Troubles on the tenure track

Tenure-track faculty in higher education, including Ithaca College, commonly feel higher levels of stress, which is exacerbated by pre-existing workplace power dynamics and life factors.

At the college, faculty who are hired in a tenure-track position can achieve tenure after six years of full-time teaching. Faculty applying for tenure must create a portfolio with items that demonstrate their history of achievements, service and teaching excellence. The portfolio is reviewed by other tenured faculty dependent on the program, the candidate’s dean, the All-College Faculty Tenure and Promotion Committee, the provost and finally the president. Once promoted, faculty have an indefinite appointment at the college except if they are found to be unfit to teach, if a program changes or if financial circumstances require faculty cuts.

In February, the Board of Trustees announced the tenure of 15 professors. Maria Mejia Yepes, associate professor in the Department of Media Arts, Sciences, and Studies, was hired in 2017 and is one of the newly promoted faculty. Mejia Yepes—who is an immigrant from Colombia—said she struggled with tenure requirements, like writing academic documents in a non-native language and staying active in her professional field.

“At the time [I was hired], I was on the working visa, which has a couple of restrictions,” Mejia Yepes said. “You are only allowed to work for the company that sponsors you. … So the many, many times that I had to continue my scholarship, I had to do it for free.”

Mejia Yepes said she got her green card in 2020 with the college’s help, allowing her to be paid for her freelance work.

College’s mentoring network honors four women in leadership with award

BY VIVIAN ROSE
STAFF WRITER

On March 31, to close Women’s History Month, the Ithaca College Women’s Mentoring Network honored four women leaders during the 2023 Women of Distinction Award ceremony hosted by the Office of Student Engagement in the Peggy Ryan Williams Haines Forum.

The women honored were Diana Dimitrova, director of International Student and Scholar Services; Belisa Gonzalez, professor and dean of Faculty Equity, Inclusion, and Belonging and outgoing director of the Center for the Study of Culture, Race and Ethnicity; Elyse Nepa, assistant director for the Clery Act and Prevention Education in the Office of Public Safety and Emergency Management; and Erienne Roberts, deputy director of athletics and senior woman administrator.

During the ceremony, Dimitrova’s award was presented by sophomore Jacqueline Perea. Perea said she has had a strong connection with Dimitrova since getting accepted to the college and deciding to attend.

“Dimitrova gave me a lot of support and the help me through the process of deciding what I should do because I was in a different situation from some of the other students,” Perea said. “She was really personal with me, as she’s [great] with all the students; she embraces them and takes care of them.”

Perea, who is an international student, said Dimitrova works with international students months before they arrive by connecting peers and helping students obtain necessary documents like visas and social security cards.

Perea said Dimitrova and her team work to acclimate students to life in the U.S. and in Ithaca while also helping them maintain their origins by cooking traditional meals and staying in touch to ensure comfort and success.

Dimitrova said she enjoyed the storytelling aspect of the event and being able to listen to each of the women’s unique experiences.

“It’s so nice to pause to make the time to reflect and to share and to find just how shared these experiences are and how much we have...
Police identifies an ex-student as the Nashville school shooter

Police identified the assailant who shot and killed three children and three adults at a Christian elementary school in Nashville, Tennessee, March 26.

Audrey Hale, who was killed by police, was a 28-year-old white Nashville resident who identified as transgender, authorities said. Hale is believed to be a former student of the Covenant School, Metro Nashville Police said.

The shooter had two assault-type rifles and at least one pistol, police spokesperson Don Aaron said at a briefing. Hale entered the school through a side entrance and traversed the first and second floors of the building.

Astronomers discover black hole 33 billion times the mass of sun

An ultramassive black hole around 33 billion times the mass of the sun has been discovered by astronomers in Britain. Scientists from Durham University said the gargantuan black hole is one of the biggest ever found.

Ultramassive black holes are the most massive objects in the universe, at between 10 billion and 40 billion times the mass of the sun. Astronomers believe they can be found at the center of all large galaxies like the Milky Way.

Finland becomes 31st member of NATO after Turkey approves

Turkey’s parliament voted to approve Finland’s membership in NATO, removing the final obstacle to the accession of Russia’s Nordic neighbor into the defense alliance as its 31st member.

Lawmakers in Ankara unanimously voted on March 30 to ratify Finland’s entry into the North Atlantic Treaty Organization, the last of current members to approve the expansion after the Hungarian parliament on Monday also backed the move.

Trump indicted, is now the first ex-president with criminal charges

Donald Trump was indicted March 30 by a Manhattan grand jury in the Stormy Daniels hush money probe, an unprecedented legal move marking the first criminal charges in U.S. history brought against a former president. The New York Daily News has learned.

Trump lawyer Joe Tacopina confirmed the indictment to the Daily News shortly after Trump learned of it. The papers were filed under seal at the clerk’s office in Manhattan Supreme Court at about 5:30 p.m., a court source told the Daily News.

Powerful spring storm causes thunderstorms across the US

A powerful spring storm system that whipped up deadly tornadoes over the Southern and Midwestern U.S. brought severe thunderstorms and wind gusts to parts of the East Coast late April 1, including to New York City.

The storm moved east after unleashing hail, heavy wind and tornadoes from Mississippi to Wisconsin, leaving at least 18 people dead, according to Associated Press.

38 people die in Mexican detention center

Migrants stand near an improvised altar outside the immigration detention center where 38 migrants died during a fire in Ciudad Juarez, Chihuahua state, Mexico on March 29. Mexico’s president vowed “no impunity” for those found responsible.

THE ITHACAN

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MULTIMEDIA

IC After Dark hosts South Hill Carnival

On March 31, IC After Dark hosted their annual carnival in Emerson Suites, featuring carnival food, games and an inflatable bungee run.

HOW IC SPORTS

‘How IC Sports’ - Football Running Back Jake Williams

Tune in to hear sophomore host Luke Cammarata talk with junior Jake Williams about his experience on the field as Ithaca College’s football running back.

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As electric vehicles are becoming more popular, Ithaca College is looking to expand the number of electric vehicle chargers on its campus in order to keep up with demand and maintain its sustainability goals.

Marc Anthonisen, lecturer in the Department of Environmental Studies and Sciences, owns an electric car and he noticed that more EVs are on the road throughout Ithaca and that more chargers around town are necessary.

The college has chargers in the Visitor Lot and at the Circle Apartments Community Center parking lot. Anthonisen said that getting more chargers on campus would also help get more prospective students interested in the college.

“An EV charger won’t make money off of having EVs, but it would be a great showcase for a family who is visiting Ithaca College, no matter if their vehicle is electric or not,” Anthonisen said. “It would send a signal saying, ‘Ithaca College really is serious about their sustainability efforts.”

According to The Ithacan, the station at the Circle Apartments was installed in December 2017. The station was paid for by a grant from the New York State Energy Research and Development Authority. Scott Doyle, director of Energy Management and Sustainability, said the college’s chargers cost between $4,000–$8,000 each.

Doyle said that in February, there were 12 charging sessions, 45 unique users and there was an average charging time of three hours and 50 minutes. Doyle said the college is hoping to add more EV charging stations on campus and his office is investigating potential areas for expansion.

“Areas that present the greatest potential for expansion are those areas with easier access to electric areas and where parking lot improvements are planned in the near future,” Doyle said.

Scott Doyle, director of Energy Management and Sustainability, said the chargers are not free to use on campus. Doyle said that in February, there were 12 charging sessions, 45 unique users and there was an average charging time of three hours and 50 minutes. Doyle said the college is hoping to add more EV charging stations on campus and his office is investigating potential areas for expansion.

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Tenure protects academic freedom in college

CONTACT: LYTNE@ITHACA.EDU

Lyne through CAPS. Petersen said CAPS will hire a director of the Center for Counseling and Psychology, so this helps open the survey, and without needing to collect personal stories.

Faculty discuss survey and misconduct policy

FROM FACULTY COUNCIL, PAGE 1

is collected. Lauren Steele, assistant professor in the Department of Media, Arts, Sciences, and Studies, said that there is already a lot of revealing information is required, like school and length of time as NTEN.

We’re promising anonymity but … it would not be difficult to identify people,” Steele said. “This is approaching more confidentiality. Having demographics in there just furthers that problem.

Young clarified that the demographic data will not be used for identification, only to make sure the language in the survey is inclusive and that the survey is representative of different ranks, if they don’t have the security to offer their perspectives and views and offer their recommendations that could help bring higher education into the 21st century,” Criley said. Criley said tenure-protected faculty

Another tenure-track faculty member — who wished to remain anonymous to preserve her well-being and job security — said that getting tenure expresses her value in many ways from an overwhelming workload to generally feeling undervalued by the college’s administration.

“Faculty members are often well-behaved employees and disposable employees and you can see from, you know, from a manager’s perspective, that might be desirable,” Criley said.

Faculty members who have tenure ought to use that to speak up for their untenured faculty members and for their non-tenure-track colleagues and for the students, Criley said.

CONTACT: LYNE@ITHACA.EDU

Awards and personal stories

FROM AWARDS, PAGE 1

In common even though we came to this place from wildly different paths and backgrounds,” Dimitrova said.

The ceremony was centered around honoring each woman and learning about their experiences.

González spoke about the feeling of isolation as a woman in leadership and using that power to uplift other women.

“When I’m in rooms with other people who often have more power than me, I really enjoy filling up the names of other people … and paying attention to people who aren’t in those spaces. As women, we’ve had to figure out ways to bring other people into spaces to give credit where credit is due,” González said.

González was presented the award by ju-

Senior Communications and Public Relations Student Leadership Consultant in the Office of Student Engagement and said she has worked with Nepa at several workshops.

Nepa said during her speech that she hoped to give important advice to the up-and-coming women leaders that will be graduating from the college.

“The ability to see faculty members come up through the ranks, if they don’t have the security to offer their perspectives and views and offer their recommendations that could help bring higher education into the 21st century,” Criley said. Criley said tenure-protected faculty members are often well-behaved employees and disposable employees and you can see from, you know, from a manager’s perspective, that might be desirable,” Criley said.

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GATED passes bill to restructure elections

BY DOMINICK PETRUCI
STAFF WRITER

Members of the Student Government Council met April 3 to discuss technology advances at Ithaca College with the college’s Innovative Technologies Committee. The council also passed a bill and brainstormed a mission statement for the SGC.

Chief Information Officer Dave Well, Casey Kendall, executive director of applications and infrastructure, and Jenn Jansens, director of learning and innovative technologies from the college’s Information Technology division, discussed confirmed and potential changes to make students’ interactions with technology at the college more effective.

The IT Committee sent out a survey to the entire campus community about cell phone reception and Wi-Fi connectivity on campus. The survey had 90 respondents.

Well said IT is aiming to use ChatGPT as an educational device. This includes teaching students how to use ChatGPT to help them with their coursework and educating professors on how AI works if they want to use these new technologies in their teaching.

“I think starting now and trying to learn about what the tools can do and then what you can do to leverage those tools bigger and greater things than you could do without them is really the secret to succeeding as we go forward,” Well said.

President La Jerne Cornish and Well went to Apple headquarters and Microsoft headquarters in Cupertino, California, to discuss technology in higher education.

“We spent a lot of time thinking about how students do educational teaching,” Well said. “I think starting now and trying to learn about what the tools can do and then what you can do to leverage those tools bigger and greater things than you could do without them is really the secret to succeeding as we go forward.”

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Q&A: Alum discusses running a food truck business

From left, Jenn Jansens, director of learning and innovative technologies, and Casey Kendall, executive director of applications and infrastructure, discuss effective technology solutions. PRAPRI ETI THE ITHACA

Katie Foley ’01, owner of the Silo Food Truck returning to Ithaca College’s campus with Silo’s signature fried chicken and mac and cheese beginning April 13.

The food truck will be situated either near the Dillingham Fountains or the College Circle Community Building, depending on the day. A full list of tentative dates and days can be found on the Silo Food Truck Facebook page.

Foley graduated from the School of Health Sciences and Human Performance with a degree in health and fitness, focusing on the non-profit and customer service sector for several years, Foley decided to set up her own venture. Prior to working on Silo full-time, Foley was director of development at the Ithaca Planned Parenthood.

The Silo Food Truck has served at events like the Finger Lakes GrandRoom Festival of Music & Dance and the New York State Fair. In 2021, the Silo Food Truck opened a new location at the liquid State Brewing Community building, on the day.

Assistant News Editor Prakriti Panwar spoke with Foley about her personal and professional journey and how it led to the inception of the Silo Food Truck.

This interview has been edited for length and clarity.

Prakriti Panwar: How did you transition from a degree from the School of HSHP to working in business?

Katie Foley: I had a whole life and career prior to getting involved in business. I felt like Ithaca College prepared me with a variety of skills that I could take to a lot of different industries. One of the things that I liked about my major and some of the experience that I had was the

interaction with people and clients. … As I dabbled in that field, I realized that I was actually being pulled … to do human service-type work. So in my early 20s, I took a position at the Ithaca Youth Bureau, working for the Big Brother Big Sister program, and fell in love with the … aspect of the Ithaca community where non-profits play a fairly impactful role in terms of working with the community. … In the development field, I guess there’s an entrepreneurial way in which you approach your work. … So it’s always been in me. When I met my husband, we had a background in food service. I had a lot of background in some of these entrepreneurial staff and had also moon-lighted in a lot of restaurants. … So, I think all of those things combined gave me the excitement and the interest in trying to lend my hand at something else with [my partner].

PP: The food service industry is known to be a stressful and high-pressure environment. In what specific ways did your degree from the School of HSHP prepare you for that part?

KF: Well, I think I had a background in food service. I had a lot of background in some of these entrepreneurial staff and had also moon-lighted in a lot of restaurants. … So, I think all of those things combined gave me the excitement and the interest in trying to lend my hand at something else with [my partner].

PP: What was your transition from Planned Parenthood to Silo like? Were there any challenges that came your way?

KF: Well, I think very supported by my colleagues at Planned Parenthood. … The first year that I did Silo, I kept my full-time career and did Silo on the side. … There was a little bit of me; ad- ministratively, it was a bit of a risk to go from a full-time position at a well-established organization with national affiliation … to open a fried chicken food truck. I was a little nervous if I would get any flack about it or judgment around it, but I actually felt the opposite. I felt like people respected that I was pursuing something. … [Now] we do a lot of different fundraising activities for a variety of organizations in town and that is an important part of business for me. Having been on the side of asking businesses to contribute, I know what that’s like.

PP: What was your transition from Planned Parenthood to Silo like? Were there any challenges that came your way?

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TAES accepting learning and peer success coach requests

Tutoring and Academic Services at Ithaca College will be accepting requests for students from Learning Coaches and Peer Success Coaches until April 7. The TAES is a part of the Center for Student Success and Retention and allows students to connect with Peer Coaches who can help them with academic goals in a general and personalized way, as well. The TAES asks that students submit their requests by April 7 because it will allow current Learning and Peer Success Coaches to conclude work with their current assignees. Students requiring support after April 7 will have to email TAES@ithaca.edu.

The BOLD scholarship open to applications for the class of 2025

The BOLD Women’s Leadership Scholarship is accepting applications for the Class of 2025 until 11:59 p.m. April 16. The BOLD Scholarship is awarded to a part of the BOLD Program, which is funded through the Helen Gurley Brown Foundation.

Interested students can find the application at www.bold@ithaca.edu. Students are recommended to attend an information session, which are not required to attend. While two of the three information sessions already took place from 12:10 to 1:05 p.m. March 30 in Friends 307 and 5 to 6 p.m. April 5 in Friends 307, a virtual information session will be held from 7:30 to 8:30 p.m. April 5 via Zoom. Students who were unable to attend either of the information sessions and wish to learn more can set up a time to talk with Samantha Elebiary, the BOLD Program director.

A petition is considered complete when the application form has been submitted and the faculty or staff recommendation form has been completed, in addition to the PDF versions of the applicants’ unofficial transcript and resume emailed to bold@ithaca.edu. The deadline for staff or faculty to submit recommendations is 11:59 p.m. April 23. Once students have completed the application, students will be invited to a group interview that will take place from 6 to 8 p.m. April 29 by appointment. Interviews are open to 20 to 25 students and will invite students to participate in individual interviews on May 14 and May 19. Selected students will receive an email regarding the same and will receive a time to schedule a time after the interview. Before the month of May ends, students will find out whether their application was successful or not.

All questions must be directed through email to bold@ithaca.edu.

OSE and HR host special event for student employees at IC

The Office of Student Employment and Human Resources is hosting an event celebrating student employees from 11:30 a.m. to 1:30 p.m. April 15 in Emerson Suites. Students can play games and win raffle prizes. Snacks will be served at the event. Student employee supervisors are also welcome to attend the event and were also encouraged to send messages expressing gratitude to student employees at hrstudent@ithaca.edu by April 3.

These messages will be presented at the event. Any questions or concerns related to academic requests can be sent through email to studentemployment@ithaca.edu.

Washington Post assignment editor talks data visualization

Reuben Fischer-Baum, assignment editor in The Washington Post’s graphic design team, will be giving a talk titled “How journalists create data visualization” from 1:15 to 2:15 p.m. April 14 in Emerson Suites. In the talk, Fischer-Baum will go over the different kinds of digital tools and software journalists can use to visualize data.

Fischer-Baum pursued his undergraduate degree in Environmental Science from Yale University and taught data visualization at the Parsons School of Design in New York City. This talk is a part of the 2023 Consortium for Computing Sciences in Colleges for the Northeastern region being hosted by the Department of Computer Science at Ithaca College.

Interested individuals requiring accommodations must contact Jill Ackerman, administrative assistant in the Department of Mathamatics, at jackeram@ithaca.edu or 607-274-3107.

IC Prevention Education Network organizes abortion presentation

Naiara Bezerra-Gastete, campus educator at the Tompkins County Advocacy Center, will be presenting a talk about abortion from 1:30 to 2:30 p.m. April 11 in Taughannock Falls Room. The presentation will specifically focus on the impacts of abortion bans in specific states in the United States, including New York, on sexual assault survivors and will also outline strategies individuals can use to support sexual assault survivors seeking an abortion.

This presentation and discussion session are hosted by the Prevention Education Network, Ithaca College’s prevention education committee. All accommodation requests, questions, or concerns must be directed to pen@ithaca.edu.

Faculty leaders host sessions discussing shared governance

Melanie Stein, provost and senior vice president; Christyana Dail, associate professor in the Department of Theatre Studies; Dave Gondek, assistant professor in the Department of Biology; Lauren Steele, associate professor in the Department of Media Arts, Sciences, and Studies; Gener- al Counsel Emily Rockett, secretary to the Board of Trustees; and Claire Gleisman, dean of the School of Humanities and Sciences, invite faculty to a discussion session about shared governance.

While one of the sessions took place from 10 to 11 a.m. April 7 in Clark Lounge, two upcoming sessions will be held from 3 to 4 p.m. April 11 in Taughannock Falls Room and from 12:10 to 1:05 p.m. April 13 in Clark Lounge. These sessions will specifically focus on drafting two documents that aim to present the structure and values of shared governance at Ithaca College in writing. Although there is no limit on attendance, faculty are requested to RSVP if they wish to attend one of the sessions.

Hooloosc survivor to give a talk about personal experiences

Raffold Hoffman, a Nobel Prize winner and Holocaust survivor, will be giving a personal talk from 7 to 8 p.m. April 25 in Muller Chapel. Hoffman will talk about growing up in eastern Poland in context of a war and his experience of being imprisoned in a labor camp.

This talk is open to all members of the campus community and masks are highly encouraged. For accommodations, questions and concerns, individuals should contact Lauren Goldberg, executive director of Hillel at Ithaca College, at lgoldberg@ithaca.edu or 240-401-2500.
Tenure system needs to be about advancing education

The original purpose of the tenure system was to promote academic freedom, encourage exploring new concepts and challenge the classroom with new ideas, yet over time, it drifted into a power game. Today, problems like a lack of diversity, the creation of academic hierarchy, loss of interdisciplinarity and freedom for unjust behavior are taking over the tenure system. Higher education is filled with white, cisgender male tenured professors, which makes them the most privileged position holders in faculty. Besides having all the benefits of tenure, like the freedom to express an opinion without risk of getting fired, these white, cisgender male faculty become the decision makers for future incoming tenured members, leaving no door for a diverse climate. This being said, the fundamental idea of tenure — protecting academic freedom — proves there is support for faculty, but, unfortunately, it does not serve everyone.

The tenure system was a great addition to higher education because it gave the faculty a safety net from being unjustly fired, however, disadvantages follow it and those need improvement. Not only tenured, but all faculty members should have the ability to fearlessly express their views. They should be able to explore new ideas for the sake of education and not for constantly fearing that opinions challenging the social norms will take them off-track to earn tenure. Tenure should not be ended but improved. New additions to the system should take non-tenured and tenure-track faculty hardships into consideration and advance their academic freedom as well.

After all, the tenure system is supposed to encourage the expansion of education, the creation of diverse communities and academics and a safe space for new ideas. Tenure should allow faculty to educate society and not make them feel like they are in a competition. Tenure should allow faculty to explore new ideas for the sake of education and not for constantly fearing that opinions challenging the social norms will take them off-track to earn tenure. Tenure should not be ended but improved. New additions to the system should take non-tenured and tenure-track faculty hardships into consideration and advance their academic freedom as well.

Electric vehicle chargers have little sustainability

The demand for electric vehicles is rising in order to lower greenhouse gas emissions. With its current limited electric vehicle chargers, Ithaca College is looking to increase those numbers to support the rising demand and keep up with its sustainability goals. EV chargers on campus have no fee when used, yet the college has to take care of electricity bills and the installation of chargers, and that cost will increase with the expansion and installation of more chargers. The college will need financial support to advance its environmentally-friendly resources. Furthermore, the most ironic part is that the financial support will be coming from NYSEG — one of the largest natural gas suppliers in New York. NYSEG supplies power and gas to more than 40% of upstate New York’s land mass, which contributes to greenhouse gas emissions. While it is understandable that natural gas is currently the leading utility supply in the U.S. and people need it for their homes, it does not justify the fact that NYSEG wants to expand its pipelines. NYSEG is also seeking a rate increase from state regulators, which will allow it to charge its utility customers a higher rate than now. These moves by NYSEG seem to prove that it is simply trying to keep the community on natural gas for its own profit. Even though the college will be using NYSEG’s help for sustainable reasons, it does not undermine the fact that the college will indirectly support the emission problem. It is important to note that sustainable resources are questionable as well. EV chargers seem environmentally friendly at first sight, however, in reality, they are connected to the power grid. The grid is powered by natural gas, which wears away most of the environmental friendliness of electric vehicles. Expanding EV chargers is a half step toward sustainability goals, but it is not enough. The college should not halt on the installation of more EV chargers but should be mindful of the effects that EV chargers have on the environment.
Growing like a mindful verb

When I was in kindergartner, I yearned to attend school. I hated it when I had to take a nap in the afternoon every single day. When I went to K-12 school, I wanted to be an adult as soon as possible and live by myself far away from my home. When I came to study at college abroad, I wanted to have my own studio apartment with modern furniture and a cozy sofa where I could snuggle with my adopted pooldog. I can write this process continuously and end it at the point of death.

This mindset of mine mirrors the infamous Stanford marshmallow experiment. In the 1970s, the experiment tried to predict if a child would be successful later in life by measuring how well children could delay immediate gratification—one marshmallow—to receive greater rewards in the future—more marshmallows. As all experimentations have limitations, this one has its downsides, too.

Growing up, I was not a big fan of patience and waiting, but I was good at the game of delayed gratification. I would wait for my second marshmallow but worry if it would really come. So, I forgot the one marshmallow I had and centered my life around the next marshmallow. I did not know I should have enjoyed having one instead of wishing for another. I thought the next one would be much tastier and bigger than the previous one. And now, of course, I regret it so much.

The first misunderstanding—defining religion. If you asked my definition of religion, I would guess that your answer would include at least one of the following terms: faith, belief, worship, spirituality, God, heaven, hell, salvation, purpose, meaning, inner peace or truth. You may recognize that all of these terms carry a particular perspective—a Protestant Christian perspective. People hardly identify the particulars of how they think about religion. To the extent that it is true, Christianity seems natural, neutral and normal. The effect is that everything and everyone else may come to be seen as abnormal.

The second misunderstanding—the relationship between religion and secularism. In religious studies, secularism denotes a separation between church and state, or the idea that politics should not be influenced by religion. However, the public sphere often reflects Christianity more than it indicates an absence of religion. The consequence is the normalization and naturalization of Christianity. This does not seem especially disconcerting at first glance, but considering 35% of Americans think that the U.S. is a Christian nation, 19% think the U.S. should be a Christian nation and 54% have never heard of Jewish national, there is cause for concern.

The third misunderstanding—religion is an opponent of progress. The most prominent example of this is the belief that Islam is incomparable with modernity and necessarily harmful to women. Of course, as is true of many spaces, Muslim women face violence of oppression. However, it seems to me that the public discourse surrounding Muslim women and conversations about religion and progress, in general, are frequently one-dimensional commentaries on religion that are often given to generalizations.

The fourth misunderstanding—religion is dead. Maybe you read Friedrich Nietzsche’s “The God Delusion” and you’ve come to believe that religion is irrational, make-believe or anti-scientific. This may have led you to the conclusion that religion is dead, dying or that it should disappear. In any case, such notions are misinformed. Religion is a uniquely human phenomenon and thinking critically about it has been and will continue to be useful for understanding how people relate to the world. Religion, like organized religion or civic religion or post-secular masculinity, informs our daily interactions with the world. Thinking religiously—that is, thinking about religion—can broaden our perspectives and deepen our understandings.

BY JULIA SCOTT  
SENIOR

In today’s social media landscape, it’s possible for anyone to become a fitness influencer. However, this status does not require years of education in exercise science or nutrition, becoming a fitness influencer doesn’t even require a personal trainer certification. So how are these influencers qualified to provide health and fitness information?

Throughout my life, I have struggled in my relationships with exercise and food until about three years ago when I began lifting weights and finally found a healthy balance. Despite the progress I’ve made, sometimes I will scroll through videos that transports me back to my middle school self sitting in my bedroom, overanalyzing my appearance in the mirror. Before I knew it, I was looking at something wrong with me. Then I read a sentence in a book about how I could become a healthier version of myself. After that, I started getting compliments from fitness influencers. The more followers I gained, the more I struggled in my relationship with eating and exercise. It is a vicious cycle and consistency, and there is no magical exercise that can change that. However, many fitness influencers claim to have found ways to hack health and fitness, which is misleading to beginners in their fitness journeys.

I believe any form of exercise that makes you happy and you can do consistently is worth doing. However, when fitness influencers promote unrealistic goals and spread false information, it leads people to believe that a healthy lifestyle is too difficult or even impossible to obtain. This can contribute to problems, like body dysmorphia, anxiety and depression. I think it’s amazing that exposure to fitness content has motivated people to pursue healthier lifestyles, I just urge that before people follow advice from others on the internet, they do their own research to ensure the source is qualified and that the information is accurate.

BY AIDAN FELDMAN  
SENIOR

The United States has a religion problem. Or, rather, it has several religion problems: Sept. 11 and Islamic extremism, fundamentalism, radicalism, fanaticism, Jan. 6 and Christian nationalism, the Jewish-Palestinian conflict and Zionism. The issue, however, is not Muslims, Christians or Jews. Rather, the problem is that most Americans fundamentally misunderstand religion and the role it plays in our lives today.

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BY AIDAN FELDMAN (he/him) is a senior Religious Studies major. Contact him at afeldman@ithaca.edu.
Documenting the world for class projects

BY NOELLE COOK  STAFF WRITER

Documentaries have been the backbone of film since the beginning, and Ithaca College is no exception to this history. Some documentaries take years to make and some use local stories to shed light on national topics. Students at the college work on finding local microcosms of larger issues that affect people. Their documentaries range from topics like immigration in New York City, to stories of a boxing coach and even the impact of dog adoption.

John Scott, associate professor in the Department of Media Arts, Sciences, and Studies and director of the Documentary Studies program, said the program is rather new. It was created in 2009 for students in the Department of Journalism as a way to combine classes already offered at the college into a viable major. There are documentaries by students that have won college Emmys and been named top 10 in short films by National Geographic, have been adopted as official company training videos and others that have been broadcasted on the PBS Flagship National Program and toured around the world.

“We wanted to create a path for students to take courses in journalism, cinema, [television and digital media] and photography,” Scott said. “Based around the project of recruiting from the world to tell engaging stories that can make the world a better place and open people up to ideas that they may have never explored in depth before.”

Seniors Lucy Calderon and Desiree Holz are currently in the process of documenting the banning of books on a local scale in Rochester. Senior Matan Berman and his team recently had their documentary on critical race theory get accepted into the Northern Virginia International Film and Music Festival. Last semester, senior Chloe Gibson and her team explored the border crisis in New York City and created a documentary about migrants in New York to tell their stories.

“The process was really insane,” Gibson said. “We do the 15-minute film and then we also have to write a proposal book. Ours ended up being 150 pages long. We did very comprehensive research and from there we narrowed our focus by taking into account who we had access to and what logically made the most sense in terms of travel and budget that we were given for the class. We had at least 10 hours worth of interviews by the time we were finishing filming.”

On top of their classes, students have to balance travel, editing the many hours of raw footage and producing a documentary within the span of a single semester. James Rada, lecturer in the Department of Journalism, said students do 99.9% of all the work.

“I tell them that as their time to shine,” Rada said. “Their parameters are, ‘Keep it clean, keep it legal and be the journalists they are.’ This is their passion project. We have some incredible students and one of the best journalistic minds in the country.”

The documentaries that students are currently making are monumenous to the fields that they explore. Berman and his team created their documentary, “Not in Our Schools: The Fight Over Critical Race Theory,” for the thesis-level course Documentary Workshop. He said he made over 55 pitches until finally settling on the final topic of exploring what critical race theory means and focused the story around Loudoun County, Virginia, where the school system had turned into a political battleground.

“Because of Christopher Rufo, a conservative think tank, critical race theory became a buzzword on the right for anything that has to do with teaching race,” Berman said. “We wanted to dispel the notion that critical race theory is infecting our children. Also to examine how Loudoun County as a whole has changed. It is one of the richest counties per capita in the United States … and the right has spread rhetoric of critical race theory there as a political tool to regain power.”

Many of these topics and issues happen closer to home than people realize. Even in Rochester, there are instances of conservative and damaging rhetoric taking hold of lawmaking bodies. This is what Holz and Berman’s banned books documentary focuses on.

“There was a book-banning attempt that happened at the Henrietta Public Library,” Holz said. “It brought up a ton of social media backlash, of people calling librarians gnomers, pedophiles. … Not even a town over, there was a bomb threat over a book at a local school. It’s a really brave stance; librarians are being forced to quit their jobs. We formed a relationship with Adrienne Pettinelli, the director of the library, and we used that as a case study to represent the huge, overarching issue of book banning as a whole.”

Not only was the work difficult to handle, but the topics were tough as well. Berman’s team had to go headfirst into prejudiced atmospheres and speak with openly racist people in the community.

Gibson’s team formed personal relationships with Venezuelan migrants and saw firsthand the struggles that they endured. Holz and Calderon spoke with librarians who had lost their jobs and livelihoods fighting to keep children educated and stop the book banning.

“The stress was something I had anticipated for a while,” Gibson said. “I knew it was going to take a lot out of me. … We would leave Thursday nights for New York City to film and come back Mondays, there were four weekends in a row where we did that.”

Some team members even worked through sickness. Berman’s editor, senior Liam Wurtz, watched and transcribed hours of interviews while sick and quarantined with COVID-19. Berman said he struggled with keeping up with caring for both his mental health and his classes, as did Gibson.

Still, there were perks to the process.

“I do not think that we would have gotten [the information] we got without being students,” Berman said. “Especially talking to people on the right. They are very resistant to talking to national media like CNN, NBC because they know they have a slant, but they’re a lot more willing to talk to us because we said we were independent student journalists.”

Working on these projects is rewarding as well. Students learn life skills like leadership, field experience and the ability to tell powerful stories. The screenings for each year’s documentaries are May 5 at Cinemapolis. Each documentary maker will get a chance to showcase what they have created and to tell a story that is close to their heart.

“The media sphere at the moment feels very bifurcated, both in terms of the stories that get told and how people respond to stories,” Scott said. “I think it’s a tricky environment to get people to think outside of their normal biases and sense for the world … in order for us to have a successful, independent democracy, we need to have an informed citizenship, and in-depth storytelling is one of the ways that can happen.”

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The quest for roommates continues at mixer event

BY GIANCARLO MESSINA  STAFF WRITER

Listening in to Clark Lounge on April 1, the faint chatter of students looking to meet a new living buddy backdropped by the jolting sounds of the Mario Kart soundtrack filled the air. This is because the Residence Hall Association held the Room and Board Games Roombetter Mixer event with the aim of allowing returning students to meet their potential roommates for the next academic year.

The event was open to all students, regardless of year, who wished to join in on the activities, which included some board games and Mario Kart. Meanwhile, representatives from the Office of Residential Life were there to answer any questions related to housing.

Junior Nico Goodbar, who went to the event with sophomore Ren Kato, said events like these can help connect people through common interests.

“I think it’s a lot easier to facilitate a roommate meeting process in person,” Goodbar said. “With events like this where there are things that people can kind of talk about and have in common with each other, like Mario Kart and food.”

According to the Churchill Observer, more and more people are using social media to find their new roommates. However, Kato said the roommate selection process can prove to be difficult without meeting potential roommates in person. Students have the opportunity to scout out potential roommates through Facebook groups or can be randomly assigned a roommate through the housing selection process, where students are asked a series of questions regarding roommate preferences.

First-year student Leticia Rebelo de Oliveira said the housing process can be confusing and intimidating for many students who are also trying to deal with their everyday school routine and it is easy to feel lost in the process, especially without knowing who their roommate will be.

“Tm [a resident assistant] right now, and I feel that a lot of my residents are trying to choose which building they want to live in [in], if they want to live with the same roommate or if they want to change, and I feel it is hard, usually, to find people if you don’t have the goal to find people to be your roommate,” Rebelo de Oliveira said.

First-year student Jason Gertzman, who found out about the event through an email, said he felt it would have been easier to approach new people if there was a bigger turnout.

“I think there could definitely be more people and that if they merged with another club or another organization it would have definitely had more people and been successful, but it definitely wasn’t too bad,” Gertzman said.

Sophomore Kathi Hodel, a member of the RHA, an organization dedicated to helping students engage with the campus community, said she believed that the event was largely successful in getting people to stay and meet other students.

Hodel also said this was the first time she had worked on an event like this and was excited about the engagement that it got.

Members of Transpose: Ithaca Queer Singers Alliance take a photo before rehearsal. The group, previously known as the Ithaca Gay Men’s Chorus, rebranded to reflect their inclusivity.

“Transpose will hold its next concert at 4:30 p.m. April 23 at First Baptist Church in Ithaca.

“Being able to change our name to reflect our growth is, to me, not only itself a queer and trans narrative — many queer and trans people who themselves grow over time decide to change different names — the fact that we did that as a group and we did it without voting, we did it through a process really heartfelt group work really amazes me,” Hirst said.

Name change rings true for Ithaca chorus group

BY LILY LIPKA  STAFF WRITER

Performing music together takes collective trust and care for each and every person performing. This has never been clearer than with Transpose: Ithaca Queer Singers Alliance. Transpose has been around for about 10 years as the “Ithaca Gay Men’s Chorus.” The group was initially founded to be a space solely for gay men, but as new members joined over the years, the original name no longer felt accurate to the identities represented in the group.

Jonah Gertzman, associate director and community facilitator for Transpose, said the change had been a long time coming. During the height of the COVID-19 pandemic, leaders of the organization began to reconsider the way they ran things.

“In an absence of performance, I think our identity as a group and what our purpose was in our community became highlighted in a particular way,” Hirst said.

Jennifer Lawrence Birnbaum began her role as director of the Ithaca Gay Men’s Chorus in September 2022. When Birnbaum heard that the former director would be leaving their position, she saw it as an opportunity to introduce necessary change to the organization.

“Walking into the first rehearsal with the phrase ‘What is our name to be?’” Birnbaum said. “What was interesting is how many more and more people are using social media to find their new roommates. According to the Churchill Observer, more and more people are using social media to find their new roommates. However, Kato said the roommate selection process can prove to be difficult without meeting potential roommates in person. Students have the opportunity to scout out potential roommates through Facebook groups or can be randomly assigned a roommate through the housing selection process, where students are asked a series of questions regarding roommate preferences. First-year student Leticia Rebelo de Oliveira said the housing process can be confusing and intimidating for many students who are also trying to deal with their everyday school routine and it is easy to feel lost in the process, especially without knowing who their roommate will be. “I think there could definitely be more people and that if they merged with another club or another organization it would have definitely had more people and been successful, but it definitely wasn’t too bad,” Gertzman said. Sophomore Kathi Hodel, a member of the RHA, an organization dedicated to helping students engage with the campus community, said she believed that the event was largely successful in getting people to stay and meet other students. Hodel also said this was the first time she had worked on an event like this and was excited about the engagement that it got. She said events like these are important for first-year students who are still new to the process and need help getting through this complicated process. Hodel said the open and widely available events like these are, less likely students will feel misguided in their housing journey.
**New emo record from Fall Out Boy is a fall from grace**

**ALBUM REVIEW:** "So Much (For) Stardust" Fuelled by Ramen

**BY ANDREW TELL** STAFF WRITER

Emo icon Fall Out Boy has returned to the spotlight with a new album that seeks to capture the highlights of its career so far — to varying degrees of success.

Fall Out Boy was the face of emo music for the 2000s. Hits like “Sugar, We’re Going Down” and “Dance, Dance” catapulted the band into the mainstream, cementing their pop-punk/emo sound in the 2000s zeitgeist. After a turbulent career that consisted of multi-platinum albums, an energetic Tumbleweed fandom and original songs for iconic movies, the group’s best LP since 2013, “So Much (For) Stardust” is finally here.

This album ranges from angsty poetic love songs to angsty pop-punk breakup songs, all with a 2020’s post-COVID sheen over it. In its consistency, but its comfort zone never completely captures the listener’s attention. The dancy guitar hooks basked in sappy lyrics are begging to be scribbled into the margins of middle school textbooks.

“The Kindsu Kid (Ten Years)” is the most mature (as well as the best) song on the album. The ethereal synths and guitar riffs lift the listener while the singing and drum grooves ground the listener. It does not reintroduce Fall Out Boy’s worst, but it does try to run you over with it. “Heartbreak Feels So Good” is a reference to the Nicole Kidman AMC ad and some of the lyrics come from Jordan Peele’s movie “Nope,” which is a common occurrence in Fall Out Boy’s music. And while the song “The Pink Shell” is just Elayne Hawke’s monologue from “Reality Bites,” the instrumentation is a very solid piece of ambient music that is unexpected from Fall Out Boy.

But songs like “Heaven, Iowa” and “Fake Out” are just filler that erase all momentum the album has going. As a song, “Flame” does not know if it wants to sound like a rejected Panic! at the Disco cover or a deep cut from the high school musical soundtrack. And the songs “I Am My Own Muse” and “What a Time to Be Alive” have a Danny Elfman and Olivia Newton-John style that Fall Out Boy fails to capture in any entertaining way.

“So Much (For) Stardust” is the band’s most Fall Out Boy-sounding album. While all its previous works evolved their sound further, this LP feels like a contemplation of its past achievements rather than looking for the next step forward. This is a double-edged sword. On one hand, it is a very solid piece of ambient music that is unexpected from Fall Out Boy. It recaptures the band’s 2000s emo magic. While listeners don’t like it then there is nothing here for them. And it feels like Fall Out Boy just slapped a shiny new coat of paint on themselves rather than faced up to the fact that Fall Out Boy is old. It is a natural occurrence for bands after their stay in the mainstream and it will happen to everyone’s favorite band. Fall Out Boy has already started making the transition from rock to dad rock, and that is okay.

“So Much (For) Stardust” alternates between respecting the past and spitting on it, and it does take a toll. But when Fall Out Boy is in their comfort zone, this album can still be a good time. If this is the last ever Fall Out Boy album, then it is a fitting end.
New Apple TV+ show is truly heartwarming and genuine

SHOW REVIEW: “Shrinking” Apple TV+

BY LILY LIPKA

STAFF WRITER

Apple TV+’s newest comedy “Shrinking” focuses on the therapy of Jimmy Laird (Jason Segel) as he grapples with the losses of his wife and attempts to rebuild his relationship with his daughter Alice (Lukita Manwell). Jimmy tries new, unorthodox methods of therapy with his clients, including a new client, Sean (Luke Tennie), who Jimmy invites to live with him when he gets arrested.

“Shrinking” creators Bill Lawrence, Brent Goldstein and Jason Segel come together to create a show that embodies their careers prior to the show — charming and personal. They build a visually and tonally bright world, wrapping the viewer in warm California sunshine in every scene. Yet there are also dark, intense moments when Alice and Jimmy are still in mourning and Sean experiments PTSD from his time in the military. Jimmy’s colleague Paul (Harrison Ford) struggles to tell his family that he has committed a crime in a moment that, while difficult not to care about these characters and what happens to them.

While the show can be quite funny at times, its humor occasionally falters. This show is not give her much time to experience that sense of sadness. It is implied in the finale that Gaby’s storyline to be about her learning to be single and love herself, the writers do not stray from the darker and sadder moments that have fun elements while experimenting with new sounds.

From the controversial start, the audience is able to feel what Alice feels in a way that makes them understand when she lashes out or closes herself off. Williams is also able to be a nice summer day with the top down, driving with the ocean in their eyes out on the way. Lana Del Rey has always been known for her dreamy, melancholy sound with cinematic influences that make listeners want to take a ride on a sunny day and get lost in the story. The show down a bit, but this is still an out-

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Lana Del Rey embraces her distinctive sound

Lana Del Rey has always been known for her dreamy, melancholy sound with cinematic influences that make listeners want to take a ride on a sunny day and get lost in the story.

“Shrinking” manages to depict humanity in all its beauty and pain while maintaining a distinct lightness. There are some unnecessary storylines that bring the show down a bit, but this is still an outstanding first season that leaves viewers excited for what is to come in season two.

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“Killers of the Flower Moon” to premiere at Cannes

Martin Scorsese’s latest film, “Killers of the Flower Moon,” will have its world premiere at the 2023 Cannes Film Festival — the first Scorsese film to do so since 1986’s “After Hours.” Based on a 2017 nonfiction book, the film will be set in the 1920s after the death of members in the Osage tribe, exploring the treatment of Native Americans. Leonardo DiCaprio, Lily Gladstone, Jesse Plemons and Robert De Niro among many others will star in the Apple Original film, which is expected to have its wide theatrical release in October 2023 before later streaming on Apple TV+. While it is unclear whether “Killers of the Flower Moon” will be running in or out of competition at the festival, Cannes has proved to be a crucial launching point for many awards contenders, like “Parasite” (2019) and “Triangle of Sadness” (2022). Even Scorsese’s own “Taxi Driver” won the coveted Palme d’Or award in 1976.
crossword

By Quill Driver Books

ACROSS
1 Stopped sleeping
5 Food fish
9 Tiny shrimp
14 Author — Haley
15 Salary
16 Strange
17 Kennel noise
18 Heating
20 Opera heroine, often
22 More civil
24 Cartoon shrieks
25 Pry bars
26 Loud and rude
29 Whisper on stage
31 Rodeo gear
32 Griffin of game shows
36 Annapolis grad
37 Turkey server
40 Pay as — go
41 Funny one
42 Palindromic name for a girl
43 Comets, to an ancient
45 The March King

47 Napped leathers
48 Look at
51 Leaning tower town
52 Changed, as a law
54 Obeying
55 Rats
56 Must-haves
57 Sprouted
58 Radio part
59 Strange sightings
61 Skunk's defense
62 Less modern
63 Mar a car
64 Interfaced
65 Must-haves
66 "Paint the Sky With Stars" singer
67 Picnic fare

DOWN
1 Customers
2 Bogus butter
3 Brown seaweed
4 Set forth in words
5 Pay
6 Bright circles
7 Past
8 ducks
9 — over (fainted)
10 Experience once more
11 Outraged
12 Metric measure
13 Wolfish looks
21 Fable author
22 Pimento holder
23 Played a trumpet
27 Hindu royalty
28 Off. helper
29 Health care option
30 Baja Ms.
31 Supplies with workers
32 Got a good look
34 Type of wolf
35 Niptick
36 Anatomy course
37 Turkey server
38 Mona —
39 Shake awake
40 Grassy areas
41 Smoothed
42 Selects from the menu
43 Almond tree
44 Ecological hazard
45 Boxer — Griffith
50 Crystal-filled rock
51 Impostor
52 Kind of ranch
53 Adored one
54 Exploding star
55 Sprouted
56 Boggy ground
57 Sprouted
58 Ecological hazard
59 Shake awake
60 Grave
61 Skunk's defense
62 More civil
63 Mar a car
64 Interlaced
65 Must-haves
66 "Paint the Sky With Stars" singer
67 Picnic fare

sudokus

answers to last issue’s sudoku:

easy

hard

Create and solve your Sudoku puzzles for FREE. Play Sudoku and win prizes at PRIZESUDOKU.COM

The Sudoku Source of "The Ithaca"
Callaghan spent one season with the Rutgers University Scarlet Knights, where he put up a .258 average and .814 OPS with two home runs in 66 at bats. Callaghan has hit for a career .355 average and 1.070 OPS, along with 126 hits. As of April 4, Callaghan has started 99 games for the Bombers.

Callaghan was able to get a spot with the Scarlet Knights during the 2022 season while in the process of getting a master’s degree in finance. At Rutgers, Callaghan finished off with 17 hits, one double, two triples, two home runs and 14 RBIs. He started 15 out of 35 games while also coming off the bench often and pinch hitting. He expressed that while it was a lot more challenging, he was willing to put in the work and make adjustments. Moreover, he added that he had to get used to the higher skill level in Division I.

“The commitment is a little bit more work,” Callaghan said. “The biggest challenge for me was the faster pitching with better off speed. [I was] just putting in the work every day and making some adjustments. There’s a lot of things you can get away with at the D-III level that you definitely can’t get away with at the D-4 level.”

Following his time at the university, Callaghan began working as a real estate analyst at Pacific Star Capital, which operates in the Miami-Fort Lauderdale area. However, it was his position transitioning into remote work that solidified Callaghan’s decision to return to his team on South Hill.

“I was working down in Florida and then got moved completely online, completely remote, and I went home back to New Jersey for a little bit," Callaghan said. "I just got kind of bored and I saw the opportunity to go back. Coach [Valesente] was very welcoming to have me back and it’s been a great experience so far.”

Callaghan said he believes that the opportunity to play at Rutgers has made him a better player, but there is still plenty of talent at the Division III level. Despite having earned his master’s degree, Callaghan is taking extramural courses at the college to boost his post-graduate experience.

The really advanced pitching gets easier when you come down to D-III, but since I came back to Ithaca, there’s a lot of guys at this level, especially pitchers that can pitch at the Division I level, even power five," Callaghan said. “I definitely became a better player when I went over there and I’m just hoping to take what I’ve learned to do at a D-1 school back here to Ithaca.”

Valesente said that, as the oldest on the team, Callaghan is like a leader to the rest of the younger players.

“He’s one of the older guys on the team and he’s been through a lot and certainly different atmospheres of baseball, whether it’s college, summer and multiple colleges,” Valesente said. “Having him back, you know, having him lead by example, both on the field and in the weight room and even in the classroom is really setting a good example for our guys.”

Additionally, senior outfielder Mike Nauta said Callaghan’s experience is beneficial to the younger players.

“Having his fifth or sixth year of college baseball and all this experience, it just helps the younger guys out with teaching them more things,” Nauta said. “Coach has built a strong culture ever since he got here. Discipline, hard work, working together and stuff like that. Nothing along those lines has changed at all.”

Valesente said that despite Callaghan’s already decorated career across two different programs, his work on the diamond is not over quite yet.

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“Having his fifth or sixth year of college baseball and all this experience, it just helps the younger guys out with teaching them more things,” Nauta said. “Having him back, there is a little bit of unfinished business in his mind.”

He definitely makes the team chemistry easier to build just because he’s been here before," Nauta said. “But every year is certainly different when it comes down to chemistry.”

As far as team culture goes, Callaghan said he believes that it remains the same as it was when he left the team.

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F1B Mini Goldendoodles for sale. Ready to go home at the end of March. Family raised, dewormed, first shots, vet checked. $1800-$2000. (585) 626-8409 or fetchdoodles88@gmail.com
Under threats of heavy wind and thunderstorms, the Ithaca College men’s and women’s rowing teams started their spring seasons at the annual Cayuga Duels on April 1, marking their return to competition.

Both squads were in action as they welcomed in Hobart and William Smith Colleges, Williams College, Cornell University and Washington & Jefferson College to compete on the Cayuga Inlet in a series of dual races.

Senior Jake Lentz, who is on the men’s varsity eight for the Bombers, said the weather was a risk all week and caused the event to be moved up and down in the day.

“We were worried, [we were] constantly checking the radar this week,” Lentz said. “But tailwind, blue skies – you really can’t ask for much better than this!”

Rebecca Robinson ’88, head coach of the women’s team, said lightning is the only condition the teams will not compete under, so they would be ready for anything. She said the team trains by practicing every day, no matter what the weather is.

“Do we practice when it snows? Yes,” Robinson said. “Do we practice when there’s 60 mph winds? Yes. If it’s safe; we practice, because we know somehow we will race in those conditions.”

The day started with the closest race of the regatta, as the Ithaca College women’s third varsity eight came in last, 46 seconds slower than Williams, but it was not the last of the action. Five squads took to the water for the women, with the four varsity eights competing as well as the novice four crew. The men raced three boats, the two varsity eights and a novice four.

For Lentz and his teammates, it was a rough day that saw them lose both races. The crew lost to Hobart by just three seconds, a very close margin against a team that recently moved to Division I.

In the second race, the Bombers fell by 15 seconds to reigning Division III champions Williams, in part because the boat got stuck on a buoy near the end. Regardless of the results, though, Lentz said it felt good to be on the water.

“We’re excited to build off this,” Lentz said. “We had one good race to take away, we had one bad race to take away, so we just keep on pushing.”

The women’s varsity eight was a different story. The Bombers cruised to a 22-second victory over William Smith and jumped out to an early lead over Williams in their second race, but Robinson said the team could not hold on and lost narrowly.

“That’s something we’ve got to look at and figure out how we’re going to work on,” Robinson said. “That tough, at this point in the season.”

The 2,000-meter course ran almost across the entirety of the Cayuga Inlet and ended by the Ithaca Farmers Market. The Bombers held a slight lead on paper after a slew of things went wrong for the Bombers. "The boats were toward each other, they clashed oars, one of the Ithaca women caught a crab, which is when they got their blade stuck in the water, and then the darkroom popped out," Robinson said. "The boat basically stopped. They were neck and neck at 240 [meters] to go, which is one minute left in the race, and that was the last time that one didn’t get to play out.”

Justin Stangel, head coach of the men’s team, said that although they lost every race, it was a promising start to the season, especially considering their competition.

“I thought we put ourselves out there and really pushed our limits,” Stangel said. "It’s a good jumping-off point for the season. Racing these top-tier teams … and setting the margin early on in the season so that we know where we stack up against some of the best in the country.”

**CONTACT:** AIDAN CHARDE

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**Professor educates community on Title IX in sports**

**BY HANNAH FICHER**

**STAFF WRITER**

As this year celebrates the 50th anniversary of Title IX Legislation, the Women’s Sports Foundation continues to celebrate its efforts toward achieving gender equality in all sports. These efforts are done through advocacy, research and education. 

Ellen Staurowsky ’79, professor in the Department of Media Arts, Sciences and Studies, is teaching a class on Title IX in honor of the anniversary. The class connects with a nationwide speaker series, having attendees and speakers from all over the country.

Linsey Durham, an assistant professor at Syracuse University and one of the speakers, said Title IX is a federal policy that seeks to drive equality. The policy ensures that no person is excluded or discriminated against for any gender identity. There are several types of protections that fall under Title IX, including equality in sports at the high school and collegiate level.

Staurowsky said the sports media program at Ithaca College has had classes and events that focus on gender equality before. When she first began as a professor at the college in 1992, she taught gender equality.

“I think that many of these topics are things that our students, in general, have not really thought about. Men, in particular, really have not thought about [about],” Staurowsky said.

“The students seem to indicate that the panels were meaningful for them,” Staurowsky said about the class with students from the college in 1992, that really cared about the goals. First, she hopes her students feel like they have been involved in a practical way when they begin to thing about things differently. Secondly, she hopes that as her students move forward as leaders in their professional fields, they can bring what they learned, make changes and guide others. Lastly, Staurowsky said that at the completion of the class there will be a podcast and educational website.

“I think the main goal for the class is to just educate people because no one really knows what Title IX covers,” junior Jose Moskowitz, a member of the class, said. “What I think is really interesting about this class is that it does focus on minority communities, on female athletes and it’s a) majority male class, which is really interesting.”

Moskowitz said the class began by reviewing the history of Title IX legislation and the key players who fought for and against it. Every class starts by discussing major headlines in the news related to the topics discussed in class.

“It’s not like a normal class in the sense that we’re not having tests and papers,” Moskowitz said. “The way she does her class, she really wants the material that you learn to go beyond just the four walls of the classroom.”

At the end of the semester, the class will have produced a series of podcasts set to launch in May. The course is working with Gavin Berger ’21 to publish the podcast and website to a large audience. Staurowsky said she hopes that in the future, there will continue to be students who will help run the podcast alongside her.

“With the podcast, we hope that we can pick up a lot of listeners from the general public and especially from the college and university sector when we launch it in May,” Staurowsky said. “We’ve got big aspirations for this.”

Staurowsky has hosted three panels so far with a different topic for each session. Those topics include the progress Title IX has made, the reproductive rights women have under Title IX and the inclusion of transgender athletes in sports. The series features speakers with back- grounds and experience in sport studies and women’s education.

Staurowsky said it was vital for her to become a part of the national conversation, which is how the speaker series integrated into the class curriculum.

“It was intended to be shared with the public, and we have had people all over the country who’ve been tuning in for our session,” Staurowsky said. “We’ve gotten anywhere from 80 to 100 people with some of our programs so far.”

The speaker series is incorporated into the already-existing class schedule. Senior Sarah DeVin, a member of the class, said that when there is a speaker event, the students are asked to attend that in a trade-off of attending class time.

“A lot of times, we watch the speaker series in replacement for the class for the day, then we’ll come in and talk a lot about the things that we’ve covered," DeVin said. "We’ll all get to kind of share our opinions on what we thought and kind of discuss the topic further.”

Staurowsky said her mission is to educate the population. A lack of knowledge has been passed down from the line to generation to generation. Durin said it is important to spread knowledge to ensure everyone understands Title IX because it goes deeper than many believe.

“I’m noticing that as we kind of go down the line, we’re not doing as good of a job of educating young girls and women in terms of what Title IX is and the types of protections they have based on Title IX policy,” Durin said. “It made it of more important to me to spread this knowledge.”

**CONTACT:** HANNAFICHER@ITHACA.EDU
THE BUZZER

The Ithacan’s breakdown of Ithaca College’s week in sports

ATHLETE OF THE WEEK
JAKE ERICKSON/MEN’S LACROSSE

Senior attackman Jake Erickson put up a career-high four goals in the Ithaca College men’s lacrosse team’s nail-biting 12–10 loss to then-No. 7 St. Lawrence University on March 31. Erickson put 10 shots on goal and also notched an assist on the contest.

COMPETITION OF THE WEEK
SOFTBALL VS. ST. JOHN FISHER UNIVERSITY

Senior pitcher Riley Piromalli tosses a pitch in the Ithaca College softball team’s home-opening doubleheader against the St. John Fisher University Cardinals on April 2. The Bombers broke even on the afternoon, bringing their overall record to 9–4–1.

EVENT TO WATCH
4 P.M. APRIL 12 ON THE WHEELER OUTDOOR COURTS

After defeating William Smith College 6–3 in 2022, the Ithaca College women's tennis team will aim to earn its first multi-game win streak in matchup history when it welcomes the Herons to the Wheeler Outdoor Courts. In the midst of a tumultuous season, the Bombers have seen strong individual performances from their small but mighty roster, including near-undefeated records from first-year student Sabrina Chueng and sophomore Taylor Crain. The matchup marks the first of a four-game slate of Liberty League competitions for the Bombers to close out their regular season.

NOTABLE UPCOMING COMPETITIONS
ROWING: 11 a.m. April 8 vs. the University of Rochester and Rochester Institute of Technology at the Cayuga Inlet.

BASEBALL: 3:30 p.m. April 7 vs. Rochester Institute of Technology on the Valesente Diamond at Freeman Field.

MEN’S LACROSSE: 2 p.m. April 8 vs. Vassar College at Higgins Stadium.

MEN’S TENNIS: 4 p.m. April 7 vs. Hobart College at the Wheeler Outdoor Courts.

QUOTE OF THE WEEK
“Do we practice when it snows? Yes. Do we practice when it rains? Yes. Do we practice when it’s windy? Yes. ... If it’s safe, we practice.”

- BECKY ROBINSON ’88
Women’s rowing team head coach on staying prepared for anything
### BASEBALL

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### WOMEN’S TRACK & FIELD

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<td>Pole vault</td>
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### MEN’S ROWING

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### BEST FIELD PERFORMANCES

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<td>Javelin throw</td>
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<td>Lily Seyfert</td>
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<tr>
<td>High jump</td>
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<td>Logan Bruce</td>
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Senior Trevor Britton reaches for the center strip with a velcro brick as he runs down an inflatable course while harnessed to a bungee cord during the South Hill Carnival, co-hosted by IC After Dark and the Student Governance Council on March 31. Students were invited to play games, have their faces painted and receive food and prizes.