

THE ITHACAN

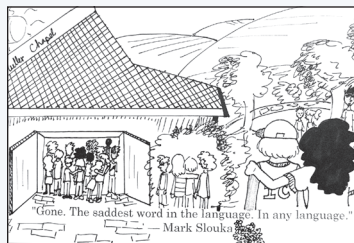
THURSDAY, SEPTEMBER 1, 2016 • VOLUME 84, ISSUE 2



STEPPING IT UP

Four varsity athletic teams used Applied Performance Sciences in their offseasons this past year.

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STAYING STRONG

In the midst of tragedy, the Ithaca College community must stay resolute and supportive.

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CASTING VOTES

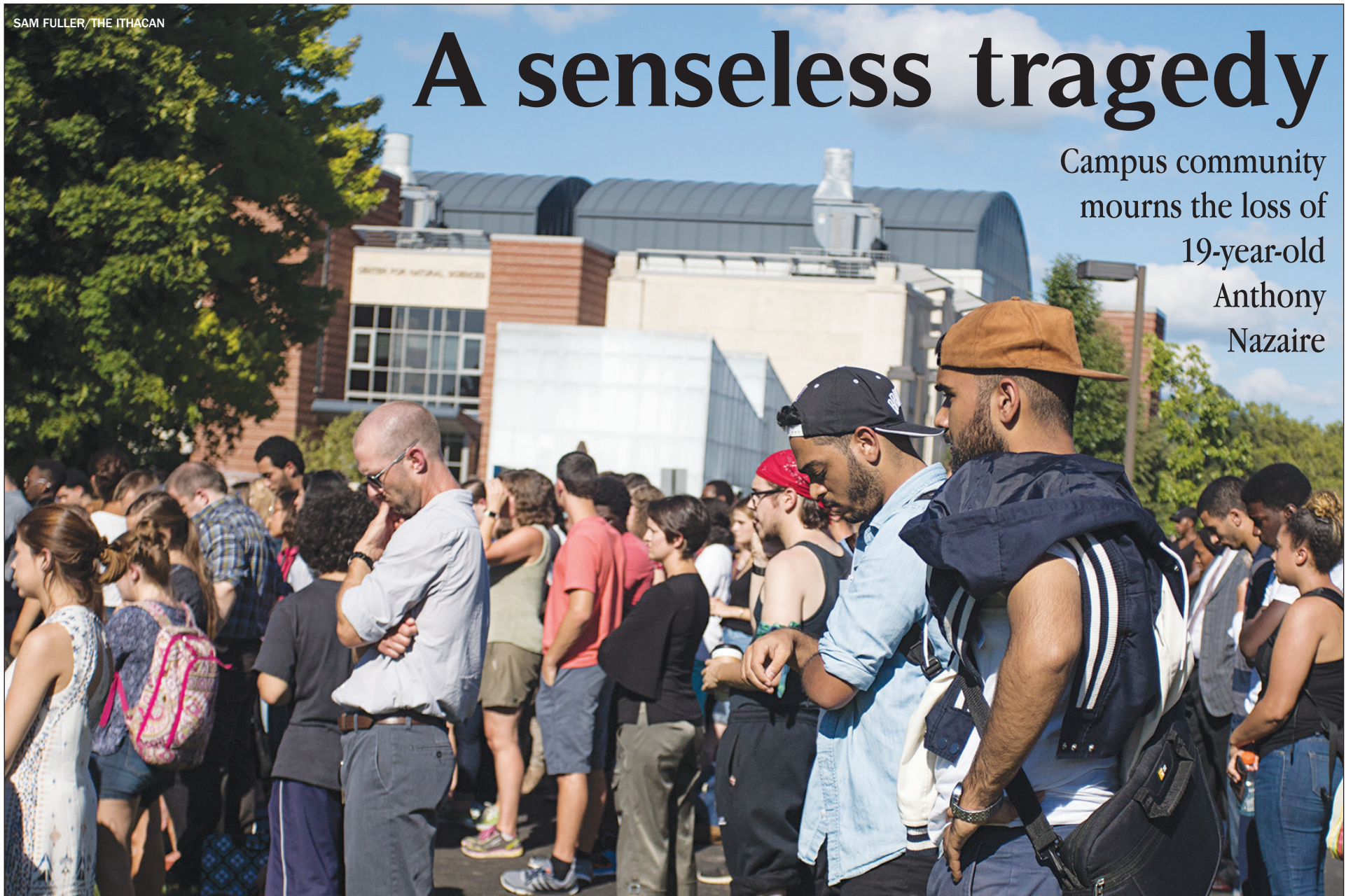
Handwerker Gallery hosts unofficial voting station to provide a democratic space for disenfranchised voters.

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SAM FULLER/THE ITHACAN

A senseless tragedy

Campus community mourns the loss of 19-year-old Anthony Nazaire



BY KAYLA DWYER
EDITOR IN CHIEF

Silence. Sniffing. Stifled cries. Lips pressed, heads shaking. And more silence, as more than 200 students and community members crowded inside and out of Muller Chapel for the community gathering for Anthony Nazaire on Aug. 29.

Nazaire's life was taken early in the morning of Aug. 28, the result of being stabbed on Cornell University's campus during a large fight. He was 19.

The stabbing occurred at the intersection of College Avenue and Campus Road after an Omega Psi Phi event at Willard Straight Hall dispersed at nearly 2 a.m. After medical aid was provided by first responders at the scene, Nazaire was transported to Cayuga Medical Center and was later pronounced dead. The other victim, who has not been publicly identified, was flown by helicopter to Upstate Medical Center for treatment and was later released.

As of 7:30 p.m. Aug. 31, the Ithaca Police

Department announced it has no new information to report.

"We are working methodically to put the pieces of the puzzle back together. Unfortunately it takes time to sort through all the information and all the evidence," Vince Monticello, deputy chief of the IPD, said in a news release. "I'm confident that when our investigation is complete, we'll bring justice to whoever did this."

At 4 p.m. Aug. 29, the sun shone almost directly over the pond and into the chapel,

illuminating the stained glass and framing those who took to the lectern to speak about the Ithaca College sophomore.

"As I look out, I see that ray of sunshine — Anthony was more than that ray of sunshine," said William Tastle, professor in the Department of Management. "He was the whole thing."

As students, faculty and staff joined friends of Nazaire's to mourn the community's loss,

See VIGIL, Page 4

College adds new rules to campus alcohol policy

BY JUSTIN HENRY
STAFF WRITER

Ithaca College administrators approved additions to the college's "Residential Life Rules and Regulations" that prohibit the presence of empty alcohol containers and other alcohol paraphernalia, and are now in effect for the 2016–17 academic year.

One new measure prohibits the possession of alcohol containers for students under the legal drinking age of 21. The other prohibits for all persons, regardless of age, the presence of "high-risk drinking paraphernalia," which includes beer pong tables, beer bong or funnels and all drinking games with or without alcohol, like water pong.

The Alcohol and Other Drug (AOD) Prevention Team proposed the above two additions in March 2016 to the Office of Residential Life and the associate provost for student life, Rory Rothman.

The AOD Prevention Team, consisting of staff and administrative members from the Offices of Residential Life and Judicial Affairs, first convened in 2010 to reduce the severity of substance abuse among students "to maximize student learning, foster student success and further the educational mission of Ithaca College," according to the team's website.

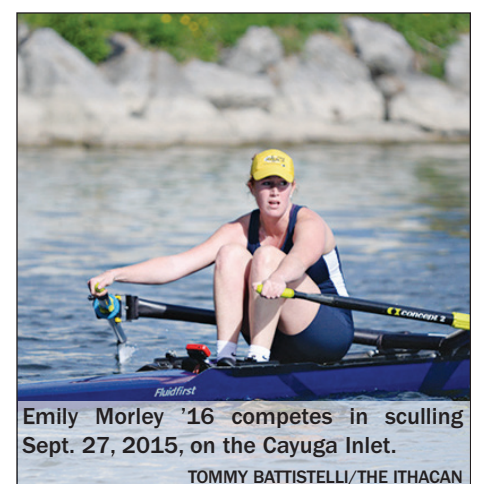
Nancy Reynolds, health promotion center

See ALCOHOL, Page 4

Recent Ithaca graduate competes at Olympics

BY VINICA WEISS
SENIOR WRITER

The tunnel under the stadium was dark, though not the ominous kind. Dressed in her Bahama colors — bright yellow and aqua — Emily Morley '16 waited. She waited to hear countries chanting and a stadium full of cheers. She waited to walk into the famous Maracanã Stadium, which highlighted Rio de Janeiro's vibrant culture with a spectrum of colorful lights and music. Some of the 10,000 elite athletes were taking photos and videos on their phones, but Morley said she avoided doing so because she wanted to absorb every single



Emily Morley '16 competes in sculling Sept. 27, 2015, on the Cayuga Inlet.

TOMMY BATTISTELLI/THE ITHACAN

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NATION & WORLD

Chief strategist of Islamic State reported killed in northern Syria

The Islamic State group’s spokesman and chief strategist, who laid out the blueprint for the extremist group’s attacks against the West, has been killed while overseeing operations in northern Syria, the group announced Aug. 30.

The IS-run Amaq news agency said Abu Muhammed al-Adnani was “martyred while surveying the operations to repel the military campaigns in Aleppo,” and vowed to avenge his death. It did not provide any further details on when or how he died.

If confirmed, it would be a major blow to the extremist group, which has been on the retreat in Syria and Iraq, where the borders of its self-declared Islamic caliphate have been steadily eroded in recent months.

Brazilian Senate votes to oust President Rousseff from office

Brazil’s Senate on Aug. 31 voted to remove President Dilma Rousseff from office, the culmination of a yearlong fight that paralyzed Latin America’s largest nation and exposed deep rifts among its people on everything from race relations to social spending.

While Rousseff’s ouster was widely expected, the decision was a key chapter in a colossal political struggle that is far from over. Rousseff was Brazil’s first female president, with a storied career that includes a stint as a Marxist guerrilla jailed and tortured in the 1970s during the country’s dictatorship. She was accused of breaking fiscal laws in her management of the federal budget.

“The Senate has found that the president of the federal republic of Brazil, Dilma Vana Rousseff, committed crimes in breaking fiscal laws,” said Chief Justice Ricardo Lewandowski, who presided over the trial.

Wildfire near Los Angeles forces 700 people to evacuate homes

Fire officials say a wildfire tearing through brush east of Los Angeles has destroyed an outbuilding and forced 700 people from their homes.

The Riverside County Fire Department said the fast-moving fire has prompted the evacuation of at least 200 homes as it races through drought-dry hills near Banning.

The blaze, known as the Bogart Fire, erupted shortly before 12:30 p.m. Aug. 30 in the unincorporated Cherry Valley area and has thrown up a line of 25-foot-high flames. Winds gusting to about 20 mph and tinder-dry fuel are helping propel the blaze, which is just 5 percent contained.

More than 300 firefighters and more than a dozen aircraft are battling the flames.

More than 450 people arrested at London’s Notting Hill Carnival

London police arrested 454 people during the two-day Notting Hill Carnival as stabbings and drug offenses marred the Caribbean-inspired street party.

The Metropolitan Police reported Aug. 30 that the arrests were the highest number in more than a decade and attributed the increase to tighter laws on psychoactive drugs, including



Chilean protesters dye fountain red

A worker collects military hats representing the Chilean Army and National Police from a water fountain after activists dyed the water red and threw in the hats during a protest against the humanitarian issue of missing people on the International Day of the Disappeared on Aug. 30 in front of La Moneda Palace in Santiago, Chile.

ESTEBAN FELIX/ASSOCIATED PRESS

nitrous oxide.

Authorities said there were 15 violent injuries involving a knife or a blade.

A 14-year-old boy was among those facing charges for a string of knife attacks starting Aug. 28. Among the wounded were three teenage boys and a 20-year-old man.

Kayakers injured when hit by ferry departing pier on Hudson River

Authorities in New York said five kayakers were injured when they were hit by a ferry departing a pier on the Hudson River.

Police said it happened just before 6 p.m. Aug. 30 near Pier 79 on Manhattan’s west side as a group of 10 kayakers paddled down the river.

One person is in stable condition with a serious arm injury. The others had minor injuries.

At least two kayaks were hit by the NY Waterway ferry.

Authorities are investigating whether the sun’s glare was a factor.

Police said the ferry captain has tested negative for drugs and alcohol.

SOURCE: ASSOCIATED PRESS

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Still in College: Joslyn Brenton

Joslyn Brenton, assistant professor of sociology at Ithaca College, discusses the power of open-mindedness in college.

First Bomber Weekend

First Bomber Weekend took place Aug. 26–28. The event focused on freshman students engaging with the Ithaca community.

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Simeon’s reopens after more than two years



BY KYLE ARNOLD
ASSISTANT NEWS EDITOR

The intersection of North Aurora Street and East State Street at the head of The Commons is clear of construction for the first time in over two years, marking the reopening of the corner restaurant: Simeon's bistro.

On June 20, 2014, a tractor-trailer carrying a load of cars crashed into the restaurant, leaving significant gashes on the entire building. Amanda Bush, a bartender at the restaurant, and her unborn child were killed in the accident, and seven others were injured.

The restaurant had its soft opening — a practice run before opening the doors to the public — on Aug. 23. A grand opening date has not been pinned down yet but will most likely be in the coming week, co-owner Dean Zervos said.

Among the renovations, Simeon's has expanded its dining area upstairs; opened up its ceiling; moved its entrance to the west, facing The Commons; and added 500 square feet, resulting in over \$2 million worth of upgrades. Despite the aesthetic changes, Simeon's retained most of its original menu with the exception of some more affordable additions, Zervos said.

The floor plan was redesigned during construction. The new layout has three distinct dining areas: the "oyster room," the tavern area and the second-level dining area. The oyster

room — painted tan as opposed to the matte blue of the other two rooms — is for casual dining, Zervos said. The other two rooms follow the restaurant's more formal setting.

There have also been considerable changes to the interior and exterior. The bar is overlooked by a towering mirror, framed by dark wood, that extends to the upper dining area through an opening in the ceiling. The bar's countertop is made of white marble that matches the tile flooring and some tabletops throughout. Additionally, a copper-plated bay window attached to the front of the building and a darker outer facade mark the building's corner location.

"We cut a hole into the floor, so that way when you're upstairs, you could still feel the energy in the room that's going on [downstairs]," Zervos said.

About 15 original employees — a portion of the 90 total — will return to work after transitioning to jobs in the community following the accident, Zervos said. He said that within two months of the accident, every employee found a job.

"The community was fantastic; they were offering [jobs]," he said. "Everyone who wanted a job got one."

Senior Christian Savini works at the restaurant as a server and said that when they first opened, they were just getting on their feet, but they have since found their stride. He said that during the soft opening, they had 140 patrons. He said friends

and family of the owners and employees have been stopping by the restaurant.

"It's been overwhelmingly positive; we've had a lot of friends and family come," Savini said. "Everyone was so impressed by the actual rebuild that they would explore through the entire restaurant."

Sophomore Casey McCracken attended the soft opening and was served by Savini. She said the restaurant was so busy that she was not able to get a reservation until 8:30 p.m. She and a few friends ate on the second floor.

"It was a really nice restaurant," McCracken said. "Definitely kind of fine-dining but also comfortable and casual. ... The food was amazing. That was easily my favorite part."

The repairs to the outside and inside of the buildings, which included the addition of an elevator to new high-end apartments above the restaurant, took longer than expected, Zervos said. The opening date was originally planned for March of this year, he said, but was pushed following routine construction delays. Nevertheless, he said he is ready to get back to work.

"[I'm] excited," he said, "Oh, yeah — very excited, and grateful."

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SGA begins preparation for upcoming elections

BY KYLE ARNOLD
ASSISTANT NEWS EDITOR

The Ithaca College Student Government Association held its first meeting of the 2016–17 academic year in the newly renovated Terrace Dining Hall, where it hosted a guest speaker from Sodexo and prepared for its upcoming elections.

Under a new executive board, the SGA opened its first meeting with a visit from Jeffrey Scott, general manager for Sodexo at the college, who highlighted some of the new additions and changes to the dining services and sought feedback from the SGA in a question-and-answer session.

Scott showcased some of the changes to dining options like the Hot Grab and Go, which dining services piloted in the spring semester and is continuing this year. It allows students to use a Tupperware container to take food out of the dining halls.

What might not be on students' radar, Scott said, is Sodexo's mobile app, "Bite." Developed by Sodexo, the application includes menus, scheduling information and calorie calculators for each campus dining hall. Scott said dining services will be placing a greater emphasis on marketing the app this year.

Scott was asked in the question-and-answer session, whether or not Campus Center Dining Hall will be refurbished like Terraces, to which he answered that he met twice with architects to discuss future plans to renovate the dining hall.



FOOTE

"We are working to do Campus Center next summer," he said.

SGA President Marieme Foote questioned Scott about the incorporation of accessibility into the Terraces renovations. He said that his office has put in a request to add an elevator to Terraces, which currently only has a freight elevator.

"We're working with facilities to get that project approved and funded," he said.

Scott concluded the session by urging the SGA to forward feedback that it hears from students to his office to better their food and services.

The SGA then moved to vote on the Elections Committee — a committee that facilitates the SGA elections.

Business school senator Taulant Gashi, Class of 2019 senator TJ Horgan and junior Kyle Stewart were voted unanimously onto the committee.

The purpose of the coming elections is to select students to serve as representatives for campus constituencies, including freshman through senior classes, international students, club sports and others. Applications are available on OrgSync and are due Sept. 2. Platform presentations will take place Sept. 6 in IC Square. Voting is scheduled for Sept. 8 and 9 on OrgSync, Senate Chair Carlie McClintey said.

Additionally, Michele Lenhart, director of student leadership and involvement for the the Office of Student Engagement and Multicultural Affairs, will act as the adviser to the SGA, replacing Garrett Downing, who stepped down over the summer, McClintey said.

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Circle Apartments crime increases from last year

BY GRACE ELLETSON
ASSISTANT NEWS EDITOR

Junior Sean Gillen repeatedly woke up with an uneasy feeling in his Ithaca College Circles apartment the night that a stranger was outside his bedroom, stealing his television and speaker.

When Gillen's apartment was burglarized Aug. 16, another break-in occurred at senior Andrew Meys' apartment a few housing blocks away. These two incidents are the most recent contributions to a year with more crime in the Circles apartments than the previous year.

Between July 2014 and July 2015, four burglaries, one instance of criminal tampering and six larcenies occurred in the Circles apartments. Between August 2015 and August 2016, six burglaries, four criminal tamperings, five criminal trespasses and five larcenies have occurred.

Thomas Dunn, lieutenant in the Office of Public Safety and Emergency Management, said he does not know why the frequency of these crimes is increasing specifically in the Circles apartments because the crimes have not yet been solved.

"I acknowledge that there's an increase," Dunn said. "But crime statistics can fluctuate. And the numbers that are fluctuations are consistent with our more historical data."

As a result of the growing number of break-ins, Public Safety has increased patrols in the area, Dunn said, and continued education about locking their doors.

"We want people to lock their possessions, but we also want to make sure it's clear that it's the perpetrators fault," Dunn said. "We're not blaming the victim. A person should never enter another person's dwelling."

Meys had a friend sleeping over the night of the break-in. He said that around 3 a.m., the intruder came into the apartment through the unlocked back door with a flashlight when Meys' friend, who was sleeping on the couch, woke up, causing the intruder to flee before he could identify him or her.

Public Safety is also teaming with the Office of Residential Life to remind students to use wooden blocks in the tracks of the sliding back doors. The blocks are available in the Circle Community Building.

Juniors Brianna Goz, Katie O'Hara and Nicole Ferrara all live together in their Circles apartment. They said they feel Public Safety is doing what it can by patrolling the area.

O'Hara said she heard that wooden blocks were available to reinforce the sliding back doors but that no one has contacted them about where to get them. Ferrara and Goz agreed.

"They were supposed to give us a wooden stick for our sliding door," O'Hara said. "Our RA just said our RD would reach out to us, and he hasn't."

Gillen said that at first he was only worried that his property had been stolen, but later on, he realized that the burglary could have ended much worse.

"It was really messed up," he said. "I was mostly focused on the stuff that morning, and I explained the situation to my dad, and he was like, 'So they were right outside of your room. Good thing you're safe right now.' That didn't even cross my mind."

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VIGIL, from Page 1

Father Carsten Martensen, who organized the community gathering, greeted them with scripture and a deference to Nazaire's presence in the community.

"I thank God that this young man has been in our midst, has made a difference," he said. "I pray we can all learn and grow from his life, his love, his friends."

Sean Reid, dean of the School of Business, spoke at length about the goals and drive Nazaire had. He wanted to get his MBA, become an entrepreneur, consider law school. He would not settle for anything less than excellence, Reid said.

"Everyone in this room has a different definition of what success was, but Anthony had a plan," Reid said. "Everything he did, he did full-tilt."

This common thread — Nazaire's work ethic, compassion and, markedly, his smile — emerged throughout the testimonies community members gave, one at a time, for more than an hour. Students from Nazaire's high school; members of Brothers4Brothers, a club for men of color at the college to meet and discuss social, academic and political issues; and friends from the college spoke of their memories with Nazaire, their last conversations with him and their favorite aspects of his personality.

Nazaire was, they said, the life of the party, the one who would dance in the middle of the floor. He was the student who would carve out hours to talk with professors. He was the conversation starter, the one with that smile.

Three days prior to the stabbing, Nazaire had written down his career goals and aspirations at the bottom of a contact sheet for Jim Johnson, lecturer of marketing and law, for his Legal Environment of Business class. He wrote about how he wanted to get an MBA, at least, and maybe a law degree. A sophomore business administration major, he wanted to be an entrepreneur and start his own business.

After class that day, Nazaire walked Johnson part of the way to his next class, asking him questions about law school. Before parting ways, they discussed getting together to talk again.

"The first day of class, so many students are cloaked in the zone of privacy," Johnson said. "That was not his problem."

Senior Leonard Davis, also a business administration major, said Nazaire's natural ability to connect with friends and strangers was special.

"Some people are trained to network," he said. "Some people are trained to be personable. He just had it."

Davis first met Nazaire last year, when Davis gave a presentation to B4B about his own budding company, Fearwalk. Nazaire, B4B's treasurer, immediately volunteered his weekend nights to help with Fearwalk, a haunted walk through the Natural Lands during Halloween that Davis plans to expand to other colleges. Had he not done that, and brought six or seven volunteers with him, Davis said his company would not have gotten off the ground the way it has with its own brand and marketing team.

Anthony was a story that was waiting to be told."

— Leonard Davis



Anthony Nazaire poses with his family members after graduating from Brooklyn Theatre Arts High School in 2015. Nazaire died after being stabbed on the Cornell University campus in the early morning of Aug. 29.

CHANNELLE NAZAIRE/FACEBOOK

"I didn't thank him enough," Davis said. "You can never thank someone enough for making your dream a reality."

But Nazaire wasn't someone who helped others just for the praise.

"He would do anything to be involved, to help — and genuinely," Davis said. "He did it not with the expectation of return, but simply to be a part of it. To help create something bigger."

As a student, he always wanted more — more knowledge, more conversation, more success. The first time he met with Tastle, who was his adviser, he was frowning over first-semester grades — grades that most students, Tastle said, would have been glad to have. Nazaire admitted to Tastle that he simply didn't know how to study, which Tastle called courageous.

"The next time he came in, he had

the characteristic grin on his face that was omnipresent," Tastle said. "He knew what he wanted, and he knew it was going to require work on his part to get there, and he wasn't afraid to do it."

One of the final tributes at the community gathering came from President Tom Rochon, who recalled vivid details when Nazaire's family and friends helped move boxes out of his Circles apartment Aug. 28, the afternoon of his death. His description elicited tears from crowd members, and he urged them to lean on one another.

"We will find ways to take care of each other," Rochon said. "Please work with me on this. Let me work with you on this. It will be a better community for all of us, and we will do it for Anthony."

Nazaire's sister, Kiara, created a

GoFundMe campaign Aug. 30 to help raise funds for his funeral.

"Anthony was a loving, caring, helpful, devoted, hardworking young man who was working on achieving his bachelors in business," Kiara wrote. "Any donation we receive would mean the world to us as this tragedy was so unexpected. We never expected to be burying Anthony but to actually be waiting to attend his graduation. We would gladly appreciate it, and please keep us in prayers in this time of heartache."

Every day, Davis said, Nazaire lived the life of a young innovator, an impassioned student and a compassionate friend.

"Anthony was a story that was waiting to be told," Davis said.

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ALCOHOL, from Page 1

program director and AOD team member, said the policy extension was not added in response to any event in particular, but to research the team had conducted for several other institutions, such as the University of Delaware, Syracuse University and the University of Massachusetts Amherst. Reynolds said these schools had success with their policies and cited them as "prevailing best practice[s]" on which to base the college's policy.

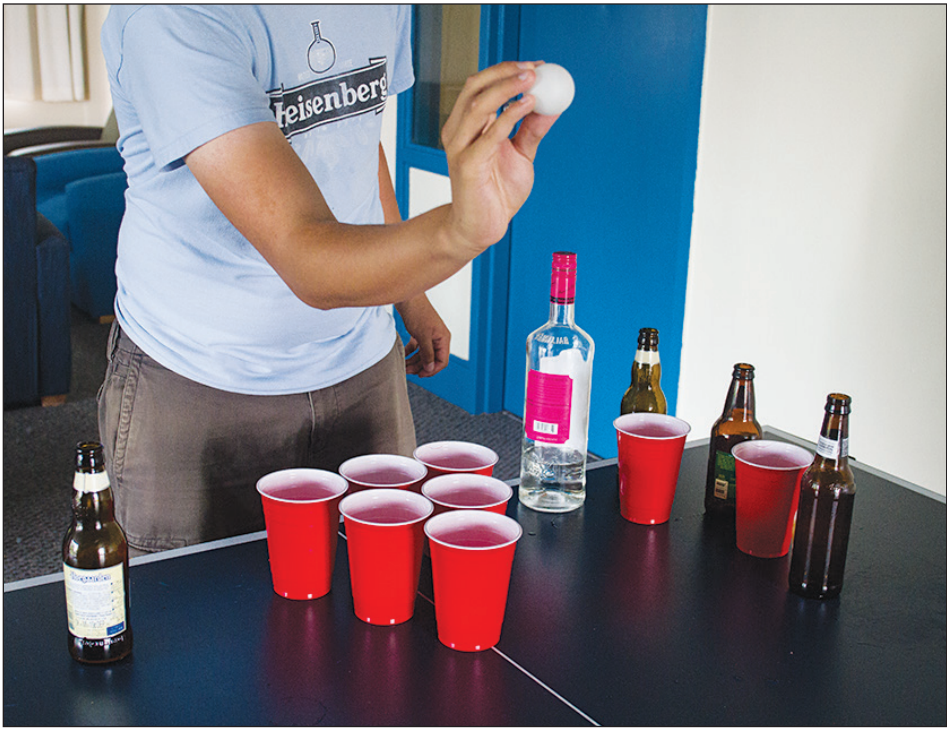
To enforce the added policy measures, Martin Petrella, residence director for Boothroyd, Rowland and Tallcott Halls and AOD team member, said resident assistants are now required to document the presence of any empty alcohol containers or alcohol paraphernalia and report it to their RD. He said the first offense would most likely result in a warning, but subsequent offenses would constitute more punitive measures, such as a meeting with a hearing officer. Petrella said the goal of the policies is to provide students more supportive resources.

"The goal isn't to be more forceful with the policy," Petrella said. "It's to be able to reach more students who might need the education through our health promotion office to get them those resources so they understand why we take alcohol and other drugs so seriously."

Mike Leary, assistant director for judicial affairs and AOD team member, said the goal of the policy is to create a safe environment for students and encourage them to make responsible decisions.

"The Alcohol and Drug Prevention team is always looking for the latest prevention strategies so that we can educate our campus community and reduce high-risk drinking," Leary said. "We wanted to send a clear message that students under the age of 21 cannot purchase, possess or consume alcohol or have empty bottles with remnants of alcohol."

Reynolds said the measures were adopted from a presentation on alcohol prevention by Dr. Andrew Wall, a prominent researcher of the subject from the University of Rochester. In his



New additions to Ithaca College's "Residential Life Rules and Regulations" prohibit the possession of alcohol containers and paraphernalia for students under the age of 21.

PHOTO ILLUSTRATION BY KAIARA BUSH

presentation, he said a college's alcohol prevention policy is more effective in promoting healthy behaviors if it has a consistent attitude toward alcohol, as well as empty containers of alcohol.

Reinforcing this, Petralla said allowing students to possess empty alcohol containers and other alcohol-related materials validates underage drinking.

Sophomore Anna Gould is an RA in West Tower. She said that as she does her first series of room checks for her residents this week, she will be on the lookout for containers of alcohol, shot glasses, empty bottles and any other alcohol-related materials.

She said because Residential Life has already given fair warning about the new policy, they will have to write up any presence of alcohol paraphernalia or empty bottles, reminding the

students that offenses result in the student's documentation, a written warning to the student and a meeting with a hearing officer.

Many students have said they wouldn't alter their drinking habits and expressed skepticism over the policy's ability to make effective change. Junior business administration major Graeson Michaud said the policy will not benefit those who need help with a drinking problem because it incentivizes them to hide the evidence.

"I think it highlights the disconnect between Res Life and the students," Michaud said. "It sounds like they would rather ignore that there is a problem or just penalize everyone."

However, Petrella said he didn't agree with the characterization of students hiding empty alcohol containers because historically, students have only hidden full containers and left out the empty ones as decoration.

"Students were most likely always hiding something, so I don't know if this policy is going to exactly change that," Petrella said. "This policy is aimed at giving our staff more touchpoints to be able to have those conversations. ... If students are going to hide an empty alcohol bottle, they're probably going to just throw it out, and then what's the point?"

Other students said the prohibition of any alcohol paraphernalia is too punitive. Sophomore TJ Horgan is the president of the college's chapter of Students for Sensible Drug Policies, an advocacy group that takes a practical approach to crafting alcohol and drug safety regulations. He said he supports any measures that are aimed at supporting student safety, although because one of the new measures simply bans all alcohol paraphernalia, he said the policy doesn't acknowledge the nuances of student safety with alcohol.

"Outlawing funnels is, in my opinion, a method of harm reduction because it is encouraging students to not drink that much in one serving," Horgan said. "However, banning water pong does not serve to reduce any harm because — I could be mistaken — but there is not much harm associated with water."

Junior Alem Ballard said the additions to the policy created more issues than they solve by restricting the personal freedoms of students who are over the drinking age.

"I should be able to make my own decisions when I am 21," Ballard said. "I've waited 21 years to do XYZ, and you're telling me I can't do XYZ."

In response to concerns for constrained freedoms of the student body, Petrella said the policy is less concerned with freedom and more concerned with the safety of students, similar to policies relating to fire safety.

"Legally, someone is allowed to own a candle, but we don't allow candles in our residence halls because it poses a health and safety risk to our students," Petrella said. "Similarly, paraphernalia and high-risk drinking also poses a risk to our students."

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College continues to conserve water



As Tompkins County experiences the worst drought since monitoring began in 2000, Ithaca College has lowered the height of the Dillingham Fountains by 50 percent.

FERNANDO FERRAZ/THE ITHACAN

BY DANIEL HART
STAFF WRITER

With over 25,000 students returning to the Ithaca area, Ithaca College is in the process of assessing long- and short-term water conservation efforts in the midst of the worst drought in Tompkins County since monitoring began in 2000. Despite recent rain, the drought is still in effect.

At the end of July, the college announced it would begin voluntary water conservation efforts, including halting the washing of outdoor surfaces, a 50 percent reduction of the height of the Dillingham Fountain, and fixing leaks and unnecessary water flows. Since then, the Office of Residential Life has amplified efforts to educate students, including providing resources on conservation in almost every residence hall, as well as sharing information on social media.

Frank Kruppa, public health director for Tompkins County, said that despite noticeable rainfall in recent days, the drought is still in full effect.

“We have had rainfall, but that is rainfall that would be expected during that time frame — not enough to make up for the rainfall we did not get earlier in the summer,” he said. “We certainly are still in a drought condition, and we are asking folks to conserve water wherever possible.”

Greg Lischke, director of energy management and sustainability at the college, echoed the thought, saying that while rainfall in recent days has helped, the drought still proceeds.

He said the college’s daily water usage has gone down by about 25 percent since it began conservation efforts in July.

With students now back on campus, Jenny Pickett, assistant director of the Office of Residential Life, said individual efforts to use less water are significant. Residential Life has been working to convey information about the drought and ways to conserve water to students, including through bulletin boards in every residence hall, Pickett said.

“When the city started asking residents to conserve water, we had very few students on campus at that time,” Pickett said. “We really focused on putting together educational materials that would be ready when the students got back.”

Dani Perkins, coordinator in the Office of Residential Life, worked with a student staff member to create bulletin board materials and

signage to give to resident assistants, and residence directors so each residence hall could create boards outlining conservation efforts, in time for students returning to campus.

The material Perkins helped gather into an electronic document included photos, articles and other information about the drought, as well as a how-to on assembling the board.

In addition to the bulletin boards, Perkins said, Residential Life has been sharing tips on social media.

“It’s ongoing, and we are definitely talking to students about it,” Perkins said.

Junior Anissa Ash, an RA in Emerson Hall, said all of the Emerson RAs decided to create the water conservation bulletin boards on each floor of the hall. She said it is especially important to release this information in Emerson, as every room has its own bathroom.

The college’s water supply is the Bolton Point Water System, while Cornell University and the City of Ithaca are supplied primarily by Six Mile Creek, a source more affected by the drought. Dan Cogan, chief of staff for the City of Ithaca, said while the water deficit does not affect the college directly, its conservation efforts help the community. He said the city has been purchasing about 400 thousand gallons of water from Bolton Point each day while the city’s water treatment plant is undergoing construction, adding to the stress on local water supplies.

“We’re all working together, trying to figure out whose needs are the greatest and who can afford to kind of make it on their own,” Cogan said.

Lischke said he has been checking in with Bolton Point to stay informed on the status of water availability and conservation needs.

In a release earlier in the month, Kruppa said the city still needed about 6–9 inches of rain to get water levels back to normal. Almost a month later, he said this is still the case.

“So we have gotten some rain here in the community, and we have seen our creek levels rise a bit, which is good news, but we’re not out of the woods yet,” he said. “We had a pretty significant deficit during the drought, and the drought continues, so it’s going to take a lot more rain to get us back to normal flows.”

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Ithaca gorge patrols have limited success



Despite signage prohibiting swimming and increased patrols by the City of Ithaca along popular gorges, violations continue even with attempts to better enforcement.

SAM FULLER/THE ITHACAN

BY GRACE ELLETSON
AND ANNIKA KUSHNER

ASSISTANT NEWS EDITOR AND STAFF WRITER

The City of Ithaca employed rangers to patrol the dams along Six Mile Creek this summer and enforce swimming and cliff jumping bans. Despite the pilot program, city officials said it has only had marginal success in enforcing rules and that violations are increasing as Ithaca College students return to school.

For safety reasons, visitors at the gorges are not allowed to swim, jump or consume alcohol in the city’s dams, as there have been injuries and deaths in the past. To tighten enforcement of these laws, the city hired four rangers in May to patrol First, Second and Third Dams along Six Mile Creek, Julie Conley Holcomb, City of Ithaca clerk, said. The patrols will continue through September to disperse large crowds that gather to swim, mitigate drug and alcohol use and address safety issues.

“Our goals are to stop people from doing incredibly dangerous behaviors that can result in personal injury and-or death,” Holcomb said.

Holcomb said she thinks the rangers, which patrol from noon to 8 p.m. seven days a week, have made a difference in terms of crowd reduction and enforcing voluntary compliance. Law enforcement has only had to give out 15–20 tickets for noncompliance, which Holcomb said is low, though she does not have data from previous years. However, there are still problems with graffiti, trash, alcohol and cliff jumping, and she said these incidents have been increasing since the semester began.

“We have noticed an uptick in that type of activity since the Ithaca College students have returned to school, and it has been a little problematic,” Holcomb said. “We’ve noticed a lot more trash, larger crowds, crowds that are not reacting well to the gorge rangers’ instructions.”

She also said people are still getting hurt, though there have been fewer injuries than in past years. The most severe injury they have seen at one of the gorges this summer was a broken ankle after someone jumped into the water, Holcomb said.

In order to combat the recent increase in violations, she said the city is looking to work with administrators at the college to create education programs about gorge safety; however, nothing has been implemented yet.

In the meantime, a task force charged by Mayor Svante Myrick is working on studying the gorges to see how legislation and rules can be changed, what activities can be allowed in the gorges and how to enforce them, Holcomb said. She said any changes for 2017 will come from this task force.

Jeanne Grace, an Ithaca City forester, said she thinks the program had more success toward the beginning of the summer, but after protests regarding the restrictions occurred at Town Hall, more people decided to ignore the rules. She said city officials want the same thing as the protesters — a beautiful, natural area. But she said without the rules being enforced, that won’t be a reality.

“We want a free, natural area people can enjoy,” Grace said. “And I think when we let these big groups congregate and we have dangerous activity, we have alcohol consumption and other things, that we don’t want in the natural areas.”

Junior Elena Haskins worked at the college over the summer and said she visited the gorges often. She said she did not see any rangers during her many visits, and people continued to jump from the cliffs and swim.

She agrees with the city officials that jumping and swimming can be dangerous, but she said she does not think rangers will help students understand the dangers they face. She said she would prefer alternative safety education, which is something Holcomb said a newly created task force is working on creating.

“When a group of young people see patrols ... they correlate them with getting in trouble, with the law, and no one wants that on their record,” Haskins said.

Holcomb said her goals for next year include creating better signage that clearly states what gorge visitors can or cannot do, and to work on ways to better educate the public about safety issues. Grace said the number of rangers will increase as well.

“For the first year of the enhanced program ... we have made progress, but we still have a long ways to go,” Holcomb said. “It’s going to take a few years to change the culture in those areas.”

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DIIS to make key network upgrades

BY KYLE ARNOLD
ASSISTANT NEWS EDITOR

With a new vision and staff, Ithaca College's Digital Instruction and Information Services plans to upgrade key parts of the college's wireless internet service by May 2017, completing an overhaul of the system that began last fall.

Dave Weil, interim associate vice president for DIIS, said the department has a new goal now that more staff positions are filled: to be forward-thinking by shifting how information technology services are provided at the college. This includes more cloud-based services; a broker-based service provider system, similar to how the Office of Facilities hires outside contractors for projects; a unified website experience instead of the numerous independent college websites; and a greater emphasis on faculty coaching with technology in the classroom.

A transformation within the department began last October with a significant restructuring. That internal shuffling left positions in the department unfilled and the department unable to move forward with projects, Weil said. However, those positions are now filled, and the remaining upgrades are progressing, he said.

"It's a lot of new people and a lot of new vision," Weil said.

Wireless Changes

The first priority is stabilizing the college's network, Weil said. He said the end goal of this system overhaul is to make the system reliable.

"It needs to work. It needs to provide the functionality that the campus needs," Weil said.

One of the components that makes up the wireless services at the college are devices called Fat Pipes. The internet connects to the campus from the provider through these pipes, which will be upgraded by October 2016 to increase access to internet, meaning more devices will be able to connect to the network at once. Another change will be upgrading the college's edge switches — devices that distribute internet connections through buildings and allow personal devices to connect to Wi-Fi. A fail-safe system for these switches will also be implemented by Spring 2017 to ensure internet in a certain building does not completely shut down.

WICB Web Director Aaron Zufall, who has previously expressed frustration with the network, said he hopes outages like the ones in the spring semester will be avoided. While he said he thinks the upgrades are overdue, he thinks they will ultimately be beneficial.

"Upgrading equipment like this — while it's annoying to have an outage — will, in the long run, prevent that sort of stuff from happening," he said.

Zufall said he has only had a few minor issues with the network this semester, but his experience has generally been a good one.

DIIS Structural Changes

DIIS has hired two directors who said they share the same vision and optimism as Weil. They will oversee many of the upcoming upgrades and initiatives coming out of the office.

Casey Kendall was hired in April 2016 as the director for architecture and infrastructure, and is one of the newest directors of the four. She will oversee areas like firewall technology and the Fat Pipes that will be upgraded this year. She and Mark Fink, director for teaching and learning with technology, began work on the same day.

Fink will oversee another tenant of DIIS: educating faculty about innovative and current technology.

He said he is in the process of hiring four new staff members responsible for training faculty members on how to use innovative technology in the classroom, like virtual reality.

He said a goal of his department is to implement a variety of technologies in collaborative lab spaces where students and faculty can readily access them; however, he said these changes will take time.

"The stars are all aligned for us to do this," he said.

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IC graduate helps produce film

BY ANNIE ESTES
STAFF WRITER

Just months after winning second place in Ithaca College's annual Business Plan Competition, Aryeh Hoppenstein '16 is producing and starring alongside Hollywood actors and his family in an upcoming short film.

Aryeh is an associate producer and a star of the 18-minute film "Entitled: The Story of a Selfish Bastard." He plays Oren, a sibling of the main character, Yosh, who is played by Aryeh's older brother and the film's director, Yitzy.

Robert John Burke, known for his roles in "Gossip Girl" and "RoboCop 3," and Margaret Collins, known for her roles in "As the World Turns" and "Gossip Girl," will also be starring in the film. Additionally, the casting consultant for "Entitled," April Webster, was involved in the casting of major blockbuster films such as "Star Trek," "Mission: Impossible III" and "Star Wars: The Force Awakens."

Aryeh's interest in filmmaking helped him win the second-place \$10,000 prize for his business plan FilmUp at the 2016 Business Plan Competition in April. FilmUp is a networking platform for institutions, students and professional filmmakers, and Aryeh said the experience he has gained from working on the short film will help him develop the business.

"My knowledge of the media industry has grown exponentially while being a part of my brother's film," he said. "Yitzy ... showed me how one connects with top media professionals, and I plan on using that to further the FilmUp business."

The film, which is based in New York City, is scheduled for release in December. It focuses on the story of Yosh, a college student living in the city, who hops on a train and makes a day-long journey to find himself, change his view of the world and transform from selfish to selfless.

Aryeh and Yitzy grew up in a Jewish family and strongly value Jewish culture, which is why, Yitzy said, the main character of "Entitled" is Jewish and struggles with spirituality and religion during his journey of self-discovery.

"I love films that have very specific characters that don't whitewash people's identities," Yitzy said. "I happen to be most familiar with Jewish culture because that's how I grew up, so I made Yosh a part of a Jewish family."

Yitzy said he began the script-writing process around three years ago, when he was still attending school at the Lee Strasberg Theatre and Film Institute in New York City. The film



After winning second place in Ithaca College's Business Plan Competition, Aryeh Hoppenstein '16 is producing and starring alongside Hollywood actors in a short film.
COURTESY OF ARYEH HOPPENSTEIN

was largely funded through a Kickstarter campaign that collected over \$30,000, he said.

"Entitled" will also star the Hoppensteins' other siblings — Yoni, 25; Yara, 20; and Adina, 17 — as the siblings of Yosh. Aryeh said the whole family has been a major part in helping Yitzy with the production of the film, assisting with publicity, advertising, organization and other odd-jobs. The brothers' parents, Andrew Labella and Cheryl Hoppenstein, met at the college and graduated in 1980, Aryeh said.

Former Ithaca College student Chance Kelly, known for his roles in "House of Cards," "Generation Kill" and "Aquarius," is also in the film with the brothers. Kelly said he attended the college for three semesters before transferring to New York University. He received his master's degree from Columbia University.

Kelly, who will be starring as a college professor, said he became involved in the film because he was longtime friends with the Hoppenstein family.

"It's good to see a guy like Yitzy who's a hard worker and ambitious, but he's still willing to learn every day," Kelly said. "That's important

in this business."

Using the short-film format to their advantage, the Hoppensteins' aim is to inspire the audience to take a different perspective on the world in a limited amount of time, Yitzy said. As the character Yosh goes through a major transformation from selfishness to selflessness, Yitzy said he hopes viewers will see the traits that they share with Yosh and see the possibility for transformation in their own lives.

"I want people to consider their relationship to the world on a very specific and human level, not even on the grand scheme of things ... and question whether they are giving or receiving from the world around them," Yitzy said.

Aryeh said watching his brother create the film has made him incredibly proud.

"It's been an unbelievable experience seeing Yitzy create something out of nothing," he said. "He decided to take his skills and experience to do something that most wouldn't think is possible."

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Project could bring retail near campus

BY JUSTIN HENRY
STAFF WRITER

A new development project in progress with the City of Ithaca could add housing, entertainment and restaurants to the former Emerson Transmission Power Plant property, a 95-acre plot on South Hill near the Ithaca College campus.

The development corporation Unchained Properties LLC (UP) is currently finalizing agreements with the City of Ithaca Common Council to build the multiuse development, which will be called the Chain Works District, said Lisa Nicholas, senior planner in the Department of Planning and Economic Development for the City of Ithaca. The complex — which UP is calling a "live, work, play" district — will include residential housing, commercial businesses and spaces for local businesses to rent, as well as office space and parks. After breaking ground this spring, UP estimates the project will take seven to 10 years to complete.

A purchase agreement between Emerson Transmission and UP was finalized in April 2014, followed by the city's approval of the project in August 2014, according to UP's website. Jamie Gensel, president of Fagan Engineers, the civil



A complex with housing, entertainment and restaurants could be built on the former Emerson Transmission Power Plant property.
COURTESY OF THE CHAIN WORKS DISTRICT

engineering firm hired by UP, said the project team is expecting approval from the city for its state-required Generic Environmental Impact Statement sometime during the fall.

David Lubin, UP managing director, said their goal is for the development to be an economic asset by creating jobs and providing an incubation space for local business while maintaining transparency with the Ithaca

community about the environmental impact of the project.

Gensel said one current plan places the district's entrance on 96B, across from the campus. In addition to offering 185,000 square feet of new commercial space, he said, the redevelopment project will offer students at the college a new bridge between campus and The Commons. Once the project is done, Gensel said, students will be able to cross the street onto the new district and have a quarter mile of safe walking to downtown Ithaca.

Nicholas said she believes the project has potential to create internship and job opportunities for students.

The project's proposal also reserves an estimated 1,250,000 square feet for residential housing, which Gensel said may appeal to college students. Linda Koenig, assistant director for housing services and communications in the Office of Residential Life, said UP has not communicated an interest in competing with on-campus housing opportunities.

With the district's entrance potentially being across the street from campus, sophomore Julia Ladd said the district would be great for prospective underclassmen who don't have a car on campus but who want easy access to local shops and restaurants.

"That'll be a super close walk for kids who are living in the lower quads," she said. "Maybe 10 to 15 years down the road when I come back for a reunion, there will be a hotel there, and I'm looking for a place to stay off campus."

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COLLEGE

Cornell student discovered dead inside Collegetown apartment

A Cornell University student was found dead in a Collegetown Center apartment on the evening of Aug. 30. The university has identified the deceased as junior Darryl Wu.

The investigation by the Ithaca Police Department into Wu's death is ongoing, but Nathan M. Lyman, chief operating officer of the Ithaca Renting Company, said the death did not seem to be the result of any foul play, appearing instead to be natural.

When Wu was discovered by staff members in the building late Aug. 30, Lyman said he appeared to have been dead for several days, possibly more than four. No video of what happened exists, but an autopsy will be conducted.

Lyman said further updates will be provided by the "police and the University" as they become available.

"Nothing like this has ever happened in Collegetown Center in my memory," Lyman said.

Wu was a chemistry major, and Gretchen Ritter, dean of the College of Arts and Sciences at Cornell, described him as a "talented student" and a "remarkable linguist and mathematician."

College to host two book reads

Two book readings focused on diversity and inclusion will take place in the coming weeks, the first being a campuswide book read of "Whistling Vivaldi: How Stereotypes Affect Us and What We Can Do" from noon to 1 p.m. Sept. 9 in the Ithaca Falls Room. The book was written by social psychologist Claude M. Steele and explores stereotypes and ways to reshape American identities. The event will be facilitated by Nicole Eversley Bradwell, director of admissions, and Sean Eversley Bradwell, director of programs and outreach in the Office of the Provost and Vice President for Educational Affairs, and the discussion is open to all members of the campus community. Those who choose to participate in

the book reading will convene every other Friday through the end of November.

Ithaca's Multicultural Resource Center will host a community book read of "The New Jim Crow: Mass Incarceration in the Age of Colorblindness" by Michelle Alexander, which examines the contemporary system of mass incarceration in the U.S. The kick-off event will take place at 5:30 p.m. Sept. 19 at the GreenStar Natural Foods Market downtown, but further programming will occur on campus.

For more information on the book reads or to receive copies of the books, contact Sean Eversley Bradwell at seversley@ithaca.edu.

Members of administration set to participate in diversity panel

As part of a series of events revolving around issues of diversity and inclusion on campus, there will be a diversity and inclusion discussion panel from noon to 1 p.m. Sept. 13 in Textor Hall, Room 101.

The event will take the form of a Q&A session facilitated by panelists Roger Richardson, associate provost for diversity, inclusion and engagement and interim chief diversity officer; Wade Pickren, director of the Center for Faculty Excellence and Sponsored Research; Terri Stewart, director of the Office of Public Safety and Emergency Management; Brian Dickens, vice president for human resources; and Mary Knapp, applications developer in the Department of Engagement and Implementation. Sean Eversley Bradwell, director of programs and outreach in the Office of the Provost and Vice President for Educational Affairs, will moderate the panel.

Poet and activist to visit campus for Latinx Heritage Month event

Latinx Heritage Month will run from Sept. 15 to Oct. 15, with programming and events to take place throughout that time on Ithaca College's

campus. Many of the events are sponsored by the student organization PODER, which aims to unite students of Hispanic and Latino descent.

The first PODER-sponsored event will be an evening of spoken word with Elizabeth Acevedo, poet and social-justice activist, at 7 p.m. Sept. 7 in IC Square. Acevedo's poetry highlights the Latinx connection to the African diaspora. She has been a featured performer on

BET and Mun2 and has delivered TED talks and performances at venues including the Lincoln Center, Madison Square Garden, the Kennedy Center of the Performing Arts and South Africa's State Theatre.

Latinx Heritage Month events will take place each week, and some are sponsored by the Center for LGBT Education, Outreach and Services and the Latin American Studies program.



Students promote clubs at annual fair

Ithaca College held its annual fall Student Organization Fair on Aug. 31 in Emerson Suites. The fair featured more than 100 student organizations, which set up tables to advertise for their clubs and encourage interested students to write down their contact information to be notified of upcoming meetings and events.

ANNE CARLSON/THE ITHACAN

Public Safety Incident Log

SELECTED ENTRIES FROM AUGUST 15 TO AUGUST 21

AUGUST 15	AUGUST 20
MEDICAL ASSIST LOCATION: Terrace 1 SUMMARY: Caller reported feeling ill, possibly from excessive heat. Officer provided water. Master Patrol Officer Brad Bates.	food. System reset. Master Patrol Officer Dan Austic.
BURGLARY LOCATION: Circle Apartments SUMMARY: Caller reported unknown person entered apartment and stole television and speaker. Investigation pending. Patrol Officer Jenny Valentin.	MOTOR VEHICLE ACCIDENT LOCATION: S-Lot SUMMARY: Caller reported two-car property damage in motor vehicle accident. Report taken. Master Patrol Officer Bob Jones.
SAFETY HAZARD LOCATION: Hill Center SUMMARY: Caller reported oil spill. Officers cleaned spill area. Environmental Safety Specialist Mark Ross.	DRUG VIOLATION LOCATION: Terrace 4 SUMMARY: Caller reported smoke being blown out the window. Officer judicially referred one person for unlawful possession of marijuana. Patrol Officer Waylon DeGraw.
MOTOR VEHICLE ACCIDENT LOCATION: Butterfield Stadium SUMMARY: Caller reported vehicle and fence property damage in motor vehicle accident. Report taken. Master Patrol Officer Chris Teribury.	LARCENY LOCATION: Flora Brown Drive SUMMARY: Officer reported unknown person stole barricades. Investigation pending. Patrol Officer John Tagliavento.
FIRE ALARM LOCATION: Circle Apartments SUMMARY: Simplex reported fire alarm. Activation caused by burnt	CRIMINAL TAMPERING LOCATION: Circle Lot 1 SUMMARY: Caller reported unknown person let air out of tires of vehicle. Officer determined air pressure lost was due to extensive distance traveled. Criminal tampering unfounded. Master Patrol Officer Bob Jones.
	ACCIDENTAL PROPERTY DAMAGE LOCATION: Smiddy Hall SUMMARY: Caller reported unknown person damaged wall. Officer determined wall damage was accidentally caused by door striking wall during normal use. Report taken. Sergeant Terry O'Pray.

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Fall 2016 Out of the Closet and Onto the Screen Film Series



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Tuesday September 6th: To Be Takei

Over seven decades, actor and activist George Takei boldly journeyed from a WWII internment camp, to the helm of the starship Enterprise, to the daily news feeds of five million Facebook fans. Join George and his husband Brad on this star's playful and profound trek for life, liberty, and love. And, the 50th anniversary of Star Trek takes place this month – the first episode aired September 8, 1966.

Tuesday October 4: El Canto del Colibri - *in Spanish, with English subtitles*

Much like the seldom-heard song of the hummingbird, the voices of Latino fathers are rarely heard in addressing LGBTQ issues. A story of Latino fathers dealing with issues of immigration, faith, marriage equality, machismo, culture, and the process of their LGBTQ children coming out.

Tuesday November 1: The Same Difference

A compelling documentary that broadens the definition of what it means to be part of the African American lesbian community. Self-identified studs—and the women who love them—discuss hypocrisy in terms of gender roles, performative expectations, and the silent disciplining that occurs between community members. This film also features actress Felicia “Snoop” Pearson from *The Wire*, AzMarie Livingston from *America’s Next Top Model* and *Empire*, Dee Pimpin from *Catfish*, Crissle West from *The Read* podcast, and Lea DeLaria from *Orange Is the New Black*. From stud-on-stud relationships, to coming out as bisexual, and from AGs who decide to get pregnant, to studs dressing femme for pay, director Nneka Onuroah’s engaging documentary ensures that no topic is left untouched.

Thursday December 1: We Were Here

Documents the coming of what was called the “Gay Plague” in the early 1980s. It illuminates the profound personal and community issues raised by the AIDS epidemic as well as the broad political and social upheavals it unleashed, and provides insight into what society could, and should, offer its citizens in the way of medical care, social services, and community support. Early in the epidemic, San Francisco’s compassionate, multifaceted, and creative response to AIDS became known as “The San Francisco Model.” In its suffering, San Francisco mirrors the experience of so many American cities during those years. In its response, The San Francisco Model remains a standard to aspire to in seeking a healthier, more just, more humane society.



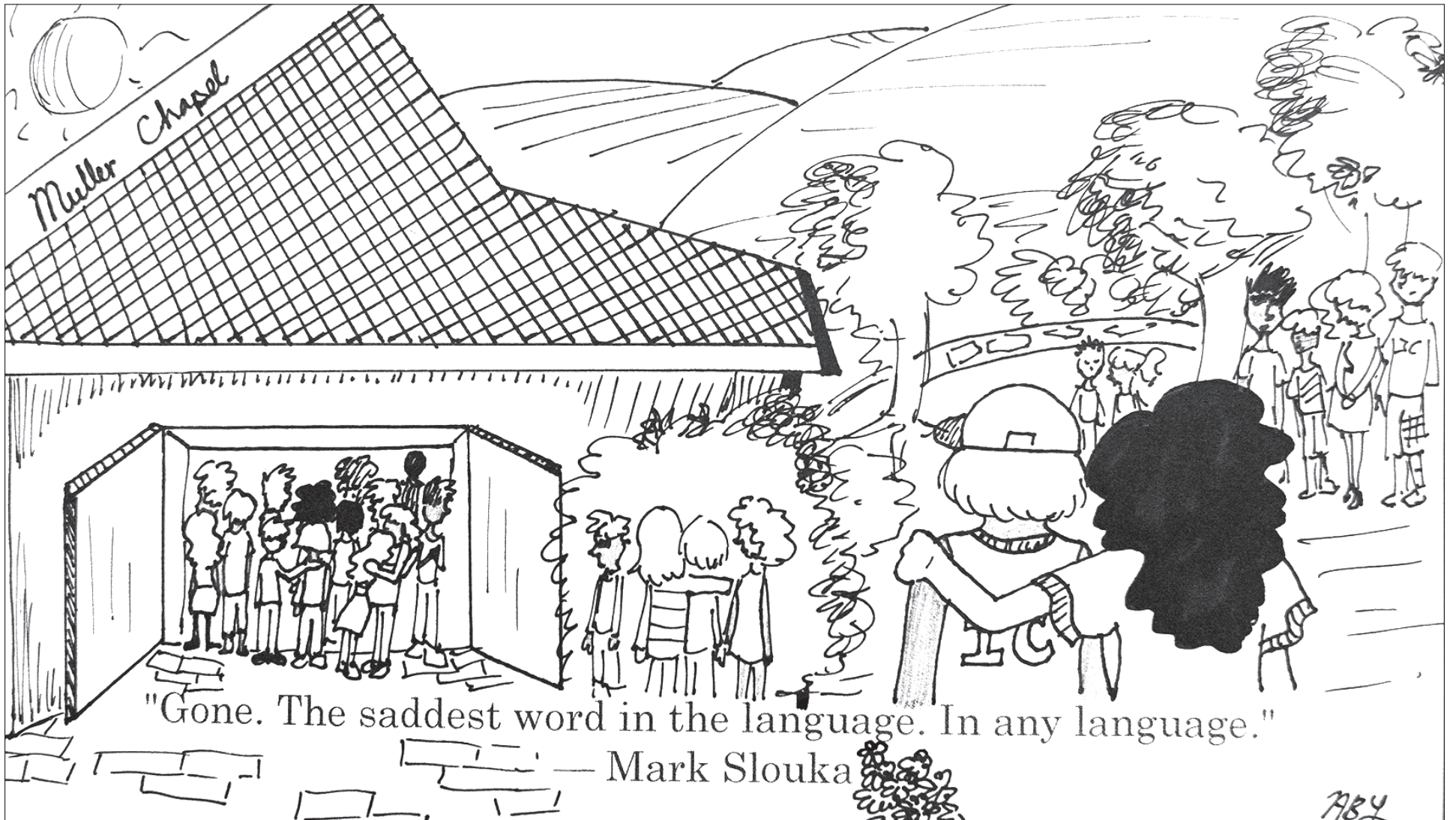
**ITHACA
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Center for LGBT Education,
Outreach, and Services

More information?

ithaca.edu/lgbt 607.274.7394
All films are free and open to the public.

Individuals with disabilities requiring accommodations should contact Imaurer@ithaca.edu or 607-274-7394. We ask that requests for accommodations be made as soon as possible.



ALLISON LATINI/THE ITHACAN

EDITORIALS

Community can remain strong in face of tragedy

The solemn, respectful, silent gathering for Ithaca College student Anthony Nazaire was a testament to the impact he had on members of the campus community.

Those who loved him held each other. Those who had never met him felt compelled to share in his remembrance and even have the courage to speak candidly about how the kind of life he lived inspired them. Not only does this speak volumes about Nazaire, but it shows the profound effect his death has had on every individual in this small community.

To call this a tragedy would be an understatement.

The outpouring of support since the news of Nazaire's death broke has been both heartwarming and heartbreaking. It is always difficult to cope with the loss of a fellow student, and Nazaire's tragedy is no different. Its impact, and his life, will always be remembered in our community.

It is crucial that all members of the campus community support each other during this time and that the college prioritize love, support and comfort in the face of violence, despair and tragedy.

We must remember not only to support each other, but to respect each other as well. Each person grieves differently — some seek support while others seek solace — and it is important that we remember this as we comfort and grieve with one another.

Nazaire's sister has created a GoFundMe page to raise money for his funeral. In less than a day, more than a hundred people have contributed a total of over \$9,000. This outpouring of support is another indication of just how many people felt touched by Anthony's bright personality. The decision to donate is a personal one, but the least every individual can do is keep his family in their thoughts.

And, as difficult as it might be, students or community members with more knowledge about what transpired that night would do a service to Nazaire and his loved ones by speaking to the police, even anonymously. Our community and Nazaire's family will respect anonymity and be grateful for answers.

There is no perfect or correct way to cope with death. But with the levels of respect and community support that were present at the vigil, this campus can stay resolute and strong in the face of tragedy.

New alcohol policy stifles safe drinking behavior

It's an inevitable truth: College students are going to drink. This reality is one colleges and universities should recognize with appropriate alcohol policies that ensure the health and well-being of students, even when drinking is involved.

The latest amendments to the Ithaca College alcohol policy prohibit students from having even empty alcohol bottles in their rooms, as well as alcohol-related paraphernalia, such as beer pong tables and beer funnels. These are attempts to stop students from drinking, and they suggest that students should not possess something simply because there is the possibility of abusing it.

Along this line of logic, many other objects would fall under the category of items associated with drinking, such as decks of cards and televisions, for which there are countless drinking games. Perhaps students should also be prohibited from possessing can openers in their rooms, or hard furniture, since alcoholic bottles can easily be opened on them.

The policy not only treats college students like children who need to be policed about what they can have in their room, but it is ambiguous about its prohibited items. With this

unclear policy, it is questionable how prohibiting certain items in a dorm room will motivate students to practice safe drinking practices. What college students need is not more policing in their lives, but services that can readily provide help when it is needed.

A policy that targets alcohol paraphernalia does nothing to protect students against the dangers of drinking. This new rule is misdirected in trying to promote safe drinking and will neither motivate more students to be cautious about drinking nor deter them from drinking.

While the college is trying to curb unsafe drinking habits, the greatest impediment to educating students about safe drinking is the legal drinking age. If it were lowered from 21 to 18, it would encompass all college-aged students, and administrators could comfortably use the college experience to cultivate a culture of safe, responsible drinking. With the drinking age where it is, the college cannot truly claim to be doing anything substantive to educate students about drinking. It's not beer pong tables in dorm rooms that lead to binge-drinking habits — it's the legal drinking age and overbearing policies that influence students to drink excessively and secretly.

Letter to the Editor

Be heard in print or on the Web.



Send a letter to the editor to
ithacan@ithaca.edu.

Letters must be 250 words or fewer, emailed or dropped off by 5 p.m. Monday in Park 220.

Guest Commentary

Individuals or groups interested in submitting a guest commentary can send their writings to **ithacan@ithaca.edu** or to the Opinion Editor at **ccalacal@ithaca.edu**. All commentaries must:

1. Convey a clear and concise message.
2. Be written by an individual or group who has an educated opinion or is an authority on a specific subject.
3. Be between 500-650 words. Whether more or less space is allotted is at the discretion of the editor.

Comment on any story at **theithacan.org**.

GUEST COMMENTARY

Students should practice water conservation

BY MARA ALPER

When you live in an area considered a temperate rainforest, the last thing you expect is a drought. But here we are in water-abundant Ithaca experiencing the worst recorded drought since monitoring began in 2000. Yes, we've had a few inches of rain lately, but it hasn't brought the creeks and ponds back up to normal levels.

We think conserving water is just for people in California or desert regions. Most of us in the Northeast have been lucky enough to have plenty of water, so we take it for granted. Time to understand that even when we have enough water, wasting it — a waste!

Imagine this: I give you three big bottles of your favorite beverage, whatever it might be. You drink one bottle and are full, so you throw the other two away. What? You probably wouldn't do that. You'd save them, put them in a closet or the fridge. But we do it every day with water and think nothing of it. We are fortunate to have faucets. All we do is turn on the tap and there it is — plenty of drinking water.

So how can a drought happen here where we always have so much water? All it takes is a winter with little rain or snow, and a very dry, hot summer. And now that all the IC and Cornell students are back, the number of people using water doubles. Time for a rain dance? If you like, but it's time to start respecting water and not take it for granted. Every one of us needs to help conserve water.

How? Start by noticing how much



Associate professor Mara Alper teaches courses on water and water conservation. She writes that Ithaca College students should be more cautious and take note about the amount of water they use on a daily basis. COURTESY OF MARA ALPER

water you use every time you turn on a faucet and let it run, or take a shower longer than 5 minutes. Why? Because Ithaca College is by far the largest user of water in the entire Town of Ithaca. (Cornell has its own water supply system.) We get our water from Cayuga Lake. And even when it looks “full,” it may only be because the locks at the north end of the lake have raised the level. We are part of the Great Lakes watershed, and they are now at low-

er than normal levels too. Sure, you can shower twice a day for 15 min. and not think about the impact. But do you really want to think that your choices don't make any difference? They do. Strange but true.

We are uphill, so the more water we use, the less water flows down to the creeks that supply the city and replenishes the lake and the underground aquifers. Yes, there is the hydrological cycle with water cycling

up into clouds and raining down. But that cycle takes way longer than we think and it is overworked and compromised. So letting the faucet run isn't meaningless. It matters.

Encourage your family and friends to be smart about water — turn off faucets while washing, shaving, brushing teeth, soaping up in the shower. Wash your clothes with full loads only or adjust the water level down. Water gardens only when essential — grass

comes back once it rains, trees have deep roots. Get leaky pipes fixed. And even when it starts raining and snowing again here — okay, sorry to mention snow in September! — keep on conserving water. It matters. And we will all appreciate it. No one wants to turn on a faucet and nothing comes out.

You've probably heard of our carbon footprint, but we also have a water footprint. That means all the water that is used to make any object. For example, one cup of coffee uses 37 gallons of water from start to finish in the process — it's not just the 12 oz. in the cup that counts. A pair of blue jeans uses 2900 gallons — amazing. And a hamburger? A whopper indeed — 634 gallons! Check out your water footprint calculator at environment.nationalgeographic.com

The “good” part of this drought is that it makes us pay attention to water and how we use it — time to respect and appreciate it, and stop taking it for granted. Remember: Just because we have enough doesn't mean we should waste it. To join the campaign to conserve water, send me an email.

Water Consumption Graphic Source: <http://on.natgeo.com/IQlye8>
Water Footprint Calculator: <http://on.natgeo.com/19dZStA>

MARA ALPER is an associate professor in media arts, studies, and sciences. She teaches “Blue Planet,” an interdisciplinary online course about water and “The Power of Water” Ithaca Seminar. Contact her at malper@ithaca.edu.

Chosen names must be respected in classrooms

BY LUCA MAURER AND TIFFANI ZIEMANN

Everyone should be called the name they want to be called, and the pronouns they ask you to use. It's a matter of basic respect, and it's the law. We recently wrote this letter to all faculty and staff to support and inform them, and to provide ideas and resources. We hope this information will assist students as well, in interacting with peers, and in living and working in today's world.

Classes are upon us, and we wanted to provide a reminder about the role that we as faculty and staff play in the experience that our students have at Ithaca College.

Some of our students are transgender, genderqueer, agender, or have another gender identity. A student may approach you before class starts or may send an email, asking you to note that they use a different name than what appears on the roster or program attendance list, and/or pronouns different than what might be assumed. Some cisgender (non-transgender) students use a name different than their birth name, too.

Many of these students have encountered disrespect and frustration due to others not respecting their name or gender in their lives and academic careers before entering IC.

The beginning of each semester can be an especially challenging time.

Under Federal Education Amendment Title IX, a school must treat students consistent with their gender identity, and faculty and staff must use pronouns and names consistent with a transgender student's gender identity (even if their identity documents indicate different information). Protecting transgender students' privacy is critical. Disclosing information such as a student's birth name or sex assigned at birth could

be harmful or an invasion of privacy. It may also violate the Family Educational Rights and Privacy Act (FERPA) as well as Title IX. For more information, please see the most recent guidance from the Department of Justice and the Department of Education: <http://bit.ly/2bPCyA8>

Inclusive strategies for welcoming students include:

1. Ask all students to complete index cards with contact information, the name they use/like to be called, and answers to a few other questions, on the first day. You may also invite all students to write their pronouns too. You may need to explain/give examples, e.g. my pronouns are 'she' and 'her'; my pronouns are 'they/them.'
2. Use the name a student asks you to use, regardless of whether the roster or participation list has a different name, and regardless of whether the roster name seems to be a name associated with another gender. (Also — please do not point this out publicly or mention it to other students.) Making this simple change before publicly reading the roster or program attendance list will avoid inadvertently embarrassing the student or disclosing their personal information to others.
3. Be aware of campus resources. For instance, the LGBT Center provides consultation, resources, support, and referral. Program Director Luca Maurer provides consultation to faculty and staff seeking more information, and connects students to the policies, programs, and services on our campus that support them. Contact him at Lmaurer@ithaca.edu and 607-274-7394.
4. Put a Title IX paragraph on the syllabus or orientation/contact materials you provide to your students:

Title IX is a federal act mandating that educational institutions receiving federal funding



The three flags represent the genderqueer, transgender and genderfluid communities, and the buttons refer to pronouns used by members of the college's gender-diverse community. CELISIA CALACAL/THE ITHACAN

must provide sex and gender equity. All students thus have the right to a campus atmosphere free of sexual harassment, sexual violence, and gender discrimination. To make a report of sexual assault, sexual harassment or gender discrimination, please contact Tiffani Ziemann, Title IX Coordinator at tziemann@ithaca.edu and 607-274-7761. Please visit www.ithaca.edu/share for more information.

Simple adjustments like this will make a big difference in welcoming students into our classrooms and co-curricular learning opportunities across campus. These actions are part of the larger work of creating and sustaining an inclusive, supportive, safe, and nondiscriminatory campus community for all our students.

If you have questions or would like a

presentation on this or similar topics for your department, office, class or student group, please contact either Luca or Tiffani directly.

Thank you for the work you do creating welcoming and inclusive spaces for our students.

The authors would also like to acknowledge Dr. Rebecca Plante, whose previous efforts to educate her colleagues about the important issue of respecting individuals' chosen names and pronouns provided some of our inspiration in writing this letter.

TIFFANI ZIEMANN is the Title IX Coordinator. Email her at tziemann@ithaca.edu. **LUCA MAURER** is the program director of the Center for LGBT Education, Outreach & Services. Email him at Lmaurer@ithaca.edu.

NEWSMAKERS

Professor taught Islam class in Russia

During the summer, Ithaca College politics professor Asma Barlas spent a month in Russia teaching a seminar on Islam.

The summer-school program, which connects Stony Brook University to St. Petersburg State University, offers courses to students in Russia and throughout Western Europe. Barlas has been teaching this class at the St. Petersburg Institute of Linguistics, Cognition, and Culture for the past four years, and has also been teaching a similar course at Ithaca College called “Understanding Islam.”

Opinion Editor Celisa Calacal spoke with Barlas about her experiences teaching this seminar, the differences between teaching this class in Russia and teaching it at the college, and how her students broke down their misconceptions of Islam throughout the class.

This interview has been edited for length and clarity.

Celisa Calacal: What has been your experience teaching this class to Russian students?

Asma Barlas: The openness of the students to them questioning their own beliefs. Sometimes in the U.S., I have to work really hard against the grain. ... I think one of the differences is that after very strong and open resistance to certain ideas, which is far more vehement and in-your-face than I am used to in the U.S., students would just say things ... because their notion of what is and isn't appropriate to say differs. ... But that's also in a way very engaging and endearing because then, I know exactly what they're bringing to the class instead of sort of dancing around really difficult issues for, like, six weeks before somebody speaks their mind. So I think what's always amazed me is how serious they are about what they're hearing, how passionate they can get, many times, in engaging me around those issues, and how open they become to a process of rethinking their own ideas while the course is in session. So it's not something that happens after the fact. ... I get a sense that, on the whole, the students I encounter in other parts of the world ... are intellectually more curious about others than U.S. people are.

CC: How did the events over the summer shape the class discussion?

AB: What the students shared with me was the way the political elites in their home country are picking up on some of the Western rhetoric around Islamic and Muslim terrorism to use against their own populations or as a way to drum up fear. So the woman from Poland basically said, although there are no Muslims in Poland, some of the ... Polish leaders



Politics professor Asma Barlas spent July teaching a seminar on Islam at the St. Petersburg Institute of Linguistics, Cognition, and Culture, making this her fourth year teaching the class.

JADE CARDICHON/THE ITHACAN

... are speaking about how Sharia would take over Europe. And then ... Polish women wouldn't be able to ride their bikes or they would be riding their bikes in burkas, so ... I had to laugh at that point. But can you imagine — they thought that Sharia is an imminent threat to Poland. I mean, this is how absurd their discussion and this imagery and this discussion of Islam has gotten and this imagery of Muslims as terrorists — it's pretty disheartening in that way.

CC: There's also a lot of discussion of Muslim women and how they're oppressed and that's kind of the stereotype. How do you try to break down those misconceptions?

AB: Well, because I don't lecture and we speak around texts — I let students carry the conversation in whatever directions they want. And last year, where I had a smaller class of 10 women and there was more intense discussion, I think for 1 1/2 sessions they basically just narrated all of the worst possible things they could about Muslim women that they had heard, or read, or which they thought were real. But in the second session ... they began to challenge this narrative and started talking about the violence that Russian men do. And I was sort of quite stunned by that change in conversation because they ended up saying that Russian men ... are the most violent men. And I was quite taken aback by that. ... I've never seen that happen in the

United States ever. The critique of the other remains the critique of the other — it never becomes an opportunity for self-critique.

CC: Because you've been teaching over a couple years, how have you seen the class evolve from when you started to where it is now?

AB: In some ways, you know, there isn't an evolution because in many ways ... the discourse on Islam seems to be very static and fixed. And so probably that's one of the harder things about teaching this course is it's like always starting from scratch every time. ... But I have to share this one experience of a Russian male student — very secular, didn't know anything about Islam, had never heard about Islamic feminism, didn't know a word or verse from the Quran. And he began the course by combating me ... on pretty much anything I said, on pretty much any of the text he read. But as his final paper, he produced a defense of Muslim women's rights to claim the right of Muslim women to use the Quran to claim rights. ... I mean, he literally seemed to put himself in the position of the other. ... That just blew me away. ... He was able to actually write a paper that made perfect sense from a perspective of a Muslim woman. So that's the kind of thing that I find incredible.

CONNECT WITH CELISA CALACAL
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OPEN LETTER

SGA addresses campus on death of IC student

Dear Ithaca College Community,

In the early morning of Sunday, August 28th, we lost a member of our community to violence and are awaiting the recovery of another student. As we all deal with our emotions and navigate these hard times, it is important we keep Anthony Nazaire, the young man who lost his life, and the other student injured in our minds and hearts.

Anthony Nazaire was a Sophomore at Ithaca College, a member of the ALANA community, an Executive board member for Brothers4brothers, and a business administration major. He was a mentor to his younger siblings and family members. Anthony Nazaire was a peer we lost to violence.

Violence has no place in our community. As we navigate our way through these difficult times, we must actively love and continue to support one another in whatever ways we can. It is in losses that we are reminded of the true weight of violence and the long-lasting impacts it has on our community and communities everywhere. In dealing with loss there is a huge

amount of strain and emotion felt not just in individuals but in ripples throughout the community. As a result, CAPS is offering the lounge in the Circles Community Building as a resource for those seeking immediate support. Students in need of support can also contact on-call professional Residential Life staff at 607-220-7993 or 607-220-7928.

We ask that all students at Ithaca College be cognizant of the ongoing investigation and remain respectful of the two students and their family and friends. Those with any related information are asked to call the Ithaca Police Crime Stoppers Hotline at 607-697-0333.

With heavy hearts,

Marieme Foote, Student Body President
Michele Hau, VP of Academic Affairs
Luis Torres, VP of Campus Affairs
Danielle Weinstein, VP of Communications
Ezeka Allen, VP of Business and Finance
Carlie McClinsley, Senate Chair

LETTER TO THE EDITOR

Freshmen should not hesitate to look for help

To the Editor:

On Sunday the 21st I was part of the move-in crew helping students get their stuff up the elevators into the West Tower — shout out to Griff and Abigail who were also there helping! I was on a later shift and missed the rain that came down.

Sunday evening I was thumbing through my copy of the day's New York Times and came across an opinion piece I would urge all of our new students to look at. It's by a professor of higher ed and focuses on how first-year students can become paralyzed by a “Fear of Failure.” I recommend the piece heartily.

<http://nyti.ms/2cdb1wx>

I work in the Admission Office here at IC. I've never admitted anybody because I'm, basically, a nose counter. However, I've watched my colleagues carefully considering student applications for a quarter of

a century now. They do not admit applicants who can't make it here. If you run into trouble: look for help! It's all around you. All you need to do is ask.

We want to see all of the 1,650-some students who arrived on campus become Ithaca College graduates.

By the way: I, myself, moved into the West Tower as a first-year student 50 years ago this fall. I've been where you are now.

Our library will have a copy of The New York Times from August 21, 2016. See the final page of the Sunday Review section.

Excelsior!

Jim Mica
Research Specialist
Office of Admission
120 Peggy Ryan Williams Center



PROGRESSIVE PUNDIT

EMMA WHITESTONE

Climate: Let's care about it

Major party candidates have spent quite a bit of time making plans for the economy, discussing national security and arguing about immigration reform. But the one key issue that has been overlooked during this election cycle is environmental policy. Despite the impending threat to health and security that climate change poses, politicians and voters are not talking about the environment. Addressing climate change should be at the top of the agenda for everyone right now.

If we continue to ignore global warming, the world will face devastating consequences. Already, there has been an increase in unusual weather patterns and natural disasters, including hurricanes, earthquakes and flooding. This is only the beginning of the devastation that will occur due to increasing global temperature. Scientists have continuously urged the U.S. to prevent and regulate behaviors contributing to the earth's rising temperatures, yet too few people seem interested in protecting our planet.

Although climate change is an urgent issue, politicians and citizens are relatively uninterested in creating or even talking about environmental policy. A Gallup Poll published earlier this year showed climate change as being one of the least-important issues to voters identifying with both major parties. Most Republican agendas have ignored climate change altogether. Democrats have been more vocal about global warming but still tend to put the spotlight on other issues.

The shortsighted approach of politicians and the public fails to acknowledge the big picture; climate change affects every other issue area. As we continue to face unpredictable weather patterns, more natural disasters and depleting natural resources, there will be economic fallout, mass immigration and increased violent conflict. Every person on Earth will be impacted if we fail to also solve the pressing issue of global warming.

Government actions could help limit further damage to the environment. The U.S. should stop subsidizing harmful, nonrenewable fossil fuels and focus more funding on research and execution of renewable energy. In addition, the EPA should increase its regulation of U.S.-owned businesses and tax companies that are not complying to limit pollution. Individuals could also be enticed with subsidies for making personal homes more eco-friendly.

Too few people seem to realize or care about how pressing environmental policy is. If we continue the trend of shoving this major issue off to the side, we will begin to see increasingly overwhelming consequences very soon.

PROGRESSIVE PUNDIT is a column about progressive politics written by Emma Whitestone. **WHITESTONE** is a senior politics major. Connect with her at ewhites2@ithaca.edu and @EJWstone.



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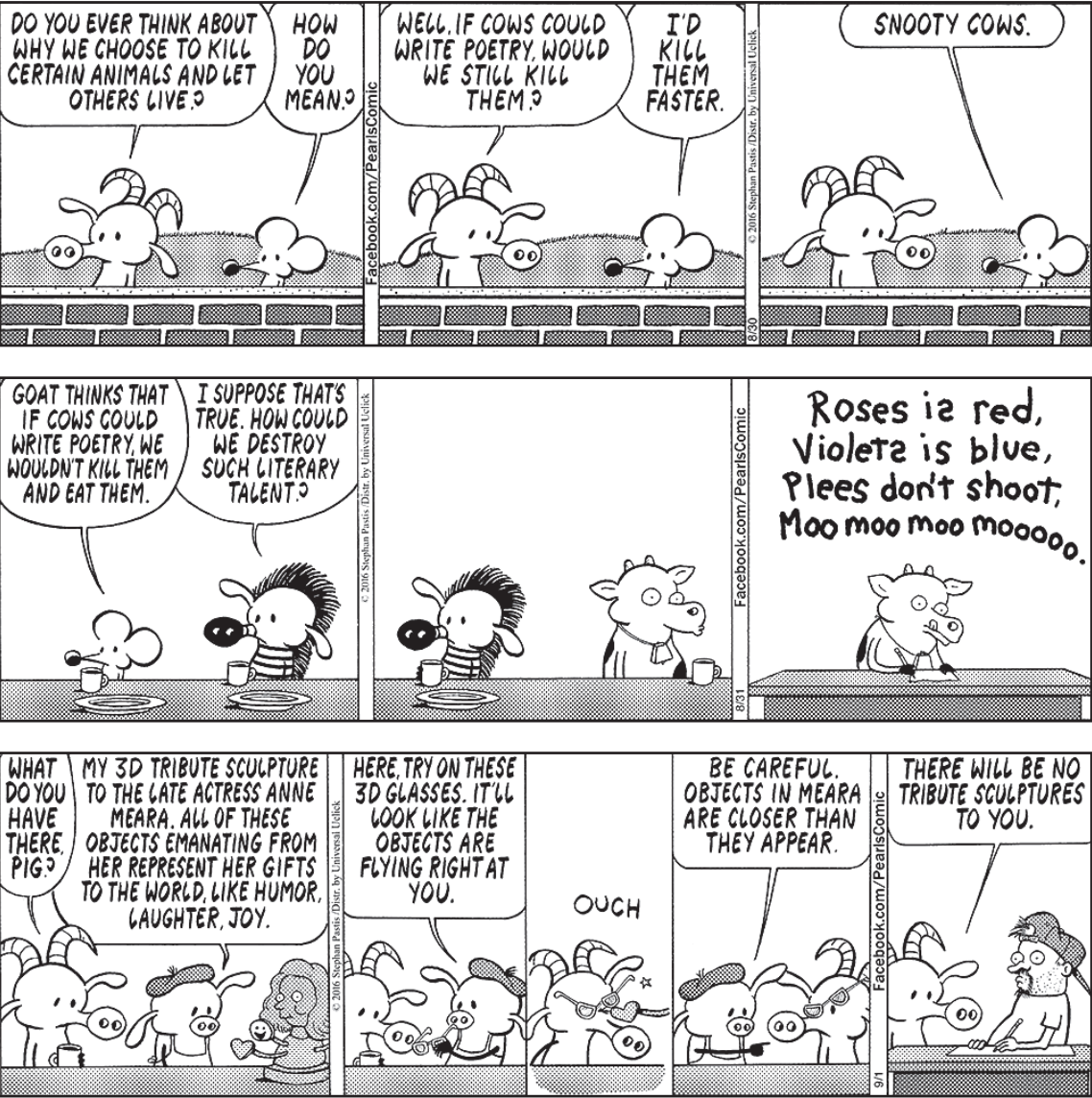
- Non-stop schedules from Ithaca
- Thursday – 2X Friday and Sunday
- Pickups: On-campus at IC, Cornell and the Terminal
- FREE snacks & drinks!
- FREE wifi and plugins
- New busses
- Non-stop returns from NYC
- Tix via e-ticket or mobile device



Moonshoes By Allison Latini '17



Pearls Before Swine® By Stephan Pastis



sudoku

medium

5	4			7		2	
							5
	2				1	6	
						1	
			8	1		9	
		3			4	5	7
1		6	9				
			1				2
	5		3	8			

very hard

	4	9	5				3	2
6							8	9
	1							
8					1			
		2	6					
			3				5	4
								7
				3				
1	8	5		2	7			

answers to last week's sudoku

medium

8	2	6	5	7	9	1	4	3
5	9	1	3	8	4	2	6	7
7	3	4	2	1	6	5	9	8
1	6	7	9	2	3	4	8	5
2	5	8	4	6	7	3	1	9
3	4	9	1	5	8	7	2	6
6	1	3	7	9	2	8	5	4
9	7	2	8	4	5	6	3	1
4	8	5	6	3	1	9	7	2

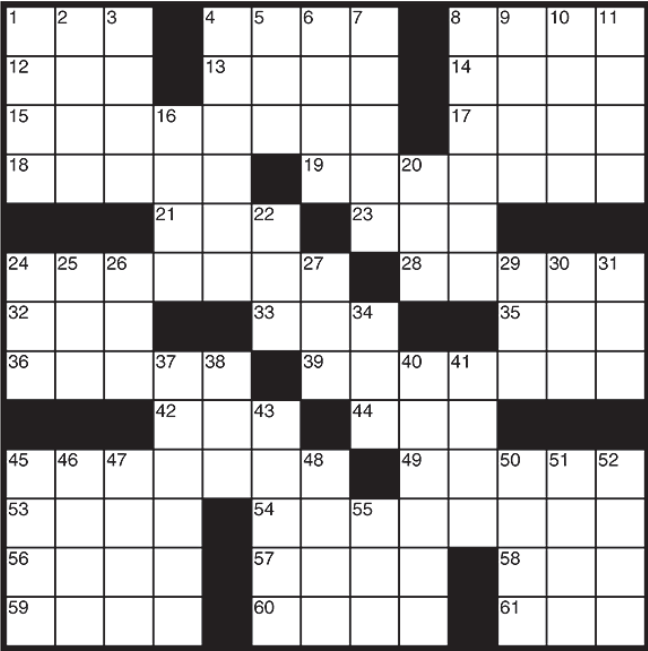
hard

5	4	9	2	7	1	8	6	3
2	1	3	8	6	5	7	4	9
6	8	7	3	9	4	5	1	2
4	3	2	1	5	7	6	9	8
8	7	1	9	2	6	4	3	5
9	6	5	4	8	3	1	2	7
7	2	8	6	4	9	3	5	1
3	5	4	7	1	2	9	8	6
1	9	6	5	3	8	2	7	4

数独 Create and solve your Sudoku puzzles for FREE. Play Sudoku and win prizes at: PRIZESUDOKU.COM The Sudoku Source of "The Ithacan".

crossword

By United Media



ACROSS

- 1 - choy
4 Sports VIP
7 Wait
11 That hurts!
12 Sea, to Cousteau
13 Persia, nowadays
14 As if moonstruck
16 Grant a mortgage
17 Pipe unclogger
18 I, e.g.
20 Hoss, to Ben
21 Name in tractors
23 Upper limb
26 Camping gear
27 No future --
28 Ruffles
31 Cager Michael -
33 "Back in Black" group
34 Drowzes
35 - Dawn Chong
36 Elmo or Nicholas
38 Night -
41 Daddy Warbucks' ward

- 43 Like a wolf's howl
45 Himalayan enigma
47 Racing by, as clouds
49 Flush with
50 Endorse
51 Agrees silently
52 Slog through a puddle
53 Ariane rocket org.
54 No matter which

DOWN

- 1 Long-eared animal
2 "Jaws" milieu
3 Kublai -
4 2001, to Livy
5 Antler covering
6 He played the Wiz
7 Ill temper
8 Dublin's place
9 Marino or Rather
10 Come to a halt
11 Likelihood
15 Runway sight
19 The two of us

- 22 USN officer
24 Estuary
25 Natural elev.
26 RN forte
27 Capone foe
28 Distant
29 Victrola maker
30 Had a thought
31 Cold mo.
32 Decided on
34 Brother's girls
36 Tin, in formulas
37 Usher's beat
38 Easy-to-find constellation
39 Breezy
40 Centipede feature
42 Three squared
44 Novelist - Ferber
45 Evergreen tree
46 "The Loco-Motion" girl
48 Ms. Hagen of films

last week's crossword answers

B	O	K	M	V	P	B	I	D	E
O	U	C	H	M	E	R	I	R	A
D	R	E	A	M	I	L	Y	L	E
D	R	A	N	O	V	O	W	E	L
S	O	N	D	E	E	R	E	A	R
			T	E	N	T	I	N	I
F	R	I	L	L	S	J	O	R	D
A	C	D	C	N	A	P	S		
R	A	E	S	A	I	N	T	O	W
			A	N	N	I	E	E	E
Y	E	T	I	S	C	U	D	D	I
E	V	E	N	L	E	T	N	O	D
W	A	D	E	E	S	A	A	N	Y



Coaches and family of Emily Morley '16 pose with the Bahama flag. PHOTO COURTESY OF BECKY ROBINSON.

OLYMPICS, from Page 1

moment. After all, this is what she had been waiting for. In this moment, Morley didn't think about the fact that her arrival in Rio was not the smoothest trip after multiple flight delays and cancellations, or that she had to borrow New Zealand's oars for practice because her oars arrived two days after she did on the top of a minivan from São Paulo, which was a five-hour drive away. Instead, all she thought about was how far she had come in a matter of months. All her extra workouts — her added physical and mental training with her teammates — had been worth it, she said.

"This was when it hit me that I was competing in the Olympics," Morley said. "Representing my country while walking in was a feeling I hope I never forget."

While many of the Olympic athletes had been training for years, Morley only began seriously training in November 2015. It was only a few months ago, in March, that she had gone to the 2016 FISA Americas Olympic Qualification Regatta in Valparaiso, Chile, to compete for a spot. But Morley's finish wasn't good enough to qualify, so when she made her way back to the U.S., she thought she was not going to the Olympics. Becky Robinson, the head coach for women's crew and sculling at Ithaca College, coached her at the qualification regatta while both her and Beth Greene, the assistant coach for women's crew and sculling, coached her at the Olympics.

Two weeks later, this would change. Becky Robinson said there are rules in place that, for instance, countries cannot have both a single and a double competing, so they must choose only one boat. This means rowers from other countries have another shot at getting a bid and participating. Luckily for Morley, not only had she gotten a spot to compete, but she got the last spot, and in the process became the first Bahamian rower to qualify for the games.

Morley said that when she came back from the Chile qualification, she was left feeling like her Olympic quest was uncompleted. Still, she was happy she could get back to training with the women's eight at the college and continue her training as normal for the spring season. But then, she said, she got the big news.

"I woke up to an email in my inbox that told me that I had qualified, and at first, I didn't believe it," she said. "I was overwhelmed with joy and excitement for the next couple of months of training."

For Morley, while this meant that she would train as hard as she could before the games, she and her coaches also wanted her goals to be practical. Realistically, Morley wasn't going to medal. She was the last rower selected from her qualifier, so the main goal became to beat somebody, Robinson said.

And that's exactly what she did. Morley ended up finishing 30th out of 32 scullers from around the world. Morley placed sixth out of six in her opening heat and then went on to the repechage, a second-chance race. Robinson said this was Morley's most pivotal race because Morley finished fourth out of five, beating Peru, which beat her in Chile. By beating Peru, she made it to the Semifinal E/F 2 and then on to the E final, which she said was ultimately one of her biggest goals.

"The experience was something that I wouldn't trade for the world," Morley said. "Just being on the starting line with

world-class rowers was an experience I will always keep with me. No matter the outcome of my races, the amount of pride I had for not only my country, but Ithaca College, overcame that."

Morley said to be able to compete in the Olympics was an adventure in itself, regardless of her results. However, the experience did not necessarily come so easily. Many of the races Morley was set to take part in were delayed and canceled because of weather and poor race conditions.

Robinson said Morley was not mentally impacted by the delays because it is a weather-dependent sport and she has experienced similar delays in college. Yet Robinson said the water conditions were by far the worst she has ever seen a race take place in. Bad conditions include rough water in which the waves can crash over the boat, the boat can fill up with water or the boat is pushed in a different direction from where the sculler wants to go.

Morley said that training on water she's never been on is always an adjustment but her training in Rio was different from any other training she had done before.

"At first, I felt very flustered and felt like I had to keep moving without any rests in between pieces or drills," Morley said. "But when I got my oars and got into the swing of how people moved and practiced around the course, I got used to yielding to faster boats, mentally telling myself that it was OK to let them pass, but I also just mentally felt more comfortable with the course."

Aside from the actual race conditions, Robinson said, the quality of the water in Rio was fine, something that was a concern before the games.

Regardless, Robinson said Morley still took a few precautions by having a screw-top water bottle and keeping it in a dry bag. They also had antibacterial wipes to clean everything that had touched the water.

"The levels of E. coli and other bacteria in the water were as low as they've ever been," Robinson said. "By the end of the week, there was a group of men from the Netherlands that swam out to their women's pair that won. The U.S. threw their coxswain in the water. It could have been really bad. I'm not saying the water wasn't polluted at one time, but they did a really good job of cleaning it up."

Despite the worries and problems, Greene said, it was great to see so many people from all over the world come together.

"Just because someone looked really different, there was this air of respect," Greene said. "It wasn't like, 'Oh, you're different from me. Maybe I shouldn't trust you.' It was like, 'Oh, you're different from me. That makes you interesting. Let's try to figure out about you,' and it was so different from the real world in that way where you were so psyched to see people that were nothing like you as opposed to being afraid of people who aren't like you."

Greene also said a big way athletes got to meet and interact at the Olympics was through trading pins, as many countries were

given pins that said their country's name and "Rio 2016." Robinson said Morley even got a U.S.A. pin from Venus Williams, even though Morley and her coaches had not recognized her initially.

While Greene, Robinson and Morley were mostly in the Olympic Village, and most of what they saw of Rio was nice, Greene said they noticed the suffering of Rio's poor populations firsthand.

"There's so much coastline and so much beach, but we would drive by some places that we were really like, 'Does that house even have windows? Does someone live there?'" Greene said. "They almost looked like they were stacked on each other, and you're just like, 'I'm not sure if that house has a foundation.'"

Meanwhile, in the U.S., Morley's teammates were anxiously watching the games, hoping for a glimpse of their teammate competing on the international stage.

Senior rower Jackie McDewitt said her team could not be prouder of Morley for making it to the Olympics and being able to compete against the best in the world.

"You could tell how important it was to us to be able to send one of our own," she said. "It just felt like a success for us, just seeing her on TV and getting to watch her races. It kind of is true to our team that we would be so proud of her successes even though they're not ours."

Morley said if she does not commit to the Tokyo 2020 Olympic Games, it is her hope to help another young Bahamian qualify. However, she said if she trains for the next four years, she could see herself giving the Olympics another shot.

"Going into Rio, I had it set that I would only be competing in Rio, but after being there with the athletes and the atmosphere, I think I might have caught the Olympic bug," she said. "During my cool down after my last race, I had a moment where I felt that my rowing journey was incomplete. I felt like I had more to give."

CONNECT WITH VINICA WEISS
VWEISS1@ITHACA.EDU | @VINICA_WEISS



Morley practices for the first time on the Olympic course Aug. 4. Becky Robinson, Ithaca College head women's crew and sculling coach, went in a boat behind her. PHOTO COURTESY OF BECKY ROBINSON



Morley makes anti-wave blockers out of carbon fiber and tape. The water conditions were bad, and Morley had to learn to adapt her rowing. Some races were delayed or canceled. PHOTO COURTESY OF BECKY ROBINSON

Rowers create documentary about Morley

Four members of the Ithaca College women's crew are creating a documentary chronicling the Olympic journey of Emily Morley '16, who represented the Bahamas in the women's single sculling event at the Rio de Janeiro Olympic games this summer.

Juniors Julia Williamson and Bailey Doran and seniors Rebecca Veninsky and Maeve Berry began making the documentary, called "2000 Meters Out," in December 2015 and premiered a seven-minute version at the Women in Media Day Challenge on March 8 in Roy H. Park Hall.

Williamson and Doran are television-radio majors, while Veinsky is a documentary field studies and production major and Berry is a cinema and photography major with a production concentration.

Williamson got the opportunity to attend the qualification regatta in Chile in March, and the four are planning on expanding the documentary in the future. They are taking a break from filming right now, but they have booked their tickets to Bermuda for winter break to do post-Olympics interviews with Morley and her family.

Sports Editor Danielle Allentuck spoke with Williamson about the inspiration for the documentary, the challenges of making it and their plans.

Danielle Allentuck: When did you get the idea to make this documentary?

Julia Williamson: It was pretty much the moment after Emily announced to the team she was going to train for the Olympics. I believe it was early December, right before we left for winter break, and she said to the

team that she was going to start training, and Becky [Robinson], our coach, said we were going to have extra training groups, so we were going to have physical and mental training groups, and I thought, "What could I do to help Emily but also make it fun for her?" So I thought of the

idea of making a video about it, and it kind of just took off.

DA: What was the reaction of the team?

JW: I think everyone just loved the idea. They had to get used to the camera being in their face, and I had to remind them to pretend like I'm not here because I was all in their face when they were working out. But they thought it was a really cool idea that they were going to get to be a part of this video and be physically recognized as a part of it because they all knew they were a part of it, but to be in a video that was going to be shown to a lot of people, they knew their efforts were being recognized.

DA: Did you encounter any complications while filming?

JW: Occasionally, there would be times that I would be filming and people would be like, "No, no, this is not the time, get away." As a coxswain, I know that moment as well because there are times when people on the team are doing an erg piece, and they just don't want to hear my voice. I have to know not to take it to heart; it's just that they are in a lot of pain, and they don't want to hear my voice, so I just take it a step back, and it's kind of the same with having a camera in their face when they are in a lot of pain and probably not looking too great. There are some pieces where Emily would shake her head at me, and I knew that was a sign to back away.

DA: How did you get to go to Chile with Morley and head crew coach Becky Robinson?

JW: We premiered the seven-minute version of the documentary at the Women in Media Day Challenge, and after, we started talking about it in front of the audience, saying we were trying to figure out a way to get some video of the qualification regat-



Junior Julia Williamson films Morley during the FISA Americas Olympic Qualification Regatta in Valparaiso, Chile, in March. At the regatta, Morley did not automatically qualify for the Olympics, but two weeks later, she received an email from the Bahamas Olympic Committee informing her she had qualified. She placed 30th out of 32 rowers. PHOTO COURTESY OF JULIA WILLIAMSON



From left, junior Julia Williamson, senior Rebecca Veninsky, Emily Morley '16, junior Bailey Doran and senior Maeve Berry pose in front of the Ward Romer Boathouse. PHOTO COURTESY OF JULIA WILLIAMSON



Morley talks to ESPN Caribbean and the local Nassau news after she placed third out of four in the Semifinal E/F at the Olympics with a time of 8:48.09. PHOTO COURTESY OF BECKY ROBINSON

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EVERY BALLOT COUNTS

The Handwerker Gallery hosts artist Aram Han Sifuentes' "Official Unofficial Voting Stations: Voting for all who legally can't," and everyone is welcome to participate

BY TAYLOR ZAMBRANO
LIFE & CULTURE EDITOR

As a nonresident of the United States and a citizen of South Korea, artist Aram Han Sifuentes, instructor at the School of the Art Institute of Chicago, must file income tax returns and report her income to the IRS and state taxing authorities. She is expected to support the democratic form of government that the U.S. upholds, according to the U.S. Citizenship and Immigration Services. However, she is not allowed to vote. Those who are ineligible include noncitizens, youth under 18, those without any proper form of identification, and felons and ex-felons — but only in some states.

On Aug. 31, the Handwerker Gallery debuted Sifuentes' most recent project, "Official Unofficial Voting Stations: Voting for all who legally can't," which was inspired by her inability to vote due to her citizenship status. The nationwide project is featured in Chicago; Baltimore; Washington, D.C.; Philadelphia; Ithaca; Detroit; and Oaxaca and Chiapas in Mexico, where Sifuentes collaborated with artists, radical thinkers and organizations. Each station has a creative theme based on the collaborating artist's interpretation of the project. Chicago, for example, is disco themed; in Mexico, a doctor-themed station requires its participants to drizzle fake blood on their ballots before submitting them.

One of the student coordinators on the project, sophomore Anna Gardner, said Mara Baldwin, director of the Handwerker Gallery, suggested the concept of making the Ithaca voting station flying squirrel-themed. This idea stemmed from the college's 2011 vote to choose a new mascot. The choices were a phoenix, a flying squirrel and a lake monster, but the results of the vote did not end in the creation of a mascot.

"It's kind of like a shrine — an ode to failed democracy because I was looking this morning — I have the website still up from it — and I think that the president's official statement was saying that a majority of students, faculty and alumni wanted this change," Gardner said. "The minority was so passionate against it that [the president] didn't want to make it divisive for the whole college."

Gardner said the only people who didn't want a mascot created for the college were alumni who graduated 40–50 years ago. She said the flying squirrel theme is meant to incorporate the democratic process at the college into what the project is saying for disenfranchised voters for the general election.

The voting station is located in a corner of the Handwerker Gallery near the main entrance among the pieces hanging for the upcoming exhibition, "Sun Flare."

Sifuentes said she was inspired to create "The Official Unofficial Voting Station" while working on her other art projects, many of which draw upon her experiences of inequality as a noncitizen. For the past four years, she has been working on a citizenship project that was originally inspired by colonial needlework. Sifuentes noticed an odd parallel between colonial America and current America in the way that immigrants were treated in the country. She said noncitizens put on a show of worth every time they take the citizenship test, similar to how a colonial needlepoint showed the worth of the young women who made them. To display this through art, she had noncitizens submit designs for each of the 100 questions and answers from the U.S. naturalization test. Using needlepoint,

she is working on combining the designs and plans to sell the completed work for \$680 — the cost of applying for full citizenship. Looking at her project, Sifuentes said she thought about how she cannot vote in any elections and how this poses an issue because the majority of the discussions in the upcoming presidential elections concern immigration.

"I've never been able to vote anywhere, and not being a citizen is my choice, right?" she said. "Legally, I have been able to apply. However, I've been waiting for South Korea to allow dual citizenship, and that just hasn't happened."

Baldwin said when Sifuentes asked if she would like to collaborate on the project, the answer was a no-brainer.

"This year, especially leading up to the election, a lot of issues discussed in the elections are ones that students on campus could connect with, talking about trying to change and having dialogue about it," she said.

Sifuentes said she included a write-in section of the ballot because she wanted the space to be about inclusivity — a "democratic space."

"They have the option to write whoever they want, and that's as important as picking a candidate that's already there," she said.

Junior Michele Hau, the other student coordinator working on the project, said she noticed an issue among voters who have voting privilege but don't necessarily take advantage of

that privilege.

By the same token, she said those people who don't have a voice are the ones whose lives are being discussed the most.

Hau said students in particular choose not to vote for logistical rather than ethical reasons, which is something she said she hopes this project will change.

"I think this project really tries to make it a larger macro scale in the way that it really tries to provoke people to think more abstractly and broadly about what the implications of voting actually are," she said. "I think it's also important for us to be on a college campus and for us to have good conversations about what it means to be a citizen and what it means to be an active participant in different types of communities."

CONNECT WITH TAYLOR ZAMBRANO
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Senior Anna Gardner, one of the student collaborators for the project "Official Unofficial Voting Station: Voting for all who legally can't" took her ballot to the polls Aug. 31 when the piece opened. The station will be up until Nov. 8.

SAM FULLER/THE ITHACAN

ACCENTUATE

How to: Virgin Peach Margarita Slushy

Beat the end of the summer heat with a refreshing drink that tastes like paradise
Recipe from tastykitchen.com



Ingredients:

- 2 whole large peaches
- 2 teaspoons sugar
- 20 ice cubes
- 1/4 cup margarita mix
- 1 dash lime juice (optional)

Preparation:

- Puree peaches and sugar using a blender.
- Add half of the ice cubes and margarita mix. Blend until smooth.
- Continue to add ice cubes until desired thickness is reached.
- Pour into individual cocktail glasses. Enjoy!



CELEB SCOOPS

Frank Ocean's Rad Release

Frank Ocean, hip-hop artist and collective member of Odd Future from New Orleans, has finally stepped into the spotlight. Since the release of "Channel Orange", fans of Frank Ocean have been on the rise. After several years of eagerly waiting, Ocean's fans were shocked as he released two albums on the same date: "Endless", his visual album, alongside his second studio album, "Blonde." "Blonde" features guest vocals from artists such as Beyoncé, Kendrick Lamar, Kim Burrell, James Blake and more. Tyler, the Creator, Pharrell and additional artists helped produce the album.

Word of the Week

AURIFEROUS

adjective - aw-RIF-er-uhs
1. yielding or containing gold



Read a Book Day



On Sept. 6, writers and readers universally will celebrate "National Read a Book Day," a day for honoring all the glorious texts that end up on your bookshelf. Reading has numerous benefits, including stress reduction, mental stimulation, memory improvement and analytical thinking. Before you criticize the novel your professor assigned to you, consider the positive health benefits of reading.

viral video

Britney is back and better than ever



Novel Advice



Credited nonfiction writer explains intersectional feminism in her own way

"I embrace the label of bad feminist because I am human. I am messy. I'm not trying to be an example. I am not trying to be perfect. I am not trying to say I have all the answers. I am not trying to say I'm right. I am just trying — trying to support what I believe in, trying to do some good in this world, trying to make some noise with my writing while also being myself."
— Roxane Gay, "Bad Feminist"

Oops, she did it again! On Aug. 25., James Corden, host of "The Late Late Show," premiered the latest Carpool Karaoke segment, where he has famous people drive around with him. The Queen of Pop, Britney Spears, was the guest this week. The segment featured Corden and Spears jamming out to some of Spears' hits, such as "Oops!...I Did it Again," "Womanizer," and "Toxic." They didn't just sing along to songs; Spears made it a point to tell Corden that she wants three more kids in addition to the two she already has, while also saying she is done marrying men. The video concluded with Spears dressed up exactly how she was in the music video of her hit song "...Baby One More Time," while she and Corden sang and danced away like no one was watching.

COMPILED BY KATE NALEPINSKI
AND AMANDA CHIN

Student appears in Oscar–watch list film

BY SILAS WHITE
STAFF WRITER

On a dreary October morning last year at Ithaca College, now-sophomore Jharrel Jerome was outside his dorm, waiting for a car to take him to the airport. His destination was Miami, but he wasn't going there just to escape the cold. He had just been cast in a major motion picture.

Jerome is featured in the upcoming movie "Moonlight," a drama that follows an African-American man named Chiron as he passes through three important phases of his life, comes of age and discovers his sexuality. Jerome plays Kevin, a friend of Chiron's, as a teenager.

"Kevin is kind of this really cool, macho character," said Jerome. "He's built this identity of being such a king and a ladies' man, but he has this hidden identity where he is questioning his sexuality. But he comes from a world where being gay is not allowed."

Jerome has always been quirky and entertaining, but growing up in the Bronx, his typical idea of a job was to be a doctor or lawyer — something that would make his parents proud. Jerome's aunt suggested he try acting because it fit his entertainer personality. Jerome and his mother looked into theater schools in New York City, and he began taking two acting classes to prepare for his audition at Fiorello H. LaGuardia High School of Music & Art and Performing Arts in New York City.

"It was an intense audition," he said. "When I found in February [2011] I got into the school, it was a crazy moment. We

freaked out."

During his senior year, Jerome caught the eye of a talent manager through his roles in his high school's productions. Jerome said people from the film industry frequently come to LaGuardia to scout out new talent.

"At the end of those two shows, I had different managers and agents trying to contact me, and it was amazing because it was the first time I felt adult-like in high school," he said.

As a freshman in college a few months later — Oct. 9, 2015, the morning of his 18th birthday — Jerome recorded and sent an audition tape for the movie "Moonlight," at the behest of his manager, who Jerome said is constantly reading scripts. He found out a week later he was given the part. Shortly after hearing the news, he took 12 days off from school to fly to Miami and shoot his part.

"The theater department at Ithaca is amazing," he said. "They were really open to having me go over there and miss classes. They were intense days. It's a great script, and the character plays a pretty substantial role, so I got the chance to do a lot of things on and off camera."

Jerome said he related to Kevin's struggle with trying to put on a different identity, which helped him perform the character.

"LaGuardia has a lot of people who aren't from the Bronx or the hood per se, so trying to fit into another persona or trying to be someone else is something I did for a while before I realized it was time to set that away and be myself," Jerome said.

Sophomore Juwan Bennett, a friend of Jerome's and

classmate, said Jerome shines in ways beyond his acting.

"He knows what he wants, and he's going to go for it," Bennett said. "He's very supportive of others and very open to criticism."

He said besides his acting, Jerome is also known for rapping.

"He's a good lyricist, and overall, he's a great guy," Bennett said. "I'm excited to see how far he's going to go."

Although Jerome didn't find his passion for acting until high school, his mother, Radoyka Jerome, said he was always an entertainer and a character.

"The way he can write poetry and freestyle rap blows my mind away," she said. "I can give him one word, and he can write a poem around that one word I gave him."

Jerome said his enthusiasm for rapping and acting are equal and that he aspires to be great both in film and on the mic.

"I've been freestyling since I was 11 and writing since I was about 15," Jerome said, "People really like it. I found my sound recently, and music is something that has always been in my life — it's been my culture."

Going into filming, Jerome said, he had a lot on his mind. Jerome had recently graduated from high school, he acquired a talent agent, his grandfather died, and he began college and starred in this movie.

"It challenged me personally," Jerome said. "The day we shot was exactly two months after my grandfather had passed, so the day was really heavy for me. I was there filming and looking up in my own moment, thinking that this is where he would want me."



Jharrel Jerome, a sophomore acting major at Ithaca College, will star in the upcoming motion picture "Moonlight," along with actor Mahershala Ali of "House of Cards." Jerome filmed his portion of the film in late October 2015. The film has already made its way onto several Oscar–watch lists. It was written and directed by Barry Jenkins and will be released Oct. 21.

A24 & PLAN B ENTERTAINMENT

Summer scholar analyzes ‘manic pixie dream girl’

Quirky, obnoxious and unique. These traits create the "manic pixie dream girl" trope that Ithaca College senior Alyssa Rodriguez explored this summer in collaboration with Katharine Kittredge, professor in the Department of English. Her project looks at modern media that contain characters who exhibit this trope, including "Paper Towns" and "Perks of Being a Wallflower," and analyzes the quality in which these roles are presented.

Assistant Life and Culture Editor Kate Nalepinski spoke to Rodriguez to discuss the objective of her research and how it intercepts the issue of gender bias.

This interview has been edited for length and clarity.

Kate Nalepinski: What exactly is this "manic pixie dream girl" trope?

Alyssa Rodriguez: The director for the film "Elizabethtown" created a character, Claire, and it stemmed from that. The idea of the trope is that these characters are not at all grounded. In reality, they're obscenely quirky, and you love them to death or you hate them. Their function in every story is basically to advance the plot of the male protagonist. So instead of having their own character or their own story, they have an obnoxious personality that washes out any other characteristic that could be interesting. And they don't do anything, except for being a love interest to the male protagonist. Usually,

their purpose is to bring these male characters out of their malaise and contempt for life and show them a new way to see the world, and all that nonsense.

KN: What are some other examples of the trope?

AR: I looked at Margo Roth Spiegelman from "Paper Towns," which is kind of an alternative type of manic pixie girl. I'm doing a whole presentation about her. I also looked at Sam from "Perks of Being a Wallflower"; Alaska from "Looking for Alaska"; Penny from "Doctor Horrible's Sing-Along Blog"; Summer from "500 Days of Summer"; and Ramona Flowers from "Scott Pilgrim vs. The World."

KN: How is this impacting the gender bias and gender as a whole? Is it dividing gender further?

AR: It does give girls a push to like the atypical stuff, like comics, lipstick and punk music, but at the same time, it's reinforcing that highly gendered idea. There's a quote from this book I like, "Appetites," and it says, "Men eat and women feed." This is kind of leading into the same idea that men should be pleased, and women are made to please and don't do anything else. And that's the same double-edged sword. Some people slam the trope as being incredibly misogynistic, but it also tells females they can be atypically feminine and desired. Also, because men are the primary source of these stories,



Senior Alyssa Rodriguez spent the summer evaluating the "manic pixie dream girl," a trope often found in modern media when a quirky woman advances the plot for male characters.

TOMMY BATTISTELLI/THE ITHACAN

they can't conceptualize the misogynistic impact it may have on young readers: girls and boys as a whole.

KN: All of the media you referenced are modern pieces. How has the "manic pixie dream girl" trope integrated itself into modern culture?

AR: Arguably, characters from way back were like this. Like, Holly Golightly from "Breakfast at Tiffany's" and [the protagonist from] "Annie Hall" have been lumped into the same category. Obviously, they're more complex, but they're the beginning stages of that. More recently, filmmakers were trying to emulate those iconic characters from back then. Once Nathan Rabin coined the term "manic pixie dream girl," it took on its own meaning, and it became romanticized. It was a good thing to have these quirky

characters that would save you from your miserable life. And then, Zooey Deschanel became really popular, and her role in "500 Days of Summer" emphasized the "manic pixie dream girl" trope; more recently, in "New Girl."

KN: What was the objective of your project?

AR: My goal was to understand the trope and question what was going on, ask why it was pervasive, and see if writers' usage of the trope was well-intentioned or if they're just projecting their ideals onto these characters. I went in without any thesis or hypothesis. It was kind of like — throw spaghetti against the wall and see what sticks. I just wanted to get a feel of what was going on and then after that, create a unifying theory on the "manic pixie dream girl" and her existence.

A Great Day to Be a Bomber

Ithaca College kicked off its First Bomber Weekend on Aug. 26



ONLINE
For more on the event, go to theithacan.org/first-bomber-weekend

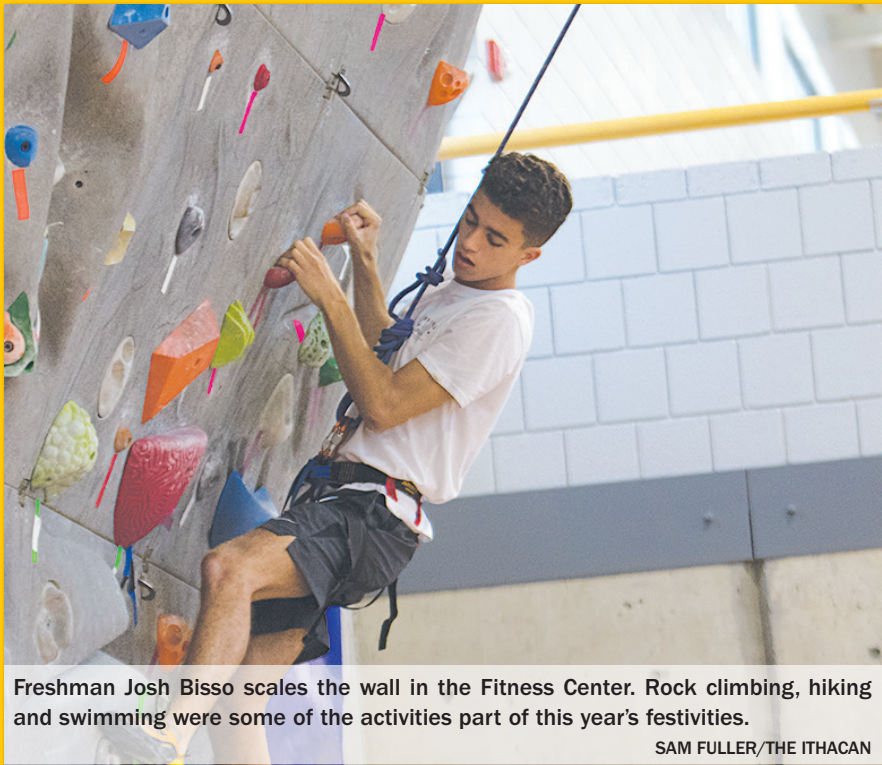
Students gather for an hourlong yoga session to meditate in the aerobics room in the Fitness Center on Aug. 27. Yoga, capture the flag, trivia night, flashlight tag and an ice cream social were some of the many events across campus that students attended during Ithaca College's annual First Bomber Weekend.

CAITIE IHRIG/THE ITHACAN



Sophomore Kathleen Barnes and freshman Jordan Goldstein make colorful tie-dye T-shirts at an event near the Upper Quads.

SAM FULLER/THE ITHACAN



Freshman Josh Bisso scales the wall in the Fitness Center. Rock climbing, hiking and swimming were some of the activities part of this year's festivities.

SAM FULLER/THE ITHACAN



The Welcome BBQ provided students with the opportunity to make new friends in their first week of school — in addition to free food.

FERNANDO FERRAZ/THE ITHACAN



Pitch Please, Ithaca College's all-inclusive a cappella group, performs for a full audience Aug. 27. The group is known for covering alternative and radio pop songs.

FERNANDO FERRAZ/THE ITHACAN



CALLBACK


Last week, The Ithacan followed students through their auditions. Read the story at www.theithacan.org/auditions, and see how students feel about the outcome



COURTNIE ELSCOTT

SENIOR MUSIC EDUCATION MAJOR


“I ended up sitting in the middle of Wind Ensemble, which I’m OK with. I did feel a little disappointed with my audition performance. Despite the misfortune, I learned valuable lessons from the audition process this year, and I’m ready to move forward and prepare for my next round of auditions: grad school!”



KIMBERELY NEUSCHULZ

FRESHMAN THEATER PERFORMANCE MAJOR

“Callbacks were actually a lot of fun! I got to meet a bunch of the upperclassmen, and everyone is so supportive, which is why I love this program so much. I didn’t feel like I was competing against anyone except myself. I was striving for my best performance, which is what I hopefully gave. I didn’t end up getting cast in anything, but I am 100 percent OK with that.”



CHRISTIAN DEFREESE

FRESHMAN MUSIC PERFORMANCE MAJOR

“I ended up getting into both Wind Ensemble and Symphony Orchestra, which I feel happy and excited about. However, one thing that I wish I could have changed was that I likely overdid the practicing, which caused me to not play as efficiently during the actual audition.”



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9/1 BELLA'S BARTOK

9/7 G-NOME PROJECT

9/9 ROOTS OF CREATION

9/14 OF MONTREAL

9/16 THE BIG TAKEOVER

9/23 SAVED BY THE 90'S

9/29 DIARRHEA PLANET

10/1 MARCUS KING BAND

10/6 GET UP KIDS

DOCK

9/11 THE STRAY BIRDS

9/15 PAPER BIRD

9/16 MARTIN BARRE

9/23 AND THE KIDS

9/24 LIVE AT THE FILLMORE

9/30 MOSAIC FOUNDATION

AND STONE COLD MIRACLE

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Big-name actors oversaturate film plotline

BY SAM FISCHER
CONTRIBUTING WRITER

Taking place around the mid-2000's, "War Dogs" is a film focusing on the weapon exchange that occurred during the Iraq War. Crazyness ensues when two sketchy 20-somethings fall into a multimillion-dollar arms deal with the Afghan army. Though funny at times, director Todd Phillips seems to rely a little bit too much on classic film cliches and his lead actors' raw talent to bring the story to life.

The obligatory freeze-frame opening brings viewers through the struggles of David Packouz (Miles Teller). In his attempt to figure out how to make a living, Packouz quits his job as a licensed massage therapist to visit retirement homes, trying to sell sets of high-end linens. Soon after regrouping with his estranged, successful high school friend Efraim Diveroli (Jonah Hill), Packouz and Diveroli slowly begin to establish themselves as weapons dealers for the United States military by making bids on smaller Pentagon contracts and working their way toward bigger ones. They find themselves in over their heads as they're trying to score their biggest deal ever with the Afghan military.

"The Hangover" director Phillips seems to borrow from Martin Scorsese's "The Wolf of Wall Street" — coincidentally also starring Hill — coming out loud and proud with this story about a rambunctious escapade that spans the globe. Though the film is humorous at times and Hill's character provides comic relief, the lack

of dynamic characters and the use of mindless cliches makes the movie less than captivating.

While there are moments of hardship pertaining to the team's trade failures and relationship struggles, both Packouz and Diveroli seem to break free of these issues fairly easily. An all-too-predictable conflict ensues when Packouz's fiancée, Iz (Ana de Armas), leaves her future husband for being unreliable and secretive during his escapades abroad. The scene suddenly shifts, and Packouz and Diveroli resume their roles scamming countries for millions of dollars. This segment of the film just distracts from the main plot of the movie and doesn't exactly add much value to the story other than just making the audience dislike Packouz even more than before. There were far too many lines of Packouz's saying, "No way, really?" after a relatively large issue was resolved. Even about three-quarters of the way through the film, Packouz continues with, "I used to be selling sheets to old people, and now look at me," only emphasizing the lack of empathy the character experiences. However, one minor perk of watching the duo get off the hook with their problems was the instantaneous reaction most viewers felt: boiling anger and frustration against the pair's success. It's difficult for most viewers to remain composed when the two protagonists are ignorant and successful.

Packouz and Diveroli's relationship is certainly an entertaining one: The combination of Packouz's snarky



"War Dogs," directed by Todd Phillips, follows the lives of two discredited men — Efraim Diveroli (Jonah Hill) and David Packouz (Miles Teller) — and their misadventures in mid-war America as they attempt to sell weaponry.

WARNER BROS.

personality and Diveroli's ignorance makes for funny dialogue. However, the protagonists of "War Dogs" aren't dynamic; there doesn't seem to be much growth or change for either character. Not to mention, the story itself didn't do a great job of making the audience feel connected to the characters. Viewers anticipated a complicated plotline and lasting

climax — instead, the movie banks on the raw talent of Hill and Teller just a bit too much without enough conflict to really push the plot further.

Though the story is compelling, the characters of "War Dogs" weren't up to par. Hill seems to be channeling his inner Jordan Belfort a bit as the comedic devil he plays, which he may have learned from Leonardo DiCaprio

in the aforementioned Scorsese flick. Whether on purpose or not, "War Dogs" seems like a dumbed-down version of Scorsese's "The Wolf of Wall Street." Despite the film's flaws, it is no doubt a fun adventure that invites the audience to come along for the ride.

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Intricate sounds top prior albums by artist

BY KATE NALEPINSKI
ASSISTANT LIFE & CULTURE EDITOR

On Aug. 26, Glass Animals released its second studio album, "How to Be a Human Being." Fans had high expectations for the band's new release after its notable 2014 album, "Zaba." The group took on the challenge and managed to perfect its alternative-indie sound, topping the strong elements of "Zaba" and producing a higher quality of sound than ever before.

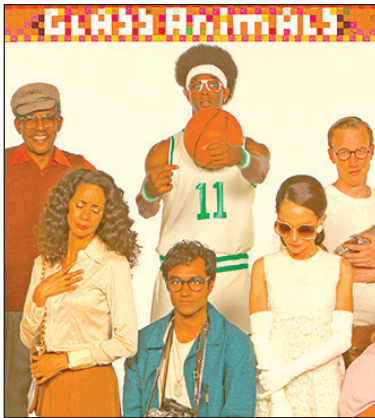
Vivid string instruments ring behind an intense strum of a harp throughout the opening song on the album, "Life Itself." Pounding bongos place themselves center stage, while odd noises from a synthesizer reveal themselves in the track's background. Each song on the release has its own sound, collectively producing an ethereal indie album.

ALBUM REVIEW
Glass Animals
"How to Be a Human Being"
Caroline Records
Our rating: ★★★★★

Songs like "Pork Soda" and "Mama's Gun" have a calmer and more intimate sound than the other ones on the record, emanating something similar to the warmth of a bonfire in the middle of summer. Meanwhile, releases like "Cane Shuga" and "The Other Side of Paradise" send listeners into a trance-like state, complete with dubstep breakdowns that aren't overwhelming for listeners.

Somehow, Glass Animals created a sound so intricate that regardless of the listener's environment, the album feels full and complete. This album is ideal for loud parties on Friday nights, but it also includes tunes that can create a calmer atmosphere more appropriate for a rainy evening.

The variety of the contrasting rhythms throughout the album eventually converge into a steadier beat. As the pace of the music slows down, the lead singer, Dave Bayley, graces listeners with his sultry voice and a peaceful melody that includes low beats and complex sounds.



CAROLINE RECORDS

Glass Animals hits an ultimate crescendo with "Poplar St.," producing a balance among deep, passionate vocal notes from Bayley, high guitar riffs, rich synthesizers and slow snare drum beats.

After its 2014 album release of "Zaba," Glass Animals had garnered worldwide prestige, and critics were skeptical about the group's producing an album equally magnificent. However, Glass Animals, which is known for its alternative sound, blew fans and listeners away with "How to Be a Human Being."

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Outdated songs fail

BY ANGELA WELDON
STAFF WRITER

Pop icon Britney Spears is hitting the music scene again with her ninth studio album, "Glory,"

ALBUM REVIEW
Britney Spears
"Glory"
RCA Records
Our rating: ★★★★★

This highly synthesized pop album debuts nearly two decades after her first hit single, "... Baby One More Time," lit up the charts in 1998. Certainly one of the greatest pop icons of her generation, Spears provided the background music of many 20-something-year-olds' lives, but few anticipated her return to the music scene.

Despite Spears' past success, her latest release does not measure up to her prior style. Her signature '90s sound — the peppy synth beats, generic bass drops and basic

lyrics — feels stale compared to that of her contemporaries, like Nicki Minaj and Beyoncé. Each song may have topped the charts in Spears' heyday, but now the tracks feel forced and inauthentic. Her album may have been better received had she made more of an effort to stay current.

Spears is outdated, and "Glory" bluntly shows it. Although the album provides an amusing blast from the past for listeners and longtime Spears fans, although it's not worth a second listen.

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RCA RECORDS

QUICKIES



RCA RECORDS

"GET RIGHT"
Jimmy Eat World
RCA Records
Alternative-emo group Jimmy Eat World released its single "Get Right" on Aug. 21. A combination of both punk and alternative, the group's usage of gritty lyrics and guitar riffs sends listeners back to the group's hit "The Middle."



CANVASBACK

"TRAUMATIZED"
Grouplove
Canvasback
Grouplove released its recent single, "Traumatized," on Aug. 25 to preview its upcoming album, "Big Mess." The song's delicate, romantic lyrics complement the intense rise of drum beats throughout the tune.



ATLANTIC RECORDS

"WYCLEF JEAN"
Young Thug
Atlantic Records
Hip-hop beats and complex rhymes unite in the release of "Wyclef Jean" from Young Thug, out Aug. 25. Young Thug (aka Jeffery) shows his true colors with this single, as it discusses the financial problems associated with young rap artists.

THURSDAY, SEPTEMBER 1, 2016



Sophomore Marc Barbieri lunges while carrying a barbell with two 45-pound weights across the field. The football team used Applied Performance Sciences during its offseason.

PHOTO COURTESY OF ANTHONY*



Members of the football team talk to Applied Performance Sciences staff after completing a pool team-building workout consisting of military-style training and communication drills.

PHOTO COURTESY OF ANTHONY*



The football team holds a plank during one of its workouts. Ithaca College got the idea to implement the program after head football coach Mike Welch met the organizers in 2015.

PHOTO COURTESY OF ANTHONY*

SEAL TEAM BOMBERS

Four varsity teams used Applied Performance Sciences in their offseasons

BY MATT HORNICK
STAFF WRITER

Bear crawl 50 yards, flip the tire 25 yards, carry the tire overhead 25 more yards. These are three pieces of a relay that four Ithaca College athletic teams did when working with Applied Performance Sciences.

Developed by Navy SEALs in conjunction with both professional sport and Olympic coaches, such as John Underwood, who trained more than two dozen Olympians, the overall goal of Applied Performance Sciences is to maximize human performance. The program — which the college adopted this year to help the football, wrestling, men's lacrosse and men's basketball teams improve their game — employs a combination of physical, military-style training; communication drills; and lifestyle lessons.

The program is split into two parts: physical training to enhance teamwork and mental fortitude, and classroom sessions to reaffirm what was learned during the physical training and teach about lifestyle changes that allow a person to perform at their peak.

The idea to implement the program came in the summer of 2015 when many of the college's coaches, including head football coach Mike Welch, went to the Olympic training facility in Lake Placid, New York, and met with members of the Applied Performance Sciences team. He said that once he was introduced to the program, he knew it would benefit his team.

"We all really liked the message and the things they were saying as they related to building teams and athletic performance, and we're all about getting better, so we brought them in," Welch said.

Petty Officer First Class Anthony* created the Applied Performance Sciences program after leaving the Navy SEALs. He said he was not interested in paths that many SEALs took, such as business school or private security. He and some other ex-SEALs began speaking at colleges and universities about leadership, and they eventually developed Applied Performance Sciences.

"We have a number of different sectors that we work in with the goal of maximizing human performance, whether that is with student-athletes, students trying to improve how well he or she can retain information, corporate groups, and first responders such as fire departments, SWAT teams and police officers," Anthony said.

With these goals in mind, Anthony and some of his colleagues at Applied Performance Sciences visited the college twice to work with the college's football, men's basketball, wrestling and men's lacrosse teams.

Much of the physical training was done in the form of relay races in which the teams were separated into smaller groups called "crews," which were predetermined by the coaches. Each crew chose a leader, and the leaders were then given a detailed description of the relay, which they then had to communicate back to their crew.

The winner was not determined by who finished the relay the fastest, but by who followed the directions the closest.

"If every crew did an exercise wrong except for one team and that team finished last, the team that finished last would win because they

did the exercise exactly how we told them to," Anthony said. "We want them to do it as quickly as possible, but we care more about the quality and attention to detail."

When the student-athletes were told they would be participating in the program, they were very receptive.

Rob Barbieri, senior defensive lineman for the football team, said he found the training particularly interesting because he comes from a military background.

"My father is in the Marine Corps, so I have a deep admiration for any of the armed services, and to know we were working with Navy SEALs, who are the best of the best, we were very excited," Barbieri said.

Marc Chasin, junior guard for the men's basketball team, said he was very open to the idea of the training.

"Our goal is to win, so we were willing to do what it took to gain some ground on our competition any way we can," Chasin said.

Two of the program's main messages are teamwork and communication, which made a strong impact on the college's wrestling team. Senior wrestler Jimmy Kaishian said it helped the team off the wrestling mat.

"It takes a team to win, which requires leaders to push everyone to places they wouldn't have gotten to on their own. The SEALs made people who wouldn't have otherwise stepped up, step up," Kaishian said.

Anthony said the program's focus is not on the physical aspects of athletic excellence but rather on the mental and teamwork aspects.

"Our job was not to make the teams bigger, faster or stronger," Anthony said. "We use the physical training as more of a way to work on communication, leadership and attention to detail."

After the workouts, the teams went into classrooms with their coaches, and the SEALs would break down everyone's performance during the events. Anthony said while recognizing success is important, the focus of these sessions was intended to improve upon mistakes.

"During the debriefs, we would acknowledge those who did well, but for us, it is much more important to address those who didn't do well and make sure we put them in a position to improve in whatever ways they struggled," Anthony said.

Senior quarterback Wolfgang Shafer said he found this part the most important of everything they did in the program.

"My favorite part was we got to go in and get on the blackboard and talk about leadership and how we can have a team full of leaders instead of just a handful of leaders on the team," Shafer said.

The Applied Performance Sciences team impacted each team differently, but all had positive takeaways. Jake Cotton, junior attackman for the college's men's lacrosse team, said his team saw an increased feeling of togetherness due to the program last season.

"It brought us closer together both on and off the field," Cotton said. "The guys were really cool and gave our team really good lessons to go by."

*Last name omitted for security reasons

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Scholar discusses China and sports

BY VINICA WEISS
SENIOR WRITER

As part of the Health Promotion and Physical Education Speaker Series, Jinxia Dong — director of the Peking University Research Centre for Gender, Sports and Society — visited Ithaca College on Aug. 29 to speak about the evolution of “Women and Sport in Modern China.”

Dong has been invited to universities and international conferences in Germany, Canada, the U.S., Greece and Denmark to lecture and present her research on sport, women and society in China. Her book, “Women, Sport and Society in Modern China: Holding Up More Than Half the Sky,” also explores the rise of female athletes and their relationship with politics, culture and society.

Senior Writer Vinica Weiss spoke with Dong about her research, women’s relationship with sports and politics in China and how this relationship differs from in the U.S.

Vinica Weiss: What influenced you to research women and sport in China?

Jinxia Dong: I was a gymnast myself and then later on was involved in a number of research and judging activities, so I had the chance to meet different female athletes and coaches. ... Then I went to Britain to study my Ph.D., so I chose the subject — women’s sports — as my Ph.D. topic. A few years later, 1995, [The Fourth World Conference on Women] was held [in Beijing], and that also helped me think about women’s sports in terms of gender relations.

VW: How have sport and politics in China been intertwined, specifically in regard to women’s sport?

JD: The new government was established in 1949, and China wanted to build a new image in the world. Sport was one of the few opportunities to build a new image ... because women could have more opportunities to win medals and achieve good results in competition, so that’s why women were given much more opportunities and favorable treatment.

VW: Is there not a wide gap between men’s and women’s sports in China?



Dr. Jinxia Dong visited the college Aug. 29 to talk about the evolution of “Women and Sport in Modern China.” Dong received her Ph.D. from the University of Strathclyde in the United Kingdom.
DANIELLE ALLENTUCK/THE ITHACAN

JD: The Chinese system was mostly a state-sponsored system for sport, so this system hasn’t changed completely, but few sports have changed, like football; basketball; partially, tennis. I think tennis — women did very well, and most successful female players earned more than men did. They had more opportunities going abroad to compete, so sometimes men complain about unequal treatment to them. In football, I think women don’t have the same opportunity to have sponsorships.

VW: You spoke about the Olympic Games and their impact on China. What did hosting the 2008 Beijing Games mean for China, especially for women?

JD: To host the mecca event is a good chance for China to show the world their image, their achievement, so China really took that very

seriously, and in hosting the games, women have played a very important role, not just for athletic participation, but a lot of women were involved in value management, hotel, transport, financial management, nearly every sect. A lot of women were involved, including many volunteers.

VW: Where do you see women’s relationship and role within sport going in the future?

JD: Chinese women will continue to play an important part in ensuring Chinese success in international competitions. But men will also do much better than they did before, so the differentiation between men and women will be closer. Women will certainly be a major part continually.

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NICK FUSTOR

Tennis team is undervalued

Think about what ESPN airs during the dog days of summer. No, not basketball. Uh, sorry, football and hockey haven’t started yet.

Nope, definitely not hockey. Sure, baseball is on, but that’s usually only on Sunday and Wednesday nights.

Most of the time, the network is airing SportsCenter, the X Games or, more typically, tennis matches on repeat.

Tennis, only the fourth most popular sport in the world, has an estimated one billion fans. With household names like Serena Williams and Novak Djokovic, there’s always a storyline to follow during the tennis season.

So why does nobody care about college tennis?

College football and basketball dominate national headlines, lacrosse and baseball occasionally make the news, and track and field stars have the chance to go to the Olympics.

But tennis players must be at the absolute peak of their game and in the right place at the right time to succeed on a national scale.

Well, there’s reason to follow the women’s tennis team at Ithaca College.

Head coach Bill Austin has been leading the team for 17 years and has helped the team win 11 straight Empire 8 Conference Championships.

Eleven years in a row. Think about that. Austin has led teams through a great deal of change at the college: a new president, new staff in the Office of Intercollegiate Athletics and the resignation of soon-to-be-former president Tom Rochon.

The team consistently dominates Empire 8 opponents and consistently plays well during the spring season, during which they attempt to make the NCAA Tournament.

The team has won 11 straight Empire 8 titles, a streak that no other team at the school has come close to.

By winning the Empire 8 Championship, the team earns an automatic bid to nationals.

Austin’s rosters have consisted of players from across the country. From California to New York City, the team’s dominance has drawn the interest of plenty of hopeful young players.

This past season saw the rapid ascension of senior Haley Kusak, the team’s top player in both doubles and singles, as she earned Empire 8 Player of the Year.

To top it all off, Austin earned his 10th Empire 8 Coach of the Year award.

Going forward, expect the women’s tennis dominance to continue — whether you’re watching or not.

FUSTORS FUMBLES is a sports column written by Nick Fustor. FUSTOR is a junior journalism major. Connect with him at nfustor@ithaca.edu and @FustorThePeople.

Runner trains at high altitude in Denver

BY SARAH RESMAN
STAFF WRITER

Over the summer, junior Taryn Cordani sought out opportunities almost 2,000 miles away from home. She was also roughly 1,600 meters above sea level.

Cordani spent most of her summer in Denver as a communications intern at the Wilderness Society, which is a leading conservationist organization in America.

While in Denver, she said, she was also interested in running with a group in order to stay in shape.

Many professional athletes train in Colorado or other places of high altitude because the thin air makes breathing harder, which, in turn, makes for easier breathing when the athlete returns to sea level.

Cordani sought out the Denver Track Club to do this type of training.

“I looked up every running club in Denver and found the Denver Track Club,” Cordani said. “Denver is a very active city, so there’s a big running community.”

The Denver Track Club is an International Athletics Team that was created in 2012.

The club is an adult program mainly geared toward athletes who have finished their college running careers, but not exclusively. The club accepts all levels of athletes to give everyone an opportunity to improve their running.

Cordani said she respects how seriously the runners take their training. “They have normal jobs, and after



Junior Taryn Cordani poses with Sophie Galleher, a member of the Denver Track Club. Cordani spent the summer running at high altitude.
PHOTO COURTESY OF TARYN CORDANI

they go to work, they go to practice. They compete against other college athletes and try to compete to maybe go professional — some of them are pretty talented,” Cordani said.

However, Cordani said the altitude training was harder than she expected, especially in the beginning.

“The first time I ran in Denver, I was coming back from taking time off from nationals,” Cordani said. “I was expecting the worst, but it actually wasn’t that bad. The next day and week, though, it felt like a bus had hit

me. Altitude change impacts everyone differently, but I had trouble adjusting at first.”

Tim Badger, one of the coaches and a managing director, said he was glad to have Cordani practice with his team.

“She fit in great,” Badger said. “From day one, she was willing to have an open mind and listen to the input she was given.”

Erin Dinan, the head coach for women’s cross-country, said she gives out summer training programs to all

of the athletes and Cordani took it upon herself to seek out a team.

“I think it was a really good experience for her to run with people and be able to train with people all summer, and I think it helped build her confidence to trust in her abilities,” Dinan said.

Badger said they bumped up the mileage that Cordani was running and that, along with practicing in the high altitude, will make for noticeable improvement.

“She continued to improve and get a lot faster by the time she left,” Badger said. “She was already pretty tough, so we’re excited to see what she does this season — she’s going to be killer.”

She began running cross-country last season. Cordani placed first at the Empire 8 Championships and qualified individually for the NCAA Division III Cross-Country Championships. She placed 14th and earned All-American honors.

Dinan said she is excited to see what this season brings for Cordani, knowing that she is very self-driven athlete.

“Taryn is a very strong athlete in general and is someone who is very goal driven,” Dinan said.

Cordani said overall, the altitude training put her in a good place to begin the cross-country season.

“When I got back on the east coast, I felt light as a feather and workouts were insanely easier,” Cordani said.

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Men's soccer coach plays in charity event

BY LAUREN MURRAY
ASSISTANT SPORTS EDITOR

Patrick Ouckama, Ithaca College's head men's soccer coach, laced up a pair of ice skates to face-off against Olympians and professionals in the third annual Racker Rivals Big Red charity hockey game Aug. 6.

The event benefits the Franziska Racker Centers, a nonprofit dedicated to supporting people with disabilities and creating opportunities for them to lead fulfilling lives.

The game was held at Lynah Rink on Cornell University's campus.

Ouckama played alongside Olympians like Lauriane Rougeau; Paralympians like Josh Pauls; and NHL stars, including Joe Nieuwendyk, Dustin Brown and Kevyn Adams.

Ouckama said he grew up playing hockey, and he played with Brown, who now plays for the Los Angeles Kings, during their time at Ithaca High School.

"I was able to be lucky to participate in that event, and it was certainly eye-opening being on the ice with players of that caliber," Ouckama said.

During the game, Ouckama even scored a goal. He put one in the back of the net very early into the game when beat four defenders and hit a shot into the top left corner of the goal.

His pledge captain, Patrick Bohn '05, a faculty member in the Department of Media Arts, Sciences and Studies at the college, said Ouckama scored one of the best goals of the night.

Bohn said some of the skills Ouckama learned during his time on his high school hockey team transferred over to the game.

As Ouckama's pledge captain, Bohn helped Ouckama raise money for the event.

Bohn and Ouckama were in elementary school together, and they were brought back together again when the Racker center was planning this event.

Bohn's wife, Ashley, is the marketing specialist at Franziska Racker Center and, growing up, Bohn

used Racker's services for physical and occupational therapy.

Each player in the event set up a fundraiser online. Ouckama's goal was to reach \$500, and he exceeded his amount by 305 percent, raising a total of \$1,525 with help of 37 donors. Ouckama and Bohn raised the fourth-highest amount in player pledges.

In total, the event raised \$120,079.60 through ticket sales, online player pledges, private donations, sponsorships, merchandise sales and a silent auction.

Bohn said the crowd of approximately 2,000 people was happy to see that most of the players were representatives of the community.

"Patrick Ouckama representing Ithaca College, and Paul Zarach representing Ithaca High School ... I think people like seeing people they know and people they recognize in the community being a part of this event," Bohn said.

Senior Scott Halpern, a member of the Ithaca College men's soccer team, said Ouckama takes a lot of pride in the Ithaca community and giving back to his hometown.

"He's very committed and passionate about the Ithaca community," Halpern said. "He loves hockey a lot, and when he gets the opportunity to get out there and play, he takes full advantage of that."

Ouckama said he was honored to be a part of the event.

"The best part of the event is being around the people there in the locker rooms, working for a great cause," Ouckama said. "Everyone at the Racker Center is just so fantastic. They are doing a fantastic job there. My hat's off to them and not only what they do, but the way they do it. They are some of the most supportive and greatest group of people I have ever met."

Contributing Writer Jeb Biggart contributed reporting to this article.

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Patrick Ouckama, Ithaca College head men's soccer coach, poses with his pledge captain Patrick Bohn at the game Aug. 6.

PHOTOS COURTESY OF ASHLEY BOHN



Ouckama plays in the Racker Rivals Big Red charity hockey game Aug. 6 alongside Olympians, Paralympians and NHL players.

PHOTO COURTESY OF NED DYKES

Senior tennis player joins team after Rio internship

BY CASEY KOENIG
STAFF WRITER

Senior Madeline Overholt was one of three Ithaca College students to travel to Rio de Janeiro to intern with NBC, covering the Summer Olympics. However, taking this opportunity meant missing half of her tennis preseason.

"If the Olympics ran further into my season, I would have been more hesitant," Overholt said. "I could not give up the opportunity to at least apply to the Olympics."

The tennis preseason began Aug. 21, and the team's first match is Sept. 4. Overholt did not return to Ithaca until the weekend of Aug. 27.

The application process ended in May 2015. Overholt, along with more than 2,000 other college students from across the country, applied online and went through a series of interviews throughout the summer of 2015.

One hundred fourteen were selected to intern in Rio while others would intern for NBC in Connecticut, including nine students from the college. Overholt learned she was selected in January.

While in Rio, Overholt was an NBC runner at the Olympic Golf Course, where her job was to assist production in any way possible.

She worked with members of the Golf Channel in producing both "Live From," which is the pre- and post-golf show, and the "Unilateral" show, which covers the tournament in its entirety.

To compensate for not being able to train at home or at the college, Overholt said, she used the resources she had available in Rio. She used stairwells, furniture and the surrounding area as an alternative gym.

Her exercises included sprinting up the

stairs of her eight-story building and jumping rope. She said her main focus was on strength and conditioning, which included regular stroke drills and figure eights.

She has also been working alongside a member of Princeton University's women's track and field team, and together they trained for their upcoming seasons.

"She has been extremely encouraging throughout my time here," Overholt said. "We motivate each other to work out even after our 12-hour shifts."

Overholt said tennis is just as much a mental sport as it is a physical one, so to keep up her mental game, she reread "The Inner Game of Tennis" by W. Timothy Gallwey.

"This is a book that has greatly benefited me in the past with handling the psychological stress on court," Overholt said.

Last season, Overholt had an overall singles record of 3-2 and was 2-0 within the Empire 8. The previous season, she was 7-4 in singles play overall and 5-0 in the Empire 8.

Overholt said her coaches — Bill Austin and Jordan Smith — have been supporting her and keeping in touch with her throughout the summer.

Overholt is the second tennis player from the college to intern at the Summer Olympics. In 2012, then-men's tennis player Kyle Reither interned at the London Olympics. Austin said Reither felt that he had the experience of a lifetime in London.

"For him to be able to share what he did over there with everyone else on the team was really cool, and my guess is Maddie's going to come back with a lot of stories and a lot of things that she learned over there that she's going to share with the team, and it's an experience that can't be duplicated," Austin said. "It's just wonderful that Ithaca College has



Senior Madeline Overholt, a member of the Ithaca College women's tennis team, interned for NBC Olympics in Rio de Janeiro. She was one of 13 students from the college selected.

PHOTO COURTESY OF MADELINE OVERHOLT

that relationship that allows these kids to do that."

Sophomore Caroline Dunn said last week that she is confident that Overholt's transition back to the team will be easy because she is always working hard and giving extra effort.

"Because of her experiences at the Olympics, it will help motivate her to be the best she can be for her last year here at IC," Dunn said. "I'm excited for her to return and bring up the energy for our team because we do miss her."

Austin said Overholt is very involved in things besides tennis on the campus and that her time in Rio will help her grow as a leader, both on the court and off.

"She likes to be involved, and that's a great form of leadership," he said. "I think it's a great

experience for her — what a life experience that is. And that life experience that she can share with the rest of the team is going to help them, too."

Even though Overholt was able to train in Rio, she said she knows she won't be in the shape she usually is in when the season starts, but that was a sacrifice she was willing to make.

"I knew it would definitely be a setback for me on the court, and that is something I have been able to mentally prepare for," Overholt said. "I understand that I am not going to be hitting as well initially, but with practice and patience, I will hopefully be able to get to where I want to be on the court."

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the
Buzzer

FUN TO BE FIT

Stay in shape at the improved Ithaca College Fitness Center

BY LAUREN MURRAY
ASSISTANT SPORTS EDITOR

The Ithaca College Fitness Center underwent renovations prior to the Fall 2016 semester to update and maintain the facility.

The Fitness Center opened in August 1999, and on May 10, the college announced the center will be replacing and updating the flooring, lighting and paint throughout the building.

New hardwood flooring was put in the Mondo Gym, and padded flooring was added to the exercise area and the weights section on the top floor.

The locker rooms, located on the lower level, also received new carpeting.

The college logo has also been added to numerous locations throughout the facility, including the Mondo Gym on the lower level and part of the flooring in the weight-lifting area.

The staff is now operating under a new computer system for checking in and checking out equipment.

Fitness Center employee junior Nicole Veltri said the newly designed gym is much brighter and the new system for employees is more user-friendly.

“The new rental system is so easy to use,” Veltri said. “They like that it’s bright and more modern, and it makes it look bigger. It’s airy and not as stifling as the maroon and yellow was.”

JADE CARDICHON/THE ITHACAN

AEROBICS ROOM



The Fitness Center added new hardwood flooring throughout the facility. New padded flooring was added to the exercise area and the weights section on the top floor.

JADE CARDICHON/THE ITHACAN

WEIGHT ROOM



The new Ithaca College logo has been added to the new padded flooring in the weights area and to the hardwood floor of the Mondo Gym on the lower level.

JADE CARDICHON/THE ITHACAN

FITNESS CENTER CLASS SCHEDULES

	YOGA	CYCLING	TRX	BODYPUMP	GET HIIT	ZUMBA
SUNDAY			5–5:45 p.m.			6–6:45 p.m.
MONDAY	4–5 p.m.	5:15–6 p.m.	6:15–7 p.m.	6:45–7:30 a.m.		
TUESDAY		6:15–7 p.m.		4–5 p.m.	4–5 p.m.	5:15–6 p.m.
WEDNESDAY	5–6 p.m.	6:45–7:30 a.m. 4–4:45 p.m.			4–5 p.m.	6:15–7 p.m.
THURSDAY		4–4:45 p.m.		6:45–7:30 a.m. 6–7 p.m.	4–5 p.m.	5–5:45 p.m.
FRIDAY	3–4 p.m.	5:15–6 p.m.		12–12:45 p.m. 4:15–5 p.m.		
SATURDAY				12–1 p.m.		

Ithaca College resident assistants find creative ways to present useful information and spice up the hallways

