

# THE ITHACAN

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## Hashing out a new policy

### New York reduces consequences of marijuana use

BY FALYN STEMLER  
SENIOR WRITER

Ithaca College will be adhering to a new law implemented in New York state that has decriminalized marijuana, making all charges of 25 grams or less only a ticketable offense.

Individuals — including students — will have previous charges expunged from their criminal records.

The law, which took effect Aug. 28, still states that marijuana is illegal, but it changes possession of 25 grams or less from a misdemeanor or felony — which can result in up to 90 days in jail — to a ticketable offense. Ticketable offenses do not go on criminal records, and they include a fine under \$200. For context, the average joint contains 0.32 grams of marijuana. As a result, law enforcement, including the college's Office of Public Safety and Emergency Management, will continue responding to all calls and situations involving marijuana, said Tom Dunn, associate director for Public Safety.

"In my eyes, the law is the law, and we enforce the law," Dunn said. "It doesn't have an impact on us one way or the other. I think if you're just changing it from a misdemeanor to an infraction, like a stop sign or speeding, we enforce infractions."

Usage of marijuana is at an all-time high among college students, according to a new report from the University of Michigan's annual "Monitoring the Future" study. In 2017, 38% of full-time college students reported using marijuana at least once in the past year, and 21% reported using the drug at least once in the past 30 days, according to the study.

Marijuana is also the most commonly used illicit drug among college students, according to the U.S. Department of Justice's Drug Enforcement Administration. One in every 22 students uses the drug daily or almost daily, according to the same study.

Ithaca College consistently ranks among the top schools for "Reefer Madness," commonly dubbed a stoner school, according to the Princeton Review.

Dunn said marijuana is usually the most common type of drug offense reflected in the college's Annual Security and Fire Safety reports. In 2015, there were 12 arrests made and 333 disciplinary actions issued for drug abuse violations. In 2016, there were 16 arrests made and 268 disciplinary actions issued for drug abuse violations. In 2017, there were eight arrests made and 321 disciplinary actions issued for drug abuse violations, according to the 2018 Annual Security and Fire Safety Report. In 2019 so far, there have only been two charges of criminal possession of marijuana, which occurred in February, according to the Daily Crime and Fire Logs.

These tickets issued by Public Safety refer those charged downtown to appear in the Town of Ithaca Court. Charges from the Town of Ithaca Court appear on an individual's criminal record. Arrests are typically reserved for large quantities of marijuana and marijuana sales, Dunn said.

For first-time offenders, court proceedings often result in fines that vary in price based on the amount of marijuana the defendant possesses, Dunn said.

Possessing between 25 grams and eight ounces results in a fine ranging from \$500 to

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## Officers say no threat

BY ASHLEY STALNECKER  
ASSISTANT NEWS EDITOR

Officers from the Office of Public Safety and Emergency Management decided there was no immediate threat to the Ithaca College campus community following a report of a suspicious person near Boothroyd Hall at approximately 6 p.m. Sept. 6, said Tom Dunn, associate director for Public Safety.

Following the report, two Tompkins County Sheriff's Office vehicles were dispatched to the campus near Boothroyd Hall. The Tompkins County Sheriff's Office said two state police vehicles and Public Safety vehicles arrived on the scene as well. Public Safety officers interviewed several people on the scene in response to the report, Dunn said.

Dunn said there was no reason to believe this person was related to the Green Street shooting Sept. 4. Andrae Martin, a suspect in the shooting, has not been apprehended. Dave Maley, director of public relations, said the college would have called the Tompkins County Police Department and state police regardless of the Green Street shooting occurring. Maley said the initial call gave them no indication that it could be related.

Public Safety deemed the community was not in danger based on its interviews and from reviewing video footage from the scene, Dunn said. No one was judicially referred, Dunn said.

Dunn said that because Public Safety was aware of misleading rumors regarding the incident, the college's emergency communication team sent out an email to clarify important details and dispel the rumors. The email was sent at 8:24 p.m., approximately two and a half hours after the initial report.

The email, released via Intercom, reported a suspicious individual walking near the Upper Quad residence halls. The email also notified students of an increased Public Safety patrol presence for that night. The suspicious person was described as a white, college-aged male wearing a green plaid shirt and blue jeans.

Dunn said that although resident assistants were advised to keep their residents inside their respective dorm rooms, the campus was never in a shelter-in-place condition. Dunn said the campus would have been notified through the Emergency Notification System if there was an imminent danger to the community.

RAs also received an email from Marsha Dawson, director of the Office of Residential Life and the Office of Judicial Affairs. This email clarified that there was suspicious activity on campus but that there was no immediate threat to the community. The email notified RAs of increased Public Safety presence and listed information for students to call for the Center for Counseling and Psychological Services after-hours services.

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## Plan aims to accelerate carbon neutrality

BY CODY TAYLOR  
STAFF WRITER

Ithaca College's Climate Action Plan Reassessment Team has proposed changing its original goal of becoming carbon neutral by 2050 to becoming carbon neutral by 2030.

Greg Lischke, director of the Office of Energy Management and Sustainability, said the college is on track with its initial plan to be carbon neutral by 2050, but the planet is likely to reach a temperature threshold by 2030. This temperature threshold could result in groundwater depletion and loss of mangrove trees, which

provide coastal protection from storms and rising sea levels, according to NASA. The new plan is to be 45% carbon neutral by Spring 2020, Lischke said. It is unclear if the college will adopt carbon neutrality by 2030 in the strategic plan. Lischke said the campus community can expect an update on the strategic plan implementation later this semester.

The boilers responsible for 15–20% of the college's carbon footprint will help substantially lower the college's emissions by operating on electricity instead of natural gas. Lischke said new boilers have been installed in Job Hall over the

summer but are not active yet. They are expected to be running by Spring 2020 and will run mostly on electricity instead of natural gas. There was also a demand control ventilation system added to Textor Hall that pumps in fresh air based on the number of people in the room, Lischke said. He said because of the new system, the college will see a reduction in scope one emissions, which are direct emissions from owned or controlled sources.

In the Energy Roadmap released July 2019, the team proposed multiple

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### BRAWNY BAGPIPES

Local band performs in competitions and teaches music lessons with bagpipes and Scottish drums.

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### SUICIDE AWARENESS

Suicide does not only impact one person. It can leave a lifelong shadow over friends, family and loved ones.

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### YOGA TRAINING

Varsity sports teams use yoga to develop mental and physical strength beyond traditional practices.

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# NATION & WORLD

## Syrian government accuses Irsrael of fatal airstrike in eastern Syria

Unknown warplanes targeted an arms depot and posts of Iranian-backed militias in eastern Syria, near the Iraqi border. Approximately 18 fighters were killed in the nighttime attack, Syrian opposition activists said Sept. 9. A Syrian security official said Israeli jets staged the airstrikes, but the official denied that there were any casualties. The attack comes amid rising tensions in the Middle East and the crisis between Iran and the U.S. in the wake of the collapsing nuclear deal between Tehran and world powers.

## US emergency workers recover bodies after Hurricane Dorian

U.S. emergency workers found five bodies Sept. 9 in the debris left by Hurricane Dorian in the Bahamas, and they said they expected to find more victims a week after the devastating storm hit. Bahamians were also searching the rubble and salvaging the few heirlooms left intact by the Category 5 storm. According to the official count, approximately 44 people have been killed. After the Americans recovered bodies, Bahamas police and medical authorities moved in to conduct autopsies and fly the remains from Great Abaco Island in the northeast Bahamas to the capital, Nassau.

## UK politicians express anger over Prime Minister Boris Johnson

Opposition politicians raged Sept. 10 at British Prime Minister Boris Johnson's five-week suspension of Parliament before the deadline for Brexit, a

postponement that drew angry and unprecedented protests in the House of Commons.

Parliament has been prorogued, or suspended, until Oct. 14 at the government's request, a drastic move that gives Johnson a respite from rebellious lawmakers as he plots his next move as he tries to lead Britain out of the European Union by Oct. 31.

## Kansas health officials confirm state's first vaping-related death

Kansas health officials have confirmed the first death in the state related to an outbreak of a lung disease linked to vaping. The Kansas Department of Health and Environment said in a news release Sept. 10 that the recent death involved a Kansas resident over the age of 50 who had a history of underlying health issues. The unidentified patient was hospitalized with symptoms that progressed rapidly. The Centers for Disease Control and Prevention says there have been 450 possible cases of lung disease related to vaping reported in 33 states. As many as six cases nationwide have ended in death.

## South Carolina state senators hold abortion bill hearing

A small group of state senators held a hearing over whether South Carolina should follow the lead of other states and ban nearly all abortions. The first 25 or so witnesses in the daylong hearing spoke before lunch Sept. 10. They included doctors, pastors, Republican lawmakers and women who had abortions. An equal number were for and against the bill. The measure would



### UN spotlights child deaths in war zones

Thousands of school backpacks are displayed in an installation on the North Lawn of the United Nations headquarters Sept. 8 in New York. The exhibit, created by UNICEF, demonstrates the devastating scale of child deaths in conflict zones in 2018.

CRAIG RUTTLE/ASSOCIATED PRESS

ban almost all abortions after a fetal heartbeat is detected, approximately six weeks into pregnancy. The bill passed the House in April.

## Attacker in Charlottesville riots to pay restitution to four victims

The man convicted of ramming his car into a crowd protesting a white nationalist rally in Charlottesville, Virginia, has been ordered to pay approximately \$75,000 to some of his victims. The Daily Progress reports a federal court released the agreement for James Fields on Sept. 9.

The agreement says four victims of the 2017 attack are to receive amounts ranging from approximately \$3,500–\$60,000. In total, the white supremacist must pay approximately \$75,800. According to the agreement, all of the victims were informed of their rights to seek restitution. The car attack came after authorities forced the rally to disband. Anti-racist demonstrators were peacefully marching when Fields plowed into them, killing Heather Heyer and injuring dozens of others.

SOURCE: ASSOCIATED PRESS

# MULTIMEDIA

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**Skateboarding club rolls onto the scene**  
Ithaca College students show off their skateboarding skills and discuss how they became interested in the sport.

**Project Sunshine gives a crochet tutorial**  
Junior Angelina Randazzo, a member of Project Sunshine, gives a tutorial on how to crochet the perfect scarf.

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# Grant funds STEM scholarship

BY MEAGHAN MCELROY  
SENIOR WRITER

A team of faculty and staff at Ithaca College received a research grant of nearly \$650,000 from the National Science Foundation to establish a STEM scholarship program for low-income and underrepresented students.

Kelley Sullivan, associate professor in the Department of Physics and Astronomy and lead investigator for the project, said that receiving the grant is an exciting way to try and diversify science.

“Communities in STEM are recognizing the need to support first-gen, low-income minority [students],” Sullivan said. “We are a cisgendered, white male-dominated, monied system. ... Granting agencies are ... sort of waking up to that and realizing that something really has to happen to motivate change. So, these types of grants help motivate that change.”

The grant was awarded to Sullivan and the team of co-investigators for their proposed research project, “STEM Community Building to Support Academic Success and Retention of Low-Income Students.”

The proposed project would give partial scholarships to two cohorts of seven high-performing students from low-income backgrounds who are committed to pursuing degrees in computer science, mathematics, physics and astronomy. The team of investigators will soon start the process of recruiting high



Students work on distillation in Experimental Chemistry II. The research grant, worth approximately \$650,000, will establish a scholarship program for underrepresented students in STEM fields.

KRISTEN HARRISON/THE ITHACAN

school seniors to apply for the scholarship. Faculty will also be trained to serve as mentors for incoming students.

The grant was given to fund two cohorts of students in the future scholarship program starting next year, with a group of seven students in the inaugural cohort as a part of the Class of 2024.

John Bar, professor in the Department of Computer Science and a co-investigator for the project, said the team worked with the Office of Student Financial Services and found that, on average, after receiving a financial aid package, low-income students at the college still need to cover \$10,000 of tuition. The full price of tuition for the 2018–19 academic

year is \$43,978. The maximum award for the scholarship will be \$10,000 and work on a sliding scale depending on a student’s financial need.

“The scholarships will not cover the full cost of attendance to the college but will work to defray the cost of attendance,” Sullivan said.

Matt Thomas, assistant professor in the Department of Mathematics and a co-investigator for the project, said that low-income students who major in physics, mathematics or computer science disproportionately leave their departments or even college within the first two years of starting school.

This is either because they lack

a sense of support from their peers and professors or because they do not feel like they belong to an academic community, according to research from the University of Delaware. The goal of the project is to see if financial and community support can improve the success and retention rate of students in STEM, Sullivan said.

“We’re trying to check that community building really does have an effect on student retention,” Sullivan said. “That’s been seen in the literature, and so we’re trying to show that that’s applicable to this college.”

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# IC ends Cornell DC program partnership

BY MAIA NOAH  
STAFF WRITER

Ithaca College has discontinued its eight-year partnership with Cornell University’s Cornell in Washington domestic program due to the high cost of the program.

Spring 2020 will be the last semester Ithaca College students can study through the Cornell in Washington program, said Tanya Saunders, assistant provost for international programs and extended studies at the college. One of the two spots available to study in Washington, D.C., for the final semester has already been claimed by one student. In the past, the college was able to send up to five students to D.C. every semester through the partnership.

Saunders said Cornell set up the system so that students would be obligated to pay the college’s full tuition price plus the price of Cornell’s room and board to take part in the program. Saunders and Carol Fields Hagen, director of administration for Cornell in Washington, both said they did not have the exact price of the program. For one semester during the 2019–20 academic school year, Ithaca College tuition amounts to \$22,637. Room and board for one semester at Cornell University for the 2019–20 academic school year is \$7,623. Therefore, for an Ithaca College student to study at Cornell in Washington, they would be paying approximately \$30,260.

Though this is less than a semester at the college — tuition, room and board for one semester are \$30,422 — Cornell in Washington does not take into account Ithaca College financial aid. Saunders said this system became increasingly unaffordable and difficult for the college to uphold. Saunders said most students at the college receive some need-based or merit-based aid. However, Cornell wanted the college to pay its list price of tuition. The college itself would thus be obligated to pay Cornell the difference if students receive any merit- or need-based aid.

Students who study in D.C. take classes with Cornell students located in a building that they also live in. In addition to taking classes,



Senior Sarah Horbacewicz poses in front of Cornell University’s Wolpe Center, a residential building located in Washington, D.C. She interned in Washington, D.C., in Fall 2019.

COURTESY OF SARAH HORBACEWICZ

students intern and take part in networking nights. Generally, students intern three times every week for approximately 20 hours.

Prior to the partnership with Cornell, the college had its own D.C. program. With this program, students paid the college tuition, plus the cost of housing in D.C., which was determined by local landlords. In 2011, due to costs, the college decided to end this program and work with Cornell instead.

Saunders said Cornell and the college have been reevaluating the agreement for approximately a year. Saunders said the college decided to suspend the program after it was unable to come to a mutually beneficial agreement. She said the college will reevaluate the discontinuation of the partnership in the future.

Hagen said it was a disappointment for the Cornell community as well to end its partnership with the college.

“We always appreciated what Ithaca College students brought to the program,” Hagen said. “They were a valuable member to the

community at Cornell in Washington. I think Cornell made it affordable, and Ithaca was looking for further discounts. ... It’s disappointing that this partnership ended, but I certainly hope it will be renewed.”

Senior Sarah Horbacewicz studied in D.C. through Cornell in Washington and said she was disappointed when she heard that the college would not be continuing the partnership. Horbacewicz studied in D.C. in Fall 2019 and was present in the midst of the midterm elections while she interned with CBS News on Capitol Hill.

“I don’t think there’s any other opportunity like this for Ithaca College students,” Horbacewicz said. “We have this relationship, and for me, it was a really cool experience to be a Cornell student for a semester and take something that I couldn’t really take here for a semester.”

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# Group pushes student events

BY SYDNEY KELLER  
STAFF WRITER

Ithaca College is working to engage students in activities at the Campus Center with its redesign and with a new Campus Center Programming Board.

The Campus Center Programming Board is a student group, created in summer 2019, that aims to provide students with more community events held at the Campus Center. Jess Shapiro, assistant director of the Campus Center, is the board’s advisor. Shapiro also advises IC After Dark, an organization that holds monthly late-night events. Shapiro said she hopes the new board can hold events that all students can be involved in to make the Campus Center into a place where students want to spend their time.

The Campus Center Programming Board currently consists of eight students. Students applied to join the board through IC Engage.

“I’m looking forward to seeing what those people are excited about and what they want to put their energy toward,” Shapiro said. “I’m hoping that they have a lot of great ideas that we can run with.”

The board’s plans include organizing more late-night events for students that can be held in IC Square, including biweekly bingo nights, and partnering with other student organizations, Shapiro said.

“The ultimate goal is seeing Campus Center not just as a building you walk through to get somewhere else or a place you just go to eat and leave but a place you can spend your time and meet people or come with your friends and have a good time,” Shapiro said.

Sophomore Cat Fox, Campus Center programming intern, said she jumped at the opportunity to intern with the Campus Center since she is minoring in live event design and management.

The Campus Center is also undergoing a redesign process. The college is partnering with QPK Design, an architecture and engineering firm, to develop the Campus Center Design Study. The Campus Center has faced criticism from the campus community for lack of space and functionality, among other issues.

Tim Carey, associate vice president of the Office of Facilities, said the Campus Center Design Study was conducted during the 2018–19 academic year and should be finished this semester. He said the design study was made up of town hall meetings, surveys and questionnaires with the purpose of discovering the best way for the new Campus Center to meet the students’ needs.

“We really got into the data collection, what we call the programming, so we could figure out the best way to configure a campus center,” Carey said.

The largest, most recent renovation to the Campus Center occurred in 1987, and it included the installment of Phillips Hall. After this renovation, the building was officially named the Campus Center.

Carey said the Campus Center redesign will include renovating the dining locations in the Campus Center.

Sybil Conrad, director of the Campus Center, said she attended most of the feedback sessions — which occurred at the end of the 2018–19 academic year and throughout summer 2019 — to hear how members of the campus community want to improve the Campus Center.

Conrad said it is difficult to completely renovate the Campus Center to address accessibility concerns because the building has many structural errors, such as large staircases. Conrad said that she is now aware of the lack of accessibility in the Campus Center but that the redesign process cannot address it due to the project not addressing structural issues. She said she hopes to increase accessibility in future projects.

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\$1,000 with three months to one year in jail and a misdemeanor classification. All charges with higher amounts are felonies.

A spokesperson for the Town of Ithaca Court said that because the law was only recently signed into action by Gov. Andrew Cuomo, it is unclear whether town courts or the New York State Division of Criminal Justice Services will be expunging the records. She also said that because this is unclear, it is difficult to gather data on how many records will be expunged.

“In my eyes, the law is the law, and we enforce the law.”

– Tom Dunn

Although Public Safety will continue operating as it had been previously, the law will eliminate certain procedures required when issuing misdemeanor and felony offenses. Dunn emphasized that students should keep in mind that marijuana is still illegal in New York state. Therefore, Public Safety will continue monitoring its usage as usual.

“The fact of it is, no longer a misdemeanor obviously changes some of the court proceedings,” he said. “We

don’t have to photograph someone. We don’t have to fingerprint them. We don’t have to do some of the things you have to do for crimes.”

Senior Bronzert Pedulla-Smith said Public Safety found him and friends with marijuana in their possession in the Ithaca College Natural Lands during his freshman year. He said he had the charges dropped after making a case to the Office of Judicial Affairs, therefore avoiding an appearance and charge from the Town of Ithaca Court.

Although the law change will not be impacting him, he said it will benefit his friends and others who were charged with possessing 25 grams or less. He said he thinks the law does not

go far enough because he believes marijuana should be legalized.

Junior Elliott Weil said that while he has not been ticketed or arrested for marijuana, some of his friends have. He said he is glad the college decided to adopt the policy change.

“I think it’s a good change for the state and country,” he said. “It’s definitely a good idea for IC to embrace the law change. Through directly and publicly embracing the change, IC is taking a stand against the racist and problematic criminal justice system in this country.”

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# Bob Dylan to play at IC

BY ALEXIS MANORE  
ASSISTANT NEWS EDITOR

Bob Dylan and his band will be performing at 8 p.m. Nov. 17 at the Athletics and Events Center at Ithaca College.

Tickets will be available for purchase Sept. 20. The concert will be put on through DSP Shows, said Dave Maley, director of public relations at the college. Tickets will cost \$55, \$65 and \$85. The college’s students can receive a \$25 discount with a code connected to their student IDs.

Dylan, 78, is a Grammy, Academy and Golden Globe award-winning folk-rock singer-songwriter and a member of the Rock & Roll Hall of Fame.

Dylan’s songs include “Like a Rolling Stone,” “Tangled Up in Blue” and “Blowin’ in the Wind.”

The concert will take place the day after the 2019 Cortaca Jug, which will be held at MetLife Stadium in East Rutherford, New Jersey.

DSP Shows is an Ithaca-based concert promotion company founded by Dan Smalls. The college and its student organizations are not involved in hosting Dylan.

Dylan’s stop at the college is one of 28 shows on his tour. The tour runs from Oct. 11 to Nov. 21, and more shows will be announced, according to Dylan’s website.

Dylan is also playing at venues at 16 other colleges and universities across the country. His show at the college is the only one scheduled in New York.

The last concert that occurred at the A&E Center was rapper A Boogie Wit Da Hoodie on March 30, 2018.

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From CARBON, Page 1

boiler replacements, motor upgrades and the replacement of lighting fixtures. The roadmap found possible changes for every building on campus and also provided estimations for cost, annual electric savings and annual natural gas savings.

The Climate Action Plan Reassessment Team includes Lischke; Rebecca Evans, campus sustainability coordinator in the Office of Energy Management and Sustainability; Marlene Barken, associate professor in the Department of Legal Studies; Kathryn Caldwell, assistant professor in the Department of Psychology; Tim Carey, associate vice president in the Office of Facilities; Jason Hamilton, professor in the Department of Environmental Studies and Sciences; Ernie McClatchie, executive director of the Office of Facilities; Michael Smith, professor in the Department of History; Susan Swensen Witherup, professor in the Department of Biology; Christopher Barnes ’19; Jessica Gallagher ’19; Mike Moritz ’19; and Hailey Nase ’19. The students, faculty and staff listed were on the team at various times and provided different types of work during the production of the Energy Roadmap.

Lischke said energy created by Green-e certified wind farms, which is a program that makes it easy for businesses to purchase clean energy, plays a big role in making the college carbon neutral. Green-e certified energy accounts for approximately 30% of the college’s total reduction. The program provides various forms of environmentally friendly energy to buyers. When the college adopted Green-e certified energy in February 2018, it completely eliminated its scope two carbon emissions — emissions that come

“The strategic plan will ultimately inform how viable of an option that is.”

– Greg Lischke

from purchased electricity.

Instead of buying energy that is harmful to the planet, the college buys energy created through solar and wind farms.

Because of Green-e certified electricity, energy efficiency projects and the Geneva, New York, solar farm, the college was able to reduce its carbon use by 45%. Lischke said the college has been purchasing Green-e power since February 2018 and can measure its effectiveness once the 2018–19 fiscal year report is sent out.

Evans said that even though the college has been on track with its goals, several factors are keeping the college from the quickest route to carbon neutrality.

“What’s working against us now are the harsh New York winters and relatively inexpensive availability of natural gas compared to the large investment — financial, time and campus infrastructure — that would be required to switch to renewable heat,” Evans said.

Lischke said that becoming completely carbon neutral will be challenging because of the high infrastructure costs needed for electrical upgrades. Lischke said he is unsure of the exact cost.

“One of the wild cards that we have in our footprint is the natural gas we need for heating,” Lischke said.

Lischke said the college could lower its carbon footprint to approximately zero if it replaced the older boilers with electric boilers or installed an electric geothermal system to replace natural gas. Geothermal heating/cooling systems are based on an air source or a ground source. Both sources use refrigeration systems while the ground source also uses the constant temperature of the earth as a heat sync.

Evans said the college could pay to be



Greg Lischke, director of the Office of Energy Management and Sustainability, is part of the team that recommended changing Ithaca College’s carbon neutrality goal to 2030.

FILE PHOTO/THE ITHACAN

carbon neutral now, but it would have to purchase carbon offsets from a company such as Terrapass for \$11 per metric ton. Carbon offsets are reductions in carbon dioxide made to compensate for emissions made elsewhere. The college does not believe this is the smartest way to achieve net zero, Evans said.

“We want to find ways to mitigate whatever emissions we aren’t able to find solutions for in ways that positively impact our local communities,” Evans said.

Lischke said that if the college stops using fossil fuels on campus and starts using electric and geothermal heating, the amount of electricity the college uses will increase by up to 40% and the amount of fossil fuels used will decrease.

“The strategic plan will ultimately

inform how viable of an option that is,” Lischke said. “If nothing else mattered to the college except being carbon neutral by 2030, it would happen. There are a lot of potential competing priorities that this strategic plan is going to identify.”

Carey said sustainability has been a very important issue for the college, and it is important that we stay focused on this issue while moving forward.

“Sustainability is one of the core values enshrined in Ithaca College’s strategic plan, and the implementation of that plan will help chart the college’s path forward on this important issue,” Carey said.

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# Ford Observatory awaits repairs

BY SAM HAUT  
SENIOR WRITER

The Clinton B. Ford Telescope Observatory, used by Ithaca College students and the greater Ithaca community, became unusable during winter 2018, and it is unclear when it will be operational again.

Luke Keller, Dana professor in the Department of Physics and Astronomy, said the recurring issue is that mice came into the observatory during the cold winter months and chewed through the wires. While most years the damage is not too extensive, the damage done during winter 2018 was not something that could be repaired as easily and will most likely need more work and materials to get the observatory working again.

The observatory was built in 1998 with funds from Clinton Ford, the National Science Foundation and the college. Keller said the observatory has been utilized by students of the college for astronomy classes and for physics majors' research projects. Keller said there are no classes scheduled this year that would use the observatory because it is easier to use multiple smaller telescopes than to make the trek to the big one inside a confined space. People in the greater Ithaca community used to come to public nights, which are held a few times a semester, weather permitting. The observatory is located in the Ithaca College Natural Lands so that it can be free from light pollution.

Matthew Price, associate



The Clinton B. Ford Telescope Observatory, located in the Ithaca College Natural Lands, has not been in use since winter 2018 because of a mouse infestation, a motor problem and software issues.

JACKIE MARUSIAK/THE ITHACAN

professor in the Department of Physics and Astronomy, is unsure of the exact problem. Price said there are many issues with the observatory, from mice to wasps, that need to be addressed before he can find out what the specific problems are.

"Mostly what we're doing now is just repair and maintenance that need to happen every year, and then we'll assess the deep maintenance — whether there is something that's a simple repair or whether there's something that needs to be replaced," Price said. "At this moment right now, it's more of a health situation."

Price took over the volunteer position of looking after the observatory this summer after the previous caretaker, Daniel

Briotta, associate professor in the Department of Physics and Astronomy, retired.

Price said an exterminator is coming to deal with the mice problem, but in the meantime, the observatory is unusable because the motor that turns the telescope does not work. Price said that after the rodents have been cleared from the building, it could be anywhere from a day to several months before things are working again, as he does not know the extent of the problems.

Keller said that he believes the damage done to the observatory will take a whole year to fully address due to various issues with the building and telescope and that it may take thousands of dollars to fully repair. As far as funding is

concerned, Keller said money to fix the telescope comes through the physics department, which gets thousands of dollars from the School of Humanities and Sciences to be able to get new equipment or fix outdated machinery.

Senior Mia Manzer, who started working on the observatory with Price over the summer, said the observatory also needs updated software for when the telescope is usable again.

Manzer said she is hoping to start up an astronomy club in the meantime so that once the telescope is repaired, people will be there regularly enough that it will not fall into disrepair.

CONNECT WITH SAM HAUT  
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# IC volunteers play with kids

BY EMILY HUNG  
CONTRIBUTING WRITER

Dressed in a bright yellow Project Sunshine shirt, junior Sara Schneiderman watched a little boy go toward the bins filled with ingredients to make play dough that she and several other Ithaca College students brought into the classroom at the Racker center.

Schneiderman is the vice president of Project Sunshine, a club affiliated with the larger national nonprofit organization. The organization aims to meet the social and emotional needs of pediatric patients and their families.

In addition to donating knitted and crocheted items to hospitals, Project Sunshine started a direct service project in Spring 2019, which allows a group of eight to 10 club members to volunteer at the Racker center throughout the semester. The Racker center, located approximately 20 minutes away from the college, is an organization that supports individuals with disabilities and their families.

Schneiderman said she chose to volunteer at the center for an opportunity to interact with young people and to continue her passion for service. She attended the Racker center direct service program in Spring 2019 and worked with preschoolers with special needs. At the Racker center, she planned hands-on activities and crafted with the children during visits.

"We got to make slime and play dough with them, and that was so much fun," Schneiderman said. "[The children] were so patient and willing to work with us."

Schneiderman said a hands-on volunteering partnership had not happened before because it was difficult to find a place that allowed student volunteers.

"There are a lot of restrictions that come with having volunteers," Schneiderman said. "It's a lot of liabilities for both the club and for the place that is having college students that don't have full degrees yet. It adds a whole other element to it."

Julie Dorsey, associate professor in the Department of Occupational Therapy, recommended the Racker center to seniors Elizabeth Jesch and Molly Noel, co-presidents of the club, after they talked about potential partners for Project Sunshine.

"I thought it was a great opportunity for them to engage with the community, and I answered their questions about activities that would be developmentally appropriate and gave some things to consider in general about working with children," Dorsey said.

Jesch said she enjoyed watching her fellow club members interact and have fun with the preschoolers.

"For me as a leader, that was just really nice to be able to see the happiness and joy that the students were getting from those interactions and the happiness and joy the preschoolers were getting from us being there, too," Jesch said.

Kim Higgins, early childhood director for Wilkins Road Preschool at the Racker center, said the Project Sunshine members have made positive differences in the lives of the preschoolers.

"One of the missions of Racker is really to help all people understand that we are all truly more alike than we are different," Higgins said. "The college students that come and visit us bring a really incredible, positive energy to our children. They just idolize and look up to the college students."

This semester, the club plans on continuing its partnership with the Racker center. The club's first visit to the Racker center will likely be in October, Jesch said. Members interested in the direct service program will first go through a training session.

CONNECT WITH EMILY HUNG  
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# VP shares marketing and enrollment goals

Laurie Koehler, vice president for marketing and enrollment strategy, joined Ithaca College's senior leadership team Aug. 7.

Koehler most recently served as senior vice provost for enrollment and the student experience at The George Washington University in Washington, D.C. She has previously lived in Ithaca while working at Cornell University.

News Editor Madison Fernandez sat down with Koehler to discuss her first month at the college and her plans to engage with the campus community to help strengthen the college's enrollment strategy.

*This interview has been edited for length and clarity.*

**Madison Fernandez:** I know that you're no stranger to the higher-ed world. How do you plan to take your experiences that you've had and implement it here at Ithaca College?  
**Laurie Koehler:** I think every institution is different, and so there's no blueprint to bring from one school to another. ... There's no secret master plan. Right now, I'm doing a lot of listening and trying to learn as much as I can about Ithaca College.

**MF:** From a student's perspective, a lot of high-level administration can seem sort of distant. I was wondering if you had any plans to engage with the campus community going forward, especially with the students?  
**LK:** Absolutely. That's super important to me, and one of the reasons I wanted to come here. ... How can we be effective at enrolling them and retaining them and making sure that they graduate and have a great experience here? ... That's the joy from my work, and that's what brings the meaning to it — making a difference for the institution to affect students directly.

**MF:** Going back to when you decided to come to the college, can you talk about that decision process of leaving everything?  
**LK:** It was hard, but it wasn't hard. My family will always be there. My wife and I have an adult son and daughter-in-law and two grandkids, and my



Laurie Koehler, vice president for marketing and enrollment strategy, says she plans to engage with the campus community to create a holistic and data-driven enrollment strategy.

CHLOE GIBSON/THE ITHACAN

mom and siblings are all in northern Virginia. ... To see what was happening here and to start reading about the strategic planning process that was unbelievably transparent and inclusive, ... I've been in a number of schools, and I can't say that I've seen a process that was, you know, really put it out there to engage.

**MF:** I know you haven't been here for too long, but what have you been working on so far, and what are your goals for this year?  
**LK:** My goals ... are really to be aligned with the strategic plan. ... I've spent a lot of time in my first four weeks digging into data to understand patterns, trends and our processes. A lot of it is also just going to be assessing where each of our teams is, what resources we have, where we might need to shift those or add resources or do things differently.

**MF:** In terms of significant data, what statistic do you think is the most indicative of an institution's success?  
**LK:** If you had to pick one, for me, it would be graduation rate. ... I think often in the world of

college admissions, for example, there's such a heavy emphasis on admit rate — how selective are you? ... There are ways to make yourself more selective ... that aren't really meaningful. ... So to me, what matters is finding great fit students, students who are going to thrive at IC, and then making sure that we provide the kind of experience that has them graduating.

**MF:** What's one thing that you'd like the campus community to know about yourself that they might not know otherwise?  
**LK:** I think people know I'm a first-generation college student. ... I grew up with an amazing mom and siblings and where there was an expectation that we were going to go to college, because my dad, that was his wish for us before he died. ... I ended up in the financial aid office regularly when I was an undergraduate. ... I can't help but bring that lens to everything that I do, and it's part of why I feel so passionate about this work.

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# Plastics pollute Cayuga Lake, endangering wildlife

BY ALEX HARTZOG  
STAFF WRITER

Cayuga Lake is filled with tiny pieces of plastic, floating through the waters that many Ithaca residents swim in and drink from. While the plastics have no immediate effect on humans, the pollutants pose a threat to the life in the lake, said Susan Allen, professor in the Department of Environmental Studies and Science at Ithaca College.

These small pieces of plastic are known as microplastics and can be as big as five millimeters in diameter according to the National Oceanic and Atmospheric Administration. These plastics can become lodged in the digestive tracts of bacterial life like the daphnia in Cayuga Lake and result in bacterial death, disrupting the entirety of the food web according to Amy



ALLEN

Uhrin, chief scientist of The National Oceanic and Atmospheric Association Marine Debris Program. Allen is researching the spread of microplastics in Cayuga Lake. Allen's current research project is focused on the effect of microplastics on life in the southern end of Cayuga Lake.

Allen works with three handpicked students in the field and the lab. The students help Allen with tasks such as density separation and breakdown of biological residue in the lake. Training the students takes a long

time because Allen must teach them proper procedure so that they do not contaminate the samples, Allen said. Such procedures involve keeping their clothes from touching the samples, as plastics in their clothes could contaminate samples.

Senior Julia Keene works closely with Allen and a team of two other students researching the presence of microplastics in the southern end of Cayuga Lake. Keene said she hopes that the research will show Ithaca residents the effects that their use of plastics has on the lake.

"Takeaways for the community would be the harmfulness of using [single-use] plastics and that what you are using on a daily basis ... does have an impact on the environment and the microplastic product, and to be aware of your own factor in that and to do your best not to use single-use plastics," Keene said.

When Allen's current research project in Cayuga Lake is completed later this year, she plans on researching the major sources of microplastics feeding into the Cayuga Lake watershed.

"In order to answer the question of what the source [of microplastics] are, we have to put up collectors that are collecting it from air, water, snow, wastewater treatment plants — It almost doubles the amount of work that we are doing in the southern end of Cayuga Lake," Allen said.

Despite this expansion in scope, Allen only plans to increase her student research team by one or two students due to the amount of time it would take to train and manage them.

The microplastics that are currently in Cayuga Lake have no effects on



Life in Cayuga Lake is at risk due to plastics polluting the water. Susan Allen, professor in the Department of Environmental Studies and Science at Ithaca College, is investigating the extent of the pollution.

ATHINA SONITIS/THE ITHACAN

humans in any concentration, Allen said. Allen said her primary concern with microplastics is their effect on the microbial life in Cayuga Lake.

"The other consideration is not so much for human health as it is for wildlife — that if the particles are matched with the digestive tract of the animals, then they can decrease their ability to feed and evoke other implications of their survival and their reproduction," Allen said. "If you scale that up, larger plastics cause problems for marine animals, so smaller plastics can cause that same kind of blockage or starvation in the lower levels of the food web."

While the microplastics are damaging the lower levels of the food web, they have had no known impact on

the algae and algal blooms that Cayuga Lake has been suffering through for the past few years. Allen said she attributes the blooms to global warming and increased nutrients in the lake from farm runoff.

Getting the microplastics out of Cayuga Lake's waters has proven to be a challenge as there is no effective model for clearing microplastics on a large scale, Allen said. The best community members can do at the moment is cut down on the use of single-use plastics in their daily lives, Allen said.

Last year the New York Legislature passed a law banning single-use plastic bags from stores, a project Allen was working on last year. However, Allen said that a ban will not stop the influx of microplastics

into Cayuga Lake.

Currently, there is no known threat to the drinking water of residents around Cayuga Lake watershed, said Roxanna Johnston, lab director and watershed coordinator for the City of Ithaca Water Treatment Plant.

"For all the standards that exist now, and have existed for a while, both federal and state, all the water suppliers test regularly for them and they meet those standards," Johnston said. "[They] are based on health concerns and then they build in 1000 times extra safety measures. ... The best thing to do is to keep all of these things out of the water system to begin with."

CONNECT WITH ALEX HARTZOG

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## Civil rights attorney discusses the rise of hate crimes in US

BY SAM HAUT  
SENIOR WRITER

A forum was held Sept. 10 at Ithaca College detailing the rise of hate crimes and white supremacy in the United States and how students can combat hateful language.

The discussion, which was held in Textor 102, was led by Kristen Clarke, president and executive director of the National Lawyers' Committee for Civil Rights Under Law. Clarke has worked for the organization for over three years, and she has appeared before the House Judiciary Committee to talk about hate crimes.

Approximately 75 students and faculty were in attendance. During the presentation, Clarke described the history of violence against marginalized groups in the U.S. Over the past several years, the prevalence of hate crimes has increased with hate crimes increasing by 17% in 2017, according to an FBI report.

According to New York state penal law, hate crimes occur when someone is targeted because of their race, color, national origin, ancestry, gender, religion, religious practice, age, disability or sexual orientation.

Clarke spoke about lynchings that occurred over the past 100 years in the U.S. to contextualize the issues facing society today. The lynchings of Hayes and Mary Turner in 1918 elicited some gasps from the audience as Clarke described how Turner was brutally murdered along with her unborn child.

Clarke also detailed a specific case that her organization was involved in. In 2017, Taylor Dumpson, the newly elected student government president at American University, was targeted by the neo-Nazi website "The Daily Stormer" for being black. Clarke was able to win the case in August when Dumpson was awarded over \$700,000. Clarke said she hopes that the case will set a precedent for future cases involving hate crimes.

There have been incidents of hate-motivated crimes and aggravated assaults on the college campus in the past, including swastikas drawn in public spaces and a racist message posted in Williams Hall in 2018.

The event was co-sponsored by Constitution Day, the Department of Health Promotion and Physical Education, the Department of History, the Finger Lakes Environmental Film Festival, the School of Humanities and Sciences, the legal studies program, the Office of International Programs and Extended Studies, the Park Center for Independent Media, the Department of Politics and the women's and gender studies program.

Following Clarke's summary of these issues, audience members asked questions ranging from what students can do to address hate speech to how social media sites should properly regulate hate speech on their platforms.

A study from the Anti-Defamation League found that 37% of Americans have experienced online hate and harassment in 2018. Compared to 2017, only 18% of Americans experienced online harassment, according to the study.

Senior Clare Nowalk asked how to get people with different viewpoints to listen to one another, especially after mass shootings like the one in El Paso, Texas, on Aug. 3.

Clarke said more people need to work toward calling out bad behavior, especially when they witness oppression that does not directly impact them.

"One thing that I encourage is we need more white people speaking out against racism," Clarke said. "We need more men who are speaking out against sexism. We need more straight people who are calling out homophobia. So that is something that I deeply encourage, and it sounds like calling in has been deeply frustrating for you, but progress does take patience."



Kristen Clarke, president and executive director of the National Lawyers' Committee for Civil Rights Under Law, came to Ithaca on Sept. 10 to speak about the rise in hate crimes.

REED FREEMAN/THE ITHACAN

Sophomore Dean Freeman asked about what can be done to address websites that have less obvious displays of hate speech. Clarke said her organization has been focusing on sites that explicitly push hate speech, like "The Daily Stormer," and less so on sites without a clear message of hate speech.

"There is so much to be done that we've not focused on gray area," Clarke said. "There are so many bad actors that are on one clear side here that that's kind of where we have focused our efforts. We're going after the platforms that are undertaking action and publicizing content and allowing people to abuse their platforms to incite violence and harm to communities."

Sophomore Steven Floros said he thought the event was interesting because of the new information he discovered about the history of hate crimes in America.

"I haven't been to an event like this before, and it's kind of eye-opening," Floros said. "I feel like you should speak out, and

students I think should speak out and have events more like this. I don't know if I'd speak out on it. To be honest I'm not that comfortable doing this, but I would honestly attend more events."

Raj Subramaniam, professor in the Department of Health Promotion and Physical Education, said the college should host more events like this to have a more varied discussion with students.

"The dialogue should continue," Subramaniam said. "It's not just one hit and then we're done. It should keep on going. We should build the momentum. We can't have just hearing from the Democratic or the liberals only. We also have to hear from the other side. That makes you grow. You look at both sides, and then you understand why they are thinking the way they are thinking. It lets you really understand their thought process."

CONNECT WITH SAM HAUT

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# COLLEGE

## Center for Health Promotion staff earns wellness coaching certification

Nancy Reynolds, program director for the Center for Health Promotion at Ithaca College, and Kristen Lind, health promotion specialist for the Center for Health Promotion, earned the designations of national board – certified health and wellness coaches.

Health and wellness coaches partner with clients who seek self-directed, lasting health-related changes that align with their values.

## Faculty to discuss their knowledge in provost’s post-sabbatical event

La Jerne Cornish, provost and senior vice president for academic affairs, will host a post-sabbatical colloquium from 4 to 6 p.m. Sept. 16 in Clark Lounge. Professors who have recently returned from sabbatical will share knowledge in art history, economics and politics.

Jennifer Jolly, professor in the Department of Art History, will present “David Alfaro Siqueiro’s Aesthetics of Conflict in the 1930s.”

Jennifer Tennant, associate professor in the Department of Economics, will present “Using the lenses of economics and creative nonfiction to write about trauma.”

Naeem Inayatullah, professor in the Department of Politics, will present “A Meal in Four Courses: Liberal International Political Economy,”; “Pedagogical Encounters and the Teaching Fantasy,”; “Exploitation and the Labor Theory of Value”; and “The Missing Introduction to International Relations Theory.”

Keith Kaiser, Dana professor in the Department of Music Education, will facilitate the discussion. This event is organized and supported by the Center for Faculty Excellence.

## Environmental filmmaker to speak on award-winning documentaries

Award-winning environmental filmmaker Jeff Orlowski is coming to the college to speak from 7:30 to 9 p.m. Sept. 12 in the Emerson Suites. Orlowski, this year’s Park Distinguished Visitor, served as director, producer and cinematographer

on the films “Chasing Ice” and “Chasing Coral.” His work has earned over 40 awards, including a Sundance award. His films have been screened at the White House, Congress, the United Nations and on all seven continents.

## Activists to visit IC for conversation on the Israeli-Palestinian conflict

Nizar Farsakh, chair of the board of the Museum of the Palestinian People, and Ori Nir, spokesman for Americans For Peace Now, will visit the college from 7 to 9 p.m. Sept. 17 in the Emerson Suites to share their understandings of the current state of the Israeli-Palestinian conflict.

The visit is sponsored by Hillel at Ithaca College, the Office of Religious and Spiritual Life and the Department of Politics. Farsakh and Nir will share their personal family histories and understandings of Israeli and Palestinian national histories and discuss paths toward peace.

## Ithaca College offers fitness program at Wellness Clinic for cancer survivors

The Department of Physical Therapy and the Department of Exercise Science and Athletic Training at the college will conduct a research project called the Wellness and Cancer Survivorship Program. The program will offer a free fitness membership and a supportive and individualized exercise program to local cancer survivors for the fall semester at the Robert R. Colbert Sr. Wellness Clinic.

Program organizers are asking for individuals who are not exercising regularly, have had a diagnosis of nonmetastatic cancer, stage 1–3, and are within three years of their final treatment.

Participants are provided with a team of fitness specialists including faculty, staff and students to help them achieve their exercise goals over an eight-week period. Interested individuals should contact Jill Mayer, clinical assistant professor in the Department of Physical Therapy.

## Professors to facilitate screening of film that reflects on democracy

Jonathan Ablard, associate professor



### Students saddle up at cowboy-themed event

Freshman Bryn Donovan holds on tight in order to not fall off the mechanical bull Sept. 6 at an IC After Dark event in the Emerson Suites. The event offered students the chance to relax and enjoy cowboy-themed activities.

EMILY SILVER/THE ITHACAN

in the Department of History, and Carlos Figueroa, assistant professor in the Department of Politics, are facilitating a discussion-centered screening of “What is Democracy?” at 7 p.m. Sept. 16 in the Emerson Suites. The professors will screen sections of the film interspersed with question-and-answer segments. The film is a reflection on democracy across continents and throughout history.

## Southern tier AIDS program presents opioid overdose prevention workshops

The staff from Southern Tier AIDS Program will present several opioid overdose prevention

training workshops to help participants recognize and prevent fatal opioid overdoses. Participants will learn basic information about opioid drugs, harm reduction, signs of overdose and how to administer naloxone. Participants who complete the training will receive an identification card that they can use to obtain a free naloxone kit at the STAP location in downtown Ithaca.

Workshops will be hosted from 4 to 5 p.m. Sept. 25 in the Ithaca Falls Room, from 1 to 2 p.m. Oct. 3 in the Taughannock Falls Room, from 4 to 5 p.m. Oct. 30 in the Ithaca Falls Room and from 1 to 2 p.m. Nov. 7 in the Taughannock Falls Room.

# Public Safety Incident Log

SELECTED ENTRIES FROM  
AUGUST 26 TO SEPTEMBER 1

### AUGUST 26

#### MEDICAL ASSIST/ INJURY RELATED

LOCATION: West Tower  
SUMMARY: The caller reported a person closed their finger in a door, causing them pain. The officer reported the individual declined medical attention. Master Patrol Officer Bob Jones responded.

#### UNLAWFUL POSSESSION OF MARIJUANA

LOCATION: Clarke Hall  
SUMMARY: The caller reported an odor of marijuana. The officers reported five people judicially referred for under age possession of alcohol and two people for unlawful possession of marijuana. Security Officer Joe Oppel responded.

#### FIRE ALARM ACCIDENTAL

LOCATION: Circle Apartment Building 180  
SUMMARY: The simplex reported a fire alarm. The officer reported the activation was caused by burnt food. Patrol Officer Bryan Verzosa responded.

#### SCC IRRESPONSIBLE USE OF ALCOHOL/DRUGS

LOCATION: Circle Apartment Building 10  
SUMMARY: The caller report-

ed a person possibly having a seizure. The officer reported the individual was transported to the hospital by ambulance. The officer reported one person judicially referred for the irresponsible use of alcohol. Security Officer Joe Oppel responded.

### AUGUST 27

#### UNLAWFUL POSSESSION OF MARIJUANA

LOCATION: Z-Lot  
SUMMARY: Officers observed a group of people walking down an unsafe embankment. The officer reported the group was cautioned about walking on the sidewalk and one person was judicially referred for the unlawful possession of marijuana. Master Patrol Officer Waylon DeGraw responded.

#### SUSPICIOUS LETTER/EMAIL/ CORRESPONDENCE

LOCATION: Unknown  
SUMMARY: The caller reported receiving a suspicious email requesting personal information. Sergeant Don Lyke responded. The investigation is pending.

#### MEDICAL ASSIST/ INJURY RELATED

LOCATION: Office of Public Safety and Emergency Management  
SUMMARY: The officer reported a person injured their left

thumb while moving a box. The injury occurred Aug. 20. Sergeant Don Lyke responded.

### AUGUST 28

#### RAPE THIRD DEGREE

LOCATION: Upper Quads  
SUMMARY: The caller received third hand information that a known person sexually assaulted another person. Security Officer Joe Oppel responded.

#### MEDICAL ASSIST/ INJURY RELATED

LOCATION: The Fitness Center  
SUMMARY: The caller reported a person playing basketball injured nose. The officer reported the person declined medical assistance. Sergeant Don Lyke responded.

#### FIRE ALARM ACCIDENTAL

LOCATION: Circle Apartment Building 120  
SUMMARY: The simplex reported a fire alarm. The officer reported the activation was caused by burnt food. Security Officer Joe Oppel responded.

#### MEDICAL ASSIST/ INJURY RELATED

LOCATION: Center for Health Sciences  
SUMMARY: The caller reported a person had a seizure and hit their head. The officer reported one

person was transported to the hospital by ambulance. Patrol Officer Mayra Colon responded.

### AUGUST 29

#### ACCIDENTAL PROPERTY DAMAGE

LOCATION: Clarke Hall  
SUMMARY: The caller reported water leaking from the third floor shower causing damage to the ceiling tiles in the second floor bathroom. Master Patrol Officer Bob Jones responded.

#### SAFETY HAZARD ENVIRONMENTAL HAZARD

LOCATION: U-Lot  
SUMMARY: The caller reported a vehicle leaking gas. Environmental Health and Safety cleaned up the hazard. Fire Protection Specialist Max Noble responded.

### AUGUST 31

#### SUSPICIOUS CIRCUMSTANCE

LOCATION: Job Hall  
SUMMARY: The caller reported two males on the roof of the building. The officer reported being unable to locate them. Patrol Officer Mayra Colon responded.

#### CRIMINAL TAMPERING THIRD DEGREE

LOCATION: East Tower  
SUMMARY: The caller reported

an unknown burning odor. The officer judicially referred four people for violation of smoking policy and for tampering with a fire safety device. Patrol Officer Bryan Verzosa responded.

#### TRESPASS NO DEGREE

LOCATION: Job Hall  
SUMMARY: The officer reported four people found on the roof of the building. The individuals were issued a trespass warning. Patrol Officer Bryan Verzosa responded.

### SEPTEMBER 1

#### PETIT LARCENY BETWEEN \$50-\$199

LOCATION: Campus Center Quad  
SUMMARY: The caller reported unknown people removing chairs from the area. The officers were unable to locate anyone in the area. Master Patrol Officer Waylon DeGraw responded to the incident. The investigation is pending.

Full public safety log available online at [www.theithacan.org](http://www.theithacan.org).

#### KEY

- SCC – Student Conduct Code
- V&T – Vehicle and Transportation
- AD – Assistant Director
- IFD – Ithaca Fire Department



# AROUND THE WORLD in 60 MINUTES

## Study Abroad Panel & Ice Cream Social

Thursday, September 19  
6:00-7:00 pm  
Klingenstein Lounge

- ◆ Travel around the world through the eyes of IC students who have studied in many countries across the globe.
- ◆ Get a glimpse into the wide range of study abroad options available to you.
- ◆ Enjoy unlimited ice cream from the make-your-own sundae bar.



Office of International Programs | Job Hall, 2<sup>nd</sup> floor | [studyabroad@ithaca.edu](mailto:studyabroad@ithaca.edu) | 274-3306

# STUDY ABROAD FAIR

Thursday 9/26  
11am-2pm

North Foyer &  
Emerson Suites

*All the study abroad info  
you need, all in one place:*

- Raffle prizes
- London Center, ICNYC, and LA programs
- IC summer, winter & exchange programs
- IC study abroad partner organizations, offering hundreds of programs
- Study abroad planning assistance and advising
- International refreshments



## STUDY ABROAD FAIR

Affiliated Partner Program info sessions  
~ all sessions in Textor 103 ~

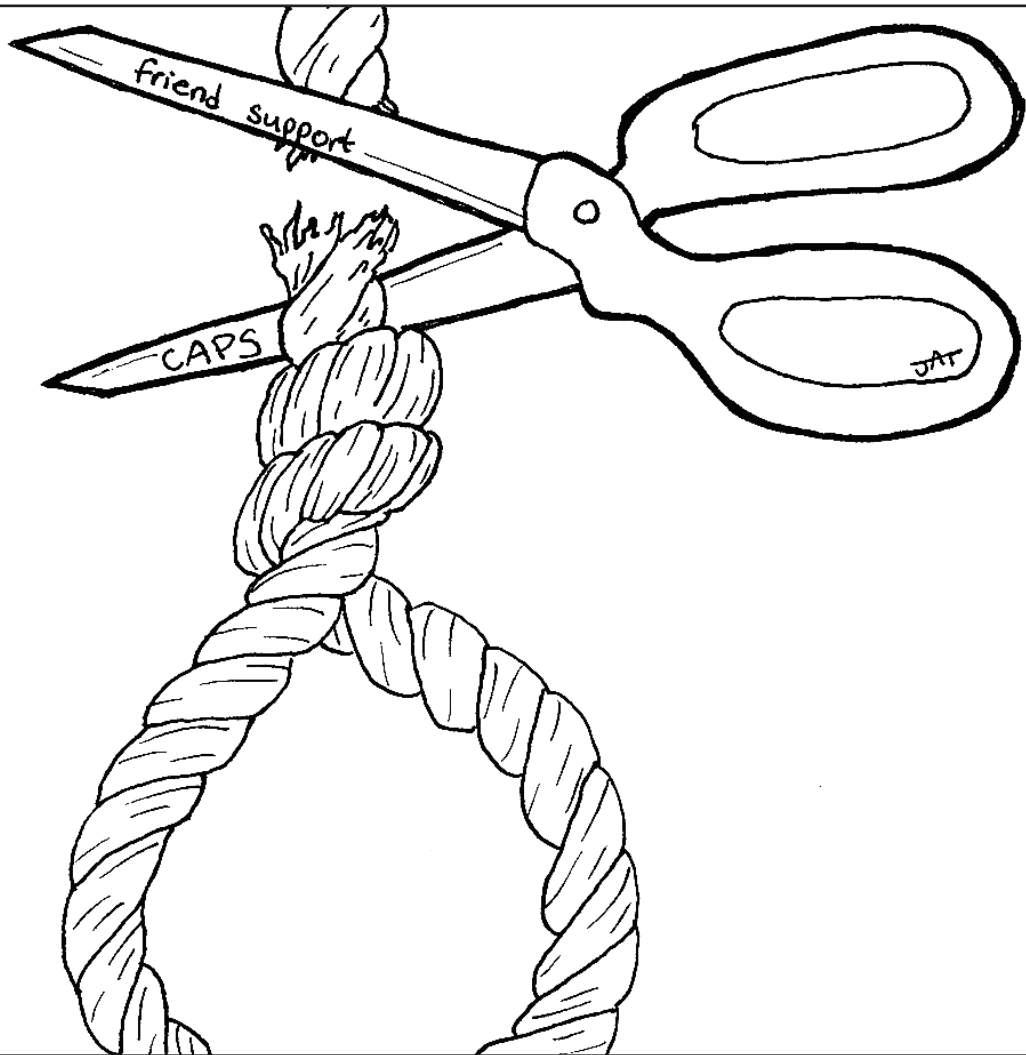
Wednesday, September 25<sup>th</sup>

- SIT Study Abroad – 5:00 pm
- CEA Study Abroad – 6:00 pm
- Spanish Studies Abroad – 7:00 pm

Thursday, September 26<sup>th</sup>

- CISabroad – 5:00 pm
- IES Abroad – 6:00 pm
- IAU France – 7:00 pm





JACOBA TAYLOR /THE ITHACAN

## EDITORIALS

### Campus community should support suicide awareness

The month of September is synonymous with change. Students acclimate to their new schedules and trade tank tops for sweaters as the seasons change. Ithaca College's Organization Fair introduces students to a variety of extracurricular opportunities, and many take on increased academic workloads, both of which will only add to their busy schedules. Even the college itself will spend the month adjusting to changes like administrative shifts and an influx of students. But even with new busy schedules, campus community members must recognize Suicide Prevention Awareness Month.

Suicide is the second leading cause of death among college students in the U.S. Approximately 1,100 college students commit suicide every year, and this number has tripled since 1950. Suicide Prevention Awareness Month provides a prolonged opportunity for individuals and organizations across the country to spread awareness of suicide as a national health epidemic through extended rallies, fundraisers and outreach efforts.

This year, Counseling and Psychological Services at the college introduced new counselors and established a plan to provide 24/7 counseling. While these

efforts will undoubtedly increase the accessibility of mental health resources to students at the college, they will not erase the presence of mental illness and loneliness among students at the college.

As members of a generation plagued by the loneliness epidemic, it is absolutely necessary that today's college students and members of the campus community recognize the crucial role that they play in advocating for suicide prevention efforts and minimizing loneliness among peers.

For students, this can be something as simple as checking in on a friend when they demonstrate help-seeking behavior. For professors, it might be scheduling one-on-ones or providing assignment extensions to students who might be struggling. You never know what someone might be going through; things that may seem little can make a big difference. Making efforts to reach out and build a genuine human connection might not only make someone's day but genuinely save a life.

While Suicide Prevention Awareness Month will end when September draws to a close, efforts to combat loneliness and suicide should not. As a campus community, we must remain conscious of rising loneliness rates and our own responsibilities to combat the possibility of suicide.

### Office of Public Safety must keep students informed

An Ithaca College student reported a suspicious person wandering near the Athletics and Events Center at approximately 6 p.m. Sept. 6. Following the report, the Office of Public Safety and Emergency Management and members of the Tompkins County Sheriff's Office conducted a thorough search of the area. At approximately 8:25 p.m., officers determined there was no on-campus threat and sent out an Intercom notice to the members of the campus community alerting them of the incident.

In the two and a half hours between the initial report and the campuswide notice, students, staff and parents received little to no information regarding the potential threat level of the "suspicious" individual. The Intercom notice encouraged students with questions or concerns to speak with their resident assistants, who also received minimal information about the situation.

The increase in police presence on campus Friday evening quickly raised concerns among campus community members. The sheer number of law enforcement vehicles on the scene led many to seek information via other students and college-related social media pages. This only furthers the likelihood that false information spreads to students and parents alike.

In the hours following, officers did not identify what deemed the person in question "suspicious" or note if the person was armed. In an era where threats of gun-related violence in schools are common, officers must take measures to minimize the spread of false information.

Public Safety's delay in releasing information about the suspicious person early Friday evening is understandable due to the sensitive nature of the situation. Following the report, Public Safety officers increased patrol presence in the area and moved quickly to get the situation under control. However, Public Safety is not only tasked with assessing potentially dangerous situations but also ensuring that students on campus feel safe and secure.

The incident came just days after a shooting on The Commons in which one person was shot. After the shooting, the college released a notification informing the campus community of the shooting. While no students were harmed, the event raised concerns about shootings in the area.

As concerns of gun-related violence occupy the minds of students on campus, it is crucial that the college work to maximize safety through transparent and timely communication with students and their families.

### Letter to the Editor

Be heard in print or on the Web.



Send a letter to the editor to [ithacan@ithaca.edu](mailto:ithacan@ithaca.edu).

Letters must be 250 words or fewer, emailed or dropped off by 5 p.m. Monday in Park 220.

### Guest Commentary

Individuals or groups interested in submitting a guest commentary can send their writings to [ithacan@ithaca.edu](mailto:ithacan@ithaca.edu) or to the opinion editor at [bcook4@ithaca.edu](mailto:bcook4@ithaca.edu). All commentaries must:

1. Convey a clear and concise message.
2. Be written by an individual or group who has an educated opinion or is an authority on a specific subject.
3. Be between 500–650 words. Whether more or less space is allotted is at the discretion of the editor.



NATIONAL RECAP

# Cherokee Nation appoints first U.S. delegate

**BRONTË COOK**  
OPINION EDITOR

The Cherokee Nation named its first official delegate to the U.S. House of Representatives. Kimberly Teehee, executive director of government relations for the Cherokee Nation, was approved by the Council of the Cherokee Nation as a delegate Sept. 5. Her appointment as an official representative fulfills a promise made to the Cherokee tribe by the federal government in a centuries-old treaty. The nation's right to a delegate is outlined in the 1835 Treaty of Echota, the same document that forced members of the Cherokee Nation to give up their lands around the Mississippi River and migrate to what is now Oklahoma. The migration is widely known as the "Trail of Tears." During the journey, over 4,000 members of the Cherokee Nation died of disease, starvation and exhaustion. In return for their journey, the federal government

promised the tribe compensation — including a delegate in the House of Representatives. Despite the promise, the position sat empty for approximately 200 years. In August, the Cherokee Nation announced its plans to fulfill this aspect of the treaty and appoint a delegate to Congress. The Oklahoma-based Cherokee Nation has over 370,000 citizens and is one of the largest tribal nations in the U.S. — a demographic that, now, will likely receive more attention from the federal government. As it stands, the federal government and Cherokee Nation largely operate independently from each other. The presence of a delegate in the House would fuse the Cherokee Nation into the government. In 2009, President Barack Obama selected Teehee to serve as the Senior Policy Advisor for Native American Affairs. As a member of the domestic policy council, she advised the Obama administration on issues



Kimberly Teehee, executive director of government relations for the Cherokee Nation, was approved by the Council of the Cherokee Nation to serve as its first official delegate to the U.S. House of Representatives. SUE OGROCKI/ASSOCIATED PRESS

“Today, our tribal nation is stronger than ever and ready to defend all our constitutional and treaty rights”  
– Kimberley Teehee

that specifically impacted Native American communities. These issues include poverty, mass incarceration, police brutality and the depletion of natural resources on their lands. Teehee said she is excited and grateful to represent the tribe and hopes her role will bring visibility to a group of people often invisible in today's society. “This journey is just beginning, and we have a long way to go to see this through to fruition,” she said. “However, a Cherokee Nation delegate to Congress is a negotiated right that our ancestors advocated for, and, today, our tribal nation is stronger than ever and ready to defend all our constitutional and treaty rights.” The treaty does not specify whether the tribal delegate will get voting rights within the legislature. There are currently six nonvoting members in the House, including representatives for Washington, D.C., and the U.S. Virgin Islands. While these representatives cannot vote, they have the capacity to introduce legislation, debate on the floor and vote in their respective committees.

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NEWSMAKER

# Professor tours UK for book about gender in Islam

Asma Barlas, professor in the Department of Politics at Ithaca College, went on a U.K. tour this summer to promote a new edition of her book titled “Believing Women’ in Islam: Unreading Patriarchal Interpretations of the Qur’an.” The book was originally released in 2002 by the University of Texas Press. Opinion Editor Brontë Cook spoke with Barlas about her identity as a “Muslimah,” her U.K. book tour and the ways interpretations of the Quran have changed in the last 20 years. *This interview has been edited for length and clarity.*

**Brontë Cook:** What is your book about?  
**Asma Barlas:** The book is about trying to read the Quran, which is Islamic scripture, as an anti-patriarchal text. ... Historically, Muslims have interpreted it as privileging males — and it can certainly be read as doing so. But, ... the kinds of meanings we produce from texts have a lot to do with how we approach them. ... One of the points I make is that although I don’t think women and men necessarily read texts differently in every instance, I do believe they bring different kinds of experiences and different kinds of questions into the reading. ... I made an argument as to how the Quran’s differential treatment of women and men with respect to some issues is not in and of itself a sign of inequality. It’s a sign of difference — and difference is not always inequality. ... My point is that if there is a God who is beyond sex and gender, and the Quran is the word of God, why would this God be falling prey to a petty sexual partisanship and saying, “I really prefer men, I want to privilege men?” There is no theological or ontological reason for the Quran to privilege men. ... So this book was published in 2002. Since then, Margot Badran — she’s a feminist historian — has included it in the genre of Islamic feminism.

**BC:** How do you feel about being referred to as one of the “mothers” of Islamic feminism by Islamic feminists and feminist historians like Badran?  
**AB:** It’s not a name I chose for myself. I’ve had

three public debates with Badran about why I resist her naming me that. My question to Badran has always been, ... “As a historian, you know that feminism is a fairly recent phenomenon — why are you trying to read it back into time?” ... The language I use about patriarchy is very feminist, ... but I still resist that naming. ... I, as a believer, like to believe a Quranic word for myself, and that’s enough for me. The Quranic word is Muslimah — “a believing woman.” So that’s why my book is called “Believing Women.” ... I come from an ex-colonized country, and one of the things colonized people are denied is the right to name themselves and their experiences. So I absolutely insist on naming myself — I mean, you’re welcome to call me what you want — but that’s why. There was also that personal element; I don’t want you to be naming me and slotting me into this and that category.

**BC:** Why did you go on an international book tour 20 years after the book was originally published?  
**AB:** When I sat down to write about patriarchy, no one was calling the Quran anti-patriarchal. Today, some Islamic feminists say the task is to unread patriarchy from the Quran, which is the subtitle of my book. ... The book created its own literature. So I revised it, I added a new chapter to it and I responded to some of the critics who have emerged in these last 20 years — feminists, Muslim feminists who are secularly inclined. They believe women like me are just trying to prop up the authority of the Quran.

**BC:** Why did you tour the U.K. specifically?  
**AB:** The book tour was organized by Saqi, a very well-known press in the U.K. [The book] was published with the University of Texas Press, and they hold the copyrights. But, for the first time, they gave the right to another press in another country. So, when Saqi did that, they invited me for the book tour. ... The book has been reissued. I’ve also updated chapters over the years because I learned a great deal from feedback and critiques, and new literature came out. ... There’s now so



Asma Barlas recently returned from her U.K. book tour. The second edition of “Believing Women’ in Islam: Unreading Patriarchal Interpretations of the Qur’an” was published in February. MAXINE HANSFORD/THE ITHACAN

much literature that wasn’t there in ’98 or ’99 when I was writing. ... This second edition has suddenly grabbed people’s attention, especially in the U.K.

**BC:** How did the public’s response to your book differ between 2002 and 2019?  
**AB:** The first time I presented my findings, ... I was hissed at; I was booed. Young Muslim men wouldn’t let me get off the podium. They were in my face and screaming. They were so upset for me just saying simple things I thought should be obvious. This time, fully 20 years later, there’s a generation of young Muslim women who’ve grown up in those years — and it was a fundamentally different experience. ... I mean, there were women who were crying when they met me because I guess my work in some ways changed their lives. There were women who just made a mad dash for me, which is not something I ever expected to happen. ... I’d usually expect to get heckled. [There was] this yearning and this desire to sort of put the collective feet down about women’s rights. And interestingly, none of the young Muslim men in the audience, or the older Muslim men, said a peep. My husband was with me, he was recording all of this, and he was also stunned. ... I was overwhelmed by it.

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GUEST COMMENTARY

# The long-term effects of a loved-one’s suicide

BY ARHLENE FLOWERS

September is National Suicide Prevention Awareness Month and the same month as the birthday of my father who took his own life. According to the Centers for Disease Control and Prevention, suicide rates continue to rise in the U.S. Suicide has ranked as the 10th leading cause of death since 2008 — and, in 2016, suicide ranked as the second-leading cause of death for people aged 10 to 34. Although each suicide gravely impacts at least six people left behind, I rarely hear or read stories of the suicide loss survivors. This is my story.

Self-inflicted (adj.): “self-inflicted injury, condition, etc. is one that you cause yourself.” When I was 7 years old, my childhood friend and I struggled to figure out the meaning of “inflicted” as part of “self-inflicted wound” while looking up the word in the dictionary. We understood “self” and “wound”, yet the definition of “inflicted” was daunting. We were confused by the cause of death stated in my father’s death certificate that we found in an old briefcase under my mother’s bed. It was a rainy day, so our bicycling plans changed to rummaging around my mother’s cluttered bedroom. And the cause of his death was quite different from the car accident my mother had told me about.

I never knew my father; he died when I was 3 months old. However, I’ve known his absence all my life. Remnants of his life survived in the battered briefcase and two trunks in the attic, along with some gifts he gave my mother, their wedding album and faded snapshots.

My mother talked about what life would’ve been like if he were alive. She painted fantasies of a lovely house overlooking the ocean in Monterey, California, where they were planning on moving to. And when the reality set in that we would continue living in her parents’ old two-family house in a small Hudson Valley town, my mother began lecturing with the mantra, “don’t rely on anyone but yourself.” As an undereducated high school dropout, my mother was once proud to have married someone with a college education, a steady job and a seemingly promising future.

My family discussed my father as if he never existed. The exception was when a few relatives visited Hawaii, where I was born and where he died, and brought back photos of his gravesite. My mother broke the news to me when I was 14, figuring that I was old enough to understand the truth. I had never told her about my discovery on that rainy day. I think she was surprised that I was not upset, while not realizing that I had seven years to reflect on it. Frankly, it took me years later to be honest when people asked me about how he died. The answer “suicide” was not a conversation starter; the answer “car crash” was easier.

My father’s father never talked about it either. He lived the life of a recluse who seemed to still be in mourning over the loss of his only child. He symbolized walking sorrow.

When I turned 27, the same age that my father died by suicide, I was struck by how young I felt, full of hope and optimism for the future. I

**If you or a loved one is in need of assistance, please refer to these free resources:**

National Suicide Prevention Lifeline:	<b>1 (800) 273-8255</b>
Suicide Prevention and Crisis Lifeline (24/7):	<b>(607) 272-1616</b>
Crisis Text Line (24/7):	<b>Text HOME to 741714</b>
The Trevor Project (24/7 suicide lifeline and resource for LGBTQ students):	<b>(866) 488-7386</b>
The Trans Lifeline (24/7):	<b>(877) 565-8860</b>
Advocacy Center (a resource for sexual assault and domestic violence support):	<b>(607) 277-5000</b>
Cayuga Medical Center (24/7): (Ask operator to transfer you to the ER)	<b>(607) 274-4011</b>

DESIGN BY ERIKA LIBERATI

found it even harder to imagine how he arrived in his office early one morning, locked the door, sat at his desk and shot himself in the head.

After my grandmother died when I was in my 30s, I was helping to clear stuff out of the basement when the house was about to be listed on the real estate market. I found a stash of old letters that my father wrote to my mother because he traveled often, and they lived apart from time to time. The letters reflected waning optimism with every year and increasing themes of discontentment and disappointment yet no threats of taking his life. He did, however, provide a

colorful description of where he wanted to be buried under magnolia trees in a specific cemetery.

The topic of suicide brings up many ifs — if only I had known he was so unhappy (said one of his childhood friends), and my mother told me many variations of if he were still alive. I really wish I had known him, and I always wanted to hear what his voice sounded like.

Suicide doesn’t only affect one person; it leaves a lifelong shadow over the immediate family, relatives and friends. The American Association of Suicidology states that approximately 1 million new peo-

ple annually directly face losing someone by suicide, with a third of the survivors of suicide loss needing help or intervention. Other support services for survivors include the Alliance of Hope for Suicide Loss Survivors and the Survivors of Suicide. If you or someone you know is contemplating suicide, contact CAPS on campus or call the National Suicide Prevention Lifeline available 24/7 at 800-273-8255 right away.

**ARHLENE FLOWERS** is an associate professor in the department of strategic communications. Connect with her at [aflowers@ithaca.edu](mailto:aflowers@ithaca.edu).

GUEST COMMENTARY

# Harmful language around immigration inspires violence

BY SUZANNAH VAN GELDER

As a linguist and a Jew, it is easy for me to see how language sets the foundation for violence against marginalized people and groups. For those who are not as attentive, it may be difficult to see how words can create violence.

Over the past several years in the United States, the rhetoric surrounding immigration has become nothing short of volatile. Statements like President Donald Trump’s, “They’re bringing drugs. They’re bringing crime. They’re rapists,” paint a hyper-simplified and altogether false picture of what Mexican (and other Central and South American) immigration is. The frantic three-word battle cry “Build the Wall!” reduces the immigration conversation to a physical construct that divides “us” and “them.”

On May 8 at a rally in Panama City Beach, Florida, Trump asked “How do you stop these people?” in reference to undocumented immigrants. The response? A rally attendee shouted “Shoot them,” followed by laughter and cheers from Trump and the crowd. Statements like these are jokes until they aren’t. Language is a force of change, and the repeated rhetoric that Latinx immigrants are “invading” our country emboldens individuals like Patrick Crusius, the El Paso Walmart shooter who was motivated by his Hispanophobia.

After constantly hearing Trump’s rhetoric, it’s unsurprising that Latinx immigrants are

being torn from their homes, separated from their families and placed in unsanitary and inhumane conditions.

During the Holocaust, the enemy was not always wearing a red armband. Frequently it was non-Jewish neighbors who felt obligated to turn in their fellow community members, as they were taught to believe the rhetoric of vilification, dehumanization and anti-Semitism. Today, Trump isn’t shouting “Fire!” in a crowded theater to incite panic, but he is shouting “Build the Wall!” at a rally of impassioned Americans convinced that Hispanic immigrants are the enemy.

The only logical question that follows is, of course, “What is our responsibility as allies of immigrants?” The answer, put simply, is whatever we can do.

Words have power. If someone refers to undocumented immigrants as “illegal,” kindly remind them that no human being is inherently illegal; they simply don’t have immigration documents. If someone suggests that immigrants are “stealing jobs,” explain to them that it is not the migrant worker “stealing” the job but the exploitative boss and system that target vulnerable people and hire them at the lowest possible wages.

If you hear someone say that Hispano-Americans are “invading” or “taking over” our country, educate them on the colonial history of our country. We have colonized native land, murdered and exploited Native Americans and meddled in the

affairs of Latin American countries. The idea that we are being “invaded” by Latin Americans is bred out of ignorance of the past. The United States has repeatedly displaced indigenous and Latinx people, so it should come as no surprise that we now have an influx of people coming from countries that we infected with violence. As individuals in Ithaca, a primarily liberal city, it is easy to be unaware of the atrocities happening at the U.S.-Mexico border and across the country. We need to be active participants in making this country a safe place for everyone, and that begins with educating ourselves and others, examining the rhetoric we consume and maintaining awareness



Suzannah Van Gelder writes that students can help make the United States a safe place for marginalized group by educating themselves and being aware of rhetoric they consume.

ILLUSTRATION BY JACOB A TAYLOR & SUZANNAH VAN GELDER

of the language we use.

This summer, I was invited to speak at the Ithaca Lights for Liberty Vigil on The Commons, a rally to protest the inhumane migrant detention centers in our country. There, I read a bilingual poem that I wrote in 2017.

The message was simple: If we do not learn from the past we are doomed to repeat it. And so, I will conclude with the final line of my poem and an oft-repeated phrase by Jews around the world — “Never again. Never again. Nunca más.”

of the language we use.

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**SUZANNAH VAN GELDER** is a senior culture and communications major. Connect with them at [svangelder@ithaca.edu](mailto:svangelder@ithaca.edu).



crossword

By United Media

1	2	3		4	5	6	7		8	9	10	11
12				13					14			
15				16			17		18			19
20					21					22		
23				24	25					26	27	28
		29							30			
31	32						33	34				
35						36						
37				38	39					40	41	
		42	43						44	45		
46	47		48					49				
50		51			52		53			54		
55					56					57		

ACROSS

- 1 Morn's counterpart  
4 Meryl, in "Out of Africa"  
8 A few  
12 Oaters' -- Ritter  
13 Emmy winner -- Delany  
14 Med. plans  
15 Pays attention to  
17 Pita sandwich  
19 Nyet's opposite  
20 Porpoise relative  
21 Hit the horn  
23 Retirement income (abbr.)  
24 Raspy-sounding  
26 Belief  
29 Bauxite giant  
30 Greek-salad topper  
31 Short stays  
33 Raided  
35 Tuneful Paul --  
36 Doe's young  
37 Lassie's refusal  
38 Thick with

trees

- 40 Puget Sound st.  
42 In a dull fashion  
44 Opportunist  
46 Brainpower meas.  
48 Eddie, in "Beverly Hills Cop"  
49 Gardener's buy  
50 Trims back  
52 Egg part  
54 In the past  
55 Salt away  
56 Rock  
57 Half a score

- 16 Shaggy flower  
18 Country addr.  
21 Art colony town  
22 Eats sparingly  
25 World Series mo.  
27 Fr. holy woman  
28 Zany  
29 Set a price  
30 Cheese dip  
31 Roomy vehicle  
32 -- -- rut  
33 Godiva, for one  
34 Feel grateful  
36 Come after  
38 Honeycomb  
39 Yields to  
40 Jam in tightly  
41 Torch's misdeed  
43 Make a grating sound  
45 Musical chairs goal  
46 Ugh!  
47 What, in Oaxaca  
49 Firmament  
51 Soprano Kiri -- Kanawa  
53 Ark. neighbor

last issue's crossword answers

GYM	WISER	BMW
IDA	ADAGE	RAE
GSUITS	REWARD	
	VAT	BELOW
WREN	BIT	ONCE
EOS	DOC	IDYLL
LB	LAWYERS	UV
DORIS	CDS	ACE
STEM	SLY	INKS
	VINCE	TLC
WAITER	HEEHAW	
IRE	RERUN	ONAG
NEW	OWNED	RAG

DOWN

- 1 Social mores  
2 Turns sharply  
3 Board mem.  
4 Ego companions  
5 Brazil's cont.  
6 Longhaired cat  
7 Boxing wins  
8 Pump or loafer  
9 Lama's chant  
10 In style  
11 That, to Juanita



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**STATE**


9/13 STEVE HACKETT: *GENESIS REVISITED*  
9/18 LETTUCE w/ BUTCHER BROWN  
9/21 MYSTERY SCIENCE THEATER 3000 *LIVE*  
9/24 RAINBOW KITTEN SURPRISE  
9/28 CAT POWER w/ ARSUN  
10/5 PAULA POUNDSTONE  
10/11 THE ROBERT CRAY BAND w/ BONNIE BISHOP  
10/18 KIP MOORE w/ TUCKER BEATHARD  
10/25 ST. PAUL & THE BROKEN BONES  
10/26 ELVIS COSTELLO & THE IMPOSTERS  
10/29 JENNY LEWIS: *ON THE LINE TOUR*  
11/1 RUFUS WAINWRIGHT: *OH SOLO TOUR*  
11/3 GREGORY ALAN ISAKOV  
11/19 DARK STAR ORCHESTRA

**HAUNT**

9/13 STEVE'N'S EAGLES  
9/14 DEFUNK & MARVEL YEARS  
9/16 BUILT TO SPILL  
9/18 SLAUGHTER BEACH, DOG  
9/21 UPSTATE  
9/23 SOUTHERN CULTURE ON THE SKIDS  
9/26 OLIVIA GATWOOD  
9/27 ZACH DEPUTY  
9/28 THE MIDNIGHT HOUR  
9/29 SCYTHIAN

**HANGAR**

10/12 RICKIE LEE JONES  
10/18 TOM RUSH  
10/24 THE BAD PLUS  
11/9 MARC COHN



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sudoku easy

						1		7
8			2		7		9	
	9						3	
			7				8	
				3		9		
7		1					6	5
			3					
4							5	2
		9	8	5				

last issue's  
sudoku answers

medium

6	3	1	2	4	7	5	8	9
4	5	9	8	3	6	1	2	7
7	8	2	9	5	1	3	4	6
3	9	7	6	1	8	2	5	4
1	2	5	4	7	3	9	6	8
8	4	6	5	2	9	7	3	1
9	6	3	7	8	2	4	1	5
2	7	4	1	6	5	8	9	3
5	1	8	3	9	4	6	7	2

hard

2	4	8	6	3	7	9	1	5
1	6	5	9	4	2	8	3	7
7	3	9	8	1	5	6	4	2
6	5	4	7	2	3	1	8	9
8	1	7	5	9	4	3	2	6
9	2	3	1	8	6	7	5	4
5	8	1	2	6	9	4	7	3
4	7	6	3	5	8	2	9	1
3	9	2	4	7	1	5	6	8

very hard

2	6			9	7			
						5		4
		3	7					2
			5					7
	7	9			3			8
	3	7	8			6	4	
4		8	1					
1	2					8	7	

**NEW ISSUE  
EVERY THURSDAY**

**I**  
THE  
ITHACAN

**THE ITHACAN**  
THURSDAY, MARCH 7, 2019 • VOLUME 86, ISSUE 21

**ART IN THE OFFICE**  
The Office of the Provost displays student art on the third floor of the Peggy Ryan Williams Center.  
Page 13

**TAKING SHAPE**  
As the strategic plan begins to solidify, it is essential that the community provides concrete feedback.  
Page 9

**MULTITASKING**  
Athletic training students-athletes must balance their sports with clinical hours.  
Page 19

**Community plans IC's strategic future**  
Strategic Plan Key Milestones  
BY KRISSE WAITE  
ASSOCIATE NEWS EDITOR  
Ithaca College's strategic planning steering committee hosted three interactive brainstorming sessions titled "Theme Idea Gen- and record ideas. Each of the different groups at the sessions was tasked with developing a goal and objectives for each theme and steps or ideas for how the college can reach that goal. The working groups and committee

**Priest faces abuse claim**  
BY MADISON FERNANDEZ  
NEWS EDITOR  
Rev. Camden Martensen, Catholic chaplain and director of campus ministries, has



## Sounds of Scotland

*Ithaca band performs and teaches bagpipes and Scottish drums*



Hugh Pfaff practices in the First Presbyterian Church with other players of the Finger Lakes Pipes and Drums band.  
MOLLY BAILOT/THE ITHACAN



From left, Chris Sinton, Mark Cushing and Pfaff. The group offers lessons for newcomers to learn how to play.  
MOLLY BAILOT/THE ITHACAN



Charlie Graves and the band participate in competitions to maintain standards and improve their playing abilities.  
MOLLY BAILOT/THE ITHACAN

### ONLINE

For more on Finger Lakes Pipes and Drums, go to [theithacan.org/finger-lakes-pipes-and-drums](http://theithacan.org/finger-lakes-pipes-and-drums)

**BY ANTONIO FERME**  
STAFF WRITER

On a typical Wednesday night, the blaring sound of bagpipes and the loud thud of drums echoes through the First Presbyterian Church in Ithaca. These unexpected instruments and tones are the sounds of the Finger Lakes Pipes and Drums band, a group that practices weekly at the church. Pipe Major Mark Cushing founded the ensemble in 2008.

Before creating Finger Lakes Pipes and Drums, Cushing was a musician in training and said that he was interested in bagpipes.

He traveled to Scotland during the winter of 1972–73 to immerse himself in the music and the culture surrounding bagpiping. While he was in Scotland, he learned about bagpipes and how to make them. After studying abroad, Cushing returned to the United States and went on to lead the Syracuse Scottish Pipe Band. The group dissolved in 2005.

Cushing said he wanted to continue working with bagpipes, so he and some of his former students started Finger Lakes Pipes and Drums in Ithaca.

"In essence, our mission statement was to teach and promote Scottish pipe band music and culture," Cushing said. "I think we have accomplished that and have continued to do it. In this country, it seems like a very esoteric thing, but in other parts of the world, it's quite active."

Christopher Sinton, associate professor and chair in the

Department of Environmental Studies and Sciences, is one of approximately eight pipers in the ensemble. Sinton began teaching at the college in 2011 and started playing in the Finger Lakes Pipes and Drums band in 2012.

Sinton said that he has not been playing bagpipes as long as other members of the band and performance is still new to him but that he still enjoys the experience the band gives him.

"For me, I can get in front of a class and not be nervous, but I'm still nervous when I go out in front of judges," Sinton said. "I keep joking that the stakes are really high. I think part of it is because when you're in a band, if you mess up then the whole band messes up. Whereas, if I'm teaching I'm out there on my own, and if I make a mistake then it's mine."

Sinton said there are no students from the college on the band's current roster, but there are a few students learning to play. Sinton said he plans on helping the organization by finding more people from the college and the larger Ithaca community who want to participate in lessons or band activities.

Sinton said that it is easy to get involved and that the organization welcomes new players with open arms no matter their experience levels.

The group has a weekly two-hour practice directly followed by an hour set aside for people who are still learning how to play either bagpipes or Scottish drums. Sinton also said the lessons are free.

"We give free lessons for people who are just starting out because the bagpipes are a pretty complicated instrument, and it might take a while to make them sound decent," Sinton said.

In the summer, the pipe band competes in annual competi-

tions, like the Central NY Scottish Festival and the Capital District Games, two events that draw crowds from all over New England, New York, Pennsylvania and New Jersey. There are five different grades of competitive pipe

**It is beautiful music, and it had an impact on my life in a positive way, and if I can expose people to it ... then I feel like it is a worthwhile endeavor.**

**– Mark Cushing**

bands that are sorted by ability and interest level. Grade V is the lowest and least competitive while Grade I is the most competitive. Cushing said Finger Lakes Pipes and Drums graduated from Grade V a couple of years ago and is currently performing well in Grade IV.

"Playing music as a competitive exercise may sound a bit odd, but what it does is keep you honest in terms of maintaining some kind of standard of musical competency and staying within the tradition," Cushing said. "It's beautiful music, and it had an impact on my life in a positive way, and if I can expose people to it and other people catch the interest then I feel like it's a worthwhile endeavor."

While the season for the musical group has come to a close, the group is now looking for new recruits and will begin practicing its music for next year's season.

This winter, Cushing's pipe band is hoping to rustle up enough interest to travel to Gladstone, Scotland, next August and

compete in the world championships. Cushing said this would certainly be an incentive to get more people to join and also for his current members to step up their games.

Debra Baldwin, an Ithaca local who has been playing with the group since the very beginning, said she is enthusiastic about this new opportunity and is confident in Cushing's ability to lead the band to new places.

"It's got to be perfect," Baldwin said. "The tone has to be perfect, starts and stops have to be crisp and clean and the two parts of the band have to be together. Mark is an open player, which is the best achievement you can make in piping. He's also a pipe maker and writes a lot of his own music for our band to play, so to have exposure to a person of that caliber has been exciting to me."

Beyond these new opportunities, Sinton said he finds excitement in just participating in the band and practicing with the group. Sinton said that although there are aspects of the art he is still unfamiliar with, the music and community that comes from it makes everything worthwhile.

"I'm not a big fan of dressing up in a kilt, especially on a really hot day where you're wearing eight pounds of wool, but this is my musical outlet, and many people need to have music in their lives," Sinton said. "I'm not a musician by training besides playing brass in high school, but this is a great way to immerse myself in music and have a group of people outside of campus that I can socialize with. I can't have teaching be my whole life."

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Pfaff practices his piping for competitions next summer with Finger Lakes Pipes and Drums.  
MOLLY BAILOT/THE ITHACAN



# CULTURED

## Pop star Nicki Minaj announces retirement from music in unexpected Twitter post



Nicki Minaj announced through Twitter on Sept. 5 that she would be retiring from the music business to start a family. The announcement came weeks after Minaj announced plans to marry her boyfriend, Kenneth Petty. Minaj's fan base responded to the tweet with posts expressing its confusion and sorrow about the situation. Minaj responded soon after on Twitter, answering fan questions and apologizing to her fans for the insensitivity and abruptness of her decision.

## Movie about college admissions scandal set to premiere on television in October

Lifetime released a trailer for its upcoming movie "The College Admissions Scandals" on Sept. 6. As the name suggests, the film will focus on the 2019 incident in which dozens of wealthy parents, including "Full House" star Lori Loughlin, were caught fabricating test scores and paying bribes so that their children would be admitted to prestigious colleges. The movie follows two fictional mothers involved in the scandal and will be released Oct. 12.

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## T-Mobile faces lawsuit after violating New York City consumer protection law

New York City is suing T-Mobile for reportedly overcharging and selling used phones as new. More than 50 T-Mobile stores in New York City were reportedly in violation of the city's consumer protection law, according to the lawsuit. Additionally, the company is also accused of charging false taxes and introducing unexpected fees to buyers.

## Four beauty products from Beauty Plus recalled after testing positive for asbestos

The Food and Drug Administration issued a recall Sept. 6 of four products produced by Beauty Plus — two bronzers, an eyeshadow palette and a matte blush. During routine testing of various beauty products, the FDA found these products contained asbestos. This is not the first time in recent months that the FDA has issued a recall on Beauty Plus products. In June, the company's Contour Effects Palette 2 and Claire's JoJo Siwa Makeup Set were found to have the same asbestos contamination.





# Sorority combines service and sisterhood

BY VIVIAN GOLDSTEIN  
STAFF WRITER

A group of women charged into Walmart on a mission: raid the tampons, pads and chocolate aisles. The sound of laughter and comfortable chatter followed the group. When they returned to campus, it was time for the women — sisters of Gamma Delta Pi — to prepare for the 2018 recruitment night event: a period party. This period party meant creating little goody bags out of the newly bought supplies to give to the women’s rescue mission downtown.

For the 30 women of Gamma Delta Pi, a social service sorority unaffiliated with any larger branch of GDPI or Ithaca College, this is nothing new. senior GDPI President Kayla Beckvermit said that while she champions all the typical aspects of sorority life, like connection through sisterhood, the sorority’s number one priority has always been service. This commitment was something that sophomore Service Chair Alexa Bastardi said she was ecstatic to find her freshman year.

“I’ve always loved doing service,” Bastardi said. “I thought it was a good opportunity to make friends but also continue to do community service and volunteer work because that was really something I was looking for in a school.”

The sorority participates in different volunteering opportunities and holds a variety of events throughout the year. The group has volunteered with the Ithaca Children’s Garden’s Festival of Fire & Ice, Longview Assisted and Independent Living’s Holiday Bazaar and Tompkin’s County Public Library’s 24-hour readathon. However, GDPI’s highlight event of the year is the annual Relay for Life, an event that raises money for the American Cancer Society. Junior Natalie Yesner,

rush and fundraising chair, said that on top of participating in the relay every year, GDPI often holds fundraisers to donate to the organization and always has a booth saved for them at the relay.

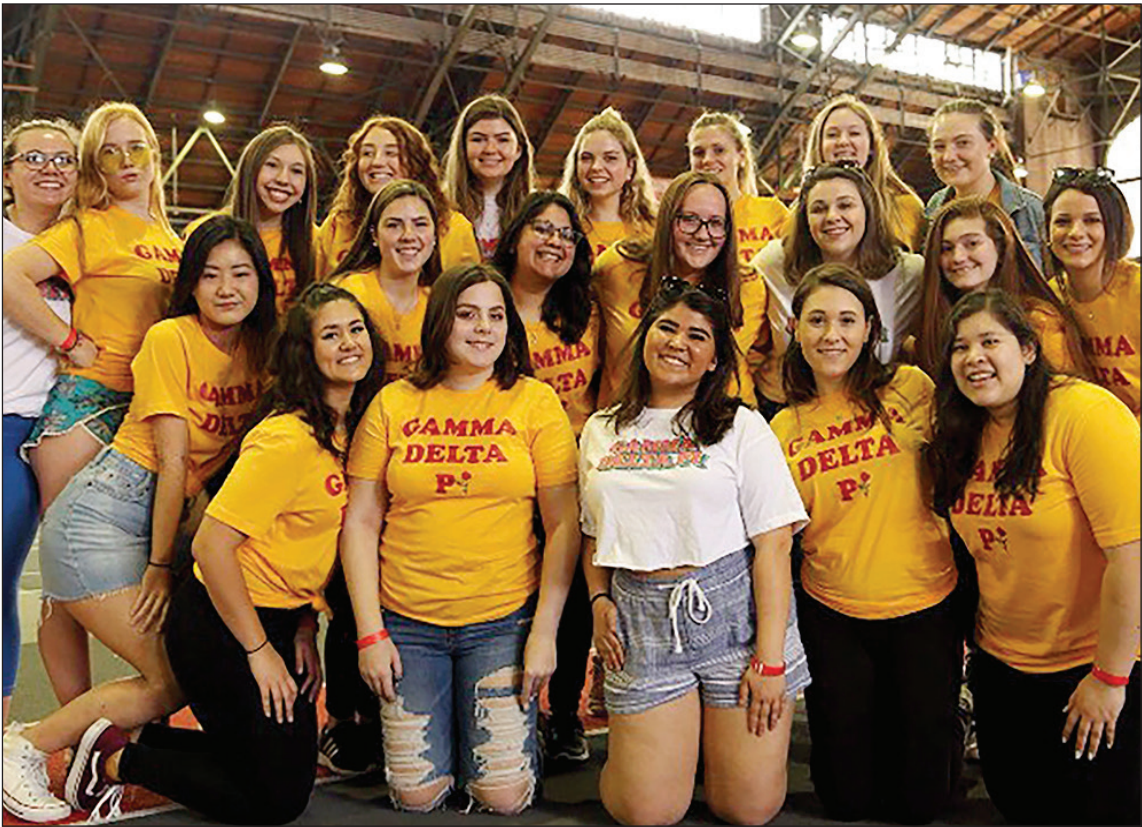
Yesner said the event is her favorite and is extremely personal because her mother is a breast cancer survivor.

“I walk for my mother, who is a 20-year breast cancer survivor,” Yesner said. “I’m lucky enough to have a mother who is a survivor and is passionate about breast cancer research. . . . Hopefully, in the spring semester, she will walk with my sorority and represent Gamma Delta Pi.”

The volunteer work the sisters take on can have unforeseen obstacles, Beckvermit said, like trying to find an organization that needs an entire sorority’s help. Senior GDPI member Kelly Baffoni said that because the 24-hour readathon stretches through the night, sisters take random shifts at 3 a.m. or 4 a.m. When volunteering at the Festival of Fire & Ice, it was very cold. Bastardi said that luckily there was a large bonfire in the parking lot for most of the event that the sisters would flock to for warmth. Bastardi said these minor inconveniences do not matter to her or the women of GDPI.

“I love working with kids, and that’s what I want to do in the future,” Bastardi said. “Even though it was negative 20 degrees, . . . all of them were so happy and having so much fun. Being able to help out with that and be a part of that event specifically, it’s really cool. . . . You know you’re doing something right.”

Beckvermit said that between service events, she does her best to make GDPI feel like a sisterhood and not just another impersonal, weekly or biweekly service club. Yesner said that while on campus, sisters are always



The sorority of Gamma Delta Pi participated in Cornell University’s Relay for Life in Spring 2019. GDPI is a sorority unaffiliated with Ithaca College, and members participate in charity events throughout the year.

COURTESY OF GAMMA DELTA PI

saying hi, grabbing lunch together and, for some, living together.

This sense of community makes everyday volunteering more fun, Bastardi said, because she can work with friends. She also said the community makes it easier for her to plan activities and events that are more personal and meaningful to the sisters. She said this is why before the semester starts, she asks the women where they want to volunteer and tailors their service events accordingly.

“Every girl here is from a diverse, different place,” Yesner said. “They bring a little bit of their home to GDPI

and what they want to do for service.”

Beckvermit said she benefited from this in the past. When her best friend was stationed in Iraq, she asked GDPI if the rush event could be used to send him a huge care package that he and his unit could enjoy. The sisters proceeded to fill boxes with Oreos, sudoku puzzles and funny sayings of positivity.

Beckvermit said it did not just make the sisters happy but also her best friend. He sent back a picture with his unit holding the gifts. Beckvermit said it was nice to bring two of her communities together.

Bastardi said that she hopes to continue helping and expanding the network of organizations. She said she wants to continue reaching out and connecting with the greater Ithaca community.

“You get to be a part of the community and help your community, which is really a special part of this experience and the college experience generally,” Bastardi said. “It’s made such an impact. It’s helped me connect with the community and the school itself so much more.”

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# Recurring event offers cozy campfire experience

BY VIVIAN GOLDSTEIN  
STAFF WRITER

Down a gravel walkway behind La Tourelle Hotel & Spa, a small crowd of people listen and relax to soft music covers. Some attendees linger by the campfire, while some walk around the grounds with their children. Others spend their time in a cozy tent, home to a bar and music drifting in from outside. People are here for Firelight Live, a recurring music event that takes place every Tuesday, located on Danby Road.

Emma Frisch, co-founder and owner of Firelight Camps and Firelight Live, sat by the fire with her child. Frisch said she and her husband were brainstorming a way to involve the local community more intimately with the Firelight campsite when they came up with the idea for Firelight Live, an event in which people could come for free from the community. Firelight will continue until Oct. 29.

Frisch said that while her favorite experiences from Firelight Live involve the community she helped build, her daughter’s favorite memories are probably the marshmallows, judging by the smudged s’mores on her face.

Frisch said something that makes Firelight Live special is that it’s one place where all generations can come and enjoy themselves. She said it is a space that is inclusive, welcoming and entertaining. The venue provides many spaces for guests and locals to hang out in and spend time together, Frisch said.

“It really comes down to the campfire experience,” Frisch said. “Since we started with six tents, the campfire has always defined the experience and created that sense

of being outside with the community — connecting with yourself, nature and the people around you.”

Elaine Bobkowski, Firelight Live’s event manager, said the event strives to create a leisurely campfire atmosphere where people can enjoy the outdoors and music.

Bobkowski said this has been Firelight Live’s most successful year in terms of bringing people in. She said that the menu has improved and that the staff has increased focus on specialty drinks. In the past, Firelight Live has had food trucks or vendors, but this year they have set up a food program with The Piggery.

Bobkowski said the crowds that the event attracts depends mainly on the musicians. She said attendees range from young families to older members of the community as well as college students. Most weeks, resident musician Ted Walsh takes the stage, solo or with friends.

General Manager Jason Smith said that last year, Firelight Live was geared towards catering to guests at the Firelight Camps, but this year, the managers shifted their focus and aimed to bring in more locals and visitors from outside the campsite.

“This year, we found our sweet spot with the music,” Frisch said. “Being in a region that’s so devoted to and famous for music, particularly bluegrass and acoustic, which pairs so nicely with the fireside experience, we created Firelight Live.”

Serena Stern, a Firelight Live attendee from the Ithaca area, sat and relaxed at the event. She said the music accounted for much of the event’s atmosphere.



Prairie Landeau tends the fire at Firelight Live. The event takes place every Tuesday and is open to everyone of all ages and interests. It takes place at Firelight Camps.

MOLLY BAILOT / THE ITHACAN

“People who might not come out for loud, late music can come out with their kids and just hang out,” Stern said. “It just makes a really special community setting for music.”

Attendees Kris Altucher and Marin Clarkberg also said the relaxed, outdoor setting makes Firelight special and perfect for a summer evening. Altucher, lounging by the fire, said it’s nice to have something like Firelight Live to draw people in from all over.

“People come here and appreciate how

beautiful the place we live is,” Altucher said.

Clarkberg said it is nice to know that Firelight Live is here as an option for all kinds of people in the community to enjoy music, food and the world around them while the weather is still warm.

“It’s a perfect evening,” Clarkberg said. “Why not spend it outside in this beautiful setting?”

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# Fluid and stylish animation carries biopic

BY KARA BOWEN  
STAFF WRITER

The early 20th-century world of surrealism and scandal, backwoods Spanish villages and the bohemian Parisian art world are vividly illustrated in “Buñuel in the Labyrinth of the Turtles.” Directed by Salvador Simó, the animated biopic’s subject is Luis Buñuel, one of the most famous Spanish directors of the 20th century and a pioneer of surrealism and satire in film. Filmed in Spanish and French with English subtitles, the film focuses on the periods between Buñuel’s successes when Buñuel was struggling for funds and recovering from a damaged reputation. The movie offers a slightly underbaked but well-intentioned exploration of a turning point in Buñuel’s work and the relationship between filmmaking and ethics.

The year is 1930, fascism is on the rise and Buñuel (Jorge Usón) has just scandalized Paris with “L’Age d’Or,” his second surrealist film, on the heels of his famous “Un Chien Andalou.” Facing a damaged reputation and lack of investors, Buñuel returns to Spain, which is only a few years away from

civil war. Plagued by nightmares, he films “Land Without Bread,” featuring the people of Las Hurdes, a region in northwest Spain.

Despite an ostensibly clear subject, the creators of “Buñuel in the Labyrinth of the Turtles” aren’t entirely sure what story they want to tell. Threads from Buñuel’s life are picked up without deep examination. The film flashes back to moments in Buñuel’s childhood and his attempts to appease his unemotional father. But these cutaways are oddly placed and interrupt the movie’s timeline.

The film focuses more on Buñuel’s relationships with his friends than his origin story. The main plot is set into motion when Buñuel’s friend, anarchist Ramón Acín (Fernando Ramos), unwittingly becomes the financier and producer of “Land Without Bread” after winning the lottery. The pair is joined by two cameramen, and the four’s goofy exploits are delightful as they joke and argue in Spanish and French. The conflict between Buñuel and Acín illustrates the ethical problem of their film project: the moral line between using the poverty-stricken people of Las Hurdes as props versus raising awareness of their struggles. The



“Buñuel in the Labyrinth of the Turtles” is an animated tribute to surrealist director Luis Buñuel. The animation is beautiful and as creatively adaptive as Buñuel’s films, but the movie itself fell short of its intended purpose. THE GLOW

movie tries to establish that Buñuel himself is facing the same internal conflict between art and exploitation, but his personal journey is given a less satisfying ending. The disagreements between the two characters are better resolved than Buñuel’s character arc.

The hand-drawn, 2D animation style is perfect for developing the atmospheres of Paris and Las Hurdes. This basic style and the limited color palette — dusty pink, gray, blue and yellow — match the somber mood of Las Hurdes and place the plot firmly in the past. The movie also cuts in real footage of “Land Without Bread,” and the switch between animated fiction and live-action documentary is captivating. The style also enhances the surrealism of Buñuel’s nightmare sequences in which elephants with skeletal legs roam Paris’ streets and glowing yellow butterflies burst through windows.

The animation style reflects the spirit of the film itself: simply drawn but still effectively communicating the spirit of Buñuel’s world. “Buñuel in the Labyrinth of the Turtles” is a bit too shallow to fully capture the surreal legacy of its subject, but it does its best to add insight into Buñuel’s intimidating and almost impenetrable character.

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# Lana Del Rey offers somber self-reflection in new album

BY DARIENE SEIFERT  
STAFF WRITER

Two years after taking a dreary look at Hollywood in “Lust For Life,” Lana Del Rey returns to her nostalgic roots with her sixth and latest record, “Norman F----- Rockwell!” The album cover features a painted blue sky with a male companion and Del Rey, reaching out to the camera, inviting the listener to join her. Del Rey takes the listener on a journey to California while exploring themes of Old Americana, romantic relationships and self-reflection.

In the opening track, titled “Norman F----- Rockwell,” Del Rey pokes fun at her immature boyfriend. She sings jokingly about how he is a “man-child” and exclaims, “Your poetry’s bad and you blame the news.” Piano and violins dance gracefully along with the singer’s teasing lyrics. As Del Rey realizes she is stuck with her ingenuous partner, the faster tempo of both the instrumentals and vocals blend together.

At first glance, “Venice B-----” appears to be a drawn-out earful; the entire song clocks in at approximately 10 minutes. Thanks to Del Rey’s skill as a musician, she successfully keeps listeners entertained. The track starts with simple guitar strums, and Del Rey sings nonchalantly about past memories with her beau. Drums and synths are added in later, creating



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a fast, electric beat. Del Rey’s vocals become sparse, but she pops in every now and then to add to the growing pace of the song.

“Love song” is a short but sweet ballad. Unlike the profusion of instrumentals in “Venice B-----,” the instruments take a backseat in “Love song.” The singer’s tone conveys she is hopelessly in love, a detail that adds a personal side to the track.

The track “hope is a dangerous thing for a woman like me to have - but I have it” closes out the album on a somber note. A gloomy piano and the artist’s raw vocals show how soulful and intense the song is.

“Norman F----- Rockwell!” proves to be a fascinating romp. From entrancing dance tunes to sincere songs, Del Rey knows how to balance different types of vocals and instrumentals. With a total of 14 tracks, listeners can easily find something to love.

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**ALBUM REVIEW**  
“Norman F----- Rockwell!”  
Universal Music Operations  
Our rating: ★★★★★

# Anime combines dynamic characters and pop music

BY GABRIELLE TOPPING  
STAFF WRITER

“Carole & Tuesday” is an anime Netflix series that depicts the music industry in the futuristic world of Alba City, Mars. Carole Stanley — voiced by Miyuri Shimabukuro and vocals sung by Nai Br.XX — is a keyboard player with a fiery personality. Tuesday Simmons — voiced by Kana Ichinose and vocals sung by Celeina Ann — is a guitar player who ran away from home. The show portrays the title characters as determined performers while revealing the uncertainty that comes with living in a world influenced by artificial intelligence.

Although the girls are opposites, they connect over their love of music and feelings of loneliness. Because Carole grew up in an orphanage, she is tough and independent but isolated. Tuesday grew up in a luxurious mansion, but her mother is distant. The girls are interesting to watch together because of how different their lives are.

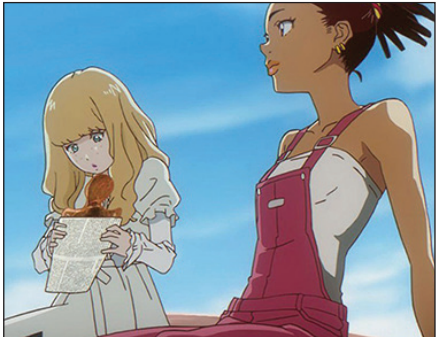
The first song Carole and Tuesday write together is called “The Loneliest Girl.” The song is soulful and truthful, and the girls sing about how they felt alone in the world until they met each other. The vocal actors’ singing voices together are beautiful and capture the emotion of the lyrics well.

Every episode is inspired by a well-known song. The second episode is inspired by

“Born to Run” by Bruce Springsteen. In this episode, the title characters find themselves running from the police once again after sneaking into a concert hall to perform their song on a grand piano. The subtle tie between the plot and the song title is a creative way of weaving well-known music with the girls’ up-and-coming music.

The series also conveys how artificial intelligence can give performers in this futuristic era advantages. Carole and Tuesday prove they do not need fancy, artificially created songs to be successful. The role of artificial intelligence in the series makes the story more interesting because there are new obstacles in the music industry for the title characters to overcome.

“Carole & Tuesday” is a series about an unlikely friendship in an innovative world. The role of artificial intelligence shapes the narrative of the series in the visually pleasing anime.



NETFLIX

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**TV SHOW REVIEW**  
“Carole & Tuesday”  
Netflix  
Our rating: ★★★★★

## QUICKIES



EPIC RECORDS

**“LIAR”**  
Camila Cabello  
Epic Records  
As if on cue, Camila Cabello’s new single, “Liar,” ticks every generic pop-genre box — a story of a passionate but questionably belittling love affair, repetitive lyrics and a tiresome backbeat.



COLUMBIA RECORDS

**“CARRY ME AWAY”**  
John Mayer  
Columbia Records  
John Mayer’s euphonious lyrics are paired with “Carry Me Away”’s attractive and pleasant background music. The pleasant harmony between the song’s acoustic guitar and its soft percussion is evident from the start.



INTERSCOPE RECORDS

**“WANTED”**  
OneRepublic  
Interscope Records  
Complex and yearning lyrics mix with a vibrant violin in “Wanted.” As one of OneRepublic’s many recently released singles, “Wanted” stands above the rest.



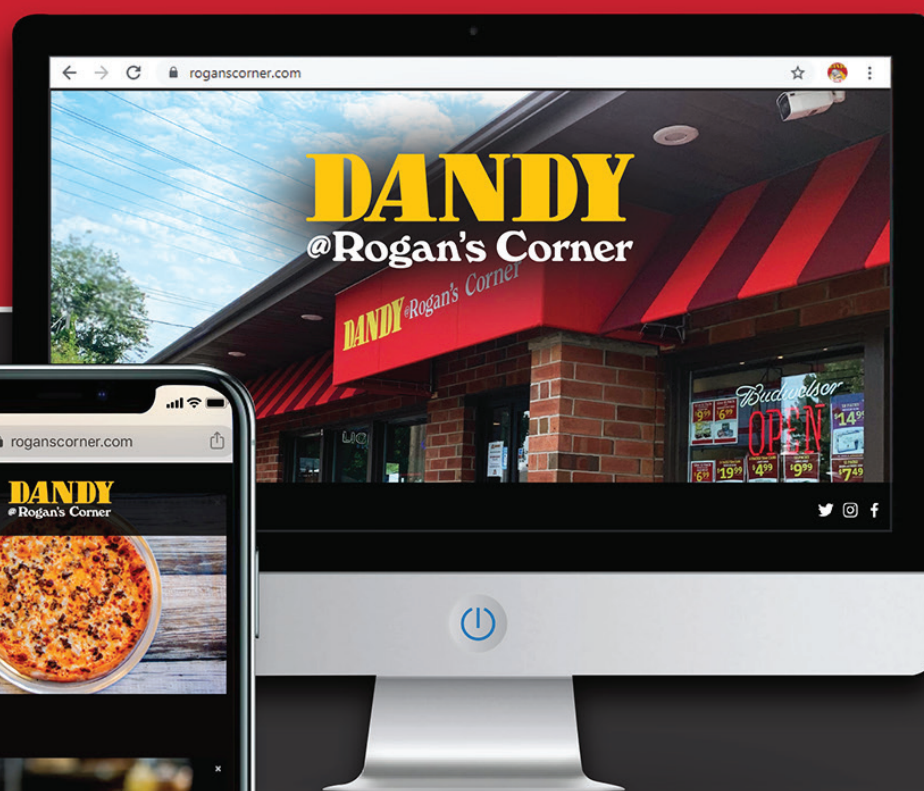
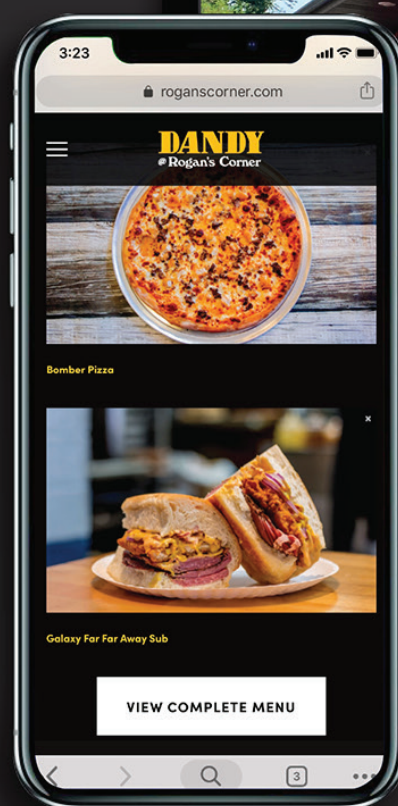
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# Athletes namaste in shape

## SPORTS TEAMS USE YOGA TO CROSS-TRAIN

BY LAUREN WHITE  
ASSISTANT SPORTS EDITOR

A group of Ithaca College track and field athletes surround local yoga instructor Melissa Weiner as she guides them through poses and slow breathing patterns. Compared to the fast-paced and high-pressure routine the athletes endure every day, this is one hour of their week in which they can train in a relaxed environment.

Track and field, women's soccer, men's lacrosse and women's field hockey are among several varsity programs that started incorporating yoga into their training regimens. Though all of these teams have similarly adopted meditation and stretching into their routines, every team implements the skills gained from yoga differently into their respective sports.

Jennifer Potter, women's track and field head coach, said she has turned to yoga for years to help her athletes strengthen skills outside of traditional training.

"Our pole vaulters and throwers do a lot of body awareness stuff, knowing where your hands and your feet relate and things like that," Potter said. "It really has numerous benefits for our program."

Weiner has been working with the track and field athletes for six years on a weekly basis in their offseason. Potter said that Weiner initially came to her in 2013 with interest in a coaching position for the track and field team but that when there were no open coaching spots to fill, Potter was ecstatic to welcome Weiner as the team's yoga instructor. Potter said Weiner adapts her sessions to the teams' needs on any given day.

"I think there's always a psychological part of every sport," Weiner said. "It's important to be focused and in the moment versus dwelling on the past or thinking about the future. I think it's also important for them to be flexible, strong, able to breathe better and cope with anxiety."

Potter said that whether the athletes are sore from lift or stressed about finals week, Weiner teaches the team members to develop strength in both their bodies and minds.

Graduate students in the sports psychology department provide psychology resources to athletes on the track and field team to educate them about mental strength in their sport. Potter said the training results in more well-rounded athletes, both in their physical and mental health.

"The marriage of sports psych and yoga have really made a difference in our program," Potter said. "It is crucial to our success and one of the many things that we try to incorporate into our training that isn't the norm."

The women's field hockey team at the college occasionally incorporates regenerative stretches into its pregame practices, and it participated in a full yoga class during its preseason training.

Sophomore midfielder Grace Ziehnert said yoga refocuses the team members and allows them to set intentions for what they want in practice and their game the following day.

"We don't really get time to go to the yoga classes on

campus," Ziehnert said. "Especially being an athlete, a lot of your time goes to your sport. It's nice that they can incorporate it into practice. I think it helps us get into the game-ready mental space."

Women's soccer also implemented a two-day yoga workshop in the midst of its preseason training. It participated in energy medicine yoga, which incorporates techniques that aim to balance and align the energy field, boost the body's healing power and alleviate physical and emotional issues.

Mindy Quigg, women's soccer head coach, said the yoga was more about connection and energy than it was about postures. She said she was drawn to the idea of combining yoga and energy medicine to help her athletes find a different source for strength, specifically allowing them to focus on things they can control rather than the things they can not.

"I was trying to get them on the course of this is your body — this is your energy," Quigg said. "You can control it, and when you're part of a team, that energy mixes. It relieves some of the pressure on their bodies and lets their minds kind of go."

Quigg said she wants her athletes to alleviate some of the stress they are under and help them improve their communication among themselves. The athletes have participated in connectivity exercises, emulating the metaphor of energy being lost if a team member "disconnects" themselves from the group.

"You have to give, you have to receive and that's the only way the circle works," Quigg said. "You're connected. You guys are making the energy happen in this."

The men's lacrosse team introduced yoga into their program during the 2019 spring season. Senior goalie Robby Atwood said head coach Jeff Long believes in the benefits of yoga and wanted the team members to work on relaxing their muscles and minds.

Though the whole team is not currently participating in yoga during their offseason, several athletes regularly attend a local studio in Ithaca for hot yoga classes.

"We thought it was really effective when we did it at practice, so we thought it would be a good idea to keep going to help us on and off the field," Atwood said.

Atwood said that they see positive physical results on the field like flexibility and that, more importantly, it creates an opportunity for his teammates to bond off the field as well. He said he hopes it will help them with recovery and both physical and mental awareness.

"It's not something that we typically thought we'd be doing for lacrosse, or in general," Atwood said. "But some of the guys really enjoy going, and we are always welcome to the idea of any type of training that can help both our mind and body."

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From left, junior Zach Woodruff and freshmen Nicholas Reyes and Aiden Bierman stretch out their shoulders and upper backs.

ATHINA SONITIS/THE ITHACAN



Junior triple jumper Molly Sear balances in a pose during one of the track and field team's offseason yoga sessions Sept. 10.

ATHINA SONITIS/THE ITHACAN



The men's and women's track and field teams have participated in yoga during the offseason for the past six years. The yoga sessions take place in the Athletics and Events Center.

ATHINA SONITIS/THE ITHACAN









# THE BOMBERS ROUNDUP

The Ithacan’s sports staff provides statistical updates on all the varsity Bombers squads during the fall season







Misericordia University defenders line up in front of their senior goalie Katelyn Campbell as sophomore striker Samantha Horowitz lines up for a corner shot. The Bombers won 1–0.  
KRISTEN HARRISON/THE ITHACAN

## Men’s Soccer

RESULTS			
 Ithaca	5–0 Sept. 4	 Morrisville State	 Ithaca
		1–2 Sept. 8	 USMMA
 Ithaca	1–0 Sept. 10	 Hamilton	Next match: 3 p.m. Sept. 14 against Nazareth College in Rochester, New York

## Women’s Soccer

RESULTS			
 Ithaca	0–0 Sept. 4	 Wilkes	 Ithaca
		4–1 Sept. 7	 Mount St. Mary

Next game: Noon Sept. 14 against Nazareth College in Rochester, New York

## Field Hockey

RESULTS			
 Ithaca	2–1 Sept. 4	 Utica	 Ithaca
		1–0 Sept. 7	 Misericordia

Next game: 4 p.m. Sept. 11 against Hartwick College at Higgins Stadium

## Women’s Tennis

RESULTS		
Name	Place	Tournament
Brianna Ruback	4th	“A” Singles
Rebecca Andrews/Zoe Davis	6th	“A” Doubles
Sarah Sposito	8th	“C” Singles

Next game: 8:30 a.m. Sept. 14 at the Stevens Single Invitational in Hoboken, New Jersey

## Men’s Cross-Country

HAMILTON COLLEGE SHORT COURSE INVITATIONAL		
Name	Place	Time
Alec Hofer	11th	15:53.1
Stephen Malenowski	17th	16:01.6
Josh Endy	18th	16:03.6
John Blake	23rd	16:08.7
Forest Stewart	24th	16:09.5







Next meet: 11 a.m. Sept. 14 at the University of Rochester Yellowjacket Invite in Rochester, New York

## Women’s Cross-Country

HAMILTON COLLEGE SHORT COURSE INVITATIONAL		
Name	Place	Time
Parley Hannan	1st	14:41.9
Sarah Rudge	6th	15:41.1
Lizz Eberhardt	9th	15:45.3
Maggie Nickerson	12th	15:54.4
Annie Morrison	16th	16:03.9

Next meet: 11 a.m. Sept. 14 at the University of Rochester Yellowjacket Invite in Rochester, New York

## Volleyball

RESULTS			
 Ithaca	0—3 Sept. 6	 Juniata	 Ithaca
		1—3 Sept. 7	 Carnegie Mellon
 Ithaca	3—1 Sept. 7	 Swarthmore	Next game: 6:30 p.m. Sept. 13 against Hamilton College at the Brockport Golden Eagle Invitational in Brockport, New York

## Golf

RESULTS		
Name	Place	Score
Peyton Greco	5th	148 (+4)
Caitlin McGrinder	19th	164 (+20)
Mary Gersec	22nd	166 (+22)

Next game: TBA Sept. 14 at the William Smith Invitational in Geneva, New York

## Football

RESULTS		
 Ithaca	66–28 Sept. 7	 Saint Vincent

Next game: 1 p.m. Sept. 21 against Alfred University at Butterfield Stadium

## Men’s Tennis

RESULTS		
Name	Place	Tournament
George Lomas	8th	“C” Singles
Artem Khaybullin	4th	“D” Singles

Next match: 8:30 a.m. Sept. 14 at the Stevens Singles Invitational in Hoboken, New Jersey

\*Updated as of Sept. 10



# Runner races into Division III from Kentucky

BY CONNOR WOOD  
CONTRIBUTING WRITER

Many high school athletes dream about landing a roster spot at a top-tier Division I program, and sophomore runner Zach Wachs achieved that goal. However, Wachs only spent a year at the University of Kentucky before transferring to Division III Ithaca College.

Wachs began running during his freshman year of high school in Ardsley, New York, and racked up plenty of accolades throughout his high school career. Wachs was the Section 1 Class B 800-meter run champion in 2017 when he ran his personal best time of 1:56:64. At the 2018 New York State Public High School Athletic Association Track and Field Championships, he was a part of the 4x100 meter relay that finished third. He also competed in the 800-meter Emerging Elite race at the 2018 New Balance Indoor Nationals.

Wachs said that when he began the recruiting process in 2017, he initially planned to attend the University at Buffalo, a medium-sized Division I college. However, he said that when he began achieving better times during the 2017–18 indoor track season, he started receiving offers from more major Division I programs.

Wachs said he considered offers from several prominent teams, including the University of Iowa and the University of Tennessee. He ultimately decided on the University of Kentucky, a member of the Southeastern Conference.

“I picked Kentucky because of its distance coach,” Wachs said. “It was the closest SEC school to my home, and it was an opportunity for me to be part of a nationally recognized track and field program.”

Wachs competed in two indoor and two outdoor track and field meets during his freshman season at Kentucky. He achieved a season-best 800-meter time of 1:58:86 at the Kentucky Track and Field Invitational on April 20.

Wachs said that though he was running at the highest level, he struggled with being so far from home. He said the trip from his hometown to Kentucky took approximately 14 hours.

“I’m a family guy,” Wachs said. “I’m the oldest of five kids. I wanted to have the ability to drive home and see them on a free weekend or have them watch me compete in track meets near them. I feel that I have a responsibility as the eldest in my family to care for them and be by their side as much as possible.”

Wachs, an exercise science major, said the college’s academic programs were also significant factors in his decision.

“I wanted a major that put me more in touch with patients,”

Wachs said. “At Kentucky, there was less hands-on experience and less opportunities because of how big the school is. [Ithaca College] had such a good exercise science program that it was hard not to look here.”

When he began looking into transferring, Wachs connected with the Bombers through his younger



Sophomore distance runner Zach Wachs transferred to Ithaca College this year from the University of Kentucky. Wachs said he decided to leave Division I Kentucky to be closer to his family, which lives in Ardsley, New York. PETER RAIDER/THE ITHACAN

“He chose to be here, he wants to be here, he believes he can be successful here.”

– Jim Nichols

brother Jacob, who is being recruited by the tennis team. Wachs said that when Jacob visited campus in the spring, his brother called him and said he thought it would be the perfect place for Wachs to pursue both his academic and athletic dreams.

Jim Nichols, men’s cross-country and track and field head coach, said he was excited to see an athlete of Wachs’ caliber express interest in the college’s track program.

“The nice thing for me as a coach, and the nice thing for Ithaca College, is he chose to be here, he wants to be here, he believes he can be successful here within the environment that we provide,” Nichols said. “This is a competitive intercollegiate athletic program, and we’re looking for competitors, and I think Zach

is a competitor.”

Wachs’ teammate sophomore Danny Jagoe said that he is excited to see how Wachs can perform with the South Hill squad and that he respects Wachs’ competitive attitude.

“When we are doing workouts, he won’t complain,” Jagoe said. “He’ll just do it. When it’s a really tough day, he’ll just stick through it.”

Wachs said he plans to live by a three-word mantra for this season: healthy, happy and fast.

“I want to run times that I feel are in my wheelhouse,” Wachs said. “I want to be able to train with the right group of guys. I want to stay healthy. I want to stay focused and just have a smile on my face.”

Wachs said that although the

college is Division III, he still feels challenged while training with the team.

“All the guys here run wicked fast times,” Wachs said. “I’m not walking into an easy, piece-of-cake kind of place.”

At the Hamilton College Short Course Invitational on Sept. 7, Wachs was the eighth finisher for the squad with a time 16:21.5. Wachs said he is excited to begin his journey at the college.

“I’m more than happy to be part of the community,” Wachs said. “I thank Coach Nichols and the team for giving me this opportunity.”

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# Teams receive national recognition for academics

BY LAUREN WHITE  
ASSISTANT SPORTS EDITOR

While the Ithaca College sports teams were dominating during the 2018–19 season, they were also conquering the classroom. Many teams received national recognition for their overall academic successes, and dozens of athletes earned individual accolades as well.

The gymnastics team had one of the strongest academic showings of last season. The Women’s Collegiate Gymnastics Association annually releases an academic honors list, ranking Division I, II and III institutions by highest GPA. The Bombers placed sixth in the country for the second year in a row with their cumulative team GPA of 3.68. Eighteen gymnasts also earned Academic All-American titles.

The Bombers’ GPA ranked them second among Division III, and their impressive tally of 18 Academic All-Americans was the most of any Division III gymnastics team.

Head coach Rick Suddaby said time management, motivation and dedication are all built into the athletes’ culture early in their lives due to the demanding training that gymnasts endure from a very young age.

“They just get it done,” Suddaby said. “It’s pretty incredible. They want to succeed in everything that they do. They’re great academically; they’re great athletes.”

Courtney Christoforo, junior all-around gymnast and Academic All-American, said most of the gymnasts’ discipline is self-motivated, and they have strong time-management skills because they need to, but they work hard because they want to.

“A lot of us are similar in the way that

we like to succeed,” Christoforo said. “We like to be on top. What makes us good athletes and good gymnasts also transfers into the classroom and wanting to be successful there just like we want to be successful in our sport.”

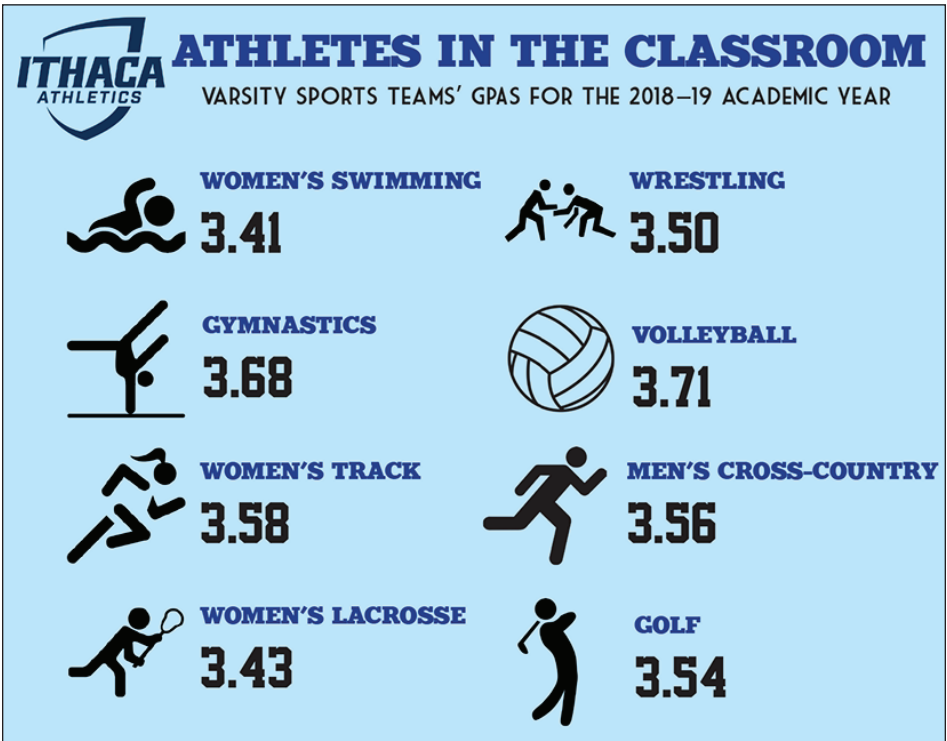
Dan Raymond, women’s basketball head coach, said he immediately establishes a solid base for academic success when freshman players first arrive on campus. The women’s basketball team earned the fourth-highest cumulative GPA among Division III women’s basketball teams, according to the Women’s Basketball Coaches Association. They posted a team GPA of 3.679. This was the women’s highest-ever academic finish and their fourth time making the top 10.

“We’ve been very fortunate in being able to identify and attract really good students right from the get-go,” Raymond said. “Our students have made a standard. We didn’t do it; they did it.”

Raymond said his athletes choose the college because they know the Division III level will give them time to focus on school, as opposed to the more demanding obligations of a Division I program.

“They’re not going to be making money playing basketball,” Raymond said. “They choose to come here for the academic programs.”

The men’s cross-country team was also at the top of its game academically. The United States Track & Field and Cross Country Coaches Association named five individual athletes to the USTFCCCA All-Academic team. Additionally, the men’s cross-country team as a whole earned All-Academic accolades with a cumulative GPA



DESIGN BY ERIKA LIBERATI

of 3.56. The track and field team also earned team All-Academic honors.

Chris Singer, junior runner and USTFCCCA All-Academic, said he believes the college’s athletic programs allow for more flexibility between sports and school. Singer said he’s never felt as though he had to put athletics above academics.

“We always go to the library together,” Singer said. “It’s a lot easier to stay motivated when you have five or six guys around you, as opposed to being alone. We hold ourselves to the standard.”

Singer said head coach Jim Nichols always prioritizes working around the athletes’ class schedules, exams and academic needs.

“I think at least once a week we all hear him say, ‘study, study, study,’” Singer said. “It’s

like his quote.”

Nichols said his athletes are able to succeed because of the culture of the athletic program of the college. He said he believes some of the best student-athletes can also be the best students in the classroom.

“We want you to be excellent in everything you do,” Nichols said. “You can’t just be a student or stay in the library 24/7, you’ll go nuts. And you can’t just be an athlete 24/7, you’ll flunk out. There’s got to be a balance of all that, and Ithaca College does a really good job of providing opportunities for our students overall and our student-athletes.”

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# Bombers race at World Rowing Championships

**BY JACK MURRAY**  
STAFF WRITER

While her peers on the Ithaca College rowing team were returning to campus to begin training for the season, senior rower Pearl Outlaw was in Linz, Austria, competing at the World Rowing Championships, which were held Aug. 25–Sept. 1.

Outlaw competed alongside alumni Erik Frid '14 and Meghan Musnicki '05 on the U.S. national team. Outlaw performed in the Paralympic mixed double sculling event, Frid raced in the men's double sculling event and Musnicki participated in the women's eight event. Outlaw and Musnicki each finished with a bronze medal, while Frid's entry finished in 20th place.

Outlaw said the experience of earning a medal for her country on the international stage carries an enormous sense of pride.

"You see people up on the podium who are disappointed with a silver or bronze medal," Outlaw said. "What I want to hold onto is that feeling of holding onto that bronze medal and knowing that you did it. The color doesn't really matter — it's the fact that you did that. The best thing about having a medal is knowing that you got that. You got that for your country."

Outlaw entered the championship as a veteran, having competed in 2018 as well. However, instead of competing for the Bombers' rowing team in the spring, Outlaw spent the entire spring and summer preparing for her event with the Para-Rowing national team.

Outlaw has a genetic condition called retinitis pigmentosa, which affects the retina and causes severe vision loss. She said that she left the college during the spring semester after her vision drastically decreased,

and she decided to go to the Carroll Center for the Blind in Boston. Outlaw said she took classes at the center to help her learn life skills that will help her live with her condition. Boston is also the home of the USRowing Para Training Center, and she trained when she was not in class.

Outlaw said that with the increased training time that took place while she was in Boston for the spring and summer, she was able to put in more hours working with her partner, Joshua Boissoneau. The pair competed together in the mixed double sculling event, and she said this training allowed them to improve their performance as a unit.

"We were a lot more mentally prepared," Outlaw said. "We were able to row so much better and had gotten stronger. We had time to devote to our boat, and that made all the difference."

Women's rowing coach Becky Robinson said she is looking forward to seeing Outlaw's improvement when she returns to the water for the Bombers.

"She's gradually improved, and while part of it has been from what we do here, a lot of it comes from the fact that she has trained over the last two summers with an elite group," Robinson said. "They're the ones who have come up with all of these opportunities and keep track of how she is doing. I'm really excited to see the change in her rowing abilities over the course of the year."

Men's rowing coach Dan Robinson said Frid's participation for Team USA has inspired the men's team as it prepares for its collegiate season. Robinson said that even though no current members of the team rowed with Frid, it still feels like their teammate is out there competing.



Senior Pearl Outlaw and her partner, Joshua Boissoneau, celebrate after earning a bronze medal in the Paralympic mixed doubles sculling event at the World Rowing Championships on Aug. 30 in Linz, Austria.

COURTESY OF RUTH ELLEN OUTLAW

"Guys are fired up," Dan Robinson said. "Eric sent me a little deck of trading cards, and we passed out almost all of them. The guys really wanted them. Even if they are at the bottom of the team they can say, 'I row on the same team as a USA guy.'"

Musnicki is the most accomplished of the three competitors. She is a two-time Olympic gold medalist for Team USA, and she recently came out of retirement in hopes of making the 2020 Olympic roster. While Frid has not competed in the Olympic Games yet in his career, he said he is hoping to change that in the last qualifying

meet for the 2020 games.

"Our goal at the world championships was to get top 11, as that would have qualified us for the Olympics," Frid said. "We fell short of that goal, and there were a few races where we just missed out. Our next goal is to go to the next qualification event in Switzerland in May, and we need to get top two there to qualify for the Olympics."

Becky Robinson said the performances of their athletes at the international level helps elevate the reputation of the program at the college.

"It's really great for recruiting," Becky Robinson said. "There is this misnomer in rowing that Division I rowing is so much better than Division III rowing. Really good Division III teams are faster than some of the mediocre Division I teams, and it's good to show our recruits who want to continue rowing after college that they can do that and have a well-balanced collegiate experience."

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## Transfer athlete discusses role on field hockey team

Sophomore striker Morgan Mullen may be new to Ithaca College this semester, but she has been a dominant offensive force for the field hockey team. The Bombers are undefeated so far in 2019, and Mullen has started in all five games. She is also the team's leading scorer, posting five goals and one assist.

Mullen began her collegiate field hockey career at Division II East Stroudsburg University in East Stroudsburg, Pennsylvania. East Stroudsburg was the Division II national runner-up in 2018. Mullen saw the field six times throughout the season and notched a goal against Seton Hill University on Nov. 3, 2018. However, Mullen said that she transferred to the college because she was seeking stronger academics, and she has since found a new home with the field hockey team.

Sports Editor Emily Adams sat down with Mullen to discuss her transfer to South Hill and her outlook for her first season as a Bomber.

*This interview has been edited for length and clarity.*

**Emily Adams:** Why did you decide to transfer?

**Morgan Mullen:** I wanted to go to a school where I could do all the things I wanted to do — a school that offered so much more than where I was at. The School of Business is what I really came for because it's such an amazing facility, and if you have that on your resume it's a great thing. Plus, studying abroad and doing a whole bunch of clubs, ... there wasn't that opportunity before.

**EA:** What differences have you experienced going from Division II to Division III?

**MM:** I think it's definitely a different level of play, but overall, at this level, I just feel like there's so much more passion. Everybody wants to get better every single day that we're out there all the time. At the DII level, everybody's good, but at this level, everybody just strives and works so much harder every single day.

**EA:** How have you connected with the team so far?

**MM:** They're great. We love each other. Honestly, they're just so welcoming, and they'll take anybody.

**EA:** How is the style of play here different from East Stroudsburg?

**MM:** At that level, there's a set play for going down the field. You know where the person is going to be even if they're not there. At this level, we get to be a little more creative. Everything's not set in stone, which I enjoy because instead of a play being exactly the same and practicing it a million times, here the coaches welcome you to just try anything.

**EA:** How have you been able to contribute so far?

**MM:** Playing at a higher level helps the team try and step up their level. Everybody's great on the team, and they all work so hard, but having that experience contributes a lot by sort of taking it from a DIII team to trying to play at a DII level. It's a different level of play, and I feel like the more knowledge that I can give to the



Sophomore striker Morgan Mullen takes a shot Sept. 7 against Misericordia University goalkeeper Katelyn Campbell. Mullen transferred from East Stroudsburg University.

KRISTEN HARRISON/THE ITHACAN

girls can help them progress their games.

**EA:** Was anything difficult about the transition?

**MM:** I don't think anything's been difficult. It's definitely different, but everything has really been different in such a great way.

**EA:** What has been your favorite part of being at Ithaca College?

**MM:** Probably my favorite thing is just seeing what a school at this caliber has to offer. There's so much every day that I could

never expect a college to provide for its students.

**EA:** What is your current outlook for the team this season?

**MM:** We're going to kill it. It's only been three weeks, but I can already see how much we've improved from the first day we stepped over the line on the first day of preseason until now. I just know that our team can grow so much every single day.

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the

Buzzer

ATHLETE OF THE WEEK

MEGAN O'REILLY

STATS FROM THE WEEK

Scored **two goals** in the Bombers' 4–1 win against Mount Saint Mary University on Sept. 7.

Registered shots on goal in **three of the past four games**



Sophomore midfielder Megan O'Reilly dribbles downfield during the Bombers' game Sept. 4 against Wilkes University in Wilkes-Barre, Pennsylvania. The South Hill squad tied the Colonels 0–0.

COURTESY OF ITHACA COLLEGE ATHLETICS

GETTING TO KNOW MEGAN

What got you involved with soccer?

What are your hobbies outside of soccer?

What has been your favorite class at Ithaca College?

What is your dream job?

I played micro-soccer when I was 3, and I thought dribbling meant to pick the ball up to dribble it like a basketball. All that I know is I always loved playing. All of the great coaches I had along the way have shaped me into the player I am today.

Outside of soccer, I love music, love to draw and hang out with friends and family.

My favorite class at IC is anatomy and physiology. Anatomy of the human body and the way it works is so interesting to me even though this course is no easy task. I really loved the challenge and the satisfaction after finishing a lab or test.

I know I want to eventually work with athletes to help keep them healthy and in the game. In addition to acquiring my AT degree, I am considering going on to become a PT or PA.

PHOTO COURTESY OF ITHACA COLLEGE ATHLETICS



# THE BIG PICTURE

THURSDAY, SEPTEMBER 12, 2019



Ithaca College club baseball pitcher Nick Arpino threw a no-hitter with 13 strikeouts in a game against Hobart College that ended in a 10-0 Bombers' win Sept. 8 at Freeman Field.  
KRISTEN HARRISON/THE ITHACAN