

THE ITHACAN

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FOSTERING FAITH

Students find a strong sense of communal identity through religious groups on campus.

Page 13

STAYING NEUTRAL

It is the responsibility of big-name websites to defend net neutrality for their user bases.

Page 9

TAKING A CHANCE

Junior Miles Herman makes immediate impact on men's basketball team after transferring colleges twice.

Page 19



SHELTER SHORTAGE Ithaca's homeless population increases

BY EMILY SNYDER
CONTRIBUTING WRITER

Ithaca College junior Chris Biehn spent last Tuesday morning visiting his friend, Eddie Dejesus Rodriguez, who goes by the name Sinbad. Rodriguez lives in "The Jungle," a series of makeshift shelters spread along the railroad tracks off of Elmira Road in Ithaca. Rodriguez showed Biehn additions to his home, made out of plywood, tarps and a repurposed tent.

A noticeable increase in homelessness, primarily due to the absence of affordable housing, is putting stress on local shelters and organizations as temperatures drop in Ithaca.

As homelessness increases both nationally and locally, Biehn is leading a student effort to raise awareness of homelessness in the Ithaca area and to raise funds for those affected. Biehn said the campaign will initially distribute supplies to people living outdoors and ultimately expand emergency housing.

Homelessness in the United States has increased for the first time in seven years, according to the Annual Homelessness Assessment Report from the federal Department of Housing and Urban Development. This is predominantly due to the 9 percent increase in the number of people experiencing homelessness in unsheltered locations.

Between 2016 and 2017, homelessness in New York state increased by 3.6 percent, the second-largest rate among 20 other states that increased.

"I recognize the homeless crisis in Ithaca is probably the worst it's ever been, and I realize with winter rapidly approaching, there's something that needs to be done," Biehn said.

The increase in homelessness in Ithaca is a result of the lack of affordable housing, Mike Foster, program manager of the Ithaca Rescue Mission, said.

The Ithaca Rescue Mission, located on West State Street, is a nonprofit organization that provides emergency shelter to



Ozzy, a resident of "The Jungle," stands in his makeshift home. He and others live in the unauthorized neighborhood.

MAXINE HANSFORD/THE ITHACAN

See SHELTER, Page 4

IC to review speech policies

BY BEN KAPLAN
STAFF WRITER

The Ithaca College administration and a group of student, faculty and staff leaders are discussing the creation of a working group to review freedom of speech policies on campus.

In a meeting Dec. 4, the tri-council group, consisting of Faculty Council, Staff Council and Student Governance Council executive board members, had initial conversations about creating this new committee.

The working group is part of an initiative between Ithaca College President Shirley M. Collado and the tri-council to review and create policies that will regulate the time, place and manner of spaces for students to exercise their First Amendment rights, Nancy Pringle, senior vice president for the Division of Human and Legal Resources and general counsel, said.

The implementation of the working group is occurring at a time when freedom of speech and expression is being debated nationally at higher education institutions. As conservative groups on campuses invite increasingly controversial speakers, college administrators are struggling to determine the best way to handle these events. College administrators are currently trying to figure out how to handle having controversial speakers to

See SPEECH, Page 4

Student charged for swastika drawing

BY ASHLEY STALNECKER
STAFF WRITER

The Office of Public Safety and Emergency Management judicially referred a student for drawing a swastika on the door of another student's dorm in East Tower Nov. 17.

An unknown thirdhand source reported the swastika Nov. 17. The incident was confirmed through interviews conducted by Public Safety, Thomas Dunn, administrative lieutenant of the Office of Public Safety and Emergency Management said. The student responsible cannot be identified because of reasons designated under the Family Educational Rights and Privacy Act. The incident report has been sent to the Office of Judicial Affairs to find if there is enough evidence to sanction the student responsible within the college's judicial system, Dunn said.

The case is classified as aggravated harassment, Dunn said. A person who etches, paints, draws upon or otherwise places a swastika, an emblem of Nazi Germany, on any public or private building or other real property, without express permission of the owner, is guilty of aggravated harassment in the first degree according to The New York State Penal Law 240.31.

Dunn said the swastika was drawn on a whiteboard on a student's dorm door but could not further specify which door without identifying the student. The swastika on the whiteboard has since been erased.

Of over a dozen students interviewed in East Tower, not one knew that the situation had occurred. Freshman Micaela Snow said she had



A student was judicially referred for drawing a swastika on the door of another student's dorm in East Tower on Nov. 17. The crime is classified as aggravated assault in New York state.

MAXINE HANSFORD/THE ITHACAN

not heard anything about the incident, but said that she thought what happened was horrible.

Three resident assistants interviewed had also not heard about the incident. Sophomore RA Diana Castillo said she was not aware of the occurrence and that it had not been brought up in staff meetings. She said the RAs usually

inform each other of incidents in East Tower.

Michelangelo Misseri, East Tower residence director, said he could not comment on the incident because he did not want to reveal any information about the student involved.

CONNECT WITH ASHLEY STALNECKER
ASTALNECKER@ITHACA.EDU | @ASHLEY_STAL

NATION & WORLD

Man inspired by Islamic State detonates pipe bomb in subway

A would-be suicide bomber inspired by Islamic State extremists strapped on a crude pipe bomb, slipped unnoticed into the nation’s busiest subway system and set the device off at rush hour Dec. 11 in a scenario that New York has dreaded for years, authorities said.

In the end, the only serious wounds were to the suspect, identified as Akayed Ullah, a 27-year-old Bangladeshi immigrant and former cab driver. But the attack sent terrified commuters fleeing through a smoky passageway, and three people suffered headaches and ringing ears from the first bomb blast in the subway in more than two decades.

The suspect had looked at Islamic State propaganda online and told investigators he acted alone in retaliation for U.S. military aggression, law enforcement officials said.

Transgender individuals can enlist in military beginning next year

Transgender recruits will be allowed to enlist in the military beginning Jan. 1, the Pentagon said, as President Donald Trump’s ordered ban suffered more legal setbacks.

In October, U.S. District Judge Colleen Kollar-Kotelly barred the Trump administration from proceeding with its plan to exclude transgender people from military service. Part of the effect of the ruling was that the military would be required to allow transgender people to enlist beginning Jan. 1.

Maj. David Eastburn, a Pentagon spokesman, said the enlistment of transgender recruits will

begin next month and proceed amid legal battles. The Defense Department also is doing a review, which is expected to carry into 2018.

National parks in United States cut back on free entrance days

National parks in the U.S. will sharply drop the number of days they allow visitors to get in for free, a move that was criticized by opponents of the parks’ plan to raise entrance costs at other times of the year.

After waiving fees 16 days in 2016 and 10 days in 2017, the National Park Service announced Tuesday that it will have four no-cost days next year. They will be Martin Luther King Jr. Day, the first day of National Park Week, National Public Lands Day and Veterans Day.

The Park Service charges weekly entrance fees of \$25 or \$30 per vehicle at 118 of the 417 national parks. The Park Service has proposed raising the cost to \$70 at 17 busy parks mainly in the West, including Yellowstone, Grand Canyon, Yosemite and Zion.

At least four killed in Nigeria from attack by suicide bombers

A Nigerian official says two teenage girl suicide bombers attacked the town of Gwoza, in the country’s north, killing at least four people.

Col. Onyema Nwachukwu, spokesman for the Military Command and Control Center in Maiduguri, said that the attack was carried out the evening of Dec. 10. He said local defense forces spotted the girls and shot one, detonating her vest and killing only her. He said the other girl managed to infiltrate the crowded residential



Indonesian volcano continues to erupt

Mount Agung spews smoke in Kintamani, Bali, Indonesia, on Dec. 13. Indonesia’s disaster mitigation agency said the volcano remains at its highest alert level but most of Bali is safe for tourists. The volcano has erupted multiple times since November.

FIRDIA LISNAWATI/ASSOCIATED PRESS

area in Borno state and detonated herself, killing four others.

He said several people injured have been taken to a nearby medical facility for treatment.

The military command in Maiduguri also said two soldiers were killed Dec. 10 after their vehicle hit a homemade explosive planted by Boko Haram insurgents along the Maiduguri-Damboa highway.

United States orders drone strike on al-Shabab vehicle in Somalia

A U.S. military drone strike on a vehicle

carrying explosives in Somalia has removed “an imminent threat to the people of Mogadishu” by the al-Shabab extremist group, the U.S. Africa Command said Dec. 12.

The airstrike was carried out on the morning of Dec. 12 about 40 miles southwest of Somalia’s capital, the U.S. statement said, adding that no civilians were killed. It was not immediately clear how many al-Shabab fighters may have been killed. More than 500 U.S. military personnel are now in Somalia, the U.S. Africa Command said last month.

SOURCE: ASSOCIATED PRESS

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Circle K hosts One World Market at IC

The community service organization Ithaca College Circle K International hosted One World Market, a local fair-trade shop.

Ice Festival held in downtown Ithaca

Ithaca celebrated its annual Ice Fest celebration Dec. 7–9 on The Commons. The local festival includes sculptures and ice carving.

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THE ITHACAN

220 ROY H. PARK HALL, ITHACA COLLEGE
ITHACA, N.Y. 14850-7258
(607) 274-3208 | FAX (607) 274-1376

ITHACAN@ITHACA.EDU
WWW.THEITHACAN.ORG

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MANAGING EDITOR
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GOT A NEWS TIP?
Contact the News Editor at
ithacannews@gmail.com
or 274-3207.

SGC passes Carbon Monoxide Bill

BY RYAN KING
STAFF WRITER

The Student Governance Council passed a bill that requires the college to be more transparent with students about carbon monoxide exposure in dorms during its last meeting of the semester on Dec. 11. Sophomore Gabrielle Picca, Class of 2020 senator, was elected as the new vice president of business and finance.

The Carbon Monoxide Bill was sponsored by junior Transfer Sen. Jessica Gallagher and sophomore Sarah Horbacewicz, Class of 2020 senator. It passed 11–0 with two abstentions.

The bill recommends that resident assistants and resident directors learn how to respond to carbon monoxide in the dorms as part of their training. It also recommends that the resident directors on duty should email relevant information to residents when such a situation occurs.

Horbacewicz said the bill was inspired by sophomore Matias Weilmann, who complained to her about how a carbon monoxide situation was handled in Terrace 3 on Sept. 26, 27 and 28. The carbon monoxide alarms went off faintly during that time, and the residents had very little information about what was going on.

Sophomore Marissa Proulx is an RA in Terrace 3. She said there is no specific protocol for when an alarm goes off because of carbon monoxide, as RAs are trained to treat all alarms the same. The protocol for when an alarm goes off includes evacuating the building and meeting with officers from



From left, senior Conor Friend, vice president of business and finance for the SGC; junior SGC President Carlie McClintsey; and sophomore SGC Senate Chair Farwa Shakeel pass a carbon monoxide bill.

ELIAS OLSEN/THE ITHACAN

the Office of Public Safety and Emergency Management outside, she said.

The Office of Residential Life could not be reached for comment. The Public Safety Logs published by the college include the Sept. 26 and 27 incidents of the carbon monoxide alarms going off in Terrace 3.

Horbacewicz said that Weilmann became sick shortly after the carbon monoxide incident and that while it was never proven that the two were connected, he had no idea how to get additional information about why the carbon monoxide detectors went off and if the incident posed any health risks.

“We thought it was important

to get that information out there, to get people trained,” Horbacewicz said. “We wanted to [make] students feel safe.”

Gallagher said it took time to do research and figure out what the SGC could do to address this problem.

“We had to meet with Res Life, facilities and maintenance,” she said. “We had to learn about the whole process from facilities and maintenance so we could have an accurate representation.”

Picca, who currently serves as the assistant to the vice president of business and finance, will replace Conor Friend as the vice president of business and finance. Friend said that Picca deserves the position and that

she was the most qualified individual to take over because of her experience as the assistant. The transition will take place Jan. 1, 2018.

Picca said that she is excited to take the position and that she hopes to work toward helping clubs better understand the allocations process.

With Picca transitioning out of the Senate, there will be nine vacant seats in the SGC heading into next semester. Sophomore Senate Chair Farwa Shakeel said the SGC will release information to the student body during break about how to apply.

CONNECT WITH RYAN KING
RKING5@ITHACA.EDU

Campus installs new electric car charging station

BY MADISON FERNANDEZ
STAFF WRITER

Ithaca College has received a grant from New York State Energy Research and Development Authority to install a charging station on campus for electric vehicles.

ChargePoint, the installation company, completed the installation Dec. 8. The station is capable of charging up to two cars at a time and is placed in the Visitor’s Lot located off the main Campus Road, Greg Lischke, director of energy management and sustainability, said.

The stations are capable of charging electric vehicles for four hours, a time that is based on the college’s current parking policy limit, he said. NYSERDA is sponsoring the installation of 11 stations in Tompkins County as the second phase of a statewide initiative to help boost the use of electric vehicles. As a result of the grant, which is valued at approximately \$10,000, there is no immediate cost to the college for the device, Lischke said.

Parking Services supervisor Carl Cohen said he, along with the Parking Policy Advisory Committee, decided to place the stations in the Visitor’s Lot to not only increase the number of electric vehicles on campus, but to also be an accessible resource for those traveling from a distance.

“The idea was that one, it’s at the entrance to campus, and two, that at least for the time being, that the vast majority of people we think might be using it are actually visitors to the campus,” Cohen said.

Lischke said he estimated that around three or four of these vehicles are registered on campus. Therefore, if the stations were placed in another lot, they would be taking parking spots away from members of the campus community, since the majority of them do not have cars compatible with the charging stations, Cohen said.

“Our hope is, once these are here and we grow the program, that we may encourage more people to choose an alternative fuel vehicle,” he said.

Kathryn Caldwell, assistant professor in the Department of Psychology, drives her electric Nissan Leaf to and from campus. She said that the car, which she bought used, can travel about 80 miles at a time but that traveling up the steep hills in Ithaca can often take off around 20 miles from the charge. For this reason, she has a difficult time traveling long distances, she said.

“It takes care of pretty much all my in-town needs,” she said. “The only trick is, of course, out of town.”

She said it is difficult to charge her car when she is commuting to and from work, so it would be beneficial to have one on campus. The closest station is about a mile from campus.

“Even though I don’t know if I would always need it, it would be nice to have it here because it can extend my driving range if I had other things I need to do in the evening,” Caldwell said.

Caldwell currently parks her car in U-Lot, which is near Williams Hall, where her office is located. She said she is not sure she would park in the Visitor’s Lot, which is across campus.

“It would probably depend on my needs for the day,” she said. “If I don’t really have a real need, I probably wouldn’t just because it’s more convenient over here. But I’m super excited that they’re working on getting that in there.”

Lischke said the college plans to install another electric vehicle charging station in the Athletics and Events Center parking lot during summer 2018.

Although there is a charging station located near the Circle Apartments, it is not operable, Lischke said.

Cohen said that he is excited about the installation of the stations and that he does not anticipate many difficulties with the technology. Still, he said, he is providing training to his student staff regarding the use of the stations.

“Anything that we can do as a campus to encourage people using more sustainable forms of transportation, I’m 100 percent behind,” Cohen said.

CONNECT WITH MADISON FERNANDEZ
MFERMANDEZ1@ITHACA.EDU | @MADFERNANDEZ616

Teach-in addresses worker exploitation

BY MEREDITH BURKE
STAFF WRITER

Six speakers discussed experiences that they said made them feel exploited in the workforce both inside and outside of the college at IC Students for Labor Action’s teach-in to critique the college’s work practices Dec. 7 in Textor 101.

The room where the teach-in was held reached its capacity with approximately 40 people in attendance.

Sarah Grunberg, lecturer in the Department of Sociology and a member of the Leadership Committee of the Ithaca College Contingent Faculty Union; Raza Rumi Ahmed, scholar-in-residence in the Department of Journalism; sophomore Lillian Rushing, a residential assistant at the college; Ellen David Friedman, a retired union organizer and volunteer at Tompkins County Workers’ Center, an organization dedicated to helping organize unions and fight for workers’ rights; Pete Meyers, founder and coordinator at the TCWC; and freshmen Luis Valderama, who spoke in place of an anonymous product quality checker for a corporation who did not reveal their name or place of work out of fear of being fired, were speakers at the event.

Grunberg said she is being denied the benefits of a full-time position because she is a contingent faculty member. She said the college’s overuse of contingent faculty negatively impacts students.

Junior Mike Hanlon, the president of SLA, said they believed the event was successful in achieving the organization’s goal of providing workers in the college community with a voice.

“The Students for Labor Action has been growing at a pretty quick rate,” Hanlon said. “We want to work in solidarity, not charity, with these workers.”

Meyers spoke about his experience working with the organization.



From left, Raza Rumi Ahmed, Sarah Grunberg, Pete Meyers and Lillian Rushing speak at the IC Students for Labor Action’s teach-in Dec. 7. There were six speakers at the event.

JULIA CHERRUAULT/THE ITHACAN

“We are very much about encouraging workers to start unions and really take ownership of their unions,” Meyers said.

The TCWC supported the contingent faculty protests that took place last year and have also taken action in the community by rallying, protesting and leading open discussions about creating a livable wage.

Rushing shared their experience of being an RA for the college. Rushing said all RAs can work up to approximately 20 hours a week completing duties such as doing rounds, making bulletin boards, organizing events and taking office hours without additional compensation besides receiving compensation for room and board.

The Office of Residential Life has discussed additional stipends before, but the office said it cannot afford it. Rushing said they want compensation beyond room and board for

their additional duties that many RAs are struggling to handle.

“I would hope that my work would be valued, and I could have some sort of stipend,” Rushing said. “Even a little bit would be great, but I don’t.”

Bonnie Prunty, director of the Offices of Residential Life and Judicial Affairs and assistant dean for first-year experiences, said that new RAs currently receive 75 percent compensation for their room and board and that returning RAs of three semesters or more receive 90.9 percent. She said these percentages change yearly during the college budget approval process. The department was able to raise compensation for returning RAs by one percent from last year, Prunty said.

CONNECT WITH MEREDITH BURKE
MBURKE@ITHACA.EDU | @MEREDITHSBURKE

SHELTER, from Page 1

people without homes, meals for families and individuals in impoverished situations, and services to encourage people to find employment.

With a 1 percent housing availability rate in Ithaca and a high cost of living, many families resort to the Rescue Mission.

“If someone has a car break down or they have a medical bill, all of a sudden they can’t pay rent anymore,” Foster said.

Ithaca ranks eighth in the Market Watch list of the most expensive places in which to raise a family, according to data collected by the think tank of the Economic Policy Institute. High tax rates, high rent rates and costs of childcare in New York state contribute to Ithaca’s high ranking. The annual cost to raise a family of four in Ithaca is \$92,603.

Jordan Layton, research analyst for the National Alliance to End Homelessness, said it is difficult to detect homelessness crises in New York state because they are overshadowed by crises in New York City.

Layton said the affordable housing crisis must be addressed first for change to appear on the national level. One solution is to increase the amount of subsidy housing and the availability of affordable housing, since only one in four people nationwide who would qualify for rental subsidies get one, Layton said.

Richard Bennett, director of the Rescue Mission, said he noticed a significant increase in the demand for beds at the Rescue Mission within the past few years. Bennett said that two summers ago, no more than five of the 12 beds were occupied but said that this summer, the shelter filled the 12 beds and sought housing for 25 additional people through local hotels and homes.

The Rescue Mission established permanent supportive housing units on the third floor of the Rescue Mission and at a house located

on Court Street to manage the overflow of people seeking shelter. The supportive housing units ease the transition out of homelessness and into permanent housing.

Foster said the Rescue Mission provided shelter to 45 people Dec. 10 and said he is aware of at least 45 additional people outdoors in Ithaca.

Fourteen people who received services from the Rescue Mission have died in the past year alone, Foster said. Layton said documenting homeless people’s deaths can be difficult because they do not have permanent housing.

Staying in a shelter can be challenging for people with mental illnesses because the confined environment can increase anxieties and discomfort, Foster said. People with addictions also resort to living in improvised shelters within The Jungle for more freedom to use, Foster said.

Rodriguez and an estimated 50 people live in The Jungle. Rodriguez said he estimated 45 out of 50 residents in The Jungle are addicted to drugs.

Although he said he disapproves of some of his neighbors’ habits, Rodriguez said, he appreciates his temporary home where he is secluded from drug activity. He said he refuses to live with self-destructive roommates in unsanitary houses.

The current encampment behind Walmart is considered the third iteration of The Jungle. Foster said authorities have been lenient toward residents of The Jungle by expressing a “live and let live” attitude. However, according to The Ithaca Voice, the city had cleared the area where The Jungle originated, behind the Agway, in 2013. The second Jungle that expanded to Cherry Street was found empty the following year, but camps emerged in the current Jungle. Four years ago, the city cleared trees in the forest to make activity in The Jungle more visible from the road.

Rodriguez said receiving help



Ithaca College junior Chris Biehn launched a campaign called the Let’s Help End Homelessness & Hunger in Tompkins County, NY. He also started a Venmo account that accumulated over \$300 within 24 hours.

MAXINE HANSFORD/THE ITHACAN

from the government is not easy. The requirements for Section Eight Housing, Medicaid and even food stamps are too unrealistic to obtain, Rodriguez said. As stated by the New York City Housing Authority, Section 8 Housing assists eligible lower-income families to rent housing in the private market based on a family’s size and income. Rodriguez said he has to wait four more years — until he is 62 — to qualify for Medicaid. He said his neighbor Ozzy earns seven dollars too many to receive food stamps. Rodriguez said he occasionally visits the food pantry at the Rescue Mission.

“As we have seen an increase, we are trying to provide basic resources and transportation for food and linkage to services,” Bennett said.

Biehn’s campaign, called the Let’s Help End Homelessness & Hunger in Tompkins County, NY campaign,

aims to address the lack of awareness college students and Ithaca residents have toward the extent of homelessness in Ithaca by holding fundraisers and making a public service announcement.

Biehn, who is currently on a leave of absence from the college, launched a Venmo account and a Givebutter campaign to raise money for the Ithaca Rescue Mission. The Venmo account accumulated over \$300 within 24 hours. Biehn is still exploring fundraising options like clothing and food drives to provide basic needs to homeless people.

“This is all in its infant stages,” Biehn said. “We’re just beginning this process, but it’s a very important process; it’s a timely process, and we’re hoping to get the ball rolling.”

The campaign is segmented into three phases: photoblog, public service announcement and fundraising,

junior Joe Cruz said.

The goal of documenting these individuals is to address the issue in a humanizing and dignifying way, Cruz said. He said he will focus on branding and spreading awareness through social media outlets.

“I think it has to be a group effort for sure,” Cruz said. “It’s so much more when you can bring in the strengths of other people.”

Junior Elena Piech was drawn to the campaign because of her interest in social change. She is in charge of the PSA, which will introduce the issue and profile individuals living in The Jungle.

“It’s important to show community members and the students here the issues that are going on right in the same place where they live or where they go to school,” Piech said.

CONNECT WITH EMILY SNYDER
EESNYDER@ITHACA.EDU | @EMILYYY_526

SPEECH, from Page 1

hold events on their campuses, as it is their First Amendment right, while simultaneously ensuring hateful speech is rejected and the college remains a safe space.

The working group will be reviewing many current college policies. Policies under review include the Advertising and Solicitation policy and the Venitt Terrace/Free Speech Rock policy, both of which regulate the manner and places in which individuals and groups can advertise personal, political and business agendas. The New York Rules for the Maintenance of Public Order, which is a state-imposed guideline that the college must have in place to preserve personal respect and safety, is also under review. These policies aim to let the college allow guest speakers and hold events that do not disrupt students’ schedule.

The Ithaca College Republicans and the Ithaca College Young Americans for Liberty hosted Larry Pratt, a right-wing gun-rights advocate, to speak Nov. 9 about the necessity for the Second Amendment. The event was advertised by the organizations as an opportunity for opposing viewpoints to come together to discuss gun rights. Students held a silent demonstration in protest outside the event and an opposing teach-in on gun violence.

Pringle said both the way students conducted themselves during the event and the peaceful protest demonstration was an example of how the administration would like students to handle controversial events.

In November, Collado made a statement over

Intercom about the importance of allowing the free flow of ideas between individuals in an inclusive and respectful manner. Collado said it was necessary to embrace conflicting perspectives rather than attempt to silence speech on the basis of offensiveness.

She said via email she hopes the working group can improve the college environment.

“It is my hope that this group will help us figure out how as an institution we can best enter into the difficult dialogue about the challenges that face our nation while simultaneously encouraging full participation among all members of our community,” Collado said.

The administration’s focus on free speech is in part a response to the current polarized political climate of the country, Tom Swensen, professor and chair of the Department of Exercise and Sport Sciences and chair of the Faculty Council, said.

“What do institutes of higher-education need to do to help graduate more civically minded and more functioning adults in the modern world?” Swensen said. “If all you guys graduate with an intolerance to other kinds of thoughts, does that really help? Or do we want our graduates to be role models for what should be happening on the national level?”

Junior Lucas Veca, president of the conservative group Ithaca College Young Americans for Liberty, said the key to an inclusive community requires allowing and accepting differing opinions.

“I’ve had enough conversations with students to know that displaying any sort of conservative or even moderate Republican viewpoint is extremely frowned upon and will often lead to you being avoided,” Veca said. “It’s difficult, but I’d say that everyone has to be their own



Ithaca College President Shirley M. Collado released a statement over Intercom about the importance of respecting conflicting perspectives and not silencing speech on campus.

CONNOR LANGE/THE ITHACAN

self-advocate.”

He and fellow members of ICYAL would like the college to increase the amount of designated free speech zones on campus, Veca said. The Venitt Terrace, where Free Speech Rock is located, is the only designated free speech zone on campus.

Sophomore Matthew Greco, president of the Ithaca College Democrats, said he would like for groups such as the Ithaca College Democrats and IC Republicans to host more discussions where people can voice their opinions without being persecuted for their differing

political ideologies.

“The bottom line is that there isn’t really anything the administration can do to force students to be more open-minded,” Greco said. “However, the responsibility largely falls on students and student organizations because they are the ones that have the capability to reach their peers.”

He said maintaining free speech does not mean tolerating discriminatory views against others.

CONNECT WITH BEN KAPLAN
BKAPLAN@ITHACA.EDU | @KAPLANJOURNAL

“The bottom line is that there isn’t really anything the administration can do to force students to be more open-minded.”
– Matthew Greco

Welcome to The Jungle

Unauthorized housing gives shelter to the homeless




An estimated 50 people live in a community behind Walmart, nicknamed The Jungle, of makeshift shelters that spread along the railroad tracks off Elmira Road in Ithaca.

MAXINE HANSFORD/THE ITHACAN



Abandoned shopping carts fill The Jungle, which is located behind Walmart. The Jungle had two previous locations.

MAXINE HANSFORD/THE ITHACAN



From left, Eddie Dejesus Rodriguez, who lives in The Jungle, stands with junior Chris Biehn. Biehn is the founder of Let's Help End Homelessness & Hunger in Tompkins County, NY, which aims to bring awareness to local homelessness.

MAXINE HANSFORD/THE ITHACAN



Many of the shelters in The Jungle are made of plywood. Mike Foster, program manager of the Ithaca Rescue Mission, said the increase in homelessness is a result of the lack of affordable housing.

MAXINE HANSFORD/THE ITHACAN



The Jungle offers more freedom for individuals with mental illness who may feel anxious and confined while staying in the Rescue Shelter, Foster said.

MAXINE HANSFORD/THE ITHACAN

GLAAD ambassadors picked at IC

BY PHOEBE HARMS
CONTRIBUTING WRITER

Four Ithaca College students have been selected to be Campus Ambassadors for the Gay and Lesbian Alliance Against Defamation. These ambassadors will join a group of students from across the nation working to amplify the voices of members of the LGBTQ community.

Juniors Elena Piech and Rosemary Mulvey and seniors Jay Williamson and X Rance were chosen in September for GLAAD's campus ambassadors program. The program started two years ago, recruiting college students from schools across the country to work with GLAAD to move toward ending discrimination against the LGBTQ community, according to GLAAD's official website.

Williamson said that after seeing GLAAD's posts about the program on social media, they were encouraged to apply.

"I sort of thought it was a throwaway application that I wouldn't get because I thought they wanted mostly freshmen," Williamson said. "But I wanted to try and really get involved and make a difference in my last semester."

GLAAD provides opportunities for campus ambassadors to publish original work on their website, Mulvey said. Mulvey has been featured in two of GLAAD's articles and hopes in the future to write editorials and do original research in conjunction with the organization. Mulvey originally applied to be an ambassador because of the knowledge and opportunities GLAAD has to offer.

"I decided to apply because I am passionate about my identity as a queer woman," Mulvey said. "It has been a long road to self-acceptance, and I wanted to use the skills that I have and dedicate them to a mission I believed in."

On Nov. 10–12, the campus ambassadors traveled to Atlanta, Georgia, to participate in the National Campus Ambassador Summit. While there, they participated in media training, including learning skills such as pitching stories and being interviewed.

"It's important to get that training, so hopefully we can one day be advocates on a larger scale," Piech said.

The group also participated in Transgender Awareness Week at the college on Nov. 13, Mulvey said. The ambassadors participated online, and in the future would like to bring



From left, junior Elena Piech, seniors X Rance and Jay Williamson and junior Rosemary Mulvey, the college's GLAAD Campus Ambassadors, hold a transgender pride flag.

RAY VOLKIN/THE ITHACAN

the same event to campus. They would also like to participate in events like #BiWeek and hold events to spread HIV/AIDS awareness, Mulvey said.

GLAAD reached out to Luca Maurer, LGBT Education, Outreach and Services program director, two years ago, Maurer said. The college is LGBT-friendly, so GLAAD asked Maurer if he knew of any students who would fill the position of campus ambassador well. The program and the college's involvement have grown since. In 2016, the number of campus ambassadors was less than 20, with only one participant from the college. This year, after the program had more exposure on social media, the number has exceeded 100 participants, Maurer said.

"I'm excited for the opportunities of society hearing the stories of these students, and I'm

even more excited for the experiences these students get to have," Maurer said.

If an ambassador has an idea for a project or campaign, such as an awareness week or a talk and presentation, GLAAD assists with the planning and execution, as well as sharing it with a larger audience and giving it traction, Williamson said.

"They help make a lot of connections," Williamson said. "It's really great knowing that I have a support system and people I can talk to, so in the future I can try and work at one of these organizations."

The ambassadors are giving voice to issues in addition to sexual orientation and gender identity. GLAAD practices intersectionality, bringing in factors like race, faith, socioeconomic status, ability level, ethnicity and more.

"LGBTQ students don't just bring their LGBTQ selves to campus," Maurer said. "They bring their whole selves. I think this program gives voice to that and embodies those experiences. LGBTQ liberation must be intersectional, or it isn't liberation at all."

The ambassadors will soon meet with Maurer to discuss future actions on campus, Mulvey said. They want to bring what they learned at the summit back to the college, Piech said.

"As more young people come out as members of the LGBTQ community, GLAAD wants to make sure young people are aware of how to use their voices and be advocates," Piech said.

CONNECT WITH PHOEBE HARMS
PHARMS@ITHACA.EDU | @PHOEBEHARMS

Fall job rate sees increase

BY BIANCA MESTIZA
STAFF WRITER

As the fall semester comes to an end, seniors who will be graduating early have something to look forward to. Ithaca College graduates will be entering a favorable job market.

According to the National Association of Colleges and Employers, employers plan to hire 4 percent more new graduates from the Class of 2018 than they did from the Class of 2017. In the fall of 2017, there was a 5.8 percent increase in job outlook hiring, while in the fall of 2016, there was an 11 percent increase.

The NACE's Job Outlook 2018 survey shows that while the increase is lower than previous years, it still projects a positive market for the college graduates. Since the job outlook survey has different respondents every year, it's not an exact year-to-year comparison. The organizations that are decreasing their hiring numbers said it was due to lack of turnover, lack of work, organizational changes and uncertainty in the marketplace.

There are approximately 254 expected graduates in December, according to the Office of the Registrar.

Andrea Koncz, a research manager for NACE, said the increase in jobs is due to older employees' retiring, which makes room for employers to hire recent graduates. The graduation ceremony was on Dec. 9.

John Fracchia, associate director of the Office of Career Services, also said the increase in jobs is due to the retirement of the baby boomer generation and the improvement of the economy.

Fracchia said the increase in jobs is a continuation of what has been a long-term trend for the last several years as the economy continues to recover from the 2008 financial recession.

"If you go back and look at NACE's Job Outlook surveys, you'll definitely see an upward trend, and this is supported by the number of job postings that we get from companies who recruit at IC," he said.

Environmental studies major Jake Barney '17 graduated early. He said he was not planning on graduating this fall semester. He said studying abroad helped him, since all the classes he took went toward his major, which is not the case for most students. Barney said he has plans to substitute-teach at his hometown high school.

Even though Barney said he is happy about the job outlook, he said he feels like he would not be able to find a job in his field, which is why he decided on going to law school.

Koncz said most employers recruit during the fall. This year, employers are looking for graduates who have a degree in business, Koncz said.

CONNECT WITH BIANCA MESTIZA
BMESTIZA@ITHACA.EDU | @BIANCAM_4436



The Gay and Lesbian Alliance Against Defamation established the campus ambassador program to work with college students to advocate for members of the LGBTQ community. COURTESY OF GLAAD.ORG

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COLLEGE

Professor writes first biography on prominent Indian female activist

Angela Rudert, lecturer in the Department of Philosophy and Religion, had a new book published in September titled “Shakti’s New Voice: Guru Devotion in a Woman-Led Spiritual Movement.” The book is the first comprehensive study of Anandmurti Gurumaa, a widely popular contemporary female guru from north India known for offering spiritual teachings and music on satellite television and the internet.

The book discusses Gurumaa’s religious pluralism, her gender activism and her embrace of new media, in order to illuminate elements of continuity and change within the time-honored South Asian tradition of guru-bhakti, devotion to the guru. Gurumaa speaks strongly, and often harshly, about contemporary issues of gender inequality. She created an organization to promote girls’ education in India.

Park professor writes chapter in book about Indonesian media

Patricia Zimmermann, professor in the Department of Media Arts, Sciences and Studies and co-director of the Finger Lakes Environmental Film Festival, published a chapter in the recent book “Asian Video Cultures: In the Penumbra of the Global.”

Her chapter is entitled “EngageMedia: The Gado Gado Tactics of New Social Media in Indonesia.” The chapter analyzes EngageMedia, an environmental and human rights social media portal engaging the Asia-Pacific region. Zimmermann discusses the dissemination of accessible media technologies, the opening of social media, the closing down of commercial media through regulation and the need for distribution of works produced across disparate locations and languages in Southeast Asia.

IC library holds de-stress events for students during finals week

The Ithaca College Library will be holding events to help students cope with the stress of preparing for final exams. The library is offering

multiple events for relieving stress throughout the week.

There will be therapy dogs in the library 3–5 p.m. on Dec. 15. The dogs will be in the library parking lot, weather permitting. Otherwise, they will be in the library lobby.

Throughout the week, there will be a coloring station at the periodical unit on the main floor. Pencils and crayons will be available at the main circulation desk, and students can share their work with the #ICLibArt hashtag.

Senior to receive competitive regional athletic training scholarship

Senior Katherine Helly is the recipient of the Kent Scriber Scholarship for 2018.

The annual award is named after Kent Scriber, professor emeritus in the Department of Exercise and Sport Sciences. The award recognizes an outstanding junior or senior athletic training major from all accredited athletic training programs in New York, New Jersey, Pennsylvania and Delaware.

The award of \$3,000 and a plaque will be presented to Helly on Jan. 6. Helly will attend the 2018 Eastern Athletic Trainers’ Association Awards Banquet in Boston, Massachusetts. The award is highly competitive and recognizes Helly’s scholarship, professional development and academic accomplishments to date.

Students present research results at annual neuroscience conference

Seniors Flora Tierney, Shannon Allen and Elizabeth Freilich and junior Madison Chlebowski recently presented their research at the annual Society for Neuroscience conference in Washington, D.C.

Tierney and Allen worked with Jean Hardwick, professor in the Department of Biology, and presented results from their research during the spring and summer of 2017. Their research characterized the expression and function of different receptors

for a signaling molecule in neurons that help to control cardiac function in the guinea pig. Freilich and Chlebowski worked with Ian Woods, associate professor in the Department of Biology, and presented results from their research on the development of sensory neurons in zebrafish.

The Society for Neuroscience conference is the largest international gathering of neuroscientists in the world.

Anthropology professor speaks about research in panel discussion

David Turkon, associate professor in the

Department of Anthropology, recently was a part of the panel presentation, “Understanding Holistic Healing: Case Studies of Medical Pluralism Throughout Africa,” at the 116th annual meeting of the American Anthropological Association in Washington, D.C.

Turkon’s paper, “Modernity, Tradition, and Practices of Healing in Mokhotlong, Lesotho, 1990-1991,” drew on observations from his early research in Lesotho to explore relationships between Western doctors and traditional healers. He demonstrated that archetypal symbols can sometimes be drawn on to formulate approaches to health and well-being.



Ice sculptors compete in annual Ithaca event

The annual Downtown Ithaca Ice Festival and Chowder Cook-off were held on The Commons from Dec. 7 to 9. Ice carvers competed for \$9,000 in prizes in speed-carving and carve-and-deliver competitions. Jerry Perron made this sculpture.

RAY VOLKIN/THE ITHACAN

Public Safety Incident Log

SELECTED ENTRIES FROM
NOVEMBER 20 TO DECEMBER 3

NOVEMBER 22

DISORDERLY CONDUCT TO NO DEGREE

LOCATION: O-Lot
SUMMARY: Caller reported person yelling, seeming upset. Officer determined person missed bus. Patrol Officer Mayra Colon responded.

NOVEMBER 23

OFF-CAMPUS INCIDENT

LOCATION: Unknown location
SUMMARY: Caller reported unknown person left voicemail stating that they wanted to harm themselves. Another police agency was contacted, interviewed person, but that person reported they did not leave the voicemail. Investigation pending. Patrol Officer John Tagliavento responded.

NOVEMBER 26

ACCIDENTAL PROPERTY DAMAGE

LOCATION: Phillips Hall
SUMMARY: Caller reported carpet and floor wet from water leak. Patrol Officer Bryan Verzosa responded.

UNLAWFUL POSSESSION OF MARIJUANA

LOCATION: Terrace 7
SUMMARY: Caller reported odor of marijuana. Officer judicially referred three people for unlawful

possession of marijuana. Patrol Officer Corrine Searle responded.

NOVEMBER 27

SUSPICIOUS CIRCUMSTANCE

LOCATION: Rowland Hall
SUMMARY: Caller reported third-hand information about a person possibly selling drugs. Investigation pending. Patrol Officer Bryan Verzosa responded.

BURGLARY

LOCATION: Circle Community Building
SUMMARY: Caller reported unknown person entered and stole cash. Investigation pending. Patrol Officer Corrine Searle responded.

FIRE ALARM ACCIDENTAL

LOCATION: Circle Apartments
SUMMARY: Simplex reported fire alarm. Activation caused by heat from mechanical room. Master Patrol Officer Jon Elmore responded.

NOVEMBER 28

CHANGE IN THE CASE STATUS

LOCATION: Bogart Hall
SUMMARY: Officers concluded their investigation into incident where one person restricted the movements of another person originally reported in Bogart Hall on 11/15/2017. Officer judicially referred one person for criminal

conduct. Lieutenant Tom Dunn responded.

BURGLARY

LOCATION: Muller Chapel
SUMMARY: Caller reported unknown person entered and stole cash. Patrol Officer Bryan Verzosa responded.

NOVEMBER 29

LARCENY

LOCATION: Terrace Dining Hall
SUMMARY: Caller reported unknown person stole bag. Patrol Officer Lance Clark responded.

MEDICAL ASSISTANCE

LOCATION: Williams Hall
SUMMARY: Caller reported person passed out, fell and injured their head and face. Person transported to hospital by ambulance. Master Patrol Officer Bruce Holmstock responded.

NOVEMBER 30

MOTOR VEHICLE ACCIDENT

LOCATION: C-Lot
SUMMARY: Caller reported a two-car property damage motor vehicle accident. Patrol Officer Lance Clark responded.

RAPE

LOCATION: East Tower
SUMMARY: Caller reported person

had sexual intercourse with another person without consent in 1999. Investigation pending. Patrol Officer Mayra Colon responded.

DECEMBER 1

SCC FIREARM, FIREWORK, DANGEROUS SUBSTANCE OR WEAPON

LOCATION: Tallcott Hall
SUMMARY: Caller reported person having sword in room. Officer judicially referred person. Master Patrol Officer Bob Jones responded.

DECEMBER 2

HARASSMENT 2ND DEGREE

LOCATION: Rowland Hall
SUMMARY: Person reported sending unwanted text messages. Investigation pending. Patrol Officer Bryan Verzosa responded.

EXPOSURE OF A PERSON

LOCATION: Emerson Hall
SUMMARY: Caller reported a person urinated in the hallway. Patrol Officer John Tagliavento responded.

DECEMBER 3

UNLAWFUL POSSESSION OF MARIJUANA

LOCATION: Tallcott Hall
SUMMARY: Caller reported odor of marijuana. Officer issued an

appearance ticket for Town of Ithaca court and judicially referred person. Patrol Officer Jenny Valentin responded.

FIRE ALARM ACCIDENTAL

LOCATION: Lyon Hall
SUMMARY: Simplex reported fire alarm. Activation caused by burned food. Sergeant Chris Teribury responded.

SCC IRRESPONSIBLE USE OF ALCOHOL

LOCATION: Tallcott Hall
SUMMARY: Caller reported intoxicated person. Person was transported to hospital by ambulance and referred for irresponsible use of alcohol. Patrol Officer Jake Tubbs responded.

MEDICAL ASSISTANCE

LOCATION: Lyon Hall
SUMMARY: Caller reported person feeling ill. Patrol Officer Corrine Searle responded.

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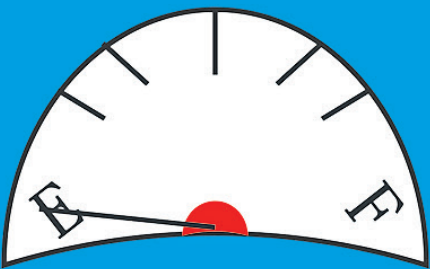
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EDITORIALS

The fate of net neutrality depends on big websites

On Dec. 14, the Federal Communications Commission is scheduled to vote on whether or not they will roll back net neutrality, an Obama-era measure that calls for internet providers to treat all online data the same and to not charge differently based on user or content.

Numerous websites have posted statements in opposition to end net neutrality. Reddit had a pop-up message appear on its home screen to urge users to read about net neutrality. Kickstarter removed almost all content from its home screen, save a message that stated, "Save Net Neutrality."

But just a day before the vote, Google's home page was its usual stark white. Likewise, Facebook offered no information about the looming vote and the bigger issues surrounding net neutrality.

The vote is troubling for a number of reasons. At the moment, information on the internet is treated equally. No matter where the content is posted on the internet, users can load the content, regardless of provider. But this could threaten the way that students learn and research, and it could

threaten free speech as we know it.

It seems irresponsible that two of the most frequented websites on the internet remained silent amidst a political decision that could drastically change the way that users interact with their sites.

Similarly, it seems ironic that two websites that strive to be socially conscious and socially responsible would remain silent regarding an issue that could limit internet access for lower-income individuals.

Admittedly, some large tech companies have made some attempt to have their voices heard, albeit rather quietly. Microsoft sent a 23-page letter to the FCC in July, and Facebook leaders Mark Zuckerberg and Sheryl Sandberg made statements on their personal pages. But statements about a matter that could have such an impact on people's everyday lives cannot be quiet messages of disapproval; they must be announcements that make a statement.

Net neutrality cannot die quietly, and big websites cannot be complicit by being quiet about this matter. Users need to call upon both their representatives and upon organizations that have more weight behind their voices to stand up for them and their interests.

Compassion can help ease Ithaca homelessness crisis

According to a report from the Department of Housing and Urban Development, homelessness increased in the U.S. between 2016 and 2017 — the first time in seven years. Not only that, but homelessness rose by 3.6 percent in New York state within the past year. Though alarming, it is easy to brush statistics aside — numbers are impersonal and are often hard to relate to.

But the increase in the homeless population in Ithaca and the surrounding area is quite visible. Ithaca Rescue Mission filled all its beds this past summer, students take part-time jobs during the school year, and the price of living in Ithaca keeps on increasing as the years go by — it's becoming harder and harder to survive and thrive in the area. Thus, new incarnations of "The Jungle" — the community of homeless individuals living in wooded areas around Ithaca — keep popping up, despite efforts to eradicate the problem.

The homelessness crisis in Ithaca is an issue of both affordable living and affordable housing. If someone isn't a student or living with a comfortable salary, then it becomes seemingly impossible to live in the area. Market Watch ranked Ithaca as the eighth most expensive

place in the country in which to raise a family. The odds are simply stacked against people trying to find housing.

Most students at Ithaca College are coming from a place of privilege. Not every student at the college comes from a wealthy background. But it is not cheap to come to the college — most students have at least some level of financial stability. With that privilege, students at the college can try and make a difference.

It may seem daunting to try and solve a national problem, but it's much simpler than that. College students can spend a fraction of their free time volunteering at soup kitchens or with organizations that aim to build affordable housing, like Second Wind Cottages or Habitat for Humanity. Students can donate a little bit of money — even their spare change — to fundraisers that are trying to help shelters, food pantries and other organizations in the area.

Homelessness is a systemic problem, yes, but that does not mean that it is impossible to make a difference in a single person's life. Helping ease the homelessness crisis does not require a Herculean effort from a single person; rather, it can be ameliorated by the compassion and efforts of students.

Letter to the Editor

Be heard in print or on the Web.



Send a letter to the editor to
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Letters must be 250 words or fewer, emailed or dropped off by 5 p.m. Monday in Park 220.

Guest Commentary

Individuals or groups interested in submitting a guest commentary can send their writings to **ithacan@ithaca.edu** or to the Opinion Editor at **mmcelroy@ithaca.edu**. All commentaries must:

1. Convey a clear and concise message.
2. Be written by an individual or group who has an educated opinion or is an authority on a specific subject.
3. Be between 500–650 words. Whether more or less space is allotted is at the discretion of the editor.

Comment on any story at **theithacan.org**.

IN OTHER
NEWS

ISABELLA GRULLÓN PAZ

Tensions are stacking in US

“This is all because of Trump,” said a message in a group text as a reaction to the bombing of Port Authority on Dec. 11.

Akayed Ullah detonated an improvised device that was strapped to his body. He survived the explosion. Ullah said recent Israeli military action in Gaza was the reason behind his attack. Israel launched air strikes against Gaza after rockets were launched out of Gaza towards Israel as a reaction to President Donald Trump’s boisterous need to proclaim Jerusalem as the capital of Israel.

Ullah’s action itself could have been incited by a series of events that began with Trump, but tensions between Palestine and Israel — and most tensions in the Middle East — have been brewing for decades due to U.S. foreign policy.

Blaming everything on Trump is unfair to neocolonial foreign policymakers who have worked hard to brew all the underlying tensions between the West and the Arab world. Trump has merely made these tensions public and exploited them with his loud comments. He has opted for public means of discrimination through his remarks and policies instead of the traditional diplomatic subtext of foreign policy decisions.

Since the creation of Israel, the U.S. has financially and militarily aided Israel as a commitment to foster democracy and economic growth in the region. As we have come to know, democracy for the U.S. seems to be fostered moreso by military aid than it is by actual economic and social means. Armed conflicts do make for a great excuse for military industries.

Although the U.S. may be trying to achieve peace, in a post-9/11 world, the narratives the U.S. has been pushing by grouping the Arab and Muslim world as a conglomerate of terror have been counterproductive to achieving peace. Political negotiations are one thing; social acceptance of the other is a completely different battle, a battle that has been largely manipulated to villainize Arabs or Muslims and, in effect, create radical reactions to difference and perpetuate harmful and violent tendencies.

Trump himself is merely a reaction to this social discourse. He is a reaction by part of the U.S. to its fear of brown people. He is working off of damaging stereotypes and a supremacist high. Before we blame Trump for any and all terror attacks, I think it is important to recognize that this fear, anger and tension between the Middle East and the U.S. has been stacking onto itself under people’s noses. Putting everything on the current president’s shoulder is an excuse for not realizing the continuous contribution the U.S. has had toward these tensions.

IN OTHER NEWS is a column about international politics written by Isabella Grullón Paz. **GRULLÓN PAZ** is a senior journalism major. Connect with her at igrullon@ithaca.edu and @isagp23.

NATIONAL RECAP

Democrat wins Alabama Senate race

BY MEAGHAN MCELROY
OPINION EDITOR

Democrat Doug Jones won the special election for the Alabama senate seat on Dec. 12, making him the first Democratic senator to represent the state since 1992. Jones beat his opponent, Roy Moore, Republican former Alabama chief justice, 49.9 percent to 48.4 percent with nearly 1.7 percent of the population writing in a candidate.

Jones is best known for prosecuting two members of the Klu Klux Klan who were responsible for a bombing in a Baptist church that killed four black girls in 1963. His victory has reduced the Republican majority in the Senate to just a single seat, which could have a significant impact on legislation in Washington.

The special election was held to fill the senate seat that was once occupied by Jeff Sessions, who now serves as the attorney general.

Moore has been the center of national attention since a woman came forward with sexual assault allegations against him. According to her account, Leigh Corfman was only 14 years old when Moore, who was then a 32-year-old assistant district attorney, kissed her and undressed her. Eight women in total have come forward to make allegations against Moore, saying that they were between the ages of 14 and 22 when he made advances toward them.

President Donald Trump had previously endorsed Moore, saying on Twitter that “we need Republican Roy Moore to win.” Trump had also told reporters that allegations against Moore were not true because Moore “says it didn’t happen” and that “you have to listen to him.”



Attorney Doug Jones won the Senate election in Alabama on Dec. 12, the first Democrat senator for the state since 1992. Jones defeated Roy Moore, the former chief justice of Alabama.

JOHN BAZEMORE/ASSOCIATED PRESS

However, after the results of the election became clear, Trump said on Twitter that he knew Moore would “not be able to win the General Election” and that he was right when he endorsed Luther Strange in the primary elections.

Despite the loss, Moore still hasn’t conceded to Jones. In a speech made to supporters after the results were announced, Moore suggested that he may push for a recount and that he would “wait on God and let this process play out.”

According to CNN exit polls, only 34 percent of white women voted for Jones, with 63 percent

voting for Moore instead. In contrast to that, 98 percent of black women voted for Jones.

Symone Sanders, a strategist for the Democratic party, told Newsweek that black women were essential to Jones’ victory.

Black women have been absolutely clear in their support for Democratic policies and Democratic candidates,” Sanders said. “It’s high time for Democrats ... to invest in that effort.”

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MMCELROY@ITHACA.EDU | @MEAGHAN_MCELROY

NEWSMAKER

Associate professor wins award for initiative

BY MEAGHAN MCELROY
OPINION EDITOR

Jeane Copenhaver-Johnson, associate professor and chair in the Department of Education, and local teacher Randi Beckmann were recently recognized at Cornell University’s Town-Gown Awards for facilitating the local Teacher Research Fellows Inquiry Group.

Opinion Editor Meaghan McElroy spoke to Copenhaver-Johnson about the award, the history of the program and what the future of the fellows program looks like.

This interview has been edited for length and clarity.

Meaghan McElroy: I saw that you were one of the co-designers for this research program. Why did you create this program?

Jeane Copenhaver-Johnson: In 2013–2014, first-grade teacher Randi Beckmann had a sabbatical from Ithaca City School District. Part of her purpose for her sabbatical was to learn more about teacher research and to try to start a teacher research community. When I came here from Ohio State in 2011, I had spent many years being parts of multiple teacher research communities back in Ohio, and I really missed it. ... She and I ran a very small teacher research community that year just as part of her sabbatical research — to see if teachers would do it, what they would get out of it, what we would learn about it. At the end of that year, the Ithaca City School District opted not to make that a recurring practice. ... Fortunately, the TST BOCES [Tompkins-Seneca-Tioga Board of Cooperative Educational Services], they coordinate many regional educational initiatives, and the

TST BOCES assistant superintendent said that he could think about how to get principals and superintendents from our local school districts to support sending one or two teachers per district to be part of the Teacher Research Fellows.

MM: What results do you see with the teachers that come through this program?

JCJ: We did a formal anonymous evaluation at the end of the last year from the teachers, but they also just talk and talk about what it means to them. Among the things we found is that it helps the teachers find a voice, a professional voice. I think sometimes practicing teachers get pretty isolated in their classrooms, and you don’t always think that your learning is going to be valuable to someone else. ... It normalizes the process of inquiry so that we don’t feel insecure to tell someone what we don’t know, because that can feel like a pretty scary thing for professionals to do.

MM: What exactly does teacher education research look like?

JCJ: For most teachers, it’s an extension of their normal practice. One of the things we tell teachers is that teacher inquiry shouldn’t mean that you’re going in and doing a bunch of stuff you wouldn’t be doing otherwise; it’s about doing the work you already do and doing it really well. ... We ask all the Teacher Research Fellows to journal in relation to their question. So whatever that question happens to be, they make a small snippet of time to write about what they notice. Teachers’ lives are so full, and teachers’ days are so full. I go home, even in this



Jeane Copenhaver-Johnson, fourth from the right, received a Town-Gown Award for co-facilitating the Teacher Research Fellowship Inquiry Group.

COURTESY OF JEANE COPENHAVER-JOHNSON

form of teaching, and say, “Gosh, it’s a snowglobe, and it just won’t stop.” So for the research fellows, they have an opportunity to stop, let the snowglobe settle and write about what they saw before they forget and before the data gets cold. That gives them information about how to follow up the next day.

MM: I saw that the initiative won the Town-Gown Award. What was that experience like, to realize that your work was being recognized by the community?

JCJ: It was really nice. Randi and I have felt so appreciated by the teachers in the group, and we have loved being a part of that group, so we’re committed to doing it no matter what. But to know that someone else recognized that this is a way Ithaca College was

contributing to the community was really nice for me because I just do it because I know it’s good.

MM: What’s your hope for the future of the program?

JCJ: I think our hope is that, as we have more cohorts of Teacher Research Fellows come through, that eventually those research fellows will return back to their environments and share with the people who work with them and invite new research communities to grow up around the region. But that’s a little ways off.

Read the full Q&A online at theithacan.org/copenhaver.

CONNECT WITH MEAGHAN MCELROY
MMCELROY@ITHACA.EDU
@MEAGHAN_MCELROY

GUEST COMMENTARY

Mansplaining hurts trans students too

BY SLOANE KAZIM

When I saw the call for interviews from *The Ithacan* on the topic of mansplaining, I was quick to volunteer. Only a few hours earlier I listened to a colleague ranting about how mansplaining was sexist to men. Yep, I had been thoroughly mansplained about mansplaining. It was another moment at this school where a man refused to think critically about the way power structures are formed through gender. Instead, he tried to shut down conversation by painting me as the insensitive one.

High off the frustration of this conversation, I decided talking about my experiences and having them in the school paper would be necessary, but it wasn't merely the fury of mansplaining itself that had me so ready to talk. I thought my experiences could help broaden understanding of mansplaining, since I am a nonbinary trans person.

We tend to understand most feminist issues as man versus woman, or at least the patriarchy versus woman. What is then left out of the conversation is nonbinary people. Of course, the conversation becomes more complex here: if a nonbinary person is still viewed by the outside world as either feminine or masculine, their gendered oppression may vary. Having them in the conversation and expanding it to include them is still necessary, though.

Mansplaining especially will hit us constantly. With every nonbinary person I speak to, I hear anecdotes of some gender studies-hating man (sometimes online, sometimes in the grocery aisle, and sometimes in the classroom) refusing to acknowledge that gender is more complex than "what is between your legs" and "limited to two options." When our very identities are being mansplained to us, it once again reminds us that the world will be openly hostile to us for merely existing.

Because here's the thing. When we talk about the patriarchy hating women, that's just one facet of the conversation. Really what the patriarchy hates is deviation from the norm. The patriarchy loves women when women stay subordinate, unquestioning, and continue to uphold men as the standard of our society. The patriarchy also loves everybody staying in these defined boxes, boxes that nonbinary folks are breaking down. Many of



Senior Sloane Kazim writes that mansplaining hurts transgender students, too, and that nonbinary people need to be included in conversations about dismantling patriarchal structures.

PHOTO ILLUSTRATION BY MAXINE HANSFORD

us are even trying to light the boxes on fire.

So when I saw that the article I'd been quoted in had specifically referenced women in the title, I already felt a bit uneasy. Sure enough, as I was quoted, the fact that I had once upon a time identified as female was used to bolster the argument that I had been mansplained to.

Seeing those words frustrated me not only because my gender was being invalidated but also because my initial goal had been unsuccessful. No awareness of mansplaining affecting nonbinary had been highlighted. Rather than getting angry at *The Ithacan* or feeling hopeless, however, I decided to double down on my cause. If being quoted in an article hadn't broken any barriers, perhaps some writing of my own would.

In my women's and gender studies classes, questions and conversations are constantly posed of how women are oppressed. It often comes down to me and my fellow trans classmates to raise our hands and say, "Here's how it affects trans people too." Responses will range from "Oh, that's

interesting" to "Oh, that's complexing the issue too much," yet nonbinary and binary trans people make up a high population percentage on Ithaca College's campus. So in gender studies classrooms, how can trans experiences not be inherently included?

Nonbinary people have existed all throughout history; we are nothing new, and it is time we are included in feminist conversations. As the words for how we identify finally become common vernacular, we are only going to grow louder and more prideful in our identities. That unabashed presence is important, too. It'll help to stop seeing the issue of feminism as men versus women, or even patriarchy versus women. The real tenets of feminism should be patriarchy versus justice, patriarchy versus humanity, and patriarchy versus liberation. Nonbinary people existing loudly and proudly inherently works within those tenants.

SLOANE KAZIM is a senior cinema and photography major. Connect with them at jkazim@ithaca.edu.

GUEST COMMENTARY

Mocking trigger warnings limits ability to grow

BY NOLA FERRARO

While scrolling through Facebook the other day, I came across an ad for well-known conservative political commentator Tomi Lahren's clothing line. Torn between not giving her the satisfaction and my own curiosity, my interest won over. I clicked on the link to her website and found a collection of T-shirts, tank tops and trendy Dad hats embossed with the phrase "Stay Triggered, Snowflakes" in polished cursive writing. Underneath, in bold letters, read the words "SOLD OUT."

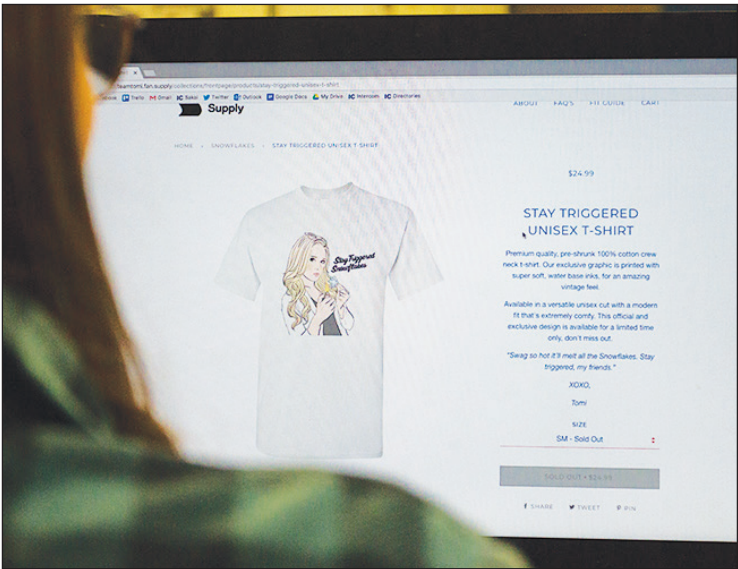
I've been dealing with mental illness my whole life. Over the years, I've worked with family, friends and numerous professionals to develop coping strategies and tools to get me through the tough times. I'm finally learning how to take care of myself, and I'm immensely proud of my progress. However, regardless of whatever strategies I might have in place, I'm still living in a world unfit for people with mental illnesses.

Earlier this semester, my class analyzed "Leap" by Brian Doyle. Doyle wrote, "A couple leaped from the south tower, hand in hand." It wasn't about suicide, but it still caught me off guard. My professor continued reading the piece aloud: "They struck

the pavement with such force that there was a pink mist in the air." For someone who ideates these actions on a near-constant basis, hearing something so graphic first thing in the morning was too much to handle. I spent the rest of the day in limbo between reclusive dissociation and a downward spiral.

I considered writing my professor an email, but only briefly. I thought, "Why should I receive special treatment? Here comes another snowflake policing everyone's words and actions." Later that week, I tried telling my therapist about what had happened in class but found myself at a loss for words. The idea of telling someone that I felt triggered filled me with shame. When I did get around to saying it, he responded as he always does: with sympathy and kindness. Though he didn't cringe like I expected him to, the shame I felt surrounding the word persisted regardless.

Mocking the language used specifically by people with mental illnesses, takes away our ability to grow, learn and cope with our disabilities. Not only that, but the media's hateful language bleeds into the mouths of the good-natured people in our everyday lives. Unfortunately, it's more often out of ignorance than cruelty. Being cognizant of the language you use and how it affects the people around you isn't difficult and impacts the lives of loved ones more than you'd think.



Merchandise sold by Tomi Lahren mocks the language used for people with mental illnesses and limits their ability to grow, writes Nola Ferraro.

PHOTO ILLUSTRATION BY ELIAS OLSEN

Due to the stigma surrounding mental illness, it's more likely than not that if you casually use language that triggers someone, they'll internalize it rather than call you out and cause a scene. Being conscious of our words and actions can be the difference between someone's entire day going well and being ruined. If someone is affected, it's more likely than not that they will suffer in silence.

"It's melting season," Lahren says on Twitter. She implies that "easily offended millennials," also known as "snowflakes," are going to be taken down in some way. The issue here is

the assumption that people with mental illnesses are weak. It's true that we face many struggles and, every so often, get knocked down a few pegs. But our community is comprised of the most resilient, determined and supportive people I know.

If you're dealing with mental health issues, you've come this far, and that alone is a testament to your strength. Here's to melting season: an indicator of imminent spring.

NOLA FERRARO is a sophomore speech pathology major. Connect with her at nferraro@ithaca.edu.



MAHAD OLAD

INTO IDENTITY

Solidarity and allyship

What exactly do the words solidarity and allyship mean? How can allies effectively show support without detracting from marginalized voices and groups? Do the "intentions" of allies ever matter? Can allyship be a form of identity?

On campus, I'm part of many social and political organizations. We often discuss challenging and crucial questions surrounding privilege, power and oppression. Oftentimes, questions about solidarity and allyship are particularly and understandably fraught. Allyship and solidarity mean different things to different people. They are also more than just words.

Here's what I think about these tensions.

Simply put, an ally is someone who uses their relative privilege to advocate for marginalized people.

Obviously, anyone can just fashion themselves as an ally and not engage in any meaningful work to assist marginalized communities. In other words, performative political actions can be disguised as "allyship."

This is irritating at best and pernicious at worst. There aren't any definitive ways to be a good ally. However, it typically begins with genuinely listening to marginalized voices, recognizing constructive criticism and being aware of the complex dynamics of organizing.

Some allies may conceptualize their political actions/orientations as a form of identity. This is unsurprising because the term allyship is increasing in popularity.

I don't view it in such a way. I think it's merely a title that's bestowed upon you by the group you are purporting to help. Also, allies can easily separate themselves from the structural problems faced by certain groups. Simply being aware of racism is not a form of allyship.

People cling onto the idea of allyship as a way to build solidarity. This is especially important when it comes to dismantling oppressive structures. However, allyship does have a tendency to veer into condescension and self-congratulation.

I'm skeptical of white liberal allyship in particular. How can someone who clearly benefits from your struggles in a white supremacist society even be considered an ally?

This isn't to say that white people cannot sincerely work with black folks to confront racism.

I'm just interrogating the usefulness of allyship as a framework to understanding oppression because the word "individual" is at the heart of solidarity. And issues of oppression are very much beyond the individual. This interpersonal dynamic can have a distorting effect because — and as I have also demonstrated in these columns before — issues of oppression are very much beyond the individual.

INTO IDENTITY is a column about identity issues written by Mahad Olad. **OLAD** is a sophomore politics major. Connect with him at molad@ithaca.edu.

Pearls Before Swine®

By Stephan Pastis

WHAT'S THE KEY TO SUCCEEDING IN YOUR PROFESSIONAL LIFE?

STAYING POSITIVE.

STAYING POSITIVE?

POSITIVE THAT SOMEONE WILL SCREW YOU OUT OF WHAT IS YOURS.

I'M VERY POSITIVE!

NO.

ALWAYS BE POSITIVE.

JOB APPLICATION
What do you think is the best way to respond to professional adversity?

A) Relax and think logically;
B) Seek the advice of others; or
C) Work harder to overcome obstacles.

D) Cry and eat ice cream.

I DIDN'T GET THE JOB.

THIS YEAR I DID NOT RECEIVE AN ACADEMY AWARD, PULITZER PRIZE, PRESIDENTIAL MEDAL OF FREEDOM, MACARTHUR GENIUS GRANT, OR SAINTHOOD.

WHAT DOES THAT TELL YOU?

THAT THE WORLD IS RACIST AGAINST CARTOON CHARACTERS.

TRY AGAIN.

THAT I NEED TO START BOYCOTTING THE POPE?

STUDYING ABROAD

in the Winter or Spring of 2018?

- ★ All students going on affiliated or non-affiliated programs must be registered with Int'l Programs and must complete post-acceptance requirements and paperwork.
- ★ If you haven't already met with someone in Int'l Programs about your study abroad plans, contact us ASAP to set up an appointment at studyabroad@ithaca.edu or 607-274-3306! *

* Not required for students going to the London Center or on IC Winter programs

sudoku

easy

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medium

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answers to last issue's sudoku

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medium

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| 9 | 2 | 4 | 7 | 1 | 5 | 8 | 3 | 6 |
| 6 | 8 | 7 | 9 | 3 | 2 | 1 | 4 | 5 |
| 5 | 3 | 1 | 8 | 4 | 6 | 2 | 9 | 7 |

Create and solve your Sudoku puzzles for FREE.

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The Sudoku Source of "The Ithacan".

crossword

By United Media

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15 Burglar's forte

17 In la-la land

19 Home tel.

20 Sedgwick of the screen

21 Blew a paycheck

24 Fell headlong

27 Sofa ends

28 Float downriver

29 Novelist -- Levin

30 Playing marble

31 Flings

32 Koan discipline

33 Glamorous wrap

34 Humerus neighbor

35 Cult

36 Moon goddess

38 Likes and dislikes

39 Pack down

40 Ad -- committee

41 Relative importance

43 Mint or thyme

47 Type of poem

48 Uncommon

50 "En garde" weapon

51 Join together

52 The -- the limit!

53 Footrace terminus
- DOWN**
- 1 Some wedding music providers

2 Umpire's yell

3 AAA suggestion

4 Pines for

5 Licks, say

6 Embers, finally

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8 Food processors

9 Concludes

10 Stout

- 11 Alert color

16 Tolerate

18 Planet, in verse

20 "In Xanadu did -- Khan ..."

21 Bossa nova kin

22 Earlier

23 Beset by conflict

24 Pivots

25 Standing tall

26 He loved Beatrice

28 Dumas' "The Black --"

31 Jeep alternatives

35 Drawer freshener

37 -- de cologne

38 Jigger

40 Ground breakers

41 Solemn promise

42 Lime cooler

43 Be nosy

44 Clean water org.

45 Gym iteration

46 Pollen spreader

49 Gold Rush st.

last issue's crossword answers

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Gathered together in faith

Students find comfort in religion



Father Daniel McMullin leads a Catholic Mass for the campus community in Muller Chapel on Dec. 10. The Catholic community has about 100 registered members on campus.

ELIAS OLSEN/THE ITHACAN

BY OLIVIA RIGGIO
STAFF WRITER

The glow of two burning candles reflects off of the back window of Muller Chapel. Voices sing and recite prayers in both Hebrew and English.

It's Friday evening, and members of Hillel, the Jewish community at Ithaca College, are observing Shabbat through a short prayer service followed by a dinner. They have invited new guests — members of the college's small but growing Muslim community.

Sophomore Syed Fardin Ahmed is a member of the Muslim community. He and his friend, senior Joseph Fenning, attended the Shabbat service to work on uniting the two faith groups.

"It was like a whole new experience; I really loved it," Ahmed said. "As I heard the songs, I felt this feeling of purity.

I felt like being a part of a community helped a lot. The main reason we came today was to integrate Hillel with the Muslim community."

A Pew Research study from 2015 indicates millennials are much less likely to identify with religion than their older counterparts. In the baby boomer population between ages 53 and 71, 59 percent of people responded they found religion to be very important. Only 38 percent of younger millennials between the ages of 21 and 27 responded they found religion to be important. However, students in various faith groups at the college are finding a strong community identity through their spirituality.

A Sense of Community

Senior Abrey Fellicia said she did not practice Catholicism much growing up, but she is now the president of the Catholic community at the college.

Fellicia said her interest in the Catholic community began during her freshman year at the college, when a friend invited her to attend a Thursday night Fireside Mass at the chapel.

"That really was the first time I had been to Mass in a really long time," Fellicia said.

"Everyone seemed to really be happy and kind of living out what they were preaching and what they believed."

Campus Ministry Associate John Morton said many students join faith groups on campus because they offer the strong sense of community many young adults search for, especially when entering college. He said there are about 100 registered members of the Catholic community on campus.

Rachel Wagner, associate professor in the Department of Philosophy and Religion, said community is important to many young people, even to those who do not identify with religion. She said a new movement of people who call themselves "nones," a

play on the word "nuns," do not identify with religion, but still seek the community it provides. Nones gather in meetings structured similarly to religious services, but the content is not religious, she said. They make up 23 percent of the U.S. adult population, according to the Pew Research Center.

Identities Rooted in Faith

For sophomore Matthew Feiler, religion goes hand in hand with his identity. Feiler comes from an active Jewish family and went to Jewish day school growing up. He said an active Jewish identity was one of his criteria when he began to look into which

college to attend.

"I wanted to hold on to all of the stuff that I had learned because it's part of who I am," he said.

According to Hillel International, 11 percent of the college's undergraduate population in the 2016–17 academic year identified as Jewish. Hillel Executive Director Lauren Goldberg said about 80 Jewish students regularly attend Hillel events at the college.

Junior Margot Register, president of the Pagan community on campus, said she feels that her religion is a strong part of her identity as well. Pagan religions are less structured than many major religions and are often rooted in earth- and nature-based practices. The Pagan community at the college meets for non-denominational prayer services and rituals and to discuss some aspects of the broad faith.

"I think it's really beautiful that you can really kind of make it your own and find elements that you love without taking elements that you don't like, and you can find it structured or unstructured," she said.

James Touchton, protestant chaplain and current Interfaith Council advisor, said that when students come to college, they often seek communities with views similar to their own.

"For most of my students, their faith is the most important thing about them," he said. "Having the social support networks of other Christians is very, very important to them."

Touchton said the number of practicing Protestants on campus ranges from about 75 to 80 students. Touchton said the Muslim community has about 10 to 12 practicing members and the Pagan community has about eight to 10 practicing members. There is not an active Buddhist community on campus this year, but there has been in the past.

Farwa Shakeel, sophomore and founding Muslims and Allies member, said she strives to live true to her Muslim beliefs. The most important aspect of her religion is kindness, she said.

Touchton said many students face challenges when they realize their lifestyles and identities are at odds with stereotypical college party culture. He said the goal of religious communities on campus is to offer an alternative space for students to explore.

Ahmed said he

struggled to keep up with his faith routine when he first entered college. Many Muslims engage in prayer five times a day, but Ahmed said he found his busy class schedule

getting in the way of this routine before he chose to prioritize his faith.

Interfaith Collaboration

In an increasingly secular society, many have preconceived notions about what religion is.

"I think increasingly, religion is kind of viewed with kind of an eye of contempt or derision or a 'We don't need that anymore' kind of mentality," Touchton said.

Fellicia said she feels she stands out among her peers, who she said are sometimes surprised to hear about her Catholic identity and expect her to act differently toward them because of her beliefs.

"I think those stereotypes come from people not having a good experience with faith or not having a good experience of people in faith communities," she said.

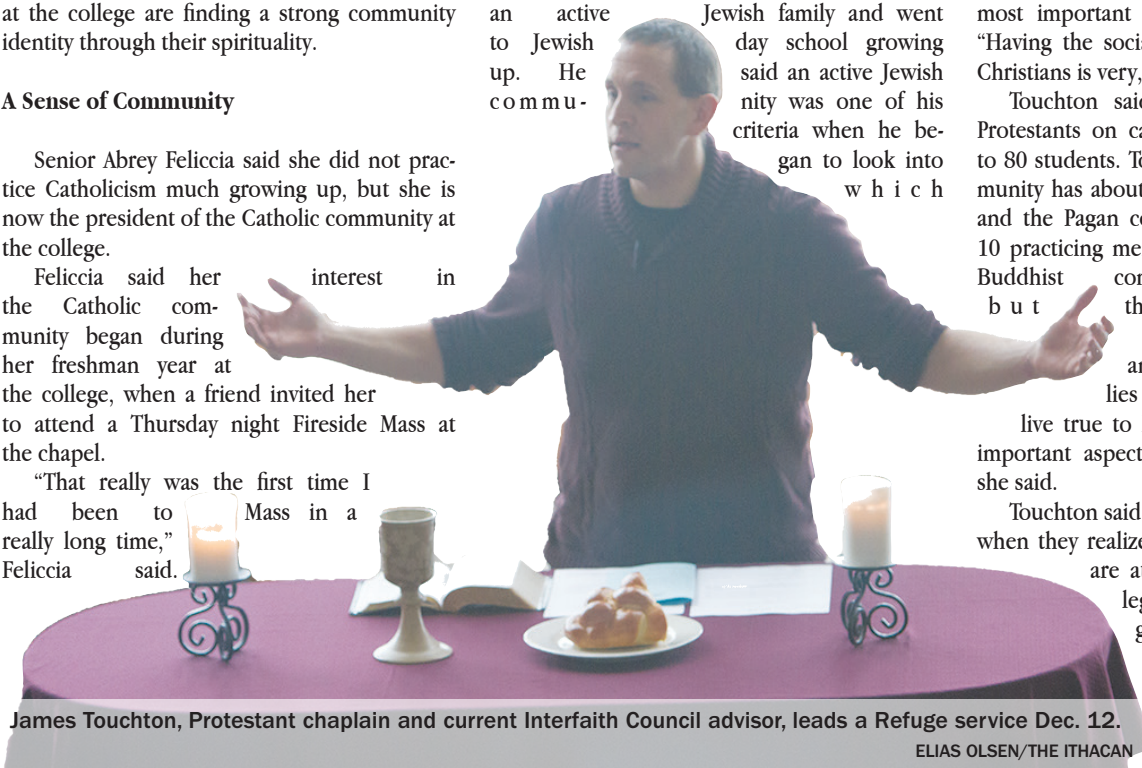
Minority religion—practitioners also struggle with institutionalized prejudice.

Lyons said Jewish students usually have to reach out to professors to be excused from class on major holidays. Though Lyons said she had not heard of many overt cases of anti-Semitism, the college recently judicially referred a student for drawing a swastika on another student's door.

Shakeel also said common prejudices against and misunderstandings of Islam pose challenges to Muslim students.

"There's a lot of confusion about what Islam really means," Shakeel said. "So finding a like-minded group of students who are very progressive and who understand the religion really well ... is really, really awesome."

CONNECT WITH OLIVIA RIGGIO
ORIGGIO@ITHACA.EDU | @ORIGGIO35

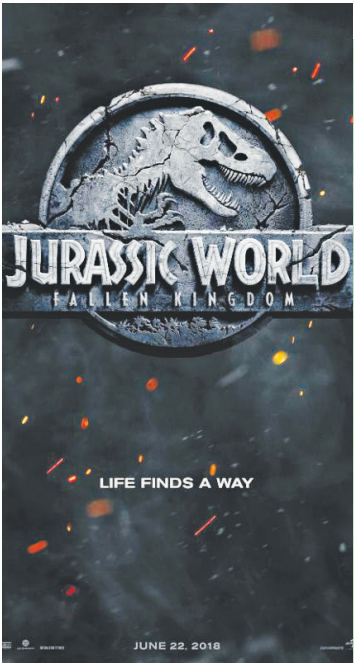


James Touchton, Protestant chaplain and current Interfaith Council advisor, leads a Refuge service Dec. 12.

ELIAS OLSEN/THE ITHACAN

Cultured

RELENTLESS REBOOTS



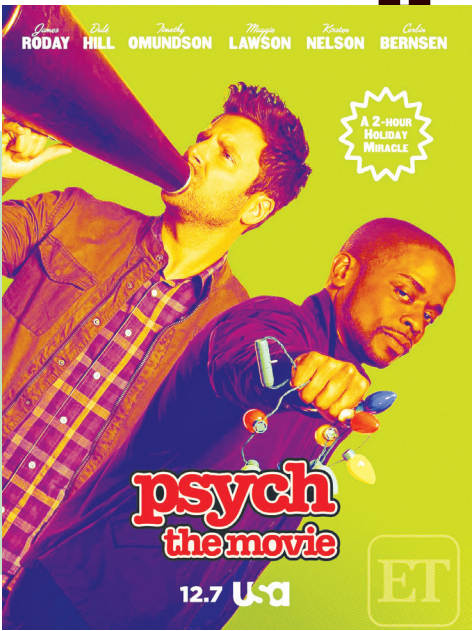
SEQUELS SQUARED

The first trailer for “Jurassic World: Fallen Kingdom” was released Dec. 7 during Thursday Night Football. A sequel to the 2015 reboot “Jurassic World,” the movie will focus on a mission to save the dinosaurs on Isla Nublar from extinction. Colin Trevorrow, writer and producer, tweeted “Everything from the trailer is from the first 57 minutes.” Trevorrow also said the second half of the movie will be a surprise to audiences. “Jurassic World: Fallen Kingdom” will be released June 22, 2018.



SANTA, SNOW AND PSYCHICS

“Psych: The Movie,” a two-hour movie based on the detective television show “Psych,” aired on USA Network on Dec. 7. The first continuation of the show since its finale in 2014, the movie follows the original cast of characters reuniting for the holidays. Series creator and writer Steve Franks said he hopes to make five more movies based in the “Psych” universe.



TV TALK

‘THE CROWN’ CONTINUES

Netflix released the second season of its original series “The Crown” at midnight Dec. 8. The season chronicles the life of Queen Elizabeth II (Claire Foy) from 1955 to 1964, including historical events such as the assassination of John F. Kennedy. Foy announced on Dec. 5 that Olivia Coleman will take over the role of Queen Elizabeth for the third and fourth seasons.



SURREAL SERIES RESTART

Streaming platform CBS All Access ordered a “Twilight Zone” reboot from Jordan Peele, Simon Kinberg and Marco Ramirez. Peele, who also wrote and directed the horror movie “Get Out,” said “I can’t think of a better moment to re-introduce it to modern audiences.” The air date and number of episodes have not yet been announced.



Students bring life to local play

BY BRONTË COOK
STAFF WRITER

The lights come up. A young Greta stands center stage, lamenting her “Red Shoe Blues” as she prepares a winding journey to rescue her best friend. As the echoes of her lament weave through the space, a forgotten realm of child-like magic is brought to life as the audience accompanies Greta on her journey into a fairy-tale world.

Adapted from the Hans Christian Andersen classic that inspired Disney’s “Frozen,” local not-for-profit theater company The Cherry Arts Inc. presents “The Snow Queen,” a tale of Greta, a young girl who embarks on a journey to save her best friend, Kai, from an evil queen. The Cherry Arts Inc. is working in collaboration with students from the Ithaca College Department of Theatre Arts and locals in the community.

“The Snow Queen” debuted at The Cherry Arts in the winter of 2016. The debut production was adapted and directed by Samuel Buggeln, artistic director of The Cherry Arts, and included an original script, two original songs and hand puppetry.

This year, The Cherry Arts added hand and shadow puppetry designs based on the work of local fantasy illustrator Rachel Terwilliger. This performance also includes changes to the script; new original songs composed by Paul Leschen, a New York City-based composer; and lyrics by Lyrae Van Clief-Stefanon, local poet and associate professor in the Department of English at Cornell University.

Sophomore Lucia Vecchio, who plays the role of Greta, said she got involved in the production



Sophomore Lucia Vecchio, who plays the role of Greta in “The Snow Queen,” and Jeffrey Guyton, cast member, watch a shadow puppetry scene together during a rehearsal at The Cherry Arts.

COURTESY OF THE CHERRY ARTS

after she volunteered to attend a reading of the script over the summer. Vecchio said the script reading was aimed to help the production team make changes and adaptations to the script before they began casting the show.

“I was here over the summer, so I went in to do the reading,” Vecchio said. “I got an email a couple months later asking if I wanted to come in and audition for Greta.”

Vecchio said playing the role of Greta has been both inspiring and challenging because of the complexity of the character.

“The challenge has been how to make her young and youthful and courageous and bright without making her weak,” she said. “I’ve had a great time diving into

a character that has so much innocence and so much awe for the whole world.”

Vecchio is acting in the production alongside three peers from the college, including sophomore Megan Schmidt and juniors Josh Altenburg and Joshua Wilde.

Wilde, who plays the role of Kai, said “The Snow Queen” has been a positive experience for him because he was able to help build his own character.

“I’ve never been a part of a show that I’ve helped create,” Wilde said. “We’ve had a lot of freedom to explore each of the characters.”

Watching her lyrics come to life on stage was a particularly moving experience, Van Clief-Stefanon said.

“There was a point where

Greta was lamenting missing her friend, and I was so wrapped up in the narrative, in the action on stage — I actually forgot I had written what she was singing,” Clief-Stefanon said.

Jennifer Herzog, lecturer in the Department of Theatre Arts and associate artistic director for The Cherry Arts, said the new original music sets this year’s show apart because of the unconventional style of the music itself.

“For people who aren’t into conventional musical theater, the music in this piece is going to impress them because it’s not your typical old-school musical-theater type of style,” Herzog said.

CONNECT WITH BRONTË COOK
BCOOKK4@ITHACA.EDU
@BRONTECOOK1

Circle K holds holiday sale

BY KATE NALEPINSKI
SENIOR WRITER

Fuschia, turquoise and lime-colored scarves lie on a table, and next to them, a plethora of homemade jewelry is organized by size, all for sale. Students stop by between the rush of classes to browse the handmade items on display.

These items, which have been transported from around the globe, are from One World Market, a fair-trade corporation located on The Commons. The store aims to give appropriate payment for the craftspersons’ time and skills.

From 9 a.m. to 3 p.m. Dec. 4 to 6, the Ithaca College Circle K International, a local chapter of the community service organization, collaborated with One World Market for its sixth annual fundraiser in the North Foyer of Campus Center. Circle K will use the holiday sale to fund its on-campus service projects.

Senior Stephanie Greenidge, the vice president of IC Circle K, said that in the past, the club has done projects for Ithaca Rescue Mission, an emergency homeless shelter; Planned Parenthood, a public health center; and Beechtree, a local rehabilitation center. Greenidge said the group is currently assisting Cayuga Medical Center.

Sophomore Madeline Strauch, secretary of IC Circle K, said the group frequently donates food items to the Rescue Mission like peanut butter and jelly sandwiches and trail mix. The club donates Beachtree nonslip socks that its members decorate at meetings to the residents there, she said. When the club worked with Planned Parenthood in Spring 2018, it put together post-abortion care packages, she said.

“For Cayuga Medical Center, we make blankets and donate [to] them,” she said. “It’s a very fun club. ... And also, it benefits the community.”

Kurt Bayer, manager at One World Market, said his company has partnered with groups on campus for holiday sales for over 10 years.

“We enjoy spreading a good message so students know about fair trade and so they know we’re the only fair trade store on The Commons,” Bayer said. “So coming up to campus gives them the opportunity to check out a local business.”

Fair-trade corporations operate around the world, often collaborating with larger companies. Fair-trade companies provide producers, often from third-world countries, with a fair income in an effort to sustain farmers and workers.

The Fair Trade Certified website says certified organizations function based on the principle that the products they buy and sell are connected to the livelihood of others.

Junior Rachel Hamlin, president of IC Circle K, said Circle K is the largest student-run service organization in the world, as there are different branches of the organization at colleges across the United States. She said the group does a lot of service projects on campus and in the Ithaca community, mainly partnering with nonprofit organizations.

Hamlin said she thinks the annual winter fundraiser is beneficial because it can be used as a tool to educate college students.

“It informs the public about what fair trade is and about what One World Market does so more people can become aware of it and so more people can hopefully shop fair trade,” Hamlin said.

The fundraiser benefits One World Market and Circle K, as profits were split between the two organizations. Bayer said the store and the club are still in the process of determining the total amount of money raised.

Senior Jared Fink, who was searching for a holiday gift on the final day of the sale, said he had previously bought products from the collaborative sale between One World Market and IC Circle K. Fink said that bringing attention to diverse cultures is inspiring.

“I think that having such beautiful products made by people from such authentic cultures is one surefire way to get people to pay attention,” Fink said. “The craftsmanship is just unbelievable.”

Hamlin said that because One World Market operates as a fair-trade business, it is a no-brainer that IC Circle K has continued to partner with the local shop.

CONNECT WITH KATE NALEPINSKI
KNALEPINSKI@ITHACA.EDU | @KATENALEPINSKI

Production unites professor and alum

BY KARA BOWEN
STAFF WRITER

Five states, a two-and-a-half hour plane ride and one time zone away, an Ithaca College alum and current professor crossed paths to work on an original musical in Little Rock, Arkansas.

Kathleen Mulligan, associate professor in the Department of Theatre Arts, and Maggie-Kate Coleman ’03 were recruited to work on the musical “The Gift of the Magi” by the Arkansas Repertory Theater in Little Rock. Mulligan was recruited to work as dialect coach by John Miller-Stephany, longtime friend and artistic director of the Arkansas Repertory Theatre, and Coleman was recruited to work as a lyricist by script writer Jeffrey Hatcher.

“I had never met her before,” Mulligan said. “Some of my colleagues are friends with her, and they said, ‘Oh, you’re going to love her.’ ... She’s really wonderful, and I really enjoyed working with her.”

Once Mulligan and Coleman visited Arkansas to work on the project, they began going out to dinner and discussing their experiences at the college.

“It was one of the greatest accidental joys of this project,” Coleman said. “We had a lot of people in common because a lot of my professors in the theater and English departments are still around, so it was wonderful to get to know her.”

Coleman worked with Hatcher and composer Andrew Cooke to write the musical numbers. After the lines were written, Mulligan trained the actors to accurately reproduce the variety of dialects required by the script.

The musical is based on a short story written by O. Henry in 1905 about a poor young couple trying to buy Christmas gifts for each other with little money. Miller-Stephany said that he thinks the story is one of the most beautiful holiday stories but that he did not like the existing written stage



Kathleen Mulligan, associate professor in the Department of Theatre Arts, and Maggie-Kate Coleman ’03 worked together on a production of “The Gift of the Magi.”

COURTESY OF KATHLEEN MULLIGAN

versions and thought the Arkansas Repertory Theatre should do its own version. He asked Coleman and other writers to create a one-act musical adaptation that maintained the soft tone of the original story.

“A lot of Christmas shows in particular become this extravaganza where you try to throw everything into it, and we wanted it to really feel small and intimate like the story itself because it’s so beautiful,” Coleman said.

The show was kept intimate by having only four actors, Coleman said.

“I think it’s a very delicate piece, and I felt that it should be intimate,” Miller-Stephany said. “My idea was for there to be four actors — Jim and Della, and two actors to play everyone else in their world.”

The couple had to say lines in dialects like Italian, Yiddish, French and working-class Brooklyn accents. Mulligan wrote explanations of sound changes and sent audio samples to the actors online before working with them in person to coach them on the different dialects.

The time between writing and staging original musicals can take up to five years, Coleman said. She said that in this instance, there was less than a year between beginning discussion about this play and staging it.

“The Gift of the Magi” runs at the Arkansas Repertory Theater in Little Rock from Nov. 29 through Dec. 24.

CONNECT WITH KARA BOWEN
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‘Jumanji’ sequel is a joyless jungle disaster

BY JAKE LEARY
LIFE AND CULTURE EDITOR

Bad computer-generated rhinos chase a bad computer-generated helicopter through a bad computer-generated ravine. After several minutes of high-tension action, the scene culminates in impossible vehicle acrobatics and a few bland quips. Then it’s on to the next lifeless set piece. Rinse and repeat.

From setting to character, nothing in “Jumanji: Welcome to the Jungle” feels genuine.

A partial sequel, partial remake and partial reimagining of 1995’s “Jumanji,” “Jumanji: Welcome to the Jungle” attempts to update the premise of the original. Instead of a magic board game, the mystical artifact takes the form of a video game cartridge. Four teens stuck in detention find the game, dust it off and are promptly sucked into the chaotic world of Jumanji. When they enter the game, the “Breakfast Club” wannabes are given new bodies that complicate their time in the Jumanji jungle. Scrawny Spencer (Alex Wolff) becomes the massive Dr. Smolder Bravestone (Dwayne Johnson), athletic Fridge (Ser’Darius Blain) becomes the tiny Moose Finbar (Kevin Hart), popular Bethany (Madison Iseman) becomes the overweight Dr. Shelly Oberon (Jack Black) and shy Martha (Morgan Turner) becomes the stunning Ruby Roundhouse (Karen Gillan).

Unlike its predecessor, “Jumanji: Welcome to the Jungle” struggles to

establish tension. The board game in the original was dangerous because it had the power to impact the real world. The sequel is set almost entirely inside the game and never presents a compelling consequence for the real world besides the clichéd “if you die in the game, you die in real life” conceit. That premise only works if the protagonists are worth investing in — and they’re not.

The characters are straight out of “The Breakfast Club,” which in 2017, and in 1985 for that matter, is a terrible model to imitate. Each of the four leads go through a cliché emotional arc. That said, the performances are all appropriately silly, and the chemistry between the four actors is apparent. Watching Johnson and Gillan go through the awkward, tender motions of a teenage relationship is, at times, hilarious and surprisingly sweet. Black owns every scene he is in and does his best Valley girl impression, complete with flamboyant hand gestures and exasperated eye-rolls. The film has a talented cast but a lackluster script.

Despite its numerous shortcomings, “Jumanji: Welcome to the Jungle” deserves recognition for its attempt to spoof a medium Hollywood has yet to understand — video games. The villain, the side characters and many of the set pieces are meant to mimic the cheesy, illogical and often inexplicable aspects of Nintendo Entertainment System-era games. There are some wonderful moments of self-aware humor in the movie that acknowledge the poor justification for



“Jumanji: Welcome to the Jungle” updates the premise of the 1995 movie “Jumanji” by replacing the magical board game with a video game. Four teenagers are sucked into the game’s dangerous jungle world. COLUMBIA PICTURES

classic game quests and plot points.

In an attempt to parody a bad video game, director Jake Kasdan made a bad movie. By embracing the flaws of NES games, “Jumanji: Welcome to the Jungle” also succumbs to them. The villain, John Hardin (Bobby Cannavale), is dull, the MacGuffin’s powers are inconsistent, and the plot is painfully simple. There are also

times when the film’s game-related humor sounds like it was crafted by someone who read about video games but never actually played one. Certain jokes are delivered with an insufferable “can you believe people actually play things like this” tone that undermines the more revelatory moments surrounding gaming culture. “Jumanji: Welcome to the Jungle”

is not a painful experience, but it is a distressingly shallow one. The film follows in the footsteps of “Baywatch”; it’s a bland comedy with a splash of talent and too little brain. Even Johnson’s boundless charisma can’t save this joyless jungle romp.

CONNECT WITH JAKE LEARY
JLEARY@ITHACA.EDU | @JD_LEARY

Franco brothers act perfectly as partners

BY CHARLIE MUSANTE
STAFF WRITER

In response to “The Disaster Artist” receiving a Certified Fresh from Rotten Tomatoes, which indicates critical praise, Seth Rogen tweeted, “We made a movie about the worst movie and it might be our best movie.”

This statement is absolutely right. “The Disaster Artist,” directed by and starring James Franco, tells the story of the making of “The Room,” which is often called “the ‘Citizen Kane’ of bad movies.” The mystery surrounding “The Room” and its making has elevated it to cult status.

The performances by this all-star ensemble cast hit all of the right notes. The Franco brothers bring a chemistry to Tommy Wiseau and Greg Sestero that brings the friendship of their real-life counterparts to life. James Franco is especially great as Tommy. Franco goes beyond just being an actor playing a

role, drawing on his own experience as a Hollywood misfit and totally immersing himself in the mind of his character. His brother Dave Franco is also surprisingly great in his role. His performance drives this movie and grounds the bizarre antics Tommy gets up to.

The story’s portrayal is refreshing. It would have been easy to take the conventional route of painting Tommy Wiseau as some weird entity that has no clue how normal humans carry themselves. Instead, the script brings out his human side, telling the story of an underdog up against impossible odds. It shows a man with a dream and a person beyond the odd caricature that people know him as.

The story is also far more heartwarming than a story about an awful movie has any right to be. The central focus of the plot isn’t the making of the movie; it’s the friendship between Tommy and Greg. It’s a story about two misfits who defied all odds to become Hollywood royalty. Franco opted to make a personal story that resonates emotionally.



POINT GREY PICTURES

Even more to this movie’s credit is how well it recreates scenes from “The Room.” The accuracy of the recreations shows in the side-by-side comparison reel that plays just before the credits roll. It’s an entertaining sequence that acts as a love letter to the original film.

Overall, “The Disaster Artist” is one of 2017’s best films. It is odd that a movie about what is seen as the worst movie ever made is so incredibly good, but “The Disaster Artist” is a success on every level in showing the real-life people and stories behind a beloved disaster.

CONNECT WITH CHARLIE MUSANTE
CMUSANTE@ITHACA.EDU

Swedish satire fails

BY AIDAN LENTZ
STAFF WRITER

“The Square” is a patience-testing, two-and-a-half hour film without a clear message.

The movie follows Christian (Claes Bang), the curator of an affluent Swedish contemporary art museum. While his morality is challenged, his museum’s public relations team crafts a dramatic ad campaign for their art installation “The Square,” an LED square that’s supposed to represent peace and equality.

Far too often, this movie indulges in protracted sequences of absolutely nothing. Christian going to pick up a package at 7-Eleven becomes a three-minute scene made up of three shots. The movie simply becomes boring and visually monotonous.

Despite the patience-testing editing, this is a well-crafted film on a technical level. Unfortunately, this

strong filmmaking isn’t used to tell a coherent story.

“The Square” offers plenty of societal critiques. However, most of these themes are just sardonically hinted at instead of being fully developed. This film feels a lot like real life — long, boring and hard to discern a clear message from.

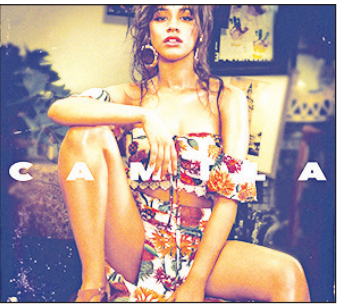
“The Square” is a film trying to say too many things with not enough words. Viewers leave with nothing gained from over two tedious hours of their lives.

CONNECT WITH AIDAN LENTZ
ALENTZ1@ITHACA.EDU | @ALENTZ98



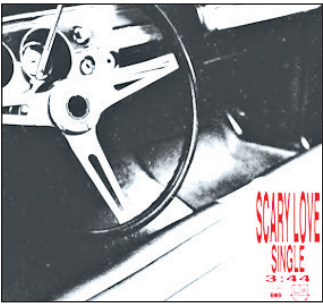
PLATFORM PRODUKTION

QUICKIES



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“REAL FRIENDS”
Camila Cabello
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Every now and then, a mild, inoffensive but completely unoriginal pop song isn’t a bad thing. There are no clashing drums or screaming synths, but there’s enough of a compelling backbeat to give a solid sense of forward momentum.



COLUMBIA RECORDS

“SCARY LOVE”
The Neighbourhood
Columbia Records
“Scary Love” is one of many songs to be undone by vocal distortion — the echoey distance that dominates the entire song is distracting, frustrating and generally poorly realized.



AFTERMATH RECORDS

“UNTOUCHABLE”
Eminem
Aftermath Records
“Untouchable” should be read, not heard. The over-the-top beat asserts itself too often when Eminem’s lyrics should take center stage. While it’s not a deep dive into the subject of white privilege, it’s a good starting point for the ignorant.

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Finding a fit at home

Junior makes impact on basketball team after transferring

Junior forward Miles Herman hands off the ball to senior guard Carroll Rich in the Bombers' 86-84 win over SUNY Cortland on Nov. 28.

JULIA CHERRUAULT/THE ITHACAN

BY MAX O'NEILL
STAFF WRITER

In 2011, high school junior Miles Herman and his family returned to their hometown of Ithaca after spending the previous eight years living in Japan. Their abrupt return to the United States came after a 9.1 magnitude earthquake devastated Japan and caused many to flee the country out of fear of radiation leaks from nearby power plants.

After finishing high school in Ithaca and transferring colleges twice, Herman is now an integral member of the Ithaca College men's basketball team.

"We came back thinking it would only be a year and that we would go back to Japan once everything had settled down, and that never happened," Herman said.

Herman went to Japan with his family due to his mother's job at the Corning Glass Company. He said he was surprised by the basketball culture he discovered there.

"I went over there not knowing if people would even play, and when I got to my school, I found out they had a team and they were pretty good," Herman said. "I made all of my first friends over there through basketball and playing on the team. The competition was as good as it was when I got back here; the kids were really into it."

Beyond basketball, Herman

said his time in Japan greatly contributed to his personal growth and gave him "a better sense of self."

"I learned more about who I am and where I fit in," he said.

Herman said basketball was an escape for him during a difficult transition back to Ithaca from Japan for his junior year of high school.

"It was definitely hard initially making friends, hard initially adjusting to a new school and a new setting and new people, and my parents weren't living together at the time," Herman said. "I found that basketball was really cathartic for me. I had a team to come back to who were all super welcoming and kind of introduced me to the school."

After graduating from Ithaca High School in 2013, Herman enrolled at the University at Buffalo, where he played on the club basketball team for two years. He decided he wanted to be close to home, so he transferred to Tompkins-Cortland Community College before transferring to the college.

"I wanted to be close to a strong support network, and having my mom, dad and grandma around helped with that," Herman said.

Early in the 2017 fall semester, prior to basketball tryouts, Herman was playing basketball at the college's Fitness Center, and a professor, who played on Cornell University's men's basketball team when he was a student, told him to try out for the Bombers. Herman went to the Hill Center at Ithaca College before a team workout and played a pickup game with the team. After that game, a few of the players, including Carroll Rich, senior guard and captain, walked into head coach Jim Mullins' office and told him about Herman.

"I immediately saw where he could fit in because of our offense and how he could be a big help on defense with his length and size in the paint," Rich said. "With our offense, the big man's job is to run the floor well. He's not really one of these doughy bigs that you see sometimes. He's pretty athletic, gets up and down the floor really well, so I always found that something to take note of right away."

The addition of Herman as a post presence has positively impacted the Bombers on both offense and defense. Last year,

the Bombers gave up 184 points in the paint through the Bombers' first five games of the season, while this year, they have only given up 132 points in the paint. Herman also makes a big impact on the offensive end, with the Bombers' scoring 192 points in the paint through five games compared to last year's 162 points in the paint.

Herman is the tallest player on the team at

"Not to imply that he is not physically capable, 'cause he certainly is, but Miles' big thing is he's got a nose for the ball and a desire to get it."

While Herman's impact has been consistent in his short stint with the Bombers, his high school coach Jobe Zulu told USA Today in 2012 that consistency was Herman's biggest problem.

"When he plays to his ability, when he focuses and knows what he's doing out there, on a scale of 0-10, this kid is a 9," Zulu said. "But when he's joking around and not focused, he



Herman defends Nicky Bonura, SUNY Cortland junior guard, during the Bombers' 86-84 win over the Red Dragons on Nov. 28 in Ben Light Gymnasium. The Bombers are now 6-1.

JULIA CHERRUAULT/THE ITHACAN

6'8", and he is also the tallest player the Bombers have had on the team since the 2014-15 season, when 6'8" center Keefe Gitto was a senior. He is also the first player during Mullins' stint as head coach to come from Ithaca High School.

Herman has found success early in his Ithaca career, getting a double-double in only his third career game, with 13 points and 11 rebounds against SUNY Cortland on Nov. 28. He came a rebound short of a double-double in the Bombers' very next game with 14 points and nine rebounds against Vassar College on Dec. 1.

One of Herman's biggest contributions to the Bombers so far has been his ability on the glass, averaging 6.6 rebounds per game, including 11 in the team's 86-84 win against SUNY Cortland. He also put up 13 points against the Red Dragons for his second double-double of the season.

Mullins said Herman has a knack for rebounding.

"I think the big thing with being a great rebounder is that I think it is as much or more attitude than it is physical ability," Mullins said.

goes to being a 2, so you never quite know what you're going to get out of him."

Herman said his attitude has completely changed from when he was in high school.

"Focus is not still an issue, thankfully," Herman said. "I'd like to think I'm a lot more mature right now than I was back then. Jobe was right; I definitely did not play to my abilities all the time. I was distracted and had a lot of things outside of basketball, I would say, dividing my attention. Now, it's just none of that; it's just school and basketball."

Mullins said Herman has put in as much effort as anyone else on the team.

"I think he's been one of our hardest workers," Mullins said. "He's been all in for us, you know — he spends extra time in the gym working on his game, and he's been great in practice: very attentive and always ready to go."

CONNECT WITH MAX O'NEILL
@MAXONEILL5 | MONEILL2@ITHACA.EDU



Herman prepares to shoot over Bonura during the Bombers' win on Nov. 28 in Ben Light Gymnasium.

JULIA CHERRUAULT/THE ITHACAN

THE BOMBER ROUNDUP


The Ithacan’s sports staff provides statistical updates on all of the varsity Bomber squads during the winter season



Sophomore forward Cassidy O'Malley shoots over Alexandra Leslie, University of Rochester senior forward. The Bombers lost to the Yellow Jackets 77–67 at Ben Light Gymnasium. CAITIE IHRIG/THE ITHACAN


Women’s Track and Field

RESULTS



94–33

Dec. 8




Next meet: 3:30 p.m. Jan. 6 for the Ithaca Track and Field Alumni Celebration at the Athletics and Events Center

Ithaca Home Dual Results

| Name | Place | Time | Event |
|--------------------|-------|--------------|-------------|
| Meghan Burd | 1st | 8.11 | 60-meter |
| Denise Ibarra | 1st | 5:15.62 | 1-mile |
| Christina Rucinski | 1st | 11:19.49 | 3,000-meter |
| Katherine Pitman | 1st | 4.15 meters | Pole vault |
| Samantha Healy | 1st | 11.54 meters | Shot put |


Men’s Track and Field

RESULTS



67–60

Dec. 8




Next meet: 3:30 p.m. Jan. 6 for the Ithaca Track and Field Alumni Celebration at the Athletics and Events Center

Ithaca Home Dual Results

| Name | Place | Time | Event |
|------------------------|-------|--------------|----------------|
| Daniel Harden-Marshall | 1st | 22.34 | 200-meter |
| Elliott Place | 1st | 7.15 | 60-meter |
| Chris Singer | 1st | 9:13.17 | 3,000-meter |
| Harrison Buttrick | 1st | 13.94 meters | 35-pound throw |
| Lee Matthews | 1st | 14.11 meters | Shot put |


Wrestling

RESULTS




45–4

Dec. 9




Next meet: 9 a.m. on Jan. 4 for the NWCA National Duals in Fort Wayne, Indiana

RESULTS




52–6

Dec. 9




Women’s Basketball


RESULTS



80–71


Dec. 9





77–67

Dec. 12




Next game: 6 p.m. Jan. 5 against Union College at Ben Light Gymnasium

STANDINGS

| School | Conference | Overall |
|---------------|------------|------------|
| RIT | 2–0 | 7–0 |
| Ithaca | 2–0 | 7–2 |
| RPI | 2–0 | 5–3 |
| Skidmore | 2–0 | 4–3 |
| Vassar | 1–1 | 5–2 |
| Union | 1–1 | 2–4 |
| William Smith | 0–2 | 4–3 |
| Clarkson | 0–2 | 5–4 |
| St. Lawrence | 0–2 | 3–3 |
| Bard | 0–3 | 0–8 |


Men’s Basketball

RESULTS



71–68

Dec. 12



Next game: 9 p.m. Dec. 28 against Brooklyn College in Daytona, Florida

STANDINGS

| School | Conference | Overall |
|---------------|------------|------------|
| Skidmore | 2–0 | 6–1 |
| RPI | 2–0 | 6–1 |
| Ithaca | 2–0 | 6–1 |
| RIT | 2–0 | 4–4 |
| Hobart | 1–1 | 4–2 |
| Union | 1–1 | 3–3 |
| Clarkson | 0–2 | 4–4 |
| St. Lawrence | 0–2 | 2–5 |
| Bard | 0–2 | 2–7 |
| Vassar | 0–2 | 0–7 |

*Updated as of December 12

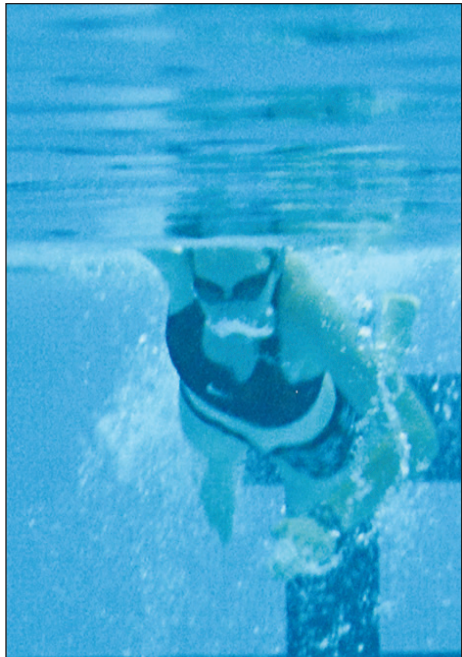
Track and field uses pool to avoid injuries

BY RYAN LEMAY
STAFF WRITER

Instead of finding the Ithaca College swimming and diving team doing laps in the pool at 6:45 a.m. Friday mornings, the women's track and field team is jumping, sprinting and even pole-vaulting in the water.

Jennifer Potter '92, head coach for the women's track and field team, has been training in the pool since her days as a runner at the college. Now, Potter has her team working in the pool every Friday.

"It's a different environment, and it keeps it interesting," Potter said. "It gets the athletes off their feet so we don't contribute to lower leg problems that is common in indoor and outdoor track."



Eberhardt swims laps as part of her training for the women's track and field team.
RAY VOLKIN/THE ITHACAN

Potter said she has been able to utilize the pool to incorporate all aspects of track and field and also ensure that her runners are getting the most from these workouts.

"We have had high-jumpers do jump drills over the lane lines," Potter said. "We have raised the shallow end up to chest-level, waist-level height of water and have done plyometrics, sprint drills, hurdle drills. We have really done a little bit of everything in the pool."

Plyometrics is a type of exercise where athletes use maximum force in short intervals to increase power in their jumps.

Mackenzie Lobby, a writer for Running Competitor and a runner, said track and field is plagued with leg injuries and swimming has become a way for runners to get off their feet but still have an intense workout.

She said swimming has proven to be a great way for runners to rehab from injuries and prevent further injuries.

"Many of the track and field events involve a lot of high-impact training, so pool-running provides a great alternative to get your heart rate up with no major impact," Lobby said.

The runners will run laps in the pool for set time intervals to get the same workout they would when running on a track.

"When you mimic the running movement in the pool, the resistance of the water allows an athlete to build muscle strength," Lobby said. "The Law of Specificity suggests that if you want to get better at running, you must run, so pool-running provides runners a nice alternative to over-ground running that still strengthens the running-specific muscles."

Potter said the college's fairly new indoor pool, built in 2011 in the Athletics and Events Center, has been very useful for the team. The pool has a 32' by 75' movable floor system to enable a shallow or deep-water area.

"We are at an advantage with this pool because the floor raises and lowers," Potter said. "So for example, our distance runners could do



Freshman runner Lizz Eberhardt trains in the pool for track and field practice. The team holds practices in the pool every Friday at 6:45 a.m. in the Athletics and Events Center.
RAY VOLKIN/THE ITHACAN

a long run just like they do outside in the water for like 45 minutes or half an hour."

Senior jumper Cassandra Reagan said working out in the pool has helped.

"The pool keeps you in just as good as shape as working out outside without being cold and having tight muscles," Reagan said. "For example, I had a torn hamstring and a limited range of motion, but I was still able to do all the pool workouts, which was a great help."

Potter said one of the most interesting water workouts that the Blue and Gold does is "pool-vaulting."

"They will bring a pole in the pool made of PVC by one of the trainers and working on inverting and going in the deep end so there is that inversion feeling with water," she said.

Junior hurdler Britney Swarthout said she enjoys training in the pool because it is different than training on the track.

"I think it's a really great way to cross-train and allow us to get hard work in without the pounding of the track," Swarthout said. "It is especially useful for those of us who do this in the winter and the spring."

The main advantage of being in the pool is the resistance the runners get from the water, Potter said.

"This is something we don't get on the track or in the weight room, so I think it's a different and forgiving environment," Potter said. "With the right instruction, it can be a real advantage for any program to have."

CONNECT WITH RYAN LEMAY
RLEMAY@ITHACA.EDU

Midseason break long on swimmers

BY DANI PLUCHINSKY
STAFF WRITER

While most winter sports at the college start their regular season in November and end in February, the Ithaca College swimming and diving teams began their seasons Oct. 14 and do not conclude until the beginning of March.

This extended schedule allows the teams to have an abnormally long break in the middle of their season.

The swimming and diving team has a seven-week break from competition, which is unlike any other sport at the college.

The next longest break in competition is track and field, with a four-week break.

The team uses this break to have an intense training period. When the athletes return to Ithaca on Jan. 1, the divers stay on campus while the swimmers go to Florida for 10 days. During this time, athletes compete in two-a-day practices, and also have lifting once a day to help them prepare for the second half of their season.

Kevin Markwardt, the head coach of the men's swimming and diving team, said the trip is a great way for the team to bond.

It's exciting to go to Florida and to bond with the team," Markwardt said.

"We live together and have all of our meals together, and for those 10 days, it is completely all about the team."

In Florida, the swimmers train at Nova Southeastern University to use its heated outdoor pool. The divers stay in Ithaca because the Athletics and Events Center has an indoor facility, and if divers are exposed to cold weather, they are unable to train.

Markwardt said the trip to Florida is not school-funded and that according to the school, the team does not have to travel anywhere because it has the Athletics and Events Center. Instead, the team raises money to travel. The women hold swimming lessons throughout the year while the men hold a swimming clinic that runs year-round.

Senior swimmer Nilza Costa said the trip to Florida is great but can also be extremely demanding.

"For our first meet back, we have the RPI meet, which is really frustrating," Costa said. "We are all sore and tired from the training. It is really painful, too, but then after that, once we stop doubles, then our bodies can recover and our times start to get better."

Markwardt said swimming is typically a sport that is practiced

“It felt like the end of the season even though it was only the beginning.”

– Justin Moczynski

WINTER SPORTS BREAKS

| SPORT | TIME OFF |
|---------------------------------------|--------------------|
| Men's and Women's Swimming and Diving | 6 weeks and 6 days |
| Men's and Women's Track and Field | 4 weeks |
| Wrestling | 3 weeks and 5 days |
| Women's Basketball | 3 weeks and 3 days |
| Men's Basketball | 2 weeks and 2 days |

The swimming and diving teams have a longer break than any other winter sport. Both swimming and diving teams have a seven-week break, while the next closest sport is track and field with a four-week break.

DESIGN BY NICOLE PETER

year-round.

"The nature of swimming tends to be something that you really need to train a lengthy amount of time to have success even though high school seasons are very short," Markwardt said.

Freshman diver Justin Moczynski said he has never experienced a season this long, as his high school season was only three months.

"My high school season would not start until after Thanksgiving, and it usually ended by mid-February," Moczynski said. "The transition going to a long season was interesting because by the first meet, it felt like the end of the season even though it was only the beginning."

Mike Ariel, facilities coordinator of the Athletics and Events Center and the aquatics pavilion manager, said that the NCAA has allotted 19 weeks for varsity sports to compete at the collegiate level. However, the weeks do not have to be consecutive.

"The NCAA lets the teams split up the 19 weeks however they want to," Ariel said. "In general, the college takes off three weeks automatically because of finals and Christmas in December, and then two weeks for Thanksgiving, which pushes the start of the season back to October."

The team's last meet in 2017 ended on Dec. 3. Markwardt said that normally, the season would not end that early, but he said the meet has conflicted with finals in previous seasons.

The team used to have a meet the weekend right before finals week, Markwardt said, but it was hard to get the athletes to focus.

The coaches tried rescheduling the meet to one week earlier, but that meet conflicted with other colleges' finals schedules. A compromise was met by agreeing to hold the meet in the first weekend of December.

Sophomore diver Benjamin Pesco said the break is unlike anything he had experienced. As a member of the men's track and field team last season, he never had a break like this before, but sees it as an advantage.

"It lets me know that I have more time to really pinpoint and focus on things that I know I need to get done," Pesco said. "I don't have the pressure of 'Man, I really should be focusing on this better to get more nitpicky results,' so I have a lot of time to flesh out things in a more thorough way."

CONNECT WITH DANI PLUCHINSKY
DPLUCHINSKY@ITHACA.EDU
@DPLUCHINSKY

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the

Buzzer

THE BEST FROM THIS
WEEK IN SPORTS

12.09

WOMEN'S BASKETBALL AGAINST
STEVENS INSTITUTE OF TECHNOLOGY

80-71

KEY PLAYERS:

CASSIDY O'MALLEY: 30 POINTS, TWO ASSISTS, ONE BLOCK

JULIE YACOVONI: 16 POINTS, TWO ASSISTS, ONE BLOCK



Freshman Juliann Terry competes in the pole-vaulting event at the Ithaca Home Dual Meet on Dec. 8 against SUNY Cortland. Terry placed second in the event with a vault of 3.20 meters. RAY VOLKIN/THE ITHACAN

BOMBERS OFF THE FIELD

Allison Spaschak
Women's Basketball

Marc Chasin
Men's Basketball

Katie Helly
Women's Swimming

| | | | |
|-----------------------------------|------------------------|--------------------------|-----------------------|
| Favorite professional athlete | Candace Parker | Dwyane Wade | Chris Hogan |
| Favorite movie | "The Parent Trap" | "Pulp Fiction" | "The Bourne Identity" |
| Favorite thing about the holidays | Traditions with family | Bringing family together | Eating good food |



Senior guard Julie Yacovoni drives against University of Rochester senior forward Lauren Deming. JULIA CHERRUAULT/THE ITHACAN

A FOCUS ON FASHION

HiFashion Studios showcases style



Freshman Catherine Zhao and junior Andrew Phillips strike a pose at HiFashion Studios' "The Fifth Element" show. It focused on the elements of air, water, earth, fire and the fifth element: fashion.

MAXINE HANSFORD/THE ITHACAN



Senior D'Laney Bowery represents air as she models at "The Fifth Element."

MAXINE HANSFORD/THE ITHACAN



Senior Jillian Weidner wears a velvet green dress as she walks the runway. She represents earth, the third element.

MAXINE HANSFORD/THE ITHACAN



Seniors Samantha Dorazio and Justin Miller strut the runway at the HiFashion Studios show, "The Fifth Element." They are dressed to portray the second element of water in clothes styled by the team of student wardrobe designers.

MAXINE HANSFORD/THE ITHACAN



Junior Meredyth Busam models a street-style outfit inspired by the element of earth.

MAXINE HANSFORD/THE ITHACAN