THURSDAY, NOVEMBER 3, 2022 TOPPER TOPPACAAN VOLUME 90 ISSUE 10

ACCURACY • INDEPENDENCE • INTEGRITY

Schedule grid plan creates concern

	U	-	
Look up a Schedule	Active Registrations		
Class Schedule			
Term: Fall 2023	•		
Class Schedule for Fal	I 2023		

ILLUSTRATION BY MALIK CLEMENT/THE ITHACAN

BY VIVIAN ROSE

Some Ithaca College students and faculty members have mixed thoughts about the proposed scheduling grid for Fall 2023, which is designed so that the length of certain classes will reach 100 minutes and allow students to only have to take a course twice per week.

Provost Melanie Stein said via email that the scheduling grid is used to establish common college-wide time slots into which classes can be scheduled. Blocks of time are portioned out in order for students to take courses without time conflicts. Stein said that in previous semesters, classes were based on a three-credit foundation where 50% of four-credit courses had to be "off-grid" credits, meaning they did not match up with the specific times within the design of the schedule grid. Off-grid courses are classes that do not match up with the scheduling grid of a college or university. They could cause conflict for students since they do not match up with the times when courses are scheduled within the grid. They may also overlap with other courses that are a part of the grid, known as "on-grid" courses. The reasoning provided by the Offices of the Provost and Registrar in a Nov. 18, 2021, Intercom message explained that creating a modified scheduling grid had been a piece of the Ithaca Forever plan, the college's five-year strategic plan created in 2019.

The first step of this action group before the pandemic was to examine data and find evidence of issues in the current scheduling grid. According to the Nov. 18 Intercom message, this information primarily came from survey responses from department chairs and students.

Stein said in an email that an early action group created by the college called Common Academic Experience was able to do some testing of proposed grids in 2019; however, the developments of the action group were disrupted because of the pandemic.

"The action group included administrators, faculty and students, and held focus groups with students, faculty and staff to review strengths and weaknesses of the schedule grid to inform decision making," Stein said via email. professor in the Department of History, said that by the summer, the provost and registrar stopped responding to faculty emails regarding their concerns about grid designs.

While not on the committee, Smith said that by early September 2022, a new scheduling grid was designed, ultimately by the five deans and Stein; however, largely ignoring designs proposed by faculty. Once approved by the provost and the deans, the grid was shared with faculty in early October 2022.

"Many faculty members looked at this new schedule and said, 'We don't really see how we can do all the things that we've done with the schedule," Smith said. "It varies by discipline, like the science departments are really struggling to figure out how to do the labs the way that they always have. Humanities departments really wanted to set up seminar-like courses." Faculty members were asked to submit input about the proposed grid in a survey sent out in an Oct. 17 email and are continuously encouraged by the Office of the Registrar to send feedback so the grid may undergo revisions as faculty draft their Fall 2023 schedules. The college has asked faculty to make their schedules with the proposed grid in mind before providing feedback in the survey. However, no due date has been

IC unifies grad ceremonies

BY CLARE SHANAHAN

Ithaca College commencement for the undergraduate Class of 2023 and a graduate hooding and commencement ceremony for the graduate Class of 2023 will take place during the weekend of May 20–21, 2023.

In an email to the campus community Oct. 27, Melanie Stein, provost and senior vice president for Academic Affairs, said the graduate hooding and commencement ceremony will occur at 1 p.m. May 20, 2023. The undergraduate commencement ceremony will occur at 10 a.m. May 21, 2023. Both ceremonies will be held in person at the Glazer Arena in the Athletics and Events (A&E) Center.

"Though we are still months away from these moments, I want to offer my gratitude to this community for supporting these students as they finish their time with us on South Hill and offer my thanks particularly to the many staff and faculty whose work and creativity will make May's celebrations safe, student-centered and joyous," Stein said via email.

Further details about both ceremonies were provided in Intercom posts also written by Stein. Stein said in the post about the graduate ceremony, 2023 will be the first year that the graduate hooding will be held as a single ceremony that also includes commencement. Stein said students will be formally hooded

GRADUATION PLANS, PAGE 4

Drug increases fatal overdoses

BY OLIVIA STANZL

The Tompkins County Sheriff's Office released a public safety alert Oct. 5 regarding an increase of overdoses within the county because of a new drug, xylazine, also known as tranq dope.

Xylazine, a non-opioid central nervous system depressant, is a sedative used in veterinary medicine that is not approved for humans but has been found in cocaine and heroin supplies. Other central nervous system depressants include alcohol and benzodiazepines. Narcan, also known as naloxone, is a prescription medicine that is used to treat an overdose, but tranq dope requires a higher dose of Narcan. People who overdose on opioids initially receive one spray of Narcan into one nostril as the starting dose. Another dose is given after a few minutes if breathing has not returned to normalcy, according to Medical News Today. According to the National Institute on Drug Abuse, the national impact of xylazine is unknown, but through research found by the National Institute on Drug Abuse, it is clear the drug has spread westward across the U.S. Another study from BMJ Journals found that from 2010-19, there was a 29% increase in fatal overdoses where xylazine has been detected.

In the Nov. 18 Intercom message, the Offices of the Provost and Registrar called for faculty and students to volunteer in order to have the opportunity to be a representative from one of the five schools. These volunteers would become members of the Curricular Revision Liaison Committee (CRLC) alongside staff from key campus offices, the deans of each of the five schools and Faculty Council.

The committee convened in February 2022 and had a goal of proposing a new grid by summer 2022. Michael Smith, adviser and

SCHEDULE GRID, PAGE 4

TRANQ DOPE, PAGE 4

LIFE & CULTURE | page 11 SPOOKY SPIRITS HAUNT ITHACA COMMUNITY



OPINION | page 7 SCHEDULE GRID WILL GENERATE MORE CONFUSION



SPORTS | page 17 TRANSGENDER ATHLETE AT HOME WITH IC RUGBY

Panel of professors discuss film and war in Ukraine

BY FARID AHMAD

2 | NEWS

Four Ithaca College professors provided different perspectives on the film "Battleship Potemkin" during a roundtable event at 7:50 p.m. Oct. 31 in the Park Auditorium. The movie, directed by Sergei Eisenstein, was released in 1925 and relates to the ongoing war in Ukraine.

The film depicted the 1905 mutiny of sailors against their superiors on the Russian Battleship Potemkin and more broadly against the oppressive Russian czarist regime of the time. The 1905 uprising was the nation's first large-scale rebellion and laid the foundations for the larger 1917 Russian revolution that was led by Vladimir Lenin and the Bolsheviks, who were eventually victorious and established a communist state.

The four panelists were Jennifer Jolly, Charles A. Dana professor in the Department of Art, Art History, and Architecture; Michael Richardson, professor and director of the Screen Cultures Program in the Department of World Languages, Literatures, and Cultures; Andrew Utterson, associate professor in the Department of Media Arts, Sciences and Studies; and Zenon Wasyliw, professor in the Department of History. The roundtable discussion was facilitated by Patricia Zimmermann, Charles A. Dana professor of Screen Studies in the Department of Media Arts, Sciences and Studies. About 40 people attended the event.

Zimmermann began by explaining the film's relevance to the current war in Ukraine. She said the film was shot in the Ukrainian city of Odesa, while today Odesa is being targeted by Russia because it is a vital port for trade and transportation.

"If you Google Odesa now, you will see it is spelled with one 's', the Ukrainian way, and you will see pictures of monuments in Odesa that are sandbagged and protected from Russian attack," Zimmermann said.

Zimmermann asked the panelists about their thoughts on the film in relation to the war in Ukraine. Wasyliw said that similar to ordinary people rising up against the tsar in "Battleship Potemkin," people involved in the current war in Ukraine have been mobilizing to help in any way they can to suppress Russian President Vladimir Putin and his forces. He mentioned Iose Andres, the founder of World Central Kitchen, which is one of the organizations distributing meals in Ukraine.



From left, Patricia Zimmermann, Andrew Utterson and Jennifer Jolly lead a panel discussion after viewing a movie relating to the ongoing war in Ukraine. **JASMINE SCRIVEN/THE ITHACAN**

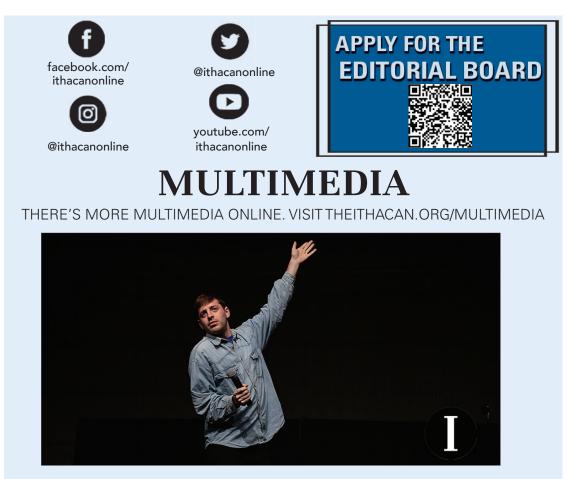
"People just come in and volunteer," Wasyliw said. "They say if something gets snapped out, we're going to build it back up because it's, in a way, a direct confrontation with its new tsar."

Richardson said one of the main reasons the film was being scrutinized in Germany after its release there in 1926 was its depiction of class conflict, which could endanger the country's public order.

Richardson said that while the film was allowed to be screened in the country, it was edited for German audiences to hide certain scenes that were considered dangerous to the government.

"It was very popular," Richardson said. "It was recognized as an artistic achievement. ... The challenge in censoring a film like this is that the political intent is in the form as well as the content, so you can cut the brutal scenes, but you're not really changing the politics of the film when you do that."

> **CONTACT FARID AHMAD** FAHMAD@ITHACA.EDU



IC hosts award winning comedian Alex Edelman

On Oct. 27, stand-up comedian Alex Edelman performed for the

THE ITHACAN

220 ROY H. PARK HALL, **ITHACA COLLEGE, ITHACA, NY 14850** (607) 274-3208 • ITHACAN@ITHACA.EDU WWW.THEITHACAN.ORG

EDITOR-IN-CHIEF	CAITLIN HOLTZMAN
MANAGING EDITOR	ELEANOR KAY
COMMUNITY OUTREACH	MANAGER ZHANNZ GOMEZ
OPINION EDITOR	LIBERTY LEE
NEWS EDITOR	SYD PIERRE
ASST. NEWS EDITOR	LORIEN TYNE
ASST. NEWS EDITOR	CLARE SHANAHAN
CO-LIFE & CULTURE EDIT	OR ELIZABETH KHARABADZE
CO-LIFE & CULTURE EDIT	OR MATT MINTON
SPORTS EDITOR	AIDAN CHARDE
ASST. SPORTS EDITOR	DANIEL KING
PHOTO EDITOR	NOLAN SAUNDERS
ASST. PHOTO EDITOR	KALYSTA DONAGHY-ROBINSON
ASST. PHOTO EDITOR	LEILA MARCILLO-GÓMEZ
CO-VIDEO EDITOR	MAGGIE BRYAN
CO-VIDEO EDITOR	MORGANA ZENDEJAS PETERSON
PODCAST EDITOR	LYLE CABAN
CHIEF COPY EDITOR	MAGGIE HAEFNER
PROOFREADER	EMILY FISCHER
ASST. PROOFREADER	LUCRETIUS RUTKOWSKI
DESIGN EDITOR	MALIK CLEMENT
ASST. DESIGN EDITOR	ARIANA GONZALEZ VILLARREAL

Homburger Jacobs Contemporary Jewish Lecture Series.



IC After Dark hosts spooky fright night in **IC Square**

On Oct. 28, IC After Dark brought a spooky night to IC Square with arts and crafts, food and a viewing of the Halloween classic "Hocus Pocus."

WEB DIRECTOR SOCIAL MEDIA MANAGER AD SALES MANAGER NEWSLETTER EDITOR **ITHACAN ADVISER**

KEEGAN PALMO SARAH MARBAIX SPENCER PARK **EVA SALZMAN CASEY MUSARRA**

COPY EDITORS

Gracie Gallagher and Ray Millburn

THE ITHACAN IS PRINTED AT PENNY LANE PRINTING

GOT A NEWS TIP?

Contact the News Editor at ithacannews@gmail.com or 274-3208

SINGLE COPIES OF THE ITHACAN ARE AVAILABLE FREE OF CHARGE FROM AUTHORIZED DISTRIBUTION POINTS ON THE ITHACA COLLEGE CAMPUS AND IN THE ITHACA COMMUNITY. MULTIPLE COPIES AND MAIL SUBSCRIPTIONS ARE AVAILABLE FROM THE OFFICE OF THE ITHACAN. PLEASE CALL FOR RATES.

SGC is informed substation road will close | Calendar shifts

BY EMMA KERSTING

At the Ithaca College Student Governance Council (SGC) meeting Oct. 31, the senate and executive board met with Bonnie Prunty, vice president for Student Affairs and Campus Life.

Prunty announced to the senate that the substation road, which runs from Boothroyd Hall to Terrace Dining Hall, will be permanently closed off beginning Spring 2023, once the materials for fencing arrive to campus and are installed. The road has been part of the college's campus for decades as a means for vehicles to access the electrical substation and for emergency vehicles to drive around campus quickly.

"The hillside is crumbling," Prunty said. "There's only 10 feet of space between the metal fencing that's around the substation itself and the side where the guardrails are. There's a number of safety concerns about that area."

With the substation road to be fenced off. students, faculty, staff and others will have to travel across campus using the roads and walkways that lead to the set of stairs between the Gannett Center and the Towers.

Senior Maya Scriven, senator-at-large, told Prunty that students, including herself, have noticed inadequate lighting on the stairs behind the Towers, which she said should be addressed if it becomes the only path from lower campus to the Towers and Terraces residence halls.



From left, Hannah Ahmed, Class of 2025 senator; Bonnie Prunty, vice president for Student Affairs and Campus Life; and senior Senate Chair Austin Ruffino discuss substation road closure. **BROOKE VOGEL/THE ITHACAN**

"I think because there's going to be more people using the stairs now, more people are going to be finding out that the lighting doesn't really work when you go on those stairs," Scriven said. "I take my flashlight out on my phone to get up and down because I can't see the stairwell."

Senior Lila Weiser, chief of staff, asked Prunty for updates and her comments on the swastikas that have been found around campus in the past several weeks.

"It's incredibly distressing and disappointing to believe that we have community members who are engaging in creating hate symbols around our campus," Prunty said. "We are starting to talk about ... some education that we might be able to provide to the campus. What can we do [to] make sure all students participate in, that all faculty and staff participate in?"

During the senator reports, first-year student Nicole Sutera, School of Music, Theatre and Dance senator, said she is working with Reginald Briggs, associate director of Dining Services, to establish a program on campus similar to the Too Good To Go app.

Too Good To Go is an app that allows customers to buy food from restaurants at the end of the day at a fraction of the price to decrease food waste for restaurants and food insecurity for people.

Sutera is hoping to create a program at the college that partners with retail dining services in the Food Court at IC Square, Towers Marketplace and possibly the Campus Center and Terrace Dining Halls.

"These marketplaces would be open past dining hall hours for people to pick up food," Sutera said. "That's the goal, anyway. I'm really excited about it because we've had a meeting about it and now we're moving into our second step."

> CONTACT EMMA KERSTING EKERSTING@ITHACA.EDU

for Fall 2023

BY LORIEN TYNE

The Ithaca College Academic Calendar Committee and the Office of the Provost announced changes to the Fall 2023 calendar Oct. 31 in an Intercom post, but there are no changes to the Spring 2024 calendar.

The first day of Fall 2023 classes will be Aug. 23 instead of Aug. 21. This change will allow faculty five weekdays before classes start to attend retreats and trainings and to engage with students during orientation, move in and convocation. The first day of classes will be on a Wednesday and classes will maintain a normal Wednesday schedule.

However, despite the change in start date, the last day to add or drop a class for the fall semester is a day earlier - Aug. 27 rather than Aug. 28, like it was for Fall 2022.

The shift in the day classes start has also altered some important dates throughout Fall 2023.

The Monday class schedule will be held Sept. 6, which is a Wednesday. This means after the Labor Day holiday, Monday classes will be made up for that Wednesday instead of a normal Wednesday schedule.

Fall 2023 Block I classes will end Oct. 16 - which is after Fall Break on Oct. 12 and 13.

This is a shift from Fall 2022, when Block I classes ended Oct. 9 before Fall Break began. Fall 2023 Block II Classes will begin Oct. 18. This is a change from Oct. 16.

Fall 2023 final exams will end at 10 p.m. Dec. 15. This is a shift from Dec. 13. Final grades are due at 5 p.m. Dec. 21, which is a change from the Fall 2022 deadline Dec. 20.

> **CONTACT LORIEN TYNE** LTYNE@ITHACA.EDU

Students of color bring start-up businesses to campus

BY OLIVIA STANZL

Ithaca College senior Oluwadamilola Oyetunji said the first time she made a wig for someone else was in high school, and all she had to use was a dollar's worth of black thread, a needle, a wig cap and hair provided by her client.

"One day I came to school with my hair up and a wig on that I made myself and this girl asked me, 'Who did your hair?' and I said, 'Oh, I did it,' and she said, 'Well, can you do mine?'" Oyetunji said. "She came to my house because she wanted to try [the wig] on. I put it on her and it fit just right and she just fell in love. Ever since, she was a consistent customer and she inspired me to make an actual Instagram page to market myself." Oyetunji, founder of Wigs by Dams, was one of five student entrepreneurs featured in the college's Center for Inclusion, Diversity, Equity, and Social Change (IDEAS) student of color business expo Oct. 7. The expo also featured The Universal Experience, Mali Kutz, Dami Love and Mamaz Boy Apparel. At the event, which was part of the First Friday with IDEAS series, attendees were given the chance to meet the student entrepreneurs, learn about their businesses and build connections. Following the event, students had the opportunity to stay and spend time with each other in a more informal way by playing games. "It was so cool that [the Center for IDEAS] did this because I was struggling to bring my business out for people to know that there was a business for them, for Black girls, on campus," Oyetunji said. "When they had the expo, that was my opportunity to talk about my business and let people know that if you need your hair

done, I'm that person to go to. It definitely helped with promoting my business and supporting it, too. For them to reach out to me was a huge thing for me."

Junior Liguori Flanagan said he has been developing his clothing business, Mamaz Boy Apparel, since 2020. Flanagan said it can be difficult to balance running a business and being a student, but other students at the college heavily support him. Flanagan said that any time he walks around campus with his products, students ask him about the brand and how they can help him promote it.

"It's definitely the good and positive energy that I get from other people that makes me want to continue to run this," Flanagan said. "It just forces me to push through the school work and business and run both."



Flanagan said he named his company Mamaz Boy Apparel because he wanted everyone to connect to it, whether they thought about their own mother or about being a mother themself one day. Flanagan also said his mom is a huge support system in his life.

"I just wanted us to all have a neutral point in connectivity," Flanagan said. "I really wanted [the company] to be an inclusive thing where no matter the gender, no matter the race, we could all connect to each other in some form. Which is why I chose clothes, because we can all wear a t-shirt that says Mamaz Boy."

Junior Anesha Sandiford - who runs The Universal Experience - said Angélica Carrington, director of the Center for IDEAS, has helped her to feel included and establish her business at the college.

"I just met her this semester, but she's been very welcoming to me," Sandiford said. "[She's been] giving me ideas and providing a spotlight

From left, junior Anesha Sandiford, senior Oluwadamilola Oyetunji and junior Liguori Flanagan have each started their own businesses in either beauty or clothing apparel.

RAY MILBURN/THE ITHACAN; JASMINE SCRIVEN/THE ITHACAN

to amplify my business."

The Universal Experience is a hair and beauty service for people of color, to help support Black students to properly take care of their hair while being away from home. Sandiford said she hopes one day to open multiple businesses around predominantly white institutions (PWI) like Ithaca College to offer Black students affordable hair care.

A PWI is a higher education institution where 50% or more of the student population is white students. According to the college's Office of Analytics and Institutional Research, in Fall 2022, white students account for 72.4% of the college's student population and Black, indigenous and people of color account for

23.2% of students.

Oyetunji said it is important that Black students have options for hair care.

"It's hard to find ways to really manage hair, especially in a PWI," Oyetunji said. "I provide an option where it's like, 'Hey, I'm lazy, I don't want to twist my hair and be up until two o'clock in the morning trying to figure out what to do with my hair. I have a way more convenient option, like I'm waking up for my 9 a.m. class and I can just put on a wig from Dami.' I want that to be an option for Black girls."

> **CONTACT OLIVIA STANZL** OSTANZL@ITHACA.EDU

SCHEDULE GRID, FROM PAGE 1

posted for faculty.

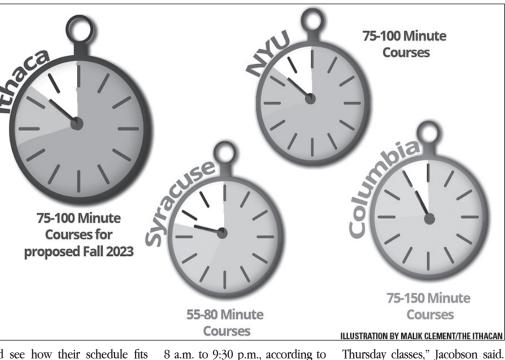
Ali Erkan, associate professor and chair in the Department of Computer Sciences, said there should have been more testing of the proposed grid. Erkan suggested that some of the testing could have examined how the proposed grid would affect each of the college's five schools individually and then the college as a whole.

Erkan said there are two long-term effects that he could identify in the proposed grid. He said one would be restricting students who have more than one major or minor, while the other would be passing up a moment for the college to demonstrate how to work together cohesively as a single unit on an issue.

"Problems are always avoided in different institutions, yet an educational institution should always strive to make each problem a teachable moment," Erkan said. "Missing that opportunity would be a huge loss."

Thomas Pfaff, professor and chair in the Department of Mathematics, said the new design would reduce classes students could take by about 25% and the proposed grid should have been tested during a semester while also using the current grid as a backup. Although Pfaff does not have an approach to doing this, he said it may be hard work for the college, but it is risky to not do any form of testing.

"There should be a year where we officially use the current grid but behind the scenes also use a proposed new grid and new courses (mostly courses that moved from 3 credits to 4 credits) to see if courses can be scheduled effectively," Pfaff said via email. "We should then also select random students



and see how their schedule fits into the new grid. This would be a lot of work."

Stein said the college is changing the grid to accommodate more courses by adding more blocks of time for 4-credit courses. Stein also said the number of credits required to graduate are not changing and will stay at 120 and nothing about tuition relative to credits taken is changing either. However, the proposal would make many 3-credit courses change into 4-credit courses.

"Without a grid, if every professor just decided by themselves when their classes would start and end, classes would end up overlapping in a very chaotic way, which would create lots of conflicts for students as well as problems for optimal classroom use," Stein said via email.

In comparison with the old grid, which has been used from 2006-2022, the classes are arranged so that there are gaps in the time between classes. In the old grid, classes ran non-stop from 8 a.m. to 9:30 p.m., according to the IC Service Portal. However, the new schedule grid has large chunks of time between classes, yet classes still run from around 8 a.m. until 9:35 p.m.

"For me, it's way too long."

Smith said the new grid could

lessen the workload for students

since it could lead to students tak-

ing fewer classes to complete the

necessary amount of credits in a

semester. Currently, students can

either take a 50-minute course on

Mondays, Wednesdays and Fridays

or a 75-minute course on Tuesdays

slots in the proposed grid, and

there is more time in between

classes than is necessary for the

ton of gray areas," Pfaff said. "It

makes for an inefficient schedule

for students. It would probably

make it harder for people to do

other things if they had a campus

job. I mean, for faculty, where

do we schedule an office hour?

A 20-minute office hour doesn't

CONTACT VIVIAN ROSE

VROSE@ITHACA.EDU

"The new schedule has a

Pfaff said there are fewer time

and Thursdays.

college to function.

help anybody."

The scheduling grid used by Syracuse University ranges from 55-80 minute courses, which is more similar to the college's proposed scheduling grid of offering from 50, 70, 75, to 100-minute courses. However, like the college's current grid, Syracuse classes run consistently from 8 a.m. until 9:35 p.m.

New York University has options for either 75 or 100-minute courses for each day of the week, which is similar to what the new scheduling grid at Ithaca College would be offering in Fall 2023.

First-year student Delaney Jacobson said the proposition of extending classes to 100 minutes would be too long of a class time and said the current length of classes are long for her.

"I barely make it through the hour and 15-[minute] Tuesday and THURSDAY, NOVEMBER 3, 2022

GRADUATION PLANS, FROM PAGE 1

by faculty from their department and will receive degrees at the event, which will also be livestreamed. Stein also said graduate students can have an unlimited number of guests attend the ceremony and tickets will not be required because of the small number of students graduating.

"We are making this change so that our graduate students and their supporters can participate in a single, focused event that marks the completion of this significant accomplishment," Stein said in the post.

Stein said in both posts that students who want to participate in either ceremony will need to register and will be able to do so sometime in early March.

Reed Pollard '22, administrative assistant to the president, said via email that the new graduate ceremony will make it easier for students to attend.

Previously, students who wanted to attend both graduate hooding and commencement had to spend two days at the college during commencement weekend.

"The main reason why we shifted to one 'graduate hooding and commencement' is to really support the student experience," Pollard said via email. "With only having one ceremony, graduate students and families only need to attend the Saturday program."

In the post about the undergraduate ceremony, Stein said the college has decided to hold a single commencement ceremony for undergraduate students in 2023 because of feedback from previous years.

For the 2022 commencement, the college held two in-person commencement ceremonies in the A&E Center for both students who graduated in May and December, which sparked reactions from students because of the shift in planning arrangements. In 2021, the college held commencement ceremonies in person. However, guests were not permitted to attend the ceremony because of the COVID-19 restrictions in New York state at the time.

This was a change from 2020, when graduation ceremonies were held entirely virtually, although in Fall 2022, the class was offered the opportunity for an in-person ceremony that would be held during the week of Spring 2023 commencement.

The Ithacan reported that Pollard previously said commencement was held inside in 2022 because it is logistically easier for the college to use its own facilities and resources, as opposed to an outside ceremony when contractors would have to be hired to provide certain resources.

For the Spring 2023 commencement, graduates will receive four tickets for guests to attend the ceremony and others will be able to watch the ceremony via livestream.

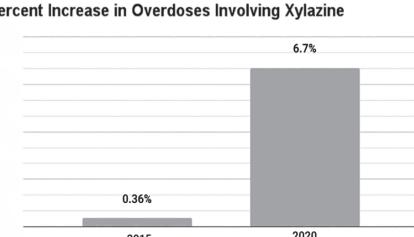
Senior Chloe Landau said she was impartial to having one or separate ceremonies.

"I think having us all together is cool because having a big ceremony like that is kind of, like, I don't know, more traditional and stuff, but either way, I think it's fine," Landau said. "I think maybe that experience of graduating is more enhanced by having a whole thing altogether, but also, like, logistically, I know that it's harder and weighs on the janitorial staff a lot and I don't know, so I guess whatever's easier." Landau said that regardless of how commencement is organized, she feels that the ceremony will be less meaningful for her because so many of her teachers and mentors have left the college as a result of the Academic Program Prioritization Process. "There's definitely people that I have so much gratitude for that I wanted to be able to see and express my gratitude toward once I graduated and everything and they're not there," Landau said.

TRANQ DOPE, FROM PAGE 1

Michelle Goode, program director of the Ithaca College Department of Health Promotion and chair of the Alcohol and Other Drug Prevention Team, said the college coordinates opioid overdose prevention sessions each semester by partnering with community agencies like the Southern Tier AIDS Program.

"It is important to have as many individuals on campus trained in opioid overdose prevention, as this could be a lifesaving intervention for an individual that is experiencing an overdose from opioids, and it is not harmful to individuals that are experiencing other medical emergencies," Goode said via email. "Naloxone is also available in the buildings



Percent Increase in Overdoses Involving Xylazine

across campus in blue bags located with emergency response kits, such as [automated external defibrillators]."

A 2019 National College Health Assessment survey found that 7.2% of the college's students have used cocaine within their lifetime and 1.4% have used heroin. The 2021 Healthy Mind Survey report found that 1% of students said they have used cocaine over the past 30 days and 0% said they used heroin.

Christopher Teitelbaum, regional director for St. John's Community Services in New York state, said his team began to witness overdoses where the patient was not responding to the usual amount of Narcan needed.

Teitelbaum said that while Narcan is still working to prevent fatal overdoses, it takes a higher dosage of the medicine to prevent xylazine-related fatal overdoses. Teitelbaum oversees operations at the homeless shelter within the City of Ithaca and has a team of people that are trained to use Narcan to prevent overdoses from leading to death.



"I really remember it was this summer that I started hearing that there was something else going on in the heroin-using population and that people were not responding to the normal protocols as easily as before," Teitelbaum said.

"Overall, I think our experience is that it has kind of leveled off. It's just part of the background noise now."

Fentanyl is a synthetic opioid that gets added to drugs sold illegally because it makes costs cheaper and makes drugs more powerful and addictive. Because xylazine is not an opioid but is mixed with opioids like fentanyl, it makes using Narcan to reverse the overdose that much more difficult. A study published in October 2022 in the journal Drug and Alcohol Dependence found that in 10 places across the country, xylazine was involved in just 0.36% of overdose deaths in 2015. But by 2020, the drug

was linked to 6.7% of overdose deaths, with the highest percentages in Philadelphia, Pennsylvania; Maryland; and Connecticut.

Srikrishna Malayala, chief clinical officer at Inhospital Physicians, said he conducts research on xylazine because of his interest in addiction, an interest he said was formed because of the opioid crisis in Philadelphia.

"Don't use more Narcan than the usual [amount] because if you keep on using more Narcan, [the people who are receiving the Narcan] are only going to withdraw from the opioids," Malayala said. "That is going to increase the craving for opioids. ... That is one thing that we have learned over time - it is pretty much Narcan resistance."

CONTACT OLIVIA STANZL OSTANZL@ITHACA.EDU

News Editor Syd Pierre and Staff Writer Prakriti Panwar contributed reporting.

> **CONTACT CLARE SHANAHAN** CSHANAHAN@ITHACA.EDU

What to know for midterm elections in Ithaca



Democratic candidate Lea Webb (left) and Republican candidate Richard David (right) are running for State Senator, which is one of many races to watch in the 2022 midterm elections. COURTESY OF CIARA FELTHAM; COURTESY OF FRIENDS TO ELECT RICH DAVID FOR SENATE

State Senate candidates

Lea Webb (D)

Lea Webb is a former Binghamton City council member. Webb is a Diversity Education coordinator at Binghamton University, co-chair and co-founder of the Black Millennial Political Convention, national trainer with Vote Run Lead and founding board member of election justice movement Local Progress.

If elected, Webb hopes to make New York a sanctuary state for abortion by establishing legal protection for abortion providers and individuals who travel to have an abortion. She plans to increase access and funding to abortion clinics. Webb also hopes to improve housing in rural communities, transition to green energy, increase wages and childcare and adopt the New York Health Act to provide single-payer universal health coverage for all New York citizens.

Richard David (R)

Richard David has lived in the Binghamton area for over 20 years and served as mayor of Binghamton from 2014 to 2021.

As mayor, David decreased property taxes, increased funding for the Binghamton Police Department, expanded policing and increased children's programming in parks.

David's policy for state senator centers around making communities safer, increasing infrastructure and supporting the local economy as it recovers from the COVID-19 pandemic.

David plans to decrease taxes, create jobs by removing limiting regulations, encourage investments in education and infrastructure, fund law enforcement and oppose bail reform.

Key Races

State Representative

Democrat Josh Riley and Republican Marc Molinaro are running for congressional representative of the 19th district of New York. Following the 2020 census, Tompkins County, which was formerly part of the 23rd district, will be included in the 19th district.

The Politico Forecast 2022 lists the race as one of 27 House races that do not have a clear frontrunner. The midterm elections will determine if Democrats or Republicans will control the House. **Mayor**

There are three candidates

running for mayor to finish former mayor Svante Myrick's term: Laura Lewis (D), Zachary Winn (R) and Katie Sims (Progressive). The winner of the election will determine how current initiatives, like Reimagining Public Safety, are executed. They will also respond to issues like affordable housing and economic recovery. **City Manager**

Voters will decide whether to approve the City Manager proposal. The proposal creates a position which would report to the Ithaca Common Council and take on some of the mayor's current responsibilities.

Where to vote

There are four polling places within two miles of Ithaca College:

n from	South Hill School (Ward 1, District 4)							
eased	520 Hudson St.							
it, ex-	0.6 Miles							
nming	Tompkins County Public Library (Ward 2, District 4)							
0	101 E Green St.							
round	1.1 Miles							
ıcture	St. Luke's Lutheran Church (Ward 4, District 2,3)							
om the	109 Oak Ave.							
	1.7 Miles							
by re-	Fall Creek Elementary School (Ward 5, District 1,2,4)							
ement	202 King St.							
ement	1.8 Miles CONTACT KAI LINCKE KLINCKE@ITHACA.EDU							

Q&A: New London Center director visits main campus

Meghan Callahan, Ithaca College London Center director, visited Ithaca College from Oct. 17–20 to encourage students to join the London program and to present a lecture about a class she is teaching.

Callahan was selected as the new director of the Ithaca College London Center on March 1. Callahan has lived in Stockwell and Brixton, London, for 16 years and has served as the assistant director of teaching and learning at the Syracuse University London programs. Callahan's lecture is based on a class she currently teaches called Underground London, which dives into the history of different groups like low-income individuals and minorities who have lived in London and how their history was hidden from the general public. Staff writer Jadyn Davis spoke with Callahan about finding ways to make studying abroad more accessible to students and about what she hopes to accomplish as director.

is let students know that we're there to support them. I studied abroad at various times of my life, and I think it is the best thing you can do as a student because it just shows you what you're capable of. A lot of [students] start to understand more about the place of Americans in the world and international communication, understanding how different cultures live and starting to be comfortable with that, and a phrase that a lot of people in study abroad are using is 'Becoming comfortable with being uncomfortable.'

JD: How do you feel about students studying abroad again after two years?

MC: I think that we need to get back [to] doing that and we also need to be safe about it. And so,



This interview has been edited for length and clarity.

Jadyn Davis: What do you hope to bring to the London Center as director?

Meghan Callahan: I am hoping to bring much more inclusion and diversity by widening the amount of students and student majors and students from varying backgrounds to study abroad because study abroad historically has mainly been the province of not always wealthier students, but it tends to be very white. It tends to be very woman-centered, which is fine, but I would just like it to be more accessible to everybody.

JD: What do you want students to gain from studying at the London Center? MC: One of the things that we try and do, too, it's mandated that we wear masks in the [London] Center in the classes. And I've seen here that certain buildings have them wearing masks and certain buildings don't and, you know, obviously there's risk involved. But we're also at a different place than we were in 2020 in terms of vaccines [and] in terms of knowledge of COVID transmission.

JD: Why did you decide to teach the Underground London course? What do you hope students take away from the course?

MC: So, that course I developed is because I trained as an Italian art historian and I did teach a few courses on Italian art and women's art in London, but they weren't really getting signed up, so I thought I should do something about London. One of my interests is social networks, especially among lower classes, and women's history, the kinds of things that operate under the surface of society or they're part of society, but sometimes lower classes are looked down upon or usually they're looked down upon.

Meghan Callahan, the Ithaca College London Center director, visited the college to encourage students to study abroad. Callahan has been the director since March 1.

JADYN DAVIS/THE ITHACAN

The first half is about material culture. So, any kind of objects and what that can tell us about the life of people who very often have been ignored in history. ... The fact that they're physically underground is quite interesting. I'm also interested in social networks and people who work against existing political systems, which became the second part. We talk about a language called Polari, which was used by gay men as a code because homosexuality was illegal. We also talk about Catholic spies because Catholicism was illegal. I guess it's just all the things I was interested in that I then turned into a course, and it works quite well actually and the students like it.

JD: How have your experiences in fine arts and in international education prepared you for

your role as director?

MC: I think that it's a culmination of jobs that I've held throughout my life. ... I paid for my college and the way I did that was working as a waitress and working in an accounting office. ... It does influence how you approach a job with a variety of skill sets. I've worked with students for many, many years, in teaching and as an administrator as well. So, working with students who maybe need support in one way or another. I feel that the whole combination of jobs actually work to help me be a better director because when you're directing a program like Ithaca, you're responsible for a lot of different aspects.

> CONTACT JADYN DAVIS JDAVIS@ITHACA.EDU

COLLEGE BRIEFS

College introduces new course about FLEFF and film festivals

The college is offering a new four-credit course for students to learn about the Finger Lakes Environmental Film Festival (FLEFF) and the history of film festivals. The class will be held Wednesdays from 6:50 to 10:10 p.m. during Spring 2023. Participants will learn about the history, programming and creation of festivals like FLEFF by observing screenings, filmmakers, activists, artists and scholars.

The semester-long course is co-taught by three professors: Andrew Utterson, associate professor in the Department of Media Arts, Sciences and Studies and associate programmer of FLEFF; Brett Bossard, executive director for the Office of Alumni and Family Engagement, former executive director of Cinemapolis and associate programmer of FLEFF; and Rachel Schaff, assistant professor of media studies at Mercer University and associate producer of FLEFF.

FLEFF is currently in its 26th year of running, making it the second oldest environmental film festival in the United States. The first oldest is Washington D.C.'s Environmental Film Festival, which began in 1993.

Virtual and in-person All Staff Meeting will be hosted Nov. 7

The All Staff Meeting for college staff is scheduled to be held from 1 to 2 p.m. Nov. 7 in Emerson Suites. There will also be a livestream link so staff can attend the meeting virtually.

The livestream link will be shared via email with staff members before the event. Those with disabilities who require accommodations to attend should contact Lynn Hyde, executive assistant in the Office of Human Resources and Planning, at lhyde@ithaca.edu as soon as possible.

Campus dance clubs collaborate to host a fundraiser performance

IC Unbound Dance Co., Pulse Hip Hop, Island Fusion, Katalyst K-Pop, Tap Club, Ground Up Crew, IC Defy Dance Co. and Ballroom Club are hosting the first event collaboration among all campus dance companies. All proceeds raised from the event are being donated to Ballet & Books — a non-profit that works to improve children's literacy skills through hybrid dance and reading practice.

The dance performance for charity will be from 6 to 9 p.m. Nov. 4 in Emerson Suites. During the first hour there will be food, games and fundraising activities followed by a two-hour performance.

Those who are interested in attending can reserve their ticket by visiting the Campus Center between 11 a.m. and 2 p.m. during the week. The dance companies also encourage additional donations for Ballet & Books with each ticket reserved.

Alum scheduled to give a lecture on attitudes toward prostitution

A presentation titled "From Vixens to Victims: Prostitution and Charity in Early Modern Ireland" will be given by Karen Sonnelitter '03, associate professor of history at Siena College, from noon to 2 p.m. Nov. 4 in Clark Lounge.

The lecture will address how attitudes toward prostitution have changed since the founding of the Dublin Magdalene Asylum in 1767 - a charity with the goal of rehabilitating prostitutes.

In the early eighteenth century, prostitutes were seen in an extremely negative light. Sonnelitter will analyze through her presentation why the shift in perspective happened and the history of the Dublin Magdalene Asylum.

Sonnelitter has written the books "Charity Movements in Eighteenth-Century Ireland: Philanthropy and Improvement" (2016) and "The Great Irish Famine: A History in Documents" (2018), and she is currently working on her newest book "Irish-English Relations: A History in Documents."

Anyone interested in attending the presentation who requires accommodations should contact Jonathan Ablard, professor in the Department of History, at jablard@ithaca.edu or 607-274-3558.

College awarded for broadcasts in audio and video categories

The college's television and radio stations — ICTV and WICB — were given several awards



Voice Stream performs in Emerson Suites

Junior Ty Benners leads other members of the a cappella group Voice Stream in a performance of Hozier's "Movement" on Oct. 29 in Emerson Suites. The group performs two concerts per semester and is an all inclusive coed group.

KALYSTA DONAGHY-ROBINSON/THE ITHACAN

during the College Broadcasters Inc. (CBI) annual National Student Production Awards ceremony. The ceremony was Oct. 29 at the Binghamton Hilton-Inner Harbor Hotel in Baltimore, Maryland, for which the CBI reviewed over 1,000 student entries and only recognized the top four entries of each award category.

WICB won second place for the audio category of the Best Promo award with its show "The New Music Show Promo," hosted by Michael Memis '22 and Olivia Brown '22. WICB also won second place for the Best Regularly Scheduled Entertainment Program award with its show "Homebrew," hosted by senior Dylan Brown.

ICTV won third place in the video category of the Best Promo award with the show "Sports Final Promo," hosted by sophomore Rheanna DeCrow, juniors Jesse Schmalholz and Allie Barbaro, senior Max Tanzer and Cameron Gasmer '22.

ICTV also won third place for the Best Sportscast award with its show "Hold That Thought," hosted by seniors Jayden Becker and Max Finkelstein, Rachel Richards '22 and Ben Bachrach '22.

ICTV won fourth place in the video category for the Best Hard News Reporting award with the broadcast called "Magic Man Attacked on The Commons," produced by sophomore Grant Johnson.

ICTV also won fourth place for the Best Feature News Reporting award with "Excavation Uncovers More About Ithaca's Underground Railroad History," produced by senior Emily Hung.

PUBLIC SAFETY INCIDENT LOG SELECTED ENTRIES FROM OCT. 17 TO OCT. 22

OCTOBER 17

WELFARE CHECK

LOCATION: West Tower SUMMARY: Caller was reported to be making alarming statements of self-harm. Officer reported that the person was located and was deter-

SCC UNDERAGE POSSESSION OF ALCOHOL LOCATION: Terrace 1

SUMMARY: The Office of Student Conduct reported that three people were referred for underage possession of alcohol. Lieutenant Michael Nelson responded. being unable to locate described vehicle. Master Patrol Officer Sophia Dimkos responded.

MEDICAL ASSIST/ ILLNESS

LOCATION: Williams Hall

SUMMARY: Caller reported a person vomiting. Officer reported the cause was prescription medication and medical assistance was declined. Patrol Officer Mayra Colon responded. unknown person made graffiti on the exterior of a building. Master Patrol Officer Sophia Dimkos responded.

OCTOBER 22

SCC IRRESPONSIBLE USE OF ALCOHOL AND DRUGS

intoxicated person. Sergeant Jon Elmore reported that the person was taken into custody under New York state's Mental Hygiene law and was transported to the hospital by ambulance. The person was referred to the Office of Student Conduct for irresponsible use of alcohol and acts

mined to not be a threat to themself or others. Sergeant Jon Elmore responded to the caller.

HARASSMENT/ SECOND DEGREE

LOCATION: West Tower

SUMMARY: Caller reported a person verbally harassing them. Officer reported one person referred to student conduct. Master Patrol Officer Bob Jones responded.

OCTOBER 18

MEDICAL ASSIST/ ILLNESS RELATED

LOCATION: Center for Health Sciences

SUMMARY: Caller reported a person was feeling dizzy, nauseated and very thirsty. Officer reported the person declined medical assistance. Sergeant Don Lyke responded.

SCC DRUG VIOLATIONS

LOCATION: Circle Apartments 351 SUMMARY: Five people were referred for SCC drug violations. Lieutenant Michael Nelson responded.

OCTOBER 19

WELFARE CHECK

LOCATION: Lyon Hall SUMMARY: Caller requested a welfare check on a person that they were unable to make contact with. Officer reported that the person was located and it was determined that the person was not an imminent threat to themself or to others. Patrol Officer Abdullah Hassan responded.

SUSPICIOUS CIRCUMSTANCE

LOCATION: U-Lot

SUMMARY: Caller reported a suspicious vehicle that was driving slowly in the area. Officer reported

OCTOBER 20

TRESPASS NO DEGREE

LOCATION: Observatory SUMMARY: Officer reported person in an area after hours. Officer reported person was given a verbal warning for trespassing. Patrol Officer Abdullah Hassan responded.

ACCIDENTAL FIRE ALARM

LOCATION: Circle Apartments 111 SUMMARY: Simplex reported a fire alarm. Officer reported alarm activation caused by burnt food. Patrol Officer Mayra Colon responded.

MAKING GRAFFITI

LOCATION: Terrace 3 SUMMARY: Officer reported that an LOCATION: Garden Apartment 27 SUMMARY: Caller reported an intoxicated person. Officer reported person was taken into custody under New York state's Mental Hygiene law and transported to the hospital by ambulance. The person was referred to the Office of Student Conduct for irresponsible use of alcohol. Master Patrol Officer Sophia Dimkos responded.

SUSPICIOUS CIRCUMSTANCE LOCATION: R-Lot

SUMMARY: Officer reported an unknown person with a flashlight was looking around vehicles. Officer reported person was located and officer determined no criminal activity occurred. Sergeant Jon Elmore responded.

V&T LICENSE VIOLATIONS/ ALL

LOCATION: West Tower SUMMARY: A caller reported an of dishonesty.

SUSPICIOUS CIRCUMSTANCE

LOCATION: R-Lot

SUMMARY: Officer reported that a person responsible for a two-vehicle property damage accident Oct. 20 on 96B was issued a uniform traffic ticket from the Town of Ithaca Court for failure to yield the right of way. Patrol Officer Steven Hutchison responded to the traffic violation report.

Full public safety log available online at www.theithacan.org.

KEY

SCC – Student Conduct Code V&T – Vehicle & Transportation EH&S – Environmental Health and Safety

OPINION

THURSDAY, NOVEMBER 3, 2022

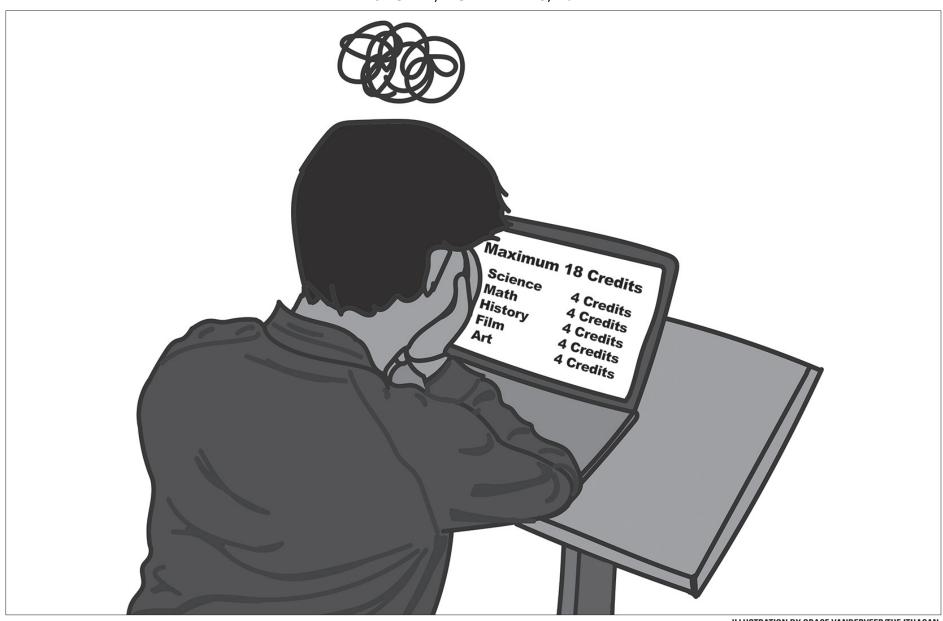


ILLUSTRATION BY GRACE VANDERVEER/THE ITHACAN

EDITORIALS

Lack of input in proposed grid causes confusion

he new scheduling grid proposal may be designed with students in mind, but for some professors, it is already proving to be a headache.

The proposal, set to be enacted in Fall 2023, was shared with faculty in early October 2022 and met with mixed reactions.

Many students and professors feel confused around the idea of a new grid system and feel left out of the process that will determine their operating schedule.

While increased productivity and less scheduling conflicts could prove the new grid to be more effective, there is no way to know how it will go. There was no trial run of this grid, so the only way to know how it will work for sure will be when students begin classes in late August 2023. Some professors feel the proposal designed in September 2022 is an injustice and not enough of their input was taken into consideration. Michael Smith, adviser and professor in the Department of History, said that only Provost Melanie Stein and the five deans created the proposal, despite an Intercom message calling for the members of Ithaca College's community to form a Curricular Revision Liaison Committee.

The lack of communication has caused a general mistrust in the grid's suitability for the college's campus. A survey was sent to faculty members Oct. 17 asking them to provide feedback about the grid after making their schedule in accordance with the proposal. Additionally, much information regarding the logistics of the grid is under dispute, leaving much of the information up to speculation.

As the end of the Fall 2022 semester approaches, professors will send out course evaluations to their students to determine what changes they should make to their classes in the future with the schedule grid in mind. To avoid scheduling issues, professors should be considerate of their time allotments. It is better to schedule an enriching class within the most recent schedule and tweak it later. Perhaps this new grid can be a new opportunity to consider new classroom formats.

Commencement changes contribute to frustration

ommencement has slowly become synonymous with apprehension since the nationwide cancellation of graduation ceremonies in Spring 2020 because of the COVID-19 pandemic.

Like many collegiate institutions, Ithaca College has slowly reintegrated commencement ceremonies over the past two years. This task is daunting because of the scale and impact of the event, yet it's an experience students look forward to since they began their college journey.

Melanie Stein, provost and senior vice president for Academic Affairs, said in an email Oct. 27 that the undergraduate Class of 2023 is having one commencement ceremony for the first time since 2019 rather than the two ceremonies that have been held in the past couple of years. However, it will be held in the Glazer Arena instead of outside at Butterfield Stadium as it was in years prior to 2020. This once again poses frustrating decisions for many students and families, like deciding which members you will bring or people having to go through a secondary source to buy an extra ticket for another member. At the same time, many students have not felt the same excitement that can be expected in years past, partly because of internal changes at the college that have occurred during their residency.

The undergraduate Class of 2023 is a unique one. The majority of their time in college has taken place over the course of the pandemic. They endured every operational change, whether it be internal or external. They have expressed exhaustion and frustra-

Because of limited space, the number of tickets will be limited to only four per student.

tion, yet they are still enduring.

Graduation traditions won't be the same as they were before the COVID-19 pandemic. This commencement will be the finish line at the end of an exhausting and complicated marathon which all participants entered blindly. While students may be ready to graduate, they deserve to celebrate this achievement with the people who made it possible.

LETTER TO THE EDITOR

GUEST COMMENTARY

Send to ithacan@ithaca.edu.

ALL LETTERS MUST:

- Be 250 words or fewer
- Be emailed or dropped off by 5 p.m. Monday in Park 220

Send to ithacan@ithaca.edu or to the opinion editor llee2@ithaca.edu.

ALL COMMENTARIES MUST:

- Convey a clear message
- Be written by an individual or group who has an educated opinion or is an authority on a specific subject
- Be between 650–750 words. Whether more or less space is allotted is at the discretion of the editor

GUEST COMMENTARY

International students must be respected on campus

BY DUDA FORMOSO

"I feel myself in a zoo while watching you guys speaking in Portuguese." I looked at my Brazilian friend with a pale face, hoping that I misunderstood what I heard from the boy that was at the table with us. Unfortunately, my English listening abilities were accurate. Although my mind was trying to make me say many words to him, I was just trying to hold back all the tears that started coming out. Because of that, I could not say anything.

As an international student at Ithaca College, I am not only dealing every day with the difficulties of homework, living daily in my second language and being away from home, but also with being respected and feeling like I belong on this campus.

Even though we have the support of the Office of International Programs, this is not enough to feel included in the campus community. Professors and students from the U.S. also have a responsibility for being respectful and accommodating.

Everything can start in our classrooms. Professors that assign projects and homework designed for Americans and do not have the flexibility to make assignments more internationally based contribute to making us feel less included in the class. Being an international student means

not only giving our best but our triple best in each college task. We are adapting ourselves to a totally different education method and we are, in most cases, using our second language. Besides, our backgrounds and life experiences are totally different. Therefore, even though we make the strongest effort, we will never be able to have the exact same experiences as some strict American professors expect American students to have. So, when professors reference an event in U.S. history by saying, "You know what was happening in that year," we do not know.

If international students use a wrong term during a class discussion, please be more tolerant and advise them about it in a respectful way. English is not our first language and most of these sociology/humanities terms are confusing even for Americans. Making assumptions or even correcting us in a rude way will not help to make us feel comfortable expressing our different ideas and contributions during class. Professors need to create a safe, comfortable and inclusive environment during class. International students always have much to contribute, however, most of them can feel insecure about sharing and not being respected.

Students can make a difference too. When in a class discussion, why not ask international students about



First-year student Duda Formoso shares her experience on campus being an international student. She asks Ithaca College faculty, staff and students to respect and appreciate the diversity of students. DAISY BOLGER/THE ITHACAN

their perspective on the topic and how this subject would work in their own country? It can be an important way to help international classmates feel that their background is respected and significant. Furthermore, these comments and opinions will help all students make the discussion even richer.

Another important point is that if native English speakers feel difficulties in creating strong connections during the first year of college, then for international students this is even more difficult. Most of the time, relationship interactions are different between countries, and understanding the American way of interaction can be a cultural shock because different cultures interact differently. The best way to deal with barriers is through verbal communication and making sure that everyone is respecting each other. Last but not least, respect the other's culture, language and accent. All of us are different and this is what makes our campus interesting and incredible! The campus is our home and our classmates are our neighbors. Let's appreciate the beauty of our diversity!

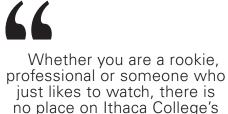
Duda Formoso (she/her) is a first-year journalism major. Contact her at dformoso@ithaca.edu.

GUEST COMMENTARY

Open Mic offers welcoming environment for creatives

BY ALLY ARETZ

There's nothing that can make you feel 100 different emotions in one night like Open Mic. Open Mic Night has always been a hidden gem at Ithaca College. Fortunately, keeping up with the Open Mic Instagram account and spreading the word has given us many more opportunities to form a larger community.



musical. I was in an a cappella group, a jazz band and even started putting my own music on Spotify. It was difficult to completely cut the music off as I was not taking any kind of music classes at Ithaca. Open Mic is a great way for those that are rusty with stage performances to continue their journey as artists.

Stage fright had never really been an issue until I neglected practicing performing on stage. Honestly, I was shaking the first few times I played at Open Mic Night because I was very rusty. As time passed and I understood how prepared I needed to be to play my music, I gained confidence. Of course, some days I would learn a song the day before and play it, so sit doesn't always matter how prepared you are. As long as you are passionate about what you execute, no one will ever judge you at our club. We clap for a performer no matter what our opinions may be about them. One of the best parts about Open Mic Night is the new friendship bonds we build. The audience is allowed to chit-chat, do homework and get involved with some of the acts. Keeping the environment more casual allows for a more relaxed place to meet people. The chances of stage fright and embarrassment are slimmed down when you have everyone supporting you without being formal. Some of our most recent acts included junior Rob Hirko, an original rap artist, first-year student Bella Joyner playing her guitar behind her back, and a stand-up act ranting about how hot Tom Cruise is in "Top Gun." All of these acts caught the audience's eyes because we know how much work goes into their art. The natural flow of Hirko's rap lines are insane. He had a hiccup in one of his performances where he couldn't



campus more open to a wide array of passions than Open Mic Night.

- Ally Aretz

Open Mic is a growing community where anyone can perform whatever they would like on stage. Every Thursday from 8–10 p.m., president Ben Macarell and I host the club in IC Square. There are ultimately no performance or audience rules, which gives everyone some wiggle room to express themselves.

I heard about Open Mic during my first semester on campus in Fall 2022. The main reason why I wanted to sing and play my guitar for an audience was to allow for a more natural transition into college. Throughout high school, I was always doing something

Sophomore Ally Aretz highlights the importance of creative expression through clubs on campus like Open Mic Night, which welcomes performers of all backgrounds.

ELEANOR KAY/THE ITHACAN

remember the lyrics and he started freestyling! He proved that despite feeling nervous about messing up, you can improvise your way out of it.

There are many giggles, a few tears and plenty of smiles on the audience's faces throughout the night. For example, one tear-jerker was someone that sang about their ex by utilizing Beyoncé songs. Original songs and poems also can set a melancholic mood that makes the audience really think about the lyrics and words of the performer. It is nice when you are refreshed with different moods because each act ranges from comedic skits to journal entries about losing someone you love. If I am on the verge of crying because of an act, typically the next act has me laughing until I can't breathe.

Whether you are a rookie, professional or someone who just likes to watch, there is no place on Ithaca College's campus more open to a wide array of passions than Open Mic Night. Any performer is welcome on the stage. We provide microphones, karaoke, a keyboard, a music stand and speakers/amps for the act. To sign up, scan the QR code on our flyers at the event or click the link in our Instagram bio @ic_openmicnight.

Ally Aretz (she/her) is a sophomore biochemistry major. Contact her at aaretz@ithaca.edu.

CLASSIFIEDS

Beautiful 3-Bedroom 3-Bathroom house on South Hill. Nice woodwork throughout, finished basement with laundry. Fenced in backyard and large covered front porch. Available August. **Certified Properties**

607-273-1669 certifiedpropertiesinc.org

Excellent condition 9-Bedroom house. 3 bath, 3 kitchen, 3 living rooms, Central air, laundry & 2 parking spots incl. Large backyard and back porch. Available August.

Certified Properties 607-273-1669 certifiedpropertiesinc.org Large 5 Bedroom house with 2 Kitchens, 2 bathrooms, 2 living rooms. Free off Street parking + laundry. Two large porches and nice sunny front yard. Available August.

Certified Properties 607-273-1669 certifiedpropertiesinc.org

1, 2, 3, 4, 5, BR apartments or houses fully furnished Close to Ithaca College With off-street parking Contact: 607-592-0150





We read, watched and listened. So you don't have to.

Welcome to The Ithacan Queue. Let's get into what's on tap for this week.

Colleen Hoover delivers exceptional sequel







THE ITHACAN

CAMPUS CENTER • MAC'S • TEXTOR HALL • FRIENDS HALL • ATHLETICS & EVENTS CENTER PEGGY RYAN WILLIAMS CENTER • ROY H. PARK HALL • JAMES J. WHALEN CENTER OF MUSIC DOROTHY D. AND ROY H. PARK CENTER FOR BUSINESS AND SUSTAINABLE ENTERPRISE SMIDDY HALL • LIBRARY • TERRACES • DILLINGHAM CENTER

(Cr	0	SS	5V	\sim	C	\mathbf{C}			Ву	Quil	l Dri	ver E	Books	
1	2	3	4	5		6	7	8	9		10	11	12	13	ACROSS 1 Publisher's
14	+	+	+	+		15	+	+	+		16	+	+		- glitches 6 Poi base
															10 Lump of clay
17						18					19				14 Makeup item
20	+	+	+		21		+	+	+		22	+	_	+	15 Bad sign
20					[<u> </u>										16 Scottish philosopher
				23	1	1	1		24	25					17 Goof-off
															18 Ginza purcha
26	27	28	29					30				31	32	33	19 Viking name 20 Wishing harm
34	+	+	+	+			35		+	+		36		+	others
															22 Russell of
37					38	39					40				"Backdraft"
				10						10		<u> </u>		<u> </u>	23 Jug 24 AAA suggesti
41				42						43					26 Riled up
44	+	+	45		+	+		46	47		+	+		+	30 Afternoon na
															34 Pottery ovens
			48				49								35 Funny story 36 Parapsycholo
50	E 1	52			53	54					55	56	57	58	topic, briefly
50	51	52			53	⁵⁴					55	00	57	58	37 Chilled
59	+	+	+		60	+	+	+		61	+	+	+	+	38 Bring about 40 "Elder"
															statesman
62					63					64					41 Countdown s
05		1			00			1		07		1			42 Reformers'
65					66					67					targets 43 Cash, for insta
															45 Cash, IOF INSI

10

oks		
3	ACROSS	44 Munitions store
5	1 Publisher's	46 Prepares toast
_	glitches	48 PC bailout key
	6 Poi base	49 Fiberglass
_	10 Lump of clay	bundle
	14 Makeup item	50 Expensive
_	15 Bad sign	53 Characterized by
	16 Scottish	fearful surrealism
	philosopher	59 Prefix for
	17 Goof-off	directional
	18 Ginza purchases	60 Fashion
3	19 Viking name	magazine
	20 Wishing harm to	61 Pitcher's place
	others	62 Fork prong
	22 Russell of	63 Bring up a child
	"Backdraft"	64 Vanity
	23 Jug	65 Supernova
_	24 AAA suggestion	66 Lays the table
	26 Riled up	67 Wyoming range
_	30 Afternoon naps	DOWN
	34 Pottery ovens	1 Quick cut
	35 Funny story	2 Jedi master

bundle Expensive Characterized by fearful surrealism Prefix for directional Fashion magazine Pitcher's place Fork prong Bring up a child Vanity Supernova Lays the table Wyoming range WN luick cut 2 Jedi master 3 Yank 4 Curved molding 5 Waiters 6 Worked, as leather 7 Fossil resin 8 Harness piece 9 Picket line sign (2 wds.) 10 Blocks

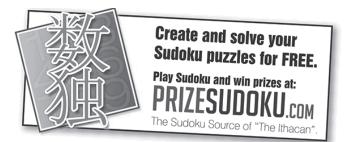
	11 Corker									40 Missouri hrs.					
									42	Ele	ecte	ed (one	es	
	author								43	En	de	avo	or		
	13 \$	Ski	llfu	I					45 More creepy						
	21	Par	t of	f IC)U				46 Cookie cooks						
	25 I	Pip	e jo	oint	t				47	Ha	ge	n o	f fi	lms	5
	26	Wa	tch	do	g b	ree	ed		49	Μι	usio	cal	key	/ (2	
n	27	Les	s ri	ude	Э						ds.)				
	28	Hol	lov	vs					50	Pi>	cels	5			
	29	Wir	ndu	ıр								arg			
	30 I	Dis	tre	ss s	sig	nal			52	Ко	uri	niko	ova	or	
	31	Pes	ter	pla	ayf	ully	/			Pa	vlc	ova			
	32		•										рс	siti	ion
	33 I			•••							hir	0			
	35 I			be	ef a	au ·	_				sig				
	38 2	Zill							• ·		nce				
	39 The works														
											lig				
	39 ⁻ las					s c	ro	_	w		<u> </u>		IS\		
					e' :	s c	1	R	K	or E	D				
		D 0				s c	l N	R O	K I	E S	<u> </u>		IS\	A W	
	as				e': 0 R L		I N C	R O A	K	or E	D	an E	IS\	A W A	
		D 0	A T T E		e' : R L A	D	I N C A	R O	K I	E S A	D	ar E P	IS\	A W	
	as	D 0		H O E	e': 0 R L	D E S	I N C	R O A	K I	E S A	D	an E	IS\	A W A	
	as	D 0	A T T E	H O E	e' : R L A	DE	I N C A	R O A	K I	E S A A N T	D	an E P S	M O R E L	A W A	
	as	D O N E A	A T T E	H O E A	e' : R L A	DE	I N C A S	R O A M C	K I N P O	E S A A N	D	e E P S O	M O R E L	A W A R E	
	Ias I R I S R A	D O N E A	A T T E	H O E A	e' : R L A	DE	I N C A S P	R A M C A V E	K I N P O	E S A A N T	D	e E P S O	M O R E L	A W A R E M	
	Ias I R I S R A	D O N E A	A T T E	H O E A	e' : R L A	DE	I N C A S P L O Y	R A M C A V	K I N P O	E S A A N T		e E P S O	MORELGO	A W A R E M A	
	Ias I R I S R A	D O N E A	A T T E	H O E A	e's R L A N D O	D E S E T	I N C A S P L	R A M C A V E	K I N P O	E S A A N T		e E P S O	M O R E L A L	A W A R E M A A M	R E L A Y L A
1	Ias I R I S R A	D O N E A S H Y C O		H O E A I R E X U R	e': ORLANDO	D E S E T A T	I N C A S P L O Y S	R O A M C A V E S C	K I N PORED GRE	E S A A N T		E P S O M E C O	MOREL ALGORI	A W A R E M A A M S	R E L A Y L A M
	Ias I R I S R A	DONE ASHY COR		H O E A	e's ORLANDO RIDE	D E S E T	I N C A S P L O Y S Q	R O A M C A V E S C U	K I N P O R E D G R E	E S A A N T		e E P S O	MORELGO	A W A R E M A A M	R E L A Y L A
	Ias I R I S R A	D O N E A S H Y C O		H O E A I R E X U R	e': ORLANDO	D E S E T A T	I N C A S P L O Y S	R O A M C A V E S C	K I N PORED GRE	E S A A N T		E P S O M E C O	MOREL ALGORI	A W A R E M A A M S	R E L A Y L A M



CHECK OUR STATUS



In print every Thursday



sudoku

very easy

							-	
	4			5			2	
	8		1	7	6			
		1		2			9	
		4	2			7	8	
7			6					
	9		7		3			2
1		3						4
4		8					6	9
			1					

THURSDAY, NOVEMBER 3, 2022

DIVERSIONS





medium

answers to last issue's sudoku:

medium

2	8	4	5	3	9	7	1	6
5	6	7	2	1	8	4	3	9
1	9	3	7	6	4	5	8	2
6	2	9	1	4	7	3	5	8
7	4	5	3	8	6	9	2	1
8	3	1	9	2	5	6	4	7
4	5	2	6	9	1	8	7	3
3	7	6	8	5	2	1	9	4
9	1	8	4	7	3	2	6	5

hard

5	2	9	7	8	6	4	3	1
6	1	4	3	2	5	9	8	7
7	3	8	9	1	4	2	5	6
3	9	5	4	6	7	1	2	8
1	8	6	2	3	9	5	7	4
4	7	2	8	5	1	6	9	3
8	6	3	5	4	2	7	1	9
9	5	1	6	7	3	8	4	2
2	4	7	1	9	8	3	6	5

	9				1			
	4		2	8	7	5		9
1							7	
3		7	8			9		1
					2			5
	2	8	9				3	4
				7	9			8
8			5 6					
			6	4			5	

LIFE & CULTURE THURSDAY, NOVEMBER 3, 2022



BY CHELSEA COICHY

As green leaves turn shades of red, orange and yellow, there is a buzz in the air that signifies the coming of Halloween. In preparation for the festivities, Ithaca College students and community members engaged in costume parties, vendors, markets and movie nights to ring in the festive spirit.

At Press Bay Alley in Downtown Ithaca, booths were set up for the Halloween Vendor Market on Oct. 29. The event was organized by Lucky Hare Brewing and featured multiple craft vendors selling handmade items like jewelry, stationary items and apparel. Aside from various goods, the event also featured tarot card readings, food courtesy of Deep Dive BBQ and WRFI-sponsored DJs playing a mashup of Halloween music from 2 to 4:30 p.m.

For \$30, small business owners were



Mike Cook, dressed in an astronaut skeleton costume, played Halloween music as a DJ for WRFI during the Halloween Vendor Market in Pressbay Alley on Oct. 29. JADYN DAVIS/THE ITHACAN



Local Ithaca band Neo Project dressed up in costume and played Halloween themed jazz music during the vendor market in Pressbay Alley on Oct. 29.

JADYN DAVIS/THE ITHACAN

wholesalers. Because of the success of this market, Martin said she is motivated to attend similar markets in the future.

"It's a cheap way to get out and meet people, and I think that because there are people walking around here that own stores that we could get our stuff into is [also] very helpful," Martin said.

The Halloween market also attracted vendors from outside of Ithaca. Brieann Cool, owner of Briezy Designs, made the journey from Owego, New York, to showcase her custom tumblers, keychains and mugs.

This was her first time participating in the event, and she said she wanted to make the journey to Ithaca because Halloween is a good time of year for her business.

"I spent a lot of time ... [working] on making my products for the last couple weeks," Cool said. "I was excited because Halloween-themed cups are my favorite kind to make and [they] sell well." IC Square. Students were able to make goodie bags with candy, paint pumpkins and enter raffles to win small prizes throughout the evening. Senior Esther Moore, president of RHA, said that RHA had planned to host a Halloween event around the same time as IC After Dark.

11

"We had a plan for this night and we saw that IC After Dark was also planning for this night and we thought, well, two heads are better than one," Moore said. "So let's combine forces and put on an even better event for the community."

Students were able to enjoy the evening with friends and watch a screening of "Hocus Pocus" on a projector. Moore said she was happy that students could get a headstart on Halloween festivities through the joint event.

"It's been amazing seeing the creative sides of people the past couple of days leading up to Halloween, and it's been amazing to bring about this wonderful day," Moore said. "I feel so much credit to them and their planning throughout this."

First-year students TJ Schulmeister and Ted Heavner said they heard about the event and decided to go dressed as characters from the video game "Night in the Woods."

"I love [events] where you just get to DIY stuff," Heavner said. "And I didn't know there [was] gonna be food. So that's a good surprise. It seems really cozy here."

Both Schulmeister and Heavner said they see the event as a good way to make memories with each other, especially since they would not have time to celebrate the holiday on Monday because of class.

"[Halloween] has always been my favorite holiday," Heavner said. "It's just been my favorite holiday since I was a kid. I have a lot of good memories."

Sophomore Jaqueline Pereira spent her Halloween like many students — hopping between different parties hosted on the weekend leading up to Halloween.

"Friday night, me and my friends decided to stay close to campus and went to [the Circle Apartments to party] and honestly had

able to set up shop to sell their products. One of the vendors who took this opportunity was Morgan Martin, owner of Primitive Root Design.



As a small business owner, Martin creates jewelry made from nature by collecting leaves, placing a copper layer over the top to preserve them and decorating the leaves by painting them with vibrant colors. She said she sources her supplies locally and makes a conscious effort to only gather native species.

Her business also produces reverse tie dye apparel through upcycled fabrics. This Halloween Market was Martin's first market since moving to Ithaca. She said she made the move to Ithaca for the opportunity to help her business grow.

"Ithaca is a really cool, vibing city that I wanted to get to know a bit more and felt that my business would do really well here," Martin said.

Martin said she also decided to attend the market to get closer to local creatives.

"I wanted to meet people and get to know some vendors and find out about some other From left, Ithaca Police Department officers Chance Vancleef and Mary Orsaio gave candy to trick-or-treaters during the downtown celebrations Oct. 28. JASMINE SCRIVEN/THE ITHACAN

markets," Martin said. "It's definitely a way to socialize and get into the community."

Along with the potential for increased sales and feedback from customers, markets like these allow vendors to be seen by Students also hosted various events in the days leading up to Halloween. IC After Dark and the Residence Hall Association (RHA) held a joint Halloween event Oct. 28 at a blast," Pereira said.

The following evening, Pereira went out to The Commons to celebrate the holiday with her friends and chose to return to her dorm early.

"Even though the night ended early, it was still nice to get out, see everyone dressed up and experience Halloween with my favorite people," Pereira said.

Co-Life and Culture Editor Elizabeth Kharabadze contributed reporting.

> CONTACT CHELSEA COICHY CCOICHY@ITHACA.EDU



12 | LIFE & CULTURE

Club encourages students to reach for the stars

BY ELIZABETH KHARABADZE

Looking up into the dark night sky, one might be greeted by dozens of twinkling little stars and galaxies lightyears away from Ithaca. Yet the Ithaca College astronomy club aims to bring these celestial bodies just a little bit closer to home.

The astronomy club's goal this fall semester is to diversify its members by making astronomy more accessible for non-STEM (science, technology, engineering and mathematics) majors. Junior Mikolaj Konieczny, president of the astronomy club, said that in the past, the club was mostly geared toward physics majors. However, following the club's inactivity as a result of the COVID-19 pandemic, Konieczny said he wanted to revitalize the club and gain more interest.

"We're trying to make sense of it all," Konieczny said. "The night sky is not just a bunch of random dots.... [We want to] make it more accessible [and] really educate and inspire people."

Members of the club are encouraged to get together and partake in skywatching, an act of observing the night sky for celestial bodies. During a past meeting, members of the club gathered at the recently reopened Ford Observatory, where students observed Jupiter, Saturn and Albireo, the second brightest star in the constellation Cygnus the Swan. First-year student Suryash Malviya, secretary of the astronomy club, said there was a curious sensation as participants took turns observing the night sky. me during our last event at the Ford Observatory," Malviya said. "Even

"I felt that excitement around

though it was pitch dark there, I could feel the sensation of curiosity in the voices around me. Everyone loves the craters on the moon, the rings of Saturn, the spiral galaxies or the giant star systems, because we grow up looking at the sky, and in my opinion, it does not matter if you are a physics major or not. What matters is your will to learn what bigger thing you are a part of."

As a television and digital media production major, junior Wesley Czubryt-Ogino, treasurer of the astronomy club, said he valued the club's new emphasis on diversity. Czubryt-Ogino's own love of the stars came from YouTube space documentaries he said he spent hours watching.

"We might all come from different backgrounds, but we're all interested in ... space, and we'd like to talk about it," Czubryt-Ogino said. "It's sort of the environment that we want to foster."

Malviya said that the club also plans to host informational events that bring together club members and professors in the physics department to encourage conversations surrounding astronomy.

"STEM is just a way we choose to define one of the carrier philosophies," Malviya said. "The fundamentals of the universe are beyond any human philosophy out there. So, do not be hesitant to participate in something [that] is your heritage."

Along with the curiosity of

From left, juniors Mikolaj Konieczny and Wesley Czubryt-Ogino use a telescope to look into the sky. The revitalized astronomy club is aiming to bring more students from all academic backgrounds. PHOTO ILLUSTRATION BY RAY MILBURN/THE ITHACAN

learning about galaxies far, far away, Konieczny said there is a healing element to looking up into the night sky. Konieczny said he feels that just looking up at the night sky can help alleviate some of

is with astronomy, Malviya said that engaging in conversation about the stars can help foster connection.

"We are just creating a medium to help people see what they have inherited," Malviya said. "No one owns [the stars]. They are these complex systems that we are still trying to figure out, but they are the legacy of billions of years which we are lucky enough to witness. I think no one should miss the opportunity to do that in life."

Czubryt-Ogino said that, at the end of the day, the club asks students to make their own observations.

"It's not our job to enforce what you should think about the stars," Czubryt-Ogino said. "It's your choice to decide what you think about the stars and what you want to get out [of it]? We're just here to hold your hand."

> CONTACT ELIZABETH KHARABADZE EKHARABADZE@ITHACA.EDU

Q&A: Author brings diverse voice to romance genre

that stress. Stargazing and spend-

ing time outdoors can increase awe

in the universe, which in turn can

lead to increased creativity, gener-

ficult, especially for Ithaca College

students because I know a lot of

people are struggling with anxiety

and other things [with] work piling

"Sometimes work can be very dif-

osity and reduced stress.

Hannah Reynolds '10 released her new novel, "Eight Nights of Flirting," a Hanukkah romantic comedy, Oct. 25. Reynolds is a Jewish author who published "Eight Nights of Flirting" to bring Jewish narratives to the holiday romance genre.

Holiday romance media particularly focuses on Christmas, with more than 80 million people tuning in each holiday season to watch some of Hallmark's over 300 Christmas movies that have been released since 2009. Hallmark has come under fire in previous years for its lack of religious, BIPOC and LGBTQ + inclusion in its films. The novel is the second title published under Reynold's name — Reynolds previously wrote romance

writing romance?

HR: I think that people often think that [literary fiction] associated with joy and happiness are not quite worthy as ones that are a little bit more filled with sorrow and tragedy and what people think reflects real life, but I actually think that happiness [and] romance are parts of real life and those are such important parts. And I think that people really need to see a lot of joy and happiness, especially young people, because ... life is very hard. So I think that I have always been drawn to what I consider the more optimistic genres because I think that everybody needs more optimism in their lives.



novels under the pen name Allison Parr.

Co-Life and Culture Editor Elizabeth Kharabadze spoke with Hannah Reynolds about her novel and bringing Jewish voices to literature.

This interview has been edited for length and clarity.

Elizabeth Kharabadze: Can you tell me a little bit about "Eight Nights of Flirting?" Hannah Reynolds: "Eight Nights of Flirting" is ... about a 16-year-old girl who goes to Nantucket for winter break. She's expecting to see her whole family, and instead, she winds up snowed in with her nemesis. ... She feels like she's really bad at flirting. [Her nemesis will] teach her to flirt and give her flirting lessons and in exchange, she will pass his resume along to her great uncle. ... It's filled with lots of snowball fights, lots of wintry activities and hot cocoa."

EK: Have you always gravitated toward

EK: How did you come up with the idea for a Jewish holiday romance?

HR: There are so many Christmas Hallmark and Netflix films and also books. It's really a micro-industry unto itself. And I love those, I watch those and I read them — they're very fun. ... But, you know, growing up and even now, I always felt like ... it didn't quite click for me. I wanted to read something that reflected happiness about a holiday that I took part in, and so I thought, well, what if I did this. ... I think it is so important to have representation in art. And so I thought: why not do what I wish I had had when I was a teenager? Which was one of these fun, festive books, but for a young Jewish woman to enjoy themselves.

EK: What does it mean for you to see Jewish representation in literature?

HR: It's great. There's so much more than when I was a kid. ... So the fact that teens these days have so many more options, I just



Hannah Reynolds '10 released her second novel, "Eight Nights of Flirting," on Oct. 25. Reynolds is a Jewish author who seeks to diversify the holiday romance genre with Jewish voices. COURTESY OF HANNAH REYNOLDS

think is so wonderful. I think that if you don't see your story reflected, you can often feel as though that part of your story doesn't matter and nobody's interested. ... So I feel now like seeing so many books ... is really great.

EK: What do you want readers to take away after reading "Eight Nights of Flirting?" **HR:** I just want them to be happy. ... Maybe some readers will be introduced to things that they're less familiar with. ... I think that there's all these studies about how reading increases empathy. And I think that is because books allow you to step into the shoes of

people who aren't like you. ... So I hope that for people who are perhaps less familiar with Jewish customs, [the book] makes them comfortable around it. And, of course, I hope that Jewish readers just feel seen and appreciated. But for all readers, really what I want is for them to just be uplifted and feel happy. Especially, I think, if they aren't feeling happy, I think that literature and other forms of entertainment are just great ways of making you feel better in your life.

> CONTACT ELIZABETH KHARABADZE EKHARABADZE@ITHACA.EDU

Game of Thrones prequel is a return to form

SHOW REVIEW: "House of the Dragon" HBO Entertainment

BY SYDNEY BRUMFIELD

With winter quickly approaching, look no further for the next bingeable show to watch than HBO Max's latest series, "House of the Dragon." After its precursor "Game of Thrones" (2011–2019) finished on a rather sour note, leaving many viewers dissatisfied, "House of the Dragon" has come out with dragons blazing to redeem the franchise.

"House of the Dragon" - which takes place roughly 200 years before the events of "Game of Thrones" - tells the story of House Targaryen whose patriarch, King Viserys I Targaryen (Paddy Considine), currently sits upon the iron throne. The season follows the continuous and ever-changing battle for succession between Princess Rhaenyra Targaryen (Milly Alcock in the beginning of the season/Emma D'Arcy in the later episodes), Prince Daemon Targaryen (Matt Smith) and Prince Aegon Targaryen (Ty Tennant), all possible heirs to the iron throne. In typical Game-of-Thrones style, as the season progresses, the conflict snafus as characters are at each others' throats, battling for legacy and their birthrights.

"House of the Dragon" serves as a textbook example of how to properly develop a show. The pilot "The Heirs of the Dragon," directed by Miguel Sapochnik, successfully brings viewers into the world and introduces them to this wide cast of characters without relying too much, if at all, on the lore surrounding "Game of Thrones." Throughout the rest of the season, the writing and directing continue to excel spectacularly as audiences are compelled to love, hate and root for these polarizing characters.

The most daunting challenge that this season of "House of the Dragon" had to conquer was a time jump, as the narrative spans over roughly 20 years. The writing was masterful, leaving the audience with the feeling that they had just bore witness to the decades of strife and mounting tensions.

Most exquisitely, season one does not sacrifice any of its narrative integrity or complex character weavings for its equally stellar cinematography and special effects. Similar to "Game of Thrones," viewers can expect to see gore, battles - though still nothing quite to the scale of "Game of Thrones" yet - and, of course, sex. Most notably, the dragons and sets designed in postproduction with CGI look absolutely remarkable. The dragons occupy this brilliant space of looking terrifyingly real in addition to being marvelous.



★★★☆

From left, Queen Alicent (Olivia Cooke) and Princess Rhaenyra (Emma D'Arcy) star in the first season of "House of the Dragon." COURTESY OF HBO ENTERTAINMENT

The sheer talent that the actors involved in "House of the Dragon" display is masterful. In the first half of the season, the actors who play the young Rhaenyra Targaryen (Alcock) and Lady Alicent Hightower (Emily Carey) are exceptional as they navigate their complex characters. Smith wonderfully depicts his nuanced character, Daemon Targaryen, who has one of the most staggering arcs of the season. The stand-out talent of this season — and the one who should receive the most critical praise — is Considine in the role of King Viserys. The growth and dimension that Considine brings to the character of Viserys is profound.

Season one of "House of the Dragon" is an incredible journey from start to finish. All elements of the show culminate to create an exceptional viewing experience.

CONTACT SYDNEY BRUMFIELD SBRUMFIELD@ITHACA.EDU

New DC comic book film is buried in superhero tropes

MOVIE REVIEW: "Black Adam" Warner Bros. Pictures $\bigstar \bigstar \bigstar \bigstar$

BY EVAN MILLER

In 2007, Dwayne Johnson first landed the role of Black Adam. Fifteen years later, audiences have seen just about everything the superhero genre can throw at them. It is disappointing that "Black Adam," a film that had nothing but time to sit with the growing genre to see what works and what is clearly having a terrific time playing Teth-Adam, a character he has waited to share with fans for longer than most actors would be able to withstand.

However, the film is supported by the charismatic and intriguing Justice Society. Each of these four characters carries "Black Adam" on their shoulders through their interesting team dynamic. It is especially impressive that the film is able to make the audience care about each of them as much as it does, considering that they have not been in any films previously and this is not even their own movie. The only other highlight in "Black Adam" is the compelling moral question it poses about what it means to be a hero. Between the mostly generic-feeling action, there are genuinely interesting moral conversations between Teth-Adam and members of the Justice Society about what separates his form of justice from their own. While he is willing to do whatever it takes to protect those around him, the Justice Society refuses to do what may be necessary. Their inability to kill sometimes makes matters worse than they already are. However, through murder, Teth-Adam walks down a path that may lead to those around him believing him to be a villain.



Teth-Adam (Dwayne Johnson) is the lead of the latest DC comic book movie.



Kids gravitate toward horror by Joshua Pantano

Horror is a genre that might seem targeted toward adults; it thrives off disturbing imagery, excessive gore and sudden scares. And kids eat it up. There is an endless supply of kid-targeted horror, including books like "Goosebumps" and "Scary Stories to Tell in the Dark" or video games like the "Five Nights at Freddy's" series. I can guarantee that most children of the 2000s can name a cartoon or two that horrified them. When asked about these examples, most people will recall them fondly despite having the living daylights scared out of them. But why?

With a quick Google search, you could find many parent forums and websites where people ask the same thing: "Why does my kid like creepy things?" Along with the experiences that people have had with horror, another trend among responses is how horror allows children to experience unfamiliar aspects of the world in a controlled environment.

Children lead confusing lives. They don't know about the joys or terrors of the world around them because they are only beginning to develop as people. So, they turn to escapism, particularly with horror, which allows them to deal with things that they cannot understand.

Let's take a look at Neil Gaiman's classic novel "Coraline," published in 2002. Similar to the movie, the titular protagonist, Coraline Jones, discovers a door upon moving to her new home that leads to a new place. She soon finds herself in a vibrant world with copies of her mother and father with buttons for eyes, referred to as her "Other Mother" and "Other Father." After a series of challenges and terrifying events, she defeats the Other Mother and saves her parents. It's a happy ending — in a creepy sort of way.

"Coraline" tackles many horrific concepts, most notably the idea of sewing buttons into the character's eyes, but the terror is a vessel to express a key message to children: the importance of bravery. Despite the obstacles she faces, Coraline's journey teaches children to be brave and to always have faith in themselves, regardless of how tough something might seem. Children can apply the lessons learned from "Coraline" to other common experiences in their life: a school bully, a divorce or a death in the family. Horror lets them engage with these conflicts in a safe and controlled environment. As "Goosebumps" author R.L. Stine said, "Kids love to be scared, but not too scared. You can laugh at the fear, walk through the fear, [then] put the book down." My brother showed me "Alien" and "Ju-On: The Grudge" when I was in elementary school. I started reading Stephen King books when I was in middle school. They scared me like crazy, but they allowed me to work through fears and anxiety that I couldn't express as a child. Children should be allowed to be scared just as much as they should be allowed to be happy or sad. In the end, no matter what some people might think, horror can be for kids too.

does not, delivers a textbook lesson of what comic book films should avoid.

In DC's "Black Adam," Teth-Adam (Johnson) is freed from a prison in which he was trapped thousands of years ago. Once he begins issuing his own rageful form of justice upon the city of Kahndaq in the modern world, heroes from the Justice Society, consisting of Hawkman (Aldis Hodge), Atom Smasher (Noah Centineo), Cyclone (Quintessa Swindell) and Dr. Fate (Pierce Brosnan), attempt to stop him.

Somewhere within Black Adam's story is a good film. It is unfortunate that whenever it may seem as though the film is going to do or say something original, it reverts back inside a shell and presents viewers with stale comic book movie tropes that should have been buried years ago.

The superpowered individuals are all highlights of "Black Adam." Johnson, while lacking liveliness and emotion in his performance throughout most of the film,

These moral battles are more entertaining to watch than any of the physical battles seen in the film. However, the film too often leaves these unique concepts on the table to instead pursue a plotline that has been seen too many times in other films of this nature. By the film's end, it registers as nothing more than a tacked-on trope that the producers felt was necessary to include to keep audiences engaged.

Whether it be the inclusion of frustratingly annoying non-superpowered side characters that induce cringes from audiences whenever they appear on screen or the film's weak script, at every turn, "Black Adam" incorporates an element that bogs the film down.

"Black Adam" did not need its widely promoted (even by Johnson) post-credit scene featuring a well-known DC character to be successful. What it did need was to embrace its uniqueness.

CONTACT EVAN MILLER EMILLER11@ITHACA.EDU

POPPED CULTURE is a weekly column, written by Life & Culture staff writers, that analyzes pop culture events. Joshua Pantano is a sophomore journalism major. Contact him at jpantano@ithaca.edu.





Emma Galletta, an employee at Sugar Lips lce Cream, served caramel apples to patrons at the 40th Annual Apple Harvest Festival.

RAY MILBURN/THE ITHACAN



To commemorate 90 volumes of publication, *The Ithacan* photo staff decided to honor traditional photography practices and capture the autumn season on film. Taking photographs of hiking trails, life on campus, sports and local festivities, photographers set out to find unique qualities of Ithaca.



The upper part of Buttermilk Falls State Park features a hiking trail that overlooks an old stone dam.

KALYSTA DONAGHY-ROBINSON/THE ITHACAN

The Ithaca Farmers Market bustled with eager patrons and vendors selling fall-themed goods, like pumpkins.

KALYSTA DONAGHY-ROBINSON/THE ITHACAN



The Commons is a prominent spot for locals and tourists in the fall, with colorful foliage and many shops.

NOLAN SAUNDERS/THE ITHACAN



spoke with the Ithaca College Bombers defense during a football game Oct. 8.

BRENDAN IANNUCCI/THE ITHACAN



Dolly had a blast running around the pumpkins at Indian Creek Farm in her festive jack-o'-lantern costume.

RAY MILBURN/THE ITHACAN



From left, first-year students Ally Mahoney and Abby Lange enjoyed the fall weather while studying outside.

BRENDAN IANNUCCI/THE ITHACAN



Schoolyard Sugarbush sold a variety of maple syrup products during the 40th Annual Apple Harvest Festival on The Commons in Ithaca.

RAY MILBURN/THE ITHACAN





Senior Miriam Maistelman enjoyed the scenery of the Ithaca College Natural Lands while on a class outing.

LEILA MARCILLO-GÓMEZ/THE ITHACAN



The gorges and trails of Buttermilk Falls State Park are one of the many nature attractions in Ithaca.

KALYSTA DONAGHY-ROBINSON/THE ITHACAN

These photographs were developed at Johnson Camera in Syracuse.

16 | REVIEWS

Taylor Swift meets fans at Midnight

ALBUM REVIEW: "Midnights" Republic Records

vocals and has a writing credit

BY GABRIEL BIENNAS

Taylor Swift returns with her 10th studio album, "Midnights," a danceable yet deep-cutting pop record.

In 2020, pop superstar Taylor Swift shocked the world with her second original album of the year, "Evermore." With poetically descriptive lyrics and introspective themes, "Evermore" was a soft and solemn sequel to its sister album "Folklore," which was released earlier in the same year.

"Midnights" by Taylor Swift is a retelling of 13 sleepless nights over the course of the singer's career. After gaining a whole new side to her fan base, Swift uses "Midnights" to remind the world who she is. As a body of work, this album has emotional highs and lows. Blending the glistening synths previously seen on albums like "Reputation" and "1989" as well as poetically heartbreaking lyricism seen on works like "Folklore" and "Red," "Midnights" feels like a love child of all of Swift's previous pop albums.

Heavy influence from indie pop artists like Lorde and Lana Del Rey is apparent on the album. "Labyrinth" seems to recall the cinematic dream-pop elements of Lorde's "Melodrama." Del Rey is even heard delivering enchanting backing

on the track "Snow on the Beach," which sounds like a lost demo straight off her 2017 release, "Lust for Life." This is not shocking considering that the producer of "Midnights," Jack Antonoff, has worked closely with both Lorde and Del Rey. The artist has faced criticism for how evident Lorde and Del Rey's inspiration has been in her work, especially regarding albums like "Folklore" and "Evermore." Past tracks like "Wildest Dreams" and "Cardigan" draw on Del Rey's smokey vocal techniques and darker themes. While the rise of indie pop sounds in the mainstream may be to blame, some tracks feel too familiar for comfort.

Swift knows her storytelling is what sets her apart from other artists. It's also why most of her fans feel so connected to her work. Using her elaborate storytelling, Swift touches on topics that many of her fans can apply to their lives. On "Bigger Than the Whole Sky," Taylor sings a gut-wrenching yet uplifting tune about not having enough time with someone but remembering the joy they brought to the world. With lyrics like, "You were more than just a short time," this song has had a mass resonation with people who have lost a loved one, especially parents who have

Midnights



With the release of her 10th studio album "Midnights," Taylor Swift reminds the world why she is a true pop star. **COURTESY OF REPUBLIC RECORDS**

lost children. This is the most redeeming quality of Swift's music: without her storytelling and a fanbase who feels like they know her on a deeper level, Swift would have nothing to thank for her success.

Though she continues to go for that bubblegum-pop sound, Swift never fails to make a catchy hit. This is a quality of Swift's music that is hit-or-miss for most people. Some may say Swift is tone-deaf or out of

touch. However, it is evident that whether people respond more to "I thought the plane was goin' down / How'd you turn it right around?" or "Karma is a cat," this album has at least one song for every listener.

Overall, with hard-hitting ballads merged with scorned country rage, Swift masterfully explores various genres and topics throughout "Midnights."

> **CONTACT GABRIEL BIENNAS** GBIENNAS@ITHACA.EDU

QUICKIES



COURTESY OF DEF JAM RECORDINGS

"LIFT ME UP" Rihanna

Fans have been awaiting hearing Rihanna's voice for six years, and "Lift Me Up" has made the wait worth it with her beautiful, gentle vocals accompanied by poetic lyrics.



COURTESY OF TOP DAWG ENTERTAINMENT/RCA RECORDS

"SHIRT" SZA

SZA's release of "Shirt" has been long-teased by the artist, and the full release was certainly worth waiting for. SZA is no stranger to creating an irresistible vibe through her music, and this new single is no different.



COURTESY OF PARKWOOD ENTERTAINMENT LLC/COLUMBIA

"FORTHE NIGHT" Chlöe ft. Latto

Chlöe's sections of this collaboration with rapper Latto are easily the highlight as she effortlessly sings through pitch-perfect verses about relationship troubles.

Arctic Monkeys drives to success with new album

ALBUM REVIEW: "The Car" Domino Recording

BY TESS FERGUSON

Four years after the release of their experimental album "Tranquility Base Hotel & Casino," Arctic Monkeys picks up right where it left off with the release of its elusive new album, "The Car."

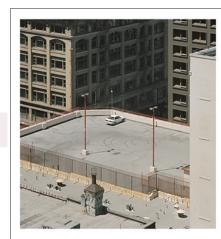
In 2018, frontman Alex Turner obliquely exposed his fears and desires through the concept of an elaborate, mysterious resort in the cosmos. It was the most intimate Turner had ever been in his lyricism, opening up only with the safety of fiction and metaphor. In comparison to 2013's "AM" and 2007's "Favourite Worst Nightmare," "Tranquility Base Hotel & Casino" didn't quite land with fans like most of the band's earlier work did. However, Arctic Monkeys uses "The Car" to drive even further from the heavy basslines and catchy riffs that they used to be known for. The orchestral new collection masterfully builds on the sonic palette of "Tranquility Base Hotel & Casino" all while making the band's sound more colorful, grand and cinematic. The result is some of the greatest and unique songs of the band's career. To open the collection, the first single, "There'd Better Be A Mirrorball," is a gorgeous heartbreak tale, with Turner's classic croon telling of a "heavy heart" and string

instrumental evoking a similar feel to that of a vintage film score.

 $\star \star \star \star \star \star$

"Sculptures Of Anything Goes" experiments with heavy, imposing drum beats that are not entirely dissimilar to those that memorably ran through the band's hit single "Do I Wanna Know?" nearly a decade ago.

Ironically, Turner appears to make a sly reference to the fallout from "Tranquility Base Hotel & Casino" in "Sculptures Of Anything Goes," bemoaning someone - or himself - who's "puncturing your bubble of relatability / with your horrible new sound."



Arctic Monkeys manages to redefine their sound with the release of "The Car." **COURTESY OF DOMINO RECORDING**

Unlike "Tranquility Base Hotel & Casino," which felt more like a Turner solo-project to many listeners, "The Car" expertly utilizes his bandmates to their highest potential. Guitarist Jamie Cook, bassist Nick O'Malley and drummer Matt Helders are present and powerful, guided by Turner's songwriting and delicate vocal performance, but never ceding to it.

"Body Paint," inspired by the 70s, features the full band sounding more dynamic than they have in years. If "Tranquility Base Hotel & Casino's" monochrome palette boxed Arctic Monkeys in, here they are flourishing in full color.

The objects of Turner's fascination on "The Car" are hazy, making his writing

on the album all the more rich. He is not strictly heartbroken or smitten, but there are often distant lovers in the periphery. He works in plenty of autobiographical lines that could easily apply to a man who's been in the public eye for the better part of two decades, but just as soon as he reveals something personal, Turner quickly pivots away from the thought. Nothing is concrete, and that's a key point.

"The Car" is overwhelming in terms of its ambition and scope, but it provides ample motive to revisit this record.

Whether it'll be enough to convince the naysayers that flaked after the release of "Tranquility Base Hotel & Casino" is still vet to be seen. For now, though, Arctic Monkeys stand like the greatest band of their generation still operating at their highest level.

CONTACT TESS FERGUSON TFERGUSON1@ITHACA.EDU



COURTESY OF BENDO LLC

FAITHFUL Macklemore (feat. NLE Choppa)

Opening with Macklemore's distorted voice singing about lost friendships is just one of many choices that unfortunately do not work in this highly personal song about addiction. The track lacks a strong, built-up beat to catch the listener's attention.

SPORTS

THURSDAY, NOVEMBER 3, 2022



First-year student August Donato, who is on the men's rugby team, came out as transgender earlier this year and began hormone treatment in August. MADDY TANZMAN/THE ITHACAN

BY AIDAN CHARDE

In Fall 2021, first-year student August Donato was expecting to be at Fordham University, where he had been given a scholarship to compete on the Division I rowing team. Instead, he is at Ithaca College playing on the men's club rugby team — a sport he had never tried before being approached by the team early in Fall 2022.

Donato came out as transgender earlier this year and has been on testosterone treatment since August. His scholarship at Fordham was for the women's rowing team, and the university does not offer a men's team. Because of NCAA rules, Donato could not use testosterone treatment if he was competing on a women's team, so he would have to choose between being on the team or being open about his identity.

"It took me a while [to figure out what I wanted to do]," Donato said. "I initially committed verbally to Fordham. I even signed a contract. The contract didn't end up going through, which basically saved my life, because that ended up letting me come here and actually medically transition."

Senior Nick Bikah, one of the captains on the rugby team, had nothing but praise for Donato. He said no matter what, Donato is just like any other member of the team. could or could not do after beginning treatment, and said he does not think other people should have to make that choice.

"I think it's kind of unfair," Donato said. "I actually had to come out earlier than I wanted to, earlier than I was ready to. It was an adjustment period. But I knew if I signed a contract for four years, I wasn't going to be able to medically transition ... and it was too difficult for me not to transition."

Junior club president Sammy Harig said, at the club's level, there are no rule changes or other differences when it comes to having transgender athletes on the team.

Even though rugby is a physical sport, Bikah said he wants the campus community to know anyone can join and that having players like Donato on the roster shows that.

"I know there would probably be some people on the team that joined when they were [first-year students] that weren't comfortable coming out," Bikah said. "I think now that they see that our whole club is accepting of everything, I feel like we'll get more people to [join]."

Senior Steven Zucker, the other team captain, said head coach Annemarie Farrell plays a large part in building the culture around the men's team and keeping the bond strong among all the players.

"It really all stems from [Farrell];



Although shirts versus skins was something the team had done for years and is a common practice in sports, Bikah

mon practice in sports, Bikah said it was a simple switch that really makes no difference. Now, the athletes use pinnies or tuck their shirts in to denote their team.

The acceptance on the team is something Donato said he feels is reflected by the rest of campus. He said he feels like he can be himself at the college, regardless of what sport he is playing.

"Ithaca [College] is very open-minded," Donato said. "It's an open place where people can be who they want to be. ... It's a very accepting place to be."

Both Zucker and Donato said there were other mem-

bers of the team who identified as transgender or gender-nonconforming, but they declined to mention who out of respect for their privacy. Zucker said the main goal for the team is to have an enjoyable experience, and being inclusive and welcoming is part of that.

Harig said the group is as tight-knit as ever, and he is happy to have Donato on the team. The team stays close during the season by spending time together and doing activities outside of practice.

"We still hang out together; we have pretty much all the rugby people hang out every weekend together," Harig said. "Everybody's always invited, everybody's always welcome."

No matter what his future at the college



to be.... It's a very accepting Senior Nick Bikah, a captain, said the club wants place to be." to be welcoming to everyone who wants to join.

COURTESY OF ANNEMARIE FARRELL

holds, Donato said he wants to make sure every transgender athlete makes the decision that is right for them. He made the choice to give up a varsity sport, but he said that does not mean it is what everybody should do, because every situation is different.

"If a person really loves their sport, where they'd like to postpone medical transition to play, and that's cool with them, they're still as valid as somebody who decides to do a new sport to medically transition," Donato said. "Whatever your journey is, it's valid."

Staff writer Tess Ferguson contributed reporting to this story.

CONTACT AIDAN CHARDE ACHARDE@ITHACA.EDU

"Everybody loves [Donato]," Bikah said. "He's smaller, but still has the heart. Every time he gets hit, he still gets back up. He's never whining about anything."

Donato said he would have stayed at Fordham but could not afford the school without the athletic scholarship. Even once he decided to come to Ithaca College, he had considered joining the men's rowing team but opted not to because of how early in the transition process he was.

Transgender athletes in sports has long been a topic of discussion for the NCAA. The college has had openly transgender students on varsity teams in the past and has worked to be more inclusive in its related policies.

But the topic goes far beyond just South Hill. In March 2022, Lia Thomas made headlines after winning the Division I national championship as a transgender athlete, sparking national debates.

Donato said it was difficult for him to make his decision, considering what he she does a great job of enforcing this sense of community," Zucker said. "And yeah, rugby's a physical sport, but it's a lot of fun, especially when you get the hang of it and you're doing it with the people you like to do it with."

Like Zucker, Donato said Farrell has made an effort to make sure he feels supported on the team. Although Farrell has been gone for much of the season — she is serving as the team manager for the USA Women's Rugby World Cup team in New Zealand, which began Sept. 8 and ended for Farrell on Oct. 29 with Team USA's quarterfinal defeat — Donato said the two of them spoke earlier in the semester.

"[Farrell] is amazing," Donato said. "She kind of, like, after some practices, pulled me off and we talked about gender, what I'm comfortable with, things like shirts versus skins."



From left, senior Alex Murphy and junior Sammy Harig during a rugby match. Harig said Donato always works hard during practices and has been getting involved.

COURTSEY OF ANNEMARIE FARRELL

Prospective athletes attend IC basketball camp

BY DYLAN DELANEY

The Ithaca College women's basketball team hosted its Elite Camp on Oct. 30, bringing in high school athletes to scout for future Bombers and showing what the college and facilities have to offer.

The clinic brought in prospective students, where they received individualized attention from the Bomber coaches in the Ben Light Gymnasium. About 20 high school students showed up to work with head coach Dan Raymond and new assistant coach Mary Mazzella, who were running the event.

Mazzella said she believes the college's facilities alone are attractive enough for recruits, and the camp is a great way to utilize it.

"That's the gym that we prep in, we have a very good success rate in this gym," Mazzella said. "[It is] something that we welcome people to come and see, and it is a great selling point."

Sophomore guard Isabella Mittelman said the camp was a great way for the coaches to connect with the prospective students and see how they are doing overall with the process of looking at colleges. The current athletes could not attend the event because of requirements for background checks that cost \$150.

"In terms of the camp, it sucks that we can't be there," Mittelman said. "But it is good we have some type of way to interact with future Bombers." However, this has not stopped Raymond from making sure possible recruits are able to connect with and meet possible future teammates; whether it be a pickup game or a walk around campus.

"During fall preseason, we have a pickup session on, like, a Sunday, where a recruit can come play with us," Mittelman said. "Those kind of experiences are really great, so you can get a feel of who talent-wise is coming to check out [the college]."

The Bombers are looking to make additions to this new upcoming 2022 team, focusing on players who make up the key attributes of a Bomber teammate,"s Mazzella said she hopes to emphasize the importance of character, which is more valuable than the physical component of the game."

"Being a good teammate is something very important to our program," Mazzella said. "It is what makes everything go around besides the X's and O's,"

Mittelman said it is not just character the team cares about finding, but the drive and determination the squad constantly has as well. Prospective students who share the team's values is who Mittelman wants recruited for the team.

"Not being satisfied with what we have done in the past, being focused on the future and what's ahead of us, [is what we are trying to do]," Mittelman said. "When it comes to attitude, we are looking for people who are committed and really dedicated to the sport."



Assistant coach Mary Mazzella, who was hired by the college in July 2022, runs a cone drill at the women's basketball Elite Camp on Oct. 30 in Ben Light Gymnasium to scout potential recruits.

After the team's previous success – Liberty League champions in 2021 along with 17 NCAA appearances in program history – the coaches and players were excited about the Elite Camp.

The coaches were looking to see how they handle situations, along with their agility and conditioning ability. In order to improve the girls' games, Raymond pointed out key areas to work on during drills. The students in attendance performed with heart and effort, both things Mittelman described as attributes of a basketball Bomber.

Parents at the camp were excited to attend the event, coming from different locations to experience the overall feel for what the campus and program have to offer.

Hannah McCarthy, mother of prospective point guard Haley McCarthy, said she was excited to be in attendance at the camp. She said her daughter was attracted to the college initially because of the exercise science program. The family said they heard nothing but kind and welcoming words from Raymond at the clinic and look forward to how Haley personally feels overall about the school.

With the 2022–23 season set to begin Nov. 8, the Bombers are gearing up for a title defense. Last year,

the Bombers made it to the second round of the NCAA Tournament before falling on a buzzer-beater to Springfield College. Mazzella said she wants to make sure the team finds players who can keep up the recent history of success.

"[We are looking for] people who are multi-faced players that can shoot, pass and do all those things," Mazzella said. "Experience is the best teacher. ... [We want to help the athletes] by sharing experiences with past drills and different techniques."

> CONTACT DYLAN DELANEY DDELANEY@ITHACA.EDU

Field hockey prepares for postseason push

BY DANIEL KING

The Ithaca College field hockey program scored its way into a third consecutive Liberty League playoff berth following an impressive 14–5 regular season.

The team matched its regular season win total from last year, tied for most wins in a single season under head coach Kaitlyn Wahila since she took over in 2017. Wahila said she is proud of the performance the team showed this season, including how they responded to losses.

"We have three losses throughout the season, and I think every single one of them served a very specific purpose and has gotten us to the point where we are right now," Wahila said. "This team has gotten better Association Offensive Player of the Week on Oct. 19, Descalso said she is proud of the growth from her first year to now.

"As I got more comfortable and connected with the team more, I just feel like through the spring season and working really hard in the summer, I just felt really confident coming into this season," Descalso said.

The team also wrapped up an undefeated season at home for the first time in the past two decades. Graduate student midfielder Jacqueline Mirabile said that while it skipped her mind that the Bombers were undefeated at home, having that accomplishment is something to be proud of. She said that defending the home field is always important.

"It's awesome," Mirabile said. "We love plaving in front of our fans. We love Higgins.



with every single opportunity that we've had to compete. And we have not taken a step backward with any of our games."

Wahila said the team experienced a low point following a loss to SUNY Cortland in overtime by a final score of 2–1. The Bombers then came out and dropped a 2–1 game to SUNY Brockport. Wahila said these two games were needed in helping spark a fire under the team.

"I look back to our season, and this team has gotten better with every single opportunity that we've had to compete," Wahila said. "We have not taken a step backward with any of our games. So I am just super proud of us and being able to maintain that mentality of 'let's get better with each game.""

The season included many different accolades for individuals on the team. One of them was sophomore striker Natalie Descalso. Winning Liberty League field hockey Offensive Performer of the Week on Oct. 17 and named the National Field Hockey Coaches - -- - - ---

It's just a great feeling."

After defeating Nazareth College 4–0 Oct. 26 at Higgins Field, the team is preparing to host William Smith College in the Liberty League semifinal at Higgins Field on Nov. 4. Mirabile has been to the playoffs with the program since joining the squad in Fall 2018, totaling four times including this year. Mirable said the consistency of making the playoffs is something to be proud of and she is excited to be in it once again with this current squad.

"We have a core group of veterans here, people coming back," Mirabile said. "So that's very helpful. But this team, we've all bonded really well together and we're just super excited and going in."

The team made an impressive run in the Liberty League playoffs last year, falling short to Vassar College in overtime during the championship game by a final score of 2-1. With the Bombers set to host the Herons, Wahila said she believes losing in the The Ithaca College field hockey team wrapped up its 2022 regular season with 14 wins, now turning their attention to the upcoming Liberty League playoffs. BRENDAN IANNUCCI/THE ITHACAN

championship game last year will be used as a form of motivation this year, but said the team knows not to look back to the past. Descalso said that while the team will be thinking of last year's ending, the team is focused on this upcoming playoff run and is hoping for a different ending.

"We're using last year as fuel to really push ourselves, and we know how hard we've worked this whole season," Descalso said. "We know that we can do it if we all stick together as a team and just continue working hard. So it's just going to be a matter of everyone just continuing to give 100% and just believing in ourselves."

While playing a team you already beat has its advantages, Mirabile said the team must stay focused on the Herons, as anything is possible during the postseason. "It's really important that we stick to our game plan and come out real strong in the first and play a strong four quarters," Mirabile said. "We just have to be ready for any aspect of the attack."

Wahila said she is excited about the rematch against the Herons. Wahila said that while the Bombers were undefeated at home, the Herons also had a perfect record during their home contests on the season. She expects a fun contest between the two sides.

"It's a brand new season," Wahila said. "They're going to be watching game films, they're going to be studying, they're going to be making sure that they have a better game plan for when they step on Higgins Field."

> CONTACT DANIEL KING DKING2@ITHACA.EDU



The Ithacan's breakdown of Ithaca College's week in sports



ATHLETE OF THE WEEK PEYTON MILLER

The Ithaca College volleyball team's sophomore setter Peyton Miller notched 37 assists against St. Lawrence University on Oct. 28 and 28 against Clarkson University on Oct. 29, both best on the team, to help the Bombers to an undefeated week. MADDY TANZMAN/THE ITHACAN

EVENTS TO WATCH

5:30 P.M. NOV. 8 AT BEN LIGHT GYMNASIUM

The Ithaca College women's bas-







I actually had to come out earlier than I wanted to, earlier than I was ready to. It was an adjustment period. But I knew if I signed a contract for four years, I wasn't going to be able to medically transition ... and it was too difficult for me not to transition."

COMPETITION OF THE WEEK FOOTBALL VS. RPI

The Ithaca College football team defeated the Rennselaer

Polytechnic Institute Engineers 13–10 Oct. 29. It was the first time

since 2001 that the Bombers were victorious over the Engineers,

having lost every season since joining the Liberty League.

ketball team kicks off its season after ending the 2021–22 season on a buzzer-beater loss to Springfield College in the second round of the NCAA tournament. The new season starts at 5:30 p.m., with the men taking on the Red Dragons immediately after.

SUNY CORTLAND

LIBERTY LEAGUE PLAYOFFS NOV. 4

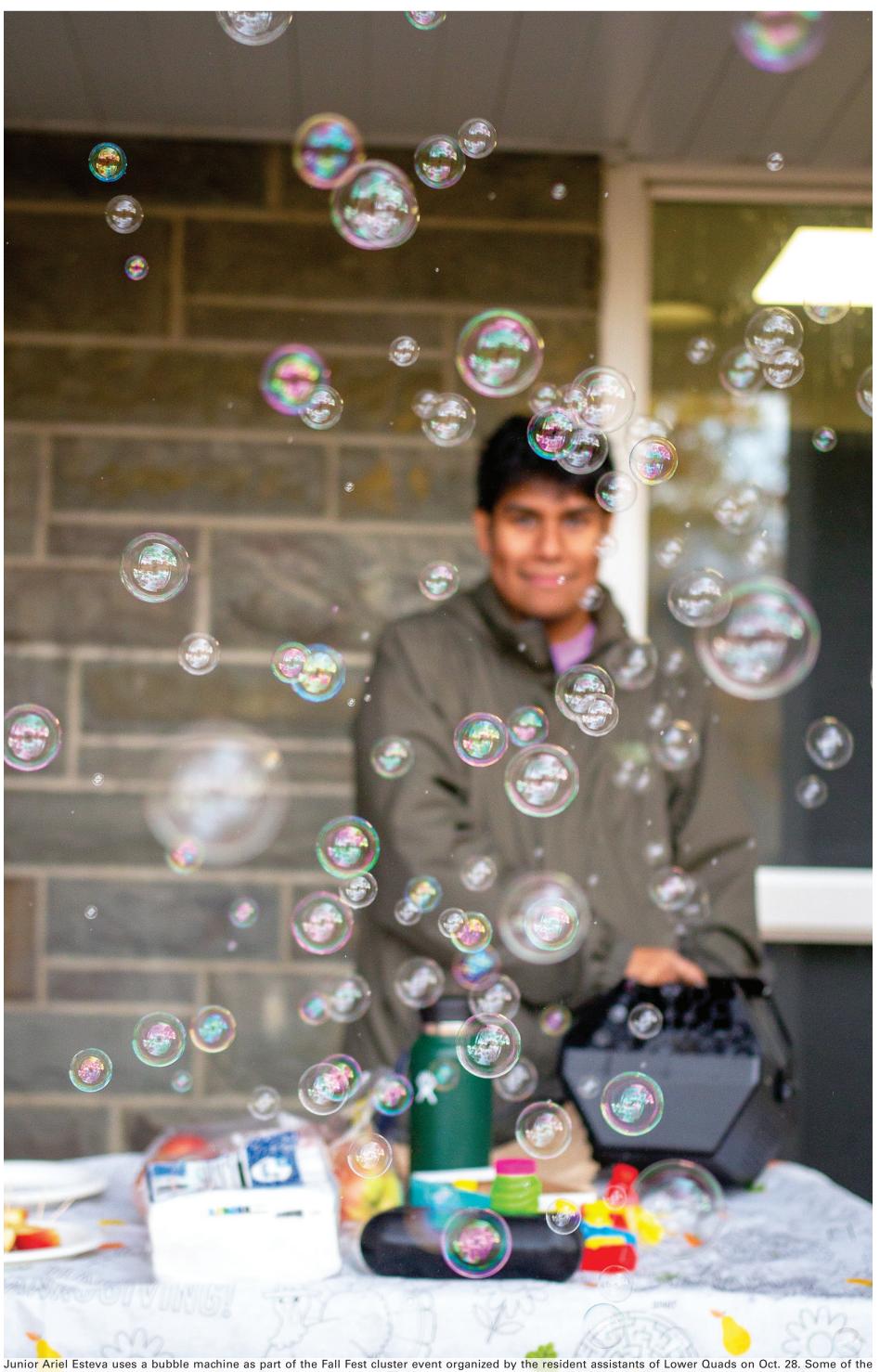
The Ithaca College volleyball, women's soccer and field hockey teams all host Liberty League playoff games this weekend. On Nov. 4, the women's soccer team will play Clarkson University at 2 p.m. at Carp Wood Field, the field hockey team hosts William Smith College at 4 p.m. at Higgins Stadium and the volleyball team hosts both semifinal matches at 4 p.m. and 6:30 p.m. in Ben Light Gymnasium. The volleyball team clinched the top seed in the tournament, so the college will host the championship match Nov. 5 whether or not the Bombers play.

ITHACA

- August Donato

JASMINE SCRIVEN/THE ITHACAN

First-year student, men's rugby



Junior Ariel Esteva uses a bubble machine as part of the Fall Fest cluster event organized by the resident assistants of Lower Quads on Oct. 28. Some of the festivities included stations with free apple cider, donuts, s'mores, caramel apples and an opportunity to decorate pumpkins, play lawn games and win prizes. ANA GAVILANES/THE ITHACAN