#### THURSDAY, SEPTEMBER 1, 2022 THURSDAY, 2022 THURSDAY, SEPTEMBER 1, 2022 THURSDAY, 2023 THURSDAY, 2024 THURSDAY,

#### -ACCURACY • INDEPENDENCE • INTEGRITY





#### BY OLIVIA STANZL

Ithaca College joined the Cayuga Health System's (CHS) network Aug. 15, with the hopes to create a more sustainable student health center. This enhancement comes with a price: students now need to provide an insurance card and may need to pay a copay in order to use the services within the health center.

"It's what people are used to doing everywhere else, but it's a big shift for our students on our campus who are not used to having to do that in the past," Bonnie Prunty, vice president of Student Affairs and Campus Life, said.

The college announced the merge to the campus community July 14 through an email. Prunty said the college has been discussing partnerships with off-campus entities since creating the strategic plan.

Prior to the merge, students were not charged a fee to visit the Hammond Health Center or for any labs that were done at the center and did not have to present their insurance card while at the center. Students were only charged through their insurance if they were referred off-campus for care or filled prescriptions off-campus.

The college requires each student to be insured, whether it is through the college or an alternate insurance. The cost of one year of insurance through University Health Plans, the college's plan, is \$2,713. Students have until Sept. 15 to waive the student health insurance that is otherwise automatically billed to them by the college.

"The challenge is that there may be students who waive out with their parents' insurance, who over time, find out, 'You know

what, my parents have a high-deductible plan, and so this is costing more than I expected it to cost," Prunty said.

Prunty said the student health insurance provided by the college may become more cost-effective to some students.

"It's going to be very individual insurance dependent," Prunty said. "So the really challenging thing is for a student to understand how their insurance is going to work in the health center. ... They need to find out if

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PHOTO ILLUSTRATION BY KALYSTA DONAGHY-ROBINSON, NOLAN SAUNDERS AND ELLA TUNIS/THE ITHACAN

Cayuga Medical

## Eco-Reps re-establish presence at IC and plan for fall semester

#### **BY NOA RAN-RESSLER**

Ithaca College Eco-Reps has been a campus program for decades, according to *The Ithacan*, but in recent years, the program was forced to scale back on projects and events, as reduced funding and staff cutbacks, noticed by students, left the program without staff to advocate for the students.

Eco-Reps is a team of students led by the Center for Civic Engagement – formerly led by the Office of Energy Management and Sustainability (OEMS) - to promote sustainability on campus through programs, events and campus-wide communication, including installments in campus restrooms. The team of paid Eco-Reps - a group of project coordinators led by a program manager - makes up only a small portion of a much larger group of volunteers. Eco-Reps was run by Gregory Lischke, the former director for Energy Management and Sustainability, until he stepped down in November 2021. This followed the removal of Rebecca Evans's role as campus sustainability coordinator at the end of Spring



### Non-male filmmakers come together on sets

#### **BY OLIVIA STANZL**

During Spring 2022, senior Surina Belk-Gupta, a cinema and photography major at Ithaca College, created a Google survey to connect non-male filmmakers at the college. After receiving positive responses, she dedicated a webpage to the cause in March.

According to the webpage -Connecting non-male IC filmmakers to sets - out of the roughly 5,000 undergraduate students enrolled at the college, over 58% of the student body is non-male. Yet students like Belk-Gupta observe that the majority of people on sets are male-identifying. Belk-Gupta said that during her time at the college, the lack of non-male students on film sets is a common conversation among her peers. always complaining "We're about it on Twitter, or to each other, but nothing was really happening," Belk-Gupta said. "I also know a lot of people that considered transferring or were having so many issues in Park [School of Communications] because they felt so uncomfortable and unwelcomed

on sets because of how male-centric they were. ... I was just really sick of it."

As of Aug. 31, the form has 62 submissions, with participants including information about their roles on sets, film experiences and portfolios, including related classes they have taken at the college.

Students can visit the website to submit themselves to the database or utilize the database to find crew members.

Senior Meabh Cadigan said she was a film, photo and visual arts major before switching to a double major in english and writing for film, tv, and emerging media.

"I was just kind of like, 'Well, I

From left, David Harker, senior Kelly Warren and Scott Doyle, stand by the Eco-Reps solar-powered vehicle used on campus.

2021, leaving significant gaps in administrative leadership for the organization, according to senior Katharine Downey, the former program manager from Fall 2021.

This forced many of the responsibilities onto student leadership, according to Downey. She said she had to take on Evans's role while the club went through a transitional period. As a student athlete on the women's track and field team, Downey said picking up the work of Evans's full-time job was too much to put on one student.

Senior Kelly Warren, the current program manager, echoed many of the issues that Downey faced.

ECO-REPS, PAGE 4

feel like I need to shift gears here because I just don't feel like I have the resources to work how I want to,"Cadigan said. "Now there's a sort of centralized resource for that sort of [community] and ... people are reaching out to me."

The Celluloid Ceiling is the longest-running and most comprehensive study on women's employment in behind-the-scenes film roles on sets.

#### FILM SETS, PAGE 4



# Students struggle to join new residential Wi-Fi

#### **BY JADYN DAVIS**

Since moving back on campus, junior Sophia Testani said she has had trouble connecting to the new Wireless Fidelity (Wi-Fi) system at Ithaca College, even after contacting Information Technology (IT).

"When the [ResNet] 'Start Here Wifi' didn't show up again, I contacted IT and they were basically like 'too bad so sad,'" Testani said. "My biggest worry is the fact that [the Wi-Fi] does not work and I am not able to do my work or communicate with my family."

Wi-Fi coverage is provided to all residence halls, apartments, academic and administrative buildings. Students must set up an account with Apogee — a technology service that manages Wi-Fi on college campuses to access MyResNet, the network in the residence halls and apartments.

Like Testani, some students at the college have been struggling to connect to the new Wi-Fi system and have growing frustrations with the delays in the network.

On Aug. 11, the Office of Residential Life and Housing Services sent out an email to students, faculty and staff explaining the My ResNet Wi-Fi upgrade. According to the email, the upgrade was made after many students consistently complained about issues with the previous Wi-Fi.

Casey Kendall, executive director of Applications and Infrastructure, said the reason that the college decided to switch Wi-Fi systems is so that students can access additional features and functionality, including 5G wireless for higher speeds.

The Apogee ResNet Team sent out an email to students, faculty and staff Aug. 21 apologizing for the problems with the new Wi-Fi system.

Teresa de Onis, vice president of Marketing at Apogee, said via email that Apogee has been working to isolate and eliminate issues with the new Wi-Fi. She said the reason many students have had issues with the Wi-Fi is because of how the network is handling during heavy traffic periods.

"Apogee acknowledges and accepts full responsibility for the current Wi-Fi issues that Ithaca College students are experiencing," de Onis said via email. "Our success is defined by our ability to go unnoticed, enabling every Ithaca College student to seamlessly connect and access reliable, high-performing Wi-Fi without a thought as to who is providing it.



After Apogee ResNet upgraded the Wireless Fidelity system at Ithaca College this summer, students began to experience severe difficulties with connecting.

#### We apologize for not meeting this standard during this year's move-in period. It is unacceptable to the Ithaca College team and unacceptable to us."

Senior David Teska said he transferred to Ithaca College from Clark University in Worcester, Massachusetts in Spring 2022. When he transferred, Teska said he had trouble connecting to the new network at Ithaca College. He said it was easier to connect to just one network at Clark University as opposed to multiple networks at Ithaca College. Teska said he thinks that IT and Apogee can better explain the process of connecting to the Wi-Fi.

"I think if they put out an email that had a flowchart or some kind of chart that visually shows you everything, that would be way more helpful than trying to piece together the whole situation from these couple update emails," Teska said.

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### **MULTIMEDIA**

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#### Gambling for a Good Semester

On Aug. 26, IC After Dark hosted a casino night where students felt optimistic about socializing with less COVID-19 restrictions on campus.



THE ITHACAN

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#### **IDEAS Welcomes Students Back**

On Aug. 26, students got to promote their clubs, dance, feast and have fun at the Center for Inclusion, Diversity, Equity and Social Change Welcome Back event.



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#### **BY CLARE SHANAHAN**

As engagement with the Rave Guardian app at Ithaca College rises, the program is being expanded and implemented at new locations.

The Office of Public Safety and Emergency Management (OPS) is working to increase use of Rave Guardian, the college's public safety app, among the campus community and at other Ithaca College campuses. While Rave Guardian was introduced to the college's campus in April 2021, Samm Swarts, associate director of Emergency Preparedness and Response, said the app was launched at the Ithaca College London Center (ICLC) on Aug. 23 and will be available at the Ithaca College Los Angeles campus starting in Spring 2023.

Currently, the app's main features include allowing students to call OPS and share their location. The app can also be used by the college to deliver emergency alerts.

Bill Kerry, executive director of Public Safety and Emergency Management, said in an email that currently there are about 2,000 registered Rave Guardian users at the college, a number that has increased from about 180 registered users in Fall 2021.

Swarts said that since the adoption of the app in 2021, its use has slowly increased, but was inhibited by COVID-19; Swarts said the team was unable to introduce the app to first-year students at orientation events, decreasing its



The Rave Guardian app gives the Ithaca College community access to features like the ability to call public safety, share their phone's location for a set time-period and see college alerts. BEC LEGATO/THE ITHACAN

use on campus.

Senior Maya Scriven said she did not know about the Rave Guardian app before she was introduced to it at resident assistant (RA) training in Fall 2022.

"I think the school feels it's the responsibility of other leaders, not the campus itself, to actually tell the students and inform them about these resources because I never heard about it until [RA] training," Scriven said.

At the 2022 New-Student Orientation, students participated in resource rotation sessions in which they met with various offices at the college. Elyse Nepa, assistant director of Clery Act and Prevention Education, said at one resource rotation session the Rave Guardian team, including Swarts and Nepa, introduced students to the app and encouraged them to download it.

"Any opportunity that we have to encourage our campus community to download and use the app and understand how easy it is to use, and how accessible resources can be and help can be, is really a high priority of ours," Nepa said. Swarts said the Rave Guardian team at the college is constantly monitoring updates to the app. Swarts said a new feature in the app allows students to add additional phone numbers for themselves; this means that students can now add an international phone number for use when they are abroad and makes the app

possible to be implemented at the ICLC.

Rachel Gould, senior director for study abroad in the Department of International Programs and Extended Studies, said that although ICLC has emergency contact systems in place, the app will make this process much easier.

"I think it will be an advantage to us in London," Gould said. "We have always had means of contacting our students in an emergency, via email and text and that sort of thing, but this sort of centralizes it and it does bring the IC emergency response folks sort of into the loop."

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# SGC elections are upcoming

#### **BY JOSHUA PANTANO**

The Ithaca College Student Governance Council (SGC) had its first meeting of the 2022-23 academic year Aug. 29 where it introduced all new executive board and senate members, discussed the fall elections and talked about ongoing student concerns.

The Fall 2022 elections for first-year students interested in running for the SGC executive board and senate positions begins Sept. 4. The executive board has three open positions: the vice president of communications, the vice president of campus affairs and the student liaison to the Alumni Board — but the liaison is appointed ex-officio by the Alumni Associations Board.

The senate has multiple positions open, including both Class of 2023 senators, one Class of 2024 senator, both Class of 2026 senators, four senators-at-large, and senators for the School of Business, the School of Communications, the School of Music, Theatre and Dance and the School of Humanities and Science.

Sarah Boniche, associate director of Student Involvement for the Office of Student Engagement, introduced herself as the new adviser for the council. She worked as a residence director in the Lower Quads from July 2018 until March 2020, according to her Linkedin account, and returned to the college during summer 2022 to begin her new roles at the college.

The election packet is due Sept. 7 and those running will be able to campaign from Sept. 9-16. The council will host a platform presentation night Sept. 13, where candidates can pitch their campaign points to students.

Voting for the fall elections will occur during Sept. 14–16. Students will be able to vote for the open SGC positions on IC Engage.

Some senators use creative campaign strategies. Sophomore Noah Richardson, Class of 2025 senator, said he utilized Instagram during the Fall 2021 and Spring 2022 elections.

"[During] my freshman year, [my class] had this [Instagram] confessional page where you could submit a Google form and say things," Richardson said. "Me and another senator [direct messaged] them and we asked them to put our [campaign] post up on their story."

The SGC discussed issues that have impacted students so far this semester like internet problems, complaints about dining hall food, tuition increases and mail delivery delays. Ruffino said the SGC does not directly solve issues, but interacts with the people who can. "[When writing bills], you do research, you connect with people, you submit it," Ruffino said. "We can't tell the school, 'You need to do this' because it's not within our control, but a lot of the conversations that we have while writing those bills leads to change."

## Honors program phased out by college

#### BY LEILA MARCILLO-GÓMEZ

"My honors classes have framed my time here," Ithaca College senior Lyndsey Honor said. "But I wish that more people had the opportunity to see inside the honors program before they really just made the decision to close it down entirely."

In Fall 2019, then Provost and now President La Jerne Cornish announced the decision to phase out the honors program to the Honors Steering Committee. The proposed replacement for the honors program was the H&S Innovation Scholars, offered only to students in the School of Humanities & Sciences.

The decision to phase out the program has led to confusion and disappointment for some of the students and faculty that have been involved in it, like Honor.



Jonathan Ablard, professor in the Department of History and member of the Honors Steering Committee for eight years, said Cornish cited four reasons for the program's termination during a meeting with the Steering Committee in Fall 2019.

"One was that it was expensive," Ablard said. "One was that it was elitist. ... That [the program's] student body ... did not represent the diversity of the college overall and that the courses we were offering did not reflect a kind of inclusion, diversity, equity themed or informed content."

Cory Young, associate professor in the Department of Strategic Communication and Honors director, said Fall 2021 was the last semester the program admitted new applicants. Some honors students and faculty said they received little information on what would In Fall 2019, then Provost and now President La Jerne Cornish announced the decision to phase out the Ithaca College honors program to the Honors Steering Committee. LEILA MARCILLO-GÓMEZ/THE ITHACAN

happen with the program and why the changes were being made.

Alicia Swords, associate professor in the Department of Sociology, was the honors program director from December 2016 to June 2020. Swords said that ending a program faculty had put years of work into without a conversation felt disrespectful.

"It leaves people with a bad taste in their mouths," Swords said. "And it leaves people hesitant to participate in innovative programs because it's not clear what's going to be valued long-term."

Honor said she was disappointed to learn that students would not get a chance to be a

part of the honors program because of how much she enjoyed the broader curriculum that was offered.

"I really just got to take a lot of classes with different professors from all different fields of study, which is really cool because despite being a liberal arts school, we don't really extend outside of your field unless you have a minor or something else," Honor said. "But the honors program really opened me up to all these different opportunities that I probably wouldn't have had otherwise."

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Senior Tessa Kurtz, the vice president of academic affairs, said she has started to work on making satisfactory or unsatisfactory fail classes and adding or dropping classes more accessible.

"We ran on accessibility in academics as an e-board," Kurtz said. "So one of the things that I mentioned in my platform is I wanted to extend the add-drop deadline and I am looking toward making that a bill."

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#### FROM HEALTH, PAGE 4

their insurance considers the health center to be in-network or out-of-network. They need to find out what's the deductible under their plan, what are the copayments under their plan."

Jeffrey Penoyer '08, chief operating officer of CMA, said CMA is focused on the quality of care.

"The idea was to kind of bring that skill set to the school to help run the Student Health Center," Penoyer said. "We're focused on ... bringing and shoring up their behavioral health programs in the health center and helping restore the normal hours."

Prunty said three behavioral health specialists who are employed through Cayuga Health are now working in the health center. She said these specialists will work with students who are struggling with things like stress and anxiety and will teach them strategies to deal with their mental health.

The email announcing the merger, said the college's Center for Counseling and Psychological Services will continue and it is not a part of CHS.

Penoyer said CHS created a category called "sensitive visits," like STI testing and behavioral health visits, where students will not be billed.

"The parents wouldn't be notified via normal means through insurance for those types of visits because we recognize that those are personal and sensitive visits to the student population," Penoyer said. "We wanted to



ensure that students still felt comfortable coming to the health center for those things. And that's fundamentally different than how we treat the regular population that we serve."

Prunty said one of the main reasons the college decided to partner with CHS is because the college's leadership wants to be able to sustain a high quality health care system for the college's students. She said it has been a challenge for the college to do this previously because of two national issues: the rising cost of health care and staffing shortages in the health care industry.

According to the Centers for Medicare and Medicaid Services, national health spending is expected to grow at an average annual rate of 5.4% from 2019–28. It is projected that in 2028, national health spending will reach \$6.2 trillion.

Through this collaboration, the Hammond Health Center will have extended hours compared to previous semesters and a larger range of services, including mental health. Last year, Hammond's hours were reduced to business days. Now, the health center will be open 8 a.m. to 7 p.m. on Mondays–Thursdays; 8 a.m. to 5 p.m. on Fridays; and 10 a.m. to 2 p.m. on Saturdays. Long wait times at the Hammond Health Center had also become a common issue throughout the years.

Junior Alexa Tamis said that in the past she has utilized the local urgent care, where she paid a copay, rather than going to the Hammond Health Center, because she believed they could give her a more accurate diagnosis. Tamis said she believes the price of a potential copay is worth a comprehensive healthcare system on campus that is accessible to the college's students. According to debt.org, a copay for a routine doctor's visit typically costs \$15–25; \$30–50 for a specialist; and \$75–100 for treatment in an emergency room.

"COVID is still an active thing at the moment and college kids get sick all the time," Tamis said. "To have [an extensive health center] on campus is really important. And kids are going to have to worry less about finding a way to go to an urgent care or a doctor."

Penoyer said he is looking forward to working with the college.

"Our goal is to do right by the student population, and we're excited to do that," Penover said.

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#### FROM ECO-REPS, PAGE 1

As one of several project coordinators in Fall 2021 and Spring 2022, Warren said the change in leadership created some uncertainties for the club.

"We were kind of left in the dark for a little bit," Warren said. "We were having issues with our budget, so we couldn't really hold a lot of events like we would normally like to, to get students engaged."

To address staffing changes and leadership instability, the Eco-Reps program was moved from being under the jurisdiction of OEMS to being managed by the Center for Civic Engagement in Spring 2022. The club is now under the direction of David Harker, the director of the Center for Civic Engagement.

"As we're stabilized quite a bit, as we're able to be a lot more proactive than reactive, ... my goal as an adviser is to empower the students and to be an advocate for Eco-Reps," Harker said.

Harker said he plans to reestablish the club as a campus partner, as its presence has diminished on campus in recent years. According to Warren, there have been fewer events and participants in the program. Once the campus has been strengthened as a partner, the program can extend into the Ithaca community, according to Harker.

Specifically, Harker said he plans on working with individual community organizations and adapting to the interests of the group's members. The ReUse Center, a thrift store, for example, partnered with the college for a pre-orientation program in Fall 2022, according to Harker, and he said he hopes to extend that partnership to Eco-Reps.

Scott Doyle, the new director of OEMS, hopes to see more collaboration beyond the campus and with the Ithaca community. Similar to Harker's goals for the program, Doyle said he sees potential for the club to broaden its influence beyond South Hill.

"There's efforts that absolutely connect to the community," Doyle said. "There's a lot of meaningful pieces that students — while here just for a short time — have really meaningful impacts on those that come after them, but also the community."

Harker said that facilitating partnerships would be his responsibility, in collaboration with other campus leadership like Doyle, but the students are responsible for spearheading these efforts and maintaining them.

With leadership restored, Warren said she plans on expanding current programs like composting and Take It Or Leave It (TIOLI) in the coming semesters to bring more attention to the Eco-Reps' efforts on campus. This involves expanding the Circle Apartments composting program throughout campus and bringing more students into TIOLI, the on-campus thrift store in the Clarke Hall basement, according to Warren.

Warren said part of recruitment will focus on getting more students involved in Eco-Rep activities. Last year, Eco-Reps led a trash pick-up event. This year, Warren said she plans to host similar projects for campus and community members.

#### FROM FILM SETS, PAGE 1

For the past 24 years, data collected from the 250 top grossing films of each year has informed the Celluloid Ceiling's understanding of under-employment of women in these careers.

In 2021, the percentage of women directors working on the top 100 films was 12%. The percentage of women in the top 100 films overall who were working jobs like writers, producers and editors remained at 21% in both 2020 and 2021, which is an increase from past years.

In 2018, 2017 and 2015, 16% of women were working in behind-the-scenes roles in top 100 films. In 2016, the percentage of women in those roles dropped to 14%.

A BBC article from 2018 found that women held less than one in five key crew



Ithaca College senior Surina Belk-Gupta works on a film set October 2021. Belk-Gupta started a website last spring to connect non-male filmmakers together. COURTESY OF ALEXUS STEWART

"

Many people have found a majority of their thesis crew through this. ... I hope that not only this website gets used, but after I graduate, people continue to work on this.

- Senior Surina Belk-Gupta



roles. The research was conducted between winners of "best feature films" at 10 major film festivals and awards, like the Oscars, from 1990 to 2018.

The Celluloid Ceiling also found that in 2019, women accounted for 40% of music supervisors and 23% of production designers out of the top 250 films of the year.

Junior Julia Stitely said they were a producer for an ICTV show, Fathoms Below, where the entire production team was made up of non-male identifying students.

"I'm very thankful to have that experience compared to other people. Having that experience shows how important it is to have those kinds of spaces for projects to have inclusion on the set," Stitely said.

Stitely said that soon after signing up for the forum she received an offer.

"Someone did reach out to me, like, I would say maybe two weeks after it happened, and I sadly couldn't do it," Stitely said. "But I was really, really excited."

Amy Falkner, dean of the Park School of Communications, said gender equity issues on film sets, within college campuses or in the professional world, are not new issues.

"Every institution has talked about it, but it's in the doing," Falkner said. "This is just a little microcosm of that very big issue. How do you shine light on it? And then how do you follow through on it? ... So I'm glad that [Belk-Gupta] did this to get the ball rolling."

Belk-Gupta said she hopes her initiative creates a different climate on campus film sets and that in following semesters people work toward inclusivity.

"I'm so pleasantly surprised I have so many people that have used this," Belk-Gupta said. "I hope that not only this website gets used, but after I graduate, people continue to work on this."

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"[We need] more hands," Warren said. "We need more ideas, more skills."

There are plans to increase awareness outside of events, even adding a social media coordinator role, according to Warren. Installments in bathroom stalls around campus highlighting everyday activities that harm and help our planet — have brought awareness to the club in the past, Warren said, but the project needs to be revived. The biggest issue that Warren and Downey agreed on — after budget issues could be resolved — was a lack of volunteers. With new efforts planned on being made to recruit new members, Warren hopes involvement and commitment will increase.

"The more people the better," Warren said. "Sustainability is a great thing and Eco-Reps is a great way to teach yourself."

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#### BY LORIEN TYNE

Known for its LGBTQ+ resources by organizations like Campus Pride, Ithaca College continues to invest in that reputation by launching the IC Pride Fellowship in Fall 2022. The first fellow, Grace Dosdall, joined the campus community July 5.

The two-year fellowship is for recent college graduates to learn and work in the fields of LGBTQ+ campus resource professionals, higher education and student affairs. Dosdall works alongside Luca Maurer, director of the Center for LGBT Education, Outreach and Services, to educate the campus community on LGBTQ+ issues, plan events, collaborate with other campus organizations and communicate with LGBTQ+ students, among other responsibilities.

Dosdall said one unique aspect of the fellowship is that the position will look different depending on the fellow and what they want it to be.

"Honestly, it's weird to be at an institution where the answer to my question of 'can we do this?' is either 'yes' or 'we already have it," Dosdall said. "So, not having to fight is a little weird for me, but trying to navigate a supportive institution has been really fun and exciting."

Dosdall graduated from Buffalo State College in May as a Master of Science in higher education and student affairs



From left, IC Pride Fellow Grace Dosdall and Luca Maurer, director of the Center for LGBT Education, Outreach and Services. Dosdall recently began their new position July 5. KALYSTA DONAGHY-ROBINSON/THE ITHACAN

administration shortly before applying for the fellowship.

Maurer said that in September 2021, Rosanno Ferro, former vice president for student affairs and campus life, asked him to draft a vision for the fellowship — an idea that came from former President Shirley M. Collado during her tenure. Support for the fellowship continued through leadership changes. The search for applicants began in March.

"This is an opportunity for the person in this role to learn and grow and explore their existing academic and professional interests," Maurer said. "And it's a way that Ithaca College can distinguish itself and say, 'you know, in the past, we've been recognized as one of the most LGBTQ-friendly colleges in the nation, and we want to raise the bar higher.""

The college made the 2022 Best of the Best LGBTQ-Friendly Colleges and Universities List by Campus Pride, a reliable resource for LGBTQ+ inclusion and safety on campuses.

Senior Connor Watson said

he hopes the college can serve as a model for other institutions to follow.

"A lot of colleges and universities are kind of dropping the ball on LGBT outreach," Watson said. "I think Ithaca does a lot more than other universities do, and this fellowship is a great way to prepare other individuals to take the knowledge from Ithaca [College] and extend it outward into their respective institutions."

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### VP to depart IC by October

#### **BY SYD PIERRE**

Hayley Harris, vice president for human resources and planning at Ithaca College, will be departing the college soon, according to an email by the college.

In an Aug. 29 email to the campus community, President La Jerne Cornish announced that Harris will begin her new role as associate vice president and chief human resources officer for the University of Chicago in Chicago, Illinois, on Oct. 6.

Harris joined Ithaca College in 2019 and served as a member of the President's Cabinet. She also had a significant role in the implementation of Oracle's cloud-based HCM and Payroll system at the college.

Harris also implemented flexible work and telecommunity policies at the college in response to the ongoing pandemic and recruitment challenges.

"I am especially grateful for Hayley's leadership in launching these campus-wide efforts related to the strategic plan, and I would be remiss if I did not also applaud Hayley for her immense contributions to our goals of serving as a national model for colleges committed to the values of diversity, equity, inclusion and belonging; as well as aligning the size of the workforce with the student population to ensure long-term sustainability for the college," Cornish said in the email announcing Harris's departure.

Cornish said more information regarding the future of leadership in the human resources department at the college will be shared with the campus community in the coming weeks.

> CONTACT SYD PIERRE SPIERRE@ITHACA.EDU

### New Park dean discusses changing media industry

#### **BY SYD PIERRE**

On June 9, Amy Falkner was appointed as the new dean of Ithaca College's Roy H. Park School of Communications and began her position Aug. 1.

Prior to working at the college, Falkner worked as a faculty member at the S.I. Newhouse School of Public Communications at Syracuse University in Syracuse, New York, since 1998. She has served as acting and interim dean for two years from 2018–2020. She was named associate dean for academic affairs in 2006 and served as senior associate dean from 2012 to 2022.

Falkner succeeded Jack Powers, professor in the Department of Media Arts, Sciences,

passion when I thought about applying and also during the interview process. So, to me, it was a very attractive place to come to work.

**SP:** While you were at Newhouse, you were involved in their diversity, equity, inclusion and accessibility strategic plan. Is that type of work something you'd like to continue at Ithaca College?

AF: Yes, actually, that work has already started in pretty much every conversation, whatever meeting I'm in — and there's been a lot — but where I see opportunities to bring it up or people have brought it to me because they know that I've done a lot of work in this space. That is such an important piece of what a college experience should be in here. ... So, to me, everything we do should touch on this. And so there'll be practical ways to do that. There'll be institutional ways to do that. But it also takes a bit of a culture change. Right? Some people are already diversity advocates and understand the importance of it. Some people are afraid to talk about it.



and Studies, who had been serving as interim dean of the Park School since 2020.

News Editor Syd Pierre sat down with Falkner to discuss her transition to Ithaca College and her goals for her new role.

*This interview has been edited for length and clarity.* 

**Syd Pierre**: What drew you to Ithaca College? **Amy Falkner:** ... The Park's school size and different configurations of student populations made it really interesting for me. I'm a person who likes to logistically be a problem solver. And it's not saying that that's why I'm here, but when there's challenges, there's always opportunities, right? And so an opportunity presents itself to be a dean of a school as well known, and, frankly, having so many talented faculty and staff and ambitious students as a place you would like to lead. ... So to be at a place where people at this college are very invested in the success of this college ... was intriguing to me. I could see that **SP:** You talked a little bit about your newspaper industry background. Are there any specific skills or lessons that you have taken from that, that you've been able to use now in higher education and academia?

**AF**: As a person who interacted with media planners, that was also professionally what I did, but how it's helped me as I went from a department chair to an associate dean to a senior associate dean, is there's not a lot of people ... who understand both editorial and advertising. It's given me a really great perspective. ... So just having the management ability of diverse groups, even within an industry, was helpful. And I think as a per-



Amy Faulkner began her new position as the dean of the Ithaca College Roy H. Park School of Communications on Aug. 1 after being appointed to the position June 9. LEILA MARCILLO-GOMEZ/THE ITHACAN

son who works across the pros and cons of each different media type, of course it helps you as a dean. Because then you actually know what it is, because you've done it in a professional life.

**SP:** The media industry is constantly changing and evolving. What sort of skills do you think are beneficial for students in the Park School to have when they leave the college? **AF:** ... To me, the ability to tell stories for all the majors that we have here, no matter what platform it's going to be on. But, obviously, the world is digital. We have to teach that side as well because it's just the reality of the world that we live in. ... So just understanding that the way the world and specifically the world that students are going to work in, is how do people consume media. And how can I tell my story in a way that they're actually going to pay attention? Because there's the pay attention part that is the challenge. So the right time, right place, right message is all still true. It's just harder now. ... The world is changing because we keep changing, because of the technology that we consume and the way we do that. And so our goal as a school, obviously, is to stay on top of that. And, in fact, if we can be in front of it and do some experimental classes, or whether it's partnering with industry and things to figure out where this goes next, then we're able to help you, which is the goal.

> CONTACT SYD PIERRE SPIERRE@ITHACA.EDU

### **COLLEGE BRIEFS**

#### IC Unbound to hold auditions for students interested in dance

The IC Unbound Dance Company will be holding auditions at 7 p.m. Sept. 4 in the college's Fitness Center for Fall 2022. IC Unbound is a student-led dance company that typically focuses on jazz, contemporary, tap and hip-hop dance styles.

Students participating in auditions are able to decide what dances they would like to audition for out of a selection created by the group's choreographers as well as how many hours, between one and five hours per week, that they want to dance. The choreographers will choose who they want to participate in their own dances and participants will be notified the same night as auditions which dances they were selected to participate in. IC Unbound members will be asked to participate in weekly dance classes, three Sunday evening rehearsals and showcases, as well as optional bonding events and promotional photoshoots.

Individuals looking for updates or information should visit @icunbound on social media. Those requiring accommodations should contact IC Unbound at icunbound@gmail.com or 832-671-6134.

#### Ukrainian journalist to give talk on Zoom about coverage of war

The Park Center for Independent Media and the Finger Lakes Environmental Film Festival will be hosting a discussion on the media coverage of the war in Ukraine at 7 p.m. Sept. 7 on Zoom. The conversation will feature Natalie Gryvnyak, a Ukranian journalist, Masha Shpolberg, assistant professor in the department of Film and Electronic Arts at Bard College, and Zenon Wasyliw, professor in the Department of History at Ithaca College. Raza Rumi, director for the Park Center for Independent Media and professor in the Department of Journalism at the college, will moderate the event.

Speakers will discuss on-the-ground reporting of the war in both independent and mainstream media, Eastern-European history and film production.

The event will also include an opportunity for attendees to ask questions. Individuals who

would like to attend should register for the event; a link for registering can be found on Ithaca College Intercom.

#### IC Jazz Ensemble to host event for children to learn about jazz

The Ithaca College Jazz Ensemble will be hosting a free concert at 10 a.m. Sept. 10 for children to learn about jazz music.

The event will take place in Ford Hall in the James J. Whalen Center for Music and will also be livestreamed and available on recording in the days following the event.

#### Title IX Office taking volunteers for the Conduct Review Board

The college is looking for volunteers interested in serving as college trained advisers or board members for cases of sexual misconduct. Advisers support Title IX complainants and respondents throughout the investigative and student conduct processes for Title IX violations by providing information and support for students. Board members will serve on the Conduct Review Board, reviewing all information presented during investigations and hearings for Title IX violations and will be responsible for making a decision based on the evidence provided.

Volunteers will be asked to do training in person and online. This training will have an independent portion to be completed by Sept. 13 and a skill building workshop. The workshop will be held virtually from 1 to 2:30 p.m. and in person from 3 to 4:30 p.m. Sept. 14. Individuals who are interested, have questions or require accommodations should contact Leonardo Wise, Title IX investigator and prevention specialist, at lwise@ ithaca.edu by Sept. 9 or as soon as possible for those requesting accommodations.

#### College seeks workgroup staff focused on health and wellness

The Center for Counseling, Health and Wellness is looking for students, faculty and staff to join workgroups and committees focused on health and wellness for the 2022-23 academic year.

There are three committees available: the



#### Jazz trio swings into IC for performance

Jazz musician Emmet Cohen, of the Emmet Cohen Trio, laughs after playing a piece during his performance in Ford Hall in the James J. Whalen Center for Music. Cohen was accompanied by Kyle Poole and Yasushi Nakamura.

**NOLAN SAUNDERS/THE ITHACAN** 

Alcohol and Other Substance Prevention Team (AOD Team), the JED Campus Coalition and the Wellness Leadership Council. The AOD Team intends to improve the health of college students by decreasing substance use on campus. This year the team will focus on reviewing and updating policies and procedures, work on prevention strategies, provide recovery support and implement drug take-back events on campus. The JED Campus Coalition works with the national JED Foundation to improve mental wellness and suicide prevention.

The team will have four subcommittees this year focused on communications, training, mental health awareness events and student connections. Finally, the wellness leadership council focuses on improving the overall well-being of the campus community. The council will focus on communication and introducing wellness in classrooms.

For each group there is a different commitment. The AOD Team requires four to six hours of work per month, including biweekly meetings for one hour and one to two hours of outside work. AOD Team meetings will be every other Friday from 10 to 11 a.m. beginning Sept. 2. The JED Campus Coalition requires one to three hours of work per week, including biweekly subcommittee meetings and two full-team meetings per semester. The JED team will host its first meeting from 9 to 11 a.m. Sept. 14. The Wellness Leadership Team requires one to three hours of time per week including weekly workgroup meetings and monthly full-team meetings and one to two hours of outside work.

### **PUBLIC SAFETY INCIDENT LOG** SELECTED ENTRIES FROM AUG. 15 TO AUG. 21

#### AUGUST 15

LOCATION: Lyon Hall, 412 Grant

SUMMARY: A caller reported being

**MEDICAL ASSISTANCE/** 

**ILLNESS RELATED** 

Egbert Blvd.

#### alarm was activated by burnt food.

#### AUGUST 17

#### **TRESPASS/ NO DEGREE**

LOCATION: Natural Lands near 100 Flora Brown Drive SUMMARY: Officers reported loud music coming from the Natural Lands. Sergeant John Elmore reported that a group of people were given a verbal warning for trespassing in a restricted area after hours.

were dizzy. The person declined further medical assistance.

#### **MOTOR-VEHICLE ACCIDENT**

LOCATION: U-Lot, North of 113 Campus Center Way SUMMARY: Caller reported a two-car property damage motor vehicle accivehicle struck a parked vehicle and left the scene. Sergeant Bryan Verzosa responded to the incident.

#### **MEDICAL ASSISTANCE/ INJURY RELATED**

LOCATION: 150 Lyceum Drive SUMMARY: Caller reported a person an off-campus address. The IPD reported one person was taken into custody under New York state's Mental Hygiene law and was transported to a hospital by ambulance. Sergeant Jon Elmore responded.

#### AUGUST 21

exposed to someone who tested positive for COVID-19. An officer reported that the person was transferred to the Wrap-Around Care Office for medical assistance.

#### **MEDICAL ASSISTANCE/ ILLNESS RELATED**

LOCATION: 284 Lyceum Drive SUMMARY: A caller reported another person was not feeling well. Master Patrol Officer Sophia Dimkos reported that the person declined any further medical assistance.

#### AUGUST 16

#### **ACCIDENTAL FIRE ALARM**

LOCATION: 10 College Circle Drive SUMMARY: Simplex reported a fire alarm. Fire Protection Specialist George Whitmore responded to the scene. Whitmore determined the

#### AUGUST 18

#### **PETIT LARCENY UNDER \$50**

LOCATION: Alumni Circle Roadway SUMMARY: Caller reported that an unknown person stole a table. Patrol Officer Mayra Colon responded.

#### **MEDICAL ASSISTANCE/ INJURY RELATED**

LOCATION: Hilliard Hall SUMMARY: Caller reported a person was struck in the head while playing basketball. Safety Officer Ronald Petrella reported that the person complained they had a headache and

dent. Master Patrol Officer Bob Jones responded to the incident and took a report.

#### AUGUST 19

#### **TRESPASSING/ NO DEGREE**

LOCATION: Natural Lands near 100 Flora Brown Drive

SUMMARY: Officer reported two people in a restricted area after hours. Officer reported the students were given a verbal warning for trespassing. Patrol Officer Jordan Barton responded to the scene.

#### **V&T LEAVING THE SCENE OF AN ACCIDENT**

LOCATION: F-Lot

SUMMARY: Caller reported a two-car property damage motor vehicle accident. Officer reported an unknown

had iniured their elbow in a bounce house and was suffering from pain and swelling in their elbow. Officer reported person declined medical assistance. Master Patrol Officer Sophia Dimkos responded.

#### AUGUST 20

#### **MEDICAL ASSISTANCE/ ILLNESS RELATED**

LOCATION: Terraces SUMMARY: Caller reported a person having an adverse reaction after ingesting edible cannabis. An officer reported the person was transported to the hospital by ambulance. Sergeant Bryan Verzosa responded.

#### **OFF-CAMPUS INCIDENT**

LOCATION: All other/other SUMMARY: The IPD reported it had found a highly intoxicated student at

#### **V&T LICENSE VIOLATIONS**

LOCATION: 113 Campus Center Way SUMMARY: An officer reported finding a fictitious license in a wallet that was turned into the Office of Public Safety as found property. The officer reported that one person would be referred for acts of dishonesty to the Office of Student Conduct. Patrol Officer Abdallah Hassan responded.

#### Full public safety log available online at www.theithacan.org.

KEY
SCC-Student Conduct Code
V&T-Vehicle &Transportation
AD-Assistant Director
IPD- Ithaca Police Department

# OPINION

THURSDAY, SEPTEMBER 1, 2022



**ILLUSTRATION BY MARK FINN/THE ITHACAN** 

#### **EDITORIALS**

# Health center upgrades improve standard of care

he Cayuga Health System (CHS) is a large-scale, sophisticated network of health professionals with a much higher bandwidth and scope than the Hammond Health Center ever experienced. This

mond Health Center ever experienced. This upgrade changes the campus health service experience from a lower grade health evaluator to a legitimate clinic.

Hammond Health Center, before it acquired services from CHS, was riddled with issues and faced countless complaints from students. Student reviews of the Hammond Health center cite long wait times, often needing a day in advance to get a spot in the health center, a length of time unacceptable for a busy college schedule. Many Google reviews also noted the rudeness and dismissive nature of the staff. Bonnie Prunty, vice president of Student Affairs and Campus Life, noted that the Hammond Health Center faced staffing issues. The lack of staff led to many students being referred elsewhere in Ithaca, according to other reviews. Taking part in the CHS solves these issues by providing in-house professional staff that will keep their doors open for as long as students need them.

The central point of contention for the shift to the CHS is the change in required student health insurance. Now, since health services are through a medical network, students will have to present their insurance during office visits. Ithaca College requires health insurance for attendance, so as long as students are actively aware of the type of health insurance they have, there should be no surprises when it comes to the cost of care. There is notably no copay or insurance charge of any kind for visits considered "sensitive," including Sexually Transmitted Infection testing and behavioural health visits. This new standard of care is what Ithaca students deserve. Of course, as everything else, it comes with a cost. We should always, over all else, prioritize the wellbeing of ourselves and our fellow students.

## IC residence hall internet upgrade causes confusion

he Ithaca College Information Technology (IT) department's recent attempt at a Wireless Fidelity (Wi-Fi) upgrade caused a stir among on-campus students. Many campus residents found an email in their inbox with vague instructions to connect to the upgraded Apogee MyResNet Wi-Fi system upon their arrival. These instructions led to much confusion across the student population.

The residence hall Wi-Fi system was not nearly ready in time for move-in. The confusion that students faced was preventable, because according to Apogee, it was caused by "new methodology as well as some technical issues." These should have been ironed out far before the students' arrival to campus. IT and the Office of Residential Life failed to communicate effectively, opting to use a seemingly unorganized series of emails communicating the problems and solutions that students were facing, ultimately deciding that stronger measures must be taken by stationing Apogee technicians around campus Aug. 22, and providing access to a technician in Job Hall on Aug. 22 and 23.

The lack of preparation from Apogee, IT and Residential Life was apparent in the necessity of this recovery. Thankfully, that recovery has proven to be effective in connecting students to the networks vital to their work and study. In addition, the Residential Life Wi-Fi website fails to mention the Apogee App students can use to streamline their connection process.

Internet connectivity tests should be

done several times in the weeks prior to student arrival. Apogee and IT could improve the coverage of the "Ithaca College" network. But most of all, clear and effective communication should be prepared far in advance of the first move-in dates. If the process is too complex to provide simple instruction, the process should be reworked to prioritize connectivity first.

### LETTER TO THE EDITOR

### **GUEST COMMENTARY**

Send to ithacan@ithaca.edu.

#### ALL LETTERS MUST:

- Be 250 words or fewer
- Be emailed or dropped off by 5 p.m. Monday in Park 220

Send to ithacan@ithaca.edu or to the opinion editor sfiske@ithaca.edu.

#### ALL COMMENTARIES MUST:

- Convey a clear message
- Be written by an individual or group who has an educated opinion or is an authority on a specific subject
- Be between 650–750 words. Whether more or less space is allotted is at the discretion of the editor

#### **GUEST COMMENTARY**

### Students should embrace exploration and rejection

#### BY MANDY MYERS

Ever wanted to try something completely new but were scared you wouldn't like it? Maybe it will turn out badly? Maybe you'll be rejected? Welcome to Mandy's guide on how to not fear rejection and why trying new things is a vital part of a young adult's life and growth. We do not emphasize enough the importance of exploring. From personal experience, trying things out of your comfort zone can be greatly impactful because you learn so much more about who you are through change and new experiences.

A little bit about me: I am an explorer at heart. Not only a post-exploratory major here at Ithaca College, but that girl who is not afraid to try new foods, sports, activities or lifestyle habits.

Many people think entering college with an undecided major is a negative thing, that all 18-year-old Americans must have a plan for their whole future, academic and social. This is a major stereotype that connects to exploring new options. Just like people are afraid to do things without a plan, they fear trying new things. However, the majority of college students, including me, change their major at least once through their college experience, just as trying new things will make you grow

#### as an individual.

Why try? Trying new things can be scary, but I promise it is so rewarding. Since exploring can inherently mean rejection, let me give you my resume for all the things I have tried out for on campus and did not make it into: club swim, club volleyball, IC Voicestream ... The list goes on and on. Let's also not forget I lived in a completely new country this year! Studying abroad in Barcelona, Spain, was the hardest thing I've done in my adult life, mostly because everything was so new. I discovered that the most difficult things in life are sometimes the most impactful. I even tried new foods like whale and escargot this year. Trying new things helps you learn more about who you are as an individual; it helps you discover your likes and dislikes, which is especially important in a young adult's life.

So how do you actually become okay with receiving the answer no or trying new things? First, you have to be confident. Sadly, this is not something that can necessarily be taught, but can be facilitated by "faking it till you make it" and surrounding yourself with people who make you feel good on the inside and the outside.

Secondly, your feelings are valid. It is OK to be sad about not making it into a club you had expected and/or hoped you would get into. It is OK to be surprised that something



Senior Mandy Myers believes strongly in the power of exploration and facing rejection in order to grow as a student, and as a person. She said she thinks people should step out of their comfort zones more. ELEANOR KAY/THE ITHACAN

did not meet your expectations. Letting yourself feel your feelings is an important part of rejection — because in my experience, if I do not, they can uncomfortably manifest in physical and mental ways.

Accepting reality is the third step. There isn't a timeline or an exact science to doing so, but knowing that you tried and sometimes you can even try again is totally good enough. Doing something new takes guts, and you should be proud of yourself. Fourth: re-validation. You did that. Congrats! Telling myself those things after stepping out of my comfort zone has been so important and impactful to my young self.

This all being said, I encourage you to try something new this semester. Not enough people explore, even when it is as easy as trying a new food or drink, or something bigger like trying out for a club on campus. Do not worry about not making it, because whether you do or do not, I promise it will impact your life.

Any impact is growth, everyone's individual and different life experiences are different and all valid. You've got this.

Mandy Myers (she/her) is a senior anthropology major. Contact her at amyers2@ithaca.edu.

#### **GUEST COMMENTARY**

### Ithaca College must deliver on substance-free options

#### **BY LINNEA CARCHEDI**

As my senior year begins, I often find myself reflecting on my first year at Ithaca College.

My first undergraduate year had all the elements of the typical start of a college experience — my first time eating in a dining hall or using communal bathrooms, bouts of homesickness, exciting new classes and clubs, a growing sense of independence, and more. But my first year in college came with unexpected loneliness and a lack of help.

By my own naiveté or ignorance, I did not expect my decision to live a substance-free life in college to impact my experience as much as it had started to. applying for it and that their resident assistant did not actually plan any substance-free, community building programming. My optimism was replaced with disappointment.

Later, after a night in February led me to call my parents complaining that I felt as if I was the only person in the world who did not want to drink or smoke, I remembered that the Substance Free Residential Living Community website says that all community members can participate in their events.

However, I couldn't find information on those events anywhere. I contacted the residence director about this, but she just recommended I apply to live in the Substance Free RLC the following year or to seek out other forms of sober activities in clubs if I could find them.



And I especially did not expect to be turned away from every effort I made to find my sober community.

While I belong to a very small group of college students nationally who have decided to live a substance-free life at school, I believe I deserve to have a community with similar values while in college.

However, when Ithaca College students try to take advantage of the substance-free options that are promoted, we are either directed to dead ends or the options do not exist like they're advertised.

In the fall of my first year, I went through the process of moving dorm rooms and I met with a student who lived in the Substance Free Residential Living Community in Rowland Hall.

I was cautiously optimistic about the potential of living with someone who may share the same values as me.

However, this student told me they had been placed on that floor without

I looked into this on the college's website and IC Engage, but these suggested options did not seem to exist.

When the pandemic began, I was almost relieved that I would not be subjected to hearing the campus come alive at night on the weekends while I stayed in. And as my first year of college bled into my second, I sought solace from continuing remote schooling.

Back on campus in my junior year, I lived on the Quiet Study RLC in Terrace 5, even though I had applied for the Substance Free RLC in the same building.

Upon meeting a few people who did live in the Substance Free RLC, they all said they did not apply to live in that community.

They also mentioned their RA did not hold any substance-free, community building programming. Senior Linnea Carchedi has found several issues with the substance-free options on Ithaca College's campus. She asks that the college keep their promises in the future.

#### KALYSTA DONAGHY-ROBINSON/THE ITHACAN

It sounded all too familiar. The fact that every student I've interacted with that has lived in substance free housing was placed there without applying and mentioned that their RA did nothing for the community is jarring.

While I have found friends along my college journey, now as a senior, I'm still navigating finding my substance-free community. My only positive, IC-related, substance-free experiences have come from befriending a member of IC After Dark, a student-run club dedicated to late night programming on the weekends.

It is unfair that the college's website promotes these options when they are not actually offered, or students are turned away when trying to take advantage of them.

The Residential Life staff should not only be able to simply name what they realistically offer, but also be able to direct students to relevant resources outside of their office.

If the college is going to promote that it has spaces for students who have chosen to live a substance-free life in college, it must be able to uphold that promotion with tangible and accessible options for all students.

Linnea Carchedi (she/her) is a senior integrated marketing communications major. Contact her at lcarchedi@ithaca.edu.

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# DIVERSIONS THURSDAY, SEPTEMBER 1, 2022

### crossword

10

#### By Quill Driver Books



ACROSS 1 Prudential competitor 6 Banking conveniences 10 Linear measure 14 Common expression 15 A grand 16 Part of a pump 17 Tijuana parent 18 Whirl 19 Burn 20 Wandered 22 Wrist-to-elbow bone 23 Physicists' 24 Satilefman 26 Quit marching 29 Held tenderly 33 Theater sound 34 SYStiSe me"" 35 Colorado tribe 36 Orchidlike tower 37 Intense, as colors 39 Handle roughly 40 Byron work 41 Metallic sound 42 Mecca resident

43 Landlords' need

45 Vacation option 47 "Mister" in Bombay 48 Plod along 49 Bathe 52 Wagner opera 57 Mountain range 58 Inkling 59 Anxious to start 61 Actress Deborah 62 Row of seats 63 Make a basket 64 Movie theater sign 65 Urges 66 Innsbruck locale DOWN

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11 Eggnog time

55 Inventor ---Sikorsky 56 Ruler before Galba 60 Shinto or Zen (abbr.)



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# sudoku

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# **LIFE & CULTURE**

THURSDAY, SEPTEMBER 1, 2022

a full house





On Aug. 26, from left, junior Dan Potter, sophomore Keke Tanksley, first-year Matthew Francis-Manshel and sophomore Jonah Elefanits play games at Casino Night. **KEVIN YU/THE ITHACAN** 

#### **BY JADYN DAVIS**

The sound of laughter and excitement filled Emerson Suites as students anxiously grabbed casino chips and tried their luck at Casino Night. The next day, students spent time outside with plates of food and iced cold drinks at the picnic on the Campus Center Lawn.

First Bomber Weekend started off with a bang as students played games at Casino Night in Emerson Suites on Aug. 26 and relaxed with a picnic on the Campus Center Quad on Aug. 27. Casino Night and the picnic are two of the events that are part of First Bomber Weekend, which is an annual program that features multiple events that take place over the course of the first two weekends of the Fall semester from Aug. 27-28 and from Sept. 2-4. According to the college's website, the goal of these events is to further engage first-year students with each other and the Ithaca community. Some of the events include Hike and Swim, Mario Kart with the Office of Public Safety and Emergency Management (OPS) and a trip to the Ithaca Farmers Market. Students can sign up for these events and many more on IC Engage.

IC After Dark hosted Casino Night with

Suites. Upstate Vegas Events is an event planning service that aims to bring the Las Vegas experience to people in Western New York. Games featured at Casino Night include poker, blackjack, craps and roulette. Dan Barks, Upstate Vegas Events casino dealer, said the company was invited to the college by IC After Dark to help facilitate the games and to show students how to play.

"It's a lot of fun, and people can play the games and learn the games and not lose any real money," Barks said. "I've been enjoying working with the kids and showing them how to play, and they're having fun and the dealers are having fun as well."

Before entering Emerson Suites, students were given a casino chip worth 1,000 casino points, which students could turn in to play games. However, once a student lost all of their casino points, they were unable to play any more games. Students who were not interested in playing casino games played board games like Monopoly and Battleship.

Students were also given a raffle ticket, which they were then able to use to enter a raffle and win prizes, like a sewing kit, an art cart and a box of playing cards.

Junior Camille Brock, president of IC After Dark, said she was surprised by the turnout because she thought people would come to the event. However, Brock said she had over 130 people show up.

"I'm definitely excited," Brock said. "I think it's instilling a sense of community in this campus again, now that everyone can really be back together."

First-year student Benjamin Boyden-Bailey said he was not sure how the college would put on a casino night, but he decided to invite his friends because he said it would be a cool experience. Additionally, Boyden-Bailey said events from First Bomber Weekend are a great way for first-years like him to meet new people.

"I thought it was a nice way to spend a Friday night and meet new people," Boyden-Bailey said. "It's like a unique experience that I don't think I would get anywhere else. I'm really excited because my friends and I dressed up. So we're all fancy and we just want to have a good time and play casino games."

Residential Assistants (RAs), along with volunteers, also helped facilitate some of the games at the event, as they were required to sign up to work or take residents to any of the

or under the large white tents protecting them from the sun. Throughout the picnic, students were coming and going. Bees were curiously buzzing in the air from person to person.

Sophomore Jacob Makofske said he enjoyed the picnic after a long week of classes. Additionally, he said he believes that the more events the college puts on, the more students will come out of their shells.

"I definitely think, especially with the warmer weather right now, given how cold it gets at Ithaca, it would be nice to have more days like this where we have opportunities to eat outside and spend more time outdoors," Makofske said.

First-year student Maggie Schluth said she did not expect the college to put on a picnic because she said she has been focused on the first week of classes and did not know about all of the First Bomber Weekend events at first.

"I was kind of surprised by it because I was just, like, running on one of the treadmills at the gym and looking through the window," Schluth said. "It was great seeing



On Aug. 27, Ithaca College students pack plates of food and iced cold drinks at the picnic on the Campus Center Quad, one of the events at First Bomber Weekend. LEILA MARCILLO-GÓMEZ/THE ITHACAN

First Bomber Weekend events. Sophomore Rachel Brody was among the RAs that helped with the event. Brody said she enjoyed being a dealer for blackjack despite never dealing before this event. She said Upstate Vegas showed her and the rest of the RAs how to facilitate the games beforehand. Additionally, Brody said being a dealer was both interactive and a great way to get out of her dorm on a Friday night. "Personally, I think college is more fun when there's more stuff going on," Brody said. "I think a lot of times it gets lost throughout the year, and so I think First Bomber Weekend is not only a great opportunity to, like, not only for first-years to meet people, but just to engage in your campus." Following Casino Night was a picnic on the Campus Center Quad on Aug. 27. Students were able to sit under the sun and eat lunch made by the Campus Center Dining Hall staff. Students were lined up with plates, ready to feast on grilled chicken, rice, sausage, salad and cupcakes. After eating their fill, some students tossed frisbees, while others sat on the luscious grass with friends

everyone coming together with delicious food and perfect weather."

The remaining First Bomber Weekend ents are Mario Kart with OPS, where students will get to play against members of OPS at 4 p.m. Sept. 2 in the Clark Lounge and Klingenstein Lounge, followed by Grocery Bingo, where students can win grocery items in a game of bingo at 7 p.m. Sept. 3 in IC Square. Students can also take a trip to the Ithaca Farmers Market at 10 a.m. Sept. 4. The college will provide transportation and the first 250 students to sign up will receive a five dollar voucher to spend at the Farmers Market. Finally, Fountain Fest, which will take place at the Dillingham Fountain on Sept. 4, is an annual celebration in which first-year students throw a cup of water into the Dillingham Center fountain so that they can jump into the fountain their senior-year. Fountain Fest includes performances from the college's a capella groups along with a fireworks show.

the help of Upstate Vegas Events in Emerson be tired after the first week of classes and not



On Aug. 27, from left, sit sophomores James Thacher, Natalie Lewand and Stella Connelly enjoying a conversation at the picnic on the Campus Center Quad. LEILA MARCILLO-GÓMEZ/THE ITHACAN

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#### 12 | LIFE & CULTURE

# 'Elizabeth Bishop' film screens at Cinemapolis

#### **BY MATT MINTON**

The crowd anticipates what is to come as the lights in the theater dim and one poet's life begins to unfold on the screen in front of them. Whether or not they've heard of her before, audiences leave the theater with a sense of hope after learning about Elizabeth Bishop.

Cinemapolis, an independent movie theater located in Downtown Ithaca, screened "Elizabeth Bishop and the Art of Losing" from Aug. 19 to 25, directed and written by John D. Scott, associate professor in the Department of Media Arts, Sciences and Studies and Documentary Studies program director. "Elizabeth Bishop and the Art of Losing" chronicles Bishop's life from a young age all the way to her death, intercutting readings of her poetry along with staged reenactments of key moments in her life. The film also features Susannah Berryman, emeritus professor of Theatre Arts at Ithaca College, as Elizabeth Bishop.

According to the Poetry Foundation, Elizabeth Bishop, born in 1911 in Worcester, Massachusetts, was respected in poetry circles but still remained relatively unknown to the general public during her lifetime. However, in the time since she died in 1979, her reputation has significantly grown among critics and writers. Bishop is the recipient of multiple awards, including a Pulitzer Prize for Poetry in 1956. During her life, she suffered many losses, including her father dying when she was nine months old. The screening opened with a short introduction from Scott along with Luca Maurer, director of Ithaca College's Center for LGBT Education, Outreach and Services. The screening was also a partial fundraiser for Ithaca College's LGBT center. Maurer said that Bishop was never fully public about being part of the LGBTQ+ community and resisted all labels.

"She is not alone in that many of us do that," Maurer said. "Throughout the course of her life, she does move in the direction of being more open and vulnerable."

After discovering Bishop's poetry during college, Scott said he developed an interest in her after reading her poem "One Art." Scott said he discovered that her Nova Scotia upbringing was similar to his own.

"I became fascinated with the idea of finding a way to make that poetry come alive in a cinematic event," Scott said. "I chose a route that's a little bit unconventional."

For the first four years of the project, Scott said he divided the work into sections, starting with a series of short poetry films for "Sandpiper," "One Art," "First Death in Nova Scotia" and "In the Waiting Room." These shorts screened all over the world, Scott said, and it wasn't until 2014 that he began focusing on her biography and creating reenactments for the feature length project.

Berryman said Scott's passion for the project was inspiring and his years of dedication made his leadership very full and genuine.



From left, John Scott, associate professor in the Department of Media Arts, Sciences and Studies, poses with the subject of his new documentary, Susannah Berryman, emeritus professor of Theatre Arts.

Despite having always loved poetry, Berryman said that portraying Bishop in Scott's film was her first introduction to Bishop.

"Mysuspicion is that, as a woman, she was not given the attention she deserved," Berryman said. "I felt connected to her deep curiosity, love of observation, love of writing and images, and her need for a certain amount of solitude."

Brett Bossard '95, the executive director of Cinemapolis, said he and Scott have been talking about screening his film for quite a while as he was getting accepted to festivals, including the Syracuse International Film Festival.

"Any time we can celebrate a local filmmaker, it's exciting for us," Bossard said. "Being able to bring everybody to the center of town to celebrate a piece of art like this, it's a pleasure."

Karen Rodriguez, the director of photography on the film, said she was looking forward to watching her work with an audience.

"It's always interesting to see what an audience experiences because I know what's coming up." Rodriguez said. "Are they going to laugh at that part, be moved by that moment?"

Bossard said that one of the great things about Cinemapolis is that people come out of the theater talking and engaging in discourse.

"We're happy to have this space for people to continue the conversation after the film rolls," Bossard said. "Bringing the community together around ideas and around people from other members of the community."

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## IC students engage in passions over summer break

#### **BY JOSHUA PANTANO**

With a student body from 78 countries and almost every U.S. state, a large number of Ithaca College students have engaged in a variety of creative, career-oriented and physical activities around the world during not only the school year, but this past summer as well.

During summer 2022, the college's Instagram page highlighted the many internships, creative projects and other ventures students had been cooking up. Each displayed student had their own post, featuring a description of their activities, related pictures and a barrage of comments from fellow students shouting their support. Junior Max Schweik was one of the highlighted students and hiked almost the entirety of the 2,650 mile Pacific Crest Trail, which spans from the border of Mexico to the border of Canada along the Pacific coast. Although he was unable to finish the trip due to health complications from COVID-19, he went from the Mexican border in California all the way to the Oregon-Washington border - more than 2,100 miles. "It's a rewarding experience to fall in love with a lifestyle where you push yourself to your limit every day," Schweik said. "It's a strong part of my identity." Senior Jacquelyn Chin worked with Disney Streaming as a title planning intern. She worked to organize the process of adding subtitles and dubbing in dozens of different languages to titles on streaming platforms like Disney+ and Hulu. She not only improved titles available on American streaming platforms, but international ones as well. As a

title planning intern, she marked the specific dates when subtitles would arrive, or when dubbing would be complete.

"It was really fun, and I think, yeah, shoot your shot," Chin said. "It's hard [to be] cold-applying to a lot of internships, but definitely talking to alumni would help a lot of people."

Senior Liza Dhameeth interned with a private law firm and did two research internships with the Cornell Law School: the Juvenile Justice Program and the Death Penalty Program. For the former internship, Dhameeth worked with the senior partner of the firm on federal criminal defense cases that are looked at on the level of the



Supreme Court. For the other two research internships, she did legal research on people on death row in South Carolina.

Dhameeth said she originally felt intimidated by applying for internships, especially since they are oftentimes oriented to students who are already in law school.

"The most important thing I learned [is] ... always shoot your shot." Dhameeth said. "Now is the best time to make mistakes and to learn."

Sophomore Devon Jezek interned at WRFI, a community radio station in Ithaca. She posted newscasts every week during summer 2022—highlighting major headlines, discussing global issues and leading interviews. Jezek said she worked extensively with professionals at WRFI, not only learning how to write for radio, but also how to manage some of the technical aspects of it as well.

"I think that everyone should do an internship," Jezek said. "I had a blast and I learned a lot. I really enjoyed

Seniors Jacquelyn Chin and Liza Dhameeth, junior Max Schweik and sophomores Devon Jezek and Arjaye Johnson all made the most of their summer break. COURTESY OF CECILLIA NGUYEN, TAYLOR EVANS, MAX SCHWEIK, GILLIAN TURVEY

the whole thing."

Dhameeth, Jezek and Chin all said working with alumni and professionals were key parts of their internships. The college offers many ways for alumni to remain connected to the school after they graduate, including attending reunions, joining the IC Career Network or serving as a volunteer on campus.

Sophomore Arjaye Johnson was another student featured who performed in "Catch Me if You Can" this summer with the REV Theatre Company, based in Auburn, New York. Johnson was part of the ensemble. "I was so incredibly grateful and honored to have been chosen to be a part of the cast," Johnson said. "When I first got it, I called my mom immediately. I was like, 'Oh my God! I got an offer!'"

Taking the step to engage in these kinds of pursuits, Dhameeth said, is crucial for all college students.

"Interning is something that's important to help you figure out what you want to do in the future," Dhameeth said.

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### **Iconic series ends in masterful fashion**

SERIES REVIEW: "Better Call Saul" AMC

moral standards slowly slip

#### **BY JOSHUA PANTANO**

The season six finale of "Better Call Saul" aired Aug. 15, bringing an end to the series that created some of the most popular television characters of all time, as well as the well renowned "Breaking Bad" and Netflix original movie "El Camino."

While "Breaking Bad" mainly focused on the multiple exploits of former chemistry teacher turned meth-cook Walter White (Bryan Cranston), the prequel "Better Call Saul" takes a look into the life and mind of Jimmy McGill (Bob Odenkirk), a charismatic and emotional lawyer who finds himself entwined with the worlds of organized crime and illegal narcotics. Fans of "Breaking Bad" will know that he will eventually become the character Saul Goodman. However, the primary question of "Better Call Saul" is not whether or not he will become morally corrupt, but how and why, and if he can keep his life of crime separated from his life of honest work.

One of the primary themes that the show tackles is how the past affects who we are and how we act as individuals. Jimmy, after facing a series of career setbacks and a falling out with his brother Chuck McGill (Michael McKean), becomes a "friend of the cartel," letting his

away. He morphs into the lawyer that we all know and love: Saul Goodman. The exploration of important reoccurring themes throughout the season finale, including cinematic parallels and dramatic beats, are some of the show's strongest points. During season six, when Jimmy tries to slander the stature of another character, he carefully orchestrates a series of schemes that make this character seem that way. The audience only figures out what Jimmy is trying to do as the whole scheme unfolds. This storytelling technique simultaneously captivates the viewer's attention, creates a hilarious and exciting montage, and furthers the story. On the other hand, viewers watch as his choices continue to lead him down a "bad choice road," a phrase coined by hitman Mike Ehrmantraut (Jonathan Banks). When he indirectly causes the deaths of innocent people, or helps cold-blooded killers like cartel member Lalo Salamanca (Tony Dalton) avoid prison, he always seems to narrowly avoid total destruction. The build-up and payoff is impeccable and surprising, but never unearned as his past creeps up on him

when he least expects it. Director Vince Gilligan poses interesting new questions while simultaneously cleaning up all



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Bob Odenkirk brings to life the charismatic and emotionally distraught Jimmy McGill, who ventures into organized crime. COURTESY OF LIONSGATE

the show's loose ends. These questions are perfectly played out by the talented cast, all of whom add deep nuances to the motivations, desires and shortcomings of the characters.

The writing is another strong selling point of the season, closing out the story beats naturally with poetic twists and horrific moments. Before watching the final episode, viewers ponder what will happen to Saul. Will he die? Will he go to prison? Will he avoid paying for his

crimes? The audience can leave Jimmy and his wife Kim Wexler (Rhea Seehorn) completely satisfied, with all their burning questions answered.

Long time fans, waiting for every story moment to be resolved, will find themselves rewarded. While some shows leave you wanting more, the end of "Better Call Saul" leaves viewers perfectly fed.

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### QUICKIES



**COURTESY OF 88 RISING MUSIC** 

#### "YUKON (INTERLUDE) " Joji

Joji effectively builds off his themes in "Glimpse of Us," the first single from "Smithereens." "Yukon (Interlude)" still carries emotional resonance through Joji's authentic voice.



COURTESY OF EMI RECORDS

"HOLD ME CLOSER" Elton John and Britney Spears

While deciding to remake Elton John's iconic 1971 "Tiny Dancer" with Britney Spears isn't a terrible idea in theory, when the results end up feeling this shallow and empty, listeners start to ask themselves what the point even was.



#### "PHANTOM" Rina Sawayama

Filled with a sense of newfound strength and resilience, Sawayama beautifully turns toward a sound of emotional vulnerability that moves listeners to new heights.

## Action-packed 'Beast' is all bark with little bite

MOVIE REVIEW: "Beast" Universal Pictures

#### **BY EVAN MILLER**

Down to its very core, "Beast" is a monster-movie thriller that excellently builds tension throughout its tight plot and claustrophobic setting. Unfortunately, the film never truly lives up to its real potential, instead playing it safe without having anything of major substance to leave



crucial suspense in several key scenes.

In its more quiet and character-driven moments is where "Beast" decides to play it safe in predictable fashion with very few exceptions. In the film's initial buildup, it is revealed that Nate and his wife had gone their separate ways before she was eventually diagnosed with the cancer that in time led to her death, which ended up creating a noticeable tension between both Nate and Meredith. One way the film explores the distrust that Meredith holds toward her father is through the multiple confusing and ridiculous decisions she makes that put their family in jeopardy - including loudly honking the vehicle's horn to attract the attention of any possible rescuers. While the writer of the film may have intended for these choices to portray Meredith as brave, she instead comes across as naive and careless. One of the greatest missed opportunities is the film's missed potential to start a conversation regarding the act of poaching and the devastating impact that it has on wildlife and the environment. The film just barely begins to spark a conversation on the impact of poaching, but what it does include is nothing of any real substance. The film could have humanized the deadly lion by focusing further on the harm



"Beast" fails to start a conversation on poaching, focusing instead on thrills. COURTESY OF G.O.O.D. MUSIC

audiences with once the thrill ride ends.

"Beast" follows Dr. Nate Samuels (Idris Elba) and his two daughters Norah (Leah Jeffries) and Meredith (Iyana Halley) as they travel to the South African village where their recently-deceased mother grew up. Guided by Martin (Sharlto Copley), an old family friend and wildlife biologist, their trip suddenly takes a fearsome turn when a lion, a survivor of poachers, begins stalking them. The lion's presence leaves them stranded in a game reserve, in a vehicle with nothing but a walkie-talkie and a tranquilizer rifle to fight for their survival.

"Beast" succeeds in its ability to create tension in an inventive fashion. Director Baltasar Kormákur chooses to make the majority of the film's action appear as one continuous shot with very few cuts masked by CGI. Kormákur's decision to not only have the action play out in this manner, but also have it be focused purely from the perspective of the characters, helps add and trauma that poachers have caused it. Instead, the audience very briefly gets a glimpse of this and is instead constantly bombarded with the simple message of how terrible poaching is. As the film continues to progress, it becomes clear that Kormákur is uninterested in this element, as the lion is never once portrayed as anything but a murderous beast.

By portraying the lion as a villain, the audience is left to root for someone to kill it, which goes directly against the message that the film constantly attempts to burn into the viewer's mind.

"Beast" provides audiences with a tense and thrilling experience. However, a feeling of disappointment is all audiences will be left with as they think back on the film that could have been more than "the movie where Idris Elba punches a lion in the face."

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**COURTESY OF LIMINELLE RECORDINGS** 

#### "ALL YOU DO" **Magdalena Bay**

Magdalena Bay continues to enchant listeners with "All You Do," showcasing more beautifully written lyrics from the band that captures the essence of holding onto the best moments in life with a loved one. The band only shows growth in their musical capabilities.

# **SPORTS**

THURSDAY, SEPTEMBER 1, 2022

# **Predicting success** Alumni gaining popularity with fantasy football tool

From left, Dylan Shane '19 and Sam Factor '19. Shane and Factor founded the company "WalterPicks," which is an Al-powered fantasy football tool that analyzes millions of data points to predict the performances of NFL players week-to-week. They also have NBA and NCAA March Madness tools, and plan on expanding. COURTESY OF SAM FACTOR

#### BY AIDAN CHARDE

When Ithaca College students Sam Factor '19 and Dylan Shane '19 created a fantasy football tool powered by AI for their machine learning class in Spring 2019, they thought it would be nothing more than a final project.

Until the 2019 NFL season rolled around, Factor, the CEO of WalterPicks, said he and Shane had no way of knowing if the algorithm, which they named "Walter," would work. But once games began and the pair could see how well their algorithm's projections mirrored the real-life performances of players, they realized they might be onto something big.

"We built [the algorithm] by backtesting it against past seasons that it hasn't seen before," Factor, a former math major at the college, said. "But it was in the fall after Dylan and I graduated where we actually got to see how it did live in real games. ... So that was sports (DFS), which is usually run through gambling companies like DraftKings or Fan-Duel. In DFS, users draft a lineup for one week only and compete against other users for a pool of money. In both versions, players earn points based on their in-game performances, and the users with the most total points are the winners.

With many big corporations, like ESPN and DraftKings, offering player projections, it can be hard for smaller startups to break into the scene. Not only has WalterPicks found an audience, but it has been 17% more accurate than ESPN and Yahoo, according to the app's loading screen. Factor said he knew they had a good product, but he and Shane were surprised to see just how good it was.

"Seeing that [Walter] was more accurate than [ESPN and Yahoo] was definitely a big moment," Factor said. "It's sometimes tough to tell with sports, how accurate a model is. ... The best way to see how accurate you are according to the company's website. Shane, who majored in computer science and now works on enhancing the software for the app, said finding the right data was the most important part of creating the tool.

"The secret is just our data set," Shane said. "Even when we started, Sam was very meticulous about cleaning the data, making sure it was all good. We removed any egregious outliers and stuff like that, stuff that would throw off the projections a little bit."

However, Shane said just having a good app with accurate predictions is not enough. With the volume of fantasy sports apps and tools available, Shane said they worked hard to build a social media presence to draw new users to WalterPicks, replying to every comment on TikTok at first.

Factor said once they hit around 50,000 followers on TikTok was when he realized that they might be able to work with the app full time. Now, as of Aug. 30, the main TikTok

doing is not only benefiting me, but it's also benefiting all of my followers."

Kane also said he only learned of the company by scrolling through TikTok, before he even knew that it had been started by Ithaca College alumni. By the time the job opportunity came around, which Kane found through a TikTok video from the main account, he said he had heard about who the founders were, but it did not cause him to take the job.

Factor said he knows that the football tool is their best and most popular product, so making sure it stays that way is important to the company's success. But he said the company is definitely more than just that, and he hopes they can keep growing it out to match the constantly changing landscape.

"I don't think our entire business hangs on just the algorithm," Factor said. "It's much more than that now, even though that's where it started and it's obviously a big part of things."





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According to the Fantasy Sports & Gaming Association, the number of fantasy sports players in the United States and Canada has grown by over 40 million since 2003.

Year

DATA FROM THE FANTASY SPORTS & GAMING ASSOCIATION

ultimately what got us excited enough, that first season, and how accurate it was, to turn it into more of a real business and a brand."

Fantasy football is a game ever-growing in popularity among the American public. Reports estimate that over 40 million people in the United States and Canada play fantasy football every year and Statista estimates that fantasy sports were worth around \$8.88 billion in 2021.

There are two popular ways of playing fantasy football. Users can join a league, usually through apps like ESPN Fantasy, where they draft a lineup of players and compete weekly against the other members of the league, with one member winning the championship at the end of the season.

The other way is through daily fantasy

is to compare yourself to other people."

Doug Turnbull, associate professor in the Department of Computer Science, was the professor for Factor and Shane's machine learning class in Spring 2019. He said he has seen many students create impressive tools for the final in the class, but it is uncommon for them to turn it into a full company.

"A number of my students have gone off to work in data science jobs where they apply the skills [they learned in this project]," Turnbull said. "And we've had a number of people start web applications that they sort of work on as a side project after they graduate, but [WalterPicks] is, like, a full-time job with employees and stuff."

Walter uses 20 million data points over 10 years of football to form its projections,

The WalterPicks app offers information for fantasy football players to optimize drafts, weekly lineups and daily fantasy sports picks. The app is free to use.

#### account has over 164,000 followers.

WalterPicks has a TikTok account for all 32 NFL teams where they post content aimed at fans of that team, as well as the main account, an NBA account and an NHL account. Between all 35 accounts, they total over 700,000 followers. Senior Matt Kane runs one account, "Bengals.WalterPicks," which has amassed over 13,000 followers. Kane said he loves content creation, so finding a company that was hiring, and having the college connection, was a perfect opportunity.

"It's honestly a dream to make content for people, even if one person is watching it or 1,000 people are watching it," Kane said. "[Now], a lot of people are there to hear my opinions on [fantasy football], and it makes me feel valued. It makes me feel like what I'm As for what comes next, Shane said the current goal is just to grow the company. Right now, WalterPicks offers extensive help with fantasy football, as well as smaller tools for fantasy basketball and NCAA's March Madness bracket. Shane said he and Factor are looking for ways to make that bigger.

"Football will always sort of be our bread and butter," Shane said. "But there's many more sports for us to conquer. ... I think we definitely want to grow it out a little more, and we also have a couple ideas for other adventures to take on."

Assistant sports editor Daniel King contributed reporting to this story.

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# Women's cross-country bonds at Greek Peak

#### **BY TESS FERGUSON**

Despite its seemingly individual nature, the foundation of cross-country running is built on the collective score of a given team. As the Ithaca College women's cross-country team prepares for its 2022 season, the team is looking to ensure it has the chemistry it will take to propel the team through the ranks.

The team spent three days at Greek Peak Mountain Resort in Cortland, New York, from Aug. 26 to 28, for a weekend retreat packed with adventure, fun, and most importantly: team bonding.

Sophomore Hannah Fichter said her experience with the team at Greek Peak was unlike any other bonding event the team has had, even though they spend plenty of time together during the competitive season.

"It was really nice because we've always spent a lot of time together, but we've never done a team trip like this in which we're all sharing the same space and leaning on each other for that amount of time," Fichter said.

Founded in 1958, Greek Peak is the largest four-season ski resort in central New York. Comprised of ski slopes, an indoor water park and an outdoor adventure center, the lodge provided all the amenities needed to get the team connected as they head into the season.

On top of the activities that Greek Peak had to offer, the team

was also able to spend some quality time with each other outside of the scheduled events of the weekend.

Fichter said that though the team had fun doing other activities, like watching the "Barbie" movie together, she and her teammates learned some new things about each other and strengthened their team bond through the experiences they had.

"I personally struggled a little bit," Fichter said. "I have a fear of ziplines, so that was a really big thing for me. The ropes course really helped me to get over that fear. ... It was really nice because I was leaning on one of my teammates who had a fear of heights. So we were just helping each other through it and it was really great to feel that kind of support."

In addition to strengthening the bonds between returning team members, the retreat worked to integrate incoming first-year students and new cross-country runners into the team's culture. Sophomore Carolina Cedraschi was a member of the college's women's soccer team for their 2021 season and has since began her transition into long-distance running.

Although a bit nerve-wracking, Cedraschi said she is excited to start this next chapter in her athletic career. Soccer and cross-country are very different sports, so switching between the two is something she said she needs to get used to.

"Transitioning from soccer to cross-country is definitely a huge

Junior Giana Haubrich prepares for the ropes course with her teammates Aug. 28 at Greek Peak Mountain Resort. The women's cross-country team spent time bonding before the season.

**BRENDAN IANNUCCI/THE ITHACAN** 

risk and adjustment for me," Cedraconfidence needed to take risks schi said. "This event, and different is essential for success. Returning races to come, will definitely test senior Ava Fowler said she was my mental strength and see how far excited for how this could help the team chemistry heading into Unlike spring sports, fall sports the season.

Fowler noted the unique nature of the retreat and how going into her final cross-country season as a Bomber will allow her to appreciate the event in its entirety.

"I think knowing this trip is a privilege will let us make the most out of it," Fowler said. "It will definitely make us a stronger and closer team going into the season."

the importance of trust-building after the cancellation of the team's highly-anticipated 2020 season because of COVID-19. The squad was riding the high of competing at Nationals in 2019, losing the following season was a great disappointment that robbed many young runners of crucial racing experience needed.

"Ultimately, we fell short of some goals [in 2021], and we are coming back in 2022 hungrier than ever," Fowler said.

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Fowler continued to illustrate

# Men's club ultimate reflects on top-20 finish

I can push myself."

like cross-country have a very brief

preseason window before official

competition begins Sept. 3 with the

Jannette Bonrouhi-Zakaim Memo-

rial Alumni Run, thus leaving less

time spent with the team's new

runners. The team's first preseason

practice was Aug. 18, meaning it

has just over two weeks to get ready

In all competitive sports, the

for the competitive season.

#### **BY TOBIAH ZBORAY**

After a strong showing during the spring semester, the Ithaca College men's club ultimate frisbee team is looking to pick up where it left off this fall.

Last spring, the team finished 18th overall in the country within the USA Ultimate rankings for club frisbee and included a trip to the regional finals in Fort Ann, New York. Their victory in this event punched the team's ticket to the national championship back in May, which took place in Milwaukee, Wisconsin. Senior Noah Sandler said the team's run to the regional finals has given them confidence coming into this year.

"We've been to regionals and we've been to sectionals, but we haven't been to Nation-

#### on the field."

Tournaments also provide an opportunity for the team to become closer while playing a sport they all enjoy. When the team travels, Kamens said they pile into four to five cars and drive to the tournament site on Friday, stay in hotels with four in each room and have a team dinner on Saturday night.

"My favorite part is that we have time to be on the field playing, but also time to relax and get to know each other," Kamens said. "Tournaments are also a lot of fun because we almost always go to the same tournaments as our women's team [Kweezy Ultimate], so when we're not playing we can cheer them on and vice versa."

Though the team could not stay together through the summer, senior Elliot Mintz said





als," Sandler said. "We feel like we're in a pretty good spot. A few of our core people graduated, but we're looking pretty promising for next year and going forward."

For the team, its success has been aided in the past by the connection between teammates off the field, helping the team be closer on the field during competition. Junior Noah Kamens said that throughout the year, the team does its best to stay in close contact with everyone, especially while on campus, but also trying to stay in contact over breaks is important.

"There's not a lot of stuff we do in the offseason because over the summer we're all in different places," Kamens said. "When we're on campus, we'll get lunches together, we'll hang out, we'll do informal things. It's definitely hard at first as you're, like, meeting new people, ... but as we get on campus and get acclimated with everybody, then we start hanging out more. ... And the more we do that, the more it helps out our performance

a group of alumni organized a tournament during summer break, which he said helped some of the members of the team who stayed in Ithaca over the summer to better their skills and to connect with each other.

But despite the summer tournaments and connections, the team is still looking to add numbers. Mintz said that with many seniors graduating in Spring 2022, the team is looking to add many new first-year students during the fall.

"So, coming into this year, we are kind of low on numbers," Mintz said. "We had a lot of people graduate, so we're going to be pretty heavy on recruiting this season and teaching new people this sport, and then hopefully getting up to the level where we can compete to go to the national championships again."

As the fall semester season begins, the team wants to use this time to prepare for the competition season in the spring. Mintz said the team splits the club season into two segments, with both the fall and spring semester

Junior Noah Kamens throws by a defender to his teammate during practice for Nawshus Ultimate. In May, the team advanced to the USA Ultimate Nationals.

#### THOMAS KERRIGAN/THE ITHACAN

having their own goals to achieve.

"So, this is the season where our goals are just to recruit everyone, teach them the sport, have a lot of fun and get everyone comfortable," Mintz said. "Then when we get to the spring, that's when we really get serious and we start having our more serious practices where we really want people showing up. We start working on throwing, working on nailing all that stuff down so that we can really focus on sectionals, which is our first major tournament."

But while the fall season is meant for the team to get everything in order before the spring, Sandler said the team plans on hosting a co-ed tournament Sept. 17 at the college against other ultimate frisbee teams as a way to get ready for the season. Kamens said that getting to host the tournament this fall makes it easier for the team to connect while also learning more about the new additions to the roster.

"Especially when we host [the tournament], it's really convenient," Kamens said. "We can just relax and play frisbee. So I'm really excited for that. I can't wait to get back to being with the team."

As the team gets ready for the new season, Sandler said the one focus of the team at this point is to recruit as many new people as possible.

"Anyone who wants to join can join," Sandler said. "The only thing we require is just try the hardest you can, and we're completely happy and satisfied with that."

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From left, first-year students Will Schlemmer, Cathy Plizga and Jason Gertzman hike up one of the trails at Buttermilk Falls State Park during the Hike and Swim event Aug. 28 as part of the 2022 First Bomber Weekend, hosted by the Office of Student Affairs and Campus Life. First Bomber Weekend runs from Aug. 25 to Sept. 4. BRENDAN IANNUCCI/THE ITHACAN