonies and thrilling tracks, “Four,” the newest offering from British boy band One Direction, has all the catchy, upbeat and melodic songs that a listener could possibly want. Clearly, the voices of the members have developed over their four years together, creating a record that establishes a more mature sound.

The opening number, “Steal My Girl,” starts off with piano keys, followed by drums to create the melodious tune to kick off the rest of the album. The men of One Direction — Harry Styles, Zayn Malik, Louis Tomlinson, Liam Payne and Niall Horan — have been progressively moving toward more of a rock sound to create the combination of

**ALBUM  
REVIEW**  
One Direction  
“Four”  
Columbia  
Records  
Our rating:  
★★★★

pop and rock. This isn’t something totally new to the U.K. members, since they have been incorporating these sounds since their previous album, “Midnight Memories.” It seems that this sound is more natural for them and doesn’t feel forced.

“18,” a love ballad written by singer-songwriter Ed Sheeran, is a mellow song that gives listeners the opportunity to hear the raw voices of the group. The sound of an acoustic guitar strum mixed with the gentle beat of drums creates a subtle sound, which the audience could come to appreciate since the artists’ voices aren’t particularly masked by beat-driven instrumentals. On this track, the five singers sound more mature.

One of the more rock tracks on the record is the song “Clouds,” which begins with the sounds of electric guitars and pounding drumbeats. The track shows off how One Direction has gradually shifted to this different sound that could potentially be appealing to more



COURTESY OF COLUMBIA RECORDS

listeners and fans. This gives the group the chance to experiment with a more intense sound rather than just its normal pop ballads that fans may expect. Giving the singers a different edge, this anthem comes off as a nice touch to the whole album.

From start to finish, One Direction has created an album that demonstrates that it has moved forward from being the teen singers on “The X Factor” to becoming a young group of guys with great artistic abilities. With great vocals and a display of broad sounds, One Direction makes “Four” a captivating album for any listener.

## Rapper releases lo-fi mixtape

**BY EVIN R. BILLINGTON**  
LIFE & CULTURE EDITOR

Being dropped from a major label evidently hasn’t slowed rapper Chief Keef down. Since Interscope Records announced the sacking in October, Keef has released two mixtapes and plans on releasing two more before the year is out. His most recent mixtape, “Back from the Dead 2,” which was largely produced by Keef himself, features a much more simplistic style of beat than his last studio album. However, his rhymes are still as solid as ever.

The first track, “Feds,” more or less sets the tone for the rest of the tape. It’s low-key and steady with a quiet synthesized beat playing below Keef’s slightly mumbled raps. Lyrically, this mixtape misses much of the self-congratulatory dreck that

**ALBUM  
REVIEW**  
Chief Keef  
“Back from the  
Dead 2”  
Self-released  
Our rating:  
★★★

twinkled throughout Keef’s last studio album, “Finally Rich.” This new album is much grittier than its studio predecessor. Keef’s production sounds surprisingly homemade with the occasional spooky, on-theme Halloween sound effects laced with the repetitive trap music. This amateur style is surprising for the king of Chicago street rap, who seemed so at home in the expensive production of “Finally Rich.”

Keef’s primitive-sounding beats on “Back from the Dead 2” still make room for his unabashedly crude persona.



COURTESY OF CHIEF KEEF

Check out **theithacan.org/spotify** to listen to the songs featured in this week’s reviews!

— QUICKIES —

**“CLASSICS”**  
She and Him  
Columbia Records  
Relaxing ‘60s-style tunes abound in pop duo She and Him’s latest cover album, “Classics.” Zooey Deschanel and M. Ward smooth over their favorite oldies with modern swing and smooth vocals, the catchiest of which is “It’s Not For Me To Say.”

COURTESY OF COLUMBIA RECORDS

**“THE DAYS/NIGHTS”**  
Avicii  
PRMD  
EDM artist Avicii released an EP titled “The Days/Nights,” dropping four new tracks: “The Days,” “The Nights” and a remix of each. The standout track is the remix of “The Nights,” fusing dance music with an upbeat, marimba-based vibe.

COURTESY OF PRMD



# Performances fuel sluggish narrative

BY ANA BORRUTO  
CONTRIBUTING WRITER

There are several things that the “Girl on Fire” knows are true. She knows her name is Katniss Everdeen. She is 17 years old. Her home is District 12. She was in the Hunger Games and escaped. The Capitol hates her. Her lover, Peeta, was taken prisoner and is probably dead. These thoughts swirl through Katniss’ head as she loses her mind in a hospital in District 13.

“The Hunger Games: Mockingjay Part I” follows the beginning of Katniss’ final rebellious act in the last novel of the thrilling three-part series. In this film, Katniss (Jennifer Lawrence) is brought to District 13 after one of her flying arrows in the previous movie created a spark throughout Panem. All the districts have revolted against President Snow and the Capitol, which leaves Katniss, the “Mockingjay,” to lead the rebellion. However, as she is being forced into leadership, she is also battling heartbreak when she discovers that Peeta (Josh Hutcherson) is a captive of the Capitol, along with one of her allies, Johanna Mason (Jena Malone), and Finnick Odair’s (Sam Claflin’s) lover, Annie Cresta (Stef Dawson). As the Mockingjay, her only mission is to make sure that Peeta is saved.

This movie has a different atmosphere than the others of the series, because this time there aren’t any games. Bombings, fighting, killing, all of these violent elements of the plot put the audience on edge. If the games weren’t bad enough, viewers are left in District 13, waiting anxiously on how the war is going to turn out. The audience also doubts what will become of Peeta as he falls under control of the Capitol and becomes another one of Snow’s pawns.

Lawrence does a brilliant job showing the psychological change in Katniss’ character. Although she is still portrayed as the powerful, female leader of this revolution, Lawrence does not fail to show Katniss’ inner flaws. She is paranoid that Snow is out to get her and everyone is dying trying to fight him. Throughout the film, Katniss loses faith in herself as a leader and questions herself as the Mockingjay.

Hutcherson also succeeds in portraying Peeta as the formerly sweet boy that Katniss knew



From left, Liam Hemsworth and Jennifer Lawrence reprise their roles as Gale Hawthorne and Katniss Everdeen, respectively, in the dystopian thriller “The Hunger Games: Mockingjay Part I.”  
COURTESY OF LIONSGATE FILMS

so well. Even though Hutcherson is not present in the film as much as Lawrence and Liam Hemsworth, who plays Gale Hawthorne, Katniss’ former love interest, viewers see the progressive breakdown of his character through the forced interviews he has to give. These interviews are to promote the message of ending the rage against the Capitol, and every promotion shows Peeta becoming more gaunt and distressed.

The cinematography of the film and other elements, such as sound effects and the soundtrack, make the audience members feel like they were a part of this war. Director Francis Lawrence played with the focus of certain shots to help the crowd feel the chaos and tension. Also, the sound effects, like gunshots and bombings, aid in that reality. The overall soundtrack of the film was rousing, and the orchestral score added suspense to the scenes.

The film did lack the action that the other films produced, and some fans of the series

complained that the last book shouldn’t have been made into two parts. However, the film didn’t focus so much on the action, but on character development and the overall plan to take down Snow and the Capitol. The lack of action in the first film sets a base for the action that will explode out of the finale. Also, by making the film into two parts, there is a sense of ambiguity for what will happen next to the Mockingjay.

Whether a fan of the book series or just the movie, “Mockingjay Part I” is a must see. There is excitement, suspense and great performances by Lawrence, Hemsworth, Hutcherson and the rest of the cast. The film leaves the audience at the edge of its seats as Katniss becomes a symbol of rebellion and leads people to revolution and fights to save Peeta in the process.

“The Hunger Games: Mockingjay Part I” was directed by Francis Lawrence and written by Danny Strong and Peter Craig.

## FILM REVIEW

“The Hunger Games: Mockingjay Part I”  
Lionsgate Films  
Our rating: ★★★★★

## hot dates thursday

“Frank,” an Irish dramatic comedy released earlier this year, will be screened at 7:15 p.m. at the Willard-Straight Theater.

## friday

**Improv Comedy Happy Hour**, hosted by the Finger Lakes Original Pranksters, will be held 6 p.m. at Lot 10 Bar and Lounge. Admission is free.

**Hot Tuna**, an acoustic duo, has been playing together for over 50 years and will perform 8 p.m. at the State Theatre. Tickets cost \$25–35.

## saturday

**Fill the Truck**, sponsored by Cops, Kids & Toys, aims to fill a truck with donated toys and gifts, from 9 a.m. to 3 p.m. in the Wal-Mart parking lot on Route 13.

“Swing Fling,” featuring the Cornell Big Band, will offer live jazz music and dancing lessons 7:30 p.m. in Club B20. Tickets are \$10 for adults and \$5 for students.

## sunday

**Milonga**, a tango social event, will offer dancing lessons 7 p.m. at the Oasis Dance Club. Admission is free.

### OUR RATINGS

Excellent ★★★★★  
Good ★★★  
Fair ★★  
Poor ★

# Deflated characterization takes laughs out of raunchy sequel film

BY HALEY YOUNG  
CONTRIBUTING WRITER

Kurt (Jason Sudeikis) is standing in a shower during a morning news show in an attempt to show off the prowess of Nick (Jason Bateman), Dale (Charlie Day) and his new invention, the Shower Buddy, an invention to make showering fun and easier, like going to a car wash. Unfortunately, Dale has to pump part of the contraption to get it started, and the shadow looks like a sex scene. Thus begins the crude humor that is “Horrible Bosses 2.”

Nick, Kurt and Dale are now trying to be their own bosses. They come up with the Shower Buddy, which is similar to the wand that does all the cleaning options in a car wash, except the Shower Buddy does all the tasks for a person taking a shower, like shampoo, conditioner and soap. A ruthless businessman named Burt Hansen (Christoph Waltz) told them he would buy a substantial number of units, so the trio create their factory and make all the units. Unfortunately, Hansen backs out on his deal and that leaves Nick, Kurt and Dale in an enormous hole of debt. To get their money back, Nick, Kurt and Dale decide to kidnap Hansen’s son, Rex (Chris Pine). Things go awry, and the men must save their own skins.

In “Horrible Bosses,” there was more

## FILM REVIEW

“Horrible Bosses 2”  
Warner Bros. Pictures  
Our rating: ★★



From left, Charlie Day, Jason Sudeikis and Jason Bateman as troublemakers Dale, Kurt and Nick in comedic sequel “Horrible Bosses 2,” written and directed by Sean Anders.  
COURTESY OF WARNER BROS. PICTURES

screen time devoted to individual characters and their bosses before the second half where they come together to try and kill them. The overall structure in the first one was better. The type of comedy in the sequel is similar to the first film, with jokes about sex, drugs and crime. However, the original had the bonus of a strong supporting cast and story.

In “Horrible Bosses 2,” characters are not as fresh. Jennifer Aniston and Kevin Spacey reprise their roles as Julia Harris and David Harkin, respectively. They use material that feels dull and overused. For instance,

Aniston’s character is now in a sex addiction group, and her dialogue is compiled so she can say the raunchiest things imaginable. There is no substance, just cheap, gross gags.

There are points in the movie where the characters venture into new territory, especially considering the addition of Hansen and Rex. Rex adds a new dynamic to the group and a different level of craziness. At one point he starts beating himself up, so the cops think Nick, Kurt and Dale did it. Pine shines with the comedic material, and his type of villain contrasts with Hansen.

Waltz is not given much material to work with, and instead he plays the stereotypical, ruthless businessman. He squashes the hopes of the Shower Buddy American dream with very little effort. He is defined by his lack of empathy and how he values money over his son. However, his short screen time limits the character traits he can show.

When Sudeikis, Day and Bateman are the only ones on screen, they elevate the material. Each man takes an over-the-top character trait and exaggerates it. The best parts of the movie are when they are arguing and discussing the bad decisions they are making. A particularly funny running joke shows the men arguing over their code names on walkie-talkies. They do not want to use their real names just in case someone is listening on the same wavelength, yet, they all end up saying their real names at one point. Bateman plays his straight-man persona excellently, and the exasperation is evident on his face, but he is eventually brought down to Kurt and Dale’s level and uses a code name.

Surprisingly, “Horrible Bosses 2” has a couple of twists at the end to keep the audience guessing. The humor is hit and miss, with some jokes coming off as too crude and tasteless. It is in the moments that use the dynamic between Sudeikis, Day and Bateman where the movie is the most successful.

“Horrible Bosses 2” was directed by Sean Anders and written by John Morris and Sean Anders.



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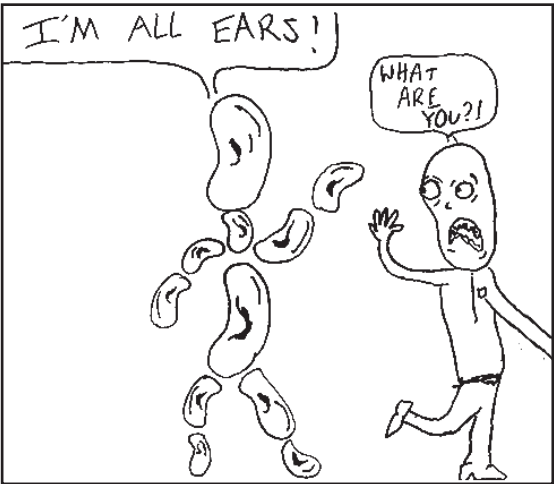
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#strugglebus  
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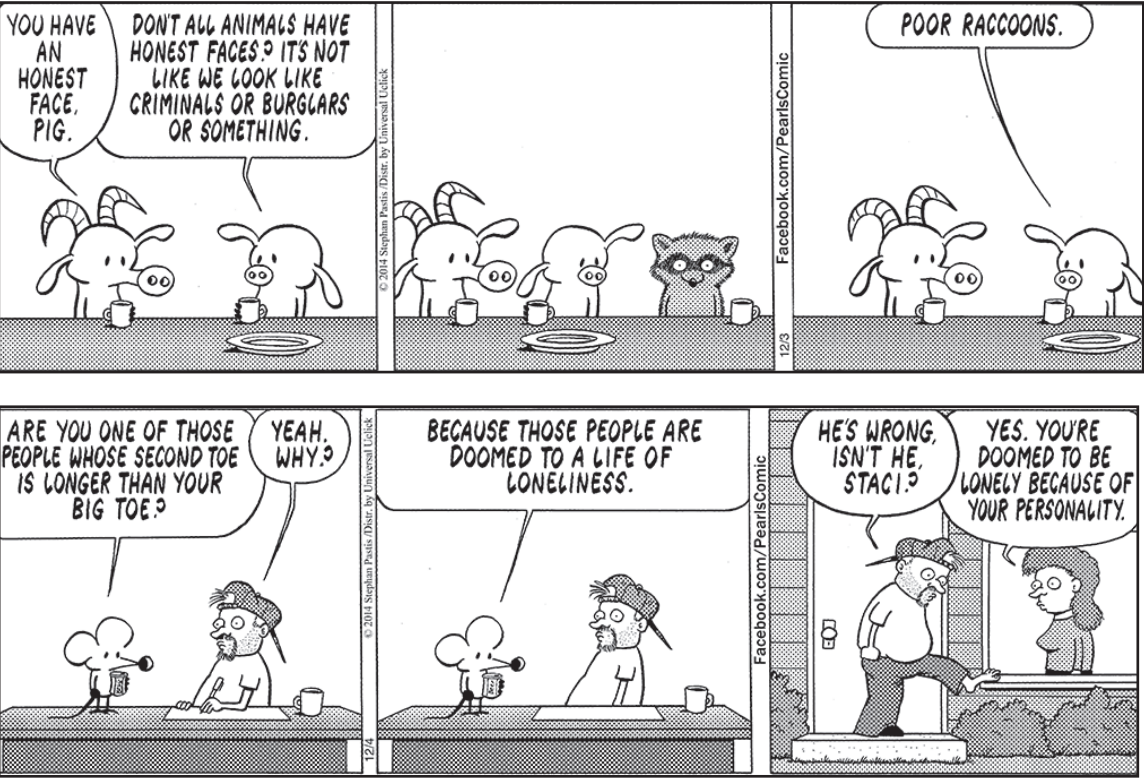
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By Steven Pirani '16



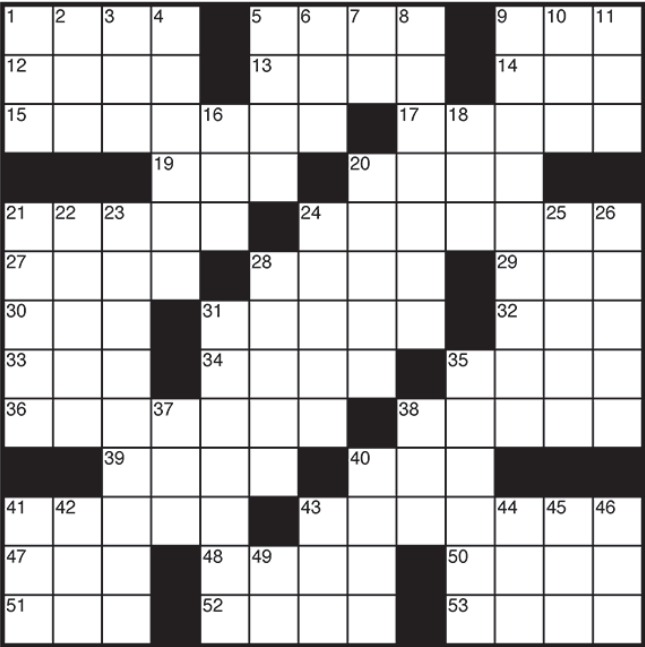
Skin & Burns  
By Jared Kelly '16



Pearls Before Swine®  
By Stephan Pastis



crossword  
By United Media



- ACROSS
- 1 Disgusting
  - 5 Hat or umbrella –
  - 9 Reason not to do something
  - 12 Sheik or sultan
  - 13 Rudder
  - 14 Caught ya!
  - 15 Brindled cats
  - 17 Repair pipes
  - 19 High dudgeon
  - 20 Eurasian mountain range
  - 21 Does pullups
  - 24 Sharp wedge
  - 27 k.d. – of country music
  - 28 They accompany aahs
  - 29 French monarch
  - 30 Delts neighbor
  - 31 Honolulu cookouts
  - 32 California fort
  - 33 Crusty dessert
  - 34 Rainfall measure
  - 35 Gambling stake
  - 36 Limber up
  - 38 Oater backdrops
  - 39 Pierre's head
  - 40 Apiece
  - 41 Slosh
  - 43 Ferocious bears
  - 47 Winery cask
  - 48 007's alma mater
  - 50 Scope
  - 51 Turtle-to-be
  - 52 Scan
  - 53 Dust bunny
- DOWN
- 1 Dye vessel
  - 2 Retiree's kitty
  - 3 Frankenstein milieu
  - 4 Waning
  - 5 Quaker pronoun
  - 6 Home tel.
  - 7 Loop train
  - 8 Female ruler
  - 9 Witches' pots
  - 10 Unit of resistance
  - 11 Apprehend a suspect
  - 16 CPA employer
  - 18 Terhune collie
  - 20 Yeah (hyph.)
  - 21 Applauds
  - 22 Regular routine
  - 23 Using a caret
  - 24 Bus
  - 25 Heart outlet
  - 26 Amusement park attractions
  - 28 Cup fraction
  - 31 More diminutive
  - 35 TV antenna
  - 37 Long fish
  - 38 Not sm. or lg.
  - 40 Ducks' hangout
  - 41 Sault – Marie
  - 42 Dog with a wrinkly face
  - 43 RV haven
  - 44 Jackie's tycoon
  - 45 Cowboy – Maynard
  - 46 Warmed the bench
  - 49 Lawrence of Arabia's inits.

sudoku  
medium

9	2	6						
7							3	
		1			6			
					2	8	9	4
6				4	1			2
				9				7
				7		2	4	8
2	5					9	1	3
			2		9	5		

hard

	6	9				4	3	5
		4	9					7
					5	1		
		5	4			7	1	
			2		1		5	
				8			9	6
7	8							
	5		6		3			

answers to last week's sudoku

Easy	4	2	1	8	7	6	9	3	5
	9	5	3	1	2	4	6	7	8
	6	8	7	5	3	9	1	2	4
	7	6	2	9	4	1	5	8	3
	5	3	8	2	6	7	4	9	1
	1	9	4	3	8	5	7	6	2
	3	1	9	6	5	2	8	4	7
	2	4	6	7	1	8	3	5	9
	8	7	5	4	9	3	2	1	6

Medium	6	7	3	5	9	2	1	4	8
	2	1	9	4	6	8	5	7	3
	4	5	8	1	3	7	9	2	6
	9	4	7	8	2	6	3	1	5
	1	8	6	7	5	3	2	9	4
	5	3	2	9	4	1	6	8	7
	8	6	4	2	1	5	7	3	9
	7	2	5	3	8	9	4	6	1
	3	9	1	6	7	4	8	5	2

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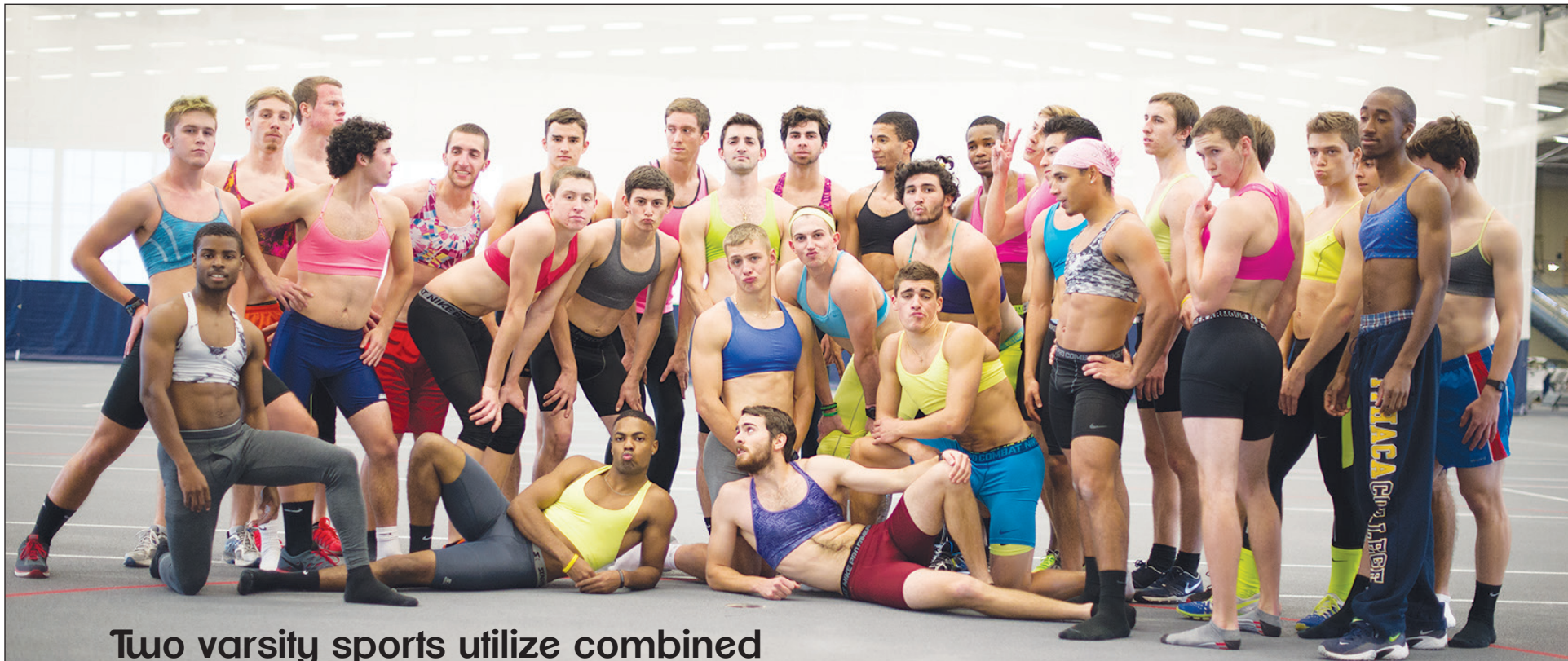
The Sudoku Source of "The Ithacan".

last week's crossword answers

L	U	B	E		A	L	F		A	L	T
O	G	L	E	D		B	A	R		P	E
S	H	A	R	E		R	O	A	D	H	O
					M	I	C	R	O		T
G	L	E	E		E	A	R		M	D	S
L	A	S	S	O		D	O	T		S	A
O	Z				T	A	R		W	O	W
B	E	A			F	E	E		W	O	O
E	S	P	N		L	O	X		L	U	I
					A	T	V		C	L	E
M	A	C	H	E	T	E			S	I	T
S	H	H			T	A	N		S	N	E
T	A	E			O	W	E			G	R



# Two teams, one family



**Two varsity sports utilize combined workouts and bonding to mold men's and women's squads into single entities**

The men's track and field team dressed up as the women's track and field team for its Halloween workout at the Athletics and Events Center.  
TOMMY BATTISTELLI/THE ITHACAN

**BY KRISTEN GOWDY**  
ASSISTANT SPORTS EDITOR

On Oct. 31, 30 athletes emerged from the Athletics and Events Center locker room donning sports bras and spandex. While some wore hair ties to push the hair out of their eyes and others sported bandanas to absorb sweat, all appeared ready to work out on the indoor track.

However, they all had already completed their workout for the afternoon on the familiar gray rubber that serves as their platform for running, jumping and throwing every day. For many of these athletes though, it was their first time wearing their hair up and certainly their first time in a sports bra.

But on this particular day, the men's track and field team did something that none of its predecessors had ever attempted. And as the men stepped out of the locker room dressed as their female counterparts, the women's

as the swimming and diving squad.

Smith attributed the track and field teams' improved relationship to increased collaboration between the programs.

"This year we have a much stronger bond than we have had in the past, and I think that has to do with the fact that we introduced the idea of sharing coaches between the teams," he said. "In the past, we had our coaches and they had theirs, so now it's more of a team effort between the girls' and the guys' teams."

Unlike years past, the track and field teams work together during practice to improve as an entire program rather than separate entities. The teams also lift together, and Smith said the increased collaboration has led to greater rapport among the athletes, which differs from previous seasons because it has created more personal relationships.

Though the teams have not had a meet yet — they will first compete on Dec. 6 — Smith said he hopes the increased interaction between the squads will lead to more support during competition.

"I think that we still were pretty good support for each other in the past years. I think it will just be even better now," he said. "Really, we were always on the same team, but it wasn't as personal as it probably will be this year. In the past you would see someone wearing an Ithaca shirt and you would be like, 'Oh, I should be rooting for them because they are on my team.'"

On the other side of the A&E Center in the Aquatics Pavilion, the men's and women's swimming and diving teams have adopted a similar affinity. This season is the first that the two squads have come together for both their lifts and dry-land workouts.

Like the track and field teams, the swimming and diving teams are now closer due to increased collaboration, but senior Logan Metzger said it can also be traced to the reduced size of the men's roster. Last year, there were 32 male swimmers compared with 22 this season.

"Because our team is so much smaller this year, we see the girls' team a lot more," he said. "In places where we would normally have to take two buses to a meet, we now take one. We are around the girls' team a lot more, and because of that, we know each other better."

The 7-0 men's team is off to its best start in over a decade, which Metzger said could be partially attributed to this newfound kinship. The women are also off to a fast start, standing at 7-1 to begin the year.

The success that the teams have

experienced could be partially due to the revamped conditioning workouts as well as the chemistry and support between the two squads, Metzger said.

"I think there's a bit of a trade-off because the girls give the guys technique pointers and the guys can push the girls to work more," he said. "I think there is an exchange, it works both ways ... [and] it helps a lot."

The constructive criticism in the weight room translates to the pool. Senior Katie Huber said the teams gather at the end of each lane in which a Bomber is swimming and cheer for their competing teammate, regardless of gender.

"We do push each other," she said. "When the men's team is swimming well at a meet, it inspires the women to do the same and vice versa."

Outside of the pool and off of the track, the athletes agree they are friendly with one another, but do not often organize bonding activities, though Huber said the swimming and diving teams participate in team barbecues and a winter formal.

Fay said rather than developing chemistry through outside activities, the track and field squads do so during workouts and by

travelling to away meets together.

"We are supportive of one another and want each other to do well," she said. "We don't really have any organized bonding activities between the two teams just because there are so many of us, but I think we still bond over our mutual love for the sport."

Even though the swimming and diving teams coordinate several team bonding activities, senior Clement Towner said most of the strengthened relationship between the two comes from the time spent in the pool and travelling to meets.

"We don't just get together and say, 'Let's bond,'" he said. "We bond through travelling together and working together in practice and at meets."

Metzger agreed with Towner. He said though the two teams are just that — two teams — during practices, they experience success partially because their relationship is so strong and they unify as one program during meets.

"It's better going to a meet knowing the people on your team, knowing they support you," he said. "You want them to win, they want you to win. It's just better knowing you have that type of support that we have."

“  
Really, we were always on the same team, but it wasn't as personal as it probably will be this year.

— Jordan Smith

team, which had stuck around after its workout, burst into peals of laughter.

"It was definitely the most commitment I've seen to a group Halloween costume," junior distance runner Anna Fay said. "I think it showed that we are comfortable enough to make fun of each other."

It was the first time the men's team had ever coordinated a group costume for its Halloween lift, junior middle distance runner Jordan Smith said. But the neon yellow sports bras and the tight-fitting compression shorts represented more than just a fashion statement. They were indicative of the newfound bond between the men's and women's track and field teams, which has also been echoed in other individual sports on South Hill, such



The women's swimming and diving team encourages teammates during a heated race in last season's conference championships on Feb. 21 at the Athletics and Events Center.

TUCKER MITCHELL/THE ITHACAN



THE BOMBER  
ROUNDUP

The Ithacan's sports staff provides updates on the fall squads.

WRESTLING  
BY TOM GARRIS

The wrestling team finished 10th of 20 teams at the New York State Collegiate Wrestling Championships on Nov. 23 at Cornell University.

In the A side, the Bombers finished 10th, and in the B side, they finished eighth of 31 teams.

The Blue and Gold standouts included sophomore Jimmy Kaishian, junior Eamonn Gaffney and freshman Nick Velez, who all finished in the top five of their respective weight

classes in the A side bracket.

Velez placed fifth in the 165-pound weight class. He finished with a decision win, a tech fall and a first period pin before falling in two straight matches.

Kaishian finished fourth in the 125-pound weight class, while Gaffney finished fourth in the 149-pound weight class.

The Bombers will look to continue their winning ways at the Spartan Invitational at York College on Dec. 6 in York, Pennsylvania.

Box Score: Nov. 23  
Ithaca, New York

New York State Collegiate  
Wrestling Championships

10th place  
Team Score: 53

FOOTBALL  
BY CHRISTIAN ARAOS

For the second time in two weeks, the football team lost in the final minute of the game after failing to score a touchdown in the second half, losing to Hobart College 22–15 in the first round of the NCAA Tournament on Nov. 22 in Geneva, New York.

The Statesmen outgained the Bombers 156 to minus 15 in the fourth quarter and sealed the South Hill squad's elimination with a 1-yard touchdown run with 13 seconds remaining.

The Bombers scored on all four of their trips to the red zone but only scored one touchdown as senior kicker Garrett Nicholson

set a career high with three field goals. Senior quarterback Tom Dempsey finished the day completing only 16 of 31 passes for 178 yards. Dempsey noted the offense's poor execution.

"We were able to move the ball OK, but we really struggled to get the ball into the end zone," Dempsey said. "They brought a lot of pressure and more guys than we could block. At that point, it's my job to find an open receiver and get the ball out of my hands and into their hands."

The Bombers' season is over, finishing the year 7–4 overall and 6–2 in Empire 8 conference play.

Box Score: Nov. 22  
Geneva, New York

Hobart College  
(12–0)

22–15

Ithaca College  
(7–4)

WOMEN'S BASKETBALL  
BY JONATHAN BECK

The women's basketball team now stands at 4–1 on the season after completing four games of its six-game road trip.

The Bombers began the trip with a 80–40 win over John Jay College on Nov. 21 at the Messiah Tip-Off Classic in Grantham, Pennsylvania. The Blue and Gold would then go on to defeat host Messiah College 53–50 in the final to win the tournament on Nov. 22.

On Nov. 30, the South Hill squad suffered its first loss of the season at John Carroll University by a final score of 65–51.

Finally, on Dec. 2, the Bombers travelled to Cortland to face off against SUNY Cortland. They went on to win 64–61 over the Red Dragons.

Sophomore guard Ali Ricchiuti said she is proud of the team's performance so far.

"I feel like we've really shown that we're a team that's not going to give up and play until the end, despite what the score is," she said.

The South Hill squad will return to action on Dec. 6 to take on St. Lawrence University in Canton, New York.

Box Score: Dec. 2  
Cortland, New York

Ithaca College  
(4–1)

64–61

SUNY Cortland  
(4–1)



Senior guard Max Masucci pushes the ball down the court in the men's basketball team's matchup against Trinity College on Nov. 21. The Blue and Gold are 1–4 to begin the season.

CAITIE IHRIG/THE ITHACAN



Sophomore forward Leonard Davis prepares to make a post move in the men's basketball team's 74–48 loss to Trinity College on Nov. 21. Davis pulled down five rebounds in the game.

CAITIE IHRIG/THE ITHACAN

MEN'S BASKETBALL  
BY ALEX WONG

The men's basketball team went into a three-game stretch from Nov. 21 to Dec. 2 and pulled out mixed results.

In the first game of the set, the Bombers were bested by Trinity College 74–48 at Ben Light Gymnasium.

Nov. 22 saw the Bombers pick up their first win of the season, 78–62 over Farmingdale State College in Cortland, New York. Senior guard Max Masucci led the way for the Blue and Gold with 23 points off the bench.

On Dec. 2, the Bombers again traveled to

Cortland to take on SUNY Cortland. The Red Dragons exploded out of the gate, scoring 50 first half points en route to a 91–73 win.

Despite the weak beginning to the season, Masucci said the squad can turn it around.

"We just have to trust in our offensive and defensive strategies and execute on both ends of the floor," he said. "We will turn it around by continuing to improve each and every day in practice and maintain mental strength."

The Bombers will look to bounce back on Dec. 5 against St. Lawrence University.

Box Score: Dec. 2  
Cortland, New York

SUNY Cortland  
(4–0)

91–73

Ithaca College  
(1–4)

SWIMMING AND DIVING  
BY KEON BROADNAX

The men's and women's swimming and diving teams traveled to Hamilton College on Nov. 22 and came away with a record of 5–1 overall. The men's team defeated Hamilton College, Hartwick College and SUNY Geneseo, while the women's squad went 2–1, losing to Geneseo 153–147.

Individually, junior Adam Zelehowsky came out with wins in the 100 and 200-yard freestyle. Senior Lucas Zelehowsky also earned a first-place finish in the 100-yard breaststroke.

For the women's team, sophomore Grace Ayer placed first in the 100-yard backstroke, 200-yard breaststroke and the 200-yard individual medley.

The Bombers also swept all diving events with individual wins by sophomore Nickie Griesemer and senior Matt Morrison.

Overall, the men's squad record stands at 7–0, while the women's team is 7–1 overall. The Blue and Gold will return to action on Dec. 6 for the Bomber Invitational at the Athletics and Events Center Aquatics Pavilion.

CROSS-COUNTRY  
BY LAUREN MURRAY

The women's cross-country team and individual junior Sawyer Hitchcock represented the Bombers in the NCAA Division III Championship on Nov. 22 in Mason, Ohio.

Hitchcock was the only member of the Blue and Gold's men's team to earn an invitation to the meet. He finished the season placing 111th out of 280 national competitors, completing the 8K race at a time of 25:26.4.

The women's team placed 31st overall at the championships. Out of the 275 competitors, senior Emily Smith led the Bombers,

finishing 155th in the 6K at 23:37.7. Senior Hannah Wright and graduate student Allison Bartkowiak crossed the finish line shortly after coming in 167th and 170th, respectively.

Wright said she owes this fantastic season to the great coaching staff and hard working athletes.

"I have to thank all of my teammates for being there for one another and for giving it their all this season: It paid off," Wright said.

The championship race concludes both the men's and women's cross-country seasons.



Sophomore Bonnie Margolis twirls an S-curve staff during ICircus practice on Nov. 11 in Ben Light Gymnasium.  
JILLIAN FLINT/THE ITHACAN

Senior Elijah Cronk juggles during the ICircus practice on Nov. 11.  
JILLIAN FLINT/THE ITHACAN

# BALANCING ACT

Ithaca College Circus Club challenges physical limits of participants

**BY VINICA WEISS**  
STAFF WRITER

A colorful array of hula hoops are scattered across the court of Mondo Gymnasium in the Fitness Center. A few steps over from the hoops sits a big, gray tub filled with a number of different items, including small juggling balls and much more intricate props like clubs and rings for more complex juggling tricks. The rather lively group is spread out across the gym, each member free to practice a wide variety of skills at his or her own pace. Juggling balls and clubs fly in the air. Hula hoops circle around bodies through difficult and elaborate motions. Blue and white mats lay on the wooden floor for someone to tumble and to practice acrobatics.

At 8 p.m. on Tuesday and Thursday nights in the Fitness Center, the Ithaca College Circus Club takes over the gym. The Wood Floor Gym no longer exists as just a basketball court, but rather, it becomes a circus, an environment that the enthusiastic bunch has come to love, sophomore Aaron Roberts said.

"We're out there just being weird in front of a whole bunch of people, so you really get comfortable with everybody who's around you," Roberts said. "We're a big family."

ICircus was founded in 2004, and sophomore co-president Devon Baris said it has been fostering creativity and developing the talents of each of the members to a greater degree of complexity ever since. The group, which currently comprises 15 people, practices both mentally and physically demanding skills including juggling, balancing, acrobatics, poi spinning, hula-hooping and tumbling.

Sophomore co-president Kevin Flanagan said students of all levels of

talent are welcome, and it is a place where people are encouraged to be comfortable and to break out of their shells.

"Our kind of mentality going in is inclusive, and everybody kind of picks up on that as an unspoken rule," he said. "We really try to encourage people to push themselves, and that's kind of one of the main points of the club: to get out of your comfort zone and do something you wouldn't normally do."

Being comfortable is a very important aspect of the club and is essential when it comes to acrobatics, Flanagan said. When the group works on acrobatics, comfort level is critical as there is constant physical interaction, so it is very important that people are acclimated to one another.

While practice is still very free leading up to performances, Baris said students must work on their performances and then present them to the whole group, which always makes sure to give constructive feedback.

"It's a very nice fine line, and it's always encouraging, which I think that's very important," he said.

For freshman Harrison Kesel, it was this sense of comfort and openness that drew him to the club. Kesel, who had prior juggling experience before joining ICircus, was walking near the Academic Quad when he saw a group of circus club participants juggling. It just so happened that he had his own juggling balls with him and asked if he could join.

"This was like the second day I was on campus, so it was pretty exciting for me," Kesel said. "We just started juggling and they taught me a couple things in the first couple minutes I was there. So then I came to their first practice and it went from there. It's a lot easier than learning from YouTube."

While Kesel was unaware of the club before this encounter, it was the opposite case for Roberts, who came to the college partially based on the fact that it had a circus club.

It was the fall of

his senior year of high school when Roberts first stepped on to the college's campus for a tour. As the tour guide was mentioning some of the different clubs on campus, it was the circus club that caught his attention. Roberts said the very presence of such a club at the college played a large role in his favoritism for it, as it was the only school to offer such a distinguishable opportunity.

"The circus was one of the first performances that I saw when I was really little," Roberts said. "I've always been really interested in circus performance and the atmosphere and culture of it. I was very, very interested, and I had never actually participated in it in my life before coming here."

While Roberts was intrigued by the circus club, Baris said there is definitely a judgment about what it means to be in circus club, as most students who hear about the club do not think very highly of it.

"When people see us doing what we are doing, there are positive reactions, but when people just hear about it, a lot of unnecessary judgment goes into it," Baris said. "Honestly, we call ourselves a circus when we are more just like a varied skill act."

Baris added that people who do not necessarily know what circus entails do not consider how both mentally and physically demanding circus can be. Acts such as juggling and poi spinning can be very mentally challenging, as they can take a considerable amount of focus, understanding and attention to figure out how to execute the acts, he said. Baris said balance, hand-eye coordination and strength all come together to create a diverse circus performer, while mental capability is also very important.

"When you're working on a pattern with whatever the prop, you need to be able to mentally understand what is going on with the prop or your body, which is a prop," he said.

Not only are circus acts mentally demanding, but they also require a large degree of athletic ability, Flanagan said. Many of the athletes risk their lives performing feats such as human pyramids and flips where they potentially risk tumbling off, hitting their heads or breaking their necks. But, Flanagan said because of the level of comfort and trust they have, the individuals are able to challenge themselves.

"On the grander scale, circus as a whole is not considered by the mainstream media a sport or a form of athletic outlet," Flanagan said. "And then there's the circus community, which is producing probably some of the best athletes that this country and the world will ever see."

Cirque du Soleil, a Quebec-based artistic entertainment company, even recruits former elite Olympic gymnasts and divers for many of its shows because of the athletes' level of skill and adeptness that translates well to the sport-art hybrid. Flanagan said he believes circus performers are just as talented, physically, as any other athlete.

"So like an acrobat, a term that I've heard used a lot is physical literacy," he said. "An acrobat is strong, flexible and aware of their body as opposed to let's say a football player, who knows how to run and catch a ball. There's still that stigma and stereotype behind circus, which doesn't permit for some sort of in between for [being both a sport and performance]."

Regardless of what people think of circus performers, Flanagan said he could not imagine what he did until he joined the circus club.

"I don't know what I did up until this point," Flanagan said. "It's crazy. It's good. It definitely takes up a good portion of time — but time well spent."

**ONLINE**

To see more on the Circus Club, visit [theithacan.org/circus-club](http://theithacan.org/circus-club)

From top, sophomore Bonnie Margolis is balanced in the air by sophomore Devon Baris during the ICircus practice on Nov. 11 at Ben Light Gymnasium. Baris is co-president of the club.

JILLIAN FLINT/THE ITHACAN





## THE HOT STOVE

STEVE DERDERIAN

### Moving on after varsity athletics

One of former New York Yankees catcher Yogi Berra's famous sayings was, "It ain't over till it's over."

Though this is one of the most famous sayings recited by athletes and coaches of all levels, it doesn't answer what we — the athletes — do when it is all over. We're not just talking about one game, but rather what happens when a playing career is over.

Now that the season is over for all of the Bombers' fall teams, there are several outgoing student-athletes who have played their final snap, scored their final goal or competed in their final minute as a member of their respective team. For these students, the varsity experience is over and they now face the challenge of filling the void their former team and fellow athletes have created.

Some of the fondest memories during my college career have been bonding with teammates and celebrating victories, both team and individual. Now, several of my fellow student-athletes face the challenge of finding happiness again without practicing, preparing or playing their sport.

In a recent HBO documentary titled "State of Play: Happiness," three former NFL players were profiled showing emotional and physical challenges after their careers ended.

The documentary referenced the Ahmanson Lovelace Brain Mapping Center at the University of California, Los Angeles. Using MRIs, the university's Brain Mapping Center has studied the ways in which social pain affects the brain. Subjects in the MRI were to participate in a ball throwing game with two computers. After one minute, the two computers stopped throwing the ball to the athlete's hand, and signs of distress were suddenly appearing in the area of the brain associated with pain.

This study recreates a sense of separation from a team or group, and as a result the brain slips into an alarm mode, which likely leads to drastic psychological changes.

The science shows that separation and exclusion from their teams can lead to depression in former athletes. Though most senior student-athletes have the remainder of the year to spend time with their teammates, there is likely to be some separation anxiety.

I'm now staring this reality in the face. Fortunately, I have one more opportunity to compete with my teammates during indoor and outdoor track and field, but the days are numbered.

The best advice I have to offer is to ensure you have multiple things that make you happy. Sports can only offer so much happiness and there are many other activities, groups and people on the South Hill that can give a sense of accomplishment beyond just scoring more points than the opposing team.

**STEVE DERDERIAN** is a senior journalism major. Follow him on Twitter @Steve\_Derderian.

# Sophomores step up on women's swim squad

BY KARLY REDPATH  
SENIOR WRITER

After finishing the 2013–14 season undefeated and placing 30th overall at NCAAs, the women's swimming and diving team had much to celebrate. The team started off the season with 21 new swimmers, who ended up being one of the most vital pieces to the Bombers' puzzle of success.

Sophomore Grace Ayer led last year's freshman class, finishing her standout season with four state championship titles and a 13th-place finish at NCAAs in the 200 individual medley. She was named the E8 swimmer of the state meet, the Empire 8 co-swimmer of the year and received All-American honors — but there's more to the success of the sophomore class than just Ayer.

Ayer is one of 17 second-year swimmers on the Blue and Gold's women's swimming and diving team this season. Comprising almost half of the team's total 39 members, the sophomore class has played an important role in the team's success in the pool.

Senior captain Kylie Bangs said having such a large class was intimidating, but said once introductions were out of the way, she saw more camaraderie among her teammates.

"They came in last year and, honestly, it was a little overwhelming," she said. "It was harder than other years because everyone is a little timid when it comes to getting to know each other at first, and with such a big class ... even the ones who had been on the team before. But



Sophomore Grace Ayer swims backstroke during the women's swimming and diving team's practice on Dec. 1 in the Athletics and Events Center. Ayer is one of 17 sophomore athletes swimming for the Blue and Gold this season.

JILLIAN FLINT/THE ITHACAN

this year, everything just feels much more cohesive."

Head coach Paula Miller said because of the class' size and personality, they could have had a much different impact on the team if they chose to do so.

"They could have easily come in and dominated but they didn't," she said. "They really bought into

the program, which has made so many of them even more important this season."

Despite Miller's claim, the then-freshman class played a huge role last season for the Blue and Gold. Six of the 17 sophomores on the roster this winter had the opportunity to make Empire 8 and State meet appearances. Each of these

six swimmers received multiple All-State honors or recognitions, and four received Empire 8 titles.

Sophomore Lake Duffy, who is the Bombers' number-one sprinter this winter after receiving five All-Empire 8 honors and five All-State recognitions, said the most drastic change for her is being able to apply what she learned last year to the pool this season.

"High school swimming and college swimming are just so different, so the biggest difference for me this year is just knowing how things work," Duffy said. "We have more responsibility, especially considering our size, but I think that knowing how things work this year helps us really keep the team together."

Sophomore Erin Hackett said being a part of the largest class on the team has impacted the sophomore class' dynamic.

"[It has been] interesting in that with the juniors there are six of them, and they all live in a Circle together," she said. "But with us, there are 20 of us, so going out to dinner together is hard. But that doesn't make us any less close."

However, Bangs said the size of the sophomore class hasn't mattered to her since she got to know her new teammates last year.

"When we're in the pool, we don't think of them as 'the sophomores,'" Bangs said. "Unless we're doing a set that's, like, the upperclassmen against the underclassmen, your year doesn't matter that much. Once we get in the pool, it's all about the team."

## Valesente earns NYS induction

Last month, Ithaca College head baseball coach George Valesente was formally inducted into the New York State Baseball Hall of Fame at the Hilton Garden Inn in Troy, New York. The NYS Baseball Hall of Fame acknowledges the success of players and contributors to baseball from New York. As a part of the 2014 induction class, Valesente was unanimously elected along with 16 other inductees.

Staff Writer Jonathan Beck spoke with Valesente about his thoughts on the induction into the Hall of Fame, a look back at his accomplishments and his future coaching the Bombers.

**Jonathan Beck:** What was your initial reaction when you were informed about the induction?

**George Valesente:** I wasn't sure how serious it was because we all have friends that pull pranks on us. I got an email saying that I had been selected to be inducted into the New York State Baseball Hall of Fame, but I had never heard of it before. Initially, I was wondering what it was. Then I sent it over to my wife, and she had no idea either. I Googled it and found out that it is a very prestigious organization with some great former major league players that have come through the state of New York in various capacities as well as coaches and umpires. It was very impressive.

**JB:** Can you describe the experience altogether?

**GV:** To me, it should be an honor that is appreciated and shared by many, Ithaca College being one, because if I never had the opportunity to be here and coach, this never would have happened. There have been so many people along the way,



Head baseball coach George Valesente was inducted into the New York State Baseball Hall of Fame on Nov. 2. Valesente is in his 37th season coaching the Bombers, winning two national championships.

AMANDA DEN HARTOG/THE ITHACAN

players specifically, my assistant coaches and of course my family and my wife. I believe that it's a wonderful honor for them as well. It was wonderful to represent all of that.

**JB:** What first motivated you to get involved in coaching?

**GV:** Growing up, I was one of those young men who was out of the house early in the morning playing sports with my friends on playgrounds and streets. I played three sports all through high school. When I came to Ithaca College, it was pretty natural that I was going to major in physical education and play sports. I had the offer to play professional baseball for a while, so when I was done in August, my brother told me the

Brockport State baseball job was available. It was the right place at the right time.

**JB:** This seems like a great way to end an illustrious career such as yours. How much have you thought about stepping away from the game?

**GV:** My wife believes that I am not ready to retire. I still hopefully have good enough health to continue. When I get to the point where I believe I am a detriment to the program and the program is starting to suffer because of my age or my inability to continue to do the things I do, then I will step away. I have no plans at this time. I am not sure exactly when that will be. It is year by year. I will continue as long as they want to keep me here, and the young men gain a lot from it.



Top Tweets

The best sports commentary via Twitter from this past week

Dan Brooks  
@brooksbaseball



I'm still not sure I understand the Billy Butler signing. Maybe Beane just was taking pity on another Billy. Seeking better explanations.

Mike Sielski  
@MikeSielski



Sanchez on the memory of the #Buttfumble: "It sucked. I ran into some guy's butt and dropped the ball on the turf." #Eagles #NYJ

John Tomase  
@jtomase



Is "because they're the Blue Jays" enough to explain why I'm still not afraid of Toronto in the AL East?

Sports Pickle  
@sportspickle



There's a disturbing lack of talk about Nick Saban's new hair being orange Easter basket grass.



Hucking it up

From right, junior Haley Small plays defense by attempting to prevent junior Ashley Gannon from catching a thrown Frisbee during the women's club ultimate Frisbee practice on Dec. 1 at Glazer Arena in the Athletics and Events Center. TUCKER MITCHELL/THE ITHACAN

GAME of the WEEK

In the annual Iron Bowl game, the University of Alabama Crimson Tide survived the Auburn University Tigers 55-44. Crimson Tide junior wide receiver Amari Cooper tied his own school record with 224 receiving yards to go along with his three touchdown catches. The game had implications for national rankings, as Alabama is the top-ranked team in the country. Auburn is ranked No. 15.



GOOD BAD  
SPORT SPORT

DEVIN GARDNER



University of Michigan quarterback Devin Gardner comforted injured Ohio State University quarterback J.T. Barrett in a classy display of sportsmanship during the teams' game on Nov. 29. The Buckeyes defeated the Wolverines 42-28 in the annual rivalry game.

TIMMY JERNIGAN



The Baltimore Ravens' defensive tackle and Florida-native was so excited by the prospect of seeing snow for the first time that he was late to a defensive meeting. Ravens' head coach John Harbaugh, however, made light of the situation, saying Jernigan was "like a little kid." Jernigan abandoned his snowman project when he realized he was late, and upon returning, found that someone had knocked it over.

they SAID IT...

"I tried everything. We played four white guys and an Egyptian."

After his University of Louisville men's basketball team beat Savannah State University 87-26 on Nov. 24, head coach Rick Pitino said he "tried everything" not to run up the score. At one point in the second half, the Cardinals featured a lineup that included three walk-ons, an Egyptian freshman and a Norwegian freshman.

Even this watered-down Louisville lineup could not stop the No. 6 team from routing the unranked Tigers. Four Cardinals reached double digits in scoring while two other players had nine points apiece.



Important moments in professional and Bombers sports history on this DAY IN...

PRO SPORTS HISTORY  
1987

Los Angeles Lakers star Kareem Abdul-Jabbar failed to score in double figures in the team's 85-83 loss to the Milwaukee Bucks. Abdul-Jabbar scored seven points to end his streak of 787 consecutive games scoring double digits. The center followed with a 19-point performance on Dec. 5 in a loss to the Cleveland Cavaliers.

BOMBERS SPORTS HISTORY  
2012

The women's basketball team dominated Elmira College 66-46 to open Empire 8 play. Three Bombers scored in double figures in the game. The team would go on to win the Empire 8 championship and make the program's second NCAA Sweet Sixteen appearance.







ONLINE

To see more on the Extreme Gingerbread House Competition visit [theithacan.org/gingerbread-house](http://theithacan.org/gingerbread-house)

From left, seniors Melanie Chu, Victoria Nhan and Katie Quan build a gingerbread house using candies such as Fruit By The Foot, Starburst and Sour Patch Kids.



Students were provided with an assortment of different candies to make their houses.

# Sweet Construction

The Student Activities Board held the Extreme Gingerbread Making Competition in IC Square on Dec. 2. This event was held in celebration of the holiday season.

PHOTOS BY AMANDA DEN HARTOG



Students use frosting as a decorative coating and as an adhesive to keep the house intact.



A student admires a finished side of her gingerbread house during the competition.