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CLUB ULTIMATE SOARS INTO THE POSTSEASON



Sunny weather in Ithaca encourages more students to spend time outside

BY PATRICK MAZZELLA
STAFF WRITER

On the rare occasion that Ithaca sees a sunny day between the months of October and April, Ithaca College's campus comes to life. Students often choose to do their work outside, play games on the quads or sit and have a picnic with their friends between classes. There is often a noticeable difference in the number of students spending time outside on campus on days when the sun is out.

Ithaca is prone to a much colder, grayer atmosphere in the winter. The average temperature from November through February is far below freezing and much colder than the national average, according to the Northeast Regional Climate Center at Cornell University.

The presence of seasonal depression — also known as seasonal affective disorder — can also be a big factor in people who have a declining mood in the winter. And populations that are further from the equator or at a higher latitude are at higher risk of seasonal affective disorder, according to the Journal for American College Health. Ithaca's distance from the ocean, mountains and its placement in the middle latitudes — the area roughly 35–65 degrees between the North and South poles — all account for unpredictable weather patterns, according to the Cornell Daily Sun.

Many students at the college have expressed their discontent at the endless gray skies for what seems to be a never-ending winter. Junior Richard Morris said he feels like the overcast sky just dampens his mood. Morris also has an

emotional support dog on campus named Bo-jack and said he often is able to go on extra long walks, often through campus and the natural lands, now that the seemingly permanent slush is off the sidewalks and roads.

"I'll definitely take Bo for an extra long walk or two when the days are warmer and brighter for longer," Morris said. "It's also way nicer now to have clean sidewalks without mud, slush and ice salt that gets in his paws."

Morris, along with other students, finds it much easier to get active or be outside on days when the sun is out. Although a strong connection has not been made between specifically warmer weather and improved mood, when the skin absorbs more sunlight, it helps to

WEATHER, PAGE 11

Groups aid in Ramadan fasts

BY JADYN DAVIS
STAFF WRITER

Every year, before the start of Ramadan, Ithaca College senior Fabiha Khan, junior president of the Muslim Student Association, said she sends an email to all of her professors requesting religious accommodations for all Muslim students — which is something Khan said she should not have to do.

"I feel like it's my responsibility to advocate for myself and my fellow students," Khan said. "Not necessarily everyone will be able to advocate for themselves or say things out loud. So, practices need to be in place to advocate for students who are not going to raise their voice and put forward the fact that they're going to be struggling during this month because they're literally dehydrated and starving."

Ramadan is a month observed by Muslims to be closer to their faith by participating in rituals like fasting from sunrise to sunset, reading the Quran — which is the primary Islamic text — as well as celebrating iftar, a meal served during Ramadan following sunset each day. Additionally, Eid al-Fitr is celebrated on the final day of Ramadan and includes a large dinner that is eaten with family members.

RAMADAN, PAGE 4

Neighbor town debates zoning

BY PRAKRITI PANWAR
ASSISTANT NEWS EDITOR

Over the past year, the Town of Caroline has been divided on the issue of zoning. In town, the arguments have publicly presented themselves as yard signs with messages like, "Grandma hates zoning" and "Caroline for responsible zoning."

Caroline, a town neighboring the Town of Ithaca, in Tompkins County is a rural farming town of 3,368 residents that has been unzoned since its founding. Zoning is the common legal practice of dividing land into different districts, like commercial or agricultural zones. Zoning would be implemented in the town for environmental reasons, like protecting its natural resources, maintaining the rural nature of the town and promoting Caroline as a positive community to reside in, according to a 2021 document outlining the purpose of zoning in Caroline. The draft of the report divides the town into four main zones: an agriculture/rural district; eight hamlets, which is a rural settlement smaller than towns or villages; a focused commercial district; and a water resources and flooding overlay district, according to the map on Caroline's website.

On March 23, residents who are against zoning submitted a petition with 1,228 signatures

ZONING, PAGE 4



Nation & World News

Three teenagers wounded after shooting at a Los Angeles beach

Three teenagers were wounded in a shooting at Dockweiler Beach on the night of April 7. The shooting occurred during a spring break party promoted on TikTok that drew hundreds of revelers to the shore, authorities said.

Officers responded to the 11400 block of Vista Del Mar in Playa del Rey following a report of a large crowd and gunshots around 8 p.m., said Officer J. Chavez of the Los Angeles Police Department.

When authorities arrived, they determined two men had fired multiple shots with a handgun that wounded two teen girls and a teen boy, Chavez said.

Arrests were made after South Carolina ‘skip day’ shooting

Six people were wounded in a shooting April 7 along the Isle of Palms beach as hundreds of high school students from Charleston, Berkeley and Dorchester counties were enjoying a traditional spring day of cutting class.

Videos captured by pedestrians showed the chaos as crowds of students and beachgoers fled in panic from the picturesque beach, just north of Charleston.

First responders, some already on the beach breaking up fights between the

teens, attempted to shield those nearby when shots rang out.

China conducts drills in Taiwan after president’s return from US

China announced it will conduct military drills “around” Taiwan for three days starting April 8, after the island’s President Tsai Ing-wen returned from visits to the United States.

The People’s Liberation Army will hold drills and patrols in airspace and waters on the north, south and east sides of Taiwan from April 8 to 10, Eastern Theater Command spokesman Senior Colonel Shi Yi said in a statement April 8.

Zelenskyy says he sees Ukraine on road to NATO membership

Ukrainian President Volodymyr Zelenskyy said April 8 that he still sees his country on the road to NATO accession, despite Russia’s war of aggression showing no signs of stopping after 13 months of fighting.

This week has seen good “movement toward NATO,” with new military aid from the West and other expressions of international support

Zelenskyy referred to Lithuania proposing to invite Ukraine to become a member of NATO at the military alliance’s summit in the capital of the country,



Louisville active shooter suspect killed

Law enforcement officers responded to an active shooter on the run near the Old National Bank building April 10 located in Louisville, Kentucky. Five people are dead and at least eight more were injured.

LUKE SHARRETT/GETTY IMAGES/TNS

Vilnius, in the month of July.

South Korea to strengthen global supply chain with India


South Korea plans on strengthening cooperation with India as Seoul attempts to align with a U.S.-led push to diversify the global supply chain away from China.

President Joe Biden’s administration has been seeking help from allies, including South Korea, in reducing the global supply chain’s dependence on China while also imposing sweeping curbs on the sale of advanced semiconductor equipment.

SOURCE: TRIBUNE NEWS SERVICE


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Rate My ‘Rate My Professors’ Season Finale


In this semester’s final episode of Rate My “Rate My Professors,” Rob Sullivan, professor in the Department of Literatures in English, joins familiar faces.



‘Deja View’ - ‘Saint Maud’ (2019)

On the penultimate episode of the season, host sophomore Therese Kinirons talks with guest sophomore Chloe Zonis about biblical imagery in the psychological horror film “Saint Maud” (2019).





Corrections:

In an April 5 article about Women of Distinction, the story mentioned that Ithaca College’s Women’s Mentoring Network honored four women leaders through the Women of Distinction award. The Women’s Leaders Series honored the four women and hosted the event, while the Women’s Mentoring Network funded refreshments at the event.

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Ithaca alliance considers creating bus hub

BY VIVIAN ROSE
STAFF WRITER

The Downtown Ithaca Alliance is currently looking into the feasibility of creating an intercity bus hub, a physical space for people to wait for buses that travel between cities, in the City of Ithaca.

On March 18, a survey was sent to the campus community through an Intercom message, asking for input from students, faculty and staff about their use of intercity bus travel. Intercity buses, like Flix and Ourbus, have routes that travel from the City of Ithaca to different cities across the country.

Gary Ferguson, executive director of the DIA, said he noticed patterns in the answers from the survey about what the future bus hub should include. Ferguson said 602 people have answered the survey.

“[People are] interested in restaurants, they’re interested in some sort of covered or indoor waiting area,” Ferguson said.

Ferguson said there is a working group that is meeting to create the plans and ideas for the bus hub. Ferguson said the working group has met twice to discuss the key points of the survey.

These points include cost efficiency, operation, location and determining what a bus hub can be for Ithaca.

“We want a scope of work,” Ferguson said. “What’s a bus hub? Is it a port authority? Or is it a covered picnic table or something



The Downtown Ithaca Alliance is looking into the possibility of creating an intercity bus hub, a physical space that serves as a convenient waiting area for people catching intercity busses.

MALIK CLEMENT/THE ITHACAN

in between? So that’s what we’re trying to answer right now.”

Although no physical bus hub has been built yet, Ferguson said the DIA will consult the survey along with other bus hubs surrounding Ithaca.

Hathaway said the specific patterns in the survey included Americans with Disabilities Act accessibility, for the bus hub to be safe, clean, to have sufficient lighting, bathrooms, ticketing services, adequate parking and space for drop off.

“I think that the primary thing is that [the bus hub] would be an inviting and safe space,”

Hathaway said. “A space that people want to use.”

First-year Ithaca College student Annabella Marz is from Washington D.C. and said her experience at the sidewalk waiting area on East Green Street has been more of a negative experience than the bus hubs in D.C.

“[A local bus hub in D.C.] was just a lot more organized than being dropped off at a random spot, standing outside of Starbucks or something in Ithaca,” Marz said.

Judy Qian, a senior at Cornell University, said she took an intercity bus to New York City from Ithaca during winter break. The

bus stop is located on Seneca Street in front of a Starbucks.

“There is no overhang at the stop and the Starbucks was closed, so everyone was freezing,” Qian said. “The new stop [at the Seneca Street Garage] would be cool.”

Mickey Cochran, a senior citizen of Ithaca who takes an intercity bus to Chicago, said having a bus hub with amenities would be great for travelers to have.

“It would be cool to have a place for people to keep warm, use the bathroom and get a cup of coffee,” Cochran said.

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Guest gives talk on DEIB at work

BY NOA RAN-RESSLER
ASSISTANT NEWS EDITOR

The Ithaca College National Association of Black Accountants and Beta Alpha Psi, an accounting, finance and business honor society, invited Paquita Davis-Friday, interim dean of the Zicklin School of Business at CUNY Baruch College and professor in the Stan Ross Department of Accountancy, to speak at their meeting.

Davis-Friday discussed diversity, equity and inclusion in the workplace. Her subject of expertise is accounting with a focus on executive compensations and pensions.

Davis-Friday said that when she looked at the demographics data for Baruch, it did not reflect the diversity of the Gramercy neighborhood in Manhattan where the college is located.

“Before we can go out and talk to our employers and our other stakeholders about their DEI efforts, we needed to do some work on our own, and so we wanted to figure out what was happening with regard to the students,” Davis-Friday said.

Davis-Friday said this led to the DEI task force’s first actionable step: partnering with another CUNY school, Borough of Manhattan Community College, which is Baruch’s largest feeder community college. She said this partnership specifically focused on Baruch’s business school because most BMCC students were transferring for business.

Davis-Friday then transitioned into talking about graduate students specifically in the business school, which has close to 50% female enrollment, while Master in Business Administration programs tend to be mostly male.

“We feel like we’re doing a good job, but we’re continuing to look at the data and revisit it to make sure that we’re reflecting the population that we serve,” Davis-Friday said.

Davis-Friday said Baruch requires work experience for enrollment in its MBA program, which could pose barriers to prospective students applying.

Davis-Friday cited rankings, like U.S. News and World Report’s rankings for top business schools, which take into consideration how employers feel about students who come from the college, how soon students are employed after graduation and how much students make after graduation.

“It turns out that one of the biggest predictors of salary after MBA graduation is salary coming in,” Davis-Friday said. “So if you didn’t work or if you worked in a somewhat menial job, you’re not going to be paid as much when you graduate. That’s not good for you as a graduate [and] it’s not good for me as a dean worried about rankings. . . . The more you have under your belt, going into an MBA program, the more valued you are by potential employers when you come out the other side.”

“Were there any challenges, expected or unexpected, that you faced?” senior Angelica Otero asked Davis-Friday about her DEI work.

Davis-Friday said DEI efforts are not always easy and that she has faced many challenges. She said sometimes other community colleges, besides BMCC, can be difficult to partner with because their course syllabi do not align with Baruch’s.

She said there is also a shock for community college students who are used to small class sizes when they get to Baruch’s business school of 15,000 students.

Another challenge is the difference between access to equity resources in community colleges and access in senior colleges, like Baruch.

“There’s a little bit of shock to the system of students who are on the lower socioeconomic end of the scale, where they have all the support in community college and then they get to Baruch and they’re like, ‘Oh, wait a minute, textbooks are \$650,’” Davis-Friday said.

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College to improve all-gender bathrooms

BY LORIEN TYNE
NEWS EDITOR

While the Ithaca College Student Governance Council has passed bills advocating for all-gender bathrooms, the Office of Facilities has implemented many changes regarding restrooms unprompted by the SGC and continues to do so.

The SGC passed its Gender Neutral Bathrooms in All Academic Buildings bill April 11, 2022, which proposed several restroom signage updates and for additional all-gender restrooms to be added in academic buildings.

The bill was sponsored by seniors Tessa Kurtz, vice president of academic affairs; Chief of Staff Lila Weiser; Senator-at-Large Max Powers; and Luca Maurer, executive director for Student Equity, Inclusion, and Belonging and the outgoing director of LGBTQ Education, Outreach and Services. After the bill was unanimously passed by the SGC, the senate sent the proposal to Tim Carey, former associate vice president of the Office of Facilities, who sent the SGC a detailed response to the requests in the bill.

The SGC did not have further contact with facilities until after *The Ithacan* inquired about updates regarding the bill.

Carey retired in June 2022, which Kurtz and Weiser said they were not aware of.

“I’m assuming that since [Carey] retired, some of the information that he had put in the bill was not passed on to the other parts of the department,” Kurtz said. “He did send it to us at the very end of the year, and we didn’t really have time to talk to him because I’m pretty sure it was around when we had finals.”

Ernie McClatchie, associate vice president of the Office of Facilities, said he is meeting



Ithaca College consistently adds all-gender restrooms to buildings, which sometimes requires major renovations, so the college is exploring the option of full partitions.

BRENDAN IANNUCCI/THE ITHACAN

with Maurer on April 12 with a dean of one of the schools to discuss adding an all-gender bathroom in an academic building. The Office of Facilities is also working to install two all-gender restrooms in the Terrace Dining Hall during summer 2023.

McClatchie also said he is in conversation with Maurer and others to make restrooms more accessible by making floor-to-ceiling partitions in the stalls and the showers. McClatchie said that while the signage is a simple change, the bill’s request for restrooms to be converted to all-gender bathrooms is not as easily done because the New York State Plumbing Code outlines how many restroom fixtures must be in a building.

The bill states one female and one male

restroom in each academic building should be converted to two all-gender restrooms.

However, if a restroom that has four toilet fixtures was made into one all-gender restroom with a lock on the door, that restroom would only count as having one fixture.

“Some of the academic buildings get a little complicated in that we have to have so many fixture counts, you know, toilets, urinals and everything based on the size of the building occupancy and stuff,” McClatchie said. “That’s why in many of these cases, it requires new builds, taking a space, a classroom, an office or something out and trying to build a new [restroom].”

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Students observing Ramadan navigate accommodation struggles

FROM RAMADAN, PAGE 1

The start of Ramadan is determined after seeing the first crescent moon following Shabaan, the eighth month of the Islamic lunar calendar, according to the Islamic Heritage Center. This year, Ramadan is from March 22 to April 20. The resources at the college for Muslim students include Kosher Korner at the Terrace Dining Hall — which is halal certified and will remain open until 8:30 pm — and the Office of Religious and Spiritual Life. However, Muslim students at the college still feel that the college can better support them during Ramadan. Another resource led by students is the MSA, a national religious organization that aims to help Muslim students to reaffirm their Islamic faith while in college. Many colleges, including Ithaca College, have a chapter of MSA that is student run with the help of a faculty adviser. The college’s MSA chapter was founded in 2021 by two students who wanted to see more representation for Muslim students at the college.

In April 2022 the Kosher Korner became halal certified and Dining Services was able to better accommodate Muslim students who follow a halal diet. Prior to the certification Dining Services still worked to help individual students with their food needs, but often, the only easily accessible choice was kosher food. Kosher and halal food have slightly different ways in which meat must be killed and prepared. When food is labeled as halal in the campus dining hall, the dish meets the requirements of Islamic law. This means it will not contain non-halal meats, balsamic or wine vinegar, gelatin, deep-fried foods or products with traces of alcohol.

Some colleges, like Cornell University and Columbia University, released statements about academic accommodations during Ramadan. However, Ithaca College has not done so.

Senior MSA President Klarholz Jobe said that even though most of her professors have been supportive, she still feels hesitant in reaching out about religious accommodations because of how her professors might react.

“I feel like there’s always that gap of people not knowing a lot about Islam and it’s not like I expect them to know,” Jobe said. “It’s a way of life for me and it’s almost a little uncomfortable to have to explain to someone else who doesn’t necessarily understand.”

Junior Sarake Demele, vice president of MSA, said that last year some of her professors did not support her when she told them that she was going to spend the last 10 days of Ramadan home with her family in New York City.

“It was kind of hard to hear that, especially because I lost my cousin earlier that year,” Demele said. “So I felt like it was really important for me to go home and be with family because I was going through a lot.”

Yasin Ahmed, director of the Office of Religious and Spiritual Life, said he wants the college to recognize Ramadan more by adding it to class syllabi as well as the academic calendar. Additionally, Ahmed said students should feel comfortable asking their professors for religious accommodations.

“We self-censor ourselves for accommodations and so we don’t have the audacity to ask for the same space [or] the same accommodation that everyone else naturally has,” Ahmed said. “It’s almost like they don’t feel entitled to



Members of the campus community gathered April 10 in Muller Chapel to pray during the month of Ramadan. The Muslim Student Association is one group on campus that provides resources.

AMINATTA IMRANA JALLOW/THE ITHACAN

celebrate their holiday.”

Khan said she wants people to understand the true meaning of Ramadan and why Muslims follow all of the traditions that are associated with the holiday.

“I am very emotional talking about Ramadan just because it’s been such a celebration my entire life,” Khan said. “Beyond the concept of fasting ... family is so crucial in this month. We start our days together by having our first-morning meal before we start our fast. We break our fast together. You are collectively being pious and you’re bringing peace and calm into your house. So when we are fasting, we’re not just fasting from food, we’re also fasting from any bad deeds. It makes you mindful

and makes you respect your food, your drink, your lifestyle even more. It makes you grateful for what you have.”

Samah Choudhury, assistant professor in the Department of Philosophy and Religion and faculty adviser for the MSA, said via email that she is grateful for the work that the students in the MSA have done for Muslim students at the college despite some of the hurdles they have faced.

“This work isn’t fun or easy,” Choudhury said. “But they’re laying a foundation for Muslim students to enter a hospitable environment as soon as they arrive.

The MSA has hosted multiple events for students observing Ramadan at the college to attend,

including community iftars every weekend. There will be another community iftar April 14 at the Muller Chapel and a celebration for Eid al-Fitr taking place April 21 to 22. Additionally, a prayer session is held at 2 p.m. every Friday at the Muller Chapel.

Choudhury said that while faculty in the Department of Philosophy and Religion are more aware of the difficulties that Muslim students face during Ramadan, she said these challenges should be acknowledged by more faculty.

“I imagine the more the administration prioritizes these things, the more willing faculty will be to follow suit,” Choudhury said.

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Caroline divided amid concerns of autonomy and sustainability

FROM ZONING, PAGE 1

to the Town Board, Caroline’s local government. In the petition, the residents demanded the board hold a pause on zoning for a period of two years so that residents can fully understand the implications of a zoning ordinance.

This petition was signed and presented to the Town Board in response to a draft of the zoning law that was created by the Zoning Commission. On Jan. 31, the Zoning Commission officially released the final preliminary report for zoning. On March 27, the final version of the report was presented to the Town Board.

The Zoning Commission was a committee appointed by the Town Board to study zoning in the town. The Town Board will soon vote on whether or not to implement zoning, but individuals cannot vote, according to New York State law.

RC Quick, a resident of Caroline, said he is a sixth-generation landowner and his family has owned land in the town since 1864. Quick said he feels that zoning in Caroline is unnecessary because the town has pre-existing building requirements and code enforcement laws, which are appropriate for a town the size of Caroline.

“There is a responsibility, I would think, of the town government to listen to its constituents,” Quick said. “And nothing could speak louder than a petition with 1,228 signatures, which is 38% of the town’s population and doesn’t include the 600 children who are under voting age. So that 1,228, for me, it becomes a much higher percentage.”

John Fracchia, career engagement and technology specialist at Ithaca College, is a resident of Caroline and served on Caroline’s Town Board from 2014–21. Fracchia said that while zoning has proven to be problematic in the past, zoning laws in Caroline are being developed not to discriminate but for the sake of the town’s resources.

“If you look at the history of zoning laws, they’ve been used nefariously to discriminate, which is not something I would dispute,” Fracchia said. “What I would dispute is whether that’s applicable to our community. I could also make the case that areas that have not had any of these protections in place often become the victims of mass industrialization, contamination resources, and those are often the most economically vulnerable communities.”

Quick said he was dissatisfied with the composition of the Zoning Commission and is afraid that if zoning is implemented, it can lead to a domino effect of government control.

“There was not a farmer in the Zoning Commission in an agricultural, rural town,” Quick said. “The majority of the Zoning Commission members have a ‘cornell.edu’ email.”

Caroline is only required to have at least one public hearing before implementing zoning, according to the New York State law. However, the Zoning Commission has organized six public information sessions and two public hearings after the zoning ordinance draft was prepared.

Bill Podulka, chair of Caroline’s Planning Board, said the Town Board appointed every individual who applied to be a member of the



Many signs are scattered across the Town of Caroline. Since the town began reviewing zoning, signs have stood in protest while others are raised in support.

ABBY BRADY/THE ITHACAN

Zoning Commission, except two individuals who applied but did not reside in the town. Podulka said that if more residents had been involved in the process, representation in the board could have been worked on.

“First off, in a small town, it’s often really hard to get people to step up to the plate and do stuff,” Podulka said. “When the Zoning Commission was appointed, had other members of the community stepped forward on it, they probably would have been appointed.”

Podulka said that while talking about autonomy over land, people must consider the consequences of how they use their land.

“The community has to work to the benefit of everybody because what you do on your property may, and often does, impact the properties next to you,” Podulka said.

Fracchia said that while he does want zoning, he does not want too much of it.

“I’ve come to believe yes, we do need some form of zoning,” Fracchia said “I found that many of us who feel more like I do don’t want a high level of zoning. We want what we’re calling sometimes ‘skinny zoning’ or ‘responsible zoning.’”

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ResLife and student conduct speak to SGC

BY DOMINICK PETRUCCI
STAFF WRITER

Ithaca College’s Student Governance Council met April 10 to discuss refreshing Terrace Residence Halls’ bathrooms, changes to the academic misconduct policy and issues with campus living.

Guest speaker Laura Davis, director of Residential Life and Judicial Affairs, discussed a survey sent out April 10 to students about their residential living experiences. Davis also said there is a project currently in development repairing Terrace bathrooms.

“You have grout that may be sterilized every day, but it’s faded, dark brown grout and that looks disgusting,” Davis said. “That is not going to give you confidence and feel good about the place you’re in.”

Davis said the college is refreshing the restrooms and not doing a remodel because of budget concerns. She said the refresh will not include any current single-user bathrooms but plans for expanding all-gender bathrooms would be included. Davis said the projects are pending budget approval.

Katie Newcomb, assistant director in the Office of Student Conduct and Community Standards, explained possible changes to a misconduct process.

“If you read through the old academic misconduct process, it’s a little clunky,” Newcomb said. “We wanted to fix that so that any student or faculty could read through the Code of Conduct and have a



Katie Newcomb, who is an assistant director in the Office of Student Conduct and Community Standards, spoke with the SGC about potential changes to the academic misconduct process.

RAY MILBURN/THE ITHACAN

clear understanding of what the process looks like.”

The student conduct violation process currently functions under an agreement process where if a faculty member suspects a student of plagiarism or cheating, they discuss the issue with the student.

If the incident is identified as academic misconduct, the student signs a form that gets sent to the Student Conduct office and the student is placed under academic probation.

“Quite frankly, it’s not a great process,” Newcomb said. “If the student doesn’t agree, we have to send it to a review board that takes a lot of time . . . and resources.”

The process has now been turned into an administrative hearing process.

Once students are referred to student conduct, they have a chance to meet with a member of the board to discuss their perspective on the incident.

During the open agenda, SGC had a casual discussion about rats being spotted in West Tower and if

ResLife is aware of this issue.

Rishabh Sen, vice president of campus affairs, spoke with Bonnie Prunty, vice president of Student Affairs and Campus Life, the prior week about how the college is dealing with the rats.

“Rats are on their radar and they mostly go to corner rooms,” Sen said. “They are dealing with it by building traps and partnering with a third party company that is being very proactive.”

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Seniors receive campus award

BY LORIEN TYNE
NEWS EDITOR

Ithaca College awarded 10 seniors with the 2022–23 Campus Life Award for their continuous service to bettering the campus community.

At the end of each academic year, the college honors a group of graduating seniors who have made significant contributions through their involvement in the campus community.

Bonnie Prunty, vice president of Student Affairs and Campus Life, made the announcement to the campus community April 6 on Intercom.

Students who are nominated for the award must show leadership skills and significant accomplishments, in addition to having participated in campus life in numerous ways during their time at the college.

The recipients of the 2023 Campus Life Award are seniors Linnea Carchedi majoring in integrated marketing communications; Samantha Frieri majoring in literatures in English; Shaunté N. Gregoire majoring in physical therapy; Grace Madeya double majoring in theatre arts management and integrative studies in theatre education and social justice; Jolivia Manning majoring in health science with planned clinical emphasis; Austin Ruffino majoring in business administration with a management concentration; Isaac Schneider majoring in instrumental music education with a euphonium concentration; Holden Shatouhy majoring in integrated marketing communications; Connor J. Watson majoring in politics; and Kalena Arianna Yearwood majoring in politics.

CONTACT: LTYNE@ITHACA.EDU

Q&A: Senior shares passion for Habitat for Humanity

Senior Cayla Jones, vice president of Ithaca College’s Habitat for Humanity chapter, has been working with Second Wind Cottages, a housing program for unhoused individuals.

Apart from being involved with Habitat for Humanity, Jones is the co-president of the college’s Student Occupational Therapy Association, a buildings and operations manager at the Fitness Center and a member of the Amani Gospel Singers choir.

Assistant News Editor Prakriti Panwar spoke with Jones about her passion for affordable housing and her experience giving back to Habitat for Humanity, an organization that played a significant role in her personal life.

This interview has been edited for length and clarity.

Prakriti Panwar: Is there a specific reason why you joined IC’s Habitat for Humanity, or is there a motivation behind it?

Cayla Jones: I grew up in New Jersey and my mom is a single mom of four girls. And we actually built our house with Habitat for Humanity. I grew up with my mom always volunteering for Habitat and then eventually she applied to the lottery because that’s how these houses are assigned to families. And my mom built the home that we currently live in with Habitat and so I have been directly impacted by Habitat’s mission and the work that I’ve done with volunteers, just the kindness of their own hearts. And I didn’t even second guess it. I had to get involved and have to keep this going and do for others what was done for me, and I like giving back, and so I’ve been a part of the club for four years, and I plan to volunteer with Habitat for the rest of my life.

PP: How do you fulfill Habitat for Humanity’s

vision and mission toward Ithaca College’s chapter specifically?

CJ: So with the IC chapter specifically, the goal is to connect students to the community and to opportunities to give back and help. My role with the club is to send emails out and just inform everyone about events and meetings and spread the word about different ways people can get involved. So that role of mine is something I like to take very seriously and love to do. . . . I’m the one usually going through the emails and kind of coordinating who we’re going to tell and how we’re gonna tell them and I think it’s important to deliver the messages and deliver these opportunities in exciting and fun and light ways. . . . So, my general goal is to just make volunteering — getting involved — less of a chore and more something that’s fun and something that is very low stakes and good for all parties involved.

PP: What do you see happening to Habitat for Humanity once you graduate?

CJ: Right now we’re holding elections. . . . We’re looking to pass the club down to people who are passionate and willing to continue working toward this mission of contributing and connecting with the Ithaca community. . . . What we expect next year is to continue this Second Wind collaboration and partnership and also hopefully a break trip is planned next year. Habitat usually sends a bunch of students to another state to work and build homes with that week that students have off. That is always a super meaningful experience for those involved and ever since COVID, we haven’t had the ‘big trip’ back up and running. So that’s something I’m hoping the club gets to pick back up and gets to continue to contribute to, as well as continuing to get involved with builds all around



After growing up in a home built by Habitat for Humanity, senior Cayla Jones, vice president of IC Habit for Humanity, is a dedicated volunteer and advocate.

AMINATTA IMRANA JALLOW/THE ITHACAN

Ithaca and making sure that the Habitat chapter of Ithaca, and also just Ithaca College’s chapter, providing housing and support in peaceful and non-problematic ways to make sure everyone’s able to get access to housing in a way that is morally proficient for all. . . . We recently had just gotten a new adviser. . . . She, I think, is going to play a big role in continuing this club.

PP: What has IC’s Habitat for Humanity’s greatest achievement been so far?

CJ: I would say our greatest achievement is probably our collaborative work with Second Wind Cottages. . . . I think that collaboration — it’s relatively new — and I think it’s one of our

most successful connections and achievements just because it is . . . more Ithaca-specific. . . . And so it perfectly encapsulates what our mission as a club is but it’s not through Habitat. . . . This past fall, we got weekly trips to Second Wind going. . . . But hands-on stuff started this past fall and so that project was awesome because we got some Habitat members from Cornell’s campus to get involved in coming and building and we were working on getting lighting into the shed.

CONTACT: PAPANWAR@ITHACA.EDU

COLLEGE BRIEFS

Ithaca College announces death of Lois Butterfield at 91 years old

Ithaca College announced April 8 that Lois Butterfield, widow of Jim Butterfield, football coach at the college from 1967 to 1994, passed away April 1 at 91 years old. There is a seat in Butterfield Stadium with the sign “The Big I Sits Here,” honoring her commitment to the team while her husband was head coach. She attended every game and often attended practices, acquainting herself with all the players. She held post-game gatherings, no matter the outcome, for family, friends and colleagues. Lois Butterfield also became involved in the community by starting Interim Families, a program where children could stay with volunteer families while their families went through hard times. She later worked for Family and Children’s Services of Tompkins County.

Nobel Prize in chemistry winner plans visit to campus in Fall 2023

Stanley Whittingham, 2019 Nobel laureate in chemistry and director of Northeast Center for Chemical Energy Storage at SUNY Binghamton, will visit Ithaca College from Oct. 19 to 21, where there will be opportunities to meet him and attend his talks. Whittingham won the Nobel Prize for his development of lithium-ion batteries. On Oct. 19, there will be a Science Talk about lithium batteries. The next day, there will be meetings with the college community. Finally, on Oct. 21, there will be a General Audience Talk about renewable energy, energy storage and climate change.

All members of the college community and the general community are invited to attend the talks. The visit is possible because of the Camille and Henry Dreyfus Foundation’s Jean Dreyfus Lectureship for Undergraduate Institutions Program. Any individuals with disabilities requiring accommodations should contact Paula Larsen at plarsen@ithaca.edu or 607-274-3238.

Center for Faculty Excellence offers sessions on testimonies

From 2 to 3 p.m. April 19 in the Center for Faculty Excellence in Gannett 316, Belisa González, professor and dean of Faculty Equity, Inclusion, and Belonging and outgoing director of the Center for the Study of Culture, Race and Ethnicity, will facilitate a faculty conversation about racial micro and macro aggressions. The conversation will be based on student testimonials published by IC Rise

Up and past years’ students. There will be a presentation at the beginning of the session about the themes taken from IC Rise Up testimonies and the background of racial macro and micro aggressions. There will then be open conversations about faculty adjusting their teaching techniques to be more equitable. A second session has been scheduled for 3 to 4 p.m. May 1 in the Collaborative Meeting Space in Gannett 319. González will also facilitate the second discussion and the structure will be similar to the first one. Participants should register on IC Engage. Individuals with disabilities requiring accommodations should contact Colette Matisco at cfe@ithaca.edu or 607-274-3734.

Center for Health Promotion to support Drug Takeback Day

From 11 a.m. to 3 p.m. April 19 in the Campus Center lobby, the Center for Health Promotion will host an event for students to drop off unused or outdated medication for safe disposal. This event, sponsored by the college’s Alcohol & Other Drug Team, is in support of National Drug Takeback Day. Members of the campus community can exchange their medication for popcorn, no questions asked. For questions, contact the Center for Health Promotion at healthpromotion@ithaca.edu.

Staff annual performance review process continues through April

The college is currently undergoing the process of annual performance reviews for staff and supervisors. Reviews are opportunities for reflection on the past academic year and can help identify future goals. The process began March 20 and will continue through May 5. The online process is available through the IC HR Cloud. Between March 20 and 31, employees should have completed their self-assessments and supervisors should have collected feedback on their reports. Any time between April 1 and 21, supervisors should complete performance reviews. Any time between April 22 and May 5, supervisors should schedule review meetings to provide feedback about performance. Staff and supervisors are recommended to contact their respective HR Business Partners if they have any questions about their department’s performance review process.



Students get pied to get paid for charity

From left, junior Maddie Berg prepares to get pied by senior Julia Dath during BomberTHON on April 8 in Emerson Suites. BomberTHON is a student-run organization that raises money for Upstate Golisano Children’s Hospital.

ABBY LI/THE ITHACAN

IT scheduled to wipe old deleted emails in Outlook starting June

Beginning June 1, all messages in the Deleted Items folder in student, faculty and staff Ithaca College email accounts will be permanently deleted after 60 days. Only messages in that folder will be deleted, and only after they have been in that folder for 60 days. This is being done so that the college-run email accounts and general Microsoft Office 365 do not run out of storage. If messages need to be saved outside of inboxes, they can be saved to the Archive folder, where they will not be deleted. For any questions or to get assistance, contact the IT Service Desk at servicedesk@ithaca.edu or 607-274-1000.

Area office operations assistant plans retirement after 40 years

Catherine Wall ’82, area office operations assistant in the Office of Residential Life and Student Conduct and Community Standards, retired April 12. Wall has worked in the Office of Public Safety, the Office of Judicial Affairs and the Office

of Residential Life. Wall has focused a lot of her time with ResLife in the Quads Area Office, supporting students in Upper and Lower Quads, Emerson Hall and the Garden Apartments. Most recently, Wall has worked in the Circle Apartments office since 2020. Wall was also a member of the Toastmasters International club on campus. The campus community can privately thank her for her contributions to the college via email at cwall@ithaca.edu.

Senior Week Committee seeks volunteers for senior activities

First-year students, sophomores and juniors are needed to volunteer with the IC Senior Week Committee and assist with activities. Volunteers will help facilitate four events for the senior class. Events run May 15–19 and all volunteers will get specific shifts. Interested students should fill out a form on IC Engage by April 23. For questions about Senior Week or the form, contact the IC Senior Week Committee at seniorweek@ithaca.edu.

PUBLIC SAFETY INCIDENT LOG

SELECTED ENTRIES FROM MARCH 27 TO APRIL 2

MARCH 27	MARCH 30	APRIL 1	APRIL 2
<p>MEDICAL ASSIST/ PSYCHOLOGICAL LOCATION: Hammond Health Center SUMMARY: A caller reported that a person had been taken into custody under requirements of the Mental Hygiene Law. The person was transported to the hospital by ambulance. A report was taken. Patrol Officer Steven Hutchison responded.</p> <p>ACTUAL FIRE/FLAME/IGNITION LOCATION: Circle Apartments 181 SUMMARY: Simplex reported a fire alarm. Activation was caused by a fire in a microwave. A report was taken. Master Patrol Officer Sophia Dimkos responded.</p>	<p>person was delusional and making alarming statements of self-harm. The person was taken into custody under requirements of the Mental Hygiene Law and was transported to the hospital by ambulance. A report was taken. Patrol Officer Kevin McClain responded.</p> <p>MEDICAL ASSIST/ ILLNESS RELATED LOCATION: East Tower SUMMARY: A caller reported someone vomiting. The person declined medical assistance. A report was taken. Patrol Officer Thaddeus May responded.</p> <p>CRIMINAL TRESPASS/ SECOND DEGREE LOCATION: Bogart Hall SUMMARY: A caller reported that a person who had previously been restricted from campus was inside a residence. This is a pending investigation. Patrol Officer Mayra Colon responded.</p>	<p>MOTOR VEHICLE ACCIDENT/ PROPERTY DAMAGE LOCATION: Grant Egbert Boulevard SUMMARY: A caller reported a car-pole property damage motor vehicle accident. A report was taken. Sergeant Jon Elmore responded.</p> <p>ACCIDENTAL PROPERTY DAMAGE LOCATION: Lyon Hall SUMMARY: EH&S staff reported damage to a stove because of a fire. A report was taken. Enoch Perkins, fire protection specialist in the Office of Environmental Health and Safety, responded.</p> <p>ACTUAL FIRE/FLAME/IGNITION LOCATION: Lyon Hall SUMMARY: A caller reported smoke detector activation. The officer determined the fire in the oven caused the alarm because of burning food. A report was taken. Enoch Perkins, fire protection specialist in the Office of Environmental Health and Safety, responded.</p>	<p>FIRE ALARM ACCIDENTAL LOCATION: 12 College Circle Drive SUMMARY: Simplex reported a fire alarm. The activation was caused by steam from a shower. Thaddeus May responded to the call.</p> <p>WELFARE CHECK LOCATION: Bogart Hall SUMMARY: A caller reported that a person texted alarming messages. The officer determined that the person was not an imminent threat. A report was taken by the officer. Master Patrol Officer Sophia Dimkos responded.</p> <div><p>Full public safety log available online at www.theithacan.org.</p><p>KEY</p><p>SCC – Student Conduct Code V&T – Vehicle & Transportation EH&S – Environmental Health and Safety</p></div>
MARCH 28	MARCH 29	MARCH 31	
<p>MEDICAL ASSIST/ PSYCHOLOGICAL LOCATION: E-Lot SUMMARY: A caller reported that a</p>			

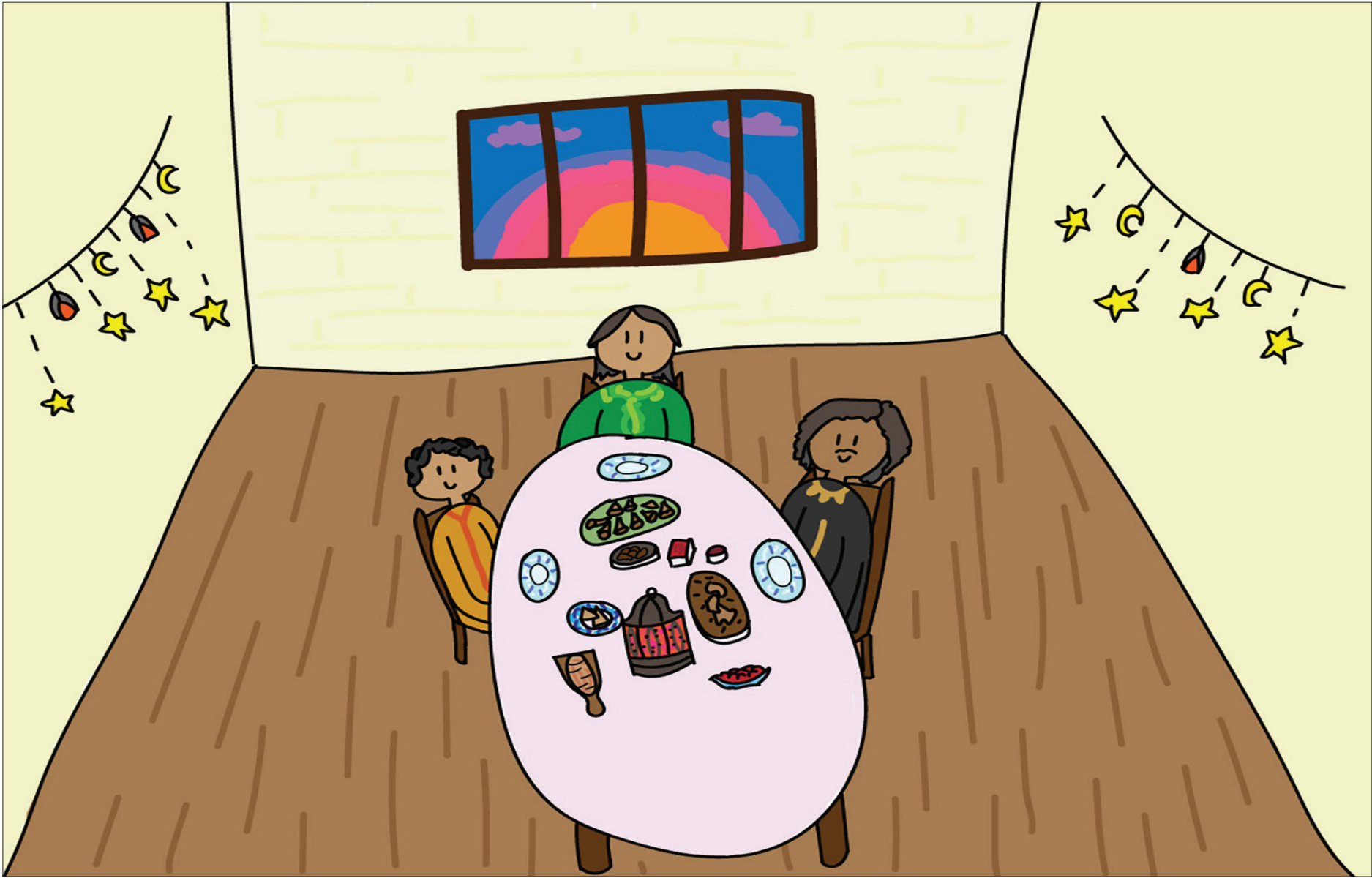


ILLUSTRATION BY BRODY SMITH/THE ITHACAN

EDITORIALS

More assistance is needed for Muslim students’ joy

Ramadan is one of the five “pillars of Islam,” the others being daily prayer, alms-giving, declaration of faith and the pilgrimage to Mecca. It is a Muslim holiday that is celebrated around the world during the ninth month of the Islamic calendar. During Ramadan, people fast and experience spiritual growth throughout a whole month, during which people do not eat, drink or participate in sexual relations from dawn until sunset. Celebration of Ramadan allows followers to be conscious of God. Resisting necessities, like water and food, for a month allows one to appreciate the value of those things. Ramadan is a chance for believers to stay away from sinful acts and be kind, forgiving and compassionate.

During Ramadan, many students may experience a lack of sympathy and understanding from people who do not identify as Muslim and have a lack of knowledge about the holiday. To make the experience more enjoyable, the college community can start with

emotional support; making sure that every student is accommodated according to their needs during Ramadan would create a more welcoming experience. The accommodations might differ for every student, so there cannot be a concrete list. However, allowing students to take part in creating specific accommodations would serve the purpose well.

Not consuming food and water from dawn until sunset is one of the hardest parts of the holiday. Ithaca College must ensure that they have options for Muslim students. The Kosher Korner at the Terraces Dining Hall — a halal-certified food option open until 8:30 pm — is not quite enough. The sun usually sets between 7:30 and 8 p.m. during the months of Ramadan, which does not give students much time. However, having an all-night or late-night dining option during Ramadan would help energize students for the next day. To be inclusive, the college must be welcoming toward religious holidays and make sure that the ones celebrating have a joyful experience.

Entertainment should not consist of stealing signs

There have been incidents of signage stealing and vandalism around Ithaca College’s campus. Exit signs, gender-neutral bathroom signs and cones disappear, and it is left up to the Office of Facilities to replace those and make sure it does not repeat. Unfortunately, the Office of Facilities does not have the power to supervise every sign around the campus, so these incidents keep occurring. On a good note, larceny and criminal mischief reports have been decreasing since Fall 2021, while in Fall 2021, there were 33 larceny and 35 criminal mischief reports and in Spring 2023, there have been only 26 larceny and 16 criminal mischief reports.

The decrease in larceny does not mean that the problems are solved. There are still many occurrences of signage stealing and the Office of Facilities cannot do anything about it except continuously replace the signs.

It is up to people who steal the signs to understand that their actions can harm others in various ways. Missing signs can create confusion among people who are trying to get to a particular location, missing cones can create a dangerous situation by allowing someone to enter a location that they should not and, also, it is somewhat insulting toward the workers of the Office of Facilities who try to make the college a welcoming place, yet some people disrespect their efforts by stealing the signs.

Some students like stealing signs to decorate their rooms. While students may steal signs as a fun activity, their actions still harm someone else, even if the original purpose was not to cause inconvenience. If decorating rooms with signs is enjoyable for students, they can buy signs online instead of stealing. Next time you approach such an activity, ask yourself if it is worth creating trouble for others.

LETTER TO THE EDITOR

Send to ithacan@ithaca.edu.

ALL LETTERS MUST:


- Be 250 words or fewer
- Be emailed or dropped off by 5 p.m. Monday in Park 220

GUEST COMMENTARY

Send to ithacan@ithaca.edu or to the opinion editor nhakobyan@ithaca.edu.

ALL COMMENTARIES MUST:

- Convey a clear message
- Be written by an individual or group who has an educated opinion or is an authority on a specific subject
- Be between 600–650 words. Whether more or less space is allotted is at the discretion of the editor



COURTESY OF NINJIN TUMURBAT

FIGURE OF SOUL

NINJIN TUMURBAT

Hug a tree for soul healing

I felt extraordinarily sad and hopeless this week and could not pinpoint what was pressuring my mind and body. It seemed like when everything else was growing inch by inch, I was stuck in one season. Whenever this nihilist side of mine comes up, I usually force myself to go read or sleep. This time, I had more sleep than reading. Fortunately, the small piece I read was worth sharing, especially with my future self when I feel extraordinarily sad and empty again. I also think reading always brings fortune, both at happy and sad times. So, here it is!

The poet May Sarton says, “Imitate the trees. Learn to lose in order to recover, and remember that nothing stays the same for long. . . . Sit it out. Let it all pass.” After reading it, I thought, “How am I supposed to observe this invisible pain when it is not even bearable?” Then, I stepped back and imagined myself to be a tree — a humble elm tree that I used to pass for almost a decade near my home. It was nothing special — just a tree in a metropolitan city where the weather is strongly continental, meaning it has to survive four seasons.

It sheds and blooms leaves. It converts carbon dioxide into life-sustaining oxygen and provides shelter for birds and animals. It tries to survive the bitter cold of winter and the heat of summer, creating a space of shadow for hardworking beings. And it has been doing all of these for years and surely many more in the future. How could I see it as not special? How could I see my life as hopeless when it had been trying its best to survive for years?

As the leaves turn gold and red in the fall, trees stand tall and proud and do not fear the harshness of the coming season. Instead, they accept it and take comfort in knowing they will emerge stronger and more beautiful when spring returns. They encourage themselves: “It might be a little hard to bear, but I will be able to survive even worse than this condition once I endure this.” Once you lose what you had before, see it as a gift to align with nature and practice sustainability of life and happiness.

Austin Kleon beautifully illustrates this notion of sustainability of life in his book “Keep Going.” He shows how time is measured not in seconds but heartbeats, not days but sunrises, not weeks, months but moon phases, not quarters but seasons, and not years but the return of spring. We can adopt this perspective to sustain our lives, just as trees do. We are the trees, after all, as all is one! So, the next time the weight of my sadness gets a little too much, I will turn into a tree — maybe journal how the wind rustles through my leaves and the sun warms my bark on a sunny summer day. I will sit with my pain, observe it and let it pass, knowing that I am nurturing the sustainability of my happiness.

FIGURE OF SOUL is a column written by first-year psychology major Ninjin Tumurbat (she/her) that analyzes metaphors. Contact her at ntumurbat@ithaca.edu.

GUEST COMMENTARY

Editor’s Note: This is a guest commentary. The opinions do not necessarily reflect the views of the editorial

Small remarks impact eating disorders

BY NATALIE TRIBIANO
SENIOR

The glamorization of disordered eating in college is brutally real. I never thought too much about what I ate until I decided to embark on this treacherous journey otherwise known as the pursuit of higher education. With the infamous term “freshman 15” ingrained in our minds, students tackling a new environment head-on with this slimy, negative thought pattern is a challenge. When surrounded by people who talk about continuously shrinking their bodies or put down others for their appearances, it gnaws at us. It permeates our subconscious and comes out in other ways.

Reflecting on my first-year self, I remember looking in the mirror and thinking, “I shouldn’t have eaten before I went out. Now I am bloated.” Bloating is normal, but the people around you decide to skip dinner in order to wear a crop top. I’ve decided not to eat before I drink, my mind telling me, “If I skip this meal, I can drink more because I would’ve saved calories.” It was a dangerous game and one that could have sent me to the hospital, but



Senior Natalie Tribiano, former Life & Culture editor, discusses eating disorders in college and says that comments about eating habits leave marks on people’s physical and mental health.

XINYI QIN/THE ITHACAN

that was what all my friends were doing, right? It’s nuances like these that contribute to a much larger issue. Everyone deserves to nourish and love their body.

Spending your whole life trying to shrink yourself? It’s not worth it. I’ve been there. It’s painful, it whittles your self-esteem down to mere crumbs. All you think about is food. What turns into one skipped meal here and there leads to a couple of skipped meals a few times a week. This snowball effect can create a very serious eating problem, and for what? People need to be aware of little comments they make about themselves, like, “I barely ate today; I feel so skinny!” and others, like, “That’s all you’re eating?” and, “Oh my god, that is so much food!” because it can truly trigger someone more than they could ever know. Even if it is just a joke, it could be the reason someone decides to skip their lunch.

Natalie Tribiano (she/her) is a senior Integrated Marketing Communications major. Contact her at ntribiano@ithaca.edu.

GUEST COMMENTARY

Editor’s Note: This is a guest commentary. The opinions do not necessarily reflect the views of the editorial

ICLA program is not inclusive for all

BY KEENAN GRIEBEL
JUNIOR

The Ithaca College Los Angeles program sounds like something out of a dream: live in Los Angeles for a semester and do an internship all while still taking classes to complete your degree. What could be better?

I was recently accepted into the program for Fall 2023. I was beyond thrilled. This has been a goal of mine since sophomore year, I planned my semesters around going to LA and now I am finally going! Except my excitement was quickly met with confusion, frustration and disappointment.

To go to LA you still need to be enrolled as a full-time student with a minimum of 12 credits. These credits include a six to eight credit internship and Media Industries, a one-credit course required for all ICLA attendees. That is nine credits at most. To fill the rest you take classes that are specially offered to students in LA, plus you may take classes on the Ithaca College campus that are offered remotely or asynchronously. For Fall 2023, the special courses offered on the Los Angeles campus are Fiction Film Theory, Writing the Feature Film, Thesis Writing for Screen Media and Electronic Media Criticism.

We have been assured that everyone will have an internship and everyone will receive guidance on getting one upon request. Plus, a perk of ICLA is getting access to a database of companies seeking interns and contacts to reach out to. However, it is clear which types of internships the program is prioritizing. As of April 11, there are 113 internships in the database. Of these 113, 68 are tagged with “Production” as a department (which includes post-production) and 65 are tagged with “Film.” Only 37 contain “Marketing,” 37



Junior Keenan Griebel is frustrated with the ICLA program and its class offerings. She thinks ICLA should either be only for film majors or inclusive for all.

KALYSTA DONAGHY-ROBINSON/THE ITHACAN

contain “Social Media” and 28 contain “Public Relations,” bearing in mind some of these postings have multiple departments.

These complaints have not only led to immense frustration, but they have forced me to ask the question: Is the ICLA program really for all students in the Roy H. Park School of Communications?

I am not suggesting there is an issue with the ICLA program as a whole or suggesting there would be an issue if it was only for film students; this is a great opportunity to get on-set experience in the hub of the film industry. There is an issue with misleading advertising. ICLA cannot continue to promote itself as a program for all Park students if one group is prioritized over the rest. Perhaps the solution is to offer more non-film-centered classes remotely on campus or integrate them into the specialized ICLA offerings or to make the resource of the internship database more inclusive to industries that are relevant to non-film majors.

So what could be better about ICLA? Make it actually inclusive to all Park majors. Or reframe the program as being for film and production majors. Either way, there must be a more honest representation of the program so students are no longer disappointed by a lack of options for them.

Keenan Griebel (she/her) is a junior Integrated Marketing Communications major. Contact her at kgriebel@ithaca.edu.

DIVERSIONS

THURSDAY, APRIL 13, 2023

crossword

By Quill Driver Books

1	2	3	4		5	6	7	8		9	10	11	12
13					14				15		16		
17					18						19		
20					21			22		23			
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32						33				34	35	36	37
38				39	40					41		42	
43			44		45					46	47		
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51	52	53					54	55					
56						57		58			59	60	61
62					63		64			65			
66					67					68			
69							70			71			

ACROSS

- 1 Roman legion
5 Male hog
9 Grab a cookie
13 Fountain drink
14 Radiant
16 Gross
17 Peaceful
18 Camel relative
19 Swing a scythe
20 Quail
22 Confidential
24 Backspace on a PC
26 Granted a mortgage
27 European capital
30 Zorba portrayer
32 Came up
33 Gloom
34 "Sesame Street" topic
38 Harper or Majors
39 Not as robust
42 Gold, in Peru
43 Weight deduction
45 Impressive vases
46 Spoken
48 Cone-shaped tent

DOWN

- 1 Checkbook no.
2 Bleachers sound
3 Marseilles Ms.
4 Whines
5 Crooner's tune
6 Leers
7 Crimson Tide st.
8 Easy victory
9 Bliss, to a Buddhist
10 Body of water
11 Go to the rink
12 Promoted
15 Ferocious
50 Schedule
51 Camel country
54 Playing card
56 Infest
58 Part of AMA
62 Arrogant
63 Harsh-voiced bird
65 Aachen article
66 Best or Ferber
67 Giving the once-over
68 Metric prefix
69 Lurch
70 Agree with
71 Elmer Fudd, e.g.

DOWN

- 21 Concise
23 Solar wind component
25 Horses or zebras
27 Germinated grain
28 Region
29 Go-getter
31 WWW addresses
33 Stable parent
35 Benefit
36 Filth
37 Seltzer
40 Spring a leak
41 Hit the ceiling
44 Lasting forever
47 Easygoing

DOWN

- 49 Get wrong
50 Retaliate
51 English Channel port
52 Duck out from under
53 Trawler net
55 Correct a text
57 Opposing votes
59 Breezy greeting
60 Part of A.D.
61 Boxer — Spinks
64 Grandfather clock numeral

last issue's crossword answers

W	O	K	E		S	H	A	D		K	R	I	L	L
A	L	E	X		W	A	G	E		E	E	R	I	E
Y	E	L	P		A	L	O	E		E	L	A	T	E
S	O	P	R	A	N	O		P	O	L	I	T	E	R
				E	E	K	S			L	E	V	E	R
B	R	A	S	S		A	S	I	D	E				
L	A	S	S	O		M	E	R	V		E	L	F	
E	N	S		P	L	A	T	T	E	R		Y	O	
W	I	T		A	N	N	A		O	M	E	N	S	
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R	E	G	A	R	D		P	I	S	A				
A	M	E	N	D	E		H	E	E	D	I	N	G	
D	I	O	D	E		U	F	O	S		O	D	O	R
O	L	D	E	R		D	E	N	T		W	O	V	E
N	E	E	D	S		E	N	Y	A		S	L	A	W

NEW
ISSUE

EVERY
THURSDAY

Create and solve your
Sudoku puzzles for FREE.
Play Sudoku and win prizes at:
PRIZESUDOKU.COM
The Sudoku Source of "The Ithacan".

sudokus

very easy

8		5		1	2		9	7
			5		6			8
9	2					6	5	
			1		5			9
3						5	4	
	5			8			3	6
1		4		2		3		5
	3		8				6	
6		7		5	3			1

medium

			4	6			7	
					1	3		
	4							
	2		5	4				
	6			1			5	
4					3			8
8					7			
		2			8	5		7
	5		1			6		

answers to last issue's sudoku:

medium

3	7	4	5	6	2	8	1	9
2	8	9	1	3	7	4	5	6
6	1	5	9	4	8	3	7	2
9	4	1	3	7	6	2	8	5
5	2	7	8	1	4	9	6	3
8	6	3	2	5	9	7	4	1
4	9	6	7	2	1	5	3	8
1	5	8	4	9	3	6	2	7
7	3	2	6	8	5	1	9	4

hard

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From left, sophomores Johanna Tackitt and Claire Chesne spend time on a bench outside. More students are taking advantage of the outdoors and warm weather.

LEILA MARCILLO-GOMEZ/THE ITHACAN

FROM WEATHER, PAGE 1

produce more serotonin, a neurochemical that helps regulate mood, according to the *Innovations in Clinical Neuroscience Journal*. A lack of serotonin in the body can lead to depression and anxiety. So even when the weather is not 70 degrees, days with a clear and sunny sky might help improve students' moods.

John Witkiewicz, mental health counselor in the Center for Counseling and Psychological Services, said he has emphasized the importance of getting outside to many of his clients and is trying to bring it to even more students. Since starting at CAPS in Spring 2023, he has been working to revive the Nature Rx program at the college.

Nature Rx is a program adopted from Parks Rx, a national movement by mental health professionals as well as the National Park Service, to encourage more people to

de-motivate people. It can feel sleepier here, I guess. There's a stronger urge to stay in bed and not do anything sometimes."

Witekiewicz said that both he and his clients were able to feel calmer and less stressed after spending time out on a sunny day or trekking through the natural lands.

Sophomore Ryan Williams-Abrams said he always seems to forget how much the sun impacts his mood. Williams-Abrams said he never thinks a sunny day will help as much as it does.

"My mood improves significantly whenever the sun is out, and I seem to always forget that it will be until it is," Williams-Abrams said. "The sun comes out, and my seasonal depression is instantly cured by the vitamin D I get."

Seasonal depression, like any kind of depression, has a major impact on mood and motivation, but the key difference is the bodily reaction to a lack of sunlight. Mental and



Junior Dylan Raisch uses chalk to draw an image on the concrete. Studies have shown that increased exposure to sunlight can help produce more serotonin.

JADYN DAVIS/THE ITHACAN

be prescribed time outside, often in a park, as the name suggests, either by a medical or social professional, or by themselves. Witkiewicz said he is looking to revive this program at Ithaca College, as it has been largely dormant since the COVID-19 pandemic, and hopes to involve the partnership between Hammond Health Center and Cayuga Medical Associates. Witkiewicz has spent much of his career focused on the impact of nature and being outside on people's mental health. As someone who spends a lot of time hiking, camping and trail running, he said he knows firsthand how powerful getting outside can be.

"In college I really got into hiking and climbing," Witkiewicz said. "I studied abroad in the Himalayas, which was a lot of things like that every day. And then I lived in Colorado, a hub for the kind of outdoor activities I was doing. But here, there's a lower energy level, there's less sun and I think that just

physical health were key factors in periods of lower productivity, according to a study done by professors at Cambridge University and Charles University.

Junior Savannah O'Connor said she tries to take advantage of days with good weather by taking long walks or just sitting outside with her roommates. She said she often tries to spend as much time outside as possible on warm and sunny days.

"I always try to find a reason to be outside whenever we get a random nice day," O'Connor said. "Sitting outside at one of the picnic tables, or my roommates like to take walks or watch the sunset. I just really love sunny days, to be honest."

But this energy does not get channeled into simply going outside; students like Williams-Abrams also feel more motivated to go to class and finish their schoolwork in the rare moments of clear skies and minimal wind chill. He said many days when he wakes

up and sees a dreary sky, he feels like going back to bed and skipping all the work he has to do, but it is the opposite once the sun is out.

O'Connor is a bit of the opposite. She said she prefers to be outside instead of doing work and often asks professors to have class outside on unexpectedly nice days. Being outside has often been associated with more positive mental health outcomes, according to the American Psychological Association. There are plenty of on- and off-campus ways to get outside and enjoy the weather. The gorges around Ithaca, like Buttermilk Falls, Ithaca Falls or the many others in town, are different ways to be outside.

Even without leaving campus, there are still many ways to get active and get outside, whether it is with friends or through

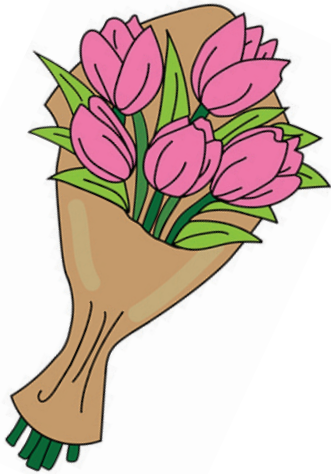


ILLUSTRATION BY
ARIANA GONZALEZ VILLARREAL/THE ITHACAN



From left, first-year student Owen Loiacono and junior Camille Cooke play their guitars under the shade of a tree after another long and cold Ithaca winter.

XINYI QIN/THE ITHACAN

extracurricular clubs, like the Ithaca College Nature Club. Members of the IC Nature Club meet outside, weather permitting, to walk around and find the best landmarks, coolest rocks and prettiest flowers the campus has to offer. Founded in Fall 2022, the club aims to make people more comfortable outside and make appreciating the natural world more accessible. Senior Bethany Holland, who is the founder and president of the club, said she wants to make people realize how beautiful nature is on campus, especially now that more plants are coming into bloom.

"It's nice to just walk around and appreciate the beauty around us, even if you're not looking for one specific thing like how the flowers look," Holland said. "And we really try to take advantage of all of the different places around campus, so that means going to the natural lands or next to the academic buildings and looking for things to appreciate there as well."

Although there is still much to find and appreciate on the days without picturesque weather that the club meets the club

members' favorite days are the sunny ones. Holland said that the club's most attended meetings are those on nicer days where they can go outdoors. Students do not have to be a member to join the club's walks at 4 p.m. on Mondays and Thursdays. Holland said anyone looking to get some more fresh air is more than welcome to come to their meetings. As Ithaca experiences more consistent warm weather, students are finally able to take advantage of the plethora of activities and events on and off campus, to relieve some stress from the incoming finals season or just a much-needed stretch instead of sitting at a laptop for hours on end.

"I love to embrace the nature that surrounds campus," Williams-Abrams said. "It's a shame that for so much of the time that we're here as students, the weather in Ithaca is so unpredictable. I hear the summers are fantastic. I wish I could actually experience them."

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First-year student Elliot O'Connor does work on a blanket outside Upper Quads. Many students choose to spend their time lounging outside on sunnier days.

XINYI QIN/THE ITHACAN

Annual comic convention is ‘the little guy’ once more

BY ROWAN KELLER SMITH
CONTRIBUTING WRITER

Across the Ithaca College campus, there are posters promoting ITHACON, Ithaca’s annual comic convention. On the back of those posters is the slogan, “Proud to be the little guy,” a testament to the convention’s history and values.

ITHACON will be hosting the convention from 10–5 p.m. April 22 and 11–4 p.m. April 23 in the college’s Campus Center and Williams Hall, is focused primarily on comic books, as opposed to larger comic conventions that cover other media.

“There’s a big focus on comics where other [conventions] have kind of moved away from that, and it’s clear spaces like this are so important to the industry,” senior Roxanne Palladino said via email.

The convention is hosted by the Comic Book Club of Ithaca, the longest-running comic book club in the country. While the Comic Book Club of Ithaca has come a long way from its humble beginning as a middle-school comic book club, it still has stuck to their values of creating a convention experience that is run by fans for fans.

Ed Catto, instructor in the Department of Management, leads the course ITHACON: Promoting and Managing Convention.

“While other conventions, like the San Diego Comic-Con, have grown very large, ITHACON takes great pride in being a small

convention,” Catto said via email. “We have ... plenty of time to meet with and easy access to our guests. Big conventions just can’t offer those things. So we are proud to be the little guy.”

The team behind ITHACON, both Catto and his students, consistently demonstrates a great deal of pride and passion for the convention and the values at its core.

“I think the biggest value for ITHACON is that it is a convention by fans for fans,” senior Evan Clarke said. “Everyone involved in this [is] also more likely to be a fan of pop culture and comics.”

Clarke, along with Catto, are the fans behind this “by fans for fans” convention. Students who worked in multiple ITHACONS can also act as mentors. This student involvement is one of the things that Clarke said makes ITHACON so special for both attendees and the students planning it.

It is not only the students who see value in the chance they are getting, Catto said he sees the importance of the work his students are getting.

“In the tradition of ‘passing it to the next generation,’ ITHACON forged a unique relationship with Ithaca College several years ago,” Catto said. “But that doesn’t mean that ITHACON is anything less than professional. In fact, we all have very high standards and work hard to ensure our attendees have an outstanding time, our professional guests are treated extremely well and all



Fans of comic books are gearing up for the 46th annual ITHACON from April 22–23. The convention and the students behind it pride themselves on creating a convention experience by fans, for fans.

LEILA MARCILLO-GÓMEZ/THE ITHACAN

the entrepreneurs who exhibit at our show enjoy maximum opportunities to build awareness and drive revenue.”

Opposed to conventions like San Diego Comic-Con, which charge between \$50 to \$75 per day, ITHACON only charges a \$10 fee per day for adults and a \$5 fee for membership for children between the ages of seven and 17. The affordability and therefore accessibility of the convention creates a unique experience that makes ITHACON special for comic

book and pop culture fans.

The upcoming convention includes a lineup of featured comic writers, artists and editors Will Dennis, Don Simpson, Mike Gold and Roger Stern. Attendees will also have a chance to meet people like Inkpot Award-winning artist and writer Jamal Igle, and “Star Trek: Deep Space Nine” actor J. G. Hertzler. These guests get to be a part of this unique and important convention, bridging the gap between fans and creators.

Palladino said she sees the

value in bringing fans and creators together.

“There’s a lot of comic writers and artists coming to the show,” Palladino said. “And they’ll be right there in Emerson Suites for fans to come talk to. There really aren’t spaces like that for fans to talk face to face with creators on a personal level outside the convention circuit, and at a small show like ITHACON it adds a whole new level of almost intimacy.”

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Audiences return to classic show in stage production

BY ELIZABETH KHARABADZE
CO-LIFE AND CULTURE EDITOR

Sitting in the dark as the opening is unveiled, the low hum of the cello mixes with the rest of the instruments to lull audience members back into the spooky but familiar fall foliage of the Unknown — filled with pumpkins, skeletons, ghosts and singing frogs.

Macabre Theatre’s production of “Over the Garden Wall” brought familiar characters from the beloved series to life April 7–9 in Clarke Lounge. The Cartoon Network miniseries originally ran Nov. 3–7, 2014, and was well received with a 93% rating on Rotten Tomatoes. Nearly nine years after its original run, fans are still interacting with the series — spawning fan pages, cosplays and hundreds of fanfictions. In December 2022, a student-run stage adaptation of the show was uploaded to YouTube.

First-year student Nick Williams played Wirt, one of the series’ protagonists. Donning the familiar blue cape and red cone hat Wirt wears in the series, Williams portrayed the adventures of Wirt, along with his half brother Greg and their bird guide Beatrice in the Unknown as they try to find their way back home.

Williams said he began watching the show online sometime after its original run while binge-watching other cartoons. However, Williams said that “Over the Garden Wall” had a certain Americana charm to it that entranced him on his first watch.

“There’s something so pure about the voice and emotion that are shared [in] ... being stuck somewhere as you’re

growing up and not really understanding the world around you,” Williams said. “I related to it as someone who was figuring out ... the world around him.”

First-year student Thatcher Schulmeister, who played Greg in the production, has a similar fondness for the show. They said they grew up watching the show with their brothers and would make it a tradition to watch the series each fall. When they found out about Macabre’s production, Schulmeister said they excitedly called their brothers to tell them the news.

“I think ‘Over the Garden Wall’ is more than just like two brothers’ journey home,” Schulmeister said. “I think it’s two brothers’ journeys into each other’s lives. ... And so I think watching the TV show strengthened my relationship with my brothers.”

This relationship to the show, Schulmeister said, strengthened his own bond with fellow cast and crew members.

“I think people mostly focus on chemistry between love interests ... but you have to have a very close bond when you’re playing siblings, and so Nick and I clicked very easily,” Schulmeister said. “He very much has that older brother feeling to me.”

Adapting a cartoon into a live-action theatrical production posed its fair share of problems, senior Rebecca Rivera, who directed the production, said. Rivera said she was in direct contact with The Blasting Company, the band behind the cartoon’s whimsical soundtrack. While the band had no existing sheet music for many of the scores, Rivera said she was able to work with the band for almost a year to transcribe some of the show’s music so that it could be



From left, senior Zoe Johnson and first-year student Nick Williams venture into the Unknown in Macabre Theatre’s stage adaptation of “Over the Garden Wall.”

JASMINE SCRIVEN/THE ITHACAN

used for the orchestra.

“It was fun and also a little challenging because there are things that happen in the cartoon that would be really impossible to do on stage,” Rivera said. “But ... I think the designers had fun trying to find a way to make those stylized costumes and props that you see in the show.”

The love shared for the original work helped create solutions for some of the logistical issues the cast and crew faced. Rivera said that while she was unable to cast an actual bluebird for Beatrice, first-year student Sonora Cohen-Rider stepped up as props designer to engineer a bluebird

puppet for Beatrice’s actor, senior Zoe Johnson, to use.

As the lights dim and the actors take their final bows, audience members say goodbye to the show — but the cast and crew of the production walk away with memories that will last a lifetime.

“I think the most special part about this is that we all kind of became friends,” Williams said. “And that doesn’t always happen, especially in college productions, because there are so many people that are coming from so many different places.”

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‘Dungeons & Dragons’ scores winning hand

MOVIE REVIEW: “Dungeons & Dragons: Honor Among Thieves” Lionsgate ★★★★★

BY EVAN MILLER
STAFF WRITER

A core appeal of the phenomenally popular tabletop role-playing game “Dungeons & Dragons” has always been that it gives players the ability to immerse themselves in the type of world that they have only dreamt or read about. “Honor Among Thieves” places the viewer in the middle of its story rather than at the very beginning. Edgin Darvis (Chris Pine) and his companion, Holga Kilgore (Michelle Rodriguez), are imprisoned in an arctic landscape after a heist goes wrong. Upon their escape, the two set out on a quest to assemble a team of adventurers to rescue Edgin’s daughter Kira (Chloe Coleman) from Forge (Hugh Grant), a treacherous con artist, and Sofina (Daisy Head), a member of the malevolent red wizards. Thankfully, “Honor Among Thieves” does not take itself too seriously. Rather than trying and failing to make the next big fantasy epic a la “Lord of the Rings” like the failed 2000 film adaptation did, it chooses to toe a much more comedic line. John Francis Daley and Jonathan Goldstein, the two filmmakers behind the underrated comedy “Game Night”

(2018), use fantasy archetypes known most notably to D&D to create a heartfelt and, importantly, hilarious fantasy adventure that anyone can enjoy. The film’s self-aware humor is one of many comparisons that can be made between it and films produced by Marvel Studios. While this may sound like a slight on “Honor Among Thieves,” it is quite the opposite. The light-hearted dynamic underdog characters fit the story well, as do the actors who portray them. Pine is more charismatic than ever and his brand of humor fits some of his character’s traits perfectly. Whenever one of the charming thief’s many plans goes wrong, he can always be counted on to nail a comedic one-liner that makes light of the dire situation the characters may be in. Rodriguez is a highlight in the film as well. Whenever Holga is given free rein to wreak havoc on squads of soldiers and knights, Rodriguez powerfully sells the berserker action of her barbarian character. The wider supporting cast is just as strong. Xenk Yendar (Regé-Jean Page), a paladin who aids the team in a small portion of their adventure, is a standout. The creativity in the action set pieces and humor are the film’s main draws for those



The fantasy game Dungeons & Dragons has been successfully adapted for the big screen in “Honor Among Thieves.”

COURTESY OF LIONSGATE FILMS

unfamiliar with D&D as a property. One outstanding sequence in particular, which sees the team reviving fallen soldiers to ask them questions about where they can find a relic, will have viewers roaring with laughter. Unfortunately, both of the “Honor Among Thieves” villains are not nearly as interesting as the heroes. While Grant is at least humorous like Forge, Sofina completely lacks any personality.

“Honor Among Thieves” is a remarkably fun time, offering a grand adventure that celebrates fantasy through its clever world-building, unlikely heroic characters and memorable creatures. Viewers will most likely be clamoring for more films set within this world. While it does not completely land a natural 20, it comes extremely close.

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Boygenius returns with a deeply love-filled album

ALBUM REVIEW: “the record” Interscope ★★★★★

BY ROWAN KELLER SMITH
CONTRIBUTING WRITER

Lucy Dacus, Phoebe Bridgers and Julien Baker, three of the best minds in modern indie music, have come together to produce a heartbreaking powerhouse of an album with “the record,” their first album as the band boygenius. The group’s new release has been highly anticipated by fans, as boygenius hasn’t released music since 2018. Boygenius isn’t just a band — they are truly a supergroup. Boygenius may get roped into the trite descriptor of sad girl music, a label that Bridgers described as “exhausting” to have pushed on her music. To chalk the group’s music up as would be a deep disservice to the complexities of “the record.” One could dare say “the record” is more than just an album: it is a literary masterpiece. “The record” is confessional poetry come to life. From the get-go, the listener is immediately pulled into the group members’ own pain and love. “The record” kicks off with the deeply intimate “Without You Without Them,” an a capella song that feels like overhearing three friends singing together on a summer night. While one may have a hard time

picking a favorite song, as “the record” is full of beautifully crafted lyrics and melodies, one of the group’s strongest is “Cool About It.” This is where the confessional, intimate nature of the album comes through. “Cool About It” demonstrates an ongoing theme in “the record”: the sacrifices and pain one goes through for love. The verse refers to taking a partner’s psychiatric medication as a way of truly getting into their mind, just as listeners get into the minds of all three members of boygenius. At its heart, “the record” highlights and questions the lengths one goes to for love. Boygenius has an immense talent for mixing lyrics with a slightly more humorous tone into their gut-wrenching music. Humorous does not mean without emotional depth, though. The tenth track, “Satanist,” is a perfect example. The playful lyrics bring listeners into the groups’ lives with, “Will you be a satanist with me? / Mortgage off your soul to buy your dream / Vacation home in Florida / The collateral, the devil’s repossession from me / Tryin’ to score some off-brand ecstasy.” That playful yet heartening tone can also be heard in the song “Leonard Cohen,” one of many literary references.



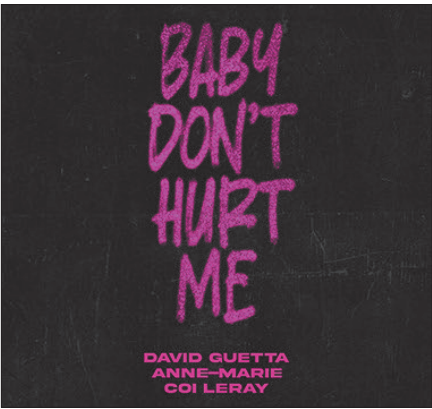
Lucy Dacus, Phoebe Bridgers and Julien Baker collaborate on “the record.”

COURTESY OF INTERSCOPE

Dacus sings, “Leonard Cohen once said / ‘There’s a crack in everything, that’s how the light gets in’ / And I am not an old man having an existential crisis / At a Buddhist monastery writing horny poetry / But I agree.” This verse is a reference to Leonard Cohen’s “Book of Longing,” a collection of poems that were primarily written during his time at a Buddhist monastery. The collection is full of themes of longing, love and reflection. “The record” closes with “Letter To An Old Poet,” a reference to Rainer Maria Rilke’s, “Letters to a Young Poet,” a fitting ending to the very poet album. Boygenius is the sapphic supergroup the world needs and their awaited return is just as exciting for fans and new listeners alike.

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QUICKIES



COURTESY OF WARNER MUSIC UK LIMITED

“BABY DON'T HURT ME”
David Guetta, Anne-Marie, Coi Leray

A generically manufactured pop song that wants to talk and sing about love and has absolutely nothing interesting to say. Worst of all, it’s not even fun to listen to.



COURTESY OF OVO

“SEARCH & RESCUE”
Drake

Drake’s highly publicized decision to sample Kim Kardashian talking about divorce feels completely unnecessary and out of place. If it weren’t included, nobody would be talking about this flat track that lacks a voice of its own.



COURTESY OF COLUMBIA RECORDS

“NEVER FELT SO ALONE”
Labrinth

This disorientating track pairs Labrinth’s previously unreleased track from “Euphoria” with Billie Eilish, a duo that should without a doubt collaborate more.



COURTESY OF JONAS BROTHERS RECORDING

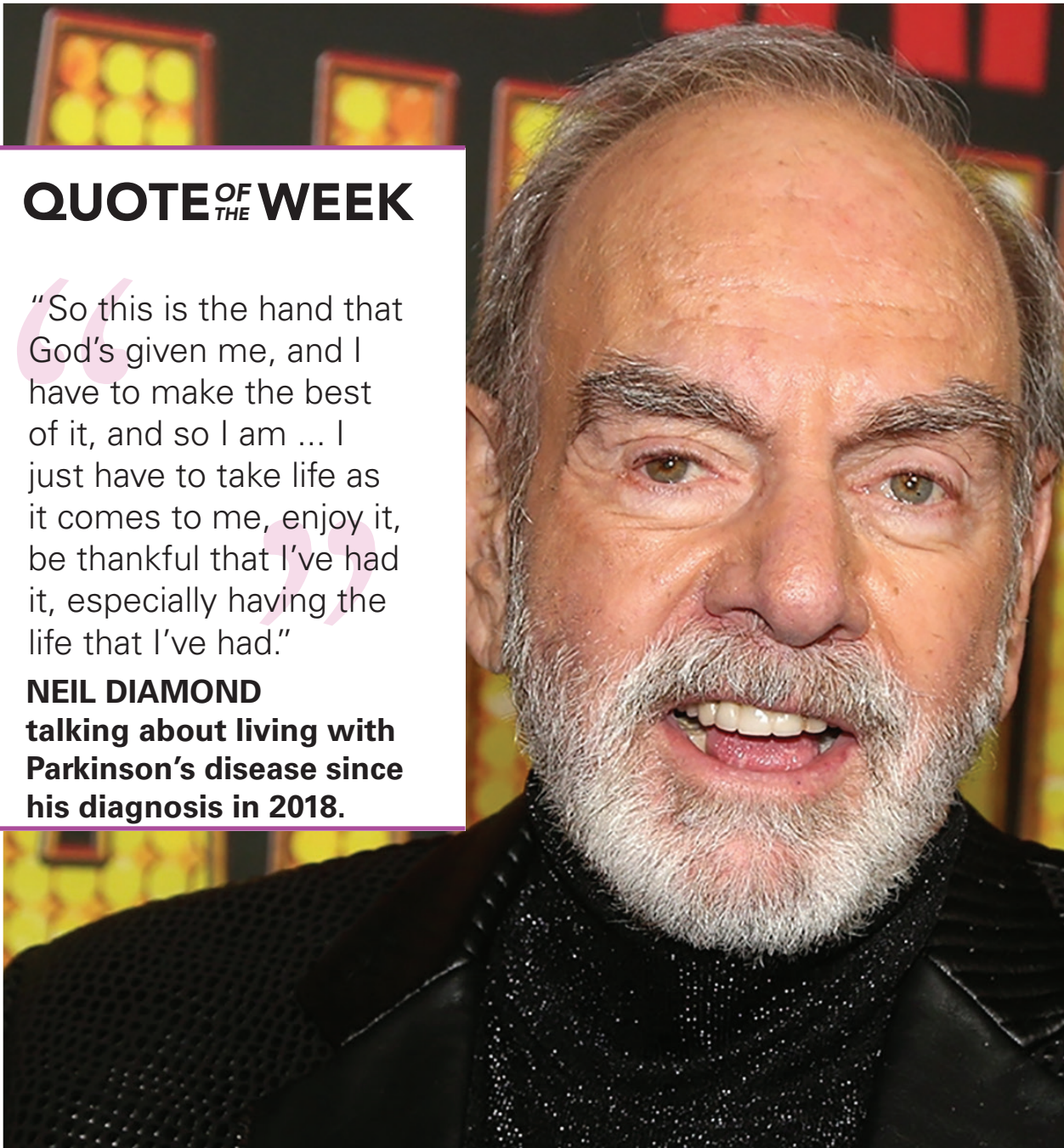
“WAFFLE HOUSE”
Jonas Brothers

This lightly charming track is inspired by the Jonas Brothers hanging out at Waffle House in the early stages of their career. It oozes with nostalgia as the band reflects on how they began their successful career, even if the lyrics themselves don’t inspire.

CULTURED

The Ithacan’s recap of current mainstream and alt culture

Compiled by Matt Minton



QUOTE^{OF}THE WEEK

“So this is the hand that God’s given me, and I have to make the best of it, and so I am ... I just have to take life as it comes to me, enjoy it, be thankful that I’ve had it, especially having the life that I’ve had.”

NEIL DIAMOND
talking about living with Parkinson’s disease since his diagnosis in 2018.

SPOTLIGHT

‘The Super Mario Bros. Movie’ scores big numbers

The previous record held by “Frozen II” (2019) for the biggest global opening for an animated film was surpassed this past weekend with the \$375.6M opening for Universal and Illumination Entertainment’s “The Super Mario Bros. Movie.” In the U.S., the highly anticipated film scored over \$146.4 million on its first three days, the second highest opening domestically for an animated film behind the \$182.7 million that “Incredibles 2” (2018) made. This overperformance at the box office comes after the film received mixed reviews at the box office, currently holding a 56% critic score on Rotten Tomatoes. Moviegoers were much more receptive with its 96% audience rating and “A” Cinemascore. The previously deemed video game adaptation curse has been crushed with the success of “The Super Mario Bros. Movie” and HBO’s “The Last of Us.” Will upcoming video game adaptations keep up the good streak?



THIS WEEK IN POP CULTURE HISTORY

April 13, 1964
Sidney Poitier became the first Black male actor to win an Oscar in the Best Actor category. He won for his acclaimed role in the drama “Lilies of the Field” (1963) as a handyman that helps a group of nuns repair their farm, tackling themes of faith, race and religion. He had been previously nominated for “The Defiant Ones” (1959) and in 2002 won an Honorary Award from the Academy. Poitier remained the only Black winner in the category until Denzel Washington won in 2002 for “Training Day.” Poitier is perhaps most remembered for his iconic role in the Best Picture-winner “In the Heat of the Night” (1967) and Best Picture-nominee “Guess Who’s Coming to Dinner” (1967). He was also awarded the Presidential Medal of Freedom in 2009 by Barack Obama. Poitier passed away on Jan 6, 2022, and is remembered as one of the greatest Black actors to ever grace the big screen.

April 14, 1969
The only tie in the history of the Oscars Best Actress category occurred when newcomer Barbara Streisand and Hollywood legend Katharine Hepburn both won in 1969. Both got 3,030 votes each — an exact tie. Streisand won for her debut film role in the musical “Funny Girl,” which she originally played on Broadway in 1964. Streisand went on to win a second Oscar in 1977, this time for the song “Evergreen (Love Theme from “A Star is Born”). Hepburn’s win for “The Lion in Winter” was her third Best Actress Oscar at the time — she went on to win her fourth in 1982 for “On Golden Pond,” a record that has yet to be surpassed in the category. As usual, Hepburn did not attend the ceremony, which left Streisand to take the stage alone. In a state of total shock, she took the audience by storm with a callback to her beloved film, “Hello, gorgeous.”



Sophomore Alicia Menduni makes a pass while practicing for Kweezy, the Ithaca College club ultimate team. As of April 12, Kweezy is ranked No. 21 in Division III, No. 96 overall, by USA Ultimate and has beaten opponents like D-I Syracuse University, 10–3, and Princeton University, 13–2, during a tournament Feb. 25.

ABBY LI/THE ITHACAN

BY BILLY WOOD

STAFF WRITER

“We didn’t expect you to play like that!”

“But your team is so small!”

“We didn’t think that was gonna happen!”

When joined in ultimate’s tradition of the post-match spirit circle, a team full of underdogs and fighters often take these comments in and hope to hear it all the way to nationals.

The women’s ultimate team, also known as Kweezy — a play on the word “queasy” — has been on a productive run so far this season despite a low number of players on its roster that have forced players into multiple different positions. The team is currently 7–6 and is ranked 21st in Division III and No. 1 in their region, the Metro East Division I and III teams

school, but I was interested in joining a team coming to college that had a really nice atmosphere and had a great community,” Menduni said. “At the [organization] fair, one of the captains just came up to me and said ‘Hey, do you wanna join ultimate frisbee?’ I said sure and I had really no idea what I was getting into.”

While Menduni did not know what she was getting into at the time, she certainly knows what she is a part of now. Menduni said Kweezy’s community has been very welcoming and that the team fosters an attitude of helping those who are brought in.

“The captains last year and the whole team last year were just fantastic,” Menduni said. “Teaching me everything that I needed to know to get me to where I am today and I’m really glad that I chose to join the team because it’s such a great atmosphere.”

the other day. . . . We all showed up and put a bunch of tables together. It’s super fun and we make a point to see each other.”

Camaraderie is a big part of the dynamic of Kweezy and it can be seen in the team’s play style this season, which has resulted in numerous dominant wins. Senior organization captain Mackenzie Bauer said the team has been more reliant on chemistry rather than the technical parts of the game.

“I would say, last year, we were very technical and we had certain plays, but this year we’ve kind of just been going with the flow more,” Bauer said.

Chapman was not able to go to one of the tournaments this season and in her absence, senior co-captain Izzy DeVett came up with “adapt” as the team’s word of the tournament. It has stuck with the team and has become

competition and step up to these D-I teams. I think that teams are not underestimating us anymore because we’ve shown that we’re here to play and we want to play competitively.”

With such a small number of players rostered compared to other teams, Kweezy has assumed an underdog role and Chapman said if the team goes to nationals, it will embrace it.

“There’s nothing wrong with being an underdog, we’re just a second-half team,” Chapman said. “[The men’s team] went last year and they played really well, so I think the same could be said for Kweezy. It would just be a matter of taking things as they come and not taking things too personally or letting things hit too close to home.”

If Kweezy is able to maintain its grasp at the top of the Metro East until May, it



Senior Mackenzie Bauer prepares to catch the disc. Kweezy is currently ranked No. 1 in the Metro East region for D-III.

ABBY LI/THE ITHACAN



Despite the team’s welcoming attitude and tight chemistry, Kweezy

has experienced a drop in players from previous years. However, Menduni said the smaller roster might not be a bad thing for the team.

“The two tournaments that we’ve had this spring season, we’ve had nine and ten players, which is only two or three subs,” Menduni said. “The small team is really great for our chemistry because we’ve been playing against teams with 20–30 people. . . . We know how we all communicate, we know how each other plays.”

This small-team chemistry goes further than just on the field. Senior co-captain Ellen Chapman said that off the field, the team’s bond is just as strong.

“A lot of people will come in pairs,” Chapman said. “It’s really nice, we’ll walk to practice together, we meet up. We all celebrated one of the other captain’s birthdays in the dining hall

its attitude this season.

“We’re going to adapt and that’s what happens to us a lot because we go and we play these other teams and they have coaches, so they have bigger numbers,” Chapman said. “We just have to see what’s working for us in the moment. It’s always building up the skills and then implementing the skills in any way we can.”

Along with being first in its region, Kweezy has been able to pull off upsets against D-I schools with bigger rosters, including a 10–3 win over Syracuse University and a dominant 13–2 win over Princeton University on Feb. 25.

“It says that people shouldn’t underestimate us,” DeVett said. “We are coming in with these smaller numbers and teams are like, ‘This is going to be an easy win, they’re playing with low numbers, they’re going to be tired,’ but everybody on the field is so passionate about the game that we’re able to bring the



From left, senior Ellen Chapman covers senior Mackenzie Bauer as Bauer tries to make a pass while practicing.

ABBY LI/THE ITHACAN

are ranked separately but can compete against each other during the regular season.

Ultimate consists of seven players on the field for each team, making the count of nine players for Kweezy even more staggering — the team typically rosters about 12. The team’s aim is to score on each other’s end zones by throwing the disc down the field. No one can run with the disc, and players have 10 seconds once a throw is received to throw the disc again.

Sophomore organization captain Alicia Menduni has been with Kweezy since her first year at the college and had no prior experience in the sport before joining the team. She said she wanted to join a great group of people and she found it with Kweezy.

“I really had no experience prior to college, outside of, like, a few games in gym class in high

will have an automatic bid for a national’s appearance, something no one on the team has had the opportunity to experience. Bauer said last season was the first time Kweezy earned a trip to regionals in around 10 years.

DeVett said that pushing for nationals is a big thing for her and the team, especially because it is her senior year, but enjoying the rest of the season with her friends is just as important.

“I think we’re just aiming to see where this goes and focus on how great we’re doing and celebrating that,” DeVett said. “If we end up at nationals, that’s awesome, but if not, we’ve played awesome this whole season and hopefully we can continue that momentum into future years.”

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Women’s lacrosse coach earns 100th career victory

BY TOBIAH ZBORAY
STAFF WRITER

The Ithaca College women’s lacrosse team’s 24–0 win against Bard College on April 7 was not too different from any other game the team might play during the season. But for head coach Karrie Moore, the win signified her 100th career victory.

This win made Moore just the second coach in program history to hit the 100-win mark and doing it in record time, as Andrea Golden won 118 career games as head coach between 1981 and 1995. For Moore, who has been the coach since the 2016 season, the milestone was on her radar but not something she was focused on coming into the season.

“I knew it was gonna be soonish,” Moore said. “I wasn’t really paying attention to exactly when it was, but I knew that it would happen at some point this season.”

While Moore was not focused on the milestone, her players anticipated it. Senior goalkeeper Kayla Howley said that in the post-game huddle after the Bombers beat Bard, the players congratulated Moore on her 100th win. Howley said it shocked Moore, but left her with a smile.

Graduate student defender Rachel Rosenberg said when it became clear that Moore would hit the number soon, the team started planning how to celebrate its coach.

“We had talked to the team that if we win that game that it was gonna be [Moore’s] 100th win,” Rosenberg said. “There was really good energy, everyone was saying let’s win this

game for coach and get this 100th win for her. We had a card for her and balloons and everything. We were just really hoping that we would come out with a win and be able to celebrate with her.”

The Bombers had the opportunity to reach the milestone the weekend before, but a loss to Union College meant that the celebration had to be delayed by a game. Howley said that the team was made aware of the opportunity to once again get Moore’s 100th win and that they were not going to let her down.

“Our assistant coach was the one that texted us and was like, ‘Hey, I don’t think [Moore] knows this, but she could’ve hit her 100th win last week, [so] let’s get that done this Friday,’” Howley said. “[Before the game against Bard], we were like, ‘Let’s go out there and play for each other. Let’s all play for coach.’”

To reach 100 wins requires more than just being a good coach. Rosenberg said Moore cares about everyone on the team, which has helped build great relationships between Moore and all the players.

Howley reiterated that same sentiment, saying Moore finds a way to get the very best out of everyone while at the same time building chemistry with the team.

“She is one of the best, if not the best, coaches that I’ve ever played under,” Howley said. “She somehow manages to really push each and every one of us, be hard enough, but at the same time, she always has our backs, so it’s all out of love and her wanting the best for us.”



Karrie Moore, head coach of the Ithaca College women’s lacrosse team, reached the 100-win milestone April 7 against Bard College. Moore is the second coach in program history to tally 100 career wins.

RAYAHNA TRYKA/THE ITHACAN

On top of what has made Moore special on the field is her connection to the team off the field. Howley said that Moore has a bond with the team that has helped the Bombers form a more cohesive unit. Howley said that because of Moore’s outstanding coaching and team building, it does not come as a shock that Moore has reached this milestone.

“She has created a culture and a team that I’ve never been a part of,” Howley said. “It’s like no other, and that’s why we have been and are as successful as we are. She knows how to bring a team in ... and it’s no surprise that she has 100 wins.”

Despite the personal milestone, Moore said that her success falls not onto her shoulders, but on the play and success of the players that she has coached while with the Bombers.

“I think for me, I think back to all the players who have been part of those wins,” Moore said. “[I think about] how much fun they were to coach, and the teams that we put together. And for me, it becomes more about that. What that journey looked like [and] all the players we had that put in the work to get to that.”

Even with a program record on Moore’s horizon — she nears the most wins in program history —

Moore said she does not want to think about the next milestone, but keep her attention on the season at hand.

“I’m very focused on going one game at a time,” Moore said. “I think when you get too focused on big things, then you lose sight of everything else. You take care of the details that are right in front of you. So we’re just gonna keep focusing on that. And we know that if we do that, then good things will come our way.”

Sports Editor Aidan Charde contributed reporting to this story.

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Q&A: Lone senior on golf team leads undersized roster

The Ithaca College golf team is using its small roster to chip away at some high ambitions. Among the team’s young three-woman roster is first-year student Annika Michel, sophomore Rheanna DeCrow and senior Cristea Park.

Park, as the team’s only upperclassman, has taken up a primary leadership role after standout senior Mary Gersec was barred from competition because of an institutional rule keeping students from student teaching and playing a sport at the same time.

Since then, Park — who was named Liberty League Rookie of the Year in 2021 — has led the team with exceptional play, shooting a career-low round of 73 (+1) at the Vassar College Invitational on April 1.

Although the team is one player short of being able to compete together at tournaments, the squad has competed individually throughout the fall and spring seasons and has seen some stellar performances from the entire roster.

Assistant Sports Editor Tess Ferguson spoke with Park about her time with the team and stepping into a newfound leadership role.

This interview has been edited for length and clarity.

Tess Ferguson: You’re in a really interesting position this year after losing senior Mary Gersec. How has that impacted your season so far? Does it pose any challenges?

Cristea Park: When my teammates found out about Mary leaving, I think it was just a little bit of a morale breaker for them. I remember talking to my teammates about it and we were all just so shocked. Of course, Mary did everything she could to play and it was unfortunate that she wasn’t able to. I think, for me, I just needed to keep the mindset that there’s

nothing we can do about it, so I’m just going to move on. As much as I miss Mary, it’s unfortunately not something we can change. Rather than harping on it, it’s just better to take it as it is and work with what we have.

TF: How is having such a thin roster this year something you and your team have gone about overcoming?

CP: I think we definitely make an effort to still be a team. Like, I don’t want any of my teammates to think that they’re individuals. I want them to realize that we’re still part of the team. ... I don’t want anyone to think that all the pressure falls on them individually. I’d rather just keep that team environment going on. I think we do a good job of doing that and I think we still uphold the standards of being a team rather than individual players, which is key for us.

TF: On the same topic, I know that golf is just so individual in nature. What role do you think having that really strong team chemistry plays in your success?

CP: I’ve been really fortunate to have really great upperclassmen before I was a senior and, honestly, even throughout high school. I’ve personally looked at them and I was like, ‘I want to be just as good as you,’ you know? I really took them as inspiration. I was just very fortunate to know what a team is supposed to look like and that’s why I want to do my best to provide that for my girls. I found some of my best friends on this team and I’ve also learned a lot about myself because of that team aspect. Especially mentally, I almost think it’ll help you grow when you play with other people and are part of a team.

TF: On a more individual level, of course, you’re a senior this year. How do you think your



Senior Cristea Park is the only senior on the Ithaca College golf team’s three-woman roster. Park finished fourth overall at the Vassar College Invitational on April 1.

JASMINE SCRIVEN/THE ITHACAN

performances and playing style have changed from your first year to now?

CP: I feel like now I’m starting to believe that I really am good and I am confident enough in myself. It sounds stupid because not a lot of people know that about me. I don’t always show that I’m not as confident as a player. I know I have good scores and I can shoot well, but part of being a consistent golfer and a better golfer is having that confidence to play well all the time and, when you’re not having a great day, your mental game is going to make or break you. If you can fight through [a bad day], I think you can scrap up a pretty decent round. ... This spring, I’ve been telling myself it’s not a physical fight, it’s a mental fight. I have all the capabilities physically to do what I need to do, but am I going to stay positive?

Am I going to let a bad shot hurt me or am I going to rebound from that? That’s what a good golfer does.

TF: As for the rest of your final season, what kind of goals do you have in terms of your individual performance?

CP: I want to keep this momentum going. I had a great first tournament because I shot my career low, which I’m really proud of. I’d love to try to stay in the 70s as much as possible, but, overall, I just want to have a good outlook. I want to look back and have no regrets about my performance. Making sure that I leave it all out there so I can be able to say that I tried my best is really important to me.

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THE BUZZER

The Ithacan's breakdown of Ithaca College's week in sports

ATHLETE OF THE WEEK MATT CHASE/BASEBALL



Senior pitcher Matt Chase set career highs in innings pitched and strikeouts in a 4–0 win over The Rochester Institute of Technology on April 8. Chase pitched eight innings during the game with seven strikeouts, five hits and no earned runs.

ABBY BRADY/THE ITHACAN

COMPETITION OF THE WEEK WOMEN'S ROWING INVITATIONAL



All four boats for the Ithaca College women's rowing team won as the Bombers swept their second competition of the season against the University of Rochester and the Rochester Institute of Technology on April 8 at the Cayuga Inlet.

THOMAS KERRIGAN/THE ITHACAN

EVENT TO WATCH



ITHACA

VS.



CORNELL

3:30 P.M. AND 5:30 P.M. APRIL 20 AT KOSTRINSKY FIELD

The Ithaca College softball team will look to upset the Cornell University Big Red when they face off in a doubleheader at home April 20. The local matchup — dating back to 1976 — is an interdivisional competition, with the Big Red competing at the Division I level. The first eight matchups from 1976–96 swung in favor of the Bombers. However, the Big Red have since reigned 30–6 over the South Hill squad. The Bombers will aim to earn their first win over the Big Red, who they last defeated in 2019 when they broke even in a doubleheader at home.

NOTABLE UPCOMING COMPETITIONS

ROWING: 11 a.m. April 15 vs. Marietta College and Skidmore College at the Cayuga Inlet.

SOFTBALL: 1 p.m. and 3 p.m. April 15 vs. Union College at Kostrinsky Field.

BASEBALL: Noon and 3 p.m. April 16 vs. Union College in Schenectady, New York.

MEN'S TENNIS: 11 a.m. April 15 vs. Vassar College at the Wheeler Outdoor Courts.

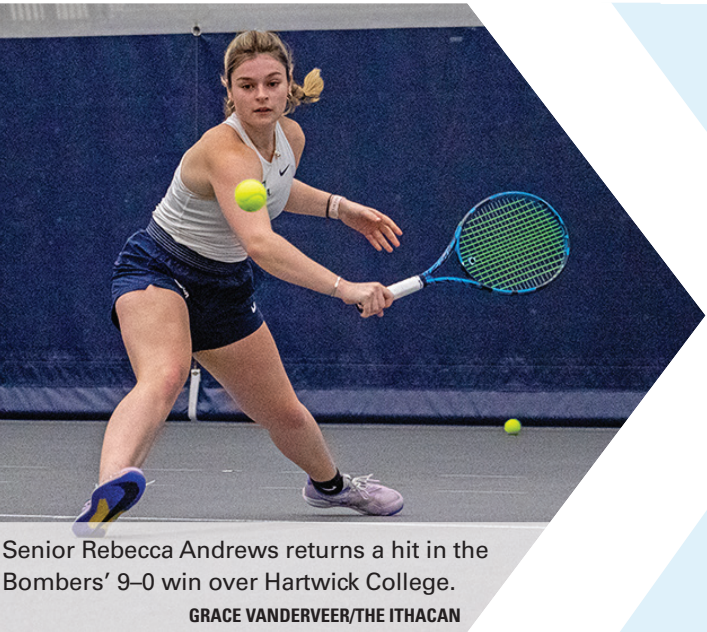
QUOTE OF THE WEEK



“There’s nothing wrong with being an underdog, we’re just a second-half team.”

- ELLEN CHAPMAN
Senior co-captain of the Ithaca College women's club ultimate team, Kweezy, on the team's small roster.





Senior Rebecca Andrews returns a hit in the Bombers' 9-0 win over Hartwick College.
GRACE VANDERVEER/THE ITHACAN

THE BOMBERS ROUNDUP

The *Ithacan* provides statistical updates on all the Bombers' varsity squads during the season

BASEBALL



APRIL 7	APRIL 8	APRIL 8
L	L	W
1-4	1-4	4-0
RECORD: 16-10		



APRIL 12
W
15-10

ST. JOHN FISHER

MEN'S TENNIS



APRIL 7
L
3-6
RECORD: 6-7

HOBART

SOFTBALL



APRIL 8	APRIL 8
W	W
10-1	2-1
RECORD: 11-5-1	



APRIL 12
L
3-2

ALFRED

MEN'S LACROSSE



APRIL 8
W
13-11
RECORD: 7-3

VASSAR



APRIL 12
L
22-13

WOMEN'S LACROSSE



APRIL 7
W
24-0

BARD



APRIL 8
L
12-13

VASSAR



APRIL 12
L
17-8

WILLIAM SMITH

NEXT GAME:
1 p.m. April 15 against the
Rochester Institute of
Technology at Higgins Stadium

RECORD: 8-5

MEN'S ROWING

APRIL 8 vs. RIT and the University of Rochester

Best Performances

RACE	ITHACA COLLEGE TIME	OPPONENT TIME
Varsity Eight	6:30.6	RIT 6:44.9
Fours	8:03.3	Rochester 7:43.6
Second Varsity Eight	6:51.9	RIT 7:00.0

WOMEN'S ROWING

APRIL 8 vs. RIT and the University of Rochester

Best Performances

RACE	ITHACA COLLEGE TIME	OPPONENT TIME
Varsity Eight	7:29.3	RIT 7:40.4
Second Varsity Eight	7:57.1	RIT 8:25.4
Third Varsity Eight	7:55.8	Rochester 8:12.4

MEN'S TRACK & FIELD

APRIL 8, SUNY Cortland Red Dragon Open

Best Track Performances

NAME	PLACE	EVENT	TIME
Patrick Bierach	1	Steeplechase	10:07.96
Nate Oczkowski	5	400-meter	00:49.98
Andy Frank	1	200-meter dash	00:21.90

Best Field Performances

NAME	PLACE	EVENT	SCORE
Dom Mikula	1	Pole vault	4.91 meters
Justin Showstead	1	Javelin throw	51.19 meters
Daniel Hutchinson	2	High jump	1.78 meters

WOMEN'S TRACK & FIELD

APRIL 8, SUNY Cortland Red Dragon Open

Best Track Performances

NAME	PLACE	EVENT	TIME
Kyla Eisman	1	Steeplechase	11:50.78
Meredith Garrity	1	5000-meter	18:53.62
Logan Bruce	1	100-meter hurdles	00:14.20

Best Field Performances

NAME	PLACE	EVENT	SCORE
Meghan Matheny	1	Pole vault	3.72 meters
Lily Seyfert	1	Javelin throw	36.40 meters
Luca Pecora	1	Triple jump	10.66 meters



Ithaca College sophomore midfielder Liam Lennon rushes away from Vassar College junior defender Solomon Hess during their game April 8. Ithaca defeated Vassar 13–11, propelling the team to a 7–2 record for the season and 2–1 in the Liberty League conference. Ithaca will play April 15 at Skidmore College.

ABBY BRADY/THE ITHACAN