

THE ITHACAN

THURSDAY, OCTOBER 20, 2016 • VOLUME 84, ISSUE 8



WIZARDS & WANDS

The second annual Wizarding Weekend will take place Oct. 27–30 in downtown Ithaca.

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BEATING CAREFULLY

Graduate student with heart problems returns to the pool after taking a year off to get healthy.

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DISHONORABLE

The Honors Program needs more administrative support to address problems that have arisen over the years.

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Honors Program in crisis

BY SOPHIA TULP
STAFF WRITER

No candidates have formally applied to be director of the Ithaca College Honors Program, with fewer than two months until the position becomes vacant. The two most recent directors said this underscores structural problems within the Honors Program that have gone unaddressed by the administration.

Danette Johnson, vice provost for educational affairs, said the internal search has spanned five months, with two calls for applications going out to all tenured faculty members, one in June and one in August. However, no candidates have formally applied as the Dec. 1 deadline to fill the position approaches, which Johnson said has not happened before in searches she has participated in.

“I wish this position had been filled six months ago,” Johnson said. “But there is still some time to do — obviously the window is shrinking — a formal transition with Dr. Pfaff.”

Thomas Pfaff is the current Honors Program director and professor in the Department of Mathematics. He announced May 3 in an email to honors students that he would be stepping down from the director position after the fall semester following disagreements over compensation and support from the Office of the Provost. His last day in the position is Dec. 16.

“I think it’s fair to say that the Honors Program is in a bit of a crisis at the moment,” Pfaff said. “We are at a point in the semester where the time left to even bring someone up to speed really isn’t sufficient, and so that’s problematic.”

Johnson said the Honors Program Steering Committee is having informal conversations “with a couple people” who have expressed interest and are deciding whether or not to put in formal applications. But she said she firmly believes the program will identify a new director by Dec. 1 and that the Honors Program will continue to function.

The search is completely internal and limited to full-time faculty at the college. A faculty member would teach classes in their department in addition to serving as director.

Johnson said for this search, there are a number of factors that might be limiting the applicant pool. Primarily, she said the timing of taking on this position conflicts with faculty members who are looking to be promoted to full professors in the next few years, as the duties of being the director prevent applicants from also completing research. She also said the public concerns voiced by Pfaff regarding the lack of compensation and administrative support could be influencing potential candidates.

In a letter of resignation he sent to the Honors Program Steering Committee on April 28, Pfaff said the requirements of his position had expanded as the program

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UNION UPROAR

Community rallies in support of contingent faculty



Students hold signs at a rally for contingent faculty organized by IC Students for Labor Action on Oct. 19 at the Free Speech Rock. SAM FULLER/THE ITHACAN

BY GRACE ELLETON
ASSISTANT NEWS EDITOR

Security stood outside Emerson Suites as contingent faculty attempted to go inside, where the Ithaca College Board of Trustees was having dinner with tenured faculty

members the evening of Oct. 19.

The contingent faculty members had just come from a rally organized by IC Students for Labor Action at the Free Speech Rock outside the Campus Center, where they criticized the administration for not providing

enough support for part-time and full-time contingent faculty.

“Some of our faculty are on food stamps while the board of trustees are having cocktails right in front of them,” senior Taylor Ford, president of IC Students for Labor Action, said

at the rally.

As a crowd of approximately 300 faculty and staff members and students gathered, many held signs that read “Invest in our teachers”

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Candidates offer higher education plans

BY AIDAN QUIGLEY
NEWS EDITOR

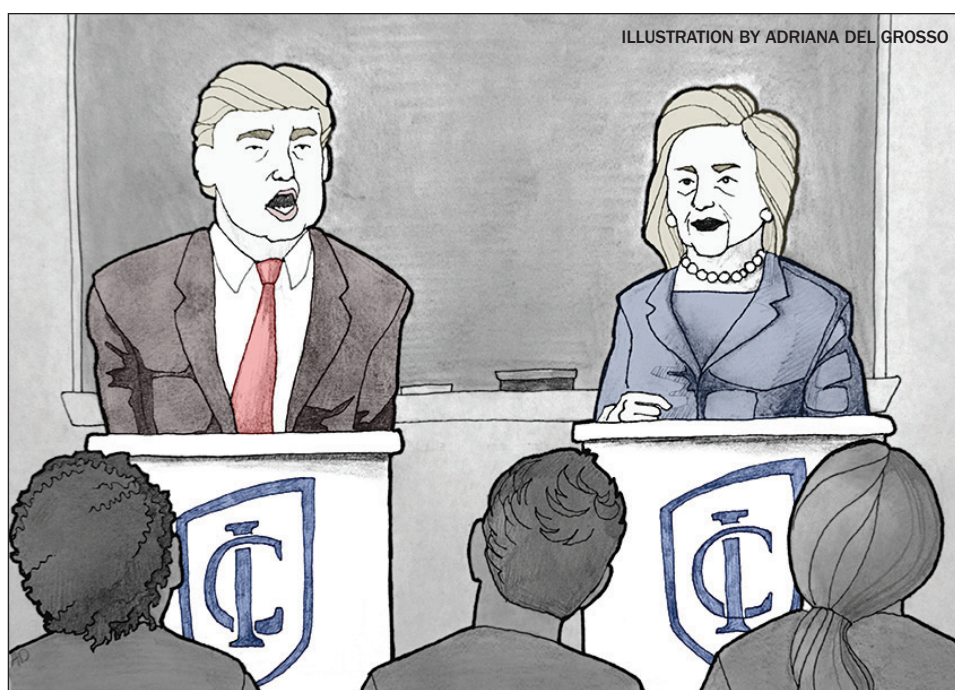
This year’s presidential campaign between Democratic nominee Hillary Clinton and Republican nominee Donald Trump has been characterized more by personality than by policy.

Among the policy discussions, higher education has been less prominent than a handful of other topics, including immigration, national security and trade. However lesser-known the proposals, their potential impact on private colleges could be significant.

Clinton has released a plan calling for free tuition at public colleges in their home states for students with a family income below \$125,000. Economists predict such a plan could reduce enrollment at private institutions and could affect Ithaca College.

Trump has remained vague about his higher education plan. He has spoken of income-based repayment plans for student loans, and of requiring colleges with large endowments to annually use their returns on endowment investments to lower tuition costs, an idea U.S. Rep. Tom Reed, whose district encompasses Ithaca, has championed. However, the college’s endowment is not large enough to fall into this category.

“The magnitude of ... debt is getting people’s attention,” said Robert Kelchen, assistant professor of higher education at Seton Hall University in New Jersey. “And there’s frustration from policy makers and the public, that they keep putting more money into higher education, and tuition and fees keep rising.”



Clinton’s Plan

Clinton’s plan calls for free tuition for students with a family income up to \$125,000 at their home state’s public colleges by 2021. The plan would immediately go into effect for students whose family income is below \$85,000.

She is also calling for free tuition at community colleges, more child support services for students who are parents and the creation of a \$25 billion fund to support historically

black colleges and universities and other minority-focused institutions. The plan calls for a three-month moratorium on loan payments for all federal student-loan borrowers. It also would provide aid for borrowers in refinancing loans, and it would lower interest rates on loans.

Clinton’s campaign estimates that her plan would cost \$500 billion over a decade and would be paid for by eliminating tax loopholes

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NATION & WORLD

Mosul residents report violence as Iraqi forces move to retake city

On the eerily quiet streets of Mosul, fighters from the Islamic State group are killing suspected spies, blocking roads and planting bombs ahead of a showdown with Iraqi forces.

Residents who have endured over two years of militant rule describe a city under siege, and they said a new sense of terror has set in since Iraq announced the start of a long-anticipated operation to liberate its second-largest city.

“The situation inside Mosul is terrifying,” one resident said. He said he has stocked food, water and cooking gas for 40 days, and bought an oven to bake bread.

Russia and Syria halt airstrikes on Aleppo ahead of 8-hour lull

Russian and Syrian warplanes halted their airstrikes on Syria’s besieged city of Aleppo on Oct. 18 in preparation for a temporary pause in the military push that Moscow has announced for later in the week, the Russian defense minister said.

Defense Minister Sergei Shoigu said the halt in the strikes should help pave way for militants to leave the eastern rebel-held parts of the contested city.

Both Russian and Syrian air raids on the northern city of Aleppo were suspended at 10 a.m. Oct. 18, Shoigu said.

Over 100 girls appear unwilling to leave Boko Haram in Nigeria

Nigeria’s government is negotiating the release of another 83 of the Chibok schoolgirls taken in a mass abduction 2 1/2 years ago, but

more than 100 others appear unwilling to leave their Boko Haram Islamic extremist captors, a community leader said Oct. 18.

The unwilling girls may have been radicalized by Boko Haram or are ashamed to return home because they were forced to marry extremists and have babies, Chairman Pogu Bitrus of the Chibok Development Association told The Associated Press in a telephone interview.

Buhari said Oct. 18 that his government is prepared to talk with Boko Haram as long as the extremists agree to involve organizations like the International Committee of the Red Cross, which was an intermediary in last week’s release.

Rolling Stone defamation trial over 2014 gang-rape story begins

The woman who claimed she was gang raped in a now-discredited story in Rolling Stone magazine said the University of Virginia dean who counseled her after she came forward about her alleged assault “did everything right,” an attorney said Oct. 18.

The attorney’s comment came during the opening of a \$7.85 million defamation trial against the magazine over its November 2014 story “A Rape on Campus.” It was the first time that any portion of the deposition from the woman identified in the article only as “Jackie” has been publicly revealed.

University administrator Nicole Eramo claims the article cast her as the “chief villain” who sought to protect the school by discouraging Jackie from reporting her alleged assault to police.

Eramo’s attorney said Jackie’s remarks



Haiti faces aftermath of hurricane

Security closes the gate on people trying to enter a yard where food distribution was to take place in Maniche, Haiti, on Oct. 17. Tensions were rising here when the food delivery still had not arrived. People said they had been told the distribution would be the day before, and some had walked six hours and then had to wait overnight.

REBECCA BLACKWELL/ASSOCIATED PRESS

contradict the magazine’s portrayal of the dean as indifferent.

Class-action lawsuit seeks help for students in Flint, Michigan

Several families filed a class-action lawsuit Oct. 18 against the state of Michigan and the Flint school district, saying more needs to be done to help students whose academic performance and behavior have worsened because of the city’s lead-tainted water.

The school system was already struggling before Flint’s water supply was contaminated by

lead over an 18-month period. The city switched to a new water source, the Flint River, in 2014, but the corrosive water was not properly treated.

The 15 families said the Michigan Department of Education, the Flint district and a countywide district already are not complying with laws intended to help disabled students, and they said the lead crisis is only compounding the problem.

There is no dispute that lead affects the brain and nervous system. No safe lead level in children has been identified by experts.

SOURCE: ASSOCIATED PRESS

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Miles for Munchkins: 100-mile bike ride

Graduate student Kristopher Bosela biked 100 miles for the Big Brothers Big Sisters organization of Ithaca and Tompkins County.

Crew vs. Sculling

Animator Peter Champelli illustrates differences between two similar sports offered at Ithaca College: crew and sculling.

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Local wings restaurant shuts down

BY JACK SEARS
STAFF WRITER

Wings Over Ithaca is now permanently closed after the owner was charged with 26 felony counts of tax evasion.

Bruce McPherson, the owner of M&C Wings LLC, pleaded not guilty to all of the charges in Albany City Court on Oct. 11. McPherson was charged with second-degree grand larceny, second-degree criminal tax fraud, four counts of third-degree criminal tax fraud and 20 counts of first-degree offering a false instrument for filing, according to the New York state Department of Taxation and Finance.

Mitchell Blinn, former Wings Over Ithaca general manager, confirmed that the establishment, located at 335 Pine Tree Road, is closed.

McPherson allegedly falsified documents to avoid paying over \$220,000 in taxes between December 2010 and May 2015, according to a statement from the New York state Department of Taxation and Finance. If convicted, McPherson faces up to 15 years in prison.

The Albany County Financial Crimes Unit is investigating McPherson, said Cecilia Walsh, spokeswoman for the district attorney’s office.

Senior Zack Lisien said he is sad to see Wings Over Ithaca go and enjoyed dining there while it was open.

“I’m definitely surprised,” he said. “It was the only place I could get wings around here.”

The charges against McPherson came as a surprise to Blinn. He said he was aware McPherson was having “tax problems” but was told the issue was addressed.

“I was led to believe it was taken care of,” he said. “That was over a year ago.”

McPherson did not respond to requests for comment.

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Title IX creates new committees

BY SOPHIA ADAMUCCI
CONTRIBUTING WRITER

Ithaca College’s Title IX coordinator, Tiffani Ziemann, has created new plans and committees for the 2016–17 academic year to raise awareness about sexual assault and gender discrimination at the college.

The two new committees will begin meeting this semester and include faculty, staff, student and community representatives from the Advocacy Center of Tompkins County — a local nonprofit that provides support and education for survivors of domestic violence.

One of the new committees is the Policy, Procedures and Practices committee. The committee will meet every other week to make sure procedures and policies at the college comply with Title IX, Ziemann said.

Procedures that will be looked at include the Student Conduct Code and reporting procedures for sexual harassment and assault. The policies that will be reviewed include study-abroad travel policies and training policies for volunteers or alumna on campus.

Two Student Governance Council members — Emily Honen, School of Humanities and Sciences senator, and Charlotte Robertson, off-campus senator — have also joined the committee. Honen said the reason she joined the committee was to help break down the social stigma regarding reporting sexual assault.

“Title IX is trying to make assault victims more comfortable with reporting assault, and that is where I believe SGC comes in,” Honen said. “I believe that with student inputs and liaisons, we can help make all victims more comfortable and ultimately decrease the amount of invisible or unreported assaults at Ithaca College.”



Ithaca College’s Title IX coordinator, Tiffani Ziemann, is working to raise awareness about sexual assault and gender discrimination at the college by creating two new committees and online learning modules.
FILE PHOTO/THE ITHACAN

The Sexual Assault Prevention Programming Committee is also new this semester and was created to plan larger-scale programming initiatives, such as bringing in speakers and planning events that focus on campuswide education, Ziemann said.

Along with the new committees, Ziemann has been working on developing an online learning module that is similar in concept to AlcoholEdu. Topics that will be included in the program cover sex in college, partying smart, sexual violence and healthy relationships. It mixes learning through reading information, scenarios and interactive questions, Ziemann said.

The college plans to do a soft rollout to current students in the spring and get feedback before officially setting up the module as a requirement for incoming students in the fall, Ziemann said.

The office has contracted with a company called CampusClarity, which creates online training modules for students. CampusClarity’s courses are used by 1,300 colleges and universities in the country and reach over 5 million students, faculty and staff, said Michele Collu, demand generation manager for CampusClarity.

In the last month, the office of Title IX has also set up a contract with CampusClarity’s partner company, LawRoom, to create a similar online training module for faculty and staff, which would focus on sexual harassment, diversity and workplace behavior.

SGC named Title IX as one of the most important issues for the council to pursue this year. SGC President Marieme Foote said the SGC also plans to form its own internal committee that focuses on Title IX and gender discrimination.

With the new efforts from Title IX and the office’s work alongside the SGC, Ziemann said she is hopeful this year will increase student awareness toward Title IX.

“I’m really excited for this year,” Ziemann said. “I think this will be a year that students will start, hopefully, seeing a lot more about education, prevention and reporting options.”

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Some students register to vote in Tompkins County

BY REBECCA SZLAJEN
AND GRACE ELLETSON
CONTRIBUTING WRITER
AND ASSISTANT NEWS EDITOR

As the presidential election approaches, a small percentage of Ithaca College students have decided to take an alternative approach to the absentee ballot — registering to vote in Tompkins County.

In total, there are 1,031 voters ages 22 and younger registered in Tompkins County who live on and around the college campus, said Steve DeWitt, the Tompkins County Democratic Commissioner of Elections. This includes Circle Apartments, but the area also encompasses Longview Nursing home and the streets near the campus, DeWitt said. He said there are approximately 400 registered students who live on the college’s campus, which equates to about 6 percent of the student population.

Comparably, DeWitt said there are nearly 900 people registered to vote in Tompkins County who live on Cornell University’s campus. This equates to about 4 percent of its student body.

Some students, like junior Lauren Ruth, chose to register in Tompkins County to vote in elections for the sake of ease. She said she thinks it is more accommodating to register somewhere she lives for most of the year rather than deal with sending in an absentee voter form.

“That way you don’t have to worry about the stress of mailing in a form,” Ruth said. “You can just go and vote.”

Students are considered residents of the state their school is in by the United States Census Bureau because they live on campus for nine to 12 months of the year. They can legally register

in their college’s district to vote, according to a document created by The League of Women Voters of New York State about what voting rights college students have.

Mike Burns, the national director of Campus Vote Project, an organization that informs students about how to vote, said that in some cases when students are registered in the state they go to college in, there is a higher voter turnout among those college students. However, this data includes community college students, the vast majority of whom permanently live in the same state as their college.

But college voters who are not registered to vote in Tompkins County can choose to fill out an absentee ballot and send it back to their home voting stations.

Freshman Nadia Racaniello said she thinks using an absentee ballot is an easy process and is accessible to many students.

“It’s pretty self-explanatory,” Racaniello said. “On the website, you can choose several different languages, so it’s pretty easily accessible to everyone.”

Some students, like freshman Robert Melikyan who lives in Stone Ridge, New York, prefer to drive home to vote. He said simply going home helps him stay away from the confusion that often occurs while trying to send absentee ballots in.

Senior Catherine Proulx, president of IC Progressives, is working with the Student Governance Council to get students registered to vote.

“We have voter registration drives,” Proulx said. “At certain events, we will have people helping register people to vote.”

Recently, club members attended the debate-watching party hosted by IC Republicans



Senior Catherine Proulx, president of IC Progressives, raises awareness of voter registration. Proulx works with the Student Governance Council to get students registered to vote.
FERNANDO FERRAZ/THE ITHACAN

on Oct. 9, and a reading given by Kiese Laymon, an American author and professor at the University of Mississippi and a part of the Distinguished Visiting Writer series, on Oct. 10.

The college also provides students with resources to help them understand how, where and when to vote. Doreen Hettich-Atkins, coordinator of Special Services and Programs for the Division of Student Affairs and Campus Life, said she provides voter registration applications for students. The college also provides information on its website about voter eligibility and local elections, and the website has a list of election links to registration and absentee ballot information for every state, Hettich-Atkins said.

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Group aims to double charity goals

BY NICOLE PIMENTAL
CONTRIBUTING WRITER

Twenty members of a student-led charitable organization at Ithaca College are preparing for its largest fundraising event to battle malnutrition overseas — with the hope of doubling the amount raised.

IC Food for Thought will host its 10th annual Walk for Plumpy'Nut, a 5k at Cass Park on Oct. 23. All of the proceeds will be donated to Concern Worldwide, a nonprofit organization that redirects the proceeds to the manufacturers of Plumpy'Nut, a therapeutic paste enriched with proteins and minerals, said junior Jeremy Block, director of communication for IC Food for Thought. He said their attention is specifically on Ethiopia because of its high mortality rate among children. He said that, on average, the group raises about \$2,000 each year from the Walk for Plumpy'Nut. In total, the organization has raised \$25,000 from all of its events since it was founded in 2008.

"This year, we're trying to raise another \$5,000, which is double our average, which is huge for us for our 10-year," Block said.

The group is planning to reach its goal by means of increasing advertising of the event through social media, emails to other clubs and posters, president and senior Rebecca Johnson said.

Food for Thought is a nonprofit organization that hosts awareness campaigns and fundraising events to help alleviate malnutrition and boost the community's knowledge of world hunger. The group was founded at the college in 2008, with



From left, senior Asa Slayton, freshman Rilya Greeslamirya, junior Jeremy Block and freshman Ly Do are members of Food for Thought, an Ithaca College organization that raises money to combat world hunger.

SAM FULLER/THE ITHACAN

a second chapter at Pennsylvania State University.

Block said tickets for the walk are \$10 each, and for every \$10 donated, one acutely malnourished child is provided with food that could possibly save their life. Groups of five or more receive a discount of \$7 per person.

Johnson said the group plans to host more events throughout the year to raise money, including its Rise Up for Rice trivia event in December and its Oxfam Hunger Banquet in the spring.

Food for Thought conducts the hunger banquet by following the guidelines of the Oxfam America Hunger Banquet: Participants

are given colored cards that indicate a specific income, with red's signifying low income, orange's signifying middle income and green's signifying high income. The cards determine what kind of meal the participant receives: Green cards mean the participant gets a high-class meal, and orange and red cards signify lower-class meals.

Treasurer and junior Tra Nguyen said participating in the hunger banquet her freshman year helped her gain sympathy for those living with lower incomes.

"I got low income, and I had to sit on the floor," Nguyen said. "It was so far away, and the high-class people get served food, and they get

to sit at a table. It made me feel kind of different. Less privileged."

Junior Nicole Bond, vice president of special events, said she has the responsibility of leading and organizing the events that Food for Thought hosts with the goal of involving as much of the campus community as possible.

"I hope that we are able to reach a lot of people, and spread awareness of the event and how others can get involved," Bond said. "We are taking Food for Thought and giving people food for thought."

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Admissions are holistic, college says

BY ERIN CONWAY
CONTRIBUTING WRITER

A recent study found that high school grades are still valued the most by college admissions offices despite national efforts to move away from this achievement-based acceptance criteria. However, Ithaca College evaluates its applicants differently when determining if they will be admitted.

The National Association for College Admission Counseling reported grades in college prep courses, like advanced placement and international baccalaureate classes, to be the most important academic factor admissions officers look for in a student's application. The next three most important factors are grades overall, strength of the student's curriculum and standardized test scores. While the college considers these academic achievements, Nicole Eversley Bradwell, director of admissions, said the Office of Admission looks primarily at the well-roundedness of each applicant.

Bradwell said the college chooses to look at a more holistic view of each applicant because it will give the office a better sense of whether or not the student is a good fit at the college.

"We look at the broader scale," she said. "We look at academic strength and strength of the courses, but also at involvement outside of school."

This type of holistic review strategy has sparked a national conversation about how students should be admitted to college, given the criticism that college admissions are too achievement-oriented. Alison Cashin, director of Making Care Common at the Harvard Graduate School of Education Research, has been working on the Turning the Tide initiative, which encourages colleges to evaluate their students on more than their academic achievements. She said this helps both the college and the student.

"Holistic review helps the focus of the application review shift from 'Can this student get in?' to, 'Is this student a good match?'" she said.

Gerard Turbide, vice president for enrollment management, said the college reaches out to students as much as possible before choosing whether or not to accept them.

"I would characterize the enrollment strategy at IC in that we are in a constant effort to build relationships with students who will be a good fit," Turbide said.

Bradwell said the college is set in a very community-based location and that admissions officers are looking for students engaged in their communities.

Another aspect of the college's admissions mantra involves the test-optional policy, implemented in 2012, which means that the college does not require students to submit SAT or ACT scores.

Freshman Jocelyn Hewitt said she felt that getting to choose whether or not to send in her standardized test scores was a deciding factor when choosing the college.

"My ACT scores were not that great, so just being able to send in my grades over four years and my extracurricular activities let me not have to worry about my test scores and how they would represent me as a student," Hewitt said.

There are some students, like junior Priya Sethi, who do believe standardized test results should be required.

"Personally, however, I think schools should need tests to get a feel of how students coming in will be academically," Sethi said.

Business school renovates trading room

BY DANIEL HART
STAFF WRITER

The Center for Trading and Analysis of Financial Instruments, where students in the School of Business access real-time stock market information, has been renovated this year to more closely resemble a Wall Street trading room.

The trading room has been furnished with a new, longer stock ticker that stretches across the room and flashes stock price changes for major companies, alongside five LED screens with charts, graphs and news. This way, said Abraham Mulugetta, Dana professor of finance and international business, students can visualize what it is like to work on Wall Street. The room previously only held one data wall that displayed limited information.

The computers in the room were installed 20 years ago in the original location of the trading room in Smiddy Hall, where the business school used to reside before the Dorothy D. and Roy H. Park Center for Business and Sustainable Enterprise was built in 2007. Mulugetta said these computers had outdated technology and have been updated with faster software and more access to data so the room can display more trade options and market updates in full color.

The renovations cost a little under \$109,000, said Tim Carey, associate vice president for facilities.

Mulugetta said it is crucial for students in the finance and international business department's investment track — a series of classes in which students buy and sell stocks using money provided by the college — to experience trading with up-to-date technology and access to more information and financial updates.

"I can show you here what I am saying. Here is the information coming. Here you can see it," he said. "Now, we are able to visualize theories."

Senior John Allred, president of Core Trading Consultants (CTC) — a student group that uses money from the investment track to trade stocks — said the room can be intimidating.



The School of Business renovated the Center for Trading and Analysis of Financial Instruments to resemble a Wall Street trading room and give students a more real-world workplace setting.

ALEX LIBERATORE/THE ITHACAN

"It can be overwhelming sometimes," he said. "When you shut off all the lights, it looks like a spaceship."

Allred said students can now trade stocks in an environment that is similar to that of a company where they may work in the future. He said experiencing the new trading room puts them at an advantage to get jobs after graduation.

"You really have to show that you've got value," Allred said. "Being able to walk in on day one and be able to use the equipment is absolutely huge."

In addition to the new visual appeal of the room, the new computers allow students to use software to get updates on the market at a faster speed. Senior Brandon Stern, another member on the executive board of CTC, said he thinks that while the stock tickers and data screens are visually appealing and create a vibrant atmosphere for

students, the most important piece of the renovations to the room is the fast computers.

"That's a part that the tours can't see," Stern said. "You want to be updated with the markets when they change. ... News will populate pretty quickly, and you can kind of know what's going on throughout the day."

Allred said the CTC is open to all students at the college. While he said that he was intimidated by the room as a freshman, now he said he is excited about working there while running CTC.

"I was afraid of this room when I was a freshman," he said. "I thought that ... everyone was sort of conceited and money-driven, and I was like, 'I don't want to be a part of that.' And here I am running the thing."

UNION, from Page 1

and “Faculty forward” while a student drumming group intensified the atmosphere. Attendees were focused, listening intently as leaders began to chant “Hey ho, the status quo has got to go” as well as “No more dialogue: We want action” — reminiscent of the protests that POC at IC led last fall about racial tensions on campus.

Since October 2015, the part time–faculty union has been negotiating a first-time contract with the college after it had expressed grievances with the way part-time faculty members were being treated.

Union members walked out of a meeting Sept. 23 in which the administration presented part-time faculty with a compensation proposal of a 2 percent pay increase per credit, up from an initially proposed 1.75 percent pay increase. Union representatives initially asked for a 42.8 percent pay increase per credit but came down between \$250 and \$275 — about a third — in this per-credit increase for professors who have taught at the college from one to three years.

Part time–faculty union members then announced they would stop negotiating but have since scheduled a bargaining session for Oct. 24, said Sarah Grunberg, instructor in the Department of Sociology.

Ford said the protest was strategically scheduled to bring these issues to the attention of the board of trustees, which is visiting the college between Oct. 19 and Oct. 21.

On Oct. 18, the Ithaca College Collective Bargaining Committee posted a message on Intercom about its “Part Time–Faculty Union” website, which has information on what has been done in negotiations so far and on how contingent faculty members are compensated and hired.

The administration has expressed that it still plans to bargain in “good faith” with the part time–faculty union and has negotiation dates set, according to a document posted on the Office of Human Resources website.



Campus community members, including some tenured faculty members, attend a demonstration intended to pressure the administration to address the demands of contingent faculty members at Ithaca College.

JADE CARDICHON/THE ITHACAN

“We were surprised and disappointed when the union representatives abruptly walked out of our September 23 session without any warning, and we were equally disappointed to read in the media that the union may have chosen to cease negotiating,” the document stated.

The college reported that only two other institutions, out of 23 that responded to an inquiry, reported a higher part time–faculty pay rate than the college’s rate of \$4,200 for a three-credit course.

Tom Grape ’80, chair of the board of trustees, said the board is aware of

the challenges in the negotiations.

“We remain optimistic that future bargaining sessions will be productive, and that the college and the union will arrive together at a fair and equitable agreement that supports the needs of our students, faculty and the institution as a whole,” he said in a statement.

David Maley, senior associate director of media and community relations at the college, said in a statement after the protest that the college respects the right of the college community to engage in public discourse.

Ford said he hopes the rally was

able to resonate with the board of trustees and also bring awareness to the rest of the campus community about the issues contingent faculty members face.

“We want to demonstrate to the board of trustees that these are members of our community,” he said. “These are our friends and teachers, people that we love and care about, and we are not going to stop until they are treated fairly, until they are given a living wage.”

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Task force to release proposal

BY NICOLE PIMENTAL
CONTRIBUTING WRITER

The Ithaca College Shared Governance Task Force announced that it will present a draft of its shared governance proposal to the campus community Oct. 24.

The proposed draft for the shared governance model will be sent in an email to all members of the campus community with a survey for the campus community to give anonymous feedback, according to the Intercom announcement.

Julie Dorsey, associate professor in the Department of Occupational Therapy and a faculty trustee on the task force, said she could not comment on what the proposal would include because it is better for the group to internally discuss what the model will be.

Meetings and open sessions for faculty, staff and students to discuss the draft are being held from Oct. 24 through Nov. 11 and will be held Oct. 27 from 10 to 11 a.m. and Nov. 3 from 12:10 to 1 p.m. in Textor 102.

After the feedback sessions and the survey, the task force will begin reviewing all feedback for consideration and present the final proposal to the Ithaca College Board of Trustees from March 1 through March 3.

Marieme Foote, president of the Student Governance Council, said she wants the community to take the draft seriously.

“I’m just looking for people ... to also engage with us and provide the committee information on what they think,” Foote said.

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HONORS, from Page 1

grew in size beginning in the 2013–14 academic year. Pfaff said he had been working weekends, facilitating summer programs, going on retreats and publishing the Honors newsletter, among a growing list of other duties, and he said he did not feel the compensation was sufficient.

The Honors Program Steering Committee, composed of Honors Program faculty members, compiled a report at the end of the 2014–15 academic year recommending an increase in Pfaff’s compensation both financially and in recognition of his expanding responsibilities. This included a proposal to make the director of the program a 12-month position, Pfaff said. Currently, he said, the director receives a stipend during the summer but is not compensated fully outside of the academic year.

Despite the proposal, Benjamin Rifkin, professor in the modern languages and literatures department and former provost and vice president for educational affairs, said it was out of his control to increase the budget. Pfaff subsequently stepped down.

Robert Sullivan, associate professor in the Department of Communication Studies and former Honors Program director from 2007 to 2013, said the fact that the search has not yielded any applicants is indicative of structural problems that have been present since he was the director of the program. These include the director’s not being compensated as a full-year employee and the program’s not having enough staffing support in the form of an associate director or assistant to keep up with the growing program requirements.

He said the most qualified candidates for the program are aware of these issues, and it could be affecting their decision to apply for the director position.

“One of the problems we have is that people who have that level of commitment and knowledge of the program are particularly well-placed

to be a bit worried about what they’re getting into,” Sullivan said.

Pfaff also said that despite the past two directors’ stepping down following frustrations with the administration, nothing is being done to address their concerns, which could be discouraging potential candidates.

“They don’t seem to be putting anything on the table or having any real discussions, so their assumption is somebody is eventually going to step forward,” Pfaff said. “It doesn’t seem like they are worried enough to say, ‘OK, maybe we need to have some real conversations about the structure of the Honors Program and what kind of support it truly needs.’”

Linda Petrosino, provost and vice president for educational affairs, could not be reached despite multiple requests for comment.

Johnson said there have been conversations about these issues, but she could not say if there are any plans at this time to address them, citing Petrosino as the source for that information.

She said nothing formal is being done to incentivize applicants to apply for the position.

Sullivan said maintaining the program falls on the shoulders of a single director for the more than 400 honors students.

“The college is going to have to come up with an adequate support system for a program of this size and this importance,” he said.

Some institutions comparable in size and type to the college structure their honors programs differently, with multiple people filling positions structured like Pfaff’s — who is a faculty member and the director.

Elon University in North Carolina has approximately 150 students in its honors program and has a director and an associate director who are both also faculty members, in addition to a program assistant who is a staff member with other responsibilities. Butler University in Indiana has a faculty director and an assistant director who also teach, and a coordinator for its 300 students, Rusty Jones, faculty director of the



Thomas Pfaff is the current director of the Ithaca College Honors Program. He announced May 3 in an email to honors students that he would be stepping down from the position.

FERNANDO FERRAZ/THE ITHACAN

program, said. At Mercer University in Georgia, each college or school has its own director for the overall honors program, who also teaches in their respective school.

Like Pfaff, Sullivan said he called for increased compensation as well as support in the form of an associate director to help with the workload in two proposals five years ago. He said he never received a response about either proposal, despite informing then-Provost Marisa Kelly that his continuation as director would be contingent upon a discussion about the proposal.

“It was made clear to me that there was not going to be an acknowledgment of a receipt of the proposal,” Sullivan said. “And at that

point, I left.”

Junior Ryan Opila was a member of the Honors Program Advisory Board during the 2015–16 school year. He said that while finding someone to fill the role would create a short-term solution, the concerns Pfaff and Sullivan brought up during their times as directors would still remain unaddressed.

“A faculty member stepping up would still perpetuate a situation which both Dr. Pfaff and Dr. Sullivan have both voiced concerns isn’t sustainable,” Opila said.

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COLLEGE

College announces new director of Office of Civic Engagement

After a nationwide search, Ithaca College has appointed David Harker as the new director of the Office of Civic Engagement. He will begin in this position following Thanksgiving break, on Nov. 28. Currently, Harker serves as the director of the Collaborative for Community Engagement at Colorado College. His professional experience largely consists of supporting curricular and co-curricular service learning and community-based learning initiatives.

As the center’s director, Harker will provide leadership in furthering the college’s vision for the office while working with faculty, staff, students and community partners to increase service learning and community-based learning opportunities for students.

Social hour to provide information on women’s and gender studies

The women’s and gender studies program will be hosting a session to help interested students learn about the program 5:30–7 p.m. Oct. 26 in the Handwerker Gallery.

Faculty members who teach in the program will be in attendance. All interested students are welcome to come and go freely within these hours.

Park School to host screening of film written by IC professor

The Roy H. Park School of Communications will be screening Fair Haven, a film written by Jack Bryant, assistant professor in the Department of Media Arts, Sciences and Studies, at 5 p.m. Nov. 4 in the Park Auditorium.

A Q&A session with Bryant and award-winning filmmaker and director Kerstin Karlhuber will occur after the screening.

The film follows a young man named James who returns home after being in gay conversion therapy, which he entered after his mother died.

It shows his romantic conflicts with his former lover, Charlie, and his current relationship with a woman named Suzy.

The film was written by Bryant, directed by Karlhuber and produced by Tom Malloy. It was shot in Victor, New York, and stars Michael Grant, from the ABC Family television series “The Secret Life of the American Teenager.”

IC offering new cloud-based tool for video and audio conferencing

Ithaca College is offering faculty, students and staff a new cloud-based platform called Zoom, used for video and audio conferencing, collaboration and online meetings. Zoom provides a way to host collaborative sessions, and hold classes for two to 500 participants.

The platform is accessible through the Sakai system and <https://www.ithaca.zoom.us>. It uses high-quality video and audio and works on MacOS, Windows, iOS and Android devices. Zoom can also be used with conventional phone lines for audio conferencing.

The college community can access the pro-level Zoom service, supported by Digital Instruction and Information Services with an Ithaca College Netpass ID and password.

Anyone can join the Zoom meeting, including those not affiliated with the college.

Faculty, staff and students can host a meeting with up to 50 participants. If a meeting has more than 50 participants, meeting hosts should contact the DIIS Service Desk. There is no added cost for the larger meetings.

Consulting firm to visit campus to assess Office of Public Safety

The Ithaca College campus will be visited by Margolis Healy, a nationally recognized campus safety and security consulting firm, Nov. 8–10 to conduct a comprehensive external assessment of the Office of Public Safety and Emergency Management. This assessment is intended to

identify ways in which campus security and Public Safety’s strategies and practices can be improved.

Members of the campus community will be able to contribute to the assessment by sharing their thoughts, insights and suggestions related to safety on campus at open forum hours held by Margolis Healy. The student forum will take place from 12 p.m. to 1:05 p.m. Nov. 8 in Emerson Suite B in the Campus Center, and the

faculty and staff forum will take place from 12 p.m. to 1:05 p.m. Nov. 10 in the same location.

Anyone who would like to share their feedback with Margolis Healy but is not able to attend these drop-in sessions can send their comments anonymously through a Google Form by going to <http://bit.ly/2e02wnu>. This Google Form is open now and accepting submissions until Nov. 18.



Alumnus and colonel discusses leadership

Col. Michael J. Hertzendorf ’89 speaks on leadership in a presentation titled “Curiosity: Not Why You Want People to Follow You” on Oct. 17 in Emerson Suites. Hertzendorf serves as the chief of staff for the 82nd Airborne Division and has held leadership positions in the army’s 160th Special Operations Aviation Regiment.

FERNANDO FERRAZ/THE ITHACAN

Public Safety Incident Log

SELECTED ENTRIES FROM SEPTEMBER 26 TO OCTOBER 2

SEPTEMBER 26

MEDICAL ASSIST
LOCATION: Dillingham Center
SUMMARY: Caller reported person fainted and complaining about ear pain. One person transported to hospital by ambulance. Patrol Officer Jenny Valentin.

SCC DRUG VIOLATIONS
LOCATION: Circle Apartments
SUMMARY: During health and safety inspections, caller reported marijuana paraphernalia found. Officer judicially referred six people for violating drug policy. Master Patrol Officer Bob Jones.

SEPTEMBER 27

CRIMINAL TAMPERING
LOCATION: Circle Apartments
SUMMARY: During health and safety inspections, caller reported person tampered with smoke detector and marijuana paraphernalia found. Officer judicially referred one person for unlawful possession of marijuana and tampering with fire safety equipment. Master Patrol Officer Waylon DeGraw.

SEPTEMBER 28

MEDICAL ASSIST
LOCATION: Garden Apartments
SUMMARY: Caller reported person having an allergic reaction. One person transported to the health center. Master Patrol Officer Chris Teribury.

ILLEGAL DISPOSAL
LOCATION: Circle Lot 6
SUMMARY: Officer reported people illegally dumping garbage. Officer issued two people a warning. Patrol Officer Lance Clark.

SEPTEMBER 29

MOTOR VEHICLE ACCIDENT
LOCATION: E-Lot
SUMMARY: Caller reported a two-vehicle motor vehicle accident. Only property was damaged. Officer issued one person warning for unsafe backing. Patrol Officer Jenny Valentin.

FIRE ALARM
LOCATION: Dillingham Center
SUMMARY: Simplex reported fire alarm. Officers confirmed activation caused by haze from theater performance. System reset. Sergeant Donald Lyke.

SEPTEMBER 30

LARCENY
LOCATION: Flora Brown Drive
SUMMARY: Officer reported observing golf cart operated by unknown person driving on fire lane. Officer attempted to stop and identify the person. Person fled the area. Area was checked. Officer was unable to locate person. Golf cart possibly belongs to catering. Cart was brought to the Office of Public Safety and Emergency Management for safekeeping. Patrol Officer Mayra Colon.

OCTOBER 1

MEDICAL ASSIST
LOCATION: Z-Lot
SUMMARY: Caller reported person with severe stomach pain. Person declined medical assistance with ambulance staff. Sergeant Donald Lyke.

OCTOBER 2

FIRE ALARM
LOCATION: West Tower
SUMMARY: Simplex reported fire alarm. Activation caused by an unknown person maliciously activating the pull station. Sergeant Donald Lyke.

LOST PROPERTY
LOCATION: Unknown location
SUMMARY: Caller reported an iPad lost. Master Patrol Officer Bob Jones.

MEDICAL ASSIST
LOCATION: Eastman Hall
SUMMARY: Caller reported person having panic attack. Medical assistance declined. Master Patrol Officer Bob Jones.

For the complete safety log, go to www.theithacan.org/news.

KEY
SCC – Student conduct code
V&T – Vehicle and Transportation
AD – Assistant Director
IFD – Ithaca Fire Department

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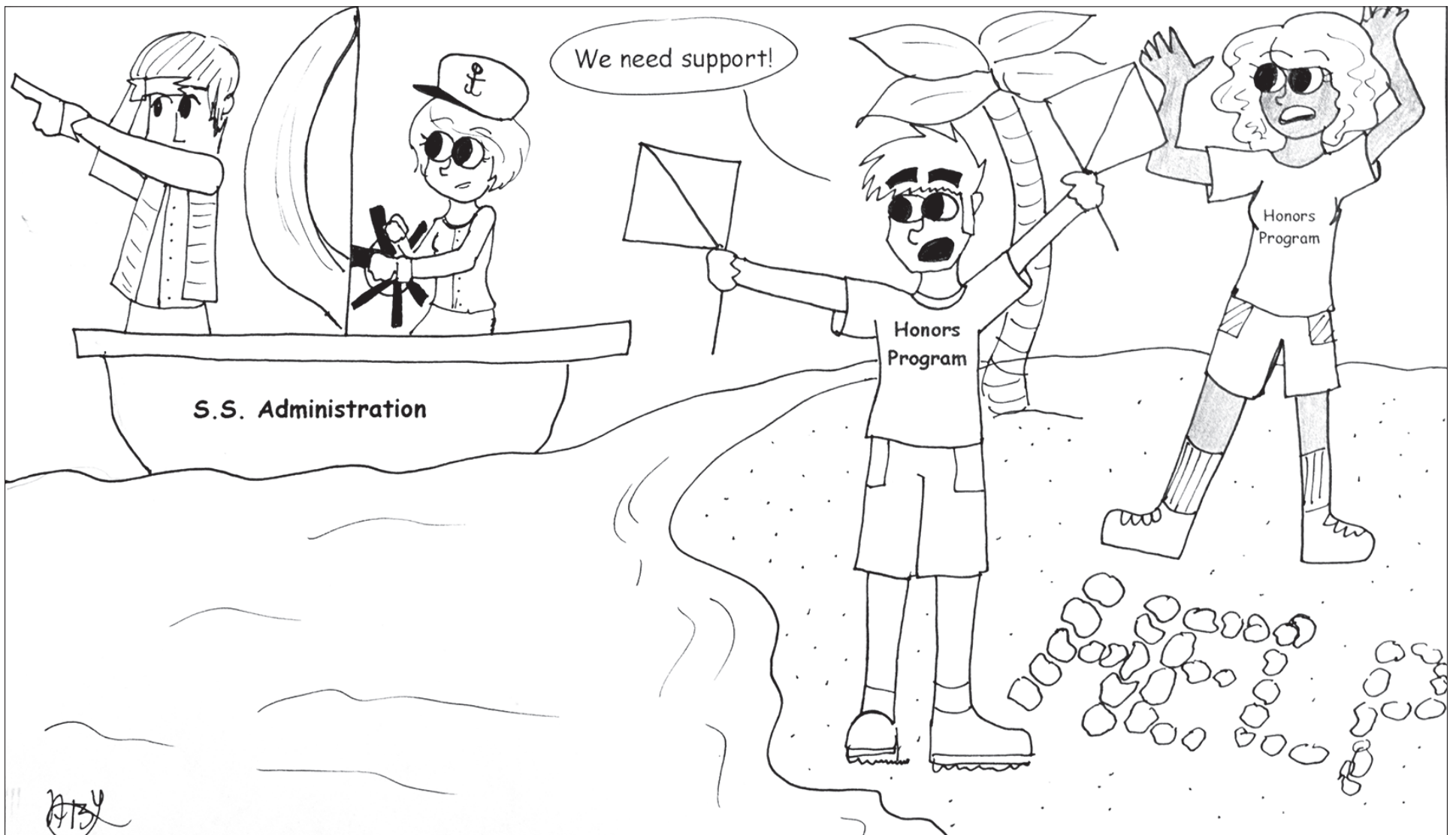
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EDITORIALS

Honors Program urgently needs contingency plan

With fewer than two months until Honors Program Director Thomas Pfaff will step down from his position, zero candidates have applied to replace him. The lack of candidates is alarming given the number of students currently in the Honors Program who would be left without faculty guidance.

However, the lack of applications for the position reveals issues that have gone unaddressed by the administration. These issues — requests for higher compensation to support the demands of the job and more staff support — have continually been brought up by Pfaff and the Honors Program Steering Committee.

For the administration to allow these issues to remain unanswered seems antithetical to Ithaca College's mission to improve the educational experience of students on campus by providing a more advanced and interdisciplinary program.

Pfaff had legitimate grounds to request more administrative and financial support with the expansion of the Honors Program in 2013. The program grew from a basic academic curriculum to a five-part consortium, and the demands of the program director grew along with it. As

a more integrative and comprehensive program today, it also aligns more strongly with the college's IC 20/20 vision and is a major attraction for incoming students. The actions, or lack thereof, that have resulted in Pfaff's stepping down and the lack of interest in his position could make the program, the college's image and the student experience suffer.

Comparable institutions with even fewer students in their honors programs have more staff support in the form of assistant directors and program assistants, positions that are sorely needed in this college's Honors Program. The college's administration should be more proactive and concerned with strengthening its program by providing more institutional support, funding and resources.

The college cannot let the Honors Program dwindle, as it would be yet another administrative failure during President Tom Rochon's tenure at the college. To have no concrete action or contingency plan in place for the leadership of the Honors Program is a disservice to the work that has been done to expand and enrich the program. It is unclear where this area of need lies on the college's list of priorities.

Title IX programs must remain a college priority

With the aim of raising awareness about sexual assault on campus and strengthening the role of the Title IX office, Title IX Coordinator Tiffani Ziemann has implemented new initiatives in the form of committees and a framework for an online training module.

Given the concerning pattern of wavering administrative support for key offices and services on campus, such as the Honors Program and the Office of Civic Engagement, the college should be wary of letting Ziemann's efforts fall by the wayside.

These initiatives represent a positive step forward for the college. At a time when there is greater awareness about sexual assault and sexual violence on college campuses, it is the hope that these initiatives increase knowledge about sexual assault to create a more inclusive campus environment. As these programs are implemented, it is essential that Ziemann take note of any concerns and make changes accordingly so as to create the strongest and most efficient programs possible.

These new initiatives will involve partnerships with student organizations on campus, such as Active Minds and Feminists United.

Creating connections like these, between an administrative program and student groups, are key to engaging the student body with important issues such as Title IX and sexual assault. The approach these new Title IX programs are taking makes the effort to form meaningful partnerships among different constituents on campus for the betterment of the overall community.

However, because these initiatives were made possible through an increase in funding, their continuation must flow from sustained funding from the college. It is important, then, that the Title IX office continue to receive administrative support so that it can continue to provide adequate resources for the Ithaca College community.

Given the importance of addressing sexual assault and gender equity on college campuses, it would benefit the administration to continue to support the program and be receptive to those who work within the office. If the pattern of ignoring the needs of certain vital college programs continues, especially those that seek to improve the social and educational experience of its students, the college as a whole suffers.

Letter to the Editor

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Comment on any story at **theithacan.org**.



IN OTHER NEWS

ISABELLA GRULLON

Kenya’s elite decide for all

Imagine this: a country’s entire electoral commission resigns a year before a presidential election after months of protests accusing said commission of being biased toward the current leading party. This might seem like a big win for those who protested against a corrupt democracy, but it is not. This can open the door to a severely obscure system.

On Oct. 5, every member of Kenya’s Independent Electoral and Boundaries Commission resigned after a summerlong wave of opposition protests called for them to quit. The Coalition for Reform and Democracy, the opposition party leaders and the Central Organization of Trade Union led these protests, calling for the disbanding of the IEBC under the premise that the IEBC is biased toward Kenya’s current president, Uhuru Kenyatta.

The IEBC in Kenya was created in 2011 to prevent the same electoral manipulation that led the country into political and ethnic unrest in 2007 after the re-election of a president whom few wanted. However, instead of creating a neutral system, it has perpetuated a biased system. It is speculated that the IEBC put the Jubilee Alliance in power in 2013 and is working to keep Kenyatta as president in the 2017 election.

President Kenyatta is not favored by the large majority of the Kenyan people. This is probably because Kenyatta has had the reputation of favoring his native tribe, the Kikuyu, out of the 40–70 other tribes in Kenya.

Kenyatta is a president who does a lot for people who are well off but not much for those who need government help. Disbanding the biased IEBC was supposed to be the first step to preventing Kenyatta’s re-election.

However, the IEBC’s resignation may lead to an even more biased system. The 10 members of the electoral commission who quit all received government compensation for doing so. This has made Kenyans believe that their resignation may not have actually been thanks to the protests themselves, but because it now gives President Kenyatta an excuse to re-make the IEBC in a way that will guarantee his re-election.

Kenyatta might use this chance to give the Kikuyu tribe seats in the IEBC. This could be seen as perpetuating tribalism and cementing political and ethnic superiority in the country.

This is a dangerous trend worldwide: electing a leader who subtly — or not so subtly — uses racial and ethnic differences as well as the relationship with the higher socioeconomic classes of society to keep their governmental power.

IN OTHER NEWS is an international politics column written by Isabella Grullon. **GRULLON** is a junior journalism major. Connect with her at igrullon@ithaca.edu and [@isagp23](https://twitter.com/isagp23).

FOOD SUSTAINABILITY

Pesticides dangerous for produce

BY MICHAEL RANALLI

“Ahhh don’t bite that!” I yelled as my 5-year-old niece took a big juicy bite out of an apple covered in a thin white film that she had just picked at a local apple orchard. I am an upstate New York native, and as such, apple picking with my family ranks highly on my list of cherished childhood memories, and this is something that I still look forward to doing every year. However, as someone who has wholeheartedly and with good reason bought into the organic movement, my beloved annual family tradition has since been faced with opposition in the form of chemical pesticides.

The Pesticide Action Network of North America, an international organization dedicated to reclaiming the future of food and farming, through research found that chemical pesticides are not only dangerous, but are highly influential in triggering cancers. The presence of chemical pesticides in the human body disrupts natural human hormone balances, damages DNA and causes inflammation, and consequently, the natural pH of the body becomes altered, resulting in an environment in the body that is more conducive to the growth of certain cancers. In addition, the chemicals in pesticides even go as far as being able to turn certain genes on and off. Children are especially at risk to develop cancers from exposure to the harmful chemicals present in pesticides. Likewise, even unborn children are at a greater risk for developing

cancers in their lifetime when either parent is exposed to chemical pesticides. This and more pertinent information may be found at <http://bit.ly/2eky7Pw>.

As an added caveat, in the U.S. alone over one billion pounds of pesticides are used annually as reported by the National Center for Biotechnology Information. Internationally, pesticide use measures over five and a half billion pounds annually. More information may be found at <http://bit.ly/2ekzZMx>.

There are some steps that you may take to help mitigate the harmful effects of chemical pesticides in your diet. Buying organic produce when available is a great place to start. The USDA Organic Certification requires that your produce is grown without certain harmful synthetic fertilizers and pesticides, sewage or sludge, genetic engineering, and irradiation — and that the land produce is grown on has had no prohibited substances on it for a minimum of three years. These strict standards help to ensure that our fruits and vegetables are truly providing us with their nutrients and only their nutrients.

The reality is that organic produce is not always obtainable. Sometimes you just want a fresh bushel of organic strawberries, but the grocery store simply doesn’t have them. What should you do? Regardless, you should always wash produce to help reduce bacteria, but there are methods that can remove a significant amount of the bacteria and pesticides on nonorganic produce. A fairly easy



Senior Michael Ranalli writes that pesticide use in produce like apples is a danger to a consumer’s health and recommends eating organic food. JADE CARDICHON/THE ITHACAN

way of doing this is to soak your produce for about 20 minutes in a mixture that consists of four-parts water and one-part white vinegar, followed by a thorough rinsing. This method does not eliminate all of the residue from chemical pesticides on your produce, but it does help.

Bringing attention and awareness to this issue is the only way it can begin to be resolved. According to WomensHealthMag.com, half of men and one third of women born after 1960 are expected to be told “You have cancer,” and this is an epidemic in the U.S. All our lives we

have been told to eat our fruits and vegetables if we want to be healthy, and the use of chemical pesticides as a means of growing mass produce almost seems deceitful. For ourselves and for future generations, we need to take action by starting conversations to promote safe and sustainable farming practices now and to put an end to the negative effects of harmful chemical pesticides.

MICHAEL RANALLI is a senior integrated marketing communications major. Email him at mrnanall@ithaca.edu.

Global food system faces challenges

BY JAKE BRENNER, PAULA TURKON AND MICHAEL SMITH

There won’t be enough food. That was Thomas Malthus’s conclusion in his 1798 “An Essay on the Principle of Population,” which made famous a graph showing a linear increase in food production and an exponential increase in people (food demand). Where those two trends meet was to be the start of widespread famine. Malthus’s prophecy still dogs us. How can we feed the world without killing the planet? For many, food security is our primary environmental problem.

We should expect challenges from environmental changes underway, which will impact food security in many ways. For example, rising temperatures drive crops upslope, disrupting livelihoods and regional trade (e.g. potatoes, livestock, and tropical fruits in the Andes). Yields will decline where malnutrition and famine already loom large. As precipitation becomes more erratic, droughts become more prevalent. Floods, too. Often in the same places. This unfavorable shuffling of freshwater resources will have big implications for food systems into the foreseeable future.

Globalization poses its own challenges. “Teleconnections” link consumer decisions in one place to agriculture far away. Dietary shifts toward milk and meat drive global markets for animal feed. Feed crops then replace rainforest in the Amazon rainforest and elsewhere. Food security thus becomes extraordinarily complicated on account of globalization.

What to do? Michael Pollan suggests that new interest in food can be a route to solving broader environmental issues. We eat several times a day, after all, and raising our awareness of food choice impacts can have broader effects on attitudes and behaviors. Our choices might be personal (say, for health) but the links to larger socio-environmental systems are numerous.

Some simple things you can do:

HOW TO IMPROVE SUSTAINABILITY OF THE GLOBAL FOOD SYSTEM

Eight ways each person can be more environmentally friendly through food choices

Eat more plants

Don't take more than you can eat

Buy from local farmers and markets

Vote for legislators who prioritize sustainability

Take classes on sustainability

Consider graduate research on food systems

Volunteer at farms or homeless shelters

Grow your own food and start your own vegetable garden

SOURCE: MICHAEL POLLAN

DESIGN BY GRACE CLAUS

(1) Eat down a trophic level. Meat and dairy have high land and water costs. Focusing on plants can be good for your health and the planet.

(2) Join the Clean Plate Club. Almost half the food served in the U.S. is wasted. Take less for your first portion and think, “Am I really going to eat that?”

(3) Vote with your dollars. Choose locally and ecologically produced foods to support local markets and livelihoods. Relish in the knowledge of where your food comes from, and in your connection with the farmers who produce it.

(4) Vote with your ballot. Figure out where your local legislators, congresspeople, and presidential candidates fall on agricultural policy. Make sustainable food systems a campaign issue.

(5) Take a course. Numerous IC faculty provide brilliant insights from multiple disciplinary perspectives in a variety of offerings.

(6) Consider graduate study. Food systems

are a hot topic for research, meaning they enjoy relatively generous funding. For young researchers, these projects are low-hanging fruit.

(7) Volunteer. Many community organizations deal with food-system issues. Their activities range from feeding the homeless to internships on working farms.

(8) Grow your own. Even in a place like Ithaca, with short summers and cloudy skies, you can produce a lot of food in your own backyard. In fact, you don’t even need a backyard! Put some dirt in a bucket; plant some seeds; give them some water. Trade for what you can’t grow. Share your surplus with neighbors. As a livelihood, agriculture is hard. As a hobby, however, it’s easier than you think.

JAKE BRENNER and **PAULA TURKON** are assistant professors in the Department of Environmental Studies and Sciences. Email them at jbrenner@ithaca.edu and pturkon@ithaca.edu. **MICHAEL SMITH** is an assistant professor in the history and environmental studies and sciences departments. Email him at mismith@ithaca.edu.

NEWSMAKERS

Group focuses on first-gen students



From left, sophomore Avery Santiago, seniors Jia Yu Ma and Omar Stoute, junior Sagrario Fabian and senior Darlene Rodriguez, along with sophomore Arietou Amadou-Wattara (not pictured), founded The First Generation Organization for first-generation college students on campus.

FERNANDO FERRAZ/THE ITHACAN

A group of Ithaca College students has created a student organization this semester dedicated to first-generation college students on campus.

The organization, The First Generation Organization, is meant to be a place where students who are the first in their families to go to college can meet others experiencing the same struggles specific to the first-generation community. Another purpose of the group is to provide resources to first-generation students about navigating the college experience.

Opinion Editor Celisa Calacal spoke with two founding members of the group — senior and communications manager Omar Stoute and the campaign manager and administrator, sophomore Avery Santiago — about the organization’s mission, how being first-generation college students has impacted their college experiences and the distinctive struggles faced by first-generation students.

This interview has been edited for length and clarity.

Celisa Calacal: What inspired you guys to start this organization?

Avery Santiago: What inspired me first was seeing Omar on a panel. I got invited by Elizabeth Bleicher to go to a first-gen panel, and she’s the director of the exploratory program, so she was like, “You know, you should stop on by.” ... Then I see Omar as a student, so I’m like, “Wait. There’s students that do identify as first-gen.” So when I saw that, I was like, “OK, this is a possibility. I can link up with other students and maybe create something more out of this and take this to a whole other level.” So that’s how I got inspired, and I saw Omar telling his story, and I’m like, “This is really important.”

Omar Stoute: When someone presented to me the idea of First-Generation Students, I thought about it as something that was unifying in a time where

the Ithaca landscape was very divisive. So I thought it was something that could bring the community together as a whole.

CC: What have your personal experiences been here as a first-generation student?

OS: For me in particular, it was just really hard to acclimate because I didn’t have anyone I could talk to about the struggles I was going through because they weren’t the same common struggles that I’m having struggling in my class — you go to a tutor for that. But who do you go to talk to when you don’t really understand the intangibles, like how to register, how many credits you need to take, what do you do about being homesick — things like that.

AS: So my mother didn’t even make it through high school. My father was in and out of my life. And coming to college, I knew that was always in my future. I knew that it was built into my brain, basically. So coming to college, yeah, I was excited, and it was a whole new world, and I’m the first in my family to go to college, but it didn’t tell me how hard it was going to be and what struggles I’m going to face. ... I’m a little nervous, and I can’t go back to my mom and ask her, “Hey do you know Caribbean history? Do you know how the trans-Atlantic slave trade happened?” Like, my mom doesn’t know what that is; it’s new for her. So she’s on this journey with me. So it’s just been extremely hard, and I’m happy we have something like First Gen as our backbone — something we can rely on — and students can come together and share their stories and have this safe space for them.

CC: Do you guys think there should be more campus resources to help first-generation students?

AS: Definitely. That’s why, as of right now, we’re working with a lot of resources. For example, we’re

working with Student Financial Services so we can have them come and do workshops for us and say listen, this is the difference between a subsidized and an unsubsidized loan, because honestly, I didn’t know what the hell the difference was. So just collaborating with different resources out there and bringing them in for first-gen students is just the beginning steps, but it means a lot for first-gen students.

CC: What do you guys think makes first-generation students’ experiences different from those whose families have gone to college?

AS: When you see a student that their family has been to college — their mothers, their fathers, their grandfathers — they already got this system down pat. They already know what to do, what’s the deal and how to get through this college experience. For someone like me, basically, my mother didn’t get a high school diploma — she always says she graduated from the streets of Brooklyn. Me, I have to take on this experience by myself, and I don’t have that family member or that person in my life that I can ask for how was your college experience and how could it apply to mine.

OS: Echoing off of Avery, it’s a unique school-home life balance there. So whatever you left at home might be a lot different — so there might be pressures coming from home. There might be a little bit of guilt. And it’s just a different psychological way of going through your education because you’re doing something that there is no precedent for in your life in a lot of cases. So yeah, I say the most unique thing would be the psychological pressures on being one of a kind and not knowing that there’s a thousand students here on campus just like you.

CONNECT WITH CELISA CALACAL
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ELEPHANT
IN THE
ROOM

KYLE STEWART

Morals matter in elections

Donald Trump is a morally depraved bully who lacks the character needed to be president. It should come as no surprise, then, that in 2005, he made lewd comments about women. In a discussion with Billy Bush, who was then host of Access Hollywood, Trump said his fame let him do whatever he wanted to women. In one of the most vulgar statements, Trump said he can “grab them by the pussy.”

Trump’s comments were inexcusable and indefensible. His response? To apologize and say the comments were just “locker room talk.” This is not what manliness looks or sounds like. Trump’s words demonstrate that he believes sexual assault is not only acceptable, but impressive. And now several women have come forward claiming that Trump sexually assaulted them.

Trump is an insecure man who believes wealth and power can get him whatever he wants. Trump’s words should anger you not only because they would be offensive to your sister, daughter or mother, but because they are derogatory toward all women. Human beings are not sexual objects.

I am pleased to see so many Republicans calling for Trump to step down. Unfortunately, it is too late. Trump is a sinking ship, and many Republicans are simply saving themselves before he completely submerges in self-induced destruction. But these comments are nothing new for the Republican candidate. This is who Trump is: a demagogue masquerading as the working-man’s hero.

Republican politicians stretched their morals to defend Trump. He mocked a New York Times reporter with a disability and disparaged Sen. John McCain. He called Mexicans rapists and insulted the family of a fallen Gold Star soldier. But time and time again, Republican National Committee officials let him carry on. The RNC shut down resistance to Trump in the name of party unity and pushed full steam ahead on the Trump train. It is time now for Trump to come to a screeching halt.

Donald J. Trump must step aside as the Republican nominee for president, or the Republican leadership must denounce him as the candidate. And Republicans who have yet to rescind their endorsements must do so if they hope to have any future in politics. I’m not asking Republicans to support the Clintons. I’m asking Republicans to stand up to the bullies on both sides of the aisle — and that starts with putting an end to the monster that has captured our party.

ELEPHANT IN THE ROOM is a conservative politics column written by Kyle Stewart. **STEWART** is a junior journalism major. Connect with him at kstewart1@ithaca.edu and [@KyleStew107](https://twitter.com/KyleStew107).

CELISA CALACAL/THE ITHACAN

SNAP JUDGMENT

Do you think cigarette smoking should be banned on campus?

 <p>“I personally don’t smoke, but I know people need to because they’re addicted to it. So I just think they should have designated areas for it.”</p> <p>JESSICA TORRES TELEVISION-RADIO ’19</p>	 <p>“I think it should be banned like within a certain proximity to public places on campus or buildings, or there should be designated smoking areas.”</p> <p>PATRICK STARKE MUSIC PERFORMANCE EDUCATION ’17</p>	 <p>“Yes. ... There’s no reason that smoking is necessary on campus. I think it’s totally doable and that it would really help this campus a lot.”</p> <p>SARA DEL AGUILA PUBLIC & COMMUNITY HEALTH ’17</p>	 <p>“I think they should have designated areas to do that instead of doing it wherever or whenever.”</p> <p>SAIRAM REDDY POTLAPADU FILM, PHOTOGRAPHY & VISUAL ARTS ’20</p>	 <p>“I feel like banning it kind of infringes on people’s freedom and rights to do whatever they want — like, it’s their decision to make an unhealthy choice.”</p> <p>KATHERINE SKEMPRIS APPLIED PSYCHOLOGY ’17</p>
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Park Center for Independent Media presents

media critic

JANINE JACKSON

on


“CAN YOU TRUST MAINSTREAM NEWS MEDIA? RACIAL AND OTHER BIASES”



One of our country’s most astute media critics, Janine Jackson is the program director of the media watch group FAIR.org (Fairness & Accuracy in Reporting). She is producer and host of FAIR’s nationally-syndicated radio show *CounterSpin*, which is heard locally on WRFI.

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7:00pm, Emerson Suites
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✓Submit the Off-campus Application
(Each group member must complete the quiz)
✓Submit the Off-campus Application

Off-campus
Decisions are
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November 7th



SUMMER STUDY ABROAD EXPO

Thursday, November 3
12:00-1:00 PM
North Foyer, Campus Center

Summer, winter & spring break study abroad info and planning:

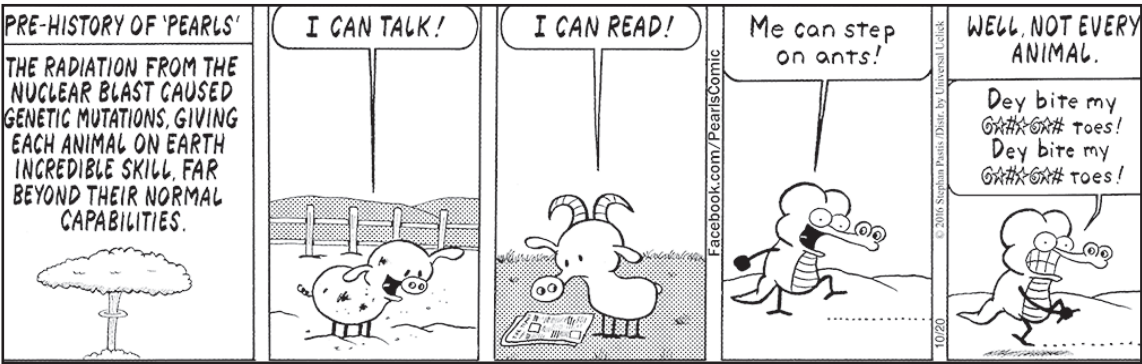
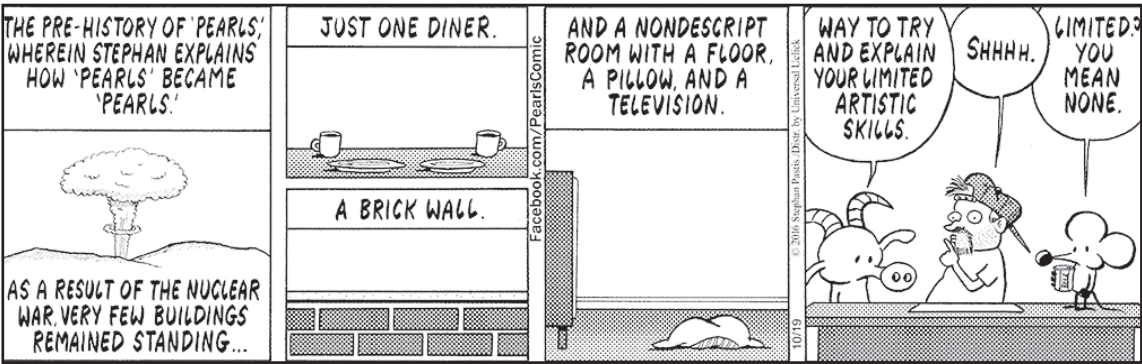
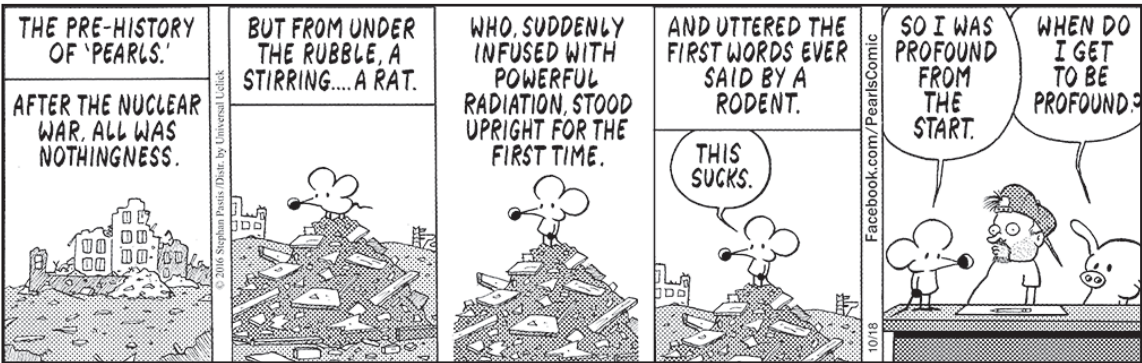
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Moonshoes By Allison Latini '17



Pearls Before Swine® By Stephan Pastis



sudoku

medium

					5			
								3
	4	6			9	2		
		8				4		
	1	7						9
	2	9	4	6		1	8	
6	8	5			2		3	
			9			6	7	
					3			

very hard

7	2			8				
				7	2		3	1
			9					
				9			4	
				1			7	
2					3			6
			8	3		9		
5						6		4
9		1	5			3		

answers to last week's sudoku

medium

8	9	1	3	5	4	7	2	6
3	7	5	2	1	6	4	8	9
2	4	6	8	9	7	3	5	1
6	1	3	4	7	8	2	9	5
7	2	8	5	6	9	1	4	3
4	5	9	1	2	3	8	6	7
1	3	4	9	8	5	6	7	2
5	6	2	7	4	1	9	3	8
9	8	7	6	3	2	5	1	4

hard

3	1	4	5	6	7	8	9	2
8	2	5	1	9	4	6	7	3
6	7	9	2	3	8	1	4	5
2	9	6	4	5	1	7	3	8
7	5	8	3	2	6	9	1	4
4	3	1	8	7	9	5	2	6
9	4	7	6	8	3	2	5	1
1	6	2	7	4	5	3	8	9
5	8	3	9	1	2	4	6	7

数独

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The Sudoku Source of "The Ithacan".

crossword

By United Media

		1	2	3		4	5	6		7	8	9	10
11						12				13			
14					15					16			
17							18		19				
20					21	22					23	24	25
					26					27			
28	29	30							31	32			
33							34						
35					36	37					38	39	40
			41	42					43	44			
45	46					47		48					
49						50				51			
52						53				54			

ACROSS

- 1 Tease
4 Cologne conjunction
7 Turn sharply
11 Certain something
12 Mink or ermine
13 Jai –
14 Super-abundance
16 Noble
17 Touch or taste
18 Do the floor
20 Keats opus
21 Tackle-box items
23 Adherent
26 Records, as mileage
27 Tuneful Paul –
28 Gambling den
31 Edge
33 Wished one hadn't
34 Ensure failure
35 Again and again
36 Beau
38 CEO aides
41 Business attire

- 43 Fine-tune
45 Fiscal period
47 Mirth
49 Soprano's piece
50 Ben & Jerry rival
51 Aardvark's diet
52 Browser's delight
53 Caviar, actually
54 Air-pump meas.

DOWN

- 1 Exercised power
2 Papas or Cara
3 Comes to the plate
4 Foreign visitor?
5 TLC providers
6 Prolong the vowels
7 Dell
8 Marrying in haste
9 Flair for music
10 Get – of (throw out)
11 Lhasa –
15 "Great blue" bird

- 19 Plural indicator
22 "I" trouble
24 Compete in a slalom
25 Pantyhose shade
26 Ceiling
27 Starfish part
28 – -Magnon
29 – Wiedersehen
30 Lift anchor (2 wds.)
31 Stooge with bangs
32 Major artery
34 Square dance call (hyph.)
36 Great Lake st.
37 Different
38 Ore deposits
39 Page or LuPone
40 The – the limit!
42 Europe-Asia range
44 Decorate gifts
45 Edible root
46 Age
48 Strong alkali

last week's crossword answers

Z	I	N	C		R	U	M	S		M	A	C
I	D	E	A		I	R	O	N		Y	E	A
G	L	A	D		A	N	C	E	S	T	R	Y
S	E	L	E	C	T	S		A	T	H	O	S
				T	O	A		A	K	A		
B	O	S	S	Y		N	O	S	T	R	I	L
I	V	E			Y	U	K			V	I	A
B	A	T	H	M	A	T		B	A	S	I	C
				E	E	K		H	A	N		
I	N	T	R	O		F	I	A	N	C	E	E
R	O	A	D	W	O	R	K		A	H	A	T
A	R	N		E	P	E	E		L	A	V	A
N	A	G		D	E	E	D		S	T	E	T

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FROM FAMILIES WITH FAMILY
INCOME BELOW \$125,000

— FREE TUITION AT
COMMUNITY COLLEGES

— \$25 BILLION FUND TO SUPPORT
HISTORICALLY BLACK COLLEGES
AND UNIVERSITIES

TALKING POINTS: HIGHER EDUCATION

— INSTITUTIONS
SHOULD USE MORE OF THE
RETURNS ON THEIR ENDOWMENTS TO
LOWER STUDENT COST

— INCOME-BASED REPAYMENT
FOR STUDENT LOANS

— REDUCING FEDERAL
REGULATIONS ON COLLEGES
AND UNIVERSITIES

PLANS, from Page 1

for the rich, such as adding limits on deductions. It would greatly increase the federal government's role in funding higher education, said Sandy Baum, who has advised the Clinton campaign and is a senior fellow at the Urban Institute, a liberal-leaning think tank.

"The goal from the beginning, and the continuing goal, is to make sure that students from all backgrounds can afford to go to college — that they don't accumulate excessive debt in doing that," Baum said.

States have been cutting higher education spending, Baum said, and Clinton's plan calls for the federal government to intervene and reverse that divestment. States would also be expected to increase their contributions to higher education.

The plan has been criticized from the right. Neal McCluskey, director of the Center for Educational Freedom at the Cato Institute, a libertarian think tank, said it would lead to "monstrous unintended consequences that the help is actually hurting." He said it would drastically increase the number of students at public colleges and universities, which could hurt the quality of those institutions, and would exacerbate the problem of students' starting college but not completing their degrees.

Kelchen said the price tag of the proposals will keep increasing as costs of higher education continue to increase.

"The problem is it's much easier to promise to essentially throw money at the problem than try to fix the root problem," he said. "Particularly when some of the solutions might mean things like faculty teaching more classes, not spending as much on facilities, factors that may not make students or faculty happy in an election year."

Clinton plan's effect on private institutions

Clinton's current plan could increase enrollment at public two- and four-year institutions by 9 to 22 percent, a study from Georgetown University's Center on Education and the Workforce found. Up to 15 percent of that could come from private institutions, according to the study.

The center's best guess, or median, for the increase in enrollment at public colleges is 16 percent, said Cary Lou, senior analyst at the center. Seven to 15 percent, with a median of 11 percent, would come from students leaving private colleges and universities, while the rest of the increase would come from new students who would not have otherwise gone to college.

Lou said "there's a good chance" Ithaca College would be affected if Clinton's plan were enacted.

"At least some of the students who are more price-sensitive would take a look at the increased difference in price between the private and public sector, and might choose to try to get into a public institution,

and if they did, would go to the lower-cost option," he said.

The plan may also have an unintended impact on minority students and students from a lower financial class, Lou said. The study raised concerns that some well-qualified minority students may be squeezed out of more selective public institutions by students transferring over from the private sector.

"On the private side, we're concerned that the fact the change may impact price-sensitive students the most might have a negative impact or could decrease diversity at some private institutions as well," he said. "It's something that, if a policy like this were to be put into place, that institutions just need to be mindful of and consider and keep in mind as part of the admissions, applications, recruiting process."

Presidents at other small private colleges have expressed concerns about how the plan would impact their institutions and the students they serve.

"It's impossible for a small private college to compete with \$300 billion (sic) going to public universities," said Patricia McGuire, president of Trinity Washington University in Washington, D.C. "This just would tilt the playing field so hard that it really could kill a lot of small private colleges."

Kelchen said he did not think Ithaca College would see a large impact since the college is "relatively selective" and because the public State University of New York system is already "very inexpensive" compared to the cost of public institutions in other states. For example, tuition in the SUNY system is \$6,470 a year, while at Rutgers University, the largest public institution of New Jersey, tuition is almost double that, at \$11,408.

"It would affect private colleges in states that have higher tuition in the public sector, and it would really affect colleges that are admitting almost every student who applies," he said.

Sophomore Abriana Smith applied to Rutgers in her home state of New Jersey but decided the college was a better choice for her.

"It was definitely a tough choice, financially," she said. "Obviously Ithaca was a lot more for me. I had to weigh it out, but I really liked Ithaca, and I thought it would put me in a better career position, so I hope it will pay off."

However, Smith, who is planning on voting for Clinton, said if tuition at Rutgers were free, that would have swayed her decision. She said she supports Clinton's plan.

Freshman Alexander May, on the other hand, did not apply to the public colleges

in his home state of Massachusetts. He said he decided to go to Ithaca College because of the educational quality, and he said he still probably would have come to the college if the public option were free.

"It was a pretty good program for what I wanted, and it's nice here," he said.

President Tom Rochon declined to comment.

Gerard Turbide, vice president for enrollment management, said it was difficult to predict what impact such a plan would have on the college. The passage of this plan would "change the landscape" of higher education, but it is unclear how, he said.

"Everything gets at individuals looking at the comparative cost and value, and the return on that investment," he said. "I don't want to say that it will put more pressure on institutions to distinguish themselves or kind of communicate what that value is because I think that's already pretty much at a steady high level of importance for us."

Trump's plan

Republican nominee Donald Trump has not made higher education affordability a major focus of his campaign.

Trump's most thorough address of higher education so far during the campaign came Oct. 13, when he proposed a rate of income-based repayment for student loans capped at 12.5 percent of a borrower's income with all debt forgiven after 15 years. He said he would reduce

federal regulations on colleges and universities, which he said would decrease student costs as institutions would have to spend less to comply.

Kelchen said that due to the absence of details, Trump's ideas don't represent a plan, though they could if the campaign fleshes out the ideas a little more.

Trump also spoke out against "political correctness" on college campuses, and he spoke on a topic he has made a central tenet of his discussion of higher education: endowments.

During a Sept. 23 speech, he said he would encourage Congress to make institutions with large endowments help lower costs or risk losing their tax-exempt status.

This idea has been championed in Congress by Rep. Tom Reed, who represents Ithaca. He has written legislation to target schools with endowments over \$1 billion. This legislation would require those schools to use 25 percent of their annual endowment income as financial aid for students.

"To me, that is only appropriate: to have a direction of those monies, for what the public purpose that these institutions get

their not-for-profit status for — to educate our kids," Reed said.

As of 2015, Ithaca College has an endowment of \$289.3 million, well below the \$1 billion threshold for endowments that would be impacted by Reed's legislation.

At the college, returns generated from investments in the restricted endowment funds are used according to the donor's wishes, and returns from unrestricted endowment funds are used "throughout the budget, including for financial aid, faculty and staff salaries, classroom and laboratory equipment, and a host of other expenses incurred in operating the college," said Janet Williams, interim vice president for finance and administration, via email.

Since the majority of college endowment funds are restricted, finding enough available funds to make a difference in student price would be a challenge, Kelchen said.

Just 92 U.S. colleges and universities had endowments valued at or over \$1 billion in 2015, according to the National Association of College and University Business Officers and Commonfund Institute. Only these 92 would fall under Reed's plan, representing only a small portion of the thousands of higher education institutions in the United States.

"It won't do much to help improve college affordability because so few colleges have large endowments and because a good number of these colleges already have fairly generous grant programs for financially needy students," Kelchen said.

Reed said the endowment portion is just the first step and is not the "magic bullet" to solve the crisis.

Since most institutions have nonprofit status, he said, he is working on putting together a blueprint requiring more disclosure for institutions on their spending, requiring them to create a college cost containment strategy that they would adhere to.

"I think it's only fair that we use the endowment, the not-for-profit space, as the tool to put more spotlight on this area and really drive these costs down by asking the hard questions of those setting these prices," he said.

What Could Get Done


Most of the advances in addressing higher education issues in the foreseeable future will come from the state level or federal executive branch, Kelchen said, due to congressional deadlock.


Reed was more optimistic about bipartisan gains in Congress and said that next year offers an opportunity.


"With the new administration — and both the Donald Trump and Hillary Clinton campaigns talking about college costs — I think there's a big window of opportunity for us to address this," he said.


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THURSDAY, OCTOBER 20, 2016

MAGIC IN THE STREETS

Wizard-themed food, wands and Ouiji boards will be sold at Ithaca's second annual Wizarding Weekend on Oct. 27–30

A child dressed up as a wizard for the first annual Wizarding Weekend, which took place Oct. 31, 2015, in downtown Ithaca. A costume contest will be part of this year's event.

JADE CARDICHON/THE ITHACAN

BY JAKE LEARY
STAFF WRITER

The children of the late '90s and early 2000s were reared on a diet of "Harry Potter"; millions of children dreamed of a chance to enter Hogwarts' Great Hall or tour the village of Hogsmeade. The City of Ithaca whetted their appetites last year and has bigger plans for a weekend of wizarding fantasies this year.

From Oct. 27 to Oct. 30, Ithaca will run its second annual Wizarding Weekend. Vendors distributing confections, artists selling magical wares and special events inspiring even the stodgiest muggle — with months of meticulous planning, the Ithaca community will be imbued with magic.

The event began as a single-day event in 2015 after several local teens inspired the owners of businesses in Press Bay Alley, a strip of local shops, to transform their part of Green Street into a model of J.K. Rowling's Diagon Alley. Darlynn Overbaugh, creative director on the Wizarding Weekend Executive Committee and owner of Life's So Sweet Chocolates in Press Bay Alley, said the event exceeded expectations by attracting nearly 8,000 attendees from across the country. The event this year is already receiving renewed attention from national news outlets like the Huffington Post.

Dozens of local Ithaca establishments are participating in Wizarding Weekend, and it has provided opportunities for Ithaca College students as well, from the artistic to the business-minded.

Overbaugh said she jumped on board last year thinking it would be a fun side-activity but was blown away by the enthusiastic reception. This year, she said, she wants to take her experience from the initial event and draw new, passionate fans to Ithaca for the second.

"This year is a lot of fine-tuning," she said. "The real emphasis for the weekend is on the businesses that are downtown."

Overbaugh said this year's celebration has expanded in scope, stretching across four days, centered around Oct. 29.

Exclusive vendors will appear from 10 a.m. to 5 p.m. Oct. 29, including wand makers, face painters and tarot card-reading experts. Special ticketed events will also take place that range from a Wizarding Breakfast at Hotel Ithaca to a screening of National Theater Live's Frankenstein at Cinemapolis. On the same day, food trucks and stands will purvey themed delicacies reminiscent of the fare served on the Hogwarts Express or at the Great Hall dining

tables. Overbaugh said returning activities will include Wizarding Chess and dueling. Public events will range from costume contests to wizard rock bands to a performance at the State Theatre of Ithaca by mind reader and Ithaca College alumnus Eric Dittelman '07.

Senior Ashley Ahl, an integrated marketing communications major, has been working on promoting the event both on and off campus. As part of her capstone project, she said, she and a team of other students are writing press releases, reaching out to residence halls at the college and working on the event's social-media presence.

Ahl said the potential for increased tourism to Ithaca and the aid of grants has enabled Wizarding Weekend to grow from a what-if to a massive celebration of the world of Harry Potter.

"Part of the money for the weekend is funded through a grant for the tourism program of Tompkins County," Ahl said. "It's centered in Ithaca, but it's something that people from all around are interested in because the 'Harry Potter' culture is something that attracts a lot of people."

Ahl said she and her peers were enthusiastic about this project because it pulled together their academic skills and their passion for a series that was prominent in their youth.

"I think that it's a great opportunity for Ithaca students," she said. "We're doing things for real-life clients, and this is work that we can show to future employers."

Sophomore Nicole Marino, a double major in film, photography and visual arts, and environmental studies, is participating in Wizarding Weekend as a customized Ouija-board vendor. After working at Ithaca Generator, a nonprofit design space located in Press Bay Alley, in Spring 2016, Marino said, she took to the idea of creating her own customized Ouija boards. She noticed a gap between the two types of Ouija boards available on the market.

"The only ones you could buy are, like, the Hasbro ones, or you can buy the super, super \$100-plus expensive ones," she said.

Marino said she engraved her own boards, even marking the planchettes — the eye-pieces of the Ouija board — with owls and the marker of the Deathly Hallows, for the event. She said the event brought together her childhood love for "Harry Potter" and her current artistic pursuits.

"You can design them to fit any theme," Marino said. "I actually made a 'Harry Potter'-theme Ouija board that I'm going to sell

at the weekend because I grew up on 'Harry Potter.'"

Marino said she also sees it as a learning opportunity in which she can work with fellow creators.

"Last year I went just to kind of see what was going on," she said. "But now that I'm going down as a maker, I'm curious to see how other people are taking things they make and adapting them to the weekend."

Overbaugh said the participating businesses are working to make the weekend special by decorating several storefronts weeks in advance. Overbaugh herself is making over 40 wizard-themed food items for the event, but she said she feels it's worth it.

"This is our opportunity to do something really special and fun for the community, to showcase why magic lives in Ithaca year-round," she said.

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This is our opportunity to do something really special and fun for the community, to showcase why magic lives in Ithaca year-round."

— Darlynn Overbaugh



Two young "Harry Potter" fans ride a bicycle down West State Street during the 2015 Wizarding Weekend in Ithaca.

JADE CARDICHON/THE ITHACAN

ACCENTUATE

VIRAL VIDEO

Raccoon steals student's phone and films escape



A recent viral video posted to Twitter on Oct. 11 shows a raccoon snagging a college student's cellphone and running off with the phone in its mouth. The student, Guy Williams, placed his cellphone on the grass before the raccoon's escape to film it snacking on some acorns. After some curious sniffing, the raccoon snagged the phone and immediately dashed to the woods. During an interview with BuzzFeed, Williams said he retrieved his phone by calling it several times, which scared away the creature. The tweet has over 200,000 likes on Twitter and more than 1 million reactions.

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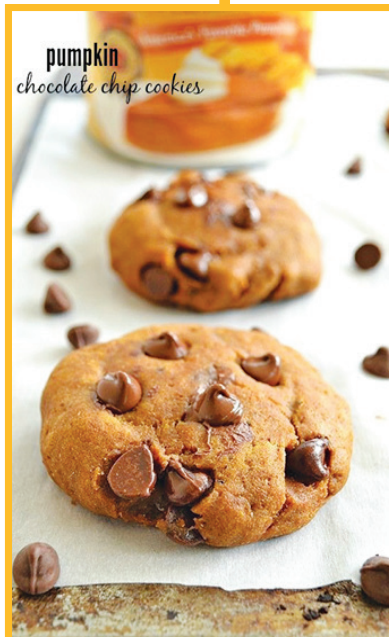
1/2 cup melted butter
3/4 cup coconut sugar (or brown sugar)
7 tablespoons pumpkin puree
1 teaspoon vanilla extract
1 1/2 cups white whole-wheat flour
1/4 teaspoons baking powder
1/2 teaspoons baking soda
1/4 teaspoons salt
1/2 teaspoons ground cinnamon
1/4 teaspoons ground nutmeg
1/2 cup semisweet chocolate chips

Instructions:

—In a large bowl, whisk melted butter, sugar, pumpkin and vanilla until smooth. In a medium bowl, combine flour, baking powder, baking soda, salt and spices. Stir flour mixture into liquid mixture until a dough forms. Stir in chocolate chips.
—Wrap cookie dough in plastic wrap. Chill in refrigerator one hour.

—After dough is chilled, roll into 2-inch balls and place on parchment paper-lined baking sheets. Flatten cookies slightly. Bake cookies at 350 degrees for 10 minutes. Cool and enjoy!

Photo and recipe from
WholeandHeavenlyOven.com



CELEB SCOOPS

Sarah Jessica Parker Hints at Sequel

Sarah Jessica Parker, one of four iconic ladies behind the hit HBO series "Sex and the City," recently admitted to CBS's "Sunday Morning" that a third silver-screen sequel is on the way. When asked about a third film, Parker said, "The idea, it rests in the butler's pantry. It's not on the table, but somebody is holding it fairly nearby." Comparatively, in an interview for Sirius XM during May 2016, the actress said there were "currently no plans" for a third movie to be released. Parker played Carrie Bradshaw on "Sex and the City" from 1998 to its end date in 2004.

C'est costume chic: Willow on Halloween

At only 4 years old, Willow, the daughter of photographer Gina Lee, is dressing in more complex costumes than most adults do for Halloween — and photos of her are going viral. This year, Willow is dressed as Tippi Hedren, from Alfred Hitchcock's iconic "The Birds." The intricate costumes are designed by Lee. Though the duo celebrate Halloween annually, Willow dresses in costume on a monthly basis for Lee's photography. Some other costumes include a hot dog on a stick, Gilligan from "Gilligan's Island," Red from "Orange is the New Black," the Trump Tower climber, a contestant on "The Price is Right," Elliot from "E.T." and the girl on Morton Salt containers.



Ithaca College debuts World Music Festival

BY LISBETH PEREZ
CONTRIBUTING WRITER

Musicians from around the nation will bring their worldly musical styles together for Ithaca College's first World Music Festival on Oct. 23, at the James J. Whalen Center for Music.

The festival will begin at 11 a.m. in Ford Hall with a concert featuring the Ithaca-native New Roots Steel Band, an ensemble of students from the New Roots Charter School, and David Ferreira, a New Roots music teacher, who will perform Trinidadian music. An African drumming workshop will take place at 1 p.m. with the students from the African Drumming and Dance ensemble and Dane Richeson '83, now a professor of music at Lawrence University. A concert of Hindustani music, a North Indian style of classical Indian music, will take place at 3 p.m. The Howlin' Brother, an old-time country-blues string band from Nashville, Tennessee, will perform Oletime Bluegrass music at 4:30 p.m., and finally, there will be a Grand Concert Finale at 7:30 p.m. The finale concert will include music from all around the world — the United States, Africa, Trinidad, Japan, India, Brazil and Argentina. The performers for this festival come from around the country.

This idea to have a one-day festival with music from around the world originated with Gordon Stout, professor in the music performance department.

"The World Music Festival is a way to celebrate music from different cultures around the world that is present here in Ithaca," he said. "It's an idea that I had a couple of years ago because there is world music at Cornell, there is world music here, there is world music in the community of Ithaca, and it has never been



brought together in one place for a one-day celebration."

He is also working in collaboration with Warren Schlesinger, Finger Lakes Environmental Film Festival coordinator and associate professor of accounting, and Baruch Whitehead, associate professor in the music education department, to plan the World Music Festival.

Stout said that during the concert

finale, he will also be performing choro music, an upbeat instrumental genre that originated in Brazil, in a particular style from Argentina, on the marimba.

Schlesinger said the finale concert will be part of the itinerary for the 2016 FLEFF Diversity Scholars Initiative — a three-day program inviting graduate students to see what Ithaca College is like, should they decide to

become part of the faculty.

Whitehead said his African Drumming and Dance ensemble will also be performing at the finale concert. The ensemble is made up of students from the campus at large, not just the School of Music.

"It is authentic song and dance from West Africa, in particular Ghana," he said. "We are using African drums, shakers and bells — typical

drums that you would see in an African ensemble. I would just hope they have a good time and appreciate the music in its form and to just really enjoy themselves."

Richeson said he will be performing an Afro-Brazilian solo where he will be using a berimbau originally from Africa, a Cajon, a Caxixi and ankle bells. He will also be performing with the African Drum and Dance ensemble as a guest drummer along with Stout and Valerie Naranjo '82, a world-renowned percussionist who contributed to composing The Lion King on Broadway.

In addition to the African music, Naranjo will perform American Indian music with her partner Barry Olsen. She will be joined by Stout and Richeson for an Ute Sundance Song, which signifies new beginnings for individuals and communities.

"The music that I perform will come from Native American work and play music, often sung by one person without instruments," Naranjo said. "I will be joined by Barry Olsen on piano for a Navajo song called 'Ink Pata,' and on a Norwegian Hymn that describes pure faith in the wake of disaster."

She said she encourages people from all over the world to take a breath every now and then to celebrate their humanity as well as each other's accomplishments.

"I often hope that we can take more time in America to relax, to celebrate and to smile at each other," she said. "Also, in a world that is headed toward a kind of chaos of distrust, we need to take even more time to get to know each other. Music and dance is a great way to do that."

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New Snapchat geofilters showcase specific locations across campus

BY BRIANNA RUBACK
CONTRIBUTING WRITER

Roy H. Park Hall — among other buildings on the Ithaca College campus — now has its own mark in the world of Snapchat.

On Sept. 17, a Snapchat "geofilter" — a location-based overlay that changes depending on one's location — for the

Roy H. Park School of Communications went live.

Released in September 2011, Snapchat — the social media application that once just consisted of sending quickly disappearing pictures and videos — added a feature in 2014 that allows users to create their own geofilters.

Senior Meagan Shepherd,

a television-radio major, said she noticed that there was not a geofilter for the Park School and wanted to fill the void.

The geofilter design includes the front of Park Hall, the sign, the front doors and a purple sky with stars hovering above the building.

It took Shepherd about three days to finish the drawing in Photoshop. She said she also had to submit a short paragraph to Snapchat about why the geofilter would be important to the community.

Shepherd said that because the geofilter is accessible to the Ithaca community, the concept behind "selling" Park had to be meaningful.

"I think the fact that you can show exactly what building you're in and what you're doing for the Park School helps our image because then everyone knows how committed we are," Shepherd said.

Mike O'Neill, Ithaca College's social media strategist, said Snapchat has proved to be an essential marketing tool for branding as well.

"If any prospective students come here and they have seen that geofilter, they'll already have an idea of what the building looks like," O'Neill said.

Colleen O'Meara '16, who

interned for O'Neill during her senior year at the college, created a Snapchat geofilter that reads "Ithaca College" in royal blue script writing.

O'Neill said that when students post on a social media platform, it helps promote the college.

"It just shows off the school in a fun way," O'Neill said. "And I think students love to show where they go to school, as well."

Several other geofilters for places across campus were recently created as well, including one for the James J. Whalen Center for Music, The Dillingham Center, and residence halls like the Towers, Hilliard Hall and Hood Hall.

Tyler Finck, the adviser at Park Design House, a co-curricular at the college that allows students interested in design, event planning and public relations to produce work for on-campus clients, created a geofilter reading "Ithaca" in a variety of colors that can be used on campus.

"Snapchat also seems to encourage anyone. There's no barrier to entry," Finck said. "This isn't something for professionals only. If a student at IC, or high school, or even younger made a good-looking geofilter, I think it would end



Senior Meagan Shepherd created the design for the Park School Snapchat geofilter, which went live Sept. 17.

CHARLIE GILL/THE ITHACAN



Junior Nickolette Cartales practices her viola in the James J. Whalen Center for Music on the evening of Oct. 19.

JADE CARDICHON/THE ITHACAN

up in the rotation."

O'Neill said that in past years, it was difficult for schools to create their own geofilters because Snapchat did not allow logos or other forms of branding to be used.

He said it is important that everything done on social media has a purpose with the goal of reaching an audience.

"I think that those are

some things that colleges and universities are striving for," he said. "Engagement is always the biggest key for social media. We want to engage our audiences, whether they be students or prospective students, alumni, parents."

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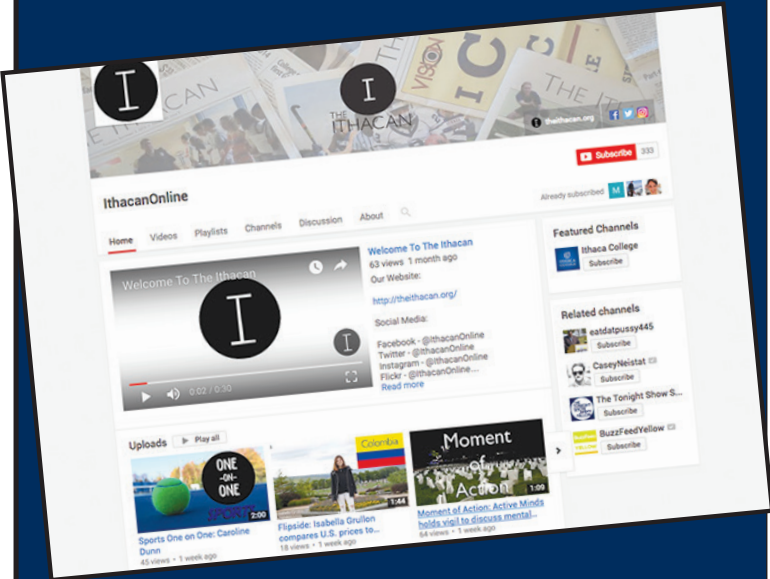
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Ink Shop exhibition translates media into art



Judy Hyman, a local Ithaca resident, listens to musician Billy Coté’s musical contribution to “36 Transitions,” which is the new exhibition at the Ink Shop in downtown Ithaca and will remain open until Oct. 29.

JADE CARDICHON/THE ITHACAN

BY OLIVIA RIGGIO
STAFF WRITER

The small room above the Community School of Music and Arts quickly became crowded as the sun went down. Ithaca locals, many of them artists, came in and out throughout the evening admiring prints, reading poetry and listening to music through headphones attached to the

stark white walls.

The Ink Shop hosted a reception for the opening night of “36 Transitions” on Oct. 7. The exhibit is a multimedia installation that features work from electronic and instrumental musician Billy Coté; novelist and poet Jon Frankel; and printmaker and Ink Shop director Craig Mains. It will be open

until Oct. 29.

The three Ithaca-based artists collaborated to create six groups of six linked pieces of musical, poetic and visual art. Frankel said all of the pieces in the exhibition relate to the theme of an apocalyptic underworld.

Mains said he came up with the idea for “36 Transitions,” inspired by the game “telephone” and its

lesser-known visual equivalent, “exquisite corpse,” which involves players’ drawing images on a piece of paper and passing it along for others to add to. The method in which the artists shared their pieces was similar to these games in that one artist would begin the sequence, the next artist would create a piece based on the first work, and so on. The artists could interpret the other pieces in ways that alter their initial ideas.

“One person says something into someone’s ear, and that person passes it on, and by the time you get to the end of the line, it’s changed. Or, perhaps it hasn’t changed,” he said. “I love the game, so this is kind of a version of that.”

The artists met in Olin Library at Cornell University, where they all work. The artists came up with the idea for the project in February 2015 and began submitting their work to one another in May 2015. They set up a Dropbox to share their pieces with one another, and they could not see the other pieces until the full sequence was finished.

“I was really surprised with just how spontaneous it was,” Frankel said. “It was really improvisational.”

Coté said the first piece in the series elicited profound creative

responses from him due to its frank and provocative nature. It begins with Frankel’s poem, which reads, “One god/ Is one god/ Too many.” He said the controversial message, printed modestly yet unabashedly in plain black against a stark white canvas, serves as an existentially challenging provocation.

“I know it’s sort of nihilistic, and it’s sort of cynical, but it’s a strong statement, and it immediately opened up a lot of conversation between us artistically,” he said. “I made a piece that was sort of dark and a little chaotic. Because a life without God — what does that mean? Does that mean chaos? That was the question that I was asking musically.”

Ithaca resident Chris Kelly, a graphic designer for Cornell who used to teach Photoshop workshops at the Ink Shop, said he thought the Ink Shop’s collaborative environment provided great opportunities for local artists to work together and gain notoriety in the community.

“I think [The Ink Shop] adds a richness to the community,” he said. “They have several unique offerings here. There’s a lot people can learn.”

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Anglers Club casts its line for fish and new students

BY SILAS WHITE
STAFF WRITER

The water is still for a moment before the line suddenly dips down and movement can be seen rippling from below the surface. Senior Cole Handerhan reels in a catfish, which weighs roughly 3 to 4 pounds and is about 20 inches long. The excitement of reeling in the fish has brought other members of the Ithaca Anglers Club over, and they congratulate Handerhan before the fish is thrown back into the pond next to Muller Chapel.

Handerhan is the club’s co-founder and current vice president. He created the club in Spring 2014, alongside Briana Gagnier, a former Ithaca College student, who transferred to the University of South Florida before the beginning of the Fall 2014 semester, to bring together students who have a passion for fishing.

“I knew there had to be other people on campus who liked it, but there really wasn’t an avenue for us to meet up or come together,” Handerhan said.

Besides fishing at the pond by Muller Chapel, the club also takes a fishing trip to Lake Ontario during the spring semester every year. Senior Kurt Hoefig, who has earned the title “Bass Master Extraordinaire” due to his overt passion for fishing, said fishing on Lake Ontario

is incredible, regardless of if you enjoy fishing or not.

“We essentially rent two charter boats that are about 25 feet long. When you’re out there, it doesn’t feel like a pond. It feels like you’re out on the ocean,” he said. “It’s an incredible opportunity, even if you don’t like fishing, just to see that — it’s unbelievable.”

Besides fishing on Lake Ontario and the pond by Muller Chapel, Ripic said, the group fishes on Second Dam, Cayuga Lake and the local tributaries.

Hoefig said the club “trolls” for brown trout, a technique where multiple baited lines are cast out at the same time. He said that in its first year, the group caught over 50 fish.

The Ontario trips can be expensive, but the club sells merchandise like stickers and t-shirts to cover the cost. The club has also used crowdfunding on the website Indiegogo to help fund this year’s Ontario trip.

Junior Jonathan Ripic is the club’s treasurer. He said he found out about the club through an Intercom announcement and had already developed an interest in fishing through his family.

“My dad’s family is a big outdoors family — hunting, fishing, the whole nine yards,” he said. “My mom grew up on the Susque-



From left, senior Cole Handerhan, co-founder and vice president of the Anglers Club, and senior Kurt Hoefig laugh while catching fish on the pond next to Muller Chapel on Oct. 10.

TEDDY ZERIVITZ/THE ITHACAN

hanna River in Owego, so they fished a lot in their backyard.”

Besides the Ontario trip, Ripic said, as treasurer, he is interested in setting up a trip to an outdoors store to stock up on lures and equipment.

He said the club is open to people of all experience levels and encourages anyone who has an interest in fishing to come to one of their meetings, which are held at 6 p.m. every other Monday in Williams 202.

“It’s a good opportunity for people who haven’t been involved in fishing but have always wanted to learn about it or try it out,” he said. “The chapel pond fishing is definitely a good way to get into that. There’s always an officer who is passionate about fishing and extremely willing to help someone who has never done it or doesn’t have experience.”

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‘Peregrine’ produces hodgepodge of mystery

BY JAKE LEARY
STAFF WRITER

Tim Burton’s “Miss Peregrine’s Home for Peculiar Children” is the latest in a line of young-adult films that were expected to set the world on fire. Jake (Asa Butterfield) is a supposedly normal boy thrust into a world of the strange and impossible — a world where time stops, invisibility is real and monsters roam. The film strives to foster the cultural relevance of “Harry Potter” or the “X-Men,” but it fails. Instead, the audience is left with a film that lacks a sense of progression, purpose, logic, style and wonder.

The pacing issues at the heart of the film become apparent almost immediately. The dramatic opening credits pull a comedic 180 and hard cut to a bright, cheery Florida town. On its own, a transition like that is not an issue, but the feeling of being thrown off course is a recurrent one throughout “Miss Peregrine’s Home for Peculiar Children.”

The first act begins and ends suddenly. Then the audience is swept off to an entirely new location where events randomly tumble into place. None of the action sequences or emotionally dynamic moments have a chance to breathe. The result is a film that is less like a well-conceived narrative and more like the rambling of a poor storyteller, which is surprising, considering the talent involved.

The usually talented cast — which features Asa Butterfield (“Hugo,”

“Ender’s Game”), Eva Green (“Penny Dreadful,” “300: Rise of an Empire”) and Samuel L. Jackson (“The Hateful Eight,” “Avengers: Age of Ultron”) — gives uncharacteristically poor performances. Jackson’s villainous Barron is particularly hard to believe: His mustache-twirling brand of evil is both distracting and ridiculous. Unfortunately, when one looks past the distracting characterization, there isn’t much else to see.

Burton has a distinct style that, whether one likes it or not, is iconic and visually appealing. The film bears none of the atmospheric flourishes of Burton’s other films; it could have been anyone who directed “Miss Peregrine’s Home for Peculiar Children.” The writing also lacks any exciting twists and neglects basic character development. It seems as though screenwriter Jane Goldman is writing a tedious X-Men fan fiction, which isn’t surprising considering her previous work includes the vastly superior “X-Men: First Class” and “X-Men: Days of Future Past.”

The worst sin “Miss Peregrine’s Home for Peculiar Children” commits is depriving its viewers of a chance to share in Jake’s awe while simultaneously confusing them. The abilities of the Peculiars are a convoluted mess of special effects: They look flashy, but they come across as cheap plot devices. Miss Peregrine’s time-looping ability is the worst of them all: It is nearly impossible to understand. The film ends with a confusing time paradox



In “Miss Peregrine’s Home for Peculiar Children,” Jake (Asa Butterfield) discovers a mysterious school for children with fascinating powers. As he bonds with the residents, Jake contrives his own mystical abilities. TWENTIETH CENTURY FOX

that exists purely to ensure a happy ending for Jake and his friends.

There are moments when “Miss Peregrine’s Home for Peculiar Children” almost approaches greatness and almost draws emotion from the viewer. These moments are the

exception. The majority of the film is bland or senseless. The absurdity of the villain’s plot, the uninspired romances and the confusing laws governing the world of the peculiar are obstacles standing in the way of a potentially exciting adventure.

This is yet another in a long line of films that favor fast-paced spectacle over slow, awe-inspiring wonder, and it suffers because of it.

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Spektor proves to be the ‘regina’ of music

BY OLIVIA RIGGIO
STAFF WRITER

Over the course of the past 15 years since her first album, “11:11,” Regina Spektor has become known for her ability to tell whimsical stories through music. Her seventh studio album, “Remember Us to Life,” is yet another example of her incredible writing ability. The album, released Sept. 30, strikes the perfect balance between unconventionality and catchy pop appeal. Spektor performed at the State Theatre on Oct. 14.

The album begins with a catchy single, “Bleeding Heart.” Despite the song’s light and peppy feel, the lyrics discuss what it feels like to be an outcast. The chorus rhythmically repeats “Never never mind your bleeding heart” in a simple but poignant declaration that describes what it is like to feel invisible and ignored. Spektor seems to exhibit empathetic wisdom on

this track, as if speaking from personal experience. She sings, “Someday you’ll grow up/ And then you’ll forget/ All the pain you endured/ Until you walk past a sad pair of eyes/ And up will come back all the hurt.” As these lyrics seem to take a pessimistic turn, Spektor’s writing describes how one person’s negativity can affect others.

“Bleeding Heart” is lyrically and dynamically interesting. It begins with airy synths and sustains its levity until the end, when drums and heavy guitar come in and Spektor repeats the chorus with more angst. Spektor’s method of manipulating the dynamics and moods of her songs, whether content or unsettled, gives them a playful feel and demonstrates her technical musical prowess.

The third track on the album, “Grand Hotel,” takes on more of a ballad feel compared to the two that precede it. Its piano-heavy instrumentation and mystical lyrics tell the story of a tunnel to hell that resides below a fancy hotel. Each of the verses reveals more about the demons that come up



SIRE RECORDS

and visit the hotel, humanizing them in a fantastical and humorous way.

As a whole, “Remember Us to Life” is a brilliant album that stays true to the dynamic writing that made Spektor popular. Unlike other artists, Spektor need not change her style or sound to stay current or gain popularity, as listeners are continuously impressed by her fresh and genuine releases that ooze individuality. Spektor’s songs cannot be recreated or worn out. They transcend time and genre. “Remember Us to Life” is both a musical and poetic masterpiece.

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Album mostly succeeds

BY ASHLEY WOLF
STAFF WRITER

One Republic’s fourth studio album, “Oh My My,” released Oct. 7, offers listeners a nicely balanced variety between moving power ballads and easy-listening dance tracks. Despite some a w k w a r d beats and faulty falsetto, the album shows off the band’s talents through powerful vocals, thought-provoking lyrics written by the band and varying styles of instrumentation.

Though the song “Human” has an interesting percussion composition and lyric concept, the entire track is ruined by Ryan Tedder’s failed attempt at a falsetto sound. Though the song’s story has interesting potential, some of the lyrics repeat too frequently and become monotonous. One Republic tried to vary its vocals and overall sound in the song, but the vocals layered

on top of a keyboard and dubstep composition sound clumsy and distract from the lyrics’ intriguing concept. The band should have left this song out of “Oh My My.”

One Republic had mostly hits and only a few misses on this album. The band created a fantastic album full of emotional and sound variety. “Kids” and “Wherever I Go” are the leading singles from the album and have already received radio airtime. It is only a matter of time before more songs from the album hit the airwaves and climb the charts.

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INTERSCOPE

QUICKIES



SONY MUSIC

“CITY GIRL”
Ryan Hurd
Sony Music

“City Girl,” released to Spotify on Oct. 14, the latest from country artist Ryan Hurd, combines cliché lyrics and whiny vocals. The end result is a repetitive, buzzy country tune that fails to measure up to fellow country radio hits.



BLUME

“FIRE”
3Lau/Said the Sky
BLUME

An intricate blend of fierce vocals and clicking beats join forces in “Fire,” the latest single from 3Lau and Said the Sky, released Oct. 14. The tune is reminiscent of the Chainsmoker’s recent single “Don’t Let Me Down.”



OWSLA RECORDS

“MOLINO”
Mark Johns
OWSLA Records

On Oct. 4, rhythm and blues artist Mark Johns released “Molino,” a single off her new EP with the same name. The tune’s catchy beats and intimate lyrics contribute to a powerful dance hit that is sure to please listeners of all ages.

ONLINE

For more on Zelehowsky, go to theithacan.org/Adam-Zelehowsky

SWIMMER OVERCOMES ATRIAL FIBRILLATION TO RETURN TO THE WATER

BEATING THE CLOCK

Graduate student Adam Zelehowsky practices Oct. 11. He decided to take last season off to get healthy for his last season as a Bomber.

MAXINE HANSFORD/THE ITHACAN

BY VINICA WEISS
SENIOR WRITER

Since the age of 6, when his passion for swimming surfaced, senior Adam Zelehowsky has found comfort in the pool. After a busy day, when he sinks into the calm water that for so long has put him at ease, he feels recharged. He's relaxed, consumed by his own thoughts, completely and utterly focused.

Yet two years ago, in October, with the first competition just days away, he jumped into the water, and something felt unusual. For some reason, upon entering the pool, he felt colder than normal. Then, as he began warming up, his heart rate seemed abnormally high.

Quickly, he got out of the

"At the time, it was terrifying because I had no idea what was going on," Zelehowsky said. "The doctors at the hospital were telling me all these terrible things, like I wasn't ever going to be able to train again, that this shouldn't be happening to me. They just didn't expect me as an athlete, being this young, to have that sort of heart condition."

Zelehowsky said that while his normal resting heart rate can range from 60 to 90 beats per minute, during an episode, his resting heart rate can hit 150 to 180 beats per minute. However, he said he can also experience rapid atrial fibrillation, a more severe form of the condition, where his heart rate can climb well over 200 beats per minute.

beats per minute. He said that when he practices, his heart rate is normally 120–160 beats per minute, while it is typically 180–200 beats per minute when he is racing.

After much thought, he decided to take the 2015–16 year off from swimming altogether so that he could improve his routine. At that point, Zelehowsky, a biology major, also knew he would be spending a fifth year at the college to take more classes and do some research, meaning he had one more year of eligibility.

During his time with the Bombers, Zelehowsky has found plenty of success in the pool. In his 2012–13 season, he earned Rookie of the Year honors, and he

keeps his sodium levels low and potassium levels high.

When he started training again, Zelehowsky said, he began with weight training and would try to keep his heart rate low. He eventually moved on to bigger weights but still maintained a low heart rate. This allowed him to build more muscle and endurance. Then, he began to slowly switch to a nonswimming cardio routine, which helped give him a toned base.

About a month ago, Zelehowsky began practicing with his team again. While he is feeling better, he said, he still must be wary not to overtrain and risk another episode.

"It's still pretty easy to flip out of rhythm, but I know my trig-

practices," he said.

Kevin Markwardt, men's swimming head coach, said that because Zelehowsky had to overcome a physical setback, he has matured in the past year, which will make him a better competitor in the long run.

"There are people I worry about — and I tell them right out — if you take a year off, I never expect to see you again because it's really hard to come back to a competitive sport that requires so much work and effort," he said. "Adam was one of the few kids that I had confidence that he had really felt like he had things he wanted to do still and was ready to come back."

For his last season, Zelehowsky said, one of his main goals is to

water and went to go see the trainers to determine what exactly was happening. Soon enough, he found himself in an ambulance heading to the hospital. It was then that Zelehowsky was diagnosed with atrial fibrillation, a heart condition in which the upper chambers of the heart beat irregularly.

According to the American Heart Association, at least 2.7 million Americans live with atrial fibrillation. While atrial fibrillation generally is not life-threatening, and not nearly as serious as other heart conditions, it can still lead to complications like blood clots, stroke and heart failure.

Despite learning he had this condition, Zelehowsky continued to swim throughout the 2014–15 season, which he said might not have been wise, upon reflection. His heart was still acting up, and his training was suffering. He ended up in the hospital again during one of his meets. On top of that, he would still practice for hours, go out and have fun with his friends, and not get enough sleep.

During the championship meet in February 2015, Zelehowsky collapsed on the pool deck and was taken to the hospital after his heartbeat reached more than 240

took the Empire 8 Swimmer of the Year title the following year in 2013–14.

Zelehowsky said he primarily focused on sleeping and eating habits during his time off, and he began to train on his own since NCAA rules stated he could not train with the team.

Before his heart condition, Zelehowsky said, he would normally go to sleep around 2 a.m. — after going out with friends and procrastinating on homework — and then have weight training at 6 a.m.

Now, Zelehowsky said, he gets at least eight hours of sleep a day and

gers, and I know what I'm doing," Zelehowsky said. "If I have a night where I can't sleep and I'm staying up doing homework, I'm not going to practice the next day. I'm just going to take it easy."

Lucas Zelehowsky, his brother and men's swimming assistant coach, said it's important to monitor how much Adam is doing to make sure he does not experience an atrial fibrillation episode again.

"The key factor that we're trying to build on this year is getting his strength up rather than bombard him with a lot of yards and a lot of hard

make it back to nationals, while having fun along the way. And after taking the year off, he said, not only does he feel physically ready to build on his success, but he also feels more mentally prepared than ever.

"I really found myself over the year I had off," he said. "Since I was on my own, I really had to motivate myself. It made me really want to make it back with the team. And now that I'm back with the team, I realized how much I was missing it."

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"They just didn't expect me as an athlete, being this young, to have this sort of heart condition"
— Adam Zelehowsky

THE BOMBER ROUNDUP


The Ithacan’s sports staff provides statistical updates on all of the varsity Bomber squads during the fall season



Senior forward Holly Niemiec dribbles away from Alfred University senior defender Hayley Hammer on Oct. 8 at Carp Wood Field. Niemiec scored one goal in the Bombers’ 5–0 win. SAM DICKSON/THE ITHACAN

Field Hockey


RESULTS




3–2

Oct. 15

Hartwick




Ithaca



5–3

Oct. 18

Susquehanna



Ithaca

Next game: 1 p.m. Oct. 22 against Washington & Jefferson College in Higgins Stadium

STANDINGS

	Conference	Overall
St. John Fisher	6–0	12–2
Stevens	5–1	9–6
Hartwick	4–2	10–3
Washington and Jefferson	4–2	12–2
Ithaca	3–3	5–7
Utica	3–4	4–11
Houghton	2–4	7–7
Nazareth	1–6	3–13
Elmira	0–6	2–11

Cross-Country

Women’s NCAA Pre Regionals

School	Place	Time
Johns Hopkins	1st	106:25.3
MIT	2nd	107:48.1
Geneseo	3rd	107:56.9
Ithaca	4th	108:50.1
Oneonta	5th	110:28.5
Otterbein	6th	110:26
RPI	7th	110:47.6
Emory	8th	110:10.5


Next meet: 11 a.m. Oct. 29 at the Empire 8 Championship in Oneonta, New York

Men’s NCAA Pre Regionals

School	Place	Time
Geneseo	1st	119:28.4
MIT	2nd	120:47
RPI	3rd	121:10.4
Haverford	4th	121:57.1
...
Ithaca	16th	124:26.7

Women’s Tennis


Empire 8 Championships




5–0

Oct. 14

Ithaca




Hartwick



5–2

Oct. 15

Ithaca




Stevens

Next match: Season over

Football


RESULTS



42–28

Oct. 15

Brockport



Ithaca


Next game: 1 p.m. Oct. 22 against Morrisville State College at Butterfield Stadium

STANDINGS

	Conference	Overall
Alfred	4–0	6–0
St. John Fisher	4–1	6–1
Brockport	3–1	4–2
Utica	3–2	5–2
Buffalo State	2–2	4–2
Ithaca	2–2	3–3
Hartwick	1–3	2–4
Cortland	1–4	3–4
Morrisville	0–5	0–6

Women’s Soccer


RESULTS




0–1

Oct. 15

Ithaca




Utica



8–0

Oct. 18

Ithaca



Alfred


Next game: 1 p.m. Oct. 22 against St. John Fisher in Rochester, New York

STANDINGS

	Conference	Overall
Stevens	6–0	13–0
Nazareth	5–1	10–2–2
Ithaca	4–1–1	9–2–2
St. John Fisher	2–2–2	3–6–3
Houghton	2–3	6–5–2
Hartwick	1–2–2	6–4–3
Alfred	1–3–1	7–6–1
Utica	1–4	2–11
Elmira	0–6	1–11–1

Volleyball


RESULTS




3–0

Oct. 14

Ithaca




Wellesley




3–2

Oct. 15

Ithaca




Wesleyan




3–0

Oct. 15

Ithaca




Endicott



3–2

Oct. 18

Ithaca



Oneonta


Next game: 11 a.m. Oct. 22 against Utica College in Ben Light Gymnasium

STANDINGS

	Conference	Overall
Stevens	6–0	24–3
Ithaca	5–1	19–4
Nazareth	4–2	18–7
St. John Fisher	4–2	10–4
Alfred	3–3	11–14
Houghton	3–3	10–10
Elmira	1–5	4–11
Hartwick	1–5	6–15
Utica	0–6	5–24

Men’s Soccer


RESULTS




3–1

Oct. 12

Oneonta




Ithaca



2–0

Oct. 15

Ithaca



Alfred

Next game: 1 p.m. Oct. 22 against Houghton College at Carp Wood Field

STANDINGS

	Conference	Overall
Houghton	4–0–1	8–2–3
Ithaca	4–1	6–7
Stevens	4–1	8–4–1
St. John Fisher	2–2–1	4–7–2
Alfred	1–2–2	7–5–2
Utica	1–3–1	2–10–1
Elmira	1–4	4–8–1
Nazareth	0–4–1	4–8–1

*Updated as of Oct. 18

Player returns to starting role



Sophomore goalkeeper Stacey DiGiorgio takes a goal kick during the Bombers' game against Rochester Institute of Technology on Oct. 4 at Carp Wood Field. The Bombers won 2-1.

FERNANDO FERRAZ/THE ITHACAN

BY MATT MALONEY
STAFF WRITER

With a new soccer season comes a new starting roster and players who strive for a chance to make the starting 11. Sophomore goalkeeper Stacey DiGiorgio's time in the net has come, as she is getting her first chance in a starting role this season.

DiGiorgio was a four-year captain for her high school's team at Thomas R. Proctor High School in Utica, New York. She said she never had much competition for her starting position in high school.

"I was the only goalkeeper in my high school who played competitively outside of high school, which is a different situation than a lot of other

players," DiGiorgio said.

Though she was not accustomed to the competition she found at the college level, DiGiorgio said she knew the value of hard work from the time she became a Bomber.

"Through last year, I was just working to get any kind of recognition and to get any sort of time on the field, and that didn't come until later in the season," she said.

So far this season, DiGiorgio has started in 11 of the 12 games the team has played, and she played for the full game in seven of those appearances. She has also made 44 saves while giving up just eight goals. Her season high for saves came against SUNY Cortland on Sept. 17, when she stopped nine shots.

Last season, she embraced the role of a back-up but was always working to be on par with Beth Coppolecchia '16, the Bombers' previous starting goalkeeper. DiGiorgio said Coppolecchia's tutelage always pushed her to be her best.

"I always worked to be at the same level as Beth so that she wouldn't be training down and we could both be at our best potential," she said.

Coppolecchia was a three-time All-American goalkeeper with the Bombers and was named the NCAA Division III Goalkeeper of the year her sophomore year. With Coppolecchia's departure, DiGiorgio had her eyes on the starting position. Though she eventually earned the spot, she said, now is not the time to coast along.

"There's no set starting position as a goalkeeper," she said. "Our senior or freshman backups could take my position at any time, so I just have to keep the intensity high and prove to the coaches that I want to be where I am and I want to be that starting goalkeeper."

Junior defender Kendall Cirella said she trusts DiGiorgio as a goalie and as a leader.

"All of our goalies are phenomenal teammates," Cirella said. "I think Stacey has really stepped into the leadership role that Beth left behind."

Despite her minimal game experience so far, assistant coach Jeff Long said DiGiorgio has been becoming a better player each day.

"We don't expect her to be her best right now, but as the season goes on, we know that she'll keep working hard and hopefully bring us to the Empire 8 and national tournaments, and it'll just keep getting better and better from there," Long said.

DiGiorgio said she hopes to be the next in a line of All-American goalkeepers in the Bombers' history.

"Filling in her shoes is an honor for me to follow her as All-American as well as the girl Beth replaced, Becca Salant, who was also an All-American," DiGiorgio said. "I just want to make everyone proud and live up to their expectations."

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Student rides to support youth bureau

BY DANIELLE ALLENTUCK
SPORTS EDITOR

It began as a personal fitness goal. Ithaca College graduate student Kristopher Bosela, who played multiple sports growing up, was recovering from two ankle surgeries last year and decided to work up to a 100-mile bike ride to get back in shape.

The bike ride turned into a fundraiser for the Ithaca Youth Bureau, and Bosela has set a goal of raising \$1,000 for the organization.

"I wasn't planning on doing it as a fundraiser for the bureau," Bosela said. "About four months ago, I was thinking if I'm going to do this, maybe I can use this ride as an opportunity to raise money for the bureau."

Bosela began his ride Oct. 15 at his house on Grandview Avenue. He then biked through town to Cass Park, up to Black Diamond Trail, through the Montezuma National Wildlife Refuge, back down to route 90, across to Kings Ferry and onto 34B. He concluded the ride at the youth bureau.

Bosela began working with the bureau in the spring of 2015 and was placed with a little brother through the Big Brothers/Big Sisters club at the college. The One-to-One Big Brothers Big Sisters of Ithaca and Tompkins County program is housed in the Ithaca Youth Bureau and pairs adults with local children.

Joe Gibson, the director of the program, said there are currently about 170 children paired up

with mentors.

The bureau also opened up Stewart Park to all children for an afternoon of bike riding and gave away helmets from 1 to 3 p.m., about the time Bosela finished his ride.

Bosela paired up with the Big Brothers/Big Sisters club to raise the \$1,000 for the bureau's Big Brothers Big Sisters program. The club had been fundraising for the ride, nicknamed Miles for Munchkins, through the college donation site.

Senior Emily McLane, president of the club, said they began raising money at the beginning of the school year.

"We posted around for people to donate money through the IC Bigs account so we can donate to the youth bureau," McLane said. "We do fundraisers throughout the year, but we haven't done one this big in a while."

The bigs and littles meet once a week and complete activities, ranging from arts and crafts to homework to playing catch in the park. Bosela said he had to stop working with his match this year because he started graduate school. Gibson said he was initially a little shocked when Bosela reached out to him two months ago about his bike ride.

"We thought that he had moved on," Gibson said. "Then he reached out and said he was going to do this bike ride and offered us the chance to benefit from it, and of course we said yes."



Graduate student Kristopher Bosela biked 100 miles Oct. 15 for the One-to-One Big Brothers Big Sisters of Ithaca and Tompkins County.

LUKE HARBUR/THE ITHACAN

Bosela said the club's hope is that this becomes a community event in the future.

"The entire mentality we are approaching this with is that we want it to be a community effort," Bosela said. "We don't care if you just donate a dollar, but that you forward the message and tell five more people about what is happening."

Bosela is still accepting donations for the Big Brothers Big Sisters program. He said he will be doing the ride again next year and hopes to make this into a larger event.

"This is my way of continuing to support the youth bureau at this point when I can't volunteer for them," he said. "I really hope this starts to catch on and I can get more people to do it with me next year."

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FUSTOR'S
FUMBLES

NICK FUSTOR

Volleyball aims for consistency

Just one year ago, the Ithaca College women's volleyball team was in turmoil. Some current and former players were displeased with how head coach Janet Donovan ran the team.

Despite her success on the court, athletes voiced their discontent with the program.

Ten months ago, Donovan resigned. While the players might have had some sort of resolution, they were left without a coach.

One month later, Johan Dulfer from Clarkson University was hired to take the reigns of the program, just months after Clarkson went 30-9, won a Liberty League championship and made an appearance in the NCAA Division III tournament.

Donovan left behind quite the legacy on the court, as she accumulated a 674-295 record. But Dulfer has an impressive track record of his own. In 10 seasons at Clarkson, he led the team to a 270-115 record with seven straight NCAA tournament appearances.

With an entirely new system implemented, it would be understandable if the team had struggled for a few months.

Instead, the team has thrived. Despite having just one senior and five juniors, the team's youth has been successful under Dulfer's leadership.

A mix of respected veterans and talented young players is the key to success for any team, and Dulfer has just that on the current roster.

After losing twice in the opening tournament of the season, the Bombers have been riding a hot streak since late-September.

What's rather impressive about their start is how many of their victories have been sweeps.

In the North Country Season Opener, the Bombers' first two victories of the season were three-set sweeps of St. Lawrence University and, fittingly, Clarkson University.

In the following tournament, the Blue and Gold swept all four of their opponents, including the previously undefeated DeSales University.

Since then, the Bombers took down 14th-ranked Carnegie Mellon University and picked up a sweep in their first Empire 8 Conference matchup against Elmira College.

However, there have been a few bumps in the road. The team's last two losses were sweeps, as it fell to 13th-ranked Eastern University and Stevens Institute of Technology in matches that were not close in score.

But that's to be expected when a team is learning a new system from a new coach, with plenty of new players aboard the roster.

With five games left in the regular season, the volleyball team is poised to make the Empire 8 Championships. The Bombers are currently in second place in the Empire 8 standings, behind only Stevens Institute of Technology.

It's not a given that the Bombers will replicate their success from last season immediately, but Dulfer's presence signifies a new era for Ithaca College volleyball: one that has the potential to be an era of consistency, respect and winning.

FUSTOR'S FUMBLES is a sports column written by Nick Fustor. FUSTOR is a junior journalism major. Contact him at nfustor@ithaca.edu and @FustorThePeople.

Senior discusses national anthem protest

Per tradition, “The Star-Spangled Banner” was played before the Ithaca College football team’s Oct. 1 home game against Utica College. While those in the crowd rose to their feet and listened to the national anthem, senior running back Shawahl Abdur-Rahman, standing in the front of the Bombers’ sideline near the flag-pole, held a fist in the air.

Abdur-Rahman’s gesture paid homage to San Francisco 49er quarterback Colin Kaepernick’s ongoing protest against standing for the national anthem and flag.

Kaepernick said the anthem and the flag are symbols of persecution of people of color in the United States.

Staff Writer Andrew Sullivan spoke with Abdur-Rahman about the connotations of his actions and what he hopes to achieve from his protest.

Andrew Sullivan: Why did you decide to hold up just your fist instead of just kneeling or kneeling and holding up your fist?

Shawahl Abdur-Rahman: Each year we pick a saying for the team. Then this year was “Rise as one.” ... I decided to stand and put up my fist because you do have to rise as one. I didn’t want to single myself out from the team — still wanted to be a part of the team while bringing up this issue. I decided to stand side-by-side with my brothers on the team while I still brought up an issue that I felt personally for me, being a black player and a black person in general.

AS: What was it like in that moment, holding your fist in the air during the national anthem?



Senior Shawahl Abdur-Rahman, No. 31, holds up a fist during the Ithaca College football team’s game Oct. 1 at Butterfield Stadium. His gesture paid homage to San Francisco 49er quarterback Colin Kaepernick’s protest. TEDDY ZERIVITZ/THE ITHACAN

SAR: Right before doing it, you are kind of nervous. You don’t know how everyone was going to take it. I didn’t tell my coaches about it. You just don’t really know — you don’t really know how anyone is going to react to it. Plus, we had the past [players] at the game. We always have them at our second home game. ... After it was done, you feel pretty good, like you’ve been a part of something.

AS: Were you worried about any kind of backlash from anyone?

SAR: No. At that point, you just do it and stand fast in what you believe in. So I did it. I mean I felt like raising my fist up in protest was the best way to handle it. I know I have a lot of friends on the team who have veteran brothers, uncles and fathers. So I have a lot of respect for veterans. I felt like this way was the best way to do it. I’m still standing, showing appreciation for those veterans that fight for this country all the time and bringing awareness to the topic that needs to be spoken about.

AS: What was the statement you were trying to make that day?

SAR: I agree with everything that Kaepernick has done up to this point — the reason why he is taking a knee, the reason for him starting his protesting. Football and America go hand-in-hand; we love football. Football is a time where I don’t have to think about any issues outside of America. ... I still feel like, because this is such a big thing in America, the topic should be brought up because

it has so much influence [on society], especially as athletes. ... Just show my support to Kaepernick and his protests and let him know that it has reached a little town like Ithaca.

AS: As you continue this protest for every other game this season, what do you hope to accomplish from this.

SAR: I just want the conversation to be had. I want to walk around the locker room and be able to talk about football and be able to talk about this. I’m not necessarily looking for some dramatic change to happen at Ithaca College. ... I feel like this campus does a really good job of being aware, but I just want people to help other people that aren’t aware on campus be aware of this.

AS: Do you think it is beneficial for the college to hold formal gatherings where the students can meet and discuss issues similar to this one?

SAR: As Ithaca College students, we do a great job of talking about these issues, but those shouldn’t be the only places where those issues are talked about. Issues should be talked about informally and in a common place. Why does the conversation only need to be spoken about in formal settings? Because then that means we talk about it that one time. ... It’s going to be talked about for another week, and that it’s going to be done. People are always thinking, “How can we change this?” ... Be comfortable with talking about it. Just raise awareness, tell the issue, tell the topic.

CONNECT WITH ANDREW SULLIVAN
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dining

events

food

healthy

meal plans

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SAMSUNG GALAXY TABLET

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<http://vcil.cc/odzteqi>

the **Buzzer**
THE BEST FROM THIS
WEEK IN SPORTS

SPOT THE DIFFERENCE

Though crew, or sweep as it is sometimes called, and sculling look similar at first glance, the sports have key differences

ONLINE

For more on crew and sculling, go to theithacan.org/crew-and-sculling

FILE PHOTO/THE ITHACAN

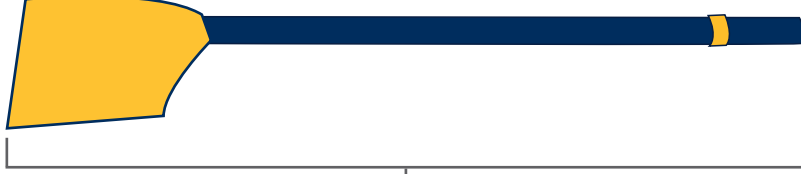
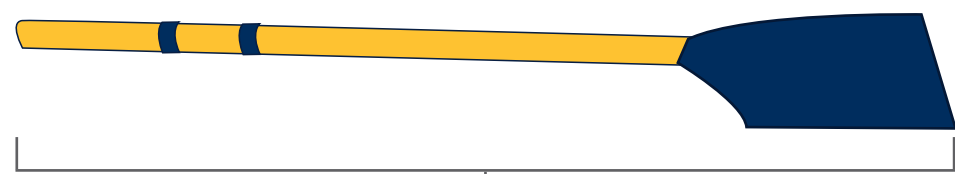


SAM DICKSON/THE ITHACAN

CREW

VS

SCULLING



12.1–12.6 feet

Sculling oars are much shorter in length and have smaller blades than crew oars.

9.1–9.5 feet

There are **FOURS** or **EIGHTS** in a boat on the Ithaca College crew (plus a coxswain).

There are **SINGLES**, **DOUBLES** or **QUADS** in a sculling boat. Only quads have a coxswain.

“

Eights are faster than singles and doubles. And then the quads can sometimes keep up with the eights.

— Senior captain Emily Vosburg

”

LENGTH OF THE RACE

CREW



5,000 meters

(fall)



2,000 meters

(spring)

SCULLING



5,000 meters

(fall)

(sculling doesn't race in the spring)

“

[Sculling is] usually 5K head races in the fall that take between 20 and 25 minutes depending on what kind of boat you are in. Singles will take longer because it's only one person, and quads are usually closer to 20 minutes or under because they have four people.

— Senior captain Rachel Dowd

”

TO THE BEAT OF MY HEART

Information to keep your heart healthy at any age

HEART RATE BY AGE

AGE **20**

Target Heart Rate Zone
100–170 beats per minute
Average Maximum Heart Rate
200 beats per minute

AGE **30**

Target Heart Rate Zone
95–162 beats per minute
Average Maximum Heart Rate
190 beats per minute

AGE **35**

Target Heart Rate Zone
93–157 beats per minute
Average Maximum Heart Rate
185 beats per minute

AGE **40**

Target Heart Rate Zone
90–153 beats per minute
Average Maximum Heart Rate
180 beats per minute

AGE **45**

Target Heart Rate Zone
88–149 beats per minute
Average Maximum Heart Rate
175 beats per minute

AGE **50**

Target Heart Rate Zone
85–145 beats per minute
Average Maximum Heart Rate
170 beats per minute

AGE **55**

Target Heart Rate Zone
83–140 beats per minute
Average Maximum Heart Rate
165 beats per minute

AGE **60**

Target Heart Rate Zone
80–136 beats per minute
Average Maximum Heart Rate
160 beats per minute

AGE **65**

Target Heart Rate Zone
78–132 beats per minute
Average Maximum Heart Rate
155 beats per minute

AGE **70**

Target Heart Rate Zone
75–128 beats per minute
Average Maximum Heart Rate
150 beats per minute

SOURCE: HEART.ORG

HOW TO CALCULATE YOUR HEART RATE

Take your pulse on the inside of your wrist, on the thumb side



- Use the tips of your first two fingers to press lightly over the blood vessels on your wrist
- Count your pulse for 10 seconds and multiply that number by six to find your beats per minute

30 MINUTES

of a moderate-intensity activity at least five days a week to keep your heart healthy

SOURCE: WEBMD



Exercises to increase heart rate:
Jumping jacks
Step-ups
Burpees
High-knees

SOURCE: LIVESTRONG



Exercises to strengthen the heart:
Aerobic Exercises
Strength Training

SOURCE: WEBMD