



# THE ITHACAN

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## FINALS FRENZY

Student-athletes compete before and during finals week, forcing them to squeeze in studying.

Page 19

## BALANCING ACT

The college needs to find a way to balance its administrative additions with its financial needs.

Page 9

## ITHACA IS QUACKY

Community development organization 4-H hosts 19th annual rubber duck race to raise funds for its programs.

Page 13



## Administration expands under Collado's tenure



**Rosanna Ferro**

**Announced Fall 2017  
Began Fall 2017**

*Vice President for  
Student Affairs and Campus Life*



**Hierald Osorto**

**Announced Spring 2018  
Began Fall 2018**

*Director of Religious  
and Spiritual Life*



**Paula Younger**

**Announced Fall 2017  
Began Spring 2018**

*Executive Director for  
Government and Community Relations*



**Brad Hougham**

**Announced Spring 2019  
Began Spring 2019**

*Associate Provost for  
Faculty Affairs*



**Jeane Copenhaver-Johnson**

**Announced Spring 2019  
Began Spring 2019**

*Associate Provost for  
Academic Programs*

See page 4 for full list of positions

**BY RYAN KING**  
ASSISTANT NEWS EDITOR

Ithaca College has been investing in its transformation. With new student support structures and administrators, the college has been working to respond to student concerns. However, now it is tasked with balancing the support structures it has created with the high costs that come along with them.

There have been at least nine new administrative positions added over the past two years under President Shirley M. Collado's administration. Officials from the college said the new positions are needed to provide more support for student services, specifically for populations of marginalized students on campus. These

additions also follow national trends and long-existing critiques that higher-education institutions are becoming too bureaucratically bloated, forcing the leadership of the college to confront how the future of the institution will be able to balance administrative support and expensive bureaucratic control.

There are nine positions that are new: vice president of the Division of Student Affairs and Campus Life, which was filled by Rosanna Ferro; executive director for Student Wellness, which still has an ongoing search process; assistant director of New Student and Transition Programs, which was filled by Grace Terry; dean of students, which was filled by Bonnie Prunty; director

for government and community relations, which was filled by Paula Younger; director of religious and spiritual life, which was filled by Hierald Osorto; and faculty advocate, which was filled by Sue-Je Gage. In addition to those positions, two new provost positions — associate provost for faculty affairs, which was filled by Brad Hougham, and associate provost for academic programs, which was filled by Jeane Copenhaver-Johnson — are set to replace the vice provost for academic programs position, which was occupied by Danette Johnson. The college has also announced more administrative positions during that time, but those positions replaced existing roles. Administrators on campus with

knowledge about these positions were unavailable for interviews — despite multiple requests for interviews over a number of weeks — to further clarify which of these positions were newly created or readjusted from previous lines.

Dave Maley, director of public relations at the college, said the college does not release specific salary information for positions, and he would not release the total annual cost of the new positions.

Based on data from the Chronicle of Higher Education, many of the new positions, such as associate provost, are common in higher-education institutions. The average salary is \$135,067 for associate provosts, \$100,194 for deans of

students and \$142,250 for chief student affairs officers or student life officers.

In Fall 2018, the college announced its surplus dropped from \$20 million to \$5 million during the 2018–19 academic year. The college said \$6.7 million of that surplus was allocated toward salary and benefit changes, including new positions that were added to the Division of Student Affairs and Campus Life. At the time, Bill Guerrero, vice president for finance and administration, said he did not believe the decrease in surplus was necessarily an indicator of financial trouble for the college

See ADMIN, Page 4

## Art department may lose gallery space

**BY MOLLY BAILOT**  
STAFF WRITER

Across the street from Ithaca College at the Creative Space Gallery (CSG), art students are preparing for the chance to showcase the work they're proudest of. The CSG is about to open its doors for one of the last times for an exhibition called "What Are You Looking At?" The initial donation that funded the gallery space is running out at the end of Fall 2019, and the future of a gallery space for the art department is uncertain.

The exhibition, which is being held from 5 to 7 p.m. May 3, is entirely put together by Theories of Art Practice, a required class for B.A. and B.F.A. art majors. Bill Hastings, associate professor in the Department of Art, teaches the class, which is made up of only five students this semester — juniors Luke Bonadonna, Emily Goodstein, Kalina Hertafeld and Kate Rockefeller and senior Matt Palmeri. This show will be one of the CSG's last-ever exhibitions. There will be at least two more exhibitions in the space next semester.

The CSG first opened in 2015 after an anonymous donor gave money to the art department to be used for a permanent gallery. Hastings said the donor had hoped that the college might continue to fund the gallery when the donation ran out, but it's uncertain if this will happen. He said that it's a money issue and that



From left, juniors Kalina Hertafeld, Kate Rockefeller and Emily Goodstein prepare the Creative Space Gallery for the Theories of Art Practice class' latest exhibition.

W BAILOT/THE ITHACAN

he thinks the college doesn't necessarily see an expensive, permanent gallery space as a great financial investment.

"The donor had a set amount of time and funds — it's not an endless money scenario," Hastings said. "They were hoping, and still are hoping, that this was a seed that was planted that shows the school who we are and what we do, and the school would kind of pick up from there. The seed's done well, but it hasn't flourished into a mature plant."

Unless the art department gets more donors

or receives extra funding from the school, the CSG will close in December. Carla Stetson, associate professor and chair of the Department of Art, said the art department is in very early talks with the administration about what will happen next year when the funding runs out. There are different options, like pop-up galleries in odd spaces downtown.

"There's going to be something," Stetson said. "We just don't know what yet."

See ART, Page 15

## IC mourns tragedies

**BY CODY TAYLOR**  
STAFF WRITER

The Office of Religious and Spiritual Life at Ithaca College hosted a gathering April 30 in the Muller Chapel titled "An interfaith gathering in the wake of violence" in remembrance of the people who were killed in the Sri Lanka attacks and the San Diego synagogue shooting. Approximately 20 people from the community attended the event.

On April 21, seven members of a militant Islamic group targeted three Christian churches in Sri Lanka. Several suicide bombers entered the churches, resulting in 253 deaths and 500 injuries. Three luxury hotels were also targeted during this attack. On April 30, a man opened fire on Chabad of Poway synagogue in San Diego. The shooting left one dead and three wounded. Officials classified this as a hate crime.

The gathering recognized four different religions: Judaism, Christianity, Islam and Buddhism. The gathering started with an introduction from Hierald Osorto, director of religious and spiritual life, and was followed up by a statement from President Shirley M. Collado, reassuring students that the college has

See GATHERING, Page 4



# NATION & WORLD

## Subpoenas issued by Congress ignored by Trump administration

Democrats are steeling for a no-holds-barred fight with President Donald Trump as the White House ignores subpoenas, denies access to witnesses and otherwise stonewalls congressional oversight in the aftermath of special counsel Robert Mueller’s investigation.

In the latest case, Trump, his family and The Trump Organization have filed a lawsuit against Deutsche Bank and Capital One attempting to thwart congressional subpoenas into his financial and business dealings, asserting that the requests are out of bounds.

This comes as Trump’s treasury secretary is declining to produce the president’s tax returns, Attorney General William Barr is threatening to back out of his agreement to appear this week before the judiciary committee and former White House Counsel Don McGahn and other officials are being told not to testify.

## Democrats and President Trump agree to work on infrastructure

President Donald Trump and Democratic congressional leaders agreed April 30 to work together on a \$2 trillion infrastructure package — but they put off the difficult question of how to pay for it.

Senate Minority Leader Chuck Schumer said there was “good will in the meeting” — a marked departure from the last meeting between Trump, Schumer and House Speaker Nancy Pelosi, which ended with Trump walking out in a huff. Schumer said the two sides agreed that infrastructure investments create jobs and make the

U.S. more competitive economically with the rest of the world.

Most importantly, Schumer said, “we agreed on a number.”

## Suspect accused of Nazi bomb plot booted from military enlistment

An army veteran who converted to Islam and is accused of plotting terrorist attacks in California in retaliation for killings at New Zealand mosques was demoted and discharged from the military for a serious offense, a U.S. official told The Associated Press on April 30.

Mark Domingo violated the Uniform Code of Military Justice and was kicked out of the service before completing his enlistment contract.

Domingo, 26, was arrested April 26 as he planned to plant bombs before a scheduled white supremacist rally in Long Beach, authorities say. He was charged with providing material support to terrorists and held without bail.

## Violent Venezuela street riots occur as Guaidó urges uprising

Opposition leader Juan Guaidó took a step to revive his movement to seize power in Venezuela, taking to the streets April 30 in a military uprising that drew support from President Donald Trump’s administration but also resistance from forces loyal to embattled socialist Nicolás Maduro, president of Venezuela.

Violent street battles erupted in parts of Caracas in what was the most serious challenge yet to Maduro’s rule — kicked off with a video shot at dawn of Guaidó, flanked by several



## Polish go bananas to protest censorship

A few hundred people eat bananas in front of the National Museum in Warsaw to protest what they called censorship in Warsaw, Poland, on April 29. Authorities removed artwork of a woman eating the fruit from the museum, saying it was improper.

CZAREK SOKOLOWSKI/ASSOCIATED PRESS

heavily armed national guardsmen, urging a final push to topple Maduro.

## Rain disrupts international aid to Mozambique after cyclones

Rains pounded parts of northern Mozambique on Tuesday, several days after Cyclone Kenneth struck the southern African nation, while the U.N. said aid workers faced difficulties in reaching thousands of survivors and the death toll rose to 41, the government said.

The rains and flooding kept needed supplies from arriving in the main city of Pemba on Monday and will be a challenge in the days ahead as more wet weather is forecast, said U.N. humanitarian spokeswoman Gemma Connell.

The government again urged residents of Pemba to flee to higher ground. More than 22 inches of rain have fallen in Pemba since Kenneth made landfall April 25.

SOURCE: ASSOCIATED PRESS

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### Inside Ithaca: State Theatre of Ithaca

The State Theatre of Ithaca has provided the Ithaca community with a wide range of performances in its gothic art space.

### Rubber ducks float down Cascadilla Falls

The Ithaca community gathered together at Cascadilla Falls to watch 3,400 bright yellow rubber ducks race down the creek April 28.

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### GOT A NEWS TIP?

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# SGC elects senate chair for next year

BY ALEXIS MANORE  
STAFF WRITER

The Ithaca College Student Governance Council elected a senate chair for the 2019–20 academic year and received updates on the strategic plan during its April 29 meeting.

Freshman Abigail Murtha was unanimously elected by the SGC Senate as senate chair with a vote of 5–0. Murtha was previously reelected as senator for the School of Health Sciences and Human Performance on April 28 but changed positions and is now the senate chair. The senate chair’s role is to run the weekly meetings. The senator for the School of Health Sciences and Human Performance position is now open.

Murtha said junior SGC President Farwa Shakeel has candidates in mind for the position of senator for the School of Health Sciences and Human Performance but plans to advertise for the position, and others, during the organization fair in Fall 2019.

Murtha ran on three tenets: organization, preparedness and communication. She said she plans to send out the weekly agendas and meeting minutes in a timely manner to ensure everyone in the Senate knows what is happening at all times.

Murtha said she wants to increase communication and organization by publishing the past bills the SGC has passed and other documents online.

“This ties in with organization, but also increasing accessibility to materials,” Murtha said. “This means completing the online database for bills and the SGC documents that



From left, junior Farwa Shakeel, the newly elected SGC president for the 2019–20 academic year, sits with freshman Abigail Murtha, incoming SGC senate chair for the 2019–20 academic year, at the SGC meeting.

KRISTEN HARRISON/ THE ITHACAN

are just floating around right now.”

She said she wants to keep a close relationship with all of the senators through one-on-one meetings and regular senator reports in which the senators share what they are working on during the weekly meetings.

Murtha said she also wants to create a better online and social media presence for the SGC to let the student body know what the SGC does.

“I think we need to increase accessibility as well as publicity,” Murtha said. “I think we have a good on-campus presence, but spreading that to the social media

sphere and building on that is integral to building the public’s view of what we can do and how we’re a resource for them.”

Sophomore Alex Perry, varsity sports senator, said he thinks Murtha is going to be a great senate chair because of her enthusiasm toward the position and her desire to grow and improve — as a person and as a member of the SGC executive board.

“She seems really enthusiastic, and she learned a lot during her first year in the SGC and showed a lot of personal growth,” Perry said. “Her willingness to improve upon that is really clear, so I think

that we should confirm her as senate chair.”

Freshman Senator-at-Large Mark Scaglione, a student member of the Strategic Planning Steering Committee, provided updates on the strategic planning process. The strategic plan is the college’s five-year plan to reform the structures at the college.

Scaglione said the committee is finishing the draft and working on creating the final document.

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# Apartment catches fire

BY MADISON FERNANDEZ  
NEWS EDITOR

Ithaca College Office of Public Safety and Emergency Management officers and the Ithaca Fire Department responded to a fire in Circle Apartment 12 on April 27.

Tom Dunn, associate director of Public Safety, said Public Safety officers responded to a fire in a bedroom in Circle Apartment 12 at approximately 11:40 p.m. The cause of the fire was an electrical problem in the air conditioning unit installed in the room.

According to a Facebook post from the Ithaca Fire Department, the apartment was full of smoke, and the sprinklers in the apartment kept the burn under control until the department extinguished the fire.

Dunn said no one was injured. Residents in the surrounding apartments were able to reoccupy their apartments at approximately 1:20 a.m.

The three students living in the unit in Circle Apartment 12 were able to move back the night of April 28.

Office of Facilities staff assessed the extent of the damage, which included water and smoke damage to carpeting and personal property.

Dunn said that when they were displaced, the residents opted to find their own temporary accommodations, but the Office of Residential Life also worked to provide alternative living arrangements for the students.

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# Plastic bag use in Bookstore to end following NY ban

BY ALYSHIA KORBA  
STAFF WRITER

New York Gov. Andrew Cuomo signed a law April 22 banning plastic bags from the state, and it will be implemented by March 2020. The Ithaca College Bookstore, which is currently the only shop that uses plastic bags on campus, will begin phasing them out.

Other retailers on campus, like Mac’s General Store, have previously switched to paper bags or have stopped using bags altogether. The law applies to all single-use plastic bags statewide but will exclude produce bags, garbage bags and restaurant takeout bags. Individual counties in New York may implement a fee on paper bags to encourage the use of reusable bags instead, but this would not apply to the Supplemental Nutrition Assistance Program or the New York Special Supplemental Nutrition Program for Women, Infants and Children recipients, which are state programs to help low-income families afford groceries.

Anna Kelles, vice chair of the Tompkins County Legislature, said Tompkins County will be charging a fee for paper bags. She said reusable bags will be provided without charge to low-income citizens as well as people with disabilities.

Kelles said she believes this state law will benefit the environment of Tompkins County. According to the New York State Department of Environmental Conservation, only 12 percent of plastic bags are recycled in the U.S. — despite that

the average American uses approximately 1,500 single-use plastic bags per year — which is not enough to address New York’s plastic pollution issue. The department states that plastic bags are harmful because they are created through the use of fossil fuels, are a source of litter, are harmful to marine life and cause mechanical problems in wastewater management plants as they get tangled in equipment.

“The environmental impact will be huge,” Kelles said. “Communities that have done this have seen massive decreases in plastic pollution.”

Bags made from recycled material, like the ones the Bookstore has been using, also do not decompose, making them harmful to the environment. According to Rick Watson, the director of the Bookstore, the store has not yet decided what it will use to replace the plastic bags with.

“We will continue to use our plastic bags until they are depleted and figure out an alternative just before that happens,” Watson said.

There are several student-led movements on campus against the use of plastic bags. A petition titled “If You Can’t Reuse it; Refuse

it - Eliminate Plastic Bags at IC” was started by sophomores Emmeline Klatt and Alyssa Ferreira on April 15 and has received 656 signatures as of May 1. The goal of the petition is to convince the Bookstore to stop using plastic bags now. Klatt said the store should stop using plastic bags now so that it will have time to transition



The Ithaca College Bookstore has stopped purchasing plastic bags in response to New York Gov. Andrew Cuomo’s plastic bag ban. The ban will begin officially in March 2020.

MOLLY BAILOT/ THE ITHACAN

to a different option before it is required to in March 2020.

“The New York state ban is going to force them to stop using plastic next March, so why not start now?” Klatt said. “Not only are they toxic for human health when the chemicals get in the soil and air, but they affect 267 different marine species and kill over 100,000 marine animals every year.”

Watson said that though he was not aware of the petition, the store has not purchased any plastic bags for future use and is looking into other options like reusable bags. IC Impact, an environmental advocacy club on campus, encouraged environmentally friendly practices by collecting plastic bags during Sustainability Week and gave away a \$50 Wegmans gift card to a randomly selected donator. The club took the donated plastic bags to the Wegmans bag return. Wegmans, which sponsored the collection, uses

the plastic bags it collects to make new bags. The club has held plastic bag collections in the past and has been successful, according to sophomore Hunter McHenry, a member of IC Impact.

“We’ve had enough to fill a three-person dorm in Terraces,” McHenry said. “We get a lot; it really gains momentum.”

McHenry said the main goal of the collection is to spread awareness about plastic bag use.

“It’s a small gesture,” McHenry said. “It’s not like our actions alone will make any huge difference, but we hope that by spreading awareness that it’s important to recycle plastic bags, that they’re harmful and that we can maybe change something about people’s lives that will make a big change in the future.”

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“We hope that by spreading awareness ... we can maybe change something about people’s lives ...”  
– Sophomore Hunter McHenry





**Not yet filled**  
**Announced Fall 2018**  
*Executive Director for  
Student Wellness*



**Sue-Je Gage**  
**Announced Spring 2019**  
**Began Spring 2019**  
*Faculty Advocate*



**Bonnie Prunty**  
**Announced Spring 2018**  
**Began Spring 2018**  
*Dean of Students*



**Grace Terry**  
**Announced Fall 2019**  
**Began Spring 2019**  
*Assistant Director of New Student  
and Transition Programs*

From ADMIN, Page 1

but rather it was an opportunity for the college to make investments.

Early in Spring 2019, the college began to ask departments to make budget cuts in response to an anticipated decline in enrollment for the 2019–20 academic year. Previously, Guerrero expressed concerns about the sustainability of the college’s financial situation.

Collado provided a comment that she and her senior leadership team have made careful adjustments to the administrative structure at the college in order to improve the student experience.

“The senior leadership team and I have been engaged in thoughtful, intentional work to shape an administrative structure that supports our mission-critical functions as a college,” she said. “These efforts have required an honest assessment of the college’s resources.”

Administrative positions have been rising on college campuses since the early 2000s. According to a Wall Street Journal report, colleges and universities hired administrators 50 percent faster than instructors between 2001 and 2011. Research by the Delta Cost Project concluded that the ratio of full-time faculty and staff to administrators declined by 40 percent.

Rita Kirshstein, visiting professor of higher education administration at George Washington University and former director of the Delta Cost Project, which researches how colleges and universities spend their money, said she believes most of the national increase in administrators is intended to support students. She said this is because colleges have been attracting a growing number of students with increased needs, particularly among those from marginalized groups, like first-generation students and students of color.

“It would be a disservice to bring them into a campus and not provide

academic and social support for them, and that is where a lot of the money is going,” she said.

However, institutions are now attempting to find a balance between providing students the services they need and keeping tuition prices reasonable.

In Fall 2018, the college enrolled the largest percentage — 24.2 percent — of Asian-American, Latino, African-American and Native American students in the college’s history.

David Perlmutter, professor and dean of the College of Media and Communication at Texas Tech University and author of the “Admin 101” column in the Chronicle of Higher Education, said this tension between providing students the services they request while keeping tuition prices down is an inevitable issue. He said students attending a college have high expectations of what contributes to positive experiences. He said that though these amenities and services are critical to add, there will always be a trade-off in terms of price.

“I always say that if you, as a student, are going to ask for something ... then it’s reasonable to say, ‘Let’s calculate what the bill is from there,’” he said.

Support structures are not only being built at the college for students, but they are also being utilized for faculty too. The newly adjusted provost’s office positions also aim to give faculty more support, said La Jerne Cornish, provost and senior vice president for academic affairs, in a statement provided to *The Ithacan*.

Tom Swensen, professor and chair of the Department of Exercise and Sport Sciences and chair of the Faculty Council, said he thinks the faculty advocate position was needed as a

kind of “ombudsperson” extension to allow faculty a better way to communicate with the administration. At the beginning of former Ithaca College President Tom Rochon’s tenure, there were also multiple provost positions similar to the system Collado has reinstated — Rochon merged responsibilities into fewer positions to save costs. Although the college was able to save money, Swensen said it also lost critical support structures.

percentage of each tuition increase — the rate at which tuition increases over the previous year — fell every year during the Rochon era.

“We went through a period under Rochon where we dumped administrators and even merged divisions,” Swensen said. “He wanted to help keep Ithaca affordable.”

One of the administrative changes under Rochon was the merging the Division of Student Affairs and Campus Life with the Division of Academic Affairs into Educational Affairs. Swensen said this merger caused problems.

“Merging those two didn’t work,” he said. “It was impossible for a provost to be the VP of educational affairs and then be able to manage academic affairs and student affairs.”

However, Collado added the division back. This was a defining moment of her tenure, signifying her support for marginalized student groups that the division has specifically been structured to support.

Rachel Fomalhaut, chair of the Ithaca College Contingent Faculty Union and lecturer in the Department of Writing, said she has gotten a sense — particularly from her work with the union, which has had disputes with the college administration in the past — that the upper administration is better resourced than faculty members are on campus.

“It does feel to me that we are seeing a lot of bloat with our upper administration,” she said. “I am particularly aware of how under-resourced the departments and the course offerings are on our campus compared with how well-resourced the upper administration appears to be and they

keep getting more so.”

However, she said she also believes that many of the lower-level administration positions that have been added are necessary because they help address student needs on campus.

“We do need to grow our service-providing staff quite a bit because there is a greater demand for services nowadays for mental health and in order to make campus safe and inclusive for all students,” she said.

Sophomore Quinn Theobald said he uses student services like the Center for Counseling and Psychological Services (CAPS) on a regular basis and finds them to be helpful. He said he thinks adding new administrative positions, like an executive director for student wellness, allows for more precise management of those services.

“I think the college has great services, but there are some, like CAPS, that could use more staff,” he said. “I think it’s cool to add more administration that is going to be more specific, so then, hopefully, those people can focus on some of the smaller issues.”

Junior Vaughn Golden, who is also a Student Governance Council senator-at-large, said he thinks students often think about how their tuition dollars are being spent, despite there being possible confusion on their part about how the administration makes budgetary decisions.

“I don’t think that students necessarily know about all the things that go on in the upper tiers of the administration, but I think students want to see services that efficiently serve their needs,” he said. “I think that, at the end of the day, students are aware that money is being spent sometimes in places that are suited to their needs and other times not so much.”

*Editor-in-Chief Grace Elletson and News Editor Madison Fernandez contributed reporting.*

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The senior leadership team and I have been engaged in thoughtful, intentional work to shape an administrative structure that supports our mission-critical functions as a college.”

– Ithaca College President  
Shirley M. Collado

“We got too lean, and we weren’t able to do all the tasks we needed to do,” Swensen said.

Under Rochon, the college also cut about a dozen occupied staff positions on campus. Shortly after that, the college underwent a strategic workforce analysis that restructured staff positions on campus in an attempt to make the college more affordable. In a three-year period, the college cut 59 staff and administrative positions, many of which were vacant. Over recent decades, the college has increased its tuition every year, but the

From GATHERING, Page 1

acknowledged the lost lives and that students will not be alone in their grieving processes. Various speakers then took turns reciting readings from different religious texts.

Collado said that she felt horrible to be back at the chapel for another tragedy and that it is important for communities to take the time to recognize these atrocities together. This is the third community vigil the college has held this academic year to honor victims of mass killings.

“It is disheartening that we are here again for another tragedy, but it is important that we come together during times like these,” Collado said.

Junior Saif ur Rehman spoke during the gathering and recited a verse from the Quran. Rehman said he believes it is important that the college community acknowledges all of the faiths around the world during these gatherings.

“I think it went really well,” he said. “It was a very positive, and there is a strong community here. We had presence from all different faiths here, and that was really important: that we did not just remember one faith, but we remember the many different faiths and all the tragedies that happened in the past.”

During a moment of silence, candles were lit

throughout the room to symbolize the lives that were lost in the tragedies.

Osorto said it is important that the communities affected know they are not alone in their suffering and that campus community members need to band together during hard times.

“One of the things that I have been reminded of at these gatherings and after interactions with students and staff is that we are called to rise up — we are called to stand strong, not alone, but with each other,” Osorto said.

Sophomore Jeremy Noel played an original song called “Rise Up” at the end of the event. During his song, attendees were clapping and singing along with the chorus. Noel said this song helped him through hard times, and he believes the song can help people affected by these tragedies to rise up and stay strong during times of tragedy.

“I think it lifted peoples’ spirits, and that’s the whole reason I wrote the song,” he said. “When I wrote the song, I was at a low in my life, and I needed to just keep going. I think it went well. I think people received that.”

Brenda Wickes, student accessibility specialist in Student Accessibility Services, attended the gathering and said she heard about it and wanted to get involved in some way. She said she



Lauren Goldberg, executive director of Hillel at Ithaca College, spoke at the interfaith gathering April 30 held to honor victims of the Sri Lanka and San Diego attacks.

JACKIE MARUSIAK/THE ITHACAN

decided to have both her sister and mother make muffins for people at the gathering because she believes food is a way to help people celebrate good times and get through bad times.

“This was a beautiful gathering,” she said. “I especially loved the singing at the end. I believe

it helped bring the spirits up and together. I believe that people come together in times of crisis and joy and that food is the social elixir.”

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# SENIOR SPOTLIGHTS

The *Ithacan* is highlighting exceptional seniors from each of the five schools on campus who have done exemplary work in their majors and across campus throughout their four years at Ithaca College.

BY MEAGHAN McELROY  
STAFF WRITER

## SCHOOL OF HEALTH SCIENCES AND HUMAN PERFORMANCE



### CAITLYN MCBRIDE

Senior Caitlyn McBride, a health science major with a planned clinical concentration, said she has always been attracted to working in the sciences. But when McBride attended doctor's visits with a friend and saw the medical attention the doctors and nurses gave her friend, she knew she wanted to help other people stay healthy.

The decision to pursue health sciences — specifically with the goal of becoming a physician's assistant — was further cemented by McBride's hands-on experiences at Ithaca College. She interned from junior to mid-senior year at Longview, the assisted living facility near campus, where she worked as a resident aide for a year and a half. McBride's post-graduate career will start sooner than most — her P.A. program at Thomas Jefferson University starts just nine days after graduation — but she said she is excited to start her career, especially after the experiences she has had while at the college.



### NOAH SCHAEFER

Senior Noah Schaefer, an outdoor adventure leadership major, has always found solace in being outside, whether it was when he was working on an organic horticulture garden in Hawaii while in high school or taking part in the West Coast immersion semester with Outward Bound.

Over the course of his college career, Schaefer has had opportunities to take his education into his own hands and help other students enjoy the outdoors, too. Schaefer has led numerous outdoor adventure trips for students, including athletic team retreats, Honors Program activities, first-year experience programs and more. One of his favorite trips has been taking students to Moss Island for outdoor rock climbing.

After graduation, Schaefer will be leading outdoor trips in the Pacific Northwest for the summer. He will be looking into seasonal work that will allow him to travel and rock climb.



### JENNA SUPINSKI

During her time at Ithaca College, senior Jenna Supinski, a speech-language pathology and audiology major, has thought about a lot of career paths: occupational therapy, physical therapy, even a long-time dream of being a teacher. But when she shadowed a speech pathologist during one of her classes, she quickly fell in love with the field.

One experience that has been especially influential has been with Skott Jones, associate professor in the Department of Speech-Language Pathology and Audiology. She and Jones have been studying optimal words for speech therapists to use with patients, and they plan on distributing a database of words to therapists across Tompkins County.

Next year, Supinski will be attending graduate school at Pennsylvania State University, where she will continue her speech-language pathology career and pursue more research opportunities.

BY ALEXIS MANORE  
STAFF WRITER

## SCHOOL OF MUSIC



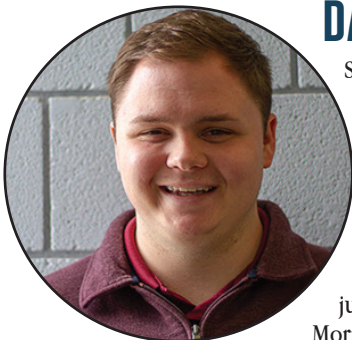
### HANNAH CAYEM

Senior Hannah Cayem, a double major in music education and vocal performance, has worked to support marginalized groups and bring awareness to overlooked issues during her time at Ithaca College.

Cayem is the co-founder and current president of the Mental Health Awareness for Musicians Association, an organization that aims to increase awareness of mental health disorders and promote healthy lifestyles for music students.

Cayem was an ensemble member in the college's choir performance of "Considering Matthew Shepard" on April 16, a piece by Craig Hella Johnson dedicated to Matthew Shepard, a young, gay college student who was tortured and murdered by two men near Laramie, Wyoming, in October 1998.

Cayem is a BOLD scholar and plans to do a fellowship through the BOLD Foundation to volunteer with The Musician-Ship, a nonprofit organization that provides tuition-free music education to low-income communities in Washington, D.C.



### DAVID MORRIS

Senior David Morris, a music education major with a vocal concentration, is the first student in the School of Music to be a student teacher in both choral and instrumental teaching. For his junior year student-teaching, Morris taught band, chorus and modern band.

For the last three semesters, Morris has conducted the chorus at Kendal at Ithaca, a continuing care retirement community.

Morris said he hopes to move back to his home in Farmingdale, Maine, after graduation. He is a first-generation college student, and members of his community helped fundraise so that he could afford to attend the college. He said he wants to give back by teaching after graduation.

During the summer, he plans to be a camp counselor at the New England Music Camp, where he will teach music to 11- through 18-year-olds. He hopes to be a choir or a band teacher for middle school or high school students.



### MAGGIE STORM

During her time at Ithaca College, senior Maggie Storm, a music education major with a vocal concentration, has utilized her passion for choral singing to benefit the Ithaca community.

Storm has served as the president of the college's chapter of the American Choral Directors Association, a group that works to involve more students in choral music on campus. This year, the chapter won the Outstanding Student Chapter Award.

Storm has also worked with the Dorothy Cotton Jubilee Singers, a community ensemble that works to preserve African-American spiritual music. She said conducting pieces has informed her about diverse music-making.

Storm said that after graduation she hopes to be a middle school or high school choir teacher for a public school and is considering attending graduate school for choral conducting.

# Student Governance Council elects senators and e-board

BY ALEXIS MANROE  
STAFF WRITER

IC Change has been elected to the Student Governance Council Executive Board at Ithaca College for the 2019–20 academic year. Senior Year is Coming has been elected to the Class of 2020 senior council, and eight SGC senators were also elected.

The results were announced April 28. IC Change is composed of junior Farwa Shakeel as president, sophomore Connor Shea as vice president of campus affairs, sophomore Allison Kelley as vice president of business and finance, freshman Reed Pollard as vice president of academic affairs and sophomore Eva Kirie as vice president of communications. The board ran unopposed and received 88.32 percent of the vote. There were 30 votes for no confidence that comprised 11.67 percent of the vote.

A total of 257 people voted in the 2019–20 SGC Executive Board election. In 2018, a total of 74 people voted in the SGC executive board election. IC Change received 227 votes.

Shakeel said the new executive board is

going to work on increasing communication within the SGC and with the student body. She said she is looking forward to working with the Senate and executive board.

"Overall, I'm excited to be leading a team of energetic students — not just on my e-board but also on the Senate," Shakeel said.

Sophomore Mayuri Perera was elected as international senator, freshman Abigail Murtha was re-elected as senator for the School of Health Sciences and Human Performance, junior Hunter Flamm was re-elected as senator for the School of Humanities and Sciences, sophomore Alexander Perry was re-elected as varsity sports senator and sophomore Ashley Stalneckier was elected as club sports senator.

Perera received 100 percent of the vote with seven votes, Murtha received 90

percent of the vote with 36 votes and four votes of no confidence and Flamm received 83.3 percent of the vote with 20 votes and four votes of no confidence. Perry received 76.5 percent of the vote with 13 votes and four votes of no confidence, and Stalneckier received 91.3 percent of the vote with 21 votes and two votes of no confidence.

Freshmen Sebastian Chavez, Mark Scaglione and Maxwell Powers were all elected as senators-at-large. Up to five senator-at-large positions can be filled.

Chavez received 34.1 percent of the vote with 149 votes, Scaglione won 27 percent of the vote with 118 votes and Powers received 26 percent of the vote with 112 votes. There were 58 votes of no confidence.

Senior Year is Coming received 62.7

**I'm excited to be leading a team of energetic students — not just on my e-board but also on the Senate."**

**— Incoming SGC President Farwa Shakeel**

percent of the vote. It is composed of juniors Gabrielle Picca as president, Morgan Shibel as vice president, Emily Bonanno as director of finance, Aisha Mae Mughal as director of communications, Jessica Competiello as director of marketing and Annabel Randolph as chief of staff.

A total of 333 people voted for the Class of 2020 senior council. Senior Year is Coming received 209 votes, and 2020's Declassified Senior Year Survival Guide received 124 votes. In 2018, a total of 62 people voted in the Class of 2019 senior council election.

Picca said she is excited to make the year the best it can be for her and the Class of 2020.

"By being elected president, it gives me something else to look forward to for my last year at Ithaca College," Picca said. "We have some really great ideas that we are looking to accomplish next year."

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# Students rally against sexual assault

BY HELEN REYES  
CONTRIBUTING WRITER

“Together we fight to take back the night” was one of the many calls to action that Ithaca College students chanted as they marched into the Greater Ithaca Activities Center (GIAC) on April 26 for the annual Take Back the Night rally and march. This year marked the 40th annual Take Back the Night rally and march to unite the Ithaca community and raise awareness about sexual assault. This year’s theme was “Light Out of Darkness,” representing healing and empowerment. Approximately 30 members of the college community convened in IC Square and then carpooled down to GIAC, where approximately 100 members of the Ithaca community gathered later in the night. The event was originally supposed to begin on the college’s campus at the Textor Ball and move as a march down to The Commons but was rearranged due to severe weather. At GIAC, keynote speakers, musical performances and a vigil in honor of victims of sexual assault were held.

Ithaca College was ranked 13th out of 50 New York state colleges with the most sexual assault reports in the first five months of 2018. The college had a total of 28 incidents reported to the Title IX office, 19 of these occurring on campus and one reported to law enforcement. There has been an increase in reported rapes on the college’s campus in the past few years; eight rapes were reported in 2017, five rapes were reported in 2016 and



The 40th annual Take Back the Night rally, held April 26 at the Greater Ithaca Activities Center, featured a candlelight vigil to support victims of sexual assault. This year’s theme was “Light Out of Darkness.”

KRISTEN HARRISON/THE ITHACAN

four rapes were reported in 2014. Because sexual violence crimes are known to be widely underreported, experts and administrators say the increase is a sign that more victims feel comfortable coming forward to report, not that the acts are increasing.

Members of Ithaca College Feminists United — a club focused on promoting social, political and economic equity for people of all genders — gathered in IC Square before the march. They chanted slogans like “Claim our bodies, claim our rights, take a stand to take back the night,” “My body, my choice; my freedom, my voice” and “Survivors unite; together we fight to take back the night.”

Junior Clare Nowalk, one of the organizers of the event, said that even if an individual has not been

personally impacted by sexual assault, it is important for them to raise awareness about the issue.

“It’s important to take into account what people are going through and how you are contributing to that and how you can create safe places for them and even for individuals who don’t know,” Nowalk said.

At GIAC, Deborah Mohlenhoff, 5th Ward alderperson and acting mayor — meaning she performs duties when Svante Myrick, the elected mayor of the City of Ithaca, is out of town — read a proclamation on behalf of Myrick declaring that it is the community’s responsibility to bring an end to domestic and sexual assault. The proclamation focused on supporting oppressed groups — like native women, immigrants, LGBTQ

victims, college students, youth and public housing residents — that are often made vulnerable due to victim-blaming, patriarchy and sexism.

Leslyn McBean-Clairborne, deputy director of GIAC, was the keynote speaker. She said that even though she now advocates for herself, she also fights for others who have been impacted by sexual assault and are too afraid or embarrassed to advocate for themselves.

“I had to get into the light out of the darkness,” McBean-Clairborne said. “We have to not only do it for ourselves, but we have to do it for each other. Speak up — help take back the power for each other.”

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# Professor and students collaborate at NASA

BY ERIKA LIBERATI  
STAFF WRITER

In 2009, Beth Ellen Clark Joseph, professor in the Department of Physics and Astronomy, was invited to participate in one of NASA’s missions. Now, a decade later, three Ithaca College students are also involved along with her to work with on one of the space organization’s newest missions.

The mission, dubbed OSIRIS-REx, officially began in August 2018 and will be completed in 2023. It involves sending an aircraft to an asteroid named Bennu to collect a sample of the asteroid’s surface and analyze it.

Clark said the spacecraft launched in 2016 and reached the asteroid in December 2018. However, a sample of the asteroid will not be collected until July 2020. The mission will be completed once the spacecraft returns to Earth and the sample of the asteroid is analyzed.

Three students at the college have worked closely with Clark and the mission over the past couple of years, both on campus and in Tucson, Arizona. Salvatore Ferrone ’18 was hired by NASA after he worked closely with Clark on spectral mapping techniques. Junior Robert Melikyan will be working with NASA this summer investigating pieces of the asteroid that have been blown off. Junior Stavrini Tsangari worked with Clark on the spectroscopy of asteroids and meteorites. Clark invited students to work on the mission because the research they were working on at the college related to areas that were beneficial to the mission.

Clark said the most exciting part of the mission for her is its current stage. She said the mission is at its most critical point, as the team is approaching the deadline to pick the spot where the asteroid sample will be collected. She said she is grateful that her students are able to experience the mission.

Ferrone was officially hired by NASA following a recommendation from Clark and



From left, junior Robert Melikyan, junior Stavrini Tsangari, Salvatore Ferrone ’18 and Beth Ellen Clark Joseph, professor in the Department of Physics and Astronomy, have worked at NASA.

COURTESY OF BETH ELLEN CLARK JOSEPH

currently is a member of the spectral mapping team, working to find the best places to gather samples from the asteroid’s surface.

Ferrone said the most exciting part of the mission is seeing everything he has studied finally become real.

“This has kind of been an awaited ... thing for me over the past year and a half, and now we’re getting this real data, and I get to see from my study how much is coming through,” Ferrone said.

Tsangari worked with Clark on spectroscopy of meteorites beginning in 2017 and through 2018 in preparation for spectroscopy of asteroids.

Melikyan will also join Clark and Ferrone this summer in Tucson, Arizona.

Melikyan said he has worked to make the goals and details of the mission easier to understand for the general population. He said that by making the language easier to

understand, NASA could more easily engage the public.

Melikyan said that by the time the Class of 2022 graduates, the findings of the mission will be made public. He wants to keep the hype of the mission alive so that students can see that space exploration is relevant to the college community.

“I look around when I’m walking on campus, and I see all these people with NASA sweatshirts and NASA paraphernalia,” Melikyan said. “I find it so funny that there’s so many people fascinated with space, and I think it would make them all proud to know that we are doing that here at Ithaca.”

Clark said she hopes her students see that what they learn in their physics classes is used in a real-world setting.

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# Speaker gives empathy tips

BY OLIVIA KING  
STAFF WRITER

John Makransky, associate professor in the Theology Department at Boston College, spoke to the Ithaca College community about sustainable compassion April 26 in Textor 101.

Sustainable compassion training helps people in caring roles find a better way to exercise their compassion and empathy. Makransky spoke about inclusive compassion and the replenishing power of caring for others to approximately 35 people who attended the event. The Mindfulness and Wellness Initiative Working Group organized the program for the college’s Sustainability Week, which typically focuses on environmental sustainability and ways members of the community can assess their roles in coping with the effects of climate change. In his presentation, Makransky focused on sustainable empathy in personal relationships instead.

Makransky said he defines compassion as empathy and concern that someone may have for an individual who is suffering. He said compassionate individuals should take action to alleviate that suffering.

“In Buddhist traditions, for example, compassion is a form of love — a deep care for beings,” he said. “But it’s the form of love or deep care that wishes them to be free in the suffering they are going through.”

He discussed the social baseline theory — written by James Coan, professor in the Department of Psychology at the University of Virginia — which suggests that the human brain is designed to function best when it is connected to others. He said that when people feel alone, their energy becomes depleted and they actually feel more pain.

Makransky said social baseline theory ties in with attachment theory, which asserts that in the course of a person’s social maturation, if they feel that they are loved, they are likely to act lovingly toward others. He said humans are wired by evolution for human connection.

Makransky said compassion healing can benefit students who are under stress about succeeding and need time for self-care.

“We’re all trying so hard to hold together the kind of world each of us is trying to hold together in our world, in our work or in our family life or in our community,” Makransky said. “We’re struggling so hard to do that, so in terms of being motivated for a deep kind of self-care ... we just need to notice that it’s not working so well for us to be oriented by only what we think is care for others.”

He said there are some problems with people’s experiences with empathy that tend to limit their capacities for compassion. Makransky said one problem with the way people experience empathy is empathic distress, which can lead to empathetic fatigue and burnout. He said another problem is that people may support violence or prejudice toward those who are outside of one’s in-group.

“We have empathy for members of our group,” he said. “But we have no empathy for an out-group. ... Throughout the whole world, we see this replay every day, religious tensions and violence around the world fueled in large part by in-group empathy.”

Senior Isaiah Nardone-Rogers said the event made him analyze himself and his relationships and understand how he could strengthen those relationships. He said the presentation made him think about how people can connect with those around them.

“It makes you think more about yourself and your personal health,” Nardone-Rogers said.

Sophomore Colin Jacob said the event allowed him to think about how sustainability could be applied to his life in terms of compassion and helping other people.

“I think it’s very interesting that this was during Sustainability Week because I think of sustainability as environmental,” Jacob said.

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# COLLEGE

## Campus Center design survey group hosts meetings to update community

The Campus Center Design Study Steering Committee’s “Town-Hall Meetings” will be held from noon to 1 p.m. and 5:30 to 6:30 p.m. May 2 in Room 112 in the Center for Natural Sciences at Ithaca College. Members of the steering committee and the architect of the redesign will provide a short presentation with an update on the committee’s progress.

## Campus religious leaders respond to offensive drawing on whiteboard

Hierald Osorto, director of religious and spiritual life, and Lauren Goldberg, director of Hillel at Ithaca College, responded to an incident on campus in which a swastika was drawn on a student’s whiteboard.

Osorto and Goldberg said they are deeply concerned that a swastika was found on the whiteboard of a student.

They said this symbol of racism and anti-Semitism runs counter to the spirit of diversity, equity and inclusion that forms the foundation of the college community and cannot be tolerated.

## Guest facilitators lead workshop on engaging first-year experiences

A campuswide collaborative discussion designed for Ithaca College staff and faculty as stakeholders in students’ first-year experiences will be held from 8:30 a.m. to 3:30 p.m. May 21 in the Clark and Klingenstein lounges.

Guest facilitators — Jimmy Howard, assistant dean of students for prevention and response at the University of Oregon, and Eugenia Merliss, coordinator of Monroe Community College’s Teaching and Creativity Center — will lead an interactive work day to conceptualize shared purposes, best practices, a connected role and needed actions to support engaged first-year experiences.

## Environmental professor to teach herbalism and tracking over summer

Jason Hamilton, professor in the

Department of Environmental Studies and Science at Ithaca College, will be teaching two classes during summer 2019 that will bring students in contact with the local landscape. Registration for the classes is currently open until May 29 for the first summer session and July 2 for the second session.

The first class, Introduction to Herbalism, will be held from May 28 to June 28. The class covers theory and concepts of herbal remedies and teaches practical applications.

The second course will be held from July 1 to Aug. 2 and will teach students about wildlife tracking techniques and how to read what is happening in the landscape — feeding, breeding and other animal behaviors and their interactions with humans and other animals.

## Vice provost discusses feedback from college’s ICC program review

A conversation about prioritizing recommendations from the Integrative Core Curriculum (ICC) program review was held from 4 to 5 p.m. May 1 in Textor 101 at Ithaca College. Another conversation will be held from 4 to 5 p.m. May 2 in Textor 101. Danette Johnson, vice provost for academic programs, will be leading the conversations.

One goal of these conversations is to gain community feedback on which recommendations from the ICC program review should be prioritized for additional discussion and potential implementation. The second goal is to share a proposed process for additional discussion and curricular proposal development to receive feedback and alternative ideas about the process moving forward.

## BOLD Scholars host art showcase to highlight POC mental health

The inaugural cohort of BOLD Scholars is hosting an end-of-the-year art and performance showcase, titled “Coloring Outside the Mind,” at 5 p.m. May 2 in the Dillingham Center lobby.

The “Coloring Outside the Mind” art showcase is meant to celebrate and facilitate the expression of mental health, specifically for POC members



## Sugar Bush offers springtime activities

Ithaca College students cook pancakes over a fire at the Sugar Bush Open House on April 27. Sugar Bush is a maple production business run by students taking a natural resources class in the Department of Environmental Studies and Science.

MOLLY BAILOT/THE ITHACAN

of the campus community. It is organized on behalf of the organization the scholars created — Engaging Mental Health in People of Color (EMPOC) — for their campus transformation project.

All members of the campus community are welcome. There will be free food and dessert.

## History and culture center to honor IC at grand opening celebration

Ithaca College and other collaborating partners will be honored at the grand opening of the Tompkins Center for History and Culture on May 10.

The center’s art gallery and program space will be named in recognition of the college’s support and collaboration.

The center is located on The Commons and will help visitors explore the county’s past, present and future.

It brings together the Ithaca Tompkins County Convention and Visitors Bureau, the History Center in Tompkins County, the Community Arts Partnership and other history, heritage and culture organizations.

Exhibits will include a timeline, artifacts including maps and photographs, and interactive displays.

# Public Safety Incident Log

## SELECTED ENTRIES FROM APRIL 15 TO APRIL 21

### APRIL 15

#### SAFETY HAZARD

LOCATION: Farm Pond Road  
SUMMARY: Environmental Health and Safety reported unknown substance flowing into the pond and determined the substance appeared to be road salt. Fire and Building Safety Coordinator Charlie Sherman responded to the incident. The task was completed.

#### V&T LEAVING SCENE OF ACCIDENT

LOCATION: Circle Lot 5  
SUMMARY: Person reported unknown vehicle damaged parked vehicle and left the scene. Master Patrol Officer Bruce Holmstock responded to the incident. The investigation is pending.

#### SAFETY HAZARD ENVIRONMENTAL HAZARD

LOCATION: J-Lot  
SUMMARY: Caller reported unattended backpack on sidewalk. Officer was unable to locate backpack. Master Patrol Officer Bruce Holmstock responded.

### APRIL 16

#### ASSIST TOMPKINS COUNTY SHERIFF’S OFFICE

LOCATION: State Route 96B  
SUMMARY: Caller reported

personal injury motor vehicle accident. One person was transported to the hospital by ambulance. Officer issued the operator of the vehicle a uniform ticket for Town of Ithaca Court for failing to yield to right of way. Patrol Officer Mayra Colon responded.

#### V&T LICENSE VIOLATIONS

LOCATION: Farm Pond Road  
SUMMARY: Officer found wallet and turned it over to Public Safety, and the officer determined the wallet had a fictitious license inside. Officer judicially referred one person for acts of dishonesty. Patrol Officer Sophia Dimkos responded to the incident.

### APRIL 17

#### CRIMINAL MISCHIEF 4TH DEGREE

LOCATION: Circle Lot 4  
SUMMARY: Caller reported unknown person threw eggs on their vehicle. Patrol Officer Mayra Colon responded to the incident. The investigation is pending.

#### MEDICAL ASSIST/ PSYCHOLOGICAL

LOCATION: Rowland Hall  
SUMMARY: Caller reported person has not been in class. Person located and escorted to the counseling center. Master Patrol Office

Bruce Holmstock responded to the incident and a report was taken.

#### FIRE ALARM ACCIDENTAL

LOCATION: Circle Apartments Building 170  
SUMMARY: Simplex reported a fire alarm. The activation was caused by steam from a shower. Fire and Building Safety Coordinator Charlie Sherman responded to the incident. The alarm was accidental.

### APRIL 18

#### SAFETY HAZARD

LOCATION: Terraces  
SUMMARY: Caller reported unknown person possibly jumped from roof area onto awning of the building. Master Patrol Officer Bruce Holmstock responded. An investigation is pending.

#### HARASSMENT 2ND DEGREE

LOCATION: All Other  
SUMMARY: Caller reported being followed by unknown person in vehicle. Patrol Officer Bryan Verzosa responded. An investigation is pending.

#### TRESPASS NO DEGREE

LOCATION: Recreation Trails  
SUMMARY: Caller reported group of people in the woods yelling. Officer warned four people for being on

trails after hours. Patrol Officer Bryan Verzosa responded and issued a warning for judicial action.

### APRIL 19

#### SCC ACTS OF DISHONESTY

LOCATION: Textor Circle E-Lot  
SUMMARY: Officer reported person using fraudulent handicap permit and judicially referred one person for acts of dishonesty. Safety Officer Dan Merchant responded.

#### SCC DRUG VIOLATIONS

LOCATION: Tallcott Hall  
SUMMARY: Caller reported odor of marijuana. Officer reported judicially referring two people for failure to comply and drug policy violation. Patrol Officer Khiem Nguyen responded to the incident.

### APRIL 20

#### SUSPICIOUS CIRCUMSTANCE

LOCATION: Substation Road  
SUMMARY: Caller reported individuals running with a large metal pole. Patrol Officer Kevin McClain responded to the incident.

#### SUSPICIOUS CIRCUMSTANCE

LOCATION: Grant Egbert Boulevard  
SUMMARY: Officer reported metal road marker pole with

reflector found. Sergeant Don Lyke responded to the incident.

#### SCC COLLEGE REGULATIONS

LOCATION: Textor Hall  
SUMMARY: Officer reported person sleeping on a bench. Master Patrol Officer John Elmore issued a warning for judicial action.

### APRIL 21

#### SUSPICIOUS CIRCUMSTANCE

LOCATION: Terraces  
SUMMARY: Caller reported unknown persons yelling and crying. Master Patrol Officer John Tagliavento responded.

#### FIRE ALARM ACCIDENTAL

LOCATION: Terrace 10  
SUMMARY: Simplex reported a fire alarm. Activation caused by person smoking marijuana. Sergeant Ron Har responded.

Full public safety log available online at [www.theithacan.org](http://www.theithacan.org).

#### KEY

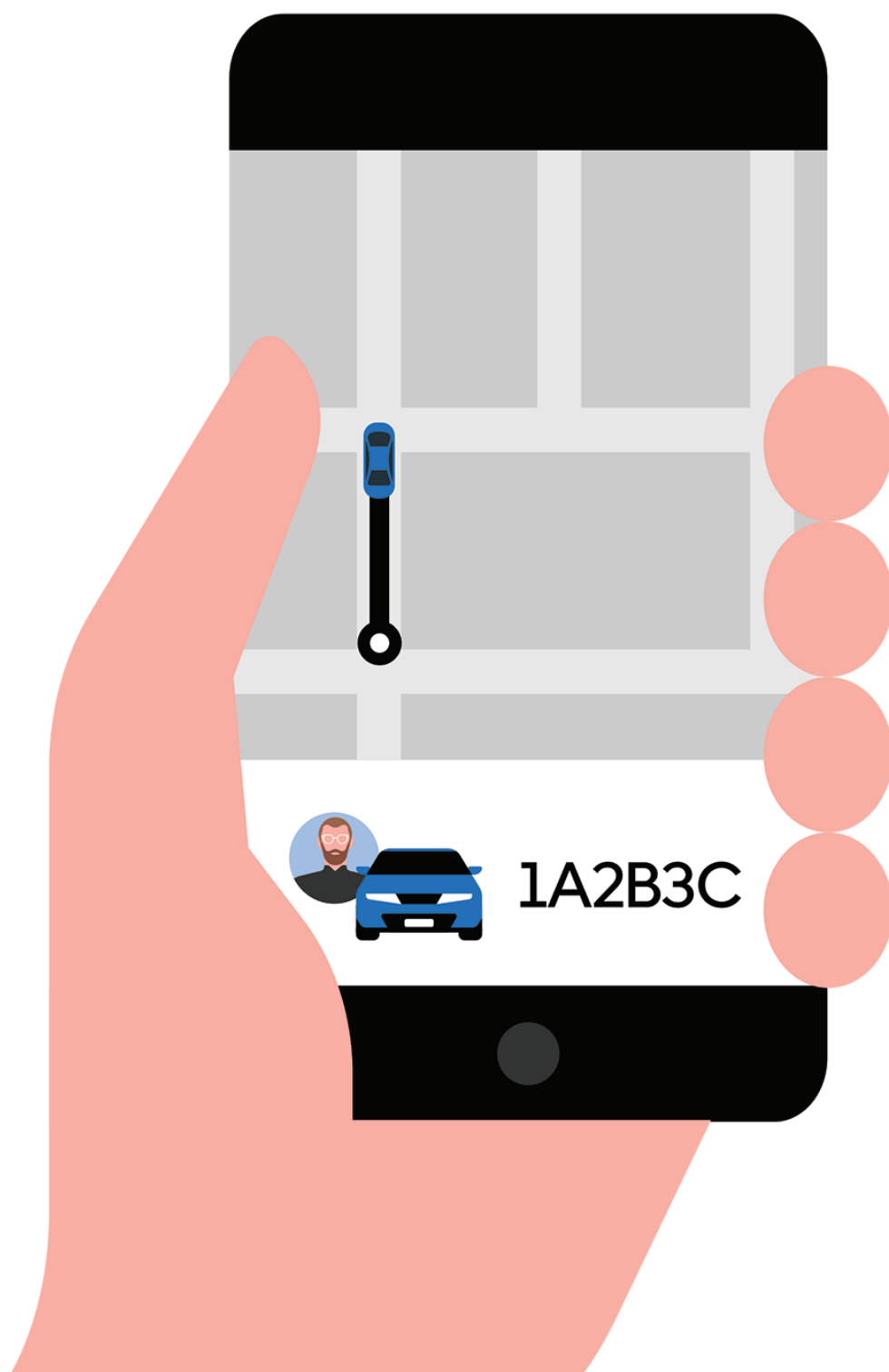
SCC – Student Conduct Code  
V&T – Vehicle and Transportation  
AD – Assistant Director  
IFD – Ithaca Fire Department



# Ride Safer

## Check Your Ride

1. License plate
2. Car make & model
3. Driver photo
4. Have driver confirm your name



Uber





Avery Alexander

AVERY ALEXANDER/THE ITHACAN

## EDITORIALS

### College needs to balance new additions and budget

Over the past two years since the start of President Shirley M. Colado's tenure, Ithaca College has been undergoing a period of transformation. During this period, the campus community has seen a major increase in support services within the administration, particularly for marginalized students. This added support, according to officials from the college, has been created through the implementation of new administrative positions — since Colado's inauguration as president, at least nine administrative positions have been created.

These added positions have the potential to contribute to major improvements at the college, especially given the campus environment that preceded them. Because the college is a predominantly white institution that was established in the 19th century, we must remain cognizant of the fact that our institution was not built to support marginalized groups. Additions to our administration are a way to combat this disparity and build necessary support not only for our entire campus community. The addition of many of these positions also serves as a reversal of former President Tom Rochon's elimination of student affairs, a division within our administration that specifically focused on students' academic, communal and health needs.

These changes are working to address many issues students and other members of the campus community have been asking to be addressed, an effort that should be celebrated. However, now that these needs are being addressed, the college has to find a sustainable, transparent way to balance them financially.

For the 2019–20 academic year, the college's cost of attendance will exceed \$60,000 for the first time. While the college, fortunately, does give out significant financial aid to its students, that is not to say that this rise in price is not harming both currently enrolled and prospective students. Furthermore — and perhaps more worrisome when considering the college's future — the budget is almost entirely reliant on student tuition payments. Given that college

enrollment, both nationally and at the college specifically, is expected to drop over the next few years, this does not bode well for our institution. On top of this, the college has been working to cut budgets across the college.

Recent changes made to the college reflect two national trends: rising prices and administrative bloating. Although the college has not released the net annual cost of these new administrative positions — a decision that does not emulate the administration's previous promises of transparency — they are undeniably taking a significant portion of the budget. When faced with the contrasting priorities like student needs and financial sustainability, it can be difficult to determine if all new administrative positions and support services are what is best for the campus community, especially if we're not being told how much these changes are costing.

Now that the college is addressing student support concerns, it needs to find financial balance. One of the best ways for the college to maintain a balance among financial, student and administrative needs is to remain steadfast in its quest for community feedback. The college is inclusively developing the strategic plan, a process the plan's steering committee has frequently sought community feedback on. On May 9 and 10, the committee is even allowing the campus community to review the drafted goals and objectives for the plan before it reaches the Ithaca College Board of Trustees so that the community can provide final feedback. However, even this is clouded by the college not providing full financial information about its administrative decisions, and this may not allow the campus community to give fully informed feedback.

What is at stake here goes beyond the overall environment of the college — whether or not students and faculty feel supported, and so on — but rather the entire financial future of the college. Ultimately, the campus community will not be able to feel at ease when considering the college's future until these issues are fully, transparently addressed in the strategic plan, which is precisely what the college needs to do.

### Bookstore should drop plastic bags immediately

After New York Gov. Andrew Cuomo signed a law forbidding stores from providing single-use plastic bags to their customers April 22, the Ithaca College Bookstore has begun phasing them out. The Bookstore is the last establishment on campus to still use plastic bags — stores like Mac's General Store and Sub-Connection have either switched to paper bags or have stopped using them altogether. The ban on the use of plastic bags will be fully implemented at the Bookstore by March 2020, which is the deadline constituted by the law.

The college's retail establishments' move to fully eliminate plastic bags is an exciting change for the college — and one that will bring it closer to its goal of becoming more sustainable. The college has a long history of promoting sustainability and environmental conscientiousness on its campus, and to completely ban plastic bags will only serve to more fully reflect that. Many students have reacted positively to the ban at the college and have said they agree that it is an important environmental issue.

However, this enthusiasm from the

campus community and the timeline for implementing the change prompt a question: Why not ban plastic bags sooner?

Currently, there is a petition circulating around the campus community to push the Bookstore to fully implement the plastic bag ban now, and it has garnered over 600 signatures already. Eliminating plastic bag usage now instead of nearly a year from now could contribute to a quicker, more effective improvement of the environment surrounding the college. While the Bookstore has stopped purchasing plastic bags for future usage, it still does not have to use its remaining plastic bag stash, which would allow for more potential pollution. There are many events and places within the local community, like chain grocer Wegmans and events hosted by IC Impact, that take plastic bags and repurpose them into reusable ones or something more sustainable.

Ultimately, the Bookstore should take the campus community's enthusiasm in stride and fully ban plastic bags sooner rather than later. After all, the outcome can only serve to better the campus environment.

## Letter to the Editor or Guest Commentary

Letters must be 250 words or fewer and commentary must be between 500–650 words. Be written by an individual or group who has an educated opinion or is an authority on a specific subject. Must be emailed or dropped off by 5 p.m. Monday in Park 220.

Send to the [ithacan@ithaca.edu](mailto:ithacan@ithaca.edu).

Comment on any story at [theithacan.org](http://theithacan.org).



SCIENCE  
BREAKDOWN

MIRANDA ELLA

Fight or flight:  
bodily stress

As a senior in my final weeks of college, I'm facing a gargantuan amount of stress. Final exams, papers and projects are here, on top of the obligation to graduate and find a job. Despite the fact that I know I'll find a way to get everything done, my body is still reacting to my stress in a very real way: insomnia, changes in appetite and an increased heart rate. But why does a mental state result in long-lasting physical symptoms?

I've discussed ways the body instantly receives information using neurons. The endocrine system, a complex of glands and hormones, is another way of sending messages through the body but is slower and longer lasting. If the messages sent through neurons are text messages, then those sent by hormones are handwritten letters — arguably more meaningful, but slower in transmission. The endocrine system operates with glands that produce those hormones. You have the pituitary gland that sits in the brain and the adrenal glands that perch atop the kidneys, plus many others, including the better-known pancreas. Each gland monitors the blood and secretes its particular hormones in order to make adjustments throughout the body.

So when we experience stress, there's an upregulation of a lovely hormone called cortisol. Cortisol is controlled by the hypothalamic-pituitary-adrenal axis, also known as the HPA axis.

The hypothalamus isn't actually an endocrine gland but rather a region of the brain that communicates with the pituitary gland and keeps the body in a healthy and balanced state. The pituitary gland is not only in the brain but it's right below and connected directly to the hypothalamus. The last member of the HPA axis is the adrenal glands, which, if you recall, are on top of the kidneys.

Whether faced with a menacing grizzly bear or eight finals, the stress "fight or flight" response is triggered and cortisol is upregulated after a chain of responses. Your eyes perceive the threat, and those neurons carry that message to several regions of the brain that toss that information to the hypothalamus. The hypothalamus "texts" the pituitary gland, which "writes a letter" to the distant adrenal gland that the body needs some cortisol.

The adrenal gland releases the cortisol into the blood, and the blood carries it throughout the body to prepare it, and the body prioritizes muscle usage. This means shutting off systems like the digestion and immune system, hence changes in appetite and increased illness. Muscles need energy, so cortisol increases glucose and sugar and inhibits its storage. Muscle cells need oxygen too, so cortisol opens your airways and accelerates breathing. And, in order for your muscles to receive all this glucose and oxygen, cortisol narrows the arteries and another stress hormone, adrenaline, increases your heart rate, altogether pumping your blood much faster.

So now what? Whether faced with a grizzly bear or series of finals, don't panic. Talk calmly but don't flee because both can easily outrun you. Keep your backpack on because it can help protect you, and if attacked, play dead.

**SCIENCE BREAKDOWN** is a column about applying science to everyday life written by **MIRANDA ELLA**. Ella is a senior biology major. Connect with her at [mmeserve@ithaca.edu](mailto:mmeserve@ithaca.edu).

## NATIONAL RECAP

## DOD fortifies US southern border

BY MEREDITH BURKE  
OPINION EDITOR

Acting Secretary of Defense Patrick Shanahan approved the Department of Homeland Security's request April 29 to add additional support at the U.S. southern border. Approximately 320 Department of Defense personnel will be supporting U.S. Customs and Border Protection (CBP) and U.S. Immigration and Customs Enforcement (ICE) at the border.

The DHS requested more support from the Pentagon on April 24, asking for approximately 280 additional U.S. troops and logistical support for operations at the border. The request came after CBP released data indicating a rise in apprehending migrants at the southern border in March.

The requested logistical support included 20 military lawyers to help represent the DHS in immigration court, 100 support personnel to provide care to migrants and 160 drivers to help transport migrants from border patrol stations to other CBP facilities.

This newly added DOD personnel will be in addition to the 3,000 active duty troops and the 2,000 National Guard personnel already deployed at the border.

Lieutenant Colonel Jamie Davis,



Migrants are loaded onto a bus at the Border Patrol headquarters April 20 in El Paso, Texas. The Department of Defense approved a request to add more logistical personnel and support to the border April 29.

MARK LAMBIE/ASSOCIATED PRESS

a spokesperson for the Pentagon, said DOD personnel will only be doing logistical support.

"DOD personnel will assist in driving CBP vehicles to transport migrants; providing administrative support, including providing heating, meal distribution and monitoring the welfare of individuals in CBP custody; and attorney support to ICE," Davis said.

The welfare of migrants detained by the CBP has been a major source of contention in

U.S. politics for years. According to Human Rights Watch, migrant detainees in CBP custody are often placed in incredibly cold holding cells when first detained and are denied amenities like soap, toothpaste or toothbrushes. Some migrants have also died while in CBP custody, spurring widespread condemnation and scrutiny from critics of CBP.

The added 320 DOD personnel will be required to support the DHS request for

assistance through September 30, 2019, Davis said. The added personnel will cost approximately \$7.4 million.

Davis also clarified that the newly deployed DOD personnel would only be supporting functions and divisions of the U.S. government, and they will not be filling the roles of law enforcement personnel.

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## GUEST COMMENTARY

## Racial prejudice leads to historical erasure

BY PAUL KEANE

Ithaca College's public soul searching over the last two years since its president resigned after student activists criticized him for insensitivity to racial issues is a welcome act of institutional introspection.

When I graduated from Ithaca College in 1968 with a B.A. in English, the student protest era was about to explode over insensitivity to race and anti-war sentiment. Little did I know that Collegetown, on the opposite hill from Ithaca College, would be paralyzed with student protest in April 1969 when Black United Students at Cornell University took over Willard Straight Hall, arming themselves with rifles to protest the burning of a cross on black housing at Cornell. Cornell closed for a four-day teach-in on racism. I adapted that teach-in on racism to Ithaca College in 1969. Over 800 students and faculty attended. Despite my activism at Ithaca, I decided to choose a quiet graduate school, and I enrolled at sleepy Kent State University in Ohio. Within 8 months, four Kent State students were shot to death by Ohio National Guardsmen during a student protest.

The Kent State killings are about to pass into history. May 4 will be the 49th anniversary of that then-shocking 1970 event. If you live long enough, you watch time do its "thing," which is to drain all events of intense emotion and replace it with honorary emotion in inked phrases like the "Kent State tragedy," or the "Kent State event," or just "Kent State." Ink begins to dilute the blood. But it cannot replace the blood of 20-year-old Jeffrey Miller, which I saw pouring from his head on the asphalt altar of a Kent State parking lot. He was dead instantly.

The phrase "post-traumatic stress disorder" did not exist in 1970, even though many families were receiving their wounded Vietnam soldiers back home suffering from its symptoms.

I suspect there were many of the thousand onlookers, even the National Guardsmen themselves, who experienced post-traumatic stress



Ohio National Guardsmen throw tear gas at anti-war protestors at Kent State University on May 4, 1970. Paul Keane '68 reflects on his memory of the Kent State shooting and other protests.

ASSOCIATED PRESS

disorder after the shootings, unrecognized as such. My own reaction was numbness, and then, after waiting a year for an official justice which never came, outrage.

That outrage was translated into political lobbying for a federal grand jury and, later, into ensuring that a large portion of historical documents related to the Kent State killings went to Yale University's archives, instead of Kent State University's archives.

Why? Because Ohio's Kent State University Library was funded by the very entity which the parents of the dead students were suing: the state, which also funded the Ohio National Guard whose members had pulled the triggers.

Yes, Kent State will pass into history. In a way, it is amazing that Kent State as a symbol of injustice and the passions of the anti-war movement has lasted now into the beginning of its 50th year.

On May 15, 1970, two weeks after Kent State, two black students were killed and 12 wounded by state and city police at Jackson State College,

in Jackson, Mississippi, where a group of African Americans was demonstrating in response to the Kent State shootings and to a false rumor that the mayor of Fayette, Mississippi — the brother of slain civil rights leader Medgar Evers — and his wife had been assassinated. Jackson State has never achieved the traction of Kent State as a symbol of official violence of the 1970s student protest era. In a world where a movement named Black Lives Matter had to be created in 2013 after the shooting of black teenager Trayvon Martin, that sad reality may be the true lesson of Kent State.

While we like to believe all lives matter, the truth is that white lives matter most. That may be changing now as we inch next year toward the 50th anniversary of Kent State.

Ithaca College's public willingness to examine its own institutional relationship to race may be one of the hopeful signs of that change.

**PAUL KEANE** is an alum of Ithaca College and Kent State University of Ohio. Connect with him at [pkvermonter@gmail.com](mailto:pkvermonter@gmail.com).



GUEST COMMENTARY

# Collado needs to fully practice transparency

BY GRACE ELLETSON  
EDITOR IN CHIEF

There is no doubt that when President Shirley M. Collado walked onto this campus, she walked into a mess.

Ithaca College had just experienced the largest student-led protests it has ever seen — student group POC at IC led a campaign in Fall 2015 that criticized former President Tom Rochon’s handling of racist events involving our campus community. It also critiqued larger structures on campus that contributed to an un-supportive and hostile community for students of color.

These events have informed Collado’s major initiatives — in September 2017, she announced the reinstatement of the Division of Student Affairs, which was previously cut under Rochon, and would aim to give marginalized students more support. She’s also added nine new administrative positions over the past two years, largely in support of student services. Collado now has to balance the need for these support structures and soaring tuition costs that, despite planned budget cuts, don’t seem to be diminishing any time soon.

Collado did not inherit an easy fix. Therefore, the college community should not expect her to lead perfectly. But we do need to hold her accountable to the values she promised to uphold when she first began her tenure.

In my experience reporting on Collado’s presidency, I’ve witnessed an overall lack of commitment to transparency and an overarching attempt to control the institution’s narrative that concerns me. When Collado addressed the campus community at her

first All-College Gathering — which, to her credit, was opened to students for the first time — she focused on the importance of leading an administration committed to transparency. I do not believe Collado has done this consistently.

Her immediate appointment of Rosanna Ferro as vice president for student affairs and campus life, without a search committee, raised a red flag and mirrored the kind of leadership many campus community members criticized Rochon for — top-down, unilateral and hierarchical. She also had a previous professional relationship with Ferro, potentially clouding her judgment and allowing for biases a collaborative and open search process would be able to check.

Before Collado’s tenure, the college regularly employed open search processes when hiring high-level employees, ensuring collaborative input and community-oriented involvement. Following Collado’s own closed presidential search process, searches have remained closed. This includes the search for the new vice president for human and organizational development, innovation and planning position — that was closed — the search for a new provost — closed — and the search for the vice president for marketing and enrollment strategy — also closed. While these searches crafted committees to represent some community interests, searches that lack public interaction with candidates allow administrative control of the process and will automatically have blind spots to the needs that our broader campus community may want met.



Senior Grace Elletson, editor in chief of *The Ithacan*, reflects on her time reporting on President Shirley M. Collado’s administration over the past two years and discusses how it needs to work on its transparency.

KRISTEN HARRISON/THE ITHACAN

Most concerning is Collado’s lack of transparency on current budget issues. The college relies on a largely tuition-based budget — 88 percent of it is supported by student fees. And because our enrollment has been declining over the past five years, this institution is in trouble, to put it bluntly. When Collado spoke at the February All-College Gathering, she alluded to these troubles but never really told the truth. About a month later, *The Ithacan* broke the news that the Division of Finance and Administration had begun asking departments across the college to start slashing budgets. *The Ithacan* has also been ignored and pushed

off by the administration for data on how much the new changes Collado made has cost the college — specifically the eight new administrative positions she has added over the past two years.

If Collado expects the campus community to be able to have genuine input in the strategic plan — because, as she has said before, the college will need to make tough decisions in its future — she needs to give the campus community the information it needs to provide informed input. Her attempt to control the college’s narrative and limit access to information will ultimately do more harm

than good for a college community that still has whiplash from its last disreputable leader.

I admire Collado as the first Dominican-American college president in the United States and as a leader, and I know she’ll take these critiques seriously. A strong leader approaches both their strengths and their weaknesses boldly and with an authentic vision. Collado is no Rochon, but this does not mean we should stop demanding the best of our campus leaders.

**GRACE ELLETSON** is a senior politics major. Connect with her at gelletson@ithaca.edu.

GUEST COMMENTARY

# The Ithacan to continue to work on inclusive culture

BY KATELYN WALSH  
COMMUNITY OUTREACH MANAGER

Over the course of the past seven months, I have been tasked with the responsibilities of community outreach manager of *The Ithacan*. I’ve learned a lot about our community and the institutional structures that have shaped how we live during our time at Ithaca College. As I finish my senior year, I would like to spend some time reflecting upon what I have learned in the hopes that we can all grow together.

My goal when I stepped into this position was not to fix this paper. Honestly, this paper has problems that are bigger than a one-person board position. My goal was to start bridging a gap that exists between our newspaper and the community. This process is something that we knew was going to take some time, and, to a lot of us, this usually means that there will be no change at all. But during my time here, I’ve learned that changes within an institution are slow and incredibly difficult. When the establishment you are working for has a foundation that is built on the success of cisgender white students, it also means that it is built on the oppression of marginalized groups.

My first challenge when I entered this position was finding out that I was essentially alone in figuring out what this job would look like.

While *The Ithacan* knew that it needed someone to help it bridge this gap, it had yet to solidify what that would look like. I was concerned that this position would become a way for *The Ithacan* to gaslight its issues onto one person who would become the “spokesperson” for the entire community. I spent the first half of my time as community outreach manager gathering resources, talking to mentors and addressing where the problems were so we could avoid tokenization.

The first thing we knew was that giving this responsibility to one person automatically makes the person a “token minority.” The second thing we knew was that this was going to be a process that took place over the course of multiple years. Even if I was somehow magically capable of representing everyone in the community and fixing this paper within the year, what would happen after? If we did not come up with a plan to ensure the responsibilities of the next outreach manager, then the next editor in chief could decide not to continue on with the position — then all our work would be for nothing.

I learned that a lot of my work this year trying to start a conversation with the community was more reactive than it was proactive. In order to fix this, I spent the amount of time I had left laying out a three-year plan with Editor-in-Chief Grace Elletson. What

**“We only have one option: to apologize for our mistakes and shortcomings and to become better.”**

**– Senior Katelyn Walsh, Community Outreach Manager**



Senior Katelyn Walsh, community outreach manager of *The Ithacan*, reflects on her time at the paper and what she hopes her position will be able to accomplish in the future.

FRANKIE WALLS/THE ITHACAN

had we learned? The plan we’ve created holds *The Ithacan* accountable to continue on with the efforts we’ve made and hopefully make them better. We’ve laid out events and workshops that involve collaboration between us and our community in hopes that we can begin to heal together, becoming stronger and more united. We should be partnering with our community in creating this paper, and that cannot happen if people are too intimidated to walk into the office.

I realize that some of you still don’t believe anything will happen. But honestly, we only have one option: to apologize

for our mistakes and shortcomings and to become better. Our community is going to thrive whether or not *The Ithacan* comes out every Thursday. So it is our responsibility to keep up and to support this community using every resource we have as a structure of power.

I know this journey has been tough and slow — and while it isn’t over yet, it’s taking its first major steps. I believe in the strength of this community and in the dedication that *The Ithacan* has toward becoming better.

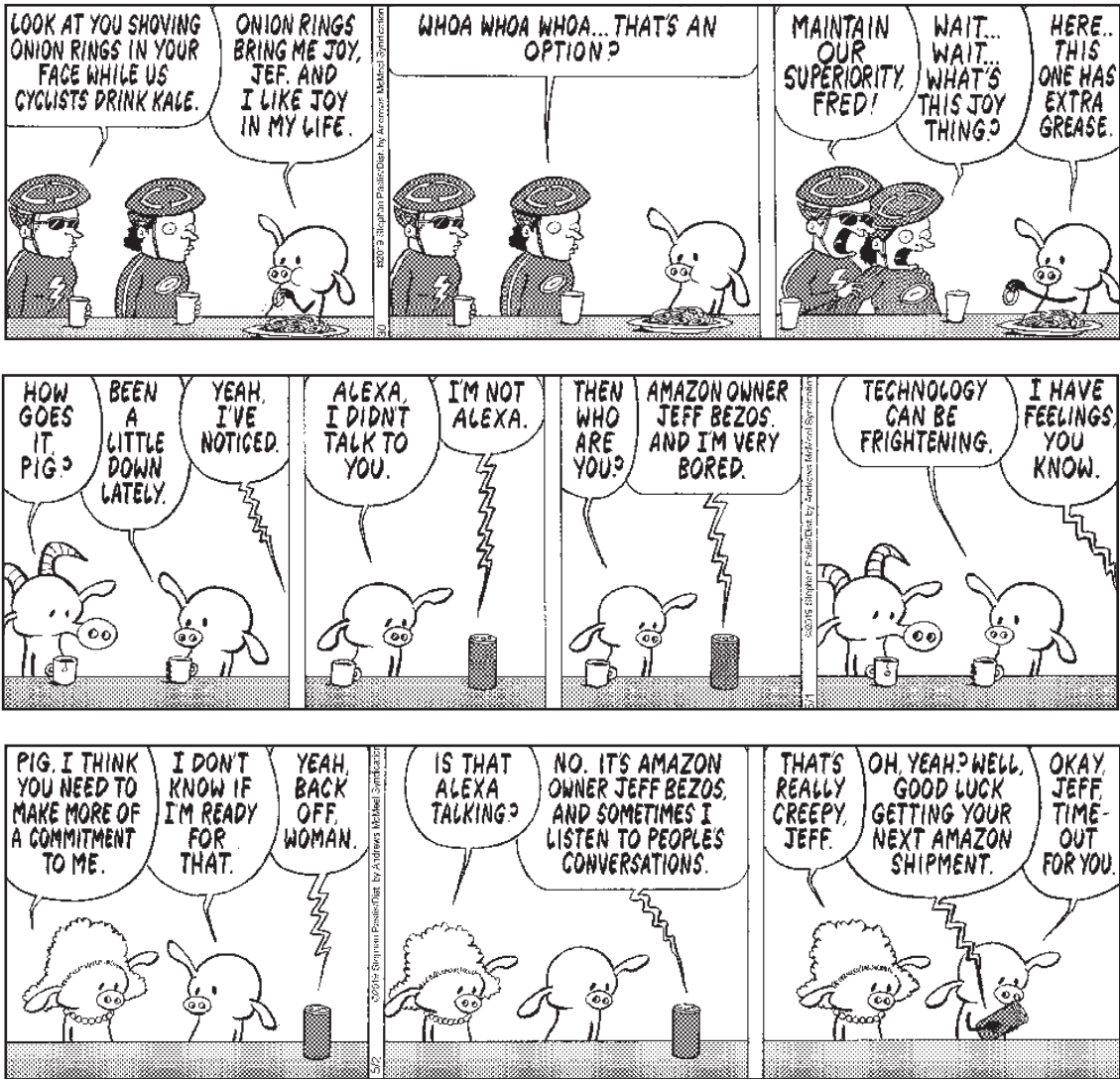
**KATELYN WALSH** is a senior film, photography and visual arts major. Connect with her at kwalsh8@ithaca.edu.



# DIVERSIONS

## Pearls Before Swine®

By Stephan Pastis



## Yesterday's Pasta

By Avi Kendrik



## sudoku

medium

2		9			7	8		1
	6		1		3			
1				5		7		4
		8	3		6			
			8				9	6
		6		7	1			
			5					9
	7			1		4	8	
8		1	7		4			3

answers to last issue's sudoku

easy

3	8	5	7	9	1	4	2	6
1	2	9	6	4	8	7	3	5
7	6	4	3	2	5	8	9	1
2	3	6	1	5	7	9	8	4
4	1	7	8	3	9	6	5	2
9	5	8	2	6	4	3	1	7
8	9	2	5	7	6	1	4	3
6	4	3	9	1	2	5	7	8
5	7	1	4	8	3	2	6	9



Create and solve your  
Sudoku puzzles for FREE.

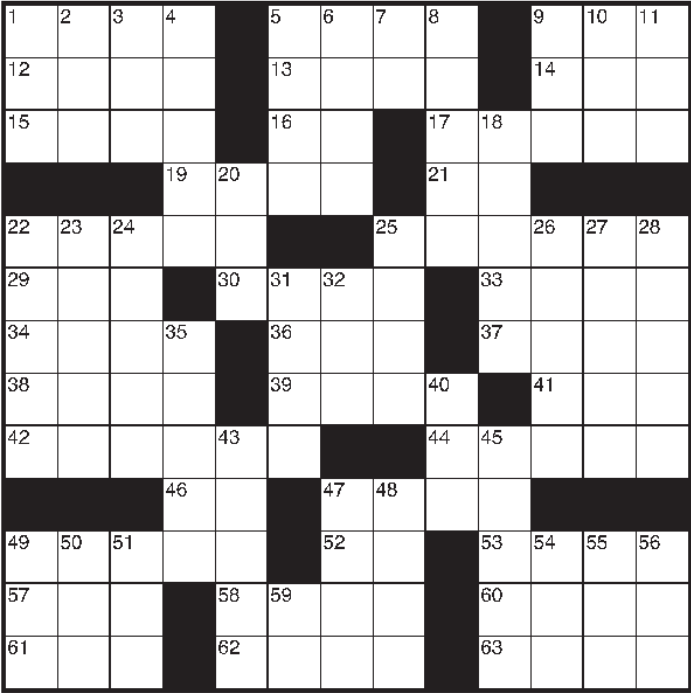
Play Sudoku and win prizes at:

**PRIZESUDOKU.COM**

The Sudoku Source of "The Itican".

## crossword

By United Media



ACROSS

- Weightlifting ma-  
neuver
- Language with  
clicks
- Online info
- Kyrgyzstan range
- Where Tabriz is
- Morse click
- Secluded valley
- Opry's loc.
- Creepy
- Raised platform
- Say what?
- Don some apparel
- Chauffeur
- Dispose of
- Dr. Jekyll and Mr.  
--
- Hollow stem
- Car-rental chain
- Yes, to Angus
- Prefix for direction-  
al
- Speed-of-sound  
ratio
- Wolf lead-in
- Boxer

- Hitching posts?
- Gymnast's stick-  
um
- Richmond loc.
- Bakery fixture
- Monastery
- College deg.
- Desktop picture
- Ski instructor
- Elevator maker
- Black-and-white  
snack
- Make an effort
- No, in St. Peters-  
burg
- Par for the course

DOWN

- Sharp projection
- Building wing
- Dawn Chong
- Sorts
- Type of pasta
- Coffee makers
- Guardia airport
- Auto-racing family
- Pharm. watchdog

- Tire filler
- Amt.
- Tijuana kid
- Cigar residue
- Stage play
- Challenger
- Proclamation
- Bambi, e.g.
- Seductive women
- The blahs
- Hold sway
- Swerves
- Pigment
- Slice extremely  
thin
- Prior to
- Polyester partner
- Pizza topping
- Play award
- Boundless
- Quick on the  
uptake
- Icy remark?
- Brother
- Magnon
- Poet's contraction
- Name, to Pierre
- Baseball's -- Cobb

last issue's crossword answers

T	R	E	A	T		C	H	O	I	R
H	E	D	G	E	S		D	R	O	W
U	M		E	S	P		I	O	N	L
G	A	S		T	R	A	M	P		W
S	R	T	A		Y	D	S		D	O
	K	E	T	T	L	E		S	O	N
		T	O	Y		E	A	U		
	A	S	I	N		G	L	O	B	A
A	V	E	C		W	O	E		T	G
R	A	T		D	I	V	V		A	S
I	L		E	E	L		E	O	N	T
S	O	A	K	E	D		N	U	T	M
E	N	T	E	R			R	H	I	N



## What the ... duck?

### Rubber ducks cascade over Cascadilla Falls for 4-H fundraiser

#### ONLINE

For more on the duck race, go to [theithacan.org/4-h-duck-race](http://theithacan.org/4-h-duck-race)

**BY ALEX HARTZOG**  
STAFF WRITER

On a dreary Sunday afternoon, approximately 3,400 brightly colored rubber ducks tumbled over Cascadilla Falls, racing to reach the end of their long journey along Cascadilla Creek. After a harrowing trip down the falls and through the gorges, all ducks reached the net at the end, and the owners of the first 40 ducks to cross the finish line received prizes ranging from \$750 to a DeWalt drill.

The 4-H branch in Tompkins County hosted its 19th annual duck race to raise money for the organization. 4-H is a national nonprofit organization focusing on youth development through building leadership skills. It cost \$5 to claim a duck or \$20 for a flock of five. All proceeds from the 4-H Duck Race generated by duck sales will fund the organization for the upcoming year, according to Megan Tift, 4-H youth development and family and community development issue leader. Programs funded by the duck race include the 4-H Youth Fair, vans for transportation and scholarships, Tift said.

The ducks started their journey at 2 p.m. at the beginning of the Cascadilla Gorge Trail in the Cornell Botanic Gardens, were released en masse by 4-H staff and ended one and a half miles away near the Cornell Cooperative Extension Tompkins County (CCETC) building.

Included in the bright yellow flock of rubber ducks was a spy — a large wooden duck with a GoPro attached to it that was livestreaming the voyage. The spy duck was able to make the entire trip with the flock and recorded views of the ducks tumbling down the falls and traversing the rapids.

At first, all of the ducks were tightly packed, forming a phalanx as they rushed down the

falls. A few duck legionnaires were lost to extreme currents and were ripped away from the flock. A few managed to avoid the turbulent waters and were able to make their way to the front of the flock.

Tift said the proceeds raised make all of the programs that 4-H offers possible.

“[The duck race is] our biggest fundraiser to support lots of different parts of the 4-H program,” Tift said. “We do scholarships, we have camps, money that goes towards our vans. ... A lot of our programs wouldn’t be possible without transportation.”

The first 4-H Duck Race was created by retired 4-H educator JoAnne Baldini and her coworkers, and the event proved to be extremely popular, Tift said. The original event gave away prizes donated by local business sponsors. This year’s prizes were donated to 4-H by anonymous community members and business sponsors, and they ranged from gift cards to appliances like a KitchenAid mixer, and the prizes were given to the owners of the first 40 ducks to cross the finish line. This year, business sponsors included the Cornell Botanic Gardens, Edible Arrangements and many others.

For many, this year was their first time joining in on the duck race, such as the Yi family, who bought one duck for their son Daxter.

“We took him around the town every weekend, and we saw the signs, and he’s very interested in it,” father Wei Yi said. “I think a few of his friends in preschool will also join in later.”

In order to ensure that all ducks are accounted for, 4-H numbers all of the ducks and has volunteers called duck herders placed in the creek, watching the ducks to make sure they do not escape or get stuck, Tift said.

The ducks trickled in slowly in the beginning, but by the end, the ducks began appearing in waves of 15 or more, clumped together as if they were afraid to traverse the waters alone.

“We have a system in place that is this wooden fence that is set up — and we have volunteers in the water at the end of the race, making sure that all of them get picked up,” Tift said.

However, the fence system was not entirely effective, and multiple ducks were able to slip past the barricade and attempted to flow straight into Cayuga Lake, and they would have if not for the valiant few that chased after the ducks. Also, multiple ducks got stuck in corners and various eddies in the creek — marooned and alone in the darkest corners of the creek — but were later retrieved by community members.

The first 40 ducks to reach the barricade were placed in yellow gutters in place order, and the rest were collected in white laundry bins. Though the rush of ducks crossing the finish line may not have been accurately caught in a photo finish, many attendees appeared content to watch the ducks lazily float down the creek.

Forty-five minutes after the top 40 were collected, 4-H members announced the winning ducks at the compost fair one by one. The owner of the last duck to float to the finish line was awarded a choice of a \$10 DiBella’s Subs, Papa John’s Pizza or ShortStop Deli Sub gift card.

The Wells family enjoyed its first duck race in Ithaca and bought 10 ducks, though only one of its ducks made it into the top 40. Coming in 33rd place, the family’s duck sped to the finish line and awarded the family a \$25 gift card to local thrift store Plato’s Closet.

“The odds were pretty cool, though,” Jesse

Wells said. “There was 3,400 ducks or so, and we only bought 10 — it’s pretty sweet.”

The duck race took place concurrently with the 25th Annual Compost Fair and the 14th Annual Streets Alive! event, and some community members took the opportunity to attend all three community activities. Streets Alive! — a festival on Cayuga Street that includes local vendors, activities for children and an area for people to ride their bicycles and skateboards — celebrates the coming of spring and fosters community spirit, Streets Alive! volunteer Lily-Anne Trainor said.

At the event, many children could be seen trying out the LimeBikes or racing their friends down the street, vying for the affirmation that they are indeed the fastest bicyclist alive. The compost fair was intended to highlight the advances the community has made in composting this year, and despite the rain, the fair saw many in attendance looking to learn.

Ithaca College was also present at the fair, as the Department of Recreational and Leisure Studies set up a booth called Depressed Cakes, which sold cupcakes and cookies adorned with frowning faces to help decrease the stigma of mental illness and create awareness about depression. All proceeds raised from the booth will be donated to the Tompkins County Suicide Prevention Center, senior Kelsey Benedek said.

Cornell graduate student Aubrie James is training with CCETC to become a master composter, and the final part of her 10-week training program was to volunteer at the fair and teach composting to community members.

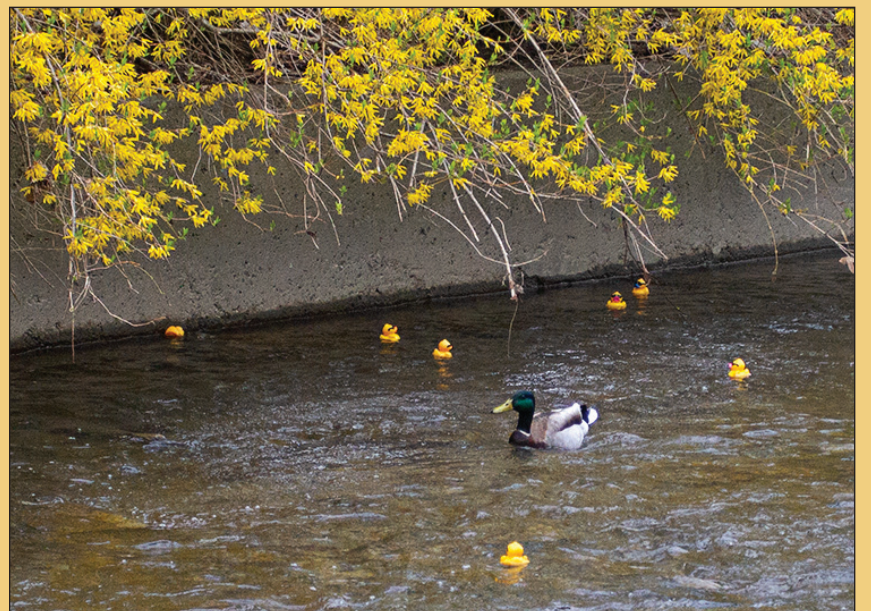
“The goal is to reach out and help other people learn or grow in their understanding of compost,” James said.

**CONNECT WITH ALEX HARTZOG**  
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4-H’s 19th annual duck race started at the top of the Cascadilla Gorge Trail in the Cornell Botanic Gardens and ended at the Cornell Cooperative Extension Tompkins County building.

MOLLY BAILOT/THE ITHACAN



Attendees could buy ducks for \$5 each. The proceeds benefitted 4-H Tompkins County programs. The sponsors of the first 40 ducks to finish received prizes.

MOLLY BAILOT/THE ITHACAN



# CULTURED

## Director duo reports 'Avengers: Endgame' is its last foreseeable Marvel contribution



Brothers Anthony and Joseph Russo, directors of “Captain America: Civil War,” “Captain America: The Winter Soldier,” “Avengers: Infinity War” and “Avengers: Endgame,” announced in an interview with entertainment news website GamesRadar that “Avengers: Endgame” will be their last contribution to the Marvel Cinematic Universe for the foreseeable future. Anthony Russo said, “We don’t have any plans for now to make any more Marvel movies. It certainly may come up in the future at some point. We have a wonderful working relationship with [Marvel Studios] and a great passion for what they’re doing.”

## Hello Kitty is getting a Hollywood movie as Sanrio partners with New Line Cinema

For the first time in her 45-year history, beloved Sanrio character Hello Kitty is getting her own film. New Line Cinema and Sanrio are banding together to develop the movie, which will feature various Sanrio characters, including Hello Kitty, Gudetama the Lazy Egg, My Melody and Little Twin Stars. New Line Cinema spent five years fighting for the rights to the characters to produce this film. It is unconfirmed at this time if the film will be animated, live action or a combination of both.



## Converse introduces eight styles of Pride-themed footwear for 2019

Converse introduced a line of newly designed Pride sneakers for 2019. Some of the shoes feature the iconic rainbow symbolism commonly associated with the LGBTQ community while others are trans-themed, featuring the colors of the transgender flag. The shoes come in eight designs and are also available in children’s sizes. Other companies to introduce LGBTQ-themed footwear in the past include Gucci and Vans.



## LGBTQ nonprofit organization to honor Cara Delevingne with Hero Award

The Trevor Project, a nonprofit organization dedicated to providing crisis intervention and suicide prevention for LGBTQ youth, is honoring Cara Delevingne, who is known for her openness about her fluid sexuality, with the Hero Award for her commitment to speaking out about LGBTQ rights and supporting LGBTQ youths in their journeys. Delevingne told Vogue magazine that she is grateful for this award and that she is proud to be part of the fight for helping LGBTQ youth. Delevingne will receive her award at this year’s TrevorLive Gala on June 17 at Cipriani Wall Street in New York City.





# Students create virtual pop-up thrift shop

BY HANNAH FITZPATRICK  
STAFF WRITER

Rows of photos load onto the screen, each showing someone wearing a different article of clothing. One picture has someone wearing a polka dot wrap dress with a three-quarter sleeve, advertised for \$10. Another displays a \$12 pair of navy sailor shorts, complete with a brown belt and a yellow sweater. In the comments, users are bidding whatever prices they can afford for these clothing items.

The Instagram page, Thriftaca, is a pop-up thrift store created by Ithaca College junior Emma Zarabet and senior Samantha Marks. Marks said she and Zarabet have a love for thrifting but soon found that they had too many clothes and not enough space to keep them all. Along with selling extra clothing that she and Zarabet no longer need, Marks also purchases clothing from local thrift stores to be sold on the Instagram page.

“Basically, we have a shopping addiction, and it just got to the point where we were just buying stuff because we liked the aesthetic, but maybe it just wasn’t for us,” Marks said. “So, the idea of being able to shop and know it’s for other people and be like ‘Oh, this is cute, maybe it’s not for me,’ or even pull stuff out of my own closet and give to others is really cool.”

The pop-up Instagram shop, which has been running since April 16 and has 73 followers as of April 30, will continue until the end of Spring 2019. Zarabet said Thriftaca works similarly to other sites like Poshmark, where users can list new or used clothes to sell and bid on products on other users’ pages. However, with Thriftaca, she wanted to give thrifting a more personal feel.

“These sites are all the same concept, but it kind of just feels like you’re shopping around from people all over the world, and you pay shipping for it and that’s that,” Zarabet said. “We wanted to make our site central to Ithaca and market it as a pop-up, so it’s more personal in that way, and people can ask us any questions they have about the products, or even come over to try them on before they decide to purchase them.”

Junior Haley Rosenwald first heard about Thriftaca through one of her friends and decided to follow the Instagram page to check out the items. Soon, she found a pair of red high-heeled shoes that she fell in love with and bought them for \$10 a few days after the account posted the picture of them. She said her favorite part of the experience was how simple the process was compared to other thrift websites or stores.

“I liked that it was just a friend selling me shoes she no longer wears rather than going elsewhere because it was an easy exchange,” Rosenwald said.

Though thrift shopping can serve as a fun activity to bond with friends, it can also be a sustainable way to purchase clothing. By purchasing used clothing, the number of chemical pollutants that are deposited into the air and water runoff from manufacturing these products can be reduced. It takes 2,108 gallons of water to create a pair of jeans, according to the Water Footprint Calculator. According to Secondary Materials and Recycled Textiles (SMART), the average American sends about 80 pounds of clothing to landfills each year when 95 percent of it can be reused or recycled.

Senior Mike Hanlon is part of Ithaca College Eco Reps, an organization that works to



From left, senior Samantha Marks and junior Emma Zarabet began the Thriftaca Instagram page. Thrift shopping is popular among college students because it is more affordable and sustainable than buying fast fashion.

MOLLY BAILOT/THE ITHACAN

educate students about sustainability. Hanlon said thrifting reduces the production demand for new clothing.

“It cuts back on the necessity of producing more clothes because if we’re exclusively buying new clothes, that puts demand on resources and energy,” Hanlon said.

In recent years, stores like Goodwill have become increasingly popular, causing the thrifting industry to gain approximately \$17.5 billion per year in annual revenue.

Though thrifting is a fun activity that is also good for the earth, many people do it out of necessity, not aesthetics or trends. Hanlon said sustainability has three pillars: people, planet and profit. In addition to helping the planet, thrift stores’ affordable styles also help people.

“Normalizing thrifting helps

normalize a form of consumption that is a lot more economically feasible for a lot of different people,” Hanlon said.

Marks said that though Thriftaca started based on her love for shopping, it has the opportunity to make fashion more accessible, especially to college students.

“I think thrifting, in general, is meant to make fashion more accessible, but it’s not always so easy to find fashionable or stylish things amongst some of the more outdated styles,” Marks said. “We try to narrow down the selection to things we ourselves like and think can be applicable to today’s trends.”

Zarabet also said she believes Thriftaca stands out from these other thrifting avenues because of its focus on sharing the creators’ own styles to a smaller community.

“A lot of the clothes we’re selling are clothes we would wear or have worn, so it kind of has our own touch to it, which is pretty awesome,” Zarabet said.

As for future plans, Zarabet and Marks do not have any set yet. They are both planning on studying abroad in Los Angeles during Fall 2019. However, Marks said she hopes to expand Thriftaca to a wider audience.

“In general, it would be cool if there was a page where anybody who had anything could post,” Marks said. “I think it would allow people ... to not only get to swap things with one another but have the opportunity to make new friends within the general Ithaca community too.”

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## From ART, Page 1

Michael Richardson, interim dean of the School of Humanities and Sciences, said he is still in conversation with the Stetson and Hastings about the possibilities of procuring gallery spaces on or off campus. He said he is committed to continuing to provide opportunities for art students to showcase their work.

At first, the gallery was located at 215 E. State St. on The Commons and was open all year long, displaying art exclusively from Ithaca College students, faculty and alumni. Previously, the art department did not have its own gallery space and instead rented pop-up spaces downtown for short periods of time.

At the time the CSG opened, it was the first time the department had a permanent, always-open space to display its work outside the cramped and out-of-the-way Cerrache Center. It garnered foot traffic due to its convenient location on The Commons and connected student artists to the broader Ithaca community.

A year later, in May 2016, the gallery on The Commons had to close because the college was relying on the finite donation to pay for the lease and could not secure a long-term lease that the landlord wanted.

Uncertainty is a recurring theme in the art department, from the title of the show to the future of the gallery space. Currently, there is no concrete solution to either the lack of a permanent gallery space or to the overflowing Cerrache Center. Hastings discussed multiple possibilities for next spring — from pop-up galleries downtown to a room in the Campus Center — but, right now, they’re just ideas and hopes.

“We would love nothing more than to have a student-run gallery where we could allow students to take risks, do installations, get themselves out there,” Hastings said. “We’d like to increase dialogue and communication between artists and nonartists. It’s empowering for the students to display art and be vulnerable.”

In early 2017, the CSG moved up to Suite 50 of the South Hill Business Campus, which is directly across from the college’s main campus

entrance. The location serves as an overflow for the Cerrache Center, the cramped building that houses the art department and that professors and students have been complaining about for decades. Art classes use the CSG to view student artwork for critiques, learn how to install work and display pieces that don’t fit in Cerrache. Junior art major Emily Goodstein said that losing this large space will be detrimental to the quality of the art students’ educations. Art hung in Cerrache is difficult to view due to the narrow hallways and lack of space, in contrast to the wide and open gallery space off campus.

“The facility on campus just doesn’t have the space for people to have creative freedom to choose how they want to display their work,” Goodstein said. “Without this space and being limited to the basement under the football locker room, it really hinders our education and is super limiting.”

A handful of students in independent studies use the gallery throughout the semester as a studio space, like junior art major Kate Rockefeller. She spent much of her time in the CSG this semester and said she was grateful to have had the space for so long.

“I’ve been working in that space all year, working my ass off painting every day,” said Rockefeller. “I practically live in there. It’s an isolated space, it’s open, it’s like a gallery space, so when I’m done with a piece of work, I can hang it on the wall and see what it looks like, as opposed to Cerrache, where you’re so close that you can’t even back up from the walls to see what your work would look like if it was hung.”

For this exhibition, each Theories of Art Practice student will display three cohesive pieces of work and invite one other artist outside the class to do the same. The show doesn’t have an overall theme; instead, it gives the artists chances to display whatever they’re most proud of. Rockefeller has been working on an independent study this semester — a series of paintings about the female gaze and how women choose to portray themselves on social media. She said she plans to hang some of them vertically to mimic



Senior Matt Palmeri prepares the Creative Space Gallery for the Theories of Art class’ final exhibition. With donations running out, the department may not have the space next year.

MOLLY BAILOT/THE ITHACAN

scrolling through a Tumblr or Instagram feed.

Junior art major Kal Hertafeld will be showing her surreal photography that places miniatures into surreal landscapes, warping scale and perspective.

“There’s going to be a large range of mediums and concepts,” Hertafeld said. “We want to give students in the show the opportunity to display whatever they’re working on that they feel most passionate about.”

The students get involved in every aspect of putting on the show, from choosing the title to sanding the floors.

“Having them see all these steps puts them in a stronger connection to where their work goes and what goes into showing it,” Hastings said. “What’s the exhibition going to be like? What’s the ideal space? What do you need within the space? They’re thinking about all the components and how they function.”

While a large part of Theories of Art Practice

is putting on the exhibition, the class focuses on preparing students for lives as artists after college in which the five students voice their anxieties about artist life, from wondering if people will understand their work to what they’re going to do after graduation. Senior art major Matt Palmeri said the class has been beneficial to him.

Rockefeller said the class is different from any others offered in the art department due to its casual, conversational atmosphere.

“It’s pretty much just the five of us sitting around in the art lounge, just talking about art and how we feel as artists and the struggles we all kind of go through together,” Rockefeller said. “It’s really reassuring and nice but also serious talk about what we’re gonna do after school — how to exist as a professional artist in the real world.”

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# Horror movie fails to be truly disturbing

BY TYLER OBROPTA  
SENIOR WRITER

For decades, horror movies have attempted to replicate the success of “The Exorcist.” Such is the case with “The Curse of La Llorona.” All the tropes are lined up for this one: unholy spirits, cursed little girls, frenzied single mothers and chaotic exorcisms. This “The Conjuring” spin-off has a properly creepy villain in La Llorona. La Llorona is a Mexican legend, and, according to the folktales, she drowned her children many centuries ago and now wanders the Earth, weeping and looking for new children to replace her own.

Writers Tobia Iaconis and Mikki Daughtry don’t give director Michael Chaves much to work with, but he manages to draw out an intriguing and imposing water motif to signal whenever La Llorona is coming. Sometimes she’s signaled by rain, but more subtle scenes begin with percolating coffee or dripping faucets — as if the world is weeping with her.

The unlucky victims of the ghost are children Chris (Roman

Christou) and Samantha (Jaynee-Lynne Kinchen). Their mother, Anna (Linda Cardellini), is a widowed social worker with neither the time or the patience for Mexican folktales — until one starts terrorizing her home.

Anna and her family are the kind of characters who make dumb decisions to propel the plot while having little personality of their own. They’re always walking off into dark places unattended or opening doors that surely have La Llorona behind them.

They’re a white family living in 1970s Los Angeles — as if an American audience would have trouble sympathizing with an entirely Latin American cast in a movie based on Mexican folklore. There’s plenty of Mexican culture seeping into the story, but the film is only concerned with how it can best use the material to scare its audience.

John Carpenter said that when he was writing “Halloween,” he structured the script as though it was a radio play, with a scare every 10 minutes to keep people tuned in. “La Llorona” abides by the same formula, but instead of scares, the ghost screams as loud as possible,



“The Curse of La Llorona” is a disappointing mess of overblown jump scares, wooden acting, bland dialogue and unlikable characters. The villain, La Llorona, is truly creepy, but the lackluster script keeps the film placid. NEW LINE CINEMA

hoping that will compensate. It doesn’t. La Llorona’s screeches end up detracting from an otherwise chilling atmosphere in the same way that playing a violin with a hacksaw doesn’t produce better music.

Usually jump scares serve to paper over a ramshackle plot and unlikable characters, and there isn’t a single well-drawn character in “La Llorona.” Thankfully, latecomer

Rafael (Raymond Cruz) crackles with charisma. He’s a Mexican healer, except he’s hardly the focus.

The dialogue is wallpaper, and the storyline is virtually nonexistent. “La Llorona” runs out of plot halfway through, and it struggles to make Rafael’s showdown with the specter last. Good characters or bad, engaging story or not, some people just want to be scared. But the issue is how

“La Llorona” scares you — the most frightening moments are neither clever or earned. Mostly, a spooky woman in a wedding dress pops out of the dark and screams. The kids run away just in time, Anna is none the wiser and the pieces quickly reset themselves so the same sequence of events can happen again.

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## Explosive lead performance saves sluggish indie drama

BY EMILY LUSSIER  
ASSISTANT PROOFREADER

Indie drama “Her Smell” is painfully slow in spite of the pure chaos it depicts. However, it is impossible not to be completely awestruck by Elisabeth Moss’ raw and captivating performance as early ’90s rocker Becky Something.

The film starts with Becky’s once successful band, Something She, performing an encore at the rock club Her Smell. After the concert, she runs around backstage, under the influence of any number of substances, berating everyone around her over nonsensical things.

The movie is in five acts. In the second act, Becky is working in the studio with her bandmates, Ali (Gayle Rankin) and Marielle (Agyness Deyn), pushing them away. In the span of just a few months, she’s reduced to an opening solo for a new and younger girl group, the Akergirls. However, before she can even make it on stage, she has a violent blow-out with Ali in which she smashes a bottle and tries to harm her former friend. This scene has an intensity unmatched in the rest of the film — to the point that it feels overdramatic and out of place in the storyline. Becky’s poor treatment of her friends does not bode well for her likability; however, it does make her eventual growth much more worthwhile.



GUNPOWDER & SKY

In the fourth act, the audience learns that Becky is almost a year sober. She is also being bled dry from a number of lawsuits against her. Becky goes from rowdy and powerful to vulnerable and afraid, and Moss’ incredible acting makes this transition feel real and heartbreaking.

“Her Smell” is marked by Keegan DeWitt’s eerie and somewhat distracting musical score. In backstage scenes, the muted roar of the crowd is underpinned by unsettling electronic flourishes. Though this technique is successful in accentuating the chaos of Becky’s life, it overpowers the dialogue. The score in the first three acts is juxtaposed by the fourth — Becky’s house is eerily silent, and only the sound of a boiling kettle can be heard. This contrast successfully indicates a crucial turning point in Becky’s character arc.

Though Becky is hard to love at the beginning of “Her Smell,” the audience will find it heartwarming to see her growth by the end.

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## Logic’s captivating novel is full of saturated nuance

BY JAMES BARATTA  
STAFF WRITER

Behind a bright red and yellow cover, Maryland-based rapper Logic unveils his debut novel and New York Times Best Seller, “Supermarket.”

“Supermarket” is narrated from the perspective of Flynn, a struggling writer in his 20s. He lands a job at Muldoon’s, a supermarket, and signs with a publishing company in New York City to write a book about where he works.

Logic uses his book to promote messages he has always preached — peace, love and positivity. The book is fluid, easy-to-follow and touches on the values Logic has expressed in his music.

The plot is saturated with nuanced characters, stimulating imagery and Logic’s internal dialogue that he brings to life through characters’ conversations.

In the third chapter, “Monday Already,” Logic deluges the chapter with a simple yet meaningful conversation about life.

What starts out as Flynn criticizing his boss, Ted, for succumbing to the futile cycle of society turns into an internal dialogue about how adults are less willing to achieve their dreams. Logic asks readers to ditch their perceived limitations and follow their hearts but, at the same time, be realistic.

He writes this section compellingly by addressing his readers in an indirect tone.

### BOOK REVIEW

“Supermarket”  
Bobby Hall/  
Logic  
Simon &  
Schuster  
Our rating:  
★★★★★

This works better than addressing his readers directly because it instead subtly encourages them to question themselves.

The characters serve as instruments for the themes featured in “Supermarket.” One important character is Flynn’s friend Frank. He exemplifies a version of complacency that Flynn shows hatred for.

The inclusion of Frank, who can best be described as Flynn’s alter ego, represents Flynn’s struggle to know who he truly is. It evokes a sense of contemplation.

Although the imagery is substantial and characters are developed effectively, “Supermarket” feels like it’s missing something. The narration is nuanced and concise enough to keep readers invested in the story, but the big screen might be a better medium for Logic’s creation and would likely fall under the same tier of excellence shared by “Kill Bill” and “Pulp Fiction” if produced for cinema. However, this is not to say that “Supermarket” doesn’t work as a deeply intoxicating and digestible read.



SIMON & SCHUSTER

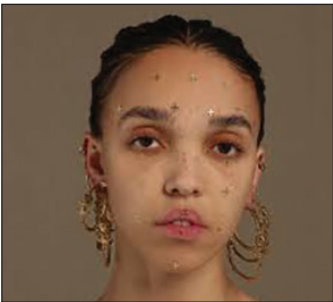
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## QUICKIES



TYLOR SWIFT PRODUCTIONS

“ME!”  
Taylor Swift, Brendon Urie  
Taylor Swift Productions  
Powerhouse pop artists Taylor Swift and Brendon Urie join forces in “ME!,” the snare drum-driven pre-summer anthem with soaring trumpets and sweet vocals. The lyrics are snappy and memorable.



YOUNG TURKS RECORDING

“CELLOPHANE”  
FKA Twigs  
Young Turks Recording  
FKA Twigs brings her ethereal voice to a soft piano beat in “Cellophane.” The song is a stunning testament to Twigs’ raw yet pristine talent, and the accompanying music video offers a stunning visual narrative.



SNAPBACK ENTERTAINMENT

“IF YOU’RE GONNA LIE”  
FLETCHER  
Snapback Entertainment  
“If You’re Gonna Lie,” is thwarted by an unoriginal beat and repetitive lyrics. The result is a song that blends one messy lament into another, and it’s hard to sympathize with FLETCHER’s plight when the story is stifled by pop conventions.



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# Finals Frenzy

Student-athletes balance competing during final exam week

BY JACK MURRAY  
SPORTS EDITOR

When sophomore pitcher Bill Willett leaves the classroom after his last final exam May 8, his focus will immediately shift from getting the best grades possible to helping his team reach the 2019 NCAA Division III Baseball Tournament.

Ithaca College will hold this year's final exams from May 7 to 10. During this time, students do not attend class at their regularly scheduled times and instead have specific time slots for taking tests and writing essays. This does not correlate with their regularly scheduled class times. For example, in the Spring 2019 finals schedule, classes that meet on Monday, Wednesday and Friday at 10 a.m. instead meet on Thursday, May 9 from 1:30 to 4 p.m. for final exams.

a requirement for the athletes, it offers an additional chance to qualify for the NCAA 2019 Division III Outdoor Track and Field Championships, which are from May 23 to 25.

For the other spring athletes, finals preparation is obstructed by their end of year competitions that take place the weekend before. The men's and women's rowing teams have their Liberty League Championship meet May 3 and the New York State Championships on May 4. The men's and women's tennis teams and the women's lacrosse team are all competing in their respective Liberty League championship tournaments from May 3 to 5 as well. In addition to their meets during finals week, the men's and women's track and field teams compete in their Liberty League Championship on May 3 and 4, while the baseball team has makeup games scheduled for May 4 and 5.

Willett said that though having the makeup games and conference tournament happening right before final exam week will be difficult, he was lucky enough to have his finals scheduled earlier in the week. He said that once his finals are done, it will not be much of a change from his current daily schedule.

Senior heptathlete Catherine Larkin is entering her last final exam week as a student-athlete at the college. She said that in the past, she has not had too much difficulty rearranging her class schedule if necessary.

"In my experience, professors have always been accommodating to any conflicts I have had with finals during postseason," Larkin said. "As long as you communicate with your professors respectfully and in advance, they are usually very willing to help."

Larkin said that in her time at the college, the athletics administration has been accommodating with allowing her to be able to have adequate time to prepare for her exams as well as perform at her peak level.

"As a Division III program, my coaches have always stressed that we are students first and athletes second, but Ithaca College does a nice job of allowing us to be both," Larkin said. "In the past, athletes have been able to rearrange their finals schedule, Skype into lectures and have coaches proctor exams while away at meets or games."

Larkin said that despite this, she loses study time during the Liberty League Championships because of the intense and demanding environment at the meet.

"Competing the weekend before finals will definitely impact studying time, especially because Liberty Leagues is such a high-energy meet," Larkin said. "Between competing in my own events and cheering on my teammates, I find little to no time to study. That is why I find it really important to plan ahead and account for the time spent at the meet. This lets me be in the moment without constantly stressing about all the things I have to do."

Senior Reid Simoncini, a defender on the women's lacrosse team, said that because the team plays in the Liberty League Championships the weekend before finals, it can be stressful trying to prioritize both schoolwork and her team.

"It's hard because I have a lot of work and studying that I need to make sure I do, but I also need to make sure I get enough sleep every night so I will be rested for the games," she said. "I've had to learn really good time management so I have enough time to finish assignments but also take care of my body."

Simoncini said she has struggled over the years to concentrate on her academics and athletics separately during finals week but has strengthened her ability to focus on the present since her freshman season.

"When you're at practice, you're worried about everything you have to do after, and then when you are doing work, you're worried about practice later," Simoncini said. "I think it's all about just being in the moment. I always have to block out hours a day for practice, so, by this point, I just know the time I have to do work and schedule everything else around it."

Willett said that he has adjusted to balancing his baseball schedule and academics throughout all of the weekend games the team has played. He said he is going to take the same approach to studying that he has all season during his makeup games on May 4 and 5.

"I've gotten used to studying in the season with weekend trips, so it isn't very different from most weekends," Willett said.

Larkin said that creating a study strategy and committing to a schedule helps her manage time and get as much study time as possible. She also said her teammates have always proven to be a resource to work with.

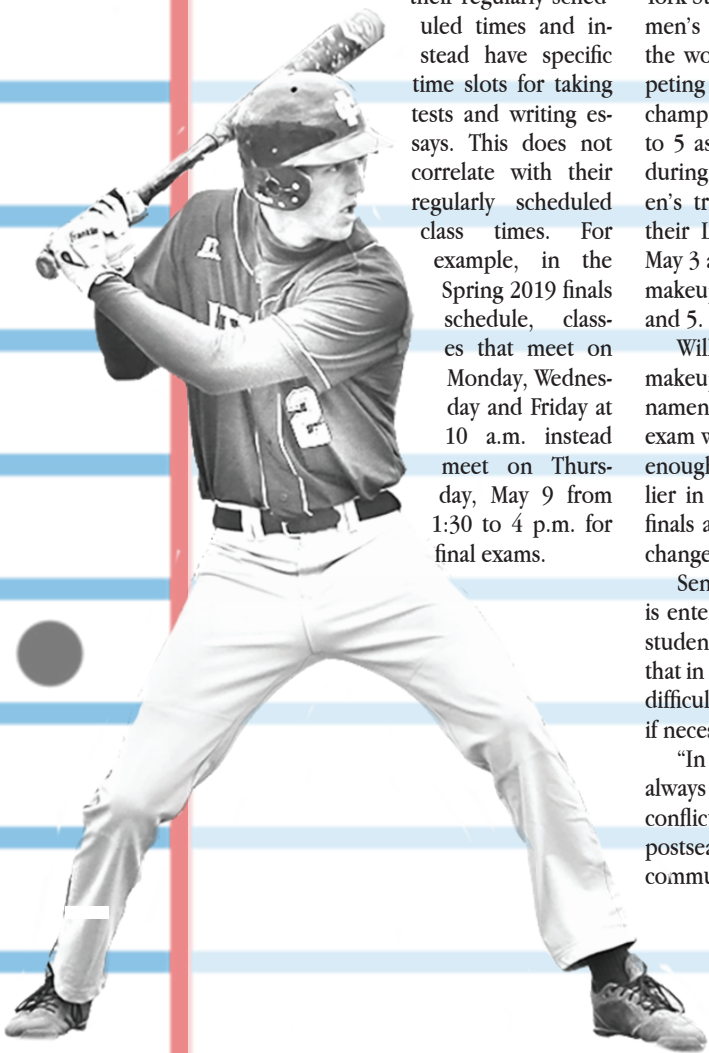
"I find it helpful to plan out my studying down to the hour, taking advantage of any free time we have, whether it be on the bus ride to a meet or in the hotel lobby the night before we compete,"

Larkin said. "It is also really helpful having teammates who are studying for the same final or have taken the course you are studying for in the past. They are a great resource and support system."

Willett said that having the Empire 8 Championship tournament during finals week is beneficial because it gives the team a chance to end their league season while people are still on campus.

"I'm very excited," Willett said. "We have worked really hard to host it and are looking forward to extending our season."

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Senior outfielder Matt Carey, a starter for the Bombers, will help the team pursue a final Empire 8 championship at the end of finals week.

JULIA CHERRUAULT/THE ITHACAN



Junior Jess Comptiello will race at the Liberty League Championships on May 3-4.

JULIA CHERRUAULT/THE ITHACAN

While this time period is a change of pace for regular students, the spring season student-athletes at the college are either wrapping up their seasons or preparing for postseason competition. The baseball team is hosting the Empire 8 Championship tournament from May 9 to 11, while the men's and women's track and field teams are slated to perform at a last-chance meet May 9 at SUNY Geneseo. While this meet is not

Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
New York State Championships	Liberty League Finals		Finals			
Liberty League Championship Final Round	IC vs Wells				Geneseo Last Chance Meet	Allegheny Last Chance Meet
Liberty League Championship					Empire 8 Tourment Quarterfinals	Empire 8 Tourment Semifinals
Liberty League Semifinal						
IC vs Utica						

Women's Lacrosse Crew Track and Field Golf Baseball



# THE BOMBERS ROUNDUP

The Ithacan’s sports staff provides statistical updates on all of the varsity Bomber squads during the spring season



From left, Alfred University catcher David Hlasnick and senior Adam Gallagher watch the ball after Gallagher made a hit during the Bombers’ game against the Pioneers on April 28 at Freeman Field. The Bombers defeated Alfred 12–3 to improve their overall record to 26–7. They currently have a 15–2 record in the Empire 8, ranking first overall in the conference.

FRANKIE WALLS/THE ITHACAN

## Men’s Tennis

RESULTS



6–3

April 27



Ithaca

## Baseball

RESULTS



18–13

April 27



Susquehanna



7–1

April 27



Susquehanna

Next game: 1 p.m. May 4 against Utica College at Freeman Field

## Women’s Tennis

RESULTS



9–0

April 25



Ithaca



Trinity

9–0

April 27



Ithaca

## Softball

RESULTS



6–2

April 28



Ithaca



5–2

April 28



RPI

Next game: Noon May 2 against Clarkson University at Kostrinsky Field

## Men’s Track and Field

CNY College Challenge

Name	Place	Event	Results
Hunter Stuart	7th	200-meter dash	23.17
Hunter Wiles	3rd	800-meter run	2:03.94
Colin Costa-Walsh	2nd	1500-meter run	4:17.35
Kasim Cisse	2nd	High jump	1.86 meters
Dominic Mikula	2nd	Pole vault	4.70 meters

Next meet: Noon May 3 at the Liberty League Championships in Troy, New York

## Women’s Track and Field

CNY College Challenge

Name	Place	Event	Results
Catherine Larkin	1st	100-meter hurdles	15.28
Samantha Healy	1st	Shot put	11.52 meters
Britney Swarthout	1st	800-meter run	2:22.64
Lusmer Quintana	1st	100-meter dash	12.36
Liana Shames	4th	Discus throw	29.46 meters

Next meet: Noon May 3 at the Liberty League Championships in Troy, New York

## Women’s Lacrosse — Men’s Lacrosse

RESULTS



19–6

April 27



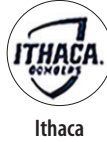
RIT



St. Lawrence

10–4

April 27



Ithaca

Next game: 2:30 p.m. May 4 against TBA in Geneva, New York

## Men’s Crew

Results

Name	Place	Results
Varsity 8	3rd	6:08.99
2nd Varsity 8	1st	6:15.25

Next regatta: 3 p.m. May 3 at the Liberty League Championships in Saratoga Springs, New York

## Women’s Crew

Results

Name	Place	Results
Varsity 8	1st	6:44.08
2nd Varsity 8	2nd	7:06.18

Next regatta: 3 p.m. May 3 at the Liberty League Championships in Saratoga Springs, New York



# Freshman pole vaulter has Blue and Gold blood

**BY MIKAYLA ROVENOLT**  
STAFF WRITER

Freshman pole vaulter Meghan Matheny stands at the end of the runway, preparing to face the bar in front of her during the final rounds of competition at the All-Atlantic Region Track and Field Conference Championships on March 1.

Though it may be the biggest meet of her collegiate career to date, Meghan is calm and collected, as her entire family and longtime coach Matt Scheffler stand in the arena. She takes a deep breath, sprints down the runway, plants her pole and soars over the bar, setting a new personal best of 3.77 meters.

Throughout her track and field career, Meghan has always competed with her family and Scheffler behind her. She was born and raised in Lansing, New York — just a 22-minute drive from Ithaca College’s campus — and Scheffler coached her high school track and field team. Despite having several Division I offers, Meghan said she chose to continue competing at the college because she could not pass up the opportunity to stay within her comfort zone.

Before joining the college’s track and field team, Meghan worked with Scheffler, the college’s assistant coach for pole vault, for almost four years. His influence got her involved with pole vaulting when she was just in middle school.

“The pole vault coach here was the track coach and PE teacher at my high school,” Meghan said. “My mom worked in the building, and he said to her, ‘If she ever quits gymnastics, have her try pole vaulting.’ When I quit gymnastics in eighth grade,

I joined track.”

The University of Massachusetts Amherst, Boston University and Boston College were in the running for potential schools for Meghan, but she finally decided on the college because of its proximity to home. She would also be continuing her athletic career with a coach who already knew her and how she operates.

“What’s different about [Scheffler] compared to other coaches is he’s really laid back and understands you not just as an athlete but as a person,” Meghan said. “Scheffler really focuses on what works for each person.”

Scheffler said he was pleased when she decided to stay close to home rather than leaving for a larger Division I program.

“I thought it was very likely that she would come here and hoped she would, too,” Scheffler said. “She was a state champion her senior year for me as well.”

Meghan has wasted no time rising as a star for the Bombers. She has competed in the pole vault 17 times so far this year, earning a place in the top three 12 times. Her indoor clearance of 3.77 meters was higher than the top vaulters at both Boston University and the University of Massachusetts Amherst. Meghan also competed at the NCAA Indoor Track and Field Championships on March 8 and 9, placing just outside of an All-American finish in ninth.

Freshman pole vaulter Dominic Mikula said he has been a friend of Meghan’s for many years. The two have known each other since their freshman year of high school when they started pole vaulting together under Scheffler.



Freshman Meghan Matheny began pole vaulting under coach Matt Scheffler in eighth grade. The two have built a strong relationship that led her to continue her athletic and academic career at Ithaca College.

ABBIE LONDON/THE ITHACAN

“She’s always been there for me and is family to me,” Mikula said. “I know that I can trust her with anything.”

When practice is finished, many athletes will stop by the athletic training room to have their aches and pains treated. However, when Meghan comes in, it is usually to have a quick chat with her father, Michael Matheny, clinical professor in the Department of Exercise and Sport Sciences. He is also the college’s head athletic trainer.

“It’s been nice having [her] here

because [she] knows if [she] needs something [she] can swing by the office, text me, find me,” Michael said. “It’s really been nice as [she’s] gotten to college age to still have that close connection.”

Meghan said that having her father so close by eased her transition .

“It’s not weird in any way,” Meghan said. “It was nice at the beginning of the year to just walk to his office if I wanted to see my dad.”

Scheffler’s impact on her as a coach has ultimately brought Meghan to the

college to continue her education and athletic career.

“In high school, he really helped me by continuing to believe in me and what I was capable of,” Meghan said. “He just really believes in all his athletes and cares about you as more than a vaulter which helps so much.”

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# Graduate students keep IC in shape at Fitness Center

**BY JACK MURRAY**  
SPORTS EDITOR

When graduate student Philip Giordano started working as a Fitness Center trainer during his fifth year at Ithaca College, he was opened up to a new community after the one he had grown accustomed to for four years was mostly gone after graduation.

“In the graduate program, we are always with the same kids in every single class,” Giordano said. “It’s always the same 90 kids that you are with for every course, so it’s great to be assigned to students who are in different realms and different schools with different majors because you get to talk to them and hear different things that are going on around campus.”

The Fitness Center employs 19 student physical trainers who are either certified personal trainers or are graduate students in the physical therapy program at the college. To become a personal trainer at a typical training and workout facility, trainers must complete an online course and pass a test to prove their competence. This leads to a personal training certification, which costs between \$489 and \$1,399. Graduate level physical therapy students at the college are able to avoid the process of becoming certified physical trainers for the Fitness Center as long as they have completed their undergraduate degrees in physical therapy and have passed an exam that gives them licenses to be personal trainers.

The trainers work with students and faculty at the college who want guidance when working out. Some students want training in order to familiarize themselves with how machines work and learn proper exercise forms. Others go to the program in hopes of losing weight, while some students go to learn healthy and effective ways to gain muscle mass.

Giordano said that being a personal trainer

has helped him develop interpersonal skills with clients and has allowed him to practice developing exercise routines to help others improve their physical health.

“I’m very capable of developing exercise plans for individuals based on their specific needs,” Giordano said. “I figured [training] would be a little bit more interactive and intriguing for me instead of sitting behind the desk and checking out different equipment.”

Senior Devin Mott is the head trainer at the Fitness Center and said that working as a personal trainer has helped him learn skills that will transfer into his schoolwork as well as his future career.

“This position has been fundamental in my IC experience and allowed me to integrate academic experiences into a professional setting,” Mott said. “While the job experience has been great, being able to share my experiences and fitness knowledge with others has been the most rewarding aspect.”

Giordano said his experience as a personal trainer has led him to be able to interact with faculty in a completely new way.

“Right now, I am working with a female administrator, and it’s really cool to be able to talk to her and have a different kind of conversation than I would normally have with my friends who are students,” Giordano said. “Talking to her is awesome — we have great conversations and are always laughing.”

The training sessions cost approximately \$20 per session for four sessions, but rates drop to \$16 and \$14 per session for 7 and 10 sessions respectively. For partnered sessions, rates drop to \$12.50 per session for four sessions, \$10 per session for seven sessions and \$8 per session for 10 sessions. The cost of working with a trainer at the college is significantly cheaper than a trainer at a private gym. The price of a one-hour personal training session at Littlefield Coaching



Graduate student Melissa Patnella works in the Fitness Center as a personal trainer. She also teaches a Zumba class every Sunday from 6:15 to 7 p.m. in the Aerobics Room.

MOLLY BAILLOT /THE ITHACAN

and Training in Ithaca would be \$55. It is also cheaper than Cornell University’s personal training program, in which one session costs \$40 and four sessions cost \$37.50 per session.

Graduate student Melissa Patnella is also a personal trainer at the Fitness Center. She said that though the low cost of trainers gives more people an opportunity to learn work out habits, there are still students who do not get the opportunities to benefit from personal training because they cannot afford it.

“I think that the unfortunate part of personal training is that even though our students pay at a very discounted rate, they still do pay for personal training,” Patnella said. “When money is tight, and you’re only meeting once a week for the semester, it’s hard to give the client what

they want and what they need.”

Patnella said that though the cost can be a factor, the lower rates still allow for personal training to be accessible to many students. She also said that having students training their peers helps the client feel more comfortable.

“It is so much better to be with a student,” Patnella said. “The client automatically has an idea that we are on the same playing field and they are doing this together as opposed to an adult whose career is doing this. This seems to be intimidating, as with a student, people see it as an open door thing, as opposed to something intense they may shy away from.”

**CONNECT WITH JACK MURRAY**  
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April 26, 2019

To All Ithaca College Students,

We would like to invite you to our traditional celebration for the last Friday of classes – IC Kicks Back. As always, this will be a fun and relaxing experience where you and your friends can create great memories. Besides the free food and a concert presented by the Bureau of Concerts you can expect a variety of entertaining activities courtesy of several IC student organizations. IC Kicks Back will be held on **Friday, May 3<sup>rd</sup> from 2:00 p.m. to 6:00 p.m. in the Campus Center Quad. There will also be an IC Community Brunch on Saturday, May 4<sup>th</sup> from 10:00 a.m. to 1:00 p.m. in the Terrace Dining Hall.** Look for advertisements about these events. Don't miss out on these fabulous traditions!

We also wanted to remind all Ithaca College students to act responsibly and be safe during these last days of classes. In particular, for those students who live off campus in the Ithaca community or attend gatherings off campus, we ask for you to be considerate of our South Hill neighbors by keeping down noise levels and avoiding any behavior that might result in damage to their property. In addition, please be aware that the New York State Medical Amnesty Law protects people (those who witness an overdose, those who suffer one, and those who call 911 related to the overdose) from being charged or prosecuted. This law was designed to encourage individuals to call 911 for help in an alcohol or drug related emergency, and we sincerely hope that you will not hesitate to do so.

As in years past, the Ithaca Police Department and the Tompkins County Sheriff's Office will have a "zero tolerance" policy in effect and will be arresting those who violate the law. In order to avoid legal problems and fines for yourself or student residents of the South Hill neighborhood, we urge you not to participate in non-sanctioned events. Local law enforcement agencies plan to vigorously enforce all local laws, particularly all alcohol laws including those related to underage drinking and open containers on and around the last day of classes and finals week.

Representatives from the South Hill neighborhood; Ithaca College faculty, staff and administration; and the Student Governance Council encourage you to be safe and make good decisions.

Best wishes for a safe and productive end of the semester.

Sincerely,

A handwritten signature in black ink, appearing to read 'Bonnie S. Prunty'.

Bonnie Solt Prunty, Dean of Students

A handwritten signature in black ink, appearing to read 'Alyse Harris'.

Alyse Harris, President, Student Governance Council

***Individuals with disabilities requiring accommodations should contact the Student Affairs and Campus Life Office at (607) 274-3374. We ask that requests for accommodations be made as soon as possible.***



the

Buzzer

ATHLETE OF THE WEEK

Bailey Herr

STATS FROM THE WEEK

- Scored a season-high **seven goals** against Rochester Institute of Technology on April 27
- Had **four assists** for a season-high total of **11 points**
- Helped the Bombers to a **19–6** victory on Senior Day



Junior attacker Bailey Herr challenges Clarkson University midfielder Natalie Farnett during the South Hill squad's game April 6. Herr scored seven goals in the team's Senior Day game April 27.

SEÂN DULLEA/THE ITHACAN

GETTING TO KNOW BAILEY

What got you involved with lacrosse?

Growing up in central New York, which is a hotbed for lacrosse, I practically grew up with a stick in my hand. My town starts youth lacrosse in kindergarten, so I have been playing since then.

What are your hobbies outside of lacrosse?

I enjoy traveling, watching sports and hanging out with my friends and family.

What has been your favorite class at IC so far?

My favorite class at IC has been sports law. I am always eager to learn more about sports, and it is very interesting to learn about the lawful side of athletics.

What is your dream job?

My dream job would be to work for a professional football or basketball team. I would also possibly like to coach lacrosse at the collegiate level someday.



PHOTO COURTESY OF ITHACA COLLEGE ATHLETICS



THE ITHACAN  
**YEAR IN REVIEW**



ITHACA COLLEGE  
2018 – 19