

# THE ITHACAN

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## HEALING BODY AND MIND



JUNIOR ALLURA LEGGARD

BY EMILY ADAMS  
SPORTS EDITOR

For Ithaca College freshman Daniel Hutchinson, football had always been an escape. However, a simple misstep while running turned his senior year of high school, his future and his identity as an athlete completely upside down.

Injuries are often an inevitable reality for athletes competing at the collegiate level. During their careers, 90% of student-athletes report an athletics-related injury, according to the National Athletic Trainers' Association. However, for the



FRESHMAN DANIEL HUTCHINSON

athlete, the pain of an injury can go beyond being just physical and can cause lasting emotional and psychological impacts.

Hutchinson said he used football to cope with his family's financial struggles and his father's abusive behavior toward him, his siblings and his mother. He said that when he felt his knee pop during a football game at the beginning of his senior year of high school, he immediately knew something was wrong.

"It hurt too bad to the point where I couldn't cry," Hutchinson said. "I couldn't breathe. They took me to the bench and told me I tore my ACL, and that's when I started crying."



SENIOR ANGELINA DOMENA

Hutchinson's injury turned out to be much more than a typical ACL tear. Hutchinson said that after undergoing surgery to repair the ligament, his doctors found a blood clot the size of a golf ball in his calf during a follow-up appointment. The clot was in a main artery connected to his lungs, so he had to have a second major surgery approximately a week after his first one.

"I couldn't move or do anything," he said. "I was in a

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PHOTOS BY ABBEY LONDON, KRISTEN HARRISON & MOLLY BAILOT/THE ITHACAN

## Faculty Council airs concerns about transfer quarterback

BY MADISON FERNANDEZ  
NEWS EDITOR

The Ithaca College Faculty Council Executive Committee met with the administration to express concerns regarding a transfer student on the football team.

The executive committee met with La Jerne Cornish, provost and senior vice president for academic affairs; Rosanna Ferro, vice president of the Division of Student Affairs and Campus Life; and Susan Bassett, associate vice president and director of intercollegiate athletics and recreational sports, Sept. 11 to discuss the enrollment of senior Joe Germinerio at the college.

Germinerio transferred to the college for the Fall 2019 season to compete on the college's football team as a quarterback. Germinerio graduated in 2019



Chris McNamara, chair of the Faculty Council, said the Faculty Council Executive Committee expressed concerns to administrators Sept. 11.

OLIVIA JACKSON/THE ITHACAN

from the College at Brockport in Brockport, New York. He is currently enrolled at Ithaca College as an undergraduate student. Germinerio said he

does not plan to complete a degree and plans to leave the college at the end of the fall semester.

See **CONCERN**, Page 4

## IC's rate of depression increases over decade

BY ANTONIO FERME  
STAFF WRITER

Poor mental health among college students has steadily increased across the nation. A research project by Ithaca College faculty and students demonstrates that the college is no exception.

Hugh Stephenson, associate professor in the Department of Psychology, facilitates teams of psychology majors that conduct research in areas relating to psychological health and well-being among college students. Teams have consisted of anywhere between eight to 13 people per semester. Seniors Michael Yeung and Alex Gray worked on a research team for the past three semesters that studied the changes in student anxiety and depression at the college over the past 10 years.

Stephenson said that through the study, which has been

conducted since 2009, the team found that anxiety and depression have increased dramatically at the college in the last decade. He said this increase could be linked to the rise in social media use among students. Stephenson said the team found that depression and anxiety rates among students from the college match the national standards.

Stephenson said that in 2009, approximately 2% of students from the college who were sampled in the study met the criteria for severe depression. In 2019, over 8% of students from the college who were sampled in the study met the criteria for severe depression. Approximately 2,500 students took the survey. Rates of depression and anxiety have markedly increased over the past decade,

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### COUNTRY FESTIVAL

Americana Vineyards Winery hosts Americana Countryfest, a celebration of country music.

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### STUDENT ACTIVISM

Clubs that promote social justice help young people remain educated and encourage youth activism.

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### SIDELINE STARS

Ithaca College athletes and fans react to the action on the field during recent home games.

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# NATION & WORLD

## Spanish court publishes ruling on former Venezuelan spy chief

The Spanish National Court said it rejected the request for the extradition to the United States of retired Maj. Gen. Hugo Carvajal, former Venezuelan military spy chief.

Carvajal was accused of drug smuggling and other charges. The court said the charges lacked detail and accepted the defense's claim that it was politically motivated.

The court's ruling, released Sept. 17, said it also rejected the request because Carvajal was acting under his military obligations when he committed the alleged crimes. Carvajal was freed from a prison in Madrid on Sept. 16. He headed Venezuela's military intelligence agency for more than a decade and was a close aide to former Venezuelan leader Hugo Chávez. The U.S. sought his extradition when he fled to Spain this year after publicly supporting opposition's efforts to oust Venezuelan President Nicolás Maduro. The ruling can be appealed.

## Indonesian government sends aid to fight widespread forest fires

Indonesia's president traveled to the area hardest hit by forest fires as neighboring countries urged his government to do more to tackle the blazes that have spread a thick, noxious haze around Southeast Asia. Indonesian President Joko Widodo flew to the Riau province, where approximately 123,500 acres have burned, to encourage authorities to get the haze under control.

Widodo told reporters Sept. 17 in the provincial capital, Pekanbaru, that approximately 5,600 additional military personnel were deployed to help

9,000 people currently fighting the fires, which razed more than 812,000 acres of land. He said approximately 52 helicopters dropped approximately 69.5 million gallons of water and 164 tons of salt for cloud seeding as part of the firefighting efforts in six provinces that declared states of emergency.

## Israel's Arabs poised to gain new voice after tight election

Israel's Arab coalition appears poised to emerge as the main opposition bloc following the Sept. 17 election.

With more than 90% of votes counted Sept. 18, the Joint List was expected to win approximately a dozen seats in the 120-member assembly, coming third after the Blue and White party and the right-wing Likud party.

In absolute terms, the Arab bloc appears to have repeated its performance in 2015, when it won 13 seats. But this time around, it would be well-placed to lead the opposition if a national unity government of the two largest parties is formed, as seems likely. That would put a representative of Israel's Arab citizens closer to the center of power than ever before.

## New parent accused of bribery in college admissions scandal

A woman was accused of paying \$400,000 to get her son into the University of California, Los Angeles, as a fake soccer recruit. She is the 52nd person charged in a sweeping college admissions bribery scheme, according to an indictment unsealed Sept. 17.

Xiaoning Sui, 48, of Surrey, British Columbia, was charged with a single count of conspiracy and fraud in the indictment unsealed in Boston's



### General Motors employees hold protest

General Motors employees, United Auto Workers members and labor supporters protested Sept. 16 outside the Flint Assembly Plant in Flint, Michigan. Workers left the factory and set up picket lines after contract discussions deteriorated into a strike.

JAKE MAY/THE FLINT JOURNAL VIA ASSOCIATED PRESS

federal court. Authorities said she was arrested in Spain on Sept. 16 and is being held there while authorities seek to extradite her to the United States. Dozens of other parents were charged in March 2019 when authorities announced the investigation.

## Woman arrested for threatening to carry out school shooting

Authorities arrested an 18-year-old Oklahoma woman accused of threatening to carry out a mass shooting at her former high school.

Pittsburg County Sheriff Chris Morris said Alexis Wilson of McAlester, Oklahoma, was arrested Sept. 16 after a co-worker told investigators that Wilson said she wanted to shoot 400 people at McAlester High School and investigators viewed video of Wilson firing an AK-47.

Authorities said that Wilson was expelled from the high school after violent incidents and was suspended on separate occasions after being caught with a knife and a swastika on her belongings at school. She was not allowed to re-enroll.

SOURCE: ASSOCIATED PRESS

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### Protesters rally for union at GreenStar

Current and former GreenStar employees gather outside the store to protest unfair working conditions, wages and firings.

### A tour of Ithaca's CBD store

Sherry Auble, manager at Your CBD Store in Ithaca, discusses the different products and the benefits.

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# Scholars create mentorship program

BY ALYSHIA KORBA  
STAFF WRITER

Project Embolden, a new mentorship program with New Roots Charter School, aims to create connections between Ithaca high school students and Ithaca College students.

The Class of 2020 BOLD Women's Leadership Network scholars organized the program that will take place at New Roots Charter School. This program is the Class of 2020 BOLD scholars' campus transformation project, which is a project every class of BOLD scholars are required to do during its senior year.

The first members of the college's BOLD scholars program, who graduated in 2019, organized Engaging Mental Health in People of Color (EMPOC) as their project to raise awareness for mental health issues in people of color.

The BOLD Women's Leadership Network was founded in 2016 by President Shirley M. Collado when she was executive vice chancellor and chief operating officer at Rutgers University–Newark. The program was first brought to Ithaca College in 2017 when Collado became president of the college.

BOLD is a scholarship for female-identifying juniors and seniors and aims to empower women in higher education.

The Class of 2020 is the second class of BOLD scholars at the college and is comprised of eight seniors: Clare Nowalk, Breanna Nieves Vergara, Makiesha Morgan, Kelly Madden, Ashae Forsythe, Audrianna Evelyn, Diana Castillo and Calissa Brown.



The Class of 2020 BOLD Women's Leadership Network scholars have initiated a mentorship program with New Roots Charter School. Every year, the BOLD scholars create a campus transformation project.

CHLOE GIBSON/THE ITHACAN

Nowalk said the scholars chose to organize Project Embolden to create a connection between the college and the greater Ithaca area while providing career mentoring for high school students. The program will pair a mentor to two or three 11th and 12th grade students at New Roots Charter School.

New Roots Charter School was chosen for the program because its values align with the BOLD values, said Michael Mazza, director of community engagement for New Roots Charter School.

"The BOLD scholars are great examples for our growing change-makers," Mazza said. "New Roots Charter School is

honored to participate with IC's BOLD program."

Nowalk said the scholars' goal with the program is to help students make informed decisions about their lives after high school. They plan to achieve their goal by presenting students with a variety of post-high school options.

"Students should have agency and choice in their decisions to pursue life after high school," Nowalk said.

BOLD Program Director Sam Bobbe said the scholars plan to hold professional development workshops for the high schoolers in which professionals will be brought in to teach students career skills. They are also hoping to organize a conference that will

be open to Ithaca High School and New Roots Charter School, Bobbe said. This conference would have representatives from colleges and vocational schools, employers and military recruiters.

The program has not begun yet because the scholars are waiting for approval on their grant proposal to the Pussycat Foundation, which sponsors BOLD, Bobbe said. The grant will be used to transport mentors to the school and transport the high school students to events organized by Project Embolden.

Nieves Vergara said more than 40 students signed up to be mentors at the organization fair Sept. 4.

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# Music dean to leave IC

BY ASHLEY STALNECKER  
ASSISTANT NEWS EDITOR

Karl Paulnack, dean of the School of Music at Ithaca College, will leave the college at the end of the 2019–20 academic year.

La Jerne Cornish, provost and senior vice president for academic affairs, announced Paulnack's departure in an email sent to the campus community Sept. 13. Paulnack was selected as



PAULNACK

dean in 2013 to fill the vacancy left by former dean Greg Woodard. Before becoming dean, Paulnack was director of the Music Division at The Boston Conservatory. Paulnack originally worked at the college on the music faculty

between 1986 and 1997.

Paulnack said he decided to depart from the college because he felt like he was nearing the end of what he initially came to the college to do.

"I had a particular vision for what I wanted to do when I came here seven years ago, how to move the school forward, and those specific goals have been largely realized," Paulnack said via email. "As we now have a new college administration and a new strategic plan about to begin, this is a reasonable time to hand off to a new dean to accomplish that next set of goals."

Cornish said Paulnack gave his notice almost a year in advance so the college could begin its search for a new dean during the 2019–20 academic year. Paulnack said via email that it typically takes the college a full academic year to complete a national search for a dean, forcing the college to appoint an interim dean.

Dave Maley, director of public relations, said the college will have enough time to decide how it will search for a new dean and begin the process without having to appoint an interim dean.

Paulnack said the timing of his departure was intentional.

"One of my goals around the timing of this is to be able to hand off to the next dean without a pause," Paulnack said via email.

During his time as dean, Paulnack led the School of Music through the National Association of Schools of Music reaccreditation process. The School of Music was accredited by the National Association of Schools of Music through the 2027–28 academic year.

Paulnack also helped establish the Master of Business Administration degree in entertainment and media management at the college. The degree, based in the School of Business, integrates business, communications and music faculty to teach students the multiple aspects of creative content.

Paulnack was also named to the Higher Education Advisory Group of the National Alliance for Audition Support, which is an initiative to increase diversity in American orchestras.

Cornish thanked Paulnack for his commitment to the college in the email sent to the campus community.

"We are so grateful for Karl's dedicated service to the college over these past six years, and in this final year we look forward to both celebrating his many accomplishments and working with him to set a bright future for the School of Music," Cornish said via email.

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# Speakers engage in dialogue about conflict

BY CODY TAYLOR  
SENIOR WRITER

Experts on the Israeli-Palestinian conflict came to Ithaca College on Sept. 17 to discuss their perspectives on growing up in a conflict zone and the need for a peaceful resolution.

The event, "Side by Side: Parallel Histories of Israel and Palestine," provided two viewpoints about the ongoing Israeli-Palestinian conflict. Approximately 50 people were in attendance. The event was cosponsored by Hillel at Ithaca College, the Department of Politics and the Office of Religious and Spiritual Life. Ori Nir, director of communications and public engagement of Americans for Peace Now, provided an Israeli perspective, and Nizar Farsakh, principal at Farsakh Training and Consulting and chair of the board of the Museum of Palestinian People, spoke about growing up on the Palestinian side of the conflict.

The Israeli-Palestinian conflict has been ongoing since the 20th century. The conflict is centered around Jewish and Palestinian groups claiming they both have ancestral rights to the same land. This has led to the emergence of a few extremist groups and violence resulting in thousands of casualties on both sides.

Lauren Goldberg, executive director of Hillel at Ithaca College, said the event was held due to student demand.

"It was a goal of ours at the end of last year, projecting into this year, to start out the year by addressing this," Goldberg said.

At the event, Nir provided context on the long-term impact of the Israeli-Palestinian conflict by telling stories about his parents' experiences while living in Israel.

"[My mother's] first memory is of her friend's father being murdered by a Palestinian terrorist or freedom fighter," Nir said. "My father's first memories were of the Arab uprising of 1936."

Farsakh said that because of the pain he felt as a result of growing up in the conflict, he used



From left, Nizar Farsakh and Ori Nir speak Sept. 17 about their experiences with Palestine and Israel respectively. The dialogue was sponsored in part by Hillel at Ithaca College.

ELEANOR KAY/THE ITHACAN

to support Palestinian violence.

"I thought that we needed to inflict more pain on them so that they think twice before they inflict pain on you," Farsakh said. "All that is missing there is putting yourself in their shoes and thinking they are probably feeling the same way, so it becomes a vicious circle. But because you are in so much pain, you don't have the space to even think of others' shoes."

Farsakh said it is imperative for individuals to become educated about the conflict.

"You really are doing a disservice if you really care about the people involved in the conflict if you hide under the disguise of 'It's complicated,'" Farsakh said. "It is not complicated, it is just human nature, and we can fix this."

Sophomore Lauren Barnes said she decided

to come to the event in hopes of gaining a better understanding of the conflict.

"After listening to these firsthand accounts, I have a better understanding of what it feels like for families growing up in constant conflict," Barnes said.

Nir said he was impressed with the number of students who came to the event and were interested in this conflict.

"There is a great deal of motivation on behalf of the students to get involved and make a difference, to be activists in support of Israeli-Palestinian peace, and this is very encouraging," Nir said.

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**From DEPRESSION, Page 1**

with rates doubling over the period in some cases, according to a study by the Journal of Adolescent Health.

The set of research Stephenson's psychology students worked on from 2009 to 2015 won an award of excellence in April 2018 at the 72nd annual Eastern Colleges Science Conference for outstanding presentation in psychology. Psychology students normally travel to regional and national conferences to present their work, which is one of the last and most important stages of their research, Yeung said.

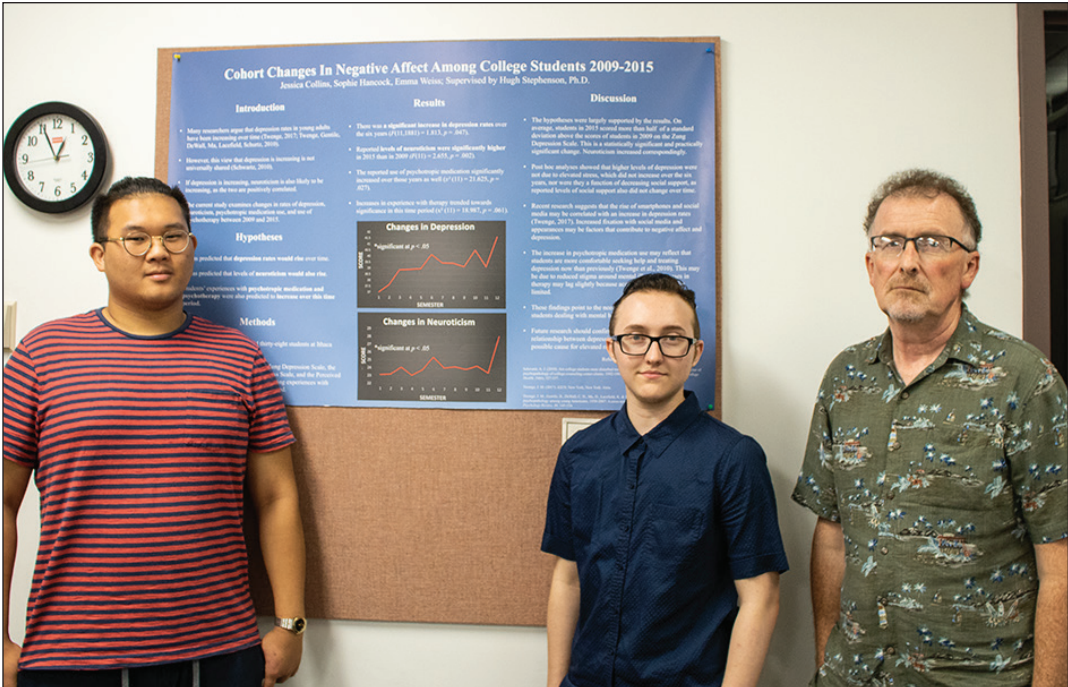
Stephenson said the research team cannot know exactly what is causing these significant increases based on the research. The team also looked at the impact of social support — talking to friends and family to help boost self-esteem — which is a large factor when studying depression and anxiety, but there were not any significant changes within the last decade. Other factors, including stress, alcoholism, drug use and weather, were considered as causes of the increases in depression and anxiety, but none of these variables has noticeably changed.

However, Yeung said the team members agree that social media is a major factor because it has an isolating effect on people.

"Social media is super-filtered in a way people wouldn't think," Yeung said. "When you go on Facebook or Instagram, everyone's just posting positive things. If you're in a negative space and you see a hundred people posting positive things, it almost perpetuates you staying depressed or just having a negative mindset."

Gray said social media often has negative impacts on one's self-esteem.

"I would guess the comparison is probably a huge factor of seeing



From left, seniors Michael Yeung and Alex Gray and Hugh Stephenson, associate professor in the Department of Psychology, researched the increase of depression among Ithaca College students.

ERIKA PERKINS/THE ITHACAN

all these other people being successful because it's able to make you think that you're a failure compared to other people who look more successful because it's being filtered online," Gray said.

A recent study from the University of Pennsylvania monitored social media use among undergraduate students. The findings suggest that limiting social media use to approximately 30 minutes per day may lead to significant improvement in well-being.

While depression rates have been rising for the past 10 years, they began exponentially increasing starting in 2014. Psychologist Jean Twenge, professor of psychology at San Diego State

University, spoke at Ithaca College last September and warned students about overuse of smartphones. In 2017, Twenge published a book, "iGen," that tracks cohort changes in student behaviors and emotions. Stephenson said Twenge brought to light that there are dramatic increases in depression and anxiety related to smartphone use. In her study, she established that 2013 was the first year when more high school seniors had smartphones than those who did not.

Gray said that when looking to the future, unless something drastic happens to

improve on-campus mental health services, depression and anxiety will likely continue to increase. The college's Center for Counseling and Psychological Services has received criticism in the past for its lack of counselors and long wait times for appointments, but it has recently implemented new services and more counselors.

Stephenson said there would probably have to be broader changes, like people getting rid of their phones, which he does not believe will happen.

"Increasing awareness might help people stand back and use their social media more critically," Stephenson said. "They can learn to say, 'I don't really need that' and 'Yeah, I've been on Instagram for five minutes, and I don't feel as good as I did five minutes ago.'"

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Increasing awareness might help people stand back and use their social media more critically."

— Hugh Stephenson

# SGC looks to fill vacancies at first meeting

BY ANNA DE LUCA  
CONTRIBUTING WRITER

The Ithaca College Student Governance Council welcomed its newly elected senators in its first meeting of the 2019–20 academic year Sept. 16. Currently, 19 out of 36 senator positions are filled on the SGC.

These vacancies continue the trend of less and less student engagement in the SGC over the years. In September 2018, there were only four out of 24 total senator positions filled with 20 positions that needed to be filled.

During the meeting, freshman Khadija Musa was elected as the School of Health Sciences and Human Performance senator. Musa was elected with a unanimous vote of 7–0 with no abstentions.

Musa said she was excited to learn she was elected to the SGC.

"It feels good, honestly, to be a part of something where I feel like I can actually make a change and have the input of other students and having to execute their ideas and have them heard," Musa said.

Musa said her experience as a first-generation college student and first-generation American inspired her to run for the SGC. She said she is excited to start writing bills and creating change on the college's campus.

The SGC held platform presentations Sept. 10 for students running for senate positions to discuss their priorities for the academic year. Freshmen Henry Wade and Grace Madeya ran for the Class of 2023 senator positions, and sophomore Hunter Simmons ran for the Class of 2022 senator position.

The election results were announced Sept. 16 on Intercom.

Wade and Madeya were elected as Class



The Student Governance Council held its first meeting of the 2019–20 academic year Sept. 16. The SGC is looking to fill 17 of its 36 senate positions. Applications close Sept. 30.

FRANKIE WALLS/THE ITHACAN

of 2023 senators. Two students are allowed to serve in the Class of 2023 senator positions. Wade received 53.84% of the vote with 14 votes and Madeya received 38.46% of the vote with 10 votes. There were two votes of no confidence.

Simmons was elected as Class of 2022 senator. He won 100% of the votes with eight votes.

Junior Senate Chair Abigail Murtha said via email that she is excited for the SGC this semester and that her goal is to increase the SGC's visibility on campus.

"I am also so excited to work with a group of people whose goals are so intent on making SGC into an approachable, recognizable, and helpful organization that every student at Ithaca feels comfortable and happy to engage with," she said via email.

Senior SGC President Farwa Shakeel said there are still many more senate positions that need to be filled. Applications are open until Sept. 30.

The positions of chief of staff, student liaison to the Alumni Association Board of Directors, director of transparency, two Class of 2020 senator positions, two Class of 2021 senator positions, one Class of 2022 senator position, Roy H. Park School of Communications senator, School of Business senator, School of Music senator, transfer students senator, club athlete senator, off-campus senator, two senator-at-large positions and graduate student liaison are available.

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## From CONCERN, Page 1

Because Germinerio has remaining eligibility to play football, he can complete an undergraduate degree at one Division III institution and begin another undergraduate degree at another Division III institution, according to NCAA Bylaw 14.1.9.

The executive committee called the meeting because it received concerns from faculty members regarding the terms of Germinerio's transfer, said Chris McNamara, chair of the Faculty Council and clinical associate professor and clinic director in the Department of Physical Therapy.

McNamara said she could not elaborate on the specific concerns discussed because the meeting was confidential. She said that Cornish, Ferro and Bassett were forthcoming with information at the meeting.

"I think we asked a lot of questions," she said. "We got a lot of information."

McNamara said that the executive committee meets twice every month and that the primary objective of the meeting is to prepare the agenda for Faculty Council meetings, which occur monthly. She said the faculty members who raised concerns requested for the executive committee to investigate the topic.

The executive committee consists of McNamara; Lisa Farman, assistant professor in the Department of Strategic Communication; Jason Freitag, associate professor in the Department of History; Claire Gleitman, professor in the Department of English; Stan Seltzer, associate professor in the Department of Mathematics; and Jana Waller, clinical assistant professor, fieldwork coordinator and chair of the Department of Speech-Language Pathology and Audiology. Approximately 35 to 40 people are present at regular monthly Faculty Council meetings.

Cornish said Germinerio was not included in the conversation and was not told that the conversation was taking place. Germinerio did not respond to a request for comment.

The executive committee released a statement to faculty members after the meeting.

"We had a productive conversation during which we asked questions and expressed the concerns of the many faculty who contacted us regarding this matter," the executive committee wrote in the statement. "Susan, Rosanna and La Jerne answered our questions and fleshed out our understanding of what transpired."

Cornish sent a message to faculty Sept. 17 regarding the meeting. She wrote in the statement that she also looks forward to having continued conversations about the academic and sports-related values of the college.

"Some of the criticism following the publication of [The Ithacan] article has been directed at the School of Business and the Office of Intercollegiate Athletics and Recreational Sports," Cornish wrote in the message. "After a thorough examination of the situation, I am happy to provide my continued unwavering support to our business school and athletics program."

Cornish said via email that after *The Ithacan* article about Germinerio was published, she expected faculty to be concerned about the situation. She said she thinks the conversation went well.

"We had a candid conversation with faculty clearly articulating their concerns," she said via email. "We discussed Division III athletics in general and our collective understanding of what it means to be a Division III athlete at Ithaca College in particular."

Bassett sent a Letter to the Editor on Sept. 12 stating that although Germinerio's transfer to the college is unusual, the Office of Intercollegiate Athletics and Recreational Sports complies with NCAA regulations.

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# Club fights against sexual assault

BY SYDNEY KELLER  
STAFF WRITER

IC Strike, a new student organization at Ithaca College, brings together survivors of sexual assault and allies to advocate for sexual assault awareness and prevention.

Junior Hope Gardner, president of IC Strike, said she started IC Strike to create a space where students can work together toward advocating against sexual assault while providing a support system for one another. Gardner said the organization will serve as an opportunity for individuals who have been victims of sexual assault to create a positive community that allows them to process their anger or mixed emotions.

The college was ranked 13th out of 50 New York state colleges with the most sexual assault reports in the first five months of 2018. The college had a total of 28 incidents reported to its Title IX office, 19 of these occurring on campus and one reported to law enforcement in 2018.

Gardner said she decided to start IC Strike because she is a sexual assault survivor. Gardner said she was assaulted off campus and felt a need to build a community at the college that understood her experience. Gardner said she felt her needs would not be fulfilled through attending group therapy or counseling on campus.

“As I was going through my healing process, I felt like I needed some sort of channel to put my



From left, IC Strike president and vice president, juniors Hope Gardner and Sydney Muraoka, started the club to advocate for survivors of sexual assault and to create a safe space for survivors.

ALISON TRUE/THE ITHACAN

energy into in order to gain a sense of empowerment and a sense of self again,” Gardner said.

Gardner started talking to individuals across campus and found that most people she talked to had their own stories, whether they were about also being assaulted, almost being assaulted or being harassed in some way.

“I realized we were all living in this isolation because there was all this stigma, and we didn’t want to talk about what happened,” Gardner said. “It makes you feel really alone and really gross, like you did something wrong. As I opened up and other people opened up to me, I was like, ‘Oh, ... there’s an entire community of us.’”

Junior Sydney Muraoka, vice president of IC Strike, joined the club because Gardner came to her and shared her vision of how IC Strike could create positive change on campus.

“If we don’t talk about [sexual assault], if we don’t try to start something like this, then who else would?” Muraoka said.

Gardner said no members will be forced to tell their stories nor will they need to give explanations as to why they want to be part of the organization.

One project Gardner said she wants to work on is partnering with Cayuga Medical Center and organizing a clothing drive to provide higher-quality clothing to sexual assault victims.

Her reasoning behind choosing Cayuga Medical Center is because she remembers how grotesque she felt after getting a rape kit.

“One of the most vivid memories for me after I was assaulted is when I finally got to leave the hospital and I was wearing these super baggy clothes: a T-shirt that went down to my knees and sweatpants that I had to physically hold up because they were too big,” Gardner said. I just remember being like ‘Wow, these clothes make me look on the outside how I feel on the inside.’”

Title IX Coordinator Linda Koenig said she believes IC Strike will positively impact the college.

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# CSCRE series celebrates anniversaries

BY OLIVIA KING  
STAFF WRITER

The Center for the Study of Culture, Race and Ethnicity (CSCRE) is celebrating 20 years at Ithaca College — which coincides with the 50th anniversary of ethnic studies nationally — with this year’s discussion series, “Roots and Routes: Reflecting Toward Change.”

The series will reflect on the history of CSCRE and how it has developed since its inception. Tanya Saunders, assistant provost for international programs and extended studies, said that in the 1990s, a group of students at the college asked for an ethnic studies minor. She said Howard Erlich, professor emeritus in the School of Humanities and Sciences, formed a committee to consider the request. Erlich concluded that the school should think about a program with a larger view of ethnicity, an idea that led to the development of CSCRE at the college in 1999.

Nicole Horsley, assistant professor in the women’s and gender studies program, said there was a large effort in higher education during the 1960s to create an ethnic studies program, as segregation, murders and police brutality were happening nationally. Horsley said schools like Cornell University went through a series of student uprisings before the creation of ethnic studies programs. Paula Ioanide, associate professor of comparative race and ethnicity studies in CSCRE, said the first ethnic studies program was developed at San Francisco State University after students advocated for the program.

Ioanide said Ithaca College’s annual discussion series allows the center to prompt conversations about race and ethnic studies through campuswide forums. She said the discussion series also allows the center to invite a wide range of artists, activists and scholars to present their works, that fit with the theme selected by the discussion series committee every year.

Horsley said this year’s discussion series is different from past years because it is not just about the present but, rather, thinking about



Nick Mitchell, assistant professor of feminist studies and critical race and ethnic studies at the University of California, Santa Cruz, spoke at an Ithaca College event Sept. 10.

EMILY SILVER/THE ITHACAN

how CSCRE was developed at the college.

Ioanide said the growth of the center can be attributed to students and faculty organizing to expand curricular offerings into Asian American and indigenous or Native American studies.

Saunders said the growth of the center allows students to learn how to discuss social and ethnic issues that are occurring nationally.

“I think we see that race, ethnicity and immigration or migration are important issues in the United States, as they’ve always been,” Saunders said. “We need a center that brings us together to talk about those issues and our connections to them.”

Horsley said the first speaker of this year’s series, Nick Mitchell, assistant professor of feminist studies and critical race and ethnic studies at the University of California, Santa Cruz, gave a presentation Sept. 10 on the history of student movements and the creation of the ethnic studies department at San Francisco State. He said the programs address points like segregation, developed and developing countries

and social justice.

A panel discussion and celebration for the center, “Celebrating 20 Years of CSCRE: Looking Back to Move Forward” will take place at 4 p.m. Oct. 11 in Clark Lounge.

Maria Hamilton Abegunde, affiliate in gender studies at Indiana University Bloomington, will also be speaking Oct. 22 at Ithaca College as part of the series. Her talk, “Are You Sure, Sweetheart, That You Want to be Well?” will focus on healing. Horsley said Abegunde will be teaching a week-long class focused on black religion and Africana studies in addition to her talk. Students can sign up for the workshop by emailing Horsley.

Kent Blansett, associate professor of history and Native American studies at the University of Nebraska Omaha, will present “Think Indigenous: Richard Oakes and The Red Power Movement” at 6 p.m. Dec. 5 in Klingenstein Lounge.

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# College uses app for safety

BY ASHLEY STALNECKER  
ASSISTANT NEWS EDITOR

Ithaca College has adopted a new Emergency Notification System equipped with an app and more safety features for the college community.

David Weil, associate vice president and chief information officer for Information Technology, said the college installed the Blackboard Connect system following the 2007 shooting at Virginia Tech, which killed 33 people. Recently, the college switched to a new system, Rave Guardian, which offers more streamlined communication, Weil said. The college made the switch in July and released information about the new system in an email sent to the campus community Sept. 12. Although he cannot disclose the cost of the new system or the previous system, Weil said, the new system is roughly the same cost as the previous system, and the college pays for it out of its central college budget.

The Emergency Notification System will be used when students, faculty and staff need to be notified about an issue as quickly as possible through phone calls, texts, emails and, eventually, push notifications. This includes notifications for severe weather conditions or an ongoing criminal incident requiring the community to take action to ensure its safety.

The email about the new notification system was sent less than a week after students were notified of a suspicious person on campus. The person was not a threat to the campus community, said Tom Dunn, associate director for the Office of Public Safety and Emergency Management, as previously reported by *The Ithacan*. Rosanna Ferro, vice president of the Division of Student Affairs and Campus Life, said the timing of the email announcement was coincidental and unrelated to the reported suspicious person. Ferro said discussions for the new system started in 2018.

Weil said Rave Guardian will include an app that students can download to choose different features of the Emergency Notification System that they would like to utilize. For example, Weil said, the app has a feature that allows students to track their locations. If a student wants Public Safety or a friend to know where they are traveling, they can turn on the feature, and if they do not check in at the end of their journey, Public Safety or the chosen party will be notified. Weil said these features will not be available on the app until Spring 2020.

Bill Kerry, director of Public Safety, said the app will most commonly be used to inform students of resources on campus. For example, the app will include information on services offered through the Hammond Health Center and the Center for Counseling and Psychological Services.

“That’s something that’s really exciting — that there’s multiple dimensions to this app,” Kerry said.

Cornell University also uses the Rave Guardian as an emergency notification system. Weil said the college had preliminary discussions with the Cornell Police Department to get feedback on how the system works.

Mark Conrad, director of technical systems and business administration for the Cornell Police Department, said via email that Cornell started using the system in 2017 and added the app in 2018. Conrad said over 1,800 users have downloaded the Rave Guardian app since 2018.

All information entered into the notification system is confidential, Weil said.

“Unfortunately, you know, the world the way it is today requires that all colleges, universities and K-12 schools have something like this in place,” Weil said. “In some respects, it is the single most important tool that we provide.”

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# VP for institutional advancement discusses goals

Wendy Kobler, vice president for institutional advancement, is the newest member of Ithaca College's senior leadership team.

Kobler, who began the position Sept. 1, replaced Chris Biehn, former vice president for institutional advancement, who left the college April 15. Kobler most recently served as the vice president for institutional advancement at Kentucky State University.

News Editor Madison Fernandez sat down with Kobler to discuss her plans to increase philanthropic support at the college.

*This interview has been edited for length and clarity.*

**Madison Fernandez:** Can you speak a bit about your decision to come to Ithaca College?

**Wendy Kobler:** It was very simple. After I spent an amazing day here interviewing, meeting the wonderful people, listening to the faculty share their stories, listening to the deans, learning more about the strategic plan, interacting with President [Shirley M.] Collado, I knew that this was going to be the right place for me. And not only that, look at this community, and look at your strategic location, look at the students, the diversity of students that you recruit and bring to the campus. So you are truly changing lives.

**MF:** You just recently left a similar position at Kentucky State, and I know that you recently earned a doctorate in global leadership. How will you take these experiences and apply them to the college.

**WK:** So my plan is to start with a listening tour. ... I believe that ... the ones doing the heavy lifting know the direction that we need

to go and then working to implement best practices within the office based upon the gaps that I see.

**MF:** What are some of your initial goals for your first year here?

**WK:** My initial goal is to really get a thorough and deep understanding of the institution, listen to the individuals and people and alumni and what their experience has been with the advancement office and with the college overall and to interact with as many students as possible because you're the mission. You are why it is that we're here.

**MF:** I know the strategic plan mentions increasing the college's endowment. How do you plan to work with the strategic plan to meet these goals?

**WK:** Well, specifically goal nine, when it talks about Ithaca Forever, there's a great opportunity in preparation for a comprehensive campaign, which is all about increasing the endowment and increasing the annual fund. But that all begins with more alumni and friend engagement. And so I believe the strategic plan clearly articulates a message where we can find philanthropic projects to be supported through the strategic plan. And so we will be starting in early in the fall. We're going to be starting a comprehensive campus project prioritizing those projects across campuses ... based upon input from the strategic plan that the final list will be decided upon by the president. It is truly a comprehensive approach. We'll be approaching everyone on campus, asking them for big, bold ideas in anticipation of a feasibility study with hopefully



Wendy Kobler, vice president for institutional advancement, joined the senior leadership team at Ithaca College on Sept. 1. She is the newest team member and most recently worked at Kentucky State University.

SURINA BELK-GUPTA/THE ITHACAN

the outcome of launching into a comprehensive campaign.

**MF:** What are some of those engagement techniques or strategies to really get alumni to engage?

**WK:** Well, I'm going to share with you the secret to advancement, to engagement, to philanthropy — you eat a lot. You just are going to spend a lot of time sitting across from people, but it's building those one-to-one, face-to-face relationships, getting to know you, understanding the experience you had as an undergraduate. What was transformational? Who were the faculty that impacted you? ... And so finding out about those transformations, finding out about your

philanthropic commitment, ... I can't make you philanthropic or not philanthropic. But what I can do is share the stories of today's students, reflect back on your time, create nostalgia and ask you to make a financial investment in the institution.

**MF:** Beyond alumni, what sort of other revenue streams do you anticipate to look at?

**WK:** Corporations, foundations — they are very philanthropic. They are supporting institutions such as ours. Friends — we have a very active friends group. And so there are a lot of ways to garner philanthropic support, but, still, the No. 1 revenue stream is going to be your alumni.

So we need to connect, engage and inspire through stories; more alumni to think about leaving their greatest assets: their gifts to the institution.

**MF:** What are some things you like to do in your free time?

**WK:** I'm an outdoor person, and I want to make the most of the beautiful weather that we have this fall. I'm looking forward to the end of September. I've read about the Harvest Apple Festival, so I will be there in spades. Just don't get in the way as I'm trying to get apple pie and apple cider.

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# Filmmaker gives speech on environmental activism

**BY JORDAN BROKING**  
CONTRIBUTING WRITER

Filmmaker Jeff Orlowski came to Ithaca College on Sept. 12 to speak to the campus community about his films and how they have sparked climate activism across the country.

Orlowski is a cinematographer and founder of Exposure Labs, a production group that focuses on creating films about social issues like climate change. He has created two films, one titled "Chasing Ice," which won an Emmy and an award at the Sundance Film Festival, and another film titled "Chasing Coral" about dying coral reefs around the world. Orlowski gave the presentation to an audience of over 300 people in the Emerson Suites.

At the presentation, Orlowski discussed how his works have impacted discussions on climate change. His first film, "Chasing Ice," focuses on melting glaciers in Greenland. Orlowski said that he did not plan on becoming a climate activist when he started the project but that he fell into the role through volunteering.

Orlowski said that during college, he would volunteer to help friends on film shoots. He said one of these friends happened to be friends with James Balog, a climate change photographer. Orlowski said his friend helped connect Balog and

Orlowski, which lead to his interest in climate activism.

Orlowski emphasized the importance of volunteering to help others with their projects.

"The value of volunteering at this stage of where you guys are, ... if you can take that time and opportunity now, ... you have this time period to set up a really strong foundation for you," he said. "It was my mentor, who connected me to [Balog], that got me to this place in Iceland during my senior year of college."

Orlowski explained how the films impacted audiences and had the ability to change perspectives. He showed a video of a woman who went to one of his films to heckle because she was not a believer of climate change. After viewing the film, she left believing in climate change.

Orlowski said that when screening films in different areas of the country, he encourages viewers to write messages to regarding climate change issues.

Orlowski played another video showing the success of these campaigns, like when the South Carolina House of Representatives and Senate voted to legislate a renewable energy bill, the Energy Freedom Act, in 2019.



Filmmaker Jeff Orlowski spoke to the Ithaca College community about climate change and activism Sept. 12 in the Emerson Suites. His documentaries have won multiple awards.

MOLLY BAILOT/THE ITHACAN

Orlowski said he likes to show his films in areas of the country that may not normally have exposure to these issues.

"We are thinking about other places that are politically up in the air," he said. "For us, it's identifying places that we think are interesting that will resonate with these stories."

Cornell senior Shivanie Rambaran, who saw both "Chasing Ice" and "Chasing Coral" prior to the presentation, said it was a dream to meet Orlowski.

"I'm so in awe," she said. "He's a great speaker, and he's very motivational, too. I'm already inspired, but every time I hear him talk, I get more motivated to do the things that I'm doing."

Freshman Matt Mahmet said that he did not know who Orlowski was before the

presentation but that he left inspired by Orlowski's words.

"The things that he suggests and the way he goes about all these climate change things, he's a genius," Mahmet said. "I think he's really fantastic and uses unconventional methods to make his point."

Orlowski said he hopes the students just getting started in the film and activism industries take a special interest in storytelling.

"Everybody has a different story to tell, both based on one's background, life experience, where they come from and also the stories that are meaningful and important to them," Orlowski said.

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**The value of volunteering at this stage of where you guys are ... you have this time period to set up a really strong foundation for you."**

**– Jeff Orlowski**



# COLLEGE

## Tickets for Cortaca at MetLife Stadium on sale at Athletics and Events Center

Ticket sales opened Sept. 18 for the 61st annual Cortaca Jug Game between Ithaca College and SUNY Cortland. The game is at 1 p.m. Nov. 16 at the MetLife Stadium in East Rutherford, New Jersey. So far, over 30,000 tickets have been sold to the general public. Tickets are on sale for students, faculty and staff with a valid college ID until Sept. 20.

Tickets can be purchased at the first floor ticket window at the Athletics and Events Center from 11 a.m. to 2 p.m. and from 6 p.m. to 9 p.m. Sept. 19 and from 11 a.m. to 2 p.m. Sept. 20.

There is a limit of four tickets per eligible college ID. Students, faculty and staff may bring one additional ID other than their own to the ticket pickup location. Tickets are \$15 and are for seats in sections 101–104, the home endzone of MetLife Stadium. Purchasers cannot purchase tickets in specific seats or sections, so those wanting to sit in the same row should purchase tickets together.

When purchasing tickets, students can sign up for a free bus that will leave from and return to campus on game day. The student bus will include breakfast and snacks. The first 100 students to register for the bus will receive a limited edition Cortaca T-shirt.

## Ithaca College to host symposium on white nationalism in the US

The Peggy Ryan Williams Difficult Dialogues Symposium focuses on topics that are often difficult to discuss. This year, Kelly Brown Douglas, dean and professor at the Episcopal Divinity School, will facilitate the conversation. The discussion will be held at 7 p.m. Sept. 26 in the Emerson Suites.

Douglas also serves as the Canon Theologian at the Washington National Cathedral.

She has authored articles and five books, including “Sexuality and the Black Church: A Womanist Perspective.” Douglas’ research focuses on womanist theology, sexuality and the black church.

Douglas’ presentation, “The Soul of the Nation at a Time of White Nationalism,” will be followed by a question-and-answer period.

The Peggy Ryan Williams Difficult Dialogues Symposium is named in honor of President Emeritus Peggy Ryan Williams, who was seen as an advocate for open discourse and a defender of academic freedom and open inquiry.

## First Ithaca music forum of the year to challenge American band culture

In the first Ithaca music forum of the year, musicologist Kate Storhoff will talk about the recent progress made toward diversifying the historically male American band and wind ensemble community. Storhoff will present the forum “Gender and American Wind Ensemble Community: Challenging the Culture” at 5 p.m. Sept. 20 in the Nabenhauer Recital Room. There will be a reception following the forum.

## Faculty earn recognition for initiative from international photo organization

Catherine Taylor, associate professor in the Department of Writing, and Nicholas Muellner, associate professor in the Department of Media, Arts Sciences and Studies, were featured in an article by Aperture, an international photography organization, for the Image Text Ithaca Press and MFA Program. Muellner and Taylor are co-directors of the ITI Press program, which Aperture named a leading example in experimental and hybrid image-text photo books.

## Scott Hamula chairs review panel on misleading AT&T commercial

Scott Hamula, associate professor and chair of the Department of Strategic Communication, chaired a panel of the National Advertising Review Board (NARB) that found that an AT&T Services Inc. television commercial titled “The Historic Launch” conveys an unsupported claim made by the company. The company claimed that with over 99% reliability, its services are superior compared to at least one viable competitive



Seniors begin the race to college’s finish

From left, seniors Colin Hay and Harry Margalotti race through an inflatable obstacle course at the Senior Class Picnic on Sept. 13 on the Campus Center Quad.

KRISTEN HARRISON/THE ITHACAN

service, and NARB recommended the message be discontinued.

AT&T stated that it will comply with NARB’s findings. Jennifer Gardner, senior director of Media North America, Unilever; Michael Cruz, senior director of brand marketing and communications for the New York Road Runners; and Tracy Broderick, president of Karsh Hagen, served on the panel with Hamula.

## Biology professor publishes paper co-authored by two IC graduates

Andrew Smith, professor in the Department of Biology, published a paper in the Philosophical

Transactions of the Royal Society that was co-authored by Kim Fung ’16 and Chris Gallego Lazo ’19.

The paper, titled “Elasticity and Energy Dissipation in the double network hydrogel adhesive of the slug *Arion subfuscus*,” follows up on another paper from Smith’s lab demonstrating the power of the double network mechanism for creating tough glues.

Smith’s lab was the first to demonstrate the use of the double network mechanism in a glue, and this finding has since inspired new synthetic adhesives that could be used for medical purposes.

# Public Safety Incident Log

SELECTED ENTRIES FROM  
SEPTEMBER 2 TO SEPTEMBER 8

### SEPTEMBER 2

#### CRIMINAL TAMPERING THIRD DEGREE

LOCATION: Terrace 6  
SUMMARY: The caller reported an unknown person created an offensive message by rearranging a previously posted message on a bulletin board. Patrol Officer Mayra Colon responded.

#### SUSPICIOUS CIRCUMSTANCE

LOCATION: Boothroyd Hall  
SUMMARY: The caller reported hearing arguing and crying. The officer reported the person was feeling homesick. Patrol Officer Daniel Redder responded.

### SEPTEMBER 3

#### SCC FIREARM, FIREWORK, DANGEROUS SUBSTANCE OR WEAPON

LOCATION: Boothroyd Hall  
SUMMARY: The caller reported person in possession of a sword. The officer judicially referred the person for possession of a weapon. Master Patrol Officer Bob Jones responded.

### SEPTEMBER 4

#### FIRE ALARM SMOLDERING

LOCATION: U-Lot  
SUMMARY: The caller

reported a machine was smoking. Environmental Health and Safety found a cigarette receptacle smoking and dumped water on it. Fire Protection Specialist Max Noble responded.

#### SEXUAL ABUSE THIRD DEGREE

LOCATION: Rowland Hall  
SUMMARY: The caller reported a person had unwanted sexual contact with another without consent. Patrol Officer Lance Clark responded.

#### CHANGE IN CASE STATUS

LOCATION: Office of Public Safety and Emergency Management  
SUMMARY: The officer reported the person suspected in sexual abuse incident reported Sept. 4 was interviewed and judicially referred. Patrol Officer Lance Clark responded.

#### SUSPICIOUS PERSON

LOCATION: The Campus Center  
SUMMARY: The caller reported third-hand information that an unknown person was causing people to feel uncomfortable. The officer reported the person had left the area. Master Patrol Officer Bob Jones responded.

### SEPTEMBER 5

#### SUSPICIOUS PERSON

LOCATION: Lyceum Drive

### SEPTEMBER 6

#### SUSPICIOUS PERSON

LOCATION: Upper Quad  
SUMMARY: The caller reported a suspicious person. Officers were unable to locate the suspicious person. Sergeant Donald Lyke responded to the incident.

#### SUSPICIOUS PERSON

LOCATION: Ithaca College Natural Lands  
SUMMARY: The caller reported a suspicious person. The officer located person and determined they were not suspicious. Tom Dunn, associate director for the Office for Public Safety and Emergency Management, responded.

#### MAKING GRAFFITI NO DEGREE SUB 1-2

LOCATION: U-Lot  
SUMMARY: The caller reported an unknown person wrote a vulgar statement on a door. Patrol Officer Mayra Colon responded. The investigation is pending.

#### SUSPICIOUS CIRCUMSTANCE

LOCATION: Emerson Hall  
SUMMARY: The caller reported

third-hand information of a person possibly sleepwalking entering another person’s room. Patrol Officer Daniel Redder responded. The investigation is pending.

#### SUSPICIOUS PERSON

LOCATION: C-Lot  
SUMMARY: The caller reported a person acting unusual. The person located was conducting stretching exercises. Patrol Officer Shawn Lansing responded.

#### OFF CAMPUS INCIDENT

LOCATION: Coddington Road  
SUMMARY: The caller reported a person matching the description of the suspicious person reported on an Intercom alert. The officer was unable to locate the person. Sergeant Donald Lyke responded.

### SEPTEMBER 7

#### SCC DRUG VIOLATIONS

LOCATION: West Tower  
SUMMARY: The caller reported the odor of marijuana. The officer judicially referred two people for violation of drug policy. Master Patrol Officer Waylong Degraw responded.

#### PETITE LARCENY UNDER \$50

LOCATION: Emerson Hall  
SUMMARY: The caller reported an unknown person stole sheets. Patrol Officer Sophia Dimkos responded.

#### CHANGE IN CASE STATUS

LOCATION: Emerson Hall  
SUMMARY: The officer reported sheets that were reported taken from Emerson Hall on Sept. 7 were taken by accident and were returned to the owner. No larceny occurred. Patrol Officer Sophia Dimkos responded.

### SEPTEMBER 8

#### ACCIDENTAL PROPERTY DAMAGE

LOCATION: Ceracche Center  
SUMMARY: The caller reported a baseball damaged a window of the building. Patrol Officer Sophia Dimkos responded.

#### SUSPICIOUS PERSON

LOCATION: Upper Quad  
SUMMARY: The caller reported a suspicious person. The officer located the person and deemed that they were not suspicious. Patrol Officer Kevin McClain responded to the incident.

Full public safety log available online at [www.theithacan.org](http://www.theithacan.org).

KEY
SCC – Student Conduct Code
V&T – Vehicle and Transportation
AD – Assistant Director
IFD – Ithaca Fire Department



## crossword

By United Media

1	2	3	4		5	6	7	8		9	10	11
12					13					14		
15					16					17		
				18	19				20	21		
22	23	24				25	26					
27					28				29	30	31	32
33					34					35		
36			37		38				39			
				40	41			42				
43	44	45						46				
47				48	49	50			51	52	53	54
55				56					57			
58				59					60			

ACROSS

- 1 Wild canine
- 5 Warrior princess
- 9 Unvarnished
- 12 Linoleum measurement
- 13 Interstate
- 14 GI entertainers
- 15 Bug repellent
- 16 Taking a cruise
- 17 Knight's title
- 18 Exclaim
- 20 Shine
- 22 Armload of papers
- 25 Not resist
- 27 Discharge
- 28 Narrow inlet
- 29 Seacoast eagle
- 33 Capp and Jolson
- 34 Ft. above sea level
- 35 Mr. Fleming
- 36 Petition
- 38 Airplane
- 39 Kachina maker
- 40 Guide
- 42 Doled (out)
- 43 Faults
- 46 Tijuana aunt
- 47 Anger
- 48 So long, in Soho (hyph.)
- 51 Sleek racer
- 55 Nonverbal OK
- 56 Mild cheese
- 57 Oregon, to Yves
- 58 WSW opposite
- 59 Artist -- Magritte
- 60 Valley

DOWN

- 1 Handful of cotton
- 2 Smelter's supply
- 3 1865 yielder
- 4 Rich dude (2 wds.)
- 5 Cavity detector (hyph.)
- 6 Dawn goddess
- 7 Kilt-wearer's no
- 8 Old saying
- 9 Clever play
- 10 Laos' locale
- 11 Fish bait
- 19 Diamond loc.
- 21 Wood ash product
- 22 Daytime drama
- 23 Seed cover
- 24 Latin I verb
- 25 Lubricated
- 26 Fiberglass bundle
- 28 Hindu prince
- 30 Melee
- 31 Collar site
- 32 Writer -- Bag-nold
- 37 Stein filler
- 39 Recovered
- 41 Acid + alcohol
- 42 Distance
- 43 Grape producer
- 44 Strong metal
- 45 Surrender, as territory
- 46 Not exciting
- 49 Lemon cooler
- 50 Brown shade
- 52 Actress -- Ha-gen
- 53 Four qts.
- 54 Summer in Savoie

last issue's crossword answers

EVE		ISAK	SOME	
TEX		DANA	H MOS	
HEEDS		GYRO	DA	
ORCA		TOOTED		
SS		HOARSE	ISM	
		ALCOA	FETA	
VISITS		LOOTED		
ANKA		FAWNS		
NAE		WOODED	WA	
		DRABLY	USER	
IQ		AXEL	SEEDS	
CUTS		YOLK	AGO	
KEEP		SWAY	TEN	



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**STATE**

9/20 CAPITOL STEPS

9/21 MYSTERY SCIENCE THEATER 3000 *LIVE*

9/24 RAINBOW KITTEN SURPRISE

9/28 CAT POWER w/ ARSUN

10/5 PAULA POUNDSTONE

10/11 THE ROBERT CRAY BAND w/ BONNIE BISHOP

10/18 KIP MOORE w/ TUCKER BEATHARD

10/25 ST. PAUL & THE BROKEN BONES

10/26 ELVIS COSTELLO & THE IMPOSTERS

10/29 JENNY LEWIS: *ON THE LINE TOUR*

11/1 RUFUS WAINWRIGHT: *OH SOLD TOUR*

11/3 GREGORY ALAN ISAKOV

11/19 DARK STAR ORCHESTRA

1/17 AN EVENING WITH MIKE GORDON

**HAUNT**

9/21 UPSTATE

9/23 SOUTHERN CULTURE ON THE SKIDS

9/26 OLIVIA GATWOOD

9/27 ZACH DEPUTY

9/28 THE MIDNIGHT HOUR

9/29 SCYTHIAN

10/1 MAGIC CITY HIPPIES

10/2 CAVETOWN *SOLD OUT*

10/4 EMO NIGHT BROOKLYN

10/5 BOX OF RAIN

10/8 TIGER ARMY


**HANGAR**

10/12 RICKIE LEE JONES

10/18 TOM RUSH

10/24 THE BAD PLUS

11/9 MARC COHN



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The Sudoku Source of "The Ithacan".

## sudoku

medium

		9	7		5		4
		6	8	4			9
8	2		5				3
2		5	6				
	4	3					
				9			
				8		6	
				2	4		7
	9		1	4	7		

last issue's  
sudoku answers

easy

6	5	4	9	8	3	1	2	7
8	1	3	2	6	7	5	9	4
2	9	7	5	4	1	6	3	8
9	6	2	7	1	5	4	8	3
5	4	8	6	3	2	9	7	1
7	3	1	4	9	8	2	6	5
1	7	5	3	2	6	8	4	9
4	8	6	1	7	9	3	5	2
3	2	9	8	5	4	7	1	6

very hard

2	6	5	4	9	7	1	8	3
3	8	4	2	1	5	7	9	6
7	9	1	3	6	8	5	2	4
6	4	3	7	8	1	9	5	2
8	1	2	5	4	9	3	6	7
5	7	9	6	2	3	4	1	8
9	3	7	8	5	2	6	4	1
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**NEW ISSUE**  
**EVERY THURSDAY**

**I**  
THE ITHACAN



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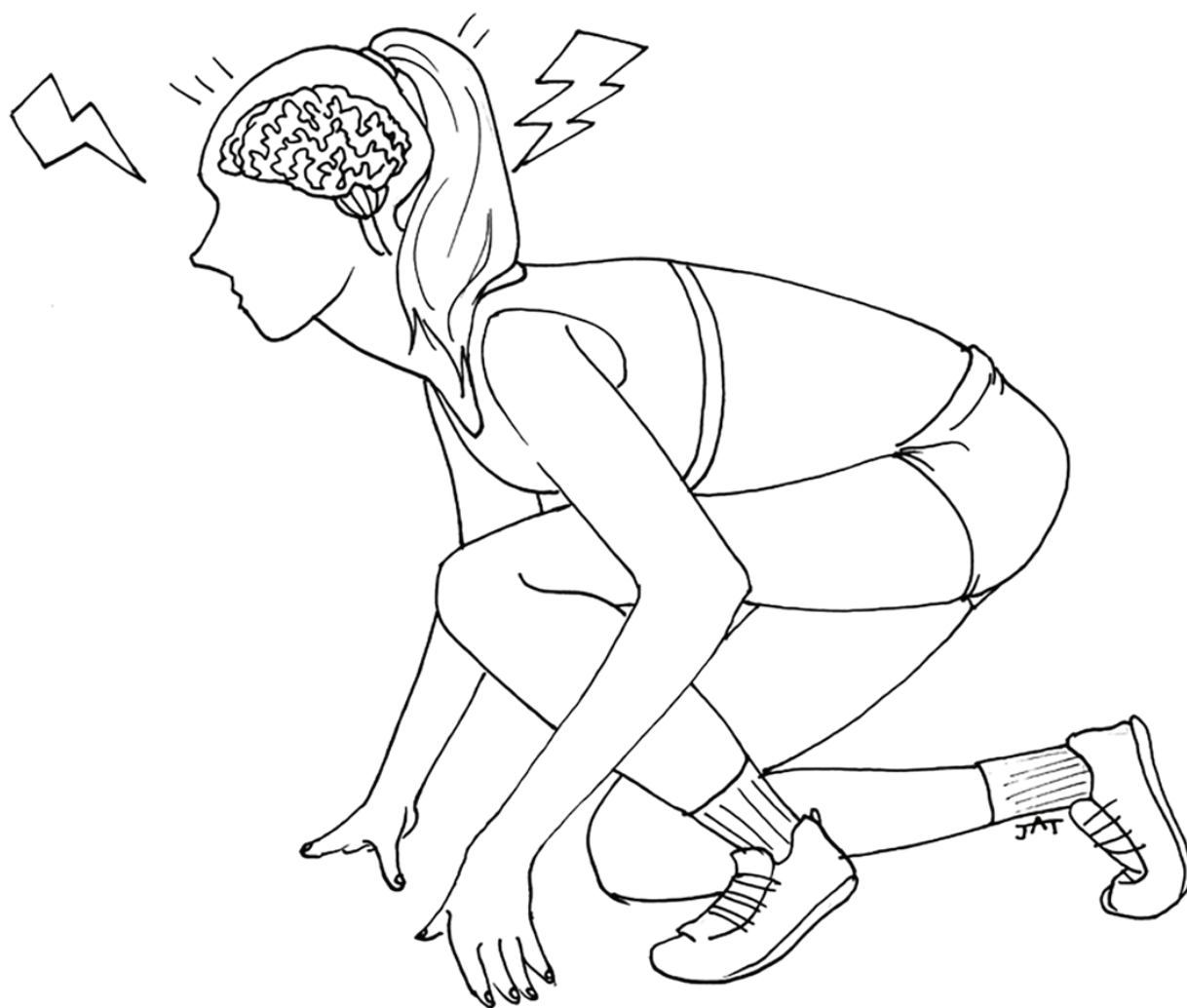
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ASSISTANT NEWS EDITOR

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NEWS EDITOR





JACOBA TAYLOR/THE ITHACAN

## EDITORIALS

### Campus must recognize mental health of athletes

For centuries, sports have played a crucial role in culture and society. Many people across the world value sports both as a compelling source of entertainment and as symbols of community, and collegiate athletics are no exception.

During the 2017–18 season, NCAA programs drew approximately 47 million fans to stadiums nationwide.

But while people pay significant attention to sports games — who wins and who loses — they often pay little attention to the players beyond their athletic performances. This is prominent in college athletics, a demographic that statistically requires regular care beyond the field.

Approximately 90% of student-athletes report experiencing an athletics-related injury during their careers, according to the National Athletic Trainers' Association. This can lead to dangerous measures that can impact students' mental and physical health. According to the National Athletic Training Association, 54% of student-athletes reported they played while injured. However, athletic injuries do not just impose physical burdens — they impose emotional burdens, too.

Severe injuries can force athletes to forfeit their sports temporarily and, in some

cases, permanently. In doing so, these student-athletes lose a primary aspect of their identities and one of their primary support systems. This isolation can trigger a number of difficult emotional responses.

In more severe cases, it can reveal mental health issues like depression, anxiety and disordered eating. Sports teams cultivate an environment centered around strength and success. For this reason, it can be difficult for athletes to open up, eliminating an opportunity for them to discuss their struggles with those who would best understand them.

The expectation that athletes remain tough is a problematic approach to sports culture, one that inherently discourages athletes from seeking mental health help.

At the college, students in the athletic training program are taught to view injured athletes as complete individuals and recognize that their needs might have a mental health component, too.

We should take note of this method and approach sports culture with a balanced perspective. These players are not just valuable if they bring home a trophy — they are valuable because they're human. Moving forward, we must recognize the sacrifices student-athletes make and provide support through it all.

### Students should remain informed on divisive issues

The Israeli-Palestinian conflict is one of the most trying, complex issues that exist in the world today. At its core, it is a dispute between two self-determination movements: Jews and Arabs laying claims to the same land. It dates back to the 19th century, primarily as a conflict over the West Bank and Gaza Strip. Since then, Arabs and Israeli's have engaged in an ongoing cultural battle over the geographic area that, in 1948, became modern-day Israel. This is the conflict in its simplest form, but the intricacies of the problem extend much further.

On Sept. 17, Hillel at Ithaca College collaborated with the Office of Religious and Spiritual Life and the Department of Politics to present "Side by Side," a shared conversation about the Israeli-Palestinian conflict. Throughout the event, visiting speakers with personal connections to the conflict shared their family histories and their understandings of Israeli and Palestinian history.

The complicated nature of the dispute demands an educated, developed understanding of what both Israelis and Palestinians have experienced throughout the last few centuries, which was an attitude promoted by the leaders of the college's recent discourse. "Side by Side"

provided an opportunity for people to learn directly from those with an intimate understanding of the issue and its background. Gaining insight from people who have been impacted can help us attain an entirely new level of understanding and help humanize a problem that seems far away.

As members of a higher education institution, it is important that we take advantage of opportunities to engage in dialogue about divisive issues. We are privileged enough to be surrounded by a culture that promotes learning — it is our responsibility to engage with those who can help us further our own understandings of the world around us.

Additionally, it is crucial that members of the college community make space for different perspectives and experiences. When learning about complicated issues such as the Israeli-Palestine conflict, create space for people on all sides of an issue to engage in productive dialogue. While the college may be geographically removed from both Israel and Palestine, it is not removed from the ideologies and identity politics that define the conflict. Moving forward, we must continue to engage in complex issues, regardless of how uncomfortable it might be.

### Letter to the Editor

Be heard in print or on the Web.



Send a letter to the editor to [ithacan@ithaca.edu](mailto:ithacan@ithaca.edu).

Letters must be 250 words or fewer, emailed or dropped off by 5 p.m. Monday in Park 220.

### Guest Commentary

Individuals or groups interested in submitting a guest commentary can send their writings to [ithacan@ithaca.edu](mailto:ithacan@ithaca.edu) or to the opinion editor at [bcook4@ithaca.edu](mailto:bcook4@ithaca.edu). All commentaries must:

1. Convey a clear and concise message.
2. Be written by an individual or group who has an educated opinion or is an authority on a specific subject.
3. Be between 500–650 words. Whether more or less space is allotted is at the discretion of the editor.



NATIONAL RECAP

# California Legislature bans private prisons

**BRONTË COOK**  
OPINION EDITOR

The California Legislature passed a bill that would ban the use of private prisons throughout the state Sept. 11. The ban would also apply to detention centers operated by Immigrations and Customs Enforcement (ICE) in California. The bill will likely close down four large immigration detention centers that can house up to 4,500 inmates each.

Private prisons are prison facilities run by private prison corporations whose services are contracted out by the government, according to the Bureau of Justice Statistics. When the government contracts a private prison, it makes payments per prisoner on a regular basis. Corrections Corporation of America, the largest private prison company in the U.S., has seen a 500% increase in profit throughout the last 20 years, according to The Equal Justice Initiative.

Specifically, the bill aims to bar the California Department of Corrections and Rehabilitation from creating or renewing contracts with private prisons beginning in 2020. It also seeks to bar the state from housing inmates in for-profit prison facilities. The latter guideline would take effect in 2028, giving the state

an eight-year window to restructure inmate housing.

The bill was authored by California assembly member Rob Bonta. When Bonta originally proposed the bill, it applied to contracts between private prison companies and the state's prison authority. In June, Bonta amended the bill to include ICE's major detention centers in the state. Bonta said the measure aims to protect prison inmates from companies that are primarily motivated by the prospect of financial gains.

"They don't care what happens to people when they return to their communities," Bonta said. "We do."

Historically, private prison owners viewed the state of California as one of their fastest-growing markets. The state increased its dependence on private prisons in 2009 after a federal court ruled that the state was violating inmates' constitutional rights by keeping them in overcrowded facilities. In 2016, private prisons locked up approximately 7,000 Californians, according to the federal Bureau of Justice Statistics.

However, throughout the last few years, the state has backed efforts to transfer inmates from private to public prisons. As of June, for-profit prisons held just over 2,000 of the state's total inmates.



The California Legislature recently passed a bill that would ban the use of private prisons throughout the state. Specifically, it aims to bar the state from creating or renewing contracts with private prisons beginning in 2020.

SUE OGROCKI/ASSOCIATED PRESS

The U.S. has a long and complicated history with private prisons. In the 1980s, the war on drugs influenced a dramatic increase in arrests throughout the country. When government facilities struggled to keep up with rising incarceration rates, private companies took advantage of the opportunity and began constructing for-profit prisons, according to The Sentencing Project.

Between 2000 and 2016, the number of people housed in private prisons rose 47%, compared to a 9% rise in general incarceration rates, according to The Sentencing Project. In 2016, private prisons incarcerated nearly 130,000 individuals throughout the country, which is 8.5% of the total state and federal prison population.

In 2016, former President Barack Obama's administration enacted a

policy to reduce the government's reliance on private prisons. However, in February 2017, this policy was reversed by President Donald Trump's administration.

California Governor Gavin Newsom has until Oct. 13 to sign or veto the measure.

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NEWSMAKER

# Student conducts research on prominent playwright

Senior acting major Erin Lockett spent the summer researching Lorraine Hansberry, the first black female author to have a play performed on Broadway. Following her research, Lockett wrote a one-act play about Hansberry's life.

Lockett's research was funded by Ithaca College's School of Humanities and Sciences Summer Scholars Program. The competitive program funds students, a benefit that allows them to conduct research of their choice and connects them with faculty mentors.

Opinion Editor Brontë Cook spoke to Lockett about her personal connection to Hansberry, her complicated research process and her first experience with writing a play.

*This interview has been edited for length and clarity.*

**Brontë Cook:** Who was Lorraine Hansberry?  
**Erin Lockett:** She is an amazing black queer woman who was a writer. She is a poet. She is a playwright. She painted for a little bit in college in Mexico. She's mostly known for her plays, like "A Raisin in the Sun." ... She was around with James Baldwin and Langston Hughes, that group. Those are her contemporaries. ... She also wrote under a false name for a lesbian magazine. ... She ended up being a recluse. ... She was just alone with her husband at the time. ... Their whole relationship was really interesting. ... He knew she was gay, but they had a very intense companionship. ... There was no animosity there. They were best friends. ... But layering that on top of her actual sexuality, it's very confusing. And it was really difficult writing about it because so much of that stuff was kept under wraps. Her relationship with women, ... one of the characters [in my play] becomes a metaphor for that. Mary is a white student she meets while studying abroad in Mexico. ... I wrote it like that because when you're left with so little information about something, ... the frustrating part is not having anything to root that in, like actual names and letters that were passed between people. I had to make it a metaphor, but I'm really happy it turned

out in a pretty poetic way.

**BC:** So, this one-act play that you wrote about Hansberry's life ... it was inspired by your summer research. Why did you choose to do your summer project on her?

**EL:** [My professor] watched a ... documentary about Lorraine Hansberry, and she was like, 'Why hasn't anyone ever written anything about this? Why isn't there a play about just her and not about her work?' ... So she talked to me, and she was like, 'You should watch this — get to know her a little bit and see if you want to write something.' I don't know why she thought I could write — I never mentioned being able to write anything. But I watched it, and I really, really enjoyed it. And then, at some point later, I heard about the summer scholar project. What kind of sold me on it was that I would get paid over the summer to basically do [research on] whatever I wanted. So I was like, "Well, okay, I'll research her and I'll write about her," ... and then it kind of just kept growing into this big thing. At a certain point, I was like, "I'm gonna write a play." ... It was a lot of just throwing things out there and people being interested enough in me having to show up and do things, but it worked out. They paid for trips to the city to do research, which is fun.

**BC:** Can you tell me about your one-act?  
**EL:** It starts with ... the ending of "A Raisin in the Sun," and then it goes into her life. ... It's chronological. You follow her through school, and you follow her through Mexico. Her father also died when she was 15, so a lot of it is her looking for her father and then trying to find herself. She ends up finding herself. ... She goes to Mexico, she finds her identity, ... like who she is and who she wants to be. She ends up dying at the end because that's what happens.

**BC:** How much of it is fact? And how much did you weave in a fictional narrative?  
**EL:** Most of the play is true facts. ... I have some of her writings in there, ... some of her letters. I



Senior acting major Erin Lockett spent the summer researching Lorraine Hansberry, the first black female to have a play performed on Broadway. She wrote a one-act based on her findings.

SURINA BELK-GUPTA/THE ITHACAN

have her newspaper clippings. ... All the stuff that I found in the archives are verbatim, but stuff like the metaphor of the queer relationship in Mexico — that's made up. There was no one named Mary.

**BC:** You said that a lot of her history is hidden, like her sexuality. How did you go about learning about her in an authentic way?  
**EL:** I started with her plays. ... I went to the Schomburg Research Center in Harlem. They have this giant archive of boxes and boxes of her actual letters and her actual journal entries. ... In her high school yearbook, she wrote in stuff like, "Wow!" next to a guy who was shirtless in a swimming picture, stuff like that. ... It just humanized her so much. ... I went there a few times. ... When she was young, her dad ...

moved her family, her full black family into this white neighborhood. ... Of course, there's a riot. [Neighbors] threw a brick through the window — it nearly hit her. ... That parallels perfectly with the ending of "[A] Raisin in the Sun." ... It's about a black family, ... and at the end, they end up moving to a white neighborhood. ... You never see what happens after, but ... she put herself in the play.

**BC:** Do you think you'll ever produce your play?  
**EL:** Some people have encouraged me to do a little showing of it at the end of the year since it is so short. ... It's my senior year, so why not try?

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GUEST COMMENTARY

# Thrifting supports environmental sustainability

BY BRIANNA LASITA

Thrift trends are sweeping the nation. Hippies and hipsters alike spend hours picking through massive bins and swiping through racks of cheap, eccentric clothing faster than they swipe through people on Tinder. Many of my peers, including myself, get a shopper's high flitting through racks on racks of color-coded sweaters — most of which are older than we are. The endless aisles of clothing contain eclectic, one-of-a-kind gems that have all been previously owned, come with a story and, often, a questionably musty smell.

In the past, thrifting garnered a negative reputation among members of older generations for being an alternative for people who can't afford brand names. But, somewhere along the fashion lines, it became trendy to wear other people's used clothing.

In recent years, thrifting has become not only a hobby but, for many, a lifestyle. Young people don't just desire thriftstore looks but also the experience of a never-ending treasure hunt. Thrifting websites and apps like Poshmark and Depop even help people sell their clothes virtually.

There are also many benefits to thrifting in terms of environmental sustainability and ending the capitalistic, consumerist fast fashion industry. In today's political sphere, in which climate change deniers are in charge and are stripping away environmental rights, like the dismantling of endangered species conservation for oil and gas production, we must become smarter and more effectively sustainable consumers.

Thrifting helps reduce the amount of clothing produced through manufacturing, a process that is very taxing on the environment. Synthetic fibers, which are often used in modern clothing designs because they are cheap, require tons of energy as well as crude oils like petroleum.

Not only are the gases from these oils polluting our atmosphere, but they are also toxic to breathe in and touch. These materials are easily broken down in the wash, ending up in our drinking water and making clothing less durable. Who knew that thrifting clothing with nonsynthetic fibers could be making your drinking water cleaner?

In addition, many well-known name brands such as Forever 21 and Nike hire employees to work extremely long

“Fast fashion corporations utilize mass production that perpetuates economic inequality.”  
— Brianna LaSita



Junior occupational therapy major Brianna LaSita writes that thrift shopping can help reduce the amount of clothing produced through manufacturing, a process that produces waste and is taxing on the environment.

BEJIN PHILIP BENNY/THE ITHACAN

hours in hazardous conditions for next-to-no pay. These workers are typically women and children in third world countries who do not have access to fair work conditions and education.

By thrifting, you are indirectly helping put an end to the fast fashion industry which is built on the breaking backs and cracking hands of the international impoverished.

Thrifting isn't just ethical from a shopping perspective, but a giving one, too. Donating your clothing to local charities and thrift stores keep them out of landfills and on

the backs of people who may really need them.

While thrifting is often seen as a fun pastime among those in our generation, it's also important we consider the paradoxical nature of thrift shopping being popular among upper- and middle-class young people.

For many low-income families, thrift shopping is one of the only accessible ways to get by — and that should not be romanticized. It is always important to be aware of your privilege while thrifting, as it is many people's

only means of obtaining clothing.

However, fast fashion corporations utilize mass production that perpetuates economic inequality, making thrift shopping the most equitable way to get clothes.

Ultimately, thrifting is a socially conscious way to unique outfits at a much lower cost and can be a fun activity to do with friends.

**BRIANNA LASITA** is a junior occupational therapy major. Connect with her at [blasita@ithaca.edu](mailto:blasita@ithaca.edu).

GUEST COMMENTARY

# Youth voices are crucial in social justice movements

BY AMANDA BEHNKEN

I used to be a horrible underachiever. In high school, I did the bare minimum amount of work, maxed out on excused absences and failed to commit to the biweekly meetings of the one club I was in. So, if you told my 16-year-old self that four years from then she'd be writing about the importance of student activism for her school newspaper, she'd just about fall over. The good thing is because I'm not someone who's naturally inclined to join every club my school offers — even if it looks good on a resume — I've learned a lot about living with intention and the importance of making a difference.

I had to start small, and it wasn't easy. I learned that there are so many ways to be “active,” like simply taking the time to educate yourself on something you don't yet understand or speaking up the next time someone says something offensive. It's important to realize that you're not going to be able to change overnight, but that's not to say you shouldn't start. Eventually, I came to discover that the primary reason why student activism is so important is also the primary reason why so many young people, myself included, find it difficult to get involved: People in positions of power don't want you to.

People in power benefit from the lack of youth participation in government and policy, creating a culture that disconnects young people from policymakers. The prominent idea that young people simply don't have the power to make an impact further discourages youth from getting involved. But this is not the case — young people do have the power. Throughout the last decade, young people have

driven increased voter turnout. Nearly 36% of 18–29 year olds voted in the 2018 election, which is a 16% increase from 2014. Imagine the change young people could make if everyone in our age demographic made it to the polls.

Consider the Parkland students. A year and a half ago, 17 people were killed at Marjory Stoneman Douglas High School in Parkland, Florida. A group of survivors created “March for Our Lives,” a massive social movement calling for an end to gun violence. The movement called for students to demand change from our government officials. The movement's message didn't just reach those in their community but people nationwide. March for Our Lives movements sprung up all across the country, including here in Ithaca. Nationwide, students marched to demand that our voices be heard and that our concerns be addressed. When young people are encouraged to participate in politics, true democracy is at work.

Yet, so many young people still find it hard to make a difference and view the success of the Parkland students' movement as an outlier. In my case, and many others, I didn't know where to start. Even though I attended a public high school, I wasn't educated on the things that were going on in the world and the role that I could play. I was treated only as a student who wasn't yet a part of the “real world.” I can only imagine the potential students would have if they weren't made to feel disconnected from the world going on around them.

As a student in high school, and now here at Ithaca College, it's a privilege to have access to the information and resources necessary to make meaningful change. Not all young people have the same educational opportunities



Junior culture and communication major Amanda Behnken is an executive board member of Futures Club, an on-campus club that aims to encourage student dialogue and activism.

ELEANOR KAY/THE ITHACAN

that I and other student activists have, which is why often times student activists become the collective voice for young people. Those in higher education specifically have a responsibility to advocate for those who do not have the same time or tools to collect information, gather and protest.

A number of on-campus organizations take advantage of these opportunities and are passionate about fighting for social justice, including Ithaca College's Futures Club. Futures is a social activism club that focuses on keeping college students informed and getting them involved. It holds weekly discussions on varying social justice issues and encourages members to engage in difficult conversations that they may not be comfortable having elsewhere.

Futures also holds events, protests and

connects members to other organizations taking actions against social injustices. I joined this club as a freshman in college, when I was still feeling disconnected from the world and the issues affecting me and those around me. Futures helped me figure out what I was passionate about and gave me avenues to explore those passions and create meaningful change.

Now, as an executive board member of the club, I help others who are in the same position that I was in only two years ago and find ways they can engage with things they care about. We get to work together to create the change that the 16-year-old uncommitted version of me could only dream of.

**AMANDA BEHNKEN** is a junior culture and communication major. Connect with her at [abehnken@ithaca.edu](mailto:abehnken@ithaca.edu).



Trigger Warning: These articles contain language that may offend readers

POINT/COUNTERPOINT

Racial epithets have a space in the classroom

INTO IDENTITY



MAHAD OLAD

Paul Zwier is a law professor at Emory University. Last September, he got in trouble for uttering the word “nigger” while discussing the facts of a civil rights case. One of his students complained to the administration about feeling shocked and hurt by Zwier’s usage of the N-word. After a year-long investigation, Emory will decide Oct. 4 whether or not to terminate Zwier for racial insensitivity.

Do racial epithets have any place in the classroom? They certainly should. Classes are spaces where no controversial topic is off the table. When nonblack professors refer to the N-word with a euphemism, a significant aspect of the word’s meaning is lost. I would feel a bit patronized if a professor thought I was emotionally incapable of hearing them merely quote iconic writers — like James Baldwin — who employ this slur in their writings.

How are students supposed to examine the historical facts and layered meanings of this loaded word if it can’t be seen, heard or said? Moreover, there’s a clear distinction between wielding this slur as a vehicle for racism and referencing it to discuss reading materials that deal with the systemic oppression of African-Americans.

In order for learning to occur, these distinctions need to be acknowledged and appreciated. I’d go as far as to argue that professors, regardless of their race, should pronounce the full epithet. That way, students — particularly black students — can thoroughly absorb the rhetorical power and visceral force this repugnant slur commands.

Nonetheless, I’d urge instructors to not use “nigger” outside of academic contexts. That would seem a bit gratuitous and could empower others to negligently throw around this term. Ultimately, professors should teach the N-word in a respectful manner that furthers honest — even painful — conversations about

its cruel history.

When I first heard a white professor say the N-word to discuss the word itself, I felt nauseous. My strategy for dealing with this nausea was to ask myself: What am I gaining from possibly destroying this professor’s life other than a brief catharsis for my racial trauma? Perhaps, is there more to learn from evoking this trauma than asking to be coddled from it?

I have a hard time wrapping my head around students feeling the need to always flock to the administration when they hear professors say something politically incorrect. Do they not realize that taking the bureaucratic route to address the concerns of marginalized students often ends up transferring more power to the administration? Are students, particularly those who are marginalized and underrepresented, okay with this transfer of power?

If this is what needs to happen so students of color can enjoy their lives on campus, then so be it. But then who is to stop the administration from weaponizing our grievances against us?

Just like any other power structure, higher education can validate the experiences of underrepresented students and also suppress them — especially if our concerns stand in the way of its economic mission.

Also, diversity bureaucrats cannot conceivably scrub the campus clean of racism and bigotry. Does this mean that colleges shouldn’t respond to social justice demands? Of course not. However, this social justice work does not mean that administrators cave into every progressive tantrum — particularly when those tantrums call for policing historically ubiquitous words.

Controversies surrounding professors using the N-word can’t be reduced to free speech and academic freedom. What’s also at stake here is how black students navigate racial trauma within academic environments.

Speaking for myself, I find exposure to triggering materials — whether that be hearing the N-word or witnessing lynching photographs — more effective in helping me cope with my emotional vulnerabilities and learn about racism in the United States. The enormous violence of racist words and images can only be conveyed through exposure, not censorship.

MAHAD OLAD is a senior politics major. His column ‘Into Identity’ explores identity issues. Connect with him at molad@ithaca.edu.

N-word has no place in academic settings

SEEKING JUSTICE



JOHN TURNER

Necro. Niger. Negro. Nigga. Black. The word “nigger” has never had a positive connotation. Although the spelling of the word has evolved, the feeling of the whip is still the same.

It is believed that the N-word is derived from the Latin word “niger,” meaning black. Niger became the noun “negro” in English, Spanish and Portuguese. In the last two, it means “the color black.” In English, it means “black person.”

If you look at early modern French, “niger” became “negre” and, later, “negress”: a word to describe a black woman. Some believe that “nigger” is a phonetic spelling of the Southern white mispronunciation of Negro or that it comes from the Greek prefix “necro,” meaning corpse or death.

No matter its origins, the N-word is never appropriate for a white person to say. It is not appropriate while in the privacy of your home, while teaching students in a classroom, while reading a novel or while singing along to a rap song. It is especially not appropriate for a professor to recount a personal experience and recite the words “nigger-lover,” even if he was the one called the epithet.

Recently, Emory College professor Paul Zwier did just this. Zwier, a white professor, was apprehended for using the N-word in an educational context. In the wake of the controversy, he used the N-word more than once to describe his own experiences, such as being the subject of racial epithets from white racists. Despite his intention, he is still in the wrong.

Zwier allegedly used the racial slur as an example again when a student of color visited his office hours to discuss his use of the word in the classroom. He allegedly did this despite being warned.

One of the main reasons that racism and racist slurs exist to this day is the refusal of people to change once their racist behavior is brought to their attention.

This situation is the definition of white privilege. White individuals have the luxury

of choosing what language is appropriate and what is not. Black individuals do not have this luxury. Historically, our voices have been continuously disregarded.

White privilege is not being affected by racial slurs in the same way people of color are. That is why the word “cracker” will never have the same implications as the N-word. White privilege is claiming ignorance of the N-word’s inappropriate nature because when I, as a black individual, am subjected to this word, I am not only subjected to the history of the word but also its racial implications that are still prevalent today. Black people cannot afford to be ignorant. As numerous news stories on police brutality have shown, ignorance at the hands of racist individuals can cost them their lives.

With the implications of slavery still lasting today, black bodies being used for profit and black men and women getting murdered by those sworn to protect them, the use of the N-word will never be appropriate when said by a white person — even if they are a professor in an academic setting.

As a child, I used to believe that it was acceptable for my teachers to say the word when reading a novel that had the word in it. But as I began to educate myself, I began to recognize the history of the word and that some of my ancestors would rather face death than be subjected to the captivity that would submit them to being merely a “nigger.” I realized that the word should never be spoken by those whose ancestors were the perpetrators of this violence.

The usage of the N-word is especially problematic in the classroom in terms of normalizing of the word. Sometimes professors will not even ask students if they feel comfortable with the use of the word in an academic setting. For some, there is immense trauma attached to even hearing the word, and rightfully so. If the word is not appropriate in a casual setting, then it is especially not appropriate in an academic setting in this case.

In response to my opinion of the word, I often hear, “If the N-word is such a bad word, why do black people say it to each other?”

If anyone has the right to assume the word, it is black people. Black people have been subjected to years of disenfranchisement and dehumanization, so they have the right to reclaim the language that was meant to defeat and degrade them. Do not mistake this reclamation as an invitation to use the word. If you are not black, the word is not for you. It never will be.

JOHN TURNER is a sophomore journalism major. His column ‘Seeking Justice’ explores race and cultural competency. Connect with him at jturner3@ithaca.edu.

LETTER TO THE EDITOR

While the college does not normally comment on the academic status of individual student-athletes, I wanted to take the opportunity to provide some clarity to the article in *The Ithacan* about transfer student Joe Germinerio.

The Office of Intercollegiate Athletics and Recreational Sports takes issues of enrollment and eligibility very seriously, and ensures that we meet both the spirit and letter of NCAA regulations.

Though the circumstances surrounding the transfer of this particular individual may be unusual for Ithaca College, they are in accord with NCAA Bylaw 14.1.9, effective January 20, 2018,

that allow a student-athlete with remaining eligibility to complete an undergraduate degree at one Division III institution and begin a second undergraduate degree program at another Division III institution. He is attending Ithaca College in absolute compliance with NCAA Division III student-athlete eligibility and financial aid rules.

All of our head coaches and athletics administrators with compliance responsibilities take an annual NCAA-administered test to ensure that they are familiar with the rules. Our student-athletes are also required to know and understand

NCAA regulations in order to retain their eligibility.

More information can be found on our NCAA Compliance website or by contacting Erienne Roberts, Associate Athletic Director/Senior Woman Administrator, at eroberts1@ithaca.edu or 607-274-5708.

Susan Bassett  
Associate Vice President and Director of Intercollegiate Athletics and Recreational Sports



## COUNTRY MUSIC CELEBRATION



Jason Wicks and his band perform at Americana Countryfest, hosted by Americana Vineyards Winery located in Interlaken, New York. The festival showcased four country artists.

ELYSE KIEL/THE ITHACAN

**BY CORA PAYNE**  
CONTRIBUTING WRITER

Patrons flocked to Americana Vineyards Winery last weekend for Americana Countryfest, an event dedicated to celebrating country music. The festival is a place where country music fans can come together and enjoy a day full of food, friends, dancing and, of course, music.

Americana Countryfest was held Sept. 14

Countryfest's debut on this year's event lineup was inspired by an employee at the winery who is a fan of Tink Bennett and his band Tailor Made, Fingar said. To bringing such a popular artist, Fingar said she knew she would have to create an event to feature Tailor Made as the headliner.

Countryfest's lineup included Chasing Neon, Jason Wicks, Donna and The Mystics and Tailor Made. Bennett has been making music since 1979. He took guitar lessons until he was 16 and then decided that he wanted to play in a band, he said. Bennett said he was inspired by bands like Van Halen, and he played with three different bands throughout the years.

Tailor Made formed in 1991 and focused on country when the genre wasn't overly explored yet, Bennett said. Bennett said Tailor Made focuses on modern country, which leaves behind the typical twang associated with country music and brings a fresh perspective to the genre.

"We're a rock band that plays country music," Bennett said. "You can't just play music for people. You need to really entertain them."

Bennett, a New York native, spoke highly of the music scene in the greater Ithaca area.

"There's more excellent music from the Ithaca to Cortland area, really, than most other places in the country," Bennett said.

Countryfest showcased artists falling on all parts of the country music spectrum. Jason Wicks, another upstate New York local, said he considers his music to align with that of George Strait, or more traditional country. Chasing Neon mixed the popular country tune "Friends in Low Places," originally by Garth Brooks, into a set also consisting of "Hit Me Baby One More Time" by Britney Spears and "Fresh Prince of Bel-Air" by DJ Jazzy Jeff and

The Fresh Prince.

"Whether you're country or not country, you can't go wrong," Countryfest attendee Shelley Kirkey said.

The wide variety of music heard at Countryfest made for an enjoyable day for all music lovers, country fans or not, Kirkey said. Kirkey attended with a large group of friends, many of whom won tickets to the event on Q-Country 103.7, a radio station that advertised at the event and tabled in the crowd.

The size and environment of the location lent themselves to the day's festivities, creating a small, private location for patrons to listen to music and experience the area.

"We want people to feel like they're really getting away," said Joseph Gober, owner of the winery. "Put on your boots and hat — get into it!"

Parked behind the winery near the crowd was the Southern Tier Cheesesteak Company's food truck, a Binghamton-based food truck serving up cheesesteaks and spidies. Spidies, as described on the side of the food truck, consist of chicken or pork that's been marinated in olive oil, vinegar and herbs and then charbroiled over an open flame. Tables were set up all over the lawn with ice cream, basket raffles and varying alcohol selections for sale. Many of the Countryfest attendees sipped on Americana slushies throughout the day, while others bought bottles of Americana wine to share.

Many individuals brought along their dogs, too. It was common to see people wave

to one another across the lawn or hug one another in passing while walking around. Groups of friends gathered and clinked glasses, laughing and singing along to the music.

"That constant flow of energy between guests and the local music scene is incredible," Fingar said.

The crowd members, sprawled across the vast backyard, all brought their own chairs and blankets as seating was not provided. Over by the trees, some people opted to play a cornhole match. Local events like this are foundational parts of the area's music scene, Gober said.

"To support local music is to support local community," Gober said.

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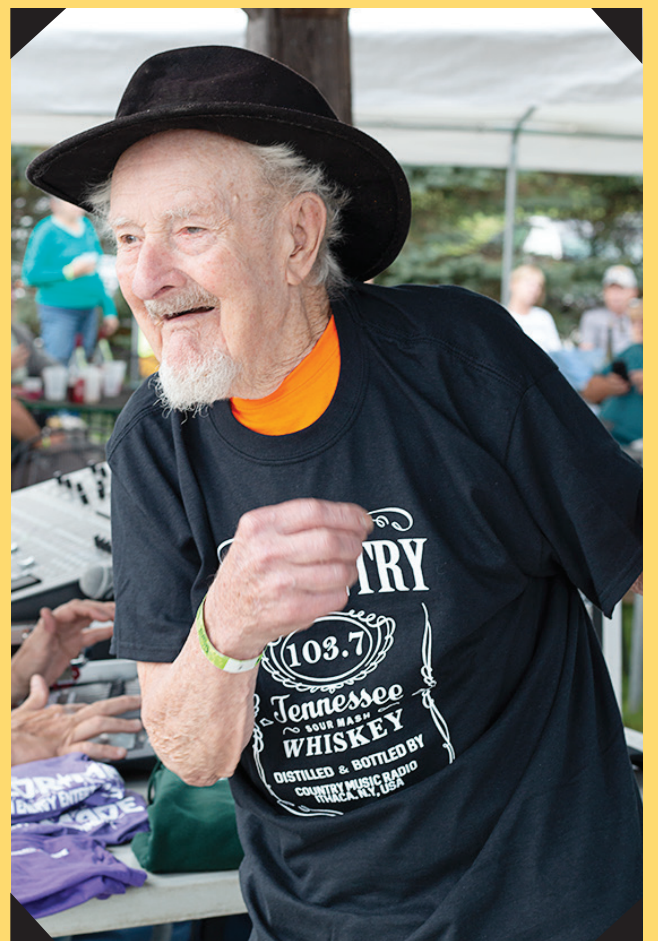
The festival was an opportunity for fans of all country music to come together and bond over and listen to the genre.

ELYSE KIEL/THE ITHACAN

and showcased four artists. Although this was the first-ever Americana Countryfest, the winery has always supported local music and hosts artists weekly, said Carol Fingar, marketing director at the winery.

"We love supporting local artists," Fingar said. "People know this is where you can come for music every weekend."

Fingar is responsible for organizing five major events at Americana every year. Every June, Americana hosts "Woofstock," which serves as a fundraiser to support local animal adoption programs and features music, prizes and animals on-site available for adoption. Every July, over 5,000 people gather for a Fourth of July barbecue bash complete with fireworks. In October, the winery hosts a Halloween bash complete with themed costumes and music.



One attendee of Americana Countryfest is a 92-year-old man, known among other fans of the event as Ralph.

ELYSE KIEL/THE ITHACAN



# CULTURED

## Actress Hayley Atwell, known for her role in the MCU, lands role in 'Mission: Impossible'



Hayley Atwell, known for her role as agent Peggy Carter in the Marvel Cinematic Universe, is returning to the role of a spy in the "Mission: Impossible" franchise. After Atwell was reported to have a role in the franchise, fans assumed she would be a supporting character, fighting alongside the usual lead, Ethan Hunt (Tom Cruise). Atwell and Christopher McQuarrie, director of "Mission: Impossible 7," both revealed on Instagram that Atwell will act as the female lead with Cruise in both "Mission: Impossible 7" and "Mission: Impossible 8."

## SNL announces three new cast members and faces widespread backlash

On Sept. 12, "Saturday Night Live" announced three new cast members joining the show for its 45th season. The variety show was commended by fans for hiring its first ever Chinese-American cast member, Bowen Yang. However, hours after the announcement, a video emerged of Shane Gillis, another of the new cast members, using a racial slur that made fun of Chinese accents and degraded the community. More videos came to light in which Gillis made homophobic and sexist comments. Gillis has since been fired from the show for his comments.



## The National Women's Hall of Fame honors Sonia Sotomayor and others for contributions



Sonia Sotomayor, U.S. Supreme Court Justice, actress Jane Fonda and attorney Gloria Allred are three of many inductees in the National Women's Hall of Fame, located in Seneca Falls, New York. The Class of 2019 was inducted Sept. 14. It also includes activist Angela Davis, fashion designer Diane von Furstenberg and U.S. Rep. Louise Slaughter. The nominees are chosen by the public, and the specific inductees are chosen by a panel of experts. The panel considers how the nominees shape the arts, athletics, business, education, government, humanities and science.

## Youtuber IISuperwomanII is second woman of color to host a daily late-night talk show

Youtuber Lilly Singh, also known as IISuperwomanII has jumped across platforms to host a late-night television show. The show, titled "A Little Late With Lilly Singh" debuted Sept. 16 on NBC. Singh is only the second woman of color to host a nightly show on a major network. Cynthia Garrett was the pioneer for women of color in late-night talk shows on NBC's "Later" two decades ago. More than three decades ago, Joan Rivers became the first woman to host a daily late-night show. Singh told AP News that she is ready to take on the difficulty of the show and knows the weight of the expectations on her.





# Main Stage Theater prepares for Fall 2019

**BY LINNEA CARCHEDI**  
CONTRIBUTING WRITER

Ithaca College's fall semester Main Stage Theater lineup explores themes of breaking convention with "Everybody," "Sister Act," "Hedda Gabler" and "Antigone Project: A Play in 5 Parts." Contributing writer Linnea Carchedi spoke with members of the shows' creative teams to discuss the productions.

**"Everybody"**  
"Everybody" was written by Branden Jacobs-Jenkins. It is a modern adaptation of the 15th-century play "Everyman." While "Everyman" explores the process of achieving religious salvation, "Everybody" takes on the same concept but applies it to a contemporary audience. The play will be directed at the college by Cynthia Henderson, associate professor in the Department of Theatre Arts.

"At its core, this play is about the transition from life to death," Henderson said. "I'd like to allow the audience to experience what it means to die, or, rather, to release oneself from what we think is important."

One of the most distinctive features of the show is that the characters do not have assigned genders. The characters are also abstract concepts rather than people, like Kinship, Love, Time, Child and Cousin.

"I'm hoping people will hear [the message] ... and be inspired to walk out of the theater and live their best life — a life with integrity so they have no regrets when they go on their own death journey," Henderson said.

"Everybody" opens Oct. 1 and runs until Oct. 12 in the Clark Theatre.

**"Sister Act"**  
This musical is based on the 1992 film of the same name. "Sister Act" has a creative team consisting of Director Courtney Young, assistant professor in the Department of Theatre Arts; Musical Director Christopher Zemliauskas, assistant professor in the Department of Music Performance; and Choreographer Aimee Rials, assistant professor in the Department of Theatre Arts.

Set in the late 1970s, "Sister Act" follows showgirl Deloris Van Cartier after she witnesses a murder and is placed in a convent through the witness protection program.

The score is also as comedic and interesting as the story, featuring vocal groups like The Supremes and The Shirelles.

"Even though it can be really silly and fun and all of those things, in the end, it's ... about finding that we are all very different, but there is still commonality there," Rials said.

"Sister Act" opens Oct. 29 and runs until Nov. 9 in the Hoerner Theatre.

**"Hedda Gabler"**  
This show explores themes of love, manipulation and what it takes to find happiness. It is a show featuring a complicated but strong female lead. An old story from the turn of the century, "Hedda Gabler" will come to the stage under the direction of Austin Jones, assistant professor in the Department of Theatre Arts.

"The play is a raucous ride in two days of this small little group of people's world," Jones said. "What



Junior Courtney Long writes notes during a rehearsal for "Sister Act." Ithaca College's Fall 2019 Main Stage Theater shows offer promising scripts and scores that all have themes of breaking free from convention.

REED FREEMAN/THE ITHACAN

we're hoping to do is take this historical-period play and bring it to a contemporary setting."

The play follows a married woman in a domestic setting, struggling to find freedom and relief from her boredom. Although it takes place in a span of just two days, "Hedda Gabler" has a lot packed into it.

"It's a powerful play, and I hope that we can do it justice and tell the story so it still resonates," Jones said.

"Hedda Gabler" opens Oct. 11 and runs until Oct. 26 in the Earl McCarroll Studio Theatre.

**"Antigone Project: A Play in 5 Parts"**  
"Antigone Project" rounds out the season. The play was written by five female award-winning playwrights: Tanya Barfield, Karen Hartman, Chiori Miyagawa, Lynn Nottage and Caridad Svich. Another story involving a resilient female lead, this reimagining of Sophocles' tragedy will be directed by Susannah Berryman, associate professor in the Department of Theatre Arts.

"Antigone Project" places the protagonist from the famous Sophocles tragedy in five different settings. Antigone — who occasionally

is renamed Antionette — spends time on a beach, in the midst of World War I, in the underworld of Hades, on a vacant road, in a caverned rock and in a modern African village. She has the same goal in each setting: to bury her dead brother. "Antigone Project" explores gender roles and what happens when they are confronted and challenged.

"Antigone Project" opens Dec. 3 and runs until Dec. 8 in the Clark Theatre.

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## Choral director acts as artist-in-residence

Janet Galván, professor in the Department of Music Performance and director of choral activities at Ithaca College, served as an artist in residence at Mississippi State University (MSU) from Sept. 5 to Sept. 8.

During her residency, she worked with the Mississippi State Singers and conducted them in a concert. She also provided workshops for local high school choirs and the Mississippi State Chamber Singers.

Staff Writer Hannah Fitzpatrick spoke with Galván about how she received the invitation, her experiences at MSU and her plans on integrating what she learned from her residency to her current classes and ensembles at the college.

*This interview has been edited for length and clarity.*

**Hannah Fitzpatrick:** How did you first hear about the opportunity to serve as an artist-in-residence at Mississippi State University?

**Janet Galván:** I was invited by the Mississippi State University director of choral activities [Gary Packwood]. He chooses a conductor each year to work with the choirs at Mississippi State University and to present a concert with his most select ensemble. That person also presents sessions to music teachers who attend the colloquium and works with high school choruses. One receives this type of invitation based on one's reputation in the choral profession.

**HF:** What inspired you to go to Mississippi for this residency?

**JG:** I accepted the invitation for several reasons. I love guest conducting. It is exciting to work with an ensemble and make a fast connection with the members of the ensemble. ... I respect Dr. Packwood. He is an inspiring person who is fun to be around. He has met many obstacles

in his life, and he has overcome them to be an influential presence in the choral world. It is fabulous to work with someone that you admire and respect. ... Any time I go out to do this kind of work, I am representing Ithaca College. I want to be at my best so that the reputation of Ithaca College is enhanced.

**HF:** What was the most memorable part of your experience?

**JG:** The highlight of the residency was getting to know and work with the singers in the State Singers and to see what excellent work Dr. Packwood is doing with that ensemble. Every member was extremely open to instruction and ideas. They were an amazing group of singers and human beings. ... The audience's reaction to the State Singers felt like a rock concert. Everyone was so excited by the music we made. ... I had several young women tell me that they were so excited to work with me because they want to do what I do, and it was inspiring to have a female model. ... I never had a female guest conductor growing up. Things are changing, but it is still relatively unusual to have a female director of choral activities or as a guest conductor for mixed or tenor/bass all-state choruses.

**HF:** From my previous research, you've done plenty of artist residencies before and conducted numerous choruses and orchestras at some of the most well-known venues in the world. What makes your experience at MSU stand out from other artist-in-residencies and guest appearances you've made in the past?

**JG:** I often have others work with my choirs, and it is wonderful to sit to the side and listen to your own choir. The students found it hyster-



Professor Janet Galván rehearses with the Ithaca College Choir. Galván was an artist-in-residence at Mississippi State University in September and acted as a guest conductor.

MOLLY BAILOT/THE ITHACAN

ical when the regular conductor would glare at them after I asked for a certain change because he clearly had asked for that in previous rehearsals. He interjected a few times and said, "Did I not just say that yesterday?" It was light-hearted and fun, but these students worked so hard. So many of them emailed or contacted me through Facebook after I left. Lots of hugs and pictures after the concert. Everyone that I came in contact with was excited about what we were doing and very welcoming.

**HF:** How did this experience compare to your usual day-to-day activities as a choral professor at Ithaca College?

**JG:** In this situation, everything is packed into a short period. You go in, make connections, try to inspire excellence and communication. It is short but intense. It leaves an impression. I try to reinforce, praise and support the work of the day-to-day conductor so that it is clear that it is that person

who built the foundation of what happened.

**HF:** How do you plan on integrating what you've learned from your experience at MSU to your classes and ensembles at IC?

**JG:** I learn when I teach — I think most of us do. But the atmosphere when one is guest conducting is one of excitement and joy. It is my goal that every rehearsal that I lead at IC is that way too. It is much harder on a day-to-day basis, but, in some ways, a conductor is at their best when guest conducting. Trying to create the best in oneself daily is the goal. I try to create a safe space where all feel welcomed and valued. My students work hard, and they allow themselves to be vulnerable to create art and share that art with others. They deserve a safe space for that. Just as I try to look every student in the eye as a guest conductor, I try to be sure to connect with each student every

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#### **Spanish Studies Abroad – 7:00-7:50 pm**

Argentina, Cuba, Puerto Rico, and Spain

### Thursday, September 26

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# Dynamic characters keep horror film afloat

BY ANTONIO FERME  
STAFF WRITER

The first part of the “IT” franchise opens with an iconic scene, in which Pennywise the Clown (Bill Skarsgård) confronts Georgie Denbrough (Jackson Robert Scott) in a sewer. The scene results in the 6-year-old boy’s arm being viciously bitten off by the clown’s jaws. This twisted and scary scene sets up the tone and story for the rest of director Andy Muschietti’s film.

On the contrary, “IT Chapter Two” opens with a scene practically identical to the ending of the first part. Members of the Losers’ Club — a group of misfits that defeated Pennywise in the first film — are making their oaths to return to Derry, Maine, if Pennywise happens to return. Within the first five minutes, it’s revealed how this sequel adds more layers to the original story while expanding on the aspects that hit home the first time around.

Other part-two installments that near the three-hour mark, like “The Dark Knight” and, more recently, “Avengers: Endgame,” optimized their long runtimes with story lines stuffed to the brim. “IT Chapter Two,”

however, suffers some pacing issues due to its paper-thin premise. The plot is as simple as this: The Losers reunite in Derry after 27 years to face their childhood fears and stop the evil clown Pennywise. Without a doubt, the viewer is aware of all two-plus hours of this movie. At the same time, the rich character development, superb cast and tension building make this a worthy installment.

The best creative decision the film’s producers made was bringing back the child actors and intertwining flashbacks with scenes set in the present. The actors who play the fully grown versions of the Losers’ Club couldn’t have been cast better. Stand out performances include the adult versions of Beverly Marsh (Jessica Chastain), Richie Tozier (Bill Hader) and Bill Denbrough (James McAvoy), as they undoubtedly sold the grown versions of these characters. One of the movie’s best scenes is when the Losers’ Club reunites in a Chinese restaurant in Derry as adults, sharing the same juvenile banter and energy as they did 27 years prior.

The middle act admittedly feels repetitive. It comes down to six long scenes in a row: Someone



The Losers’ Club reunites 27 years later in the part-two adaptation of Stephen King’s lengthy novel. “IT Chapter 2” features intriguing and pragmatic characters, even if its extensive runtime and loosely woven plot falls short.

revisits a familiar location, remembers something from their childhood that’s visualized through a flashback, gets scared by Pennywise and ends up learning something new about themselves. These identical beats were hit for every member of the Losers’ Club. On their own, these scenes are captivating and effective, but together, they bog down over an hour of the film.

The central theme of embracing the past and remembering the good parts rather than pushing memories away was touching. There were some thrilling action sequences that embraced the lens of horror and the imaginative nature of Stephen King’s novel. Fortunately, the meticulous and lengthy story building prevented this paper boat from falling down the sewer.

“IT Chapter Two” suffers marginally from the part-two syndrome, but at the same time, it concludes King’s captivating story on a satisfying note. Young Stanley Uris (Wyatt Oleff), an original member of the Losers’ Club, put it best when he said, “Maybe there’s more that we want to remember than we want to forget.”

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## Singer delivers outlandish addition to punk anthology

BY KARA BOWEN  
STAFF WRITER

Iggy Pop is one of the few artists who perfectly represents the spirit of punk. A few of the highlights of his decades-long career include covering himself in peanut butter, performing in a loincloth, OD’ing on heroin onstage and doing cocaine with David Bowie. It seems right that at the age of 72, the icon is still touring and recording. The fact that “Free,” his most recent album, is a 33-minute-long fusion of jazz and spoken word seems less so. But upon further examination, “Free” is entirely appropriate: Pop always did what he wanted, even if the results weren’t ideal.

Pop collaborates with jazz trumpeter Leron Thomas and guitarist Sarah Lipstate, who performs as “Noveller,” to create an album of smooth crooning. The album continues a precedent set by his 2009 jazz-inspired release “Préliminaires.” The instrumentals are soulful but sometimes disjointed.

The album also seems to stretch itself too thin by trying to contain all its elements. This effect is encapsulated in “Sonali.” Pop half-sings over an unpredictable drumbeat — it’s not offbeat, but it’s also not quite at the right rhythm. It’s not unpleasant, but it is confusing.

The album’s strongest points are when its lyrics deliver a strong, cinematic narrative.



LOMA VISTA RECORDINGS

The track “James Bond” creates an image of the female version of the famous spy; the lyrics describe a woman who’s “Sweet to the taste/Bitter in the gut” over a bubbling ’60s bassline and bluesy guitar.

On other tracks, the writing is haphazard and distracting. “Dirty Sanchez” devolves into a call-and-response with less than intellectually stimulating phrases like, “You desensitized sluts/ Are always playing with your butts.” On one hand, the lyrics are immature. On the other, being called a “slut” by a 72-year-old rock god is an experience worth having.

“Free” produces a similar effect to Jack White’s 2018 album “Boarding House Reach” — the two artists veer out of their musical lanes. What separates the two albums, however, is that “Free” is enthusiastic about being off-kilter. Pop is still unhinged, but he’s still managing to have fun.

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ALBUM  
REVIEW  
“Free”  
Loma Vista  
Recordings  
Our rating:  
★★★★☆

## Confusion and complexity shape third-person game

BY JAKE LEARY  
SENIOR WRITER

Video game developer Remedy Entertainment loves a good pastiche. Its popular “Max Payne” series paid tribute to Asian action films, while “Alan Wake” gamified small-town horror. The company’s new third-person shooter, “Control,” continues the tradition: a paranormal “Men in Black” by way of “House of Leaves.”

The player acts as Jesse Faden (Courtney Hope), a woman searching for her missing brother Dylan (Sean Durrie). Approximately 20 years after he vanished, she discovers the Oldest House in New York City, home to the Federal Bureau of Control and, she suspects, Dylan’s kidnappers. Unfortunately, Jesse shows up at a bad time. The vast, brutalist structure is under siege; most of the agency workers have been hijacked by a viral, extradimensional plague called the Hiss.

The Oldest House was always bizarre, even before the Hiss warped the building’s structure and made the walls ripple and twist. A sentient black pyramid beams orders into Jesse’s brain, everyday objects imbued with supernatural powers wreak havoc and a hidden, ever-shifting maze rearranges itself with the staccato snap of a shuffling deck of cards. But the office is also ordinary, brimming with mundanity and tedium. Like any large bureaucracy, the Oldest House is

a festering hive of paperwork, red tape and interpersonal frustration.

The game’s best moments are its mellowest; the player is free to appreciate tiny details and probe the Oldest House’s many mysteries. Logs describing Jesse’s past, her first encounter with the supernatural and subsequent search for the Oldest House team with evocative and terrifying one-liners.

Jesse spends considerable time patrolling the halls with her gun drawn. Early sections play like a standard third-person shooter. Jesse blasts baddies, collects upgrade currency and acquires powers derived from artifacts left around the Oldest House. Jesse’s abilities mostly improve the player’s ability to move around levels. Small encounters offer enough opportunities to experiment with her moves without drowning her under hordes.

Late-game battles lock her in spacious arenas and throw enemy after tanky enemy her way. Climactic fights should be kinetic and exciting, but tedious fights and a handful of technical issues kill the game’s momentum.



REMEDY ENTERTAINMENT

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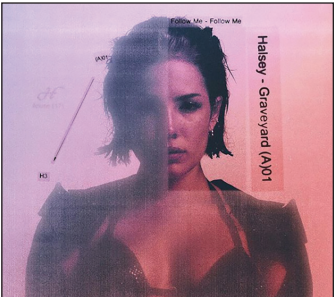
VIDEO  
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REVIEW  
“Control”  
Remedy  
Entertainment  
★★★★☆

## QUICKIES



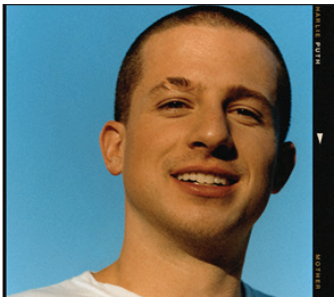
REPUBLIC RECORDS

“DON’T CALL ME ANGEL”  
Ariana Grande, Miley Cyrus  
and Lana Del Rey  
Republic Records  
Though the powerhouse trio creates a vibrant anthem, the collaboration is weighed down by its monotonous lyrics. The exception is Lana Del Rey’s verse, in which her indie sound shines through the backtrack.



CAPITOL RECORDS

“GRAVEYARD”  
Halsey  
Capitol Records  
Halsey’s quiet crones in “Graveyard” are accompanied by the song’s relaxed beat. But while Halsey’s vocals shine particularly bright, her complex lyrics are the highlight of the track.



ARTIST PARTNER GROUP, INC.

“MOTHER”  
Charlie Puth  
Artist Partner Group, Inc.  
“Mother” blends into the rest of Charlie Puth’s discography — his strained vocals and vexing lyrics are difficult to listen to for too long.



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Graduate assistant Anna Bottino high-fives sophomore goalie Macy Brandwein on the sideline after a goal at the field hockey game against Misericordia University on Sept. 7. KRISTEN HARRISON/THE ITHACAN



Senior midfielder Zack Lichtman hugs junior Ben Quatresols while captains Max Lichtenstein and Max Barish congratulate him for scoring against Hamilton College on Sept. 10. LEXI DANIELSON/THE ITHACAN



Field hockey players look on from the sideline during the South Hill squad's game against Misericordia University on Sept. 7. The team pulled off a 1-0 victory over the Cougars. KRISTEN HARRISON/THE ITHACAN



Members of the Ithaca College women's field hockey team hold their hands in the air for a team cheer before their game against Misericordia in Higgins Stadium. KRISTEN HARRISON/THE ITHACAN



Fans wave towels in the stands to support the men's soccer team against Messiah College on Aug. 31. The Bombers defeated the then No. 5-ranked Falcons 1-0. PETER RAIDER/THE ITHACAN



# THE BOMBERS ROUNDUP







The Ithacan’s sports staff provides statistical updates on all the varsity Bombers squads during the fall season



Freshman midfielder Brianna Lennon handles the ball during the Bombers’ game against Hartwick College on Sept. 11 in Higgins Stadium. The Bombers defeated the Hawks 2-0.

PETER RAIDER/THE ITHACAN

## Women’s Soccer

RESULTS					
	1–0			0–1	
Ithaca	Sept. 11	SUNY Cortland	Ithaca	Sept. 14	Nazareth
	4–0		Next match: 4:30 p.m. Sept. 24 against St. John Fisher College at Carp Wood Field		
Ithaca	Sept. 17	Elmira			

## Men’s Soccer

RESULTS					
	2–1			2–0	
Ithaca	Sept. 14	Nazareth	Ithaca	Sept. 17	Oswego





Next match: 1 p.m. Sept. 27 against SUNY Cortland at Carp Wood Field

## Men’s Tennis

STEVENS SINGLES INVITATIONAL		
Name	Opponent	Score
Minos Stavrakas	Wilkes	6-3, 6-2
Colten Lavery	Wilkes	2-6, 6-2, 10-5
Liam Spiegel	Wilkes	6-1, 6-1

Next game: 8:30 a.m. Sept. 21 at the ITA Northeast Regional Championship in Geneva, New York

## Volleyball

RESULTS					
	3–0			3–0	
Ithaca	Sept. 13	Hamilton	Ithaca	Sept. 14	Rochester
	3–0		Next game: 6 p.m. Sept. 20 against University of Mary Washington at the Susquehanna Invitational in Selinsgrove, Pennsylvania		
Ithaca	Sept. 14	Brockport			

## Men’s Cross-Country

UNIVERSITY OF ROCHESTER YELLOWJACKET INVITE		
Name	Place	Time
Alec Hofer	19th	26:37.9
Carl Fortna	25th	26:51.2
Schafer Wilson	37th	27:14.1
Sam Ives	38th	27:15.3
Jacob Lange	53rd	27:30.4

Next meet: 11 a.m. Sept. 28 at the SUNY Geneseo Mike Woods Invitational in Mt. Morris, New York

## Women’s Cross-Country

UNIVERSITY OF ROCHESTER YELLOWJACKET INVITE		
Name	Place	Time
Parley Hannan	2nd	21:59.3
Lizz Eberhardt	29th	24:02.5
Lindsay Scott	35th	24:13.8
Annie Morrison	37th	24:18.1
Kelly Farrell	39th	24:19.4

Next meet: 11 a.m. Sept. 28 at the SUNY Geneseo Mike Woods Invitational in Mt. Morris, New York

## Golf

RESULTS		
Name	Place	Score
Peyton Greco	2nd	159 (+17)
Cristea Park	6th	165 (+23)
Sophia Israel	8th	166 (+24)




Next game: TBA Sept. 21 at the Mount Holyoke Invitational in South Hadley, Massachusetts

## Women’s Tennis

STEVENS SINGLES INVITATIONAL		
Name	Opponent	Score
Brianna Ruback	Wilkes	6-2, 6-0
Rebecca Andrews	Stevens	6-1, 6-2
Sarah Sposito	Wilkes	6-2, 6-2

Next game: 8:30 a.m. Sept. 21 at the ITA Northeast Regional Championship in Geneva, New York

## Field Hockey

RESULTS					
	2–0			1–2	
Ithaca	Sept. 11	Hartwick	Ithaca	Sept. 14	Susquehanna

Next game: 7 p.m. Sept. 18 against SUNY Cortland at Higgins Stadium



From INJURY, Page 1

dark, scary place. I needed help going to the bathroom and taking a shower.”

Hutchinson said that as an athlete, he felt particularly devastated by his inability to be active and independent post-surgery. He was unable to compete for the entirety of his senior football season, and he is still completing the recovery process a year later. Hutchinson said that this period of inactivity, especially in the months immediately after his surgery, allowed him to spend more time worrying and overthinking.

Chris Hummel, clinical professor and chair of the Department of Exercise and Sport Sciences, said the athletic training clinic at the college treats hundreds of student athletes every year. He said he believes that almost every athlete who comes into the clinic with an injury struggles psychologically at some point during their recovery process.

“It’s getting better because there’s less of a stigma around psychological issues, but athletes tend to want to deal with it themselves,” Hummel said. “They take pride in being stronger than the people around them, so I think it’s harder for them to get to that point where they feel comfortable asking for help.”

A study of Division I football players found that 33% of injured athletes demonstrated high levels of depressive symptoms. Another study of male and female Division I college athletes concluded that athletes with self-reported pain or a history of injury had higher risks of developing clinically significant symptoms of depression.

Greg Shelley, associate professor in the Department of Exercise and Sport Sciences, said it is common for student-athletes to define their identities through their athletic achievements. “Athletes identify with their sport due to their past accolades [or] recognitions from their participation,” Shelley said. “For many college-level athletes, they have been associated with and played their respective sport since their earliest youth sport years.”

Hutchinson said because he had always used football as an outlet, he found that he had no way to manage his emotions after the

injury. While Hutchinson described his mental state as depressed, he never sought professional psychological help. He said he never felt comfortable opening up about his feelings because he felt like no one could relate to his experience.

“Every time I get angry or sad, I go play football,” Hutchinson said. “When football was taken away it was like, ‘What do I do now?’ I hate to admit it, but I was super depressed. I said I was sad, but I never really talked about it because I felt so alone.”

Hutchinson said that though he felt ostracized from his football teammates and friends, he was able to heal psychologically through his Christian faith. Hutchinson said that he was not very religious before his injury but that a friend texted him a few months after his surgery and invited him to church. He said he was reluctant to attend at first but loved it and has gone every Sunday since.

“I had a sense of a home, a place where I could open up but not to people; to a higher power,” Hutchinson said. “I got put in a youth group, and I got to hear other stories of people who were going through depression.

[My faith] redefined me and shaped who I am.”

Senior swimmer Angelina Domena severely dislocated her shoulder in her junior year of high school right before her club swimming championship meet. She had to have surgery and was unable to swim for approximately six months.

Domena began dealing with an eating disorder in the aftermath of her surgery. Domena said that she began feeling self-conscious about her size when she was in middle school but that while she was swimming she had been more concerned with building strength than losing weight. She said her muscles atrophied as a result of her inactivity post-surgery, and she lost a significant amount of weight. She said that losing the weight transformed her insecurities into a psychological problem.

“During that process of transitioning from training 20 hours a week to nothing, I had to change every aspect of my life: what I was eating, how much I was eating,” Domena said. “I became so skinny, but I was still seeing myself as this chubby 13-year-old girl. I was always

really anxious about gaining that weight back and going back to how I looked before. I was so scared of that.”

Domena said that she weighed approximately 145 pounds during this time. She was 5 feet, 11 inches tall.

Domena said the mental impacts of her eating disorder continued to impact her even after she returned to swimming. She said that during her freshman year of college, she was constantly worried about gaining the freshman 15. However, she said that at the time, no one, including her, could see that her eating habits were problematic. She said she believed she was simply eating healthy and watching her weight.

Senior Justinian Michaels is an athletic training student and a member of the men’s soccer team. Michaels said the athletic training students at the college are taught the biopsychosocial model, which frames an injured athlete as an individual beyond their physical condition. Michaels said they learn to understand how a patient’s biological, psychological and environmental factors combine to form a complete picture of their overall health.

“It’s really important to have a bond with these athletes other than just the rehabilitation and the science aspect,” Michaels said. “You’re helping the athlete overcome something that’s really tough in life, and you’ve got to have these athletes relate back to you in some way.”

As Domena’s freshman year progressed and she reacclimated to the intensity of training, she said, she gained back nearly 20 pounds of muscle weight. She said this allowed her to escape the negative perception she had of her body, and she rediscovered her passion for swimming.

Junior sprinter Allura Leggard competed in her first track and field meet when she was just 5 years old. Leggard said that aside from a sprained ankle in high school, she never had a severe injury before coming to college.

Leggard competed in the long jump at her first collegiate meet, the Greg Page Relays, on Dec. 2, 2017, at Cornell University. She said she remembers taking off from the board and immediately feeling a sharp pain in her back.

“When people asked me what was going on, I kept saying that my back felt nauseous,” Leggard said. “As a first-year, I was afraid of really expressing the pain I was in to a full extent because I didn’t want to let people down.”

Leggard said her anxiety about disappointing her coaches, family and teammates was so great that she continued to compete with severe pain until the Liberty League Indoor



Hutchinson had surgery to repair his ACL tear in October 2018. He then had a second surgery a week later to remove a blood clot from his calf.

COURTESY OF DANIEL HUTCHINSON

Track and Field Championships on Feb. 23 and 24, 2018. She said she qualified for the 60-meter dash final on the first day of competition, but, when she woke up the morning of the final, she could barely walk.

Leggard was diagnosed with a stress fracture on her lumbar three, a vertebra in the lower back that plays an important role in supporting the torso. After spending the spring and summer rehabbing the injury, she was allowed to return to running in August 2018. However, when she began training, her pain returned, and she eventually learned that the stress fracture had become a full fracture.

“I felt like I let everyone down,” Leggard said. “I was a high prospect as a recruit, and I knew what my level could be. The fact that I wasn’t able to perform to the level I thought I could killed me. It completely busted my confidence.”

Leggard said that she also struggled throughout recovery with feelings of isolation. Because she was unable to compete for more than a year, she felt disconnected from her teammates.

“There were people who texted me asking how my injury was going, but, since you hang out with the team every single day, you form bonds, and when I wasn’t there all the time, I was excluded from that bond,” Leggard said.

Shelley said that keeping athletes engaged with their sport is a crucial aspect of psychological recovery.

“It’s helpful to approach the injury and rehabilitation with the same focus and commitment they would normal, healthy training and competing,” he said. “In doing so, they embrace the injury, rehab-recovery and return-to-play transitions and remain focused on what is in their control.”

Hummel said that the athletic training staff attempts to keep athletes engaged with their teammates during their recovery process.

“It’s bringing them in when the rest of the team is there to do their rehabilitation so they feel like they’re

still part of the team,” Hummel said. “We encourage them to talk to the coach to find out if there’s another role they can play while they’re not participating athletically.”

Leggard said her loneliness was exacerbated by the lack of diversity on the squad, especially during her freshman season.

“I think being a person of color is the reason I had so much trouble opening up about what I was feeling,” she said. “I had like two upperclassmen and that was it. It’s like being a woman in a room full of men: You feel like you don’t have anyone to back you up or get you on that deeper level.”

Leggard said she attended several sessions at the Center for Counseling and Psychological Service and leaned heavily on her family for support. She said her mental recovery has helped her redefine her identity beyond her performance on the track.

Leggard also said the people of color community on the track team has expanded in the last two seasons, and she said she strives to be a mentor to the younger athletes.

“I just really want the other POC to understand that I’m there for them,” Leggard said. “I was so fortunate to have those upperclassmen who were there for me. I just really try to push the importance of us being such a strong group of women.”

Hutchinson said he hopes that his story will help other athletes open up about the connection between their mental and physical health.

“Mental health in the black community and for black athletes is tough,” Hutchinson said. “They don’t want to talk about things. At first, it was hard to even say a little bit about it to the black community, but, after I did, I found that they were very supportive of it and telling me we can get through this.”

CONNECT WITH EMILY ADAMS  
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Hutchinson said that while he was in the hospital, he experienced a period of depression because he was unable to move or perform basic tasks independently. He said church helped him recover mentally post-surgery.

COURTESY OF DANIEL HUTCHINSON



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# Students run ticket sales for MetLife Cortaca

**AUDREY GAMBLE**  
STAFF WRITER

While the Cortaca Jug is an annual tradition, a group of sport management students from the Ithaca College School of Business are running the campus's ticket sales for the first time this year.

This season's Cortaca Jug game between the Ithaca College and SUNY Cortland football teams will be played at MetLife Stadium in East Rutherford, New Jersey, the home of the New York Giants and New York Jets. The game has already sold more than 30,000 tickets.

Senior Marco Fontana, a business administration major and varsity baseball player, has an important role on the sales side of this year's Cortaca contest. At the end of Spring 2019, Fontana proposed to both Annemarie Farrell, associate professor and chair of the Department of Sport Management,

and Will Rothermel, associate director of athletics, the creation of a student sales team to handle on-campus ticket sales. The proposal was then approved by the Cortaca planning committee, and Fontana was given the title of director of ticket sales.

Fontana is in charge of everything from managing the other members of the sales team to day-of ticket sales. He leads 14 other business students on the sales team who have been working to promote Cortaca ticket sales through social media and will be actively involved in the process when

ticket sales begin. "I saw the opportunity to be part of history," Fontana said. "Having the game at MetLife has the opportunity to be the most attended DIII football game ever. I thought that if I were able to be a part of that, it would be amazing for my own personal experience."

The current attendance record for a Division III football game is held by the University of St. Thomas and St. John's University with 37,355 fans at a 2017 game at Target Field.

Fontana said he is no stranger to the sales industry. He completed an internship with the New York Mets this past summer as a member of the inside sales team. His responsibility was to sell ticket packages to people who had expressed interest in the Mets organization. Fontana said his experience with the Mets taught him the ins and outs of sports industry sales.

"Sales is a challenging profession," Fontana said. "The whole process is challenging, but that is what makes it so gratifying when you succeed."

Fontana said the sales experience he gained with the Mets gave him the confidence needed to manage the ticket sales for Cortaca.

"This project is all about organization," Fontana said. "Being able to effectively communicate



Marco Fontana is a senior business administration major with a concentration in sport management. He is also a member of the varsity baseball team. Fontana is managing the ticket sales for the 2019 Cortaca Jug game. MOLLY BAILOT/THE ITHACAN

I think the most fun will be communicating with our customers ... and seeing it pay off on Cortaca game day.”  
— Lauren Hansen

with my representatives that I am working with along with the upper administration at Ithaca is huge. I've been making sure that I'm clear on the communication front."

Farrell said she is confident that her students can independently operate and succeed in their sales.

"One of my goals is to be a support for them but also to get out of their way and to give them ownership of this experience," Farrell said. "It's something that they are very capable of leading."

Fontana is not the only student-athlete with a hand in Cortaca ticket sales. Five out of the 15 people on the sales team are members

of a varsity sports team.

Junior Lauren Hansen, a marketing and sport management major and varsity gymnast, is assistant director of ticket sales. Hansen previously worked in sales through an internship with the Cape Cod Baseball League.

"I wanted to get involved with Cortaca because of the fact that I am an avid sports fan, and I love the Ithaca community," Hansen said. "I also want to expand my knowledge for future sales opportunities."

Hansen said she is excited to see all of the students' preparations come to fruition when student ticket sales open.

"The business school has taught me since my first semester freshman year how to work on a team that executes business decisions," Hansen said. "I think the most fun will be communicating with our customers as well as the success we will have and seeing it pay off on Cortaca game day."

Cortaca tickets will be sold from 6 to 9 p.m. Sept. 18, from 11 a.m. to 2 p.m. Sept. 19 and from 11 a.m. to 2 p.m. Sept. 20 at the Athletics and Events Center.

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## Freshman striker discusses transition to college soccer

Despite being new to collegiate soccer, freshman forward Delaney Rutan has already made an impact on the pitch for the Ithaca College women's soccer team.

Rutan scored two goals and notched an assist in the squad's 5-1 win against Gordon College on Sept. 1 in Wenham, Massachusetts. She was also awarded Liberty League Rookie of the Week honors Sept. 3. Rutan is the only freshman who has appeared in all seven games for the Bombers so far.

Rutan also stood out during her high school career at Cincinnatus Central High School in Cincinnatus, New York. She picked up First Team All-League honors four times in addition to First-Team All-State and All-CNY in her junior and senior seasons. As a senior, she was named the 2018 CNY Small School Player of the Year. She also led the Central Counties League in scoring as a sophomore, junior and senior.

Contributing writer Arla Davis sat down with Rutan to discuss her goal-scoring, her transition from high school to college soccer and the team's goals for the season.

*This interview has been edited for length and clarity.*

**Arla Davis:** How did you feel going into your first game of the season and of your collegiate career?

**Delaney Rutan:** It was really nerve-wracking, but the team as a whole is really open and makes you feel comfortable.

**AD:** Did the nerves go away after you scored your first career goal?

**DR:** Yeah, I felt way more comfortable and like I

was meant to be on the team with everybody. It brought the team up since we were down 1-0. It reminded everyone that we could still push and the game wasn't over; we could keep going.

**AD:** How did it feel to score a second goal within six minutes of your first one?

**DR:** It was really exciting. Alex [Epifani] just plays me amazing balls all the time, and so she was there to help me out.

**AD:** What was your reaction when you found out you received Liberty League Rookie of the Week honors?

**DR:** I found out from Instagram. Someone sent it to me. I didn't really know what to think. I felt like I deserved it, in a way, but then I feel like I didn't. My team is who got me there. I personally didn't get myself there.

**AD:** Has your game changed at all transitioning from high school to college?

**DR:** It's a big difference, but I feel like in high school it's more of an individual sport, and in college, it's more of a team thing. You have to [work] with your team to win.

**AD:** What has been the most difficult part of your transition into college soccer?

**DR:** Probably from being the best in high school to being average in college, but the team makes you feel like you're not average. You could be not having your best day, but the team makes you feel like you're winning the World Cup.

**AD:** What role has your family played in your soccer career?

**DR:** Everything. They have taken me to every



Freshman forward Delaney Rutan plays the ball during the Bombers' game Sept. 11 against SUNY Cortland. Rutan has scored three goals so far this season and has two assists. JILL RUTHAUSER/THE ITHACAN

game. When my sister started playing soccer, that's when I started watching. I just wanted to beat her and try to be better than her.

**AD:** Do you have any superstitions revolving around soccer?

**DR:** Not really, but right before the game, whether we are traveling or at home, I just have to talk to myself — I can't talk to anybody. I just have to be focused and completely myself. Also, Julie [Raigosa] and I have a handshake that we have to do before every game.

**AD:** What have you enjoyed most about Ithaca, in general, so far?

**DR:** Probably soccer, especially the family that we have made and the culture of the team.

**AD:** What are your future plans?

**DR:** Right now I am in the preprofessional program, but I think I want to go to physical therapy. I'm not 100% sure, but I know I want to work with athletes.

**AD:** What are your goals for the season?

**DR:** Our team goal is to just win it all. Win as a team — and if we don't — then still be a team at the end of the day.

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ATHLETE OF THE WEEK

REAGAN  
STONE

STATS FROM  
THE WEEK

Notched **42 kills** and led the Bombers to **three wins** at the Brockport Golden Eagle Invitational on Sept. 13 and 14.

Earned **Liberty League Performer of the Week** honors



Junior outside hitter Reagan Stone volleys the ball during a preseason practice Aug. 19 in Ben Light Gymnasium. Stone leads the Bombers in kills with 138 so far this season. She also has 50 digs.

JILL RUTHAUSER/THE ITHACAN

GETTING TO KNOW  
REAGAN

What got you involved with volleyball?

I started playing volleyball in third grade — my elementary school offered it as a fall sport. After playing it in [physical education], I enjoyed it and decided to keep playing ever since.

What are your hobbies outside of volleyball?

I enjoy working out and hanging out with my friends. I also like to spend time outdoors and enjoying the natural beauty of Ithaca.

What has been your favorite class at Ithaca College?

My favorite class I've taken at IC is Applied Techniques in Sports Psychology. I really enjoy learning from Greg Shelley, and he has a world of knowledge with something that I can so directly relate to my life.

What is your dream job?

I'd love to be a physical therapist with a specialty in orthopedics. Working and rehabbing alongside a professional athletics team would be ideal.



PHOTO COURTESY OF ITHACA COLLEGE ATHLETICS



# THE BIG PICTURE

28

THURSDAY, SEPTEMBER 19, 2019

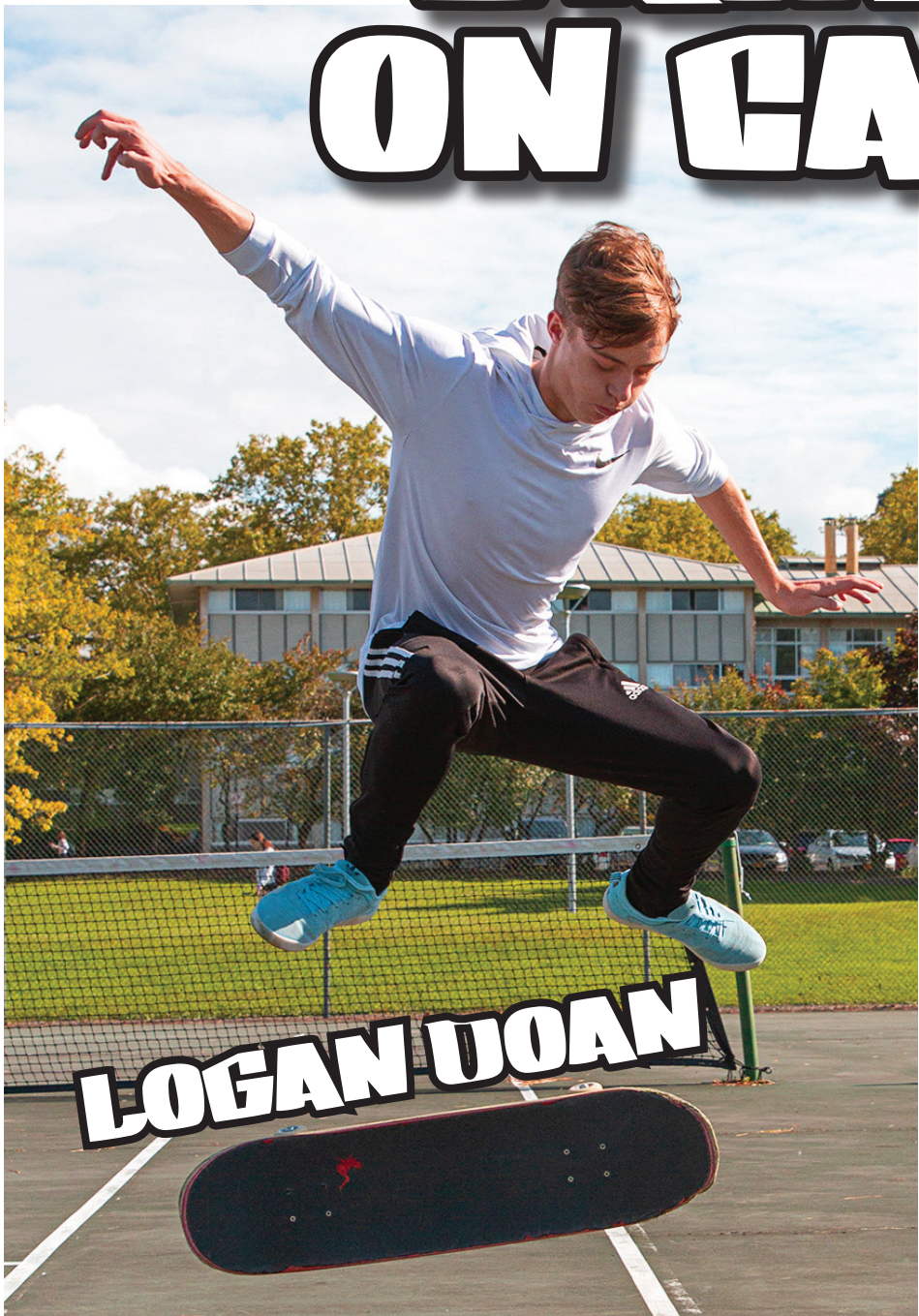


**ROBIN SARDIA**



**ALEX BADTISTA  
DE PINA**

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