



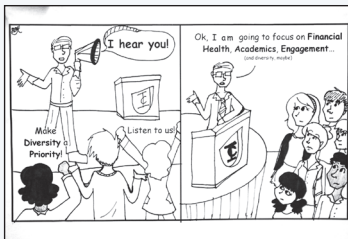
THE ITHACAN

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BACK TO THE MOUND

Fifth-year pitcher John Prendergast returns to action this season for the baseball team.

Page 23



NEW DIRECTION

Tom Rochon seems to have realized he is not the right person to lead diversity initiatives.

Page 9

BELOW THE SURFACE

IC Beyond Body is a campaign started by Ithaca College students that focuses on body positivity.

Page 17

BY SILAS WHITE
STAFF WRITER

The tradition of most music conservatories is to teach music that came out of Europe during the classical era. But that's not all there is to offer — music exists in many forms all across the world.

Besides traditional ensemble classes for music majors, the Ithaca College School of Music also offers numerous classes for music and non-music majors, abbreviated MUNM, or music for nonmajors. John White, associate professor of music theory, history and composition, teaches the class Music in Society, which falls under that umbrella. Music in Society explores the many ways music is used in several cultures around the world, including contemporary America.

One of the traditions of music that came from America is jazz, White said. Jazz came out of the African-American community and was not typically taught at music conservatories. The college offers numerous jazz courses under the jazz studies major as well as a jazz performance ensemble, but jazz is not part of the typical tradition, White said.

"Primarily, the conservatories of music were built on American soil to continue the European music tradition, hence white — Bach and Mozart," he said. "Jazz, as taught at a music conservatory at a music school, is a fairly recent tradition, say the last 30 years."

According to an article written by Bill Zuckerman published on the website Music School Central, American music is not generally on the audition list for music conservatories. Instead, many schools rely on the old European tradition and composers like Mozart, Tchaikovsky, Mendelssohn and Bach.

See MUSIC, Page 15

STEPPING TO A NEW BEAT

The School of Music is working to break away from traditional European music and diversify its selection



ONLINE

For more on diverse selections of music, go to theithacan.org/music-diversity

The West African Drumming and Dance Ensemble performs during the group's showcase Feb. 26. The class has been taught by associate professor Baruch Whitehead since 2004 and aims to bring a more diverse music selection to the Ithaca College School of Music.

FERNANDO FERRAZ/THE ITHACAN

Faculty Council critiques Ithaca College's budget

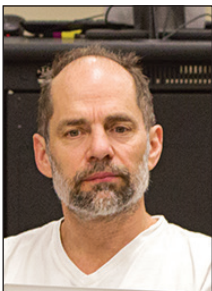
BY GRACE ELLETON
STAFF WRITER

The Faculty Council is planning to distribute Ithaca College's budget to all faculty with the attached criticism that it is "deeply lacking detail." The council is also preparing to launch its diversity and inclusion database by the end of this week.

John Rosenthal, council member and professor in the Department of Mathematics, and Tom Swensen, council member and professor and chair of the Department of Exercise and Sport Sciences, presented the summary of the approved budget for the 2016–17 fiscal year to the council at the March 22 meeting. Both Swensen and Rosenthal are members of the Institutional Effectiveness and Budget Committee.

Rosenthal said he was concerned with the ambiguity of where and how much money is being spent for each school, which is not broken down in the budget.

He said he's also concerned about surpluses decreasing in the budget. He said the college is struggling because the amount of financial aid available is increasing, while the cost of



SWENSEN

attendance is also increasing this year at a growth of about 2.59 percent. He said the college will have to make adjustments because if the discount increases, while tuition barely increases, the college could come into tough times.

Swensen said he's also concerned about the cost of tuition at the college.

"We're trying to keep tuition low, but the students are our income," Swensen said. "These services and programs cost money."

Swensen said to combat this disparity within the budget, the college is planning on moving toward increasing fundraising efforts, like expanding contact to alumni, to help support the college.

Gerald Hector, vice president for finance and administration, said the college is willing to provide the monetary breakdown for each school. He said he thinks criticizing the budget as nontransparent is "an inflammatory statement" because he said the college has done all it can to be clear with the campus community about how the budget works.

"We will respond to whatever request any constituency group on campus would like to see, provided it can be produced with our current systems," Hector said via email.

He said the college has held two information sessions this semester to help explain the budget to the campus community and field any questions or concerns.

See BUDGET, Page 14

Students struggle to get enough high-quality sleep

BY ANNIE ESTES
CONTRIBUTING WRITER

Students at Ithaca College and nationwide say they face problems falling asleep and getting enough sleep. Coupled with recent studies on the issue, researchers are saying this could be due to the use of cellphones before bed, and companies like Apple are trying to find ways to change this.

Eighteen out of 20 of the college's students interviewed feel that their cellphone use before bed affects their quality and amount of sleep. Every student interviewed said they use their cellphones right before they go to bed and feel as if they are on their phone at night when they could be sleeping.

For many students, using cellphones is a part of a set bedtime routine. According to a 2012 Time magazine and Qualcomm online survey, more than 62 percent of adults ages 18–44 sleep with their phone within reach. All students interviewed said they were on their phones before bed for times ranging from 15 minutes to over an hour.

College students in the U.S. are also some of the most likely to suffer from sleep

deprivation. According to a study performed at the University of Michigan in June 2014, 70 percent of students receive insufficient sleep, and 50 percent experience daytime sleepiness. The same study reports that this results in "lower grade point averages, increased risk of academic failure, compromised learning, impaired mood, and increased risk of motor vehicle accidents."

Junior Meghan Chasse-Perry said she usually feels tired every day, and sometimes it affects her actions throughout the day.

"Your brain just tries to go on autopilot, and you start doing dumb stuff and forgetting small things," Chasse-Perry said. "I've kind of au-

topiloted parking before and gotten out and been like, 'I didn't mean to park in three spaces!'"

A 1997 study at Stanford University determined that college students require eight or more hours of sleep per night to fully function. Over 80 percent of college students are "dangerously sleep deprived," which is defined as "at high risk for some sort of accident

"I usually set my alarms, and then I end up on Facebook, and then I'm up for another hour."

— Oscar Mayer

See SLEEP, Page 14

NATION & WORLD

Angolan political activists to see jailtime after plotting conviction

A group of 17 political activists known as the Luanda Book Club have been sentenced to jail after being convicted of plotting to overthrow Angola’s government.

The group was arrested at a 2015 meeting where they met to discuss Gene Sharp’s 1993 book “From Dictatorship to Democracy, A Conceptual Framework for Liberation.” State prosecutors say they were planning a coup.

The book club members were found guilty of preparing a rebellion and criminal conspiracy in a packed, rowdy courtroom March 28. The defense plans to appeal the decision.

The activists were handed jail terms ranging from two years and three months to eight and a half years.

As the judges read out the verdict, one activist held up a sign with a photo of President Jose Eduardo dos Santos, who has ruled Angola for 36 years, describing him as the man who is dividing the country. Another young activist, who was not on trial, was sentenced to eight months in prison for shouting that the trial was a farce.

Man who hijacked EgyptAir plane surrenders and enters custody

An Egyptian wearing a fake explosives belt who hijacked a domestic EgyptAir flight and forced it to land in Cyprus on March 29 surrendered and was taken into custody after releasing all passengers and crew unharmed following an hours-long standoff.

Officials said early on that the hijacking was not an act of terrorism, and later that the man appeared to be psychologically unstable. However, the incident was likely to renew concerns about

Egyptian airport security months after a Russian passenger plane was downed over the Sinai Peninsula in a bombing claimed by the Islamic State group.

At one point, the hijacker demanded the release of women held in Egyptian prisons, but he then dropped the demand and made others.

Just minutes before the arrest, local TV footage from the airport showed several people disembarking from the aircraft and a man who appeared to be a crew member climbing out of the cockpit window and sliding down the side of the plane. The hijacker had earlier freed most of the passengers but kept on board seven people — four crew members and three passengers.

South African lion escapes park for second time and will be killed

Last year, a South African lion earned the nickname “Spook” — “Ghost” in the Afrikaans language — after it escaped from Karoo National Park and eluded searchers for more than three weeks. Now Spook has broken out again.

A helicopter on March 29 searched for the male lion, which was fitted with a satellite tracking collar after last year’s escape.

The lion, which escaped overnight March 27, will be killed because he knows how to get out of the park and could endanger people.

Spook is believed to be about 12 miles outside the park’s boundary.

The lion ranged widely in the arid, sparsely populated area in his last escape, covering about 185 miles. He remained at large despite a big search effort that included a helicopter and trackers on foot. He killed a number of sheep and a kudu antelope, and was eventually darted on the side of a mountain by a wildlife veterinarian in a helicopter.



Mexican students not forgotten in Chile

A young woman is removed March 28 from the Mexican embassy in Chile by the police after delivering a statement during a protest to demand an answer on the case of 43 missing Mexican students from Ayotzinapa, Mexico. The woman, who was part of a larger group of demonstrators, was taken away aboard a police wagon.

FELIX MARQUEZ/ASSOCIATED PRESS

Ivory Coast faces deadly clashes and will increase troop presence

Ivory Coast’s U.N. peacekeeping mission plans to double its troop presence in the country’s northeast after clashes this month between farmers and herders killed at least 20 people and sent more than 1,000 fleeing into neighboring Burkina Faso.

Four hundred U.N. troops — up from 200 — will be stationed in the region of Bouunkani along with reinforcements from Ivory Coast’s army.

This month’s violence is the latest related to long-running disputes over the use of land between farmers and livestock herders.

A U.N. delegation confirmed at least 20 dead

in clashes, which were first reported March 18 and appear to have peaked March 24.

China partnership with Czech Republic sparks public protests

China’s president signed a strategic partnership with the Czech Republic during a visit March 29 that was marked by official honors and public protests in a country that was once a critic of China’s human rights record.

Xi Jinping, who was greeted with a rare 21 salvos of artillery at the Prague Castle, the seat of the presidency, signed the document March 29 together with his host, President Milos Zeman.

SOURCE: ASSOCIATED PRESS

MULTIMEDIA

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Those Funny Feelings – Mental Health Part 3

Junior Matt Hirsch uses stand-up comedy as a method for sharing his experience with mental illnesses.

Singing Their Sorrows – Complaints Choir

On March 24, students and Ithaca locals held a musical performance in which they voiced complaints compiled by members of the group.

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Contact the News Editor at
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High school credits allow student flexibility

BY RACHEL LANGLITZ
CONTRIBUTING WRITER

The number of Ithaca College students entering college with transfer credits from high school is increasing. With these credits, some students have the ability to graduate early, but many still choose to utilize their four years.

According to former registrar Brian Scholten, the number of accepted students who already have college credits is rising. Scholten could not give the actual data but said more than 50 percent of students come in with credit. Scholten left the registrar’s position March 16 and was replaced by Danette Johnson as interim registrar.

Many high schools offer classes that allow students to earn college credits. These classes can include Advanced Placement, International Baccalaureate and dual-enrollment classes. IB classes are similar to AP classes in that they offer a rigorous curriculum for high school students but with an international emphasis. Dual-enrollment credits are college credits that one earns through a local college while still in high school.

Over the past three years, approximately 21 percent of incoming freshmen came in with either AP or dual-enrollment credit that counted for Academic Writing I. According to the Office of the Registrar, of the 1,808 freshmen who entered the college this year, 362 of them do not need to take Academic Writing I because of their transfer credits.

Johnson did not have data on the average number of credits incoming freshmen transfer into the college.

Even though students can transfer credit to the college easily, according to students and the registrar’s office, none of these credits can count as the perspective classes that are required by the Integrative Core Curriculum. ICC themes are areas of study that students choose as their focus when taking perspective courses. Perspective classes are required courses in the social sciences, natural sciences, humanities and creative arts that are supposed to address the issues surrounding the theme.

Freshman Megan Holman said she wished that the college-level classes she took while in high school counted toward her ICC perspectives.

“I wish that that could’ve been done so that I would’ve had more freedom to do other things,” Holman said. “People ask me if I want to graduate early, and I don’t see how I could. Between taking those classes and finish classes for my major, I don’t see how I could graduate early.”

However, on occasion, some students entering college with upward of 30 credits anticipate early graduation. Sophomore Riley

	High School Transfer Credits		
	The college accepts credit from three different types of programs		
	IB International Baccalaureate	AP Advanced Placement	CLEP College Level Examination Program
scored out of	1-7	1-5	20-80
accepted score minimums	4 32 courses accept this score	3 24 courses accept this score	50 40 courses accept this score
	5 4 courses accept this score	4 25 courses accept this score	62 8 courses accept this score
	6 7 courses accepts this score	5 3 courses accept this score	63 4 courses accept this score
	7 4 courses accepts this score		
	DESIGN BY MICKEY DANN		

Ludwig plans to graduate a semester early thanks to the 30 credits she entered college with.

“This is only my fourth semester on campus, but I’m already a second-semester junior,” Ludwig said.

Ludwig also has the ability to balance a major and minor — television-radio and journalism, respectively — that are both in the Roy H. Park School of Communications. This is normally difficult because Park School students are required to have 60 credits inside the Park School and 60 credits outside the school.

On the other hand, Johnson said most students who bring in credit end up spending the full four years in college.

“The majority of students who come in with credit do other kinds of things,” Johnson said. “They use the flexibility provided by those credits to do a second major or spend a semester in New York and LA, those kinds of things.”

This trend is also reflected nationally. A 2015 study by two scholars at the College Board, the organization that administers AP

tests, found that granting more early college credit to high school students helps students graduate in four years, where without that credit, most students could spend more than four years in college.

The researchers found in an analysis of AP test score outcomes for 4.5 million students that students who obtained high scores on AP exams were more likely to graduate from college in four years only if their colleges gave them credit for these exams.

Freshman Sara Belcher entered college with 44 credits but still plans on spending the full four years here.

“I’m going to use the time and space I cleared up to do two minors, so I’m getting more out of my time here,” Belcher said.

Even though Ludwig’s transfer credits did not count toward her ICC requirements, she still said she thinks it was worthwhile that she came to the college with credits.

“I think it is definitely worth it to come in with credit, especially depending on your financial situation,” Ludwig said. “It can allow you to graduate early if that’s something that you can do to save some money.”

TCAT routes may be cut for summer

BY MICHAEL PYSKATY
STAFF WRITER

The Tompkins Consolidated Area Transit Board of Directors is considering a plan to reduce service on certain bus routes over the summer, according to a press statement issued March 28.

Alice Eccleston, TCAT assistant general manager, said in a statement that the cuts are necessary to retain quality service.

“As painful as service reductions are to our community, being unreliable to our passengers and driver burnout are even worse,” Eccleston said.

The proposed cuts would impact Route 11, which serves Ithaca College.

Tim Carey, associate vice president for facilities, was unable to immediately provide information about how TCAT route changes would impact facilities employees over the summer.

While these cuts are currently only being considered for the summer, Eccleston warned that these route reductions could last longer.

“We cannot promise we will not be forced to make cuts for fall service as well,” Eccleston said.

Patty Poist, TCAT communications and marketing manager, said if the cutbacks need to be continued, they will re-evaluate the routes they cut.

“We want to make sure our college students are well-served at all three outstanding institutions of higher learning,” Poist said.

TCAT will be holding a public information session about the proposed plan from noon to 2 p.m. and 5:30–7:30 p.m. April 5 at the Tompkins County Public Library. A third session will be held from 5:30 to 7:30 p.m. April 7 at Cornell University in 226 Weill Hall, and a fourth session will be from 11 a.m. to 1 p.m. April 8 in the Maplewood Apartments community room, 201 Maple Ave.

Business winners go on to find success



Daniel Minogue '15 was part of a team that won the \$20,000 top prize last year for the concept Subversive Malting and Brewing.

COURTESY OF DANIEL MINOGUE

BY SOPHIA TULP
ASSISTANT NEWS EDITOR

Ithaca College’s Business Plan Competition, held for the past three years, helps student entrepreneurs jump-start their own businesses and cultivate ideas. Last year’s winners have since gone on to establish their businesses or find new paths on which to take their passions and award-winning plans.

The competition allows six businesses to give a presentation about their company, followed by a Q&A from a panel of judges in the field who select the top three plans. This year’s competition will

take place April 19, offering the same stakes as last year: a \$20,000 first prize, \$10,000 second prize and \$5,000 third prize for promising student business ventures.

Last year, Subversive Malting and Brewing, a local beer brewery and malthouse concept by then-seniors Zane Coffey, Daniel Minogue and Max Ocean, won the \$20,000 top prize. Current junior Kat Fischer won second place and \$10,000 for her movie trailer–identifying app, and current junior Leonard Davis won third place and \$5,000 for his business, “Fear Walk,” offering a Halloween haunting experience to colleges.

Since winning the top award almost a year ago, the men of Subversive Brewing have devoted their time to perfecting their beer and trying to find the best location for their malthouse and brewery.

Minogue said the team decided to use the winnings to purchase all of the equipment necessary for a 4-ton-per-month malthouse and 4-barrel brewhouse. They also used some of the funds to work on what they called professional development, immersing themselves in beer culture through classes and learning the ins and outs of the industry.

The men hope their business will open this fall, just a year and a half after winning the competition. Their facility is being built and will be housed outside Hudson, New York. Minogue said that as soon as that is done, they can apply for licensing and begin selling their brews by next spring.

Before finding their perfect location, the men faced their biggest setback in late 2015, when they had secured a location before realizing the location was too small to accommodate their already growing capacity.

“We have overcome a lot of hurdles on our way. ... But it’s working out much better than we originally anticipated, even with our setbacks,” Minogue said.

The second prize–winning plan, an app called OnSet, was pitched by Fischer, who was inspired to create it while frequently going to the movies when she was younger. Fischer would see movie trailers she was interested in but would forget them by the end of the film.

From this, came OnSet, which

enhances the moviegoing experience by allowing viewers to save the movies they are interested in.

Since April, Fischer has decided to put the app on hold to revisit it when she is no longer a full-time student and can devote all of her attention to it.

“I continue to develop contacts within the industry and plan on revisiting the app and the business to dedicate myself to it on a more full-time basis after I graduate,” Fischer said.

However, with some of her winnings, Fischer helped develop an independent study course for other inspired entrepreneurs at the college, where they can plan and move their business forward and earn credit, outside of a traditional classroom setting. She said she had wished for this opportunity herself while she was developing her app.

Third-place winner Davis, like Subversive Malting and Brewing, turned his plan for Fear Walk into a reality and will expand this fall.

Fear Walk is an attraction that travels to college campuses, providing an immersive “haunt” experience to students, Davis said. Last year at the college, Fear Walk attracted over 800 students.

Davis will be back at the college this October and hopes to expand to SUNY Alfred, Cornell University and Pennsylvania State University.

Davis said this real-world experience has enhanced his in-class curriculum, allowing the two to benefit each other.

“A lot of stuff that I have learned in classes has become all the more relevant now,” Davis said.

THE ITHACAN

APPLICATIONS FOR PAID POSITIONS ON *THE ITHACAN'S*
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Applications are available at the reception desk in the Roy H. Park School of Communications dean's office. Completed forms, accompanied by a resume should be returned to the dean's office by noon Thursday, April 7, for all positions. Students from all majors are welcome and encouraged to apply. Please direct any questions to Michael Serino, *Ithacan* adviser, at serino@ithaca.edu.



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Nontraditional student fulfills lifelong goal at IC

BY DANIEL HART
STAFF WRITER

Steve Whiting goes about his day like most Ithaca College students: He studies in IC Square, walks to class through Textor Hall and says hello to his peers. However, at 57 years old, with trimmed gray hair and a briefcase, Whiting could easily be mistaken for a professor.

Whiting said he has enjoyed learning since elementary school but that growing up as one of four children in an abusive home with a single mother set a precedent for a lifetime of roadblocks. After graduating from high school in Weymouth, Massachusetts, Whiting went from job to job in cosmetology and retail.

“My father was the one who started pushing the books on me,” he said. “After he left, he knew I had a pension for reading.”

In 1988, Whiting studied for one semester at Quincy Junior College — now Quincy College — in Quincy, Massachusetts. He said he felt his financial circumstances and toxic relationship with his partner at the time, Luis, made it difficult for him to continue.

“I always put employment first because it paid the bills, and there was never really any time for me to study,” he said.

Whiting moved with Luis to Elmira, New York, in 2003, where the two made a living remodeling houses, the same work he continues to use to pay for his education. After seven years of solely focusing on his job, Whiting felt ready to begin studying at Tompkins Cortland Community College, where he received a degree in educational psychology and a Graduate of Note award, the latter of which he said surprised him.

“This just came out of the blue,”



Steve Whiting, a 57-year-old English teaching major, transferred to Ithaca College in 2015. Whiting had also attended Tompkins Cortland Community College, where he received a degree in educational psychology.

COURTESY OF STEVE WHITING

he said. “The teachers, your instructors, professors, the head of the department, all have to confirm on this in order to nominate you and give you the award. So this was like, OK ... I earned it.”

Whiting and Luis broke up in summer 2015. With the emotional baggage and responsibility lifted, he said he could finally make education his top priority. He transferred to Ithaca College as an English teaching major.

Whiting recently wrote a play titled “Abby Normahll: A True Cindafella Story, Never a Princess but one Hell of a Queen!” for his dramatic literature class. The play, which takes place in a bar, is a dialogue between Whiting and a drag queen. As he explains, “Abby” represents a more confident version of Whiting.

“You’re only an image of what I could have been. You are NOT me,” Whiting’s character says.

“Au contraire, mon frère,” replies Abby. “But I am you; a great part of you that cannot be ignored.”

Kelsey Beyer is a freshman in the Social and Cultural Foundations of Education class with Whiting. She said he has much to offer the class because he can share stories of his past that relate to the lessons, which Beyer said contributes to her and her peers’ education.

“We’ve been talking a lot about

children who are at risk because their family life is a little hectic,” she said. “He talked about how his family life affected who he is today.”

Claire Gleitman, professor in the Department of English and Whiting’s professor for Dramatic Literature II, said she can see Whiting becoming a successful teacher. She said she appreciates the attitude he provides the class.

“He’s such a warm, personable, relaxed presence in a classroom,” she said.

Marissa Achee, a junior in Gleitman’s class with Whiting, said that despite the generational difference with his classmates, Whiting is easy to communicate with because of the effort he puts into connecting with his peers.

“You get this feeling when you’re with him that he’s working hard and he cares about what he’s doing and that he’s working toward something,” she said.

Whiting came out as gay when he was 14 years old and said he was bullied. When he talks about wrongdoings done to him by others, he has a perspective that includes the suffering those people probably went through themselves.

“Turn it around, and you start looking at things from more of a positive perspective rather than feeling sorry for myself,” he said.

Studying at the college fulfills a lifelong goal for Whiting, but he said he knows it is not the end of his education.

Whiting said he feels lucky to study at the college, and he strives not to take it for granted. He advises his peers to have an open mind to where their education may take them.

“Here I am,” he said. “I’m accomplishing it. What I do with it after — I honestly am leaving that up to what the future brings.”

Resident Assistants report dissatisfaction with compensation

BY DANIELLE LEE
CONTRIBUTING WRITER

Ithaca College resident assistants are not satisfied with the compensation they receive based on their job duties and workload. RAs at the college receive less compensation than RAs who work at other similar-sized private institutions.

Ronald Trunzo, associate director of the Office of Residential Life at Ithaca College, said RAs receive a credit that goes to their student account each semester that they are employed, covering room and part of their board, depending on which meal plan they have.

According to the college’s website, undergraduates pay a total of \$15,947 for room and board. New RAs receive \$11,870 starting pay their first academic year, increasing each year they serve as an RA.

RAs are responsible for planning five floor events, which can take one to three hours to plan depending on size, and five meetings with associates and co-RAs; room duty from 9 p.m. to 7 or 8 a.m.; attending staff meetings every Thursday; conducting rounds during certain times in the night; responding to and managing crises and emergencies in residential areas; serving as an initial source of support for students experiencing personal or academic concerns by conducting one-on-one meetings; completing all programming requirements; maintaining a positive attitude; being supportive of the department and staff team; and completing other duties as assigned, according to the college’s website.

Trunzo said RAs are paid differently than an hourly job based on the number of hours worked.

“Being an RA is a different type of job because they are on duty for many hours. Therefore, they are paid in stipends and credits,” Trunzo said.

However, some RAs said they believe they should be compensated more.

Sophomore Molly Robbins is currently completing her second semester as an RA.

Robbins said RAs are forced to live in a single room, which cost \$9,125 per academic year.

She said there is no profit because RAs are using what they earn to pay for the remaining cost of room and board.

“I think, optimally, they should have us pay the price for a double room since we don’t have a choice in living in the single room,” Robbins said. “Not having us pay for that room would be even better.”

At other private colleges of similar size, room and board are fully covered. Elon University, with 6,483 enrolled, offers RAs a housing waiver and monthly stipend that eventually adds up to the cost of a single room, which is \$3,493.50 per semester. In the 2014–15 academic year, Chapman University, with 7,892 enrolled, offered RAs full room and board for the academic year.

The College of William and Mary, with 8,437 enrolled, compensates its RAs with a \$3,000 stipend paid semimonthly, covering a majority of room and board and specified room rent in the agreement form.

In January 2013, the Office of Residential Life at John Carroll University, with 3,726 enrolled, announced it would reduce its RAs’ compensation, as well as the number of RA positions, in 2014. According to The Carroll News, many RAs at John Carroll decided to quit because the financial benefits weren’t enough.

Trunzo said that in the past, Ithaca College’s Office of Residential Life has looked at how other colleges compensate their RAs in terms of what they receive.

“I think that we try to be competitive and reasonable in terms of what we are compensating RAs compared to what other institutions are doing,” Trunzo said.

Junior Drew Carr, who was an RA during his sophomore year and left the position after Block I of this semester, said the job was mentally taxing.

Carr said RAs who live on a floor with well-behaved residents don’t have to put in as much work as an RA with a “rambunctious” floor.

“I felt like I was doing a lot more work on the day-to-day trying to manage their relationships



Sophomore “Cathy” Thi Kim Ngan Tran, RA of the 10th floor of West Tower, hangs a name tag on a door. Ithaca College’s RAs say they are unhappy with the compensation provided.

ALEXIS LIBERATORE/THE ITHACAN

with each other, with me, with the floor and with drinking, especially,” Carr said.

Jennifer*, a sophomore RA, said this is her second semester being an RA and that she believes compensation should at least cover room and board.

“A lot of times, I feel like I’m not being supported enough by Res Life directors and faculty members because they expect us to get our RA duties done before our school work,” Jennifer said.

Although the college covers a substantial

amount of room and board, Carr said, it can be difficult to fit school work in. Carr believes it should be less about the busy work — like paperwork and bulletin boards — and more about the student interaction.

“The job is a 24-hour position; it is not something that you ever get a break from,” Carr said. “The compensation is never going to be enough because you live where you work. It would only be enough if RAs were paid a salary-type position.”

*Name has been changed to protect anonymity.

IC group explores mental health and comedy

BY MAURA ALEARDI
STAFF WRITER

Ithaca College students gathered for Active Minds' largest discussion of the year, focusing on mental illness in comedy.

Approximately 30 students attended the event March 24 in Williams Hall hosted by Active Minds, a student organization focused on spreading awareness of mental health and mental illness. The organization's co-chairs, juniors Summer Lewis and Matt Hirsch, planned and hosted the event. The event featured short clips portraying different types of mental illness, including suicide, depression, anxiety and bipolar disorder. After each clip, the group discussed how the illness was being portrayed.

Hirsch said the idea for this event came from his passion for stand-up comedy and recent recognition of how often comedians use mental health as material. He said events like this one are important because of how rarely people talk about mental health, regardless of its occurrence in media.

"I think, even though we've come a long way, even in places like Ithaca College, where we're very liberal and we are very open-minded to a lot of ideas, mental illness is still considered taboo, and there's still a large stigma surrounding it that prevents people from being open to talking about it," he said. "I think if we get the conversation going, it might spread."

Junior Mike Levine, who is diagnosed with depression and anxiety, said he thought using comedy to discuss mental illness was helpful because comedy helps people cope with mental illness. He said he appreciates having a safe space to talk about mental health, especially on campus.

"I just think it's important to facilitate somewhere that's accessible to kids on campus," he said. "It's important to have a place that's accessible, and on campus, and

close by and comfortable for students to go to, especially when people don't always feel comfortable going to therapy, or going on medication or going to CAPS."

Freshman Eva Chebishev said she joined Active Minds in the fall because she loved its goals and purpose. She said she tries to attend every event not only as a supporter, but also as a learner. She said her favorite clip shown was one from "What About Bob?" a movie about a man dealing with mental illness. Chebishev said she first watched the movie in a high school health class and had a much different perspective than she did at the event.

"I was a lot more ignorant about the world of mental health and mental illness," she said. "When I saw that short clip, I kind of saw it through a different lens now that I know so much more."

Levine said he most liked the clip shown from "Silver Linings Playbook," a movie that portrays two characters dealing with mental illness. He said the dialogue between the characters was natural and accurate. The clip showed the two discussing their medication at a table while their friends looked at them silently and with puzzled faces.

"I just think that ... was very real and relatable to people struggling with mental health," he said. "I thought that was a really interesting scenario to put in a popular movie."

Chebishev said this event, in particular, is important for the organization because it fulfills Active Minds' goals and embodies its motives.

"I think it's really important to educate the public and just try to spread awareness and advocate mental health and crush the stigma of mental illness," she said. "We always say not everybody has a mental illness, but everyone has mental health, so no matter who you are, you can benefit from learning about this."



Junior Matt Hirsch, co-chair of Active Minds along with junior Summer Lewis, said he uses stand-up comedy as a method for sharing his experience with mental illness with a wider audience.
LUKE HARBUR/THE ITHACAN



Approximately 30 students met to discuss mental illness in comedy March 24 in Williams Hall. Active Minds, an organization focused on spreading awareness of mental health, hosted the event.
KENDYL BENNETT/THE ITHACAN

Simeon's to reopen following almost two years of construction

BY KYLE ARNOLD
ASSISTANT NEWS EDITOR

Simeon's bistro will reopen in June after almost two years of reconstruction following a tractor-trailer crash into the restaurant in Summer 2014.

Jerry Dietz, owner of CSP Management, the company that manages the building where Simeon's is housed, said the rebuilding involved roughly \$2 million in construction costs. He said that initially, the goal was to reopen in May 2015, but unexpected issues in the building's reconstruction, such as the addition of an elevator and issues regarding the building's age, led to the completion date's being pushed.

"We'd love to have it open for graduation, but that is sort of a pipe dream," Dietz said.

A tractor-trailer carrying a load of cars crashed into Simeon's bistro on The Commons on June 20, 2014. The accident killed Amanda Bush, a bartender at the restaurant and her unborn child and injured five others.

Rich Avery, co-owner of Simeon's, said the restaurant will have a new layout. He said the addition of an elevator reduced the space on the ground floor, so they added a dining area on the second floor of the building. He said the new layout has three distinct dining areas: the "oyster room," the tavern area and the second-level dining area.

"The new feel is basically we should be able to have three different experiences under the same roof," he said. "Each room has different furnishings to create three different moods within the restaurant."

Avery said the new interior will likely fit any event. "Depending on whether you're just out with your friends or out on a date or a special occasion, I think we cover now the spectrum of experiences," Avery said.

He also said the menu will be expanded to incorporate cheaper options. "It's very similar to the menu before — expanding a bit, changing a bit," he said. "It won't be exactly the same, but there will be familiar items."

Avery said it was a good time to expand. "You think of all the great things that are happening in downtown Ithaca. This was the time to expand," Avery said.



DIETZ

The Park Center for Independent Media presents

8th Annual IZZY AWARDS

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with speeches by all honorees

Wednesday,
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Park Auditorium

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Jamie Kalven

Exposed Official Cover-up of Chicago Police Killing of 17-Year-Old Laquan McDonald

Brandon Smith

Exxon: The Road Not Taken
by Neela Banerjee, John H. Cushman Jr., David Hasemyer, and Lisa Song

I. F. Stone Hall of Fame:

Past Izzy Award winner **AMY GOODMAN**, host and executive producer of *Democracy Now!*, will be inducted into the I. F. Stone Hall of Fame, established to honor "the greatest and most productive journalists of our era – the new generation of Izzy Stones."

Individuals with disabilities requiring accommodation, please contact Brandy Hawley, 607-274-3590, bhawley@ithaca.edu, as much in advance as possible.

ITHACA COLLEGE

Park Center for Independent Media

COLLEGE

Class of 2016 invited to free event

The “Toast to 2016” free event encourages Class of 2016 students to reflect on their time at Ithaca College 6–7:45 p.m. April 1 in Emerson Suites. Admission for those who do not bring their senior card is \$2. Presentation of ID is required at the 21+ event.

Local vendors will provide gift certificates to be entered in raffles. Lucas Vineyards will provide wine tastings to pair with the provided free gourmet food. Raffle prizes include a one night stay at the Hampton Inn as well as gift cards to attractions like Waffle Frolic and Wine & Design.

Tompkins County seeks graphic designers for paid logo contest

Students interested in graphic design or visual arts can earn a \$100 prize by creating a new logo for the Greater Tompkins County Municipal Health Insurance Consortium. Submissions will be accepted by board member John Fracchia at john_fracchia@townofcaroline.org, up until 5 p.m. April 19.

Both local and regional governments form the consortium to provide high-quality, cost-stable health insurance for members, their employees and retirees. Submissions should symbolize the entity’s values of collaboration, quality and wellness. The consortium will review all submissions as well as select the winning design at its May 26 meeting. The subject line of the email to Fracchia should be titled “Consortium Logo Contest.”

Deadline for 2016 fall on-campus housing community extended

The Sustainably Conscious Community is one of the Residential Learning Communities offered at Ithaca College for Fall 2016. It is located on the second floor of Terrace 8 and includes single, double and triple rooms. The new deadline is April 4.

This is an opportunity for current first-year students to register for early fall housing. Members of the SCC will share a passion for bettering the environment through maintaining the new

Terraces Rooftop Garden.

This addition to the Terrace 1 living complex will be where the current Pebble Beach is located. Residents will plant and maintain the ecosystem with a faculty associate.

The short application is available on HomerConnect. Residents should also email housing@ithaca.edu with their housing preference. Questions should be directed to current residence directors or employees from the Office of Residential Life.

The Ithacan wins Gold Crown

The Ithacan was presented with a Gold Crown Award by the Columbia Scholastic Press Association at the Spring National College Media Convention on March 13 at the Sheraton Times Square Hotel in New York City. The Gold Crown Awards are the highest honors presented by the CSPA.

The award was in the hybrid category, described as “a publication that works to combine their digital and print publications as one.” The award was for work produced during the 2014–15 academic year under Jack Curran ’15 as editor in chief.

The Ithacan has won the Gold Crown in the hybrid category every year since the category was created in 2013. Prior to that, the paper consistently won Crown Awards in the separate newspaper and online categories.

Cayuga Medical Center to offer summer volunteer experience

During summer 2016, Ithaca College and Cornell University students can gain medical experience through the Patient Care Advocate Team Volunteer program. This opportunity is designed to introduce volunteers to the Cayuga Medical Center, in either the Emergency Department or the Inpatient Unit.

Through supporting medical staff, PCAT volunteers will serve as customer service representatives for the hospital and complete rounds on patients regularly. The PCAT applications, due April 11, can be found on OrgSync. Volunteers must

complete one two- to four-hour shift per week.

Potential students must meet medical record requirements such as having taken a physical exam within the previous 12 months and undergoing a tuberculosis screening. More information can be found at the site or through contacting the Office of Civic Engagement at oce@ithaca.edu.

Upcoming Rainbow Reception on April 15 open for reservations

The 14th annual Rainbow Reception will be held April 15. The Rainbow Reception is a celebration of Ithaca College’s graduating

lesbian, gay, bisexual, transgender, queer, asexual and allied seniors and graduate students. Reservations are required.

The event will feature music and light appetizers. Friends and family are invited to attend, as well as students who are not seniors. Rainbow honor cords will also be given out. The event is sponsored by the Diversity Awareness Committee and the Center for LGBT Education, Outreach and Services.

Questions should be directed to the LGBT Center at 607-274-7394 or lmaurer@ithaca.edu.



Students care for permaculture garden

Sophomore Maggie Broughton works in the permaculture garden March 25, located outside of Williams Hall at Ithaca College. Broughton is a member of the Gardening Principles and Practices class offered by the Department of Environmental Studies and Sciences to interested students as a one-credit pass-fail block course.

SAM FULLER/THE ITHACAN

Public Safety Incident Log

SELECTED ENTRIES FROM
FEBRUARY 28 TO MARCH 3

FEBRUARY 28

MEDICAL ASSIST

LOCATION: Emerson Hall
SUMMARY: Tompkins County 911 Center reported receiving complaint of person having suicidal ideations. Officer took person into custody under the mental hygiene law and transported them to hospital. A report was taken. Master Patrol Officer Jon Elmore.

SCC EXCESSIVE NOISE

LOCATION: Circle Apartments
SUMMARY: Caller reported loud noise. Officer judicially referred three persons for noise violation. Security Officer Clayton Skinner.

MEDICAL ASSIST

LOCATION: East Tower
SUMMARY: Caller reported person is feeling sad and depressed. Officer reported person not a harm to themselves. A report was taken. Patrol Officer Waylon DeGraw.

OFF-CAMPUS INCIDENT

LOCATION: All Other
SUMMARY: Caller reported unknown person stole keys. Investigation pending. Master Patrol Officer Bruce Holmstock.

FIRE ALARM

LOCATION: Circle Apartments
SUMMARY: Simplex reported fire alarm. Activation cause by burnt

food. System reset. Master Patrol Officer Bruce Holmstock.

MEDICAL ASSIST

LOCATION: Gannett Center
SUMMARY: Caller reported person having seizure. Person transported to hospital by ambulance staff. A report was taken. Master Patrol Officer Steve Rounds.

FEBRUARY 29

MOTOR VEHICLE ACCIDENT

LOCATION: 2 Willets Place
SUMMARY: Caller reported two-car property damage motor vehicle accident. A report was taken. Master Patrol Officer Brad Bates.

SCC COLLEGE REGULATIONS

LOCATION: S-Lot
SUMMARY: Complainant reported vehicle towed for fraudulent parking permit. Officer judicially referred one person for acts of dishonesty and college regulations. Master Patrol Officer Chris Teribury.

CRIMINAL MISCHIEF

LOCATION: West Tower
SUMMARY: Caller reported unknown person damaged furniture. Investigation pending. Master Patrol Officer Bruce Holmstock.

CHANGE IN CASE STATUS

LOCATION: Office of Public Safety
SUMMARY: Officer reported

follow-up interview regarding marijuana complaint from Feb. 26 in Emerson Hall. Incident reclassified to criminal possession of a controlled substance and case status change. Officer issued person an Ithaca Town Court appearance ticket for criminal possession of controlled substance seventh and criminal possession of marijuana fifth degree. Officer also judicially referred person for the same. Master Patrol Officer Bob Jones.

FIRE ALARM

LOCATION: Circle Apartments
SUMMARY: Simplex reported fire alarm. Activation caused by burnt food. System reset. Master Patrol Officer Dan Austic.

MARCH 1

MEDICAL ASSIST

LOCATION: P-Lot
SUMMARY: Caller reported person passed out and injured their knee. Officer reported one person declined medical attention from ambulance staff and person was transported to the Hammond Health Center. A report was taken. Master Patrol Officer Brad Bates.

SCC DRUG VIOLATIONS

LOCATION: West Tower
SUMMARY: Person reported odor of marijuana. Officer judicially referred two people for drug violations

and failure to comply. Master Patrol Officer Steve Rounds.

MARCH 2

LEAVING SCENE OF ACCIDENT

LOCATION: Unknown Location
SUMMARY: Caller reported unknown vehicle damaged parked vehicle and left the scene. Investigation pending. Master Patrol Officer Bruce Holmstock.

PETIT LARCENY

LOCATION: Campus Center
SUMMARY: Caller reported unknown person stole cellphone. Investigation pending. Master Patrol Officer Chris Teribury.

MEDICAL ASSIST

LOCATION: Dillingham Center
SUMMARY: Caller reported person dancing injured ankle. Person transported to the Hammond Health Center. A report was taken. Fire Protection Specialist Max Noble.

POSSESSION OF MARIJUANA

LOCATION: Clarke Hall
SUMMARY: Caller reported odor of marijuana. Officer judicially referred one person for unlawful possession of marijuana and violation of drug policy. Patrol Officer Lance Clark.

POSSESSION OF MARIJUANA

LOCATION: Holmes Hall
SUMMARY: Caller reported odor

of marijuana. Officer judicially referred two people for unlawful possession of marijuana. Master Patrol Officer Jon Elmore.

MARCH 3

MEDICAL ASSIST

LOCATION: Bogart Hall
SUMMARY: 911 Center reported person having difficulty breathing. Person transported to hospital by ambulance. Master Patrol Officer Jon Elmore.

BURGLARY

LOCATION: Hilliard Hall
SUMMARY: Person reported unknown person entered room and stole backpack. Investigation pending. Patrol Officer Lance Clark.

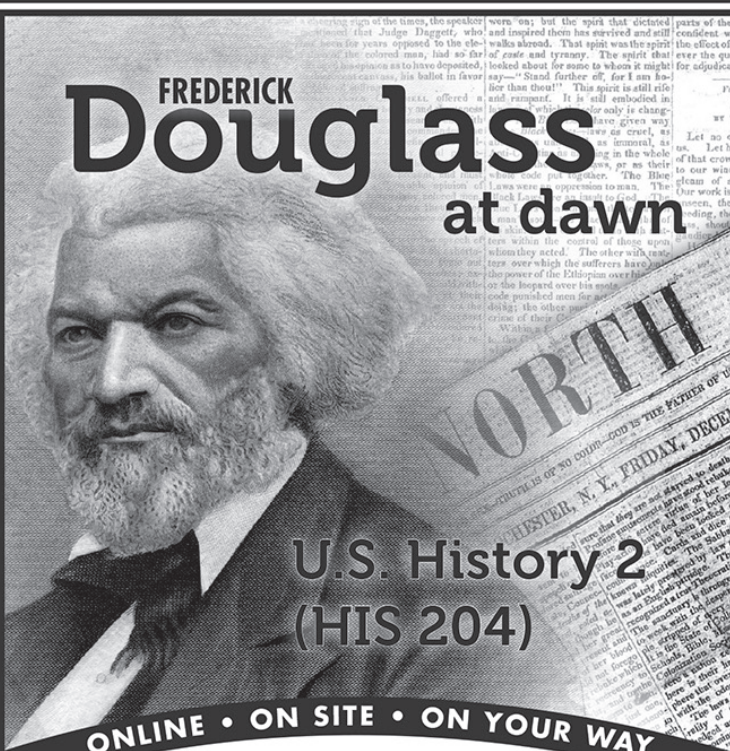
MEDICAL ASSIST

LOCATION: Fitness Center
SUMMARY: Caller reported person playing basketball injured finger. Person declined medical assistance. A report was taken. Master Patrol Officer Bob Jones.

For the complete safety log,
go to www.theithacan.org/news.

KEY

SCC – Student conduct code
V&T – Vehicle and Transportation
AD – Assistant Director
IFD – Ithaca Fire Department



FREDERICK Douglass


at dawn

U.S. History 2
(HIS 204)

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- Muller Center
- Mac's
- Business School: 1st Floor Lounge, Near 2nd Floor, Snack cart
- Chapel
- Snack Bar
- Campus Center Dining Hall
- Campus Center Lobby
- Williams Hall
- Center for Natural Sciences

Off Campus:


- Hammond Health Center
- Alumni Hall
- Ceracche Center
- Towers Dining Hall
- Terrace Dining Hall
- Library
- Music School
- Hill Center
- Center for Health Sciences
- Smiddy Hall
- Dillingham Center
- Peggy R. Williams Center: Lobby, 3rd Floor
- A&E Center
- Public Safety
- Physical Plant



***Issues every Thursday**

Friday, April 1st (tomorrow) is the deadline for requesting a tutor from Tutoring Services!

However, if you need help AFTER this date, email us at tutoring@ithaca.edu. We may be able to place you with existing tutoring groups if this is possible.





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ALLISON LATINI/THE ITHACAN

EDITORIALS

Rochon passes the baton on diversity and inclusion

Based on President Tom Rochon's stated priorities for the year-and-a-half remainder of his tenure, one conclusion is for certain: He has finally seen some light.

Not the light on what kind of change Ithaca College needs in order to address its issues of diversity and inclusion. Not the light on how to create policies that draw from the input of people who do not work in the Peggy Ryan Williams Center. But it does seem he has realized that he is not the right person to take charge of a diversity agenda.

Instead, since it is abundantly clear that the campus community does not trust him with diversity issues, he has decided to foster a better image by playing to his perceived strengths: areas like finances and engagement, where the Ithaca College Board of Trustees has long praised his credentials.

It must be acknowledged that under Rochon's administration, the rise in tuition price came under a degree of control that even Cornell University cannot compete with. The percentage increase in tuition has flattened or decreased since his first year in office from 4.8 percent to 2.6 percent. From year to year, this

percentage has decreased steadily since the 2011–12 academic year. The current 2.6 percent figure is the lowest increase in 70 years, according to Gerald Hector, vice president for finance and administration.

But while he is polishing his financial image, he should pay close attention to charitable donations to the college, which have risen and fallen — mostly fallen — in recent years. Two large gifts in 2013 were responsible for a significant uptick in total giving, but without those in subsequent years, the general pattern is one of decline, according to Chris Biehn, vice president for institutional advancement and communication. Given how tuition-dependent the college is for its expenditures, it is increasingly important to focus on revenue source.

Whether the college is worthy of these donations has been thrown into question — one that Rochon seems to realize he cannot answer, but one that his administration must continue to ponder by addressing the campus climate. Rochon may know he is not the right person to effect change in diversity and inclusion on campus, but this still needs to remain the priority of campus leaders and those administrators who will carry over into the next presidency.

Microaggression mishap warrants conversation

In the March 24 issue of *The Ithacan*, an article was published about Ithaca College students participating in the Alternative Spring Break program through the Office of Student Engagement and Multicultural Affairs. The day the issue came out, we noticed a certain problematic photo, and a day later, it was brought to our attention that members of the campus community noticed it as well.

One of the photos showed Ithaca College students posed on a boat in North Carolina, whose name, printed on the back in blue lettering, was "Tar Baby."

While it is true we at *The Ithacan* did not notice the name of the boat until the newspaper was already distributed, that would not have stopped us from printing the image. However, what would — and should — have happened was more of a conversation about what the students were doing there and if anyone else had noticed the name of the vessel — historically known as a racial slur, though online, the boat's owner says it is named after a larger boat called the "Tar Heel" for the University of North Carolina Tar Heels basketball team — and what kinds of things could have happened in this situation to avoid this.

So we are having it now.

While only one community member expressed concern directly to *The Ithacan*, that does not mean it did not hurt others or make them feel uneasy or agitated.

This is a classic example of a microaggression: an action that, while not necessarily intended to be malicious, has a disparaging or damaging connotation and influence. While the phrase "tar baby" has its roots in West African folklore, it has since taken on a more racist connotation in the United States for referring to certain people of color. The boat's name is a reference to a sports team on paper, but it is hard to believe the second meaning was completely unknown, especially in the South.

As is often the case with microaggressions, no tangible harm was done by a group of Ithaca College students' getting on a chartered boat called "Tar Baby." In fact, many people fail to recognize the term as being racist at all. Nevertheless, in some contexts, the potential for giving offense is clear. The best response is not finger-pointing or censorship, but free and open conversation. Every time a microaggression is recognized and discussed, it decreases the likelihood of its happening again.

Letter to the Editor

Be heard in print or on the Web.



Send a letter to the editor to
ithacan@ithaca.edu.

Letters must be 250 words or fewer, emailed or dropped off by 5 p.m. Monday in Park 220.

Guest Commentary

Individuals or groups interested in submitting a guest commentary can send their writings to **ithacan@ithaca.edu** or to the Opinion Editor at **kdwyer1@ithaca.edu**. All commentaries must:

1. Convey a clear and concise message.
2. Be written by an individual or group who has an educated opinion or is an authority on a specific subject.
3. Be between 500–650 words. Whether more or less space is allotted is at the discretion of the editor.

Comment on any story at **theithacan.org**.



INTO
IDENTITY

NURIA HUNTER

Colorism has lasting impact

Walking through the aisles at Target and staring at beauty products that I know I don't need is usually a fun pastime, until last month, when I came across a series of skin-whitening creams.

In 1978, Unilever launched a whitening face cream, Fair & Lovely, which would be the first of many cleansers, shower gels and even vaginal washes that all attempt to lighten the skin. This is a glaring example of colorism: prejudice or discrimination against individuals with a dark skin tone, typically among people of the same ethnic or racial group.

Though the notion of colorism is not talked about as often in the western world, ideas of beauty and femininity have been directed by a European mindset for centuries. In the post-slavery U.S., the brown paper bag test was enacted for determining whether or not an individual could have certain privileges: If you were darker than a brown paper bag, you were instantly worth less and afforded fewer opportunities. These ideals have stuck with us ever since.

I remember my niece and me preferring the lighter and whiter Barbies to those — very rare — that had dark skin. In conversations about our future husbands, often my friends and I would talk about falling in love and marrying a nice “caramel”-skinned man so that our future children could have two things: straight hair and light skin. Fair and lovely was an aspiration that we had not met, and subconsciously, we wanted our children to be what we couldn't. Deeply embedded stereotypes of exoticism and savagery that we wanted to distance ourselves from are still prevalent today, but now they are backed by beauty campaigns, ads and movie stars that continue to push these notions of colorism.

Women in communities of color are fighting back against the European beauty standards pushed on them. In 2009, the nonprofit organization Women of Worth launched the Dark is Beautiful campaign in an effort to “challenge the belief that the value and beauty of people is determined by the fairness of their skin.”

These campaigns are powerful, but they cannot fix the damage that has already been done to women like myself, who have been dealing with internalized colorism from a young age. In conjunction with these campaigns, communities of color need to start raising children with pride in their skin tone along the entire color spectrum.

INTO IDENTITY is a column about identity issues written by Frances Johnson and Nuria Hunter. **HUNTER** is a senior communication management and design major. Email her at nhunter2@ithaca.edu.

GUEST COMMENTARY

Student journalists face legal chokeholds

BY FRANK LOMONTE

When now-fired Missouri professor Melissa Click let loose with a string of invective as videographer Tim Tai was attempting to cover a campus protest, the world saw an out-of-control adult authority figure throwing around her weight to intimidate a student.

I saw something different. I saw that the 115 million worldwide viewers of ESPN, for whom Tai was freelancing that day, were relying on a college student to bring them the biggest news story in America: the story of how a football-team boycott helped topple a university president.

College journalism has never been more sophisticated, more needed — and more imperiled. The public is dependent on student news-gatherers to a greatly under-appreciated degree, because students have been so seamlessly integrated into professional newsrooms. One out of six people covering state Capitols is now a student, helping offset the losses inflicted by the elimination of an estimated 3,800 full-time professional newspaper jobs each year.

At the same time we're asking students to take increasing responsibility to bring us the day's news, we're sending them into the field with second-class legal protection inadequate to the task.

In at least seven states, unpaid students are unprotected by the reporter's privilege statute that allows professional journalists to safely keep their sources confidential. (New York's statute is among those insufficiently protecting students, though a few court rulings suggest that judges may recognize a constitutionally based privilege broader than the state statute.)

Students also cannot count on the First Amendment in the face of institutional intimidation or retaliation. While the courts have forbidden “prior restraints” of the professional news media, the student media has only the meager protection of a 1988 Supreme Court decision, *Hazelwood School District v. Kuhlmeier*, that empowers schools — and increasingly, colleges — to censor anything they deem “educationally” justified.

Fortunately, a nationwide movement is emerging to reform state laws and restore some

common-sense balance to the governance of campus journalism. Inspired by North Dakota's unanimous enactment of the “New Voices Act” last year, New Voices campaigns are underway in New York and 19 other states to enact legislation protecting college and high-school journalists' ability to discuss issues of social and political concern.

The threats to student journalism, however, go beyond direct institutional censorship:

(1) Retaliation against faculty advisers. Last school year at West Virginia's Fairmont State University, a well-credentialed former professional journalist, Michael Kelley, was summarily discharged one year into a three-year hiring agreement because his students published stories about how residents of campus dorms were exposed to unhealthy levels of mold. Unlike other educators, journalism advisers too often are viewed as “problem employees” if they coach their students to excel in their field.

(2) A lockdown on access to records, meetings and newsmaker interviews. I call this phenomenon “censorship by starvation” — the increasing tendency of college administrators to cut off journalists from all meaningful sources of information, leaving readers with nothing but platitudes from press releases. Colleges are obsessed with spin control, believing their institutions to be not a public service but a “brand.” Privacy statutes intended to protect students' grades and disciplinary records have been distorted into an excuse to withhold anything unflattering to colleges' images, including (in one recent instance in Virginia) refusing to disclose how many times, if any, a public university has expelled someone for committing rape.

(3) The indifference (and at times, hostility) of the reading public. This is the most worrisome of all of the threats, and the most difficult to solve. A lifetime of heavy-handed censorship in K-12 school has produced a generation of college students who believe it is the government's job to protect them against “offensive” political rhetoric.

Where offended readers might once have engaged their opponents through counter-speech, today's readers demand to see their opponents silenced — or even suspended. At Wesleyan



At the Student Press Law Center, Frank LoMonte advocates for the rights of student journalists.

COURTESY OF FRANK LOMONTE

University (a private institution where constitutional protections don't apply), the student newspaper was de-funded as punishment for an entirely mainstream editorial column advancing the political opinion that the “Black Lives Matter” movement might be fueling violence against police.

There is only one future for college journalism — or for journalism of any kind — and that is for K-12 schools to begin teaching “news consumption” as a foundational citizenship skill alongside science, math and English. The core curriculum of a 21st-century education is incomplete without a course in the creation and comprehension of news. Saving news starts with teaching the youngest citizens to value news as an indispensable part of their daily “civic diet.”

FRANK LOMONTE is an attorney and the executive director of the Student Press Law Center. Email him at director@splc.org.

Seneca Falls may bring in trainloads of urban decay

BY FRANCESCA ESCE

The landscape of Seneca Falls was carved by the glaciers, revered by the Cayugans, modified by the industrialists and is now being covered by urban trash.

I was lucky enough as a child to grow up in close proximity to my grandparents. My mother's parents lived 45 minutes away from us in Seneca Falls, where my “Poppa” lives today. He immigrated to Seneca Falls from Giano Vetusto, Italy in 1950.

I've spent a good amount of time in Seneca Falls, in recent years and as a kid, and I've always been interested in the town. For one, it's where the first women's rights convention was held and is widely known as being a birthplace of women's rights. I remember looking out the window of the car on the way out of town and seeing a huge tiered hill and asking my parents what smelled so bad. They told me the big smelly hill was a landfill.

I remember the idea of a landfill being an anomaly to me, and I frequently wondered where my Flintstone's Push-Pop wrappers might be in the landfill. I would go on to learn that the Seneca Meadows landfill is the largest in New York State and can collect upwards of 6,000 tons of trash per day from towns and urban areas in three states. Right now, there is a proposed \$3.3 billion, 20-year contract awaiting approval to haul trainloads of trash from New York City to the Seneca Meadows Landfill. A rail yard would be built next to the landfill



Francesca Esce poses with her grandfather, Francesco Rivezzi, at his home in Seneca Falls, where he worked as a brass molder for 43 years.

COURTESY OF FRANCESCA ESCE

and haul in an additional 1,000 tons of trash per day, bringing the total to 2,500 tons per day.

No matter how much we may try to be sustainable, trash is inevitable and it has to go somewhere, but where exactly is it going? Landfills across the country, including Seneca Meadows, are becoming more eco-conscious by collecting methane gas and using it for energy. The issue at hand is not necessarily the landfill itself, but where it's located and where similar trash sites are located. Many landfills are built in low-income or poverty-stricken areas, and the communities that reside there face those consequences

just for their socioeconomic status.

The Finger Lakes region has a history of being assaulted and bullied by the government and industries, and right now its most prominent threat is a mountain of urban trash. The territory was originally inhabited by the Cayuga tribe, whose villages were attacked and destroyed by the Sullivan Expedition, under the commission of George Washington, for protecting and defending their home. Now, the landscape that was once respected and revered has been topographically altered by a man-made mountain.

Once the Native Americans were pushed out, the settlers

industrialized the region, built a canal in the early 1800s, and by the time the 20th century came around, it was home to numerous industries and factories, including Goulds Pumps, where my Poppa worked as a molder in the brass foundry for 43 years to support his family. The site for the landfill was built in 1953, just three years after my grandfather moved to America. It seems probable that many residents of Seneca Falls had little to no say in the construction and future of the landfill, given that the town operated mostly off of minimum-wage workers who were just looking for opportunity and a way to support their families. Today, the average household income in Seneca Falls falls far below the national average.

My grandfather just celebrated his 85th birthday in the little town of Seneca Falls, in the beautiful Finger Lakes, whose picturesque wineries, sparkling lakes and rolling hills could elicit positive economic effects for the town through tourism. In addition to the landscape, the town has a unique history of women's rights and is even rumored to be the inspiration for Bedford Falls, the fictional town in Frank Capra's classic film “It's a Wonderful Life.” But, instead of appreciating the area for its natural beauty and history, it's being masked by the stench of industry and capitalistic ventures, in the form of a 280-foot trash mountain.

FRANCESCA ESCE is a junior integrated marketing communications major. Email her at fesce1@ithaca.edu.

NEWSMAKERS

IC student first to predict Hawaii caucuses



From his dorm room in Terrace 5, sophomore Alec Salisbury aggregated caucus results from Twitter, Reddit and Facebook on March 26 and was the first to project Bernie Sanders' victory in Hawaii.

KAYLA DWYER/THE ITHACAN

An Ithaca College student beat mainstream media to the punch March 26 in predicting Bernie Sanders' landslide victory in Hawaii — with the help of Twitter, Reddit and Google Docs.

Sophomore Alec Salisbury created a Google Sheet to track the caucus results in Washington, Alaska and Hawaii, where the Democratic Party of Hawaii was three hours late in reporting the results. Salisbury's projections were within 1 percent of the results projected later by The Associated Press.

Opinion Editor Kayla Dwyer spoke with Salisbury about how he did it, why he did it and what his future plans are.

Kayla Dwyer: Is this the first time you've tracked caucus results yourself, and so closely?

Alec Salisbury: Yes, it was.

KD: Why did you do it?

AS: I had seen it attempted once before by another group of people on Reddit, but I don't think it was very successful. I don't think they put in effort to get a good estimate, but that's where the inspiration came from.

KD: Why this set of caucuses in particular?

AS: I saw the opening, I guess. There had been talks on the forums on Reddit that someone should make a sheet, so I was like, "I'll do it." So I threw a sheet on there. I originally had it "public" so anyone could write on it, and I put a little troll

section so people could mess around and not tamper with the results. That didn't last very long, though — it was about 20 minutes in, and results started getting deleted, and I was like, "That's not going to happen." But in Google Sheets, you can revert it to where it was, so I just restored it and made it unlisted so people could view it but not comment. Then I went back into the Reddit thread and said, "Hey, if you wanna help me on the sheet, send me your email." So I got about 10 people and gave them edit privileges so they could edit and help out.

KD: Were you nervous about trusting people you don't know?

AS: Not really, it was pretty straight forward. Just searching through tweets or through Reddit comments, people were saying, for example, "Precinct 02-01, Bernie 171, Hillary 128" or whatever. If I had the time, I would verify it to see if I could see it more than once to kind of back it up, but it was just an estimate, really.

KD: So you used results coming in on Twitter and Reddit?

AS: Yes, and on Facebook. There were some Facebook events, like "Vote for Bernie." People have done what they call "Facebanking" — there's a tool where you can search my friends who like Bernie Sanders and live in a certain state, ... and there's a little bookmarklet that you can copy all the names, and you can go to the event, click a button, and it invites them all. You can make a

notification the day of, and they get invited to the event, so it reminds them to go vote. So people in those threads were posting the results from each caucus that they were at, so that was so helpful in finding results. It's kind of a Reddit grassroots widget that was made to facebank — it's like phone bank.

KD: How did you keep track of all the caucuses?

AS: I didn't get all of them — I got 60 percent. What we did was we found the official democratic websites. They had the lists of the caucus locations, the precincts, so we input that as a template into the Google Doc so we could just put it in and so we could check before we put something in that we had it already.

KD: I have to believe you weren't the only person doing this sort of thing.

AS: There was a group that was doing it with the Washington results through Dropbox, and they sent out a link. They had 30 or 40 precincts in, so I started cross-referencing from there. They didn't have it public; they were just sort of doing it for their own fun.

KD: Just like you were.

AS: Just like I was, yes.

KD: Why did you do it, though? Where does your interest in politics come from, as a cinema and photography major?

AS: I like the whole mass scale of it. I find that to be intriguing — the whole influencing public opinion is very interesting because everyone has their own reasons for believing what they believe, and it's fun trying to understand why people decide to vote for a person, decide to back a policy.

KD: Are you going to do this again?

AS: Yeah, we're already planning it.

KD: Same process?

AS: I think we're going to try to get a better way to have the results come in, maybe like have people reach out to people who we know in the caucuses, so they can submit a form somewhere. I want to figure out how to put an analytics page on the Google Doc so I can figure out how many people view it.

KD: How do you feel after all is said and done?

AS: I'm happy it helped. I'm ecstatic it was so accurate. And now I'm exhausted.



ELEPHANT
IN THE
ROOM

KYLE STEWART

Money can't solve poverty

In sixth grade, I had an assignment to write a speech on an issue I was passionate about. I chose poverty, and at the time, I believed more government was the answer. Since then, my political beliefs have shifted to the right. During that transition, however, I didn't abandon my passion for solving poverty. Quite the opposite happened: As I read and researched more, I came to the conclusion that free markets are the solution to limiting poverty, not more government programs.

A recurring problem Republicans face is that we let Democrats dominate certain issues, poverty being one of these. When Republicans avoid discussing poverty, it appears that they do not care about people in need. This needs to change. I was glad to see Speaker Paul Ryan and Senator Tim Scott lead a forum earlier in the year on the topic of free-market solutions to poverty. We need all Republicans on board.

When Democrats address poverty, they promise more programs and more money. Unfortunately, it hasn't worked. More than 50 years since the War on Poverty was declared, the percentage of Americans in poverty has barely changed. Instead of having out-of-touch lawmakers and bureaucrats in Washington throw money at a problem, conservatives believe in the innovation that happens at the local level. We should replicate programs like the Doe Fund in New York City, which lifts people out of poverty while also helping them overcome drug addictions and criminal recidivism. And instead of raising the minimum wage, conservatives support alternative solutions like the Earned Income Tax Credit, which rewards low- to moderate-income individuals for work by letting them keep more of their money. Republicans must also concede that the EITC needs reform to make the program available for people who do not have children.

Changing the way we deal with social services is vital. A relatively new program called Pay for Success could help. In this model, private investors fund social services at the outset. If these social services meet their intended goals, governments reimburse the investors plus a return. We need more innovation like this.

We need a safety net for those truly in need, but we do not need politicians applying a one-size-fits-all solution to problems that are much more unique than that. We need a limited government and free markets. And most of all, we need conservatives who fight for those who can't fight for themselves. At its core, conservatism is compassionate. We need to do a better job demonstrating this.

ELEPHANT IN THE ROOM is a conservative political column written by Kyle Stewart. **STEWART** is a sophomore journalism major. Email him at kstewart1@ithaca.edu.

SNAP JUDGMENT

What's your funniest April Fools Day joke?

ONLINE
To see the Snap J video, go online to theithacan.org/multimedia



"When I was 6 years old, ... my sisters convinced me I was adopted and I needed to find my birth parents."

SKY MATTIOLI
WRITING FOR FILM, TV,
AND EMERGING MEDIA
'19



"I work at 92 WICB ... and every year for April Fools we like to change our programming a little bit. One year, we pretended it was Christmas."

ALEX BREDIKIN
PHYSICS '18



"My dad's very into his electronics. ... When he was out at work, my brothers decided to put tape all over the TV to make it look like it was cracked."

LEYLA MARQUEZ
SPEECH-LANGUAGE
PATHOLOGY '18



"When I was 10 or 11, I took some scotch tape and wrapped it around the hose of a sink so that it sprayed [my mom] right in the chest."

OWEN MEMELO
CLINICAL HEALTH
STUDIES '19



"One time, I stole all of my dad's underwear and put it in a garbage bag and threw it up in a tree, and it got stuck there."

AMY WAGNER
OCCUPATIONAL
THERAPY '19

MARIBEL BERMUDEZ/THE ITHACAN

A background image showing several baseball players in blue and white uniforms running on a green field. The focus is on the lower half of the players, showing their legs and feet in motion. One player's red and white cleat is prominent in the foreground on the right.

HIT THE GROUND RUNNING WITH ALL YOUR BOMBER SPORTS COVERAGE

SAM FULLER / THE ITHACAN

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Netflix & Chill By Steven Pirani '16

Did you know the Humboldt squid can turn itself blood-red? This is because red light doesn't travel far underwater, meaning a dark red squid is effectively invisible.

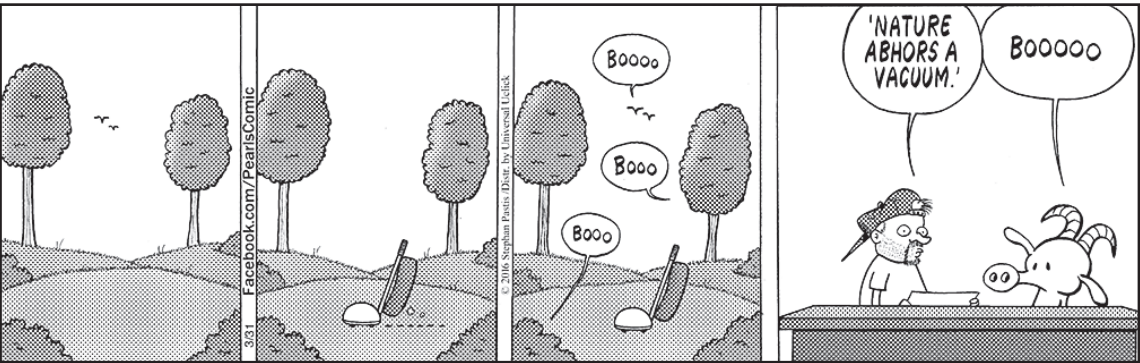
Funny, looks pretty visible here.



Moonshoes By Allison Latini '17



Pearls Before Swine® By Stephan Pastis



sudoku

medium

1								9
	8							
		5	6	3				
2		4	1	5		8	9	
			7	9		4	1	
8	1							
	4	3					2	
9	6	1			4	3		
5					9	6	4	7

very hard

						3		
			2	5	7	6		1
						7		
6	5			9			3	
8				4			6	2
	7			1				
		3					4	5
4	2							
			6					


answers to last week's sudoku

medium

5	7	4	2	3	9	1	8	6
1	9	3	5	8	6	2	4	7
8	6	2	4	7	1	3	5	9
6	3	9	8	4	5	7	2	1
7	4	1	6	2	3	8	9	5
2	8	5	9	1	7	4	6	3
9	1	8	3	5	2	6	7	4
3	2	6	7	9	4	5	1	8
4	5	7	1	6	8	9	3	2

hard

6	1	9	4	5	2	7	8	3
8	5	3	9	7	6	1	2	4
2	7	4	8	1	3	9	6	5
5	6	8	1	3	4	2	7	9
3	4	2	7	8	9	5	1	6
7	9	1	2	6	5	3	4	8
9	2	6	3	4	7	8	5	1
1	3	5	6	2	8	4	9	7
4	8	7	5	9	1	6	3	2



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The Sudoku Source of "The Ithacan".

crossword

By United Media

1	2	3	4		5	6	7	8		9	10	11
12					13					14		
15					16			17	18			
				19				20				
21	22	23					24			25	26	
27						28				29		
30					31					32		
33					34					35		
36			37						38			
		39					40					
41	42					43				44	45	46
47					48	49				50		
51					52					53		

ACROSS

- 1 Tokyo's space
pgm.
5 Average (hyph.)
9 Weep loudly
12 Windows alterna-
tive
13 Machu Picchu
founder
14 Make tracks
15 Nest egg
17 Eucalyptus
muncher
19 "– la-la!"
20 Galumph
21 Scale
24 Acrobat's bar
27 Longings
28 Kind of chop
29 Turkey or cat
30 Comstock Lode st.
31 Bird or person
32 Transport for
Sinbad
33 Polar cap
34 Roman poet
35 Wife, to a lawyer

- 36 Like may ailments
38 Ebbets Field great
pgm.
39 Wind-driven spray
40 Gossip
41 Bumps into
43 Fuchsia
47 Home page addr.
48 Oklahoma town
50 Bath cake
51 Run through a kiln
52 Confident
53 Tease

DOWN

- 1 Roast beef au –
2 "Wheel" buy (2
wds.)
3 VII doubled
4 Principles
5 Sound bored
6 Add- – (extras)
7 Dixie st.
8 West Coast city
9 Park amenity (2
wds.)
10 Olive yield

- 11 Maude of TV
16 Head, slangily
18 Oola's guy
20 Worked a crowbar
21 Pessimist, often
22 Sponger
23 The other way
around
24 Term-paper need
25 Goes fast
26 Oscars host
28 Hopping mad
31 Payday surprises
35 Least
37 Opal mo.
38 Sleazy newspaper
40 Oriental-art stone
41 – puddle
42 Goof up
43 Cosmonaut's lab
44 Without delay
45 Mai – (rum drink)
46 Classified wd.
49 Frat letter

last week's crossword answers

Z	A	N	Y		R	A	S	P		A	W	L
A	S	I	A		E	R	G	O		V	I	E
P	A	L	M		K	I	T	C	H	E	N	S
S	N	E	A	K	E	D		K	I	C	K	S
				H	A	Y		G	E	N		
E	S	S	A	Y		B	A	T	T	E	N	S
S	O	U			A	U	G			V	I	A
A	P	P	A	L	L	S		S	T	E	P	S
				P	O	P		P	A	H		
O	O	Z	E	D		S	U	G	A	R	E	D
B	R	I	D	G		I	N	G		W	A	D
O	A	T		E	D	I	E			E	R	N
E	L	I		R	A	P	T			D	E	A

SLEEP, from Page 1

involvingunintendedsleepor impaired performance.”

The factors of this sleep deprivation may be many, but cellphones and mobile devices contribute to the disruption of a good night’s sleep, according to research by Harvard Medical School.

A letter published in 2012 from “Harvard Health Publications” explains that the blue wavelengths emitted by most screens disrupt the body’s circadian rhythm. The blue light, which is received naturally in sunlight during the day, gives the body energy and alertness. During the night, however, it suppresses the hormone melatonin, which is an essential part of the circadian rhythm.

Using dim red light during the nighttime suppresses the least melatonin, according to Harvard Health. Apps are available such as Twilight for the Android and f.lux for computers to change the hue of the light emitted from devices so the blue light isn’t as prominent.

Apple is also working on a new addition to its iOS on

upcoming products. Apple’s new Night Shift mode automatically shifts the color temperature of the iPhone as it gets dark outside, gradually filtering out the blue light. A representative from Apple, who could not be named due to company policy, said the feature, which was released in iOS 9.3, can also be manually adjusted to “more warm” or “less warm.”

“Say you’re reading at night, lying in bed,” he said. “You can adjust the screen to a warmer color to help you fall asleep.”

Ohio State University psychiatrist R. Ryan Patel, who authors a blog for college students called “Emotional Fitness,” has done previous research on the effects of cellphones on the sleep cycle. He said other methods rather than using a phone at night could help students relax and fall asleep.

“Oftentimes, students might be using cellphones and multitasking, and might use cellphones as a way to relax, such as going online, social media and games,” Patel said. “It may be more effective to use relaxation techniques ... or meditate ... than to use cellphones.”

Freshman Casey McCracken said she scrolls through her phone in bed as a way to “relax.” Although she does this mostly in the morning, McCracken said that lately, she has been trying to curb this habit and now uses the “snooze” feature on her phone to spend time meditating for a few minutes before getting ready to start the day.

“I was ... waking up in a mood that wasn’t ready to start my day,” McCracken said. “Now I spend those nine minutes thinking about the day and ... clearing my mind rather than scrolling through feeds that don’t benefit me anyway.”

Not only does the light exposure affect sleep cycles, but simply the distraction of having a cellphone within reach causes an increase in cognitive stimulation and a decrease in amount of sleep, according to a 2013 study from the Behavioral Sleep Medicine Journal. Almost all students interviewed said they would get more sleep without having the distraction of their phone before bed.

Senior Elise Steele said

she keeps her phone near her bed every night and sometimes can’t control how much time she spends on it before falling asleep.

“Sometimes it sucks you in, like, I meant to go to bed 15 minutes ago, and here I am,” Steele said.

Similarly, freshman Oscar Mayer said his phone is a part of his bedtime routine, but it also draws him in before bed.

“I usually set my alarms, and then I end up on Facebook, and then I’m up for another hour,” Mayer said.

The sleep cycle disruption caused by cellphones can be avoided by placing cellphones and laptops out of reach during the night, according to the Journal of Clinical Sleep Medicine.

It also advises people to avoid screen time for at least an hour before bed.

Patel also said it is important to avoid looking at screens before going to sleep.

“The main thing is to try not to use your cellphone at bedtime,” Patel said. “It can elicit a variety of intense emotions, and that can affect your ability to fall asleep.”

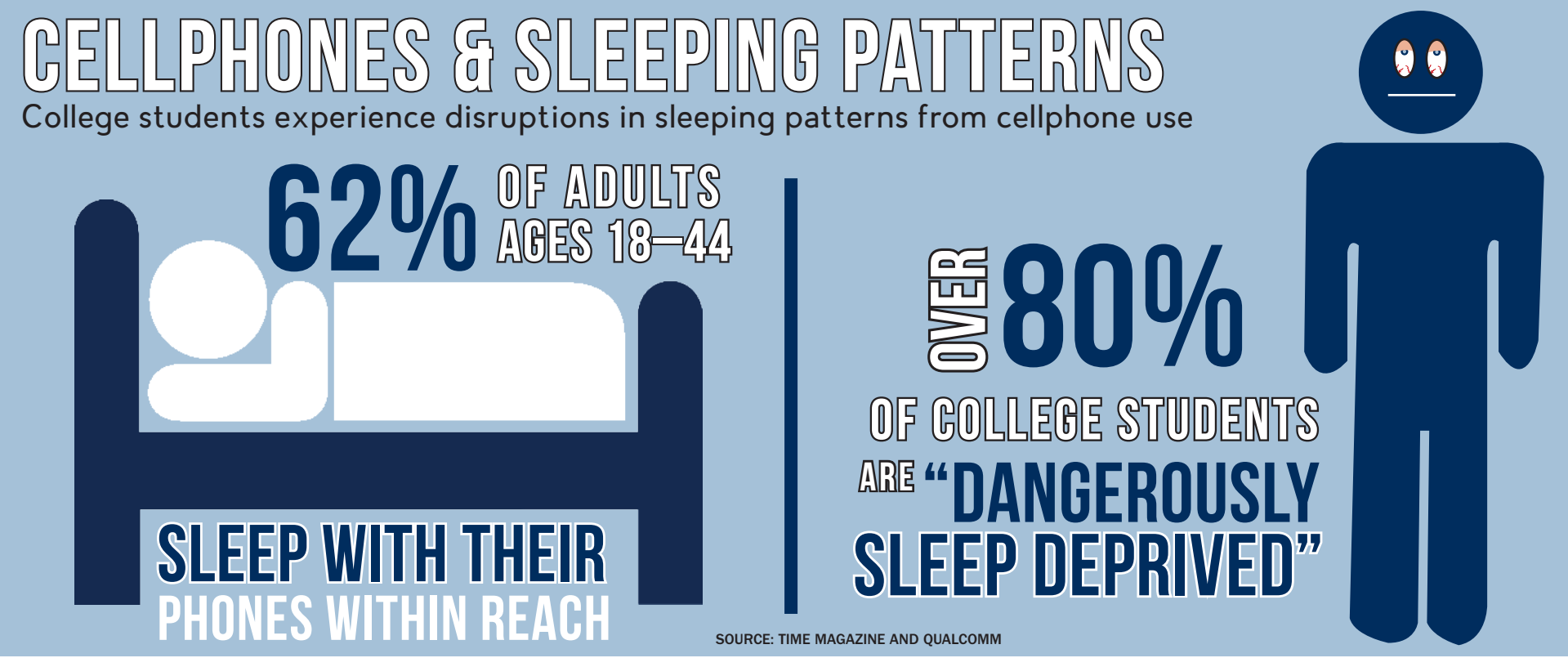
The blue light gives the body energy and alertness.

During the night, it suppresses the hormone melatonin, which is an essential part of the circadian rhythm.

SOURCE: HARVARD HEALTH PUBLICATION



Ithaca College students said using cellphones is a part of a set bedtime routine. All 20 students interviewed said they were on their phones before bed for times ranging from 15 minutes to over an hour, affecting the quantity and quality of their sleep. PHOTO ILLUSTRATION BY SAM FULLER



BUDGET, from Page 1

Also discussed at the meeting was the diversity and inclusion database the council created to help educate the campus community after it criticized and protested President Tom Rochon and the administration for not doing enough to combat racial issues happening on campus.

The website is setup through Sakai and is going to be made public to all college employees and students in the near future. It provides articles and books on topics like bias, gender and race in higher education, which were collected from a number of on-campus groups like the Office of Student Engagement and Multicultural Affairs and the Center for the Study of Culture, Race and Ethnicity.

Jason Freitag, associate professor in the Department of History, was a part of the committee charged to create this website and said he wants it live as soon as possible so people can use it.

Freitag said the website also has an email address, fcdiversity@ithaca.edu, for people to send their feedback about the articles or suggestions to add more resources.

At a Faculty Council meeting held March 1, proposed changes to the Meal and Entertainment Policy were discussed, which is a plan to limit how much can be spent on food for campus meetings and events. The policy provides guidelines for the expenditure of college funds for “non-travel meals” — business meals and guest meals — and “other events” — receptions for retirement, student recognition ceremonies, receptions for employee key life events and farewell receptions, and training and instruction for faculty and staff.

The council decided to pass a motion to send a letter to the Task Force on Meals and Entertainment, which is overseeing the changes, about issues it had with its proposal about cuts to the meals and entertainment budget.

In its letter, the council asked for the freedom to order food from outside of the college, flexibility to serve alcohol at employee events with a dean’s approval, freedom to hold events outside the college and the ability to have food served at meetings that are less than three hours long.



From left, Matt Sullivan, associate professor of physics and astronomy, and John Rosenthal, professor of mathematics, attend a Faculty Council meeting March 2. The Faculty Council criticized the college’s budget for “deeply lacking detail.” SAM FULLER/THE ITHACAN

MUSIC, from Page 1

Besides jazz, White also discussed Japanese, African, Indian, Native American, folk and religious styles of music. But even within those, there is great diversity, White said. Tanzanian music is different from Mozambican music, which is different from music from other African countries, and so forth.

Baruch Whitehead, associate professor of music education, teaches West African Drumming and Dance Ensemble in the School of Music, among other courses. Whitehead presents workshops on diversity in music education for state, national and international conferences, and was chosen to write a chapter on “Music in the Civil Rights Movement” for a book titled “Music and Conflict Resolution.”

“Particularly with the rise of POC at IC, I think everybody is looking for ways to open up the tent,” Whitehead said.

When Whitehead began teaching West African Drumming and Dance in 2004, only 16 students signed up, and Whitehead said they had fun but that the experience made him wonder why there wasn’t a West African Drumming

Ensemble. He talked to then-dean Arthur Ostrander, and now, 12 years later, West African Drumming exists as a secondary ensemble.

“It attracts a very diverse group of students from across campus, and we have access to all of the venues here, in terms of performance venues,” Whitehead said. “The School of Music has invested a lot of money in buying drums and the upkeep of the drums and those sorts of things, so I feel like it has been very well-supported.”

Whitehead said it’s important in a changing world to increase the repertoire of the students graduating from the college. Since the world of professional musicians is a competitive field, the more knowledge they have, the better chance they stand to succeed.

“I don’t want diversity to be a footnote,” he said. “I want us to embrace it wholeheartedly, to give it support and to look at the

curriculum to see what else we can bring in. I think, as a campus, people are looking at things that have traditionally been institutional racism and how you dismantle that.”

Seniors Sun Hwa Reiner and Madeline Swartz both spoke about music diversity. Reiner is a piano music education major, and Swartz is a Bachelor of Music and outside field of education studies. One of the

problems they mentioned is the curriculum is already full, but Swartz said there is room for change.

“The amount of detail we go into is unnecessary,” Swartz said. “It could be replaced with details on other forms of music. When I was doing my senior student teaching, not all of my students were white, and most of them didn’t have that much of an interest in classical music.”

Reiner said something she would like to see in conservatories is the inclusion of contemporary music.

“I’ve been realizing more and more how much we’re missing other cultures’ music.” — Sun Hwa Reiner



Associate professor John White teaches during his class, Music in Society, which focuses on the ways music is used in several cultures around the world, including modern America. SAM FULLER/THE ITHACAN



Associate professor Baruch Whitehead teaches West African Drumming and Dance, which began in 2004 and now exists as a secondary ensemble. KENDYL BENNETT/THE ITHACAN

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DIGGING *Deeper*

IC Beyond Body is working to promote body positivity over superficiality by looking past physical beauty



PHOTO ILLUSTRATION BY ALISON TEADORE AND TOMMY BATTISTELLI

BY KATHLEEN MCALEESE
STAFF WRITER

Issues of body image are widespread and can affect people of all ages, genders and backgrounds. A new media campaign at Ithaca College is addressing these issues in a way that emphasizes the importance of internal characteristics rather than the superficial ones.

IC Beyond Body is a campaign that found its roots last year during the minicourse Media for Social Responsibility: Media and Body Image: Does This Culture Make Me Look Fat?, when students were prompted to conceive an idea for a campaign as an assignment for the class. This idea was then conceptualized into an actual campaign with nationwide goals.

Headed by freshman Viktoria Schultz, associate producer for Park Productions, and supervised by Carol Jennings, director of the Park Media Lab, the project aims to combat negative body-image issues by sharing healthy thoughts and behaviors through positive language. The project has gained mobility thus far through student volunteers who have shared their own stories in the project launch video, and the team aims for the project to eventually gain traction nationally.

"We just want as many people to see it as possible and to get as many views as possible," Schultz said.

Schultz first became involved with the project as a screenwriter, but given her majors in cinema and photography and business administration, she was named producer in September 2015. She has been responsible for scheduling and budgeting the project. Along with her team of peers, she hopes the project will be embraced by bigger movements with similar goals like the Geena Davis Institute for Gender in the Media and the Dove Campaign for Real Beauty.

"The point of doing it is so we can change the way people describe themselves in a positive way," Schultz said. "When parents compliment their kids, their daughters, they

shouldn't be saying, 'Oh, you're so pretty,' they should be saying, 'You're brilliant.'"

The team behind IC Beyond Body aims to extend the message of body positivity while focusing on nonphysical traits to a broader audience through creating a network of people who are involved in the topic, either through personal experience, expertise or interest.

"We would like to start with the campus community and extend the reach beyond the campus to groups of students in New York state and ultimately nationwide," Jennings said.

The Park Media Lab has created a website, social media campaign and 13 videos for IC Beyond Body. These videos include speakers like Connie Sobczak and Geena Davis, who talk about issues of

image, student stories and connection to other resources. The team expects to produce five more videos that are more creative and situation-based to further its message, Schultz said, similar to advertisements done by The Real Cost antismoking campaign.

The issue of body image is a universal one, especially among young people, and this new campaign has been designed to bring topics of body image and conventional beauty standards to the center of the public's attention through social media. Between girls and boys alike, self-esteem and body-image issues are prevalent.

According to statistics compiled by Heart of Leadership, nearly 80 percent of 10-year-old children are afraid of being fat, and "more than 90 percent of girls — 15 to 17 years — want to change at least one aspect of their physical appearance, with body weight ranking the highest."

With an issue as widespread as body image, the campaign looks to address the many insecurities that begin in youth and remain prevalent into adulthood for many individuals. Problems with poor self-esteem and negative body image have been seen to lead to illnesses including depression and eating disorders.

Media in the form of magazines and television have perpetuated some of these self-esteem and body issues among young people by setting unrealistic standards for attractiveness.

For instance, 63 percent of girls see the standards for body image represented in the fashion industry as unrealistic, but 60 percent still compare their appearance to that of fashion models, according to the Girl Scouts of the USA and The Dove Self-Esteem Fund.

This campaign looks to combat socially defined beauty "standards," specifically coming from ideals of beauty in

television. In the launch video, volunteers were asked the question "Who do you want to look like?" where they replied with individuals widely known for their physical attractiveness, such as Taylor Swift, the Kardashians and Chris Evans. They were then asked, "Who do you want to be like?" The volunteers shifted their focus from who they wished they were externally to who they wish to be internally.

Volunteers in the video stressed their admiration for others' qualities like intelligence, talents and compassion. They referenced individuals in media who are not known for their conventional beauty characteristics, but rather for who they are, such as Esperanza Spalding, Wes Peden and Neil deGrasse Tyson. Acknowledging their own positive characteristics, the volunteers worked on appreciating themselves — with help from the body positivity campaign — for their positive characteristics, inside and out.

Freshman Spencer Muhlstock, who was in charge of the production of the initial project launch video, is also looking to be involved in upcoming IC Beyond Body videos. He aims to further the campaign in a way that will bring a maximum number of viewers to the site.

"We are looking to make 30-second commercial spots, too, but the launch video is the main thing we want people to see," Muhlstock said.

The project, while headed by students within Park Productions, is important to members of the team on a personal level, too. Schultz finds significance within the campaign as she has nationwide goals that address a widespread issue, but she is also personally passionate about the topic of body image.

"Of all campaigns to be part of, this one kind of hits home," Schultz said. "Everyone has body-image issues growing up, but that's why I was very proud of working on this: because I know it's something everyone can relate to."

When parents compliment their daughters, they shouldn't be saying, 'Oh, you're so pretty,' they should be saying, 'You're brilliant.'
— Viktoria Schultz

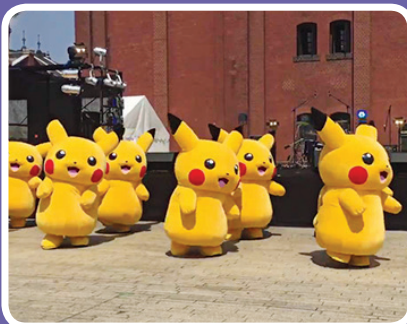
ACCENTUATE

VIRAL VIDEO

Pikachu meets Beyoncé

This week's viral video features two unusually paired performers who put a funky twist on one of today's most popular songs. A group of giant Pikachu, a character from the Pokémon series, dances to

Beyoncé's hit song "Formation." The Pikachu show off some of Beyoncé's signature moves from the original music video while their giant heads bobble along to the beat. These talented new dancers hilariously execute the "Formation" dance in the oversized Pikachu costume. The Pokémon characters bring the dynamic choreography to the next level. Even Beyoncé herself would be impressed by the Pikachu dancers.



Inspiration from J.K. Rowling

Rowling shares words of encouragement with fans



J.K. Rowling, author of the "Harry Potter" series, offered some inspiration to fans and prospective writers. In a series of tweets March 25, Rowling shared some of her rejection letters from book publishing companies. Although she was rejected from several companies before signing a deal to publish her books, Rowling said, she was never discouraged. "I wasn't going to give up until every single publisher turned me down, but I often feared that would

happen," Rowling tweeted to her followers. Rowling said each "no" she received just gave her more motivation to succeed. "I pinned my 1st rejection letter to my kitchen wall because it gave me something in common with all my fave writers!" Rowling said in a tweet. She said she shared these letters to inspire her fans and encourage them to pursue their dreams despite obstacles they may face.

World's Largest Easter Egg Hunt



According to Guinness World Records, the world's largest Easter egg hunt happened in 2007 at Cypress Gardens Adventure Park in Florida. The 9,753 children in attendance hunted for 501,000 eggs.

CELEB SCOOPS

Justin Bieber

Singer Justin Bieber told fans in an Instagram post March 23 that he will no longer be participating in fan meet-and-greets for the remainder of his shows. Bieber is currently performing all around the U.S. on his Purpose Tour but has canceled all upcoming meet-and-greets. His Instagram post, which featured a photo of Bieber hugging a young fan, was captioned with Bieber's explanation. "I enjoy meeting such incredible people but I end up feeling so drained and filled with so much of other people's spiritual energy that I end up so drained and unhappy," Bieber said. He said this decision will help preserve his mental health for his performances. Many fans have responded with much support for the pop star's announcement.

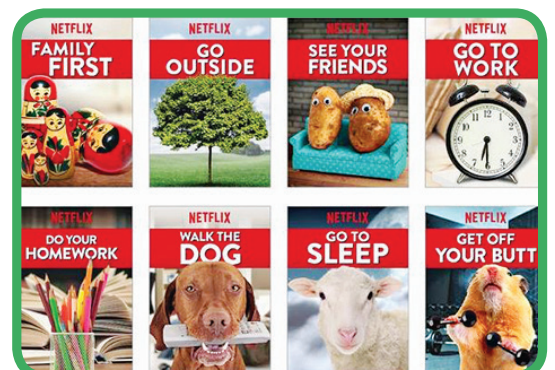
Top Tweet

Why does the Easter bunny hide eggs?!? Why not carrots?!?

— Khloé Kardashian @khloekardashian

April Fools' Day

According to History.com, the specific origin of April Fools' Day is unknown. However, some English pranksters popularized the tradition in England in 1700 by playing practical jokes on friends. Some of the first pranks included placing a paper fish on someone's back and calling that person "poisson d'avril," or (April fish). Today, many participate in the annual tradition by playing tricks on family and friends. Even corporate companies participate in April Fools' festivities. In 2015, Netflix launched a humorous campaign giving viewers reasons not to watch television. Google inverted its name on the search engine website for April Fools' 2015. Others engage in pranks around their houses, schools and workplaces, all in good fun.



Theater brings social issues into the classroom

BY WALTER MARTZEN
CONTRIBUTING WRITER

“We are all connected,” Cynthia Henderson explains to her students in the Theatre for Social Change course she teaches.

Henderson is an associate professor in the Department of Theatre Arts and founder of Performing Arts for Social Change. The course gives students an opportunity to grow and educate themselves further regarding issues on campus. Eight students practice listening and self-reflection while interviewing members of their community. Be it in relation to race, culture, sexuality or gender, these students look for theatrical ways to represent and present a diverse range of outcries.

Henderson said she hopes this course will inspire a larger sense of community in her students. She said she wants to help her students grow in understanding their responsibility to make proactive change as a member of not only their immediate communities, but of the larger society.

“The takeaway, for me, is expanding the student’s world view — looking beyond self, looking at our responsibilities as social activists, not theater practitioners, but as social activists to our world community,” she said.

The concept of social activism in community is explored through a range of theatrical styles, such as Augusto Boal’s “Aesthetics of the Oppressed” and Paulo Freire’s “Pedagogy of the Oppressed.” Many of the styles taught in the class are new to students, including Aaron Roberts, a junior theater studies major.

“It’s changed my attitude toward theater in that we’ve been talking about many forms of theater that



Associate professor Cynthia Henderson teaches the class Theatre for Social Change, a new course that gives students the opportunity to learn more about social issues on campus through listening and self-reflection.

FERNANDO FERRAZ/THE ITHACAN

I’ve never studied or considered,” he said. “It’s opened my mind in that sense.”

Roberts studied abroad in Fall 2015. He said getting to hear multiple accounts and perspectives of the events on campus last semester, including the solidarity walkout by POC at IC — People of Color at Ithaca College — has improved his understanding of the campus climate.

“Being gone all last semester, I never really got a shot to be on campus — be in the trenches, as it were — for last semester’s political discourse,” he said. “So it was nice to get a bunch of accounts of the discourse that happened.”

Each student of this course interviewed two or three members of the Ithaca College community at the beginning of the semester and talked to

them about their perspectives on diversity and the campus climate.

“Knowing that the words we’re working with in our devised process come from real people resonates so differently than any other play that isn’t directly based on real people and events,” said Randy Wong-Westbrooke, a senior scenic design student.

“Theater is about storytelling, and

if we can’t think critically about our world and explore those ideas with our peers, how will we be able to tell stories truthfully?” they said.

Henderson said Theatre for Social Change aims to present the truth from multiple perspectives — to allow a degree of reflection that raises questions that call for action. She said she doesn’t necessarily know that Theatre for Social Change will achieve the full outcome that she envisions, but she also said the students are trying.

“Now that we’re looking at ourselves in the mirror — what will we do about what we see, and how do we do it together?” Henderson said. “It’s not just that the administration is supposed to fix it, or the students are supposed to fix it, or the faculty are supposed to fix it. It is the responsibility of the entire community.”

Theatre for Social Change is a new course, and with that, Henderson responds flexibly to the choices proposed by her students. At the end of the semester, the class will put on a show to demonstrate what it has discovered.

Henderson said her biggest hope is that this course will inspire not only conversation, but action.

“Hopefully, it’ll raise questions that require action,” she said. “It’s supposed to be a call to action, not just a call to conversation.”

One final performance can be anticipated from Theatre for Social Change by the end of the spring semester. Next semester, the course will be offered from 8 a.m. to 9:15 a.m. on Tuesdays and Thursdays. The class is open to the entire campus community — not exclusively to theater majors.

Asian culture embraced during month of April

BY ANGELA WELDON
ASSISTANT LIFE & CULTURE EDITOR

Focus Asia Month, an annual April celebration of Asian culture, will bring Asian tradition and experiences to life for Ithaca College beginning April 1. The Asian American Alliance organizes this annual celebration, and this year will be focusing on issues of Asian representation and portrayal in media, inclusivity across all capacities and challenging Asian stereotypes.

The larger theme of this year’s Focus Asia Month is “Embrace,” as the Asian-American community embraces its cultural histories. In addition to this theme, the AAA is also exploring the idea of breaking stereotypes with its “Going Against the Grain” campaign, which the group has been discussing all year. The AAA, while working to dispel harmful prejudices based on race, is offering a counterperspective to typical Asian stereotypes, said sophomore Candice Tan, co-president of the AAA.

Focus Asian Month is also sponsored by the African, Latino, Asian and Native American community and the Office of Student Engagement and Multicultural Affairs.

The month kicks off with the AAA’s Identity Panel event April 1, a yearly staple of the college’s Focus Asia Month. Tan said this panel is an opportunity for those who identify as Asian-Americans to express their culture openly and have discussions about their individual experiences as Asian-Americans and how they are affected by racial stereotypes. Freshman

Kenny Li, treasurer of the AAA, said he tries to go against the grain of racial stereotypes by engaging in sports, something he said many Asians are discouraged from doing. Countering another racial prejudice, Tan said many categorize doctors and lawyers as stereotypical Asian professions, when in reality, Asian-Americans hold a wide variety of jobs, just as white Americans do.

“We’re talking about the path of the un-stereotypical Asian because there are a lot of stereotypes that define Asian-Americans within

their daily lives,” Tan said.

Furthering this discussion, Tan said the group has been considering the different perceptions of Asian-Americans who fit into Side A, stereotypical Asian paths, and Side B, the un-stereotypical path, and incorporating these discussions into Focus Asia Month.

Other events include the Asian Cultural Dance Workshop, which will feature four dance groups from both the college and Cornell University that specialize in break dancing, Filipino line dancing, Bhangra and lion dancing.

Another highlight of Focus Asia Month is the AAA’s second annual Pan Asian American Film Festival, which will take place April 15–17. The festival will feature film screenings, theater workshops and panel discussions that explore Asian-Americans’ stories, which are often not represented in mainstream media. On April 15, Asia Night will feature traditional Asian food and performances to celebrate Asian culture. The month-long celebration concludes with a concert featuring former contestant on “The Voice”

“What I’m really trying to do is break the mold and not have everyone on campus put Asians in a box.”

— Kenny Li

FOCUS ASIA MONTH

7 p.m. April 1 | Park Center for Business 111
Identity Panel

7 p.m. April 7 | Fitness Center Wood Floor Gym
Asian Cultural Dance Workshop

7 p.m. April 14 | Park Center for Business 111
Anti-Black Racism in Asian-American Communities

6 p.m. April 15 | IC Square
Asia Night

April 15 – 17 | Various times and locations
Ithaca Pan Asian American Film Festival

7 p.m. April 21 | Klingenstein Lounge
J.R. Aquino Performance Night

J.R. Aquino on April 21.

Senior Lucy Chen, co-president of the AAA, is one of the main organizers of Focus Asia Month’s Anti-Black Racism in Asian American Communities event, a discussion about race relations at the college and beyond. She said she hopes the discussions will help create change in the community.

“The overarching goal is to find a way to combat anti-black racism in the Asian community and find out why that’s happening,” Chen said.

Themes of this year’s Focus Asia Month also reflect on the racial tension and protests that occurred on campus throughout the last year.

Chen said the AAA tends to be very responsive to current events in relation to the Asian-American community when planning Focus Asia Month events. Following the Black Lives Matter and POC at IC movements, Chen

said, Focus Asia presents the opportunity for the Asian-American community to reflect and find ways to express solidarity with the movements.

“Usually with Focus Asia Month, we try to react to current issues,” Chen said. “Especially because a lot of time, Asian-Americans aren’t always necessarily always seen as people of color, so that was something that we wanted to bring up.”

Li said he is using Focus Asia Month to lead by example and promote Asian-American culture free of stereotypes through his own experiences.

“What I’m really trying to do is break the mold and not have everyone on campus put Asians in a box,” Li said. “We’re one of the smaller minority groups on campus. I try to do things that Asians aren’t ‘supposed to’ do, and as treasurer, I try to constantly put that in people’s minds. That’s really what I want to do with Focus Asia Month.”

SLAY THE RUNWAY

Kings and queens ruled the runway March 26 during the fifth annual Drag Show

BY KIRA MADDOX
EDITOR IN CHIEF

“It’s going to be hilarious, fierce and a little bit scary,” said Em Fazeema, the light reflecting heavily off her hot pink wig. “But I promise, you’re going to love it.”

The fifth annual Drag Show on March 26 began with a robotic voice counting backward from 10, and then the kings and queens took to the runway, appearing through a black curtain, to strutting, sashaying and swaggering as they walked. The crowd clapped to the beat of the music as the performers each had their own, brief spotlight

moment, some showing off their makeup-enhanced abs and others grinding their hips to the beat, tossing their hair over their shoulders.

The show was hosted by PRISM, a student organization that focuses on discussing and educating about issues facing the lesbian, gay, bisexual and transgender community, and hosted by Ithaca College drag queens Em, a senior whose birth name is Daniel Fogarty, and Vanilla, a senior whose birth name is Aaron Thornton.

The more than two-hour event featured about 15

performers, each doing some combination of runway walk or lip-sync routine, clad in a medley of colored wigs, high-heeled shoes and fishnet bodysuits for the queens, and faux facial hair, classy vests and sky-high mohawks for the kings, each costume reflecting the creativity, personality and textile skill of the performer.



Participants in the March 26 Drag Show, fully dressed in their drag costumes, work the stage and dance to the music. Throughout the show, each king and queen performed to music through lip syncing and dancing all along the stage.

ANNIKA KUSHNER/THE ITHACAN



Ithaca graduate and gay rapper Big Dipper '07 was the special guest for the show, performing several original raps.

ANNIKA KUSHNER/THE ITHACAN



Em Fazeema performed and co-hosted the event with fellow drag queen Vanilla. A senior, this was Em Fazeema’s last drag show at the college.

ANNIKA KUSHNER/THE ITHACAN



Drag queen Alisha Day performed to loud cheers from the audience during the Drag Show. Close to 500 people attended the event held in Emerson Suites.

ANNIKA KUSHNER/THE ITHACAN



Drag queen Asa Metric performs at the fifth annual Drag Show, hosted by PRISM.

LAUREN RUTH/THE ITHACAN

ONLINE
For more on the Drag Show, go to theithacan.org/2016-drag-show

Finnish art finds place in Handwerker exhibit



The Handwerker Gallery's latest art gallery, "No/Good Place," features work from several Finnish artists commenting on the boundaries between utopia and dystopia in society. FERNANDO FERRAZ/THE ITHACAN



The exhibit features photography, installations and films that were curated by assistant professor Paul Wilson, who teaches an art history class about utopia and modern art. FERNANDO FERRAZ/THE ITHACAN

BY TYLA PINK
STAFF WRITER

The idea of utopia is hard to fully conceptualize, especially since utopia is something to strive for that can never be attained.

"No/Good Place: Utopian Art in Finland" creates a conversation about utopia from the lens of one of Europe's most northern and isolated countries. Photography, installation art and animation are some of the media used to communicate and understand aspects of our world and the search for a better version of it.

"Many people think utopia is the goal, but it's actually a way of continuing to push one another to create a space where we can all exist harmoniously," said Mara Baldwin, director of the Handwerker Gallery. "The goal isn't to make anything perfect, but instead about mediating with one another. In a way, I think this exhibition we've been anticipating for two years is timed very interestingly, especially with all the things that've been happening on campus this year."

Baldwin said Finnish artists focus much of their work on utopia because of how isolated they are from the rest of Europe. She said the country has a huge system of islands and lakes that creates internal isolation within Finland itself, causing artists to revisit a theme of

socialization and bringing people together.

Paul Wilson is an assistant professor of art history and the curator for "No/Good Place." He focuses much of his research on utopia, nationalism, nostalgia and globalization.

"The focus of this exhibition is on Finland because Finnish art is something I've been researching, and it gives us the opportunity to see artists from another society and think about what it means to make a better world," Wilson said. "This kind of work helps us to reflect on our own culture and makes us think about the problems and potentials that exist in our own society."

Since the concept of this show is so relevant to current issues, Baldwin hopes that students can deeply connect with the work that's shown.

Prairwa "Sunny" Leerasanthanah is a senior film and photography major who thinks the works in "No/Good Place" are all drawn from an interesting, singular concept.

"We take the word utopia for granted, and we think this is what we're trying to achieve, and that it's this perfect place, but what this show is arguing is that to get to the perfect place, there are so many sacrifices you have to make," Leerasanthanah said.

"No/Good Place: Utopian Art in Finland" will be featured until April 22 in the Handwerker Gallery.

Dark themes explored in "Dogfight" musical



"Dogfight" is Main Stage Theater's latest production and is directed by Wendy Dann. Set in the late 1960s, the musical focuses on a group of Marines following the Vietnam War. COURTESY OF ARIELLE RUBIN

BY JUSTIN HENRY
STAFF WRITER

Set against 1960's San Francisco, a veteran's memories from before fighting in the Vietnam War are explored in the Ithaca College Department of Theatre Arts' Main Stage production of the musical "Dogfight."

Beginning in 1967, "Dogfight" tells the story of a broken Marine named Eddie Birdlace returning from fighting in the Vietnam War after four years. Riding on a Greyhound bus, he recalls the night before he and his friends were shipped to Vietnam. During their last night in San Francisco, Eddie and his friends organize a "dogfight," a contest in which they all compete to bring the ugliest date to a dance party. Eddie woos a shy and unexpected waitress named Rose who reveals to him a kind of beauty that goes much deeper than the surface.

The show is directed by Wendy Dann, associate professor of theater arts, and is choreographed by Roy Lightner. The production will feature seniors Joshua Rivera as Eddie and Brianne Wylie as Rose.

Based on the 1991 movie of the same name, the show features a script by Peter Duchan and a Drama Desk Award-nominated score by Benj Pasek and Justin Paul. Accompanist and Musical Director Joel Gelpe said the score combines elements from 1960s music with contemporary musical theater motifs.

"Every once in a while, the composer will tell you what they're going for in the song," Gelpe said about the show's sheet music. "It will give the title of two rock tunes and say, 'This rock tune meets this rock tune.'"

Senior Rebecca Dwight, the show's scenic designer, said the songs seem to convey a lighthearted message until they are seen in the context of the show and convey mixed feelings about the show's central characters.

"I think what they do is they emphasize the fact that it is a musical that creates these characters who seem like the protagonists because of the upbeat music, but really they're almost the antagonists," she said.

Dwight said her original set will bring audiences to 22 different locations, employing an abstract design to portray the nature of Eddie's memories.

"You can't walk through San Francisco in our theater, so we decided to make it presentational rather than representational," Dwight said. "It's not about the physicality and the literalness. It's about the themes the moments and the memory."

Sophomore and cast member Maureen Edwards said the play adds the most contemporary subject matter to the 2015-16 mainstage season and deals with the darkest issues.

"A lot of the shows we chose for this semester were very happy, overall — 'A Chorus Line' and 'As You Like It,' for example," she said. "This show brings some harsher subject matter and a really human script."

Edwards said she initially had difficulty connecting with the show because of some of its challenging themes and painful moments but that she grew to see the show as a platform for addressing some of society's most important issues and confront viewers with their own humanity.

"People should come see 'Dogfight' because it will simultaneously make you question your values, break your heart, lift you up, and the entire time, you'll be tapping your feet," Edwards said.

"Dogfight" tickets can be bought at the Dillingham Center box office or on <http://ithaca.ticketforce.com>. Performances will be at 8 p.m. March 29 and 31 and April 1-2 and 5-8; and at 2 p.m. April 3 and 9 in Clark Theatre.

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READ ON

Comedian Steven Wright is a hoot and a holler. Check out his Q&A with Staff Writer Matthew Radulski online, where he talked about comedy, stand-up and "Horace and Pete."

THEITHACAN.ORG/
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COURTESY OF RCA RECORDS

A photograph of comedian Steven Wright performing on stage. He is wearing a dark suit and a fedora, holding a microphone and looking down at it.

Boring superhero flick falls short of hype

BY JOSH VITCHKOSKI
STAFF WRITER

Life as a superhero is never without controversy. Superman's (Henry Cavill) journey as an international savior of Earth has since graduated from 2013's "Man of Steel" to "Man of Steel with Batman," and thus features pretty much the same character conflict as "Man of Steel." While Metropolis gets the butt end of his excessive collateral damage, Superman has to deal with politicians' and media's forcing a god-vigilante complex in his face. He promptly projects this complex onto his new frenemy, Batman (Ben Affleck), who returns the favor and wishes to see Superman dead. Yes, Batman kills now.

Thus, the tension begins building and pretty much keeps building until it manifests as a tall building that even Superman can't leap in a single bound. Tension and symbolism permeate director Zack Snyder's 2016 superhero film "Batman v Superman: Dawn of Justice." Batman and Superman are at each other's throats, each blaming the other for taking justice into his own hands, while Lex Luthor (Jesse Eisenberg) orchestrates a scheme to provoke them into killing each other and creating a power vacuum for him to seize.

This film marks the seminal beginnings of DC Comics' leap into following Marvel Comics with its own cinematic universe. As for opening weekend, DC has about \$424 million reasons to extend the minimal screen time of the film's iconic cameos such as Wonder Woman (Gal Gadot), Aquaman (Jason Momoa), Cyborg (Ray Fisher) and the Flash (Ezra Miller) from a few minutes into full-length features. The question

is whether or not audiences want to look to the future oversaturation of superhero films with a happy face and a sense of humor like Marvel does, or with self-aggrandizing symbolism and depressing conflict that seems to mar "Batman v Superman." The family-friendliness of the typical superhero movie is completely gone here. The jokes are infrequent, mostly coming from Alfred (Jeremy Irons), who, by this point, looks like he's getting too old for Batman's antics in a cynically humorous way.

The editing of "Batman v Superman" takes some getting used to, especially considering that Batman has three different dream sequences layered into four or five different plots going on all at once. The production crew has to rely on symbolism and epic orchestral music to keep the emotion high.

The most prevalent issue with the film is its severe case of mistaken identity. Herein is the first iteration of Batman, who has become so brutal and bloodthirsty that he's willing to burst out the machine guns on his Batmobile and open up a few rounds on an enemy car before driving straight through it. Ignoring the fact that this will confuse audience members who have been taught "Batman doesn't kill" by many of his recent incarnations, this creates a lost potential for Batman's character development as well as any dynamism between the Caped Crusader and the Man of Steel. Because he is now deprived of having an inner monologue on the justification of killing, Batman's conflict with Superman is bland and boringly mirrors Superman's own conflict



Pitted against each other, Superman (Henry Cavill) and Batman (Ben Affleck) face off in the superhero action film, "Batman v Superman: Dawn of Justice." Left, Gal Gadot makes a memorable cameo as heroine Wonder Woman. COURTESY OF WARNER BROS.

with Batman. Thus, their mutual hatred boils down to "I hate you because you're a murderous vigilante, and I don't think I am."

Thankfully, the action is memorable and glorious. It's a welcome payoff for all the tension-building when Batman takes a short break and just waits on baddies. Superman brings back all the lightning-fast shaky-cam power from

"Man of Steel." Also featured, unfortunately for only a few minutes, Wonder Woman jumps into the action, her on-screen time so fleetingly adrenaline-filled that she can almost be forgiven for being a complete deus ex machina.

In the end, it isn't so much the clash between Superman and Batman as it is the clash between production value and lost potential for a greater, more

wholesome story, resulting in a middle ground that's guaranteed to polarize audiences for "Batman v Superman: Dawn of Justice." It's very likely the film will meet the same fate as its predecessor, "Man of Steel," and either be considered great or panned as garbage.

Batman v Superman: Dawn of Justice was directed by Zack Snyder and written by Chris Terrio and David Goyer.

Zayn impresses in solo career debut album

BY SANDRA AGUIRRE
STAFF WRITER

March 25 marked one year since Zayn Malik left the band One Direction. Coincidentally, March 25 was also the release date of his first album, "Mind of Mine." His leaving the band was caused by his unhappiness with the type of music One Direction produced. Going in a different musical direction

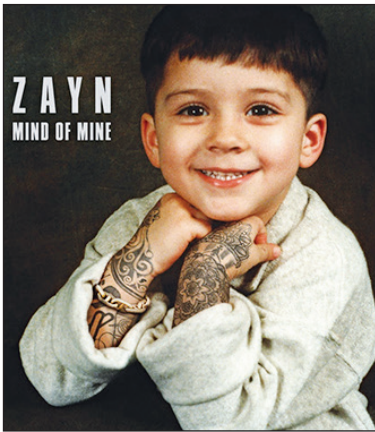
now, Zayn shows a softer side of his musical talents than what he showed while he was in the band. "Mind of Mine" has a more mature sound that has a mixture of pop and rhythm and blues style, making the creative compilation an album worth listening to.

The lyrics on this album bring out a more mature tone from Zayn than his lyrics when he was singing typical teen-pop songs with One Direction. His use of profanity and sexualized lyrics gives him an edgier

image than his formerly shy persona. During his time in the band, most of the songs the group sang were about the joys of being in love. Zayn takes a different stance on this album and shows the complications of romantic relationships. The album, in a sense, is therapeutic, as he talks about heartache he experienced in his previous relationship with his ex-fiancee, Perrie Edwards

The first single of the album is "PILLOWTALK," in which Zayn sings about having sexual relations but also how hardships in relationships bring a couple together. The highlight of the album is "INTERMISSION: floWer." It's less than two minutes long and sung in Urdu, his father's native language. The combination of the acoustic guitar and drums and the non-English lyrics make this song sound extraordinary.

Zayn has done a complete 180 on his first studio album as a solo artist. "Mind of Mine" marks a great re-entry for Zayn in his solo career, one that shows promise for Zayn's



COURTESY OF RCA RECORDS

future. To Zayn's benefit, the album isn't filled with typical cheesy love songs, but rather with songs that are more soulful and emotional. Therein lies the success of "Mind of Mine." There is no trace of Zayn's former image as cheery pop singer, leaving only the image of a raw, soulful singer. This album shows that leaving One Direction was a great decision for him.

Zayn's new album is sure to become a success. Even after leaving his popular band, Zayn's solo career is sure to take off and already has in part with this album. The different genres and raw emotion seen on "Mind of Mine" are what make this a great album.

Birdy's raw talent flies

BY ASHLEY WOLF
STAFF WRITER

Birdy, a 19-year-old English singer-songwriter, released her third studio album, "Beautiful Lies," on March 25. She is known for somber and vocally stunning hits like

"Tee Shirt," which was featured in the movie "The Fault in Our Stars"; her cover of Bon Iver's "Skinny Love"; and her Oscar-nominated song "Learn Me Right" from Disney's "Brave." "Beautiful Lies" is a 14-track album that tests Birdy's vocal ability more than anything else in her music career thus far.

"Deep End" will be familiar to many of Birdy's listeners. The melody is a mix of a slow-tempoed piano and drum composition that helps the listeners to feel the sorrowful and raw emotions of the song. The lyrics tell the story of a girl who questions her relationship by contemplating whether or not she is good enough for her partner.

ALBUM REVIEW
Birdy
"Beautiful Lies"
Atlantic Records
Our rating:
★★★★☆

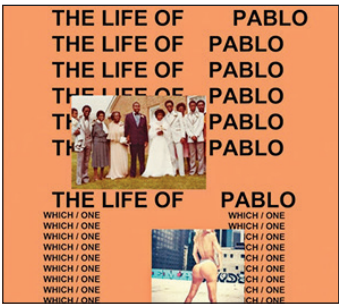
This may be the most emotionally impactful song on the album.

Birdy has never shown off her talent like she does in "Beautiful Lies." The album has upbeat and fun songs like "Keeping Your Head Up" and "Hear You Calling," as well as emotional ballads like "Deep End" and the title track, "Beautiful Lies." This album is not for a listener who wants optimistic, cheerful or easy-listening songs, but it is for someone who wants to think about deeper life messages like heartbreak and changing love, or who wants to listen to astonishing talent from a woman not yet even in her 20s.



COURTESY OF ATLANTIC RECORDS

QUICKIES



COURTESY OF DEF JAM RECORDS

"FAMOUS"
Kanye West
Def Jam Records
Kanye West released his latest single, "Famous," on March 28, following the release of his album "The Life of Pablo," which debuted Feb. 14. In "Famous," West calls out singer Taylor Swift in his signature musical styling.



COURTESY OF ISLAND RECORDS

"CLOSE"
Nick Jonas
Island Records
Twenty-three-year-old singer Nick Jonas debuted his single "Close" on March 25. The slow track features powerhouse vocals from Jonas and Tove Lo, and its release was accompanied by a provocative video of the two.



COURTESY OF EPIC RECORDS

"THE LIFE"
Fifth Harmony
Epic Records
Following the release of Fifth Harmony's hit song "Work From Home," the group released its latest single, "The Life," on March 25. Both singles are tracks on Fifth Harmony's upcoming album "7/27," to be released May 20.

Pitch Perfect

BY LAUREN MURRAY
ASSISTANT SPORTS EDITOR

One of the most highly regarded and notable Major League Baseball pitchers in the 1960s up until 1974 was Tommy John. Although he pitched until he retired after the 1989 season, John is most recognized and remembered now for something he shares in common with Bombers fifth-year starting pitcher John Prendergast.

John and Prendergast both received what is now known as Tommy John surgery.

John missed the entire 1974 season due to ulnar collateral ligament reconstruction surgery. He was the first to undergo this procedure, and many pitchers at all levels of competition have also received the same treatment.

Prendergast required the surgery on his right elbow, which is his pitching arm, after the first game he pitched for the Bombers in the 2015 season, his senior year. He underwent Tommy John surgery April 9, 2015, approximately one month after the injury occurred.

Tommy John surgery has negatively impacted careers and is feared among most pitchers in the game. Without the surgery, Prendergast would not have been able to continue pitching and would have had limited arm mobility. The surgery can negatively affect pitchers because of the long recovery time, as it takes about a year to return to full strength. In the MLB alone, a record 36 pitchers in 2012 underwent the procedure.

Prendergast said he questioned whether or not he would return to the pitcher's mound since it was his fourth year as an undergraduate. Luckily for Prendergast, he remained enrolled at Ithaca College for a fifth year to pursue his master's in business administration. He said he was not about to let his athletic career end due to a blown elbow.

"I was just thinking about my future and if I could figure out a way to play for Ithaca," Prendergast said. "I knew they had an MBA program, but I didn't know much about it. After I got hurt, I weighed all my options, and that was the first thing I looked into."

Since he only pitched one inning in the 2015 season, he was able to use his final year of NCAA eligibility in the following season.

In his freshman season, he led the Bombers in both innings pitched and strikeouts. Prendergast said his career highlight was during his sophomore season when the Bombers went to the Division III World Series. The Blue and Gold had a record-setting season, going 41-8, and lost in the semifinals in 13 innings 5-4. Prendergast was the starting pitcher that game.

As a junior, he was named Empire 8 and ECAC Upstate Pitcher of the Year. Prendergast was able to land on the D3Baseball.com Preseason All-America Second Team, D3Baseball.com All-America Third Team and D3Baseball.com First Team All-New York Region.

This season, Prendergast has pitched a total of two innings in only one game against Claremont McKenna College, Harvey Mudd College and Scripps College, which together form the Stags baseball team, March 15. Although Prendergast is still not a part of the starting rotation, head coach George Valesente said he hopes to add him to that

rotation by midseason.

Immediately after surgery, Prendergast was put in a cast, followed by a brace that restricted movement. As recovery time went on, he said his doctors and trainers gave him more and more leeway with the brace until he reached full extension.

During Tommy John surgery, part of the procedure is performed by using a tendon graft to replace the UCL. Doctors normally take the palmaris tendon, located in the forearm, from the patient. Prendergast is one of the few people who does not have a palmaris tendon, so his tendon was taken from an alternate option: from his knee.

For the first stage of recovery, Prendergast said he spent the majority of his time lying down to rest both body parts operated on.

"The first two weeks are rough," Prendergast said. "You can't walk, and you can't use your right arm."

The pain from the minor procedure done on his knee went away after roughly two weeks. As for his elbow, he said, as physical therapy progressed, his arm felt better.

Prendergast said he is almost back at full strength and that the recovery process could overall take up to a year.

"It takes a while because the first five months are just like doing actual rehab with your arm," Prendergast said. "And then probably in October, I started throwing a baseball again, and you just kind of slowly add more pitches incrementally and kind of do a throwing program."

Despite the loss of Prendergast, the Bombers were still able to win the Empire 8 Conference and end the season with a 20-14 record. However, Valesente said it was devastating to lose their No. 1 pitcher for that season.

"It really set us back considerably," Valesente said. "We did recover, but not as well as we would have liked."

Senior pitcher Brandon Diorio said it was hard to see a dominant pitcher get seriously injured beginning his initial final season.

"After watching him dominate for the previous two years, it was tough to watch him go down with his injury in the first game," Diorio said.

Valesente said Prendergast stands a chance to be the wins leader in pitching for Bombers baseball.

"He's won 27 games in three years, which averages to nine wins a year, which is outstanding," Valesente said. "He's been a mainstay ever since he came in as a freshman and has continued to be a tremendous pitcher at our level."

When recruiting Prendergast, Valesente said, his competitiveness and mental toughness strongly stood out.

"He was very competitive, and he's a bulldog on the mound. He had a presence about him that carried him very well," Valesente said. "He had the ability to know how to pitch. He has a specific idea and a plan when he was pitching and approached it that way, so that was very impressive."

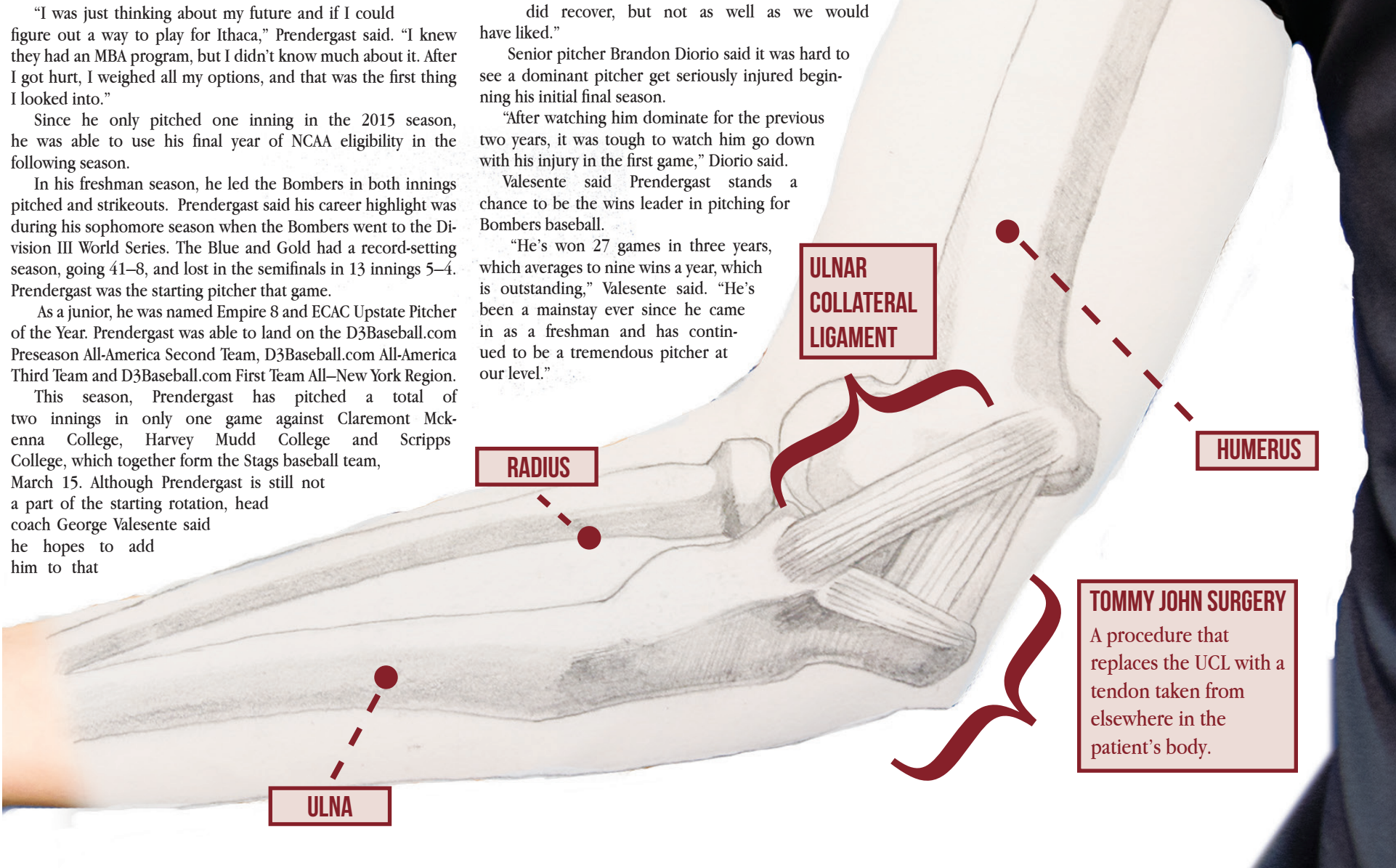
Until Prendergast is fully recovered from battling Tommy John surgery, Valesente said, he will put him in a few games for an inning or two and move from there.

"It's just a matter of how he feels," Valesente said. "It's sort of a day-by-day kind of thing. Actually, I rely mostly on what he says and how he says it, and what he believes is good for him."

Senior John Prendergast's baseball performance hinges on the success of his surgery



FILE PHOTO/THE ITHACAN



THE BOMBER ROUNDUP

The Ithacan's sports staff provides statistical updates on all of the varsity Bomber squads during the spring season



The men's crew varsity four competes in the team's season opener March 26 on the Cayuga Inlet. This boat defeated the University of Michigan by 16 seconds after falling behind early. SAM FULLER/THE ITHACAN

Men's Lacrosse

RESULTS



17-4
March 23



Oneonta



18-4
March 26



Utica

Next game: 7 p.m. March 30 against SUNY Cortland in Higgins Stadium

STANDINGS

	Conference	Overall
Ithaca	1-0	7-1
Nazareth	1-0	6-2
St. John Fisher	1-0	4-3
Stevens	1-0	7-2
Alfred	0-1	6-2
Elmira	0-1	2-3
Hartwick	0-1	2-4
Houghton	0-0	2-4
Utica	0-1	1-6

Track and Field

Susquhanna Invitational – Women

Event	Name	Place	Results
100-meter	Lusmer Qyubtana	1st	12.74
100-meter	Sarah Werner	2nd	12.77
1,500-meter	Emilie Mertz	5th	4:54.01
1,500-meter	Rachelle Sartori	6th	4:54.44
5,000-meter	Denise Ibarra	2nd	18:11.83
10,000-meter	Emily Drain	1st	41:01.66
10,000-meter	Amanda St. Clair	4th	42:55.48
10,000-meter	Hailey Nase	5th	43:26.88
Pole Vault	Katherine Pitman	1st	3.8m
Pole Vault	Alex Rechen	2nd	3.35m

Next invite: 1 p.m. April 1 at the Muhlenberg Invitational in Allentown, Pennsylvania

Susquhanna Invitational – Men

Event	Name	Place	Results
110-meter hurdles	Andrew Ward	6th	16.16m
Discus	Sam Cherney	7th	39.71m
Hammer	Larry Cass	4th	50.71m
Javelin	Gabe Shakour	13th	43.75m
Long Jump	Kyle Davis	9th	5.98m
Pole Vault	Tommy Battistelli	8th	3.95m
Pole Vault	Matt Foster	10th	3.8m
Shot Put	Larry Cass	11th	12.24m
Triple Jump	Alex Arika	4th	12.96m

Next invite: 10 a.m. April 2 at the Muhlenberg Invitational in Allentown, Pennsylvania

Women's Lacrosse

RESULTS



22-1
March 23



Elmira



14-13
March 26



Stevens

Next game: 7 p.m. March 31 against SUNY Geneseo in Higgins Stadium

STANDINGS

	Conference	Overall
Ithaca	2-0	5-2
Nazareth	1-0	5-3
St. John Fisher	1-0	7-0
Utica	1-0	5-3
Elmira	1-2	2-4
Alfred	0-1	4-5
Hartwick	0-1	3-4
Houghton	0-1	2-5
Stevens	0-1	2-4

Softball

RESULTS



6-4
March 26



The College of New Jersey



2-1
March 26



Ithaca

Next game: 1 p.m. April 2 at Nazareth College in Rochester, New York

STANDINGS

	Conference	Overall
Alfred	0-0	8-4
Elmira	0-0	0-0
Houghton	0-0	5-11
Ithaca	0-0	9-5
Nazareth	0-0	7-5
St. John Fisher	0-0	12-2
Stevens	0-0	8-4
Utica	0-0	7-9

Baseball

RESULTS



8-2
March 29



Ithaca

Next game: 3 p.m. April 2 against Stevens Institute of Technology in Hoboken, New Jersey

STANDINGS

	Conference	Overall
St. John Fisher	3-0	11-6
Stevens	3-0	11-8
Houghton	2-1	11-10
Utica	1-2	1-7
Canton	0-3	4-12
Elmira	0-3	5-9
Ithaca	0-0	6-8

Men's Tennis

RESULTS



6-3
March 24



Ithaca

Next game: 1 p.m. April 3 against St. John Fisher in Rochester, New York

SINGLES RESULTS

Ithaca	Result	Hobart
Brandon Buksbaum	win	Patrick Grey
Wes Davis	lose	Michael Rusk
Michael Gardiner	lose	Jonah Salita
Chris Hayes	win	Jonathan Atwater
Lorenzo Viguie-Ramos	win	Patrick Dunk
Nate Wolf	lose	Harry Nichols

Women's Crew

RESULTS



6-0
March 26



William Smith

Next regatta: 11 a.m. April 2 against RIT and Rochester at the Cayuga Inlet

Men's Crew

RESULTS – Individual

Event	Versus	Time	Place
Varsity 4	Michigan	7:32.1	1st
Varsity 4	Cornell	7:42.8	1st
Varsity 8	Bucknell	7:17.64	2nd

Next regatta: 11 a.m. April 2 against RIT and Rochester at the Cayuga Inlet

*Updated as of March 29

Women's tennis serves into the spring season



Junior Jodi Grosberg gets in position to serve the ball over the net during her singles match Oct. 4 at the Wheeler Tennis Courts. Grosberg won her match in two sets.

JILLIAN FLINT/THE ITHACAN

BY JUSTIN ROUZIER

STAFF WRITER

After defeating Steven's Institute of Technology on Oct. 18 for its 11th-straight Empire 8 Championship, four months passed before the Ithaca College women's tennis team stepped onto a court again. Unlike most teams, the women's tennis team competes in both the fall and spring seasons. Now, the focus for the Bombers shifts to strengthening their seed in the Division III NCAA National Championships.

After finishing its fall season undefeated, the South Hill squad earned an automatic bid to Nationals, which will begin May 23 in Kalamazoo, Michigan. This 11th-straight Empire 8 Championship marks its 11th-straight trip to Nationals.

In the spring, the more matches the Bombers win, the higher their ranking will be at the big dance.

Women's tennis is considered a fall sport in the Empire 8 Conference. Most sports have their national championship tournament at the conclusion of their competition season. However, head coach Bill Austin, who is also the representative for women's tennis in the Empire 8, said a majority of the women's tennis teams throughout the nation compete in the spring only, and that's why Nationals are scheduled for then.

Austin said scheduling strong competition in the spring keeps the women in shape for matches and prepares the Bombers for a National tournament run.

"Playing in the fall is an Empire 8 decision," Austin said. "I'd like to change that, but it's not my decision alone. However, we try to put together as strong a schedule as we can in the springtime. We do it so we can become match and tournament tough."

The out-of-conference schedule for the Blue and Gold is much stronger than its Empire 8 fall schedule. In the fall, the Bombers cruised to victory several times, defeating teams like Nazareth College and Elmira College 9-0 without dropping a set.

This spring, they will face teams like Georgetown College and The College of New Jersey, an out-of-conference team that is ranked 12th in the Northeast, according to the NCAA Division III website.

After the Empire 8 Championship in October, the Bombers did not practice as a team

until February. During their hiatus from practice, individual players were told to lift weights and do cardio training three times a week.

Junior Maddie Overholt said the Bombers have worked hard to look past the Empire 8 Championship and to get back into championship form.

"In the fall, it's all about coming together as a team, but the spring is different," Overholt said. "In the spring, we work more diligently to get back into form and begin competing."

In the fall, the women had the Wheeler Tennis Courts to themselves for practice. Now, with the men's tennis season in the spring, the two teams share the Wheeler Tennis Courts.

Instead of practicing for two hours a day like they did in the fall, the women only get an hour and a half to practice, which means to be beneficial, practice has to be efficient.

Freshman Shayna Ginster said the spring season provides different challenges from the fall season.

"We've been doing a lot more match play in practice, trying to prepare for the better competition we'll be playing this season," Ginster said. "It's a different environment where I can focus on myself. The coaches get a lot more serious, and everyone ups their game."

Regardless of the roster, Austin said, lineup changes are inevitable. He said what has worked in previous seasons and previous years won't always work this time around.

"We've got to be ready to change and look for new possibilities," Austin said. "You've got to go with what worked and see if it's still working. Then you tweak from there."

Junior Haley Kusak said with a young team that consists of seven freshmen, this season will give them useful experience going forward in their careers.

She said that experience will give the South Hill squad a chance to make a deep run at Nationals this year and in years to come.

A successful spring season will give the Bombers momentum and drive going into Nationals, and Kusak said that would be beneficial to the team.

"Winning more matches and getting a higher ranking will definitely boost our confidence," Kusak said. "That's why we're working so hard right now to get there — because when we're at Nationals, we believe we can compete with any team."

Lacrosse goaltenders score their own goal



Junior goaltender Emily Ross prepares for shots during the team's practice Feb. 27 in Higgins Stadium. Ross is one of the two goaltenders for the women's lacrosse team.

CAITIE IHRIG/THE ITHACAN

BY MATT ROTTLE

STAFF WRITER

On game day for the Ithaca College women's lacrosse team, there are two different warmups going on. On one end of the field, you will see the position players stretching or light jogging. At the other end, you will see the Bombers' two goaltenders being warmed up by former Division I goaltender and current head coach Karrie Moore.

This season, the Bombers have two goaltenders: junior Emily Ross and sophomore Kimberly Presuto. When Moore was hired in August 2015, the whole team had to undergo the adjustment. For Ross and Presuto, the greatest benefit was having a new head coach who used to be a goaltender. Ross and Presuto said getting instructions from a head coach who understands the ins and outs of the position like they do helps them prepare for games.

"She's very knowledgeable at the game of lacrosse," Ross said. "Never have I had a head coach who was also a female lacrosse goalie before."

Moore, the former starting goaltender at the University of Pennsylvania and seven-year assistant coach at Cornell University, brings a defensive style as a head coach that comes from seeing the game from under the mask during her playing career.

"There are ways that we see the game in which we come from," Moore said. "I am able to relate to the goaltenders more than others because of my past experiences in the sport."

The team has no official goaltending coach on staff currently, so Moore pulls double duty, managing the day-to-day responsibility of the whole team as well as the goalies specifically.

Moore did stress that she can relate to goalies more due to her past experiences. However, her first concerns as head coach are with all of her players, not just the goaltenders.

"I coach the goalies and the position players the same," Moore said. "The same work ethic is expected from everyone."

Moore also said the mixture of coaching and play experience gives her a different perspective of how to help players discover a chemistry that works for the whole team.

"I think when you've been coaching a while and you see them play at practices, you get a feel of what they're good at and what they need to work on," she said. "My job is to make sure that they can perform to the best of

their ability."

Presuto has dealt with two different head coaches her first two seasons on the team. She said she notices a difference in her performance so far this season.

"She definitely helped my overall game so I can be better," she said. "With a lot of positive things that I have not gotten from other coaches."

Presuto and Ross had similar comparisons of the positive things Moore provides with her coaching style, such as the one-on-one attention in certain drills at practice, watching film in preparation for a game or even shooting on them before a practice or a game. The criticism and teachings that Moore provides are small details and game factors that the goalies understand and value.

"She knows what shots we both have to work on," Presuto said. "It's helpful because she knows what we need to work on and watches our form to make sure it's good."

So far, the experience and preparation have paid off for the two Bomber goaltenders. The team is currently ranked third in the Empire 8 in saves with 7.75 saves per game and ranked fourth in the conference in saves percentage, which for the Blue and Gold is .443. Ross and Presuto have been splitting time, for the most part, this season. Ross, who starts the game, has racked up 227 minutes of playing time in all seven games this season. Presuto has also appeared in every game, racking up 192 minutes.

Ross also pointed out that other head coaches rarely know the standard to which goalies hold themselves and that Moore is good at keeping them held to the standards. Some of these standards include a goaltender's pre- and postgame preparation, what she should do in certain game situations and how she should act whether the team wins or loses.

"It's good to have a coach that knows the standards," Ross said. "She knows the standards, and also how to reach them is really beneficial to the player."

Ross said Moore's experience is great knowledge for the goalie's vision of the field.

"She gives us good tips at what the offensive players may be doing or thinking from a goaltender's perspective," Ross said. "She can discuss it with us on a personal level and say something to pick us up that can help us succeed."



BEND IT
LIKE BECK

JONATHAN BECK

Women need more respect

"They're just women." "Men are far more athletically gifted than women. It's just a fact that everyone knows." "No one takes women's sports seriously because women are too emotional."

Let's face it: We've all heard these sexist comments at one point or another in our lives. Heck, some of us have probably even said it once or twice.

In the sports world, it's become even more prevalent over time given the defined gender roles in sports. We've somehow accepted this and learned to behave in accordance with the expectations of others.

There is also a lack of respect for women in sports, shown by former Indian Wells CEO Raymond Moore's remarks about how men have carried tennis's popularity for years. Serena Williams, arguably the most popular female athlete of all-time, came out against Moore, showing that others need to catch onto tennis' plan to have equal pay in the sport.

Even Boston Globe columnist Dan Shaughnessy, who is the 2016 recipient of the J. G. Taylor Spink Award, commented on the University of Connecticut women's basketball team, citing it as being too good for the sport and thus losing entertainment value. The J.G. Taylor Spink Award is presented by the president of the Baseball Writers' of America for meritorious contributions to baseball writers.

There's also a lack of media coverage, exemplified by CBS' refusing to air the NCAA women's hockey championship game between the University of Minnesota and previously undefeated Boston College due to poor ratings. The only way to access the game was via an online stream or a local radio station.

It's time to stop talking about it and start challenging the stereotypes against women in sports.

Thankfully, and I'm sure many would agree, the discrimination against women in sports has grown less and less by the year.

Over the past year, there have been many highlights for women in sports. The Arizona Cardinals hired Jen Welter as the first official female coach in the NFL. The Women's National Hockey League was established. And last but not least, the U.S. Women's National Soccer Team won the 2015 FIFA Women's World Cup in dramatic fashion.

But it's not enough. Women and sports still have a far way to go, and the only way real change is going to occur is if people begin to dare themselves to take a step back.

I have no idea what it's like to be a woman in the sports world and the difficulties they go through on a daily basis. But I'm happy to stand by their side and see what I know they can bring to the table.

On April 3, the UConn women will play Oregon State for a spot in the National Title game. I will certainly be watching the Huskies because of their dominance, and I recommend you do, too.

BEND IT LIKE BECK is a column about sports issues written by Jonathan Beck. **BECK** is a junior sport media major. Email him at jbeck3@ithaca.edu.

Novice athletes splash into new sport



The women's novice four boat competes against William Smith College on March 26 in the Cayuga Inlet. The team placed first by 35 seconds.

SAM FULLER/THE ITHACAN

BY ALYSSA CURTIS
STAFF WRITER

Becky Robinson, Ithaca College women's crew head coach, gave 23 women the chance to try a new sport this year — one that is completely different from any sport they may have participated before. She said she emphasized to the women that they did not need any experience to join and persuaded them to sign up.

The women's novice crew is designed to introduce new rowers to the sport and prepare them for the varsity team. She, along with novice coach Allison Carter and novice assistant coach Madison Keaty, train the women from the bottom up. After being on the novice team one year, they then move up to varsity.

Although Robinson said most of the women have never rowed before, most of them do have previous athletic experience, making it easier on both sides.

"Those who have experience of athletics in high school learn a little quicker and are more coordinated," Robinson said.

Freshman Riley Simons said she did not want to continue playing field hockey in college but wanted to stay active and involved with a team. She said she got her chance to be a college athlete when Robinson asked her to join the novice crew.

"I didn't know anything," Simons said. "We all had to learn everything."

In the fall, the coaches begin by having the women use the ergometers, or stationary rowing machines, to learn basic rowing techniques.

The women then move on to pool stations, which consist of a stationary boat attached to the pool's wall. This allows them to go through the body motions they learned on the ergometers while getting accustomed to holding an oar.

Robinson said that while learning to row can be a little hard, it is not as complicated as some might perceive.

"It's not intuitive, but it's not that complicated," Robinson said. "Teaching novices how to row is protocol and is very mechanical at first."

Once the women are accustomed to the ergometers, they head out on the open water and face a brand-new challenge — the boat. Normally, Robinson said, it takes about four to six weeks to get down the basic technique. By the eighth week, the women are ready to begin training for and competing in races.

Freshman Waverly Datner said rowing on the water is much more difficult than the erg and brings a whole new set of obstacles but that the women push through with the help of their coaches.

"When we go onto the water, the whole game changes," Datner said. "Somebody who could be really good on the erg and powerful might not have amazing technique on the water, so they really try and give us all the pointers they can."

Robinson said she encourages the women and also pays close attention to detail, often critiquing their technique and giving them tips to get faster. One thing Robinson said she looks for is if the rowers extend their arms and legs at the correct time to get the fastest results.

Datner said because the women largely come in knowing nothing, they have the advantage of being on a level playing field.

"We started at equal playing grounds, so it's cool getting to see everyone grow individually and as a team," Datner said.

Freshman Megan Compton said this gives everyone an equal opportunity to get one of the eight spots in the boat.

"Because we all started it together, not knowing anything and picking it up and going for it, it's made us become close," Compton said. "We all started from the bottom."

The women have made some waves this year. The novice boat won the first regatta of the spring season, beating out Division I schools in the process. They competed in the John Hunter Regatta on March 19 in Gainesville, Georgia, and took first.

Compton said the rowers take their newfound sport seriously and are passionate about it, but that they also like to enjoy their time as novices and have fun with their sport.

"We always have a good time, even if it's a hard workout," Compton said.

Ithaca College dance team prepares for nationals

BY CASEY KOENIG
CONTRIBUTING WRITER

During the fall season, the Ithaca College Dance Team is seen entertaining the crowd during halftime at football and basketball games. Their turns are fast, their kicks are high, and their smiles are bright.

The team does more than dance at sporting events, however. During the second semester, the team's focus switches to competition. It will be competing at the National Dance Alliance competition April 6–9 in Daytona Beach, Florida, for just the second time. They attended this competition two years ago and came in first in the jazz category and finished eighth overall.

The team does not have a coach and instead relies on senior captain Melissa Miranda and junior captain Becca Aronoff to lead the team. There is a total of 13 women on the dance team, and they hold tryouts every fall. This year, it had 22 women try out for the team at the beginning of the school year and selected three.

Junior Isis Morgan said all of the women on the team have some sort of prior dance experience.

"Everyone's training is different: Me and another girl, we're trained in ballet, and another girl's done competitions, and another girl did recreational, but we all assimilate to be the same," Morgan said.

Aronoff said there is a different mindset when it comes to performing during the halftime of games



Sophomore Taylor Van Meter rehearses her turns during the dance team's practice March 28 in the aerobics room at the fitness center.

SAM FULLER/THE ITHACAN

versus a competition.

"Football games and basketball games are definitely more fun than this because now we have to focus more on our technique," Aronoff said.

In the past, the team has gone to the Universal Dance Association National Championships, a competition for dance and cheerleading that was held in January. Miranda said that did not give them much time to get ready after winding down from the football

and basketball seasons.

"NDA works better because it's later in the year and we have more time to prepare," Miranda said.

To qualify, the team sent in a video to the NDA of it performing. The team found out that it had qualified in November. The team will be performing a Lyrical Contemporary dance to the song "All I Want" by Ahn Trio. Ordinarily, the 13-woman group rehearses for two hours on Sunday,

Monday and Wednesday, but Aronoff said it is putting in extra practice now for the competition.

Shortly after the dancers found out they had made Nationals, they hired a local studio owner to choreograph the routine. Morgan said learning the routine was long and strenuous.

"Each practice was three hours, blood, sweat and tears," Morgan said. "It took three days because we had to do the ending."

From there, the team has spent countless hours breaking the dance down into sections and cleaning it. Taylor Van Meter, a sophomore who will be the team's junior captain next year, watched the group do a run-through of the dance and gave critiques.

Aronoff said there is an emphasis on each part of the routine, whether it is syncing turns, timing or the overall cleanliness of the dance. Since the group does not have a coach, Aronoff said, the women rely on each other to fix mistakes and to point out strong points and what needs to be worked on.

Aronoff said that despite the hard work and intense practices, the team has remained positive throughout the process and is ready.

"We're hoping that all of our hard work pays off," Aronoff said. "We're super excited. This couldn't have been made possible without the sports club council because they've been supporting us a lot."

the Buzzer

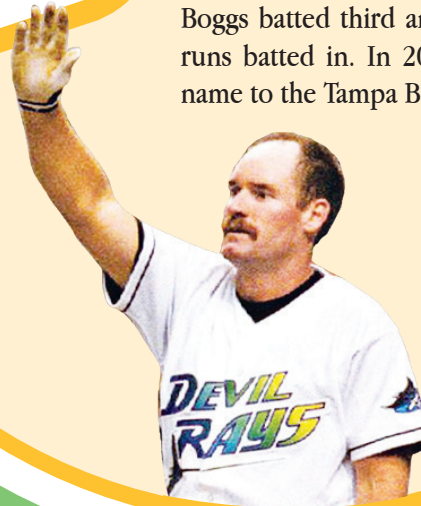
ON THIS DAY

...in sports history

MARCH

31

In 1998, major league baseball team the Tampa Bay Devil Rays made its franchise debut against the Detroit Tigers. To a sold-out crowd at Tropicana Field, the Devil Rays lost 11–6. The loss was dealt to starting pitcher Wilson Alvarez. He pitched 2.1 innings and gave up six earned runs and nine hits. In its starting lineup, current Hall of Famer Wade Boggs batted third and went 1–4 with three runs batted in. In 2008, they changed their name to the Tampa Bay Rays.



March Madness UPDATE

The Final Four for the NCAA men's basketball tournament has been decided. No. 2 Villanova University beat No. 1 University of Kansas in the Elite Eight to advance to the next round. Villanova will face No. 2 University of Oklahoma, which beat another No. 1 seed in the Elite Eight, University of Oregon. In the second half of the Elite Eight matchups, No. 10 Syracuse University defeated No. 1 University of Virginia. Syracuse is the fourth double-digit seed in NCAA history to advance to the Final Four. The only No. 1 seed that advanced is the University of North Carolina. The Tar Heels defeated No. 6 University of Notre Dame. Villanova will face Oklahoma, and North Carolina will face Syracuse. All Final Four games will be played April 2 in Houston. The winners of these matchups will determine who will play in the championship game for the NCAA title.



FOUL LINE



The Houston Astros' A.J. Reed hit a high fly ball to deep center toward the New York Mets' Yoenis Céspedes during their spring training game March 24. What should have been a single or double turned into an inside-the-park home run due to Céspedes' poor judgment on the play. The ball rolled under the outfield wall but was still easily obtainable. Céspedes argued he could not grab the ball, which in that case, would have rewarded Reed a ground-rule double. Umpire C.B. Bucknor went out to the wall and easily rolled the ball out from underneath.



Top Tweets

The best sports commentary via Twitter from this past week



The Fake ESPN
@TheFakeESPN

ESPN claims viewership of women's March Madness is up by 46%. This brings the grand total to 11 viewers.



NOT SportsCenter™
@NOTSportsCenter

Perry Ellis on losing to Villanova: "It's not all that disappointing, I've played in 17 Final Fours in my career. I can afford to miss one."



Tom Brady's Ego
@TomBradysEgo

RG3 is a good fit with the Browns seeing his career was already over.



Faux John Madden
@FauxJohnMadden

The NFL Shop needs to start including iron-on jersey names and lettering with every Browns quarterback jersey. Would make a killing.

GRAMMAR GURU GUIDE

Grammar and punctuation tips and tricks for the everyday student

FOR ALL YOUR COMMA NEEDS

1. Unless you have a subject and a verb in both halves of the sentence, do not use a comma.
2. The Oxford comma, also known as the serial comma, is the comma before “and” in a list, and it’s generally accepted outside journalism. It is optional in most instances.
3. Set off introductory phrases with a comma.
4. If you can say “and” between two adjectives, separate them with a comma. *The tall, foreboding building.*
5. Do not join two independent clauses with a comma without a conjunction. This is called a comma splice.

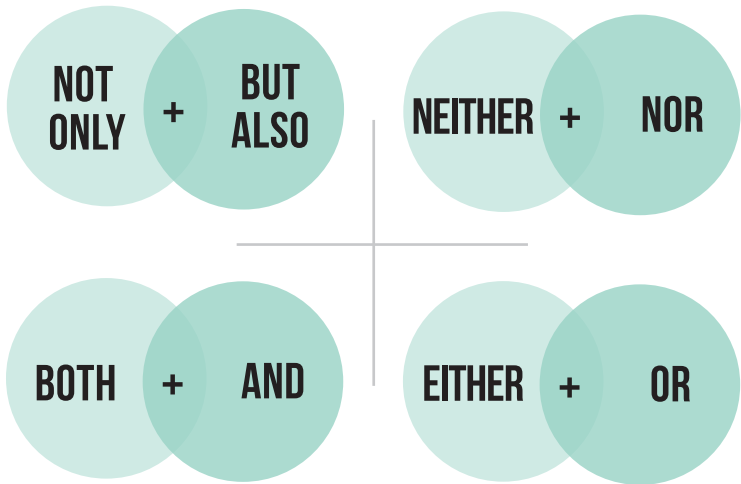
GRAMMAR MYTHS

1. **You can’t end a sentence in a preposition.**
This rule is based in Latin, which does not permit a sentence’s ending in a preposition. These sentences can often sound stilted. *The family with which I am staying.*
2. **You can’t start a sentence with a conjunction.**
You can, but be careful because it may begin a dependent clause — one that cannot stand on its own. *Because my father cooked,* for example, is not a complete thought. So long as you finish the sentence, it’s fine.
3. **A run-on sentence is a really long sentence.**
I saw my dog he was hungry. This is a very short sentence, but it’s also a run-on. Why? It is poorly punctuated. A run-on, then, is a sentence that is too many independent clauses squished together.
4. **Use “a” before words beginning with consonants and “an” before words beginning with vowels.**
This is generally true, but it’s better worded with “consonant sound” and “vowel sound.” *An hour* (the *h* is silent, so we default to the *ow* sound), *a historic event* (the *h* is pronounced, so we use *a*), and *a one-time event* (the *o* is pronounced like a *wo*) are just a few examples.
5. **“I.e.” and “e.g.” mean the same thing.**
E.g. is used to give an example, whereas i.e. is used to explain something in other words.
6. **The passive voice should not be used.**
It’s acceptable, but it should be used as an intentional stylistic decision and not simply out of laziness. The active voice sounds stronger and is generally the better choice.

SOURCE: OXFORDDICTIONARIES.COM AND QUICKANDDIRTYTIPS.COM

INSEPARABLE PAIRS

These pairs of words must be used together.



APOSTROPHE RULE

A gerund is a noun (person/place/thing/idea) that ends in -ing. Often, the possessive (my, your, his, her, its, their, our, 's) comes before it.

Our grand opening was a success. Her playing was off-key. My attending class is contingent upon the professor's being good.

GARDEN PATH SENTENCES

Sentences that are correct but look wrong at first glance

1. The old man the boat.
The old (people) man the boat.
2. We painted the wall with cracks.
We painted the wall (that was covered) with cracks.
3. Fat people eat accumulates.
(The) fat (that) people eat accumulates (in their bodies).
4. The girl told the story cried.
The girl (who was) told the story, cried.
5. The man who hunts ducks out on weekends.
The man, who hunts (animals), ducks out on weekends.
6. The cotton clothing is usually made of grows in Mississippi.
The cotton (that) clothing is usually made of grows in Mississippi.

SOURCE: FUN-WITH-WORDS.COM

GOT GRAMMAR QUESTIONS?

Online Grammar Resources

1. Grammar Girl: answers many common grammar questions in an easy way
2. Grammarly: online proofreading software
3. Ginger Software: a Grammarly alternative
4. Hemingway App: helps keep your writing simple
5. University of Illinois' Grammar Handbook