BE GOOD SPORTS ABOUT TH. ABOUT TH. THURSDAY, DECEMBER 3, 2015 · VOLUME 83, ISSUE 13

OUT OF BOUNDS

The athletics department needs to address complaints seriously going forward. Page 9



TOGETHER AGAIN

Alumnae from the women's basketball team reunite with head coach Dan Raymond at the IC Invite Nov. 20–21. Page 23

SUGAR SUGAR

Despite dietary restrictions, students with diabetes learn to manage their health while continuing to live normal lives. **Page 17**

Almost 72 percent of student voters express **NO CONFIDENCE** Ithaca College Student Government Association releases vote results



Members of the Ithaca College Student Government Association answer questions about the results of the student no confidence vote from the audience Nov. 30 in Emerson Suites.

BY MAX DENNING AND KYLE ARNOLD

ASSISTANT NEWS EDITOR AND STAFF WRITER

More than 2,500 Ithaca College students — or 71.75 percent of the vote — have voted "no confidence" in President Tom Rochon.

Of the 6,907 students at the college who were emailed the poll, 3,756 voted, with 2,695

voting they have no confidence, 1,019 voting they have confidence and 42 submitted the poll without voting.

The student vote of no confidence comes after a semester of student protests regarding the racial climate on campus. The student protest group POC at IC called for Rochon's resignation and has stated it would not engage in dialogue with Rochon or his administration. The protests began after off-campus fraternity Alpha Epsilon Pi planned a party with a racially charged theme, and a black female alumna was called a "savage" by other panelists at the Blue Sky Reimagining Kick-Off event Oct. 8.

Tinita Wheaton, information systems manager in the Office of the Registrar, originally sent the Student Government Association the emails of 6,896 students to receive the poll. Garrett Downing, First-Year Experience program coordinator and the adviser of the SGA, said 11 students emailed the SGA and said they didn't receive the email, accounting for a total of 6,907 students who were sent the vote.

The Office of Institutional Research's Fall Opening Enrollment was 6,769. Wheaton said the

See VOTE, Page 14

New York Times reporter to speak at graduation

BY MEREDITH HUSAR STAFF WRITER

A New York Times reporter will deliver the main address at Ithaca College's 2016 Commence-

ment ceremony scheduled for May 22, 2016.

Adam B. Ellick '99 is a journalism graduate of the Roy H. Park School of Communications and a senior video correspondent for The New York Times. Ellick



ADAM ELLICK

became the first reporter to bring Malala Yousafzai's story to global recognition after producing the 2009 documentary, "Class Dismissed: Malala's Story." Malala was targeted and shot in the head by a Taliban gunman in 2012 for advocating for the education of girls. She survived and became the youngest recipient of the Nobel Peace Prize in 2014 at the age of 17.

Ellick's reporting focuses on human rights abuses. Ellick co-produced the mostwatched video on The New York Times' website in 2014 about the lone survivor of a massacre by the Islamic State group.

Ellick said delivering the 2016 Commencement address means an opportunity to pause and reflect on his journey.

"Most importantly, it means an opportunity to share some lessons that are applicable to students who will surely take very different paths," Ellick said.

Marlowe Padilla, senior class president, said he hopes Ellick will inspire seniors to think critically about the world around them, especially given recent events surrounding racial tensions at the college.

"We hope that Ellick will provide insight that will allow us to take action, and become educated and educate others on how we can function progressively as a society," Padilla said.

Ellick said he must listen to students before deciding what to speak about.

"Just as I report stories, I hope to speak to people beforehand, do some listening and try to share something that is relevant to the lives of the audience," Ellick said.

His coverage of Pakistan was awarded the 2010 Daniel Pearl Award for outstanding reporting on South Asia. In 2013, Ellick won the Justice Award from the Cinema for Peace Foundation. The Ithaca College Alumni Association presented him with the Humanitarian Alumni Award earlier this year.

Tom Rochon, president of the college, said he commends senior class leaders for selecting Ellick.

"His commitment to global awareness and social justice shines through in everything he writes," Rochon said.

IC latest college in national uptick of votes on leaders

BY SOPHIA TULP STAFF WRITER

Ithaca College's Student Government Association's recently completed vote of no confidence on President Tom Rochon and the faculty vote currently underway can be understood in the context of similar actions at colleges and universities nationwide.

The results of the faculty vote will be reported Dec. 14. These votes have made the college one of 132 schools nationwide that have held votes of no confidence in their academic presidents in the last 25 years.

Votes ranging from small colleges to large state universities have been held by 134 groups of faculty or faculty senates in 41 states including the District of Columbia and Bermuda,

See NO CONFIDENCE, Page 15

NATION & WORLD

Pipe bomb explosion in Istanbul injures five people in rush hour

A pipe bomb left on a highway overpass near an Istanbul subway station exploded Dec. 1, wounding five people, a local official said. The blast caused some panic in the city, which is on edge following a spate of deadly bombings in Turkey.

The bomb was left at the start of the evening rush hour near the Bayrampasa subway station on Istanbul's European side, said Atilla Aydiner, the mayor for Istanbul's Bayrampasa district. Aydiner said five people were hurt. There was no immediate claim of responsibility.

The private Dogan news agency said the explosion occurred seconds after a bus carrying police drove past, suggesting that police could have been the target of the attack.

Aydiner said a number of vehicles were damaged in the blast, including a bus and a car. Authorities deployed riot police with shields to secure the perimeter of the site in case of a second blast.

Kurdish rebels fighting Turkey for autonomy in the mainly Kurdish southeast of the country have carried out bombings in Istanbul in the past and frequently target Turkey's security forces. Fighting between rebels belonging to the Kurdistan Workers' Party and government forces flared up again in July, killing hundreds of people and derailing a fragile peace process with the Kurds.

President Obama wants parts of climate deals to be binding

President Barack Obama said Dec. 1 that parts of the global warming deal being negotiated in Paris should be legally binding on the countries that sign on, setting up a potential fight with Republicans at home.

Obama's stand won praise at the U.N. climate conference from those who want a strong agreement to reduce greenhouse gas emissions from the burning of coal, oil and gas. But it could rile conservatives in Washington, especially if he tries to put the deal into effect without seeking congressional approval.

The Obama administration pledged during the international talks to reduce U.S. emissions by up to 28 percent by 2025. But inscribing the emissions target in the Paris deal would probably require the president to submit the pact to the GOP-controlled Congress, where it would be unlikely to win ratification. Many Republicans doubt global warming is real or fear that pollution controls could kill jobs.

The administration is looking to keep the targets out while including binding procedures on when and how countries should periodically review and raise their targets.

"Although the targets themselves may not have the force of treaties, the process, the procedures that ensure transparency and periodic reviews, that needs to be legally binding," Obama said in Paris.

Archaeologist team finds new passageways into Aztec tombs

A Mexican archaeologist said his team has found a passageway that apparently leads to two sealed chambers, the latest in the search for the as-yet undiscovered tomb of an Aztec ruler.

The Aztecs are believed to have cremated the remains of their leaders during their 1325–1521 rule, but the final resting place of the cremains has never been found. Outside experts said Dec.



London protests decry bombing in Syria

Citizens protest against Britain launching airstrikes in Syria against the Islamic State group during a demonstration outside the Houses of Parliament before a vote in London Dec. 2. The vote may authorize bombing inside Syria. Britain has been participating in U.S.-led coalition attacks against ISIS in Iraq only.

TIM IRELAND/ASSOCIATED PRESS

1 the find at Mexico City's Templo Mayor ruin a warrant. complex would be significant.

The National Institute of Anthropology and History said Nov. 30 that a team led by archaeologist Leonardo Lopez Lujan had discovered a 27-foot-long tunnel leading into the center of a circular platform where dead rulers were believed to be cremated. The mouth of the tunnel was sealed by a 3-ton slab of rock.

IRS will not use phone-tracking technology without a warrant

The head of the Internal Revenue Service said agents investigating crimes won't continue using cellphone-tracking technology without seeking

Commissioner John Koskinen wrote about the new policy in a letter sent Nov. 25 to Democratic Sen. Ron Wyden of Oregon. Koskinen said his agency was drafting a policy to follow the Justice Department's rules, which require a warrant except in emergencies.

The IRS has used its cellphone-tracking technology to locate 37 cellular devices as part of 11 federal investigations since 2011. The technology was also loaned out on four non-IRS investigations, including a Drug Enforcement Administration case and three state cases. SOURCE: ASSOCIATED PRESS



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To Pursue a Dream

Sophomore Anthony Cubbage will be leaving Ithaca College to pursue a professional music career.

Sports Spotlight: Women's Swimming & Diving

The women's swimming and diving team talks about its season, goals and individual performances.



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First H&S dean finalist visits IC



Antonio Cepeda-Benito, the first of four finalists for the position of dean of the School of Humanities and Sciences engages in a Q&A session with the campus community Dec. 1. CELINE BAUMGARTNER/THE ITHACAN

BY ANNIKA KUSHNER

STAFF WRITER

The first of four finalists for the permanent position of dean of the School of Humanities and Sciences came to Ithaca College on Dec. 1 to engage in interviews and meet with staff.

Antonio Cepeda-Benito, psychology professor and former dean of the College of Arts and Sciences at the University of Vermont, interviewed to replace Leslie Lewis, who left the college in July. Lewis is now provost and vice president of academic affairs at Goucher College in Baltimore.

The campus community was invited to an open presentation and discussion with Cepeda-Benito in Textor 102 from 12:05-1 p.m. during his campus visit. Approximately 60 faculty members and students attended, including senior Alexa Cepeda, Cepeda-Benito's daughter.

After beginning the presentation by discussing his background, he described what he viewed to be his greatest accomplishments as dean at the University of Vermont: correcting the budget, increasing retention rates and improving student satisfaction. He then said he was drawn to Ithaca College because of its members' belief in continual improvement and openness to change.

He also expressed his support for interdisciplinary work, a the need for accountable leadership in diversity issues, having a transparent budget, the need to build trust with faculty and a cooperative rather than advocative approach to the humanities. He talked about his personal connection to the liberal arts.

"I am not who I am without the liberal arts education," Cepeda-Benito said. "The best courses that I took were in liberal arts. I could learn things about myself by taking a dance class."

Jamie Ellis, assistant professor in the Department of Chemistry, attended an early faculty said she appreciated and session Cepeda-Benito's goal to "mold himself" to the college and liked his statements about the role of liberal arts.

Cepeda-Benito has seen controversy at the University of Vermont.

At UVM, when he was up for his third review as dean, Cepeda-Benito sent out a 16-page letter to arts and sciences faculty promoting what he thought he accomplished during his role, according to an article in the Vermont Cynic, UVM's student newspaper. This upset some faculty members, who felt he was trying to "sell himself" to influence the review.

Denise Youngblood, a professor of history

Faculty hold no confidence vote teach-in

and former president of UVM's faculty union, said Cepeda-Benito did not make an effort to learn anything about the culture of UVM, his bureaucratic system of leadership did not work well and if the college were to hire him, it would be "a huge mistake."

"He is not willing to listen to diverse points of view," Youngblood said. "He never changed his mind about anything. He is not the least bit interested in cultural diversity issues even though he talks the talk.'

Youngblood cited several instances of questionable leadership, including cutting the Portuguese program and "his cavalier and disrespectful mistreatment of women on campus." She said the faculty women's caucus, of which she is a member, wrote a letter to the president of UVM protesting this behavior.

Cepeda-Benito said he was never informed of such a letter and cited diversity awards he received at Texas A&M, where he worked for 18 years, and advancing the development of women faculty in STEM fields.

"To say I do not walk the talk is simply untrue," he said.

Since his third-year review, Cepeda-Benito has stepped down from his position as dean. He remains a psychology professor but is currently on sabbatical.

Cepeda-Benito said he chose to leave his position as dean because he was feeling opposition to his leadership style, as he had to make difficult choices in the wake of budget difficulties, renegotiation of bargaining agreements with faculty and a transitioning administration.

Joel Goldberg, associate dean of the College of Arts and Sciences at UVM, said he does not know why Cepeda-Benito chose to leave the position.

"I'm not sure that I would think of his departure as controversial," Goldberg said. "It was a decision that he made. I understand that there are challenges in pleasing all of the different factions of students and faculty and administrators, [but] he is very bright, very hardworking and cares very deeply about the students and faculty. He has a wealth of interesting ideas."

Ellis said she was surprised that he didn't address negative articles she had read about him.

The open presentations for the other candidates will be 12:05-1 p.m. Dec. 3, 8 and 10, all located in Textor 102. Teresa Longo, associate professor of Hispanic Studies and former dean for Curriculum Review at the College of William and Mary, will be presenting Dec. 3.

The committee is hoping to choose a dean by the end of next week.

Faculty talk about Shared Governance at meeting

BY GRACE ELLETSON STAFF WRITER

The Ithaca College Board of Trustees asked the Faculty Council to pick two faculty members to serve on a task force evaluating the governance structure at the college.

The directive, posed during a meeting Dec. 1, asks faculty, staff, students and Benjamin Rifkin, provost and vice president of educational affairs, to review systems of governance at the college and propose enhancements.

Rifkin said the creation of the task force came out of members of the college feeling that they were not being sufficiently represented. He said the task force would begin working in the spring semester, meeting about two times a month, and would be tasked with creating a preliminary evaluation of governance at the college in May.

Stanley Seltzer, associate professor in the Department of Mathematics, and John Rosenthal, professor in the Department of Mathematics, said they're worried the task force will be ineffective because similar task forces in the past that evaluated Shared Governance were not as effective as hoped.

Deborah Rifkin, associate professor of music theory, history and composition, said there is a problem of governance on campus, and it needs to be addressed.

"There's a general consensus that there is a communication and decision-making problem on campus ... I see this as a friendly overture by the board of trustees that this is a problem," Rifkin said.

David Turkon, associate professor and chair of the Department of Anthropology, said he wants the board of trustees to also be evaluated as a governance structure.

The council decided to put out a call for nominees to fill two faculty positions on the task force for one week. The Faculty Council will review a list of candidates, and the council's executive committee will choose the two best members who represent faculty and the college

The council also discussed the Academic Policies Committee policy to ensure that no one-section required courses be scheduled in the 4-6 p.m. time frame to allow sports practices to happen during that time and reduce scheduling conflicts. If needed, a course can still be scheduled at this time, but it has to be overridden by the dean of the school that it is being offered in.

After analyzing information gathered by the registrar about how many courses would be affected, Peter Rothbart, chair of Faculty Council, said there's no way to tell how many students could be affected by the policy due to the complication of not knowing how many of those students are athletes.

NEWS | 3

Nov. 19 teach-in, "Confidence of No Confidence? Making an Informed Decision." The event was organized by Peyi Soyinka-Airewele, Patricia Rodriguez of the politics department and other concerned faculty.

BY ANA BORRUTO

STAFF WRITER

These and other phrases flashed

on a screen as students and facul-

ty walked into Textor 102 for the

"The College is Ours."

"Raise Our Voices."

"Listen."

Around 200 people attended the event, filling all the seats in the room and lining up along the walls. Soyinka-Airewele said the teach-in was meant to show the faculty perspective on the events on campus that have led up to the call for no confidence votes and to offer a chance for students and faculty to ask questions about recent events and issues around the campus racial climate and college governance.

A document titled "No Confidence' in President Rochon: Experiential Evidence" listed several instances where some believed President Tom Rochon did not prove himself to be an effective leader. The document alleged that Rochon has top-down, out-of-touch leadership;



Derek Adams, assistant professor in the Department of English, addresses a crowd of students and faculty at the Nov. 19 teach-in. TOMMY BATTISTELLI/THE ITHACAN

professor of philosophy and religion,

read her statement, titled "An Uncer-

tain Decision," where she discussed

how the case against the president is

complex and why she thinks it is im-

portant people look at the college's

government structures rather than

Dominick Recckio, president of

focusing solely on the president.

a disregard for minority community members; and a disconnection from the Ithaca College community.

There were several student and faculty speakers who talked about the no confidence vote for Rochon and the racial issues happening on campus.

Tatiana Patrone, associate

went into detail about Rochon's "top down administration," saying Rochon has a CEO's way of doing things.

fessor in the Department of Writing,

the Student Government Association,

read aloud a letter from himself, for-

mer SGA presidents and one student

trustee from the past nine years ex-

pressing their disappointment in the

Nick Kowalczyk, associate pro-

leadership of Rochon.

"As a leader, he has a kind of vocabulary which suggests a mentality that is perhaps well suited to being the CEO of a small corporation, but in my opinion is not well suited to lead an institution of higher learning," Kowalczyk said.

Derek Adams, assistant professor in the Department of English, spoke out about the disregard for minority community members.

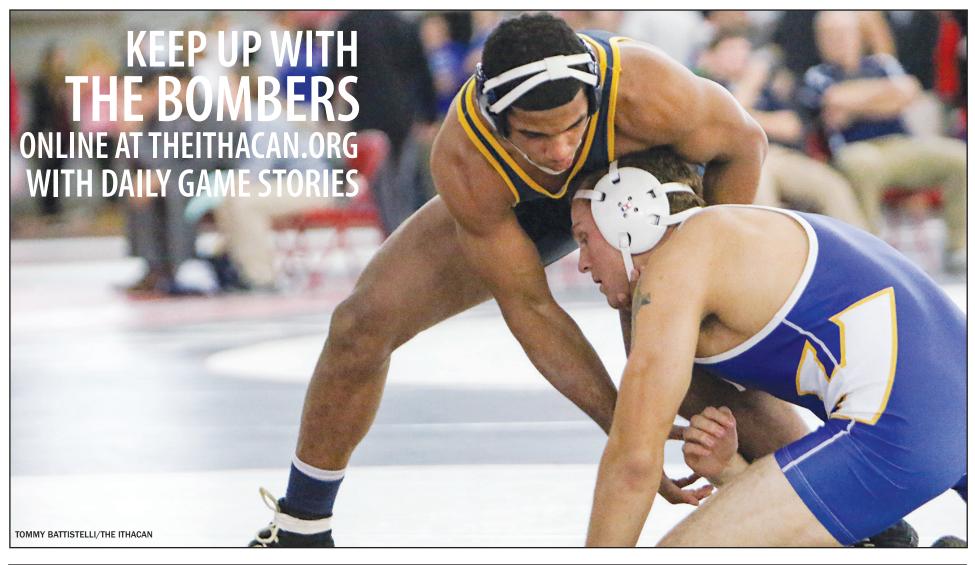
"There's a nearly unbearable, unsustainable amount of pressure and responsibility that is now being borne by students of color here, the POC at IC group, and all of its allies that makes it difficult for them to complete the work for their classes, to sleep at night and engage in conversations that are about anything but this movement, and there's no acknowledgment of this whatsoever," Adams said.

The council made a motion to amend the policy to include that this rule can be put in place as long as it can be re-evaluated in two years. Now the amended policy will be sent back to the APC to be approved, and if approved sent on to the President's Council to be approved.

Rothbart also asked for Faculty Council volunteers to field questions at roundtable discussions concerning recent events on campus. The discussions are being held 4–6 p.m. Dec. 2 in the Clarke Lounge and 5-7 p.m. in the Taughannock Falls Room. The discussions are only open to faculty.

The council also held a preliminary discussion about student evaluations of professors potentially being held online schoolwide.

Rifkin said at the previous institution he was employed at, they held all student evaluations online. He said this process provided more instant feedback for professors, students' handwriting didn't give away their identity when critiquing professors on paper, and by going online, the school saved money on paper and manpower.





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Students take time off to recuperate



Students take time off from school for several reasons, including physical health, mental health, financial struggles and to go abroad with programs unaffiliated with Ithaca College. PHOTO ILLUSTRATION BY YANA MAZURKEVICH AND JENNIFER WILLIAMS

MAURA ALEARDI STAFF WRITER

Ithaca College senior Casey Lauser was in full panic mode at the Hammond Health Center one November day in 2014, he said. After struggling with alcohol addiction for over a year, he had come to a point in his life where something needed to change.

His then-recent fall off a balcony and battle with psychosis pushed him to see a professional at the college, he said. With no appointment to meet with a psychiatrist, Lauser had no choice but to leave the school with no more notice than telling the woman behind the health center's front desk, "My parents are on their way here. I'm leaving," he said.

Lauser spent the next two weeks calling the school from his parents' house in New York City in order to fulfill all of the requirements for a leave of absence, he said. Once this was done, Lauser said he spent a year in the city with a part-time job, working on himself and attending Alcoholics Anonymous groups.

A leave of absence is a time when students spend one or two consecutive semesters away from the college. The college holds the student's spot at the school and any scholarship or grant money from the school during the leave.

Students take leaves of absence for several reasons, and there is no single most common reason, said Doreen Hettich-Atkins, senior assistant to the senior associate vice president of student affairs and campus life. They can range from wanting to be closer to home to performing in a Broadway show, Hettich-Atkins said.

"I think there's a presumption that people leave because they can't afford it," she said. "And that's not always the case."

All students who wish to take a leave of absence must fill out multiple forms, pay a \$400 deposit and meet with Hettich-Atkins for an exit interview, according to the college's website. If the student is taking a medical leave of absence, he or she must provide documentation from a medical professional.

When a student takes a leave of absence while studying abroad, he or she must receive written permission from professors to transfer credits from courses taken abroad.

Each semester, approximately 250 students take a leave of absence, but Hettich-Atkins said the number varies.

If a student takes a leave of absence after the withdrawal deadline for a non-medical reason, his or her classes' grades turn to F's, Hettich-Atkins said. If it's a leave of absence for a medical reason or is taken before the withdrawal deadline, his or her grades are not penalized.

If students take a leave during a semester, their tuition will be refunded on a percentage scale, Hettich-Atkins said, meaning if students leave halfway through a semester, they will be refunded half their tuition.

Many students take a leave of absence because they are studying abroad through a program that is not affiliated with the college, Hettich-Atkins said. Junior Shey Aponte said she is planning to take a leave during the Spring 2016 semester to study abroad in Prague. Aponte said she chose to study abroad through a nonaffiliated program because she wanted to have a different experience through which she could meet new people.

"I didn't want to go to London, just because everyone goes to London, and I feel like the experience is kind of predetermined for you," she said. "I did nonaffiliated because I wanted to go completely by myself."

Whether a student wants to go abroad or work on mental health, taking a leave of absence can provide the time needed to make powerful life changes, Hettich-Atkins said.

"For students who need to not be in classes for a semester or want to do something else for a semester. I think the leave of absence is a great option," she said. "What I would tell individual students is it's your choice."

For Lauser, he said taking a leave of absence allowed him to find clarity and realize what he needed to have a happy life.

"When I was here, I had to lie to myself every day," he said. "I had to say that, 'OK you have to go to class ... you have to do this, you have to do that.' But then, once I took a solid month just being with my thoughts, I came to a lot of good conclusions."

Lauser said it's extremely important for students to focus on their own health needs first, before anything else.

"There's so much stigma surrounding leave of absences," he said. "It's like, 'Oh, we have to grow up as quick as we can.' No - you need to do what's right for yourself."



New space allows office to engage

PARITA DESAI CONTRIBUTING WRITER

The Office of Civic Engagement was given a physical space this year on the third floor of the Campus Center that students can use to meet with outside community partners.

The new space includes offices, meeting rooms, consulting rooms and a waiting area.

Patricia Spencer, faculty director of service-learning, said the OCE was given a physical space this year because there was a need for a more accessible, centralized hub that outside partners could use specifically for collaborating with students.

The collaborative room is available to all students and student organizations that are collaborating with outside community partners. Junior Kaitlin Logsdon, an OCE administrative intern, said a focus this semester has been letting students and student organizations know about the new space.

The new space has so far been used by the Student Government Association and a small number of student organizations. Those interested in using the new space can sign up by contacting the OCE.

The OCE was established in 2012 as part of President Tom Rochon's IC 20/20 initiative so students could engage in a type of community-based learning called "high impact practices," Spencer said. This includes undergraduate research, cultural immersion, professional practice including internships, service-learning and other activities that produce more intensive and immersive learning experiences. The office also conducts Cultural Competency Programs for several programs and departments on campus.

The Cultural Competency Program involves looking at identities and challenging stereotypes in a way that is designed to trigger thinking, Spencer said. A significant component of the program involves addressing race-related issues and assumptions.

Another focus of the OCE is working on bridging student interest, energy and skill in a way that answers community needs such as food access, poverty and sustainability.

An example of a student-community relationship is the Human Expression Through Arts: A Resident Development Program, which involves a group of students working with incarcerated youth between the ages of 14 and 21 each Saturday at the MacCormick Secure Center 15 miles east of Ithaca to deliver creative arts programming such as music, dance, poetry and performance art. Sophomore Elena Haskins is involved with the HEARD program and said the opportunity makes her more aware of other people.

Q&A: President's assistant discusses responsibilities

In 2008, Amanda Lippincott began working as a counselor for Ithaca College's Higher Education Opportunities Program. In fewer than eight years, Lippincott has held several positions at the college and is currently the new assistant to the president. In her four months in the Peggy Ryan Williams Center, Lippincott has worked on developing new and monitoring existing initiatives.

Staff Writer Elena Piech sat down

that nature.

EP: How has it been working



with Lippincott to discuss how she was appointed to her position, her job responsibilities and her involvement in responding to issues of race on campus.

Elena Piech: Why did you apply for this position?

Amanda Lippincott: When I applied for this position, I knew ... that things were evolving and things would be changing, which is what every person wants to hear about a position. I knew I'd be working with a lot of vice pre idents, and the provost, and the associate provost, and the deans, and the schools and the students.

EP: How would you dscribe the work you're doing now?

AL: I do project management, troubleshooting, government and

with the president these past four months?

AL: I serve on the President's Council, so I've worked closely with and been in the conversations with moving our diversity plans forward.

EP: What is it like to be on the inside when it comes to working and developing these diversity plans?

AL: It's rewarding because I firmly believe that we are going to be a leader in change in the nation, especially for college campuses. These issues are near and dear to my heart, and I feel like Ithaca is moving forward, and we are trying to do everything we can to build an inclusive environment.

EP: How do you build that environment?

Amanda Lippincott has replaced Bailey Reagan as the assistant to the president. Lippincott has worked at the college since 2008. TOMMY BATTISTELLI/THE ITHACAN

AL: I think we're all working on campus climate. I'd like to think that, as a community, we're all trying to move that forward. Project-wise. specifically, mainly the diversity plan and how we can work to get those initiatives off the ground and get forward there.

EP: Earlier you mentioned setting a national standard. What does that mean?

AL: I don't know exactly what that means, to be honest. I think that setting the national standard is really going to depend on where the trends go in the nation and where the focus goes in the nation. And given the national media, this is something we really need to be aware of and something we need to

work on. Do I have an idea on what it means to be a leader in this area? I'm not sure vet, only because it really is about how we are going to decide to move forward as an institution and how we as a community are going to make those changes.

EP: What do you think of your four months here so far?

AL: It's been an exciting job to take on only because this is an institution that I love. I believe in the college. I believe in our students. They are some of the most talented students that I've ever encountered. I truly think that this place is what I will call home forever, despite wherever I go.

"Whenever we leave the facility and the door locks behind us, we always say, 'We're leaving and they're not,' and seeing people who have to deal with that on a day-to-day basis is eye-opening," Haskins said.

Spencer said the most important aspect of civic engagement is for students to participate or volunteer with an issue they are passionate about and develop a deeper level of engagement with a community partner that focuses on that issue.

"Students have to discover their real passion and then take that passion and develop a deeper level of engagement and make an impact in their community. We serve as a bridge so that students can do this," she said.

IC to offer new minor in education

BY MEREDITH HUSAR STAFF WRITER

Ithaca College's School of Humanities and Sciences has announced that it will now offer an education studies minor. The minor has two tracks: one for those interested in becoming educators, and another for those who are interested in education as a social science but may not want to become teachers.

The education studies minor is an 18- to 20-credit program. The Teacher-Preparation Pathway prepares students for admission into graduate programs in education, while the broader Education Studies Pathway encourages students to explore a variety of issues in education across different schools at the college.

Peter Martin, associate professor and interim chair of the college's Department of Education, said this minor was developed for several reasons. First, due to increasing state requirements, education students are interested in getting certified as teachers at a graduate level. New York state requires teachers to obtain a master's degree in five years. This created a demand from students wanting to take courses relating to education on an undergraduate level, allowing them to determine if they want to continue on to certification.

Martin said the second factor was the introduction of the Integrative Core Curriculum.

"When the ICC came, people who wanted to be teachers had a hard time fitting it all in on the undergraduate level," Martin said.

The third piece was that the department felt like it wasn't reaching students who had an interest in education outside of the classroom.

"One area that our department hadn't really been targeting is people who are interested in education but don't want to become teachers necessarily ... those who are interested in terms of being part of social justice work, education policy, advocacy around education or citizenship and education," Martin said.

Ellie Fulmer, assistant professor of education, said Teresa Michel, instructor in the Department of Education, along with Jeff Claus, emeritus professor of education, began laying the groundwork for the minor several years ago. Fulmer said both Michel and Claus are social justice—minded, which impacted the philosophy of the education department as a whole. This foundational work was expanded upon by a committee consisting of Martin; Nia Makepeace, assistant professor of education; and Sherry Deckman, former assistant professor of education.

The education studies path integrates courses from several different departments at the college, including anthropology, philosophy, politics, psychology, sociology and women's and gender studies. Fulmer said an interdisciplinary approach and a mind toward social justice and anti-racist teachings are key

IC study pairs babies with robots

BY MAURA ALEARDI STAFF WRITER

Ithaca College professors and graduate students are demonstrating the benefits of providing wheelchairs to motor-impaired babies in an ongoing study called "Tots on Bots."

Carole Dennis, professor in the Department of Occupational Therapy, and Sharon Stansfield, associate professor and chair in the Department of Computer Science, are nearing the end of their first session with 5-month-old infants, during which they studied the infants' abilities to use a robotic wheelchair, Stansfield said.

Dennis and Stansfield purchased three robots with leftover grant money from a previous study, along with financial support from the deans' offices of the Humanities and Sciences and Health Sciences and Human Performance schools, Stansfield said.

Dennis and Stansfield created the robotic wheelchair using the Pioneer 3-DX robots - which look like a box on wheels - and Wii Balance Boards. Dennis and Stansfield attached a Wii Balance Board to a flat surface on the top of the robots with a small seat for the baby. Sitting on top of the Wii Balance Board allows an infant to move around the room by leaning in the direction he or she wants to go. Stansfield wrote a program with her computer science students that determines which way the baby is leaning. Over the past five years, the team worked on perfecting the program.

Currently, most health care providers won't pay for a wheelchair until the infant is at least 2 years of age, Dennis said. This is a problem because babies begin learning and expanding their thinking as soon as they can move. If one baby is restricted for a year longer than another, he or she will have different cognitive abilities, Dennis said.

This robot is different from most wheelchairs used

today for motor-impaired infants, Dennis said. She said the methods of control are easier than a joystick or switch. She also said the robot allows infants to be closer to their environment.

The infants participating in the Tots on Bots study are typically developing babies, not motor-impaired, Dennis said. Their motor abilities are irrelevant to the study, Stansfield said.

Graduate student Julie Donner joined the study to fulfill requirements for the occupational therapy five-year graduate program, she said. Donner said she chose the Tots on

Bots study because of its unique objective.

"I just think it's a cool concept of, in the future, kids with disabilities have the opportunity to be mobile at a very young age," Donnet said.

Each infant attends 12 sessions over five or six weeks, Dennis said.

After these 12 sessions, the babies will attend two sessions in the cognition lab with Nancy Rader, professor of psychology, Stansfield said. This will test executive function, which deals with an infant's ability to plan activities and stop something from happening if necessary, she said. Few studies have been conducted on executive function at such a young age, and psychologists know little about when it begins, Dennis said.

When the study is complete, the team hopes to publish its work and change the policy on when babies receive wheelchairs, Stansfield said.

"What it will also allow us to do is say, 'We have new studies ... which show that if you take an infant who is not mobile and give them mobility before they're crawling, that mobility does contribute to their cognitive development," she said.

Cases of academic dishonesty decrease

BY DANIEL HART STAFF WRITER

Nine students were placed on academic code probation for academic misconduct in the 2014–15 school year — fewer cases than Ithaca College has seen in years.

Academic dishonesty, as defined by the college's Standards of Academic Conduct in section 7.1.4, includes: "Conversations between students during an examination; reviewing, without authorization, material during an examination ...; unauthorized collaboration; and submission without proper acknowledgment of work that is based partially or entirely on the ideas or writings of others." been put on academic code probation each academic year from 2005 to 2014, compared to nine in the 2014–15 academic year. In a 2009 study published in the journal Ethics & Behavior, researchers found that almost 82 percent of a sample of college alumni admitted to cheating as undergraduates.

Michael Leary, the assistant director of the Office of Judicial Affairs, said he does not know exactly why the number of students caught cheating has gone down in recent years. He said the low number of freshmen, who make up the majority of judicial offenses, could

When a student is caught cheat-

ing, that student's consequence is

partly up to the discretion of the particular professor.

Leary said it does not bother him that many cases don't go through Judicial Affairs.

"I'm sure there are a lot of things that may happen that are just handled between the student and the faculty member, which is fine," he said.

Leary said the most common academic violation that students get caught for at the college is plagiarism, and English and writing are the most common subjects.

Matt Mogekwu, associate professor and chair of the journalism department, said several students have been caught plagiarizing in recent years. This semester, the journalism department began having students sign the academic honesty agreement that is normally included in course syllabi. "When we discover that you've plagiarized, we can bring this out and say, 'You signed this,' therefore you'd be ready for all the penalties," Mogekwu said. professor and the student to sign a document signifying that both parties agree that academic misconduct occurred. Whether the case goes to Judicial Affairs is up to the professor.

When a case does go to Judicial Affairs, the student receives two semesters of academic probation on first offense. On second offense, the student meets directly with the provost, and on third offense could face suspension or expulsion, Leary said.

If a student denies academic misconduct by refusing to sign the document, the student and faculty member would then go before a conduct review board, which would inform the provost of its opinion as to whether the student is guilty, and the provost has the final say. Freshman Noah Wetherald, a business administration major, said he thinks it is very easy for students to get away with academic cheating at the college, especially with cellphones. "I heard somebody saying it was really easy to cheat on some tests, to whip out your phone and use it," Wetherald said. "Some teachers let you use your phone as a calculator."



An infant uses a robotic wheelchair during a session of the "Tots on Bots" study. The study attempts to demonstrate the benefits of providing wheelchairs to motor-impaired babies to help cognitive development.

components of the minor.

"Some people might say, 'What does that have to do with education?" Fulmer said. "But we feel like it's social justice–oriented, and part of social justice is critically examining who we are as learners and maybe future teachers ... and you can't do that if you're myopic about the courses that you take."

Martin said the education studies minor has been attracting students from all over campus. He estimates that so far approximately 30 students have registered for the minor.

Erin Wallace, a sophomore sociology major, recently picked up the minor. Wallace said she wants to be an elementary school teacher and originally was an English major. While she did not want to be an English teacher, she had to choose a content area to take the education classes she wanted.

"I dreaded all of my English classes but loved my education classes," Wallace said. "I'm really happy the minor is now offered because it means I don't have to worry about a content area anymore, and it just puts me on a better track to becoming an elementary ed teacher." An average of 26.7 students have



be a factor.

Fewer students were placed on academic code probation for academic misconduct in 2014–15 than in previous years. PHOTO ILLUSTRATION BY AMANDA DEN HARTOG Professor Brooks Miner of the biology department said he has not caught students intentionally cheating in his classes due to his personal relationship with his students.

"Call me a fool, but I feel like there's a level of personal connection there which makes students a lot less likely to cheat than in a big class," Miner said.

Leary said the standard procedure for addressing academic misconduct is for both the Leary said an important part of punishments for academic dishonesty is to make sure that students learn from their consequences.

"We want students to be successful," Leary said. "There's a balance: You have to hold somebody accountable for what they did, and you want to give them a consequence that's going to help them."

COLLEGE

Fulbright program to host lunch

Students are invited to join several recent Fulbright scholars for lunch in the Center for Faculty Excellence noon–1 p.m. Dec. 15. Information about the Fulbright programs, along with experiences of scholars from around the world, will be shared. This session will help inform students about deadlines, the application process and what to expect as a Fulbright scholar or administrator. The Fulbright program is the flagship international educational exchange program.

DIIS plans major network outage

Digital Instruction and Information Services is planning major network maintenance for late evening Jan. 8 into midday Jan. 9. According to DIIS, the maintenance is required to replace aging components of Ithaca College's network infrastructure.

The outage is expected to have the following impacts: Virtually all campus computing systems and services will be unavailable from anywhere, with the exception of Outlook email and calendar, which will be accessible from residence halls and off campus. Academic and administrative buildings will not have any network access. Residence halls will have normal Internet access, but only to external sites.

The maintenance work is expected to take several hours. The complexity of the work may result in an outage period that extends to as late as 1 p.m. Jan. 9.

Career Services to host event on how to be professional Dec. 3

The Office of Career Services will host a workshop titled "How to be Professional When Eating, Greeting and Tweeting." The focus of the workshop will be to inform students on communication with peers, faculty, staff, supervisors and colleagues at internships and jobs in a professional manner. It will give tips to students on making a good first impression and a lasting impact in the working world. The workshop will be held 4 p.m. Dec. 3 in Career Services. Those interested can register on ICHired.

OSEMA to hold two-day weekend retreat focused on leadership

Leadership Weekend is a two-day retreat that brings together students from a variety of roles on campus to learn from one another and discover new ways to demonstrate leadership. Participants will attend a series of leadership development sessions that will focus on team-building and further developing individual leadership skills and understandings.

All Ithaca College first-year students are eligible to apply. The goal of this retreat is to encourage student leaders to discuss their own thoughts on leadership, to connect with other student leaders and to further their involvement at the college.

Leadership Weekend will be held Friday afternoon Feb. 12 until Saturday evening Feb. 13 off campus at a retreat center. Lodging, meals, transportation and retreat materials are provided for all attendees. Those interested can apply on OrgSync.

Following the selection process, all applicants will be notified by email of their application status. Applications must be submitted by Dec. 31.

Second annual film and TV summit to be held at IC Dec. 5

The New York Film and Television Student Alliance is an organization that helps communications students become industry professionals. This year, NYFTSA will host its second annual 2015 NYFTSA Summit 10 a.m.-4 p.m. Dec. 5 in the Roy H. Park School of Communications.

The summit is a daylong event that presents different workshops and panels for students to

hear about the experiences of industry professionals and learn more about the different facets of production. During the summit, there will be a broadcasting panel, pitching workshop, casting workshop, production design workshop, networking presentation, marketing presentation and a special panel presented by the International Alliance of Theatrical Stage Employees, as well as a special celebrity panel and keynote speaker.

Those who would like more information about the 2015 NYFTSA Summit, joining NYFTSA or being a part of the staff can email the executive board to learn more at nyftsa@gmail.com.

Alumnus spending year distributing food to Rwandan refugee camps

A 2014 Ithaca College graduate is spending the year helping distribute food

to refugee camps in Rwanda, thanks to a fellowship from Princeton in Africa, an independent nonprofit committed to Africa's advancement.

One of 52 fellows selected for the program this year, Malcolm Temple is working with the United Nations World Food Programme in Rwanda. Temple said his travels greatly impacted his views on the world.

"Through my travels, my view on poverty in the developing world pivoted, and I came to understand the inequality between the global north and south as an issue of global justice rather than a natural phenomenon," Temple said.

"I wanted to be an ally in empowering communities in the global south and knew that in order to do that I had to go there and engage with the communities," he said.



Junior Gillian Wenzel participates in POC at IC's Day of Silence and

Blackout on Dec. 2. In the Facebook event's description, Ithaca College students were encouraged to wear tape over their mouths and dress in all black clothing to represent the "forced silencing that occurs when narratives and identities are not represented." AMANDA DEN HARTOG/THE ITHACAN

Public Safety Incident Log

NOVEMBER 13

FIRE ALARM

LOCATION: Garden Apartments SUMMARY: Simplex reported fire alarm. Unknown cause for activation. System reset. Master Patrol Officer Steve Rounds.

HARASSMENT 2ND DEGREE

LOCATION: All other SUMMARY: Caller reported unknown person posted threatening message on social media. Investigation pending. Master Patrol Officer Don Lyke. assistance with ambulance staff. Master Patrol Officer Brad Bates.

NOVEMBER 16

CHANGE IN CASE STATUS LOCATION: Office of Public Safety SUMMARY: Officer reported interview completed regarding posting on social media originally reported Nov. 12. One person referred judicially for harassment and cyberbullying. Master Patrol Officer Chris Teribury. suspicious. Master Patrol Officer Jon Elmore.

SUSPICIOUS CIRCUMSTANCE

LOCATION: Garden Apartments SUMMARY: Caller reported verbal altercation and person left area with knives. Officer reported locating this person at the following incident. Investigation pending. Master Patrol Officer Don Lyke.

MENACING 3RD DEGREE LOCATION: Lower Quads

SELECTED ENTRIES FROM NOVEMBER 13 TO NOVEMBER 22

hospital by ambulance. Master Patrol Officer Jon Elmore.

NOVEMBER 20

CRIMINAL SEXUAL ACT

LOCATION: East Tower SUMMARY: Caller reported sexual assault occurred Nov. 14. Investigation pending. Master Patrol Officer Bruce Holmstock.

NOVEMBER 21

inspection, caller reported finding marijuana paraphernalia. Investigation pending. Master Patrol Officer Bruce Holmstock.

NOVEMBER 22

POSSESSION OF NARCOTIC

LOCATION: Campus Center SUMMARY: Officer reported odor of marijuana. Officer issued one person an appearance ticket for the Ithaca Town Court for criminal possession of a controlled substance in the seventh degree. Person also judicially referred for violation of the college drug policy, underage possession of alcohol and criminal conduct. Master Patrol Officer Brad Bates.

NOVEMBER 14

PETIT LARCENY

LOCATION: F-Lot SUMMARY: Officer reported unknown person stole a table. Investigation pending. Patrol Officer Lance Clark.

NOVEMBER 15

3RD DEGREE ROBBERY

LOCATION: Terrace 12 SUMMARY: Caller reported two people stole money and medications from person. Investigation pending. Master Patrol Officer Steve Rounds.

MEDICAL ASSISTANCE

LOCATION: Terrace Dining Hall SUMMARY: Caller reported person fainted. Person declined medical

MEDICAL ASSISTANCE

LOCATION: Terrace 1 SUMMARY: Caller reported person making threats of harming themselves. One person taken into custody under the mental hygiene law and transported to hospital. Master Patrol Officer Dan Austic.

NOVEMBER 17

MOTOR VEHICLE ACCIDENT

LOCATION: Circle Lot 7 SUMMARY: Caller reported two car property damage motor vehicle accident. Patrol Officer Waylon DeGraw.

NOVEMBER 18

SUSPICIOUS MAIL

LOCATION: General Services SUMMARY: Complainant reported suspicious mail. Officer checked contents and determined not SUMMARY: Caller reported physical altercation between several people. Two people referred judicially for harassment. Master Patrol Officer Don Lyke.

UNLAWFUL POSSESSION OF WEAPON ON SCHOOL GROUNDS

LOCATION: Circle Apartments SUMMARY: Caller reported finding packaging for an airsoft gun. Officer identified the person in possession of the weapon and issued one person an appearance ticket for the Ithaca Town Court. This person was also referred judicially. Master Patrol Officer Brad Bates.

NOVEMBER 19

MEDICAL ASSISTANCE

LOCATION: Terrace 8 SUMMARY: Caller reported person fainted. Officer reported person had two seizures and was vomiting. One person transported to

OBSTRUCTION OF GOVERNMENT ADMINISTRATION 2ND DEGREE

LOCATION: Roadway College Circle SUMMARY: Caller reported unknown person inside vehicle and had entered other vehicles. Person fled on foot and was arrested for obstruction of governmental administration and resisting arrest. Officer immediately arraigned the person in Ithaca Town Court. Master Patrol Officer Dan Austic.

MEDICAL ASSISTANCE

LOCATION: M-Lot

SUMMARY: 911 center reported person disoriented and lost. Officer reported intoxicated person taken into custody under the mental hygiene law and transported to hospital by ambulance. Master Patrol Officer Steve Rounds.

SCC DRUG VIOLATIONS

LOCATION: Terrace 6 SUMMARY: During health and safety

FIRE ALARM ACCIDENTAL

LOCATION: Terrace 7

SUMMARY: Simplex reported fire alarm. Activation caused by burnt food. System reset. Sergeant Terry O'Pray.

For the complete safety log, go to www.theithacan.org/news.

KEY

- SCC Student conduct code
- V&T Vehicle and Transportation
- AD Assistant Director
- IFD Ithaca Fire Department



Donate Today!

WHATYOU CAN.

WHAT can you donate?

- Canned foods such as soup, fruits, and vegetables
- Canned tuna or chicken
- Boxed grains such as rice, pasta,

FITBIT RAFFLE - DEC. 9th IC SOUARE / 11AM — 3PM DONATE FOR YOUR CHANCE TO WIN!

Enter our "Season's Eatings" Raffle at this event for your

cornmeal, oatmeal and cereal

- Apple sauce, fruit cups, and fruit cocktail
- Nut products such as peanut butter, trail mix, and granola
- Shelf-stable milk
- Healthy drinks such as bottled water or fruit juice

Please, no fresh produce or homemade goods!

WHERE can you donate? IC Square

food

Dank

SHARE

- **Business School Café**
 - Sub Connection
- **Terrace Dining Hall**

Cash, credit, and ID Express donations are accepted at these retail dining locations.

chance to win! Make a food donation and you'll be entered to win a fitbit. Tis' the season!



Please join us in supporting the community and giving to those in need during this holiday season.

All donations are welcome and proceeds will benefit the Food Bank of the Southern Tier.





EDITORIALS

ALLISON LATINI/THE ITHACAN

Athletes' complaints need | CAPS student services to be addressed seriously

Student-athletes should not have to face disrespect from their coaches, and the college needs to take responsibility for the issue

his semester, over the course of two months and 25 interviews, The Ithacan investigated an alleged pattern of disrespect on the part of head coach Janet Donovan toward former players who had been a part of the Ithaca College volleyball program. Though the issue had been brought to the athletics department through evaluations, the department did not respond immediately or effectively enough to completely eliminate the issue. The apparent lack of serious concern for this issue on the department's part is unacceptable.

Obviously in sports, there is competition and an inherent pressure to succeed. However, these aspects should not be prioritized over the mental health of a team's players, especially in Division III college athletics, in which athletes rarely intend to enter professional sports, and thus their success in competition does not necessarily need to be prioritized for career-development purposes.

Instead, in Division III athletics, the quality of the athletic experience should come first, and it is the responsibility of the coaches and the athletics department to ensure that this goal is met throughout the athlete's time at the college

disrespect they say they experience, it may take a toll on the other players. These things, which were reported in The Ithacan's investigation of the volleyball team, lead to a generally low morale within the sport, which does nothing but diminish players' experiences as student-athletes.

The volleyball team has experienced a 10-year history of this low morale, and it's time for the athletics department to take definitive measures to resolve this issue. Every year, student-athletes are handed sheets of paper on which they evaluate their coaches, but these evaluations enter a private dialogue that does not involve the students themselves, making resolution impossible.

As someone who is relatively new to her position, Susan Bassett, director of intercollegiate athletics, has the opportunity to take charge of the problems that have been plaguing the volleyball team for several years under a different administration.

Evaluations should not transpire solely on a sheet of paper. They need to be taken seriously and allow for an open and transparent dialogue that includes the student-athletes directly, not just the administrators and coaches. Productive and inclusive conversation is the only thing that is going to stop the last decade of the volleyball team's experience from becoming the future of the college's athletics department.

should be promoted more

Students should be made more aware of mental health services as survey results reveal Ithaca College has above-average stress levels

esults of the National College Health Assessment Survey reveal that Ithaca College students are drinking alcohol and using marijuana at a rate higher than the national average, and this has been the case for the past 12 years. In response, the college's Center for Health Promotion has implemented programs, such as the Balancing Alcohol and Substance Use to Improve College Success program, to combat substance abuse.

While programs like this are good to have and should continue to be promoted, they may not be addressing the root of the issue. The survey also found students at the college have more stress than the national average, which could be a possible cause for the high rates of alcohol consumption and drug use. In this case, it appears students may not be getting the mental health support they should be.

But it's not that the Center for Counseling and Psychological Services doesn't offer this support. It's just that the support is not advertised enough and students who may need the services but are not actively seeking them probably are not aware of them. CAPS offers weekly support groups - such as a Stress Management and Mindfulness Group - and

other forms of consistent therapy, all of which can be found on the CAPS website. Students struggling with something like stress could take advantage of this if only they were aware of these opportunities.

Because CAPS does not have the staff or resources to adequately provide long-term individual counseling to many students, it is all the more important that it advertise the other services it offers that may be more available to the students who are not able to receive long-term individual counseling. Moreover, students dealing with undiagnosed mental health issues like stress may be less likely to actively pursue CAPS's services, but if they were more heavily advertised, these students could get the help they need without having to step outside of their comfort zones to ask for it.

Clearly, the college faces a significant issue with managing the mental health issues of its students, and this is likely influential in the NCHA survey results. Therefore, in addition to substance abuse prevention and counseling programs, CAPS is in need of widespread, public promotion of its less publicized servi all students struggling with mental health, to whatever degree, can easily access and be knowledgeable about the support systems available to them.

Coaches who cut players from the team with insufficient explanation can do damage to a student's state of mind. When players feel they have no choice but to quit the team because of the

Letter to the Editor Be heard in print or on the Web.



Send a letter to the editor to ithacan@ithaca.edu.

Letters must be 250 words or fewer, emailed or dropped off by 5 p.m. Monday in Park 220.

Guest Commentary

Individuals or groups interested in submitting a guest commentary can send their writings to ithacan@ithaca.edu or to the Opinion Editor at nshanklin@ithaca.edu. All commentaries must:

1. Convey a clear and concise message.

2. Be written by an individual or group who has an educated opinion or is an authority on a specific subject.

3. Be between 500-650 words. (The Ithacan reserves the right to decide

whether a commentary deserves more or less space.)

Comment on any story at **theithacan.org**.



Trigger warnings prevent growth

An unpopular opinion at Ithaca College: I do not like trigger warnings, and I do not agree with their popular use.

I must first address that I write this with a background of experiences that could potentially be triggered, in the definition tied to warnings, especially in articles related to mental health. I think most people do in one way or another. Intellectually, I understand the desire for trigger warnings to prevent bringing up upsetting thoughts and feelings. In practice, though, they are ineffective and often counterproductive.

The most common argument against trigger warnings is that our generation is too sensitive, that we are a group of hothouse orchids that have been sheltered from the world. While I do agree that some of our general population here at the college have been protected from the harsh realities of the world, I don't think reinforcing bred sensitivity is enough of an argument. Trigger warnings prevent learning, growth and understanding.

Shared experiences are impeded by trigger warnings. When people see the words "trigger warning" at the top of an article, with a topic related to an experience they have had, it will in many cases prevent them from continuing to read. In the action of stopping, this person has also avoided engagement with the author's story, perspective and reaction. Shared experience can often help individuals cope and gain understanding, but readers lose this potential aid if they fear they will be triggered by the content.

Trigger warnings prevent open dialogue, an important part of education on a college campus. In the classroom, when trigger warnings are presented, students are essentially placed in a safety net. They are allowed to drop out of a conversation because the topic may or may not stir up upsetting feelings. They remain unchallenged. Individuals should certainly feel safe in their learning environments, but they should also not be afraid to push their limits. Sometimes it is completely necessary to read upsetting information, to reveal realities and break our generation from this protective shell we have grown in. Learning requires people to be uncomfortable at times. The best thing about reading is you can stop when you want. If something is triggering you, stop and close the tab. What trigger warnings do, though, is prevent people from even beginning to read. Understanding and respecting personal limits is more productive than trigger warnings that give people an out.

GUEST COMMENTARIES

SGA president motivates action beyond vote

eventy-two percent of students who voted at Ithaca College have no confidence in Tom Rochon's leadership as our president. Conversations on identity, race, academic leadership, strategic visioning and social movements have dramatically occupied the entire educational experience that is the college in the Fall of 2015. So many of our inspiring student peers, including POC at IC, will be able to not only leave here with a degree in their field of study, but also in dramatically altering the status quo.

Fifty-four percent of eligible students voted, and 72 percent of those respondents said no confidence, which is perhaps the most representative sample of the student voice that this college has ever seen. The data is reliable, and it is damning. As student body president, I have the responsibility to not only represent students, but to serve them as well, which is why the removal of Rochon as president is my top priority.

On Nov. 30, the Student Government Association showed our campus community what we have the capacity to do. We released the results and by a unanimous senate vote, passed the Student Bill of Rights and Responsibilities and our vision for Shared Governance. I hope that you will consider joining the SGA as we're looking for engaged students to bring diverse voices to the table in order to continue to make more equitable policies and systems at the college.

So what can we do moving forward? The SGA has its policies, bills, plans, etc., but there must be more than that from each and every one of us. We need to keep protesting institutional and systemic racism and autocracy and keep occupying spaces across campus with critical dialogues, from the Peggy Ryan Williams Center to the Athletics and Events Center and every space in between. We need to keep demanding actions be taken. We need to get louder and not be silenced by rhetoric. We need to show up at the table when we're asked and express loud and clear what our student voices truly are saying. When you speak up in support of the no confidence vote, know that you have at least 2,695 students standing behind you.

Student government exists to represent and serve the student body, and it is my hope that we can take



Dominick Recckio, student body president, presents results of the no confidence vote, in which approximately 72 percent of students who voted expressed no confidence in President Tom Rochon. YANA MAZURKEVICH/THE ITHACAN

this moment in time to take our commitment very seriously. We won't just continue to exist as a government of the people, but progress toward governance by the people, always striving to be more equitable, more inclusive and more welcoming. This starts with policies like the Student Bill of Rights and Responsibilities and actions toward shared governance moving forward.

In the first assessment of what students value in a college president, positive and meaningful relationships, clear communication with feedback loops built in, empathetic sincerity, recognition of privileges and open-mindedness were themes that were brought up and discussed in depth. We will have more opportunities to share our values, but this is a good start that gives us the beginnings of a vision of what a president

can and should be. It's my opinion that Rochon's leadership is not reflective of these values.

It has been proven that Rochon has failed us, the students. It is now time for him to leave the college. This is yet another public call for Rochon to step down, and yet another call for the Ithaca College Board of Trustees to hold a vote to remove Rochon from office and bring in someone who more accurately reflects the values of our college community and can lead us forward to a prosperous future that is not just assessed on the financial bottom line, but on the commitment to institutional excellence that we claim to have in our very own college seal.

DOMINICK RECCKIO is the student body president. Email him at sgapresident@ithaca.edu.

Alumnus explains support for protest movement and Rochon's resignation

etc. only strengthen the POC at IC

movement. And the necessary student

Campus racism and white supremacy

are facilitated by a top-down adminis-

trative structure that is undemocratic,

corporate, exclusionary and ill-

equipped to address structural racism

on a meaningful level. Students of col-

or from all over the country recognize

that if white supremacy will not be held

accountable by the administration, then

the necessary changes will be brought

ment at Ithaca College that breathes

life into the campus body every sec-

ond that Rochon remains in office. If

one observes closely, one can see that

the changes are already being made.

The people have transformed them-

selves into the very embodiment of

But let's return to the protest move-

about by the students themselves.

Everywhere it is the same story:

coalitions are already forming.

t was this time last December that a student group called the Collective organized a popular movement that would take them down the halls of the Peggy Ryan Williams Center to confront the president of Ithaca College. There was anger and there were tears. A comrade even got on one knee before our president. And it was then that President Tom Rochon showed us, as he has shown all students who have passed through this institution in the eight years of his tenure, that students of color are not his priority. His exact words were. "This is your issue."



goals. Yet the removal of a college president is the most concrete a goal can get. Moreover, the organizing of a mass popular movement is an unfolding process that is constantly leaving room for creation.

Many have said that removing Rochon will not solve racial tensions on campus. Such people misunderstand and underestimate the power of mass action. It is not simply the removal of Rochon that is significant. The very act of demanding his resignation opens the door for the radical reconfiguration of top-down administrative power. If Rochon is to resign, it is because the people command it to be so and have placed the necessary pressure on both the board of trustees and the administration. The result is an effort to bring power and influence back into the hands of the campus body. It is the effort to democratize a campus that elects neither its president, nor its board of trustees. The no confidence results are in: Over 71 percent of students who voted have said that they have no confidence in President Rochon. The faculty results are coming in mid-December. POC will not wait a second longer for makeshift initiatives or the hiring of more chief diversity officers. They will not wait another eight years to talk when talk has been strategically used to keep the people in a perpetual state of docility. If the students of color are not a priority at Ithaca College, then POC students will radically change the administrative structure so that it is a priority. As an Ithaca College alumnus, I stand with POC at IC and urge President Rochon to consider immediate resignation.

AMELIA ERIKSON is a senior applied psychology major. Email her at aerikso1@ithaca.edu.

exact words were, This is your issue.

Nearly a year later, a new energy has emerged on campus. An energy of urgency. It is an energy that speaks in the language of "now" and "immediately" and "not a second longer." It is a movement that is multigenerational. It is a movement supported by faculty. It is a movement that is led by women of color. It is a movement that at every point adapts to meet the obstacles of structural racism and white supremacy that seek to destroy it.

It is a movement that is in sync with a larger national movement. It must first of all be stated that POC at IC is not an outgrowth of the student protests at Mizzou. Organizing had begun at the very start of the academic year with the protests in opposition to campus safety. Yet the events occurring at Mizzou, Claremont McKenna, Amherst, Atlanta, Bard, Brandeis, Brown, Clemson, Dartmouth, Eastern Michigan, Emory, Harvard, Johns Hopkins, Michigan State, Missouri State, NYU, UC Berkeley, Notre Dame, UCLA, Webster, Yale, Alumnus Dubian Ade '15 lies down and chants in protest at the POC at IC walkout and die-in that took place Nov. 11 on the Academic Quad.

COURTESY OF DUBIAN ADE

the movement. There are talks of rich discussion happening everywhere on campus and at all times of the day. It is nearly impossible to remain neutral about this issue. The students speak, defend, argue and critique, and they do so bluntly and without hesitation. The faculty come forth into the sunlight, offer their support and make themselves and their grievances known despite the enormous risk. It is this crucial shift that will define the campus climate to come.

It has been said that such a climate is anti-intellectual. The irony is that this is perhaps the most intellectually engaged students have ever been with campus affairs in the college's history. It has been said that the movement discourages dialogue. Yet it is the unproductive dialogue between POC protesters and white supremacist power that has been discouraged. It has been said that the movement lacks vision and concrete

DUBIAN ADE is an alumnus who graduated from Ithaca College in 2015.

OPEN LETTER

Rochon has squashed campus sustainability



From left, professors Susan Allen-Gill, Chip Gagnon, Patricia Rodriguez, Alicia Swords and David Turkon are former members of the committee to create a master's degree in sustainable international development. They say President Tom Rochon has not made progress in campus sustainability. PHOTO COMPILATION BY AMANDA DEN HARTOG/THE ITHACAN

There is much discussion of IC's top down management style and how this has shaped our college and influenced curricular development under the administration of Tom Rochon. To guide decisions, he has followed consultants to privileges marketing a college experience over intellectual criteria, which has damaged our college severely. We are grateful to the students, particularly students of color, who have demanded public discussion about this administration's inaction and poor record on structural racism. As these concerns mount we offer yet another example of how Rochon's administrative style has impacted our intellectual climate by undermining grass-roots faculty efforts in the area of sustainability.

Sustainability became a hallmark of IC curriculum under the visionary leadership of President Peggy Williams. The history of sustainability at the IC web page (http://www.ithaca.edu/sustainability/history/) documents an initiative that "emerged organically from the grassroots conversations among all constituencies of the College that led to the creation of the Ithaca College Institutional Plan, completed in the spring of 2001." Many faculty rallied around sustainability as a central theme and began to develop curriculum that was truly interdisciplinary and which created to numerous opportunities for student engagement at multiple levels. Support began to wane upon arrival of President Rochon. Perusing the college website further reveals that news about curricular related initiatives in sustainability begin to dry up considerably by 2011. Indeed, from 2005 to 2010 IC sent delegations of faculty and students to each annual United Nations Framework Convention on Climate Change (UNFCCC). For each UNFCCC from 2011 on our website states, "We did not send a delegation this year." In May of 2014 Marian Brown, who had competently coordinated IC's sustainability initiative since 2004, left to take on the position of Director of the Wells Institute of Sustainability and the Environment at Wells College.

The history of sustainability web page today lists as the first of five "elements at the heart of the plan," "fiscal stability and stewardship." Other elements include "development of intellect and character," "recognition of the changing world of higher education," "sense of community," and "appreciation for and investment in our learning environment, both our physical plant and our natural surroundings." In listing fiscal stability first, this administration has defined sustainability so as to require administrative control over budgeting and institutional development. The organic curriculum and initiatives valued under Peggy Williams' leadership have been short circuited. Today, many faculty members confirm that support for sustainability as a focus for interdisciplinary and immersive learning has been in retreat, if not under assault, and this was the topic of an article in The Ithacan, "Sustainability falls low on administration's to-do list," in The Ithacan on April 29, 2015.

In 2010 the authors of this article formed the core of an interdisciplinary cross-section of faculty who proposed a master degree program in sustainable international development for Ithaca College. Our proposal received enthusiastic support from then H&S dean Leslie Lewis. For the better part of a year we worked closely with the Division of Graduate and Professional Studies in developing a vision statement and curriculum that drew on the best that IC had to offer in this area. The final proposal was reviewed favorably by Graduate and Professional Studies and sent on to IC's marketing department to determine if the program would be viable in attracting students. It never emerged from this evaluative process. Upon her arrival at IC Marisa Kelley, the new provost charged with overseeing implementation of IC 20/20, decreed that no new programs would be considered and existing ones would be reviewed. Such decrees are part of a pattern at IC that combine with frequent turnover in administrative positions to produce an unstable and uncertain academic environment in which faculty find

it difficult to engage in long term planning and program development that is not in service to IC 20/20.

We put tremendous forethought, research and effort into establishing a curriculum that addressed critically important issues in international sustainability. Such programs are in high demand at colleges and universities across the nation. This was an organic, faculty-driven initiative that addressed issues of global concern based on solid, interdisciplinary approaches that were available within the college and widely supported by our faculty community. This program would have provided students with the opportunity to establish professional credentials that would have empowered them to seek positions beyond the basic entry level in a wide range of career paths associated with sustainable development.

Stories like this one at IC have demoralized faculty. They also highlight the fact that our current administration has short circuited faculty efforts at curricular development and deprived students of opportunities to be a part of a truly interdisciplinary and immersive learning community.

Respectfully,

Former members, committee to establish a master degree in sustainable international development at Ithaca College:

David Turkon, Associate Professor, Anthropology, (former chair of committee)

Susan Allen-Gill, Professor, Environmental Studies and Sciences

Chip Gagnon, Professor, Politics

Patricia Rodriguez, Associate Professor, Politics

Alicia Swords, Associate Professor, Sociology

YOUR LETTERS

Former SGA president calls for Rochon's resignation

Dear Ithaca College:

As the student body president who infamously supported the administration during the once controversial Fountain Day issue, I now find myself majority of my fellow students because my own concerns coupled with a culture of the president actively seeking feedback from my student body and other campus constituencies. It's unfortunate that Dr. Rochon's skills and intent have apparently veered from that. Today, I support those calling for his resignation for the simple fact that his lack of self-awareness and public relations let it get to here. We find him unqualified to continue in this capacity. that took me years to overcome. I, along with my parents and my sister, went to the athletic directors at the time and voiced our concerns. Clearly nothing was done.

With Janet Donovan as my head coach, volleyball turned into psychological warfare. I am not speaking out because I am (as Ryan Baker put it) "unhappy" or because I was mad about playing time or being cut. There is a big difference between a complaint about playing time and a complaint about psychological abuse. Calling it a "witch hunt" is insulting and untrue. I think that as an institution Ithaca College needs to do the right thing to protect its student-athletes, and in this case, Janet Donovan needs to be fired. I don't say this because I have a personal vendetta to settle. I want to protect future Bombers from going through what I experienced. To the girls that spoke out in the article, I applaud you for your courage, and stand with you in solidarity. Maybe if enough of us speak up together, something can finally be done.

Ithaca College Students who helped me one dark, crisp Friday night after someone hit my car. I want to thank them publicly as there is so much pain, conflict, and negativity happening in our world and on the Ithaca College Campus that I wanted to highlight the kindness and generosity of 2 strangers who came to the aid of a stranger in distress. On Friday, November 6th, Gallery Night in Ithaca, as I was driving up 96B, and just passing the intersection of 96B and Clinton St., the left side of my car was hit and severely damaged by an oncoming vehicle turning left (no one was hurt!). Among the people who came to my aid were two Ithaca College students living near by. Alexis and Kelly helped me calm my dog Una who was quite upset from the impact. They walked and petted her until she calmed down and stayed with her so I could take care of business. I appreciate their kindness, sensitivity, and support during a very difficult time. There is truly simple kindness in the world that we sometimes fail to recognize in the midst of the opposite happening all around us. Happy Thanksgiving to everyone at Ithaca College.



Rochon's words show ineptitude

When asked about his biggest regrets during an hourlong interview with *The Ithacan*, President Tom Rochon said, "I live in terror of the idea that on my gravestone someday will be the sentence, 'He tried to make a flying squirrel the Ithaca College mascot."

This is an insult to the many people like me who actually feel fear every day.

The unnamed terrorist and Ithaca College student who posted death threats over Cortaca and others who are in violent disagreement with protesters scare me.

The invisibility I feel in the class-room scares me.

Speaking and sometimes just looking up in specific classes scares me.

The fact that classes teach skills without ethics scares me.

The fact that constant micro/ macroaggressions make me too anxious to attend class some days scares me.

Public Safety's instances of excessive force and reckless comments with lack of reprimand scares me.

That fact that Rochon might remain president even though over 70 percent of the no confidence vote was against him scares me.

Obviously this is not a full statement of the things that invoke fear in me as an Ithaca College student, as I cannot count the times my heart has raced during conversations about race in class as pressure is put on me to speak, or while reading comments and threats online from my peers knowing they won't learn about their wrongdoings in class, or just walking the campus and seeing the Public Safety officer that said he'd shoot a kid down like Trayvon was shot down.

I can't count the times a professor has said something that ignores narratives, blames victims or singles me, or another, out due to our identity.

I can't count the many "jokes" made during class about depression, assault or other realities for many people on this campus.

In this space, I can't fully encom-

supporting the other side.

Racial-divide has always been a problem at Ithaca College, but isn't the defining failure of this administration as much as stoke to a fire already smoldering.

This president deleted the most important executive for students from his cabinet years ago, without hesitation. He has been unable to hold a steady academic staff in Deans or Provosts causing severe instability to the arguably most important faculty and classroom dynamic. The anecdotes between him and the student leadership over the years as detailed in The Ithacan's recent "...Complex Tenure..." piece are so appalling, if I were in office I would have raised an army and stormed Fountain Place. And his apparent focus on "cost-cutting" and tuition growth seem completely misplaced. The summary is, Rochon's priorities (and potentially heart) aren't what Ithaca College really needs, now.

I supported the administration even when it meant going against the

NICK TARANT

Student Body President '00

Volleyball alumna affirms abuse experienced on team

After reading the article "Athletes Voice Discontent with the Volleyball Program" on November 17, I was appalled to see that the same abuse that I experienced as a player continues to take place. The circle talks, mind games, and destructive coaching methods all happened while I was on the team in 2003. Additionally, I found it interesting that after a 2014 decision, Janet was not supposed to meet with players one-onone. Eleven years prior to this, Janet met with me in private, and over the course of a half an hour berated me, belittled me, humiliated me, and inflicted emotional and psychological damage on me

MANDI MORNINGSTAR-WIEME Class of 2007

Ithaca local thanks two IC students after car accident I am writing to thank 2 very kind

FRAN SPADAFORA MANZELLA Town of Ithaca

pass the realities I face as a woman and POC, but I can say my entire life has been drenched in a fear manufactured to strip me of personhood, and that same fear is alive and ingrained here at Ithaca College.

I don't speak for everyone.

These 400 words are to show that there are a plethora of things Rochon should regret not addressing during his presidency, until a national audience placed attention on this college, and should publicly admit he regrets because the college doesn't need a president willing to paint himself as a wounded saviour while hiding behind new positions and long proposed projects.

Rochon had his chance, and he blew it.

MARISSA BOOKER is a freshman communication management and design major. Email her at mbooker@ ithaca.edu.

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MEANS TO BE

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Courses:

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- ANTH 20500 Issues in Native American/Indigenous Studies CRN 43923
- ANTH 25000 Human Variation (2 sections) CRNs 43925, 43926
- ANTH 29010 ST: Culture, Sex and Gender CRN 43928
- ANTH 31100 Primate Behavior and Ecology CRN 43061
- ANTH 36600 Anthropology of the US Military CRN 43930
- ANTH 37500 Environmental Anthropology CRN 42726

FOR MORE INFO, CONTACT DAVE TURKON, CHAIR DTURKON@ITHACA.EDU

Studying abroad?



STUDENTS PLANNING TO STUDY ABROAD IN WINTER or SPRING 2016:

Study Abroad Orientations are mandatory for ALL students going on an IC winter session, exchange, affiliated or nonaffiliated program in the Winter or Spring of 2016.

Spring 2016 study abroad students need to come to one of each of the below sessions. Winter 2016 students need to attend only the "Traveling Abroad" orientation.



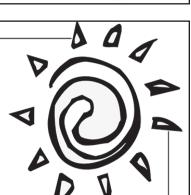
Meet, Greet and connect with Alumni

New York city- January 6, 2016 Boston- January 7, 2016 Washington, D.c.- January 14, 2016

Connect with us On social Media using #ICNN

ITHACA COLLEGE Office of Career Services Sign up on **ICHired** Starting November 16

It's getting cold out now, but it's not too soon to start thinking SUMMER!



Spend part of your summer in...

Costa Rica:

- Field School in Primate Behavioral Ecology
 Ecuador:
- Healthcare & Culture: An International Field Experience

Germany:

Doing Business in Europe
 Ireland:

Film & Arts Festivals in Galway

NOTE: Spring 2016 London Center students do NOT need to attend either of these orientations.



For more information, contact the Office of International Programs Job Hall, 2^{nd} floor $\sim 274\text{-}3306$

Russia:

Teaching Written & Oral English to Speakers of Other Languages

Singapore

Nanyang Technological University, multiple program options

United Kingdom:

- England: London Center summer courses & internships
- Scotland: Edinburgh International and Fringe Festivals

Other locations:

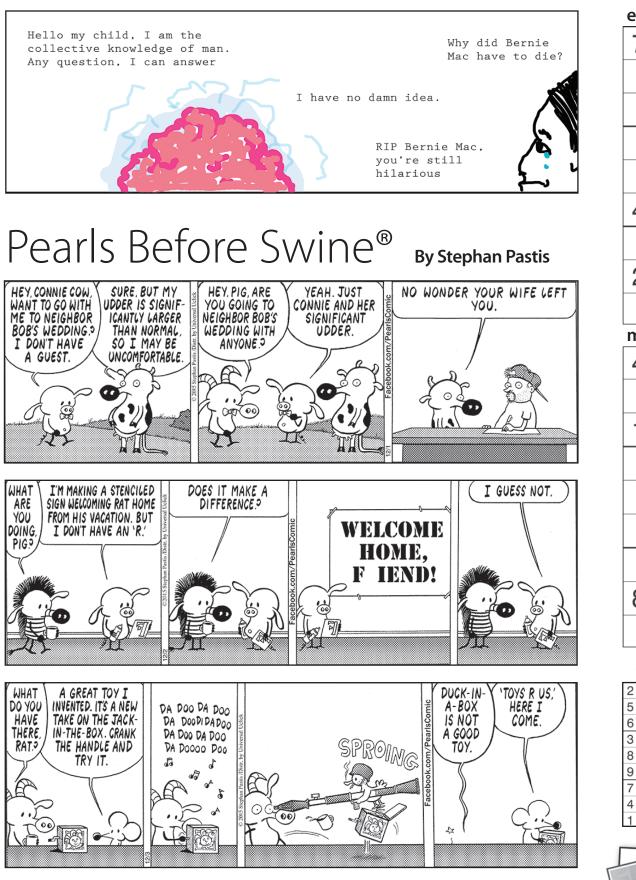
 Countless other options are available worldwide through affiliated and non-affiliated study abroad organizations & universities. Come to the Office of International Programs on the 2nd floor of Job Hall for help with finding the right summer program for you!

NOTE: some of the above programs are still pending final College approval.

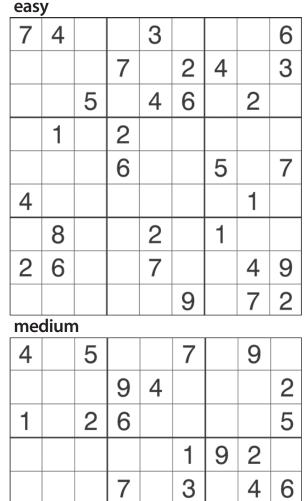
Application deadlines vary; check the OIP website for specific details for each program. Office of International Programs ~ <u>studyabroad@ithaca.edu</u> ~ 274-3306

DIVERSIONS THURSDAY, DECEMBER 3, 2015

Netflix & Chill By Steven Pirani'16



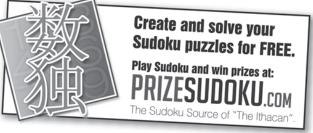
sudoku





answers to last week's sudoku

2	9	8	6	4	5	3	7	1	8	5	4	3	9	6	2	1	7
5	7	1	8	3	2	9	4	6	9	7	2	1	5	8	4	3	6
6	3	4	9	7	1	8	2	5	6	1	3	4	7	2	9	5	8
3	4	6	1	5	8	2	9	7	4	3	6	8	2	1	5	7	9
8	1	5	7	2	9	4	6	3	5	2	8	7	6	9	3	4	1
9	2	7	3	6	4	1	5	8	7	9	1	5	3	4	8	6	2
7	8	9	2	1	6	5	3	4	3	6	5	2	8	7	1	9	4
4	6	2	5	8	3	7	1	9	2	4	7	9	1	5	6	8	3
1	5	3	4	9	7	6	8	2	1	8	9	6	4	3	7	2	5



13

Crossword **By United Media**

1	2	3	4		5	6	7	8		9	10	11
12	\top	+			13		\top	\top		14	1	
15		\uparrow			16	\top	\top		17		\top	
18		\uparrow		19				20	\top		\top	
			21		\square		22					
23	24	25				26				27	28	29
30					31					32		
33			34	35				36	37			
			38				39					
40	41	42				43				44	45	46
47					48				49			
50				51					52			
53				54					55			

ACR	OSS
1	Give a hand
5	Wilted
9	Travel option
12	Moon phenome- non
13	Like souffles
14	Floor
15	Depot info
16	Maelstroms
18	Less bland
20	Gets news of
21	Pub pint
22	Library abbr.
23	Quiet fears
26	Raccoon activity
30	Vega rocket org.
31	Gardner of old films
32	Caveman from Moo
33	Dims
36	Injures a toe
38	Breakfast grain
39	 Jones Average
40	Persian monarchs
43	Bribes

47	Hit head-on
49	Dossier
50	Roadie gear
51	Traditional wis- dom
52	At any time
53	Opposite of "pa- leo"
54	Urges
55	Coral ridge
DOV	VN
1	French restaurant word
2	After midnight
3	Mournful wail
4	Mail-related
5	Flood protection
6	Horror-flick ser- vant
7	Dept. head
8	Jungle crusher
9	Tokyo's space pgm.
10	Basin companion
11	Dick Tracy's wife
17	Electric swimmers
19	Under par

ad-on	22	By way of
er	23	Proof ender
e gear	24	Olympics chant
onal wis-	25	Listener's need
	26	Campers, for short
time	27	Debt memo
ite of "pa-	28	San Francisco hill
	29	Family MDs
ridge	31	Formic acid pro- ducer
	34	Ancient cosmetic
restaurant	35	Without effort
nidnicht	36	Tofu base
nidnight ful wail	37	Happy hour offer
		(hyph.)
elated	39	Guys
protection	40	Read quickly
-flick ser-	41	Den or burrow
head	42	Puppy-chow brand
crusher	43	Capital near Zurich
s space	44	High- – (cool greet- ing)
companion	45	Skip town
racy's wife	46	Peasant

48 Female rabbit

last week's crossword answers



VOTE, from Page 1

biggest discrepancy between IR's enrollment and the Registrar's number is that the Registrar's number includes students on leaves of absence.

After analyzing each group's proportion in the vote to each group's proportion at the college according to the data provided by IR, *The Ithacan* concluded there were no significant differences. A table comparing each demographic's proportion of voters to its proportion of students at the college can be found online at theithacan.org/ studentvoteresults.

The results were announced at the SGA Senate meeting Nov. 30.

Cheers rang out from the audience after the results were released.

There were 744 African, Latino, Asian and Native American respondents, and 86.83 percent voted no confidence in Rochon, while 67.71 percent of the 2,741 white students voted no confidence.

Of the 2,228 female voters, 78.55 percent voted no confidence, while 61.78 percent of the 1,520 male voters voted no confidence.

The results also varied by school. Of the 351 students who voted in the School of Business, 42.45 percent voted no confidence. The Roy H. Park School of Communications had 1,041 respondents, with 76.95 percent voting no confidence. Out of the 804 students from the School of Health Sciences and Human Performance who voted, 59.95 percent voted no confidence. A total of 1,238 students from the School of Humanities and Sciences voted, with 81.58 percent voting no confidence. The School of Music saw

314 students vote with 78.66 percent voting no confidence.

The School of Business professors were also the only faculty to vote against holding the faculty no confidence vote, *The Ithacan* reported Nov. 4.

SGA President Dominick Recckio said the results will help dictate his priorities as SGA president for the rest of h

president for the rest of his term.

"You can bet your \$58,865 dollars that I am going to do everything that I possibly can to remove President Rochon from his office as president of Ithaca College as soon as possible," he said.

Students attending the event expressed excitement after the results were released. Junior Amanda Lai said she was pleased with the results. confidence," she said. "I'm hoping that this no confidence vote will have a big impact." Freshman Jaysha Patel, who did not attend the Nov. 30 meet-

You can bet your \$58,685

dollars that I am going

to do everything that I possibly can to

remove President

Rochon from his office."

– Dominick Recckio

"I believe the majority of the students have no

ing, said she participated in the online vote and voted no confidence.

"As a freshman, I don't know much about him, but after talking with POC members and other people at Ithaca College, I learned more about Rochon and did

my own research and came to the conclusion that I wanted to vote no confidence," she said.

Sophomore Kelly Twardziak said she didn't participate in the online vote.

"I keep hearing different things, but I want to have an opinion of my own," Twardziak said. "I just didn't have enough information."

Michael Traugott, a research professor in the

Center for Political Studies at the University of Michigan and a former president of the World Association for Public Opinion Research, said the average turnout rate for contemporary elections is around 50 percent. The student no confidence vote had a turnout of 53.77 percent.

to the results of the student no confidence vote during an SGA meeting 2 1/2 hours prior to the SGA's announcement meeting Nov. 30.

"A university is not a democracy. Holding a referendum like this is an expression of opinion but doesn't result in any specific action because of student feelings," he said. "At the same time, when there are three times as many students who express no confidence in relation to those who do, that, I would say, is pretty suggestive."

Faculty are also holding a vote of no confidence, which opened Nov. 30 and closes Dec. 11. The results of the faculty vote will be released Dec. 14. Some faculty have expressed concern about Rochon's handling of racial issues on campus, his strategic vision for the college and his perceived autocratic leadership style.

Recckio said the SGA executive board met with Tom Grape, chair of the Ithaca College Board of Trustees, and David Lissy, vice chair of the board of trustees, on Dec. 2. Recckio said the meeting was productive and he thought that Grape and Lissy were receptive to the results of the vote.

Grape and Lissy provided a statement to The

Ithacan regarding the student vote:

"This evening, the Student Government Association released the results of a student vote expressing a lack of confidence in President Rochon. As we noted before Thanksgiving, over the last couple of months, we have sought and received input from students, faculty, staff, alumni, and parents about the right course of action in light of recent events, and we continue to do so. The confidence votes are one way for students and faculty to make their views known to us, but community members have also shared thoughts and ideas with us directly, through in-person meetings and by email.

YANA MAZURKEVICH/THE ITHACAN

"We are grateful to the Ithaca College community for participating in this discussion. As the discussion continues, we ask the IC community to support civil discourse and an open exchange of ideas and perspectives as together we aim to improve the college that we all care for so deeply."

Recckio said the results make the feelings of the campus clear.

"If that large of a percent of the people that you are supposed to lead don't believe in you, it's time to go, and it's time to go fast," Recckio said.

SGA passes Shared Governance bill and Student Bill of Rights amendment

BY KYLE ARNOLD STAFF WRITER

Two large pieces of legislation — a Shared Governance bill and the Student Bill of Rights and Responsibilities — were passed at the Nov. 30 Student Government Association meeting.

A Shared Governance system calls for shared responsibility among the different components of institutional government and its specification of areas of primary responsibility for governing boards, administrations and faculties. The Faculty Council and Benjamin Rifkin, provost and vice president for educational affairs, have recently revisited conversations around improving the col-



Adolphus College and University of Missouri, were cited in the bill as references for the new model. International institutions such as Cardiff University and University College London were cited.

Junior Eli Serota, club sports senator, said the new Shared Governance bill embodies the action that people are calling for.

"I think that although the [no confidence] vote maybe might have been a historic vote and everything ... Shared Governance is actually a more important change for the college," he said.

The other legislation approved at the meeting, the Student Bill of Rights and Responsibilities, is an amendment to the SGA constitution and, according to the amendment, will not be enforced by the SGA or the college until it is ratified by the Ithaca College Board of Trustees. The amendment is not a static document and will continue to be revised by a council of students selected by the SGA president until it is brought to the board of trustees. Recckio said the finished version of the amendment will be brought to the board of trustees in May 2016.



lege's current Shared Governance model.

The bill comes as a result of students, faculty and administration expressing concern over the college's current model and following campus-climate tensions putting the credibility of the administration into question.

SGA President Dominick Recckio said the bill aims to create a student voice that is equal to the other parties involved.

"We're not just looking for Shared Governance, we're looking for equitable governance," he said.

According to the bill, the college will create a College Advisory Council consisting of five students, five staff members, five faculty members and five administrators at the vice president level. The student members will include the SGA president, vice president of academic affairs, vice president of campus affairs, vice president of communications and vice president of business and finance. The staff members will be selected by Staff Council with the suggestion to include the chair of Staff Council, at least one part-time staff member and one full-time staff member. The faculty members will be selected by Faculty Council with a suggestion to include the head of Faculty Council and to have one faculty member for each of the five academic schools. The Ithaca College president will serve as an ex officio member of the committee and has the power to break ties in voting.

The CAC would receive recommendations from the public through a designated email account, and the suggestion would undergo an online tracking process and give status updates to the

From left, SGA senators Matilda Thornton-Clark, Charlotte Robertson and Seondre Carolina vote during the meeting. YANA MAZURKEVICH/THE ITHACAN

recommender and the general public. The recommendations would be heard by the CAC, which would decide on an action plan for that proposition. The CAC would also have the power to create a committee to handle the issue if no governing body exists to handle it.

The president must approve or veto every decision made by the CAC, according to the bill. If the president approves, the written recommendation must be signed by the president alongside an action plan to carry out the recommendation. If the president vetoes the decision, it goes back in front of the CAC, which must approve the revision with two-thirds majority to override the veto.

Winners of the American Association of University Professors Ralph S. Brown Award for Shared Governance, such as Gustavus Recckio said the SBRR is one of, if not the largest, pieces of legislation ever passed by the SGA.

"There are many pieces of this bill that are already in place, that are already rights that we have, and are things that we do every day," the amendment states. "We have decided to put those things into writing, as we do not take them for granted."

According to the amendment, students have the right to dignity and respect; to shared, equitable governance and institutional participation; to institutional transparency; to an environmentally conscious campus; to academic excellence and integrity; to feel safe and be safe; to create, as well as participate in, organizations recognized by the college; and for those organizations to be funded by the SGA; among other things.

Recckio said the college's Student Conduct Code, on which the amendment is loosely based, does not include the student body's voice like the new amendment does. Recckio said he is hopeful the new legislation will have lasting effects on the college.

"I think it will make a huge impact," Recckio said. "I think it will make an impact that lasts a very long time and that it sets a net narrative and creates a new Ithaca College."

NO CONFIDENCE, from Page 1

according to research by Sean McKinniss, a graduate student from the Ph.D. program in Higher Education and Student Affairs at Ohio State University. Fifty-six of these votes, almost half, have occurred within the last five years, with the earliest reported in 1989.

McKinniss, who is the creator of some of the most comprehensive research and a database compiled on the issue, attributes the volume of no confidence votes in recent years to the ability of faculties and students to organize and share concerns with each other and leaders via the Internet and social media. He also credits responsibilities like budget cuts, demands for accountability and cutting student debt as making presidents open to more scrutiny.

In his research, McKinniss found that student-led votes of no confidence are rarer than those of faculty. He attributes this to the involvement of students and their commitments on campus that prevent them from being as aware of the leadership.

"I think that they generate more publicity than a faculty vote because faculty votes happen several times a year," McKinniss said. "When you see a student vote, it really is a rare sight in higher education, and it can send a message that students are fed up with the leadership in perhaps a stronger way than even a faculty vote could ... It takes something like what has happened at Ithaca to bring students out of their traditional roles and become involved.'

McKinniss said most presidents who receive no confidence votes remain in their seats immediately following the vote, but usually leave within a few years - sometimes as short as six months.

"Usually presidents

leave," McKinniss said. "After votes there is a pattern of presidents leaving, but whether or not that's due to the no confidence vote often remains unclear."

McKinniss said often times a president's departure or continued improvement cannot be

directly correlated to the vote as evidenced by data, but can be inferred. But according to his analysis of the 132 votes of no confidence to date, he said a pattern has emerged.

McKinniss said the pattern is a "gradual process" marked by a gap of time between the vote and the president's departure. This period is to allow the president time to find





Votes of no confidence have been held by 134 faculties or faculty senates in 41 states including the District of Columbia and Bermuda.

DESIGN: GRACE CLAUSS

of these votes have

occurred within the

last five years,

which is almost half of the total

number of votes since the earliest

reported in

new work, before stepping aside.

SOURCE: NO-CONFIDENCE VOTE DATABASE SEANMCKINNISS.ORG

Typically, he said the president and the board never explicitly say the vote of no confidence was the cause of the departure when they announce their resignation. McKinniss attributes the departures to the "irreparable damage to relationships," that no confidence votes cause in the campus community

This is not the first time a vote of no confidence has been discussed by Ithaca College faculty. On Sept. 5, 1995, the Faculty Council voted down a motion to move

forward with a vote of no confidence in then-president James Whalen. The vote was canceled due to Whalen's announcement that he would be stepping down at the end of the 1996-97 school year.

According to the Sept. 7, 1995, issue of The Ithacan, ini-

tial talks of the vote were brought up in light of Whalen's controversial downsizing at the college and scrutiny of his perceived autocratic leadership style.

The source of most no confidence votes, said McKinniss, comes down to four common causes: perceived violations of shared governance by the president, financial mismanagement on the president's part, an unfavorable leadership style and personal misconduct on the part of the president.

"The No. 1 reason the faculty votes against presidents ... are the faculty perceive violations of shared governance," McKinniss said. "They think the president is being non-collaborative, is being dictatorial or autocratic. They think he or she is not respecting the culture or the traditions of the institution."

Illustrating this point, colleges at New York University held multiple widely publicized votes of no confidence against their president, John Sexton, during the spring of 2013.

The New York Times reported that four colleges held "overwhelming" votes against Sexton, including the College of Arts and Science, NYU's largest school.

Ultimately, the board stood behind Sexton, releasing a statement that said they had full confidence in his leadership. Sexton will stay through the end of his tenure, which ends this spring.

Christine Harrington, a politics professor who was the chair of the Faculty Senators Council Governance Committee at NYU at the time, said violations of shared governance and the increasing corporatization of higher education as catalysts behind no confidence votes across the nation.

"Really, underneath this all ... was a violation of shared governance – the principles and policies that govern universities where they operate as tripartite political units with the administration, board of trustees and the faculty and students," Harrington said.

At the University of Alabama at Birmingham, the Undergraduate Student Government Association held its own vote of no confidence this past January against president Ray Watts.

USGA President Garrett Stephens said the vote became necessary following what he calls broken trust between the students and their president. After rumors that their football program was being cut, student representatives approached Watts and asked if this was true. He assured them no action was being taken. However, two days later Watts announced the cut to the program.

"That caught everyone off guard," Stephens said. "A lot of that trust was broken between the student government and the administration. We weren't consulted."

Following this incident, the student senate drafted a resolution, and senators unanimously voted no confidence in Watts, but a campuswide vote was not held. Stephens said student votes of no confidence are just as important as faculty votes because they can put pressure on the administration and have the student voices heard in the decision-making process.

Despite the votes against them, Watts and Sexton have both remained in office. Rochon has also said he has no plans to leave the college at this time.

Student judicially referred for threats directed at POC at IC on Yik Yak

BY FAITH MECKLEY

ASSISTANT NEWS EDITOR Ithaca College has identified a current student as responsible for posting two threatening messages directed at the POC at IC protesters on Yik Yak on Nov. 11 and 12 leading up to the Nov. 14

- in November two college students were arrested for posting death threats on Yik Yak targeting students of color at the University of Missouri. Many students did not come to school after a message was posted that said, "I'm going to stand my

A student vote ... can

send a message that

students are fed up

with the leadership."

- Sean McKinniss

director of the Office of Judicial Affairs, said although the student's case is still in the process, if found responsible for the charges he or she would face a punishment ranging anywhere from a warning to expulsion.

"I think the incident was tak-

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That stupid protest is gonna re the best thing Ithaca has going

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No Confidence Votes by the Numbers

Cortaca football game, according to an announcement released Nov. 20.

The student was found following an investigation by the Office of Public Safety and Emergency Management and has been judicially referred for harassment and cyberbullying, according to the announcement. Due to federal privacy laws, neither the name of the student nor the outcome of the judicial process can be made public.

"Ithaca College is committed to maintaining an environment where it is safe for everyone to learn, work, and live," stated the announcement, posted by Dave Maley, senior associate director of media relations. "Any threats to our community or members of our community, including those made on social media, will be investigated and addressed."

The college is not alone

ground tomorrow and shoot every black person I see," according to the New York Daily News.

In a recent post on its blog, Yik Yak said that threats would not be tolerated and that the company would work with law enforcement to find people who post threats. The post came in light of threats made on the anonymous social media platform toward campus protesters around the country.

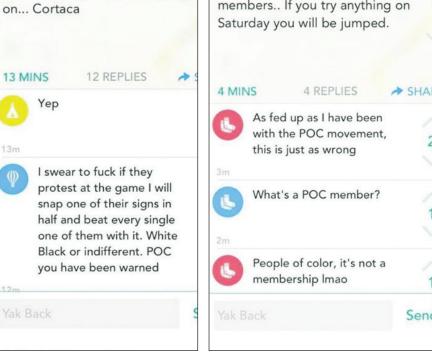
"Let's not waste any words here: This sort of misbehavior is NOT what Yik Yak is to be used for. Period," the post said. "Please remember that Yik Yak and law enforcement take threats seriously. Yik Yak works alongside local authorities to help in investigations, and we may share information with law enforcement as set forth in our Privacy Policy and legal page."

Michael Leary, assistant

en very seriously and had a big impact on the college," Leary said. "I can't really share what we will do with the sanction, but it has to be something within that range."

Leary said the student will have an individual hearing with him, and if the student disagrees with the decision, he or she will be given a new hearing with a conduct review board made up of five justices. If the student disagrees with the review board's decision, he or she can appeal to the provost.

Although other institutions released the identities of the students who were arrested, Leary said the college will be keeping the student's identity anonymous to adhere with federal laws and because the case is a violation of the Student Conduct Code and is not considered criminal at this time.



These threats were directed toward POC at IC members on the anonymous Yik Yak app. The student was judicially referred for harassment and cyberbullying. SCREENSHOT COURTESY OF CAT PROULX ON TWITTER

THURSDAY, DECEMBER 3, 2015

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LIFE & CULTURE THURSDAY, DECEMBER 3, 2015

The not-so-sweet

condition but still live normal lives

BY SILAS WHITE STAFF WRITER

hile Thanksgiving break was a time for students to gorge on turkey and cranberry sauce, some were not as free to indulge themselves. Dietary restrictions from diabetes are one cause of this. This past November was dedicated to diabetes awareness, making it an important time to think about friends, family or just one of the 29 million Americans affected by the disease.

"Raising awareness for diabetes is important. Being diagnosed isn't always something that can be controlled, but we do have control over finding a cure," said senior Mike Kaminskas, sports director at ICTV.

Kaminskas has a younger sister with diabetes, who will be turning 15 this year, making diabetes awareness especially important to him. Diabetes is a disease that is characterized by a lack of or altered level of insulin, the chemical that regulates blood sugar levels. As a result, diabetics must monitor what they eat and in some cases use a handheld device called a pump, which consists of a needle attached to an adhesive patch that goes into the skin, to administer insulin.

Diabetes is categorized into two types: Type 1, which Kaminskas' sister has, and Type 2. The main difference is that Type 1 is a complete deficiency of insulin, while Type 2 is a disorder in which the body does not create enough insulin. Type 1 diabetes lasts for life and cannot be prevented, while Type 2 is preventable with correct eating and exercise and can be managed with proper diet.

Hannah Corcoran is a junior at Ithaca College who has been living with Type 1 diabetes for 10 years. As a result, she must carefully monitor how many carbohydrates and sugars she consumes.

"It's an everyday struggle, specifically managing blood sugar during classes and being able to function off a high or low blood sugar," she said.

Focusing in class can be difficult when feeling the effects of too little blood sugar, so Corcoran said she carries snacks to help her out. Corcoran estimates that she checks her blood sugar four or five times a day, but it can vary based on how the day is going, such blood sugar can lead to long-term problems like kidney disease.

Managing insulin levels is even more important. Without insulin, sugar cannot be broken down in the body, which can lead to a condition known as diabetic ketoacidosis. In severe cases, this can lead to coma or death.

Being mindful of students with certain dietary needs is something the dining hall staff keeps in mind while preparing food. Natalie Nicholas, the Sodexo dietitian on campus, said portion sizes and nutritional information are available on the placard above each item served in the dining hall.

"I've consulted with two diabetic students and would stress knowing portion sizes as a way to manage blood sugar," Nicholas said.

Campus Executive Chef J.J. Molina said getting easily accessible nutritional information is something that's being worked on. The app Calorie Counter & Diet Tracker by MyFitnessPal allows users to scan barcodes and see the nutritional information of anything in the database. The app itself is not associated with Sodexo, but certain recipes Sodexo uses can be found in its database.

"Most of the recipes - and they're working on getting all of them on there - can be tracked with MyFitnessPal, and they can tally how many carbohydrates they've consumed," he said.

Nicholas said any student who wants to consume less sugar or fewer carbs should make sure to keep an eye out for the mindful sticker around the dining hall, which uses low-fat cooking methods and reduced amounts of sugar.

Knowing what one is consuming is an important factor for diabetics, especially Type 1 diabetics like Corcoran, who must make sure they inject themselves with the correct amount of insulin.

"It's all experience and learning. Usually it's on the nutritional pack on the back, but it's difficult at restaurants when you aren't sure of the portion size. You'll order a cheeseburger and have to know what's in the bun, the ketchup, all of it." Corcoran said.

Despite the restrictions and challenges, diabetic students can still live a normal life. Other than having to count carbs and check their blood glucose, their day-to-day life is similar to students without diabetes Still, having a support system in place can be helpful for them in case the additional stress of managing the disease on top of everything else becomes too much.

as knowing she ate something high or low in carbs. While Corcoran currently lives off campus, she said managing her blood sugar levels was tough in the dining halls.

"When I was on campus it was difficult because you have to know the carb count just by looking at the food, and that all comes with experience," she said.

Corcoran said as a Type 1 diabetic, she has a little more freedom than those with Type 2. Even though Type 2 is less severe, Type 2 diabetics must monitor what they eat more carefully because their body can only produce a limited amount of insulin. What's more important for Corcoran is knowing how many carbs she has consumed so she can give herself the correct amount of insulin, since Type 1 diabetics produce no insulin at all. Too little blood sugar can lead to hypoglycemia, which in severe cases may cause seizures or a coma. Too much blood sugar, on the other hand, can cause hyperglycemia, which may cause shortness of breath or vomiting. A single high blood sugar reading isn't cause for alarm, but high

Corcoran said having a support system is important, especially when she was first diagnosed. Corcoran's younger sister also has Type 1 diabetes and was already living with it when Corcoran was diagnosed.

"She was like my rock and my support. It was rare that I had that partner, but I would say that for all diabetics, it's good to have someone," she said.

Both Corcoran and Kaminskas stressed the importance of diabetes awareness and hope for a cure.

"With advancements made in the past 10 years, we are closer to a cure so that there won't need to be counting of anything," Kaminskas said. "But we aren't there yet. This is why raising awareness for diabetes is important."

The blue lancing device shown in the photo above is used by diabetics to obtain blood samples to monitor blood sugar levels.

This blue symbol is worn by diabetics to alert others of their condition in case of a medical emergency.

PHOTO ILLUSTRATION BY AMANDA DEN HARTOG

18 | LIFE & CULTURE

Two Guys, One Eagle

CCENTUATE

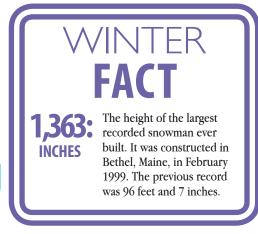


Two Canadian brothers may have taken the best selfie of 2015

Canadians Michael and Neil Fletcher from Sudbury, Ontario, made a surprising discovery Nov. 27 while the two were hunting grouse. The brothers found a bald eagle in the woods, and on closer inspection, discovered one of the bird's talons was caught in a trap. The two approached the eagle and after several tries managed to wrap a jacket around the bird. The brothers then freed the bald eagle from its trap, but not without snagging a selfie with the bald eagle first. "Everybody thinks it's like the selfie of the year," Michael said.

Quote nquote "I'd do anything with Adele." - Drake, when asked to re-

spond to singer Adele's request to do a remix on his hit, "Hotline Bling."



NETFLIX & CHILL?

With the holidays fast approaching, *The Ithacan* picks out three Netflix original series to binge-watch

MASTER OF NONE

Starring comedian Aziz Ansari as by his friends Arnold Baumheiser aspiring Indian-American actor (Eric Wareheim), Brian Cheng (Kel-Dev Shah, the series follows the vin Yu), Denise (Lena Waithe) and 30-year-old as he navigates the his new girlfriend, Rachel (Noel confusing world of relationships, adulthood and life in New York City. Throughout the series, Dev is joined

Wells). The show is currently in its first season, which was released Nov. 6.

CELEB **SCOOPS**

Kendrick Lamar and J. Cole

Rappers J. Cole and Kendrick Lamar gave fans a Black Friday surprise Nov. 27 when they traded beats from their most recent albums to create brand new songs, both titled "Black Friday." Lamar raps over the song "A Tale of 2 Citiez" from Cole's 2014 album, "2014 Forest Hills Drive," and Cole adds his own verses over "Alright" from Lamar's record "To Pimp a Butterfly." In Lamar's verse, he voices his support for fellow rapper Kanye West's run for the 2020 presidential candidacy, while Cole hints of another collaboration between the two during his verses. Fans of the two showed heavy support of the collaboration on social media, and both tracks currently have 2.8 million plays on SoundCloud.



"Captain America: Civil War" Trailer



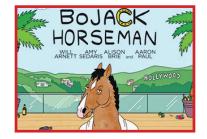


JESSICA JONES

Based on Marvel Comics character Jessica Jones, the series stars Krysten Ritter as Jessica, who opens her own detective agency following the end of her superhero career. Set in New York City, Jessica is possessed with the powers of superhuman

strength and the ability to fly, but is suffering from post-traumatic stress disorder when the series begins. The first season of "Jessica Jones" was released on Netflix on Nov. 20 and is set in the Marvel Cinematic Universe





BOJACK HORSEMAN

"BoJack Horseman" is an animated sitcom that follows anthropomorphic horse BoJack Horseman, a washed-up actor and star of the fictional hit TV show "Horsin' Around." Will Arnett, Alison Brie, Amy Sedaris and Paul

F. Tompkins lend their voices to BoJack, Princess Carolyn, Diane Nguyen and Mr. Peanutbutter. The series premiered in 2014, and its first two seasons are currently on Netflix, with the third season set to premiere in 2016.

The first official trailer to the next highly anticipated film in the Marvel Comics series, "Captain America: Civil War," premiered on the late night talk show "Jimmy Kimmel Live!" on Nov. 25. When the government tries to keep an eye on the actions of superheroes, Captain America (Chris Evans) and Iron Man (Robert Downey Jr.) fall on opposing sides of the argument, resulting in a battle between superhero coalitions. The trailer also shows Scarlett Johansson, Jeremy Renner and Sebastian Stan returning as Black Widow, Hawkeye and Bucky. "Captain America: Civil War" will be released May 6, 2016, and is the 13th installment to take place in the Marvel Cinematic Universe.

COMPILED BY CELISA CALACAL

Orchestra to perform with famous pianists



The Ithaca College Chamber Orchestra is made up of about 35 students and will be joined by renowned pianists Gilbert Kalish and Miri Yampolsky for a performance Dec. 5. FERNANDO FERRAZ/THE ITHACAN

BY MARY FORD LIFE & CULTURE EDITOR

Typically, an orchestra is made up of 80 to 120 musicians. The Ithaca College Chamber Orchestra, however, is about a third of that size, the smallest of the college's four main orchestras and consisting of about 35 students who work together to create precise and beautiful music.

Two renowned pianists, Gilbert Kalish and Miri Yampolsky, will join the Chamber Orchestra for a special performance at 7 p.m. Dec. 5 in Ford Hall. Kalish is a world-famous pianist who continues to perform in his 80s and who has been nominated for three Grammy Awards during his career. Yampolsky is a senior lecturer of piano and chamber music at Cornell University. The duo will be featured in Mozart's Concerto for Two Pianos in E-flat Major, and the orchestra will also perform pieces by Mendelssohn and Beethoven.

Jeffery Meyer, the college's director of orchestras, said this semester the group has had a heavier focus on classical pieces, which was a challenge for its members.

"Very often we do programs that are quite

Kalish, whom she describes as "one of her idols."

"He's really an 80-year-old superstar. He's one of the best and well-known American pianists — pianists period, not just American," she said. "I feel incredibly honored and humbled to work with him."

Yampolsky, Kalish and Meyer also have personal connections that give this performance significance: Kalish first introduced Yampolsky and her husband many years ago. Kalish was Meyer's professor when Meyer was working toward his doctorate degree.

"We both just adore him and love to work with him whenever we can," Meyer said. "After working with Gil, I think you come away a better person. Like Miri says, he's 80 and incredibly bright and incredibly active. He's an inspiration to all of us."

Chryst said working with professional musicians always raises the stakes for student musicians. She said she feels incredibly lucky to have the opportunity to play with Kalish and Yampolsky.

"They're two of the greatest in the country, so it's really exciting to be playing with them. When you play with such wonderful professionals, it really makes you rise to the occasion. It makes you a better player," she said. Meyer said musicians and nonmusicians alike should be able to enjoy the pieces, which he described as "sunny," as Ithaca's infamous winter begins to set in. He added that there is plenty to listen for that gives the pieces greater meaning. "The Beethoven we're opening with is one of his most dramatic," Meyer said. "It's about a woman trying to save her husband from political imprisonment. There's a lot of drama to it, and it's so much better if you know the story behind it." Yampolsky added that in light of the many serious events occurring on campus this semester, such as the POC at IC protests and the no confidence votes against President Tom Rochon, she hopes the concert will bring happiness to the community. "I know there are a lot of issues going on right now on campus, which are very important to many people," she said. "I hope this [concert] gives the campus a moment of opportunity for people to relax ... It's not to say those issues should die down, but it's always good to have a little music, too."

'Anon(ymous)' explores immigrant experience

BY ANGELA POFFENBAUGH STAFF WRITER

From one-eyed butchers to barflies in a sweatshop, a 12-year-old boy named Anon faces many obstacles as he travels alone to locate his mother. More importantly, he takes on this journey to find his identity as an immigrant in the United States.

Ithaca College's nationally recognized Main Stage Theatre will produce Naomi Iizuka's "Anon(ymous)" as its third show for the 2015–16 season. Based on Homer's "The Odyssey," this play retells the story of a man going on a self-fulfilling journey and explores the strong sense of adventure that drives Anon to work for what he wishes to achieve.

The play is guest directed by Jen Wineman, a New York City director and choreographer of plays, musicals and operas. She's also toured with productions such as "A Midsummer Night's Dream," "The Hunchback of Seville" and others. After discovering the opportunity to guest direct at the college through the Stage Directors and Choreographers Society, she said she thought it would be fun to direct somewhere she'd heard so much about, and that there was the chance to direct a subject of her expertise.

Wineman said she chose "Anon(ymous)" because she was drawn to how the play is character-driven rather than plot-driven. She said she likes plays that invite a huge imagination and a strong sense of theatricality, as well as a sense of magic.

"Upon reading 'Anon(ymous),' it was clear this was the play for me," Wineman said. "I was drawn to this play because it's an adventure tale and because of the ways in which Naomi Iizuka appropriated the stories in 'The Odyssey' for theatrical purposes."

Wineman said she not only appreciates the play for its tribute to "The Odyssey," but also for the relations it holds to the current events that have been dominating the news, such as the Syrian refugee crisis.

"The image of hordes of women and children huddled together on the boat to escape a war-torn country figures prominently in the play," Wineman explained. "I've never directed a play that was more timely, or that was able to humanize world events more powerfully. 'Anon(ymous)' is ultimately a story about hope, and there is no emotion more human than that."

The show has not only been an exploration for Wineman in recreating the emotional aspect of current events, but also for several people involved with the show. Sophomore Jordy Diaz, who plays Anon, said working on this show has opened his eyes to the events happening around the world. After the first week of rehearsal, Diaz said he received a wake-up call as racial tensions and the no confidence vote at the college caused him to realize that these issues are proximate rather than distant.

"I've never called myself an activist, and I don't think I could just yet," Diaz said. "But



Sophomore Jordy Diaz stars as Anon, a young immigrant in "Anon(ymous)." COURTESY OF MAIN STAGE THEATRE

I recognize that I've experienced a significant shift in perspective toward the current events happening around the world thanks to this play."

Diaz also noted how this show and its themes of ambition have resonated with his personal drive. He said although the odds are completely against his character, Anon believes that his mother is alive and well. Diaz loves how self-motivated Anon is toward making his dreams a reality, and said both he and the character are very imaginative.

Sophomore Lea Sevola plays Naja, Anon's guide who influences what happens around Anon, and also parallels the goddess Athena. She said not only does she love her role, but she also has love being able to work under Wineman's directing.

"Jen is such an easy person to work with and absolutely fits in with the attitude and vibe that I already love about Dillingham," Sevola said. "I learned a lot about using people as storytellers rather than merely actors and characters."

Sevola noted that Naja's protectiveness, evident in her watching over Anon during the play, is incredibly relatable, which makes her role so enjoyable. She said there is an incredible story to be told from the script and it's been exciting uncovering it.

"This play is so different — so rich and full of themes and ideas that aren't always discussed in theater," Sevola said. "It's vivid, imaginative and so full of life. The characters are so charming and well fleshed out. I can't wait for everyone to watch it."

"Anon(ymous)" premieres Dec. 1 in Clark Theatre and runs until a matinee performance Dec. 6. Tickets can be purchased at Dillingham Center's box office or online. Tickets are \$7 for students, and non-student tickets are \$10.

varied. Every now and then it's good to go back and clean house and do a purely classical program, which is really hard," he said.

Junior Amy Chryst, a violin performance major and member of the Chamber Orchestra, agreed that a concert consisting of three sizable classical pieces is taxing for the performers, who have been rehearsing these pieces for about six weeks, about the same amount of time a professional orchestra has for pieces like this.

However, Meyer said the size of the group and the caliber of its members lends itself to that type of music better than any other in the college's music school.

"This group contains the very top players in the School of Music," he said. "It focuses on playing more challenging music that requires the kind of precision you can only really get in a group that small."

Yampolsky has performed with the Ithaca College Symphony Orchestra and said her positive experiences working with the college led her to organize this concert, which she and Meyer have been planning for about a year. She also said she is excited to be playing not only with Ithaca College students again, but with



From left, junior Celena Morgan and sophomores Lea Sevola and Jordy Diaz play Nemasani, Naja and Anon in "Anon(ymous)," which focuses on the issue of immigration. COURTESY OF MAIN STAGE THEATRE

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Perfect harmony

Ithaca College's non-audition a cappella group closed out its semester with a well-attended Winter Showcase

> Pitch Please, Ithaca College's non-audition a cappella group, held its Winter Showcase at 8 p.m. Dec. 1 in **Emerson Suites and** performed for a sizeable crowd.

Freshman Abbal Call person winter at mit

The group performed several voice-only versions of pop songs, including "Carry You Home" by Zara Larsson, "Shark in the Water" by V V Brown and Taylor Swift's hit "Bad Blood." It closed the performance with its signature song, "Trickle Trickle" by Manhattan Transfer.

Project created to help first-generation students

BY KALIA KORNEGAY STAFF WRITER

When the article "First-generation students at Ithaca College driven to succeed" came out earlier this year in The Ithacan, it drew attention to the specific struggles and challenges faced by students who are the first in their families to actively pursue a college education. While the article initially focused on students, now professors are coming forward to share their experiences about being first-generation students.

The "From First Gen to the Front of the Room" project was launched by faculty and staff members mid-fall semester from several departments on campus to learn more about the first-generation experience. Faculty members were requested via an Intercom announcement to submit their first-generation experiences in order to act as a resource for first-generation students who may be struggling.

Elizabeth Bleicher, director of the exploratory program, said the article in The Ithacan piqued her interest because she is a former first-generation student. She was the first in her family to complete an undergraduate degree and said the experience of navigating college on one's own is a daunting one.

"There are all sorts of rules in college that no one tells you," Bleicher said. "Those rules are very much about socialization and communication and interaction. First-generation students don't have parents or family members who have modeled for them how to behave in college ... There's no one really to tell them what the rules are."

Bleicher said a faculty member came up to her at an open house for admissions and asked if she could run a workshop on advising faculty members on how best to help first-generation students through their college experiences. She said



Lisa Hoskey, director of the Office of Student Financial Services, is a part of "From the First Gen to the Front of the Room" project, which was launched this fall to help first-generation students connect with faculty. MAX SCHWARZ/THE ITHACAN

she then went to the Center for Faculty Excellence and the Academic Advising Center to see whether other faculty members would be interested in forming a group.

The team so far consists of six faculty members, all of whom except one were first-generation students. Bleicher said each member plays an integral role in the project's future.

Wade Pickren, director of the Center for Faculty Excellence & Sponsored Research, said he had discussed with Roger Richardson, associate provost for diversity inclusion and engagement and interim chief diversity officer, how bringing first-generation faculty and students together would be beneficial for

both groups.

"What we hope to do is, now that work will slow down for faculty over the next few weeks, begin to collect a few narratives [from first-generation faculty and staff]," Pickren said. "They might be in the form of a video interview, could be a podcast, could be a short essay or autobiography that we'd make available to students. We hope that will lead to, in the spring semester, some possibilities for first-generation staff and faculty panels with students ... to provide psychological and social support."

Sally Neal, director of the Center for Academic Advancement, said being a first-generation student made it

possible for her to understand how current students must feel. She was a single mother of two while pursuing her undergraduate and master's degrees as well as her Ph.D. Neal said there was the added pressure of being an adult student while also being the first in her family to pursue higher education.

"There's a sense of 'I don't belong here," Neal said. "In my own case, I didn't know anyone who went to college. It just didn't exist. There was a sense of not belonging and a sense of everyone knowing something that I didn't, and there was nowhere to ask questions. I didn't know how to ask questions, and I didn't know who to go to for answers. In that respect,

I think first-generation students face [those problems], but the problem is you don't know you're facing those. I didn't know what I didn't know."

Bleicher said despite the project being in early stages, she and the rest of the team hope that a dialogue is created between first-generation students past and present. She said they want to create a resource specifically for them so students don't feel lost or overwhelmed.

Lisa Hoskey, director of the Office of Student Financial Services, was also a first-generation student and said having the support of her family was a great benefit to her college experience. She also said it would have been helpful if there were more explicit instructions provided for her when she first enrolled. Instead she said it felt like many of the college's resources were thrown at her with little to no direction on how to take advantage of them.

"When I went to college I wasn't sure if I even knew what 'first-generation student' meant," Hoskey said. "It's a label I never even thought to give myself because I didn't even know it was a label. Ultimately if we can connect the students who are first-generation with the resources that provide explicit information about these things, it would be useful."

Pickren said several faculty members have already expressed interest in sharing their stories. He said a website is in the works to serve as a hub for first-generation faculty to provide their experiences and hopefully the panels will come to fruition as well.

"I think students ought to be partners with us on this," Pickren said. "This is not a top-down effort. We only took the initiative to get things started and provide resources. What we really hope for is for students to join us as partners to make this a truly inclusive effort across campus."

Ithaca gallery opens student print fair

BY CECILIA MORALES STAFF WRITER

Swirling colors and abstract shapes will be on display beginning 5 p.m. Dec. 4 at the Ithaca College Department of Art work and talking to the public

are able to profit directly from their art.

"The really great thing about the print fair is the students will be there directly selling their Creative Space Gallery on The about their work, about their





Commons. The gallery will be hosting its first Student Print Fair, which will include original artwork from students who have taken all levels of printmaking classes at the college.

The fair, which is opening in conjunction with the Downtown Ithaca Alliance First Friday Gallery Night, will feature an array of printmaking styles such as woodcuts, silkscreen, lithography and mixed media. It will also feature a solo sculpture exhibition by Stanislav Mehne.

Bill Hastings, assistant professor in the college's Department of Art, said the students will also be able to sell their pieces within the interactive environment. He said the Creative Space Gallery, which opened last semester, offers a professional setting where students

ideas of their work [and] how they made it," Hastings said. "We're one of the only areas of campus that actually makes something. The students own those things, so when they sell them it's their income. They're benefitting from their creative work ... All the money goes to the students."

While this is the first student printmaking fair the gallery has held, the college's art department has plans to continue planning exhibitions like this for the future.

"It's the first time we've done this, [but] we hope to do it every year in December," Hastings said. "I think this print fair is going to evolve to incorporate other areas of the art department, so in the future there will be paintings and maybe sculptures."

All of the prints in the Student Print Fair were created by Ithaca College students in their classes. SAM FULLER/THE ITHACAN



Several styles of printmaking were used, including woodcuts, silkscreen, lithography and mixed media. SAM FULLER/THE ITHACAN

Students will be able to sell their work while it is on display at the Creative Space Gallery starting Dec. 4. SAM FULLER/THE ITHACAN

Viewers starved of substance in 'Mockingjay'

BY JOSH VITCHKOSKI STAFF WRITER

MOVIE

Games —

Lionsgate

Our rating:

Part 2"

iconic Katniss Everdeen The (Jennifer Lawrence) and her propaganda-filming squad walk through the deserted streets of the tyranni-

cal Capitol, complete with computer-generated backgrounds glowing red with fire and smoke. Countless "pods," spectacularly gruesome booby traps, line every square inch of the battlefield. The group reaches an enclosed apartment complex, where one unlucky squad member trig-

gers a pressure plate. Within seconds, the complex is sealed in, and a deadly deluge of black tar sends everyone into a frenzy to get to higher ground. This is no ordinary tar, though. The first extra to fall in is strung up and impaled in a horrendous inky web in the sky. Equally as terrible is the knowledge that the squad has just alerted hordes of Capitol soldiers to its whereabouts. This scene, one of the few engaging moments of the movie, serves a dual purpose: to heighten the tension of Katniss' fight against the leaders of the fictional nation of Panem, and to generate footage enticing enough to be cobbled into a trailer for the final installment of the internationally known "The Hunger Games" franchise, "The Hunger Games: Mockingjay – Part 2," directed by Francis Lawrence.

Based on the dystopian, young adult novel trilogy by Suzanne Collins, "The Hunger Games" follows Katniss through her experience as a tribute in two separate massively televised, gladiatorial deathmatches known as the Hunger Games, for which she volunteers in place of her younger

sister Primrose (Willow Shields). Katniss lives in the fictional dystopia of Panem, the former North America, divided into 12 districts under the oppressive rule of the elite and totalitarian Capitol led by President Snow (Donald Sutherland).

Through her tribulations in the games, Katniss becomes the REVIEW Mockingjay, a symbol used to "The Hunger spearhead a civil insurgency, led by the underground Dis-Mockingjay trict 13 and President Coin (Julianne Moore), against the Capitol. Along the way, \star \star \star \star \star \star \star Katniss begins a romantic re-

lationship with fellow tribute Peeta Mellark (Josh Hutcherson) that jeopardizes her somewhat romantic relationship with her lifelong friend Gale Hawthorne (Liam Hemsworth).

Continuing the trend of splitting final series films into two parts, Part 2 is on the weaker end of a weak plot that never should have been divided in the first place. Ironically, much of the rebellion itself is reduced to a bit part. Instead, characters sit around and talk to fill up screen time. The similarities to Part 1's lack of substance show all-too-well in Part 2, albeit Part 2 shows a few more suspenseful fight sequences and more screen time taken up by Katniss actually shooting arrows than its prequel.

For all its production grandeur and the well-done performances by its ensemble cast, Part 2 could have spared a few of its more unnecessary scenes such as Finnick's wedding or President Snow's Round Table, in favor of bringing more dynamic scenes to the film's most crucial conflicts of power struggles and showing the difference between real and fake relationships. Instead, the mentally hijacked Peeta spends more time telling,





Jennifer Lawrence, Josh Hutcherson and Liam Hemsworth star as Katniss Everdeen, Peeta Mellark and Gale Hawthorne in "The Hunger Games: Mockingjay — Part 2," the final installment of the popular, four-part series. COURTESY OF LIONSGATE

not showing, the audience how "unstable" he is, and the audience is supposed to take his word for it.

Not completely bereft of suspense and conflict but not utilizing it wholesomely either, "The Hunger Games:

Mockingjay - Part 2" does a wellenough job of making up for Part 1's cinematic drop since "The Hunger Games: Catching Fire." While the pacing is clunky, it concludes the series as well as a standard

"Final-Book-Split-Into-Two-Parter" can.

"The Hunger Games: Mockingjay - Part 2" was written by Peter Craig and Danny Strong and directed by Francis Lawrence.

Four years later, Adele is back and better than ever

BY SERENA WEISS STAFF WRITER

It's safe to say that fans have been eagerly awaiting Adele's return. After a four-year hiatus, she released her single, "Hello," on Oct.

23, and the song has since received even more immense popularity and praise. After whetting the appetites of fans and recurring incessantly on the radio since its debut, the

ALBUM REVIEW Adele "25" Columbia Records Our rating:

and high expectations for "25."

Adele not only met these high expectations, but far exceeded them. On this new album, the British singer has revealed to fans a new side of herself with upbeat songs like "Send My Love (To Your Lover)," "Water Under the Bridge" and "River Lea." While Adele has made a name for herself being an ballads, it is refreshing to see her take a new direction on these tracks. These uptempo songs are fairly unusual for the singer, yet they are very successful. This truly demonstrates that Adele has the ability to make any tune incredible.



COURTESY OF COLUMBIA RECORDS

no shortage of emotional pieces, including "When We Were Young" and "Remedy." The singer did a beautiful job of adding in fan-favorite, piano-driven songs with her one-of-a-kind voice. Adele still sings out those slow songs that listeners have come to love. In no way will they be disappointed. From start to finish, the album is a beautiful piece of work. While her singles may be hits, Adele's albums are the true driving force behind her talent. The four-year break that Adele took was definitely worth the wait because this album is amazing. "25" delivers everything listeners expect of Adele and more.

Vamps 'wake up' fans

BY AKILI DORSEY-BELL STAFF WRITER

With groups like One Direction and The Wanted still proving to be significant boy bands from

ALBUM

REVIEW

The Vamps

"Wake Up"

Virgin EMI

Our rating:

★★★★☆

Records

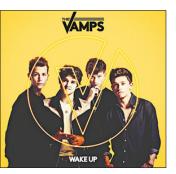
the United Kingdom, pop-punk band The Vamps constantly lives in the shadows. On Nov. 27, the band released its second album "Wake Up," a de-

but that fans have patiently awaited for almost two years.

The band's first album, "Meet The Vamps," released Nov. 4, 2014, officially solidified a spot in the hearts of teenage girls worldwide, but due to a lengthy world tour, they were quickly put on the back burner. Not only did the album debut just in time for the holidays, but also was exactly what the boy band needed to put it back in the spotlight.

Relationships may be a tough part of life, but they go on with a cyclical nature until finding "the one." The listener is serenaded through the sweet sounds of the band members' voices.

If The Vamps have not been on the radar of boy bands to watch, "Wake Up" is sure to alert music enthusiasts to the band's presence. Other boy bands may have to watch their back because just as The Vamps say in "Volcano," "Give me a spark, and I'll give you explosions." This album was definitely their spark, and their career may just explode because of it.



song reappeared on her latest release, a stunning album titled "25," which

UICKIES





Additionally, the singer appeared on "Saturday Night Live" on Nov. 21, where "Hello" was featured in one of the show's most popular sketches in recent memory: the sketch, called "A Thanksgiving Miracle," has garnered more than 10 million hits on YouTube. All of this buzz only added to the hype

emotional powerhouse in her slower

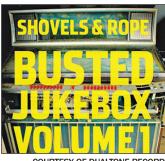
came out Nov. 20. Full of gorgeous vocals, the singer shows off her raw and honest lyrics that fans have missed, sweeping listeners away with her soulful and explosive tracks.

Adele has already broken records with this album, since more than 3 million copies were sold in its debut week, breaking *NSYNC's 2.4 million record for 2000's "No Strings Attached."

For fans already captivated by Adele's standbys, this album has

Through the use of clear and meaningful lyrics, The Vamps make their message known.

COURTESY OF VIRGIN EMI RECORDS



'BUSTED JUKEBOX, VOLUME 1" Shovels & Rope **Dualtone Records** Folk-rock group Shovels & Rope

released "Busted Jukebox. Volume 1" Nov. 20. The group tells a soulful story through eclectic covers of songs from Elvis Costello, Nine Inch Nails, Guns n' Roses and others.





"LIGHTWALK" Solo Woods Solo Woods

Solo Woods shows off his smooth, soulful sound in his latest single "Lightwalk." His third song of his career has a throwback feel with catchy lvrics. With his upcoming album, Solo Woods is an artist to watch.



A ONE MILLION BULLETS

"TV QUEEN" Sia **RCA Records**

Sia's newest single off her upcoming album, "This is Acting," was released Nov. 27. The electric love song features Sia's signature music style with bold vocals and strong lyrics. "This is Acting" will come out Jan. 29. 2016.

COURTESY OF RCA RECORDS

COMPILED BY ANGELA WELDON

Head coach Dan Raymond of the women's basketball squad poses with former players and current coaches for Coast Guard and Dickinson College on Nov. 21 in Ben Light Gymnasium.

BY MATT HORNICK STAFF WRITER

"D-up! D-up! D-up!" is chanted in alternating high and low tones of voice from the United States Coast Guard Academy women's basketball bench in Ben Light Gymnasium. The Bears are playing Dickinson College in the first round of the IC Invite hosted at Ithaca College on Nov. 20–21.

Pacing in front of the Coast Guard bench is head coach Alex Ivansheck '05, who played point guard at the college from 2000–05. Ivansheck was also an assistant coach for the Bombers from 2006–12 and is fourth in career assists and steals in the program's history.

Ivansheck is flanked on the bench by Jessica Farley '12 and Catherine Lewis '13, two more alumnae of the college's women's basketball team.

Farley was a guard on the South Hill squad from 2008–12 and a graduate assistant coach for the Bombers during the 2012–13 season. Lewis played guard for the Blue and Gold from 2009–13 and was an Empire 8 Sportswoman of the Year honoree her senior season.

Across the court in front of the Dickinson bench, Katherine Bixby '10 squats while watching her team in its first-round matchup. A point guard as well, Bixby suited up for the Bombers from 2006-10, in which she was an All-American, thrice named to the All-Empire 8 First Team and is fourth in career points and third in both assists and 3-pointers. She then went on to succeed Ivansheck as the assistant coach for the Bombers. Sitting behind Bixby is Dickinson assistant coach Mary Kate Tierney '14, who played 2 1/2 seasons at the college after transferring from Bryant University, a Division I school. An All-American her senior year, Tierney led the Blue and Gold to the

entire playing career at the college. He said he enjoys seeing his former players go into the coaching profession because of the effect he knows they can have on the people around them.

"I encourage my players to get into coaching at some level, even if it's just a youth team because I think you can have a significant impact on your players that reaches far beyond the X's and O's," Raymond said.

Not only does he encourage his former players to be coaches, but he also influences his former players' coaching styles. Bixby said many aspects of the way she coaches are things picked up from Raymond.

"He was a phenomenal mentor. I owe him a lot," Bixby said. "He taught me how to treat a team, how to look past just basketball, how to embrace what you have and love every moment. He always said basketball was never a job. It's what he loves to do, and I completely agree with that."

Farley said her former coach taught her how to relate to her players off the court and to be more than just a basketball coach.

"I learned how to get to know players on a more personal level from him," Farley said. "I was able to go into his office just to talk, and I would want the same of my players."

On Nov. 20, the Coast Guard bested Dickinson 66–44 in the first round of the tournament.

However, up to that point, it was still unclear which team would take on Raymond because the Bombers stillhad to play their first-round matchup against Bard College. The Raptors proved to be no match for the Blue and Gold as they rolled to victory by a score of 89–52 for their first win of the season.

r e a l l y en j oyed seeing all of them again. "A lot of my friends are still at Ithaor, and seeing them a

friends are still at Ithaca and seeing them along with my former teammates was really great," Tierney said.

In what was optimal time for all of the women to reconnect with their former coach, basketball was the primary conversation topic. Bixby said she and Raymond talked about ways to improve their coaching.

Tierney also said she and Ravmond most talked Iy about basketball and their teams but still managed to also get in some words about their families. Dickinson bounced back from its first-round loss to take third place in the tournament with a 60-52 win over Bard. Bixby and Tierney then took time to greet anyone they were not able to the night before and got a good seat for the championship game between the Bombers and the Coast Guard. Later, Ivansheck and Raymond prepared to square off for the first time in their coaching with a pregame hug. The Bombers dug themselves in an early hole, entering halftime down nine points. But off a 30-point performance from junior guard Ali Ricchiuti, the Bombers were able to sneak out the 69-65 victory. Throughout the game, Ivansheck was incredibly frustrated with the calls against her team, especially after the final buzzer, knowing her team lost the way it did. However, when the teams lined up for the postgame handshake, the distraught coach gave her former mentor a halfhearted hug before she retreated to the locker room.

sectional final game of the NCAA Tournament in 2014. She also holds the record for most 3-pointers in a season.

These two teams with their alumni-filled coaching staffs are playing to win, as they should be. But in the back of their minds, they know in their next round matchup they could be squaring off against their former coach.

Head coach Dan Raymond has coached the South Hill squad since 2000 and coached each of the aforementioned alumnae throughout her

He always said basketball was never a job. It's what he loves to do, and I completely agree with that."

– Katherine Bixby

However, before it was time to head back to their respective hotels and rest up for day two of the tournament, all of the former Bombers took

time to catch up.

The men's basketball team was hosting the first round of the Cortaca Classic, which gave everyone time to hang around.

Tierney, who graduated fewer than two years ago, played with a majority of the upperclassmen on the Bombers' roster and sat in the bleachers watching the men's team play with her former teammates. She said she



TOP: From left, Alex Ivansheck '05, Jessica Farley '12 and Catherine Lewis '13 coach. BOTTOM: Head coach Dan Raymond stands during the women's basketball game Nov. 21. TOMMY BATTISTELLI/THE ITHACAN

While the tournament may not have ended positively for Ivansheck, she said she still enjoyed her return to the college as a whole, despite the fact that it was vastly different from the way she left it.

"It felt unfamiliar. Ben Light looks nothing like when I was a player or coach," Ivansheck said. "Locker rooms are different and new faces within the department — it almost felt like walking into a stranger's house."

As for Raymond, seeing so many of his former players coaching brought a smile to his face.

"It was heartwarming to see all of them and to see all of them coaching," Raymond said. "I think coaching is a noble profession, and I think that they are representing what the profession is all about very well."

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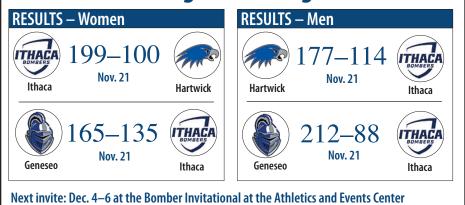
THE BOMBER ROUNDUP

The Ithacan's sports staff provides statistical updates on all of the varsity Bomber squads during the winter season



Senior guard Sam Bevan dribbles the ball past a SUNY Cortland defender during the men's basketball team's 83-74 victory against the Red Dragons on Dec. 1 in Ben Light Gymnasium. SAM FULLER/THE ITHACAN

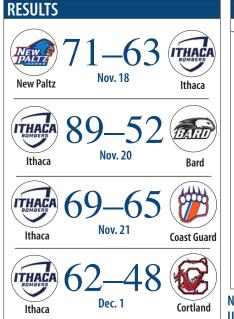
Swimming and Diving



Wrestling

Name	Weight Class	Place	Defeated
Dan Pak	149 lbs.	1st	Mark Marchetti
Jimmy Kaishian	125 lbs.	4th	Asher Kramer
Carlos Toribio	184 lbs.	4th	Cory Damiana
Bryan Israel	133 lbs.	7th	Nathan Pike
Nick Velez	165 lbs.	7th	Michael Falcon
Eamonn Gaffney	157 lbs.	8th	Raymond Jazikoff
Matt Booth	285 lbs.	8th	Robert Cuomo

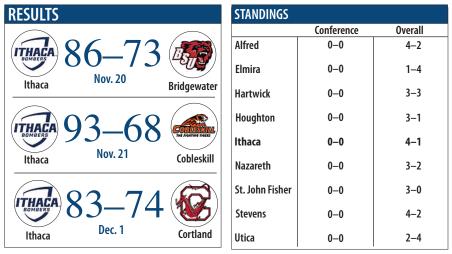
Women's Basketball



STANDINGS		
	Conference	Overall
Alfred	0–0	0–6
Elmira	0-0	1–4
Hartwick	0-0	1–5
Houghton	0-0	3–2
Ithaca	0-0	2–2
Nazareth	0-0	4–0
St. John Fisher	0-0	4–1
Stevens	0-0	1–2
Utica	0–0	2–3

University in Ben Light Gymnasium

Men's Basketball



STANDINGS		
	Conference	Overall
Alfred	0-0	4–2
Elmira	0-0	1–4

	— Cross	-Cοι	Intry				
Men′s – I	NCAA Division III Ch	ampionsh	ips	Women's	– NCAA Division II	I Champio	nships
Position	Name	Place	Time	Position	Name	Place	Time
1	Courses Ilitate as als	(1+h	25:17.70	1	Taryn Cordani	14th	21:36.30
1	Sawyer Hitchcock	64th	25:17.70	2	Denise Ibarra	104th	22:22.70

Next game: 2 p.m. Dec. 5 against St. Lawrence University in Ben Light Gymnasium



*Updated as of Dec. 1

Junior captain pins down path to successful wrestling career

Junior wrestling captain Jimmy Kaishian competes at the

New York State Collegiates on Nov. 22 at Cornell University.

JUST THE FACTS

• A 2013 graduate of Yorktown High School, where he was a

• Posted 20-plus wins in the 2012-13 season, in which

he also took second place at the NCAA Northeast Re-

gional Championship, earning him his first trip to the

• Finished the 2013–14 campaign with a 29–9 record

and qualified for the NCAA Championships for the sec-

ond consecutive year after finishing first at the NCAA

two-time captain and a two-time all-section finisher.

NCAA Championships.

Northeast Regionals.

TOMMY BATTISTELLI/THE ITHACAN

BY CAL DYMOWSKI

CONTRIBUTING WRITER Junior wrestling captain Jimmy Kaishian doesn't need to be the biggest or strongest wrestler on the team to make the biggest impact.

Through his hardworking nature, his determination and his motivation to push not only himself but his team to new heights, Kaishian has risen above the standards of a wrestler at Ithaca College, head coach Marty Nichols said.

"He's a guy we really count on to lead our team," Nichols said. "He's a very important link to our success this year. He's looking out for everybody and this team first."

When Kaishian arrived at the college in Fall 2013, he took the wrestling team by storm by posting a 20-plus win season, placing in four tournaments along with a second-place finish at the NCAA Northeast Regional Championships while also earning his first trip to the NCAA Division III Wrestling Championships.

Kaishian finished his 2014-15 campaign by boasting a 29-9 record and qualifying for the NCAA Championships for the second consecutive year by finishing first at the NCAA Northeast Regionals.

Nichols said juniors typically only earn spots as captains if they are able to lead by example while also being able to communicate effectively with the team. Since the 2012-13 season, there have been two junior captains on the squad. By gaining the respect and support of the coaches and wrestlers in the room, Nichols said Kaishian has become a key part of the team's success

Raised in Yorktown Heights, New York, Kaishian's first sport was not, in fact, wrestling. Kaishian said he was originally a lacrosse and basketball player but was drawn to wrestling in ninth grade when a friend encouraged him to try it out.

Kaishian said he didn't see his career in lacrosse or basketball leading anywhere, and when the opportunity to wrestle came, Kaishian pounced, instantly finding success and starting for the varsity squad as a freshman in the 103-pound weight class with no prior experience.

"Initially, I was learning how to not get pinned, and suddenly I started winning," Kaishian said.

Kaishian's success his freshman year of high school helped spark his interest in the sport while also gaining respect from his coaches and fellow wrestlers, who now wrestle at top schools like Binghamton University and Lehigh University.

"Seeing the success was key to my motivation," Kaishian

said. "I saw it as an opportunity to be great at something."

Kaishian finished his career at Yorktown High School with 117 wins, third all-time in the program's history. Ahead of Kaishian on the list is his current roommate and former Bombers wrestler, Steven Sabella, who is currently completing a semester at Tompkins Cortland Community College. Kaishian also recorded third- and fifth-place finishes at the sectional tournament his junior and senior years, respectively.

By seizing the opportunity that his friend had opened for him his freshman vear of high school, Kaishian developed a strong passion for the sport, one that would eventually grow as Kaishian decided he would pursue wrestling at the collegiate level.

But when it came time to choose a college, Kaishian said Ithaca College didn't appear on his radar until halfway through his senior year. Considering Wilkes University, Springfield College and not wrestling at all, he went to his high school coach, John Tornambe, for some guidance. Kaishian said Tornambe had been interested in coming to the college but did not have the grades. However, Tornambe told Kaishian he had the potential to be accepted, and after Nichols showed him around, Kaishian said he knew he would wrestle for the Bombers.

Kaishian said one important factor for being successful at the collegiate level was finding the right teammates to train with, such

as senior Henry Beaman and former three-time All-American wrestler Alex Gomez '15. Kaishian said while the personal success is great, it is the success of the team that matters to him more.

'The goal is to win a national championship," Kaishian said. "It's not enough to just be an All-American."

Senior and fellow captain Eamonn Gaffney said he admires Kaishian's attitude and approach not only to wrestling on the mat, but to being an encouraging leader.

"He's the hardest worker we have in the room," Gaffney said. "Especially as a junior, it's hard to step up into a captain's role. He knows where he is and leads by example. He's very vocal.'

Kaishian said he enjoys being a leader but loves being part of the wrestling family even more.

"It's an honor, but at the same time, it's intimidating," Kaishian said. "The title doesn't mean everything. I love my team, and I just want to do what I can to get us to our end goal."

Gymnasts come from all around the country



CONNECTICUT **Danielle Maffuid**

MAINE Emma Venard

MISSOURI Kelly Nash

MASSACHUSSETS **Eleanor** Almeida Valerie Cohen Haley Lyons Maggie Nieto Mina Shernan Maggie Verrette

WISCONSIN Nina Bustamante Nadeau

ARKANSAS Lynley Choate

NEW HAMPSHIRE

Amanda Cioli **Carolyn Nichols** Kaylee Pacunas

NEW YORK

Kendra Balcerak Hannah Donnelly Megan Harrington

PENNSYLVANIA

Victoria Gery Melissa Hollrigl Amy Thomas

SOUTH CAROLINA **Emma Duncan**

NEW JERSEY

Lara Haberle Caitlyn McBride

BY AKILI DORSEY-BELL CONTRIBUTING WRITER

Playing on a sports team usually allows members to form a common bond, and for the members of the Ithaca College 2015-16 gymnastics team that bond has become ever greater because a majority of the gymnasts come from several parts of the country. Being so far from home, the members have created a tight-knit family of their own at the college. The athletes are from South Carolina, Connecticut, Pennsylvania, New Jersey, Wisconsin, New Hampshire, Arkansas, Massachusetts, Maine and Missouri. Currently, only three gymnasts on the roster are from New York.

Several of the athletes point to the college's revamped training facility as a key factor in choosing the college. Head coach Rick Suddaby said the gym renovation in 2013 attracted gymnasts from a wider range of locations, whereas in prior years, the team had been made up of mostly Northeasterners. He said the number of different hometowns represented on the team provides a greater pool of athletic ability.

"It's actually a new phenomenon. Gymnasts

coming from different states gives the opportunity to bring in more talent," Suddaby said.

Sophomore Kelly Nash from St. Louis, Missouri, found much success in her first season on uneven bars, which included a score of 9.575 at the Big Red Invitational last year and a 9.325 at Regionals. Nash said she did not have any knowledge of the college prior to the year she decided to commit. She said she applied to approximately 12 schools, including other Division III schools SUNY Cortland, the University of Vermont and the University of Wisconsin-La Crosse, but said the facilities at Ithaca College were the best of them all.

"No one from my town knew what Ithaca was, but I wanted to get away from the Midwest," Nash said. "It's actually not a big change, but it is funny because everyone thinks I live on a farm and have never seen a city, but [Ithaca and St. Louis] are actually pretty similar."

Junior Lynley Choate, from Bald Knob, Arkansas, transferred to the college from Arkansas State University when she realized she wanted a change. She too said the facilities, specifically the new pit, which protects gymnasts from

dangerous falls, sparked her interest.

"I chose IC because of gymnastics. I looked at DIII schools, and there were no DIII schools that had gymnastics close to Arkansas, so I decided to move north. It also had my major of exercise science." Choate said.

Choate said the change in weather was probably the biggest part of her transition to the Northeast because she said Ithaca gets about 30 degrees colder than Arkansas in the winter and she had not seen over a foot of snow until coming to the college.

Freshman Haley Lyons, who is from Pembroke, Massachusetts, was considered for walk-on positions at four Division I institutions - the University of New Hampshire, Temple University, Towson University and West Virginia University - before deciding to commit to the only Division III school she had considered.

Lyons said a large part of her decision had to do with the functions of the gym.

"The facility is better here than in most DI schools," Lyons said. "It blew me away. It's amazing. It definitely brings in a lot of new people and a better crowd."

Aside from the newly renovated facility, the college has another appeal that tends to draw most gymnasts here, Lyons said. She said she found a happy medium at the Division III level, where she could continue doing what she loved, without it taking over her life as an undergraduate.

"Visiting [the college] made me realize gymnastics is a big part of my life, but it's not my entire life," she said. "I didn't want my entire college experience to be taken up from gymnastics."

Suddaby said recruiting for Division III athletics is completely different from recruiting for Divisions I and II athletics.

"It's all about trying to meet someone's needs at a DIII school," Suddaby said. "At the DI level, it's about hiring kids to do sports, so they get paid to do that. We don't do that at our level, and their aid is the same as any other student's. Kids come because they love the sport and program."

Lyons said the gymnasts' love for the sport is apparent through how happy they are with their decisions.

"I clearly made the right choice because I love it here," Lyons said.

THURSDAY, DECEMBER 3, 2015

Sophomore athlete hurdles over fear of diving



BY JUSTIN ROUZIER CONTRIBUTING WRITER

Sophomore Anna Belson steps up to the diving board every day, nervous and scared of what's below. As she readies herself to dive, she swallows her fear of heights, and executes.

When she wanted to dive her freshman year of high school, her then-coach Jen Pollnow said Belson had to learn 3-meter diving. Belson said she would go to her local pool in Hartland, Wisconsin, and not even dive, but just jump off the board and hit the water. Belson said she had to overcome her fear to show that she was strong enough to pursue diving.

"I wanted to show what I was worth, so I worked harder and harder every day, despite being absolutely terrified of heights," Belson said. "The coach finally let me on the team my freshman year, and it was all fun from there."

While she still struggles with it to this day, Belson said she has been able to control her fear better ever since she came to college.

With five first-place finishes in the last five meets, Belson has been a large contributor to the Bombers' 5–2 start. At William Smith College on Nov. 10, Belson set two pool records in the 1-meter and 3-meter diving events with scores of 276.55 and 269.50, respectively.

Despite her individual success, Belson said the records are a team effort, crediting her teammates and coaches.

"My name is the one that goes up on the board, but if it could say 'Ithaca's diving team' that would be more accurate," Belson said. "I'm putting up the records, but they are my legs. The records are a thanks, a



TOP: Sophomore diver Anna Belson performs for the swimming and diving team during a tri-meet Oct. 24. BOTTOM: Belson dives off the 1-meter board in the team's meet Nov. 7 at the Athletics and Events Center. ALEXIS LIBERATORE/THE ITHACAN

big thank you, to everyone."

Despite having no juniors or seniors on the team, there has not been a lack of leadership on the diving team this year. New diving coach Chris Griffin said Belson, who is one of six returning sophomore divers, leads by example. He said even from his first day, she's been focused during practice, always striving to get better, and that has rubbed off on the young team.

"You're never going to look over and think, 'Anna's having a bad day," Griffin said. "Every time you look at Anna, she's working hard, pushing the envelope every day."

Her teammate, sophomore Lindsey Suddaby, said Belson does not stop once practice is over. On her own, Suddaby said Belson dives for another four hours outside of practice and is always willing to help if another diver wants to practice.

Suddaby said Belson's work ethic was apparent as soon as she came to Ithaca College. Her freshman year began with a broken foot, and she was unable to compete for the first half of the season.

Suddaby said despite the injury, Belson never missed weight training and always came to practice to give support to her fellow divers. Belson said she was not even cleared from the walking boot when she convinced the athletic trainers to let her compete in the Bomber Invitational from Dec. 5–7, 2014. In only half a season, Belson was able to earn a trip to the NCAA Championships, where she finished second on the 3-meter board in the consolation finals.

Belson was a gymnast for 14

years, but as she kept getting injured, she stopped the sport and started diving her freshman year of high school as something fun to do to keep active.

In three years of high school diving, after missing her sophomore season due to an ACL injury, Belson earned sectional and conference champion by the time she graduated.

Belson said she began to appreciate diving more and more as she progressed through high school and eventually to college. She said the camaraderie of team diving is something that is special for her.

"When someone smacks the water, it's refreshing to know that a person can laugh it off with their teammates despite being bruised and hurt," Belson said.

A collection of injuries, a new coach and the lack of upperclassmen are all things that could have deterred Belson's diving career, but she said she dismissed those as excuses to not work harder.

Her goal is to return to the NCAA Championships this year, but she said she wants all of her teammates to qualify because they are all talented enough to be there. She said they all push one another to get better, and that the coaches expect nothing less than the best all season.

Belson said to be recruited to a team like the Blue and Gold, which has a long history of success, means there has to be a mentality to rise above everything else and perform.

"You do anything it takes to be the best," Belson said. "If you're on this team, you want it. You're going to succeed because there is no option for failure."

Pole vaulter leaps into the lead for Bombers

BY LAUREN MURRAY STAFF WRITER

Starting a new sport while in college is no easy task. For junior Katherine Pitman, her transition from the Ithaca College gymnastics team to the women's track and field team last year was exciting, as she now holds a current school record and qualified for the Division III National Championship last outdoor season.

Pitman was a member of the college's gymnastics team her freshman year, but after numerous minor injuries set her too far back in the season, she turned to a completely different sport her sophomore year: track and field.

After she was tested in multiple events, assistant coach Matt Scheffler, who specialized in pole vault, said he pointed out to head coach Jennifer Potter Pitman's potential in pole vaulting when she first made the team. Scheffler said the upper body strength she had developed as a gymnast would help her in the pole vault event. "She is very athletic," Scheffler said. "She has great jumping ability, she's very fast, and her height as well. Also what helped was her background in gymnastics."

Pitman said.

Pitman has competed for two seasons of track and field so far, one indoor and the other outdoor. She claimed the college's record for outdoor season with a 3.72-meter jump at the 2015 New York State Collegiate Track Conference Outdoor Championships from May 1–2. She placed first in the meet and helped the college take home first place.

Pitman said she is fortunate that she was allowed to join the team without any prior experience, which is uncommon for track and field athletes, and she had coaches who guided her and teammates who supported her throughout the transition.

"I never went in expecting to get a school record," Pitman said. "I can't even describe how great they are, and to say it is my school record is not fair."

All-American honors. She placed 10th at Nationals, and Rechen was not far behind, placing 19th.

"The both of them had every opportunity to score, but pole vault is one of those events where anything can happen," Potter said.

Moving on to this season, the next step, Pitman said, is to develop her technique. Scheffler said this season she could get that down solid, while last year they worked on her physical ability.

"Last year was all about feeling things out and testing the waters. I was on the faster side, a little bit on the stronger side, and I had the height to get up on big poles and kind of sit over the high bar," Pitman said.

Potter said she has seen a tremendous



Potter said she trusted Scheffler's initial judgment on Pitman's performance during the pole vaulting test and handed her a uniform.

"He has been around long enough and done it long enough to look at when someone picks up a pole and is on the runway and tries it out to notice that they have potential," Potter said.

Even though her potential in the event showed, Pitman said the transition was nowhere near easy. Regardless of the experimental nature of last year, she said it was still fun. She entered the sport with a positive attitude and told herself that she had nothing to lose.

"I wanted to learn something new, and I knew pole vault was a more natural transition for gymnasts because of that spatial awareness and that air awareness you have from gymnastics," She said the school record is more of a team effort than anything. Senior Alex Rechen, who also holds a college record in the pole vault with the highest jump during the 2014–15 indoor season with the same height of 3.72 meters, helped coach her, Pitman said. Rechen said the two of them are beneficial to each other.

"I love training with her," Rechen said. "Especially since she's faster than me, I work to keep up with her. For me, this is my eighth year pole vaulting, so I can take her through a couple drills, and it's really nice to have that extra set of eyes."

"Alex is such a role model for me, and she helps me out in every way, and we push each other. At the same time, we have such a good dynamic together," Pitman said.

Pitman and Rechen were two of the eight members of the women's team to qualify for the outdoor Division III National Championship last season. This was Pitman's first time qualifying and Rechen's first time outdoor and second overall. Pitman had just missed placing to earn difference in the way Pitman sprints. She said at first it was obvious that Pitman was a gymnast by the way she sprints down the pole vault runway, which is similar to a vault runway in gymnastics. The movement and positioning of the arms as well as the stride and speed during performance differs. Now, she has become more fluid in a pole vaulter's sprint, and this slight adjustment can help her approach and overall technique in the event.

Since it is something she has never done, Potter said she feels Pitman has a different approach to the sport compared to other women who have been competing for years.

"This is a totally new world for her, and I think that's why she has been so successful because she really had no expectation," Potter said.

Now that Pitman is a returner and has a better concept of pole vault and track and field, she said she has set high but attainable goals for herself this season, such as attaining All-American status and hitting the 4-meter mark.

"Joining this team could have been a negative experience, but it was the complete opposite," Pitman said. "I had all the support in the world. I had such great leaders on the team."

Junior Katherine Pitman vaults during a track and field meet at Butterfield Stadium. COURTESY OF GABE SHAKOUR

THURSDAY, DECEMBER 3, 2015

Sports | 27

by the Ders

The career-high number of points junior guard Ali Ricchiuti netted in the women's basketball team's win over the United States Coast Guard Academy on Nov. 21.

The number of first-place finishes the women's swimming and diving squad had in its tri-meet against Hartwick **College and SUNY Geneseo on Nov. 21.**

the UZZZR

DID YOU KNOW?

On Nov. 26, Monmouth University upset No. 17 University of Notre Dame by a score of 70-68 in the first round of the AdvoCare Invitational in Lake Buena Vista, Florida. The victory against the Fighting Irish was also the Hawks' 900th win and the first time in program history in which it had defeated a ranked opponent.

Down 37-29 at the half, the Hawks came back in the second half, outscoring Notre Dame 41-31. Junior guard Justin Robinson led the offensive effort with 22 points, which included two free throws with 3.6 seconds left of play. Robinson would go on to score an AdvoCare Invitational record 77 points over three games.

"I have to get to the rim and finish, or I've got to draw a foul," Robinson said. "I don't care about the points I get. I care about winning. If my team needs me to score to win, that's what I do."

At the conclusion of the contest, the Monmouth bench went crazy, gaining national recognition, so much so that ESPN dedicated a camera to it during its game Nov. 27 against University of Dayton.

To finish off the invitational, the Hawks dropped a game to Dayton 73-70 on Nov. 27, but notched a 83-73 victory over University of Southern California on Nov. 29.





SEAN DOOLITTLE

Oakland Athletics pitcher Sean Doolittle, along with his girlfriend, Eireann Dolan, embodied what Thanksgiving is all about when the couple traveled to Chicago to host a traditional Thanksgiving dinner for 17 Syrian refugee families. Mayor Rahm Emanuel and other city officials were also in attendance for the feast. The act of compassion came soon after the decision by more than half of U.S. governors to stop the immigration of Syrians. Doolittle and Dolan are also now inviting their fans and friends to spread the

Top Tweets

The best sports commentary via Twitter from this past week



NOT SportsCenter @NOTSportsCenter

REPORT: Cowboy fans have switched from chugging liquor to now just drinking pure gasoline



NOT NBA Tonight @NOTNBATonight REPORT: Jahlil Okafor gets in street fight, becomes first Sixer to beat someone this season.



Jon Gruden @Faux_Gruden

Brock Osweiler. This kid is tough, man. He reminds me of a Rottweiler. Wow. Osweiler the Rottweiler. I can't even wrap my head around that

Football Santa @NFL_Santa

I'm filing a missing persons report for the Seahawks fanbase for Christmas. They've fallen off the face of the earth

BAD SPORT



JAHLIL OKAFOR

Following his team's 84-80 loss to the Boston Celtics on Nov. 25, Philadelphia 76ers center Jahlil Okafor got into an altercation outside a Boston nightclub. The 19-year-old rookie said he was getting heckled by a fan, and it quickly escalated into a fight. Boston police said there will not be an investigation or charges. Since the altercation, it has been reported that this was not Okafor's first run in with the police, as he had a gun pointed at him at a club in October and was pulled over for driving 108 mph on the



kindness by launching a crowdfunding campaign to help sponsor Syrian refugee families who have arrived in Chicago.

in early November. On Dec. 2, the 76ers suspended Okafor for two games.

THEY SAID IT

HOLLY HOLM

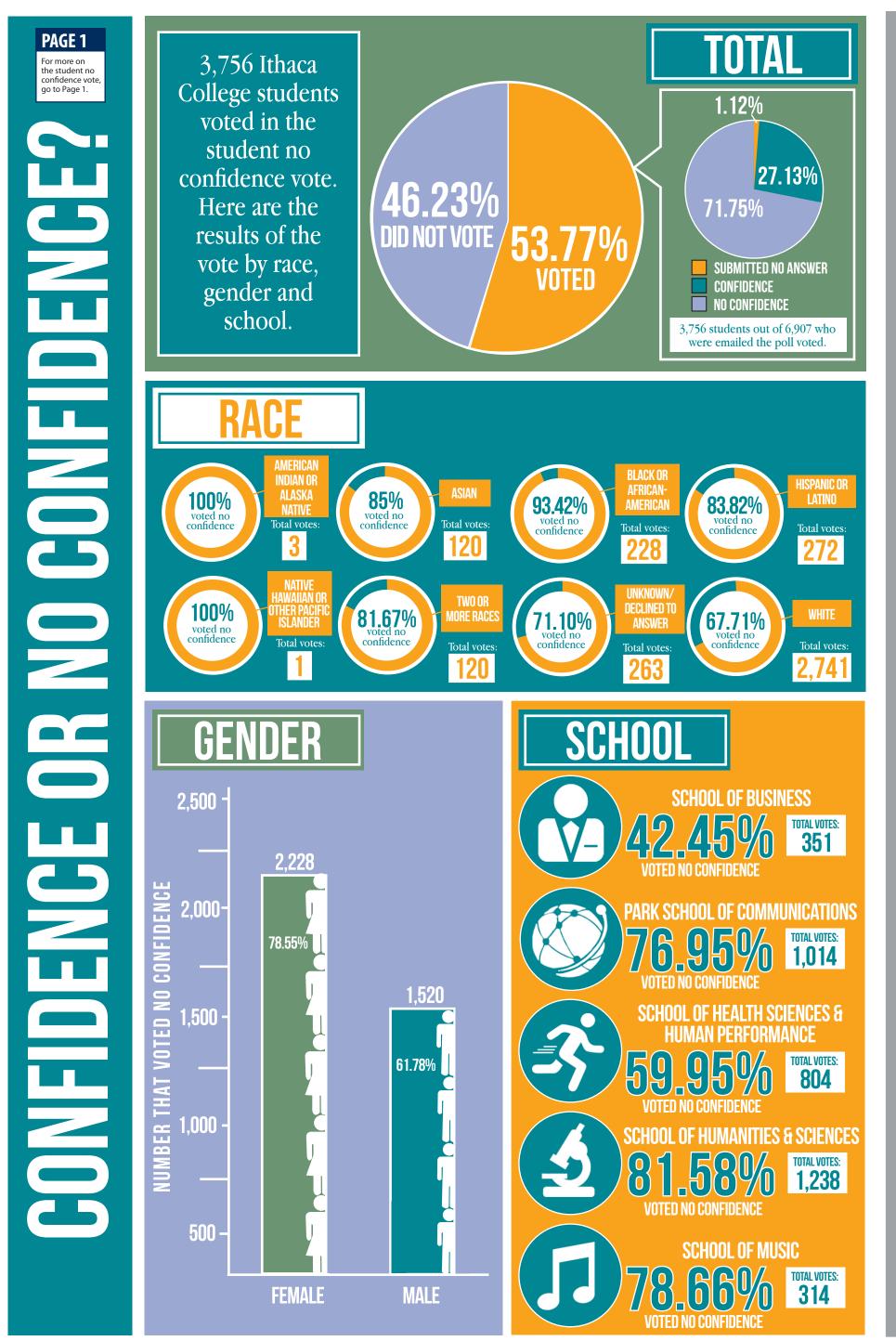
I met Jay-Z and he says, 'This is my wife.' And I'm like, 'Oh, hi. What's your name?'

— When introduced to Beyonce / KRQE



COMPILED BY VINICA WEISS

THE BIG PICTURE THURSDAY, DECEMBER 3, 2015



DESIGN: ALISON TEADORE