



# WINTER SPORTS PREVIEW

EMILY  
VANDERSLEEN  
'23

BOMBERS MAKE  
A SPLASH  
THIS WINTER



# TRACK & FIELD

## WOMEN'S

## BUILDING OFF THE OUTDOOR SEASON



MEGHAN  
MATHENY  
'22

Senior Meghan Matheny claimed first place in the pole vault at the 2021 NCAA Outdoor Championships. ABBEY LONDON/THE ITHACAN

BY CONNOR GLUNT

After a successful Spring 2021 season that saw the Bombers win National Championships in three different events, the Ithaca College women's track and field team is returning to action for its indoor season. The Bombers finished the outdoor season last year with a fourth-place finish at the NCAA Outdoor Championships thanks to Parley Hannan '21 winning the 5,000-meter run

and 10,000-meter run and senior Meghan Matheny placing first in pole vault. Senior Logan Bruce also finished fourth in the heptathlon.

Although the team will have to replace Hannan and other key contributors who moved on after last season, head coach Jennifer Potter said the team has a lot of returners who are hungry to compete indoors for the first time since 2020.

"I think the returning group is strong, hungry and confident," Potter said. "I think something that I've really noticed in this group is that they're not talking about nationals, and it's not like the elephant in the room. So I think that combination, with those returners and the incoming class, I think we have a really strong group moving indoors."

Potter said the team designs its schedule for the year to treat its indoor season as a build up so it can peak in February and May. The team regularly does group activities like yoga and water aerobics to stay fresh and help keep the mood light, as well as to build team chemistry.

Bruce, who is also a team captain, said activities like getting into the pool have been a nice way to get to know the incoming freshmen class, who have quickly made a strong impression on the team.

"I think we have a really strong freshman class not only in athletic abilities, but they bring so much positive energy and just like good vibes to the team, basically, they're really fun to go to practice with every day," Bruce said.

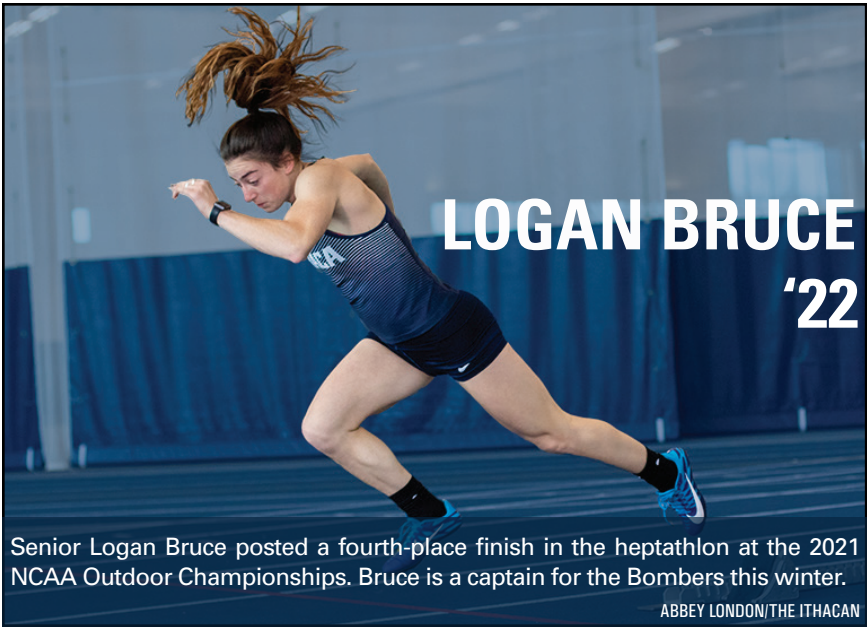
Looking toward the season, Bruce said her individual goal is to be a

national champion for the indoor and outdoor seasons in the heptathlon and pentathlon. Bruce also said she is aiming to set the school record in the 60- and 100-meter hurdles as well. Matheny said the team has similarly big goals for itself.

"I think we have a lot of people who are really poised to have really awesome seasons and score points at a national level," Matheny said. "Our ultimate goal every year is to win a national title. So, just kind of drilling that mindset into our team culture, and just building on that and pushing everyone to set their goals as high as they can."

The Bombers begin their season Dec. 4 in the Greg Page Cornell Relays in Ithaca.

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LOGAN BRUCE  
'22

Senior Logan Bruce posted a fourth-place finish in the heptathlon at the 2021 NCAA Outdoor Championships. Bruce is a captain for the Bombers this winter. ABBEY LONDON/THE ITHACAN

## LOOKING TO SURPRISE THE COMPETITION

## MEN'S



DOM  
MIKULA  
'22

Senior Dom Mikula holds the school record for both indoor and outdoor pole vaults with 5.11 and 5.0 meter, respectively. ELEANOR KAY/THE ITHACAN

BY ORI JORDAAN-GRADY

The Ithaca College men's track and field team is gearing up for its upcoming indoor season. The squad has begun preparing to compete in its first full campaign since 2019 and has high expectations heading into the new year. Due to the 2021 season being shortened by the COVID-19 pandemic, only outdoor competitions were held and indoor conference and regional play were canceled. These circumstances have led to this upcoming season being the first full year for all underclassmen.

Head coach Jim Nichols is entering his 35th season at the helm of the program. After earning the Liberty League Coach of the Year Award for the outdoor 2021 season, Nichols said he is eager to see his athletes compete.

"We've got [an] upperclassmen-oriented program right now," Nichols said. "And they're pretty hungry considering we didn't have an indoor season last year."

The outdoor track and field team is coming off a first place Liberty League conference finish, third place regional finish and a tie for 30th at the outdoor NCAA Championships in May. Senior pole vaulter Dom Mikula is eager to return to action and believes that he and the team are prepared for the upcoming season. Mikula said he has been training for this season since August.

"I feel in the best shape of my life coming into this season," Mikula said.

Mikula, the 2021 All-American second-place pole vault finisher, holds the school record in both outdoor and indoor pole vaults at 5.11 and 5.0 meters. He's also coming off a season in which he swept the competition by appearing on the first team conference and regional list.

Mikula said that while some may have their doubts about this team, he is confident in the abilities of his teammates. He said he believes that they have the potential to be a competitive group this winter.

Among the veterans coming back to the team, the Bombers will turn to Mikula and junior hurdler Nate Oczkowski to make an impact. Oczkowski, a 2021 NCAA qualifier in the 400-meter hurdles, believes the team has the leaders to make a deep run.

"I bring out the best of my teammates so just developing that bigger leadership role on the team is important," Oczkowski said.

Nichols said he appreciates his athletes not only because of the success they have on the track, but because of the positive characteristics they represent on campus and in their lives. He said the team honors respect and what

is needed to impact everyone else around them in the most positive way.

"Those are the types of athletes that are in the program," Nichols said. "Guys that are continuing to do all the little things necessary to be successful not just as athletes, but as students as well as individuals on campus."

The men's track and field team has begun practices and will open its season at 10 a.m. Dec. 4 at the Greg Page Cornell Relays in Ithaca.

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NATE  
OCZKOWSKI  
'23

Junior Nate Oczkowski won Liberty League Track Performer of the Week for April 12, 2021 after a meet at SUNY Geneseo. ELEANOR KAY/THE ITHACAN

# GYMNASTICS

## NEW-LOOK SQUAD PRIMED TO START SEASON STRONG

BY AIDAN CHARDE

In 2019, when the Ithaca College gymnastics team finished in fifth place nationally and won its first individual-event National Championship since 2011, the team looked poised for success thanks to a solid group of veterans and promising young stars.

However, two years later, and due to the cancellation of the National Championships in 2020 and the entire season in 2021, the team looks very different than it did such a short time ago. Of the 23 members of the team, 16 have never competed at the collegiate level before, including 12 freshmen.

Head coach Richard Suddaby admitted he is not quite sure how the season will go since he has not seen most of the team in competition yet, but he said he has a lot of confidence in the athletes.

“There’s a whole lot of unknowns going [into the season],” Suddaby said. “But I feel like our talent level is quite high.”

The first step for the season, Suddaby said, will be figuring out what the team has in the new members. He said he knows that they are all teachable, but he needs to figure out what they need to learn first.

“They’re very coachable, but you don’t always know what they don’t know,” Suddaby said. “It’s a pretty big transition [from high school to college gymnastics], and so we’re trying to make sure we’re teaching them the things that they need.”

Suddaby also said the team benefits from strong leadership thanks to the returning athletes, like junior Cameryn Nichols, who won the National Collegiate Gymnastics Association (NCGA) East Rookie of the Year in 2020. Nichols, who also took home three NCGA All-American awards during her first season, said she knows what the environment is like at the meets. She said she wants to help her new teammates be ready for that moment.

“I remember being a freshman and the first meet was just such a shock,” Nichols said. “But the energy and team encouragement was all there, and I think once we start competing, we’ll be really great.”

Suddaby said the juniors and seniors on the team are doing a great job of bringing in the new athletes so far. Along with Nichols, senior Julia O’Sullivan has stepped up to take a leadership role. O’Sullivan, who last competed as a sophomore, said she cannot wait to get back out into competition and see what the team has in the new members.

O’Sullivan added that she believes the returners are a much improved group from two years ago. Although they were without a season last year,

she said the break gave them time to improve their mental game.

“We’ve definitely taken time to reflect on things that did work and didn’t work in the pre-COVID season,” O’Sullivan said. “Now that we know what worked physically and mentally, we’re already steps ahead of where we were, ready to just pick it back up.”

O’Sullivan said she and her fellow returning gymnasts are trying to transfer those lessons learned to the new members of the team. She said the best way to teach them is to just lead by example. Moving from high school to college gymnastics can be hard because of the switch from individual to team competition, Nichols and O’Sullivan said. That is why O’Sullivan said she is trying to emphasize teaching her new teammates how to be a part of the team.

“Before college, you were part of a team but you were competing against each other,” O’Sullivan said. “Now, yes you are up there by yourself, but your individual scores are what is going to make your team win, so represent your school and your team.”

In collegiate gymnastics, each team competes six gymnasts in each event, and the final scores are calculated by the sum of each member’s score of the team. At the end of the season, the top three teams from each region go to the National Championships.

While Suddaby said the goal every season is to make it to Nationals, it is made especially important this year because the championship meet will be held here on South Hill.

O’Sullivan said she believes Ithaca College hosting Nationals this year makes the team want to be there even more than normal.

“Hosting Nationals this year is a little more motivation to get there,” O’Sullivan said. “We have high expectations to qualify for Nationals, and then once we’re there we’re going to do the best we can to win.”

Nichols also said knowing other teams have had similar challenges makes her excited for a season that is going to be different from all the ones before it, but she still knows what the team has to do this season.

“I have big expectations for the team,” Nichols said. “And I think all my teammates do as well. We hold each other accountable in the gym, we make sure everyone’s working. So we all have high expectations for each other.”

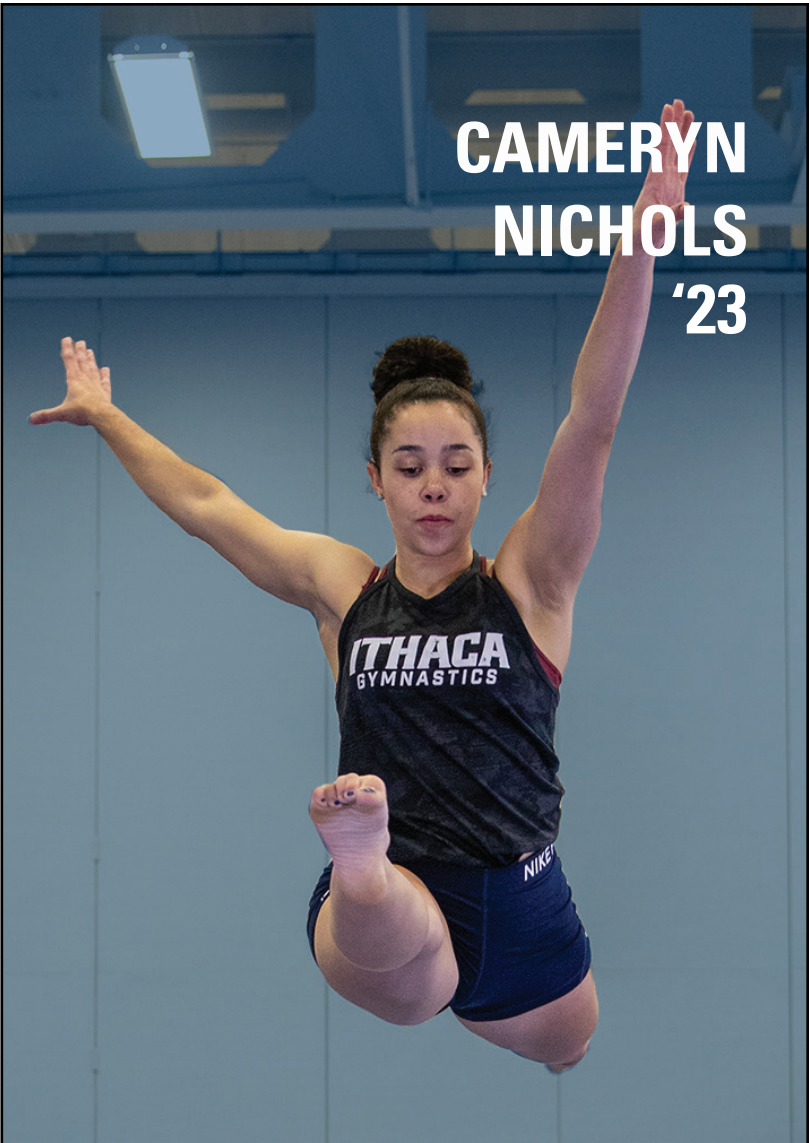
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JULIA O’SULLIVAN  
’22



Senior Julia O’Sullivan was named a Women’s Collegiate Gymnastics Association Scholastic All-American for her sophomore season in 2020.  
ELEANOR KAY/THE ITHACAN

CAMERYN  
NICHOLS  
’23



Junior Cameryn Nichols was named the National Collegiate Gymnastics Association East Rookie of the Year after her freshman season in 2020.  
ELEANOR KAY/THE ITHACAN

JULIA O’SULLIVAN  
’22



Senior Julia O’Sullivan appeared in three meets during her sophomore season. She recorded a season-best score of 9.375 on the uneven bars at the Harriet Marranca Invitational on Feb. 23, 2020.  
ANA MANIACI MCGOUGH/THE ITHACAN

# SWIMMING AND

## COMING BACK TO DEFEND THE CONFERENCE CROWN

### WOMEN'S

BY TOMMY MUMAU

The Ithaca College women's swimming and diving team has begun its first full season in nearly two years with a determined, new-looking roster. This year's group has its sights set on continuing the program's long-standing tradition of success in the midst of a transition to a new coaching staff.

Kevin Markwardt took over as the head coach of the women's program in June 2020. The coach began his new role last year, but this will be his first full season at the helm for the women's team because the 2020–21 campaign was canceled as a result of the COVID-19 pandemic. The team competed in three non-official meets last spring, but Markwardt said it was difficult for the team to operate.

"Trying to coach last spring was really challenging because people were so spread out," Markwardt said. "We had people in pods [and] the pods couldn't interact. That was really challenging to try to build team culture."

This year, the team has returned to its traditional

Since the 2019 campaign, the roster size has decreased from 39 to 31 members. Mike Blakely-Armitage, assistant coach of the team, said the team will rely on a variety of contributors to achieve its goals this season.

"All of the people that are entered in an event are going to contribute to the team's success," Blakely-Armitage said. "Whereas, I think in the past, they really looked at like maybe 10 to 12 people that really carry the load. And now, it really will be that whole team effort. It'll be like 18 to 20 athletes that are going to carry it."

The squad will turn to junior captains Emily Shorb and Erin Kiley to help lead the way. Chris Griffin, assistant aquatics coordinator and diving coach, said he believes first-year graduate student Ava Lowell and juniors Abby Marraccino, Karalyn Pawcio, Eliana Wallock and Rachel Lange will be integral parts of the team's success this season.

Lowell said she is looking forward to building off her previous success as she enters her final collegiate season.

"I'm definitely approaching it slightly differently," Lowell said. "Just in the sense that I'm



AVA LOWELL  
'21

First-year graduate student Ava Lowell is coming off her first Liberty League Championship in 2019–20 after placing first in the 3-meter dive event.

ALYSSA BEEBE/THE ITHACAN



EMILY VANDERSLEEN '23

Junior Emily VanderSleen finished her freshman season at the Liberty League Championship placing second in the 50-meter butterfly event and fifth in the 200-meter freestyle event.

ELEANOR KAY/THE ITHACAN

training routine, holding full-team workouts. The men's and women's teams are now also training at the same time, which junior Emily VanderSleen believes has helped build the team culture.

"It feels more similar to my freshman year when we were normal before COVID," VanderSleen said. "I think there's definitely different aspects now that the teams are combined, more unity on the pool deck [and] cheering for everyone. We lost the separation that we used to have, and I think that's great for the team. We've all kind of come together."

really trying to enjoy this last season and really work more on perfecting my performance, rather than looking to get new skills and push for the future. It's more of a rounding out of what I already can do."

The women's swimming and diving team opened the 2021 campaign with victories in its tri-meet against Buffalo State and The College at Brockport on Oct. 16 at the Kelsey Partridge Bird Natatorium.

Lowell said the team is eager to once again reach the top of the Liberty League conference standings.

"We're really coming to see if we can defend our Liberty League Championship title for a third time this season," Lowell said. "And over on the diving, we're really looking to see how many of those top slots at Liberty Leagues we can take."

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ABBEY LONDON/THE ITHACAN

# DIVING

## TAKING A SPOT AT THE TOP OF THE LIBERTY LEAGUE MEN' S

BY CONNOR GLUNT

The Ithaca College men's swimming and diving team returned to the waters of Kelsey Partridge Bird Natatorium on Oct. 16 with swimmers cruising down lanes and divers slicing through the air to kick off its first in-person regular-season competition since February 2020. The last time the Bombers were in the water for a winter season meet was Feb. 29, 2020 at the Liberty League Championships, where the team placed second at the meet. This year, the Bombers kicked off the winter sports season for the college with meets against Buffalo State, The College at Brockport, Rensselaer Polytechnic Institute (RPI) and SUNY Cortland. The team went 4-0, winning the meets by scores of 238-42, 238-54, 152-142 and 217-82 respectively. Head coach Kevin Markwardt said prior to the meet against the Engineers on Oct. 30, RPI — the reigning Liberty League champions — were one of the teams the Bombers had their

on the team. Markwardt also added that the three captains, senior swimmers Tim Hector, Michael Sheehan and Matt Crysler, should set the tone for the team in the lanes. Godfrey got off to a hot start, picking up where he left off last spring, winning the 1-meter diving event in the team's first three meets of the season. Godfrey won the Liberty League title in the 3-meter diving event his freshman year. After his impressive finishes in the team's first meets of the season, Godfrey said he got the scores he wanted, but still sees room for improvement. "This season, I want to try to get some of the last big dives I really need for senior

sights set on heading into the season. With the Bombers' early season victory against the top Liberty League team, Markwardt said it should boost the team's confidence. "RPI, we actually haven't beaten them for several years," Markwardt said. "They've been the Liberty League Conference Champions for several years. ... They're big in our conference. They're always a big meet. We've gone back and forth with them over the years, and to be honest with you, the last couple years, it's been them." The team is bringing back a strong group of returners on both the swimming and diving sides of the sport. Assistant coach Mike Blakely-Armitage mentioned junior diver Ethan Godfrey and graduate student freestyle swimmer, Stanley Zaneski, as two of the top athletes

year so that by the time senior year season comes, I'm just working on cleaning up those dives, so this year I just want to get those big dives off," Godfrey said. In 2019-20 during his first season of collegiate diving in, Godfrey said his goal was to qualify for the NCAA Championship. However, the way the schedule is structured, swimmers and divers can only qualify with top performances at the NCAA Regional Tournaments, regardless of how the rest of the season went before those two meets. Now, with more difficult dives and bigger goals, Godfrey is confident he can meet his personal expectations this season. Of course, the team won't be reliant on its returning veterans. Markwardt said this year's incoming class of freshmen will play a key role in how the program competes as a whole. Regardless of talent, the transition from high school to collegiate swimming and diving is not always an easy one.

### ETHAN GODFREY '23



Junior Ethan Godfrey won the Liberty League title in the 3-meter dive event during his freshman season and placed third in the 1-meter dive event.

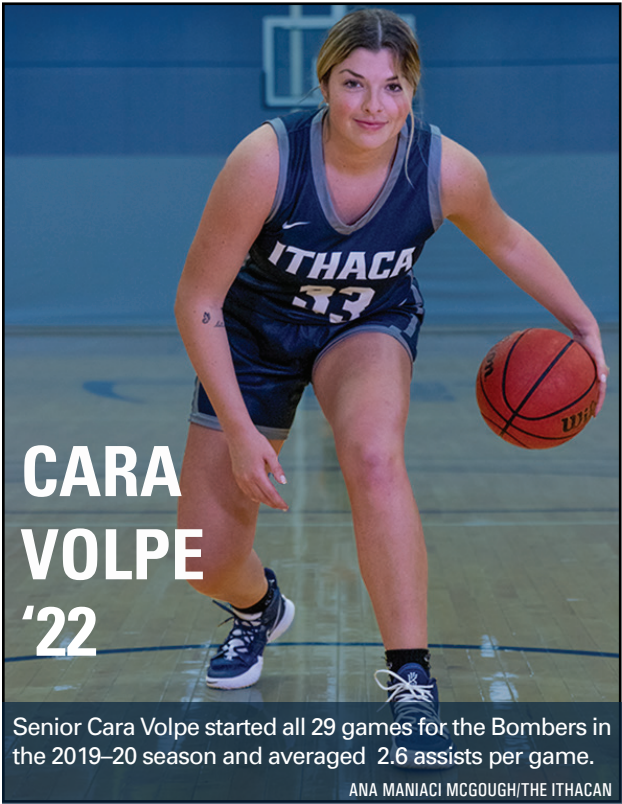
ALYSSA BEEBE/THE ITHACAN

However, Crysler said the upperclassmen of the team have done a good job showing the newcomers the ropes of making the jump. "They're really fast, and we have our top swimmers come in and see [the freshmen's] times and seeing how they work in practice just pushes everyone else," Crysler said. "Just having fast kids pushes fast kids, and having a good culture that they know now brings better swimmers and more overall hard work in practice." Both Markwardt and Blakely-Armitage said they do not like to place expectations on the team because everything is performance based. They cannot control how other teams compete, so their focus is on their own team. "I think that there is that goal beyond the Liberty League to be a presence at the national level," Blakely-Armitage said. "But, I think that it has been a goal for the seniors that are currently on the team and our juniors, and so I think they'd like to reach that pinnacle." The Bombers' next meet is against Le Moyne College at 5 p.m. Nov. 12 at Kelsey Partridge Bird Natatorium.

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# BASKETBALL

## WOMEN'S SHOOTING FOR THE FIRST THREE-PEAT



CARA  
VOLPE  
'22

Senior Cara Volpe started all 29 games for the Bombers in the 2019–20 season and averaged 2.6 assists per game.

ANA MANIACI MCGOUGH/THE ITHACAN

BY DUSTIN TERRY

It has been nearly two years since it has been on the court, but the Ithaca College women's basketball team has its sights set on a "three-peat" as Liberty League champions. After winning the Liberty League in 2018–19 and 2019–20, the Bombers seek to be the first team to win the conference three seasons in a row.

Six freshmen and three sophomores will be making their debuts for the Bombers this year. The team also has 12 upperclassmen returning this winter. Head coach Dan Raymond, who is entering his 22nd year at the college, says his team is

still getting to know each other and learning who the team members are as basketball players.

"All the young players are contributing the best they can right now," Raymond said. "[They are] figuring out their roles right now, which we're all in the same boat here."

The Bombers roster has increased to 21 players this year from 16 players during the 2019–20 season. Cara Volpe, senior guard and forward, also recalled her time as a freshman, touching on the importance of underclassmen.

"As freshmen, we didn't play much, but we worked hard every day," Volpe said. "I think the reason our team was so good was because of how hard we worked at practice to make other girls better."

Leadership and experience will play a big role in the Bombers' title pursuit. Raymond said his team is fortunate enough for its three graduate students, Grace Cannon, Kelly Lamarre and Megan Yawman, as well as the five seniors, to be leaders of this team.

Cannon will look to be a key contributor for the Bombers, as she finished the 2019–20 season with 380 points, 186 rebounds, 29 assists, 44 steals and 39 blocks. She said even with the loss of last season, the team is looking to build off its practices and exhibition games.

"Every year, we hope to be better than the last year," Cannon said. "We're hoping to be the only team to ever have a 'three-peat' for Liberty League. We see ourselves as our biggest competitors, so if we can continue to push each other to be better, then we should be the best team in the Liberty League."

Volpe echoed a similar sentiment, saying she is looking forward to the opportunity to compete for a third consecutive Liberty League title this winter.

The Bombers' season is set to tip-off against Hartwick College at 5:30 p.m. Nov. 13 in Oneonta, New York.

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GRACE  
CANNON  
'20

Graduate student Grace Cannon has been a part of two conference championship-winning teams as a Bomber.

ANA MANIACI MCGOUGH/THE ITHACAN

## A LONG-AWAITED CONFERENCE TITLE DEFENSE MEN'S



GEORGE  
SIKORYAK III  
'22

Senior George Sikoryak III played in every game during the 2019–20 season and shot 56.8% from the field.

ANA MANIACI MCGOUGH/THE ITHACAN

BY NICOLAS ROSADO

Led by a new coaching staff, the Ithaca College men's basketball team will look to continue its winning ways in the team's return to the court after two years.

The Bombers won their first Liberty League title in program history the last time they took to the court. However, much has changed since the 2020–21 season was canceled due to the COVID-19 pandemic. New head coach Waleed Farid was hired May 24, 2021 after former head coach Sean Burton '09 resigned April 26. He arrived in Ithaca after spending the last five years as the head coach at Hartwick College.

Farid said he anticipates the Liberty League being a tough

conference this year, and he believes every team is capable of defeating each other.

"To be honest, I think our league is really good," Farid said. "I think from top to bottom, every team in our league can beat any team in our league. I expect a lot of the teams to feel like they can contend for the league title."

Farid mentioned multiple players who have stepped up early on in the preparation for the season. One of those players is Skylar Sinon, senior guard and one of the four team captains. Sinon said he is ready to show how he has developed since his sophomore season and knows all of his teammates are prepared to do the same.

"We play with heart," Sinon said. "I know that every player on our team knows what we're about, and we try to bring it every day in practice, so that this way we get to the game and there's no surprises for anyone."

Sinon said he also believes the Bombers will have a little extra motivation after not being able to play last season.

"Being able to play is all the motivation that we need," Sinon said. "I think I mean finally being able to breathe on a basketball court is something I used to take for granted, but I mean we are all just excited to get on the court and have our fans in the school, and our parents all supporting us. We're excited. We can't wait."

Senior guard George Sikoryak III also acknowledged that while the team has big goals, everyone will have to constantly improve every day if they want to accomplish their goals.

"Obviously, we want to go far, we want to win the league, we want to make it in the tournament, but that's all going to come," Sikoryak said. "The main thing is just getting better each day, day by day, continuously working."

The Bombers begin their push for back-to-back Liberty League Championships against Alfred University on Nov. 12 in Alfred, New York.

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SKYLAR  
SINON  
'22

Senior Skylar Sinon played a key role in the Bombers offense in 2019–20, averaging 16.3 points per game.

ANA MANIACI MCGOUGH/THE ITHACAN

# WRESTLING

## PREPARED TO PROVE IT’S A NATIONAL TITLE CONTENDER

BY CONNOR WOOD

The Ithaca College wrestling team, led by head coach Marty Nichols, opens the regular season ranked No. 14 in the country according to the National Wrestling Coaches Association (NWCA) Division III Coaches Preseason Rankings.

Nichols said while he is excited to go out and compete for a national championship, he is just happy to be a part of a team again after the 2020–21 season was canceled due to the COVID-19 pandemic.

“It has been refreshing for the coaching staff, for the athletes and for myself,” Nichols said. “We are getting to see everyone work together again, working towards a goal. And after a year of stress and anxiety due to the pandemic, it is fulfilling to have a group of guys who want to work toward those goals.”

Those goals for many players on the team, including junior Travis Jones and senior Eze Chukwuezi, are to be national champions at the end of the season. Chukwuezi enters the season ranked fourth in the NWCA Division III preseason poll for the 184-pound weight class, and Jones is the fifth ranked wrestler in the 141-pound weight class.

“I am as dominant a wrestler as I have ever been,” Chukwuezi said. “I am in control of the matches, and I think going into my senior year, I want to be the most dominant wrestler in the country, regardless of weight class.”

Jones exploded onto the scene in the 2019–20 season as a freshman, finishing with a 36–5 record, with a 23–3 record in tournament matches. He was named the Most Outstanding Wrestler at the NCAA Mid-east Regional and said he is looking to build off his already impressive resume towards an even better second season.

“It is actually kind of scary, because freshman year there were no real expectations except for getting better every time out on the mat,” Jones said. “Not only have I proved to myself, but to everybody else that I have the ability to be the best in the country and that while it is nerve-wracking, it is giving me all the motivation to continue to prove myself as the best.”

Jones said the expectation for the team this season is to walk away as national champions. The wrestling team has not won a national championship since the 1994 season.

“We want to be the best in the country and we’re on track to prove that in 2019,” Jones said. “I do not

think redemption is the right word, but we had people counting us out in 2019 and they are still counting us out now, so we just want to prove that we are the best and we are more than ready to show it.”

Nichols said there are a lot of wrestlers on this team who have the capability of breaking out this year similar to what Jones did in the 2019–20 season.

“We have a bunch of guys in this wrestling room who I think people are going to be really surprised by,” Nichols said. “We have guys like Luis Hernandez, Matt Beyer, as well as a few freshmen. Matt Haycook is pretty tough at 125 [pounds] and Jackson Gray at 165 [pounds] are some first-years to keep an eye out for.”

Chukwuezi said while the Bombers are a young team this upcoming season, they still have the caliber to be national champions.

“The good thing about having such a young team is the ability to mold them into the kind of caliber that we need them to be,” Chukwuezi said. “A lot of the young guys are really eager to get back on the mat, as well as a lot of wrestlers who have yet to have a season, but I think the amount of motivation and fire we have right now will carry us a long way.”

Nichols said he tells his wrestlers if they can get better in every facet of life every day, then they are on their way to being the best wrestler and person that they can be.

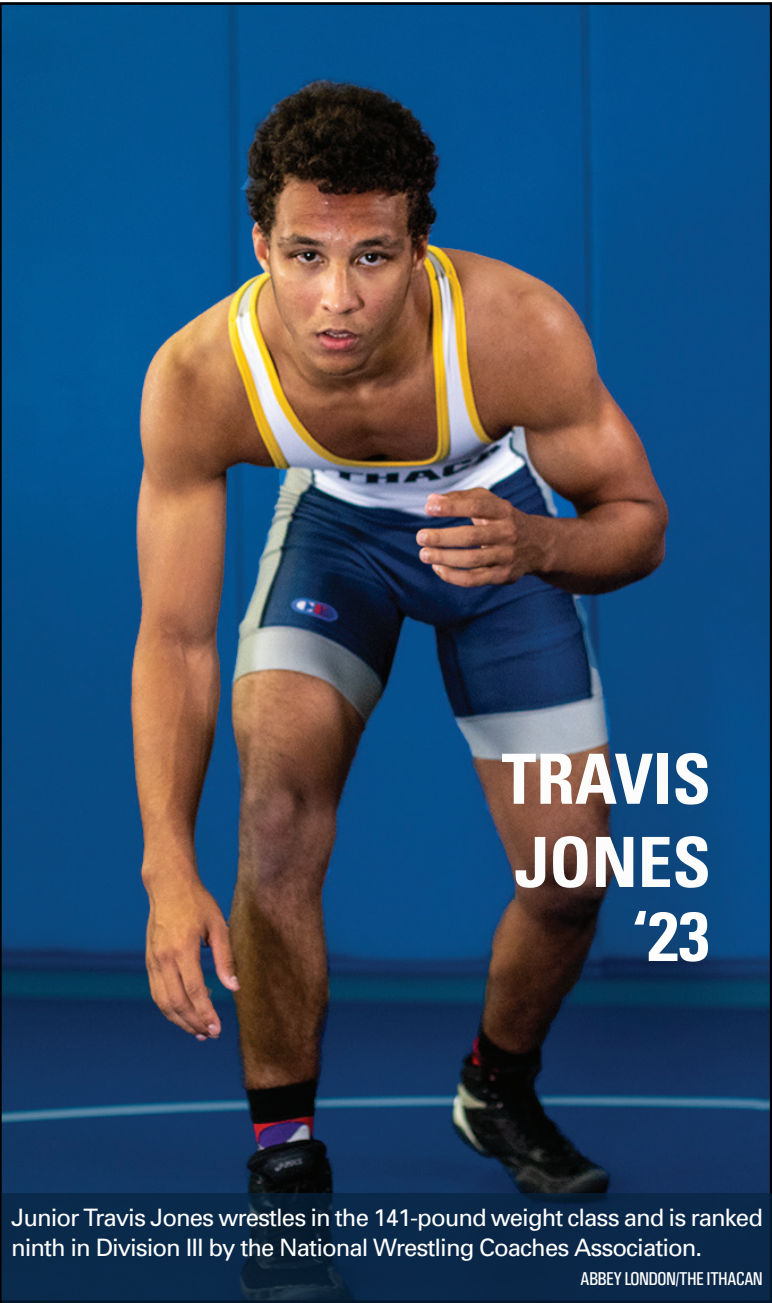
“There are a lot of ways to get one percent better every day,” Nichols said. “One percent in the classroom, one percent in the wrestling room and one percent in your relationships with other people. If you are doing that every day, they will feel so much more confident in themselves.”

Chukwuezi said the team has not been on the mat together in two seasons, and everyone is ready to once again showcase themselves as one of the best teams in the country.

“It has been a long time since we have been able to show what we’ve been working on,” Chukwuezi said. “We have been working in the shadows for a few years now, and we are ready to showcase it to the country and really put ourselves right back on the map.”

The Ithaca College wrestling team’s next competition is 1 p.m. Nov. 14 against Oswego State and Penn College in Oswego, New York.

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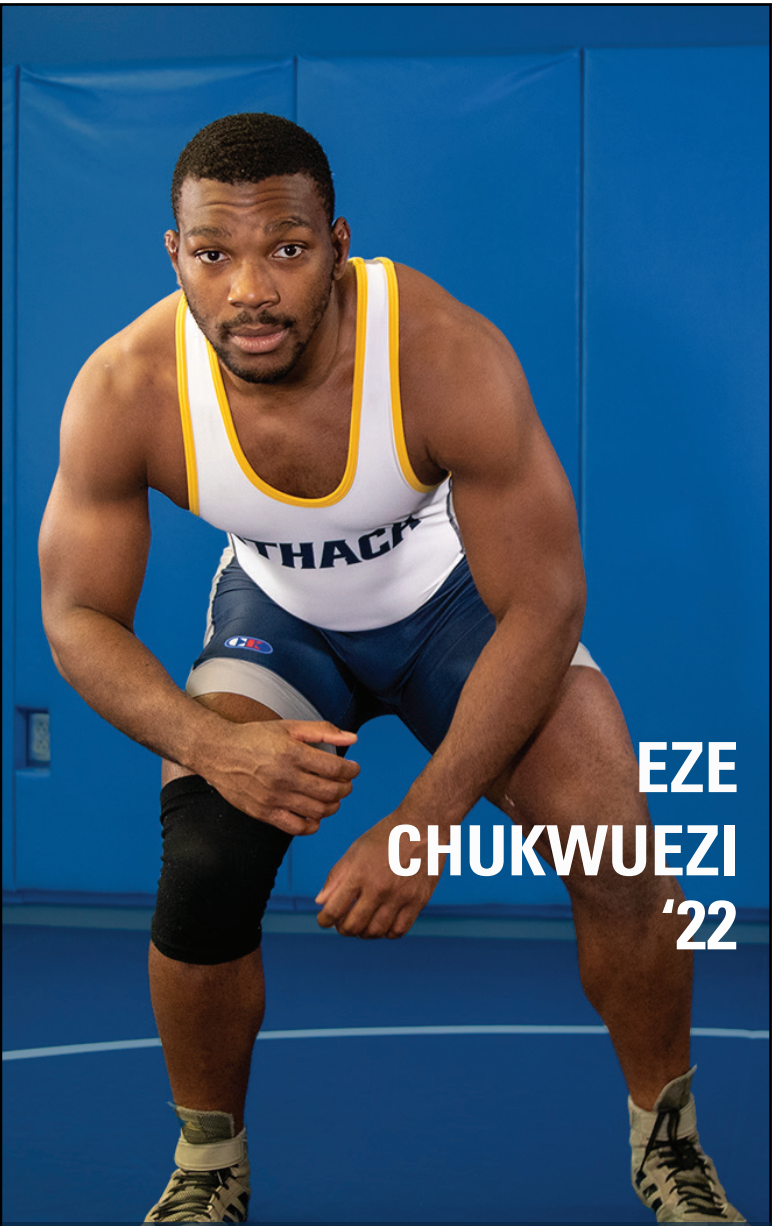
Junior Travis Jones wrestles in the 141-pound weight class and is ranked ninth in Division III by the National Wrestling Coaches Association.

ABBEY LONDON/THE ITHACAN



Junior Travis Jones wrestles senior Eze Chukwuezi in the wrestling room located in the Hill Center. In the team’s first competition, the Bombers finished fifth as a team at the Ithaca Invitational on Nov. 5 and 6.

ANA MANIACI MCGOUGH/THE ITHACAN



Senior Eze Chukwuezi wrestles in the 184-pound weight class is ranked fourth in Division III by the National Wrestling Coaches Association.

ANA MANIACI MCGOUGH/THE ITHACAN

# 2021-22 CALENDAR



From left, senior Eze Chukwuezi and junior Travis Jones both have championship hopes for the wrestling team.  
ANA MANIACI MCGOUGH/THE ITHACAN



From left, graduate student Grace Cannon and senior Cara Volpe hope to win a third straight conference title.  
ANA MANIACI MCGOUGH/THE ITHACAN



Senior Logan Bruce carries senior Meghan Matheny as they prepare for the women’s track and field season.  
ABBEY LONDON/THE ITHACAN

NOVEMBER/DECEMBER						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					12 5 pm Le Moyne 5 pm Le Moyne	13
14	15	16	17 6 pm Scraton 8 pm Cortland	18	19	20 5 pm RIT 5 pm RIT
21	22	23	24	25	26	27
28	29	30 6 pm Geneseo	1	2	3 TBA Bomber Invitational TBA Bomber Invitational	4 TBA Bomber Invitational
5 TBA Bomber Invitational TBA Bomber Invitational	6	7 6 pm Rochester 8 pm Rochester	8	9	10	TBA Bomber Invitational

JANUARY						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1
2	3	4	5	6	7 5:30 pm RPI 7:30 pm RPI	8 3:30 pm Alumni Celebrations 3:30 pm Alumni Celebrations 2 pm William Smith 4 pm Hobart
9	10	11 5:30 pm RIT 7:30 pm RIT	12	13	14 12:30 pm Brockport & Oneonta 12:30 pm Brockport & Oneonta	15 10 am Empire Collegiate Wrestling Championships
16	17	18	19	20	21 5:30 pm Skidmore 7:30 pm Skidmore	22 11:30 pm Cortland/Oneonta/TCNJ 11:30 pm Cortland/Oneonta/TCNJ 2 pm Union 5 pm Union
23 10 am Dick Comanzo Diving Invitational 10 am Dick Comanzo Diving Invitational	24	25 7 pm St. John Fisher	26	27	28	29 2 pm Union 2 pm Union 1 pm Cornell/Stevens/TCNJ
30 1 pm Brockport	31					

FEBRUARY						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1	2	3	4	5 10 am Bomber Invitational & Multi 12pm Genaca Diving Invitational
6 10 am Bomber Invitational & Multi 10 am Bomber Invitational & Multi	7	8	9	10	11 5:30 pm Clarkson 7:30 pm Clarkson 7 pm Wilkes	12 2 pm St. Lawrence 4 pm St. Lawrence
13	14	15	16 TBA Liberty League Championships TBA Liberty League Championships	17 TBA Liberty League Championships TBA Liberty League Championships	18 5:30 pm Bard 7:30 pm Bard TBA Liberty League Championships TBA Liberty League Championships	19 2 pm Vassar 4 pm Vassar TBA Liberty League Championships TBA Liberty League Championships
20 Harriet Marranca Memorial Invite	21	22 TBA Liberty League Championships	23	24	25 TBA Liberty League Championships TBA Liberty League Championships	26 TBA Liberty League Championships TBA Liberty League Championships TBA Liberty League Championships TBA NCAA Regionals
27 TBA Liberty League Championships TBA NCAA Regionals	28					

MEN'S BASKETBALL  
BEN LIGHT GYMNASIUM

MEN'S SWIMMING & DIVING  
KELSEY PARTRIDGE BIRD NATATORIUM

WOMEN'S TRACK & FIELD  
GLAZER ARENA

WOMEN'S BASKETBALL  
BEN LIGHT GYMNASIUM

WOMEN'S SWIMMING & DIVING  
KELSEY PARTRIDGE BIRD NATATORIUM

MEN'S TRACK & FIELD  
GLAZER ARENA

GYMNASTICS  
BEN LIGHT GYMNASIUM

WRESTLING  
BEN LIGHT GYMNASIUM