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IC FIELD HOCKEY BRINGS LIGHT TO HEARTFELT CAUSES

ILLUSTRATION BY MOLLY TESKA/
THE ITHACAN



BY MEI DENNISON

CONTRIBUTING WRITER

Cornell hosts free name change clinic for LGBTQ+ students

A free legal name change clinic is being organized by Cornell University's LGBT Resource Center in collaboration with Cornell Law School. On Oct. 20, the clinic is offering spaces and time slots to Ithaca College students from 10 a.m. to 5 p.m. via Zoom or in person.

Crissi Dalfonzo, director of the Center for LGBT Education, Outreach, and Services at Ithaca College, said Cornell's LGBT Resource Center and Ithaca College's Center for LGBT Education, Outreach, and Services have a rich history of collaboration. Dalfonzo was the

assistant director of the LGBT Resource Center at Cornell prior to her role at Ithaca College. "The two centers have a history of collaboration on events, like the name change clinic and the annual Transgender Day of Remembrance vigil, which we've co-sponsored as a joint event for the last three years," Dalfonzo said via email. "Because of my strong connections to Cornell, I'm looking forward to continuing to collaborate across the hills moving forward."

The clinic was started in May 2019 and takes place once every semester. Dalfonzo said that since the start of the clinic, it has always shared the opportunity with Ithaca College students. "It is important to both campuses to offer support and assistance in navigating the complexities of the legal system, especially when that can change so dramatically from state to state," Dalfonzo said. "Programs such as this send a very clear message: everyone deserves to live their truth and have their legal documents reflect that. In a time when many

local and state governments are launching and passing anti-trans bills, it is more important than ever that we offer whatever support we are able."

The clinic was co-created by Mallory Livingston, director of the LGBTQIA Rights Program of the Volunteer Lawyers Project of Central New York and adjunct professor of law at Cornell Law School. Livingston said there are two main ways an individual can change their name in New York state: through the common law name change and by filing papers with the court.

"[Under the common law name change], you just change your name, start using a new name and stop using the old one," Livingston said. "But that's really hard to prove [in law]. The standard way that people do this is by filing papers with the court to demonstrate that their name change is not for any fraudulent purpose."

For students to participate in the name change clinic, they must register for a time slot and bring a certified copy or a high-quality PDF version of their birth certificate. They are then assigned a volunteer

Cornell Law student to help fill out and file the necessary paperwork on their behalf. Livingston said Cornell Law students simply act as a liaison and not as authority.

"The law students aren't lawyers, so there has to be a supervising attorney in order to be able to file the cases with the court," Livingston said. "We teach the law students how to do the name changes and what legal issues can be involved. For example, sometimes we might have a minor who is trans and wants to change their name and one parent supports that and another parent opposes it. ... With things like this, the court is going to want certain paperwork and proof being presented before they allow the name change to go through."

The paperwork in New York to file a name change with the court is relatively straightforward. It requires basic information about a person, like their name, date of birth, place of birth and legal and criminal history. Then they must provide the name they are changing to and the reason for changing their name. They must also state the New York county they are in and what court they will petition to.



NAMES, PAGE 4

IC reflects on shift from three- to four-credit courses

BY DOMINICK PETRUCCI

STAFF WRITER

Ithaca College's Fall 2023 course catalog reflects curriculum changes that have been in the works for the past few years, as many schools at the college have shifted from three- to four-credit courses.

Following recommendations in the 2021 Shape of the College plan, departments submitted curricular revisions between September 2022 and March 2023. These changes included decreasing the required quantity of credits in a major, adding options to meet major requirements and restructuring material into new courses with a different number of credits. The last of these changes were implemented in the Fall 2023 course catalog.

In a four-credit model, students could take four classes instead of five. The college said this would make class material denser and allow for students to fully invest themselves in learning about a particular subject. Professors would be expected to alter their previous three-credit courses to four-credits courses by adding more information to the courses and extending the hours that their classes meet. This

means a potentially heavier course load for a single class and lengthier meeting times.

Faculty Considerations

Jason Freitag, professor in the Department of History, said the college highly encouraged the shift to four credits as departments revised their curriculum but did not enforce it. He said some faculty in the department were hesitant to alter their previously well-established courses.

"Each one of our classes needed to be resubmitted for approval," Freitag said. "There were some people that were eager and believed it would be good for faculty, good for students and allow faculty to focus more, while others believed three credits was the more optimal way."

While discussion has been ongoing, some departments officially told professors that their courses were going to increase to four credits in May. This meant that professors had until the start of the Fall 2023 semester to adjust their courses — an amount of time that derived mixed reactions from professors.

Marella Feltrin-Morris, professor and chair in the Department of World Languages, Literature, and Cultures, said she observed that



In a four-credit model, students at Ithaca College could take four classes instead of five. This means a potentially heavier course load for a single class, denser class material and lengthier meeting times.

FILE PHOTO/THE ITHACAN

some professors found the four months too short to effectively overhaul a curriculum and add enough content to be worthy of four credits.

Freitag said faculty workload was also a major consideration in altering credit hours. Professors were instructed to alter their course to contain more information to

support a four-credit workload. While given guidelines and offers to expand, some professors chose to add more information at the end of the curriculum.

Feltrin-Morris said that adding more information at the end of her courses was a simple, seemingly effective option.

"I've always felt that within 50 minutes it was always hard to accomplish everything I've wanted to ... when teaching a language class," Feltrin-Morris said. "Because it's longer, I'm allowed to switch activities more."

FOUR CREDIT, PAGE 4

Nation & World News

Israeli defense minister visits border amid war with Hamas

Israeli Minister of Defense Yoav Gallant conducted a tour near the Gaza border and held discussions with troops stationed in the area Oct. 15.

Israel is engaged in a war with Hamas of the Gaza Strip following massive rocket fire from the Gaza Strip into Israel, infiltration of gunmen into Israeli territory, massacre of civilian women and children in their homes and hostage taking of civilians and soldiers.

300,000 reservists have been deployed and the Israeli Air Force is massively bombing Gaza in preparation for the next stage of warfare.

Rep. Patrick McHenry becomes the temporary House speaker

As Republican House members failed at electing a new speaker to lead them, Rep. Patrick McHenry is being asked to consider wielding more power to help Congress through the coming weeks.

McHenry, 47, a Republican from North Carolina, became the House's temporary speaker after eight Republicans and the entire Democratic conference voted to fire former Speaker Kevin McCarthy from his leadership role last week.

McHenry found himself atop a se-

cret list of potential successors McCarthy was required to keep if something were to happen to him to prevent him from fulfilling his duties as speaker.

Polish conservative party loses majority after eight years in power

Poland's nationalist conservative Law and Justice Party (PiS) has fallen short of an absolute majority in elections after eight years in power, and three opposition parties could form a new coalition government, according to poll results released on Monday.

Prime Minister Mateusz Morawiecki's PiS was the strongest force with 36.1% of the vote, while the opposition liberal Civic Coalition (KO) of former prime minister Donald Tusk came second with 31%, according to the Monday afternoon forecast by polling institute Ipsos.

A tropical depression likely to form in the coming days

A tropical depression or potentially Tropical Storm Tammy is "likely to form" in the next few days from a system expected to move toward the central tropical Atlantic, National Hurricane Center forecasters said Oct. 15.

That system, which emerged off Africa on Wednesday, has a 60% chance to develop



Royal Caribbean sends rescue ship to Israel

Royal Caribbean has partnered with the U.S. Department of State to send the Rhapsody of the Seas cruise ship to Israel to rescue Americans who have not been able to leave the country.

ROYAL CARIBBEAN INTERNATIONAL/TNS

in the next two days and a 90% chance in the next seven days, according to the center's 8 a.m. advisory.

Meanwhile, the former Tropical Storm Sean was once again a tropical depression, which was expected to fade to a remnant low Oct. 15.

Sean, located in the central tropical

Atlantic, was forecast to dissipate Oct. 16.

So far in this season in the Atlantic, there have been 18 named storms, six of which were hurricanes.

Of those, three were major hurricanes, meaning they were Category 3 or above.

SOURCE: TRIBUNE NEWS SERVICE

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The L.L.Bean Bootmobile comes to IC

L.L.Bean set up a pop-up shop Oct. 18 at Ithaca College. The Bootmobile travels to campuses across the country to prepare college students for the coming winter.



'Deja View' - "Ratatouille" (2007)

Host junior Therese Kinirons is joined by guest Sena Namkung to talk about the Pixar film "Ratatouille" (2007). Join them as they discuss delicious food, Pixar at large and potential health code violations.

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Senior uses grant to uplift women in Mali

BY **SONYA MUKHINA**

CONTRIBUTING WRITER

With the help of a grant from Projects for Peace, Ithaca College senior Sarake Dembele traveled to the small town of Gogui, Mali, in Western Africa in summer 2023 where she worked with the local women to create food sources and financial independence.

Projects for Peace is a global international organization that is a part of the Davis UWC Program at Middlebury College in Vermont. It partners with many colleges around the United States and invests money into students' projects.

Last summer, Dembele received a grant of \$10,000 after she presented her plan of helping women in Gogui to Projects for Peace. Dembele decided to buy a piece of land and different kinds of seeds for Malian women to be able to grow their own food and, later, sell it to make a profit.

"Me and my parents would just get on a call for hours and talk about [ideas]. I was in disbelief that it was happening to me," Dembele said.

Mali was ranked 184th in the Gender Inequality Index in 2020, showing how women of the country are highly dependent on their husbands for financial security and therefore lack jobs, education and food sources. Women often suffer from gender-based violence and are mostly denied justice because of structural inequity.

Dembele's family comes from Mali, which she said is why she chose to focus her project there.



Senior Sarake Dembele bought a piece of land and different seeds for Malian women in Gogui to be able to grow their own food and sell it for profit to facilitate their financial independence.

Dembele's father, Mousse Dembele, grew up in Gogui and traveled there with his daughter after almost 13 years of living abroad.

"When we made a decision that I will fly with Sarake, the whole village was very happy and excited," Mousse said.

After driving to the village from the airport, Dembele said she met with the mayor of Gogui and Binta Wague, president of the local women's organization, who Dembele collaborated with. Wague communicated with *The Ithacan* through a letter translated by Dembele.

"When I first heard about the project, it was like an answer to

our prayers," Wague said. "I was overwhelmed with joy. ... Today, we are very proud and have no words that could express the level of gratitude we feel towards our daughter, Saraké."

Dembele bought pieces of land that were equally split among the women in the village. Then, Dembele provided many different kinds of seeds that she and her mother bought in the U.S.

Dembele's mother, Aisse Dembele, said she thinks her daughter made a great impact on the women of the village's quality of life.

"They were very, very grateful and they were touched by the fact

AMINATTA IMRANA JALLOW/THE ITHACAN

that even though Sarake was not born there, she still thought about them," Aisse said.

Mary Nann, executive assistant to the vice president for marketing and enrollment, is the college's former liaison for Projects for Peace who helped Dembele through the process. Nann said she worked Dembele in a very systematic, organized manner.

"Sarake was so enthusiastic and so wonderful to work with," Nann said. "She is... the first student in the many years that gave me updates about how the project ... in detail."

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SGC goes over senator reports

BY **MAKAI YLLANES**

STAFF WRITER

The Ithaca College Student Governance Council met Oct. 16 to confirm a new member to the Appropriations Committee and hear senator and officer reports.

Early on, the council went into an executive session to confirm Cameron Small, Class of 2025 senator, to the Appropriations Committee.

Sophomore Rishabh Sen, vice president of campus affairs, then discussed plans to address questions and concerns from SGC members during the miscellaneous business section of the meeting.

Sen said the council would begin having short sessions during the miscellaneous period as a chance to check in with senators. The council gathered into small groups of new and returning senators and executive board members. This gave senators the opportunity to ask questions and receive help in understanding and performing their responsibilities.

Sen also said he wants to meet with Amy Falkner, dean of the Park School of Communications, about launching a peer-advising pilot program within the school. Sen said he is always looking for senators to help him with this bill.

"This is such an excellent way for senators to get involved and it's something that is very real, that's very close to hopefully coming to fruition, something that's actually happening," Sen said. "For academic senators, this might be a great way to work with people in the schools that are not exactly deans, other people under administration within the school you work with."

Asata Rothblatt, Class of 2026 senator, said during group meetings that she is working on following up on initiatives from last year.

"I had the accessibility bill from last year, but I'm doing that from scratch because the seniors had the idea but didn't really outline anything before they left," Rothblatt said.

Sophomore Nikki Sutera, School of Music, Theatre, and Dance senator, discussed her meeting with Anne Hogan, dean of the School of Music, Theatre, and Dance, and the tasks she is looking to take on in her small group.

"One thing is the [School of Music, Theatre, and Dance] itself has funds that they can allocate to students and to organizations to claim if they need the funds," Sutera said. "But it's not super clear on how to get it and not everyone even knows that it's an option."

During senator reports, first-year student Joslyn Forcione, School of Humanities and Sciences senator, said she is researching first-year class registration and why the college set the schedules for all first-year students.

"It's been an improvement from a system where students used to choose," Forcione said. "I'm asking for senators or for anyone that has any experience with the way that things have gone in the past to give their input."

During officer reports, senior Carli McConnell, president of the student body, said she met with Scott Doyle, director of the Office of Energy Management and Sustainability, to discuss the upcoming climate action meeting.

"The goal of the event is to have more of a sustainable outlook and look at sustainability practices," McConnell said. "[Doyle] ... is just one person, but he has a lot of great ideas and is going to come in and talk a lot about what they're doing for green initiatives on campus."

Sophomore Ty Anderson, vice president of residential affairs, said he has learned about how the Residential Hall Association was run before COVID-19. Anderson said the RHA had just under 100 members and a whole executive board before the pandemic.

"I definitely want to start getting people to the RHA meetings, even if it's similar to SGC where people can come in and talk about what they want to see," Anderson said.

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Survey assesses barriers to counseling

TAYLOR BORASH

CONTRIBUTING WRITER

A team of students from the undergraduate research team in the Department of Psychology at Ithaca College released a survey to identify disparities between how students of color and their white counterparts utilize mental health services on campus.

The group is led by Judith Pena-Shaff, professor and chair of the Department of Psychology, who said that the survey — titled "Use of and Barriers to Mental Health Services at Ithaca College" — aims to focus on the results collected from students of color.

"I think, when you are part of a marginalized group that has been this subject of -isms, you have more mistrust toward certain institutions, and one of them is mental health services," Pena-Shaff said.

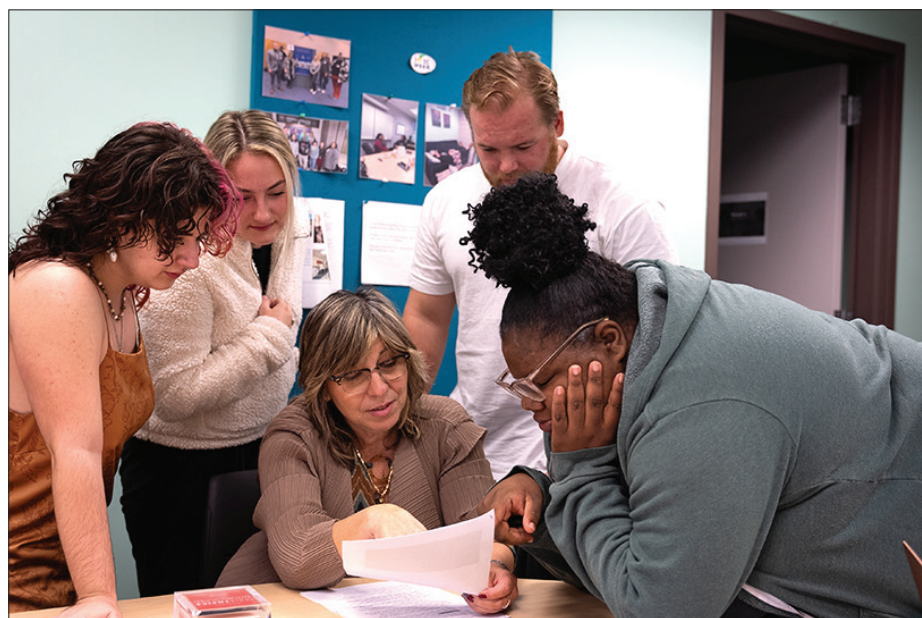
Senior Ashanti Ford is a member of the research team and said her passion for the study came from her own mental health struggles.

"There were a lot of times where I felt like I was drowning and I didn't know where to look," Ford said. "I wanted to know if other people felt that way and what I could do to help others overcome that."

Pena-Shaff said there are multiple factors that contribute to this disparity, even when services are free of charge.

"Personal and mental health stigma, general mistrust towards mental health services, lack of knowledge about these services on campus and cultural factors have been cited as possible factors that affect students of color's access to and use of mental health services on campus," Pena-Shaff said.

Ithaca College's main free mental health service is the Center for Counseling and



From left, junior Hannah Pond, senior Ashley Graichen, Judith Pena-Shaff, professor and chair of the Department of Psychology, and seniors Nick Galka and Ashanti Ford.

JESUS LUNA/THE ITHACAN

Psychological Services, also known as CAPS. In addition to the usual biweekly therapy schedule, Ford believes that a big issue for CAPS is the ratio of counselors to students.

"It's understaffed," Ford said. "So how are they going to give adequate care no matter how much they try? How can they give us the adequate help that we deserve?"

Brian Petersen, director of CAPS, said he is optimistic that the research will lead to helpful results for the mental health services on campus.

"I think what will be really valuable and interesting about this study is that that's data from students saying this is what we need, this is what our experience was," Petersen said. "That's when you can start building meaningful change."

Pena-Shaff said the results of the survey will be released sometime in December or January 2024 and will be presented by the team at the 2024 New England Psychological Association conference. The results will also be shared with other important areas of campus, like CAPS and the President's Cabinet.

Ford said she hopes the research will lead to greater awareness of the barriers to receiving mental health care and spread a positive message to those who are struggling

"I want people to know it's okay to feel a certain way," Ford said. "Other people feel the way you do and there shouldn't be a stigma around how you feel."

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FROM NAMES, PAGE 1

Once the clinic paperwork is completed, the Volunteer Lawyers Project of CNY officially files the paperwork with the court. Changing a name in New York State requires a notarized petition to the New York Supreme Court in the county where the recipient of the name change is and the court's filing fee is about \$200. Once filed, the court will decide on the name change in 30–60 days in most cases.

"If possible, we'd like to draft the petition right then and there," Livingston said. "[Then] have the client approve it and have them sign it and get it notarized right there and at that point. If we have all the necessary paperwork — which in most cases is just a certified copy of their birth certificate — we can file it through the court right away."

First-year student Clark Royandoyan explained the importance of a resource like the clinic being made available and accessible to students.

"I think it's great that IC and Cornell are coming together to be able to promote this service," Royandoyan said. "Especially because [students] might not be aware that changing their name could be a more complicated process than they thought. Or some may realize that it might be a simpler process. So I think it's great that this resource is available to

LEGAL NAME CHANGE PROCESS IN NEW YORK STATE

Common Law Name Change

- Does not require formal paperwork
- Individuals can simply use their new name as long as it is not for harmful or fraudulent purposes

Filing papers with court

REQUIREMENTS:

Personal information

- Notarized petition to New York Supreme Court
- Reason for name change

ILLUSTRATION BY MOLLY TESKA/THE ITHACAN

students and I'm glad that the word is getting out there."

Kristen Browde is the vice president of the Florida Democratic LGBTQ+ Caucus. Browde, who is transgender, said one of the first steps for equality for trans people starts with the legal documentation of their name.

"Equality starts with equality under the law," Browde said. "I remember what I went through when I changed my name. ... Helping people to navigate this process and get them started with equality and getting them started with their name is just a great service."

Browde said transgender rights are a wedge issue in politics

because political leaders often move their bases by employing fear-based propaganda.

"The one thing you find among [some people] who are fear-mongering is that [most] of them have never met a transgender person," Browde said. "They're scared of this image that's been planted in their head. And if they had met a transgender person, if they saw they are really not that different, that might change some hearts and minds."

501 anti-LGBTQ+ bills have been introduced, according to the American Civil Liberties Union. Many of these bills specifically target transgender and individuals who are gender-nonconforming.

On Sept. 6, the City of Ithaca became a sanctuary for transgender health care because of the passing of the Trans Safe Haven Resolution in the Common Council.

Dalfonzo said that affirming the lives and rights of queer and transgender individuals needs to happen on all levels in a community: politically, legally and socially.

"Programs and resolutions are just pieces of the puzzle," Dalfonzo said. "The City of Ithaca is putting many measures in place to protect queer and trans lives regardless of the national political landscape, and it's a place I am very proud to call home."

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FROM FOUR CREDIT, PAGE 1

Faculty and student reactions

William Kolberg, professor in the Department of Economics, said certain professors have found that their students are having a difficult time adapting to the high volume of information over sometimes shorter class periods. Kolberg has found that different professors have completely altered their teaching strategies mid-semester, while some have stayed mostly the same.

"We changed content, but teaching strategy is an interesting issue," Kolberg said. "In my principles [classes,] I haven't changed the strategy at all. ... In my other class, I've done a lot more activities and I think that's helped a lot and varied."

While times in general have been extended, the way these times are portioned varies between professor and class. Professors can have multi-hour long blocks, while others may split into shorter blocks across many days. Freitag said this new method can create an immense amount of expected attendance from students who may already be busy with other classes.

Junior Ally Aretz, a biochemistry major, said she feels that taking fewer classes is optimal even though finding classes that fit together may be harder.

"It makes classes a little hard ... to fit in [scheduling-wise]," Aretz said. "Other than that, more credits [per course] is nice since I have to take less classes and then it's a little easier to manage."

Sophomore Hank Jennings, a cinema and photography major, is minoring in history. He said the credit change has made the classes he has taken significantly rise in difficulty compared to his classes in the Roy H. Park School of Communications.

"It definitely feels like a bigger time commitment, not just in class times but also readings," Jennings said. "I have two history classes and two Park classes and my two history classes have been way more work."

Departments focused heavily on the results of midterms compared from Spring 2023 to Fall 2023. Freitag said that while the Department of History was slightly worried about midterm grades declining, it has not seen major changes.

"I haven't heard any informal chatter of issues with grading," Freitag said. "We don't generally look at grade distribution like that. ... I think I'm seeing what I normally see, but I'm seeing them for longer."

Feltrin-Morris said that while some professors attribute alterations in engagement and academic standing to the credit change, some find it hard to separate from the current political and health crises throughout the last three years.

"I have heard of many faculty noticing a decreased student engagement, but I don't know if that can be applied to the switch," Feltrin-Morris said. "Outside factors and a sense of weariness may be present."

Freitag said most professors' main concern is the academic schedule for classes next semester, as the current grid that classes are supposed to run on is not in use and needs to be fixed.

"There's a kinda overhaul of the grid system that is happening," Freitag said. "We're trying to meet the proper amount of minutes required for the New York State education purposes. ... My understanding is that there is work on how classes are fitting together now and to make a new master grid that works with the longer classes."

Kolberg said that adhering more to the grid system may engage students more and help fix the problems seen with the current workload.

"It hasn't even been adjusting our classes to the delivery, it's about scheduling, which is a nightmare," Feltrin-Morris said. "If you teach 70 minutes like I do, you inevitably end up 10 minutes over and so students then have a hard time registering for another class."

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Physics 101 trial section improves grades

BY LIAM MCDERMOTT

STAFF WRITER

Over the summer, senior Emily Leach, chemistry and applied physics double major, analyzed grades from two physics courses that ran during Fall 2022 and Spring 2023 to determine if a foundations section of Physics 101 would increase student success in Physics 101 and 102.

Leach said the Department of Physics and Astronomy had previously noticed students were entering Physics 101 with different levels of math proficiency.

The department piloted an additional section of Physics 101, Foundations in Physics, for students who scored lower in math proficiency on their entry-level exams. The section ran in Fall 2022 and focused on building up students' math skills at the same time as their physics skills. Students who scored higher on entry exams took the regular Physics 101 class.

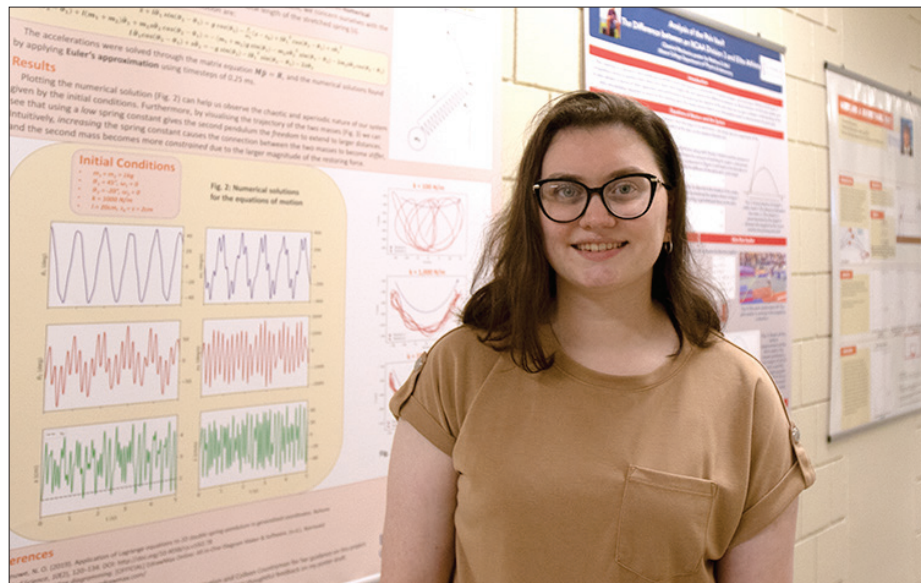
Leach said she found Foundations in Physics to be extremely effective based on her observation and analysis of grades.

Leach's research analyzing the trial class's impacts was conducted as part of the Summer Scholars Program, which allows students to conduct school-funded research in an area of their choice. Leach said her interest in curriculum stems from her career goals to be a high school physics teacher.

"I can adapt my own teaching [in the future] and do this kind of research process so I can make my class better," Leach said.

Leach was a teacher's assistant in the Fall 2022 Foundations in Physics trial class. In Spring 2023, those students moved on to Physics 102. During the summer, she compared test scores and overall grades in Excel to understand the difference between students who took Foundations in Physics and then Physics 102 versus students who took the previous Physics 101 class.

Leach said that prior to the foundations class, on average, 2% of students would withdraw or receive a D or F for their final grade.



Senior Emily Leach analyzed students' grades from two foundation physics courses to determine if the courses increase student success in higher level physics classes.

MARI KODAMA/THE ITHACAN

She said that in the 2022–23 academic year, no one failed either course. Her data showed that 75% of students who took Foundations in Physics finished Physics 102 with a B or higher.

Colleen Countryman, assistant professor in the Department of Physics and Astronomy, is a physics education researcher and worked alongside Leach over the summer.

Countryman said some physics content was removed to make room for a significant amount of math content to help students improve their performance in both areas.

She said some students may not have been given the chance to learn the material needed to succeed in introductory physics courses.

"I would hear these personal stories of students that would come in, sometimes in tears, feeling so much anxiety about math," Countryman said. "We wanted to make sure that all students felt like they belonged in a physics classroom."

For the 2023–24 academic year, the section of Physics 101, Foundations in Physics, is not being taught.

Matthew Sullivan, chair of the Department of Physics and Astronomy at the college, said that last fall, they had the staff to teach the class as no faculty members within the department were on sabbatical, but that it was not the case this year.

"We have to make sure that we can still teach," Sullivan said. "Something else has to give and that's the question that was whether or not, if anything we can remove in order to teach this new section."

Countryman also said the department has been holding ongoing conversations about new curricular developments and logistics around staffing for the class.

"This department is a really special one, in that the faculty here are incredibly invested in ... keeping our students and making them feel welcome," Countryman said. "[Leach's research] is one factor in this sort of ongoing conversation about all these different initiatives that our department is doing."

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Student builds on college research with NASA program

BY SEBASTIAN PICKFORD

CONTRIBUTING WRITER

Ithaca College senior Matt Weil, a physics major, spent eight weeks of his summer doing intensive wetland ecosystem research through the NASA Student Airborne Research Program.

The program was a collaboration between various agencies, including the Environmental Protection Agency, the United States Department of Agriculture, the Naval Research Labs and the United States Army Corps of Engineers.

Students primarily used resources from the NASA Langley Research Center in Hampton, Virginia. The program also worked with resources from the NASA Goddard Space Flight Center, Dynamic Aviation and other universities and colleges across Virginia and Maryland.

Weil said that the first week of the program primarily consisted of orientation activities. The next two weeks focused on a field campaign, where students would go on daily flights using the equipment to collect information that would influence their independent research projects.

"Once you have all that data, you're not dictated as to what research question you want to do," Weil said.

Robert Swap, associate division director for Mission Planning in the Earth Sciences at NASA's Goddard Space Flight Center, is the program director for SARP East.

Swap said that giving students the freedom to choose their research topic was a critical aspect of the program.

"Some internships are kind of like



Senior Matt Weil spent eight weeks over the summer doing research through the NASA Student Airborne Research Program. Weil built upon the methane emissions research he did at Ithaca College.

JADYN DAVIS/THE ITHACAN

a paint-by-number," Swap said. "What I wanted to do was create more like an arts and crafts store."

Weil primarily built upon the research that he has done at Ithaca College with Eric Leibensperger, assistant professor in the Department of Physics and Astronomy, who encouraged him to apply for SARP.

The research they did was focused on methane emissions and how they impact the atmosphere and various ecosystems.

According to NASA, methane is the second-largest contributor to global warming after carbon dioxide,

but combating methane emissions can have a more immediate impact on the environment compared to other greenhouse gasses.

"We really focus on methane because we're interested in near-term climate change," Leibensperger said. "What we do with methane will cause immediate changes. We really need to understand the sources of where methane is coming from and that's what Matt was doing over the summer."

Leibensperger and Weil worked together in 2022 and 2023 to locate an unidentified source of methane

emissions that had not been reported by either the EPA or the New York Department of Environmental Conservation, linking it to a local mining operation.

NASA reports that methane emissions can come from various sources, including landfills, agriculture, fossil fuels and wetland ecosystems, but Weil said wetlands are often not given much focus.

"It's good to get a general sense of what the wetlands are producing versus what other ecosystems and ecological processes are also producing," Weil said.

Weil continued this research through SARP, studying where methane emissions come from in wetland ecosystems using field measurements as well as data collected from aircrafts and satellites.

Weil primarily used multispectral imaging to gather data, which is data collected from specialized cameras that measure the reflectivity of a certain point on the ground.

This information was used to map out the entire wetland, which was around 250 acres. The cameras collected 120 million pixels worth of data from the wetland, with each pixel having six to seven different data values that he analyzed.

"I really enjoy flying drones and attaching expensive scientific equipment to them," Weil said. "I like being able to use technology that wasn't around 20 to 30 years ago and getting a better sense of what's actually happening on our planet."

At the end of the program, students were split into random groups to put together an interdisciplinary research proposal using aspects from each of their individual research projects, which they presented to about 120 people on the last day.

Swap said Weil conducted strong research, which will be applicable to ecosystems beyond wetlands.

"I really believe in transdisciplinary education," Swap said. "We need students who think differently and start to query the world differently than we're currently doing. We have to be ready to take on the problems of tomorrow."

CONTACT: SPICKFORD@ITHACA.EDU

Q&A: Alum awarded for contribution to Ithaca College

Jo-Linda Greene '71 has been honored with the Ithaca College Volunteer Service Award for her work giving back to the college in the years since her graduation.

She has served on several Ithaca College Alumni Association committees, including the alumni committee, to raise funds for the Athletics and Events Center and the committee for the Class of 1971's 50th reunion. Greene also served as the national chair of the Ithaca College National Fund. She completed her undergraduate degree in Physical Education at the college and went on to earn a master's degree in Adaptive Physical Education from S.U.N.Y. Brockport. During her lifetime, she has worked in adaptive physical education and has helped organize events for Special Olympics New York at Ithaca College.

Contributing writer Sofia Lopez spoke with Greene about her work in adaptive physical education, her contributions to the college and her Volunteer Service Award.

This interview has been edited for length and clarity.

Sofia Lopez: How has your education at Ithaca College contributed to your career?

Jo-Linda Greene: One of the classes we took when we were in Phys Ed [as a major] was an adaptive physical education class, and the minute I started taking that and we started working with handicapped children, and we did the Special Olympics and all that kind of stuff, that was it for me. That's what I wanted to do. So I've kind of done that pretty much through my life, just by ... all the community centers I've worked at, all the classes that I've done, all the kids that I've met throughout my life.

SL: What does this alumni award mean to you?

JLG: Everybody's always told me that I have ... a helper gene in my body, that I like to help other people to help them have better lives. I feel that when I get something wonderful and my life has been wonderful, mainly due to things that I've learned at Ithaca College, that I would like to be able to pass that on to other people. So helping to raise money and letting people who cannot afford to come to the college attend and get the benefits and the wonderfulness that I got from Ithaca College is very important to me. ... I loved it there and I would like more people to get the chance to get the education that I got. I think that's why I'm thrilled to be receiving this award. [I] never expected to be the one that would get it.

SL: What are the most positive changes you've seen in Ithaca College since the time that you graduated?

JLG: One of the things is the fact that you no longer have to take every class in your major; now you can branch out. For instance, I was a physical education major. We had to take everything that pertained to physical education. We were allowed one or two classes outside of that, but not much. ... So now, I believe, they are allowing you to branch out more in the classes that you take and I feel that that's very, very important because you have more of a background and an ability to choose what you want to do with your life. Not everybody gets to go on, like I did in the beginning, and ... get a job in your major right away and take off with that. A lot of times there you don't know what you're going to do. And it gives



Jo-Linda Greene '71 will receive the 2023 Ithaca College Volunteer Service Award during Alumni Weekend from Oct. 27-29 for her contributions to the college.

COURTESY OF STACY PEARCE

you the ability to branch out, to know what else is going on besides just [in] your major.

SL: Could you talk about your more recent involvement with the college?

JLG: One of the things that I helped raise money for was the [Athletics and Events Center] building. I was there for the opening of it and we actually have a plaque when you walk in the front door. ... Both of my children are now adults [and] are going to come to see me get the award and I am looking forward to walking them through that building and showing them that, especially the swimming pool. The thing that I love about the pool is that the floor rises so there's a large area for teaching handicapped children how to

swim and young children so that their feet can touch the ground at all times. ... I come back every five years [and] have been [doing that] since the very beginning. And then, of course, a couple of times in between when they asked me to come up for something but especially [for] a reunion, which was exciting. [We] had a competition with the class of 1970 for how much money we could raise for our class gifts, and I think our class won. ... That was especially meaningful because it was the first reunion after the pandemic that was able to be held on campus.

CONTACT SOFIA LOPEZ
SLOPEZ4@ITHACA.EDU

COLLEGE BRIEFS

Center for Equity, Inclusion, and Belonging to host open house

The Center for Equity, Inclusion, and Belonging invites members of the college community to attend an open house from 12–1 p.m. Oct. 24 in Job Hall.

The open house recognizes the center's launch July 1 as part of the college's five-year strategic plan.

The event allows students, faculty and staff to meet the center's staff and eat afternoon snacks.

Questions and requests for accommodations can be directed via email to eib@ithaca.edu or call at 607-274-7011.

Instructional Development Fund accepting proposals from faculty

The Instructional Development Fund provides funding for faculty to pursue opportunities, resources and technology that enhance or update their teaching.

Faculty can submit proposals through 12 p.m. Nov. 1 for expenses that will be incurred between Nov. 15 and April 30, 2024.

The IDF will provide up to \$1,500 for proposals submitted by individual faculty members and up to \$3,000 for proposals submitted by multiple faculty members.

The IDF Review Committee will consider proposals based on a variety of factors.

Some of these factors are feasibility, accordance with college goals and its initiatives, benefits to instruction and the need for those resources that might be outside of what the schools or departments already provide.

Faculty members can visit the Faculty hub website to access instructions and a link to the online application.

Geriatric Education Center to sponsor virtual discussion series

Finger Lakes Geriatric Education Center is sponsoring a four-part virtual discussion series that will center around Tracy Gendron's book, "Ageism Unmasked: Exploring Age Bias and How to End It."

Faculty from the Ithaca College Gerontology Institute and Finger Lakes Geriatric Education Center Student Interns will lead the discussions.

Participants can choose between two times: Mondays at 10 a.m. or Wednesdays at 7 p.m. The Monday sessions will be held weekly from Oct. 23–Nov. 13 and the Wednesday sessions will be held weekly from Oct. 25–Nov. 15.

Participants must register for the discussions using the link that is available in

the Intercom post.

The series is free and books are available if necessary. Questions and requests for accommodations can be directed to Karen Brown at kbrown19@ithaca.edu or via phone at 607-274-1607.

Student Leadership Institution organizes a voting presentation

The Student Leadership Institute presentation "Be Vote Ready!" will be held at 11 a.m. Oct. 19 in room 319 of the Gannett Center.

The session is open to all students and will cover information about voting in the November state and municipality elections.

Communications Librarian Cathy Michael and Doreen Hettich-Atkins, executive director of Student Affairs & Campus Life, will lead the session and review topics like voter registration, registration deadlines, voting regulations and voting locations.

Requests for accommodations should be directed to dhettichatkins@ithaca.edu or 607-274-3374.

Writing center evening sessions moved to the Gannett Center

The Writing Center evening hours moved to the Gannett Center on Oct. 16. Students can now receive help from the Writing Center's peer tutors from 7–10 p.m.

These sessions are available Sundays through Thursdays next to the staircase on the third floor of the Gannett Center at the student study spaces. The Writing Center recommends appointments but also accepts walk-ins. Students can make appointments at Ithaca.mywconline.com, which can also be accessed from the apps.ithaca.edu page. Students can contact Priya Sirohi, assistant professor in the Department of Writing and director of the Writing Center, at psirohi@ithaca.edu with any questions.

JED Campus Committee seeking members for a subcommittee

The Ithaca College JED Campus Committee is a campus-wide team that works to promote mental wellness and prevent suicide. The JED Committee works with the national JED Foundation to evaluate the college's existing resources and consider what additional support can be implemented.

The JED Campus Committee is seeking members for the new Healthy Minds Data Collection subcommittee, which will prepare, share and report about results



Beloved annual book sale returns to Ithaca

Residents shop at the annual Fall 2023 Friends of the Tompkins County Public Library Book Sale. All proceeds of the sale go to the local library and the Finger Lakes Library System and donations are open until Nov. 11.

MARI KODAMA/THE ITHACAN

from the college's Healthy Minds survey.

The survey is set to launch in Spring 2024. The JED Campus Committee is also looking for members of the new Resilience and Life Skills subcommittee.

This subcommittee will research how to incorporate mental wellness education, support and skill building into the campus environment.

The JED Committee gathers as a full group two to four times throughout the academic year.

Subcommittees meet weekly or biweekly throughout the academic year to include and incorporate recommendations.

Individuals can follow the link available in the Intercom post to sign up for a subcommittee.

Makerspace is offering several events throughout Fall 2023

The Makerspace will offer several events through the remainder of Fall 2023. All events will be held in the Makerspace in room 102 of Friends Hall.

Students can explore the Makerspace's supplies and technology through events

like Halloween costume making and crafts; Cortaca spirit gear making; 3D printing workshop; laser embroidery workshop; and machine embroidery workshop.

The Makerspace also offers drop-in crafting hours during Finals Week.

Students can view the Intercom post for the full list of events and send any questions to makerspace@ithaca.edu.

Admissions seeks future Bomber nominations from faculty & staff

The Office of Admissions asks students, faculty and staff to nominate current high school students who could attend the college and positively contribute to the campus community.

Campus community members can make referrals at www.ithaca.edu/nominations. The Office of Admissions will use the referrals to recruit the next class.

Faculty and staff need not do anything after; admissions counselors will follow up with the referred high school students.

Nominated students will receive specific directions about waiving the admissions application fee for the Common App.

PUBLIC SAFETY INCIDENT LOG

SELECTED ENTRIES FROM OCT. 2 TO 8

OCT. 2

FIRE ALARM ACCIDENTAL

LOCATION: 111 College Circle
SUMMARY: Simplex reported a fire alarm. Charlie Sherman, fire and building safety coordinator, responded to the call and determined the activation was caused by burnt food.

PETIT LARCENY UNDER \$50

LOCATION: Philips Hall
SUMMARY: A caller reported a person stole a shirt. Sergeant Bryan Verzosa responded and restricted that person from the campus. This is a pending investigation.

OCT. 3

SCC COLLEGE REGULATIONS

LOCATION: Campus Center Quad
SUMMARY: A caller reported people were selling clothing without an official permit. Officer Matthew

Patire responded to the call and advised four people of the proper procedure.

WELFARE CHECK

LOCATION: Terrace 6
SUMMARY: A caller reported that a person did not make two appointments. Sergeant Bryan Verzosa responded to the call and determined that the person was not an imminent threat to themselves.

OCT. 4

SUSPICIOUS CIRCUMSTANCE

LOCATION: Alumni Hall
SUMMARY: A caller reported a grocery order was delivered to the wrong address and an unknown person took them inside the building. The person took the groceries for safekeeping and they were turned over to the rightful owner. Master Patrol Officer Robert Jones responded to the call.

FIRE ALARM ACCIDENTAL

LOCATION: 141 College Circle
SUMMARY: Simplex reported a fire alarm. Patrol Officer Connor McCoy responded and determined that the activation was caused by burnt food.

OCT. 5

MEDICAL ASSISTANCE/ ILLNESS RELATED

LOCATION: 125 Conservatory Drive
SUMMARY: Caller reported back pain and feeling faint. The person was transported to Hammond Health Center. Patrol Officer Kevin McClain responded.

OCT. 6

ACCIDENTAL PROPERTY DAMAGE

LOCATION: Bogart Hall
SUMMARY: Caller reported damage to a door and handle. Patrol Officer Dana Malcolm responded and determined the damage was accidental.

MEDICAL ASSISTANCE/ ILLNESS RELATED

LOCATION: Talcott Hall
SUMMARY: The Tompkins County 911 Center reported a person with abdominal pain. The person was transported to the hospital by ambulance. Patrol Officer Thaddeus May responded.

OCT. 7

SCC IRRESPONSIBLE USE OF ALCOHOL/DRUGS

LOCATION: Clarke Hall
SUMMARY: Caller reported that a person was asleep on the floor. Patrol Officer Thaddeus May responded and determined that the person was intoxicated and did not require medical assistance. The person was referred to the Office of Student Conduct and Community Standards for irresponsible use of alcohol.

PETIT LARCENY OVER \$200

LOCATION: Bogart Hall
SUMMARY: A caller reported that

an unknown person damaged a vending machine and stole products. Patrol Officer Connor McCoy responded to the call. This investigation is currently pending.

OCT. 8

MEDICAL ASSISTANCE/ ILLNESS RELATED

LOCATION: 120 College Circle/ Circle Apartments Building 120
SUMMARY: Caller reported a person had an anxiety attack. The person declined medical assistance. Patrol Officer Dana Malcolm responded.

Full public safety log available online at www.theithacan.org.

KEY

SCC – Student Conduct Code
V&T – Vehicle & Transportation
EH&S – Environmental Health and Safety

OPINION

THURSDAY, OCTOBER 19, 2023

7

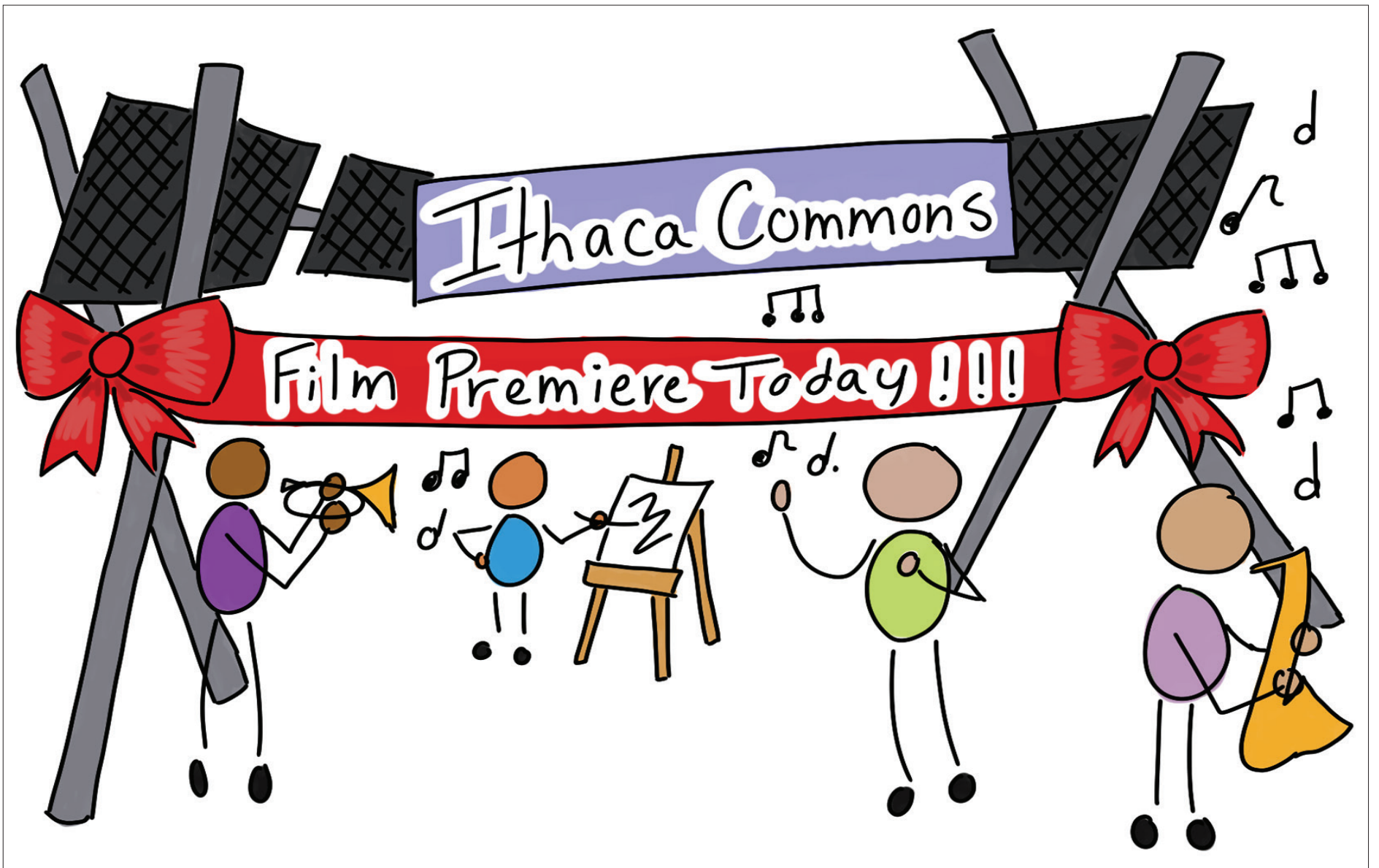


ILLUSTRATION BY MADOLYN DONAGHY-ROBINSON/THE ITHACAN

EDITORIALS

College community should take advantage of local art

When people picture a small city in upstate New York, it's likely that very few envision a thriving hub of art, music, film and other cultures — unless that city is Ithaca. Ithaca has a long history of supporting and fostering the arts and this creates an ideal environment that every student — but especially students focused on art, media, theater, music and other areas — should take advantage of.

Silent City Film Festival, Reproductive Justice Film Festival, Finger Lakes Environmental Film Festival, Ithaca Short Film Festival and Ithaca Experimental Film Festival are just some of the festivals that have been held in Ithaca in a given year. Outside of film, local venues like Deep Dive celebrate small and indie music, the State Theatre invites musicians, comedians and performers to the city, Hangar Theatre is a venue for local theater and murals can be found on nearly every street. It is hard to go anywhere in Ithaca without encountering art and culture.

These venues also mean that there are

artists, musicians, actors, filmmakers and more people in the community who are experts in often highly competitive and inaccessible fields. Students should take advantage of venues, people and events to explore their passions and build connections in the industry. With film festivals in particular, Ithaca College students are often able to show their work, which allows them to experience sharing content with a wide audience and receiving feedback from experts.

There are few places like Ithaca, where art is accessible and people want to help students make their mark on the art scene. If Ithaca were to lose this aspect of its identity, it would be a massive loss. The best way to keep things as they are and allow art to continue to flourish and grow is to maintain an audience. Not taking advantage of these opportunities would be a mistake for any student — whether they want to make art, or would simply benefit from learning about different people's experiences through their art — and it could have a lasting impact on the community.

Community benefits from institutional collaboration

For transgender and nonbinary people, adopting a new name is one of the most important steps in affirming an identity, but it can also be a highly confusing, somewhat difficult process. Every year, Cornell University sponsors a free legal name change clinic that is open to Ithaca College students. This is a crucial resource to support LGBTQ+ students and is the kind of thing the college should be doing more of.

In New York, changing a legal name involves going to court, presenting multiple forms — one of which must be notarized — providing proof of birth and paying a fee for the change. Needless to say, this is a complicated process with numerous steps and it is likely difficult for the average person to understand. This is also just one of the many steps that people may choose to take in affirming their identity.

Things like undergoing gender-affirming surgery, purchasing and wearing clothing that express an identity, hormone replacement

and other steps also come with complex processes, high costs and more barriers. Therefore, any steps that can be taken to ease this process and help transgender and nonbinary people affirm their identities are worthwhile.

Ithaca College and Cornell both have wide arrays of resources at their disposal to support students; collaboration between the two universities can increase these resources and opportunities for students who need them.

The goal of the Center for LGBT Education, Outreach, and Services at the college is to best support LGBTQ+ identifying students. This is the goal of many offices at Ithaca College: to support students either broadly or of a particular identity or background. If the best way to do this is to collaborate with Cornell and utilize its many resources, Ithaca College should not shy away from this. Rather, this kind of collaboration will only foster stronger community connections and give students access to the best resources available.

LETTER TO THE EDITOR

Send to ithacan@ithaca.edu.

ALL LETTERS MUST:

- Be 250 words or fewer.
- Be emailed or dropped off by 5 p.m. Monday in Park 220.

GUEST COMMENTARY

Send to ithacan@ithaca.edu or to the opinion editor opinion@theithacan.org

ALL COMMENTARIES MUST:

- Convey a clear message.
- Be written by an individual or group who has an educated opinion or is an authority on a specific subject.
- Be between 650–750 words. Whether more or less space is allotted is at the discretion of the editor.



AMINATTA IMRANA JALLOW/THE ITHACAN

PENCILS DOWN

GABE HENDERSHOT

Labeling harms young students

Accommodating students who are at different academic and intellectual levels within the confines of a single classroom is one of the biggest challenges that teachers face. One way to cope with this problem is to have sections of the school day where students are divided up based on their academic capability. This seems like a great solution. Students are able to receive more direct instruction and can be adequately challenged. There's one small problem: splitting up into smaller groups can create unhealthy ideas and relationships with schoolwork for young students.

When I was in third grade, I was put into an accelerated program that met a couple of times a week. Most of the time, I found this part of the school day fun. I was always very excited to learn, so this seemed like another way to do that. However, I also remember feeling an incredible amount of pressure because of it.

This had to do with the environment in the classroom. We were writing and analyzing all the time. Because the class was just a few students who were all ahead, it became an incredibly competitive environment. This class felt like a race toward a goal I wasn't sure existed and more importantly, the race never stopped.

I went to middle school with most of the same kids that had been in elementary with me. This meant that when students were divided into class levels, I saw many of the same faces in my classes. I would worry if I wasn't in all of the same "advanced" classes as the "smart kids." Not only did we take notice that we were being put into different classes, so did our peers who weren't in those groups. Each time I was in a class or among my peers and I would voice my struggle with something, I would be brushed off because I was "one of the smart kids."

This all came to a head for me when I began showing signs of ADHD. When my parents and I reached out to teachers for help, my teachers all said they saw nothing wrong with my performance. Being grouped into the "smart kids" had made everyone around me oblivious to the problems I might be facing. Even worse, it destroyed the way I viewed myself.

Having this experience at 12 years old showed me that "smart" really doesn't mean much. Maybe you are good at turning in assignments, maybe you are a great writer, maybe math just makes sense to you. Your strengths are things to be proud of, but they do not define you. It matters so much more who you are as a person and the effort you put into growing and learning. I know many of my peers did not understand this by the time we went to high school and some still do not understand it. These ideas about being "smart" can lead students to cycles of self-loathing and depression, as it did for me. Though it is important to give students the opportunity to excel, dividing them up at such a young age creates an unhealthy view of their own success that can affect a student for the rest of their academic career.

Gabe Hendershot (he/him) is a first-year film, photography and visual art major. Contact him at ghendershot@ithaca.edu.

GUEST COMMENTARY

Editor's Note: The opinions in this commentary do not necessarily reflect the views of the editorial board.

A choice no student should have to make

BY ROBBY ZWEESAARDT

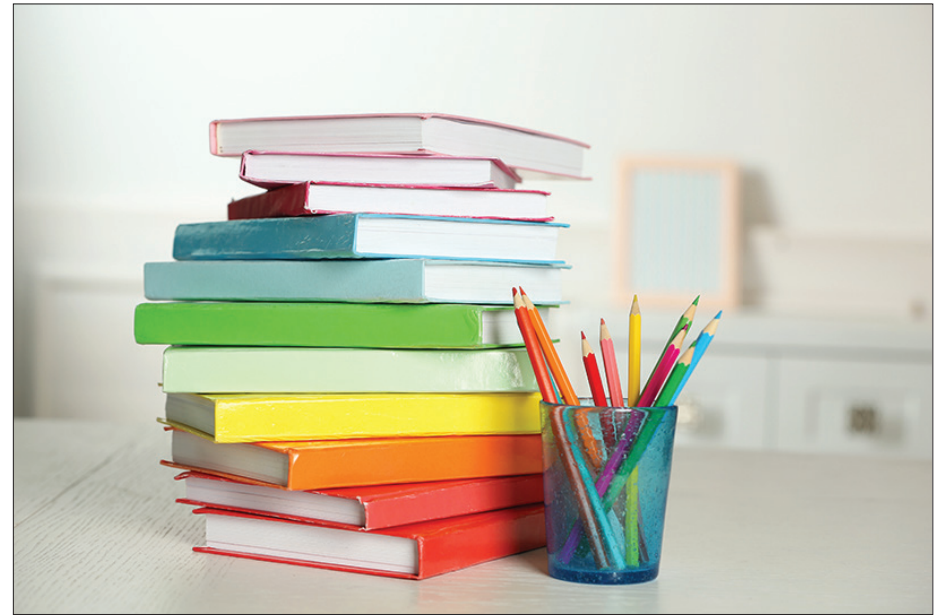
SENIOR



For an institution that prides itself on accessibility and equity, Ithaca College ironically falls far short of perfection in its ability to provide students with adequate learning resources. Every single year, students are bombarded by the cost of educational materials. And who is left to bear the brunt of all these costs? The same students that the college uses to promote its accessibility and equity efforts.

For those students fortunate enough to have family or other outside financial support, purchasing textbooks every semester is a carefree, routine activity. However, for those who are not quite as fortunate, purchasing textbooks becomes a dreaded process. My own textbooks this semester would have cost me over \$300, nearly enough to cover my monthly car payment. I cannot risk damaging my credit, I had to pay off my car. I was at a disadvantage starting the semester without the required readings for my courses and had to work that much harder just to stay at the same pace as my classmates.

To be completely fair, some professors are aware of this dilemma and do everything in their power to help students. While this is helpful and extremely generous, professors should not have to resort to a workaround to help struggling students. The college does provide some emergency relief funding for textbooks,



Senior Robby Zweesaardt writes about the financial barriers lower-income students face beyond the cost of tuition and how the college can better support students.

AFRICA STUDIO - STOCK.ADOBE.COM

but there are many barriers restricting access to this program.

Students who do not have the same degree of outside financial support as their peers are put at an extreme disadvantage. Not only might they have to make a decision between a pre-existing financial responsibility and ordering their textbooks, but they are also forced to find a source of income. I work 15 to 18 hours a week. That is 15 to 18 hours a week I cannot spend searching for career opportunities or focusing on anything school-related. All of this without even mentioning the social aspect of college that adds an additional demand.

No one should ever have to compromise their college experience for the sake of expensive textbooks and learning resources, yet many students have to every single semester. All of this could be solved if the college would provide sufficient financial aid to cover the costs of textbooks and additional learning resources. But for now, students will continue to struggle.

Robby Zweesaardt (he/him) is a senior advertising, public relations and marketing communications major. Contact him at rzweesaardt@ithaca.edu.

Portrait by Aminatta Imrana Jallow/The Ithacan

GUEST COMMENTARY

Editor's Note: The opinions in this commentary do not necessarily reflect the views of the editorial board.

College must update club information

BY PARKER FRIEDMAN

JUNIOR



Ithaca College needs to update its clubs and organizations on IC Engage.

Participation in clubs and organizations while in college leads to a more successful post-graduate career, yet, it is getting increasingly difficult to find clubs to participate in at the college. Club offerings are a determining factor in why incoming students choose the schools they attend. There is nothing more frustrating than finding out the club you were excited about when applying to schools does not exist.

At the college, students have a couple of ways to discover clubs and organizations. First, the school hosts two organization fairs each year at the beginning of each semester. The second option is the Engage page. Students can use Engage to view a list of all the different organizations on campus. Here is where the problem starts.

The "Discover" organizations tab boasts a staggering list of over 300 opportunities at the college. In reality, the list of currently active organizations is much

shorter. Some organizations list club contacts who are no longer students at the school, other organizations show no contacts at all. This means that there is no way to get in contact with those clubs to see if they are active.

Clubs and organizations provide an essential framework for a student's success throughout higher education. Not only do students have an opportunity to learn more about themselves and others, they also get opportunities to build their resume. An Ohio State University involvement study found that "college student involvement is positively related to academic performance, cognitive development, well-being, leadership and multicultural awareness."

Prior to coming up with a solution, it is important to identify why the lack of up-to-date organizations may have occurred in the first place. One big possibility is the effect COVID-19 had on college life. With students experiencing college from home, it made it very difficult for clubs to exist. Additionally, an isolated return to campus made it difficult to bring students together.

Another contributing factor is that students graduate every year. For club officers to be active students, these clubs need to be on top of their game with



Junior Parker Friedman writes about the value of accurate information when it comes to student organizations.

KALYSTA DONAGHY-ROBINSON/THE ITHACAN

recruitment and finding replacement members. This puts the responsibility on the club officers to have annual re-elections and to keep track of what officers will be graduating. The problem with this is that there is no real way for the school to enforce these re-elections other than having clubs go through the annual re-recognition process, but even after this, Engage still shows inactive clubs on their page.

Moving forward, better regulation of the active organizations would allow Engage to be an up-to-date place where prospective and current students can

see what the college has to offer. This could be a great position for a student employee through the college's Office of Student Engagement. Their role would be to monitor the groups on Engage and use the club re-recognition surveys to keep the page updated. It is time that Ithaca College updates the accuracy of the clubs and organizations on Engage.

Parker Friedman (he/him) is a junior advertising, public relations and marketing communications major. Contact him at pfriedman1@ithaca.edu.

Portrait by Jesus Luna/The Ithacan

Film festivals in Ithaca: Scenes on the big screen



From left to right, Philip Thompson, co-founder and co-programmer, and Desiree Tolchin, co-Founder and director of development of the Experimental Film Festival. The festival was organized in hopes to educate and inspire film students.

KIKI HALL/THE ITHACAN

BY VIVIAN ROSE

CO-LIFE AND CULTURE EDITOR

Ithaca serves as a hub of opportunity for filmmakers as more and more film festivals come to the area; especially for film students, who can use these new up-and-coming festivals to promote their own work and begin making connections with other filmmakers.

Cinemapolis has been busy hosting film festivals, each with a range of interests from reproductive rights and environmental issues to independent films, many of them in their first year and featuring films from Ithaca College alumni.

The downtown theater is known for promoting student and alumni films with other film festivals, like the Finger Lakes Environmental Film Festival and the Ithaca Short Film Festival, an Ithaca College, student-only film festival, and serves as a place for young filmmakers to premier their films on a silver screen.

The Reproductive Rights Film Festival, sponsored by End Abortion Stigma (EAS), ran from Sept. 21 to Sept. 23, with two days of panels via Zoom and two days of showing films made by the organizers and alumni of the college.

Sue Perlgut was a panelist and an organizer for the film festival. Perlgut said that this is the festival's first year and that organizing such a program is necessary for young college-aged women to learn about reproductive

rights in a safe space with older women who have received abortions and understand that specific perspective.

"We were lucky in New York state when Connie Cook decriminalized abortion," Perlgut said. "And then Roe v. Wade happened in 1973. So our fight kind of ended. Young people are in that fight now. You have to stand up for your rights. You have to protest, you have to do all the things that we were doing then. We're trying to communicate that and we're trying to give support to you to say, 'This is unacceptable.' ... It was unacceptable before Roe and it's unacceptable now, and we want [young people] to fight for [their] rights."

Roe v. Wade, the landmark Supreme Court case protecting the right to abortion, was overturned in June 2022. Perlgut said the inspiration for the festival was to educate young people about the overturning of the law and what media has been made in response to the historic decision made last year.

"It was an attempt to bring the issue to a broader audience," Perlgut said. "We really wanted to reach out to younger women and college women. ... We're a group of older women, many of whom have had abortions. ... We go to speak to classes at colleges and high schools. And we wanted to bring this to a broader audience to people we haven't talked to. We wanted a discussion to get going."

The "Common Ground" film festival followed a similar program that combined the discussion of four panelists and a film screening of the Netflix documentary "Common Ground" from Oct. 13–19 at Cinemapolis. The panelists included Christa Núñez, founder of Learningfarm.org; Ryland Engelhart, co-founder of Kiss the Ground; Tina Nilsen-Hodges founder and principal of New Roots Charter school; and Yao "Chacha" Foli, farmer activist educator based in Ithaca.

The area of discussion focused on regenerative agriculture, a passion held by panelist member Foli, who moved from Ghana to Ithaca five years ago. He is now looking to pursue studies in public health at Cornell University after having attended Cazenovia College in 2007.

Foli said that although the concept of regenerative agriculture may sound lofty, not much prior knowledge on

the subject is necessary to understand what regenerative agriculture means for the environment.

"It's reinforcing and energizing us to remember how we take care of the earth that feeds and provides for us while talking about regenerative agriculture," Foli said. "It's not new. It's not something you have to have a PhD or master's in. ... Ithaca is ethical. The idea of regenerative agriculture is not new to Ithaca. ... If you have all this, we can make equitable decisions that benefit everyone. Not just me and not just you."

Foli said there is a necessity to having film festivals like the one centered around environmental issues, especially within a town with a high population of young people. He said he hopes that students who attended the film and listened to the panel left with a feeling of understanding and have a deeper consideration for the environment.

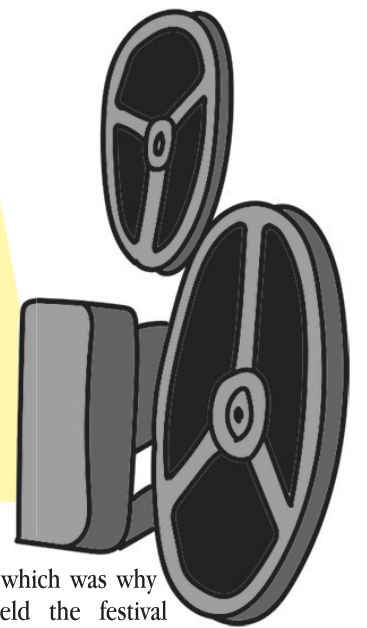
"I would like [students] to walk away with the understanding that our small ways of understanding the essence of the rule of environmental justice within our community step toward the solution to pollution," Foli said. "By defining environmental justice practices, we can promote environmental justice farming practices in our community and promote public health. It's for our own sake and to maintain the same resources that feed us today and reserve it for the next generation without ruining it."

The Experimental Film Festival — also in its first year — focused on educating the Ithaca community but was centered on independent films. The Oct. 15 festival came to fruition by '21 alumni of the college Desiree Tolchin, Philip Thompson and Aidan Cronin.

Cronin said Ithaca is a unique area since it serves as a place where students and other filmmakers who may be recent graduates can focus on their work. While this happens, film students can learn from and can understand the process of creating a film by having these filmmakers so close at hand.

"It was definitely open to everyone because we know Ithaca really values artistic expression," Cronin said. "So we're really looking forward to that and then also for the students to be exposed to some cool, unique work."

Thompson said their overarching goal for their film festival was to be a source of encouragement for young filmmakers in



Ithaca, which was why they held the festival in the fall. He said that in his own experience, he had not previously known any filmmakers aside from his professors at college. Thompson said he hopes the Experimental Film Festival will act as a chance for film students to have a different experience than he did.

"Bring artists together, local artists, again, that's our goal," Thompson said. "And if you're a student in Ithaca or you're a local artist, we can bring everyone together and have everyone discuss and share their work and just talk about how we can all grow and develop as artists. That is our number one goal."

Thompson said the festival had three student ticket options and allowed for students to not only come from Ithaca College and Cornell University, but from colleges like Binghamton and Syracuse too. Essentially, the festival was geared toward informing students and getting new kinds of films in front of the eyes of the next generation of filmmakers.

"It kind of made for a diverse environment because we had people from town and we had students and we had filmmakers and professors — some filmmakers came in and visited," Thompson said. "So filmmakers from all over came to this one place where the students can get exposed to different kinds of things, different kinds of films."

The group featured several films, including short films from Ithaca College alumni Sophia Feuer '18 and Tyler Macri '18 who made the film "A Black Hole is A Black Hole in the Ground" as students and Crystal Kayiza '15 film, "Rest Stop."

Additionally, the group showed Mitch McCabe's, assistant professor of media arts, sciences and studies, "Civil War Surveillance Poems Pt 1," the first part of a seven-part feature documentary. Tolchin said showing films by alumni and professors was integral.

"It was really exciting to see a diverse group of people come together; that's why we wanted to do this in Ithaca. When we went to school, we didn't see it as much, so we're really excited to bring that to the area," Tolchin said.

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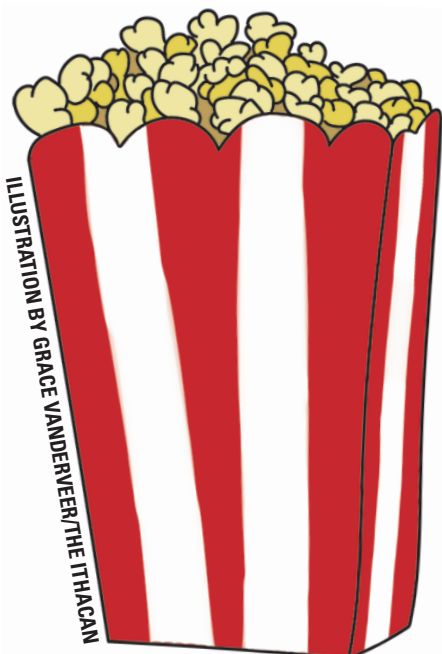


ILLUSTRATION BY GRACE VANDERWERF/THE ITHACAN

POPPED CULTURE

Music from an artificial voice

BY JADYN DAVIS
SENIOR WRITER

Imagine scrolling through TikTok, Instagram or YouTube and coming across a video that features the song “Blinding Lights” by The Weeknd. However, instead of hearing The Weeknd’s voice, the voice of the late Michael Jackson shocks many listeners. The main culprit and reason for this unusual experience is because of two words: artificial intelligence.

Manufactured music is nothing new, as most music in the 21st century has some use of AI technology involved in the process, like a beat-making tool or, most notably, autotune. However, the main concern surrounding AI is how powerful it is becoming as a tool. Even though AI has had a prominent place in academics with tools like Grammarly and ChatGPT, tools like Boomy and Soundful have allowed almost anyone to make music with little to no talent. While the idea of being able to make music with the click of a button can be a good thing, some might feel that AI-generated music takes away the authenticity music has.

The Motown era, which was from the 1960s–1970s, is defined as one of the most memorable eras in music. This is because timeless songs like “My Girl” by the Temptations and “Ain’t No Mountain High Enough” by Marvin Gaye are still being played in 2023.

Some might say that AI is a good thing because it could potentially speed up the process of making music, which means the time that artists spend writing, producing and recording can be cut in half. Even though there was evidence of AI in the 1950s through Alan Turing’s music-making machine, artists had to use their natural musical abilities to produce some of these songs.

One of the most popular uses of AI in 2023 is replicating an artist’s voice on a completely different song. The most prominent example of this is when TikTok Ghostwriter977 made an AI-generated song called “Heart on My Sleeve” that featured artist Drake and The Weeknd’s vocals in April 2023. Despite the song’s popularity, Universal Music Group took action and, eventually, the song was removed from streaming platforms, like Apple Music and Spotify.

It was confirmed that Ghostwriter977 did submit the song for a Grammy in the best rap song and song of the year categories. However, the song was rejected.

Recording Academy CEO Harvey Mason Jr. said that even though the work Ghostwriter977 did was creative, he expressed that when it comes to tracks with AI, only the part that was created by a human will be accepted for an award. The explanation Mason gave was that if someone were to create a track and write lyrics but use AI to generate a voice or used it to copy someone else’s voice, only the portion the human created would be considered for an award.

Much of AI is still unknown and more will eventually be revealed. But for now, art should still be protected no matter what form it is in.

POPPED CULTURE is a column, written by Life & Culture staff writers, that analyzes pop culture events. Jadyn Davis is a senior journalism major. Contact him at jdavis@ithaca.edu.

A night of comedy and community

BY MOLLY FITZSIMONS
CO-LIFE AND CULTURE EDITOR

Ithaca College hosted a laughter-filled, fun night featuring Dan Ahdoot on Oct. 16 in Emerson Suites.

Ahdoot came on stage with a bang, making jokes about stealing bones, referring to a more serious message from Lauren Goldberg, executive director of Hillel at Ithaca College, about joining the National Bone Marrow Registry in order to donate and provide bone marrow to people across the globe. At the end of the event, attendees were invited to swab their cheeks to begin the process of donation.

“Hi, I’m just going to tell you the world sucks, give me your bones!” Ahdoot said. “We’re all going to die, give me your bones! That’s a high bar for a comedy show, you want to come to this show, you’ve got to give us your bone jelly.”

Ahdoot, an Iranian-Jewish person, highlighted some of his experiences with his background and connected with other Jewish and Iranian-Jewish students while also talking about traditions specific to the culture.

One of these students was junior Cassi Silver, who had been a fan of Ahdoot since the Disney show “Kickin’ It.” Silver felt a connection to the comedian, as they shared a background of being Iranian-Jewish people.

“My favorite moment was probably when he talked to me, just because of that rush,” Silver said. “I mean, being the same ethnicity as him was something I figured he would bring up, but I was glad he did because it was a nice bonding moment.”

Senior Noah Kamens attended the event because of curiosity of what the comedian would come up with for the evening but also through a common identity.

“I’m Jewish, he’s Jewish, I watched him work and think he’s funny,” Kamens said. “I



Dan Ahdoot, an Iranian-Jewish comic, writer and actor who was previously on shows like “Kickin’ It,” performed stand-up in Emerson Suites on Oct. 17.

LEILA MARCILLO-GÓMEZ/THE ITHACAN

didn’t really know what he would be doing, but I was really curious to see if he would do ... an entire sketch comedy show as Falafel Phil, or would he try to ignore it?”

Ahdoot also took time to poke fun at the student body, dedicating time to guessing what the acronyms of the college’s majors stood for. Some of the more entertaining for him to guess were “TVDM,” “IMC” and “FPVA,” the latter of which he guessed “foreign policy in Virginia.”

The stand-up ended with Ahdoot detailing a celebrity incident he had had in Los Angeles, where he was recognized by a child rather than the very famous Matthew McConaughey who was sitting next to him, leaving the room full of laughter.

The event was sponsored by the Homburger Jacobs Contemporary Jewish Issues Lecture Series, which was funded by donations from Dr. Eve Homburger ’77 and

Brad Jacobs, both of whom attended the event. The series was created in memory of Homburger’s parents and Jacobs’ father, who were Holocaust survivors in Germany.

Homburger enjoyed the performance from Ahdoot and said that though it was hard to take a break from the ongoing conflict, she ultimately thought it was a good decision.

“I wasn’t sure at first whether the ‘show should go on;’ I wasn’t sure,” Homburger said. “But standing here talking to you and thinking of all the students, I think maybe it was good for our hearts and our souls, and we’re still there to support all the people we need to support, and in 10 minutes we’re all going to be back to our lives, with sorrow in our heart. So maybe in fact this was what we needed. It was meant to be that it came at this time.”

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‘The Burial’ is just another courtroom drama

MOVIE REVIEW: “The Burial” Amazon Prime Video



BY MATT MINTON
SENIOR WRITER

There’s a similar energy when watching lawyer Willie Gary (Jaime Foxx) preach at a church, spreading his love of community, to when he’s giving his final speech in a courtroom, defending his client while playing to the jury’s emotions. Both of these rooms erupt in applause each time, feeling the passion spilling out with his every word. His ability to enrapture the people around him, no matter the obstacles stacked against him, makes him an instantly iconic character in the new Amazon Prime original film “The Burial.”

In fact, Willie hasn’t lost a case in 12 years. He’s also never worked for a white client before. That all changes when he meets Jeremiah O’Keefe (Tommy Lee Jones), the head of a family-owned funeral home business who is suing Ray Loewen (Bill Camp), a multi-millionaire. After up-and-coming lawyer Hal Dockins (Mamoudou Athie) convinces Willie of the importance of taking on the nationwide issue of corruption within the funeral service industry, Willie finds himself going up against his most

challenging case to date.

Released on streaming services Oct. 13, “The Burial” is based on a true story and uses the specific court case as a catalyst to integrate deeper themes of privilege, race and legacy. Far before Willie ever steps foot in the courtroom with Jeremiah, going toe-to-toe with defense lawyer Mame Downes (Jurnee Smollett), he finds himself struggling to be taken seriously by Jeremiah’s long-time attorney Mike Allred (Alan Ruck).

With any courtroom drama, it can be difficult to bring such a rigid, structured setting to life in a cinematic way. That is the main issue lying at the center of this mediocre film that over-relies on conventional cinematography, the shots largely remaining static and unmoving. Director Maggie Betts does a terrific job at capturing the many great performances in this film but doesn’t quite bring their conversations to life in a compelling way. Without a strong visual color palette or tone, the film ultimately blends in with every other ’90s courtroom drama.

Where the film falters in its directing and writing, Foxx’s performance as the charismatic,



Jeremiah O’Keefe (Tommy Lee Jones) and lawyer Willie Gary (Jaime Foxx) in Amazon Prime’s original film “The Burial.”

COURTESY OF AMAZON PRIME VIDEO

charming and heroic lawyer is the true anchor of the entire film and the sole reason why it’s worth watching. The feeling when watching Willie deliver a speech is nothing short of captivating, even once the audience is clued into the specific beats of his approach. Smollett is another strong point of the cast, particularly when putting up a fight of her own against Willie in the courtroom. Jones gives a decent performance but, similar to the character he’s portraying, isn’t

that interesting to watch.

As “The Burial” hits the exact crowd-pleasing beats that fans of procedural dramas have come to expect, it’s hard not to have a smile on your face when the verdict is read.

It’s also hard not to think about the greater potential for a more creative portrayal of this story. As it stands, it feels destined to be buried in the streaming vacuum of content.

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Boygenius eclipses the sad-girl music stereotype

ALBUM REVIEW: "the record" Interscope Records



BY KINSEY BURR

STAFF WRITER

While on the international tour of their debut album, "the record," indie-rock, all-girl band Boygenius released an EP titled "the rest" on Oct. 13. In these four tracks, Julien Baker, Phoebe Bridgers and Lucy Dacus rely on cryptic, emotion-inducing lyricism infused with passionate symbolism that transcends the sad-girl music stereotype, producing intimate, perceptive poetry.

The EP opens with Baker in the rain admiring a black hole that seems to create stars rather than consume them in "Black Hole" — a track that Baker said was inspired by a NASA article about the galactic phenomena that explores unexpectedly beautiful aspects of destruction. Bridgers and Dacus harmonize as they recall, without anger or desire, a relationship that ended for no particular reason. The whole second verse is sung more like bullet points rather than lyrics, but the repetitive simplicity demonstrates the clarity that accompanies the band's acceptance of the past. The layered instrumentals and drums build throughout the last verse, and the way the beat never peaks or drops simulates the eternal tunneling of a black hole but leaves something to be desired for the listener.

In "Afraid of Heights," Dacus is reflecting on her life where she weighs whether her reckless tendencies are worth it anymore. Dacus recalls a relationship that tested her boundaries over blunt guitar chords and a faint siren's song that builds throughout with the occasional harmony from Baker and Bridgers that makes this song a highlight from a musicality point of view. The lyrics enforce a theme woven throughout the EP of recognizing the band's own mortality and the

concrete entanglement of fear and hope.

Dacus describes her life devolving into chaos as the beat builds, singing, "How we're stuck in entropy / How it hurts to hope," which in a sense mocks the "vibrant life" she had hoped for earlier in the song, giving it a cynical twist. The yearning tone and combative lyricism emphasize the internal conflict at the core of this track: is there still a point to life if you have nothing to risk?

The theme of misguided passion and convoluted hindsight bleeds into the following track, "Voyager," where Bridgers returns to the moon — a spiritual place in her mind she often references in her music that represents solace and loyalty. In this melodious track, Bridgers looks back on a past relationship where the lines between passion and performance fade when she sings, "But I used to believe no one could love you like I do (Mmm) / And I'm startin' to think that it might be impossible not to (Mmm)." These lyrics could have two conflicting meanings; either Bridgers still feels deeply, irrevocably connected to this person, or their bond was surface level and hindsight has proven its insignificance.

As the song ends, Bridgers is alone, looking back on her past from a place of comfort as she confesses, "But I never imagined a dot quite as pale or as blue / You took it from me, but I would've given it to you," with Baker and Dacus harmonizing beside her. Although, now, Bridgers is able to see the relationship offered nothing of substance, having at one point consumed her and spit her out with a new sense of wisdom that will guide her future voyages into relationships.

"the rest" closes by taking listeners on a cosmic search for identity in "Powers." Baker is fighting with the brash guitar strums for



Boygenius' newest EP, "the record," includes emotional lyricism while also featuring stripped down instrumentals that allow their creativity to shine through.

COURTESY OF INTERSCOPE RECORDS

the majority of the song as she describes her lonely past using vivid imagery of exploration in lyrics to demonstrate her search for meaning to her life. When Dacus and Bridgers join in, a pleasing and powerful sound emerges as their individual existences become one insurmountable force.

Boygenius strayed from the rock instrumentals featured in many of the tracks from their album "the record," with more subtle,

stripped instrumentals to allow their devastatingly beautiful lyrical abilities to stand out in this EP. Throughout the tracks, Baker, Bridgers and Dacus prove working together fuels their artistry. As each of their solo careers blossoms, listeners can only hope the three will continue to collaborate and produce more transformative music.

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Taylor Swift enters her movie producer era in style

MOVIE REVIEW: "Taylor Swift: The Eras Movie" AMC and Cinemark Theatres



BY GEORGIE GASSARO

CONTRIBUTING WRITER

Before Taylor Swift embarked on "The Eras Tour," the singer and songwriter had not toured in five years. Four new albums had been released since 2019, all awaiting live performance debuts. During the pandemic, she had experimented with her creative expression by directing her own award-winning short film. And now, with the theatrical release of "Taylor Swift: The Eras Tour," she has ventured into the role of producer.

"Taylor Swift: The Eras Tour" is a concert movie that provides fans around the globe — especially those who struggled to secure concert tickets — with what they could only dream of having: the perfect seat at the highly-anticipated concert, with close-ups so intense you can see Swift's eyeshadow glisten.

This film, directed by Sam Wrench and filmed at SoFi Stadium in Los Angeles, is a cinematic love letter from Swift to her fans for supporting her 10 albums and 17-year-long career thus far. With its release being in the middle of the tour itself, it is also a timely celebration of its unfinished success.

The momentum of the film is almost an exact replica of how

watching the concert feels. Just like Swift announces at the start of every show, the movie progresses one album — more affectionately referred to as an era — at a time. Viewers witness the many costume changes, world-building sets and props allowing "The Eras Tour" to seamlessly transition from one different album aesthetic to the next.

What is unique about the "Taylor Swift: The Eras Tour" viewing experience is the intimate connection audiences have with the concert. Viewers have an up-close and personal opportunity to see close-ups of Swift, her dancers and band, and the otherwise unnoticed details of their costumes and facial expressions. The cinematic atmosphere truly makes it as though the viewers are right on stage with them.

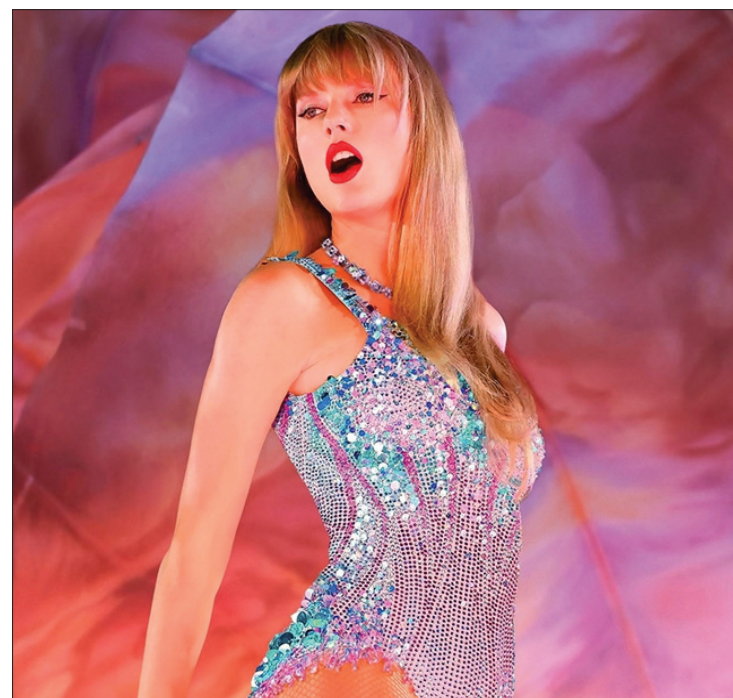
It is worth mentioning, however, the justifiable tradeoff of this amazing close-up view is only receiving an occasional birds-eye shot of the 250-foot stage. Swift's stage design is an integral element of the show, as the stage itself is covered in screens that display mesmerizing visuals with each new song. For a viewer who does not see the live show prior to the movie, the constant close-ups may make it difficult to conceptualize the extent to which the stadium is illuminated.

A difference from the live show is the absence of songs that did not make the final editing cut, like the hit "cardigan," "The Archer" and "Wildest Dreams" from the album "1989," which is to be released soon. Given the extent of the setlist, the songs were barely missed.

Swift has been known to have an amazing stage presence. Swift's fanbase is the product of 17 years of music and therefore covers a wide range of ages and perspectives. So as viewers sink into their reclining theater chairs, there is the illusion that Swift truly is there, performing a private show just for that theater. This element of showmanship combined with the many shots of teary-eyed fans of all ages, with "13s" drawn on their hands and friendship bracelets covering their wrists, makes it abundantly clear that as humble as she is, Swift is a performance powerhouse.

None other than Swift's music was heard through the theater lobby speakers. The concession line extended the entire room as fans waited to score an AMC exclusive souvenir popcorn tin and/or soda cup. Everyone was decked out in Eras Tour merch.

This film proves that Swift truly is the media's current "mastermind" who shows no signs of calming



Taylor Swift's concert movie, "Taylor Swift: The Eras Movie," was a success for the singer-songwriter as well as movie theaters.

COURTESY OF AMC AND CINEMARK THEATRES

down. In a single day, "Taylor Swift: The Eras Tour" broke AMC's record for global revenue sales and as Cinemark reported, "domestic pre-sale records are more than 10 times higher pre-sales than any other cinema engagement event." This is remarkable given how movie theater nights after the pandemic seemed like a fantasy, and in the early days of COVID-19, the future of

entertainment seemed bleak.

While the movie is currently screening in theaters, Swift will simultaneously hit the stage with a three-night run in Buenos Aires starting Nov. 9 to kick off the international leg of "The Eras Tour" and continue to make memories with fans off screen.

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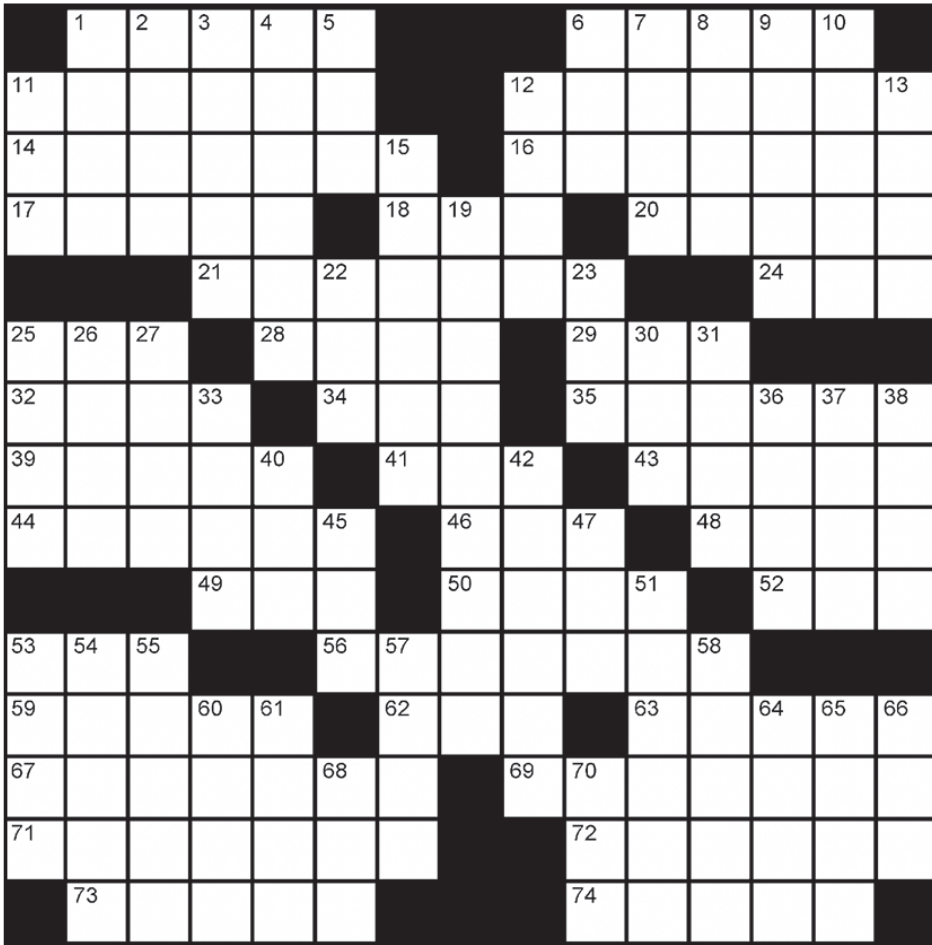
DIVERSIONS

THURSDAY, OCTOBER 19, 2023

12

crossword

By Quill Driver Books



ACROSS

- 1 Slender candle
- 6 Leg up
- 11 "The - of Errors"
- 12 Mutilates
- 14 Juicy fruits
- 16 Copy
- 17 Ship of 1492
- 18 To each his -
- 20 Attack (2 wds.)
- 21 Hard to do
- 24 Football Position
- 25 Convenience for bankers
- 28 Angry
- 29 Appropriate
- 32 Diving bird
- 34 Trap that entangles
- 35 Company with subsidiaries
- 39 Like a lot
- 41 Voter designation for short
- 43 Red - Valley
- 44 Later stage in life
- 46 Breach
- 48 Lake or pond
- 49 Ceramicist's creation
- 50 British fellow
- 52 Fish eggs
- 53 Health club
- 56 Naval artillery
- 59 West Coast st.
- 62 Flight formation
- 63 Nest on a height
- 67 Shake up
- 69 Japanese fare
- 71 Get back on your feet
- 72 Name on a radiation detector
- 73 Taylor or Zellweger
- 74 Mirror

DOWN

- 1 Amos or spelling
- 2 "I met -- who wasn't there..."
- 3 Number prefix
- 4 Cayce and Buchanan
- 5 Cereal crop
- 6 Emeril's exclamation
- 7 - Probandi
- 8 Forward look
- 9 Shade of blue
- 10 Wyoming range
- 11 "Beverly Hills -"
- 12 List of dishes
- 13 Mail

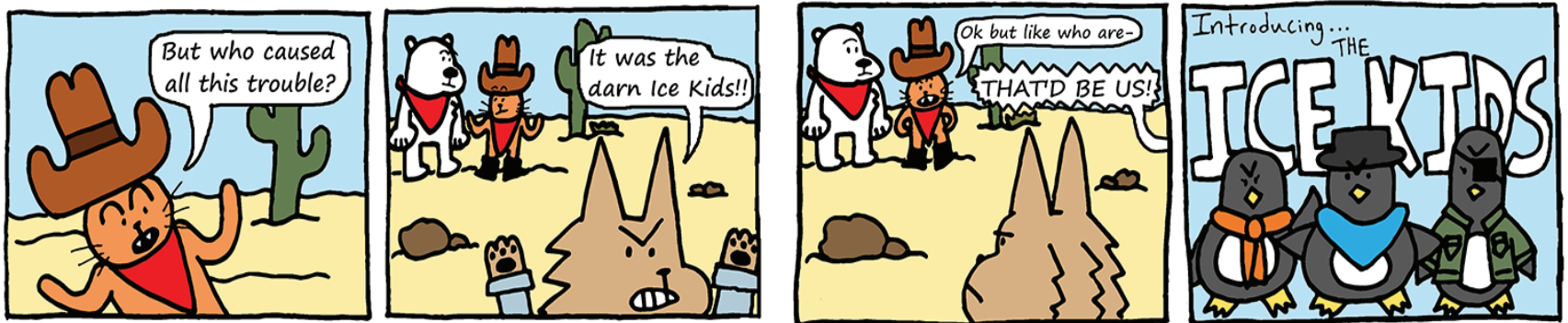
- 15 Went bad (abbr.)
- 19 Looking sad
- 22 Market index, for short
- 23 Weaken
- 25 School (abbr.)
- 26 Brouhaha (hyph.)
- 27 Debatable
- 30 - for the course
- 31 Decorate
- 33 Snare
- 36 At any time
- 37 Notorious fiddler
- 38 Playhouse location
- 40 Kind of ideal
- 42 Lodestone
- 45 And the like
- 47 For
- 51 Nail polish
- 53 Wound's legacy
- 54 Beeping gadget
- 55 Wonderland visitor
- 57 Assert
- 58 Brown Shade
- 60 Lay -- the line
- 61 Best-liked
- 64 Bath mats
- 65 Provokes
- 66 Pierced item
- 68 Summer shirt
- 70 Chocolate - cream

last issue's crossword answers

P	O	S	T	F	A	I	N	T	S	A	S	H
E	N	O	W	U	T	T	E	R	E	R	I	E
P	Y	R	E	L	E	A	V	E	C	E	L	L
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Polar Pardner

ILLUSTRATION BY JOSHUA PANTANO/THE ITHACAN



数独

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The Sudoku Source of "The Ithacan".

answers to last issue's sudoku:

very easy

3	5	6	4	9	7	8	1	2
4	1	8	5	3	2	9	6	7
7	2	9	1	6	8	5	4	3
5	9	1	7	4	6	2	3	8
8	4	7	3	2	9	6	5	1
6	3	2	8	1	5	4	7	9
1	7	5	2	8	4	3	9	6
9	8	4	6	7	3	1	2	5
2	6	3	9	5	1	7	8	4

medium

6	7	8	5	1	3	9	4	2
4	2	5	9	8	6	1	3	7
3	9	1	4	2	7	5	6	8
9	5	7	8	6	1	3	2	4
1	8	6	3	4	2	7	9	5
2	4	3	7	9	5	6	8	1
7	3	2	6	5	8	4	1	9
8	6	9	1	7	4	2	5	3
5	1	4	2	3	9	8	7	6

sudoku

easy

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hard

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PLAYING FOR A CAUSE

Field hockey raises awareness on the pitch

BY TESS FERGUSON

SPORTS EDITOR

Since 2021, the Ithaca College field hockey team has been playing for something bigger than victories.

For the past two years, the team has chosen three games each season to dedicate to an important cause — whether it be athlete mental health, chronic illness or equity and inclusion. This season, the team showed its support for the KyleCares Foundation on Sept. 13, LGBTQ Pride on Sept. 27 and multiple sclerosis research Oct. 7.

Head coach Kaitlyn Wahila said the tradition originated from the Tufts University women's lacrosse team, which hosts similar dedication games each spring. Wahila said she adopted the initiative as a way to still stay involved in community service while undergoing a rigorous in-season schedule.

"We decided that, in season, to host three awareness games and, out of season, to actually use our hands and get into the community and do some good," Wahila said.

In the fall, the team is divided into three committees that organize the awareness games in their entirety. The operation consists of choosing an organization to support, deciding which matchup to host the ceremony on and writing an explanatory blurb to be announced just prior to the starting lineups.

Wahila said the coaching staff has minimal involvement in organizing the games and that letting her athletes take the lead is what makes the projects so important.

Junior striker Emma Garver spearheaded the team's awareness game for the KyleCares Foundation — a nonprofit organization dedicated to promoting open communication about the mental health challenges experienced by teenagers and young adults.

Garver said the idea

to support the organization can be credited to first-year student striker Caroline Folan, who grew up in the school district that KyleCares originated in. Garver said that organizing the project was a valuable experience in leadership, especially for new athletes on the team.

"It's such a good learning experience, especially for our [first-year students]," Garver said. "They came to college and our coaches are presenting us with an opportunity to organize this ourselves and collaborate with each other to work toward a great cause. It's great practice for all of us."

Prior to the first whistle of the KyleCares awareness game, Garver's committee offered strips of green tape for the Bombers to wrap on their sticks — a constant reminder of the cause they are supporting. Garver said her favorite part of the game was offering the same tape to the opposing team as well, the SUNY Cortland Red Dragons.

"Sometimes people think it's weird to involve the other team, especially because it was our Cortland game, but it was nice to give them that and know that we're both working toward the same goal," Garver said. "Supporting such a great cause on top of it being a big rivalry game gave us that extra push because we knew we were playing for something bigger."

In similar fashion to the KyleCares committee, junior midfielder Meara Bury took the lead on the multiple sclerosis awareness game with her family and teammates in mind. More commonly known as MS, multiple sclerosis is a chronic disease of the central nervous system that, in progressed stages, can result in vision and mobility loss.

Not only is the cause close to Bury's heart — as her father has lived with MS for many years — it is also



First-year student midfielder Audrey McMahon runs down the starting lineup wearing an orange ribbon in honor of the team's multiple sclerosis awareness game against St. Lawrence University.

ANA GAVILANES/THE ITHACAN

especially close to the heart of the team. Earlier this semester, first-year student striker Brady Sullivan was diagnosed with MS as well.

Bury said she organized the awareness game in hopes that the team's spectators and opponents might walk away with more knowledge on a disease that she thinks is often overlooked.

"There are so many different types of this disease and so many progressions of it," Bury said. "There are some people, like Brady, who can still play the sport they love and their lifestyle hasn't changed much, whereas in my dad's situation, he's had the disease for a lot longer and a more progressed version of it. He's in a wheelchair, so all those physical aspects of his life were kind of taken away from him. I hope it educated some people that the disease is out there and it looks different for everyone."

Sullivan said that when Bury approached her to make sure she was comfortable with the idea, she was immediately on board and eager to help in any way she could.

"It was really a no-brainer," Sullivan said. "A huge part of my journey so far has kind of been figuring out what my purpose is. I know that going through something like this at this age, there has to be somebody out there that is going through the same thing that I can potentially advocate for and help through it."

During the awareness game, the Bombers all sported orange ribbon temporary tattoos to symbolize the cause they were playing for.

Sullivan said the atmosphere of the MS game was particularly electric, as the cause amplified the team's already strong sense of camaraderie.

"That day, I felt incredibly rallied behind and lifted up," Sullivan said.

"It reminded us that we're a family and that we're all supporting each other through all of the hard things we go through. Yes, it was a specific day that we were raising awareness for MS, but

Wahila said that since she started the tradition in 2021, she has always made a point to pull her athletes together and remind them what they are playing for that day. Whether it be mental health, inclusivity or family —



Junior striker Emma Garver transitions the ball upfield during the Bombers' KyleCares Foundation awareness game Sept. 13.

NOLAN SAUNDERS/THE ITHACAN

it was also a reminder that we need to rally behind each other regardless of the situation."

Like Sullivan, Bury said she understands how important it is to show support to those who may be struggling behind the scenes. She said that playing with her father in mind put into perspective the impact that awareness games can have on the people and organizations that the team is advocating for.

"When we're playing these games, there's a much bigger picture," Bury said. "We're not just playing to compete against our opponent, we're also playing to support the people we care about. I know how much my dad loves the field hockey program here. He loves to support us, so it feels like I'm able to give back to him and show that we're supporting him too."

every game has a purpose. By letting her team organize awareness games each year, Wahila said she hopes her athletes can continue to recognize the importance of community service and getting involved beyond the playing field.

"Ultimately, I hope they're able to gain an awareness that there's more to life than just the game of hockey," Wahila said. "There's so much more that they can do to help people and it also offers them the opportunity to work with teammates and raise awareness for causes that are important to us. We've had student-athletes that have gone through some really challenging times in their lives, and it gives them an opportunity to recognize and honor that and I think that's really special."

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Junior striker Natalie Descalso dodges past sophomore defender Keira Lamb during the team's PRIDE awareness game Sept. 27.

NOLAN SAUNDERS/THE ITHACAN

Cheer team raises money to compete at national level

BY JADYN DAVIS

SENIOR WRITER

From 2014 to 2019, the Ithaca College club cheerleading team competed annually in the NCA Collegiate Nationals in Daytona Beach, Florida. However, after being unable to attend the competition for the past four years because of funding issues, the team's fundraising efforts in 2023 might allow it to represent the college once again at the biggest stage in Spring 2024.

Founded in 2001, the team has been cheering at a variety of the college's sporting games — most notably football games like the annual Cortaca Jug game against SUNY Cortland.

Despite the team's significance at the college's sporting events, the team's status as a club sport has made it difficult to raise enough money to compete in nationals for the past four years because the team is primarily self-funded.

Junior President Rachel Brody, who has been a part of the team since her first year, said the main reason the team has been struggling financially is because of the expenses that go into uniforms, travel and making sure the coaches get paid, something she said varsity cheer teams do not have to worry about. Brody said the team's head coach, Kristina Engel, was hired by the college, while the two assistant coaches — physical therapy graduate students Summer Stevens and Alexa DeSantis — were a part of the team during their undergrad years.

"Cheer is a really expensive sport," Brody said. "We compete against

varsity-level teams who have funding from their schools. So we kind of have to match the price that they all pay but we don't get that funding."

Brody said the team needs close to \$15,000–\$20,000 to get to Daytona and is doing well toward that goal.

Brody said money from the Office of Campus Recreation is allocated throughout club sports teams every academic year. However, Brody said the amount of money the teams receive has decreased since the COVID-19 pandemic, which has made it more difficult for the team to compete in nationals.

In 2021, the club sports program's budget saw a significant decrease from \$90,625 to below \$50,000.

Sean Riley, associate director for Campus Recreation, said via email that the money allocated to the recreational teams depends on the team's schedule and needs like league memberships, facility rentals and travel cost.

Riley also said that even though the Office of Campus Recreation is able to offset 25–30% of funds for club sports, it is important for teams to continue fundraising because additional funding from the office is not always guaranteed.

"Our office offers some guidance to club sports on which fundraisers have been successful in the past and we help new and alternative fundraising opportunities, but most of the legwork of raising money is the responsibility of individual club sports," Riley said via email.

The team has hosted multiple events to raise money, including



The Ithaca College club cheerleading team is fundraising to make the trip to the NCA Collegiate Nationals in Daytona Beach, Florida. They need between \$15,000–\$20,000 to reach their goals.

JADYN DAVIS/THE ITHACAN

car washes and selling popcorn and Krispy Kreme donuts.

Senior Ari Mix, who is one of the executive board members in charge of finances, said that even though this is her first semester on finances, she is impressed with how well the fundraisers have been going and is looking forward to doing more soon.

"I've definitely been surprised with the support from the community and even our own personal communities, families and friends donating money just for us to do this sport is pretty great," Mix said.

DeSantis said she went to nationals during her first year at the college in 2019 and was positively impacted by the experience.

"I want everyone to experience going to nationals and going to Daytona and being in that atmosphere at least once because I'm very thankful that I had that experience as a freshman," DeSantis said.

Brody said the team is trying to finish up fundraising by winter break so they can focus on booking hotels and flights. However, she said the team will continue to fundraise

afterward if they need to. Brody said that since the money is being used to purchase things for fundraisers and to pay the coaches, the team is unable to share the current amount of money they have.

"We appreciate everybody who supports us and hope that they continue to support us," Brody said. "Anyone who ever has questions or just doesn't understand ... can always reach out to us on Instagram and stay tuned for more fundraisers."

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Student-athletes enhance their education on the field

BY ANA GAVILANES

CONTRIBUTING WRITER

Beyond their experiences in the classroom, student-athletes at Ithaca College are expanding their knowledge of the human body through the grind of practice sessions and the excitement of game days.

During the 2022–23 academic year, out of the 286 total student-athletes that were elected to the Liberty League All-Academic team, 118 of them were members of the School of Health Sciences and Human Performance. There are 214 student-athletes studying within HSHP, which makes up about 31% of the school's enrollment.

Junior Juliana Valli, a striker on the field hockey team, is a physical therapy major and art minor. Growing up playing field hockey, Valli said she discovered the college through its strong athletic programs on the field and in the classroom.

After working at Synergy Physical Therapy — a sports clinic in Hackettstown, New Jersey — since her junior year of high school, Valli said she was able to see how hands-on and connection-based sports medicine was and instantly fell in love. Valli said she knew that sports medicine was for her, but she feared that pursuing the major would stifle her love for art.

After exploring the college's art minor, Valli said her love for the field was amplified and translated into her work in health sciences.

"Even with art, if I decide to work in [health sciences], I know bringing in a creative aspect, like art therapy, would make the experience better for the people I'm connecting with," Valli said.

Tackling such a science-based field like physical therapy can be intimidating, but Valli

said having her own experience as an athlete has helped her knowledge from the classroom translate onto the field.

"The other day my knee was hurting me and to realize that I needed to stretch a certain muscle in my quad was crazy to me," Valli said. "To be able to figure that out and to say, 'Wow, we talked about that in class the other day. I know this now and I can help myself out,' is awesome."

Kaitlyn Wahila, head coach of the field hockey team, said the volume of health science students on the team contributes to the team's overall mindset regarding its training program and recovery techniques.

"I do think that our health science student-athletes overall, because they're studying it all the time, definitely know how important that process of strength training, conditioning and recovery is," Wahila said.

Sophomore Cullen Adams — an exercise science and pre-athletic training major and midfielder on the men's lacrosse team — said he chose to travel from Portland, Maine, to upstate New York specifically for the college's health science programs.

Despite his original intent to go into nursing, Adams said his experience as an athlete drew him back to the playing field. After hearing stories from his grandfather, a collegiate sports doctor at the University of Maine, Adams said he knew he wanted to go into sports medicine.

"I liked health and science in high school and I was originally thinking about doing nursing, but working in a hospital didn't appeal to me," Adams said. "Then I learned about athletic training, which would allow me to be in a sports setting while still working with health and science. It excites me that my job will allow me to work in a nontraditional setting and

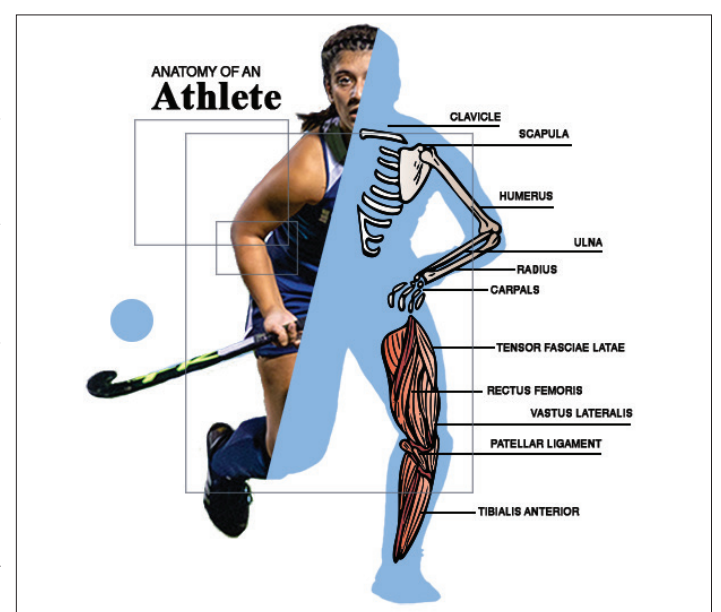
be around sports."

In Spring 2023, Adams shadowed the athletic trainers for the college's women's lacrosse team. Adams said that a few times each week, he would go to the clinic at the Athletics and Events Center to observe how the trainers would perform different kinds of treatment.

"I couldn't do anything hands-on to help, but seeing how the trainers communicated and worked was definitely a good experience for me," Adams said. "For the first time, it felt like I was getting real experience in the field that I want to have a career in."

Tim Reynolds '14, assistant professor in the Department of Exercise Science and Athletic Training, was a baseball player while he was a student at the college. Reynolds said he values having that experience because he knows how hard student-athletes work to do their best on the field and in the classroom.

"I make an announcement at the beginning of the semester and ask how many student-athletes we have and I tell them that I was a student-athlete too," Reynolds said. "I understand that it is a very demanding program and that their career paths will be very demanding, but it's a very selfless career path. You're in a service industry and you are trying



Junior Juliana Valli is one of 13 athletes on the Ithaca College field hockey team who are pursuing degrees in health sciences.

PHOTO ILLUSTRATION BY MOLLY TESKA, NOLAN SAUNDERS/THE ITHACAN

to help people physically and mentally, so it's important that I know the physical and mental demands that they are going through."

Reynolds said student-athletes studying health sciences might have an edge in the field given that they see the course material in action every day on the playing field.

"They've been practicing it on the field and they finally get a chance to really see how the human body works and learn about it," Reynolds said. "Seeing the lightbulb effect when they finally learn the names of the muscles in the body and figure out the different bones and joints in the body is something I really appreciate because they get to learn about their own craft and learn the academic side of it all."

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Junior striker Emma Garver embraces senior striker Avery Moses as they celebrate with their teammates after Moses' game-winning goal in overtime against the University of Rochester on Oct. 15 at Higgins Stadium. The Bombers improved to 11-4 on the season after their win during their senior recognition game.

NOLAN SAUNDERS/THE ITHACAN