

THE ITHACAN

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SEEKING SECURITY

An analysis of IC employee concerns in light of national trends toward unionization

The Ithacan's three-part package on unionization on college campuses

Part One: Merits and pitfalls of unions
Part Two: Part-time faculty unions
Part Three: The evolving role of adjuncts

BY AIDAN QUIGLEY
AND NATALIE SHANKLIN
ASSISTANT NEWS EDITORS

With Ithaca College announcing small salary increments and a special all-college meeting to discuss ways to cut back, some employees are concerned with job security. Across higher education, unions have proven to be an option to address similar concerns.

The all-college meeting will be held March 5, in which President Tom Rochon will discuss ways the college can save money. Discussions over how the administration is planning to cut back and the prospect of part-time faculty members at the college potentially estab-

lishing a union have brought up questions of how unions function on college campuses.

The Office of Public Safety and Emergency Management is the only group on campus to have successfully unionized. Full-time faculty voted to unionize in the late 1970s and early 1980s but were ruled to have enough say in the management of the college that they were not considered laborers but rather managers, under the Supreme Court's 1980 *Yeshiva* ruling, thus rendering them ineligible.

In past years, staff members have also discussed

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UNIONS ON CAMPUSES



Adjuncts at Seattle University, along with students and tenured faculty, walked out of their classes at noon Feb. 25 to protest during National Adjunct Walkout Day. THE ASSOCIATED PRESS

UNIONS ON CAMPUSES

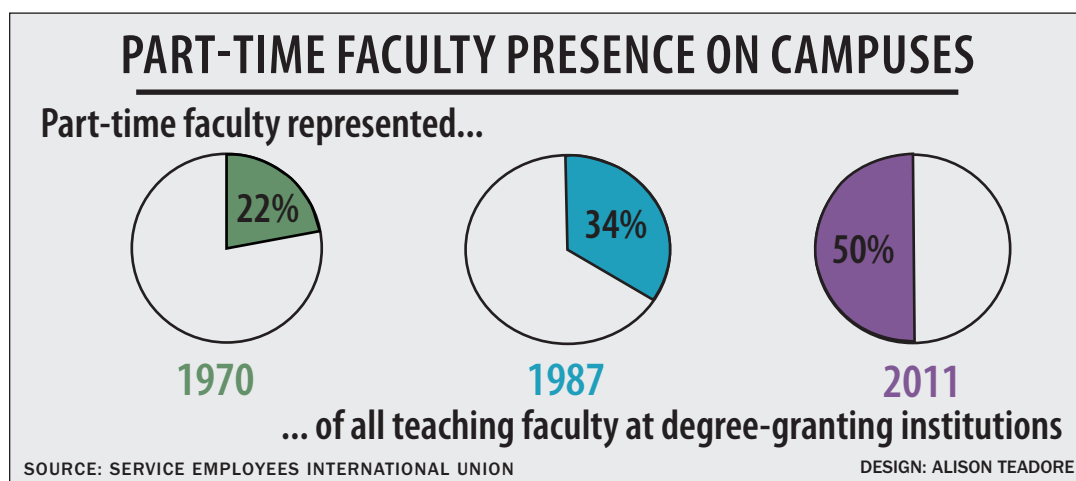
Part-time faculty across nation move toward unions

BY AIDAN QUIGLEY
ASSISTANT NEWS EDITOR

As part-time faculty members at Ithaca College gain support in their move toward unionization, they fall in line with a national trend.

Labor organizers, particularly with the Service Employees International Union's Adjunct Action initiative, have helped adjuncts and part-time professors at other colleges and universities to unionize, including Georgetown University, Tufts University and Northeastern University. There are currently 22,000 adjuncts unionized with the SEIU, according to the organization's website. The SEIU is helping the part-time faculty at Ithaca College move toward unionization.

According to data from the National Center for the Study of Collective Bargaining in Higher Education and the Professions at Hunter College in the City University of New York, at most schools where adjuncts vote to unionize, the vote passes and



the union is formed. Since January 2013, there have been 41 successful unionization votes for faculty and graduate student unions while only two unsuccessful votes and five petitions were withdrawn prior to votes.

Ithaca College's part-time faculty did not participate in "National Adjunct Walkout Day" Feb. 25, though they supported the adjuncts who did walk out across the country, Brody Burroughs,

a lecturer in the art department at the college and one of the organizers of the unionization movement at the college, said.

The national increase in non tenure-track faculty has created an atmosphere in which these faculty would be interested in negotiating with the administration, known as collective bargaining, Risa Lieberwitz, a professor in the Cornell University School of Industrial and

Labor Relations, said.

"With this explosion in the number of non tenure-track faculty ... many of them are very poorly paid, and if you put that together with the job insecurity that they have, they have a great interest in thinking about how they improve their working conditions," Lieberwitz said.

Improved working conditions

See PARTTIME, page 5

College details tuition increase

BY MAX DENNING
ONLINE NEWS EDITOR

The Ithaca College Board of Trustees has approved a tuition increase for the 2015-16 academic year.

The college announced March 2 that tuition for next year will be \$40,658, a 2.85-percent increase from this year's \$39,532. With standard room and board, which will be \$14,674, the total cost of attendance for 2015-16 will be \$55,332, a 2.73-percent increase from this year.

In the college's press release, it said 2.85 percent is the smallest percentage increase of tuition in 50 years.

The board of trustees also approved a \$232.7 million operating budget for the 2015-16 fiscal year, according to an email sent to faculty and staff. Last year's budget was the same amount.

The email also stated the college has allotted over \$109 million for institutional financial aid, representing an



HECTOR

See TUITION, page 3



YES TO UNIONS

Unionization would benefit part-time faculty and facilities workers, page 10.



PUT ME IN, COACH

Blue and Gold coaches have maintained long-term success, page 23.



UP TO ELEVEN

The Anderson Tapes offers listeners metal with an experimental twist, page 13.

Nation&World



Biden visits Central America

U.S. Vice President Joe Biden tosses a stuffed animal to children in Villa Nueva on the outskirts of Guatemala City, Guatemala, March 3. Biden gifted a toy to each child who gave him a karate demonstration as part of a Central America tour.

ASSOCIATED PRESS/HASAN JAMALI

Kerry leads nuclear negotiations

As senior U.S. and Iranian officials worked March 3 in Switzerland to reach a nuclear deal, Israel's leader warned against reaching an accommodation with Tehran, declaring to

the U.S. Congress that Tehran aims for Middle East dominance and won't let any such pact thwart its plan.

The negotiations, being led by Secretary of State John Kerry and Iranian Foreign Min-

ister Mohammad Javad Zarif, have less than a month to go to meet a late-March deadline for a pact meant to crimp Iran's nuclear program in exchange for sanctions relief. But even as the two sides met in a luxury hotel in the Swiss resort town of Montreaux, Israeli Prime Minister Benjamin Netanyahu was making his case against their slowly emerging agreement 4,090 miles away in Washington, D.C.

Petraeus pleads guilty in leak

Former CIA Director David Petraeus, whose career was destroyed by an affair with his biographer, has agreed to plead guilty to charges that he gave her classified material — including war strategy and the names of covert operatives — while she was working on the book.

The plea agreement carries a possible sentence of up to a year in prison and represents another blow to the reputation of the retired four-star army general who led U.S. forces in Iraq and Afghanistan and was perhaps the most admired military leader of his generation.

Petraeus, 62, will plead guilty to a misdemeanor count of unauthorized removal and retention of classified material. The agreement was filed in federal court March 3 in Charlotte, North Carolina, where Paula Broadwell, the general's biographer and former mistress, lives with her husband and children.

Active Chilean volcano erupts

One of South America's most active volcanoes erupted early March 3 in Southern Chile, spewing heavy smoke into the air as lava surged down its slopes, prompting

authorities to evacuate thousands of people.

The Villarrica volcano erupted around 3 a.m. local time, according to the National Emergency Office, which issued a red alert and ordered evacuations. Local media showed images of the volcano bursting at the top, glowing in the dark amid heavy smoke and rivers of lava. Authorities worried that mudslides caused by melting snow could endanger nearby communities, but no injuries were reported.

The 9,000-foot volcano sits above the small city of Pucon.

Feds criticize Ferguson police

The Justice Department cleared a white former Ferguson, Missouri, police officer in the fatal shooting of unarmed black 18-year-old Michael Brown on Mar. 4, but also issued a scathing report calling for sweeping changes in city law enforcement practices it called discriminatory and unconstitutional.

The dual reports marked the culmination of months-long federal investigations into a shooting that sparked protests and a national dialogue on race and law enforcement as the tenure of Attorney General Eric Holder, the first black person to hold that office, draws to a close.

The Obama administration sought to offset community disappointment over the conclusion that the shooting of Michael Brown was legally justified with a message of hope for Ferguson's majority-black citizenry. Officials announced 26 recommendations, including training officers in how to de-escalate confrontations and banning the use of ticketing and arrest quotas.

SOURCE: ASSOCIATED PRESS

College

Applications for director of ICC due March 18

Applications for the new director of the Integrative Core Curriculum will be accepted through March 18, with appointment to take place in May 2015.

The selected director will serve for three years with a possibility for renewal. The person in this position will provide leadership in the implementation and assessment of the ICC while serving as a liaison to the Committee on College-wide Requirements. He or she will also improve the learning portfolio, supervise the first-year ICC kickoff event and work with the associate director of the ICC, who is responsible for the Ithaca Seminar, as well as other faculty and staff.

Only tenured faculty members or senior non-tenure-eligible faculty — associate level or above — are eligible for this position. The appointed director will teach two courses each academic year in the ICC and spend the rest of his or her time administering the ICC. The individual will also receive a summer stipend. The administration said the applicant should be enthusiastic about the ICC and IC 20/20 on a broad level, be credible with faculty across campus, be interested in developing and implementing curriculum and possess strong organizational and interpersonal skills.

To apply, individuals should send a letter of interest and a current vita to Danette Johnson, vice

provost for academic programs and current director of the ICC, at djohnson@ithaca.edu. She can also be contacted at 607-274-5170 for any further inquiries.

Careers in STEM director to present at White House

Orlando-Marquez C. Kirtrell, director of the Careers in Science, Technology, Engineering and Mathematics program at Ithaca College, will go to the White House on March 6 to join STEM Leadership Council colleagues as the college's representative on this council in meeting with the Office of Management and Budget, the Office of Science and Technology Policy and the Domestic Policy Council to provide feedback on the 2016 Fiscal Year Budget for STEM initiatives. He will also work with the White House on future STEM initiatives.

Located in Washington, D.C., the STEM Education Coalition works to raise awareness in Congress and other organizations about the role that STEM education plays in allowing the U.S. to thrive economically and technologically in the 21st century.

The coalition operates on the belief that the U.S. must improve the way in which students learn STEM topics, and that the business, education and STEM communities must collaborate to achieve this goal.

Alumna to provide tips on career development

Alumna Kimberly Zeoli, who graduated in 1989, will share her career story at 12:05 p.m. March 5 in the Dorothy D. and Roy H. Park Center for Business and Sustainable Enterprise Room 111.

After graduating from the School of Business, Zeoli landed her first job working as a staff accountant at Coopers & Lybrand LLP in Syracuse, New York. She now serves as a senior health care consulting partner at Deloitte in Boston. She is one of 5,000 partners leading the Deloitte U.S. firms. Her firm is made up of 60,000 professionals that serve public and private companies and raise about \$15 billion in revenue annually. These professionals work together to provide audit, consulting, financial advisory, risk management, tax and related services to select clients.

Zeoli will share her ideas for young career seekers and techniques for efficiently leading others.

Attendees looking to receive Student Leadership Initiative credit for this event must register in OrgSync at least 48 hours before the event and bring their ID card.

Health promotion series to continue March 5

Mark C. Coleman, president of Convergence Mitigation Management, will present the third installment of the 2015 Health Promotion and Physical Education Speaker Series at 6 p.m. March 5 in the Hill Center Room 104. He will give a speech titled "Teaching

Leadership and Success in Sustainability: The Power of Personal Will, Trust and Accountability."

This speaker series is sponsored by the Department of Health Promotion and Physical Education. This year's topic is "Teaching, Learning, and Diversity in the 21st century."

College closes buildings due to electrical failure

Due to an electrical cable failure, multiple Ithaca College buildings were without power and closed including Williams Hall; Muller Chapel; the entire Campus Center; Gannett Center, including the library; and the James J. Whalen Center for Music on March 4.

All activities and classes in those buildings were cancelled for the day.

Dave Maley, senior associate director for media and community relations at the college said one of the main electrical cables that supplies to multiple buildings has failed. Maley said the cable probably failed due to old age. He said he was unsure how old the cable was. Contractors from the O'Connell Electric Company worked to restore power to the buildings.

The college announced at separate times the buildings were expected to reopen at noon, 5 p.m. and "later this evening."

All buildings plan to be open for classes and activities March 5.



Lights out

From left, Marc Passalugo, electrical maintenance supervisor, and Roderick Martin, electrical maintenance assistant supervisor, work to repair an electrical cable failure after the March 4 power outage.

AMANDA DEN HARTOG/THE ITHACAN

CORRECTIONS

It is *The Ithacan's* policy to correct all errors of fact. Please contact the Editor at 274-3207.

Got a news tip?

Contact the News Editor at ithacaneews@gmail.com or 274-3207.

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College predicts fewer applicants for 2015

BY KAYLA DWYER
NEWS EDITOR

As Ithaca College predicts a drop in its applicant pool by about 1,700 students for the 2015–16 academic year, the Office of Admission is employing new strategies for reaching out to accepted students to encourage them to enroll, while individual schools strengthen their current tactics.

Eric Maguire, vice president of enrollment and communication, said the college is expecting to receive around 16,500 applicants for Fall 2015, which is down from the record-high pool of 18,208 applicants for Fall 2014.

The decrease is coming off two years of significant gains, which Maguire said is to be expected.

“We’re not going to continue that forever, particularly in an environment in which demographics are going down,” he said.

The changing demographic refers to the number of graduating high school seniors in the Northeast decreasing since 2008. Though the college saw a record applicant pool last year, it was also the year the college under-enrolled by about 150 students, which Maguire attributed to the demographic challenges and a higher tier of more competitive students.

He also said the college has done less advertising for this round of prospective students, but he has yet to analyze whether this had a direct relationship to the drop-off in applicants.

In an effort to prevent another shortfall, Maguire said the college is employing a new tactic to improve yield this year: a calling campaign. Through a partnership with RuffaloCODY, a strategic fundraising and



Sophomore Connor McNeish joins a gathering for volunteers for Ithaca Today on April 8, 2014, in the Peggy Ryan Williams building. Ithaca Today is one of the largest recruitment events for accepted students at Ithaca College.
AMANDA DEN HARTOG/THE ITHACAN

enrollment management software firm, the college will pay students to make calls to admitted applicants to their respective schools or programs and talk to them about the college and answer any questions.

Maguire said through this initiative, the college aims to reach about 7,000 more students.

In addition, he said the admissions office has created a new position this semester specifically to handle the recruitment of international students. Whereas before these responsibilities were shared among administrators in the office, now Eric Weinhold, associate director of international admission, will

be the point person.

Individual schools like the School of Health Sciences and Human Performance plan to work with admissions on deciding best practices for their recruitment efforts. John Sigg, acting HSHP dean, said the school will not be employing new or different strategies to recruit prospective students.

HSHP plans to continue its practices of fostering faculty and student participation in open houses and IC Peers and communicating the success rates of the school’s programs, Sigg said.

Diane Gayeski, dean of the Roy H. Park School of Communications,

said the Park School plans to continue its current strategies as well.

Rather than changing strategies, the School of Business is expanding the High School Investment Competition, a program that began last year.

Though it attracts students, the initiative was born as a way to highlight the school’s investment track, which Kline said is a part of the bigger picture.

“I like to think that we’re not only chasing an enrollment target, but that hitting the enrollment target is a natural part of the process of always trying to make the college better,” she said.

Arrests in DC include retired IC professor

BY MAX DENNING
ONLINE NEWS EDITOR

A former Ithaca College professor was arrested March 1 in Washington, D.C., for taking part in a protest against the occupation of Palestine.

Beth Harris, a retired associate professor in the Department of Politics, was arrested along with Ithaca resident Ariel Gold and three others for attempting to block the entrance to the American Israel Public Affairs Committee Policy Conference ahead of Israeli Prime Minister Benjamin Netanyahu’s speech to Congress on March 3.

Harris and Gold are members of the Ithaca Chapter of the Jewish Voice for Peace, an organization that speaks for social justice with regard to U.S. foreign policy — specifically, an end to Israel’s occupation of Palestine.

The demonstration was organized by Code Pink, a national organization working to end U.S. militarism. Upon arriving, Gold said, they sat down in front of the AIPAC doors and locked arms.

Harris said though the Ithaca JVP did not organize the demonstration, it was disturbed by Speaker of the House John Boehner’s decision to invite the Israeli prime minister.

“We wanted to expand the public discussions about the partisan character of this invitation to address the war crimes and violations of international law that are being committed under Netanyahu,” she said.

TUITION FROM PAGE 1

increase of over 8 percent from last year’s allotment of \$100.1 million.

\$2.1 million of the operating budget, or 2 percent, is allocated for the salary pool. Specifically, 1.5 percent is dedicated to the full general merit pool, and 0.5 percent is dedicated to the additional merit pool.

Peter Rothbart, Ithaca College Faculty Council chair, said he was displeased with decrease in the merit pool, but he said he recognized the administration’s budget decisions were difficult.

“I think given the college’s goals and the local cost of living, I think [the salary pool] is insufficient,” he said.

Last year, 2.75 percent of the budget was allocated for the salary pool, including 1.75 percent for general merit.

In a letter sent to parents, Ithaca College President Tom Rochon credited the small tuition increase to the college’s initiation of zero-based budgeting, which is a practice in which all expenses must be justified for each new period, and the Strategic Sourcing initiative.

Gerald Hector, vice president of finance and administration, called zero-based budgeting a “ground-up approach” in which each department of the college must evaluate its needs to operate and is told not to reference past budgets. Hector said each department cut aspects of its budget this year.

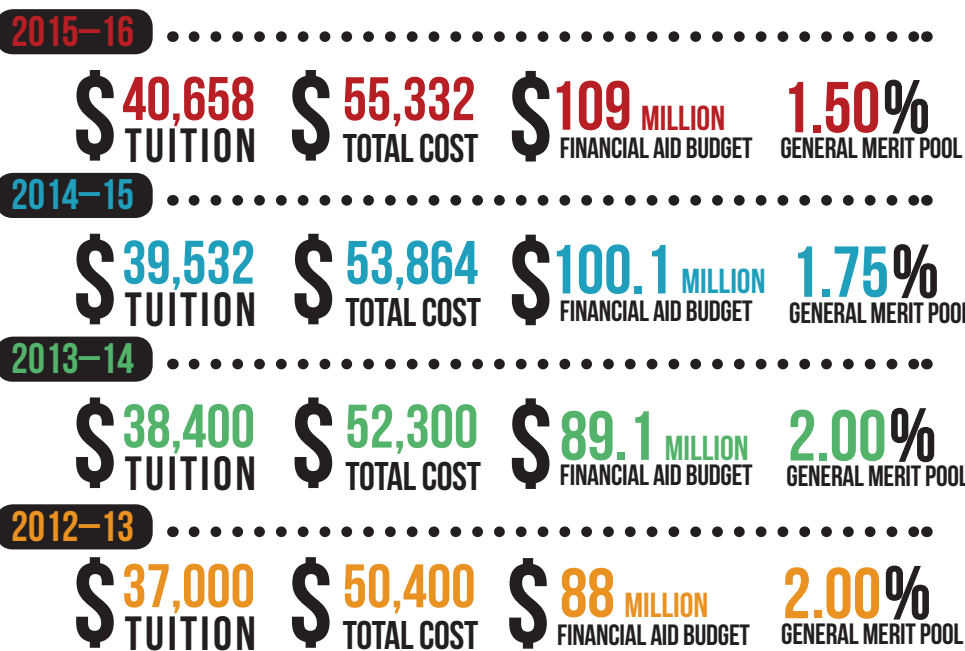
The college’s Strategic Sourcing initiative calls for the college to act as a singular buyer, not as individual departments, Hector said. Another part of the Strategic Sourcing initiative is the college creating partnerships with companies for their needs.

Hector said the Strategic Sourcing initiative will help the college reach its goal to reduce non-salary operating expenses by \$3 million in the next two to three years.

Rothbart said both efforts were important in the ongoing efforts to rein in costs.

Sophomore Tiarra Braddock said she has noticed the impact of rising tuition at the college.

COST OF ITHACA COLLEGE ATTENDANCE



DESIGN: ALISON TEADORE AND GRACE CLAUSS
SOURCE: ITHACA COLLEGE OFFICE OF INSTITUTIONAL RESEARCH

“I’ve lost three friends in two semesters from them not being able to afford it,” Braddock said.

Rothbart said he understood the issues with the rising cost of higher education, but said college is expensive in part due to the services students expect from the college.

“The students have high expectations, in terms of student support, student services as well as academics and student life,” he said. “In order to attract a certain kind of student, there are certain things we have to do,” he said.

Hector said risings costs were also due to the technological needs of the college.

The consumer price index, a measure of changes in retail prices of a constant market of goods and services, rose 0.8 percent in the 12-month period starting in December 2013, the smallest annual increase in five years.

Since 2010–11, the average cost of attendance at private nonprofit four-year colleges has increased from \$36,465 to \$42,419, an increase of 16.3 percent. In the same time period, Ithaca College’s cost of attendance has increased from \$45,944 to \$55,332, an increase of 20.43 percent.

The consumer price index has risen 7.2 percent since February 2010.

Hector said the consumer price index plays a role in determining tuition but is not the only component of deciding the costs.

The consumer price index is utilized by the college to determine how vendors’ prices will rise in the upcoming year, Hector said.

The further budgeting plans are expected to be covered by Rochon, who was not available for comment, at a special all-college meeting from 12:10 to 1 p.m. March 5 in Textor 102.

IC Giving Day yields more than planned

BY MAX DENNING
ONLINE NEWS EDITOR

Ithaca College raised \$735,249 in the first IC Giving Day on Feb. 26, receiving gifts from 2,306 donors.

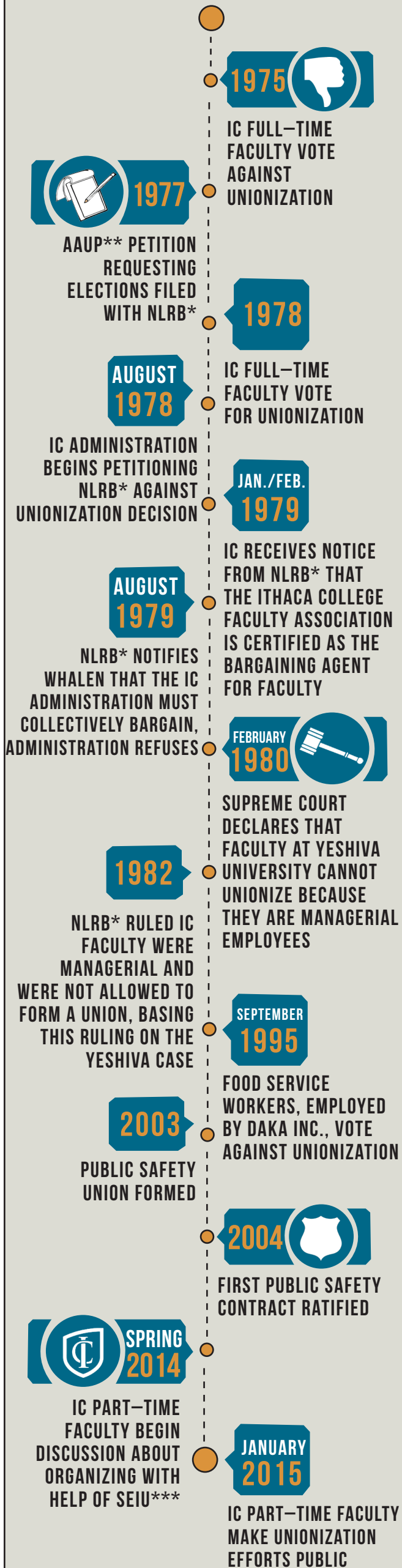
The college reached its initial goal of 607 donors at 11:43 a.m., which released a \$226,000 donation from a group of anonymous alumni. The college went on to surpass two other goals it had planned previously, one of 953 donors and another of 1,485, by 4:53 p.m. Surpassing both of those goals led to the college receiving an additional \$200,000 from the same group of alumni.

The college reached an unplanned 1,892 donor goal, which allowed the college to receive an extra \$50,000 from a group of alumni not affiliated with the first goal and announced its final goal of 2,400 donors at 8:26 p.m. The college did not meet this final goal.

Rob de la Fuente, director of the Ithaca College Annual Fund, said the breakdown of donors from the IC Giving Day website are as follows: 1,316 alumni, 372 faculty or staff, 315 parents or grandparents, 144 students and 43 individuals who classified themselves under the category “other.”

UNIONS ON CAMPUSES

UNIONIZATION EFFORTS AT ITHACA COLLEGE



* NLRB= NATIONAL LABOR RELATIONS BOARD
 ** AAUP= AMERICAN ASSOCIATION OF UNIVERSITY PROFESSORS
 *** SEIU= SERVICE EMPLOYEES INTERNATIONAL UNION

SOURCE: THE ITHACAN

DESIGN: ALISON TEADORE

UNIONS FROM PAGE 1

unionization, but staff members who preferred to remain anonymous said they are too afraid of losing their jobs to talk about unionizing today.

"They don't like us using the U-word," a staff member said. "Anytime anyone brings it up, other people just say, 'shhh!'"

Another staff member said the culture of staff treatment has changed over the past few decades.

"When I started here, it was more like a family atmosphere," the person said. "Now it's more like a business atmosphere. They're just looking at dollars and cents. They're not looking at people as people."

Public Safety formed its union with the United Government Security Officers of America in 2003. The union has a membership of 29 out of 41 total Public Safety officers, and the current bargaining unit employees include non-sworn security officers, sworn patrol officer and patrol supervisors, communication specialists and parking services employees.

Laurenda Denmark, the secretary of the college's Public Safety union, declined to comment.

When the union formed, then-President Peggy Ryan Williams said in an Intercom statement she was concerned about collective bargaining.

"I am disappointed that our Public Safety employees have decided to have an outside labor organization speak for them on all employment-related matters," she said. "We have not had any unions at Ithaca College because the college is viewed by most

as a good place to work, and the majority of employees have concluded that they are better off maintaining a direct working relationship with their supervisors, managers and administrators."

One of the anonymous staff members said at the time Public Safety was moving to unionize, other staff members — custodial, maintenance — used to have more conversations about unionizing, though the atmosphere was not welcoming to it.

"It's always been we've been threatened with our jobs because of it," the source said.

Food Service workers voted against unionization in 1995 amid allegations by union organizers of intimidation by DAKA, Inc., the food service provider at the time, which DAKA denied.

By comparison, there are seven collective bargaining groups at Cornell University. Professionals unionized on Cornell's campus include carpenters, electricians, plumbers, Public Safety officers, engineers, custodial, food service, bus drivers, grounds workers and adjunct faculty in the Cornell University School of Industrial and Labor Relations. These professionals collectively bargain in various unions: the Tompkins-Cortland Counties Building Trades Council; Communications Workers of America; the Cornell Police Union; International Union of Operating Engineers; United Auto Workers; International Security, Police and Fire Professionals of America; and Cornell Adjunct Faculty Alliance.

The Cornell Graduate Student Union has begun to push for collective bargaining and may appeal a National Labor Relations Board ruling from 2002, which ruled that student workers on college campuses do not classify as workers under the National Labor Act.

Cornell's agreement with the UAW union covers service and maintenance occupations including custodians, food service workers and maintenance mechanics. According to the 2012-16 agreement between Cornell and the Cornell Service and Maintenance Unit United Automobile, Aerospace and Agricultural Implement Workers of America Local 2300, all service workers at Cornell make at least \$14.58 an hour.

Pete Meyers, the coordinator of the Tompkins County Workers' Center, said this was an impressive rate for the over 1,200 service workers at Cornell.

"None of these workers are making less than \$14.50 an hour, which is incredible, given the fact that a food service worker in town could be making \$9 an hour but are guaranteed at least \$14.50 at Cornell," he said.

Mark Coldren, associate vice president of human resources, said the college does not disclose salary information of faculty or staff outside of the hiring process.

Nancy Pringle, vice president for human and legal resources and the general counsel secretary to the board of trustees at Ithaca College, said it is difficult to be able to predict the long-term effects of unionization.

"The realities of collective bargaining is that it is an inherently time-consuming process involving trade-offs, which impact all parties engaged in the process," Pringle said.

Terry Sharpe, the president of the local branch of the United Automobile Workers and a former food service worker at Cornell, said she would encourage other staff

members to unionize.

"If you ask a handful of people, they are probably feeling the same thing... when you stand together united, it may be easier to gain the things you need," she said.

However, Bruce Cameron, the Reed Larson professor of labor law at the Regent University School of Law, said labor unions are straying from their original missions by unionizing on college campuses.

"Consider the original reason for labor unions — to fight greedy and mean-spirited employers who were not smart enough to realize that happy employees are more productive employees," he said. "Are those running universities motivated by greed? Are they mean-spirited? Stupid? Of course not. ... No one is getting rich at the expense of the workers."

John Scully, an attorney with the National Right to Work Legal Defense Foundation, agreed that the traditional purposes of a union are not relevant at a college or university.

"Unionization cuts at the very heart of the very nature of a university, which as a unique institution, the shop floor

cannot be imported onto," he said. "Unionization, even if it doesn't immediately do this, has the latent threat of interfering with academic freedom and freedom of speech, two of the hallmarks of a traditional university."

Cameron said unions hurt free speech because unions bar non-members from having a voice in working conditions, and faculty members who do not want to pay union dues would find themselves without a say in working conditions.

"The union is the exclusive bargaining representative — you are not allowed to speak for yourself with your

employer regarding your wages and working conditions," he said. "The union negotiates average wages. If you are better than average, then the union harms you."

Risa Lieberwitz, a professor in the school of Industrial Labor Relations at Cornell University, said an advantage of unionization is providing employees with increased job security, as employers are required to show "just cause" for firing employees in a union. She said most employers fear losing control over employees if they decide to form a union.

"Most employers would like to have unilateral, top-down control over their workforce," she said. "I don't think it's about the money. If people unionize there will be some redistribution of wealth ... [but] I think the primary reason employers resist unionization is because they do not want to have to bargain with the union and they want to have unilateral control."

It is common for colleges and universities to push back when faculty or staff move to unionize, William A. Herbert, director of the National Center for the Study of Collective Bargaining in Higher Education and the Professions at Hunter College in the City University of New York, said, often through the form of sending letters expressing concerns to the parties moving toward unionization.

Pringle said the administration acknowledges that a unionization effort is the choice of the employees involved.

"The college recognizes that unionization is a matter of choice for employees, not to college administration or outside third parties," she said. "In the event the majority of part-time employees unionize, the college will bargain in good faith in full compliance with the law."

Cameron said most administrations don't want unions because unions restrict institutions from accomplishing their educational goals.

"University management tries to stop unions for the same reasons most companies do not want a union," he said. "It limits flexibility in resolving workplace problems. It rewards mediocrity. It makes it harder to financially reward superior research and teaching."

Ronald Ehrenberg, the director of the Cornell Higher Education Research Institute in the ILR School, said administrations at many private colleges and universities simply are not used to dealing with unions on their campuses.

"Especially in private education, they are not used to dealing with collective bargaining with tenured and tenure-track faculty because that is prohibited by the Supreme Court's Yeshiva decision, which said tenure-track faculty behave like managers and are not allowed to participate in collective bargaining," he said.

Ithaca College's full-time faculty petitioned to unionize in 1977, and the National Labor Relations Board ruled that full-time faculty were able to unionize. In 1979, the faculty voted to unionize. However, the administration at the time, led by then-President James J. Whalen, refused to recognize the union. In 1982, the NLRB adopted the same mentality, influenced by the Yeshiva case, and ruled that faculty at the college were not allowed to unionize.

Faculty and staff at the college are invited to and may choose to express their concerns at President Tom Rochon's special all-college meeting at noon March 5 in Textor 102, where he will present their salary increments and means of saving money as an institution.

“ The realities of collective bargaining is that it is an inherently time-consuming process involving trade-offs, which impact all parties engaged in the process. ”

— Nancy Pringle

UNIONS ON CAMPUSES

Colleges increase use of adjunct faculty as their role evolves

BY NATALIE SHANKLIN
ASSISTANT NEWS EDITOR

As the National Adjunct Walkout Day took place across the country Feb. 25, part-time faculty at Ithaca College did not walk out, choosing to instead wear buttons and educate students on the role of part-time professors.

The position began as an opportunity for professionals to teach at colleges within their realm of expertise, with the college paying them by the course, Rachel Kaufman, a part-time professor in the writing department, said.

"It's a post that's set up so that somebody from the community who has a whole career in the community outside of academia, can come into academia and share their knowledge," Kaufman said.

Sean Themea, a junior communication studies major, said this use of the part-time position was beneficial in a class he took with Todd Livingston last spring, called Legal Environment of Business. Livingston had had a law firm downtown.

"I enjoyed learning from a person whose career lens was outside of pure academia, as he was able to blend the course material with real-world application," Themea said.

According to the Office of Institutional Research, since 1996 the percentage of faculty who are part-time at the college has grown from 20.4 percent to 35.5 percent, an increase that is reflective of national trends.

Kaufman said this growth represents the way in which most part-time faculty are used by colleges today. She said institutions use the position as a loophole to hire teachers for core courses and pay them less than what they would have to pay a full-time or tenured professor.

However, Vice President and General Counsel Nancy Pringle said the number of part-time faculty at the college is below the national average. In 2010, American Academic released survey results that revealed part-time faculty made up 47 percent of all faculty nationwide, whereas around that time at the college, only 31.5 percent of the faculty were part-time.

Pringle said the college hires part-time faculty to fulfill a number of purposes.

"Part-time faculty are employed for a variety of reasons, including but not limited to specialized instruction for a particular subject area not covered by full-time faculty, overload demands for a particular course, courses in the New York City and LA Centers, sabbatic replacement and leaves of absence taken by full-time faculty," Pringle said.

Part-time professors at the college are paid \$3,900 per three-credit course, or \$1,300 per credit hour, and are only allowed to teach two courses per semester at the college. Michael Smith, an associate professor in the history department who is in support of the part-time professors unionizing, said the college has this cap on courses because teaching more courses would classify them as more than half-time professors, requiring the institution to compensate them with health benefits.

"This is part of the game that the administration plays," Smith said. "They want to avoid paying benefits, so they keep them at that level."

Only being able to teach two courses a semester often drives part-time professors to teach at multiple institutions. For example, Kaufman teaches at Ithaca College, Elmira College and during the summer and winter sessions at SUNY



KAUFMAN

Binghamton, for which she is currently designing classes for the summer program.

Kaufman lives in Owego, New York, and commutes 45 minutes to each institution four days a week. She is also driving to Binghamton, New York, to begin publicizing her summer courses, but she said the institution may decide to cut those courses before the summer begins.

"Even though I have built the entire thing already, I may not get paid for that at all," she said.

Kaufman said this unpredictability is one of the biggest challenges part-time faculty face. She said since part-time professors work on a semester-by-semester basis, it is difficult to know whether they will have a job each semester.

She said another obstacle part-time teaching presents is a lack of availability to meet with students in person, due to limited time and the inconvenience of having a shared office or no office space at all.

Dominick Recckio, a junior communications management and design major, said this is a big problem.

"Meeting with students and actually providing their knowledge and services is not easy, from their perspective," Recckio said. "But ... students demand their time."

Smith said the general process to move up in the faculty hierarchy is often difficult. He said the first step would be that a professor would receive a full-time position that is not tenure-eligible, which entails term contracts of one to three years and a workload of four courses per semester.

The next step is to apply for a different position that is tenure-eligible. Once hired in this position, they would have to go through another process for several years, after which they would either be granted tenure or not.

Bruce Cameron, Reed Larson professor of labor law at the Regent University School of Law, said though there are some decent non-tenure track faculty and some less-decent tenured

faculty, part-time professors in general are people who cannot land a tenure-track job.

"It is because someone made the judgment that their teaching would be of lesser quality," Cameron said. "On the other hand, a tenured professor is focused on teaching, and his or her peers and management have decided that they are worthy of tenure."

Recckio said he finds there is a lack of communication among part-time faculty and the administration, which has contributed to overlap in course material.

Another issue, Kaufman said, is that part-time faculty are under-resourced and not typically able to conduct faculty research or access professional development funds.

"Full-timers are quite busy, but we don't have as much extra time as they do to keep ourselves as appraised in the latest developments in our field, to do research, to do the things that enrich the classroom," Kaufman said.

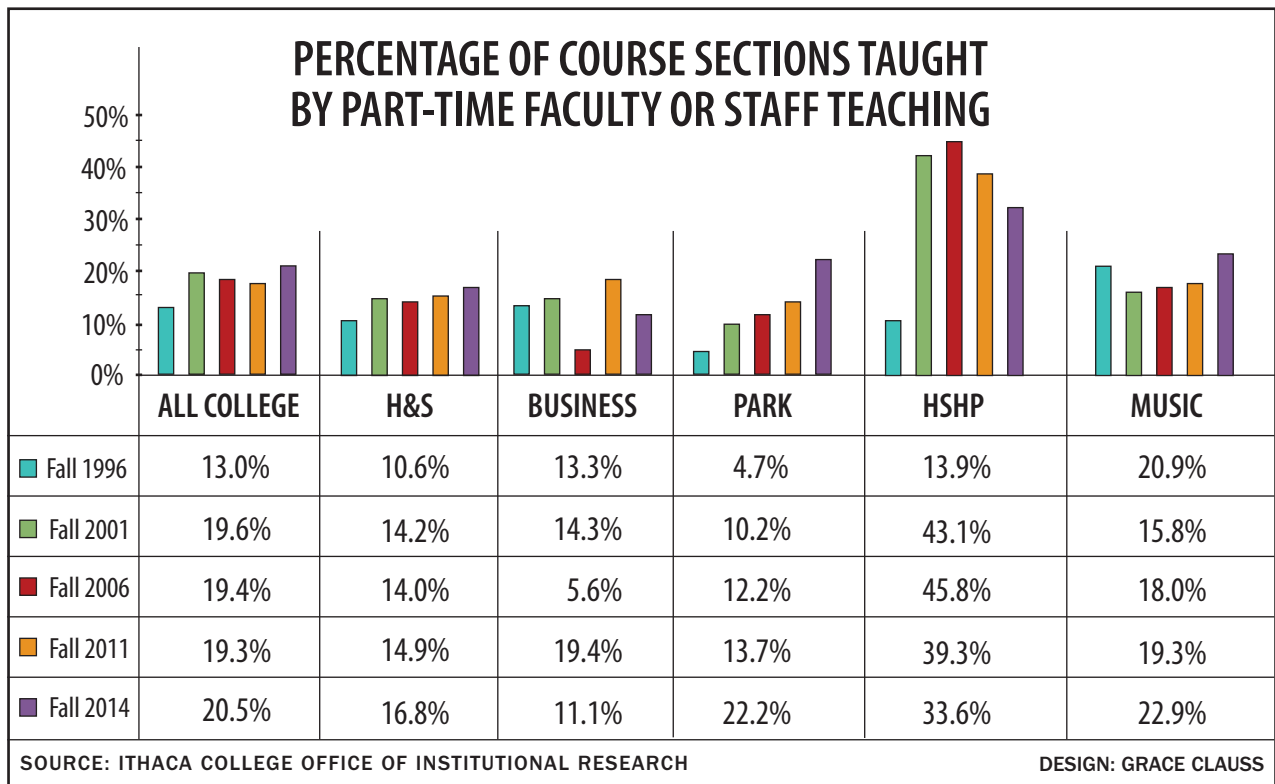
Kaufman said when she tallied up her W-2s, she found she made under the living wage in Tompkins County for a single person without children, which is equivalent to \$21,382 annually before taxes.

James Eavenson, a part-time lecturer in the Department of Health Promotion and Physical Education who teaches yoga at the college, said he did not go into part-time teaching to make money. He said while he is not against the movement, he is not currently involved.

"There's that old statement: 'If you're not with us, you're against us,'" Eavenson said. "That's not me."

The goal of the unionization movement is to give part-time faculty more of a voice surrounding these issues and to make the position more sustainable, Kaufman said.

"Without this being a sustainable position, then higher education becomes unsustainable," she said. "We're really trying to raise up the whole system."



PART TIME FROM PAGE 1

are common in cases where part-time faculty unionize, which has occurred more often in the public sector, William A. Herbert, director of the National Center for the Study of Collective Bargaining in Higher Education and the Professions at Hunter College in the City University of New York, said.

"It would be fair to say that faculty who have been unionized in the public sector have a very different package of benefits that resulted from collective bargaining," Herbert said.

But improvements in benefits may not be worth it, John Scully, an attorney with the National Right to Work Foundation, said. He said the level playing field of unionization makes it difficult for superior professors to stand out.

"The professor with a particular specialty, knowledge or expertise or ability to teach is treated the same way as someone who might be at the bottom of the ladder," Scully said.

Rachel Kaufman, a part-time lecturer in the writing department, said forming a union would provide a voice for them that she said they currently do not have.

"That would be a voice not just to address things that we have concerns about right now in the spring of 2015, but it would be an ongoing voice that could respond to issues as they arise at the college in the future," she said.

Herbert said adjuncts make so little money per course, the net effect of giving them slight increases in pay would not have a net impact on students' tuition.

"The level of salary for non-tenure track faculty is generally between \$1,500 to \$5,000 per course depending on the college or university," Herbert said. "I don't think the amount of increase that would be involved in raising the salaries from that point would necessarily impact tuition."

At Ithaca College, part-time professors are currently paid \$1,300 per credit hour, with courses having up to four credits.

Though unionization does often improve wages and working conditions for adjuncts, the institution has to find a way to pay for it, Ronald Ehrenberg, the director of the Cornell Higher Education Research Institute in the ILR School, said.

"Most private universities do not have large endowments, and their budgets are very, very tuition dependent, so if costs go up because of higher wages for faculty, then

ultimately students will be paying for it in the form of higher tuition," Ehrenberg said.

At Tufts, the SEIU helped organize adjuncts who later voted to form a union and then entered negotiations with the administration. On Oct. 24, 2014, the part-time lecturers voted to ratify a contract, which gave most of the part-time faculty a 22-percent raise; benefits to those teaching more than three courses during an academic year; and one-year, two-year, or three-year contracts.

Rebecca K. Gibson, a lecturer at Tufts and a member of the organizing committee, said the negotiations were very successful.

"The Tufts administration, for the most part, proceeded in a very dignified way with us," she said. "We have a very good contract."

Kim Thurler, director of Public Relations at Tufts, said the new contracts resolved important issues while strengthening Tufts' ability to evaluate of part-time lecturers.

"We are extremely pleased that this contract balances the needs and priorities of the lecturers and the university," she said.

Adjuncts don't always vote for unionization. In the spring of 2013, adjuncts at Bentley voted against unionization in a 100 to 98 vote. More recently, however, the adjuncts voted to

unionize in a second campaign Feb. 27.

Joan Atlas, an adjunct at Bentley University and a member of the school's organizing committee, said Bentley's administration sent many letters from the president's office and the provost's office to adjunct faculty during the first campaign which often expressed the administration's concerns.

"The first campaign was vicious," she said. "They have fought against it."

Michele Walsh, director of News and Communications for Bentley, said the vote prevented an outside third party from representing Bentley's adjunct faculty.

"As one of the few universities where adjuncts have representation on the faculty senate and are an integral part of the faculty, we believe this is the right result for Bentley," she said.

After the second vote, Bentley's administration released a statement saying they would negotiate with the union.

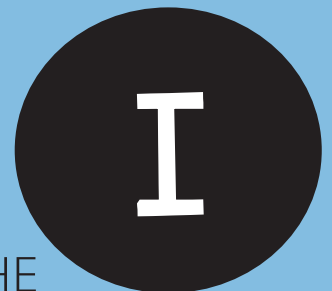
Kaufman said she is unsure of what Ithaca College's administration's response will be.

"We don't know what to expect," she said. "We expect that everything will be dealt with above board, but beyond that, we'll just have to wait and see what the administration's response is."

THE ITHACAN needs a new leader. It could be you.

Applications for the 2015 - 16 *Ithacan* editor-in-chief are now available.

Applications are available at noon Thursday at the reception desk in the Roy H. Park School of Communications dean's office. Completed forms, accompanied by a resume, should be returned to the dean's office by noon Thursday, March 26. The available position lasts the full academic year. Students from all majors are welcome and encouraged to apply. Please address any questions to Michael Serino, *Ithacan* adviser, 274-1036.



THE ITHACAN

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Transfer-student society holds first induction night

Ithaca College's new transfer-student honor society chapter hosted its first induction ceremony for its 64 new members Feb. 24 in Emerson Suites.

The college established its first chapter of the Tau Sigma National Honor Society in Fall 2014. The organization hosts events for transfer students at the college to get them better acquainted with one another and the school. The chapter's adviser, academic adviser Randy DeVett-McKeon, sends eligible students' contact information to Tau Sigma, letting the organization know about potential members, who must be transfer students with a 3.5 GPA or higher.



MENAKER

Junior Taylor Menaker is the organization's treasurer and will be president next fall. Staff Writer Maura Aleardi spoke with Menaker about the new chapter, her experience with Tau Sigma and her plans for her upcoming presidency.

Maura Aleardi: Why would you encourage people to join Tau Sigma?

Taylor Menaker: I encourage all transfer students to come to our events, and if you do get into Tau Sigma, it's a great way to get involved on campus if you're kind of new and you don't know what other organization to join.

MA: What are you looking forward to most about being president?

TM: I'm looking forward to being able to have more activities instead of just like one or two every few months. ... I also want to

start a mentorship kind of program. ... Just something where like before the school year starts, Tau Sigma members would email new transfer students to sort of say hi, and then we'd have a meet and greet the first week of school.

MA: Why is the presence of Tau Sigma important at IC?

TM: It's for someone that can be a voice for transfer students and sort of talk to them and see what they would have wanted when they got here so we can try and do that for transfer students in the future.

MA: How would you like to see the organization grow or improve?

TM: I just want members to be more active and not just join because they're part of some honors society, but I really want them to come to every meeting and share their ideas ... because that's how we can make it a better organization.

MA: What is your relationship like with the other e-board members?

TM: It was a little hard at first, but now we're all pretty close. The current president is leaving for Block II so our vice president is taking over, and I think she's going to do a great job.

MA: How has Tau Sigma brought you closer together?

TM: I guess because we all have the same sort of experience with transferring, and we know that it was hard, and we can talk about ways to make it better for new students.



ONLINE

To see a video of Inch-a-thon, go to theithacan.org/inch-a-thon

One inch at a time

From left, Kailey Flowers, a hair stylist from Satori hair salon, cuts the hair of Ithaca College sophomore Zihui Adams at IC Hillel's Shoshana Rudnick Inch-a-thon March 2 in the North Foyer of the Campus Center. Those who donated eight inches or more received a free cut.

JENNIFER WILLIAMS/THE ITHACAN

Second-year computer science student ready to graduate in May

BY MAURA ALEARDI
STAFF WRITER

Leave a Facebook account open in Ithaca College's computer science research lab and senior Laurence Welch just might post the song "Poop Into A Wormhole" by The Toilet Bowl Cleaners as the user's status, Doug Turnbull, assistant professor of computer science, said.

"That's the kind of lack of seriousness that he brings, but he has a certain intensity that he also brings," Turnbull said.

This prank-pulling student will be graduating at age 19 from Ithaca College after just two years at the school.

As a second-year student, Welch will graduate with a bachelor's degree in computer science in May 2015. He graduated from Bard High School Early College with a high school diploma and associate's degree in liberal arts, which allowed him to enter the college with 64 credits and full completion of the liberal arts requirements. Bard High School Early College provides its students with two years of high school, then two years of college.

Registrar Brian Scholten said it is becoming more common for transfer students to enter the college with a liberal arts degree in order to lessen the number of credits needed to fulfill the college's liberal arts and Integrative Core Curriculum requirements.

Welch said his passion for computer science extends back to his childhood. He said as a child, he would take apart his computer for fun, trying to figure out what exactly would make it break. He recalled one instance when he took apart every single electronic device in his house. While his parents were not thrilled with endless broken electronics, he said they loved his inclination to explore.

Today, Welch said, he still spends time on his computer trying to figure out how things work. Only, now, he said, the exploring is done through reading technical papers and



Senior Laurence Welch will graduate this May after having spent just two years at Ithaca College. Welch came into the college with an associate's degree in liberal arts from high school.

MATT GURBARG/THE ITHACAN

thinking of new things to build.

Welch's friend, sophomore Kaitlin Logsdon, said it's crazy that he is graduating as a sophomore, but it is not surprising. In addition to Welch's intelligence, she said he is an exceptionally sincere friend.

"Laurence is a very genuine and observant person," Logsdon said. "He's observant in that he just really cares about people, which is something that I really appreciate about him."

Though he's graduating early, Welch said he never has more than three classes a day. He said he fills up most of his free time with extracurricular projects or creating new projects that he can work on.

"If I'm sitting in my room not doing anything, chances are something's not being done, is the best way to describe it," Welch said. "I mean, if it's not coursework that needs to be completed, I've got an independent project

that needs to be done or different things. I also work on multiple apps with my friends."

Turnbull is currently working with Welch on one of his main extracurricular projects, Welch said. The pair is part of the production team for MegsRadio, which introduces listeners to local Ithaca artists through a customizable radio station similar to Pandora.

Turnbull recruited Welch to work in the research lab during his first semester at the college after he took Turnbull's second-level computer science class. Turnbull said he would give Welch projects to complete in addition to the typical coursework and immediately got him into the research lab and working on MegsRadio. While it is typical for Turnbull to recruit freshmen or sophomores to work in the research lab, he said it is rare for underclassmen to advance and obtain a leadership role as fast as Welch did. Turnbull said

it was clear Welch was more advanced when he finished the class's final project within the first two weeks.

Welch said his heavy workload keeps him busy, which is a lifestyle he much prefers. Logsdon said this is a characteristic that brings them closer together.

"Something that I really appreciate about Laurence is he's very focused and motivated in what he does," Logsdon said. "We talk a lot about trying to find balance in being busy and then also being a college student."

This desire to keep busy is Welch's one weakness, Turnbull said. He said Welch often takes on too many projects, which would typically be problematic, but Welch is able to overcome it.

"If I had to say there was one weakness of Laurence's it's that he gets into too many things and that sometimes a little bit of focus would allow him to make more progress in one thing," Turnbull said. "He has an incredible work ethic, so he can handle it, but some students would grind to a halt with all of that."

Turnbull said his and Welch's relationship allows them to feed off each other's energy. He said he is easily influenced by Welch's attitude.

"He keeps me wanting to be proactive and ambitious," Turnbull said. "Sometimes when I have students who are less motivated, I get lazy myself, so I really like working with him. I like that he challenges me and pushes me, and I think I push back, and that is a good synergy."

Welch's friend, senior Andrew Sowers, said while Welch is accomplishing great things, he still has a child inside of him.

"He's still got that like 'I'm a little kid' kind of mentality, but he can talk at a senior level about a concept and it makes for interesting interactions," Sowers said.

After graduating, Welch said he plans to take some time off and get a software engineering position somewhere before attending graduate school.

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VIDEO



Video
Watch senior Ravi Rakkulchon talk about his experience designing the set for the opera "Little Women." The opera was in production last month in Dillingham Center.



Video
Watch freshman gymnast Rachel Lee talk about her success with the gymnastics team this season and what it is like to compete for Ithaca College.

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News
Check out photographs from Ithaca College Hillel's Inch-a-thon on March 2.



Sports
View images from the women's basketball game vs. St. John Fisher College on Feb. 28.



Life & Culture
See pictures of Ithaca Ballet's WinterDance 2015 performance Feb. 28.

Public Safety Incident Log

SELECTED ENTRIES FROM
FEB. 13 TO FEB. 19

FEBRUARY 13

MEDICAL ASSIST

LOCATION: Landon Hall
SUMMARY: Caller reported general illness with vomiting and fever. Person transported to hospital by ambulance. Master Patrol Officer Bob Jones.

CONDUCT CODE VIOLATION

LOCATION: Garden Apartments
SUMMARY: Tompkins County 911 Center reported ambulance responding for person who has overdosed on medication. One person taken into custody under mental hygiene law, transported to hospital by ambulance and judicially referred for danger to self. Sergeant Ron Hart.

LARCENY

LOCATION: Campus Center
SUMMARY: Caller reported unknown person stole laptop. Investigation pending. Patrol Officer Jon Shingledecker.

CONDUCT CODE VIOLATION

LOCATION: Talcott Hall
SUMMARY: Caller reported person vomited in drinking fountain after ingesting marijuana. One person transported to hospital by ambulance and judicially referred for violation of drug policy. Master Patrol Officer Brad Bates.

FEBRUARY 14

CONDUCT CODE VIOLATION

LOCATION: Garden Apartments
SUMMARY: Caller reported person not feeling well after taking controlled substance the previous day. One person transported to hospital by ambulance and one person judicially referred for

responsibility of guest. Patrol Officer John Elmore.

CRIMINAL MISCHIEF

LOCATION: Circle Apartments
SUMMARY: Caller reported unknown person damaged clock. Investigation pending. Master Patrol Officer Chris Teribury.

V&T LEAVING SCENE

LOCATION: College Circle
SUMMARY: Caller reported vehicle struck fire hydrant and left the scene. Officer reported hydrant damaged. Investigation pending. Patrol Officer John Elmore.

MEDICAL ASSIST

LOCATION: Substation Road
SUMMARY: Complainant reported falling on icy stairs and injuring wrist on Feb. 12. Report taken. Patrol Officer John Elmore.

ASSIST OTHER DEPARTMENT

LOCATION: Hill P.E. Center
SUMMARY: Caller reported person argumentative with college official and they needed to leave event. College official asked person to leave building and person complied. Patrol Officer John Elmore.

FEBRUARY 15

CONDUCT CODE VIOLATION

LOCATION: Terraces
SUMMARY: Officer reported intoxicated person. Person declined medical assistance from the ambulance staff and was judicially referred for irresponsible use of alcohol. Patrol Officer Steve Rounds.

CONDUCT CODE VIOLATION

LOCATION: Terraces
SUMMARY: Caller reported person passed out. One person transported to hospital by ambulance and judicially referred for acts of dishonesty and irresponsible use of alcohol. Master Patrol Officer Brad Bates.

MOTOR VEHICLE ACCIDENT

LOCATION: Z-Lot
SUMMARY: Caller reported a one-car property damage motor vehicle accident, light post damaged while plowing snow. Report taken. Master Patrol Officer Chris Teribury.

CONDUCT CODE VIOLATION

LOCATION: Tower Skyline Drive
SUMMARY: Officer reported intoxicated person. Person declined medical assistance with ambulance staff and was judicially referred for irresponsible use of alcohol and failure to comply with ID directions. Patrol Officer Steve Rounds.

CASE STATUS CHANGE

LOCATION: Office of Public Safety
SUMMARY: Officer interviewed person regarding possession of controlled substance found Feb. 14 in Terraces. Person was arrested and issued appearance ticket for Ithaca Town Court for criminal possession of a controlled substance and unlawful possession of marijuana. Patrol Officer Mayra Colon.

MOTOR VEHICLE ACCIDENT

LOCATION: Farm Pond Road
SUMMARY: Caller reported a one-car property damage motor vehicle accident, vehicle struck pole and caller reported they were unable to get out

of car. Prior to arrival person was able to exit vehicle. Vehicle towed. Report taken. Patrol Officer Chris Teribury.

ACCIDENTAL PROPERTY DAMAGE

LOCATION: Athletics and Events Center
SUMMARY: Caller reported pipe burst in building. Maintenance shut off water. Report was taken. Sergeant Dirk Hightchew.

FEBRUARY 16

MAKING GRAFFITI

LOCATION: Williams Hall
SUMMARY: Caller reported unknown person wrote graffiti. Investigation pending. Patrol Officer Waylon DeGraw.

ACCIDENTAL PROPERTY DAMAGE

LOCATION: Emerson Hall
SUMMARY: Caller reported water leak. Officer found radiator ruptured. Facilities repaired leak and facilities cleaned area. No significant damage reported and no residents were directly impacted. Sergeant Terry O'Pray.

MAKING GRAFFITI

LOCATION: Campus Center
SUMMARY: Caller reported unknown person wrote graffiti. Investigation pending. Patrol Officer Waylon DeGraw.

FEBRUARY 17

SAFETY HAZARD

LOCATION: Center for Natural Sciences
SUMMARY: On Feb. 11 caller reported toxic gas escaped from cylinder. Victims showed no signs of exposure but medical attention was recommended. Environmental Safety Specialist Mark Ross.

LARCENY

LOCATION: Gannett Center
SUMMARY: Caller reported unknown person stole laptop. Investigation pending. Patrol Officer John Elmore.

FEBRUARY 18

MEDICAL ASSIST

LOCATION: Lyon Hall
SUMMARY: Caller reported person experiencing stomach pain. Person transported to the hospital by ambulance. Fire and Building Safety Coordinator Charlie Sherman.

FEBRUARY 19

LARCENY

LOCATION: Gannett Center
SUMMARY: Caller reported unknown person stole laptop computer. Investigation pending. Patrol Officer John Elmore.

LARCENY

LOCATION: Gannett Center
SUMMARY: Caller reported unknown person stole computer equipment. Investigation pending. Patrol Officer Waylon DeGraw.

FOR THE COMPLETE SAFETY LOG,
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KEY

- CMC - Cayuga Medical Center
- V&T - Vehicle and Transportation
- AD - Assistant Director
- SASP - Student Auxiliary Safety Patrol
- IPD - Ithaca Police Department
- TCSO - Tompkins County Sheriff's Office

EDITORIALS

UNIONIZATION FOR THE WIN

Part-time faculty should unionize in order to gain leverage in their requests. Facilities workers would benefit as well due to their increased responsibilities without raised pay

Last month, the part-time faculty at Ithaca College began moving toward unionization with the help of Adjunct Action, a part of the Service Employees International Union Local 200United. Since the organizers announced their plans last month, the movement has gained support from both part-time and full-time faculty at the college. If the union forms, part-time faculty would be able to negotiate for higher pay and benefits from the college.

Unionization is a smart move, considering the relatively low pay of part-time faculty at the college. Nationally, part-time faculty receives between \$1,500 and \$5,000 per credit, according to the National Center for the Study of Collective Bargaining in Higher Education and the Professions at Hunter College in the City University of New York. However, part-time faculty members at the college make \$1,300 per credit hour and have not seen a pay increase since 2009. Part-time faculty members also do not receive benefits.

Clearly, the part-time faculty members at the college need a union, because without one they will have no leverage to negotiate for higher pay and benefits.

Now would also be a good time for a union to form because over the last two decades, the college has drastically increased its number of part-time faculty. Part-time faculty currently makes up 35.5 percent of the faculty at the college, up from 20 percent in 1996. Additionally, 20 percent of all courses at the college are taught by part-time faculty or staff teaching. If this trend continues, the college will get away with putting less money toward faculty by relying on part-time faculty. If part-time faculty members continue to make up a large portion of total faculty at the college, then they will need a union to ensure they do not get taken advantage of by the administration.

Part-time faculty will also soon become more appealing to the college considering the current financial state: The full general merit salary pool for faculty and staff this year is 1.5 percent, the college faced a \$4.6 million shortage from under-enrollment this year and is currently dealing with a decreasing number of high school graduates from the Northeast.

Though the college has taken steps to correct the budget deficit through the strategic sourcing initiative, many college employees are concerned about the security of their jobs.

Recently, the college's facilities workers have been given more responsibilities. The college has made a point to not fill some vacant staff positions, so many staff members have been asked to take on more work for the same pay. With raises decreasing and staff members being asked to take on more work, it may be time for facilities workers to consider their options of unionization.

Some staff members have said people avoid discussing unionization out of fear of losing their jobs. However, if the college continues to stretch its employees thin, they may have little choice.

If the college continues its efforts to trim the budget, and finds the money to pay its employees fair wages, then unions may not be necessary on campus. However, if the college cannot or will not meet the needs of its employees, unionization may be the best solution.



YOUR LETTERS

Heads up, everyone!

The recent tragic casualties in our community that resulted from collisions between pedestrians and motor vehicles give us an opportunity to reflect on our personal safety on local sidewalks and streets.

The Ithaca NY area can be a difficult place to get around. Pedestrians and motorists alike are challenged by steep slopes, slippery surfaces, sharp curves and limited visibility. We must be especially careful during difficult winter conditions. Existing challenges are

amplified by a growing tendency to drive and walk while distracted by mobile electronic devices. We may be aware of the risk in distracted driving, but what about distracted walking?

One of our earliest childhood lessons is to look both ways before crossing the street. We have slipped in our commitment to this age-old rule as we have become distracted by the pixels in the palms of our hands. Motorist-pedestrian collisions are on the rise nationwide. It takes all of us — motorists, cyclists and pedestrians — to be aware of the risks we face while we travel.

We have an opportunity and a responsibility to double-check ourselves and our surroundings while we travel on our local roads and sidewalks. Defensive driving, riding and walking are what will keep us safe. Safe passage requires everyone's undivided attention.

JAKE BRENNER, ON BEHALF OF THE SAFETY AWARENESS COMMITTEE, A GROUP OF FACULTY, STAFF, AND STUDENTS DEVOTED TO SAFETY IN OUR COMMUNITY.

SPEAK YOUR MIND

Send an email to ithacan@ithaca.edu to write a letter to the editor.

SNAP JUDGMENT

What are your plans for spring break?



"I'M A PRETTY SPONTANEOUS PERSON, SO I'VE DECIDED TO GO TO MIAMI TODAY!"
KHALIL GRIFFITH
SPORT MANAGEMENT '17



"TRYING NOT TO FIGHT WITH MY BROTHER."
YASMINE KREIDIE
BUSINESS ADMINISTRATION '16



"I'M FILMING FOR MY SENIOR THESIS, AND I MIGHT TAKE A TRIP TO GO ON A WINE TOUR."
BEN WEGER
TELEVISION-RADIO SCRIPTWRITING '15



"I'M GOING BACK TO OLYMPIA, WASHINGTON, TO SEE MY DOG."
"MACKEY" SMITH-SIMONS
MUSICAL THEATER '18



"I'M GOING TO VISIT MY FRIEND WHO'S IN THE DISNEY COLLEGE PROGRAM IN DISNEY WORLD."
EMILY DEROO
CINEMA AND PHOTOGRAPHY SCREENWRITING '17

JEN KIM/THE ITHACAN

THE ITHACAN

220 ROY H. PARK HALL, ITHACA COLLEGE
ITHACA, N.Y. 14850-7258
(607) 274-3208 | FAX (607) 274-1376

ITHACAN@ITHACA.EDU
WWW.THEITHACAN.ORG

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GUEST COMMENTARY

Hammond Health Center needs more resources

Since I came to Ithaca College in 2011, significant changes have occurred all around. The Athletics and Events Center was opened, Hill Center was redone and a complete overhaul of the college's identity standards was conducted, among many other things. The investment in the college's success is obvious.

However, there is a serious lack of attention and resources being directed to the Hammond Health Center. In 2013, the insurance costs doubled to comply with Obamacare, leading to an increase in services covered by the health center. As a student with insurance through the college, I was upset to see the price raise but thrilled to utilize the health center more — which was just a quick walk from my dorm.

Despite the increase in coverage at the health center, the experience is no different. First, it is difficult to see the doctor. It can take a week or even two weeks to secure an appointment with the doctor, and sometimes these issues can't wait. It is clear that the center is understaffed and overbooked, resulting in a supply of resources that simply cannot meet the demand that our college presents. Health and wellness is becoming increasingly important, especially among college students, and it should be a top priority. An investment in more physicians and medical resources would mean a greater attention to student health at the college.

Second, the wait time is lengthy. This is to be expected at most medical facilities. However, for students who have classes all day and only an hour to go to the health center, it can mean cutting the appointment short or potentially missing classes. Furthermore, after the long wait, most of the appointment is spent doing diagnostics with a nurse. Then, you wait again for as long — or even longer than when you arrived — to see the doctor who you just waited two weeks to see. So much of the process to receive care consists of waiting time, which many college students cannot afford on an already tight schedule.

Lastly, and most importantly, the diagnosis



Senior Alexis Beebe stands in front of the Hammond Health Center. Beebe is a communication management and design major with minors in integrated marketing communications and sociology. KECIA ROMIEL/THE ITHACAN

and treatment is not at the same level of quality as other medical facilities in town. Often, it doesn't even solve the problem. My friend visited the health center with a stomach bug and was given ginger ale and nausea pills to treat it, which worked only temporarily. Personally, I visited with a similar issue and received medication. The issue persisted, and the health center did not have an available appointment for a week, so I went to Cayuga Medical Center — where my insurance only covers a percentage of services. While paying for an insurance plan that I thought would satisfy my basic health needs, the last thing I thought I'd have to do is visit another health facility.

In the past two years I have spent almost triple the cost of student health insurance at the

college on visits to other medical facilities, which completely contradicts the notion that a higher insurance cost will lead to better care and coverage. Health and wellness is critical for college students, and the college should be investing more in the health center to provide quality care. Don't get me wrong, there are times when the health center adequately provides care and treatment, but for the times it simply cannot meet the demand on our campus, it forces some students into compromising positions. If Ithaca College can allocate immense resources to athletics, facilities and image, it can certainly secure some resources for an underfunded health center.

ALEXIS BEEBE is a senior communication management and design major. Email her at abeebe1@ithaca.edu.

FACULTY RESEARCH

Critical perspective-taking in a nearly all-white classroom

This is an excerpt from a chapter co-authored by Beatriz Montilla and Sherry Deckman in "Racial Battle Fatigue: Insights from the Front Lines of Social Justice Advocacy."

It seemed an innocuous enough task: have students respond to various quotes and ideas from Affirming Diversity (Nieto, 2004) and Why are All the Black Kids Sitting Together in the Cafeteria? (Tatum, 1997). The context was our Social and Cultural Foundations of Education class in which we were the professor (Dr. Sherry, as my students refer to me) and a student (Beatriz). The course, which aimed to provide preparation for critically reflective decision-making and for working effectively with diverse students and communities, was required for all undergraduates in our Ithaca College teacher education programs. Aligning very much with national trends (Feistritzer, 2011), all but 3 of 21 students and the instructor identified as White—Dr. Sherry identifies as biracial (Black/White), Beatriz as Latina/Black ...

For this activity, students circulated around the room engaging in a "silent conversation," writing thoughts on large sheets of chart paper. I (Dr. Sherry) had supplied several prompts to get them started that included questions or quotes from the texts meant to elicit deeper thinking. One poster included this quote: "For those readers who are in the dominant racial category, it



From left, senior Beatriz Montilla stands with professor Sherry Deckman at the Alumni of Color Conference in Cambridge, Massachusetts, on Feb. 28. COURTESY OF SHERRY DECKMAN

may sometimes be difficult to take in what is being said by and about those who are targeted by racism" (Tatum, 1997, p. 27).

I had chosen this quote deliberately to provoke reflection from some of the students who had asked why we were spending so much time in the course focused on issues of racial inequality in education. A number of students in this class section as well as the others I was teaching were incredulous that acts of overt discrimination were still occurring in the United States, at least in the northeast. They found

evidence of racial injustice difficult to assimilate into their perception of the world, wanting to believe that they were fair, nondiscriminatory people who had grown up in fair, nondiscriminatory communities in a fair, nondiscriminatory country. To demonstrate otherwise might implicate them and their loved ones as the beneficiaries of unearned privileges and as perpetrators of injustices.

Currently in the field of higher education, "diversity" is regularly discussed as an unproblematic ideal. However, what is often left unexplored is exactly what diversity

means and how it is experienced by the faculty and students of color who are viewed as the "diversifiers" (Kramer, 2008) on predominantly White campuses. In the service of the institution and greater good we may be daily subjected to micro-inequalities and microaggressions (Sue, 2008), such as being told explicitly, or through furtive eye rolls, that our views are dismissible, as Beatriz reveals when she writes [about some of her classmates' responses to her views in whole class discussion], "I feel like my point is constantly being demeaned in subtle ways." Deckman / Montilla 4.

Throughout this chapter, we uniquely intertwine our voices, illuminating how each of us felt the difficulties of asking other members of the class to interrogate their privilege. Our point here is not to vilify the White students. Rather, we hope to provide a counterstory that challenges notions of campus racial diversity as unproblematic and demonstrates how discussions about race in higher education are complicated and especially so in classroom settings designed to focus on social inequality that are overwhelmingly White and privileged.

BEATRIZ MONTILLA is a senior Spanish major. Email her at bmontil1@ithaca.edu. **SHERRY DECKMAN** is an assistant professor in education. Email her at sdeckman@ithaca.edu.



MIND MATTERS

AMELIA ERIKSON

Charity founded for dual diagnosis

Clarke Carlisle, former English football player and chairman of the Professional Footballers' Association, revealed this past week that he has started a charity for dual diagnosis patients. According to the recently launched Twitter account, @CCforDD, The Clarke Carlisle Foundation for Dual Diagnosis hopes to "raise awareness levels about Dual Diagnosis and funds for a purpose built treatment facility."

This announcement comes after Carlisle's public statement about an attempt to take his own life in December 2014. The surrounding publicity about his experiences with depression and alcohol dependence has sparked a conversation about mental health in the media.

Recently, the former player has implemented many resources to provide support to the football community. He hosted a televised documentary on suicide among footballers, has written an article about well-being for the Professional Footballers' Association website and has prompted the creation of a 24-hour helpline and clinic. His experience with lacking the support he needed has influenced a positive change in the football community where there has, historically, been a larger stigma regarding mental health.

The creation of The Clarke Carlisle Foundation for Dual Diagnosis has taken his advocacy efforts in a new direction. Dual diagnosis is when individuals have a mental illness, usually a mood disorder, along with substance or alcohol abuse. Though the two diagnoses are often comorbid, they require specific and separate treatment plans.

The foundation has just been publicized, so it has yet to gain much traction. However, in the brief period of time since the announcement via Twitter, the organization has had a large amount of media attention. It is a somewhat rare occurrence that a celebrity figure would admit to the struggles that Carlisle shared with the world. Rather than using his story as a way to expand his fan base, though, he has prompted a positive change.

This same type of action needs to take place in the United States where there is very little attention paid to mental health in athletics. Sure, professional athletes get paid exorbitant amounts of money to play what some would consider games, but their experiences with mental health and illness are just as prevalent and real as what the rest of society faces. Their struggles should not be belittled. We must take steps to provide them with more resources and support.

AMELIA ERIKSON is a junior applied psychology major. Email her at aeriko1@ithaca.edu.



Housing Selection 2015

February 2015

- 19 Approvals posted for individual students who want to live in the Circle Apartments
- 20 Garden Apartment Squatting for Fall 2014 on HomerConnect (start time 9:00 a.m.)
- 24 Garden Selection for 6-person Garden Apartments for Fall 2014 on HomerConnect
- 26 Garden Selection for 4-person Garden Apartments for Fall 2014 on HomerConnect

March 2014

- 3 Garden Selection for 2-person Garden Apartments for Fall 2014 on HomerConnect
- 3 Emails due to housing@ithaca.edu from individuals interested in living in the Garden Apartments
- 5 Approvals posted for individuals who want to live in the Garden Apartments
- 17 Single Squatting for Fall 2014 on HomerConnect (start time 9:00 a.m.)
- 17 Residential Learning Community and Substance Free Applications due on HomerConnect by 11:59 p.m.
- 21 Residential Learning Community and Substance Free Approvals posted on HomerConnect
- 24 Residential Learning Community Selection and Substance free housing selection for Fall 2015 on HomerConnect (7:00 a.m. - 8:59 p.m.)
- 26 Single Selection for students with 3+ semester for Fall 2014 on HomerConnect (7:00 a.m. - 8:59 p.m.)
- 30 Block housing applications available

April 2014

- 7 Summer Wait List and Vacancy forms available at the East Tower Office of Residential Life beginning at 9:00 a.m.
- 21 Summer Wait List and Vacancy forms due at the Office of Residential Life by 5:00 p.m.

May 2014

- 4 Block Housing Applications due at the Office of Residential Life by 5:00 p.m.

July 2014

- 7 Block Housing Awards Communicated
- 14 Sophomore selection first come first serve on HomerConnect (7:00 a.m.—9:00 p.m.)
- 16 Sophomore selection first come first serve on HomerConnect (7:00 a.m.—9:00 p.m.)

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From left, senior Alec Fiorentino, juniors Christian Kmetz and Andrew Nave, senior Gabe Millman and junior Andrew Cavaciuti perform as The Anderson Tapes on Feb. 28 at Just Be Cause on West State Street.
COREY HESS/THE ITHACAN

BY ERICA DISCHINO
STAFF WRITER

Within the doors of Just Be Cause, a not-for-profit community center on West State Street, five band members wait for their show to begin. The small, wood-paneled floor fills quickly as audience members slowly stroll in, ready for the concert about to take place. Red and purple fluorescent lights cast shadows upon the band members' faces, creating a haunting ambiance. Suddenly, the crowd's silent fascination is interrupted by the first guitar riff.

These musicians onstage are The Anderson Tapes, performing during their most recent concert Feb. 28. The group, a five-piece Ithaca College student metal band, recently followed up its May 2014 single, "Sleep Paralysis," with an EP of the same name during their concert at JBC. Merging different genres with heavy metal, the student band brings a distinct form of music to campus: metal with an experimental twist.

The Anderson Tapes formed when junior Andrew Cavaciuti decided he wanted to start a metal band in college after being in one throughout high school. He said his passion for the genre was not satisfied solely by listening to the music. He said he wanted to play again.

"I like metal the most, so I really wanted to start up a band here," Cavaciuti, who plays electric guitar in the group, said. "I had wanted to start a metal band for a while, so I was keeping my eye out for [prospective band members]."

Pursuing this, Cavaciuti then emailed Millman, juniors Andrew Nave and Lindsey Orcutt, and senior Alec Fiorentino about the idea, and shortly after The Anderson Tapes assembled. Junior Christian Kmetz later replaced Orcutt, the band's bass player, who is currently studying abroad in Amsterdam.

The band, named after a 1971 crime drama of the same name, began practicing in February 2014, playing two

basement shows in the spring and recording songs as they went. The members found time to practice despite their busy schedules, each of them contributing their own distinct musical characteristics, Fiorentino said.

"We all bring different influences to the table ... we have different flairs that come from our own musical preferences," Fiorentino said.

The band uses metal as a blanket-term for its genre, despite its incorporation of other cross-genre influences. Each member's distinct taste provides their music with an eclectic sound that is inspired by multiple genres, including, but not exclusive to, other metal bands. These influences include math-core band The Dillinger Escape Plan and hardcore group The Devil Wears Prada, along with hip-hop and classical music. Millman, the band's drummer, said the explorative nature of the music will often lead them into new, often unfamiliar, musical realms.

"We're all a little bit out of our comfort zones," Millman said. "We're all trying new things."

Millman said his metal drumming, in particular, is inspired by genres outside of metal, notably hip-hop.

"I use the beat of hip-hop to help my drumming," Millman said. "It may not seem obvious, but there are actually a lot of similarities [between hip-hop and metal]."

Though each member brings their own musical perspectives, putting together a track often begins as an individual pursuit. The band's musical process usually starts out with Cavaciuti coming up with a song idea, composing his idea on music production software GarageBand and then sending it to the others to learn by ear. The songwriting process, the band has found, is better done individually, though the members said collaborating is important later in the process.

"Without saying it, we realized the 'not too many cooks in the kitchen' process worked the best," Cavaciuti said. "It's the easiest way to write music."

Once they get together, members add their own input to the song to figure out what works and what does not. The outcome of their musical process has provided an eclectic mix of lyrical subject matter ranging from science fiction to out-of-body experiences. With Nave in the front, the songs consist of heavy, gravelly screams, paired with chugging guitars and aggressive, accelerating drumbeats.

Once these styles hit the stage, the band makes certain to bring the crowd into its performance and keep the energy high. Cavaciuti said keeping the band's energy high encourages the crowd to respond in a positive, equally energized way.

"If you're very active as a band, that ignites the crowd to be active, too," Cavaciuti said.

This energy that The Anderson Tapes embodies in their performances is wholly kinetic. Movement and metal go hand in hand, and this is not just a typical head-bob or foot-tap: Their whole bodies move with the music in synchronized chaos, visible as they took the stage at JBC.

As Nave screams into the microphone, the audience

follows along, feeding off of the band's dynamic, kinetic energy. Nave's enthusiasm is unwavering, his performance barely stuttering even when, in one instance, he left the JBC stage to vomit. However, Nave returned after, unfazed. The audience, moshing insatiably, began to feel the rhythm with more intensity as the set went on and the pushing and shoving provided a sense of release, one the band values,

Kmetz said.

"Cathartic, for some people, is getting into a softer groove," Kmetz said. "But in this case, our meditative way of being cathartic is screaming our pure rage and pulling every muscle in our body."

However, the band's passion for metal is not always mirrored in the local area. Millman said his experiences in the Ithaca metal scene have been less than ideal, and said he doubts The Anderson Tapes would find itself at home in Ithaca's more well-known venues.

"There's never been a good local metal scene," Millman said. "We could never play at The Nines or The Haunt."

George Larson, the booking contact for The Nines, said loud music, such as metal, could turn off customers. However, Larson said he is not opposed to booking the acts.

"I give almost any [local] band a shot because that's how you start," Larson said. "It could be completely inappropriate for the venue, but we'll see how [the band does.] It's all a matter of people willing to come out and support you."

Ultimately, Cavaciuti said the lack of interest he has seen for metal bands in the area often results in lower audience attendance. However, Fiorentino said the number of attendees is not the main motivator for why they play.

"It's as much for our own satisfaction as it is for any listeners," Fiorentino said. "I know we're not going to draw a large crowd, [but] we're not going to change what we do to satisfy someone else."

Despite a local lack of interest in metal, Ithaca Underground, a not-for-profit organization that supports lesser-known local bands and eccentric music genres, booked The Anderson Tapes for its first non-basement gig Feb. 2, though that was canceled due to severe weather conditions. Their most recent performance was Feb. 28 at JBC, whereupon they released their EP on bandcamp.com.

Bubba Crumrine, the IU president of the board, picks the lineup for the shows. He believes local metal bands, through their own personal connections, can attract an audience for the bigger metal bands.

"Having local metal bands is really important to the metal scene here in Ithaca," Crumrine said. "If there aren't strong local bands, who bring all their friends and supporters to the shows, then our heavy shows don't do well."

The members of The Anderson Tapes, however, said their music is far more than the time on stage — for Cavaciuti, in particular, music serves as a way to explore artistic creativity, invent their own style and find an emotional outlet.

"There is nothing else that makes me feel the way that music does and there never will be," Cavaciuti said.



- Gabe Millman



The Anderson Tapes guitarist Alec Fiorentino taps out a riff during the band's performance Feb. 28 at Just Be Cause.
COREY HESS/THE ITHACAN



Perfect harmony

From left, Adam Ward, Kory Reid and Cortez Mitchell perform as members of Chanticleer, a renowned vocal ensemble, on Feb. 27 at Ford Hall. Their program, "The Gypsy in my Soul," includes original compositions from members of the ensemble.

AMANDA DEN HARTOG/THE ITHACAN

Photo of the week

On Feb. 27, archaeologists uncovered what they believe might be the first evidence of photo-bombing in history. The 1,250-year-old Mayan mural, found in the forests of Northwest Guatemala, depicts a king dressed in resplendent robes and a headdress with a smaller, white-robed figure crouching behind him. The crouching figure would not be present in an official portrait of the king, leading researchers from Boston University and Skidmore College to believe that the image is meant to be more playful. William Saturno, a head archaeologist from Boston University, told Live Science magazine, "It's like a photo-bomb. He's almost like, 'Do you see me here?'"



PUT A PIN IN IT

The Ithacan hunts down the latest in zany consumer products for its readers to get their hands on

Pon is a combination pushpin and paper clip that allows users to hang up photos, trinkets and other artwork without having to stick a tack through them. Pon's designer and founder Mark Weiser said he has been experimenting with better pushpins for years to hold some of his design work. The pin's spiraled shape clips the art in front of the tack, which then holds into the wall with its stainless steel point. The coil can expand to hold heavier or thicker objects, then flatten back into shape for pieces of paper.

Pon was funded through a Kickstarter that began in January and has already reached more than three times its \$10,000 goal. The pins will be available for special low prices March 5 to those who donated to the Kickstarter. Then, they will be sold online and in select retail stores.



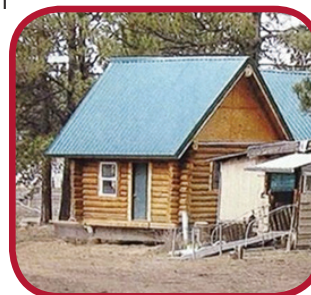
ITSY BITSY SPIDER NEW DISCOVERY IN AUSTRALIAN OUTBACK

Two new subspecies of peacock spider were discovered and officially named Feb. 27 in Wondul Range National Park in Queensland, Australia. The 5-millimeter-long critters come in many combinations of colors, and the newest varieties are named Skeletorus and Sparklemuffin. Their coloring is used for mating rituals, when the spiders raise their skin flaps and dance to attract females. Australian entomologist Jurgen Otto found the new species and has studied peacock spiders for seven years, taking photos and videos of the elusive creatures. "It is by pure coincidence that I stumbled on this fascinating group of spiders at a time when the world was pretty much unaware of their existence, like finding a pot of gold," he said.



LOST AND FOUND MAN MISPLACES HIS LOG CABIN

On Feb. 24, Ronald Niederbrach of Klamath County, Oregon, reported that he'd lost his log cabin. "When people call and say they're missing a cabin, it's certainly strange," Klamath County Detective Eric Shepherd told the Oregonian. Two days later, the cabin was found. The confusion stemmed from Niederbrach's joint ownership of the cabin with his ex-girlfriend and her husband. Without Niederbrach's knowledge, the other owners sold the cabin to a fourth party, who moved the cabin to another location almost 4,000 feet away.



celebrity scoops!

Williams presents award

Zelda Williams attended the third-annual Noble Awards Feb. 27 in Los Angeles. The awards honor the work of humanitarians, and Williams presented an award on behalf of her late father, Robin Williams, to his friends Scott Tinley and Rudy Garcia-Tolson, with whom the actor used to bike in triathlons. Williams openly remembered her father, saying "Watching my dad get on a bike was like watching a penguin spread its wings and take flight. He'd take off at inhuman speed, a smile on his face and never look back."

Williams also revealed the inspiration for the tattoo she chose to get in memory of her father in October 2014. Both the bird and her father, she said, were "Impossible to keep in one place."



tweetuntweet

"I find it ironic that Kim K got naked to break the Internet and it was a dress that did it."

— Josh Groban offers his take on the raging debate over #TheDress, referencing Kim Kardashian's November 2014 cover of Paper Magazine titled, "Break the Internet."



Raise the barre

Ithaca Ballet returns to the stage after a lengthy four-year hiatus with the eclectic WinterDance 2015



Several dancers make an arch during the performance of the routine "1931," a new ballet that is accompanied by the music of Igor Stravinsky.



Guest artist Lotsie Cash balances on the feet of guest artist Henoch Spinola during "Behold," which the two choreographed themselves.



ONLINE
To see more of Ithaca Ballet's return, visit theithacan.org/winter-dance

From left, soloist Ayla Naghsh, senior dancer Claire Derry, soloist Keara Soloway and senior dancer Edie Guo perform "Tiny Bubbles" during Ithaca Ballet's WinterDance 2015. This performance breaks the dance group's four-year hiatus.



From left, senior dancer Alison Ke and soloist Keara Soloway take the stage during the routine "Tiny Bubbles."

As the stage darkened and Ithaca Ballet's WinterDance 2015 began Feb. 28 in the Community School of Music and Arts, it marked a significant moment for the dance group: This performance broke a four-year hiatus, serving as the return of one of upstate New York's more well-known dance companies. WinterDance featured seven separate routines, each one vastly different in costuming, execution and choreography. With productions ranging from "Tiny Bubbles," accompanied by the music of Johann Strauss, to "1931," a new opera to the music of Igor Stravinsky, WinterDance marked a diverse return for the Ithaca-based ballet company.



From left, guest alumnus Trenton Loughlin joins soloist Keara Soloway during the routine "Bolero."



Dancers fill the stage during the performance of "Tilyou's Revenge," choreographed by Larry Brantley. This was one of seven productions that were performed during WinterDance 2015 and was accompanied by a musical collage, rather than music from one specific artist or composer.



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New Confrontation
with the West**



Michael McFaul

U.S. Ambassador to Russia (2012-2014)
 Director and Senior Fellow of the Freeman Spogli Institute
 for International Studies at Stanford University

Monday, March 16, 2015

4:30pm, Statler Auditorium

Admission is free and open to the public. Reception to follow in the foyer.
 Organized by the Mario Einaudi Center for International Studies.

Overlooked films inspire student group

BY LUKE HARBUR
STAFF WRITER

In Park Auditorium, 12 students sat down to watch "The Night of the Hunter." The film follows Henry Powell, a traveling preacher who thirsts for murder and money. Fresh out of prison, he seduces the widow of a bank robber, seeking the whereabouts of \$10,000, of which only the widow's two young children know. After the screening, the 12 students discussed the film and spoke about joining the organization that hosted the event.

This congregation of cinema fans, which occurred Feb. 12, was the first of a screening series held by student organization Film Fervor Magazine. First established in Fall 2014, Film Fervor's mission is to use reviews, essays, personal pieces, film-inspired poetry and regular film screenings with informal post-film discussions to spread critique and expression of underappreciated films. Film Fervor Magazine's definition of an underappreciated film is one that didn't receive what the executive board believes is the deserved attention from critics and audiences or has been forgotten over time.

The group was started by sophomore and president of the group Byron Bixler. He went to his academic adviser, Joshua Bonnetta, assistant professor of media arts, sciences and studies, to make this organization into reality.

Bonnetta, who is the group's adviser, said he was surprised there was not an organization like this already on campus. He also said the physical cinema is slowly being lost as the industry migrates



From left, juniors Robert Hummel and Eli Hayes and sophomores Byron Bixler and Allison Ditzig make up Film Fervor Magazine's executive board.

AMANDA DEN HARTOG/THE ITHACAN

from physical spaces to online forms of distribution.

"As students, they are able to create that space in order for ideas and concepts in cinema to be discussed," Bonnetta said.

Junior Robert Hummel is majoring in cinema and photography and serves as Film Fervor Magazine's vice president. Hummel said the organization has a strong emphasis on hearing from the student's own unique perspective.

"In lieu of a film studies classroom, where a lot of thoughts and opinions can be forced on a student

or reinforced in a very replicative way, Film Fervor Magazine allows them to broadcast and re-evaluate their own opinions about film and really offer their own unique insights," Hummel said.

According to his website, Hummel has produced three short films on Vimeo. Hummel said his filmmaking experience helps to better articulate his film critiques.

"One, it's given me an appreciation of each technical angle of filmmaking," Hummel said. "It's a collection of hard work. The other aspect is being a producer

requires a lot of managerial skill. And it's about seeing the larger the piece, which is this magazine."

Hummel's contributions to the first issue, which he said the group would like to release before the end of the semester, includes critiques of '80s horror films, which Hummel said he believes is a niche genre. Other contributions from members include articles on the Hollywood film industry and classic foreign films.

However, to join Film Fervor Magazine in critiquing cinema does not require one to major in the craft. Junior Eli Hayes, Film Fervor's secretary, for instance, is a psychology major. Hayes said he wants to analyze films through a more psychological lens.

"My life is a big film course," Hayes said. "I thought psychology would be great so I could better understand my actors and my scripts."

Hummel said there are many steps in creating a physical magazine, such as printers and affordability. Hummel and Hayes said for now they are aiming to be an online publication.

With their next screening set for March 24, Sophomore Allison Ditzig, Film Fervor's treasurer, said students should simply try to be involved with Film Fervor. She said the group's goal is to include others as much as possible.

"Everyone is there together to enjoy the same thing," Ditzig said. "This isn't something people are doing to gain something from other than enjoying. I feel like we are all there for the same purpose — a purpose that's truly dying out."



THE
JETSETTERS

FRANCES JOHNSON, GERMANY

Finding new home when miles away

I have been in Freiburg, Germany, for almost two months, and to be quite honest, I've just begun feeling comfortable with living in the city of Freiburg. Don't get me wrong — my roommates are all very nice and Freiburg is a beautiful, picturesque city, but I'm still getting used to a few cultural differences.

When I first moved into my apartment, the first thing I noticed was that every bedroom door was closed shut. Even when my roommates left their rooms temporarily to use the kitchen or bathroom, they shut their doors all the way. It made me uneasy and unwelcome at first. Many of the people in my program felt the same as I did, and luckily there was an explanation for it.

During the orientation period of my program, we were required to attend a cultural workshop that was supposed to inform us of the differences between American and German culture. Our workshop leader was a woman named Jamie, who is originally from the U.S. but has lived in Freiburg for the past 10 years. One of the first things she touched on was the closing of the doors. Jamie explained that most houses in Germany do not have central heating and have individual radiators in each room. People close their doors so heat won't escape. It was simple and reasonable.

When I asked my German roommates about what I learned, they said they closed their doors for privacy reasons. They acknowledged the heating reason, but explained that it was normal for everyone living in an apartment to have their doors closed at all times.

Needless to say, it took me several weeks to get used to seeing uninviting, closed doors when walking down my hallway. I had become accustomed to living with another person in the same room for 2 1/2 years. Now that I'm living in my own room — and keeping my door closed — I feel slightly isolated and distanced from my roommates. It also doesn't help that my apartment doesn't have a common room, just a kitchen. The only time I interact with my roommates is when we see one another in the kitchen or pass one another in the hallway. It wasn't exactly what I had envisioned when I first arrived in Freiburg, but I've become much more comfortable with a more private life.

Perhaps the more shocking thing Jamie told us during our workshop was, "Don't smile at strangers when walking past or bumping into them." Most of us laughed, thinking it was a ridiculous request. Jamie went on to explain that Germans aren't initially the friendliest people and usually do not display much emotion. Smiling indicates you know the person you're smiling at, which can cause confusion. It can also give a signal of romantic interest, which can attract unwanted attention. I was baffled. For many Americans, smiling at strangers they make eye contact with is second nature. I knew the workshop was supposed to help us learn how to blend in, but I have yet to break the smiling habit.

The cultural differences I've highlighted may seem petty to some people, but these have been the two hardest adjustments I've had to make. As someone who likes to think of herself as extroverted and friendly, it has taken me two months to finally feel like a resident in my apartment and host country. My program is almost halfway done, and I am surprised it has taken me this long to adjust. But I always have to tell myself that even though I'm used to being far away from home while I'm at Ithaca College, I'm still in the same country. It's not the same as being halfway across the world.

Student motivated by passion for healthy eating

Senior journalism major Mary Kiarl started her food blog, "Eat and be Mary," last summer to share her favorite healthy eating alternatives and motivation to live a healthy lifestyle with readers. Last fall, Kiarl was given the chance to make "Eat and be Mary" a segment on ICTV's Newswatch 16, bringing the blog to life. The blog features a range of things from fitness motivation to music and a number of healthy recipes Kiarl has tried herself.

Contributing Writer Kim Joyce spoke with Kiarl about what inspired her to start the blog, healthy eating and what food means to her.

Kim Joyce: Why did you start "Eat and be Mary"?

Mary Kiarl: It was June of this past summer, and I had just gotten back from studying abroad. I had eaten my way through all of Europe and it was great, but I came home and I felt like a whale. I've always been a very careful eater, but I also love food, so I started thinking [starting a blog] would be a really fun thing to do. I got a Pinterest and started following the clean-eating pages there and started looking at health blogs and Instagrams. And it was kind of just born out of that one day when I had a day off from my internship, and I was like, "You know what, I'm gonna do this."

KJ: How has eating healthy affected your life?

MK: It gave me a lot of confidence because I had so much control over everything. I was in Pennsylvania when I started this. I'm originally from Rochester, [New York], but I was interning in Philadelphia at the time, so I was living with my aunt and uncle and I had a lot of time to myself and a lot of time to experiment. I was always in their kitchen doing stuff like experimenting with healthy ingredients and all that jazz. It really gave me a big sense of confidence,

going into work every day. I'd feel really good, I'd be energetic — and I'm always energetic — but I felt that extra oomph. It's really helped, and it just sort of goes through every aspect of your life.

KJ: How has having "Eat and be Mary" on Newswatch been different from the blog?

MK: It's like bringing the blog to life. It's really nice to talk about it and get out in another way. It's a way to be a little more active on social media. I already tweet out and have a Facebook page and have a Twitter for my blog, but it's also nice to just talk. It's just a cool thing that I was given the opportunity to do. One of my friends was like, "You should really do something with that," and at the time I didn't think it was something that they could just quickly put into motion, but it's been very rewarding and people are liking it, so I'm hoping it'll be in my career at some point too.

KJ: Where do you hope to go with "Eat and be Mary" after graduation?

MK: Well I'm going to definitely keep [the blog], keep going with it. I think that if I were given the opportunity to do something like I do on "Eat and be Mary" like on ICTV, if I were given that option to like have a feature on TV, on a network, that would be amazing, in addition to being a general assignment reporter. It's something that I think is very marketable and something that I really do enjoy. It's like my little niche within journalism that I really enjoy, so I'm hoping I can blend all that and hopefully still travel.

KJ: What sort of feedback have you gotten?

MK: The people who read it all seem to generally like it. One of the best moments was



Senior Mary Kiarl runs the blog "Eat and Be Mary" and has an ICTV segment of the same name.

KELLIE HODSON/THE ITHACAN

probably when one of my friends, who graduated two years ago now, texted me and she said, "I was having a really slow day and I was really craving a lot of things, and I went right to your blog, and the cookies that are a healthier option, that you make with avocados instead of butter, are right there, and I made them and I made a healthy choice, and you saved me from doing this."

KJ: Do you have anything else to add?

MK: Starting the blog made me realize what I could do if I just wanted to do it. Everything else has happened in my life because I make it happen, and I really wanted to do something that would affect people outside of journalism. I wanted it to be something people enjoy reading and I enjoy doing. It's helped me to create this kind of brand I guess, which I really like, and as long as I keep it up I think I can do some big things with it.

Design student sets the stage for opera

BY CRISTINA SALTOS
STAFF WRITER

Senior Ravi Rakkulchon sits on a sofa placed on the stage in the Clark Theatre. The set of Ithaca College's spring opera production, "Little Women," which ran from Feb. 17–28, surrounds him. A piano stands in one corner, and behind him are windows flanked by two wooden staircases. For Rakkulchon, this is no ordinary set — this is a world created through his imagination.

A native of Bangkok, Thailand, Rakkulchon left home in 2011 to major in theater production arts with a concentration in design at the college. Rakkulchon said he was drawn to the college by the sense of family in the theater department.

"Every other school has their own reputation ... but there's a sense of comfort I feel that Ithaca College has that other colleges didn't provide me during the interview," he said.

An actor in high school, Rakkulchon said he discovered technical theater his junior year, working as an associate on sets and costumes for a teacher's play.

"I realized there's a backstage side to the world other than just actors, and I fell in love with that," he said.

Rakkulchon was in charge of scenic design for "Little Women." The role of a scenic designer is to create drafts of the set for the play as well as the paint elevations, which are scale-model drawings of the details and intricacies of the set. These drafts were then given to the technical designers and scenic painters, who built and painted the sets designed by Rakkulchon.

Senior George Horrocks, technical director of "Little Women," was given the drafts drawn up by Rakkulchon to make into a physical set, a process he said requires a good deal of communication. Horrocks said he enjoyed working with Rakkulchon on this task.



Ravi Rakkulchon, a senior theater production arts major with a concentration in design, left his home in Bangkok, Thailand, to attend Ithaca College. He was in charge of scenic design for the college's spring opera, "Little Women."

YANA MAZURKEVITCH/THE ITHACAN

"He was really accommodating in the process, which is something you don't always get with scenic designers," he said.

Rakkulchon said he begins his creative process by familiarizing himself with the text.

"Read the play. And then read the play again," he said. "You should read the play roughly about 10 times."

While reading, Rakkulchon began researching, sketching and listening to the music. Rakkulchon said it was a six-week process to develop a mock-up for the set, going through four versions before deciding on a final draft. He said he worked 6–8 hours a day, including weekends, to bring his idea to life. Rakkulchon said he found listening

to the music to be a key part of the creative process.

"I feel we need to serve the music as much as we do the story itself," he said.

However, Rakkulchon has a close connection with the story — "Little Women" was the first book he ever read in English. For the set of "Little Women," Rakkulchon said he took inspiration from paintings, as well as from the Orchard House in Concord, Massachusetts, where Louisa May Alcott wrote her book.

Senior Samantha Salloway was the stage manager for "Little Women" and said she was impressed with Rakkulchon's ideas and research.

"The set he designed was beautiful," she said. "It's so nice to work with someone who cares so much

about what they do."

After spending four years abroad, Rakkulchon found that the most striking theatrical difference between Thailand and the United States is the development of the craft in each respective nation.

"Theater here is much more advanced," he said. "At home, theater is still considered an art form which is not as popular, whereas in America it is much more open."

Looking to the future, Rakkulchon said he hopes to eventually help develop the theater scene in Thailand. For Rakkulchon, theater is not just entertainment; he said it shows the realities of human nature.

"Theater to me is the truth," he said. "It shows more truth than reality itself"

hot dates

thursday

An Evening with Lily Tomlin, starring the renowned comedienne, will be held at 8 p.m. at the State Theatre of Ithaca, 107 W. State St.

friday

Pokeweed, a fiddle-banjo quintet, will perform old-timey music at 5:30 p.m. at Felicia's Atomic Lounge and Cupcakery, 508 W. State St.

Jukebox the Ghost will perform high-energy electric music with Little Daylight and Secret Someones at 8 p.m. at The Haunt, 702 Willow Ave.

saturday

Primitive Pursuits will host a weekend of workshops to teach how to create friction fire beginning at 8 a.m. at 4-H Acres, 418 Lower Creek Rd.

The Sixth Annual Joni Mitchell Tribute Concert

will be held at 6:30 p.m. in Martha Hamblin Hall at the Community School of Music and Arts at 330 E. State St. Tickets are \$10.

sunday

A chicken barbecue will be held at 11 a.m. at the Enfield Fire Station, 172 Enfield Main Road Plates are \$9 apiece.

'Isn't It Romantic?' a program consisting entirely of love songs, will be performed by the Cayuga Vocal Ensemble at 4 p.m. at the First Presbyterian Church on the corner of Court and Cayuga Streets.

Graduate's photography explores Iceland's natural splendor

BY CELISA CALACAL
STAFF WRITER

Upon eggshell-white walls hang photographs of blankets of snow, streams of water, hidden cave pools and a forest of barren trees. These seemingly different features of nature reflect the diverse terrain of the land of fire and ice: Iceland.

Photo exhibit "Island Mountain Glacier" by Anika Steppe '13 is currently on display at the Tompkins County Public Library until March 28. Taken during Steppe's stay in Iceland from February through April 2014, the photographs combine striking landscapes with the mysticism of Icelandic folklore.

At first glance, Steppe's photos come off as a bit lackluster and only attempt to captivate the viewer. Compared to the stunning photographs of Iceland's Northern Lights or active geysers, depictions of a stream of water or a cave of rocks fall short in eliciting the same awestruck reactions. In addition, the eclectic variety makes it difficult to view the exhibit as a cohesive entity. Because of this, there is no visible transition between the photographs to create a smooth, artistic storyline.

However, when paired with Steppe's artist statement, the exhibit elicits a new level of interest and curiosity that the photographs cannot accomplish on their own. According to the statement, Steppe said she felt compelled to search for traces of another's existence. Viewing the photos with the proposed existence of a mystical being increases the exhibit's appeal, since the viewer can pretend that a hidden figure exists within the photographed landscape. Steppe further said she was interested in and inspired by Iceland's rich culture of storytelling.

"They are known to be a bit more open-minded to the idea of mystical creatures in a way," she said. "[The idea of] being more accepting of other ways of thinking and just kind of having that in the back of my mind while I photographed was an interesting way to approach the landscape, which sometimes seemed almost other-worldly."



"Island Mountain Glacier" is a photo exhibit by Anika Steppe '13 exploring the presence of the mystical in Iceland's landscapes.

COREY HESS/THE ITHACAN

Some of the most mysterious and infamous mythological beings in Icelandic folklore are elves called the "huldufolk," which translates to "hidden people." The Icelandic belief in the existence of the huldufolk sometimes prompts the people to stop building projects that may trespass upon and damage the huldufolk's home within the rocks and boulders.

When viewed with this knowledge, the setup of Steppe's photographs creates a striking emptiness that entertains the idea of the presence of the mystical. Solely focusing on the natural and domestic landscape provides the audience with the opportunity to imagine a "hidden person." This artistic motive tests the limitations of reality within the context of the age-old debate between seeing and believing.

Sally Grubb, exhibit coordinator at TCPL, said Steppe's decision to not provide a detailed title and explanation to her work allows viewers to construct their own perceptions about the photographs.

"She's allowing you to totally look at the scene as if you were there and make up your own mind as to what it reflects," she said.

The elegant simplicity of Steppe's photographs juxtaposes the complexity of folklore. However, it is this contrast that lends itself to the mysticism of her work. One of the main components of mythology is the belief in the unknown, pushing individuals to look past the restrictions of reality and open themselves up to the depths of their imagination. If people have this idea in mind, the exhibit fulfills its intent of influencing viewers to think critically about the invisible presence of mysterious beings. However, without this context, the exhibit remains a noncohesive amalgam of photographs.

Inspired by the storytelling involved with folklore, Steppe said part of her intention with her exhibit was to create a photographic narrative that takes a step out of the realm of reality.

"I think sometimes photographs are always viewed to be truthful, you see what they're taking and you're attracted to think it exists, but they're always going to be photographs, so there is a fictionality to them," she said. "They aren't exactly reality. They are removed. They're pieces of paper that contain a time and a place, and while you can't deny that those are there, that's not the whole story. There's so much narrative that can go along with it, so that's why I like developing this show together — I kind of got to take these extractions of reality and put them together to create a new story."

While "Island Mountain Glacier" captures the beauty and diversity of the Icelandic landscape, its true success is its entertainment of the idea of the unknown and the unseen, testing the limitations of reality and persuading individuals to accept that one does not always have to see to believe.

'Maps to the Stars' shines light on taboo topics

BY CHRISTIE CITRANGLO
PROOFREADER

A sleeping girl lies beside an empty bus seat. A child star greets a fan on her deathbed. A middle-aged, egotistical actress works with her therapist. "Maps to the Stars" begins with a brief yet misleading look at characters Agatha (Mia Wasikowska), Benjie (Evan Bird) and Havana (Julianne Moore), setting the stage for what appears to be the cliché, tried-and-true look into how fame and greed destroy the human psyche. But this film shatters the viewers' expectations, delivering a far more philosophical and dense piece than what the audience can anticipate from the opening scenes.

MOVIE REVIEW

"Maps to the Stars"
Entertainment One Ltd.
Our rating:
★★★★☆

"Maps to the Stars" weaves three seemingly independent storylines with a graceful, yet uncomfortable delivery. Dealing with taboo topics such as incest, rape and schizophrenia, the three protagonists come together on their quest for what they call "liberty," an escape from the literal ghosts and the pressures of society that haunt them. As Agatha attempts to make a life for herself by moving out to Los Angeles, Benjie goes on to make a sequel to his hit movie, "Bad Babysitter," and Havana struggles to land the same role her late mother once held.

The characters in this film are nothing short of vile, and viewers will have a difficult time finding a decent trait within them. After the audience learns of Agatha's fire-related accident, Benjie's recent escape from rehab and Havana's sexually abusive mother, the characters' paths begin to cross,

and their interactions with one another move the story forward.

With a plot heavy on character interaction, Director David Cronenberg made the poignant decision to zero in on each character individually as he or she spoke, aside from when the characters were in an agreement or a spiritual connection. The score further amplifies this effect. Music begins to play on an otherwise quiet soundtrack whenever two characters strongly interact in frame. For example, the score reflects the fear instilled within Havana as her mother talks at her.

As the central characters begin to interact, the true uncomfortable nature of the film begins to resonate within the viewer. Agatha, whose backstory is hazy and ambiguous earlier in the film, slowly unravels into what resembles a sociopath. Benjie, haunted by his fan whom he disgraced on her deathbed, spirals into depression and fits of anger as he pieces together his life story. Havana, who seems to be letting fame traumatize her, attempts to channel her mother and escape the abuse she once caused her. Their idea of liberty is acting as the common goal, fueled not by greed or power but by self-actualization.

It's difficult to pinpoint every minute detail that contributes to the whole of "Maps to the Stars." With an unsettling atmosphere and intimate scenes with little to no background music to comfort the audience, viewers are compelled to swallow hard during certain scenes, almost begging for them to be over — begging for the end, only to crave more. It's these graphic and stomach-churning scenes that add depth and more accurate insight into the minds of the protagonists. While such uncomfortable scenes will not be to every viewer's



From left, Mia Wasikowska and Julianne Moore star as Agatha and Havana, respectively, in "Maps to the Stars," a psychologically disturbing drama directed by David Cronenberg. COURTESY OF ENTERTAINMENT ONE LTD.

taste, they cater to a specific audience that can digest the risks Cronenberg decided to take.

Disturbing and hard-hitting, "Maps to the Stars" captures the true hardships of reaching personal liberty through the stories of three wealthy and troubled individuals. "Maps to the Stars" is raw with emotions and doesn't hold back when it comes to sensitive topics. Steering away from the idea that fame and greed warps individuals, this film offers a new

perspective on what it means to achieve personal freedom. The final shot as the camera zooms out is nothing but an innocent image on the surface. The full meaning contained in the shot, however, is far deeper and far more disquieting than it initially appears, leaving viewers to contemplate the film and slowly chip away at its meaning.

"Maps to the Stars" was written by Bruce Wagner and directed by David Cronenberg.

Big Sean delivers huge hits with even greater wordplay

BY MATTHEW RADULSKI
STAFF WRITER

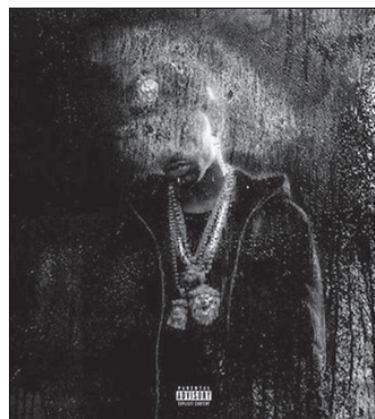
"Dark Sky Paradise," largely produced by Kanye West, is Big Sean's third album. West, who was mentored by Jay-Z, who was mentored by the Notorious B.I.G., is now a mentor to Big Sean. With that pedigree, there's a higher expectation for this album. "Dark Sky Paradise" boasts solid verses and great production, as well as a few ready-made hits. The album could use more variety, but Sean puts a strong effort into proving he's as great as he says he is.

While Sean's lyricism is smart, it does get repetitive. The hook of "Dark Sky (Skyscrapers)" states, "I started from the basement, made it to the skyscrapers." This is luxury rap, and Sean brags about how he's successful and rich now. "Dark Sky

(Skyscrapers)" is an excellent track and the wordplay is clever and memorable, showing where he came from and how far he's come. However, a full album's worth of one theme that's already pervasive in rap gets tiresome.

Big Sean got some all-stars to do guest work. Drake, West, Ariana Grande, John Legend, Chris Brown and others are featured on the album. Sean is still the star of the record though, and never gets overshadowed despite the company.

"I Don't F--- with You" is a major standout and has already gone platinum. A soulful sample is played over drums and strings to open, immediately grabbing attention. Sean comes in with a delightful and explicit hook before going into a clever first verse. The punchlines build on one another, resulting in a final, killer hit. The rest of the album is much like this, as the drums and instrumentation serve to present Sean's wordplay with the exact right amount of support.



COURTESY OF DEF JAM RECORDS

When Sean doesn't rap about himself, it stands out. On "One man can Change the World," West and Legend provide the hook on a slower track where Sean talks about his admiration for his grandmother. It's pleasant and different. More variety like this would have helped the album become a classic.

"Dark Sky Paradise" proves Sean is a true rap superstar. Some tracks are notably better than others, and hearing Sean say how great he is grows tiresome, but West's production and Sean's verses combine to make a great album all the same.

Vocals fuel punk-rock album

BY ERICA DISCHINO
STAFF WRITER

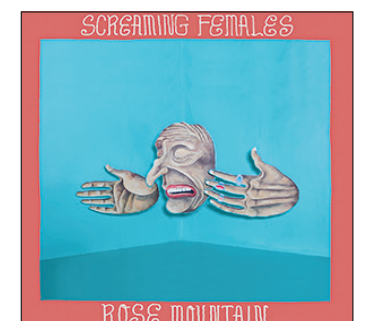
The New Jersey-based punk-rock band, Screaming Females, released its sixth album, "Rose Mountain," on Feb. 24. Contrary to the band's name, lead singer Marissa Paternoster uses her voice to

add a dynamic sound that tells a story. Reminiscent of No Doubt's early 2000s sound, Paternoster's vocals are husky and powerful — a good match for her honest lyrics.

The album starts off with "Empty Head" and "Ripe," both of which have similar beats and heavy dependence on guitar. Paternoster's anger is portrayed effortlessly by her powerful voice belting metaphorical lyrics that describe her emotions in an unusual, almost abstract way. In another stand-

out song, Paternoster's voice is refreshingly confident as she sings, "I'm nothing like the others," with a mix of eclectic chords complementing her sound. The song ends with an old-timey piano playing eerily in the background, leaving the audience discomfited.

As a whole, "Rose Mountain" is a commendable attempt to break free from the typical punk-rock scene. This album expands the Screaming Females' range of style with an integration of different sounds and, for the most part, succeeds.

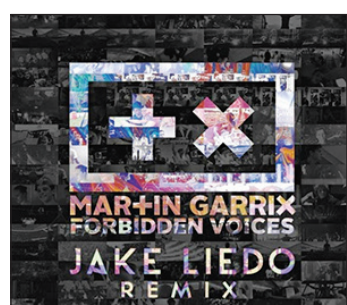


COURTESY OF DON GIOVANNI RECORDS

ALBUM REVIEW

Screaming Females
"Rose Mountain"
Don Giovanni Records
Our rating:
★★★★☆

QUICKIES



"FORBIDDEN VOICES"
Martin Garrix
Spinnin' Records

Dutch electronic artist Martin Garrix released his newest single, "Forbidden Voices," on Feb. 23. The track consists of a repetitive, driving beat, a motif remixed several times as the song progresses using various electronic techniques.

COURTESY OF SPINNIN' RECORDS



"GOLD DUST"
Galantis
Atlantic Records

Featuring a strong vocal line atop a driving piano progression, "Gold Dust" is the newest single released by Galantis. The Swedish duo intersperses electronic techniques with a more classic style of music to elevate their range of sound.

COURTESY OF ATLANTIC RECORDS



"BEHIND YOUR EYELIDS"
Panic Is Perfect
Lip Sync Music

San Francisco-based indie group Panic Is Perfect dropped its latest EP, "Behind Your Eyelids," on Feb. 24. Standout track "Build a Wall" highlights deftly crafted guitar riffs with an asymmetrical rhythm.

COURTESY OF LIP SYNC MUSIC

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- Hammond Health Center
- Alumni Hall
- Ceracce Center
- Towers Dining Hall
- Terrace Dining Hall
- Library
- Music School
- Hill Center
- Center for Health Sciences
- Smiddy Hall
- Dillingham Center
- Peggy R. Williams Center: Lobby, 3rd floor
- A&E Center
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- Rogan's
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Owner and aficionado Avigdor Weber says the effects of his liquid treasures are like "drinking a massage." Kava promotes relaxation, clarity, & happiness, and anyone can indulge in the healthy alchemy of this ancient tea. Inside of this seductive haven, you can expect to have more than just your taste buds tickled. Exotic music and opportunity for creative expression help melt away stress, as villagers sip from authentic coconut shells and bask in good company. Senses will be enchanted and imaginations shall flourish among magnificently crafted banyan trees, sublime art, and mystical books. The eclectic venue also features ongoing holistic health classes such as yoga & qigong, and is renown as a multidimensional portal for alignment and enjoyment. Now, as a newly added bonus, devotees can unwind and party into the wee hours . . . At the stroke of midnight on Thursdays, Fridays, and Saturdays, Mystic Water transforms into its latest unveiling ~ Black Swan ~ a sensual after hours lounge that pulses with live music until 4AM. Admission into Black Swan grants visitors all the kava they desire and a nightlife experience unlike any other. No longer a secluded bohemian scene for hippies and artists, this inclusive spot offers worldly mass appeal to satisfy nearly every entertainment palette. In 2009, creative visionary and entrepreneur Avigdor Weber planted his first establishment in the heart of tropical paradise ~ Hollywood, Florida. He dreamt of a place for the mindful, where meditation and recreation could make love. Weber's wondrous world quickly became a mecca for those seeking to escape the hustle and disharmony of mainstream society. Drawn to its majestic, awardwinning ambiance and medicinal energy, musicians, intellectuals, healers and hipsters gather from far and wide to be part of the magic brewing inside Mystic Water. Weber spread his roots in 2010, opening a second location in San Diego, California. And his most recent oasis, which opened its doors in 2013, has successfully prevailed, despite unfortunate attempts by others to steal his concept. It is said that imitation is the highest form of flattery. Hence, Weber carries on with integrity and humility, as an originator and innovator of a thriving brand. He imagined building Mystic Water into a family operated dynasty and generously offered to share his businesses with his siblings. Thus, the intentions at the core of Mystic Water's inception remain pure and its legacy ever growing.

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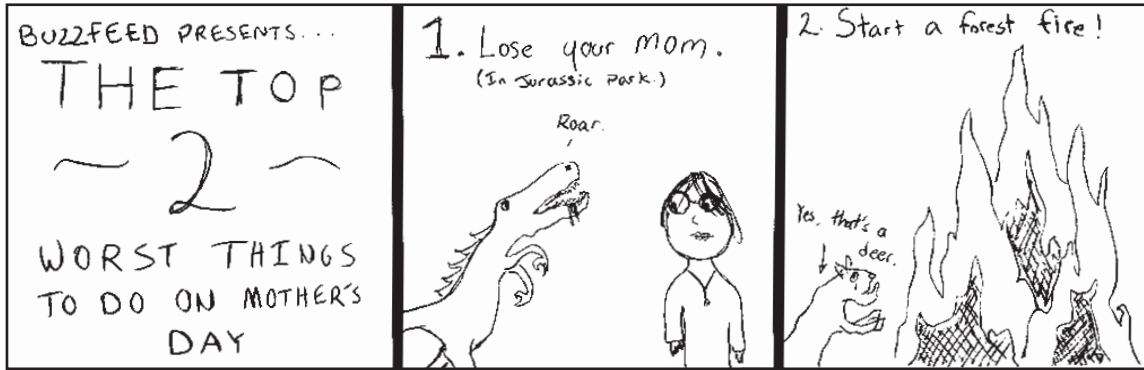
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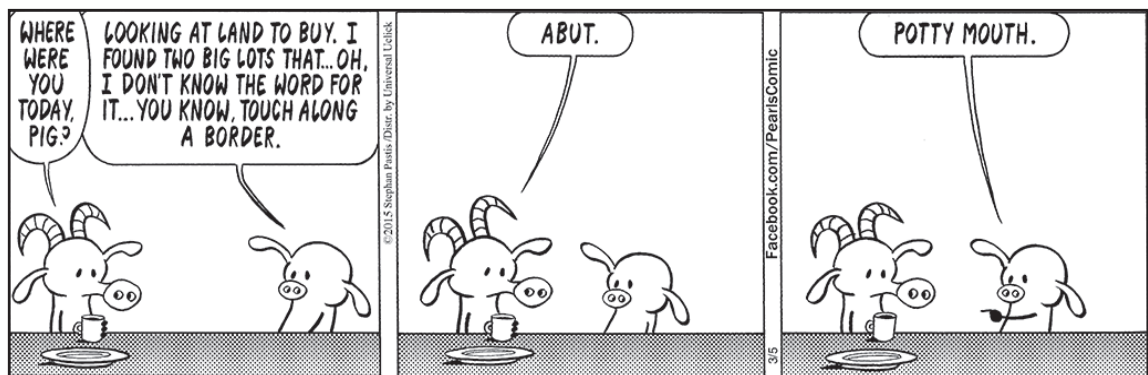
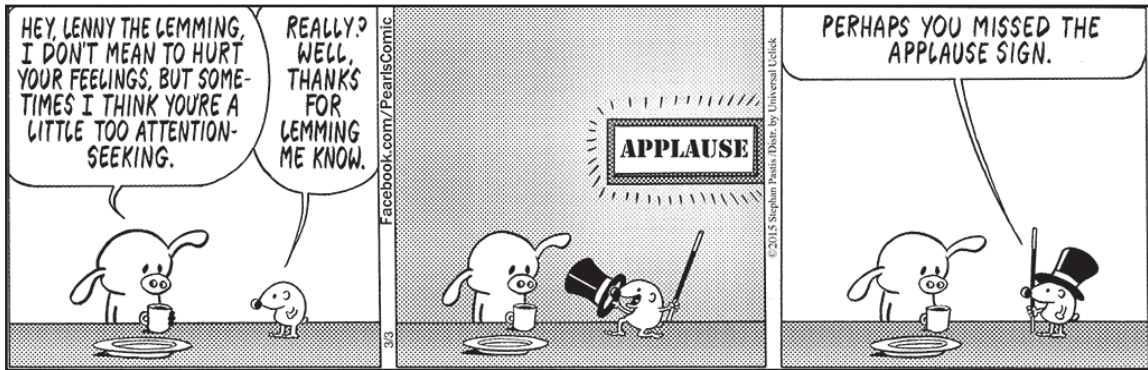
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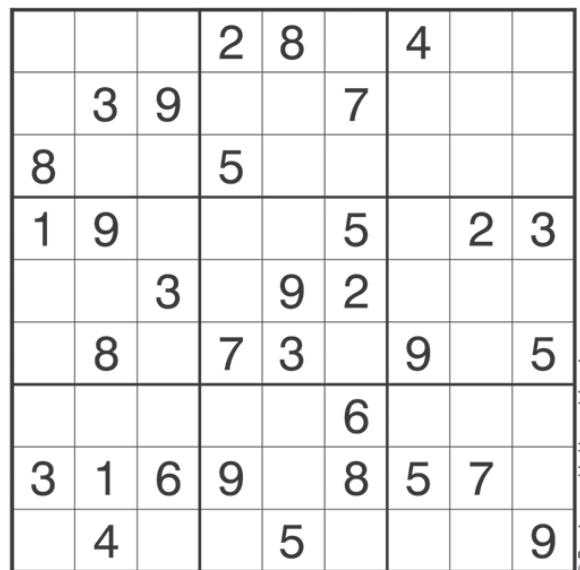
sudoku

easy



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medium



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answers to last week's sudoku

Medium	Very Hard
7 8 6 5 2 9 3 1 4	3 5 2 8 1 9 6 4 7
1 3 4 7 6 8 9 2 5	6 7 1 3 2 4 9 8 5
5 2 9 3 4 1 7 6 8	8 4 9 6 5 7 2 3 1
9 4 8 1 7 5 2 3 6	5 3 8 1 9 2 4 7 6
6 7 5 2 3 4 8 9 1	4 2 6 7 3 5 1 9 8
2 1 3 9 8 6 5 4 7	1 9 7 4 8 6 3 5 2
3 6 1 8 5 2 4 7 9	2 6 5 9 7 3 8 1 4
4 5 2 6 9 7 1 8 3	7 1 3 2 4 8 5 6 9
8 9 7 4 1 3 6 5 2	9 8 4 5 6 1 7 2 3

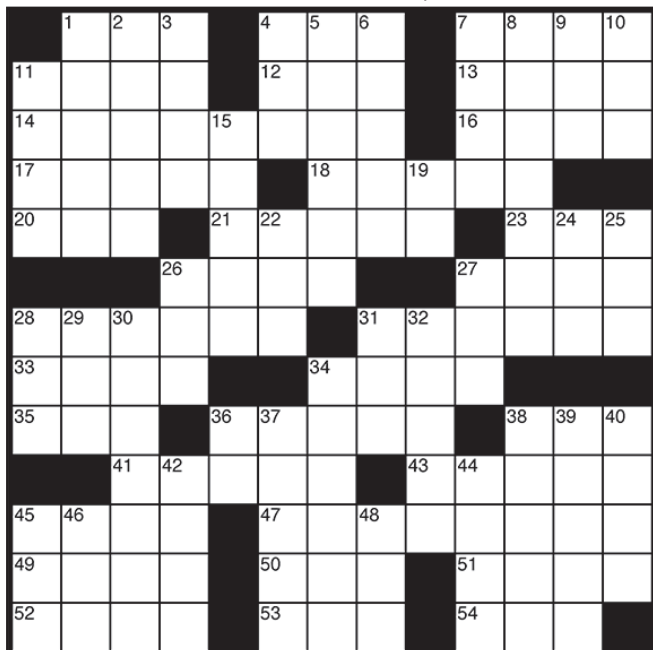
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crossword

By United Media



ACROSS

- 1 Gossamer thing
- 4 Home of "Ridiculousness"
- 7 Thump
- 11 All corners
- 12 - you serious?
- 13 LP player (hyph.)
- 14 Loafer
- 16 Thames school
- 17 DeGeneres sitcom
- 18 Valuable holding
- 20 Wear and tear
- 21 Hindu lute
- 23 Horror-film street
- 26 Pelts
- 27 Sandwich cookie
- 28 Pint-size
- 31 Was a working cat
- 33 Got in debt
- 34 Cabinet part
- 35 Van - Waals force
- 36 Gray-barked tree
- 38 Except
- 41 Megastars, to fans
- 43 Durable wood

DOWN

- 1 Merino and angora
- 2 Napoleon's fate
- 3 Eight bits
- 4 Put a dent in
- 5 Foots the bill
- 6 Vice -
- 7 Thou, objectively
- 8 Bat swingers
- 9 Roswell crusher
- 10 Racket
- 11 Moldy cheese
- 15 Come afterward
- 19 Jr.'s dad
- 22 Dublin's loc.

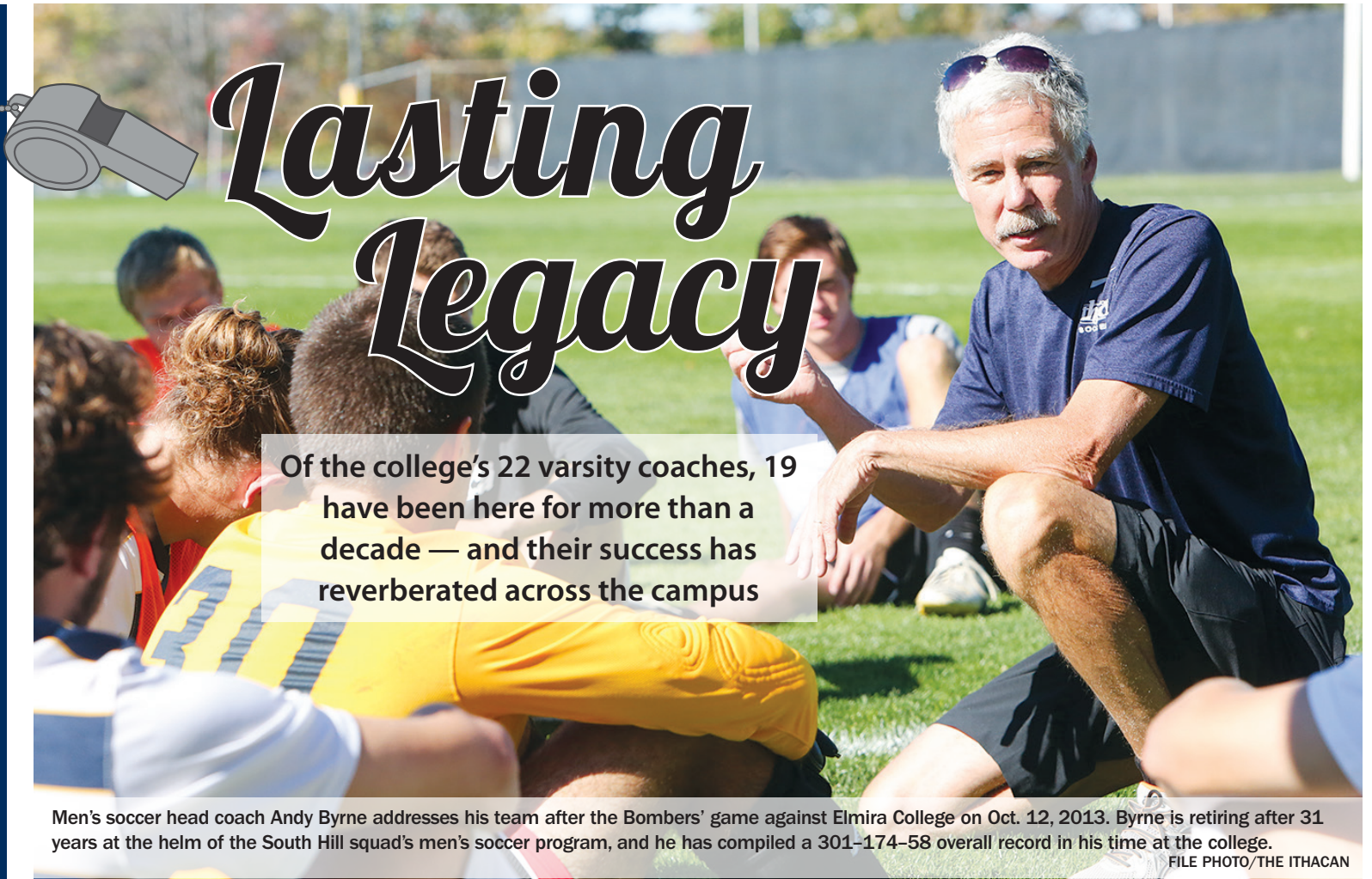
- 24 Spike or Bruce
- 25 1960s style
- 26 Email abbreviation
- 27 Royal pronoun
- 28 Bean hull
- 29 Flock member
- 30 Most chilling
- 31 Beaded shoe
- 32 - and aahed
- 34 Spanish explorer (2 wds.)
- 36 A famous Derek
- 37 British Museum's - marbles
- 38 Limb
- 39 Dad's brother
- 40 Youngster
- 42 Morse syllables
- 44 Coalition
- 45 Sitter's handful
- 46 Billy - Williams
- 48 Not evenly divisible by 2

last week's crossword answers



BIG PICTURE

For a statistical breakdown of the college's coaches, go to page 28.



Men's soccer head coach Andy Byrne addresses his team after the Bombers' game against Elmira College on Oct. 12, 2013. Byrne is retiring after 31 years at the helm of the South Hill squad's men's soccer program, and he has compiled a 301-174-58 overall record in his time at the college.

FILE PHOTO/THE ITHACAN

BY JONATHAN BECK
ASSISTANT SPORTS EDITOR

For 31 years, head men's soccer coach Andy Byrne has walked through the doors of Hill Center in the late afternoons and up to the white-lined grass of Carp Wood Field. He has set up countless cones and organized vast amounts of conditioning drills designed to evaluate each player's skill set in preparation for the start of each season. Like many other coaches at the college, Byrne maintained long-term success in his lengthy tenure, compiling a 301-174-58 record, but the 2014 season was his last, as he announced his retirement from the college Feb. 17.

Byrne, however, is not the only coach who has been a staple in their respective Bomber program. The 19 current varsity coaches who have been here for more than 10 years have amassed a total of 5,753 wins and have coached 396 All-Americans over the course of the years they have been here.

The coaches' legacies of success and longevity are undeniable as 14 current head coaches own the winningest records in Bomber program history for their respective sport.

It's nearly impossible to compare average coaching tenures for every program in every school in the country, but the college seems to have retained more of its head coaches than most.

For example, SUNY Cortland — a comparable Division III school — only has two coaches who have been in the same position for more than 20 years, while the Bombers have 12.

In addition, Alfred University has hired seven new coaches in the past year and only one coach has been with the Saxons for more than 10 years.

While the Blue and Gold, just three coaches — women's cross-country head coach Erin Dinan, women's lacrosse head coach Shannon McHale and

golf head coach Dan Wood — have led their South Hill squads for fewer than 10 seasons.

Despite these impressive statistics, Susan Bassett, director of intercollegiate athletics and recreational sports, said she expects the best of her coaches regardless of their past success.

"Their years of service are a point of pride, but the expectations are the same for everyone," she said. "Whether you are a first-year coach, an assistant coach or a veteran coach, the expectations are the same. We strive to be the best."

Being the best, however, has presented new challenges for the coaches as athletes, facilities and recruiting have all changed over time.

Comparing the college's athletics programs to when he began his coaching tenure in 1983, Byrne said Division III recruiting has recently become more competitive and skilled due to the increased pressure of Division I and II schools.

"The biggest difference is the amount of time you have to put into recruiting," he said. "The recruiting element is so time consuming."

Baseball head coach George Valesente, who is the longest-tenured of any of the college's coaches — he is starting his 37th season this spring — said the range of recruiting student-athletes has become much broader than it was when he started coaching the team in 1979.

"It's gotten a lot more challenging," he said. "In the old days, I used to get a letter or a phone call. Now I get numerous contacts a day from student-athletes from California, to Florida, to North Dakota, to Texas."

Similarly, Miller said the day-to-day demands were fewer when she began coaching in 1984, but now she has additional duties that have been piled on over the years, such as raising funds to allow her student-athletes to afford to pay for their extraneous expenses.

Given the increased cost of tuition, financing educational scholarships has become the objective for Division III schools, which were established in 1973 to foster a strong relationship between athletics and academics and to involve more student-athletes in collegiate sports.

Besides the cost of the college, the school also went through a physical restructuring phase over the years.

The one change many coaches pointed out is the fact that the facilities have changed significantly over the past 30 years. For example, the swimming and diving teams used to swim in Hill Center. Miller said the air quality was low, the noise level was high and it was a cramped, six-lane pool.

The newly built Athletics and Events Aquatics Pavilion, which opened in Fall 2011,

features an eight-lane, Olympic-sized pool. Miller said they are still learning how to use the new pool, but it has significantly improved the quality of training for her athletes.

Many of the coaches have witnessed this restructuring phase. Eight coaches have their roots deep within the college, as they all attended the college as students before their coaching tenures began.

Valesente, one of the eight coaches to attend the college as a student, said he has never applied for another job, and that he is happy he was able to see his family grow over the years.

"I'm here, and I have an ideal kind of job," Valesente said. "It's not as demanding as Division I, but we are still able to be successful and get good athletes. I can spend time with my family, and I have a life."

On the other hand, six coaches attended rival SUNY Cortland as students themselves, including volleyball head coach Janet Donovan, who started as head coach in 1992.

Although once a rival of the Bombers, Donovan said she came to the college originally for what the school represented with its balance between academics and athletics.

Softball head coach Deb Pallozzi, who is beginning her 27th season as head coach, said she and the other coaches share a common goal.

"You can win here," she said. "They allow you to sustain the level of success that I want to compete at. You get the support. I have the opportunity to compete at the highest level, which is for a national championship."

Bassett said teaching should be the primary emphasis for the coaches and the colleges, and their longevity has made a massive impact on the success of the athletics department and the college.

"They are educators first and foremost," she said. "Their ability to evolve over time to respond to new challenges is evidenced in their sustained success. They know how to achieve excellence on and off the field."

Football head coach Mike Welch, who is in his 21st season as head coach, said reaching the top of the Division III coaching carousel is never an easy task, and staying on top for decades is almost inconceivable.

"It's called commitment," Welch said. "Successful athletics at Division III are going to give a leg up for your school [as a whole]. We've had a high level of success on the field doing it the right way."

Donovan said the reason she stayed at the college was due to her favorite part of the job: She gets to work with the athletes and interact with the administration on a daily basis.

"I thought there would be only one place that I would think about taking a job [as a head coach] if it wasn't Division I, it would be Ithaca College," she said. "More things kept me here. I'm getting student-athletes that are serious, and they love competing."

Though life moves quickly for the coaches, one thing has remained the same: They still have a team to lead. In a few cases, there are individuals who coach for multiple athletic teams at the college as well.

Men's lacrosse head coach Jeff Long, who is also the goalkeeper coach for the women's soccer team, said over the 28 seasons he's been here, his coaching style has adjusted to the generation of student-athletes he is coaching.

Likewise, women's basketball head coach Dan Raymond, who is in his 15th season with the Bombers, assists Pallozzi with the softball team, and said he often converses with her to learn more about his coaching strategy.

"I love having conversations with coaches," he said. "Every time I'm around coach Pallozzi, I'm learning something."

In addition to Long and Raymond, for the first 20 years Byrne was the men's soccer coach, he also helped coach the men's and women's track and field teams, but left that position given the increased workload in the last decade.

Byrne, who is the first of many coaches who will reach retirement age in the next decade or so, said he now shares a similar approach to coaching with many of his peers: The most satisfying part is the interaction with athletes.

"The thing I find very rewarding is the relationship with the players, especially after they leave," Byrne said. "Staying in touch with them and having them come back making their way through life is pretty cool."



Janet Donovan, volleyball head coach
FILE PHOTO/THE ITHACAN



Paula Miller, women's swimming and diving head coach
KAITLYN KELLY/THE ITHACAN

THE BOMBER ROUNDUP

The Ithacan's sports staff provides updates on the winter and spring squads

WRESTLING BY CHRIS FIASCHETTI

The wrestling squad traveled to Roger Williams University for the NCAA New York Regional Tournament on Feb. 28 and March 1.

Five wrestlers qualified for the NCAA Division III Wrestling Championships. Sophomore 125-pounder Jimmy Kaishian and junior 149-pounder Eamonn Gaffney were victorious in their respective weight classes.

Senior Alex Gomez, senior Kevin Collins and freshman Nick Velez also advanced, placing second at 133 pounds, 157 pounds and 165 pounds, respectively.

As a team, the Bombers took the top spot at the tournament with a score of 128.5.

The NCAA Division III Wrestling Championships will take place March 13–14 at the Giant Center in Hershey, Pennsylvania.

Box Score: Feb. 28
Bristol, Rhode Island

NCAA New York
Regional Tournament

1st Place
Team Score: 128.5

GYMNASTICS BY DIANA HUBERTY

The Blue and Gold competed in the Brockport Invitational on March 1 against host SUNY Brockport, Rhode Island College and SUNY Cortland.

The Bombers ended with a team score of 187.050, finishing third overall. The squad scored its highest team score on beam in the program's history with a 47.500. Freshman Hannah Donnelly placed first on beam with a score of 9.750. She said despite a tough start, the team

has shown improvement recently.

"We are gaining momentum at the right time," Donnelly said.

Junior Megan Harrington scored a 36.600 as the only Bomber competing in all-around, taking first in the event. The Bombers also had a season-high team score on floor with a 46.775.

The Bombers will compete in their last regular season meet against the Red Dragons at 3:30 p.m. on March 7 in Cortland, New York.

Box Score: March 1
Providence, Rhode Island

Brockport
Invitational

3rd Place
Team Score: 187.050

MEN'S TENNIS BY CAITIE IHRIG

In its first home match of the year, the men's tennis team defeated the St. Lawrence University Saints 6–3 on Feb. 28, marking the first time the Bombers have won against the Saints in three years.

The South Hill squad won four of the six singles competitions and two of the three doubles competitions.

Junior Chris Hayes said the team started

strong and never faltered throughout the match.

"We all showed a lot of energy throughout the match, and that definitely propelled us to our win," he said. "All of the training we did in the offseason helped us wear down our opponents as well."

The Blue and Gold will next play Houghton College on March 21 at the Reis Tennis Center at Cornell University.

Box Score: Feb. 28
Glazer Arena

Ithaca College
(1–2)

6–3 St. Lawrence University
(2–1)

MEN'S LACROSSE BY KARLY REDPATH

The men's lacrosse team fell to No. 1-ranked Rochester Institute of Technology on Feb. 28. The No. 13 Bombers put up a strong outing against the Tigers despite losing 12–9. The team rallied in the fourth quarter to bring the score to 9–8 in RIT's favor, but the Tigers scored two straight goals late in the game to seal the victory.

Sophomore forward Jack Shumway notched the first hat trick of his collegiate career, and junior goaltender Scott Sidman made 13 saves.

Senior defenseman Eli Goldbrecht said the team showed promise in this game.

"I was really proud of the discipline we showed," Goldbrecht said. "Our whole team battled really hard, and it was good to see that we could come back from a deficit."

The Bombers then took on Lycoming College on March 4. Score was not available at time of print. The team will next travel to Houghton College on March 7.

Box Score: Feb. 28 Rochester Institute of Technology
Higgins Stadium (2–0) **12–9** Ithaca College
(1–1)

SWIMMING AND DIVING BY ANDREW SULLIVAN

The men's and women's diving teams sent six divers to compete in the NCAA Division III Diving Regionals on Feb. 27 and 28 in Geneseo, New York.

The Bombers' lone male diver Matt Morrison finished second overall in the 1-meter board with a score of 498.75 before taking the top spot in the 3-meter board with a 513.55.

The women's squad also fared well as sophomore Nickie Griesemer and freshman

Anna Belson highlighted the team's weekend. Griesemer finished second overall in both the 3-meter and 1-meter board. Belson placed fourth overall in the 3-meter board and 17th overall in the 1-meter.

With their strong performances over the weekend, Morrison, Griesemer and Belson punched their tickets to the NCAA Championships, where they will join both swimming teams on March 18–21 in Shenandoah, Texas.

MEN'S BASKETBALL BY ALEX WONG

The Bombers saw their season end Feb. 27 at the hands of St. John Fisher College in the Empire 8 tournament semifinal game.

The South Hill squad came into the contest with a 12–13 record after turning its season around to claim the No. 4 seed in the conference.

The Blue and Gold found themselves down by only four points at halftime and were looking to upset their top-seeded opponent, but Fisher scored 51 points in the second frame en route to a 90–75 victory.

Senior center and Empire 8 first-team selection Keefe Gitto led the Bombers offensively

with a double-double, posting 16 points and 10 rebounds.

Reflecting back on the season, Gitto said the characteristic that best described this year's squad was resiliency.

"No matter what, we never gave up on each other, and that's why we were able to turn it around and make the Empire 8 tournament," he said.

The Bombers finished the season with a 12–14 record and will be graduating Gitto and fellow senior co-captain Max Masucci this upcoming spring.

Box Score: Feb. 27
Rochester, New York

St. John Fisher College
(22–3)

90–75

Ithaca College
(12–14)

TRACK AND FIELD BY MATT HORNICK

Both the men's and women's indoor track and field teams competed in the New York State Collegiate Track Conference finals this weekend. The men's team took home second place and the women's team won its second state championship in three years.

The women scored 204.5 points and met Eastern Collegiate Athletic Conference qualifying standards 26 times throughout 15 events. The team was led by second-place finishes from

junior Eliza Dewart, senior Christine Benway and sophomore Natalie Meyer as well as a second-place finish in the 3,200-meter relay.

The men's team scored 110 points to take second place in the state championship and nine athletes hit ECAC qualifying marks. The Bombers were led by first-place finishes by junior Andrew Brandt and the 4x400 meter relay team.

Next up for both teams is the ECAC Indoor Championship on March 6–7.

WOMEN'S LACROSSE BY COREY FULLER

The women's lacrosse team opened its season with a 14–8 victory Feb. 28 against the University of Rochester at Higgins Stadium.

The South Hill squad played an aggressive, yet conservative game by outshooting the Yellowjackets 29–21 while having seven fewer turnovers.

Junior attacker Ally Runyon shined in the game, scoring eight goals out of her 10 shots

and adding two assists.

Midfielders senior Natalie Lang and junior Riley Marion also each contributed a pair of goals in the win. Sophomore goalkeeper Emily Ross saved six Rochester shots.

The Bombers, who are currently ranked No. 18 in the country, will play their next game March 7 on the road against York College before heading to Clermont, Florida, to compete over spring break.

Box Score: Feb. 28
Higgins Stadium

Ithaca College
(1–0)

14–8

University of Rochester
(0–1)

WOMEN'S BASKETBALL BY MAX LEY

The women's basketball team lost in the final of the Empire 8 Tournament 86–84 against St. John Fisher College on Feb. 28 at home.

First, however, the Blue and Gold dominated Nazareth College in the semifinal game, winning by a score of 72–53.

Nazareth shot just 31.7 percent from the field, showcasing the strength of the squad's defense.

Senior forward Francesca Cotrupe had 19 points and 15 rebounds.

In the final, the Bombers got off to a slow start, falling behind 19–7. However, they

answered quickly, going on a 13–1 run to tie the game at 20 at the 11:32 mark.

The teams traded baskets throughout the second half, and the game headed into overtime with the score tied at 79.

Fisher finished on top after a last-second 3-point attempt fell short for the Bombers.

The Blue and Gold earned an at-large bid in the NCAA playoffs and will travel to Bowdoin College on March 6 to face the College of Mount Saint Vincent in the first round of the tournament.

Box Score: Feb. 28
Ben Light Gymnasium

St. John Fisher College
(21–6)

86–84

Ithaca College
(22–5)



Sophomore guard Ali Ricchiuti looks for an open post player in the women's basketball team's win over Nazareth College in the Empire 8 tournament semifinal Feb. 27.

CAITIE IHRIG/THE ITHACAN

Men's lacrosse team weathers daunting winter obstacles

BY JOELLE GOLDSTEIN
CONTRIBUTING WRITER

When most people think of spring, they think of warmth, flowers and sunshine. When the men's lacrosse team thinks of spring, it relates it to something completely different: snow. While it's normal for the college's spring athletes to experience some hardships regarding the bitter cold and accumulating snow, this year has been significantly different — and significantly worse.

Despite this being one of the coldest Februaries Ithaca has experienced in years, the men's lacrosse team is not intimidated by it. In fact, the adversity that has been thrown its way this season has only contributed to its toughened mentality and character.

Higgins Stadium is home to the Bombers, but this year, the Athletics and Events Center has temporarily replaced their home, more so than in years past. This is due to the incredible amount of snow that has continued to pile up on South Hill and the freezing temperatures, which seem to often drop below zero. Because of this, it has been increasingly difficult for the team to consistently practice outdoors.

Head coach Jeff Long said this season has been tougher than usual on the team compared to past seasons.

"This is, by far, one of the coldest winters in a long time," Long said. "We have practiced indoors more so than in the past. We typically experience a few warm days thrown in there, but it's been consistently cold the entire month without any real reprieve."

To deal with the difficult weather conditions, Long said he has moderated the outdoor practice schedule, with shorter, full-field practices and faster-paced drills to keep the players moving.

"They handle it very well," he said. "There's very little to no complaining [about the weather] that I ever hear. It is what it is. They embrace the challenge, and we are getting things done, just at a slower pace."

Senior midfielder Matt Greenblatt said



From left, senior attack James Manilla attempts to carry the ball past a University of Marywood defender as freshman attack Jake Cotton looks on. The Bombers defeated the Pacers 13-10 Feb. 22. Manilla scored a goal and added two assists in the South Hill squad's season-opening victory.

CHRISTIAN SCHUEPBACH/THE ITHACAN

another difficulty in practicing outdoors is hidden ice patches. The icy fields are very dangerous to the athletes' health and safety, as they become increasingly vulnerable to sprained ankles and potential knee injuries.

"It's definitely been tough, but the worst part would have to be finding icy spots on the turf and slipping while you're trying to play," Greenblatt said. "Cleats are pretty much useless right now. Out of my four years, this has definitely been the worst."

However, despite these challenges, the South Hill squad does its best to get outside on the field as much as possible — even if that means shoveling the field prior to practice. To many, shoveling seems like a daunting pre-practice task, but senior attacker James Manilla views it as an advantage.

"Shoveling the field is not as bad as some may

think," Manilla said. "For me, I look at it as another way to warm up before I go out to practice. It usually takes about 45 minutes, and after you do, you feel loose and ready to play."

Besides pushing one another to work hard, Greenblatt said the team routinely plays music in the locker room before practice to get mentally ready and stresses the need for improvement.

"Each day, we remind the team that we need to improve, so let's make the most of that time we have on the turf and not waste it away complaining about this or that," he said. "The truth is no matter how much you complain, it's not making the temperature any higher."

Over the next couple of weeks, the Bombers will face a series of competitive matchups. The Bombers have been preparing to play Lycoming College and Houghton College on March 4 and 7.

Although Long said he was disappointed to miss out on the game against SUNY Oswego on Feb. 25, which was canceled due to weather, he considers it an opportunity to get better.

"It's always tough to lose a game [in the schedule], especially when the team is as young as this team is," Long said. "But it also gives us an extra day of practice to get ready for the next one."

The Bombers will face the Highlanders on March 7 before facing off against The University of Tampa and Salve Regina University during their spring break trip to Florida.

Long said the trip will be a learning experience, as well as a nice escape from the snow.

"The Tampa trip is a business trip, first and foremost," he said. "We will continue to train as if it's preseason. It'll be so sweet to practice and compete in shorts and feel a little sun."

Women's lacrosse squad faces off against demanding non-conference competitors

BY BRANDON GLASS
CONTRIBUTING WRITER

Many athletes would argue that the days and weeks leading up to the start of their season, full of two-a-day practices and fitness tests, are the hardest. Ask members of the women's lacrosse team, however, and they'll say the difficult part of their season is just about to begin.

After opening the season with a win against the University of Rochester on Feb. 28, the Bombers will face a daunting task within the span of 11 days. It's a schedule that includes two games against two of the top-15 teams in the nation and another versus an opponent who posted double-digit wins last year.

The brutal week and a half begins with a road contest March 7 against York College, which ranked No. 13 in the preseason Intercollegiate Women's Lacrosse Coaches Association poll. The Spartans also made it to the Sweet 16 in the NCAA tournament last year, defeating the South Hill squad's rival St. John Fisher College in postseason play.

The Blue and Gold will then take their talents to the Sunshine State where they will play in an annual round-robin series of games over spring break in Clermont, Florida. There, they'll face off against Gettysburg College, an Elite Eight team from a season ago, just two days

after their game against York. The Bullets were ranked sixth in the IWLCA preseason poll.

Following a second game in Florida against Dickinson College, the Bombers will finally come home to the friendly confines of Higgins Stadium, where SUNY Oneonta will be waiting for them. Despite not making the NCAA tournament last season, the Red Dragons finished the year with 12 wins before losing to eventual national semifinalist SUNY Cortland in the State University of New York Athletic Conference semifinals.

Senior attacker Emily Peters said the Bombers are looking at that stretch as business, though part of the series will encompass a spring break in Florida.

"I think it's a good preseason motivator," she said. "We play really good competition, so I think that the warm weather and no snow only helps our focus that we're able to get more done in a two- or three-hour practice down there than we do in an hour practice here. I think we're definitely there to prove ourselves in terms of top-20 women's Division III lacrosse."

Having played both York and Gettysburg last season, the Bombers are familiar with tough competition. In fact, junior attacker Ally Runyon said they relish it.

The team suffered a close 14-12 defeat at the hands of the Spartans last year, while enduring a heartbreaking 13-12 double-overtime loss to the Bullets just five days later. However, Runyon, who was last year's leading scorer, said those are the games that make the team better at the end of the day.

"Those games are definitely learning experiences, and it opens it up to what we would see if we were to win E8s," she said. "It's preparation, and it teaches us for later on in the season."

The statistics make it tough to disagree. For the past three seasons, the Bombers have gone 7-0 in regular season conference play. In fact, the last time the team lost a regular season conference game was April 22, 2011, when the South Hill squad suffered an 18-9 home defeat against Nazareth College.

Sophomore goalie Emily Ross said the correlation between having a tough out-of-conference schedule and dominating the Empire 8 is easy to see for the Bombers, who intentionally schedule a difficult nonconference schedule.

"Playing these [strong] teams, and keeping up with them, shows that we're nothing less than them," she said. "[Out-of-conference] games allow us to push our limits for the conference games. Because we



Senior midfielder Molly Fischer executes a spin move in the women's lacrosse team's 14-8 victory over the University of Rochester on Feb. 28.

KAITLYN KELLY/THE ITHACAN

know we're playing such challenging teams, we can find out where our strengths really lie."

However, the tough schedule in the opening weeks of the season does not just benefit the team later in the spring. Rather, Peters said it helps maintain the competitive nature and focus among the student-athletes during the repetitiveness of preseason.

"We know that we have to make the most out of every minute that we get," Peters said. "We can't ease into the season. We want to make a statement early on."

Runyon agreed with Peters and

said games against ranked opponents help to serve as an early dose of incentive for the team.

"They are always challenging games, and we show up very focused because we know we can stick with them," she said. "[Those games] make us have extra motivation and have us win even more."

For this team, spring break is an opportunity. Not an opportunity to get away from homework or even enjoy some sunshine, but an opportunity to get to work. For the Bombers, however, Runyon said the goal remains simple: win and get better.



THE HOT STOVE

STEVE DERDERIAN

NCAA's 48-hour rule unreasonable

We often hear how Division III athletes compete solely for the love of the game and are treated just like every other student. But in the Division III environment today, there tends to be an increase in the number of sacrifices student-athletes are expected to make.

The NCAA's 48-hour rule says athletes are prohibited from consuming alcohol 48 hours before a game and 24 hours before a practice. The rule acts as an inhibitor of sorts for student-athletes, especially for Division III schools such as Ithaca College.

The problem I have is that it undermines the concept of personal responsibility. While most teams have specific drinking policies for their athletes, almost everybody realizes that alcohol doesn't provide any benefits to athletic performance. Aside from the fact it's difficult to enforce, I believe the existence of this rule demonstrates some inherent distrust in student-athletes.

Still, the question is what kind of balance is there in terms of individual commitment between being a college student and a college athlete?

If the college and its athletic department want to emphasize that the student comes before the athlete, then you have to start by treating them with expectations comparable to regular students.

I understand that alcohol is not a necessity, but colleges cannot deny that the national average of students who consume alcohol is about 80 percent. And since Division III athletes have no financial incentive to play varsity sports, you can bet most will seek an outside social life.

Also most varsity teams hold practice or compete up to six times per week, so basically that rules out every day except one where athletes can completely follow this policy and still drink. For teams that usually compete only on the weekends like swimming and diving or track and field, typically the only night a student-athlete of age could abide by this rule is to drink Saturday night after a competition — when the body needs to recover the most.

Every collegiate student-athlete is an adult and part of individual responsibility is accepting the results of the decisions you make.

Most coaches at the college relegate team drinking policies to captains. I think it's a proactive step, and one I think is more beneficial than policies at Division III schools like DePauw University where some teams extend the 48-hour rule to 72 hours.

This rule affirms that there are still institutions even at the Division III level that give their athletes different rules and expectations than everybody else on campus. In the end, too many people forget what it was like to be young, and it's really the social memories that matter in the end.

STEVE DERDERIAN is a senior journalism major. Follow him on Twitter @Steve_Derderian.

Gymnast finds future career through injury

BY MADISON BESS
CONTRIBUTING WRITER

When she was in eighth grade, a gymnastics-related injury helped now-freshman gymnast Rachel Lee determine what she wanted to do with the rest of her life — outside of the balance beam, of course.

While doing gymnastics, Lee fractured and dislocated her elbow and had to go to physical therapy in order to rehabilitate the injury. It was because of this, she said, that she is now in the physical therapy program at Ithaca College.

"I had all these amazing people help me," she said. "I wanted to do that because I like seeing the joy on people's faces knowing that I made a difference in their lives."

Though the injury helped her decide on a career, Lee said she has pretty much always known she wanted to do gymnastics.

"I started when I was 2 years old," she said. "My sister was a gymnast and she was 3 1/2 years old, and I always watched her. I wanted to do gymnastics because it looked like fun."

For Lee, the fun quickly turned into a competitive outlet — one in which she experienced quite a bit of success — as she competed in club gymnastics during high school. The Landenberg, Pennsylvania, native won three state championships on beam while competing for KMC Dance and Gymnastics Center.

When it came time to pick a college, Lee was talented enough



Freshman gymnast Rachel Lee competes in the balance beam event in the gymnastics team's close loss to SUNY Brockport on Feb. 15.

JENNIFER WILLIAMS/THE ITHACAN

to compete at the Division I level. However, these days, athletes, especially gymnasts, get recruited early on in their careers. It is common that they start to get recruited in ninth grade. For example, an Inside Gymnastics article published in April 2014 mentioned twin gymnasts Anna and Grace Glen, who committed to the University of California, Los Angeles, when they were just 14 years old.

Lee said when she began contacting coaches toward the end of her

junior year of high school, she missed out on the chance to go Division I.

In the end, Lee had the choice between Ithaca College and Ursinus College, and she chose to make the move out of Pennsylvania to pursue her gymnastics-inspired dream of becoming a physical therapist.

Ever since, Lee has been excelling for the Bombers. She received a score of a 9.7 in her first meet on beam, which was the highest score on the team this season.

Head coach Rick Suddaby said he has taken notice of Lee, who is one of 13 freshman gymnasts competing for the South Hill squad this season.

"She is clean, consistent and makes difficult things seem easy," he said. "Rachel is one of many of our new gymnasts that are taking Bomber gymnastics back to the level we were at in the later 1990s. She is currently ranked 11th in the country on beam."

This season, Lee has competed on the balance beam — her favorite event — on the vault and on the uneven bars. The only event she has yet to compete in is floor exercise. Suddaby said due to her success in the rest of the events, he hopes she will compete as an all-around gymnast in the future.

"Rachel could be a great all-around," he said. "Floor is her least-favorite event, and she has chosen to focus on her other three events. She will not compete all-around this year, as far as the future, we'll see."

Senior Val Cohen said Lee brings an enormous amount of talent and ability to the team.

"She is honestly one of the most talented gymnasts I've worked out with in the past four years here at IC," she said. "But she is also the most humble person I've ever met. It's really rare to have the opportunity to be on a team with someone who is so incredibly talented yet so humble and down to earth. She doesn't think of herself as any better, even though her talent is way beyond what most of us have."

Former physiologist shares past Olympic experiences

Kenneth Rundell, a former senior physiologist with the United States Olympic Committee, visited Ithaca College on Feb. 26 to hold two presentations for the college on respiratory and air-quality issues that affect athletes.

In his career, Rundell has established the sport science lab at the USOC Training Center in Lake Placid, New York, and is also the former director of the Respiratory Research and Human Physiology Lab at Marywood University. He currently works as a consultant for Pharmaxis, an international pharmaceutical company.

Assistant Sports Editor Jonathan Beck spoke with Rundell about his experiences during his time with the USOC, his interaction with Olympic athletes and his presentations at the college.

Jonathan Beck: What was your role during your time at the USOC?

Kenneth Rundell: I was in charge of all the metabolic testing, bloodwork on the athletes, VO2 max tests on the athletes, research and asthma evaluations. I did a lot of research projects, mostly with the winter sports. I worked with the Nordic skiers, women's ice hockey team, Nordic combine and biathlon a lot. I traveled with the teams for their camps in the fall. We traveled to world championships and national championships with the teams. Basically we did asthma

testing on all the winter athletes.

JB: How involved were you with the International Olympic Committee during the 2008 Beijing Olympics?

KR: I was on [its] asthma panel and air-quality panel for those Olympics. There was a group of us on the panel, and every day we would get the morning air-pollution numbers, and from those we would evaluate whether or not it would be safe for the competitions to take place. We were told, whether or not this is true, we had the power to not have an event if it looked bad. But I can't imagine — NBC spending \$22 million to cover the marathon, they wouldn't let that happen. As it turned out, the pollution in Beijing typically comes from the industry south of Beijing, so a strip about as long as from here to Florida. The prevailing winds typically come up that way in a two-week cycle, so there is a small period of time where the wind comes in from Mongolia, and when that happens it's nice, clean air. Well, the whole time during the Olympics, the wind was coming in from Mongolia, so it was not a problem.

JB: Have you worked with many famous athletes in your career?

KR: Yeah, a lot of them. Bode Miller is a character; the gold-medal women's hockey team I worked a lot with; the speed skaters, Kathy



Former Olympic physiologist Kenneth Rundell came to the college to speak about respiratory and air-quality issues that affect athletes Feb. 26.

MATT GURBARG/THE ITHACAN

Turner, Jimmy Shea; the Nordic combine [athletes] that medaled; the biathlon [athletes] that medaled; also Bonnie Blair. I've got tons of pictures with signatures in my basement.

JB: You have collaborated with ESPN on a number of E60 segments. What were those experiences like?

KR: One E60 show was about air pollution in the ice rinks. E60 got a hold of that from a show that I did with the Canadian Broadcasting Company on the same thing, and they wanted to come down and do their take on it. The other thing that was on E60 was looking at sildenafil [Viagra] in organic

aid. It was fun. On one hand, their edited project I wasn't that happy with. The Canadian Broadcasting Company I thought did a really good job with it.

JB: How could the Ithaca College community benefit from the presentations that you gave?

KR: Well, I think especially for the athletic-training crowd, an awareness of the vocal cord dysfunction, and that it's not [exercise-induced bronchospasm] or asthma. What I'm trying to share is that they need to be aware of these things and the differences between these things because a lot of the time they are going to be involved in making the call.

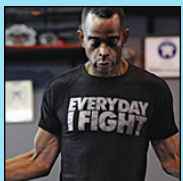
Top Tweets

The best sports commentary via Twitter from this past week



NOT SportsCenter
@NOTSportsCenter

#DidYouKnow Ronda Rousey's fight lasted 14 seconds, the same time the Raiders last on average/year before being eliminated from the playoffs



Scott Van Pelt
@notthefakeSVP

I've decided to eat Half Baked, listen to Prince and just wait for the zombies or the rapture or whatever. We've hit the end of the road.



SportsPickle
@sportspickle

Jaromir Jagr's hockey career ending in suburban Miami. Just how every young player dreams to go out.



Juan Pierre
@JPBeastMode

I do have one regret I finished with 18 homeruns really wanted to get 20 so if any team wants to sign me for 3yrs that should be enough time



Balls of Fury

Junior Mitchel Wong makes a swift, backhand move to send the ping-pong ball back to his opponent during the game. Wong is a member of the Ping Pong club, which practices from 7-9 p.m. every Thursday in the Fitness Center.

CAITIE IHRIG/THE ITHACAN

PLAYER of the WEEK



NAME: ALLY RUNYON
SPORT: WOMEN'S LACROSSE
CLASS: JUNIOR

The junior attacker scored eight goals with two assists in the women's lacrosse team's 14-8 victory over the University of Rochester on Feb. 28. Runyon led the Bombers with 56 goals in 2014.

The Beck Report

Jon Beck's fantasy baseball advice on two key pitchers returning from injury to draft

GARRETT RICHARDS



Richard had a breakout year for the Los Angeles Angels in 2014 before he sustained a serious knee injury, which cost him the season. The right-hander went 13-4 with an impressive 2.64 earned run average and looks to return to ace form in 2015. He possesses one of the hardest fastballs in baseball and is expected back in mid-April. While not considered a fantasy ace, he is a strong second or third starter at a bargain.

JARROD PARKER



Jarrod Parker is set to make his return to the Oakland Athletics in 2015. After undergoing two Tommy John surgeries, the expectations are undefined for Parker. He has a career 25-16 record with the A's with a 3.68 earned run average. On the high end, he is a 15-game winner who will last on average seven innings every night. On the low end, use precaution when drafting him. Parker is a 20th-round pick at the earliest.

the foul line

Weird news from the world of sports

Silas Nacita, once a homeless college student who spent a year sleeping on apartment floors and couches of his friends, was declared ineligible Feb. 25 for violating NCAA rules by receiving improper housing benefits.

The junior walk-on running back for Baylor University rushed for 191 yards and scored three touchdowns in 2014, becoming a fan favorite. He transferred from Cornell University after the 2012 season, but was ineligible to play in 2013.

Nacita later admitted he unintentionally broke NCAA rules and apologized for his actions.



UPSET OF THE WEEK

Gonzaga University suffered a 73-70 loss to Brigham Young University on Feb. 27 to end its 41-game home winning streak, the longest in the nation at the time.

It also snapped the Zags' 22-game winning streak on the season, a school record, and their 56-game home winning streak against ranked opponents. In addition, it was the first time since Feb. 12, 2007, a strand of 124 games, in which Gonzaga did not hold a lead at home.

Gonzaga owns a 29-2 record on the season, but the loss to BYU could cost the team a No. 1 seed in the NCAA Tournament.



STAT SHEET

With 10 of the winningest coaches in their respective programs on staff, the current Ithaca College coaches have made a lasting impact on the athletics department

YEARS AT IC

30+
YEARS

ANDY BYRNE
PAULA MILLER
GEORGE VALESENTE
RICK SUDDABY

20+
YEARS

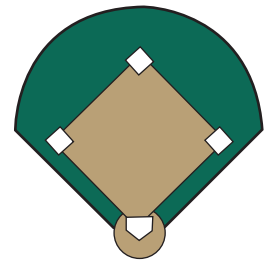
JANET DONOVAN BECKY ROBINSON
JEFF LONG DAN ROBINSON
KEVIN MARKWARDT MINDY QUIGG
JIM NICHOLS MIKE WELCH

10+
YEARS

BILL AUSTIN DEB PALLOZZI
TRACEY HOUK JENNIFER POTTER
JIM MULLINS DAN RAYMOND
MARTY NICHOLS

FUN FACTS

THE DIAMOND AT ITHACA COLLEGE IS NAMED VALESENTE DIAMOND.



ALL FIVE WOMEN'S BASKETBALL ALL-AMERICANS WERE COACHED BY DAN RAYMOND.



COACH NICHOLS' MEN'S AND WOMEN'S TRACK AND FIELD TEAMS HAVE WON A COMBINED 20 STATE CHAMPIONSHIPS.



ALL-TIME RECORDS

301-174-58
BYRNE

734-354-1
PALLOZZI

280-53-3
MILLER

175-103*
AUSTIN

998-439-8
VALESENTE

296-88-46
QUIGG

267-141
LONG

209-80-1
M. NICHOLS

253-188-10
SUDDABY

643-290
DONOVAN

72-34
D. ROBINSON

350-76
MARKWARDT

313-107
RAYMOND

113-47
B. ROBINSON

THE **22**
VARSITY
COACHES HAVE
COACHED

398

ALL-AMERICANS
COMBINED.

ONLY TEAM RECORDS ARE SHOWN | THE WINNINGEST COACHES IN PROGRAM HISTORY

*WOMEN'S TENNIS ONLY