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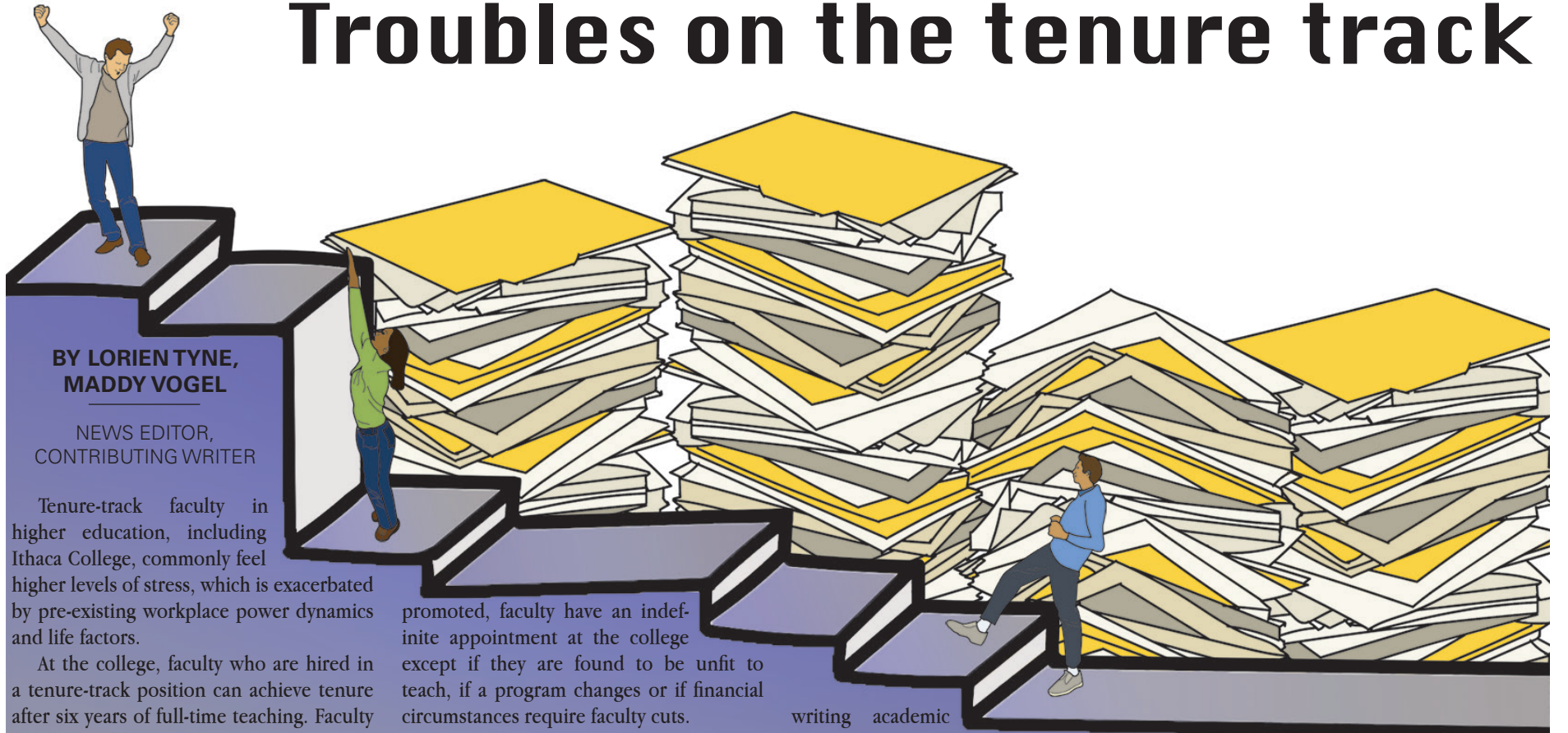
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Troubles on the tenure track



**BY LORIEN TYNE,
MADDY VOGEL**

NEWS EDITOR,
CONTRIBUTING WRITER

Tenure-track faculty in higher education, including Ithaca College, commonly feel higher levels of stress, which is exacerbated by pre-existing workplace power dynamics and life factors.

At the college, faculty who are hired in a tenure-track position can achieve tenure after six years of full-time teaching. Faculty applying for tenure must create a portfolio with items that demonstrate their history of achievements, service and teaching excellence. The portfolio is reviewed by other tenured faculty dependent on the program, the candidate's dean, the All-College Faculty Tenure and Promotion Committee, the provost and finally the president. Once

promoted, faculty have an indefinite appointment at the college except if they are found to be unfit to teach, if a program changes or if financial circumstances require faculty cuts.

In February, the Board of Trustees announced the tenure of 15 professors. María Mejía Yepes, associate professor in the Department of Media Arts, Sciences, and Studies, was hired in 2017 and is one of the newly promoted faculty. Mejía Yepes — who is an immigrant from Colombia — said she struggled with tenure requirements, like

writing academic documents in a non-native language and staying active in her professional field.

“At the time [I was hired], I was on the working visa, which has a couple of restrictions,” Mejía Yepes said. “You are only allowed to work for the company that sponsors you. ... So the many, many times

that I had to continue my scholarship, I had to do it for free.”

Mejía Yepes said she got her green card in 2020 with the college's help, allowing her to be paid for her freelance

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College's mentoring network honors four women in leadership with award

Faculty policies up for review

BY VIVIAN ROSE

STAFF WRITER

On March 31, to close Women's History Month, the Ithaca College Women's Mentoring Network honored four women leaders during the 2023 Women of Distinction Award ceremony hosted by the Office of Student Engagement in the Peggy Ryan Williams Haines Forum.

The women honored were Diana Dimitrova, director of International Student and Scholar Services; Belisa González, professor and dean of Faculty Equity, Inclusion, and Belonging and outgoing director of the Center for the Study of Culture, Race and Ethnicity; Elyse Nepa, assistant director for the Clery Act and Prevention Education in the Office of Public Safety and Emergency Management; and Erienne Roberts, deputy director of athletics and senior woman administrator.

During the ceremony, Dimitrova's award was presented by sophomore Jaqueline Pereira. Pereira said she has had a strong connection with Dimitrova since getting accepted to the college and deciding to attend.

“[Dimitrova] gave me a lot of support and she helped me through the process of deciding what I should do because I was in a different situation from some of the other students,” Pereira said. “She was really personal with me, as she's [great] with all the



From left, Belisa González, Diana Dimitrova, Elyse Nepa and Erienne Roberts were the four Women of Distinction awardees honored by the Office of Student Engagement.

JASMINE SCRIVEN/THE ITHACAN

students; she embraces them and takes care of them.”

Pereira, who is an international student, said Dimitrova works with international students months before they arrive by connecting peers and helping students obtain necessary documents like visas and social security cards.

Pereira said Dimitrova and her team work to acclimate students to life in the U.S. and in Ithaca while also helping them maintain

their origins by cooking traditional meals and staying in contact to ensure comfort and success.

Dimitrova said she enjoyed the storytelling aspect of the event and being able to listen to each of the women's unique experiences.

“It's so nice to pause to make the time to reflect and to share and to find just how shared these experiences are and how much we have

AWARDS, PAGE 4

BY NOA RAN-RESSLER

ASSISTANT NEWS EDITOR

At their April 4 meeting, Ithaca College Faculty Council members discussed non-tenure track faculty, student mental health, the academic misconduct process and academic freedom.

The provost's report was canceled because Melanie Stein, provost and senior vice president of academic affairs, was out of town.

Cory Young, associate professor in the Department of Strategic Communication and director of the Honors Program, presented about a Non-Tenure-Eligible Notice Faculty Survey on behalf of the Faculty Handbook Amendment Committee. Young shared a PDF of the survey and asked for feedback from the council about what can be improved.

The survey asks questions about reapplying for NTEN status, applying for promotion from an NTEN position, the distribution of workload and how workload aligns with faculty contracts, the organization and communication of information about NTEN and more. The survey will have an optional section to identify the respondent's demographics, but Young said the survey is meant to be anonymous. Young said the survey will come out in May.

Some faculty raised concerns about the anonymity of respondents if demographic data

FACULTY COUNCIL, PAGE 4

Nation & World News

Police identifies an ex-student as the Nashville school shooter

Police identified the assailant who shot and killed three children and three adults at a Christian elementary school in Nashville, Tennessee, March 26.

Audrey Hale, who was killed by police, was a 28-year-old white Nashville resident who identified as transgender, authorities said. Hale is believed to be a former student at the Covenant School, Metro Nashville Police said.

The shooter had two assault-type rifles and at least one pistol, police spokesperson Don Aaron said at a briefing. Hale entered the school through a side entrance and traversed the first and second floors of the building.

Astronomers discover black hole 33 billion times the mass of sun

An ultramassive black hole around 33 billion times the mass of the sun has been discovered by astronomers in Britain.

Scientists from Durham University said the gargantuan black hole is one of the biggest ever found.

Ultramassive black holes are the most massive objects in the universe, at between 10 billion and 40 billion times the mass of the sun.

Astronomers believe they can be found

at the center of all large galaxies like the Milky Way.

Finland becomes 31st member of NATO after Turkey approves

Turkey's parliament voted to approve Finland's membership in NATO, removing the final obstacle to the accession of Russia's Nordic neighbor into the defense alliance as its 31st member.

Lawmakers in Ankara unanimously voted on March 30 to ratify Finland's entry into the North Atlantic Treaty Organization, the last of current members to approve the expansion after the Hungarian parliament on Monday also backed the move.

Trump indicted, is now the first ex president with criminal charges

Donald Trump was indicted March 30 by a Manhattan grand jury in the Stormy Daniels hush money probe, an unprecedented legal move marking the first criminal charges in U.S. history brought against a former president, The New York Daily News has learned.

Trump lawyer Joe Tacopina confirmed the indictment to the Daily News shortly after Trump learned of it. The papers were filed under seal at the clerk's office in Manhattan Supreme Court at about 5:30



38 people die in Mexican detention center

Migrants stand near an improvised altar outside the immigration detention center where 38 migrants died during a fire in Ciudad Juarez, Chihuahua state, Mexico on March 29. Mexico's president vowed "no impunity" for those found responsible.

GUILLERMO ARRIAS/ AFP VIA GETTY IMAGES/TNS

p.m., a court source told the Daily News.

Powerful spring storm causes thunderstorms across the US

A powerful spring storm system that whipped up deadly tornadoes over the Southern and Midwestern U.S. brought severe thunderstorms and wind gusts to parts

of the East Coast late April 1, including to New York City.

The storm moved east after unleashing hail, heavy wind and tornadoes from Mississippi to Wisconsin, leaving at least 18 people dead, according to Associated Press.

SOURCE: TRIBUNE NEWS SERVICE

MULTIMEDIA

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IC After Dark hosts South Hill Carnival

On March 31, IC After Dark hosted their annual carnival in Emerson Suites, featuring carnival food, games and an inflatable bungee run.



'How IC Sports' - Football Running Back Jake Williams

Tune in to hear sophomore host Luke Cammarata talk with junior Jake Williams about his experience on the field as Ithaca College's football running back.



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IC plans for surge in EV charging stations

BY VIVIAN ROSE

STAFF WRITER

As electric vehicles are becoming more popular, Ithaca College is looking to expand the limited number of electric vehicle chargers it has on campus in order to keep up with demand and maintain its sustainability goals.

Marc Anthonisen, lecturer in the Department of Environmental Studies and Sciences, owns an electric car and said that he notices more EVs on the road throughout Ithaca and that more chargers around town are necessary.

The college has chargers in the Visitor Lot and at the Circle Apartments Community Center parking lot. Anthonisen said that getting more chargers on campus would also help get more prospective students interested in the college.

"The college won't make money off of having EVs, but it would be a great showcase for a family who is visiting Ithaca College, no matter if they have an EV or they don't," Anthonisen said. "It would send a signal saying, 'Ithaca College really is serious about their sustainability efforts.'"

According to *The Ithacan*, the station at the Circle Apartments was installed in December 2017. The station was paid for by a grant from the New York State Energy Research and Development Authority. Scott Doyle, director of Energy Management and Sustainability, said the college's chargers cost between \$4,000–\$8,000, and



Scott Doyle, director of Energy Management and Sustainability, said the charger at Circles Community Center went down recently and his team is looking into what caused the issue.

PHOTO ILLUSTRATION BY MALIK CLEMENT/THE ITHACAN

there is no fee to use chargers on campus.

Doyle said that in February, there were 124 charging sessions, 45 unique users and there was an average charging time of three hours and 50 minutes. Doyle said the college is hoping to add more EV charging stations on campus and his office is investigating potential areas for expansion.

"Areas that present the greatest potential for expansion are those areas with easier access to electric service ... and areas where parking lot improvements are planned in the near future," Doyle said.

Doyle said his team has been

working with NYSEG and school districts and towns across New York state to replace gas vehicles with EVs in the college's fleet. Doyle said the only EV the college has in the fleet is the Eco-Reps vehicle.

"We are also looking to expand our public charging and getting it up and running in a more reliable way," Doyle said. "I've had some trouble with the charger in the Community Center and in the visitors' parking lot."

Junior Michael Crater, a car enthusiast, said he does not think an expansion of chargers on campus will help student drivers

because EVs are not accessible for college students because of the high prices.

"Until [EVs] become more widespread and affordable, it's not really going to matter for college students," Crater said.

Doyle said one disadvantage would be toward drivers without electric vehicles.

"We recognize that electric vehicles — even with subsidies — are a more expensive vehicle, so does that mean we displace another potential driver in parking as well as bike parking?" Doyle said.

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Study pathways to start in fall

BY MADDY VOGEL

CONTRIBUTING WRITER

Incoming students at Ithaca College who join the Exploratory Program will be required to choose a school concentration so they can explore programs within a known interest.

The Exploratory Program will no longer continue to enroll students as a general exploratory major. Now they will choose a school to explore — what the program is now calling pathways. The program offers the Business Pathways; the Humanities, Art, and Social Sciences Pathways; the Park (Communications) Pathways; the Pre-Health Professions Program and the Science, Math, and Computing Pathways. Current exploratory students will not be able to choose a pathway.

Incoming students will still be able to take classes outside the school they choose a pathway in and will be able to change pathways.

Senior Ellen Chapman is currently the Exploratory Peer Ambassadors and Leaders coordinator and is a former exploratory major.

"With the opportunity to come in as a pathway ... ultimately, it saves a lot of students from changing majors if they were encouraged to be more general in their first year," Chapman said.

Maria DiFrancesco, director of the Exploratory Program and professor in the Department of World Languages, Literatures and Cultures, said via email that the changes reflect the mission of the program as a whole.

She said this addition to the program will hopefully decrease the number of students who experience regret from deciding a major too early. According to 2021 data from a Federal Reserve survey, 38% of adults who have completed some level of higher education said they would now choose a different field of study.

"I want to emphasize that this expansion or morphing is poised to most significantly help students who, in past years, would have started out in a declared major," DiFrancesco said. "Currently, for example, a first-year, second semester student in a 'wrong' major will come to see me in a panic or feeling depressed."

According to the Office of Analytics and Institutional Research, in Fall 2022, 261 students were enrolled as an exploratory major. In 2020 there were two students who had an undeclared major but there have been none since.

Sydney Smith, an incoming Park Pathways student in the Class of 2027, said that choosing a major was a daunting task as an 18-year-old.

"I love the specific pathways and after attending an accepted students day, I decided to major in Park Pathways because I know I'm interested in things like marketing and communications, but I don't know exactly what career I can see myself pursuing," Smith said.

Maeven Cattanach, an incoming Park Pathways student in the Class of 2027, said she just knew she wanted to do something in communications, so choosing a pathway was the perfect option.

"I wasn't exactly sure what specifically I wanted to do but knew I wanted to be in communications," Cattanach said. "I heard about the exploratory program and was interested in trying out all of the options versus diving into one I wasn't sure I would even love."

Although the pathways will allow students to concentrate their interests, Chapman said that it could cause some students to feel pressure during their application processes.

"I had absolutely no idea what I wanted to pursue, and a pathway would have been another decision for me that I probably would have found really difficult," Chapman said. "It has its pros and cons, but I have been told that students will still be able to take classes in other schools."

Assistant News Editor Noa Ran-Ressler contributed reporting.

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LGBTQ+ historian shares digital exhibit

BY LORIEN TYNE

NEWS EDITOR

Jeff Iovannone, a public historian specializing in LGBTQ+ heritage conservation in Buffalo, New York, visited Ithaca College April 4 to discuss his digital exhibit of historical LGBTQ+ sites that appear in Leslie Feinberg's novel, "Stone Butch Blues."

About 10 members of the campus community joined Iovannone in Clarke Lounge to hear him speak about his work and the work of Feinberg.

Feinberg was a secular Jewish, transgender, lesbian woman as well as an activist and author. Zie authored several books, including "Stone Butch Blues," which is a fictional story about a butch lesbian living in America in the 1970s. The novel was published at Firebrand Books in Ithaca in 1993. Iovannone said he originally sought to find if Feinberg's novel could be used to identify and document sites in Upstate New York that are associated with LGBTQ+ heritage. He eventually found 41 sites in Buffalo and one in Ithaca.

"Stone Butch Blues" is a very spatial novel," Iovannone said. "We can actually read it as a map of queer Buffalo during the 1960s and 1970s. ... This map can then further be used as the basis for future LGBTQ heritage conservation projects."

Iovannone used a geographic information computer system that analyzes and displays geographically referenced information to show the locations referenced in "Stone Butch Blues."

"Have you done a project like this, this sort of GIS mapping thing?" Chip Gagnon, professor and chair in the Department of Politics, said. "How did you get into



Jeff Iovannone, public historian specializing in LGBTQ+ heritage conservation in Buffalo, discussed his digital exhibit on Leslie Feinberg's novel, "Stone Butch Blues."

MARI KODAMA/THE ITHACAN

that particular aspect?"

Iovannone said that in 2019 when he was in the historic preservation master's program at Cornell University one of his professors suggested using GIS mapping.

"I did a very small version of it for my project for the class, which I think focuses on eight sites or so, and then I was able to get a grant from Cornell to finish," Iovannone said.

Iovannone said travel guides and maps have long-standing significance within LGBTQ+ history because they provided information about safe, inclusive spaces. Mapping the Gay Guide, Columbia FunMaps and the NYC LGBT Historic Sites Project are examples of these preservation mapping projects. Some historic sites represent oppression of LGBTQ+ people, like the

building that was formerly the "Buffalo State Asylum for the Insane" — a facility that institutionalized LGBTQ+ people and is now a hotel.

"What is the general stance on keeping those buildings preserved?" LGBTQ Pride Fellow Grace Dossdall said.

Iovannone said there are several perspectives to consider with sites like the asylum.

"We have to find a balance between ... reusing the building and not having that negative environmental impact while also being very honest about what took place there," Iovannone said. "Adaptive reuse of the building can give back to the communities that are implicated in that history."

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Tenure protects academic freedom in college

FROM TENURE, PAGE 1

work outside the college. Mejía Yepes also said she dealt with the stress of not being tenured because she was so accustomed to the stress of being an immigrant.

“You never take anything for granted,” Mejía Yepes said. “You’re always constantly thinking about, ‘I currently have this, but tomorrow, I might not.’”

One tenure-track faculty member — who wished to remain anonymous to preserve her well-being and job security — said that seeking tenure impacts her life in many ways from an overwhelming workload to generally feeling undervalued by the college’s administration.

“I think what makes this so difficult for folks who aren’t tenured is [that we are] ... creating an exit strategy [and] will probably have to start over somewhere else,” the source said. “It is really just exhausting to be firing on all fronts in that way and yet, I think it’s something that the [job] precarity means we have to do.”

She said that in addition to the tenure-track work of research, conferences and publishing papers, the foundational role of faculty is not appreciated in a way that matters.

“The ability to see faculty as people who are more than just this machine that teaches classes and grades papers and provides service for the college ... is something that I think the college does not do a very good job of,” the faculty source said.

Non-tenure-track faculty lack academic freedom and are vulnerable to loss of



María Mejía Yepes, associate professor in the Department of Media Arts, Sciences, and Studies, was hired in 2017 and just became tenured in February along with 15 other faculty members.

XINYI QIN/THE ITHACAN

employment if teaching materials or styles offend students, faculty or staff, according to the American Association of University Professors.

This can restrict faculty members from evaluating student work as rigorously and limits the methods a faculty member can use to teach.

Mark Criley, senior program officer for the AAUP, said academic freedom is the backbone of higher education.

“[Tenure] protects academic freedom in a way that really no other kind of policy or program could,” Criley said.

In 2004, the U.S. Department of Education reported that 17% of higher education institutions had replaced tenure

positions with contingent faculty in the past five years. The AAUP conducted a 2022 survey that showed tenure positions are decreasing with 54% of institutions reporting they had replaced tenure positions with contingent positions in the past five years.

“As those [newer] faculty members come up through the ranks, if they don’t have the security and protections of tenure that the previous generation of faculty had, then they’re not going to have the opportunity to offer their perspectives and their views and offer the recommendations that could help bring higher education into the 21st century,” Criley said.

Criley said the benefits like

salary increases and job security are not necessarily what the college wants.

“Precarious employees are often well-behaved employees and disposable employees and you can see why, from a manager’s perspective, that might be desirable,” Criley said.

Criley said tenured faculty must use their position of security and power to say what other campus members may not be able to.

“Faculty members who have tenure really ought to use that to speak up for their untenured faculty members and for their non-tenure-track colleagues and for the students,” Criley said.

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Awardees share personal stories

FROM AWARDS, PAGE 1

in common even though we came to this place from wildly different paths and backgrounds,” Dimitrova said.

The ceremony was centered around hearing the stories of each woman and learning about their experiences.

González spoke about the feeling of isolation as a woman in leadership and using that power to uplift other women.

“When I’m in rooms with other people who often have more power than me, I really enjoy lifting up the names of other people ... and paying tribute to people who aren’t always in those spaces. As women, we’ve had to figure out ways to bring other people into spaces to give credit where credit is due,” González said.

González was presented the award by junior Taina Trinidad.

Trinidad described the type of leader González is at the college and said they were grateful to present the award to her. Trinidad said the devotion González gives to the CSCRE is apparent.

“She serves as a reminder of what we can accomplish when we dare to take up space and lead with compassion,” Trinidad said.

Senior Linnea Carchedi serves as a Student Leadership Consultant in the Office of Student Engagement and said she has worked with Nepa at several workshops.

Nepa said during her speech that she hoped to give important advice to the up-and-coming women leaders that will be graduating from the college.

“I had a willingness to learn, a willingness to try. ... I learned that I also needed a willingness to fail and the courage and perseverance to do that every single day, and sometimes multiple times a day, where you will succeed and you will fail,” Nepa said.

Carchedi said the annual event has been a great way for the college to showcase the work of some of its most talented and inspiring women.

“I think it’s really wonderful that this is an opportunity to recognize women and women around campus who all have different experiences, who have different identities and really just hear about their journeys, but also their commonality that a lot of them were lifted up by other women behind them,” Carchedi said.

The final woman to receive the award was Roberts, more commonly referred to as “E” by their students. Sophomore Elizabeth Pillow presented the award to Roberts.

Roberts leads gender-based violence prevention and diversity, equity and inclusion and bias-influenced discussions through the Institute for Sport and Social Justice and serves as chair for the Women Leaders in College Sports Women of Color Initiative.

During their acceptance speech, Roberts used quotes from authors like Maya Angelou, Madeleine L’Engle and Paulo Coelho from books that are banned or are in the process of being banned to express the importance of always learning and how to learn to support others.

“Leadership does not come easy, it does not come without challenges,” Roberts said. “The more you love something, the harder you work at it, the longer lasting impression you will make.”

Pillow said Roberts deserved the award because of the amount of time Roberts commits to each sports team and shows they care about each athlete.

“I’m very honored to have been able to do that for her,” Pillow said. “It’s no surprise that she received this award just because of all the amazing things she’s done for our team and for all other athletes.”

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Faculty discuss survey and misconduct policy

FROM FACULTY COUNCIL, PAGE 1

is collected. Lauren Steele, assistant professor in the Department of Media, Arts, Sciences, and Studies, said that there is already a lot of revealing information that is required, like school and length of time as NTEN.

“We’re promising anonymity but ... it would not be difficult to identify people,” Steele said. “This is approaching more confidentiality. Having demographics in there just furthers that problem.”

Young clarified that the demographic data will not be used for identification, only to make sure the language in the survey is inclusive and that the survey is representative of different NTEN faculty. Lynne Hewitt, professor and chair of the Department of Speech-Language Pathology and Audiology, said language should always be inclusive, regardless of who is taking the survey, and without needing to collect demographic data. Young said she would take this feedback to the Faculty Handbook Amendment Committee members and make recommendations.

“We thought long and hard about how to word these questions and this is super good feedback because we’re only four or five individuals [on the committee], so this helps open it up,” Young said.

The council then welcomed Brian Petersen, director of the Center for Counseling and Psychological Services, to present on how faculty can support students’ mental health, specifically through CAPS. Petersen said CAPS will hire



From left, Cory Young, Chee Ng and Jonathan Ablard discuss academic freedom, mental health and misconduct policies at the Faculty Council meeting April 4.

JASMINE SCIRVEN/THE ITHACAN

another staff member in Fall 2023 to help replenish positions lost during the pandemic.

Susan Salahshor, assistant professor and program director of the Physician Assistant Program, asked about mental health resources for faculty since faculty and staff cannot use CAPS for counseling the way students can. Petersen mentioned the Employee Assistance Program, which is an independent organization that offers mental health counseling in addition to other counseling services.

“We do offer consultation services to your office, but we can also offer that on an individual level as well,” Petersen said. “[CAPS

can] bring in kind of a consultant model so that we can get around some ideas.”

David Gondek, associate professor in the Department of Biology, proposed changes to the academic misconduct process to align what the policy says with what usually ends up happening in judicial review cases. Gondek said pre-judicial review meetings between students and the person filing the complaint will be optional and there will now be multiple levels of appeals with clearer language explaining those appeals.

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SGC passes bill to restructure elections

BY DOMINICK PETRUCCI
STAFF WRITER

Members of the Student Governance Council met April 3 to discuss technology advances at Ithaca College with the college's Innovative Technologies Committee. The council also passed a bill and brainstormed a mission statement for the SGC.

Chief Information Officer Dave Weil, Casey Kendall, executive director of applications and infrastructure, and Jenna Linskens, director of learning and innovative technologies from the college's Information Technology division, discussed confirmed and potential changes to make student's interactions with technology at the college more effective.

The IT Committee sent out a survey to the entire campus community about cell phone reception and Wi-Fi connectivity on campus. The survey had 90 respondents.

Weil said IT is aiming to use ChatGPT as an educational device. This includes teaching students how to use ChatGPT to help them with their coursework and educating professors on how AI works if they want to use these new technologies in their teaching.

"I think starting now and trying to learn about what the tools can do and then what you can do to leverage those tools to do bigger and greater things than you could do without them is really the secret to succeeding as we go forward," Weil said.

President La Jerne Cornish and



From left, Jenna Linskens, director of learning and innovative technologies, and Casey Kendall, executive director of applications and infrastructure, discuss effective technology solutions.

JADYN DAVIS/THE ITHACAN

Weil went to Apple headquarters and Microsoft headquarters in Cupertino, California, to discuss technology in higher education.

"We spent a lot of time thinking about how students feel," Weil said. "It's interesting how these companies can improve the experience on campuses like Ithaca. ... We are continuing to partner with these companies."

SGC moved on to a bill proposed by Ruffino on behalf of the Organizational Review Committee about restructuring

the executive council.

There are five primary seats on the executive board: president of the student body, vice president of campus affairs, vice president of academic affairs, vice president of business and finance and vice president of communications. Ruffino said anybody currently running for one position needs to find four running mates for other positions to form a unit.

Ruffino said the purpose of having students run as teams was to create a clear, common goal so

bills can be passed earlier. This new bill allows senators to apply for one role individually without needing running mates.

"We will lose the benefit of a cohesive platform and a group of people that may already know each other and can work together, but we will gain a lot more flexibility and freedom in what you want to run for," Ruffino said.

The bill passed unanimously by members of the SGC.

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IDEAS assesses a name change

BY PRAKRITI PANWAR
ASSISTANT NEWS EDITOR

In an email sent to students March 31, Ithaca College's Center for Inclusion, Diversity, Equity and Social Change announced that it will be undergoing a name change. Angélica Carrington, director of the Center for IDEAS, announced dates for focus group sessions for students to participate in regarding the change.

According to the email, this title change is based on feedback provided to the Center for IDEAS by students to accurately represent how the center serves as a resource for students.

Carrington said in the email that, based on students' feedback, the center will be evaluating new titles that will depict its initiatives.

"One of the reasons for this change is that students and community members are confused by the current name and as a result do not seek out training, support or outreach from the Center when it would be helpful," Carrington said in the email.

Carrington also wrote in the email that the Center for IDEAS will work with the newly established Center for Equity, Inclusion, and Belonging to amplify resources.

Carrington also invited students in an email sent March 31 to take part in a focus group to discuss the center's title change. The focus group session was conducted at 4:30 p.m. April 3 in the Cayuga Lake Room. In another email sent April 4, Carrington invited students to a second focus group session, which will be held from 4:30 to 5:30 p.m. in the Center for IDEAS lounge.

Carrington added that feedback collected will be sent to Bonnie Prunty, vice president of Student Affairs and Campus Life, and to the President's Cabinet down the line.

CONTACT: PAPANWAR@ITHACA.EDU

Q&A: Alum discusses running a food truck business

Katie Foley '01, owner of the Silo Food Truck, is returning to Ithaca College's campus with Silo's signature fried chicken and mac and cheese beginning April 13.

The food truck will be situated either near the Dillingham Fountains or the College Circle Community Building, depending on the day. A full list of tentative days and dates can be found on Intercom.

Foley graduated from the School of Health Sciences and Human Performance with a degree in exercise science and a minor in fitness and cardiac rehabilitation. After working in the non-profit and customer service sector for several years, Foley decided to set up her own venture. Prior to working on Silo full time, Foley was director of development at the Ithaca Planned Parenthood.

The Silo Food Truck has served at events like the Finger Lakes GrassRoots Festival of Music & Dance and the New York State Fair. In 2021, the Silo Food Truck opened a new location at the Liquid State Brewing Company in Ithaca.

Assistant News Editor Prakriti Panwar spoke with Foley about her personal and professional journey and how it led to the inception of the Silo Food Truck.

This interview has been edited for length and clarity.

Prakriti Panwar: How did you transition from a degree from the School of HSHP to working in business?

Katie Foley: I had a whole life and career prior to getting involved in business. I felt like Ithaca College prepared me with a variety of skills that I could take to a lot of different industries. One of the things that I liked about my major and some of the experience that I had was the

interaction with people and clients. ... As I dabbled in that field, I realized that I was actually being pulled ... to do human service-type work. So in my early 20s, I took a position at the Ithaca Youth Bureau, working for the Big Brother Big Sister program, and fell in love with the ... aspect of the Ithaca community where non-profits play a fairly impactful role in terms of working with the community. ... In the development field, I guess there's an entrepreneurial way in which you approach your work. ... So it's always been in me. When I met my current partner, he had a background in food service. And I had a lot of background in some of this entrepreneurial stuff and had also moonlighted in a lot of restaurants. ... So, I think all of those things combined gave me the excitement and the interest in trying to lend my hand at something else with [my partner].

PP: The food service industry is known to be a stressful and high-pressure environment. In what specific ways did your degree from the School of HSHP prepare you for that part?

KF: I would say that despite fried chicken and mac and cheese being a lot of what we do, fitness and balance has personally been something that I've always held in really high esteem. ... I'd also say that with cardiac rehabilitation in particular, there was a lot of talk and hands-on experience in working with clients. ... I think being well rounded and having a sense of being grounded is something that Ithaca College fosters.

PP: What was your transition from Planned Parenthood to Silo like? Were there any challenges that came your way?

KF: Well, I felt very supported by my colleagues at Planned Parenthood. ... The first year that I



Katie Foley '01 said that her degree from Ithaca College provided a well-rounded educational experience that equipped her to successfully run the Silo Food Truck.

COURTESY OF MIKE SMITH/MANIFESTO DESIGNS

did Silo, I kept my full-time career and did Silo on the side. ... There was a little part of me, admittedly, that realized it was a bit of a risk to go from a full time position at a well-esteemed organization with national affiliation ... to open a fried chicken food truck. I was a little nervous if I would get any flack about it or judgment around it, but I actually felt the opposite. I felt

like people respected that I was pursuing something. ... [Now] we do a lot of little fundraising activities for a variety of organizations in town and that is an important part of business for me. Having been on the side of asking businesses to contribute, I know what that's like.

CONTACT: PAPANWAR@ITHACA.EDU

COLLEGE BRIEFS

TAES accepting learning and peer success coach requests

Tutoring and Academic Services at Ithaca College will be accepting requests from students for Learning Coaches and Peer Success Coaches until April 7. The TAES is a part of the Center for Student Success and Retention and allows students to connect with Peer Coaches who can help them with academics in general and for specific classes as well. The TAES asks that students submit their requests by April 7 because it will allow current Learning and Peer Success Coaches to conclude work with their current assignees. Students requiring support after April 7 have to email TAES@ithaca.edu.

The BOLD scholarship open to applications for the class of 2025

The BOLD Women's Leadership Scholarship is accepting applications for the Class of 2025 until 11:59 p.m. April 16. The BOLD Scholarship is awarded for a period of two years and is worth \$27,500 per year. The BOLD Scholarship is a part of the BOLD Program, which is funded through the Helen Gurley Brown Foundation.

Interested students can find the application on Intercom. While prospective scholars are recommended to attend an information session, they are not required to. While two of the three information sessions already took place from 12:10 to 1:05 p.m. March 30 in Friends 307 and from 5 to 6 p.m. April 3 in Friends 307, a virtual information session will be held from 7:30 to 8:30 p.m. April 5 via Zoom. Students who were unable to attend any of the information sessions and wish to learn more can set up a time to talk with Samantha Elebiary, the BOLD program director.

An application is considered complete when the application form has been submitted and the faculty or staff recommendation form has been completed, in addition to the PDF versions of the applicants' unofficial transcript and resume emailed to bold@ithaca.edu. The deadline for staff or faculty to submit recommendations is 11:59 p.m. April 23. Once students have completed the application, students will be invited to a group interview that will take place from 3 to 6 p.m. April 29. Once group interviews are over, 20 to 25 students will be invited to participate in individual interviews, which will be held online between May 14 and May 19. Selected students will receive an email regarding the same and will be able to schedule a time that works for them. Before the month of May ends,

students will find out whether their application was successful or not.

All questions must be directed through email to bold@ithaca.edu

OSE and HR host special event for student employees at IC

The Office of Student Employment and Human Resources is hosting an event celebrating student employees from 11 a.m. to 1:30 p.m. April 13 in Emerson Suites. Students can play games and win raffle prizes. Snacks will be served at the event. Student employee supervisors are also welcome to attend the event and were also encouraged to send messages expressing gratitude to student employees at hrstudent@ithaca.edu by April 3.

These messages will be presented at the event. All questions, concerns and academic requests can be sent through email to studentemployment@ithaca.edu.

Washington Post assignment editor talks data visualization

Reuben Fischer-Baum, assignment editor in The Washington Post's graphic design team, will be giving a talk titled "How journalists create data visualization" from 1:15 to 2:15 p.m. April 14 in Emerson Suites. In the talk, Fischer-Baum will go over the different kinds of digital tools and software journalists can use to visualize data.

Fischer-Baum pursued his undergraduate degree in Environmental Science from Yale University and taught data visualization at the Parsons School of Design in New York City. This talk is a part of the 2023 Consortium for Computing Sciences in Colleges for the Northeastern region being hosted by the Department of Computer Science at Ithaca College.

Interested individuals requiring accommodations must contact Jill Ackerman, administrative assistant in the Department of Mathematics, at jackerman@ithaca.edu or 607-274-3107.

IC Prevention Education Network organizes abortion presentation

Naiara Bezzera-Gastesi, campus educator at the Tompkins County Advocacy Center, will be presenting a talk about abortion from 1:30 to 2:30 p.m. April 11 in Taughanock Falls Room. The presentation will specifically focus on the impacts of abortion bans in specific states in the United States, including New York, on sexual assault survivors and will also outline



The Renegades host national qualifier

Ithaca College first-year student Clare Jordan runs through Clarkson University senior Kelly Boutin as Ithaca first-year student Taylor Piergrossi waits for a pass. Ithaca College Women's Club Rugby placed second in the tournament April 1.

NOLAN SAUNDERS/THE ITHACAN

strategies individuals can use to support sexual assault survivors seeking an abortion.

This presentation and discussion session is hosted by the Prevention Education Network, Ithaca College's prevention education committee. All accommodation requests, questions, or concerns must be directed to pen@ithaca.edu.

Faculty leaders host sessions discussing shared governance

Melanie Stein, provost and senior vice president; Chrystyna Dail, associate professor in the Department of Theatre Studies; Dave Gondek, assistant professor in the Department of Biology; Lauren Steele, associate professor in the Department of Media Arts, Sciences, and Studies; General Counsel Emily Rockett, secretary to the Board of Trustees; and Claire Gleitman, dean of the School of Humanities and Sciences, invite faculty to a discussion session about shared governance.

While one of the sessions took place from 10 to 11 a.m. April 7 in Clark Lounge, two upcoming sessions will be held from

3 to 4 p.m. April 11 in Taughanock Falls Room and from 12:10 to 1:05 p.m. April 13 in Clark Lounge.

These sessions will specifically focus on drafting two documents that aim to present the structure and values of shared governance at Ithaca College in writing. Although there is no limit on attendance, faculty are requested to RSVP if they wish to attend one of the sessions.

Holocaust survivor to give a talk about personal experiences

Roald Hoffman, a Nobel Prize winner and Holocaust survivor, will be giving a personal talk from 7 to 8 p.m. April 25 in Muller Chapel. Hoffman will talk about growing up in eastern Poland in context of a war and his experience of being imprisoned in a labor camp.

This talk is open to all members of the campus community and masks are highly encouraged. For accommodations, questions and concerns, individuals should contact Lauren Goldberg, executive director of Hillel at Ithaca College, at lgoldberg2@ithaca.edu or 240-401-2590.

PUBLIC SAFETY INCIDENT LOG

SELECTED ENTRIES FROM MARCH 20 TO 26

MARCH 20

CRIMINAL TRESPASS/ THIRD DEGREE

LOCATION: Campus Center
SUMMARY: Officers located reported persons found inside building after hours and they falsely identified themselves. Two people were referred to conduct for trespassing and acts of dishonesty. Patrol Officer Abdullah Hassan responded. Those responsible were referred to student conduct.

MARCH 21

FIRE ALARM ACCIDENTAL

LOCATION: 341 College Circle Lane
SUMMARY: Simplex reported a fire alarm. The activation was caused by burnt food. Patrol Officer Thaddeus May responded to the call.

MEDICAL ASSIST/ PSYCHOLOGICAL

LOCATION: 110 College Circle
SUMMARY: Caller reported feeling

unsafe. Resources were provided by OPS, CAPS and residential life. Patrol Officer Steven Hutchison responded to the call.

MARCH 22

STALKING

LOCATION: J-Lot
SUMMARY: Title IX reported that one person followed another on two occasions. Thomas Dunn, associate director and deputy chief in the Office of Public Safety and Emergency Management, responded to the call. Resources and options were offered by the Office of Title IX.

SCC IRRESPONSIBLE USE OF ALCOHOL/DRUGS

LOCATION: Hood Hall
SUMMARY: Caller reported an intoxicated person vomiting. The person was referred to conduct for irresponsible use of alcohol. Patrol Officer Kevin Noterfonzo responded. The persons responsible were referred

to student conduct.

MARCH 23

PETIT LARCENY OVER \$200

LOCATION: O-Lot
SUMMARY: A caller reported that an unknown person had stolen a cell phone. Master Patrol Officer Bob Jones responded to the call. This investigation is pending.

SCC DISRUPTIVE/ EXCESSIVE NOISE

LOCATION: Z-Lot
SUMMARY: Caller reported a group of people making noise. Three people were referred to conduct for noise. Sergeant Jon Elmore responded to the call.

MARCH 24

SUSPICIOUS PERSON

LOCATION: Academic Quad
SUMMARY: Caller reported people with clipboards asking questions. The

Officer was unable to locate. Patrol Officer Thaddeus May responded.

MOTOR VEHICLE ACCIDENT/ PROPERTY DAMAGE

LOCATION: Visitor Lot
SUMMARY: Caller reported a two-car property damage motor vehicle accident. Master Patrol Officer Sophia Dimkos responded to the call.

MARCH 25

CRIMINAL MISCHIEF/ FOURTH DEGREE

LOCATION: Hilliard Hall
SUMMARY: Caller reported an unknown person damaged paper towel, toilet paper and soap dispensers. Patrol Officer Mayra Colon responded to the call.

PETIT LARCENY UNDER \$50

LOCATION: Hilliard Hall
SUMMARY: Caller reported that an unknown person stole light fixture covers. Patrol Officer Mayra Colon

responded to the call.

MARCH 26

PETIT LARCENY UNDER \$50

LOCATION: Hilliard Hall
SUMMARY: Caller reported that an unknown person stole several light fixture covers. Patrol Officer Mayra Colon responded to the call. This is a pending investigation.

FIRE ALARM ACCIDENTAL

LOCATION: 12 College Circle Drive
SUMMARY: Simplex reported a fire alarm. The activation was caused by steam from a shower. Thaddeus May responded to the call.

Full public safety log available online at www.theithacan.org.

KEY

SCC – Student Conduct Code
V&T – Vehicle & Transportation
EH&S – Environmental Health and Safety

OPINION

THURSDAY, APRIL 6, 2023

7



ILLUSTRATION BY BRODY SMITH/THE ITHACAN

EDITORIALS

Tenure system needs to be about advancing education

The original purpose of the tenure system was to promote academic freedom, encourage exploring new concepts and challenge the classroom with new ideas, yet over time, it drifted into a power game. Today, problems like a lack of diversity, the creation of academic hierarchy, loss of interdisciplinarity and freedom for unjust behavior are taking over the tenure system. Higher education is filled with white, cisgender male tenured professors, which makes them the most privileged position holders in faculty.

Besides having all the benefits of tenure, like the freedom to express an opinion without risk of getting fired, these white, cisgender male faculty become the decision makers for future incoming tenured members, leaving no door for a diverse climate. This being said, the fundamental idea of tenure — protecting academic freedom — proves there is support for faculty, but, unfortunately, it does not serve everyone.

The tenure system was a great addition to higher education because it gave the faculty a safety net from being unjustly fired, however, disadvantages follow it and those need improvement. Not only tenured, but all faculty members should have the ability to fearlessly express their views. They should be able to explore new ideas for the sake of education and not for constantly fearing that opinions challenging the social norms will take them off-track to earn tenure.

Tenure should not be ended but improved. New additions to the system should take non-tenured and tenure-track faculty hardships into consideration and advance their academic freedom as well.

After all, the tenure system is supposed to encourage the expansion of education, the creation of diverse communities and academics and a safe space for new ideas. Tenure should allow faculty to educate society and not make them feel like they are in a competition.

Electric vehicle chargers have little sustainability

The demand for electric vehicles is rising in order to lower greenhouse gas emissions. With its current limited electric vehicle chargers, Ithaca College is looking to increase those numbers to support the rising demand and keep up with its sustainability goals. EV chargers on campus have no fee when used, yet the college has to take care of electricity bills and the installation of chargers, and that cost will increase with the expansion and installation of more chargers. The college will need financial support to advance its environmentally-friendly resources. Furthermore, the most ironic part is that the financial support will be coming from NYSEG — one of the largest natural gas suppliers in New York.

NYSEG supplies power and gas to more than 40% of upstate New York's land mass, which contributes to greenhouse gas emission. While it is understandable that natural gas is currently the leading utility supply in the U.S. and people need it for their homes, it does

not justify the fact that NYSEG wants to expand its pipelines. NYSEG is also seeking a rate increase from state regulators, which will allow it to charge its utility customers a higher rate than now. These moves by NYSEG seem to prove that it is simply trying to keep the community on natural gas for its own profit. Even though the college will be using NYSEG's help for sustainable reasons, it does not undermine the fact that the college will indirectly support the emission problem. It is important to note that sustainable resources are questionable as well. EV chargers seem environmentally friendly at first sight, however, in reality, they are connected to the power grid. The grid is powered by natural gas, which wears away most of the environmental friendliness of electric vehicles.

Expanding EV charges is a half step toward sustainability goals, but it is not enough. The college should not halt on the installation of more EV chargers but should be mindful of the effects that EV chargers have on the environment.

LETTER TO THE EDITOR

Send to ithacan@ithaca.edu.

ALL LETTERS MUST:

- Be 250 words or fewer
- Be emailed or dropped off by 5 p.m. Monday in Park 220

GUEST COMMENTARY

Send to ithacan@ithaca.edu or to the opinion editor nhakobyan@ithaca.edu.

ALL COMMENTARIES MUST:

- Convey a clear message
- Be written by an individual or group who has an educated opinion or is an authority on a specific subject
- Be between 600–650 words. Whether more or less space is allotted is at the discretion of the editor



COURTESY OF NINJIN TUMURBAT

FIGURE OF SOUL

NINJIN TUMURBAT

Growing like a mindful verb

When I was in kindergarten, I yearned to attend school. I hated it when I had to take a nap in the afternoon every single day. When I went to K-12 school, I wanted to be an adult as soon as possible and live by myself far away from my home. When I came to study at college abroad, I wanted to have my own studio apartment with modern furniture and a cozy sofa where I could snuggle with my adopted poodle dog. I can write this process continuously and end it at the point of death.

Looking back at my relationship with the notion of a meaningful and successful life, it seemed like I always wanted to be nouns and adjectives: independent, financially stable, a free soul, a successful student. However, in my quest to become a successful noun, I neglected the present, always looking forward to what I would achieve next. And now, of course, I regret it so much.

This mindset of mine mirrors the infamous Stanford marshmallow experiment. In the 1970s, the experiment tried to predict if a child would be successful later in life by measuring how well children could delay immediate gratification — one marshmallow — to receive greater rewards in the future — more marshmallows. As all experimentations have limitations, this one has its downsides, too.

Growing up, I was not a big fan of patience and waiting, but I was good at the game of delayed gratification. I would wait for my second marshmallow but worry if it would really come. So, I forgot the one marshmallow I had and centered my life around the next marshmallow. I did not know I should have enjoyed having one instead of wishing for another. I thought the next one would be much tastier and bigger than what I had. I wanted to become a noun — a person who has this or has achieved that.

However, the thing is, life should not be about surviving a phase in order to get to the next one. It is more about making the best out of a certain chapter, learning all the lessons it offers and exceeding to enter the next one. This way we can be more focused and mindful of the verbs we want to master. R. Buckminster Fuller perfectly described this in a few words: “I don’t know what I am. I know that I am not a category. I am not a thing — a noun. I seem to be a verb, an evolutionary process.”

All of us would receive different yet unique gifts at different times; however, we should not be focusing on receiving the gifts. Do not wait for them to come. Instead of worrying and working just to achieve them, practice the verb just for the sake of doing it. If you are now studying to get a good grade to attend a grad school or to have a certain job title, the noun feels heavier, harder and harsher. Instead, if you study just for the sake of studying — to feel alive, hungry for more knowledge and curious to find answers to more questions, the verb makes you feel lighter and more meaningful. So, my question is: Do you prefer to be a fixed noun or a verb that grows?

FIGURE OF SOUL is a column written by first-year psychology major Ninjin Tumurbat (she/her) that analyzes metaphors. Contact her at ntumurbat@ithaca.edu.

GUEST COMMENTARY

Editor’s Note: This is a guest commentary. The opinions do not necessarily reflect the views of the editorial

Fitness influencers are harmful sources

BY JULIA SCOTT

SENIOR

In today’s social media landscape, it’s possible for anyone to become a fitness influencer. However, this status doesn’t require years of education in exercise science or nutrition; becoming a fitness influencer doesn’t even require a personal trainer certification. So how are these influencers qualified to provide health and fitness information?

Throughout my life, I have struggled in my relationships with exercise and food until about three years ago when I began lifting weights and finally found a healthy balance. Despite the progress I’ve made, sometimes I will scroll onto a video that transports me back to my middle school self sitting in my bedroom, overanalyzing my appearance in the mirror, googling “how to lose weight overnight” and going to bed hoping to wake up in a different body. Back then, I thought there was something wrong with me because I followed information from fitness influencers but never saw any changes.

The processes of losing fat and building muscle takes time



Senior Julia Scott believes that many social media influencers spread false information. She hopes that people will educate themselves about fitness through trustworthy sources.

VAN HOANG/THE ITHACAN

and consistency, and there is no magical exercise that can change that. However, many fitness influencers claim to have found ways to hack health and fitness, which is misleading to beginners in their fitness journeys.

I believe any form of exercise that makes you happy and you can do consistently is worth doing. However, when fitness

influencers promote unrealistic goals and spread false information, it leads people to believe that a healthy lifestyle is too difficult or even impossible to obtain. This can contribute to problems, like body dysmorphia, anxiety and depression. I think it’s amazing that exposure to fitness content has motivated people to pursue healthier lifestyles; I

just urge that before people follow advice from others on the internet, they do their own research to ensure the source is qualified and that the information is accurate.

Julia Scott (she/her) is a senior Integrated Marketing Communications major. Contact her at jscott5@ithaca.edu.

GUEST COMMENTARY

Editor’s Note: This is a guest commentary. The opinions do not necessarily reflect the views of the editorial

People misinterpret the role of religion

BY AIDAN FELDMAN

SENIOR

The United States has a religion problem. Or, rather, it has several religion problems: Sept. 11 and Islamic extremism, fundamentalism, radicalism, fanaticism, Jan. 6 and Christian nationalism, the Israeli-Palestinian conflict and Zionism. The issue, however, is not Muslims, Christians or Jews. Rather, the problem is that most Americans fundamentally misunderstand religion and the role it plays in our lives today.

The first misunderstanding — defining religion. If I asked you to define religion, I would guess that your answer would include at least one of the following terms: faith, belief, worship, spirituality, God, heaven, hell, salvation, purpose, meaning, inner peace or truth. You may recognize that all of these terms betray a particular perspective — a Protestant Christian perspective. People hardly identify the particularities of how they think about religion. To the extent that is true, Christianity seems natural, neutral and normal. The effect is that everything and everyone else may come to be seen as abnormal.

The second misunderstanding — the relationship between religion and secularism. In religious studies, secularism denotes a public sphere (ostensibly) free from religion. However, the public sphere often reflects Christianity more than it indicates an absence of religion. The consequence is the normalization and naturalization of Christianity. This does not seem especially disconcerting at first glance, but considering 33% of Americans think that the U.S. is a Christian nation, 45% think the U.S. should be a Christian nation and 54% have never heard of Christian nationalism, there is cause for concern.



Senior Aidan Feldman discusses religion’s place in people’s daily lives and points out the misunderstandings that come with it. He supports thinking religiously.

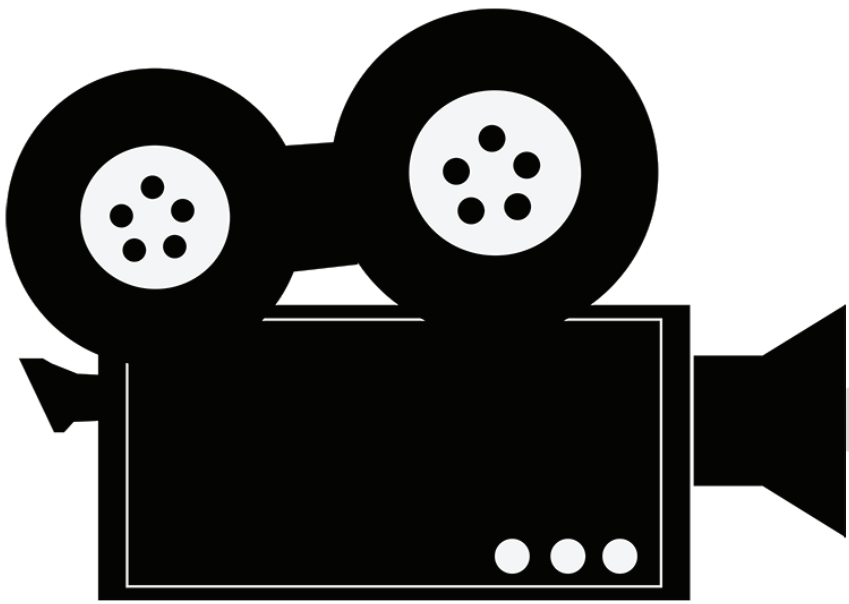
GRACE VANDERVEER/THE ITHACAN

The third misunderstanding — religion is an opponent of progress. The most prominent example of this is the belief that Islam is incompatible with modernity and necessarily harmful to women. Of course, as is true of many spaces, Muslim women face violence and oppression. However, it seems to me that the public discourse surrounding Muslim women and conversations about religion and progress, in general, are frequently one-dimensional; commentators on religion are often given to generalizations.

The fourth misunderstanding — religion is dead. Maybe you read Friedrich Nietzsche in Intro to Philosophy or Richard Dawkins’ “The God Delusion” and you’ve come to believe that religion is irrational, make-believe

or anti-scientific. This may have led you to the conclusion that religion is dead, dying or that it should die. In any case, such notions are misinformed. Religion is a uniquely human phenomenon and thinking critically about it has been and will continue to be useful for understanding how people relate to the world. Religion, like organized religion or civic religion or post-secular masculinity, informs our daily interactions with the world. Thinking religiously — that is, thinking about religion — can broaden our perspectives and deepen our understandings.

Aidan Feldman (he/him) is a senior Religious Studies major. Contact him at afeldman@ithaca.edu.



Documenting the world for class projects

BY NOELLE COOK
STAFF WRITER

Documentaries have been the backbone of film since the beginning, and Ithaca College is no exception to this history. Some documentaries take years to make and some use local stories to shed light on national topics. Students at the college work on finding local microcosms of larger issues that affect people. Their documentaries range from topics like immigration in New York City, to stories of a boxing coach and even the impact of dog adoption.

John Scott, associate professor in the Department of Media Arts, Sciences, and Studies and director of the Documentary Studies program, said the program is rather new. It was created in 2009 for students in the Department of Journalism as a way to combine classes already offered at the college into a viable major. There are documentaries by students that have won college Emmys and been named top 10 in short films by National Geographic, have been adopted as official company training videos and others that have been broadcasted on the PBS Flagship National Program and toured around the world.

"We wanted to create a path for students to take courses in journalism, cinema, [television and digital media] and photography," Scott said. "Based around the project of recruiting from the world to tell engaging stories that can make the world a better place and open people up to ideas that they may have never explored in depth before."

Seniors Lucy Calderon and Desiree Holz are currently in the process of documenting the banning of books on a local scale in Rochester. Senior Matan Berman and his team recently had their documentary on critical race theory get accepted into the Northern Virginia International Film and Music Festival. Last semester, senior Chloe Gibson and her team explored the border crisis in New York City and created a documentary about migrants in New York to tell their stories.

"The process was really insane," Gibson said. "We do the 15-minute film and then we also have to write a proposal book. Ours ended up being 150 pages long. We did very comprehensive research and from there we narrowed our focus by taking into account who we had access to and what logistically made the most sense in terms of travel and budget that we were given for the class. We had at least 10 hours worth of interviews by the time we were finished filming."

On top of their classes, students have to balance travel, editing the many hours of raw footage and producing a documentary within the span of a single semester. James Rada, lecturer in the Department of Journalism, said students do 99.9% of all the work.

"I tell them this is their time to shine," Rada said. "Their parameters are, 'Keep it

clean, keep it legal and be the journalists they are.' This is their passion project. We have some incredible students and one of the best journalism programs in the country."

The documentaries that students are currently making are monumental to the fields that they explore. Berman and his team created their documentary, "Not in Our Schools: The Fight Over Critical Race Theory," for the thesis-level course Documentary Workshop. He said he made over 55 pitches until finally settling on the final topic of exploring what critical race theory means and focused the story around Loudoun County, Virginia, where the school system had turned into a political battleground.

"Because of Christopher Ruffo, a conservative think tank, critical race theory became a buzzword on the right for anything that has to do with teaching race," Berman said. "We wanted to dispel the notion that critical race theory is infecting our children. Also to examine how Loudoun County as a whole has changed. It is one of the richest counties per capita in the United States ... and the right has spread rhetoric of critical race theory there as a political tool to regain power."

Many of these topics and issues happen closer to home than people realize. Even in Rochester, there are instances of conservative and damaging rhetoric taking hold of lawmaking bodies. This is what Holz and Calderon's banned books documentary focuses on.

"There was a book-banning attempt that happened at the Henrietta Public Library," Holz said. "It brought up a ton of social media backlash, of people calling librarians groomers, pedophiles. ... Not even a town over, there was a bomb threat over a book at a local school. It's a really brave stance; librarians are being forced to quit their jobs. We formed a relationship with Adrienne Pettinelli, the director of the library, and we used that as a case study to represent the huge, overarching issue of book banning as a whole."

Not only was the work difficult to handle, but the topics were tough as well. Berman's team had to go headfirst into prejudiced atmospheres and speak with openly racist people in the community.

Gibson's team formed personal relationships with Venezuelan migrants and saw firsthand the struggles that they endured. Holz and Calderon spoke with librarians who had lost their jobs and livelihoods fighting to keep children educated and stop the book banning.

"The stress was something I had anticipated for a while," Gibson said. "I knew it was going to take a lot out of me. ... We would leave Thursday nights for New York City to film and come back Mondays; there were four weekends in a row where we did that."

Some team members even worked through sickness. Berman's editor, senior Liam Wurtz, watched and transcribed hours

of interviews while sick and quarantined with COVID-19. Berman said he struggled with keeping up with caring for both his mental health and his classes, as did Gibson. Still, there were perks to the process.

"I do not think that we would have gotten [the information] we got without being students," Berman said. "Especially talking

powerful stories. The screenings for each year's documentaries are May 5 at Cinemapolis. Each documentary maker will get a chance to showcase what they have created and to tell a story that is close to their heart.

"The media sphere at the moment feels very bifurcated, both in terms of the stories that get told and how people respond to



Seniors Desiree Holz and Lucy Calderon interviewed Katherine Kitteredge, professor in the Department of Literatures in English, for their documentary on book banning.

VAN HOANG/THE ITHACAN



From left, Ithaca College alum Lilia Geho '22 and senior Matan Berman shoot b-roll in Leesburg, Virginia, on Oct. 23, 2021, for their documentary on critical race theory.

COURTESY OF ASH BAILOT

to people on the right. They are very resistant to talking to national media like CNN, NBC because they know they have a slant, but they're a lot more willing to talk to us because we said we were independent student journalists."

Working on these projects is rewarding as well. Students learn life skills like leadership, field experience and the ability to tell

stories," Scott said. "I think it's a tricky environment to get people to think outside of their normal biases and sense for the world. ... In order for us to have a successful democracy, we need to have an informed citizenship, and in-depth storytelling is one of the ways that can happen."

CONTACT: NCOOK@ITHACA.EDU

Name change rings true for Ithaca chorus group

BY LILY LIPKA

STAFF WRITER

Performing music together takes collective trust and care for each and every person performing. This has never been clearer than with Transpose: Ithaca Queer Singers Alliance.

Transpose has been around for about 14 years as the “Ithaca Gay Men’s Chorus.” The group was initially founded to be a space solely for gay men, but as new members joined over the years, the original name no longer felt accurate to the identities represented in the group. Jonah Hirst, associate director and community facilitator for Transpose, said the change had been a long time coming. During the height of the COVID-19 pandemic, leaders of the organization began to reconsider the way they ran things.

“In an absence of performance, I think our identity as a group and what our purpose was in our community became highlighted in a particular way,” Hirst said.

Jennifer Lawrence Birnbaum began her role as director of the Ithaca Gay Men’s Chorus in September 2022. When Birnbaum heard that the former director would be leaving their position, she saw it as an opportunity to introduce necessary change to the organization.

“I walked into the first rehearsal with a ballot of, ‘What do you want our name to be?’” Birnbaum said. “What was interesting is how many

trans men had joined the chorus because they wanted a place to be accepted as a man. And I was like, ‘OK, let’s regroup and figure out how we’re going to move forward with this.’”

Hirst knew he wanted to join a gay men’s chorus as a transgender queer-identifying man and have that space to make music with other queer-identifying men. Ultimately, he found that the group was incredibly accepting of people of all identities, not just gay men, so a name change became a necessity. Yet, Hirst still wanted the name to embody what gay men’s choruses originally stood for.

Historically, LGBTQ+ choral groups have been bastions of inclusion. Many gay men’s choruses and gay/lesbian choral groups were founded in cities all over the United States in the early 1980s as a way to fight the anti-LGBTQ+ discrimination that was coming to a head as the AIDS epidemic was beginning. Over the years, many gay men’s choruses like the famous San Francisco Gay Men’s Chorus, which first performed after the assassination of Harvey Milk in 1978, have opened their membership up to people of all genders and sexualities.

Ithaca College senior Sona Minasian, a music education and piano major, joined Transpose in Fall 2022 after being recommended to the director by a professor. Minasian, who is now the piano accompanist and a steering committee member for the group,



Members of Transpose: Ithaca Queer Singers Alliance take a photo before rehearsal. The group, previously known as the Ithaca Gay Men’s Chorus, rebranded to reflect their inclusivity.

COURTESY OF JENNIFER LAWRENCE BIRNBAUM

said he feels grateful that he is able to make music with other LGBTQ+ musicians in a group that creates a safe environment.

“It’s cool when everyone in the room is there because this is a queer group and we’re here to be in the queer group,” Minasian said.

Hirst echoed that sentiment, adding that relieving LGBTQ+ people of labels and gendered voice parts has allowed Transpose and its members to flourish.

“Performing with other queer and trans singers and musicians

is a place where we get to reverse the narrative that we’ve been told, which is, ‘You can’t do that,’” Hirst said. “Every gender-nonconforming singer I’ve ever met has had some way in which they wanted to express themselves musically and weren’t able to do so because they didn’t fit within the gender binary. That’s my story. That’s many of the people in the chorus.”

Hirst said he is proud of the way in which the group went about choosing its new name.

“Being able to change our

name to reflect our growth is, to me, not only itself a queer and trans narrative — many queer and trans people who themselves grow over time decide to choose different names — the fact that we did that as a group and we did it without voting, we did it through ... really heartfelt group work really amazes me,” Hirst said.

Transpose will hold its next concert at 4:30 p.m. April 23 at First Baptist Church in Ithaca.

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The quest for roommates continues at mixer event

BY GIANCARLO MESSINA

STAFF WRITER

Listening in to Clark Lounge on April 1, the faint chatter of students looking to meet a new living buddy backdrop by the jolting sounds of the Mario Kart soundtrack filled the air. This is because the Residence Hall Association held the Room and Board Games: Roommate Mixer event with the aim of allowing returning students to meet their potential roommates for the next academic year.

The event was open to all students, regardless of year, who wished to join in on the activities, which included some board games and Mario Kart. Meanwhile, representatives from the Office of Residential Life were there to answer any questions related to housing.

Junior Nico Goodbar, who went to the event with sophomore Ren Kato, said events like these can help connect people through common interests.

“I think it’s a lot easier to facilitate a roommate meeting process in person,” Goodbar said. “With events like this where there are things that people can kind of talk about and have in common with each other, like Mario Kart and food.”

According to the Churchill Observer, more and more people are using social media to find their new roommates. However, the roommate selection process can prove to be difficult without meeting potential roommates in person. Students have the opportunity to scout out potential roommates through Facebook groups or can be randomly assigned a roommate through the

housing selection process, where students are asked a series of questions regarding roommate preferences.

First-year student Leticia Rebelo de Oliveira said the housing process can be confusing and intimidating for many students who are also trying to deal with their everyday school routine and it is easy to feel lost in the process, especially without knowing who their roommate will be.

“I’m [a resident assistant] right now, and I feel that a lot of my residents are trying to choose which building they want to live [in], if they want to live with the same roommate or if they want to change, and I feel it is hard, usually, to find people if you don’t have the goal to find people to be your roommate,” Rebelo de Oliveira said.

First-year student Jason Gertzman, who found out about the event through an email, said he felt it would have been easier to approach new people if there was a bigger turnout.

“I think there could definitely be more people and that if they merged with another club or another organization it would have definitely had more people and been successful, but it definitely wasn’t too bad,” Gertzman said.

Sophomore Kathi Hodel, a member of the RHA, an organization dedicated to helping students engage with on-campus life, said she believed that the event was largely successful in getting people to stay and meet other students.

Hodel also said this was the first time she had worked on an event like this and was excited about the engagement that it got.



Sophomore Daniel Jin plays Uno at the Room and Board Games: Roommate Mixer event April 1. The event allowed students to meet potential roommates.

VAN HOANG/THE ITHACAN

She said events like these are important for first-year students who are still new to the process and need help getting through this complicated process.

Hodel said the more open and widely available events like these are, the less likely students will feel misguided in their housing journey.

“There is a lot of misinformation [about the housing process] being spread around,” Hodel said. “And it is also helpful, I believe, to meet new people because that can be tough, and just getting to know others. That was our goal for this.”

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Fourth 'John Wick' tops everything before

MOVIE REVIEW: "John Wick: Chapter 4" Lionsgate Films



BY EVAN MILLER
STAFF WRITER

For nearly a decade, the "John Wick" franchise has redefined the action genre and pushed the limits of practical stunt work. In this latest entry, director Chad Stahelski has crafted not just the best film in the franchise but one of the greatest action films of all time.

In "John Wick: Chapter 4," John Wick (Keanu Reeves) is still a wanted man whose bounty seems to only increase with every breath he draws. In a play for his freedom from the all-powerful High Table, he travels around the world assembling everything he would need in challenging Marquis Vincent de Gramont (Bill Skarsgård) to a duel to the death.

A core tenet in "Chapter 4" is that actions have consequences and those who break the rules must face those consequences by any means necessary. From its opening moments, ramifications for choices made in the last film are laid in front of the audience to witness. The higher stakes established so early into the film's nearly three-hour runtime plays into the epic feeling that it carries.

The action sequences in "Chapter 4" are some of the most amazingly creative and

stylish set pieces ever put to screen. It is dizzying to think about how Stahelski and his team accomplished the feats of each sequence.

Whether it be a mesmerizing, sweeping overhead crane sequence that captures the franchise's video-game-like feel and tone better than ever or a gunfight that sees Wick fight his way up a mountainous 222-step stairway, it cannot be overstated how utterly breathtaking the intricate stunt choreography can become in "Chapter 4."

"Chapter 4" is also the best looking and sounding "John Wick" film yet. Cinematographer Dan Laustsen uses the film's settings to capture some visually gorgeous shots that dazzle the senses. Laustsen leaves the idea of shaky-cam at the door and understands that the best visual action is seen through as few cuts as possible.

As the character of John Wick has become more iconic over the years, so too has Reeves, who only gets better in the role. Reeves' unique line delivery and acting choices are part of his charm and a defining characteristic of Wick as a protagonist. How Reeves performs much of the film's stunts himself will always be impressive. In "Chapter 4," though, Reeves succeeds remarkably



John Wick (Keanu Reeves) travels around the world as a wanted man, seeking out powerful players in "John Wick: Chapter 4."

COURTESY OF LIONSGATE FILMS

at taking his character to a deeper place thematically.

Skarsgård is fantastic as de Gramont, an arrogant member of the High Table who means business, yet always dispatches others to take care of his bloody business for him when it is most difficult. While viewers never fully fear his presence, Skarsgård is intimidating enough in the role to earn viewers' hate.

New side characters Caine (Donnie Yen) and Mr. Nobody

(Shamier Anderson) are welcome additions, leaving viewers clamoring for more of them in possible spin-offs.

"Chapter 4"'s scale is unparalleled and unlike what most CGI-heavy action films can offer, on par with "Mad Max: Fury Road" (2015). Cinema has never seen anything quite like it and it is unlikely it will be topped anytime in the near future.

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New emo record from Fall Out Boy is a fall from grace

ALBUM REVIEW: "So Much (For) Stardust" Fueled by Ramen



BY ANDREW TELL
STAFF WRITER

Emo icon Fall Out Boy has returned to the spotlight with a new album that seeks to capture the highlights of its career so far — to varying degrees of success.

Fall Out Boy was the face of emo music for the 2000s. Hits like "Sugar, We're Going Down" and "Dance, Dance" catapulted the band into the mainstream, cementing their pop-punk/emo sound in the 2000s zeitgeist. After a turbulent career that consisted of multi-platinum albums, an energetic Tumblr fandom and original songs for Disney movies, the group's first LP since 2018, "So Much (For) Stardust" is finally here.

This album ranges from angsty poetic love songs to angsty poetic breakup songs, all with a 2020's post-COVID sheen over it. It has consistency, but its comfort zone never completely captures the listener's attention. The dancy guitar hooks basted in sappy lyrics are begging to be scribbled into the margins of middle school textbooks.

"The Kintsugi Kid (Ten Years)" is the most mature (as well as the best) song on the album. The ethereal synths and guitar

riffs lift the listener while the singing and drums ground the listener. It does not reinvent Fall Out Boy's wheel, but it does try to run you over with it. "Heartbreak Feels So Good" is a reference to the Nicole Kidman AMC ad and some of the lyrics come from Jordan Peele's movie "Nope," which is a common occurrence in Fall Out Boy lyrics. And while the song "The Pink Seahell" is just Ethan Hawke's monologue from "Reality Bites," the instrumentation is a very solid piece of ambient music that is unexpected from Fall Out Boy.

But songs like "Heaven, Iowa" and "Fake Out" are just filler that erase all momentum the album has going. As a song, "Flu Game" does not know if it wants to sound like a rejected Panic! at the Disco cover or a deep cut from the high school musical soundtrack. And the songs "I Am My Own Muse" and "What a Time To Be Alive" have a Danny Elfman and Olivia Newton-John style that Fall Out Boy fails to capture in any entertaining way.

"So Much (For) Stardust" is the band's most Fall Out Boy-sounding album. While all its previous works evolved their sound further, this LP feels like a contemplation of its past achievements rather than looking for the next steps forward. This is a double-edged sword. On one hand, it is



Fall Out Boy's new album tries its best to recapture the band's 2000s emo magic.

COURTESY OF FUELED BY RAMEN

great that Fall Out Boy has a consistent sound that has lasted for decades, but if listeners don't like it then there is nothing here for them. And it feels like Fall Out Boy just slapped a shiny new coat of paint on themselves rather than faced up to the facts ... Fall Out Boy is old. It is a natural occurrence for bands after their stay in the mainstream and it will happen to everyone's favorite band. Fall Out Boy has already started making the transition from rock to dad rock, and that is okay.

"So Much (For) Stardust" alternates between respecting the past and spitting on it, and it does take a toll. But when Fall Out Boy is in their comfort zone, this album can still be a good time. If this is the last ever Fall Out Boy album, then it is a fitting end.

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QUICKIES



COURTESY OF YG ENTERTAINMENT

"FLOWER"
JISOO

As all the members of Blackpink branch out into solo careers, JISOO tries her hand at singles with "FLOWER." The song is simple and ultimately pretty forgettable.



COURTESY OF ATLANTIC RECORDS GROUP LLC

"THAT'S NOT HOW THIS WORKS (FEAT. DAN + SHAY)"
GloRilla

A shallow song that desperately wants to make the listener cry with each choice. It utterly fails with its falsely manufactured and basic lyrics about love and finding a sense of closure with a relationship.



COURTESY OF WARNER RECORDS INC.

"CALL ON ME"
Bebe Rexha

This newest single from Bebe Rexha's new album feels like any standard pop song. The weak post-chorus beat drop feels more like an afterthought.



COURTESY OF JOYTIME COLLECTIVE

"GROWN MAN"
Marshmello, Polo G and Southside

Although it's perhaps a bit too short for its own good and the lyrics are repetitive to a fault, "Grown Man" at least has a fast, engaging rap beat to make it entertaining to listen to. Polo G and Southside's feature on the track are fun but not memorable.

POPPED CULTURE

Releasing shows weekly is ideal

BY MATT MINTON

CO-LIFE AND CULTURE EDITOR

In 2013, Netflix forever changed the way we watch television with the entire first season of “House of Cards” releasing all at once. At the time, it was a big risk, and its success was far from guaranteed. Now, that model is all that many television watchers know.

The thinking with the binge-watching model is exactly this: Why impatiently wait each week to watch episodes of an entire season of your favorite show when you can just watch them all at once? To solve the mystery in shows like “Stranger Things” or “Wednesday,” all subscribers have to do is click “Next Episode.” It’s that simple. But is bingeing shows really all it’s cracked up to be?

Perhaps the best case for a streaming service making the most of the weekly streaming model is HBO Max with its weekly hold on the Sunday night spot. Currently, “Succession” is in the middle of its fourth and final season. Just in the past year, HBO Max has employed the same release strategy for multiple hit shows, like “Euphoria,” “House of the Dragon,” “The White Lotus” and, most recently, “The Last of Us.”

Getting to experience these shows every week and going online afterward to discuss the juiciest details of each new episode is nothing short of exhilarating. There’s a built-up anticipation and fanbase that makes watching the latest HBO show every Sunday night feel like a true community event — processing what has just happened in the latest episode and theorizing over what is to come next. For a show like “Succession” that has 10 episodes lined up in a season, that’s 10 weeks of people talking about the show. The momentum of the show just keeps going and, for people subscribing to HBO Max just to watch the show, that guarantees that they will keep paying for at least a few months.

When an entire season of a show is released at once, there’s an element of anticipation that is sorely missing. Sure, it’s convenient that everybody can watch the show on their own time, but there’s less of a community surrounding each new episode. If the entire season is available to watch at any time, there’s less of an incentive to watch it immediately since it’ll always be there. Having new episodes of a show premiere weekly gives fans an incentive to come back.

Some streaming platforms have employed a hybrid approach. Hulu, for example, released the first three episodes of the first season of “Only Murders in the Building” on the same day, while the remaining seven episodes were dropped each subsequent week. However, many shows have seemed to shift back to the weekly model in recent years. On Disney+, Star Wars shows like “The Mandalorian” and “Andor” have released episodes weekly.

Many people online continue to debate the pros and cons of each release strategy. Only time will tell how viewing habits change and how the industry, in turn, tries to keep up.

POPPED CULTURE is a column, written by Life & Culture staff writers, that analyzes pop culture events. Matt Minton is a junior Screenwriting major. Contact them at mminton@ithaca.edu.

Lana del Rey embraces her distinctive sound

ALBUM REVIEW: “Did you know that there’s a tunnel under Ocean Blvd” Interscope ★★★★★

BY MAGGIE BRYAN

VIDEO EDITOR

Lana Del Rey has always been known for her dreamy, melancholy sound with cinematic influences that make listeners want to take a ride on a nice summer day with the top down — perhaps while crying their eyes out on the way.

Her latest album, “Did you know that there’s a tunnel under Ocean Blvd,” is no different. Yet, it may be her most vulnerable and honest album to date. In this record, Del Rey pulls back the curtain and reveals very intimate details about her life within her introspective lyrics and beautiful melodies.

The album contains themes concerning family, death, love and religion. She references her family members, sometimes even by name, like in the tracks “The Grants,” “Kintsugi” and “Fingertips.”

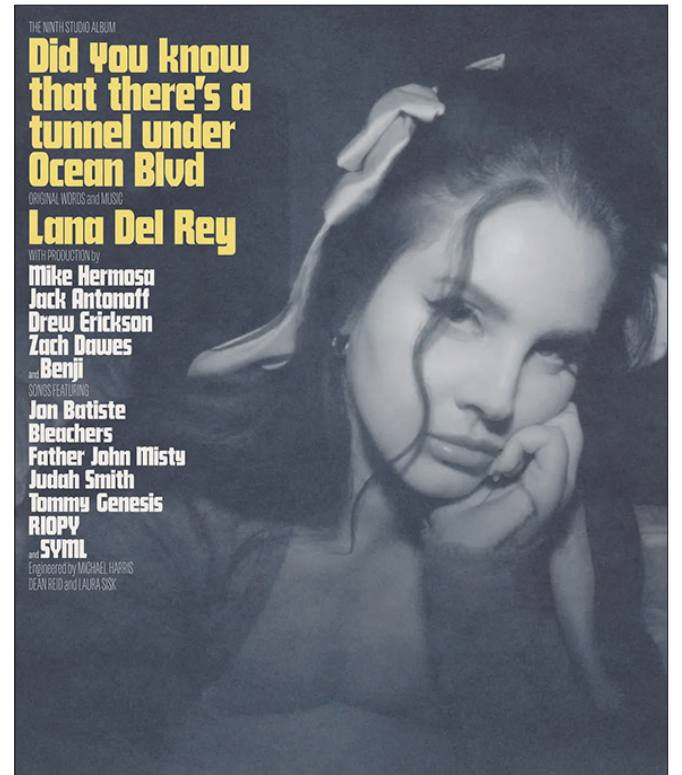
“Fingertips” is perhaps her most devastating song out of her entire discography. Just over five minutes long, Del Rey sings about her past like she is telling listeners a story. The heavy track explores the people she has lost, her trauma as a young girl and even her thoughts of suicide. She repeats the line, “two seconds to cry,” implying that she has felt obligated to cover up her sadness, especially for fame.

Elements of religion linger prominently throughout the tracks, including the “Judah Smith Interlude” where listeners hear a recording of one of the controversial pastors, Smith, over a beautiful piano instrumental. It also comes out most notably in the song “Grandfather please stand on the shoulders of my father while he’s deep-sea fishing,” where she repeatedly asks God to send her a sign with three white butterflies.

Most of the album sounds very dark and sad, but throughout there is a repeated motif of “letting the light in,” meaning hope is near. In “Kintsugi,” she references the Japanese process of repairing broken ceramic with gold, relating this to her broken heart. She expresses that it must break for the light to shine in, a more optimistic look on grief.

“Did you know that there’s a tunnel under Ocean Blvd” is a tunnel in itself. The listeners begin by entering the tunnel and the darkness with tracks like “Sweet,” “Candy Necklace (feat. Jon Batiste)” and “A&W” that have fun elements while still containing an underlying feeling of sadness.

After the second interlude, the audience enters the darkest part of the tunnel and of Del Rey’s mind. Then, by “Let The Light In,” the album’s



On her ninth studio album, Lana Del Rey experiments with new sounds while retaining her introspective melodies.

COURTESY OF INTERSCOPE

passengers begin to exit and see the light, feeling her hope for the future.

The last two tracks of the album, “Peppers (feat. Tommy Genesis)” and “Taco Truck x VB,” feel the happiest, leaving listeners content after an emotional rollercoaster. “Taco Truck x VB” also contains a remixed version of her song “Venice B*tch” from her album “Norman F*cking Rockwell,” (2019) which was previously deemed

her magnum opus.

In addition to the brilliant songwriting, Lana Del Rey sounds beautiful and haunting throughout the one hour and 17 minutes of the record. She experiments with new sounds but does not stray from the distinctive, lush and emotional sound that she is known for. In fact, she may embrace it on this album more than ever before.

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New Apple TV+ show is truly heartwarming and genuine

SHOW REVIEW: “Shrinking” Apple TV+

★★★★☆

BY LILY LIPKA

STAFF WRITER

Apple TV+’s newest comedy “Shrinking” focuses on therapist Jimmy Laird (Jason Segel) as he grapples with the loss of his wife and attempts to rebuild his relationship with his daughter Alice (Lukita Maxwell). Jimmy tries new, unorthodox methods of therapy with his clients, including a new client, Sean (Luke Tennie), who Jimmy invites to live with him when he gets arrested.

“Shrinking” creators Bill Lawrence, Brett Goldstein and Jason Segel come together to create a show that embodies their careers prior to the show — charming and personal. They build a visually and tonally bright world, wrapping the viewer in warm California sunshine in every scene. Yet there is still room for darkness and depth. Alice and Jimmy are still in mourning and Sean experiences PTSD from his time in the military. Jimmy’s colleague Paul (Harrison Ford) struggles to tell his family that he has Parkinson’s disease and friend/colleague Gaby (Jessica Williams) learns how to be on her own again after divorcing her husband. Everyone in the show is dealing with something of their own and each of their stories is told with so much empathy. It is

difficult not to care about these characters and what happens to them.

While the show can be quite funny at times, its humor occasionally falters. This means the show is at its best in its sincerest moments. The fantastic performances by the supporting cast highlight this. Maxwell plays Alice with an intense humanity, emphasizing the underlying hurt in Alice in each line of teenage snark. The audience is able to feel what Alice feels in a way that makes them understand when she lashes out or closes herself off. Williams is also a huge standout, bursting with light in every scene she is in. One cannot help but fall in love with her. Ford gives one of his best performances as Paul, grounding the show and emphasizing what it is that the show is truly about: love. While Ford initially plays Paul as rather gruff, toward the end of the season he is able to reach a point of sweetness that ties the whole story together beautifully.

Unfortunately, Gaby’s relationship with Jimmy is one of the weakest aspects of the show. The two become friends with benefits and it is implied in the finale that Gaby has romantic feelings for Jimmy. Their dynamic as friends in the first few episodes is quite endearing, but that changes when their relationship does. In addition, for



Therapist Jimmy (Jason Segel) gets advice from mentor figure Paul (Harrison Ford).

COURTESY OF APPLE TV+

Gaby’s storyline to be about her learning to be single and love herself, the writers do not give her much time to experience that fully before sticking her with Jimmy.

For such a heartwarming show, the jarring final scene of this first season is tragically out of place. One of Jimmy’s clients commits a crime in a moment that, while intended to be cathartic and an act of defiance for the character, comes off as strange. The scene leaves a bitter aftertaste in the viewer’s mouth despite an otherwise overwhelmingly lovely finale.

“Shrinking” manages to depict humanity in all its beauty and pain while maintaining a distinct lightness. There are some unnecessary storylines that bring the show down a bit, but this is still an outstanding first season that leaves viewers excited for what is to come in season two.

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CULTURED

The Ithacan's recap of current mainstream and alt culture

Compiled by Matt Minton



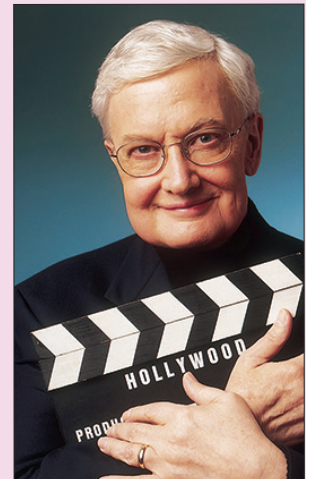
QUOTE OF THE WEEK

“We all need to raise our voices if we want to live in a world that is free of discrimination, hate and violence. My greater purpose is to use the platform I have to change lives for the better.”

CHRISTINA AGUILERA, accepting the Advocate for Change Award at the 2023 GLAAD media ceremony.

THIS WEEK IN POP CULTURE HISTORY

April 4, 2013
Roger Ebert, one of the most well-known and respected film critics of all time, passed away in Chicago, Illinois, at the age of 70. In 1975, Ebert became the first film critic to win the Pulitzer Prize after



writing reviews for the Chicago Sun-Times, where he continued writing throughout the rest of his life. Ebert began collaborating with fellow Chicago film critic Gene Siskel, and as the two started broadcasting talks about the latest movies they had seen, they became an inseparable duo. Their program eventually became known as the Siskel & Ebert show, which ran from 1986 until 1999 when Siskel died from complications with brain surgery. Ebert is especially known for his “Thumbs Up or Thumbs Down” rating for all the movies he watched and had over 15 books published, including his collection of “Great Movies.” A documentary about Ebert’s life was made in 2014.

SPOTLIGHT

“Killers of the Flower Moon” to premiere at Cannes

Martin Scorsese’s latest film, “Killers of the Flower Moon,” will have its world premiere at the 2023 Cannes Film Festival — the first Scorsese film to do so since 1986’s “After Hours.” Based on a 2017 nonfiction book, the film will be set in the 1920s after the death of members in the Osage tribe, exploring the treatment of Native Americans. Leonardo DiCaprio, Lily Gladstone, Jesse Plemons and Robert De Niro among many others will star in the Apple Original film, which is expected to have its wide theatrical release in October 2023 before later streaming on Apple TV+. While it is unclear whether “Killers of the Flower Moon” will be running in or out of competition at the festival, Cannes has proved to be a crucial launching point for many awards contenders, like “Parasite” (2019) and “Triangle of Sadness” (2022). Even Scorsese’s own “Taxi Driver” won the coveted Palme d’Or award in 1976.



April 7, 1970
At the 42nd Academy Awards, “Midnight Cowboy” won three Oscars for Best Picture, Best Director and Best Adapted Screenplay. It became the first and only X-rated movie

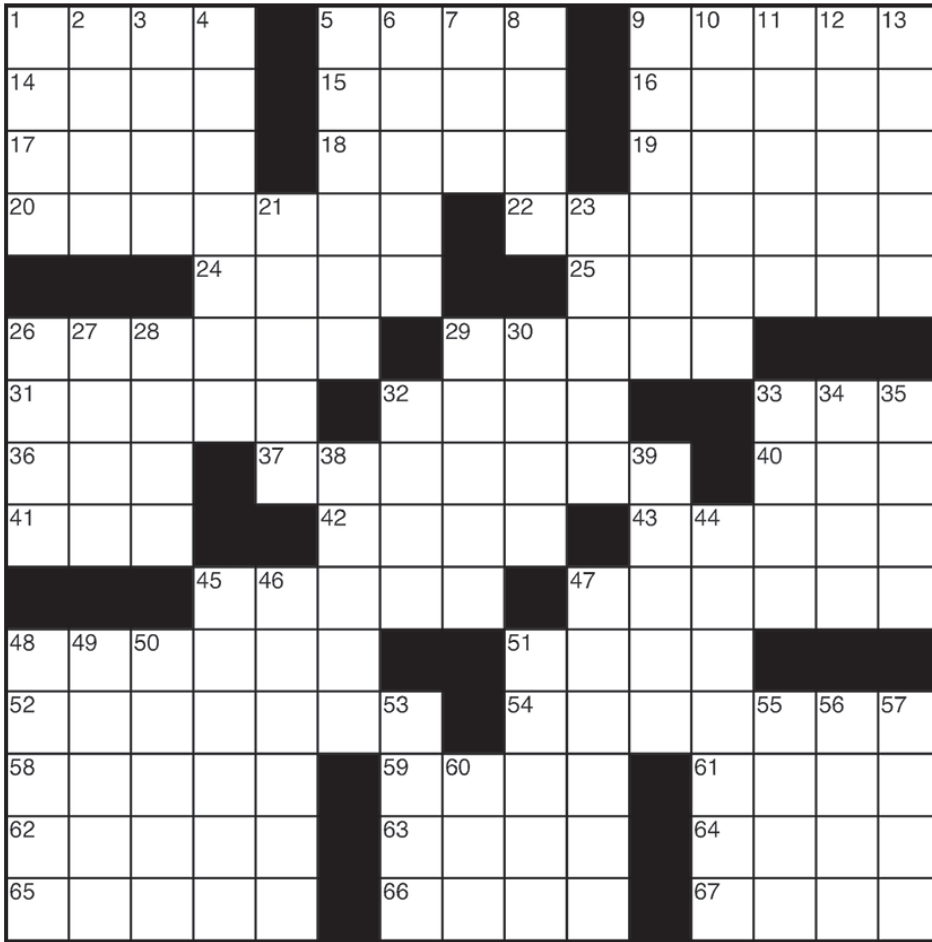


to win Best Picture (it was later changed to an R-rating). Adapted from a 1965 novel of the same name, Oscar nominees Jon Voight and Dustin Hoffman star as two drifters in New York City as they form a connection. The film is notable for its low-budget, gritty filmmaking as well as its queer undertones and themes of fragile masculinity. The film is perhaps most well-known for the iconic line, “Hey, I’m walkin’ here!” That year, the film competed against Hollywood classic “Butch Cassidy and the Sundance Kid” as well as “Anne of the Thousand Days,” “Z” and “Hello, Dolly!” While both Voight and Hoffman were nominated for Best Actor, they lost out to John Wayne in the western “True Grit.”

DIVERSIONS

crossword

By Quill Driver Books



ACROSS

- 1 Stopped sleeping
- 5 Food fish
- 9 Tiny shrimp
- 14 Author — Haley
- 15 Salary
- 16 Strange
- 17 Kennel noise
- 18 Healing succulent
- 19 Make glad
- 20 Opera heroine, often
- 22 More civil
- 24 Cartoon shrieks
- 25 Pry bars
- 26 Loud and rude
- 29 Whisper on stage
- 31 Rodeo gear
- 32 Griffin of game shows
- 33 Leprechaun kin
- 36 Annapolis grad
- 37 Turkey server
- 40 Pay as — go
- 41 Funny one
- 42 Palindromic name for a girl
- 43 Comets, to an ancient
- 45 The March King

- 47 Napped leathers
- 48 Look at
- 51 Leaning tower town
- 52 Changed, as a law
- 54 Obeying
- 58 Radio part
- 59 Strange sightings
- 61 Skunk's defense
- 62 Less modern
- 63 Mar a car
- 64 Interlaced
- 65 Must-haves
- 66 "Paint the Sky With Stars" singer
- 67 Picnic fare

- 11 Outraged
- 12 Metric measure
- 13 Wolfish looks
- 21 Fable author
- 23 Pimiento holder
- 26 Played a trumpet
- 27 Hindu royalty
- 28 Off. helper
- 29 Health care option
- 30 Baja Ms.
- 32 Supplies with workers
- 33 Got a good look
- 34 Type of wolf
- 35 Nitpick
- 38 Magna cum —

- 39 Shake awake
- 44 Grassy areas
- 45 Smoothed
- 46 Selects from the menu
- 47 Afternoon nap
- 48 Ecological hazard
- 49 Boxer — Griffith
- 50 Crystal-filled rock
- 51 Impostor
- 53 Kind of ranch
- 55 Adored one
- 56 Exploding star
- 57 Sprouted
- 60 Boggy ground

last issue's crossword answers

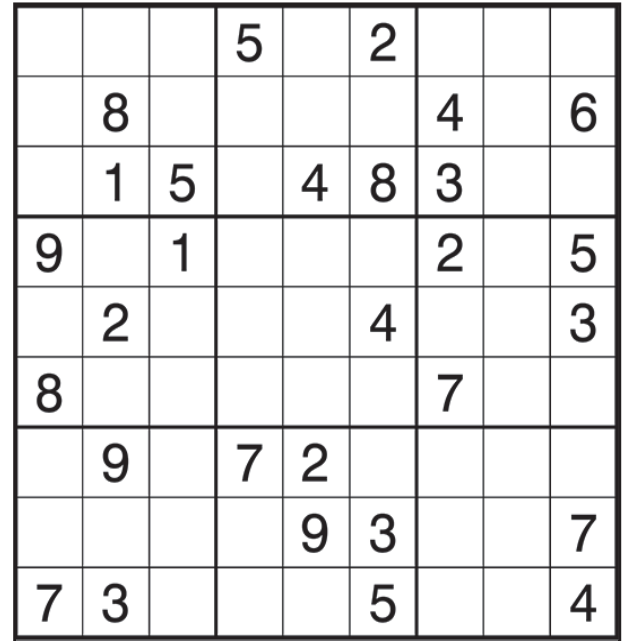


DOWN

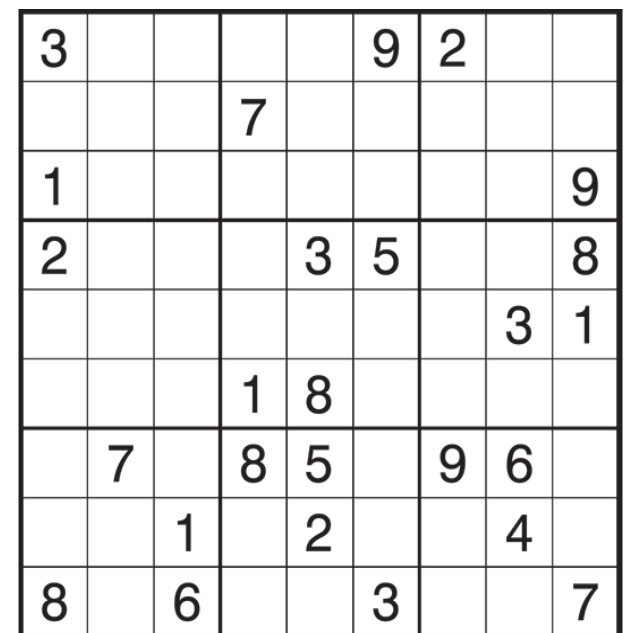
- 1 Customers
- 2 Bogus butter
- 3 Brown seaweed
- 4 Set forth in words
- 5 Posh
- 6 Bright circles
- 7 Past
- 8 Intense
- 9 — over (fainted)
- 10 Experience once more

sudokus

medium



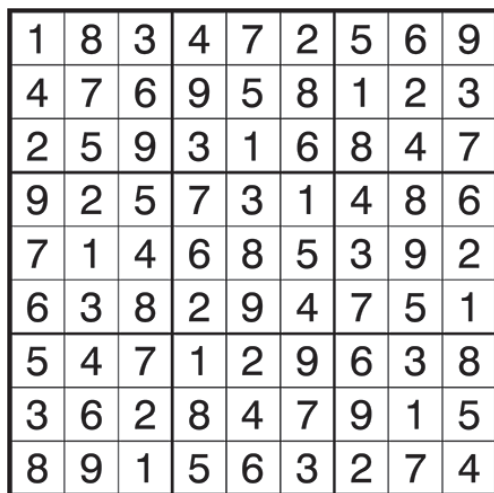
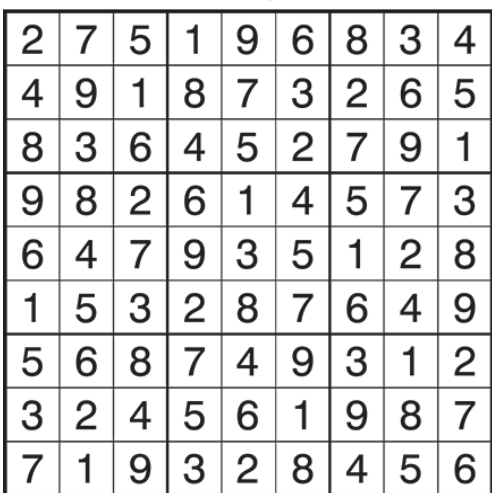
hard



answers to last issue's sudoku:

easy

hard



Tagging up

Graduate student rounds the bases and returns to IC after year in Division I

BY FLYNN HYNES

STAFF WRITER

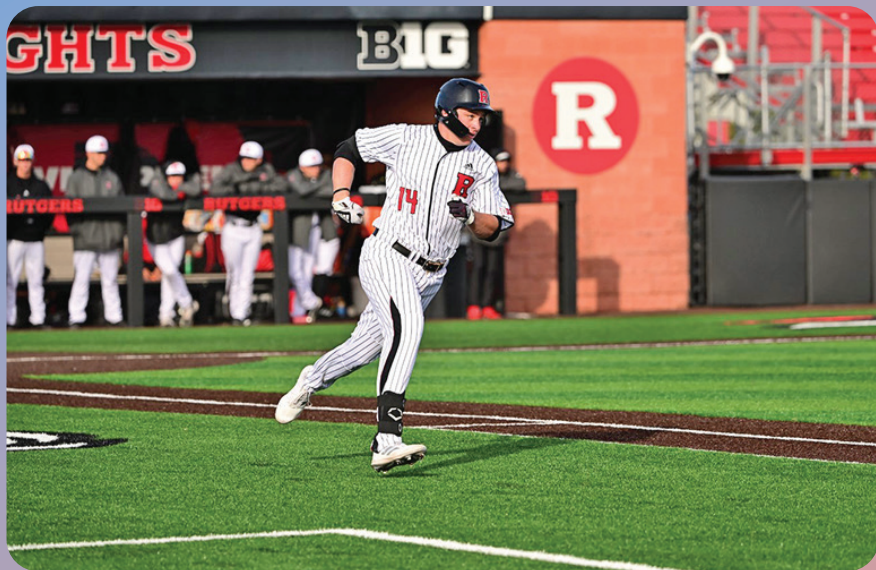
During August 2021, Garrett Callaghan '21 transferred to the Division I baseball program at Rutgers University, leaving his former team at Ithaca College. At the time, his decision to leave was met with mixed emotions from his coaches and teammates who were supportive of him but sad to see him go.

Now, as a graduate student, Callaghan has returned to the Bombers. His come-back has brought joy and enthusiasm to his previous coaches' and players' faces.

Callaghan had an impressive 2021 season with the Bombers. He achieved high rankings and ended the season with a .375 batting average and a .818 slugging

percentage. Out of his 33 hits, he had eight doubles, two triples and nine home runs. Callaghan said he believes that the opportunity to play at Rutgers has made him a better player, but there is still plenty of talent at the Division III level. Despite having earned his master's degree, Callaghan is taking extramural courses at the college to boost his post-graduate experience.

Callaghan was able to get a spot with the Scarlet Knights during the 2022 season while in the process of getting a master's degree in finance. At Rutgers, Callaghan finished off with 17 hits, one double, two triples, two home runs and 14 RBIs. He started 13 out of 33 games while also coming off the bench often and pinch hitting. He expressed that while it was a lot more challenging, he



Callaghan spent one season with the Rutgers University Scarlet Knights, where he put up a .258 average and .814 OPS with two home runs in 66 at bats.

COURTESY OF BEN SOLOMAN/RUTGERS ATHLETICS

him to be able to go close to home and get a master's degree and to play in one of the power five conferences," Valesente said. "The fact that he wanted to come back here and finish his playing career, and also make advancements in the academic side of things, makes me really fortunate and excited that he was willing to and wanting to work with us."

Following his time at the university, Callaghan began working as a real estate analyst at Pacific Star Capital, which operates in the Miami-Fort Lauderdale area. However, it was his position transitioning into remote work that solidified Callaghan's decision to return to his team on South Hill.

"I was working down in Florida and then got moved completely online, completely remote, and I went home back to New Jersey for a little bit," Callaghan said. "I just got kind of bored and I saw the opportunity to go back. Coach [Valesente] was very welcoming to have

me back and it's been a great experience so far." Callaghan said he believes that the opportunity to play at Rutgers has made him a better player, but there is still plenty of talent at the Division III level. Despite having earned his master's degree, Callaghan is taking extramural courses at the college to boost his post-graduate experience.

"The really advanced pitching gets easier when you come down to D-III, but since I came back to Ithaca, there's a lot of guys at this level, especially pitchers that can pitch at the Division I level, even power five," Callaghan said. "I definitely became a better player when I went over there and I'm just hoping to take what I've learned to do at a D-I school back here to Ithaca."

Valesente said that, as the oldest on the team, Callaghan is like a leader to the rest of the younger players.

"He's one of the older guys on the team and he's been through a lot and certainly different atmospheres of baseball, whether it's college, summer and multiple colleges," Valesente said. "So having him back, you know, having him lead by example, both on the field and in the weight room and even in the classroom is really setting a good example for our guys."

Additionally, senior outfielder Mike Nauta said Callaghan's experience is beneficial to the younger players.

"Having his fifth or sixth year of college baseball and all this experience, it just helps the younger guys out with teaching them more things," Nauta said. Nauta added that Callaghan's veteran experience being with the Bombers has helped to further team building.



Graduate student outfielder Garrett Callaghan steps into a swing during the first game of a doubleheader against the St. Lawrence University on April 3.

ABBY BRADY/THE ITHACAN

Coach has built a strong culture ever since he got here. Discipline, hard work, working together and stuff like that. Nothing along those lines has changed at all."

Valesente said that despite Callaghan's already decorated career across two different programs, his work on the diamond is not over quite yet.

"He has had a great career here, coming in as a freshman and contributing right away coming from high school," Valesente said. "Having him back, there is a little bit of unfinished business in his mind."

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As of April 4, Callaghan has started 99 games for the Bombers. Over his 355 at bats, he has hit for a career .355 average and 1.070 OPS, along with 126 hits.

ABBY BRADY/THE ITHACAN



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Rowing teams duel at Cayuga Inlet to kick off season

BY AIDAN CHARDE

SPORTS EDITOR

Under threats of heavy wind and thunderstorms, the Ithaca College men's and women's rowing teams started their spring seasons at the annual Cayuga Duels on April 1, marking their return to competition.

Both squads were in action as they welcomed in Hobart and William Smith Colleges, Williams College, Cornell University and Washington College to compete on the Cayuga Inlet in a series of dual races.

Senior Jake Lentz, who is on the men's varsity eight for the Bombers, said the weather was a risk all week and caused the event to be moved up and down in the day.

"We were worried, [we were] constantly checking the radar this week," Lentz said. "But tailwind, blue skies — you really can't ask for much better than this!"

Becky Robinson '88, head coach of the women's team, said lightning is the only condition the teams will not compete under, so they would be ready for anything. She said the teams stay prepared by practicing every day, no matter what the weather is.

"Do we practice when it snows? Yes," Robinson said. "Do we practice when it rains? Yes. Do we practice when it's windy? Yes. ... If it's safe, we practice, because we know someday we will race in those conditions."

The day started with the closest race of the regatta, as the Ithaca College women's third varsity eight came in just 0.4 seconds slower than Williams, but it was not the last of the

action. Five squads took to the water for the women, with the four varsity eights competing as well as the novice four crew. The men raced three boats; the two varsity eights and a novice four.

For Lentz and his teammates, it was a rough day that saw them lose both races. The crew lost to Hobart by just three seconds, a very close margin against a team that recently moved to Division I.

In the second race, the Bombers fell by 15 seconds to reigning Division III champions Williams, in part because the boat got stuck on a buoy near the end. Regardless of the results, though, Lentz said it felt good to be on the water.

"We're excited to build off this," Lentz said. "We had one good race to take away, we had one bad race to take away, [so we just] keep on pushing."

The women's varsity eight was a different story. The Bombers cruised to a 22-second victory over William Smith and jumped out to an early lead over Williams in their second race, but Robinson said the team could not hold on and lost narrowly.

"That's something we've got to look at and figure out how we're going to work on," Robinson said. "That's tough, at this point in the season."

The 2,000-meter course ran almost the entirety of the Cayuga Inlet and ended by the Ithaca Farmers Market, which had opened its outdoor location earlier that day for the first time in 2023.

Parents, friends and passersby



From left, graduate student Allison Arndt, sophomore Lily Babcock and senior Taylor Volmrich, three members of the Ithaca College women's rowing team's varsity eight, race on the Cayuga Inlet on April 1.

ELEANOR KAY/THE ITHACAN

were spread out across the entire stretch. Some sat on the docks by the water, others walked the Cayuga Waterfront Trail or watched from the Boatyard Grill around the final 500 meters of the course.

The men's second varsity eight had a difficult outing, falling behind Hobart by 14 seconds and Williams by 24. The final action for the day on the men's team was the novice fours, which came in third place behind both Hobart and Cornell's lightweight team.

For the women, the second varsity eight also took a massive win over William Smith. However, the boat

crossed the line 11 seconds after Williams in its second race of the day.

Although the fourth varsity eight lost to Williams by 19 seconds on the results sheet, Robinson said it was much closer than it might seem on paper after a slew of things went wrong for the Bombers.

"The boats veered toward each other, they clashed oars, one of the Ithaca women caught a crab, which is when they got their blade stuck in the water, and then the oarlock popped out," Robinson said. "The boat basically stopped. ... They were neck and neck at 250 [meters] to go, which is one minute left in the race,

and that was too bad that one didn't get to play out."

Justin Stangel, head coach of the men's team, said that although they lost every race, it was a promising start to the season, especially considering their competition.

"I thought we put ourselves out there and really pushed our limits," Stangel said. "It's a good jumping-off point for the season. Racing these top-tier teams ... and setting the margin early on in the season so that we know where we stack up against some of the best in the country."

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Professor educates community on Title IX in sports

BY HANNAH FICHTER

STAFF WRITER

As this year celebrates the 50th anniversary of Title IX legislation, the Women's Sports Foundation continues to celebrate its efforts toward achieving gender equity in all sports. These efforts are done through advocacy, research and education.

Ellen Staurowsky '79, professor in the Department of Media Arts, Sciences, and Studies, is teaching a class on Title IX in honor of the anniversary. The class connects with a nationwide speaker series, having attendees and speakers from all over the country.

Lindsey Darwin, an assistant professor at Syracuse University and one of the speakers, said Title IX is a federal policy that seeks to drive equality. The policy ensures that no person is excluded or discriminated against for any gender identity. There are several types of protections that fall under Title IX, including equality in sports at the high school and collegiate level.

Staurowsky said the sports media program at Ithaca College has had classes and events that focus on gender equity before. When she first began as a professor at the college in 1992, she taught gender equity.

"I think that many of these topics are things that our students, in general, have not really thought about, and our men, in particular, really have not thought [about]," Staurowsky said. "The students seem to indicate that the panels were meaningful for them."

Staurowsky said she has three goals for the class. First, she hopes her students feel like they have been involved in a practical way where they begin to think about things differently. Secondly, she hopes that as her students move forward as leaders in their professional fields,



Ellen Staurowsky, professor in the Department of Media Arts, Sciences, and Studies, has hosted three web panels of speakers on topics related to Title IX in sports.

XINYI QIN/THE ITHACAN

they can bring what they learned, make changes and guide others. Lastly, Staurowsky said that at the completion of the class there will be a podcast and educational website.

"I think the main goal for the class is just to educate people because no one really knows what Title IX covers," junior Jess Moskowitz, a member of the class, said. "What I think is really interesting about this class is it does focus on minoritized communities, on female athletes and it's [a] majority male class, which is really interesting."

Moskowitz said the class began by reviewing the history of Title IX legislation and the key players who fought for and against it. Every class starts by discussing major headlines in the news related to the topics discussed in class.

"It's not like a normal class in the sense that

we're not having tests and papers," Moskowitz said. "The way she does her classes is she really wants the material that you learn to go beyond just the four walls of the classroom."

At the end of the semester, the class will have produced a series of podcasts set to launch in May. The course is working with Gavin Berger '21 to publish the podcast and website to a large audience. Staurowsky said she hopes that in the future, there will continue to be students who will help run the podcast alongside her.

"With the podcast, we hope that we [can] pick up a lot of listeners from the general public and especially from the college and university sector when we launch it in May," Staurowsky said. "We've got big aspirations for this."

Staurowsky has hosted three panels so far with a different topic for each session. Those

topics include the progress Title IX has made, the reproductive rights women have under Title IX and the inclusion of transgender athletes in sports. The series features speakers with backgrounds and experience in sport studies and women's education.

Staurowsky said it was vital for her to become a part of the national conversation, which is how the speaker series integrated into the class' curriculum.

"It was intended to be shared with the public, and we have had people all over the country who've been tuning in for our session," Staurowsky said. "We've gotten anywhere from 80 to 100 people with some of our programs so far."

The speaker series is incorporated into the already existing class schedule. Junior Sarah DeVito, a member of the class, said that when there is a speaker event, the students are asked to attend that in a trade-off of attending class time.

"A lot of times, we'll watch the speaker series in replacement for the class for the day, then we'll come in and talk a lot about the things that we've covered," DeVito said. "We'll all get to kind of share our opinions on what we thought and kind of discuss the topic further."

Staurowsky said her mission is to educate the population. A lack of knowledge has been passed down the line from generation to generation. Darwin said it is important to spread knowledge to ensure everyone understands Title IX because it goes deeper than many believe.

"I'm noticing that as we kind of go down the line, we're not doing as good of a job of educating young girls and women in terms of what Title IX is and the types of protections they have based on Title IX policy," Darwin said. "It made it sort of more important to me to spread this knowledge"

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THE BUZZER

The Ithacan's breakdown of Ithaca College's week in sports

ATHLETE OF THE WEEK JAKE ERICKSON/MEN'S LACROSSE



Senior attackman Jake Erickson put up a career-high four goals in the Ithaca College men's lacrosse team's nail-biting 12-10 loss to then-No. 7 St. Lawrence University on March 31. Erickson put 10 shots on goal and also notched an assist on the contest.

ABBY BRADY/THE ITHACAN

COMPETITION OF THE WEEK SOFTBALL VS. ST. JOHN FISHER UNIVERSITY



Senior pitcher Riley Piromalli tosses a pitch in the Ithaca College softball team's home-opening doubleheader against the St. John Fisher University Cardinals on April 2. The Bombers broke even on the afternoon, bringing their overall record to 9-4-1.

ABBY BRADY/THE ITHACAN

EVENT TO WATCH



ITHACA

VS.



WILLIAM SMITH

4 P.M. APRIL 12 ON THE WHEELER OUTDOOR COURTS

After defeating William Smith College 6-3 in 2022, the Ithaca College women's tennis team will aim to earn its first multi-game win streak in matchup history when it welcomes the Herons to the Wheeler Outdoor Courts. In the midst of a tumultuous season, the Bombers have seen strong individual performances from their small but mighty roster, including near-undefeated records from first-year student Sabrina Chueng and sophomore Taylor Crain. The matchup marks the first of a four-game slate of Liberty League competitions for the Bombers to close out their regular season.

NOTABLE UPCOMING COMPETITIONS

ROWING: 11 a.m. April 8 vs. the University of Rochester and Rochester Institute of Technology at the Cayuga Inlet.

BASEBALL: 3:30 p.m. April 7 vs. Rochester Institute of Technology on the Valesente Diamond at Freeman Field.

MEN'S LACROSSE: 2 p.m. April 8 vs. Vassar College at Higgins Stadium.

MEN'S TENNIS: 4 p.m. April 7 vs. Hobart College at the Wheeler Outdoor Courts.

QUOTE OF THE WEEK



"Do we practice when it snows? Yes. Do we practice when it rains? Yes. Do we practice when it's windy? Yes. ... If it's safe, we practice."

- BECKY ROBINSON '88
Women's rowing team head coach on staying prepared for anything





Sophomore Dan Kellachan throws a pitch for the Ithaca College baseball team.
AIDAN CHARDE/THE ITHACAN

THE BOMBERS ROUNDUP

The *Ithacan* provides statistical updates on all the Bombers' varsity squads during the season

BASEBALL

	APRIL 2 W 16-2	APRIL 3 W 7-6	APRIL 3 W 10-3		APRIL 5 W 17-4
ST. LAWRENCE				ALFRED STATE	
RECORD: 14-8					



GOLF

APRIL 1 Vassar College Invitational		APRIL 2 Vassar College Classic	
NAME	SCORE	NAME	SCORE
Christea Park	73 (+1)	Rheanna DeCrow	76 (+4)
Annika Michel	74 (+2)	Christea Park	80 (+8)
Rheanna DeCrow	82 (+10)	Annika Michel	89 (+17)

SOFTBALL

	APRIL 2 W 8-0	APRIL 2 L 0-2
ST. JOHN FISHER		
RECORD: 9-4-1		


MEN'S LACROSSE

	MARCH 31 L 10-12		APRIL 4 W 14-8
ST. LAWRENCE		SCRANTON	
RECORD: 6-2			

WOMEN'S LACROSSE

	APRIL 1 L 11-13
UNION	
RECORD: 7-3	

MEN'S TENNIS

	APRIL 1 L 1-8		APRIL 2 W 9-0
UNION		BARD	
RECORD: 6-6			

MEN'S ROWING

APRIL 1, Cayuga Duels
Best Performances

RACE	ITHACA COLLEGE TIME	OPPONENT	OPPONENT TIME
Varsity Eight	6:02.4	Hobart College	5:59.0
Varsity Eight	6:09.9	Williams College	5:54.8
Second Varsity Eight	6:22.8	Hobart College	6:08.2

WOMEN'S TENNIS

	APRIL 1 L 2-7		APRIL 2 W 9-0
UNION		BARD	
RECORD: 6-6			

WOMEN'S ROWING

APRIL 1, Cayuga Duels
Best Performances

RACE	ITHACA COLLEGE TIME	OPPONENT	OPPONENT TIME
Varsity Eight	6:51.8	William Smith College	7:13.2
Varsity Eight	6:52.6	Williams College	6:48.8
Second Varsity Eight	7:15.5	Williams College	7:04.5

MEN'S TRACK & FIELD

APRIL 1, Muhlenberg Invitational
Best Track Performances

NAME	PLACE	EVENT	TIME
Brett Atkin	2	110-meter hurdles	00:16.50
Nate Oczkowski	1	400-meter hurdles	00:55.11
Andy Frank	1	200-meter dash	00:21.89

Best Field Performances

NAME	PLACE	EVENT	SCORE
Dom Mikula	1	Pole vault	4.75 meters
Justin Showstead	2	Javelin throw	54.78 meters
Brendan Sheehan	2	Pole vault	4.75 meters

WOMEN'S TRACK & FIELD

APRIL 1, Muhlenberg Invitational
Best Track Performances

NAME	PLACE	EVENT	TIME
Paloma De Monte	1	1500-meter	4:48.15
Luca Pecora	2	400-meter hurdles	1:06.73
Logan Bruce	1	100-meter hurdles	00:14.14

Best Field Performances

NAME	PLACE	EVENT	SCORE
Meghan Matheny	1	Pole vault	3.60 meters
Lily Seyfert	2	Javelin throw	35.49 meters
Logan Bruce	3	High jump	1.57 meters



Senior Trevor Britton reaches for the center strip with a velcro brick as he runs down an inflatable course while harnessed to a bungee cord during the South Hill Carnival, co-hosted by IC After Dark and the Student Governance Council on March 31. Students were invited to play games, have their faces painted and receive food and prizes.

AIDAN CHARDE/THE ITHACAN