

ACCURACY • INDEPENDENCE • INTEGRITY

College continues with Phase II of APP process



BY CAITLIN HOLTZMAN

Ithaca College is beginning to move into the second phase of the Academic Program Prioritization (APP) process, which involves the restructuring of some academic programs.

The APP process began in September 2020 when Interim President La Jerne Cornish convened the Academic Program Prioritization Implementation Committee (APPIC) and the Academic Program Prioritization Advisory Committee (APPAC) and provided them with their tasks. As part of the strategic plan, Ithaca Forever, Cornish has said that the APP was supposed to take place over a period of four years, but had to be accelerated because of the COVID-19 pandemic's impacts on the college's finances. The college released the draft of the "The Shape of the College" document Jan. 13, 2021, which drew criticism from many members of the campus community.

The document was written by the APPIC and it detailed the entire APP process. The first phase of the APP included the elimination of 116 full-time equivalent (FTE) faculty and 26 majors, departments and programs.

Cornish said the second phase will focus on reorganization and restructuring with the idea of creating connections across schools in mind.

"I am pleased that this important work is progressing under the able leadership of Interim Provost Melanie Stein, with the assistance of multiple partners from across campus," she said via email.

Phase Two

Stein said the second phase has begun and work is being done by specific committees.

She said changes in the admission application process, curricular revision process, the formation of a committee focused on what faculty positions need to be searched for, conducting an inventory of reassigned time for faculty across schools at the college, reorganizing programs and centralizing the oversight of graduate programs overseen by Christina Moylan, associate provost for graduate and professional studies, are all part of the second phase.

Stein also said the general timeline for the second and third phases to be completed is in the next three years.

"Having said that, these phases include a broad range of projects, each with their own timeline," Stein said via email. "For example, the Physician Assistant program which was just launched is a perfect example of growth."

The Physician Assistant (PA) program was

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College offering a new grief resource program for students

BY OLIVIA STANZL

The Ithaca College Office of Religious and Spiritual Life (ORSL) is partnering with Inner Harbor, a grief resource program that supports college students and trains staff, for the 2021–22 academic year to provide the college community with grief resources.

Hierald Osorto, executive director for student equity and belonging and religious and spiritual life, announced Aug. 20 through Intercom that the ORSL will be providing four different types of services throughout the year. The first is virtual office hours with Mandi Zucker, founder and president of Inner Harbor, for the college staff where they will talk about grief related issues within the classroom. These office hours will occur every second Monday of the month, beginning in September.

The COVID-19 pandemic has impacted students, faculty and staff at the college since the beginning. More than 650,000 Americans have died from COVID-19 since



The Ithaca College Office of Religious and Spiritual Life is working with Inner Harbor to provide grief resources for the campus community.

FILE PHOTO/THE ITHACAN

late February 2020, according to Forbes on Sept. 8, 2021. Many have lost family members and loved ones as a result.

OMEGA- Journal of Death and Dying published a recent study that found college students across the country are experiencing immense loss and grief due to COVID-19. The study found that 85% of

college students were significantly affected by the pandemic.

Osorto said ORSL has been providing grief resources since 2019. It partnered with the Center for Counseling and Psychological Services (CAPS) to offer weekly group therapy sessions called

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IC community adjusts to in-person classes

BY JILLIAN BLEIER

Some students and faculty at Ithaca College have expressed varying levels of concern about the potential for the spread of COVID-19 in the classroom, as the college begins its return to in-person classes.

After students were not allowed to return from spring break in Spring 2020 because of the spread of COVID-19, classes continued remotely. Fall 2020 was completely remote with online classes and Spring 2021 was back in person but with hybrid classes. Most classes that are currently being offered for Fall 2021 are in-person and operating normally. Students are wearing masks but there is little to no social distancing in place and classrooms are back to full capacity after there were guidelines regarding both in place the previous semester.

Cyndy Scheibe, professor in the Department of Psychology, said she is teaching three in-person classes this semester, two of which have approximately 90 students each.

Scheibe said she is not particularly worried about the spread of

COVID-19, despite the lack of social distancing and the large number of students in her class because the student vaccination rate is so high, and all her students are wearing their masks properly.

"For me, I feel like this is the very best we can do, and I know my students are learning better in person," she said. "Is it ideal? No, it's not, but compared to learning on Zoom, I would take this in a heartbeat."

Hybrid instruction is no longer officially being offered this semester. However, some faculty have made the decision to provide a hybrid option for their students, or have pivoted to strictly online instruction. According to Homer Connect, 58 classes are being taught online for the fall semester.

Senior Ilya Rake said that one of his classes is being held online this semester, but that he chose the class because it was originally going to be in person. He said he is a very hands-on learner and didn't feel like he learned anything from his

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MULTIMEDIA

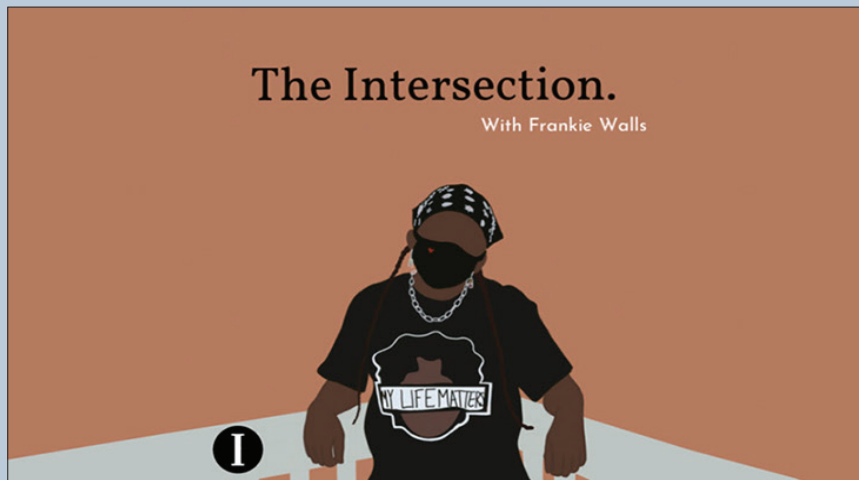
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First Bomber Weekend welcomes students



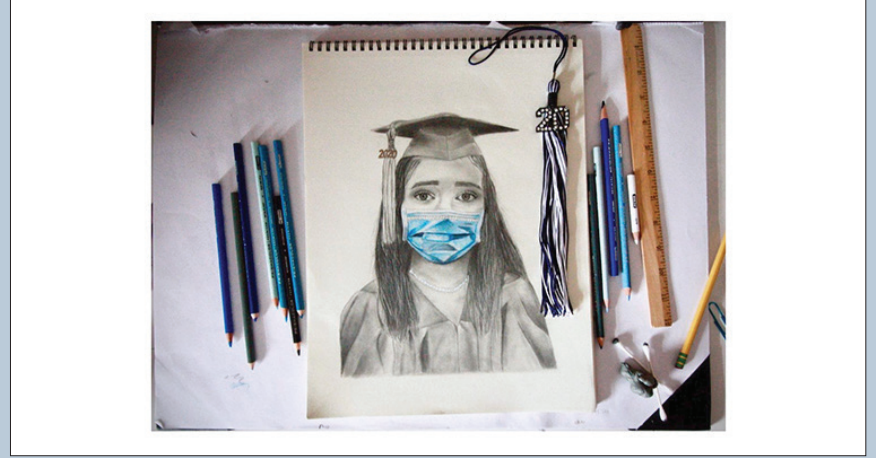
Some first Bomber Weekend events included: Bomber Block Party on Sept. 3, Dinner and Games on the Lawn on Sept. 4 and more.

A Conversation with Ikraan Sheekh Nuur



Host Frankie Walls sits down with senior Ikraan Sheekh Nuur to discuss her experience as a Somali Muslim woman on campus.

IC Creatives: Amanda Lewis



Sophomore psychology major Amanda Lewis shares her colored pencil realism and digital drawings which she turns into stickers.

On the Quad: How has the APP affected you?



The Ithacan asked students how the Academic Program Prioritization process has affected them Sept. 7 on the quad.



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220 ROY H. PARK HALL,
ITHACA COLLEGE, ITHACA, NY 14850
(607) 274-3208 • ITHACAN@ITHACA.EDU
WWW.THEITHACAN.ORG

EDITOR-IN-CHIEF
MANAGING EDITOR
COMMUNITY OUTREACH MANAGER
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CASEY MUSARRA

COPY EDITORS

Chloe Eberhard, Grace Huether, Ilana Krebs, Meg Marzella, Evan Miller, Lucretius Rutkowski

THE ITHACAN IS PRINTED AT BAYARD PRINTING GROUP IN WILLIAMSPORT, PA.

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Contact the News Editor at
ithacannews@gmail.com or 274-3208

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School of H&S finalizes new major

BY LUKE HAWORTH

Some students and faculty at Ithaca College have expressed their excitement for Ithaca College's new screen cultures B.A., which is premiering for the first time in Fall 2021.

After two years of planning and preparation, the screen cultures major is now available to all students. According to the college, the major allows students to study the moving image while allowing students to focus on specific areas and issues. The major also allows students to gain hands-on experience on and off campus by attending events like film festivals and industry-related internships.

Michael Richardson, director and chair of the Screen Cultures Program, said he believes that neither cinema and photography nor film, photography and visual arts — the college's existing film-focused majors — provide the same insight that will be brought to light by the new program.

"We did not have a major that really encapsulated film studies in this way that this does," he said.

Richardson said the program is looking to capture different kinds of students as the new major gains publicity. He said there are currently two students enrolled in the major.

"Certainly we were looking at capturing those students who



Michael Richardson, director and chair of the Screen Cultures Program, said the new major is geared toward students who want to explore and learn about the field of film studies without the production aspect.

SURINA BELK-GUPTA/THE ITHACAN

were looking for a more flexible degree and students looking in film and screen, students who wanted to double major and wanted to take courses with a more liberal arts focus," he said.

Richardson said the program is looking to appeal to students who are interested in working outside the field of production.

"We were also looking for students interested in working in the larger field of screen studies," he said.

Andrew Utterson, associate professor in the Department of Media Arts, Sciences and Studies, said he believes the major's unique perspective makes it a perfect match for the college.

"This interdisciplinary approach fits with the college's broader goals of connecting the campus and disciplinary ideas and offering new and existing students flexibility and choice in how they navigate the liberal arts and professional perspectives — part of what makes IC so special," he said.

Utterson said the addition of the major is not a matter of building a new legacy, but building onto an existing one.

"While the screen cultures major is brand new, many of its courses have long histories and decades of amazing alums who have used their experiences immersed in studying film to

become creative producers, critical consumers and citizens who understand the power of the moving image to reflect, as well as shape the worlds in which we live," he said.

Junior Queline Meadows said she changed her major over the past summer from culture and communication to screen cultures.

"The fact that I was able to go and take screen studies courses as my major, rather than just a self-designed concentration, really made the change worthwhile," Meadows said.

CONTACT LUKE HAWORTH
LHAWORTH@ITHACA.EDU

Campus remembers trombone professor

BY SYD PIERRE

Members of the campus community are reflecting on the lasting legacy of Harold Reynolds, recently retired trombone professor in the Department of Music Performance at Ithaca College, as a professor, mentor and friend.

Reynolds' death was announced to the campus community Aug. 30 through an Intercom post. Reynolds worked at the college for 33 years and served as the adviser for the Trombone Troupe, the college's trombone choir, before retiring last year.

Jeff Dunn '12, lecturer in the Department of Music Performance, said Reynolds — who was referred to as Doc by his students and colleagues — had previously spent a decade teaching in public schools in Texas, freelancing with ensembles, playing in orchestras and teaching at Nazareth College in Rochester, New York; SUNY Geneseo in Geneseo, New York and the University of North Carolina Greensboro in Greensboro, North Carolina.

"Doc is responsible for the culture of the trombone studio at Ithaca College, where he fostered an environment of dedication to improving oneself, and initiating traditions," Dunn said via email. "Some of this was for the benefit of our little community, like annual trombone studio celebrations, but also the traditions of high standards in performance and musical endeavors with the Trombone Troupe. He was a constant source of experience, motivations and inspiration to me."

Dunn said Reynolds always supported students' interests and his philosophy was to let students be themselves.



On top left, Hal Reynolds, former adviser to the Ithaca College Trombone Troupe and retired trombone professor, poses with members of the troupe in Fall 2019.

COURTESY OF TROMBONE TROUPE

Tim Smith '03, lecturer in the Department of Music Performance, echoed the sentiment, noting that Reynolds met students wherever they were on their journey with playing trombone.

"Regardless of their ability, or their musical interests, or their intentions, you know, what role the trombone was going to have in their career moving forward, whether they were going to be an educator, or a performer or just kind of always have it in the background of their life lives," Smith said.

Junior Aidan Bradley said he has played in the Trombone Troupe for all three years he has been at the college and is now the

president of the troupe. Bradley said Reynolds created a welcoming and safe environment for students.

"Just all of the students he's taught, whether that be at Ithaca College or his various other positions he held before. He definitely had a very personal way of teaching, which is why his passing was definitely hard for a lot of the trombone studio. You know, he cared more about you as a person even more than he did about you as a player," Bradley said.

CONTACT SYD PIERRE
SPIERRE@ITHACA.EDU

COVID testing begins again

BY CAITLIN HOLTZMAN

Some Ithaca College students have mixed feelings about the college reimplementing COVID-19 surveillance testing for vaccinated members of the campus community starting Sept. 13.

In a Sept. 3 announcement to the Ithaca College community, the college stated that the surveillance testing will be conducted by selecting a group of vaccinated students, faculty and staff by random every Monday. Students, faculty and staff will be sent an email Monday morning if they are selected for surveillance testing that week. Faculty and staff who are working remotely are exempt from random testing. Unvaccinated campus community members are still required to be tested once per week.

Tests can be dropped off in the Athletics and Events Center lobby, the Campus Center lobby or the Peggy Ryan Williams Center lobby. Employees can also drop tests off on Farm Pond Road. Tests will be picked up Monday, Wednesday and Friday and individuals being tested only have to submit a test once during the week they are selected.

The college will be using saliva self-collection tests through Cayuga Health System, like the spring semester.

Tompkins County has been seeing a dramatic rise in COVID-19 cases over the past week due to the delta variant. The county reported 38 new positive cases Sept. 3 for a total of 439 active cases, which is the most active cases the county has seen since the beginning of the pandemic in March 2020. Ithaca College currently has 22 active cases — 14 are residential students and seven are off-campus students. There is also one active staff case.

Junior Leo Amaral said he was at home in Brazil for the 2020–21 academic year, and Fall 2021 is his first semester back on campus during the pandemic. He said he was looking forward to returning to campus, but the delta variant has made him more nervous being here. He said that having testing again will be helpful to the campus community, but there is still room for people to spread COVID-19 to many people because not all students will be tested every week.

"I do think we should be doing as much as possible to ensure that students' semester can go as smoothly as possible and as safely as possible. Even if that means something a bit more inconvenient or a bit more expensive," Amaral said.

Junior Emma Johansen said that while she is happy the college has reinstated testing, she thinks it could be done better. She said random testing may not catch all students who are infected with COVID-19, allowing them to continue to spread it to other members of the campus community, even if they are asymptomatic.

"I know it's costly, but it feels like it would be worth it to test everyone at least once a week because we are interacting with each other so much more than we were last semester," she said. "There's just so many people around it just feels irresponsible not to be testing everyone every week."

Junior Alexa Spinnato said she felt like the college was expecting Fall 2021 to be a completely normal semester due to students having to be vaccinated.

"That doesn't just make the pandemic go away," she said. "A vaccine doesn't stop everyone from getting the disease, it just lessens the effects."

CONTACT CAITLIN HOLTZMAN
CHOLTZMAN@ITHACA.EDU

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launched in Spring 2021 and welcomed its first class in Fall 2021 with 30 students. The program will continue to grow until it hits its full capacity of 50 students per cohort.

Stein said the Department of Theatre Arts is a part of the reorganizing of the second phase. She said there are discussions surrounding moving the Department of Theatre Arts — currently housed in the School of Humanities and Sciences — to the School of Music. At an All-Faculty and Staff meeting in May 2021, Cornish said the department moving would be a good way to explore the relationship between theater arts and music. Stein said via email that faculty and staff are involved in conversations surrounding the move and how it can strengthen student experiences.

Stein also said figuring out how to move forward with the theater arts department is a step that needs to be taken before resuming the dean searches. The college currently has four interim deans: Jack Powers in the Roy H. Park School of Communications, Alka Bramhandkar in the School of Business, Ivy Walz in the School of Music and Claire Gleitman in the School of Humanities and Sciences. Gleitman was named the interim dean because Stein took on the position of interim provost for the academic year.

The college decided not to



The Ithaca College Senior Leadership Team stands together at the first in-person All-College Gathering on Aug. 31. The college is moving forward with phase two of the Academic Program Prioritization process.

ANA MANIACI MCGOUGH/THE ITHACAN

conduct the dean searches in the 2020–21 academic year because of the COVID-19 pandemic. The interim deans will remain in place for the 2021–22 academic year.

Steve TenEyck, professor and chair of the Department of Theatre Arts, said he was made aware of the potential department move at the end of Spring 2021. He said the new dean of the School of Music will be responsible for both the Department of Theatre Arts and the School of Music beginning in Fall 2022.

“There are some scheduled sessions to hear from faculty and staff from both units about what this might look like,” TenEyck said via email. “So we are early

in the process.”

Ivy Walz, interim dean of the School of Music, said conversations between the School of Music and the Department of Theatre Arts are beginning to figure out how to move forward.

“I am looking forward to hearing from faculty and staff about benefits, and so far, I have heard ideas around collaboration, curriculum and admissions,” she said via email.

Walz also said the search for the new dean of the School of Music is in the early stages of the conversation.

Junior Anchal Dhir is a student in both the School of Music and the Department of Theatre Arts.

She said she is getting her Bachelor's in Music and has an outside focus in theater arts management. She said she thinks the department moving to the School of Music makes sense to her and is a good idea.

“The students who are in the music school are interacting with people from the musical theater program,” she said. “There's so many different events and auditions that are interconnected. It would just make more sense for all the information to be distributed to all of the students in one way.”

CONTACT CAITLIN HOLTZMAN
CHOLTZMAN@ITHACA.EDU

FROM CLASSES, PAGE 1

online classes last semester.

“It was such a muffled, dampened version of what I could've actually obtained if we had been in person and taken those classes the regular way,” he said.

Some students and faculty have said they feel worried over the lack of social distancing in classrooms and the use of the badge system for daily health screenings. There are currently 21 active student cases and one active employee case, according to the college's COVID-19 dashboard.

Junior Brianna Diaz said she has two online classes and three in-person classes. She said she only has one professor who asks to see students' badges from the daily health screenings but is happy to be in person after experiencing Zoom fatigue last semester.

“It's definitely comfortable as of right now,” she said. “Before I was still freaking out because I'm like, ‘Oh my god,’ you know, we're all together in one classroom, you know, one big lecture hall and we're not social distancing.”

Belisa Gonzalez, professor in the Department of Sociology, said she still worries about her children at home, who are too young to be vaccinated, but does not feel unsafe teaching in person this semester.

“I would just follow the science on this one, you know, if the recommendations from the [Centers for Disease Control and Prevention (CDC)] say that we don't have to be socially distant, then I'm willing to let them do their jobs,” she said.

Gonzalez said she has not required any of her students to show their green badges due to the time constraint of her 50-minute classes.

However, she said she is willing to be



Most Ithaca College students have returned to their classrooms for the 2021–22 academic year. However, some professors have decided to continue holding classes in an online format.

ANA MANIACI MCGOUGH/THE ITHACAN

open and flexible to policy changes as the semester continues.

Junior Madeline Miele said two out of the five classes she is taking this semester are online.

She said that still having a couple of online classes has been nice for easing back to in-person learning and that both professors are not currently living in Ithaca.

“It obviously stinks with being back and having the campus be mostly open, under the precautions,” Miele said. “But for those specific situations, it's understandable, like they can't control it.”

Praneeta Mudaliar, assistant professor in the Department of Environmental Studies and Sciences, said she traveled home to India in November 2020 because of a family emergency and planned to come back

the following summer.

She said she is not allowed to return to the U.S. because of a travel ban from India that went into effect last spring and is currently teaching her classes for the fall semester online.

Mudaliar said students and green card holders traveling from India are allowed to enter the U.S. but that she feels stuck as she cannot return to the U.S. because she is on a work visa.

“It was so anxiety-inducing at first because my job is in the U.S. and everyone's doing in-person classes and I'm here doing online,” she said. “It's like a sense that the pandemic is never going to get over.”

CONTACT JILLIAN BLEIER
JBLEIER@ITHACA.EDU

FROM GRIEF, PAGE 1

“Meaning Making for Grief and Loss.”

“Supporting someone through the loss of a loved one is a community endeavor,” Osorto said. “As an institution, we recognize the importance of caring for one another when we gather to honor the loss of one of our own.”

Brian Peterson, clinical psychologist and director of CAPS said the college began offering more grief resources back in June 2020 when the college received a grant from The Jed Foundation (JED).

According to its website, JED empowers teens and young adults by building resiliency and life skills, promoting social connectedness and encouraging help-seeking and help-giving behaviors through its nationally recognized programs, digital channels and partnerships, as well as through the media.

“We're trying to create a community of wellness,” Peterson said. “We have a grant from the JED Campus Foundation to really do a deep dive in what we need to do at Ithaca to create a mental health community and wellness community. The goal right now is that it's a shared responsibility and everyone on campus should at least be supportive of other people.”

CAPS offers individual counseling for grief and loss. Students are able to register for individual appointments where a counselor will assess clinical needs, give recommendations and identify appropriate resources.

Inner Harbor will be holding a training for staff called, “How to Support Grieving Students on Campus,” at 11 a.m. Sept. 24 in Muller Chapel. This will be followed by another workshop in the spring, but the date is still to be determined.

Zucker described her goal through Inner Harbor as being to train “regular” people about grief support.

“Every college counseling center is short staffed. My goal is really to train your teachers, your religious life staff, your coaches, your RAs, your roommates. Just so they know how to listen to someone who's going through something painful,” Zucker said.

CAPS has faced criticism over the years by students for the long wait times and lack of counselors. In 2019, CAPS hired new staff members and implemented a 24-hour call service in order to help remedy these issues. It is currently offering treatment via telehealth.

Sophomore Sophia Testani said she has been going to CAPS for a few weeks.

“CAPS has allowed me to talk about things that I'm not necessarily comfortable talking about with my friends or family,” Testani said.

She said she recommends her fellow peers to reach out to the counseling service.

“Even if you just need a place to get it all out, CAPS is there and willing to listen,” Testani said.

Zucker said she launched Inner Harbor on Aug. 29, 2020, a year after her son lost a friend. His death made her realize how little support students have on their college campuses.

Zucker said her goal is to show students on college campuses that grief is a normal part of life and something they should all support one another through.

“I want to do guest lectures there. I want to spread across the campus to any organization looking to learn how to support people who are going through difficult things,” Zucker said.

CONTACT OLIVIA STANZL
OSTANZL@ITHACA.EDU

Professor publishes research on well-being

Leigh Ann Vaughn, professor in the Department of Psychology, and her student research team published an article on their study of well-being during the COVID-19 pandemic for the journal "Frontiers in Psychology."

The study focused on well-being, specifically how the motivation for personal growth and seeking out fun activities has been impacted by the pandemic.

Contributing writer Nathan Moone spoke to Vaughn about the outcome of the study, the results and what students can take away from the research process.

This interview has been edited for length and clarity.

Nathan Moone: Why did you desire to pursue this study?

Vaughn: What my research team and I have been doing research on is very relevant to how people respond to COVID-19 ... we did some earlier research in the pandemic where we looked at the motivation to be safe and the motivation to grow and have fun, and we found at the beginning of the pandemic the motivation to be safe was huge, but we also found that people were very enthusiastic about that and usually the desire to be safe doesn't go along with being enthusiastic ... We wanted to do follow-up research on a very important holiday ... because we thought this could be a good time for people to [want] to be getting together ... The other thing is that we just really wanted to know what Americans did on Thanksgiving.

NM: What were the results of your study?

LV: We asked 404 American adults all over the United States to describe how they spent their Thanksgiving and then to report what they were motivated to do that day. ... The kinds of motivation we were looking at were to have fun and to grow, which is called promotion focus, and also to be careful and do what you're supposed to. ... We found ... the two most important predictors of having a good Thanksgiving and being happy were feeling socially connected — which is completely consistent with what we traditionally try to do on Thanksgiving — and focusing on growth ... whether you even saw one person face to face that made such a big difference.

NM: What can be learned from what you found?

LV: This research is important in a number of ways. One of the things that interested one of my co-authors John Luginsland ... was what it can tell us about how people can be resilient during a huge disaster like COVID so it's really important to understand what can help people feel like they're happy with their lives ... that's good stuff to know for promoting resilience. Not even just during a pandemic but also for other epidemics and pandemics that are maybe going to become more frequent as we go on in time... Something that we found evidence of is that people had some conflicts between their goals with the desire



Leigh Ann Vaughn, professor in the Department of Psychology, worked with a team of students to publish a research article centered around well-being during the COVID-19 pandemic, specifically during Thanksgiving.

ASH BAILOT/THE ITHACAN

to remain safe against COVID-19. So there's conflict there and how to use that within persuasive communications to encourage people, yes, get together, this is good for you and also be safe.

NM: How can this study be beneficial to your own future teachings?

LV: I'm talking about this study as an example in social and in personality. We study one of the theories that we were working within this study. It's called self-determination theory, and this research is a really nice way

to take that theory that we're talking about in a lot of classes and link it up to something that we all experience in one way or another. ... My research team is following up on this very research. We're doing additional analysis of the data we collected on Thanksgiving. We've already presented some of that data at a professional conference in spring, and we're going to hopefully do some more with that next spring.

NM: What do you want readers to take away from reading your study?

LV: I want readers to take away the idea that, yes, you can do both. You can get together with extended family members during holidays in the COVID-19 pandemic and you can have fun. All of this can be good for your satisfaction. It's not going to feel right as you're doing it, but that "not feeling right" can actually get you to be a little more creative in these experiences and that creativity is a good thing.

CONTACT NATHAN MOONE
NMOONE@ITHACA.EDU

LGBTQ+ community welcomed in county

BY ELIZABETH KHARABADZE

The Ithaca College community was not surprised by recent census data which revealed that many same-sex couples reside in Tompkins County.

According to the Williams Institute, a UCLA think tank that conducts research on sexual orientation and gender identity, approximately 499 same-sex couples reside in Tompkins County. In New York state alone, approximately 800,000 adults identify as LGBTQ+.

Luca Maurer, director of the Center for LGBTQ Education, Outreach and Services at Ithaca College, said he was not surprised, but rather thrilled that people in Tompkins County felt comfortable disclosing their identities.

"In places where more people feel safe and confident about disclosing their sexual and gender identities in general, those are places where people can bring their whole selves to everything that they do," he said.

Maurer said 30% of Ithaca College students self-identify as LGBTQ+. The college also ranks 25th in CollegeChoice's Best LGBTQ+ Schools list.

Sophomore Scout Frost said they first began questioning their identity in high school, experimenting with different labels for self-expression. When they came to the college as a freshman in Fall 2020, Frost said they felt they found a community where they could exist authentically as themselves.

"I think that Ithaca College was a great



Luca Maurer, director of the Center for LGBTQ Education, Outreach and Services at Ithaca College, said he serves as a reference point for community members of Tompkins County.

COURTESY OF LUCA MAURER

choice for me when it came to deciding where I wanted to live for four years," they said. "I think that a lot of [colleges] can be accepting of the LGBT community, but I could see as soon as I was here that it was a little bit different."

Frost said they were able to present themselves in a way that felt comfortable with the help of their friends on campus.

Sophomore Shannon Wright said they never had many LGBTQ+ role models to look up to when they were younger.

While on campus, Wright said they were influenced by upperclassmen, who presented their identity in ways that helped them come to terms with their own identity.

"I feel like a very different person than I was before I came to Ithaca, and I think I'm a much more authentic version of myself now because I was ... given the space to explore who I am," Wright said.

CONTACT ELIZABETH KHARABADZE
EKARABADZE@ITHACA.EDU

IC awarded grant for STEM students

BY SYD PIERRE

Ithaca College has received a five-year, \$2 million National Science Foundation (NSF) grant from the Louis Stokes Alliance for Minority Participation (LSAMP) program.

The grant, which is part of a partnership between seven schools in upstate New York, is focused on increasing diversity within STEM fields. Students in the program will be able to participate in career development workshops and paid summer research opportunities, with an emphasis on community building and mentorship.

Lynn Cortese, director for the Department of Access, Opportunity and Achievement, said the grant is divided between Ithaca College, SUNY Cortland, SUNY College of Environmental Science and Forestry, Hobart and William Smith Colleges, Utica College, Herkimer Community College and Tompkins Cortland Community College.

Cortese said the college began planning to apply for the grant in Spring 2020 and applied for the grant in Fall 2020. Cortese said the college is already recruiting students to be part of the program.

"We really are hoping to be able to start bringing students in and connecting with them," Cortese said. "And make sure that we have plenty of time to plan for, not only their academic years, but summers as well."

CONTACT SYD PIERRE
SPIERRE@ITHACA.EDU

COLLEGE BRIEFS

IC business society is awarded for reaching distinguished level

Ithaca College's Beta Alpha Psi Chapter was recognized as a Distinguished Level Chapter by the Beta Alpha Psi International Board of Directors. Beta Alpha Psi is a nonprofit international honor and service organization for accounting, finance and business analytics students.

The Beta Alpha Psi Chapter at the college achieved this recognition by attending professional events and providing services to local communities.

Additionally, the members of Beta Alpha Psi achieved second place in the International Competition for Best Practice for Investing in the Community.

The students presented on designing and hosting a virtual tutoring lab.

College seeks student feedback regarding summer orientation

The Office of New Student and Transition Programs at the college is seeking orientation feedback from students, faculty, staff and orientation student staff who were involved in the 2021 orientation.

The online feedback survey is available at this link: https://ithaca.qualtrics.com/jfe/form/SV_080zg3r30YbLsmq.

The survey provided by the office includes areas to submit highlights and concerns that campus community members had with orientation, as well as any recommendations for future orientation sessions.

Committee seeking submissions from students for design contest

The Martin Luther King Celebration Committee is encouraging all students to submit a design to be featured on the T-shirt that will be available to attendees of the MLK Celebration in January 2022.

Students can also submit a design on behalf of their student organization. Submissions are due at 11:59

p.m. Sept. 26 and will be reviewed by the committee. A winner will be announced before fall break. Designs can be submitted on IC Engage.

Physical therapy clinic offering services for performance students

The free clinic will be open every Thursday from 10 a.m. to noon at the OT/PT Clinic in the Center for Health Sciences, Room 401. Free injury evaluations will be offered for all performing arts students.

Any musician or dancer experiencing pain may be assessed by a therapist to receive helpful suggestions and to discuss whether further treatment is necessary. Musicians should bring their instrument.

All attendees of the clinic must complete the daily COVID-19 symptom screening. Students will have to show their daily health badge. All others will be asked screening questions when they arrive.

Clinic members are using heightened personal protective equipment in the clinic, including face coverings, masks and goggles. The clinic is also following recommended infection control procedures to minimize the risk of COVID-19 transmission.

Students to hold weekly clinic for personal finance information

The personal finance clinic is managed by finance students in the wealth management concentration. The clinic is available for any interested students who have questions regarding personal finance. The clinic will be held 5 to 9 p.m. Monday through Thursday, 5 to 7 p.m. on Fridays and 2 to 4 p.m. on weekends. It is located in Job Hall, Room 160.

The clinic is for information purposes and not intended to provide investment advice. Students should consult their own registered professional planner for any specific financial service needs.



Hillel celebrates Rosh Hashanah holiday

Sophomore Emily Poole gathers flowers Sept. 6 at Indian Creek Farm for Rosh Hashanah. Hillel at Ithaca College organized an evening service followed by a banquet Sept. 6 in the Emerson Suites to celebrate Rosh Hashanah this year. The holiday concluded Sept. 8.

ABBIE LONDON/THE ITHACAN

AAUP chapter to hold meeting for interested faculty members

The Ithaca College chapter of the American Association of University Professors (AAUP) will be holding its first general meeting for 2021–22 academic year. The meeting will take place from 4 to 5 p.m. Friday, Sept. 10 virtually. All interested faculty members are welcome to participate.

Agenda items at the meeting may include: A public statement regarding the presidential search process, approaches to formulating a more

fully equitable governance structure, the status of workload as a governance issue, COVID-19 protocols at the college and the current financial status of the institution.

Another possible agenda topic includes discussing issues of administrative and faculty collaboration relative to a number of changes that occurred over the summer, like the closure of the Academic Advising Center; the relocation of the Department of Theater Arts to the James J. Whalen School of Music and the elevation of ICC related course caps.

PUBLIC SAFETY INCIDENT LOG

SELECTED ENTRIES FROM AUGUST 23 TO AUGUST 29

AUGUST 23

SCC UNDERAGE POSSESSION OF ALCOHOL

LOCATION: East Tower
SUMMARY: The Office of Residential Life reported two people were referred for underage possession of alcohol. An officer issued a conduct referral.

AUGUST 24

MEDICAL ASSIST/ INJURY RELATED

LOCATION: G-Lot
SUMMARY: A caller reported that a person injured their knees, elbow and hip after falling on the sidewalk Aug. 23. The officer reported that the person declined medical assistance. Master Patrol Officer Waylon DeGraw responded.

PETIT LARCENY OVER \$200

LOCATION: Campus Center
SUMMARY: A caller reported that an unknown person stole money from their wallet. Patrol Officer Sophia Dimkos responded.

CHANGE IN THE CASE STATUS

LOCATION: U-Lot
SUMMARY: An officer reported that a parking permit that

was reported stolen February 2021 in the U-Lot was determined not to be stolen, but was misplaced by the owner. Larceny was determined to be unfounded. Patrol Officer Mayra Colon responded.

AUGUST 25

MOTOR VEHICLE ACCIDENT/ PROPERTY DAMAGE

LOCATION: S-Lot
SUMMARY: A caller reported a two car property damage motor vehicle accident. Master Patrol Officer Bryan Verzosa responded.

AUGUST 26

SEXUAL MISCONDUCT NO DEGREE

LOCATION: Towers
SUMMARY: A caller reported that a person received an unwanted and unsolicited video from a person. Master Patrol Officer Bryan Verzosa responded.

BURGLARY NO FORCE 3RD DEGREE

LOCATION: Landon Hall
SUMMARY: A caller reported that an unknown person entered a room and stole cash. Master Patrol Officer

Bryan Verzosa responded.

FIRE ALARM ACCIDENTAL

LOCATION: Circle Apartment Building
SUMMARY: Simplex reported a fire alarm was activated. The officer reported that the alarm activation was caused by burnt food. Patrol Officer Kevin McClain responded.

AUGUST 27

MEDICAL ASSIST/ INJURY RELATED

LOCATION: East Tower
SUMMARY: A caller reported that a person fell off a bed and hit their head. The officer reported that the person was transported to the hospital by ambulance. Master Patrol Officer Bryan Verzosa responded.

AUGUST 28

SCC IRRESPONSIBLE USE OF ALCOHOL/DRUGS

LOCATION: Circle Apartment Building
SUMMARY: Tompkins County dispatch reported that a person passed out after smoking marijuana and drinking alcohol. The officer reported that the person was transported to

the hospital by ambulance and was referred for irresponsible use of alcohol. Patrol Officer Sophia Dimkos responded.

SCC IRRESPONSIBLE USE OF ALCOHOL/DRUGS

LOCATION: Lyon Hall
SUMMARY: A caller reported intoxicated person sleeping in area. The officer reported one person was referred for irresponsible use of alcohol and possession of a fictitious license. Patrol Officer Mark Jones responded.

SCC HARASSMENT/ INTIMIDATION/ENDANGERING

LOCATION: Hood Hall
SUMMARY: A caller reported that a known person was making multiple slanderous remarks about another person. The officer reported that the person was issued a verbal warning for conduct code violation. Master Patrol Officer Bob Jones responded.

STALKING

LOCATION: All Campus
SUMMARY: A caller reported that a known person was attempting to make contact with them after being instructed not to. The officer reported that

campus restriction notices were issued to both parties involved. Master Patrol Officer Waylon DeGraw responded.

AUGUST 29

V&T LEAVING SCENE OF AN ACCIDENT

LOCATION: Circle Lot 4
SUMMARY: A caller reported that an unknown vehicle caused damage to their vehicle and left the scene. Patrol Officer Kevin McClain responded.

FIRE ALARM ACCIDENTAL

LOCATION: Circle Apartment
SUMMARY: Simplex reported that a fire alarm was activated. Master Patrol Officer Bob Jones reported that the alarm was caused by burnt food. Patrol Officer Kevin McClain responded.

Full public safety log available online at www.theithacan.org.

KEY

SCC—Student Conduct Code
V&T—Vehicle & Transportation
AD—Assistant Director
IFD—Ithaca Fire Department

WE'VE GOT PODCASTS



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MOLLY STANTON/THE ITHACAN

EDITORIALS

Campus publications vital for real-world experience

As student-run publications return to printing on campus, the importance of having independent outlets for students to express their creativity and learn real-world skills has become more obvious than ever. On-campus publications are essential for the students involved. They provide an outlet for creativity and a platform for students' voices.

Literary magazines like Stillwater provide an outlet for creative writing students to gain experience and build their prose.

Student publications like Buzzsaw Magazine, Embrace Publication, Passion Project and Distinct Magazine allow for individual expression to thrive and flourish, and for students to gain journalistic experience. These publications are of the utmost importance for journalism students who need to gain valuable experience they may not otherwise receive in a classroom in the Roy H. Park School of Communications.

While classrooms help cultivate students'

understanding of the history and theory of journalism, it cannot hold a candle to the actual experience of a newsroom, or what it is like to put together a magazine. A professor can tell their students about journalistic standards, and how an article is properly written, but there is nothing like reporting on serious issues or seeing one's own writing in the pages of a glossy magazine.

In a classroom, students receive a low grade and move on, but in a publication, the mistakes have real-world implications.

In a classroom, the way students learn relies solely on the proficiency of the professor and whether those professors are teaching the techniques that students need to thrive. However, there are certain skills that can only be taught through hands-on experience. Because students are not always receiving this experience in classrooms, student-run publications allow these students to gain a valuable skill set they can apply to real-world jobs.

APP phase two continues to lack any transparency

Considering the complaints regarding lack of transparency and shared governance from the Senior Leadership Team (SLT) that overshadowed the first phase of the Academic Program Prioritization (APP), it is not surprising that these same issues have followed into phase two.

The college continues to insist that it is transparent, but continuously ignores the voices of its students, faculty and staff. If "Ithaca Forever" is meant to be such a positive plan that improves the college, why is the campus community always left in the dark about the plans? Whether the plans for phase two will strengthen the community or hinder it is not what is being called into question. What the community has continuously and tirelessly been asking for is clear communication, to remain informed and be allowed the right to speak for or against any plans.

Rather than including the campus community in any decisions — like allowing

faculty and students to be on the two committees that shaped the plans for the APP — The SLT and the Ithaca College Board of Trustees have insisted on keeping the whole community in the dark. The SLT and the board of trustees need to prioritize the students that are a part of Ithaca College now instead of only focusing on the future.

The phase two plans can be innovative and can benefit current and future students. However, these plans weren't met with the enthusiasm or optimism they could've been met with because no one knows what is going on. Students, faculty and staff are always the last to know when it would make sense to include them in the process and get their input since it's their lives that will change over the next three years. If these programs and changes were introduced in a more inclusive manner so that students, faculty and staff were able to have an opinion and be well-informed, then the APP would not be facing such opposition and viewed in such a negative light.

LETTER TO THE EDITOR

Send to ithacan@ithaca.edu.

ALL LETTERS MUST:

- Be 250 words or fewer
- Be emailed or dropped off by 5 p.m. Monday in Park 220

GUEST COMMENTARY

Send to ithacan@ithaca.edu or to the opinion editor gguzman@ithaca.edu.

ALL COMMENTARIES MUST:

- Convey a clear message
- Be written by an individual or group who has an educated opinion or is an authority on a specific subject
- Be between 500–650 words. Whether more or less space is allotted is at the discretion of the editor

GUEST COMMENTARY

Professor explains the importance of meditation

BY MARY ANN ERICKSON

Editor's Note: This is a guest commentary. The opinions expressed in this piece do not necessarily reflect the views of the editorial board.

Just about every Monday, Wednesday and Friday during the semester, you can find me at noon sitting in the main gathering space in Muller Chapel.

This has been my routine for the past three years, as a member of a group of staff and faculty — myself; Julia Lapp, associate professor and chair of the Department of Health Promotion and Physical Education; Kathryn Caldwell, associate professor in the Department of Psychology; Laura Amoriello, assistant professor in the Department of Music Performance; and Diana Dimitrova, director of international student and scholar services in the Office of International Programs and Extended Studies — who have hosted open meditation sessions during the fall and spring semesters.

Typically we offer some version of seated meditation practice, offering ourselves the chance to ground ourselves in our bodies, to notice our breath, to offer goodwill to ourselves and others. Many people do these practices on their

own, perhaps using apps or guided meditations available on the internet. If we can do these practices on our own, why do we show up to do them together?

Speaking for myself, there are a number of reasons why I continue to participate in this effort.

First, Muller Chapel is a lovely space. Moving my practice to a space that's not also a place where I work, eat or sleep is powerful for me. I enter the space knowing that my purpose there is to remember the incredible opportunity of my human life.

Second, the schedule keeps me accountable. We all know that just because we can do our practice or work or exercise at any time or location, doesn't mean that we will follow through. It's taken me years to settle into a consistent meditation practice and just like going to the gym, it works best when done consistently. So I show up for those noon hours.

Sitting together is a reminder that all of us are working with this very interesting human experience, this fascinating human mind.

All of us, regardless of characteristics like age and gender that seem so relevant in our everyday lives, experience moments of mindfulness when we feel connected to ourselves and to



Mary Ann Erickson, associate professor in the Department of Gerontology, describes her enriching experience with meditation and how it's positively influenced her. She encourages students to participate at the Noon Hour meditation.

ELEANOR KAY/THE ITHACAN

the world and moments of mindlessness where we experience disconnection. Through meditation, we can develop the capacity to see what gets in the way of connecting to ourselves and others.

Without a doubt, taking this time to meditate benefits my mental health. At a minimum, after a half-hour, I have taken a step back from day-to-day stresses. As those half-hours accumulate,

I am better at watching difficult emotions come and go.

We are all living in a time of great uncertainty. In addition, students are at a life stage that is full of transitions and uncertainty and I hope that our meditation sessions can help support students' mental health. Many of us need additional support for mental health — therapy, medication, exercise — but taking time to “remember the

present” can also help. Perhaps you have never meditated before. Perhaps you had a high school teacher who led meditation a few times. Regardless of your level of experience, we can come together to practice.

We invite you to join us!

MARY ANN ERICKSON is an associate professor in the Department of Gerontology. Contact her at merickson@ithaca.edu

GUEST COMMENTARY

Martin Luther King scholar discusses program issues

BY KENDALL RILEY

Throughout my three years as a Martin Luther King (MLK) scholar, I have seen some drastic changes in the program. We've gone through some big transitions, including changing directors almost every year, which has often left us feeling in limbo.

There are a lot of expectations that my cohort and I had for the program that did not come to fruition, partially because of the COVID-19 pandemic, but also because of decisions made by the administration.

After my freshman year, I could see that there was a major shift in the program.

Our sophomore trip to Ghana, which would have taken place pre-pandemic, was canceled without much of a clear explanation as to why.

I'm glad that my cohort at least got the opportunity to travel on our civil rights trip freshman year, which was a great learning and bonding experience.

We have never been able to travel internationally, though, which is unfortunate because those trips have always been some of the most defining moments for scholars in all the classes above us. Right now, it kind of feels like all of us are just trying to figure out what is going on with the program.

It feels like there has not been much effective communication between the cohort and leadership for a while.

I'm hopeful that with a new permanent

director for the program established, the program will begin to feel like a supportive community again just as it did my freshman year.

One alarming trend that I've become aware of is that at least several MLK scholars have had their scholarship aid decrease, despite most of our families making less money than ever because of layoffs during the pandemic. It is especially alarming considering that my cohort are seniors and most of us have had a similar aid package for the last three years, so to all of a sudden have it tampered with — when we need aid the most — is very stressful.

I personally had my scholarship aid dramatically decrease in my original financial aid package for this academic year and had to spend weeks trying to communicate with the Office of Student Financial Services, which was not helpful at all, until I got into contact with someone higher in the administration that was able to advocate for me.

It was a very stressful experience because I had no idea if I would even be able to afford to attend Ithaca College without my aid.

During the process, I was told that because I am now a residential assistant (RA), my other aid had decreased. I could not understand why that would be the case.

It would make no sense for any students to seek out the financial benefit of the RA position if they knew it would be canceled out by getting their other aid taken away.



Senior Kendall Riley is a Martin Luther King (MLK) scholarship recipient and a Resident Assistant. Riley describes his difficult experience with the MLK program but he is hopeful it will improve.

MALIK CLEMENT/THE ITHACAN

And if that is the case, it should be made known to everyone before applying for an RA position that this could happen to them and their other scholarships could be affected.

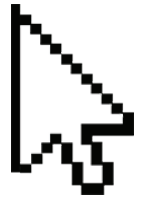
Office of Student Financial Services response: Ithaca College students receive financial aid packages comprised of funds from various federal, state, private and institutional programs, which include scholarships, grants, work-study and loans. Each MLK scholar has other financial aid programs as part of their award, and each MLK scholar has different awards as part of their package. The college guarantees that each MLK Scholar will receive a minimum of \$25,000.00 annually in institutional

scholarship aid. Students are required to apply for financial aid each year, using the FAFSA. While Ithaca College strives to keep student aid packages as consistent as possible, depending on a student's individual situation as reported on their FAFSA submission, aid from other sources may increase or decrease from year to year. We are unable to comment on any individual student's financial aid situation due to privacy regulations, but we do encourage any student with questions or concerns to contact Student Financial Services.

KENDALL RILEY is an Intergrated Marketing Communications major. Contact him at kriley@ithaca.edu

What I Wish I Knew...

This week, our seniors responded to the prompt, "Why did you choose Ithaca College?"



I like to say that I've chosen Ithaca College twice. The first time was the same as it was for others, weighing it against other schools as the clock ticked toward graduation. Later, I decided to stay. The college hit the sweet spot, with it being just far enough away but still close. It also felt like the right size. While I do regret not applying to some schools that were on the edge of my interest or farther away, at least to see if I could get in, Ithaca hit all the right marks for me. Aside from its well-regarded communications school and the Exploratory Program, the co-curriculars and extracurriculars present were incredibly appealing. I could keep up with swimming, theater and playing trumpet all while trying so many new things at a club level and not having to be, for example, a music major or on the swim team. However, when I got there, it was hard to keep it feeling like the perfect fit. Everyone goes through doubts during their first semester, but mine continued to grow. It all led to conflicting thoughts of wishing I went to a "better" school farther away from home ... As I spent more time in Park Hall, I found bright people to work alongside who seemed to have come to a similar realization. Despite continued frustrations with the school, I recognized what I could gain from the Roy H. Park School of Communications and the advantages of having these resources at my disposal. What matters is that you take advantage of the resources and opportunities around you while meeting as many people as you can.

When I was a junior in high school I was convinced I was going to art school. Truly, I saw this as my only path until my school went to a college fair that was happening at a venue in our area. At the college fair, I slowly started falling in love with the idea of the Roy H. Park School of Communications and being a communications student. The college's representative spoke about being able to start hands-on in my first year with production classes, which was a huge selling point because I wanted four years of creating instead of two years of gen-eds and then the option to create. What if I ended up hating being a film student? Ithaca College also stuck out to me because a lot of the schools I had looked at made me choose between video production and photography as majors because they were too "different." When I found out I could be a Film, Photography, and Visual Arts major and get my Bachelor of Fine Arts, I was ready for a tour. Everything changed when I stepped inside Park Hall. I remember meeting April Johanns, coordinator of student and external relations in the Park School, giving me my favorite tour. I remember going home and feeling as though the college was making its way into my No. 1 spot. Fast forward to accepted students day in April 2018 and I put down my deposit. I wanted my mom to have her first college graduate, and I got to go to school for what I truly wanted to do.



**JAY
BRADLEY**

COURTESY OF JAY BRADLEY



**FRANKIE
WALLS**

ELEANOR KAY/THE ITHACAN

As a junior and senior in high school, I was lost and nothing interested me. I tried narrowing down what I wanted by touring local colleges in Boston. The only decision I made was that I wanted a campus and not a city feel. Major and minor fairs especially used to be my worst nightmare. Honestly, I thought I was one of the most hopeless students when it came to finding a major. Ithaca College's Exploratory Program gave me a home without having to declare a major and the tools to lead me in the right direction. Before applying, I toured the campus and the President's Host was from my high school. Though I didn't recognize her from home, she still felt familiar. At most other schools I toured, I didn't feel at home with the students. I don't really know why, but I got that same "at-home" feeling from the tour guide as I did from the passing students. I fell in love with the city. When I attended the college's accepted students day, all the students were split up into their majors, but I was introduced to my saving grace: the Exploratory Program. Elizabeth Bleicher, interim director of Student Success and Retention in the Division of Marketing and Enrollment Strategy, explained to us that we were ahead of everyone else. While the other students stepped back, contemplating what they have already declared and potentially switch around, we were already working on finding the best fit. That moment was the most included I felt at any school. I found my home in academics, in friends and my go-to places in the Ithaca community.

To read the rest of the blog entries and an additional blog from senior Alyssa Spady head to TheIthacan.org.



**EMILY
GUDERIAN**

ELEANOR KAY/THE ITHACAN



IC students welcome fall

The Office of New Student and Transition Programs organized Fall Welcome events to engage the incoming community of students.



Junior Laura Ilioeai dances at the Silent Disco on Aug. 26 in Muller Chapel.
ABBEY LONDON/THE ITHACAN



Junior Evan Collis Puro tie dyes a T-shirt at the Tie-Dye and Root Beer Floats event Sept. 5.
MIKAYLA ELWELL/THE ITHACAN



Students play Jenga at the Bomber Block Party on Sept. 3 in the Emerson Suites.
ANA MANIACI MCGOUGH/THE ITHACAN



With the line still long at 10 p.m., freshmen and sophomores wait for fried chicken from one of three food trucks that catered the Fall Festival on Aug. 21 outside the Athletics and Events Center.

ALYSSA BEEBE/THE ITHACAN



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Sophomores dance Aug. 28 in the Athletics and Events Center.
ASH BAILOT/THE ITHACAN



Junior Isaac Schneider, President of Hillel at Ithaca College, serves food from the kosher station to students at the Welcome Back Bonanza on Aug. 26 outside of Muller Chapel.
ABBEY LONDON/THE ITHACAN

ABBEY LONDON/THE ITHACAN



Sophomore Mikayla Tolliver presses a photo from a magazine into a button Aug. 25 at a button making event in the Ithaca College Library.
ASH BAILOT/THE ITHACAN

ASH BAILOT/THE ITHACAN



Junior Sammi Frieri, president of Premium Blend, sings with members of the group Sept. 5 in Dillingham Center.
NIKO STYCOS/THE ITHACAN

NIKO STYCOS/THE ITHACAN



INTRODUCING OUR PODCASTS



The Intersection with Frankie Walls



Throughout this series, host Frankie Walls will connect with members of the Ithaca College community to discuss how their identities make up who they are in the world and within the community. Life experience, race, ethnicity, sexual orientation and so much more shape who we are and who we wish to be in the world.

How IC Sports with Arla Davis



How IC Sports is a podcast about Ithaca College sports and student athletes. Each episode, host Arla Davis sits down with athletes across campus to discuss their experience as a student athlete.



Deja View with Sydney Brumfield



Each week, host Sydney Brumfield watches and analyzes new releases and compares them to the classic movies that influenced them.

Re:Mixing with Eva Salzman



In Re:Mixing, a music analysis and criticism podcast, host Eva Salzman asks guests to create a playlist with songs that represent some part of who they are.



IC publications return to stands across campus

After approximately a year and a half of strictly digital publishing, campus magazines plan to print again

Junior Eibhilin O'Reilly, executive director of Passion Project, poses with previous copies of the magazine.

ELEANOR KAY/THE ITHACAN

BY ALEX HARTZOG & EVA SALZMAN

In a dusty room that smells of Old Spice deodorant in the basement of Bogart Hall, a student walks in and turns on the lights for the first time in what seems like eons. The bright halogen lights illuminate a familiar set of computers, a 20-year-old couch and a peculiar bottle of rum that no one remembers. "The Buzzcave" is home for some and marks the return of Buzzsaw Magazine to Ithaca.

This semester, Ithaca College has relaxed many of its COVID-19 restrictions, allowing the full return of students to campus and the continuation of fully in-person classes. With the entire student body back on campus, publications like Buzzsaw Magazine, Passion Project and others like Embrace and Stillwater Magazine, are able to print in greater numbers. Buzzsaw was founded in 1999 as an independent, student-run magazine that usually publishes six magazines per year. Buzzsaw publishes an array of content, like news articles, features, creative writing, music reviews and satire. Passion Project is a publication that focuses on artistry and self-expression. Passion Project produces a

variety of features, columns, podcasts, videos, photography and lookbooks.

Junior Adison Nadler, creative director for Passion Project, said she resonated with the focus of the magazine and felt that she had to publish her work with it. Shortly after publishing, she applied to be a member of the editorial board.

"It seemed like a good way to get my ideas out into the world," Nadler said. "I just kind of wanted to share this story that I had been grappling with personally, and Passion Project is a really welcoming space for that."

Carlos Figueroa, associate professor and legal studies coordinator in the Department of Politics, is the faculty advisor for Buzzsaw. He said he is consistently impressed by how independent the students who run the magazine are.

"When I say student run, I mean, literally, student run," Figueroa said. "They do keep me informed about certain changes, but layout, recruitment, e-board configuration, everything's done by the other students."

Buzzsaw was able to print in the Spring 2021 semester, but due to the limited student population on campus, the magazine

only printed a few copies of its "Lost" issue, which began distribution in Fall 2021. Like every Buzzsaw issue, "Lost" featured the publication's most popular sections, like "News and Views," which focused on critiquing the Academic Program Prioritization; "Raw from the Saw," the magazine's review section and "Prose and Cons," containing personal stories and creative pieces.

Senior Rachael Powles, News and Views editor for Buzzsaw, said the Buzzsaw editorial board is excited to see its work in the hands of more students this semester.

"We were able to print the last mag that we did on campus last semester, our 'Lost' issue, and we just distributed those the other night," Powles said. "Going to class the next day and seeing people read our magazine was so special. It was so good to see people actually engaging with our material."

Junior George Christopher has been a staff writer for Buzzsaw since his freshman year at the college and said he appreciates that the Buzzsaw issues' themes are up for interpretation, which allows for even more creative freedom within the publication.

"We did one issue, it was the 'Space' issue ... and space could have meant literally anything," Christopher said. "It could have meant outer space, it could've meant physical space, it could have meant anything. For the 'Lost' issue, I wrote about the Equal Rights Amendment, which is called the 'Lost' amendment because it came so close to being passed and then wasn't. So it's kind of in the theme, but it's not as overt as you might think."

Junior Eibhilin O'Reilly, the executive director of Passion Project, said the magazine was able to print last year because the publication only releases one physical issue a year.

It had to release far less content throughout the pandemic, due to the impact COVID-19 had on students' lives.

Buzzsaw and Passion Project were unable to print as much in the pandemic, so they shifted to a more online focused distribution method. Powles said Buzzsaw survived through the pandemic thanks to its website and social media teams.

"We are very lucky in that we have a really great website and social media and online teams who were able to make sure all of our stuff was up in a digital format when we didn't print in person or have the budget to do so," Powles said. "But now that we're back we're going to be printing our paper mag again, which is great."

Moving out of the pandemic, the publications are looking to ramp-up production and return to a pre-pandemic release schedule, both O'Reilly and Powles said.

O'Reilly said she is looking to release four to five articles a month, and Powles said the magazine plans to release four or five full issues by May. Powles also said Buzzsaw is considering fully online issues as well as issues that will be released in hybrid forms this year.

Junior Surina Belk-Gupta, photo editor for Passion Project, said the COVID-19 pandemic has changed the way that many photographers shoot their work.

"In terms of photography at least, I think a lot of people's styles have changed," Belk-Gupta said. "Everyone has either relearned or discovered new things about themselves, so I think it will be interesting to see if the photo world has changed at all."

Figueroa said the absence of on-campus life due to the pandemic gave him greater appreciation for printed publications.

"The thing that was striking, of course, was not seeing the actual hardcopy on campus," Figueroa said. "It's always great to see the creative covers and people always look out for that. The magazine has a history ... of being very progressive, eerie, satirical at times. And it's something that students are attracted to."

CONTACT ALEX HARTZOG
AHARTZOG@ITHACA.EDU
CONTACT EVA SALZMAN
ESALZMAN@ITHACA.EDU



Senior Rachael Powles, News and Views editor for Buzzsaw Magazine, holds the most recent issue of the magazine.

ELEANOR KAY/THE ITHACAN

CULTURED

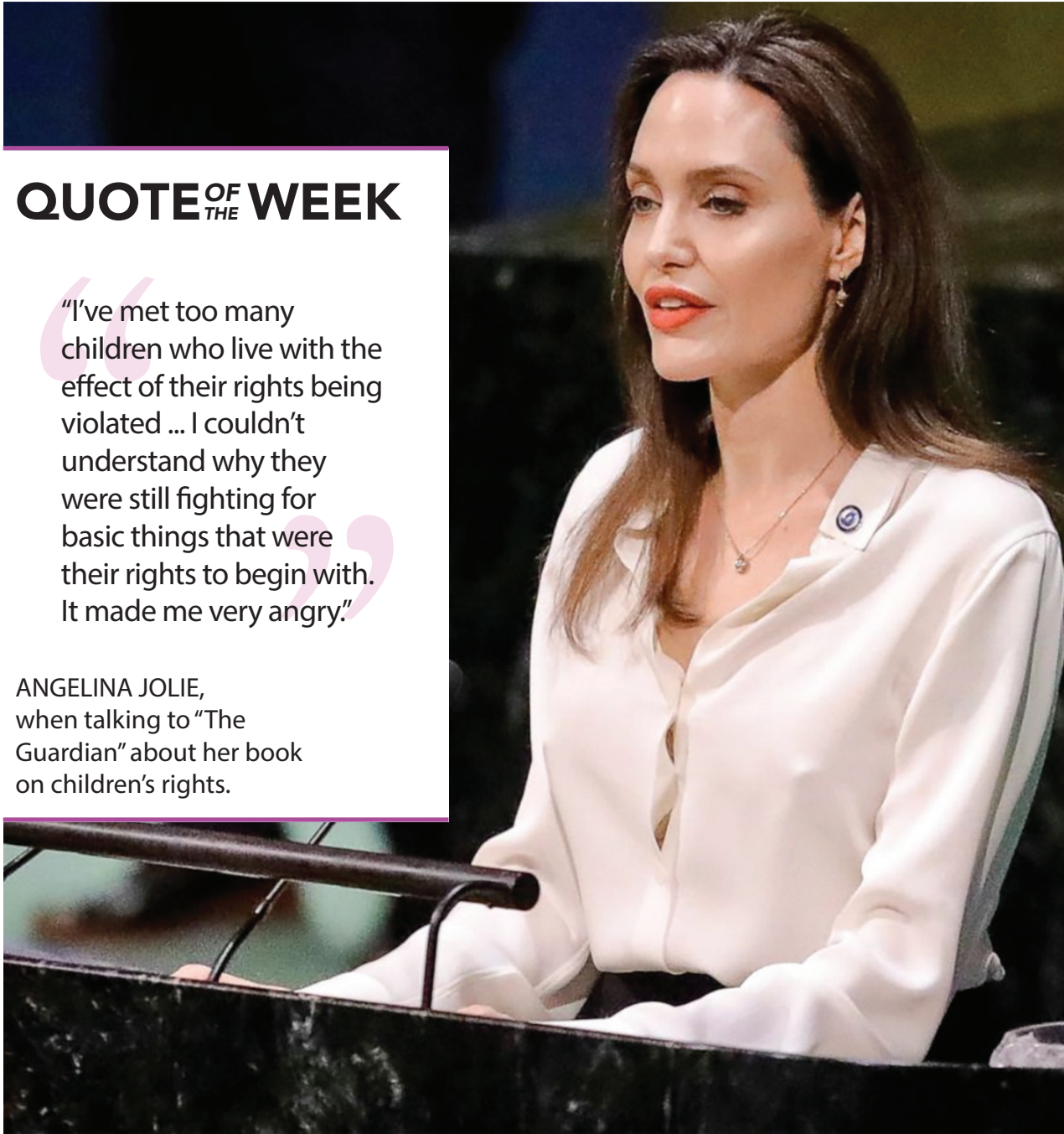
The Life & Culture editor's recap of current mainstream and alt culture

Compiled by Eva Salzman

QUOTE OF THE WEEK

"I've met too many children who live with the effect of their rights being violated ... I couldn't understand why they were still fighting for basic things that were their rights to begin with. It made me very angry."

ANGELINA JOLIE, when talking to "The Guardian" about her book on children's rights.



SPOTLIGHT

American series "RuPaul's Drag Race" makes history

For the first time in the Western history of "RuPaul's Drag Race," a transgender woman has been crowned the winner. The finale of "RuPaul's Drag Race All-Stars" season six, streamed on Paramount+ this past Thursday, featured the groundbreaking win of 38-year-old Kylie Sonique Love. The entertainer first appeared on season two of "RuPaul's Drag Race" back in 2010, before her transition, and was eliminated in the fourth episode.

Though Love is the first transgender woman to snag the crown in the American series, she is the second to do so world wide, as Angele Anang won the second season of "Drag Race Thailand" in 2019. "I couldn't have done this without thanking the universe every single day, for all my blessings and all the people around me that believed in my dreams," Love said after her win. "I'm so grateful to ... RuPaul ... for giving people like me an opportunity. Not just drag queens but trans people."



THIS WEEK IN POP CULTURE HISTORY

Sept. 9, 1926

The National Broadcasting Company (NBC) — a radio and television broadcasting network was formed in 1926 — making it the United States' oldest major broadcast network. It was founded by the Radio Corporation of America (RCA).

The network was nicknamed the "Peacock Network" after its peacock logo, which became the symbol of NBC when it started broadcasting in color.

Almost 100 years later, the network created its own streaming platform called "Peacock" after the original network's nickname.

The three-note chime that NBC is known for came about in 1924, becoming the first audio trademark.

Today, the network hosts some of the most popular broadcasting programs like "Today," "NBC Nightly News," "Dateline NBC" and "Meet the Press."

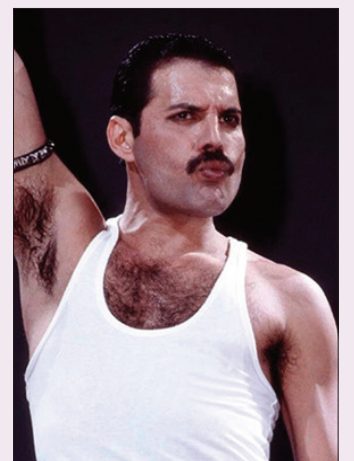


Sept. 5, 2016

An asteroid was named after Freddie Mercury to commemorate what would have been the artist's 70th birthday. Asteroid 17473, discovered in 1991 — the year that

Mercury died — bears the artist's name. Queen guitarist Brian May announced to 1,250 fans at Montreux Casino in Switzerland that the asteroid would now be known as Asteroid 17473 Freddiemercury.

"It's just a dot of light, but it's a very special dot of light," May said when describing the asteroid named for his bandmate. May quoted U.S. astronomer Joel Parker of the Southwest Research Institute as saying, "Even if you can't see Freddiemercury leaping through the sky, you can be sure he's there — 'floating around in ecstasy,' as he might sing — for millennia to come."



Veganism plants roots within Ithaca community

BY SYDNEY BRUMFIELD
& EVA SALZMAN

In a town known for its natural wonders — waterfalls, gorges and incredible hiking trails — Ithaca has developed a semi-accurate stereotype. The hippie aesthetic that the college town often gets pegged for manifests itself in its restaurants.

Veganism is the dietary practice of abstaining from all animal-derived products. While many vegans take it to another level by eliminating all animal products from different aspects of their lifestyle, the culture revolves around the food.

Julia Lapp, associate professor and chair of the Department of Health Promotion and Physical Education at Ithaca College, said that while the term “vegan” has gained popularity, being vegan can look different for everyone.

“Vegan means that you’re just not eating any animal products,” Lapp said. “Like everything else, you can go as far with it as you want.”

A study from 2004 to 2019 found that there was a 300% increase in the number of American vegans — people eating a completely plant-based diet. This increase is felt in Ithaca and within the college community as more students opt for vegan options in dining halls. Vegan restaurants have also popped up off campus.

“There is an increase of vegan restaurants in town which is fabulous,” Lapp said. “There’s ... been a rise in people following vegan diets

over the past decade, so the rise in restaurants makes sense.”

Angelhearts Diner, owned by Kim Engelheart, opened in Ithaca in August 2019. Angelhearts specializes in vegan comfort food.

“I opened the diner because I wanted to create a place that was inviting to everyone and would encourage more people to try vegan food,” Engelheart said via email. “Comfort food speaks to all.”

Many vegans adopt the diet because of animal cruelty in the animal agriculture industry. Junior Katherine Fleming said she went vegan after watching films about animal cruelty.

“It really changed my perspective on how we treat animals in the food industry, and I couldn’t contribute to the cruelty that goes on there,” Fleming said.

Junior Maddy Leitner, who has been vegetarian since birth but now eats vegan, said she is passionate about spreading awareness about the positive benefits that going vegan can have.

“I basically tell people the big three: I do it for the environment, for my health and body and for the animals,” Leitner said. “Most importantly, for the animals personally.”

Regardless of their motivations for the dietary guidelines, vegans at the college have found a community with each other. Junior Cora Payne said she appreciates the community on campus of fellow vegans.

“In comparison to other areas, like where I live at home, now at



Junior Maddy Leitner enjoys a Jonah’s Jive sandwich, one of the plant-based options from Ithaca Bakery, on Sept. 6 in IC Square. Ithaca Bakery offers a wide selection of vegan and vegetarian meal options for students.

ELEANOR KAY/THE ITHACAN

Ithaca College in every room that I’m in ... there’s always other vegans,” Payne said. “That’s something I have never really experienced anywhere else.”

Junior Kaylee Arnold, who grew up vegetarian, said she primarily eats vegan in the dining halls at the college. She also said she is impressed by the speed that meat alternatives have become mainstream.

“When I was a kid, we didn’t have Beyond Meat,” Arnold said. “I think it’s crazy that if you go to the freezer section of the grocery store, there

are so many different [meatless] brands ... you have things that aren’t supposed to taste like meat at all and things that are supposed to bleed like a real burger.”

There is a clear trend that young people are receptive to veganism. A survey by BOL Foods found that 44% of people ages 18-24 think that going vegan is cooler than smoking.

Sophomore Abigail Hoffert said she tries to convince people to become vegan through word of mouth.

“I have convinced a lot of my friends from home to go vegan by

showing them how a plant-based diet is beneficial to the environment and to animals,” Hoffert said via email. “I also try to show people how it can be very simple to eat a vegan diet if you plan it correctly.”

Leitner said being vegan has helped her find a sense of identity.

“That’s honestly a really big part of who I am,” Leitner said. “I love being a part of a good change.”

CONTACT SYDNEY BRUMFIELD
SBRUMFIELD@ITHACA.EDU
CONTACT EVA SALZMAN
ESALZMAN@ITHACA.EDU

Gallery director participates in artist residency program

BY EVA SALZMAN

Paintings and portraits line the walls and intricate sculptures dot quiet floors under the warm, inviting lights of the Handwerker Gallery. The gallery is popular among the Ithaca College community, with frequent visits from classes and art-loving students alike. Each exhibit that the gallery features is curated by its director, Mara Baldwin. What casual gallery-goers may not know however, is that Baldwin is an accomplished artist herself.

Baldwin was recently awarded residency at the Elizabeth Murray Artist Residency (EMAR) program in upstate New York — a prestigious organization named after the artist Elizabeth Murray. This artist-in-residency program invites artists, academics and curators to reside and work at an institution to focus and work on their current projects.

The program selects artists through an application process, where applicants are recognized based on merit and previous works. Baldwin said the residency is specifically for artists who are parents.

Elizabeth Dubben, director of EMAR said the review panel looked at about 400 applications to select a diverse cohort of 15 artists.

“The residency is a no-cost residency, with full support: time, space, meals, artist stipends and childcare,” Dubben said via email. “For parent artists during our family residencies, we create a parallel creative experience in art and nature for children. The kids even have

their own art studio!”

Baldwin said they felt recognized and valued as both a parent and an artist when they were accepted into the program, especially after COVID-19 shut down many residencies.

“It was awesome to climb out of [COVID-19] with this news, and especially so when my partner was offered a residency and stipend as well, allowing her to attend not as a co-parent, but as an artist as well,” Baldwin said via email. “Artist and academic couples get used to ‘taking turns,’ and it was really surprising and wonderful to feel so equally seen, recognized and valued as worth supporting.”

Dubben said Baldwin’s application to the residency program stood out to the panel for a number of reasons.

“Incredible, quality work, serious yet playful inquiries, meaningful statement on why the residency would be important to [Baldwin’s] practice as a parent artist,” Dubben said via email.

Baldwin said the residency gave them the ability to prioritize artistic practice because there were limited distractions.

“One feature of this residency is that it is in an area of Upstate NY (rural Granville) where there is no cell phone reception and basically no internet,” they said via email. “I realized that the internet, though occasionally an unparalleled tool, also robs me of time. Lots of time. Getting that time back was invaluable, and I’d happily do it again.”

Paul Wilson, associate professor and chair



Mara Baldwin, director of the Handwerker Gallery, spent a week in August creating art at the Elizabeth Murray Artist Residency. Baldwin is pictured Sept. 5 in front of their art at their home studio.

ASH BAILOT/THE ITHACAN

of the Department of Art History, said he and Baldwin have worked closely together for 10 years.

“One of the things that I think is remarkable about [Baldwin], is that she gives both of those things her full weight over, you know, her mental and physical energy,” Wilson said. “She gives it her all as gallery director, coming up with interesting, provocative exhibitions, and also has this full-fledged, artistic practice.”

Nala Gurung ’20 said she spent her four years at the college working at the Handwerker Gallery with Baldwin. She said Baldwin has

a talented eye for picking out guest artists to feature in the gallery.

“While I didn’t see much of her thought process before the exhibitions, they were always so different; there wasn’t one exhibit I didn’t enjoy in my four years there,” Gurung said via email. “Something that stuck out to me was the vast range of artists [Baldwin] would showcase at the gallery, ranging from gender, ethnicity, race, sexuality, etc.”

CONTACT EVA SALZMAN
ESALZMAN@ITHACA.EDU

POPPED CULTURE

Author masters book marketing

BY MADISON MARTIN

With over 200 novels to his name and the record for most books on The New York Times best-sellers list, James Patterson sits as the unchallenged king of modern commercial literature. However, as Patterson's empire grows, his name has begun to feel less like the name of a beloved author and more like a trademark that is dominating much of genre fiction.

Patterson has stepped into the pools of countless literary genres: sci-fiction, fantasy, horror and most notably thriller. He's written for both adult and child audiences. On the outside, he is a jack of all trades, but Patterson's books always follow a distinct style regardless of genre. His stories are fast-paced and trope-heavy. His sentences are short and simple, and chapters often span one page or one sentence. His style is so simple it can be reproduced over and over across hundreds of books. Patterson claims he designed this style to draw in people who aren't avid readers, but this style also feels ideal for replication by authors who aren't Patterson.

A brief scan over Patterson's repertoire will show that he collaborates a lot. Out of the 20 books Patterson has already published this year, 17 of them have been listed as collaborations with other writers. Patterson rarely writes his own books and is open about this fact. He writes detailed outlines for story ideas and then passes them off to lesser-known writers to write for him. Collaborating with other writers isn't a bad practice, especially when it allows newer authors the spotlight. But the absurd number of books Patterson tacks his name on in a year raises speculation about how much "collaboration" is really going on.

On the surface, Patterson is a supporter of new writers. In addition to his collaborations, he promotes "James Patterson Presents," a list of books written by smaller authors that Patterson has deemed worthy of bringing before his massive audience. However, it's also the enormity of Patterson's name that also creates a problem.

The literal enormity. For marketing purposes, Patterson's name always appears in large letters on the cover of every book he works on, while his collaborators' names appear in a significantly smaller print. Patterson's name sells, but he's not the one actually writing these books. He's merely providing the story.

The only time a collaborator's name appears as large as Patterson's is when he is working with a celebrity. Former President Bill Clinton wrote two thrillers with Patterson and musician Dolly Parton has a book release with Patterson slated for 2022.

Patterson has created a factory and established a foolproof method of appearing on The New York Times best-sellers list through quantity of volumes and brand recognition. He's mastered the art of marketing but will never master the art of writing unless he picks up a pen more often.

POPPED CULTURE is a weekly column, written by Life & Culture staff writers, that analyzes pop culture events. Madison Martin is a senior writing major. Contact her at mmartin@ithaca.edu.

Horror film evokes real-life fears

MOVIE REVIEW: "Candyman" Metro-Goldwyn-Mayer



BY JACKSON NOEL

Are people still scared of the boogeyman in 2021? Probably not, and with actual global turmoil affecting our daily lives, little room is left to fear creatures that go bump in the night. However, what if the boogeyman was a direct product of the current environment? What if generational trauma from centuries of racism and violence in America produced a hook-wielding specter? Bernard Rose's 1992 film "Candyman" waded into horror with social commentary, but Nia DaCosta's sequel-cum-remake of the same name crafts a strange terror out of real-world fears.

To Tony (Yahya Abdul-Mateen II) and Brianna (Teyonah Parris), the plot of the first "Candyman" is simply an urban legend told in the dark and wrapped into a dare: say his name five times in front of a mirror and the Candyman will appear. Depending on who tells the story, Candyman can be any number of victims coming back for vengeance.

Clive (Brian King) says Candyman is the man he saw beaten to death with candy in hand by police when he was a child. Others tell the story of Candyman as Daniel Robitaille, a Black man who was publicly lynched in the 1800s for falling in love with a white woman. Each version of the story centers around a Black man from Chicago returning to exact revenge after being

victimized by racial violence, a notion that draws Tony — a painter with serious creative blockage — into Candyman's web.

While the original "Candyman" film — based on a short story by novelist Clive Barker — approaches the ramifications of its heavy subject matter, it ultimately forgoes giving depth to the theme of Candyman's racist origins in favor of spooky thrills. With this new film, DaCosta shares screenwriting credit with Jordan Peele and Win Rosenfeld, who bring the commentary to the forefront with bold candor.

Anyone familiar with Peele's directorial work, "Get Out" and "Us," knows that he hardly cares for subtlety. "Candyman," like Peele's previous films, specifically employs its bluntness as a tool for spreading messages to the widest audience. The end result is complex in reckoning with its subject matter of racialized violence.

However, it also helps that "Candyman" is quite scary. Woven between scenes of an art critic deriding Tony's art for exploiting gentrification and retellings of Candyman's death are brutal hook slashing outbursts. DaCosta comes to this film after only having directed the drama "Little Woods," but the precision and intricacy in the direction of "Candyman" feels totally fresh. The film unfolds through nightmare-like scenes intertwined with horrific



"Candyman" derives its scares from real-world terrors in America, blending the horror genre with social commentary.

COURTESY OF METRO-GOLDWYN-MAYER

violence, evoking real-world crimes like police brutality. In other words, the film is not an example of escapist horror.

A common motif in the film is mirrors as the primary haunting ground for Candyman's terror. Nearly every frame contains some kind of reflection or doubling of its subjects, from a glass-paneled elevator to a pocket-sized mirror being used to manipulate scares.

In the best way, "Candyman" feels like a horror film that rarely gets released anymore. It may be a sequel, but its ideas are fresh and hard-hitting. If anyone wants to go watch this movie and can still muster enough courage to say his name five times, then maybe they were not paying enough attention.

CONTACT JACKSON NOEL
JNOEL1@ITHACA.EDU

Film debut of Addison Rae matches low expectations

MOVIE REVIEW: "He's All That" Netflix



BY ELIJAH DE CASTRO

The Addison Rae gravy train becomes more obvious than ever with "He's All That," a saccharine collaboration between the smiley TikTok superstar and the money grabbers at Netflix. Nobody should be surprised that this film exists, and nobody should be surprised that it is bad.

"He's All That" is 2021's remake of the lukewarm 90s film "She's All That." The 2021 film gender swaps the original movie's concept — a popular high school boy attempts to turn an unpopular girl into the prom queen on a bet — and gives it the corporate, pseudo-feminist remake its male producers think it deserves.

While Rae's character is named Padgett Sawyer, Rae, in reality, plays a fictionalized version of herself. Padgett is a high school girl and a disgraced influencer who lost her brand deals and followers after getting into a live-streamed feud with her influencer boyfriend. She accepts a bet with her frenemy Alden (Madison Pettis) to try and get the introverted loser of the school, Camer-

on Kweller (Tanner Buchanan), elected prom king.

In an entirely ironic context, "He's All That" is awesome. A scene of Padgett attempting to seduce Cameron, the cynical, model-in-a-wig photography student, reaches unprecedented levels of hilarity.

As Padgett continues her uncomfortable attempts at Cameron, they begin to fall in love. In this case, love means Padgett transforming Cameron into her dream date and having him show up to prom on horseback.

The acting just isn't good — this part was known before the film was even released. There is little believability in their delivery and an assumption by the filmmakers that everyone in the universe of the film naturally speaks with an on-the-nose edge.

Because Addison Rae is not a qualified actor, the film forces in a weird number of dance sequences to showcase her "talent" — a dance battle at the end doesn't make a lick of sense as to why it is there or what purpose it has in relation to the



In her first feature film, Addison Rae succeeds only at butchering dialogue.

COURTESY OF NETFLIX

development of the story.

The final scene of "He's All That" attempts to show some sort of self-awareness of the fact that the film contributes to toxic influencer culture. A monologue of Padgett explaining to her peers that her online presence is staged, is as fake as the influencer culture that she denounces. It's funny yet ironic, since in the real world, Rae's fame increases day by day.

So, who is to blame for "He's All That"? It isn't Rae, who seems like a generally harmless 20-year-old doing what her agent tells her. The blame should be on Netflix, TikTok and producers who have created the internet-fame-to-movie-stardom pipeline that plagues cinema.

CONTACT ELIJAH DE CASTRO
EDECASTRO@ITHACA.EDU

Electrifying album blends genres

ALBUM REVIEW: "IF I CAN'T HAVE LOVE, I WANT POWER" ★★★★★

BY DARIENE SEIFERT

"If I Can't Have Love, I Want Power" is the dynamic declaration that is the title for Halsey's fourth studio album. Trent Reznor and Atticus Ross of Nine Inch Nails collaborate with the singer-songwriter to produce an electrifying album that beautifully blends several musical genres together.

With this riveting mix of pop, rock, punk, grunge and alternative, the trio creates a distinct sonic atmosphere. Halsey explores the intricate concepts of sexuality and gender, along with the victories and burdens that are attached to them.

"I am not a woman, I'm a god" is the most explosive track on the album. A blaring synthesizer deeply resonates along with Halsey's dominant vocals, proclaiming their conflicting beliefs: "I am not a martyr, I'm a problem / I am not a legend, I'm a fraud." The instrumental is akin to a pulsating heartbeat, perfectly capturing how intense the song is.

The songs that truly put the quality of Halsey's vocal abilities on display are "Easier than Lying" and "honey." "Easier than Lying," features a build-up of hushed whispers to grungy screaming. Captivating strummed guitar and heavy bass drum accompany the singer's

voice. A whirling alarm ends the track on a fervent note. This energy continues with "honey," which drips with intoxication as Halsey sings about a tumultuous romance. Foo Fighters' Dave Grohl wails on the drums, and his incredible skill shines through as the percussion stands out from the rest of the instrumentals. Even in the heavy pop-punk tone, Halsey easily expresses a range of emotions as they reminisce about their lost loves in both tracks.

Halsey enjoys her mischievousness as she tells listeners a haunting story in "The Lighthouse." It is an ominous tale about a vengeful siren drowning sailors and relishing in her cunning craft. An electric guitar with added reverb creates the sound and the feeling of being underwater, making "The Lighthouse" hypnotically chilling.

Both "Girl is a Gun" and "Lilith" show Halsey's vocals and lyricism in flawless harmony. In "Lilith," Halsey follows along to the beat of the drums, creating a funky rhythm as she confronts the media on how it scrutinizes her.

The charming laugh of the singer-songwriter introduces "Girl is a Gun." The vocals are nasally and the instrumentals fast-paced, building suspense as Halsey coaxes anyone to



"If I Can't Have Love, I Want Power," Halsey's fourth studio album, has riveting mixes of pop, rock, punk and grunge.

COURTESY OF CAPITOL RECORDS

"touch my trigger."

The album closes out on "Ya'aburnee," a gentle ballad dedicated to Halsey's partner and newborn. Their emotion feels raw as Halsey admits that they could not live on without their family: "Darling, you will bury me / Before I bury you." This is emphasized by the intentional removal of the domineering instrumentals and the focus is only on their vocals and a guitar. Halsey achieves her conquest

for power with her newest album. Their collaboration with Reznor and Ross has proven to be fruitful among 13 songs and deluxe edition bonus tracks "People Disappear Here," "Gasoline (Reimagined)" and "Nightmare (Reprise)."

The album is a welcome and beautiful addition to the artist's deep discography.

CONTACT DARIENE SEIFERT
DSEIFERT@ITHACA.EDU

New indie album yields mostly unsavory results

ALBUM REVIEW: "How Long Do You Think It's Gonna Last?" ★★☆☆☆

BY JACKSON NOEL

Musical side projects rarely aim for something big, but then again, Big Red Machine would probably reject that term. Most side projects relish in the middlebrow, usually highlighting weird experimentation unfit for an artist's main catalog. Everything about its second album "How Long Do You Think It's Gonna Last?" finds the indie-folk band doubling down on its gentle sound and adding numerous guest collaborators to mostly unsavory results.

Named after the nickname given to the World Series-winning 1976 Cincinnati Reds, Big Red Machine is the indie-folk collaboration between The National member Aaron Dessner and Bon Iver frontman Justin Vernon. After a forgettable 2018 release, the project seemed to disappear with both The National and Bon Iver delivering separate albums. However, it was their work on Taylor Swift's album "folklore" that brought Dessner and Vernon together again where they began the writing process for what became "How Long Do You Think It's Gonna Last?"

Swift's "folklore," co-produced by Dessner, feels like the perfect summary for the sound of "How Long Do You Think It's Gonna Last?" with the group's reliance on

midtempo, piano-led pop songs set to a folk beat. Taken individually, this sound produces beautiful results in the singles "Renegade (feat. Taylor Swift)" and "Phoenix (feat. Fleet Foxes and Anais Mitchell)." "Renegade" adds some mellotron and electric guitar to the mix with Swift penning a sympathetic portrait of a relationship affected by mental illness; the song creates emotions that most of the album lacks. These tracks serve as the strongest examples of Big Red Machine's cumulative power, but unfortunately, they get drowned in the slog of the tracklist.

With a run time of over an hour, the lack of variation in the production quickly grows tired and mind-numbing. "Easy to Sabotage (feat. Naeem)" mostly ditches repetitive piano chords for a standard rock instrumental palette and Vernon returns to his electronically manipulated vocal style. The song is annoying in its own right — gibberish lyrics and shrill vocal performances make listening to "Easy to Sabotage" a challenge — but it still feels like fresh air amid bland pianos. If "How Long Do You Think It's Gonna Last?" stands for anything, it would be proof that the band is not willing to challenge itself sonically or artistically.

Two-thirds of the album's songs rely on



Indie band Big Red Machine's newly released album is not worth paying attention to.

COURTESY OF 37D03D

the strength of the extra vocalist or songwriter. These collaborations highlight the individual strength of each artist over Dessner's production and alongside Vernon's voice. Dessner — who is not a singer — does make a few vocal appearances though, like on the album's worst song, "The Ghost of Cincinnati." Sufjan Stevens-derivative hardly describes why the acoustic, guitar-led track feels like a parody of folk music created by artificial intelligence.

"How Long Do You Think It's Gonna Last?" concludes, to absolutely no one's surprise, with a somber piano ballad. Though the album never quite reaches louder than a rumble, it ends with a subdued whisper. Big Red Machine has crafted the soundtrack to Starbucks cafes everywhere, something better enjoyed without attention paid to it, lest it immediately put the listener to sleep.

CONTACT JACKSON NOEL
JNOEL1@ITHACA.EDU

QUICKIES



COURTESY OF ASYLUM RECORDS, SONY MUSIC

"GOOD ONES"
Charli XCX

The track moves away from Charli's usual bubblegum sound with an emphasis on seductive vocals, a heavy beat and dark synths. The digital instrumental elements combine to emulate the techno sounds of the European nightclub scene.



COURTESY OF POLAR MUSIC INTERNATIONAL AB

"I STILL HAVE FAITH IN YOU"
ABBA

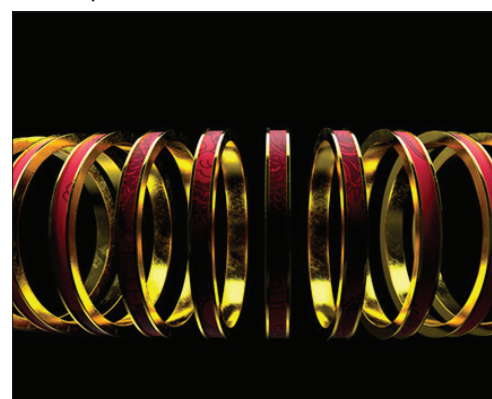
ABBA has announced its upcoming album and given fans a taste of its sound with its latest single. Though the track begins as an ode to a lover, it gradually builds to an energetic, orchestral anthem of passion.



COURTESY OF OYOY, INTERSCOPE RECORDS

"THE 90S"
FINNEAS

Maybe singer-songwriter FINNEAS is not Billie Eilish's ghostwriter, as the lyrics in his latest track are cheesy and obnoxious. His production credibility also takes a hit with out-of-place, autotuned vocal riffs.



COURTESY OF MARVEL/HOLLYWOOD RECORDS, INC.

"FIRE IN THE SKY"
Anderson .Paak

Anderson .Paak marks his territory on a Marvel movie soundtrack. The track opens with a refined take on elevator music with dainty synths that usher in the artist's emotive, rhythmic flow. The track is typical Anderson .Paak: soft-thump hip-hop meets modern, smooth soul.

SPORTS

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THURSDAY, SEPTEMBER 9, 2021



KICKING IT ON THE WEST COAST KICKER TRAVELS COUNTRY

Junior Nick Bahamonde, kicker for the Ithaca College football team, had a successful freshman season in 2019. He was named Liberty League Special Teams Player of the Year after making 92% of his kicking attempts. However, when the 2020 season was canceled due to the COVID-19 pandemic, Bahamonde stepped away from the football field to travel across the country.

ANA MANIACI MCGOUGH, ABBEY LONDON/THE ITHACAN

BY AIDAN CHARDE

In 2019, junior football kicker Nick Bahamonde won the Liberty League Special Teams Player of the Year following a successful freshman campaign. However, after the 2020 season was canceled because of the COVID-19 pandemic, he packed up his bags, put a sleeping bag in his car and drove out west to spend a semester on the road.

After stepping away from the gridiron for a year in favor of a cross-country roadtrip, he was named the seventh best kicker in Division III football entering the 2021 season upon his return to the team. The rankings were released by The CFB Network, a popular social media page that covers all three levels of

college football. Bahamonde was also named Liberty League Football Special Teams Player of the Week for his performance Sept. 4 in the football team's 52-20 win over Bridgewater State University.

Bahamonde, who grew up surrounded by nature in Berryville, Virginia (the Appalachian region of the state), said that the idea of facing online classes helped him make his decision to take a leave of absence, but that he thinks he would have embarked on a similar trip eventually. He said the trip was something that he knew he needed to experience in his life.

"At some point I would have gone through what I went through in the last year," Bahamonde said. "I feel like everyone has to go through that at some point. I know [I would have gone] eventually, I just don't know if it would have happened in the same way if not for the pandemic."

He also said he is very grateful for the time he spent learning life lessons, learning about himself and becoming a person that is almost unrecognizable from his freshman self, which would not have happened if he spent the year in school.

"I learned more in that year by myself than I've learned in school, probably ever," Bahamonde said. "I can do algebra, but that doesn't teach you



Bahamonde started his junior season with a strong performance Sept. 4 versus Bridgewater State University. Bahamonde scored 10 of the Bomber's 52 points and kicked six touchbacks.

ANA MANIACI MCGOUGH/THE ITHACAN

how to talk to a stranger, or be a good person, or be a hard worker. I learned how to live my life."

He succeeded in that mission during his time out West, said Kaia Friedly, a student at Orange Coast College whom he met in California.

Friedly said she was shocked when he told her that he was a football player. Though they only met in person once, Friedly said Bahamonde made a lasting impression on her, and they still talk every day.

Fellow Bombers kicker and junior Enzo Martelluci said he is not surprised that Bahamonde makes that type of impression on people.

However, even though his personality may seem relaxed, Martelluci said Bahamonde did not take any days off in preparation for the 2021 season.

"To come right back to the field was just the willingness to play right when he got here," Martelluci said. "I do believe he's got the ability and quality of a [Division I], which is also why I believe he will be

ranked first in Division III football after this season."

Friedly says she can see how much the trip has changed Bahamonde for the better and that he seems like he found himself.

"He told me when we met that he was doing [the trip] to experience what it has to offer," Friedly said. "He wanted to get a new outlook on life, and he says he did and that he feels a lot more confident in life now."

Even though he was tired of football a year ago, Bahamonde said this year has made him want to play football more than he ever has. He said missing a full season was the best thing that could have happened to him.

"The year off made me reflect on why I play and why I want to keep playing," Bahamonde said. "I'm more excited for the next two years of football than I've been for any year in the past, and I'm enjoying playing again."



Bahamonde won Liberty League Special Teams Performer of the Week once in his freshman year, and was awarded the honor again Sept. 7.

ANA MANIACI MCGOUGH/THE ITHACAN

CONTACT AIDAN CHARDE
ACHARDE@ITHACA.EDU









THE BOMBERS ROUNDUP

The Ithacan provides statistical updates on all the Bombers' varsity squads during the season

Cross country runners participate in the Jannette Bonrouhi-Zakiam Memorial Alumni Run on Sept. 4 in Ithaca. Both the men's and women's teams competed in the event.

ASH BAILOT/THE ITHACAN

VOLLEYBALL

	2-3			1-3	
ITHACA	SEPT. 3	ST. JOHN FISHER	ITHACA	SEPT. 3	JUNIATA
	0-3				
ITHACA	SEPT. 4	JOHNS HOPKINS			

GOLF

NAME	PLACE	SCORE
Cristea Park	T6	+8
Rheanna Decrow	T11	+13
Mary Gersec	13	+15
Caitlin McGrinder	T14	+16
Katie Chan	T22	+28



NEXT MATCH: 1 p.m. Sept. 11 and 10:30 a.m. Sept. 12 at Hamilton Fall Invitational in Clinton, New York

FOOTBALL

	52-20	
ITHACA	SEPT. 4	BRIDGEWATER

NEXT GAME:
1 p.m. Sept. 11 against
No. 22 SUNY Brockport in
Brockport, New York

FIELD HOCKEY

	0-1	
ITHACA	SEPT. 4	ST. JOHN FISHER

NEXT GAME:
7 p.m. Sept. 8 against
Misericordia University in
Dallas, Pennsylvania

MEN'S SOCCER

	2-0			0-2	
ITHACA	SEPT. 4	U.S. MERCHANT	ITHACA	SEPT. 5	STEVENS

MEN'S CROSS-COUNTRY

NAME	PLACE	TIME
Ben Tiber	1st	N/A
Danny Jagoe	2nd	N/A
Josh Endy	3rd	N/A
Conrad West	5th	N/A
James Hughes	8th	N/A

Jannette Bonrouhi-Zakiam Memorial Alumni Run

NEXT RACE: 11:45 a.m. Sept. 11 at Hamilton Short Course in Clinton, New York

WOMEN'S CROSS-COUNTRY

NAME	PLACE	TIME
Sophia Roy	2nd	20:03.0
Meredith Garrity	3rd	20:17.0
Tori Maceira	4th	20:46.0
Julia Tomanovich	5th	20:49.0
Isabel Johnston	6th	20:50.0

Jannette Bonrouhi-Zakiam Memorial Alumni Run

NEXT RACE: 11:45 a.m. Sept. 11 at Hamilton Short Course in Clinton, New York

WOMEN'S TENNIS

NAME	OPPONENT	RESULT
Taylor Crain	Geneseo	W 8-5
Caroline Herz	St. Lawrence	W 8-4
Zoe Davis	St. Lawrence	W 8-5
Daniella Wisniewski	William Smith	W 8-0
Lauren Rodriguez	Nazareth	W 8-3

Mary Hosking Invitational

NEXT MATCH: 8:15 a.m. Sept. 18-20 at the ITA Northeast

Bombers welcome three coaches to South Hill

BY DANNY KING

As the Bombers begin their 2021–22 athletic season, Ithaca College has welcomed three new assistant coaches to South Hill.

On July 26, Kerry Grigsby was announced as the new defensive line coach for the Ithaca College football team following three years as an assistant coach at Division II Concordia University in St. Paul, Minnesota.

Later in the summer, Caroline Pape was hired as a new full-time assistant coach for the Ithaca College women's lacrosse team Aug. 10 after spending two seasons at Fairleigh Dickinson University-Florham in Madison, New Jersey, as an assistant and defensive coordinator.

The following day — Aug. 11 — it was announced that Torin Varn would be returning to the Bombers as a full-time assistant for the men's lacrosse team after coaching as a voluntary assistant coach for the team in 2020.

Grigsby spent his first two years at Concordia University as a graduate assistant before assuming the role of assistant linebacker coach in 2020. When senior defensive lineman Ed Longest heard that Grigsby would be joining the Bombers coaching staff, he said he was thrilled to learn of the news.

Throughout the team's practices during the summer and preseason, Longest said he loves the energy and detail Grigsby brings to practice daily.

"His attention to detail and his passion for the game is infectious and has really helped push and motivate the entire unit," Longest said. "He holds us accountable and pushes us to reach our full potential."

As Longest embarks on his senior season, he said he believes Grigsby will be able to help him take his game to the next level.

Though the men's and women's lacrosse teams are not in season yet, the new hirings have generated buzz within the teams. Senior women's lacrosse defender Mallory Chamberlain said she is excited to get to work with a successful coach like Pape.

"She's an amazing leader as a coach," Chamberlain said. "The leadership that she brings from being a previous leader on her team, to now being an assistant coach, will help us a lot."

Pape will be the full-time assistant coach for the Bombers this upcoming season, but has experience on both sides of the field. Chamberlain said she believes that Pape's knowledge of the sport will be of great use to the team.

The Bombers went 14-2 in 2021 and made it to the quarterfinals of the NCAA Tournament. It was the second time in program history that the team made it that far into the tournament, and Chamberlain said she feels Pape can help elevate the team even further.

"She fits our culture perfectly,"



Defensive line coach for the Ithaca College football team, Kerry Grigsby, was hired July 26. Grigsby spent the last three years coaching for Concordia University in St. Paul, Minnesota, including last year as linebacker coach.

ANA MANIACI MCGOUGH/THE ITHACAN

Chamberlain said. "She loves our team culture in general. Bringing her onto our team is exactly what we need to win an NCAA championship. She's very vocal and is exactly what we need to get there."

Varn is from the local Ithaca area and played lacrosse at Ithaca High School. Varn spent the 2020 season as a volunteer assistant coach for the Cornell University men's lacrosse team.

Because of his lacrosse experience in Ithaca, Jeff Long, Ithaca College men's lacrosse head coach

knows what type of player and coach Varn is.

"[I] watched him from a young age. [He is] very skilled, competitive, great IQ and [has a high ceiling as a coach]," Long said.

Before coaching lacrosse in Ithaca, Varn spent time as an assistant coach at Hofstra University in Hempstead, New York.

During the season Long spent coaching with Varn, he complimented numerous aspects of his style. Long said Varn is extremely positive, is a good communicator

with his players and can teach players at all positions. Long also added that he and his players are excited to get started with Varn, now as a full-time assistant.

Each of these coaches will look to make an impact on their respective teams when they return to the field this year. Grigsby and the college's football team will look to improve upon its 1-0 record as it takes on No. 20 SUNY Brockport on Sept. 11 in its first road game.

CONTACT DANNY KING
DKING2@ITHACA.EDU

New fall spectator protocol allows fans to fill stands

BY KYLE DESANTIS

Following a spring season of sporting events with no fans in the stands, Ithaca College has announced that full capacity crowds will be back in place this fall for all venues that host athletic events.

The college announced Aug. 31 that both indoor and outdoor events will have no restrictions on the number of spectators permitted at these events. Last spring, the college did not permit any spectators to attend events within the playing venues and prohibited spectators from congregating outside of venues.

Athletics communications specialist Frank Maira said he could speak for many workers within the Department of Intercollegiate Athletics as to how happy they are to have full crowds again.

"We're super excited to have fans back in the stands to cheer on the Ithaca Bombers here this fall," Maira said. "Especially after opening weekend with the amount of wins our teams had."

Maira said no matter a spectator's vaccination status, they must always be wearing a mask correctly in indoor venues.

According to the spectator policy for this fall, the only time a spectator's mask can come off during indoor events is when drinking. When they are done, spectators must put their masks back on. Also, while face coverings are required for indoor athletic events, they are only encouraged for outdoor

games. If a spectator is unvaccinated, they must be wearing a mask while maintaining six feet of social distance between others at all times.

Justin Lutes, the associate director of Athletics Communications, said he is confident in the policies being put in place, which were created through the Liberty League and the college's athletic director, athletic trainer, team physician and the Hammond Health Center.

"I think the guidelines run consistent with what Ithaca College has put in place for the overall campus after the rise in cases in Tompkins County," Lutes said.

Though spectators are now allowed into venues to attend events as opposed to none being allowed last semester, there are still restrictions put in place by the current spectator policy. Other implications for indoor events include food not being permitted. Limited concessions will be supplied, but only at select games during the fall season. Spectators can, however, bring water and non-alcoholic drinks into the various venues on campus.

Senior Cyerra Adams said she went to the football game Sept. 4 and the volleyball games Sept. 3 and 4. Adams said she attended Bombers sporting events during her first two years at the college and that the atmosphere at those games was exciting and fun.

"I definitely felt that [the crowd's energy was high], especially at the volleyball game," Adams said. "The football game was especially packed ... I saw a couple of my friends at



Ithaca College released its new spectator policy Aug. 31, setting guidelines for games on campus. The policy requires masks at indoor events but encourages them outdoors.

ANA MANIACI MCGOUGH/THE ITHACAN

the football game and they were really happy to be there."

Junior Matt Kane was also in attendance for the football team's season opening victory and said he enjoyed being back at Jim Butterfield Stadium to cheer on the Bombers.

"The energy was great," Kane said. "Just being there with my friends and some other peers at Ithaca was awesome. We even started to try to do the wave, but it didn't really work out at first, but we got some fans to do the wave which was really cool."

Junior Karina Norman echoed a similar sentiment, saying she was happy to see the gameday experience return to a sense of normalcy.

"[There was] so much energy in the crowd

at the volleyball game specifically," Norman said. "And then, the football game was obviously amazing. All the parents [were] there and there [were] people tailgating and it was like back to the way it was."

The Ithaca College field hockey team also had the opportunity to compete in front of fans during its season opener Sept. 1. Senior field hockey back Anna Parrish said she was pumped to see fans in the stands of Higgins Stadium during the team's 2-1 win over the Utica College Pioneers.

"It seemed like [the fans] brought the energy," Parrish said. "It was nice to hear people cheering on from the sidelines again."

CONTACT KYLE DESANTIS
KDESANTIS@ITHACA.EDU

THE BUZZER

The Ithacan's breakdown of Ithaca College's week in sports



ATHLETE OF THE WEEK MICHAEL ANDERSON

Anderson was a key contributor in the Ithaca College football team's 52-20 victory over Bridgewater State University on Sept. 4. The senior wide receiver tallied four receptions, 154 receiving yards and a pair of touchdowns in the season opener.

ANA MANIACI MCGOUGH/THE ITHACAN



COMPETITION OF THE WEEK VOLLEYBALL VS SUNY CORTLAND

The Ithaca College volleyball team opened its season with a 3-2 comeback victory against SUNY Cortland on Sept. 1. Senior Jaelyn Hershberger helped lead the way by recording 16 kills for the squad. Senior Laura Severance posted a 21 assist effort.

MALIK CLEMENT/THE ITHACAN

EVENTS TO WATCH

7 P.M. SEPT. 8 IN DALLAS, P.A.

The Ithaca College field hockey team will look to bounce back from a loss in its previous game as it is set to face Misericordia University in its third contest of the year. The Bombers have won their only three matchups with the Cougars.



ITHACA

VS.



MISERICORDIA

QUOTE OF THE WEEK



"I learned more in that year by myself than I've learned in school, probably ever ... I learned how to live my life."

– NICK BAHAMONDE
FOOTBALL KICKER



1 P.M. SEPT. 11 AT BROCKPORT



ITHACA

VS.



BROCKPORT

The Ithaca College football team will take on No. 22 SUNY Brockport for the first time since 2018. Both the Bombers and the Golden Eagles enter the contest with 1-0 records.



Senior volleyball captain Laura Severance sets a ball to graduate student Paris Buckner at an invitational match featuring Juniata College and St. John Fisher College on Sept. 3 at Ben Light Gymnasium.

BRENDAN IANNUCCI/THE ITHACAN